Higher Educ. Author manuscript; available in PMC 2012 December 07.

Published in final edited form as:

J Higher Educ. 2011; 82(5): 564–596. doi:10.1353/jhe.2011.0030.

# Considering the Impact of Racial Stigmas and Science Identity: Persistence Among Biomedical and Behavioral Science Aspirants

Mitchell J. Chang, M. Kevin Eagan, Monica H. Lin, and Sylvia Hurtado

In 2006, the U.S. Congress held numerous hearings about why a smaller proportion of undergraduates than in the past are undertaking studies in physical and life sciences. Those concerns are driven in part by interests in preserving the nation's economic competitiveness and position in technological leadership. Some legislators have called the U.S. science pipeline "leakier than warped rubber tubing" (Epstein, 2006, p. 1). Indeed, roughly half of undergraduates who show an initial interest in majoring in the sciences decide to major in other fields within their first two years of study, and very few non-science majors switch to science majors (Center for Institutional Data Exchange and Analysis [C-IDEA], 2000). The rates of science major completion for underrepresented racial minority students (African American, Latina/o, and American Indian) are even more dismal. Looking at degree attainment, only 24% of underrepresented students complete a bachelor's degree in science within six years of college entry, as compared to 40% of White students (C-IDEA, 2000).

Moreover, the Sullivan Commission (2004) reported that the gap in participation rates between underrepresented racial minority (URM) students and their White and Asian American peers widens at the graduate and professional school levels. In Nelson's (2004) listings of earned doctorates, for example, she reported that between the years 1993 and 2002, African Americans accounted for only 2.6% of earned doctorates in biological sciences, whereas Latinos accounted for 3.6%. For 2002, the report indicated only 122 African Americans and 178 Latinos received doctorates in biological sciences compared to 3,114 Whites and 580 Asian Americans. When considering future generations of scientists and healthcare professionals, the Sullivan Commission declared under-represented minorities to be "missing persons" in those fields. Retention of science majors at the earliest stages of undergraduate education, particularly those who are URM students, is a crucial step to purpose-fully reverse these trends. The purpose of this study is to go beyond explanations of preparation to examine the social and contextual factors, including racial experiences, that affect persistence in or departure from pursuing a biomedical or behavioral science (BBS) major during the first year of college for URM students. Our goal is to address several explanations regarding why URMs depart from BBS majors at higher rates and the concerns raised about our nation's capacity to fulfill our science-related interests, especially as they relate to the growth of racial/ethnic minority populations in U.S. society. Because the National Institutes of Health (NIH) is especially concerned with BBS undergraduate majors, we focus specifically on them for this study.

## **Background**

Why are URM undergraduates departing from their studies in the biomedical and behavioral sciences at significantly higher rates than their White and Asian American counterparts? To address this question, we consulted literature that extended beyond just the BBS population and more broadly into all science majors so as to capture a more comprehensive account of the knowledge base, yet still recognize that the BBS population is unique. According to the American Association for the Advancement of Science (2001), three of the most important factors contributing to undergraduate degree completion in the sciences are the intensity and quality of high school curriculum, test scores, and class rank or grade point average in high school. However, undergraduate science, math, and engineering (SME) majors are usually better prepared academically than students in other majors (Seymour, 1992). Nonetheless, SME students have a higher rate of changing intended majors than other students, and the fact that URM students are even less likely to complete a degree in those majors magnifies this problem. Additionally, students who switch majors are more likely to do so during the first year of college (Tinto, 1993; Upcraft & Gardner, 1989).

A voluminous body of research has examined undergraduate student persistence (e.g., Astin, 1993; Braxton, 2000; Chang, Cerna, Han, & Sáenz, 2008; Hurtado et al., 2007; Nora, Barlow, & Crisp, 2005; Tinto, 1993), and a few important points relevant to retaining URM students can be drawn from this literature. First, an individual student's own educational success is more than the sum of his or her personal will, aspiration, and traditional academic indicators such as test scores and high school grades. Other social factors, such as one's gender, race, and socioeconomic background, for example, not only help shape one's access to opportunity for college success but also continue to show independent effects on retention outcomes. Second, institutional structures and normative contexts (e.g., peer environments, the culture of science, undergraduate research programs) are differentiated and can be potent socializing forces that affect where the student ultimately lands and how the student progresses in his or her educational journey. Third, educational experiences within institutions are not uniform but are directly affected by a student's racial background and the structure of opportunity encountered in predominantly White institutions (PWIs) and minority-serving institutions (MSIs), which include Historically Black Colleges and Universities (HB CUs) and Hispanic-serving institutions (HSIs). We considered those broad findings regarding the interplay of individual background characteristics and educational environments in choosing an appropriate analytic approach and framework that can potentially explain how race factors into the chances of academic success for URM students intending to major in BBS fields. Of that large body of literature regarding college persistence, we are also particularly interested in the effects that minority students' BBS identity development and negative racial experiences may have on their chances of persisting in their intended BBS major during the first year of college.

