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Olfactory ERPs in an odor/visual congruency task differentiate ApoE ϵ 4 carriers from non-carriers

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Abstract

Alzheimer's disease (AD) is a progressive, neurodegenerative disorder that impairs memory and semantic processing. AD patients and MCI patients at risk for AD show altered N400 ERP responses to incongruent visual and verbal stimuli. AD patients exhibit neuropathology in olfactory brain areas before cognitive symptoms, suggesting the potential for olfactory processing to reflect early pathology. Despite this, odor congruency has not been examined. We investigated odor-image congruency in older adults at genetic risk for AD. ApoE ϵ 4 carriers and non-carriers were screened for anosmia, severe hyposmia, and dementia. Olfactory ERPs were measured 600-1300ms following odor-image pairs. Odors were each presented once congruently and once incongruently via olfactometer. Right dorsal and ventral sites were vulnerable to the ϵ 4 allele, consistent with a compensation hypothesis. Pz amplitude differences on congruous and incongruous trials were larger in non carriers. Regression indicated that congruency showed very high sensitivity and specificity for correctly classifying ϵ 4 carriers from non-carriers.

Keywords

Alzheimer's disease; ApoE ϵ 4; olfactory ERP; semantic congruency; olfaction; smell impairment

1. Introduction

1.1 Alzheimer's Disease

Alzheimer's disease (AD) progressively debilitates emotion and memory systems in the brain. The disease first impairs entorhinal, transentorhinal and hippocampal regions, extending later throughout the neocortex. A critical progressive disconnection between the entorhinal cortex and the hippocampal formation occurs in AD that insulates subcortical processing from cortical association areas (Braak & Braak, 1995). The diagnosis of AD remains a post-mortem classification based upon the presence and distribution of histopathological features at autopsy, though clinical research has linked this disconnection to an assortment of deficits in encoding and retrieving information (Davis, Price, Kaplan, & Libon, 2002; Morgan, Nordin, & Murphy, 1995; Olichney et al., 2002). Very early AD pathology is also observed in the olfactory bulb and anterior olfactory nucleus, regions that

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project to the entorhinal cortex (Christen-Zaech, et al., 2003; Esiri & Wilcock, 1984; Ohm & Braak, 1987; Haberly & Price, 1978; Price et al., 1991; Reyes et al., 1985; Struble & Clark, 1992), suggesting the particular vulnerability of the olfactory system and the processing of olfactory information in AD.

The principal histopathological features of AD include neurofibrillary tangles and A β plaques. Tangles result from destabilization of the microtubule associated protein (MAP) tau, which, under normal conditions tau maintains the integrity of axonal transport pathways. Tau function is impeded in AD due to excessive interaction at phosphorylation sites, facilitating conformational change into a paired helical filament (PHF) with reduced binding affinity to the axon. The PHF elevates risk for detachment and toxic aggregates (Trojanowski & Lee, 1995; Bancher et al., 1989). Plaques, on the other hand, are formed through elevated levels of polymorphic beta-amyloid, an unstable peptide variant with greater susceptibility for plaque formation (Voet, Voet, & Pratt, 2008; Hardy & Selkoe, 2002).

1.2 The Apolipoprotein ϵ 4 Allele

Notable interactions have been suggested between the apolipoprotein and AD histopathology. While involved in lipid transport throughout the body, the protein facilitates neural growth and repair in the CNS. The three isoforms found in humans—coded on chromosome 19 (ApoE ϵ 2, ApoE ϵ 3, and ApoE ϵ 4)—have slightly different amino acid sequences. Both ApoE ϵ 2 and ApoE ϵ 3 share a common Cys112 residue that is substituted for Arg 112 in ApoE ϵ 4. The ϵ 4 and ϵ 3 variants do, however, share an Arg158 residue not observed in E2 (Rocchi et al., 2003; Selkoe, 2001). These substitutions, though subtle, have widespread implications for the CNS function (Kitamura et al., 2004; Levi, Jongen-Relo, Feldon, & Michaelson, 2005).

The ϵ 4 allele is a primary risk factor for late onset or sporadic AD. Homozygote carriers (ϵ 4/ ϵ 4) have a higher risk and a lower mean age of onset than heterozygote carriers (ϵ 4/ ϵ 3 or ϵ 4/ ϵ 2), indicating the allele strongly influences AD pathogenesis (Rocchi et al., 2003). Researchers link ϵ 4 expression to altered calcium dynamics, reduced resiliency to oxidative stress, and enhanced beta-amyloid aggregation in vitro (Buttini et al., 1999; Vienbergs, Everson, Sagara, & Masliah 2002; Hatters, Zhong, Rutenberg, Weisgraber, 2006; Mahley, Weisgraber, & Huang, 2006). Struble and colleagues have hypothesized that regeneration and repair of degenerating neurons in the CNS are compromised in ϵ 4 carriers (Nathan et al., in press; Nathan et al., 2002), contributing to pathological burden.

1.3 Olfactory Measures

Crossmodal odor identification tasks show particular vulnerability in AD (Serby, 1986; Morgan, Nordin & Murphy, 1995). Studies confirm this sensitivity extends to ApoE ϵ 4 carriers (Murphy, Bacon, Bondi & Salmon, 1998) and individuals with mild cognitive impairment (Devanand, Tabert, Cuasay, Manly, Schupf, Brickman, Andrews, Brown, DeCarli, & Mayeux, 2010). Individuals with poor odor identification are more likely to go on to develop cognitive impairment (Schubert, Carmichael, Murphy, Klein, Klein & Cruickshanks, 2008; Wilson, Schneider, Arnold, Tang, Boyle & Bennett, 2007), especially in the presence of an ϵ 4 allele (Graves, Bowen, Rajaram, McCormick, McCurry, Schellenberg, & Larson, E.B., 1999). Morgan, Nordin, and Murphy (1995) showed olfactory detection contributes to but does not fully explain the impairment in odor identification; that is, the crossmodal integration and identification remain important.