# **Biomedical and Behavioral Science Persistence and Identity**

For URM students intending to pursue studies in the BBS fields, a combination of external and internal factors facilitates their persistence. Russell and Atwater (2005) noted that a demonstrated competence in science and mathematics at the pre-college level is vital to African American students' successful progress through the science pipeline from high school to college. Receiving family support and teacher encouragement, developing intrinsic motivation, and maintaining perseverance are other critical factors they identified that significantly affect students' science persistence and academic achievement. Likewise, the presence of family support and guidance from faculty mentors also have been found to be associated with the development of greater academic self-efficacy and success in the

sciences for Latino students (Anaya & Cole, 2001; Cole & Espinoza, 2008; Torres & Solberg, 2001).

It also appears that campuses can intentionally improve undergraduate success in BBS fields. At the programmatic level, offering undergraduates research opportunities makes a difference not only in attracting and retaining BBS majors but also in facilitating students' learning in the classroom by introducing them to what science research careers might entail (Kinkead, 2003; Lopatto, 2003). URM students who participate in well-structured undergraduate research programs can benefit in many ways, including enhancing their knowledge and comprehension of science (Sabatini, 1997); clarifying graduate school or career plans in the sciences (Hurtado, Cabrera, Lin, Arellano, & Espinosa, 2009; Kardash, 2000; Sabatini, 1997); and obtaining other professional opportunities that further develop students' scientific self-efficacy (Gándara & Maxwell-Jolly, 1999; Hurtado et al., 2009; Mabrouk & Peters, 2000). By increasing students' tendencies to feel, think, behave, and be recognized by meaningful others (e.g., faculty role models) as a "science person," URM students stand a much greater chance of believing in their abilities to succeed in the sciences (Carlone & Johnson, 2007). As such, those students are more likely to identify with a BBS field and view it as an important aspect of their self-identity, which should in the long run enhance their chances of persisting.

## **Negative Racial Experiences and Minority Student Persistence**

Conversely, a large body of research suggests that prejudice or negative racial experiences are negatively related to the quality of minority students' academic and social experiences in college and their commitment to degree completion (Arbona & Novy, 1990; Cabrera, Nora, Terenzini, Pascarella, & Hagedorn, 1999; Fleming, 1984; Hendricks, Smith, Caplow, & Donaldson, 1996; Hurtado & Carter, 1997; Hurtado, Carter, & Spuler, 1996; Museus, Nichols, & Lambert, 2008; Nettles, Thoeny, & Gosman, 1986; Nora & Cabrera, 1996). According to Fleming's (1984) student development model, exposure to prejudice and discrimination on campus can seriously disrupt African American students' cognitive development (i.e., academic performance, critical thinking) as well as their affective development. Similarly, scholars claim that non-cognitive factors such as self-concept, an understanding of racism, and one's ability to deal with racism, are more influential than cognitive measures, such as test scores, when it comes to minority students' academic performance and their capacity to persist in college.

Feelings of prejudice or alienation have also been shown to be negatively correlated with minority student persistence (Loo & Rolison, 1986; Muñoz, 1987; Suen, 1983) and adjustment to college for high-achieving Latina/o students (Hurtado et al., 1996) and African Americans (Cabrera et al., 1999). Smedley, Myers, and Harrell (1993) reported that racism and discrimination on campus increased the levels of psychological and sociocultural stressors that minority students experience, which in turn negatively affected their adjustment at their institution. As with other stressors, experiencing higher levels of racism or alienation is associated with poorer academic performance and heightened psychological distress. But unlike other stressors, according to Smedley, Myers, and Harrell, experiencing negative racial interactions can be unique because such experiences potentially amplify feelings of not belonging at the institution and compound the negative effects of other existing stressors. Studies have confirmed that all students who report negative racial experiences also tend to report a lower sense of belonging in the first two years of college (Hurtado et al., 2007; Locks, Hurtado, Bowman, & Oseguera, 2008). However, URM BBS students who experienced such climates are also more likely to report less success in managing the academic environment at the end of the freshman year than White or Asian American BBS peers (Hurtado et al., 2007).

It is important to note that having had high frequencies of negative racial experiences is not always debilitating and does not necessarily derail students' academic goals. Some studies show that other factors supersede the detrimental effects associated with having negative racial experiences (Hendricks et al., 1996; Nora & Cabrera, 1996; Tracey & Sedlacek, 1984, 1985, 1987). For example, Nora and Cabrera (1996) found that academic performance, parental support, intellectual development, and social integration have a much stronger effect on minority student persistence than students' perceptions about prejudice. Their findings suggest that perhaps researchers have overestimated the extent to which racial experiences matter in determining academic performance. Likewise, Arbona, and Novy (1990) found that URM students who indicated experiencing higher levels of prejudice at their respective institutions did not necessarily demonstrate a higher probability of departure from college.

Such findings regarding the weaker than expected effects of negative racial experiences would be explained by Hendricks and colleagues (1996) as being partially due to minority students having learned how to "depersonalize" negative racial experiences and subsequently becoming better positioned to do well in college and ultimately persist. Further, the level of peer support received by African Americans tends to increase their sense of belonging to an institution and intention to persist over time (Hausmann, Schofield, & Woods, 2007). More recently, a qualitative study of URM BBS majors indicated a high degree of involvement in structured research programs but also highlighted student reports of experiencing racial stigma on campus and in other science contexts (Hurtado et al., 2009). In short, the research on the capacity of URM students to persist in college suggests that the effects associated with experiences regarded as having strong racial undertones may not be just a matter of degree or frequency of negative experiences but also appear to be conditional based in part on students' unique attributes in specific institutional environments. One of those attributes may be associated with a student's commitment to a BBS identity.

# **Stereotype Threat**

A theory based on "stereotype threat" has much to say about student attributes that moderate the damaging effects of negative racial experiences on academic performance. Claude Steele (1992, 1997) claims that under certain conditions, negative racial stereotypes concerning the intellectual ability of disadvantaged groups (e.g., racial minorities, women in maledominated fields) can undermine the academic performance of members of those groups. According to Steele's stereotype-vulnerability or threat theory, the academic underperformance of students from disadvantaged groups can be explained partly by their anxiety associated with the fear that others' judgments or their own actions will confirm negative stereotypes about their group's intellectual capacity. While most students experience some anxiety over being negatively evaluated, Steele argues that students who belong to groups often targeted with negative intellectual stereotypes not only risk embarrassment and failure but also risk confirming those negative perceptions of the group. This threat of being reduced to negative stereotypes in various situational contexts can lead to increased anxiety, which then depresses performance.

The research of stereotype threat on task performance has increased steadily since Steele and Aronson (1995) conducted their classic study that introduced how implicit stereotypes about the intellectual inferiority of African Americans generated stereotype threat and, in turn, undermined those students' test performance. Other studies examining the influence of stereotype threat on the academic performance of African Americans have yielded similar findings (Aronson, Fried, & Good, 2002; McKay, Doverspike, Bowen-Hilton, & Martin, 2002; Osborne, 2001). Some studies have also shown similar negative effects of stereotype

threat on Latinos (Aronson & Salinas, 1997; Gonzales, Blanton, & Williams, 2002; Schmader & Johns, 2003). Indeed, there are now many empirical findings that support the contention that stereotype threat can affect the member of nearly any stereotyped social group.

What is also important to note in this growing body of research is that, over time, stereotypes may have a cumulative effect on individuals. Aronson (2004), for example, has shown that a student's repeated exposure to stereotype threat can lead to "disidentification" with a domain of study with which the student was previously identified. Steele (1997) refers to disidentification as a retreat from not caring about the domain as a basis of self-evaluation and identity, thus undermining a student's sustained motivation in the domain. For example, an African American student who faces the challenges of being one of a handful of aspiring minority scientists within the institution's competitive academic environment may ultimately reject any association with the BBS major as a way to preserve self-esteem and to alleviate anxiety associated with confirming a stereotype. This can subsequently decrease student motivation and interest in pursuing a BBS-related career. Disidentification, however, need not be the typical outcome for adapting to stereotype threat. Steele (1997) contends that situational changes can either enhance or reduce the stereotype threat URM students might otherwise be under.

Because stereotype threat is a situational problem and is not internal to individuals or groups, Rosenthal and Crisp (2006) argue, "All that is really needed to produce stereotype threat is to be placed in a situation where the stereotype is salient" (p. 502). According to Massey and Fischer (2005), the threat may be particularly salient within a higher education context, where deeply embedded societal stereotypes regarding intellectual competence are especially relevant. In considering susceptibility to stereotype threat, the theory maintains that a combination of attributes puts some URM students at significantly greater risk of having their performance negatively affected by stereotype threat compared to other URM students.