One measure of olfactory function that has exquisite sensitivity to the timing of the brain's response to odor is the olfactory event-related potential (OERP). The methodology for

recording olfactory ERP includes rapid build-up of odorant concentration (rise time of under 20 msec), exact timing of stimulus onset, and avoidance of simultaneous stimulation of other sensory modalities; e.g., presenting odors in a constant air stream to avoid trigeminal responses (Lorig, 2000). Air-dilution olfactometers provide stimulus precision while warming and humidifying the stimulus to prevent somatosensory cues. Reaction times to odors lie in the 800-900 ms range but vary based on stimulus and subject characteristics (Lorig, 2009). Thus the P300 often occurs about 300-400 msec later in olfactory than in auditory ERPs. The neuronal recovery time for the olfactory system is significantly longer than that of both the auditory and visual systems (Ekman et al., 1967; Morgan et al., 1997; Wilson & Linster, 2008). Auditory and visual stimuli can typically be given within 2-3 sec in an ERP experiment without significant sensory adaptation (Polich, 1990a, 1990b, 1993). Slow recovery after stimulation in the olfactory system is partly due to olfactory receptor cells that rapidly adapt and slowly recover (Moore, 1994) and partly due to habituation (Wilson & Linster, 2008). It is difficult to discriminate the processes of adaptation and habituation at the level of scalp recordings, but it is likely that both influence the processing of olfactory information reflected in OERPs. As a result of neuronal recovery time in the olfactory system, a longer ISI (30-45 msec) is utilized; and, to offset potential fatigue and loss of vigilance, fewer trials are presented. A narrower filter is typically used to compensate for the smaller number of trials.

OERPs have shown promise for sensitivity to AD in the latency and amplitude of the P300 (Morgan & Murphy, 2002), though these characteristics are generated by a variety of neural structures, and the optimum ERP task for early sensitivity for reliable AD prediction has yet to be determined (Olichney & Hillert, 2004; Johnson, 1993).

1.4 Semantic Congruency

Kutas and Hillyard (1980) found semantic priming tasks resulted in enhanced negative amplitude at approximately 400ms following words that they had presented incongruously with others. Studies have since shown N400 signal generators include parahippocampus and fusiform gyrus, areas important in olfactory processing and visual processing respectively (McCarthy et al, 1995; Nobre & McCarthy, 1995). Other potential generators such as superior temporal sulcus, posterior parietal and ventral prefrontal cortex (Halgren et al., 2002) are also typically activated in fMRI experiments with olfactory tasks.

The traditional verbal-based semantic congruency paradigm adds additional insight into behavioral measures in AD patients (Ford et al., 2001), and recent studies suggest the potential to enhance the sensitivity and specificity for transition from MCI into AD (Olichney et al., 2008; Chapman, 2009). The heightened vulnerability of the olfactory system in AD leads to the hypothesis that a semantic congruity task with OERP measurement may be particularly sensitive and specific in early AD.

Lorig, Mayer, Moore, and Warrenburg (1993) first experimented with integrating olfactory and verbal stimuli while observing VERP amplitude changes. Later efforts focused specifically on possible VERP changes within N400 windows emerging from verbal-based semantic congruency paradigms.

The adaptation of Lorig et al. (1993) by Grigor (1995) evidenced a congruency effect through VERPs with paired food images and odors. On each trial there was a 75% probability the pair would be congruent and a 25% probability it would be incongruent. Grigor et al. (1999) confirmed the priming effect was not restricted to food-related stimuli, extending the same model to non-food odors and images as well. Castle et al. (2000) applied this model to pairs of pleasant odors and pictures of freshly laundered clothing but failed to find significant VERP differences between congruent and incongruent trials. Interestingly, a

change from pleasant to unpleasant odors was sufficient to replicate previous findings (Grigor, 1995; Grigor et al., 1999).

Congruency effects persist not only with olfaction but also multiple non-verbal stimulus combinations (Hamm, Johnson, & Kirk, 2002; Balconi & Pozzoli, 2005). It is the extent of generalization that suggests the underlying neural response is dependent upon the congruency paradigm rather than stimulus characteristics per se (Nigam, Hoffman, & Simmons, 1992). To date, semantic congruency has not been widely applied with OERP measurement and has not been investigated in AD.

To examine whether it was feasible that such an OERP congruency paradigm could have diagnostic potential in AD, we investigated its potential to discriminate between individuals with differential risk for AD, i.e., older (aged 65+) ApoE ϵ 4 carriers and non-carriers. The ERP study presented here investigated the neural processes that operated while subjects appraised paired visual and olfactory stimuli, observed through late onset changes in OERP mean amplitude for congruent and incongruent stimulus pairs. Reaction time to odors average between 800-900 msec with wide variability (Lorig, 2000) so that the P3 component often occurs about 300-400 msec later in olfactory ERPs. It was hypothesized that incongruous pairs would yield greater mean negative amplitude in the selected post-odor interval (600-1300ms), and ApoE ϵ 4 carriers and non-carriers would produce differential responses.

2. Results

2.1 Demographic and Behavioral Data

MANOVA showed subjects did not significantly differ overall in terms of age ($p=.764$), education level ($p=.214$), DRS scores ($p=.671$), odor identification ($p=.250$) or AST ($p=.091$). Although subjects were prescreened and met a criterion of thresholds of 3 or better and odor identification scores of 3 or better, it was of interest to compare the groups further, as olfactory threshold scores were overall significantly different ($p=.001$). Follow up univariate tests indicated ϵ 4 positives carriers had poorer thresholds than non-carriers ($F(1,16)=31.56$, $p<.001$) (Table 1).

The repeated measures ANOVA for congruency judgments showed subjects provided, on average, 16 more correct than incorrect congruency judgments ($F(1,16)=142.22$, $p<.001$), with successful classification occurring about 80% of the time. This result did not significantly interact with ApoE status ($F(1,16)=.80$, $p>.05$), gender ($F(1,16)=.089$, $p>.05$), or the condition ($F(1,16)=.218$, $p>.05$), whether congruent or incongruent. Moreover, there were no significant 3 or 4-way interactions amongst the variables.