One important attribute is what Aronson et al. (1999) call "stigma-consciousness." According to those leading researchers of stereotype threat, "the degree to which a person is exposed to stereotypes about his or her group breeds an awareness of stigma, which has been linked with individual differences in responses to stereotype threat" (Aronson et al., 1999, p. 31). Thus, Aronson and his colleagues suggest that students who report higher a frequency of negative racial experiences would have higher expectations about whether they would be racially stereotyped, and the perceived probability of being stereotyped can have implications for how individuals experience their stereotyped status.

Another important attribute associated with the intensity of stereotype threat is "domain identification." According to Steele (1997), only members of a group who identify with schooling (or its various domains) may be threatened by societal stereotypes that explicitly link to intellectual competence. In other words, a negative stereotype must first involve a domain that is relevant to an individual's self-identity if that stereotype will become threatening to that individual. If the student does not identify with the domain, Steele claims that stereotype threat will have very little, if any, effect on that individual.

In sum, the theory of stereotype threat would predict that the interaction between URM students' experienced frequency of negative racial interactions and level of domain identification would yield a unique combined negative effect on first year BBS major persistence, which is independent of the individual effect of each attribute. In other words, URM BBS students who are most highly identified with their field of study and also report the highest frequency of negative racial experiences will be at greater risk than their peers to

change their major by the end of the first year of college. Since most of the research reviewed so far does not specifically pertain only to BBS students but more generally either to all science or URM students, we set out to test this hypothesis.

#### Method

#### **Data Source and Sample**

Participants in this study provided longitudinal data by completing two surveys administered by the Higher Education Research Institute (HERI) at UCLA. In 2004 during fall orientation or in the summer prior to their first fall term, undergraduates completed the Cooperative Institutional Research Program (CIRP) Freshman Survey. At the end of their freshman year in spring 2005, participants completed the Your First College Year (YFCY) survey (for more detail on both surveys, see Keup & Stolzenberg, 2004; Sax et al., 2004).

This study utilized two sampling strategies to target institutions. First, a National Institutes of Health (NIH) grant provided funds to target minority-serving institutions (MSIs) with NIH-funded research programs that had a reputation for graduating large numbers of URM students in the biomedical and behavioral sciences. The second strategy targeted CIRP-participating institutions with NIH-sponsored programs. The two strategies provided an initial institutional sample of 160 colleges and universities that represented the diversity of higher education institutions in the U.S., as the sample featured varying levels of control (public and private), Carnegie classification, and selectivity.

Within the institutional sample, we identified three subgroups of students: URM students intending to major in BBS fields, White and Asian American students intending to major in BBS, and URM students intending to major in non-BBS fields. For the present study, we chose to focus solely on the sample of URM students intending to major in BBS. <sup>1</sup>

The 2004 Freshman Survey included responses from 8,329 URM intended BBS majors attending the 160 institutions in our original target sample. The 2005 YFCY survey provided an initial longitudinal sample of 1,796 URM students intending to major in BBS. The longitudinal response rate was 21.5% for our targeted URM students, and we calculated appropriate weights to address the low response rate (for complete sampling details and weighting methodology, see Hurtado et al., 2007). Missing data on the outcome variable (first year persistence in students' intended BBS major) and constraints of the hierarchical generalized linear modeling (HGLM) statistical techniques utilized in this study further reduced the sample to 1,745 students at 123 institutions.

#### **Outcome Measure**

Because switching majors is more likely to occur during the first year of college (Tinto, 1993; Upcraft & Gardner, 1989), which is also when URM transition and adjustment is most sensitive to campus racial dynamics (Hurtado et al., 2007), the outcome of interest is whether students persisted in their intended BBS major through the end of their first year. This dichotomous variable was measured from a single item on the YFCY survey, which asked students if they had decided to pursue a different major during the last year. Since this study included only those students who reported on the Freshman Survey that they planned to pursue a BBS major at the beginning of the academic year, an affirmative response to this question indicated that they departed from their intended BBS major.

<sup>&</sup>lt;sup>1</sup>In our study, biomedical and behavioral science majors include: general biology, biochemistry/biophysics, microbiology/bacterial biology, zoology, other biological science, chemistry, medicine/dentistry/veterinary medicine, pharmacy, and psychology.

To ensure that we appropriately categorized students, we conducted several sensitivity analyses. We established more stringent measures of persistence by combining two types of survey items: (a) students' answers to the question about whether they are pursuing a different major; and (b) students' freshman year-end responses regarding their interest in contributing to scientific research or whether they had intended to major in a health, biomedical, or behavioral science field since entering college. For example, a persister under a more stringent measure would be defined as someone who answered that he or she is both pursuing the same major and has high interest in contributing to science research. When it came to differentiating students by persistence, however, the results from our multivariate analyses for those more stringent outcome measures were nearly identical to our parameter estimates found from using only students' response to just changing majors. Thus, we opted to use a single item as the dependent measure to minimize the number of missing cases. Of the 1,745 URM students who had initially planned to pursue a BBS major as entering freshmen, 1,187 of them persisted in that BBS major through the end of their first year. Thus, we identified 558 students as not persisting in their BBS majors. Because within BBS switching, or switching from one BBS major to a different BBS major, is rare (C-IDEA, 2000), the vast majority of students categorized as non-persisters did not switch into another BBS major.<sup>2</sup>

### Main Independent Variables

Per our research interests grounded in the theory of stereotype threat, the key variable for this study is the interaction between students' level of having experienced negative racial interactions and domain identification in a BBS field. To assess the frequency of having experienced negative racial interactions, we used principal axis factoring with promax rotation to create a factor composed of students' responses to five YFCY survey items that queried their racial experiences during their first year of college (see Appendix A). Students were asked to respond to the frequency (5-point scale with 1 = "never" and 5 = "very often") that they had (a) felt insulted or threatened because of race/ethnicity; (b) had tense, somewhat hostile race-related interactions; (c) had guarded/cautious race-related interactions; (d) been singled out because of race/ethnicity, gender, or sexual orientation; and (e) heard faculty express stereotypes about racial/ethnic groups in class. The responses to those items were calculated into a composite score (range, central tendency), and the overall reliability for this composite, as measured by Cronbach's alpha, was 0.72, suggesting adequate reliability (Pedhauzer & Schmelkin, 1991). We considered those students who reported having encountered these five circumstances at a higher frequency as having faced a higher level of negative racial experiences.

Again using principal axis factoring with promax rotation, we constructed a factor to assess students' level of domain identification. Taking account of previous research arguing that a domain identification measure should clearly capture interest in, commitment to, and high performance in a specific field (Osborne, 1995, 1997; Smith & White, 2001), we identified four relevant items from the Freshman Survey (see Appendix A). For these items, students indicated the degree of personal importance (4-point scale ranging from 1 = "not important" to 4 = "essential") of each of the following objectives: (a) obtaining recognition from my colleagues for contributions to my field; (b) becoming an authority in my field; (c) making a theoretical contribution to science; and (d) working to find a cure to a health problem. We calculated a composite score for each student based on their responses. Overall, the

<sup>&</sup>lt;sup>2</sup>In the spring of 2008, we collected registrar's data for a portion of the students in the sample, which included information about students' fourth-year major. When we compared their fourth-year major to their initial intended major reported in the 2004 Freshman Survey, we found that among those students categorized as non-persisters, 83% of them were no longer majoring in BBS fields. This analysis suggests that most of the students in our sample who reported to have switched majors at the end of their freshman year had left BBS fields altogether by the end of their fourth year of study.

Cronbach's alpha for this set of items was 0.71, which meets the recommended reliability threshold in the social sciences of 0.70 (Pedhauzer & Schmelkin, 1991). Based on the literature regarding science identity development that we briefly reviewed earlier, we considered students who rated these four objectives as having greater personal importance to be more identified with their respective BBS domain.

We combined the above two factors to create an interaction term (frequency of negative racial experiences × domain identification) because Steele (1997) argued that certain "situational pressure in the air" magnifies "whether a negative stereotype about one's group becomes relevant to interpreting oneself or one's behavior in an identified-with setting" (p. 617). Consistent with stereotype threat theory, we reasoned that having both high stigmaconsciousness shaped by experiencing frequent negative racial interactions and high domain identification put URM students at greater risk of stereotype threat. To improve interpretation of the results of this interaction term, we categorized students' frequency of having negative racial experiences into three dummy variables of high, medium, and low frequency rather than keeping it as a continuous measure, and then multiplied each of these dummy variables by students' domain identification. The model controls for the interaction of medium and high frequencies of negative racial experiences with domain identification.