2.2 Event Related Potential Data

Olfactory threshold was tested as a potential covariate but it did not provide a significant contribution to the ERP analysis of variance and was removed ($F(1,15)=.174$, $p=.683$).

Repeated measures ANOVA identified a significant main effect for congruency ($F(1,16)=27.08$, $p<.001$). Contrasts specified an average amplitude difference of 1.77 between the congruous and incongruous odor-image pairs inside 600-1300 post odor; the mean amplitude falling within the post-odor interval was negative for incongruous odor-image pairs. Two way interactions between congruency and the topographic dimensions were not significant; however, the 3-way interaction with AP, DV, and congruency approached significance ($F(1,16)=4.09$, $p=.06$), which suggested the congruency effect was strongest at posterior ventral sites (Figure 1).

ApoE $\epsilon 4$ status influenced congruency and its topographic distribution. There was a significant 4-way interaction between LR, DV, congruency and ApoE4 ($F(1,16) = 9.41, p = .007$). Paired samples t confirmed $\epsilon 4$ carriers had a larger difference in amplitude between congruous and incongruous odor-image pairs at right ventral electrode sites than non-carriers, $t(9) = 3.97, p = .003$. The difference is illustrated in Figures 2 and 3. Statistics for the lower level, 2 and 3-way interactions of the 4-way interaction have been included in Table 2.

Further, the 3-way gender, congruency and ApoE4 interaction was marginally significant ($F(1,16) = 4.24, p = .056$). Significant 5 and 6-way interactions involving ApoE $\epsilon 4$, congruency, and gender were found. For brevity, these have been included in Table 2.

The congruency effect is typically largest at Pz. Repeated measures ANOVA was also run on Pz for 19 of the 20 subjects who had provided normal Pz recordings as a reference for effects that might have occurred along the midline electrodes that were excluded from the regional averages. Gender was not included. Here, the congruency difference remained strongly significant ($F(1,17) = 18.25, p < .001$), characterized by greater negative ERP amplitude following incongruous odor-image pairs. ApoE status influenced the difference between congruous and incongruous pairs. ApoE $\epsilon 4$ carriers had, on average, a significantly smaller ERP amplitude difference than non-carriers ($F(1,17) = 5.12, p = .037$).

Intra Class Correlation was run (600-1300ms post-odor) within Neuroscan on grand averaged ERPs to better visualize the ANOVA results. A comparison between ApoE $\epsilon 4$ status for the congruent ERP average showed low correlations at ventral electrode sites. When the incongruent ERP average was compared between subjects with different ApoE $\epsilon 4$ status, high correlations were found at central and parietal electrodes. To explore gender, congruency was compared between male and female $\epsilon 4$ carriers. High ERP correlations were found at right frontal electrode sites for the incongruent ERP average, contrasted with low correlations from left frontal and left into right centro-parietal sites for these trials (Figure 4 for correlations).

The congruency differences at right dorsal and ventral sites were assessed as predictors of $\epsilon 4$ in binary logistic regression. Given existing support for the sensitivity of olfactory threshold to AD and $\epsilon 4$, these two ERP variables and olfactory threshold were forced onto $\epsilon 4$ status in two separate blocks. A classification rate of 85% (Sensitivity = 90% Specificity = 80%), $\chi^2(1) = 15.97, p < .001$ was achieved with olfactory threshold. Following entry of the ERP variables ($\chi^2(2) = 11.76, p = .008$), the classification rate was 100% (Sensitivity = 100%, Specificity = 100%), $\chi^2(3) = 27.73, p < .001$. For comparison, congruency differences at left ventral and dorsal regions failed to improve upon the 85% classification rate of threshold alone, $\chi^2(2) = 4.27, p = .118$. The right hemispheric predictors, despite their improvement upon the overall classification rate, did not however account for a significant amount of variance within ApoE status individually.

The Pz congruency difference accounted for more variance in genetic status than either the right ventral or dorsal differences, as assessed with 19 of the 20 subjects who had provided normal Pz recordings. This model, which contained Pz, dorsal and ventral congruency differences, classified the 19 subjects at a rate of 84% (Sensitivity = 90% Specificity = 78%), $\chi^2(3) = 10.79, p < .01$; a rate that improved to 100% following entry of olfactory threshold, $\chi^2(1) = 15.50, p < .001$.

3. Discussion

The ERPs suggested greater negative amplitude followed odors that were incongruous with visual primes as was originally hypothesized. The $\epsilon 4$ carriers did have a larger congruency

difference at right ventral electrodes than non-carriers, which was coupled with a smaller difference at Pz than non-carriers. While the weakened response was hypothesized, the larger congruency differences at right hemispheric electrode regions were not. These two effects are very likely linked however and indicate a combination of structural and functional abnormalities in the $\epsilon 4$ carriers, consonant with previous neuroimaging studies that support a strong association between the progression of Alzheimer's disease and the $\epsilon 4$ allele.

MRI scans conducted on non-demented $\epsilon 4$ brains evidence accelerated cortical thinning of regions previously demonstrated to decline in thickness with age, as well as thinning in areas that develop Alzheimer's pathology (Espeseth, Westlye, Fjell, Walhovd, Rootwelt, & Reinvang, 2008), particularly entorhinal cortex and subiculum (Burggren, Zeineh, Ekstrom, Braskie, Thompson, Small & Bookheimer, 2008) as well as a reduction in fractional anisotropy within the corpus callosum and parahippocampus (Persson et al., 2006; Nierenberg et al., 2005). A PET study has shown hypometabolism at posteromedial and frontal regions in $\epsilon 4$ carriers (Mosconi et al., 2004). Functional MRI experiments have demonstrated limited task-dependent deactivation with $\epsilon 4$. Importantly, Han et al. (2007) showed $\epsilon 4$ carriers showed greater fMRI activation in right hemisphere regions associated with verbal episodic memory encoding and consolidation. Similarly, Seidenberg et al. (2009) found unfamiliar faces could produce elevated activation in $\epsilon 4$ carriers compared to non-carriers and Haase et al. (2011) observed differences in task-related functional connectivity between $\epsilon 4$ carriers and non-carriers that were compatible with dissociations among brain regions associated with prodromal changes in the $\epsilon 4$ carriers.