## **Key College Experiences**

Given that the effects of stereotype threat can be mitigated (Steele, 1997), we tested three activities/experiences of students in the first year of college (see Appendix A). They included whether students, during their first year of college, took part in health science research and/or joined a pre-professional or departmental club as measures of peer and faculty support. We also considered students' level of comfort with their professors because recognition from faculty is critical for maintaining an identity as a "science person" (Carlone & Johnson, 2007). Additionally, Massey et al. (2003) maintain that URM students who are more self-conscious about what their professors think of them are more vulnerable to stereotype threat. These faculty-related variables included how often professors gave negative feedback to students about their academic work, provided students advice or guidance about their educational program, and offered students emotional support. Additionally, the model controls for the ease with which students adjusted to the academic demands of college, the frequency with which they had positive interactions with students of different racial and ethnic backgrounds, and their overall sense of belonging on campus.

#### **Control Variables**

Lastly, our analyses included a number of control variables (see Appendix A) as per previous studies that examined undergraduate aspirations toward BBS-related degrees and careers (see Chang et al., 2008; Hurtado et al., 2007). They included a set of student demographic characteristics (gender, race, parents' education and income) and level of academic preparation (number of years students studied biology in high school, high school grade point average, SAT composite score). We also included a set of students' pre-college opinions about their academic ability and concerns about financing their college education. Lastly, we included a control for plans to major in psychology because this major is arguably distinct from other BBS majors, in large part, due to its disciplinary roots in both social and life sciences.

In addition to the individual-level variables mentioned previously, we included several institutional variables in the analyses to control for the contextual effects of institutions on students' likelihood to persist in their intended BBS major. These variables included institutional control (public vs. private), size, research expenditures, the percentage of bachelor's degrees that were awarded in BBS fields during the 2004–2005 academic year,

and level of institutional selectivity, as measured by the average SAT scores of students entering in the fall of 2004.

#### **Data Analyses**

We conducted missing values analysis to address issues of missing data. Cases with missing data for the outcome variable and demographic characteristics (e.g., race and gender) were deleted from the sample. For all other variables in the study, we applied the expectation-maximization (EM) algorithm. The EM algorithm more accurately estimates values for cases with missing data compared to other less robust methods, such as mean replacement (McLachlan & Krishnan, 1997). The EM algorithm uses maximum likelihood (ML) estimates to replace missing values when a small proportion of data (less than 11%) for a given variable is missing (McLachlan & Krishnan, 1997). Only students' composite SAT scores surpassed this threshold with 13% missing data. Missing values analysis suggested that missing data occurred at random, and nearly all of the variables included in the analysis had fewer than 5% missing data. All missing data, with the exceptions of the dependent variable and demographic characteristics, were replaced with ML estimates using values of all variables in the analysis.

The data for this study had a clustered, multi-level structure, as students were nested within institutions. Because of the binary outcome variable and the multi-level nature of the data, use of hierarchical generalized linear modeling (HGLM) techniques was warranted (Raudenbush & Bryk, 2002). Single-level techniques, such as generalized linear modeling, also known as standard logistic regression, do not account for the nesting of students within institutions. Ignoring this clustering effect often results in underestimated standard errors, which may lead analysts to make a Type I statistical error by concluding a parameter is significant when, in fact, it is non-significant (Raudenbush & Bryk, 2002). Additionally, HGLM enables analysts to identify the unique effects of institutional characteristics on student-level outcomes.

To use HGLM, the outcome variable must vary across institutions. For this study, institutions must vary in the average likelihood of first year student persistence in a BBS major. Hierarchical linear modeling (HLM) analyses use the intra-class correlation (ICC) to determine the amount of variation in the outcome variable attributed to group-level effects. However, due to the dichotomous nature of our outcome variable representing major persistence, the individual-level variance was heteroscedastic, which made the ICC non-instructive (Raudenbush & Bryk, 2002). Instead, we ran a fully unconditional model to determine the significance of the random variance component at level 2. The significance of the chi-square statistic ( $\chi^2 = 477.79$ , p < 0.001) suggested that the variance of BBS retention across institutions was significantly greater than zero; thus, we proceeded with both within-and between-institutional models in HGLM.

The dichotomous nature of the outcome variable in this study required a Bernoulli sampling model (Raudenbush & Bryk, 2002):