These more robust metabolic responses, coupled with regions that are impaired, may evidence compensation in lieu of ongoing degenerative processes. Some have proposed the right hemisphere may carry a substantive burden of the compensatory response (Han et al., 2007). ERPs in verbal congruency tasks have been shown to favor the right hemisphere in probable AD patients but not cognitively intact controls (Ford et al., 2001). Similarly, we observed diminished ERP effects at Pz alongside enhanced effects at right hemispheric regions, which would offer additional support for this view.

Intra-class Correlation, a measurement of waveshape and amplitude similarities amongst grand-averaged ERPs, largely confirmed our statistical findings. The high correlation between the average incongruent trial ERPs for $\epsilon 4$ males and females at right anterior regions further emphasized the importance of the right hemisphere in these data. But there were many other areas of the right hemisphere where ERPs were not well correlated. We can only speculate about the source of variability at this time, although a brief discussion may help in directing additional studies.

The SOA, or duration between target and prime, has served as an interpretive tool in similar semantic congruency models. Deacon, Hewitt, Yang, and Negata (2000) demonstrated that longer durations diminish the influence a prime has on the target whereas shorter durations tend to strengthen it. We might speculate the small SOA used in the present study enhanced the influence of the visual primes on the olfactory targets. Influences from such characteristics as edibility, caloric content and perspective should be considered in future research, given the interactions between apolipoprotein E polymorphism, gender, olfaction, cardiovascular disease, diabetes, and AD pathogenesis (Vegeto, Benedusi, & Maggi, 2008; Frisardi et al., in press; Bourdel-Marchasson, Lapre, Laksir, & Puget, 2010; Beydoun et al., in press; Sundermann, Gilbert, & Murphy, 2008)

Sundermann, Gilbert, and Murphy (2007), for instance, found a gender-specific pattern in performance when comparing male and female ApoE $\epsilon 4$ carriers and non-carriers'

recognition memory for faces, symbols, and odors. The comparison was made both within cognitively intact adults and probable AD patients. In contrast to their non-carrier counterparts, healthy $\epsilon 4$ males were impaired on odor recognition whereas healthy $\epsilon 4$ females were not. It was only in the AD group that odor recognition memory was more impaired for female $\epsilon 4$ carriers than non-carriers, where males did not perform differently. They found no significant differences for faces and symbols. Clearly, in addition to information about gender differences in aging and disease progression, complex biochemical interactions (e.g., AD pathology, hormones, cholesterol ratio, and blood glucose) may inform these differing trends. Addiction researchers have found success conceptualizing similarly complex biochemical phenomena in decision making-processes (Fishbein et al., 2005). The same might be true for the appraisal of paired olfactory and visual stimuli, as was studied here.

Conclusions

This study utilized an olfactory-visual semantic congruency task to investigate cross-modal odor identification disturbances in persons at genetic risk for AD. The results support significant differences in olfactory performance as assessed by OERPs between $\epsilon 4$ carriers, who are genetically predisposed to enhanced AD risk, and non-carriers.

The ApoE $\epsilon 4$ carriers had a scalp topography that was consistent with morphological and hypometabolic abnormalities found in PET, fMRI and MRI studies. OERPs reflected hemispheric asymmetries in $\epsilon 4$ carriers that were line with a compensatory mechanism. Unique influence from the congruency judgments of the odor-image pairs is supported by past experiments (Morgan, et al., 1995) and by the differing ICCs from congruent and incongruent trials, especially when comparing $\epsilon 4$ males and females.

ERP recordings combined with olfactory thresholds had very good sensitivity (100%) and specificity (100%) for $\epsilon 4$ status.

4. Experimental Procedures

4.1 Participants

Twenty-seven participants were recruited. Four were eliminated because of extreme odor threshold values and 3 for technical problems (see below), thus a total of 20 older adult subjects aged 65 and above ($M=69.3$, $SD=4.2$) participated in the study. The sample was divided into ApoE $\epsilon 4$ positive ($n=10$) and negative carriers ($n=10$), including equal numbers of positive males and females as well as negative males and females. The $\epsilon 4+$ and $\epsilon 4-$ groups were matched for years of education, and prescreened with questionnaires for nasal sinus disease, allergic rhinitis, upper respiratory infection (Harris et al., 2006). They were tested for odor identification and detection. To meet minimum inclusion criteria, subjects were required to have butanol odor thresholds at or above 3 (Murphy, Gilmore, Seery, Salmon, & Lasker, 1990) and odor identification scores at or above 3 (Murphy et al, 2002). The subjects were prior participants at the Lifespan Human Senses Laboratory at San Diego State University and ApoE status had been determined through polymerase chain reaction. Participants in this study gave informed consent and their rights were protected in accordance with the IRB policies of San Diego State University and the University of California, San Diego, which approved the research.

4.2 Olfactory Screening

4.2.1 Odor Threshold—The odor threshold is a forced choice ascending staircase that assesses a subject's ability to discriminate distilled water from butanol (Murphy, et al., 1990; Cain Gent, Catalanotto, Godspeed, 1983). The butanol and distilled water (or blank)

solutions are prepared in plastic bottles that the subject positions below the right or left nostril and squeezes to release the stimulus. There are 10 serial dilutions of butanol concentrations from 0 through 9. If the subject correctly chooses the butanol solution over the blank, the process is repeated with the same concentration. If not, a greater concentration is given. Each new presentation alternates nostrils. The threshold in a given nostril is determined after 5 correct choices at a single concentration have been given.

4.2.2 Odor Identification—The Odor Identification test is a measurement of the ability to name 8 common household odors (Murphy, Anderson, & Markison, 1994; Murphy et al., 2002). The stimuli are prepared in 8 opaque jars and then randomly presented to a subject. A subject closes the eyes and is given approximately 5 seconds to sample the odor. At the conclusion, a subject opens the eyes and identifies the presented odor on a picture board containing 20 possibilities. A 45 second interval is maintained between successive odor presentations.

4.3 ERP Methods

4.3.1 ERP Paradigm and Stimulus Presentation—During EEG recording, fourteen odors followed images that were either semantically congruous or incongruous. Each odor was presented once congruently and once incongruently, so that rejection criteria could be applied more conservatively. This produced 28 total trials while maintaining a 50/50 distribution for stimulus congruency. The visual stimuli were comprised of 28 high-resolution (1028 × 786) images of familiar household items, food (e.g., chocolate cake) and non-food items (e.g., roses) from iStockPhoto (See Table 3). Several distinctly non-odorless images were used to serve as controls and limit strategies or emergent expectations concerning congruency. Each image was matched with the others according to color scheme, luminosity, and resolution to avoid novelty responses. Color, contrast, and brightness of the images was enhanced by projecting them onto a 22-inch high-definition flat screen monitor, situated approximately 125cm from the subject's view.

The 14 odors (See Table 4) included stimuli from both food and non-food classifications and were delivered through a continuous flow olfactometer (Morgan & Murphy, 2002). Humidification was added via a bypass between the air supply and the subject's nose. Each odor was selected on the basis of it being readily identifiable by a sample of 40 young, middle aged, and older adults. They were asked to identify 17 total odors from written multiple-choice options. A sub-set of these subjects then reported whether each odor was supra-threshold and iso-intensive when delivered via the olfactometer. The odors were initially paired with food or non-food images based upon response frequencies from the odor identification survey to produce congruent and incongruent stimuli. For instance, responses that were lowest in frequency for each odor were translated into images and paired. These pairs were then confirmed according to subjects' congruency judgments during a pilot study. A program designed by Neuroscan, STIM, was used to synchronize the olfactometer with the images. To facilitate offline analysis, a unique electronic signature was assigned to each of the fourteen odors. A template sequence of the odor-image pairs was exported into a third party application for Microsoft Excel to create randomized sequence files.

At the beginning of the experiment subjects were presented with a series of instructions on the monitor. They were told that several images would be presented; each followed by an odor. “You might find these odors if you were to actually smell the objects or experience the events you see in the pictures. Just before each image, a red fixation cross will appear. Please focus on the cross and limit eye movement to any black screen that follows an odor.”

All trials began with a 4000ms duration fixation cross, then transitioned to an image that was displayed for 2000ms. An odor (congruent or incongruent) was delivered for 200ms

immediately following the image. There was approximately a 30 ISI between successive odor presentations to avoid habituation and adaptation, which are greater considerations in the olfactory modality than other modalities. During the ISI, only a black screen was displayed. A new trial began whenever the red fixation-cross replaced the black screen (Figure 1).

Congruency judgments were collected after the experiment. The trial sequence was restarted with a “Did they Match?” prompt added 4000ms after each pair. Subjects used a Logitech joystick that included buttons labeled “yes” and “no” for congruency judgments.

4.3.2 ERP Recording—Continuous measurement of subjects' brain responses to the stimuli was obtained from a 64-electrode Neuroscan cap. The signal was sampled at 20kHz, amplified and digitized for computer recording by SynAmps™. The signal impedance was kept below 10kΩ through QuikCell™ electrolyte solution, manufactured by Neuroscan. Reference electrodes were applied to both ears (A1 and A2) and, to measure eye movement, placed below the left eye as well as directly adjacent to both the left and right eyes, situated beneath the temple.

4.3.3. ERP Processing—An initial .1 HZ to 9 HZ zero phase shift bandpass filter was used to process the recorded EEG. The EEG recording was divided into 28 epochs reflecting 500ms pre and 1500ms post odor presentation. Congruent and incongruent epochs were handled in two different phases because the coding scheme assigned to each odor was unique but duplicated. Every epoch was re-referenced to A1 and A2 and baseline corrected. The data were similarly swept along an array (3×4) of centrally distributed electrodes for outlying positive and negative amplitudes falling outside $-50 \mu\text{V}$ and $50 \mu\text{V}$. Additional corrections were made to the data for eye blinks across the trials based on 10% amplitude threshold and 400ms duration criteria. If the number of bad electrodes exceeded 20 % in any trial, it was not included in the average. Similarly, unacceptable averages were defined as those wherein approximately 30% of the trials were bad per condition (i.e., 4 trials were eliminated in any one condition). The application of this rule resulted in the elimination of 3 subjects during ERP processing. For each acceptable average, mean amplitude was reported from all electrode sites within 600-1300ms. These values were exported into a spreadsheet.

4.3.4. Statistical Analysis—MANOVA (2×2), including subjects' E4 status (ApoE $\epsilon 4+$, ApoE $\epsilon 4-$) and gender (male/female), was used to assess differences in education level and age as well as cognitive and olfactory performance that would require inclusion in the ERP analysis.

Subjects' congruency judgments were analyzed in a mixed model design, and run within repeated measures ANOVA. Trial type (incongruent and congruent) and correct and incorrect varied within subjects whereas gender (male and female) as well as ApoE4 status (ApoE $\epsilon 4+$, ApoE $\epsilon 4-$) varied between subjects.