Prob 
$$(Y_{ij}=|\beta_{ij})=\Phi_{ij}, (1)$$

The level-1, or within-institution, model is:

$$\label{eq:loss} \begin{split} & \text{Log}\left[\frac{\Phi_{ij}}{1-\Phi_{ij}}\right] \\ & = & \beta_{0j} + \beta_{1j} \left(\text{BACKGROUND CHARACTERISTICS}\right)_{ij} \\ & + & \beta_{2j} \left(\text{COLLEGE EXPERIENCES}\right)_{ij} \\ & + & \beta_{3j} \left(\text{DOMAIN IDENTIFICATION&NEGATIVE RACIAL EXPERIENCES}\right)_{ij} \\ & + & \beta_{4j} \left(\text{INTERACTION TERM}\right)_{ij} \end{split}$$

where i denotes the student and j denotes the institution.  $B_{1j}$ – $B_{4j}$  represent the individual coefficients corresponding to each variable in the model. For simplicity's sake, we do not present every variable in our model in Equation 2; instead, background characteristics, college experiences, domain identification and negative racial experiences, and the interaction term refer to the blocks of variables previously described. The intercept for Equation 2,  $\beta_{0j}$ , was allowed to vary between institutions, as preliminary analyses suggested that the average likelihood of first year persistence in BBS varied significantly across institutions.

The institution-level model is shown in Equation 3. Equation 3 models the intercept term from Equation 2:

$$B_{0j} = \gamma_{00} + \gamma_{01}$$
 (INSTITUTIONAL CHARACTERISTICS)<sub>i</sub> +  $\gamma_{02}$  (INSTITUTIONAL SELECTIVITY)<sub>i</sub> +  $\mu_i$  (3)

where j denotes the institution. Institutional characteristics and institutional selectivity refer to the blocks of variables previously described and  $\gamma_{01}$  and  $\gamma_{01}$  refer to the coefficients associated with the individual variables within those blocks. Institutional selectivity was rescaled so that a one-unit increase actually represents a 100-point increase in average institutional selectivity. Finally,  $\mu_j$  represents the randomly varying error term in the level-2 model.

Although we present the equations for the level-1 and level-2 models, respectively, it is important to address our strategy in building each of these models. To begin, we estimated a fully unconditional model, or a model without any predictors at level 1 or level 2, to assess the extent to which students' average likelihood of persistence in their intended BBS major varied across institutions. Next, we added blocks of variables to the level-1 model in the following order: demographic characteristics, college experiences, and factors of domain identification and negative racial experiences. We then added all of our level-2 predictors to the model to take into account a number of institutional characteristics. Finally, we added the interaction between negative racial experiences and domain identification to the model. For simplicity purposes, we only report the results of the final two models—the model immediately prior to the interaction term and the final model, which includes the interaction term.

Results are reported as delta-p statistics to improve interpretability of the findings. We used the method described by Petersen (1985) to calculate delta-p statistics from the log-odds coefficients of the HGLM results. For this analysis, delta-p statistics represent the change in a student's probability of persistence in their intended BBS major through their first year of college, relative to not persisting, associated with a one-unit change in an independent variable while holding constant other variables.

#### Limitations

This study was limited in several ways. First, we were limited by the variables and data included in the 2004 Freshman Survey and 2005 YFCY survey. Because the YFCY survey

did not specifically ask students about their current major, we used a proxy measure to determine if students had persisted. Although we conducted sensitivity analyses to assess the reliability of our outcome measure as described earlier, obtaining actual student records would provide a more accurate account of major persistence.

Second, a low response rate poses a problem for representativeness of the data and we used key predictors of response to develop the weights to correct our sample for non-response bias (Dey, 1997). Instead of weighting our longitudinal sample up to an unknown population, our response weights adjusted our longitudinal sample to look more like the students who responded to the Freshman Survey in the fall of 2004. When calculating response rates for this sample, we found that students who were female, had higher high school GPAs, participated in community service in high school, came from higher socioeconomic backgrounds, enrolled in private institutions, and rated themselves higher on academic, math, and writing abilities all had a higher likelihood of responding to the YFCY survey. Although we have adjusted the sample with a normalized response rate, readers should use caution in generalizing these results beyond the analyzed sample.

Third, because HGLM requires variation in the outcome variable within and between groups, we had to delete institutions with fewer than two student respondents. Additionally, we deleted students who had missing data on the outcome variable. These constraints reduced the sample by 37 institutions and 51 students. Fourth, the reliability of the level-1 intercept is admittedly low due to small within-institution samples. This low reliability may limit any generalizations about the average likelihood of BBS persistence across institutions; however, this parameter is not a primary focus of our research. Finally, most studies that employ the theory of stereotype threat use an experimental design. Because we conducted our analyses using survey data, our study design was non-experimental; therefore, we did not manipulate levels of threat and assess stereotype threat directly, nor were we able to implement similar controls that other experimental studies typically include. Instead, we use this theory to help us understand the relationship between two important attributes constructed from pre-existing student data, which we reason represent stereotype threat conditions in different institutional contexts.