Similarly, a mixed model design was utilized for topographical ERP data. Repeated measures ANOVA assessed the mean amplitude 600-1300ms post odor at 52 electrodes, grouped along the anterior-posterior (AP), dorsal-ventral (DV) and left-right (LR) dimensions (Handy, 2004). Amplitudes that were recorded within these different regions—in both congruent and incongruent conditions—were transformed into z scores and examined for outliers. Each region was then averaged, resulting in 16 variables (Left Anterior Dorsal Congruent: F1, FC3, C5, FC1, C3, C1; Left Anterior Ventral Congruent: AF3, F3, FC5, F7, FT7, F5, T7; Left Anterior Dorsal Incongruent; Left Anterior Ventral Incongruent; Left Posterior Dorsal Congruent: CP5, P3, PO3, CP3, P1, CP1; Left Posterior Ventral Congruent: TP7, P5, PO5, O1, P7, PO7, CB1; Left Posterior Dorsal Incongruent;

Left Posterior Ventral Incongruent; Right Anterior Dorsal Congruent: F2, FC4, C6, FC2, C4, C2; Right Anterior Ventral Congruent: AF4, F4, FC6, T8, F6, FT8, F8; Right Anterior Dorsal Incongruent; Right Anterior Ventral Incongruent; Right Posterior Dorsal Congruent: CP6, P4, PO4, CP4, P2, CP2; Right Posterior Ventral Congruent: TP8, P6, PO6, O2, P8, PO8, CB2; Right Posterior Dorsal Incongruent; Right Posterior Ventral Incongruent). Subjects' gender (male/female) and ApoE4 status (ApoE ϵ 4+, ApoE ϵ 4-) varied between (2×2) while congruency (congruent/incongruent) and the three topographic dimensions (LR, AP, and DV) varied within ($2 \times 2 \times 2 \times 2$).

Because the congruency effect is typically largest at Pz, two factor ANOVA on trial type (incongruent and congruent) and ApoE ϵ 4 status (ApoE ϵ 4+, ApoE ϵ 4-) was used to assess differences in mean amplitude 600-1300ms post odor at Pz. One subject was eliminated from the analysis because the Pz value fell more than 2 SD from the mean.

No repeated measure exceeded 2 levels, thus significance was assessed at $p < .05$ without Greenhouse Geisser correction. Paired samples t was used when appropriate as a follow-up for significant main effects and interactions. Reported t values are significant following bonferroni correction. Significant interactions involving congruency and ApoE were broken down and examined as predictors of E4 status in logistic regression using forced entry.

In order to compare the ERP grand averages in terms of waveshape and absolute voltage values between ApoE ϵ 4+ and ApoE ϵ 4- persons and between ApoE ϵ 4+ males and females on congruent and incongruent trials, the Intra-Class Correlation (ICC), a measure of overlap and related variability between two waveforms, was computed in Neuroscan. The ICCs are displayed in topographical map format.

Note, that four subjects (1 ApoE ϵ 4 negative male, 1 negative female, 1 positive male and 1 positive female) were eliminated for having olfactory threshold scores that fell approximately 2 z scores above or below the mean. Behavioral, demographic and topographical ERP statistics reported here are from the 20 subjects that remained.

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Highlights

Olfactory ERPs in an odor/visual congruency task differentiated ApoE $\epsilon 4+$ and ApoE $\epsilon 4-$.

Pz amplitude significantly decreased on incongruent trials in non-carriers.

Amplitude in right dorsal and ventral sites suggested a compensation hypothesis.

High sensitivity and specificity for classifying $\epsilon 4$ carriers from non -carriers.

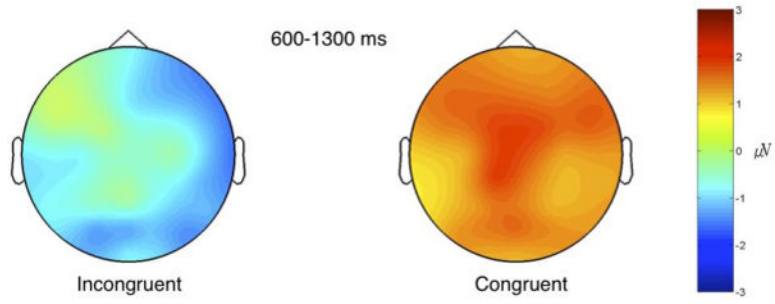


Figure 1. Overall mean amplitude 600-1300 ms following incongruent and congruent odor-image pairs.

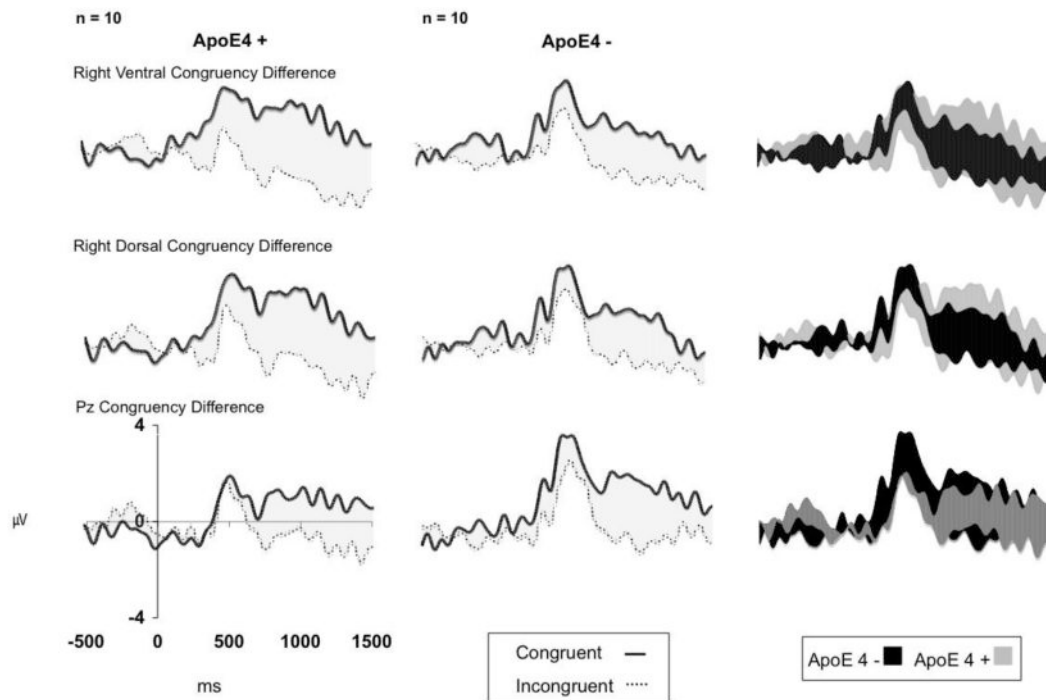


Figure 2.

Grand average ERP congruency differences recorded from the Pz site, (Lower), right dorsal regions (Middle), and the right ventral regions (Upper), displayed by ApoE ϵ 4 status. The shading illustrates differences in response between congruent and incongruent stimuli. Solid lines represent congruent ERPs while incongruent ERPs are represented by dotted lines.

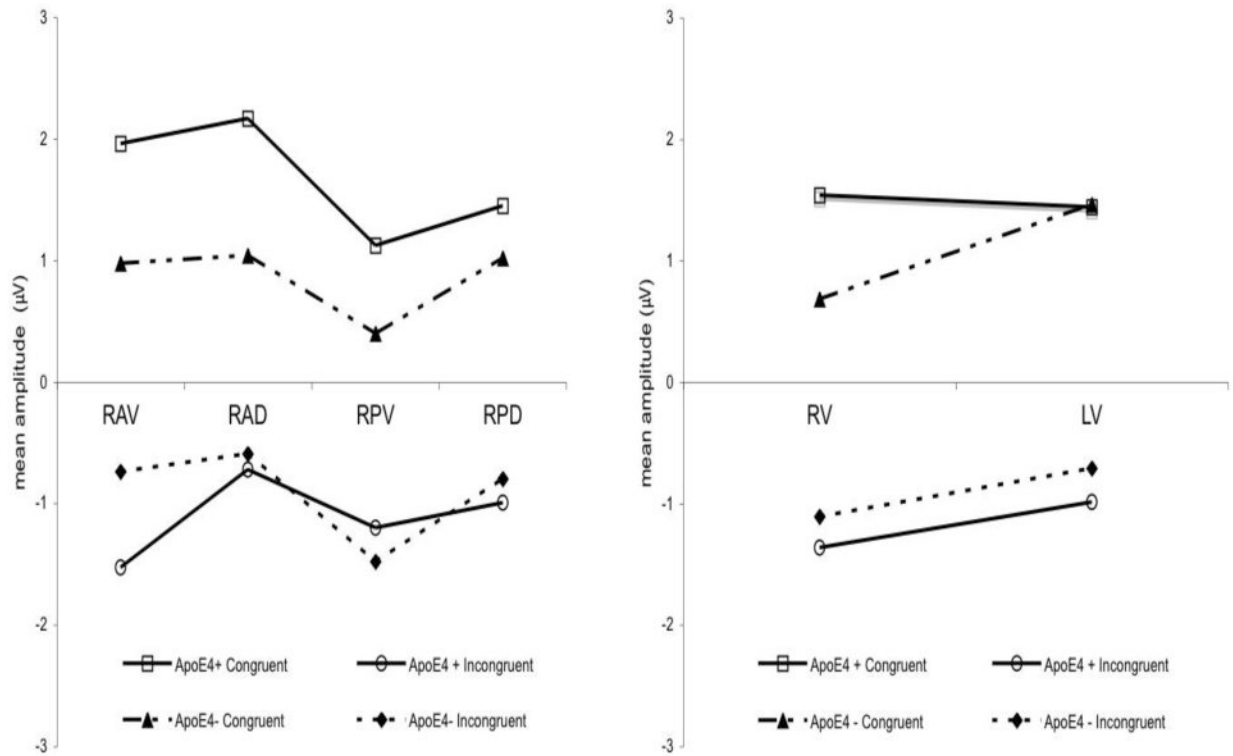


Figure 3.

(Left) Congruous and incongruous mean amplitudes (600-1300 ms post-odor) are displayed for the right hemispheric regions by ApoE4 status (RAD = Right Anterior Dorsal; RPD = Right Posterior Dorsal; RAV = Right Anterior Ventral; RPV = Right Posterior Ventral). (Right). The same comparison is made between ApoE4 carriers and non-carriers at right ventral (RV) and left ventral (LV) regions.

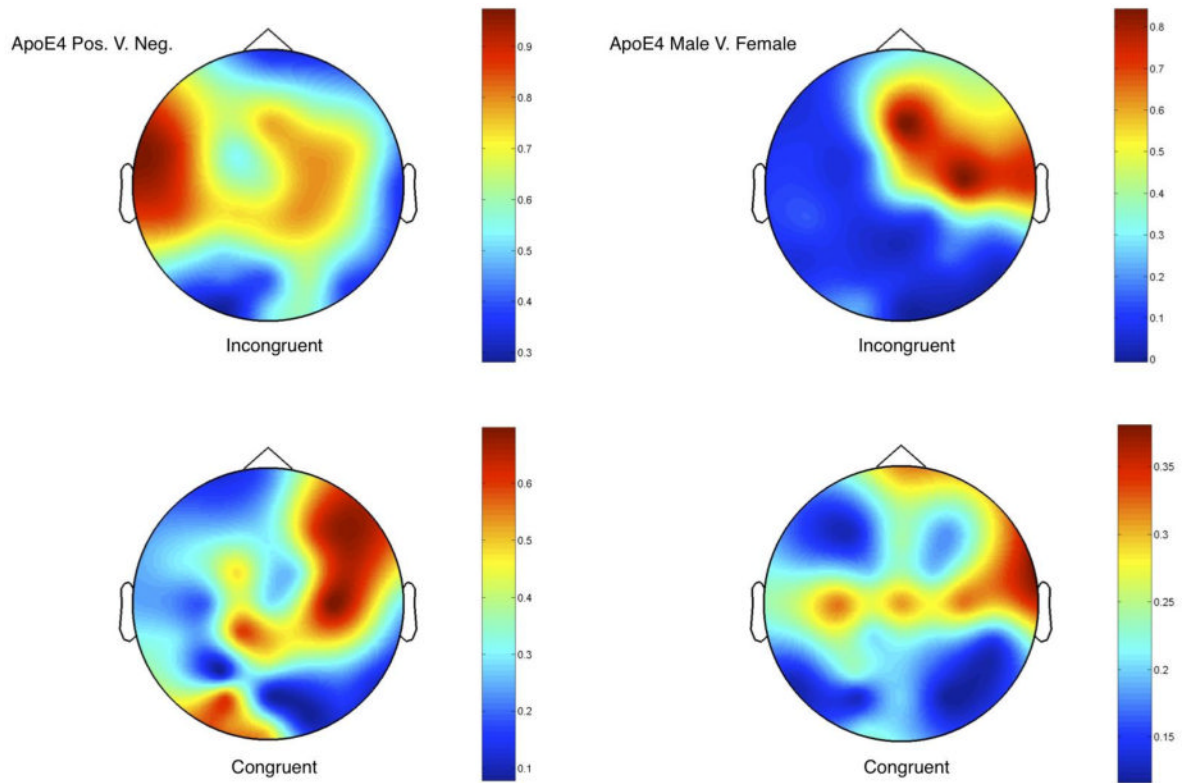


Figure 4.

The Intra Class Correlations comparing waveshape and amplitude similarities for averaged congruent (left) and incongruent (right) ERPs (600-1300ms) between ApoE ϵ 4 positive and negative carriers (top) and positive male and female carriers are displayed topographically. Scales show the correlations and are relative for each comparison. Lowest correlations are in blue while highest correlations are in red.

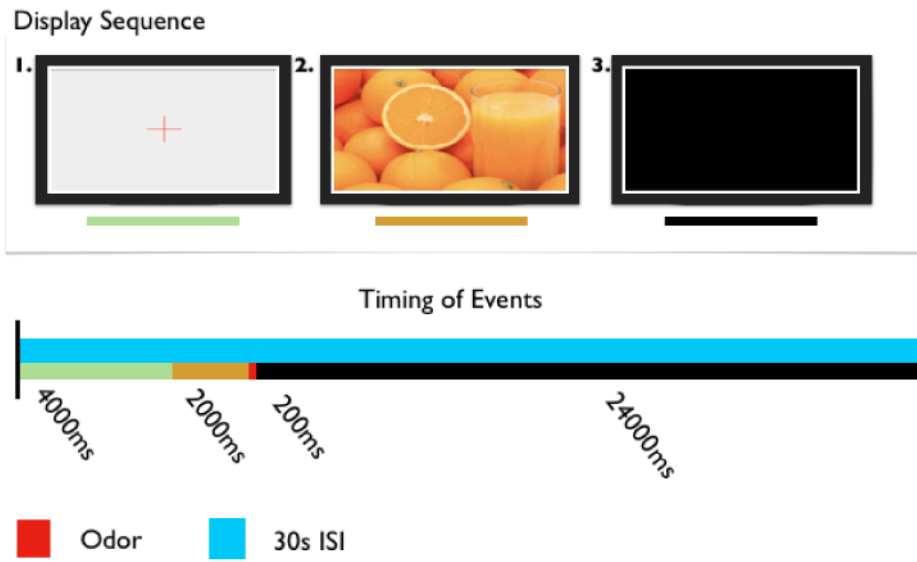


Figure 5. Sample trial, displaying duration and sequence of events

Table 1
Olfactory and dementia screening by $\epsilon 4$ status

Measure	ApoE $\epsilon 4$	
	Positive	Negative
DRS	140.6 (1.4)	140.8 (2.1)
Odor ID	4.8 (1.5)	6.0 (1.6)
AST	16.3 (6.8)	23.0 (4.4)
Threshold	4.8 (1.0)	7.1 (1.1)
Age	69.6 (5.0)	69.0 (3.5)

Note: SD in parentheses

Table 2
ANOVA Summary

Source	F (1,16)	p	Partial Eta Squared
Congruency	27.08 **	.000	.63
LR × DV	.09	.771	.01
AP × DV	4.09	.060	.20
LR × AP × DV	.19	.672	.01
Congruency × ApoE4	.02	.893	.00
LR	.31	.586	.02
DV	.92	.353	.05
LR × DV	9.41 **	.007	.37
AP × DV	1.51	.237	.09
LR × AP × DV	1.34	.263	.08
Congruency × ApoE4 × Gender	4.24	.056	.21
LR × DV	.05	.829	.00
AP × DV	4.48 *	.050	.22
LR × AP × DV	5.21 *	.036	.25

Note: L= Left Hemisphere; R= Right Hemisphere; A= Anterior; P= Posterior; D= Dorsal; V= Ventral.

**
p < 0.01.

*
p < 0.05.

Table 3

List of pictures used

Pictures
Blank baby powder bottle
Bananas
Peppermint candies
Cherries
Shredded cheese
Coffee
Chocolate cake
Plain cinnamon buns
Laundered towels
Colored pencil shavings
Pine trees
Wood burning in fireplace
Oranges and orange juice
Lemons
Blank yellow mustard bottle
Ocean scene
Colored plastic plates with plastic utensils
Pizza
Colored paper clips
Peanut butter on bread
Strawberries
Rocks
Brown and black leather shoes
Rose bush
Tulip bouquet
Toothpaste and mouthwash
Vanilla ice cream in cones
Tire heap

Table 4**List of odors used**

Odors
Pine Tree
Cinnamon
Orange
Lemon
Banana
Wintergreen
Rose
Vanilla
Coffee
Chocolate
Peanut butter
Leather
Baby powder
Chocolate