### Results

#### **Key Descriptive Statistics**

Of the 1,745 URM students in our sample, 68% of them persisted in their intended BBS majors through the end of their first year in college (see Appendix B for descriptive statistics for all of the variables). Approximately 74% of the sample identified as female, which suggests an overrepresentation of women. More than 50% of the sample identified as African American, 37% of participants identified as Latina/o, and approximately 7% identified as American Indian. On average, students in this sample had a high school GPA ranging from a B+ to an A-. The average student studied high school biology for just over one year. Participants in this study had a high level of academic confidence, as students on average rated themselves at an "above average" level for their academic ability in relation to their peers. Lastly, approximately 24% of the sample intended to major in psychology.

Among the institutional characteristics, 53% of the institutions were privately controlled. Additionally, during the 2004–2005 academic year, 14% of all bachelor's degrees awarded by the institutions in this study were in BBS. Average institutional selectivity in this study was moderate, as the average SAT score of entering students across all 123 institutions was 1106, which is slightly higher than the individual average SAT score of 1075 for this study's URM sample.

#### Hierarchical Generalized Linear Modeling (HGLM) Analyses

Table 1 presents the results from the HGLM analyses. Unlike logistic regression analyses conducted with more traditional software packages, HLM software provides limited statistics to assess the overall strength of our models. For example, we do not have Hosmer-Lemeshow chi-square statistic or classification tables to assess goodness of fit for our level-1 model. However, the model statistics suggest that the institutional predictors alone account for slightly more than 18% of the variation in BBS major persistence rates across institutions. The following discussion highlights the significant findings.

Because of potential multicollinearity issues with other predictor variables once the interaction terms enter the model, we focus on the results of Model 1. As shown in Table 1, one background variable emerged as statistically significant. After controlling for all variables in our study, we found that American Indian students were nearly 11% less likely to persist in their major compared to their African American peers. We found no significant relationship among controls for prior academic preparation, gender, income, or parental education with URM freshmen's likelihood to persist in their initial BBS major after considering all other variables in our final model.

In addition to background characteristics, we controlled for several variables specifically related to students' experiences during the first year of college. Of those variables, three proved to have a statistically significant effect on students' chances of persisting. The results of Model 1 in Table 1 show that URM students who joined a pre-professional or departmental club during their first year of college increased their probability of persisting by 10.98% compared to their peers who did not participate in such activities. Additionally, the results indicate that students who more frequently received negative feedback from faculty about their academic work had a significantly reduced probability of persisting in their intended BBS major. Students who more easily adjusted to the academic demands of college tended to be more likely to persist in their initial BBS major compared to their peers who struggled with this adjustment. A one standard deviation increase in students' level of academic adjustment resulted in a 2.34% increase in students' probability of BBS major persistence.

Turning to the main effects of the two variables that comprise the interaction term shown in Model 1, we found a significant and positive relationship between students' identification with BBS and their likelihood to persist in their intended BBS major. The results show that a one standard deviation increase in students' domain identification resulted in a 2.76% increase in students' probability of persisting in their initial BBS major. We detected no main effect associated with students' frequency of negative racial experiences on persistence.

The results under Model 2, which adds the interaction terms, show that the interaction between high negative racial experiences and domain identification exerted a statistically significant and negative effect on students' likelihood of persisting in their initial BBS majors relative to their peers with a "low" frequency of negative racial experiences. This interaction term served to identify students who were at greatest risk of experiencing stereotype threat, as a high score represented students who had high levels of both measures in our study. A one standard deviation increase in domain identification among URM students who reported a high frequency of negative racial experiences resulted in a 4.04% decrease in those students' probability of BBS major persistence relative to the same change in domain identification for students with a low frequency of negative racial experiences. The interaction term of medium frequency of negative racial experiences with domain identification did not have a statistically significant effect on students' probability of persisting in their initial BBS major.

With respect to institutional characteristics, only institutional selectivity had a significant and negative effect on URM students' likelihood to persist in their major through the end of their first year in college. Specifically, a 100-point increase in the average SAT score of an institution's student body corresponded to a 3.58% reduction in the average probability a student had in persisting in their initial BBS major.

### **Additional Descriptive Analyses**

To understand better the above findings, we conducted additional analyses. Figure 1 illustrates the relationship between the interaction term representing students' vulnerability to stereotype threat and URM students' likelihood to persist in their intended BBS major. On the x-axis is the range of scores for students' domain identification. The y-axis shows the probability of persisting in a student's initial BBS major through the end of the first year. The graph has three lines, each of which corresponds to one of three distinct frequencies of negative racial experiences. The line with triangular markers corresponds to students with low frequency of negative racial experiences; the line with square markers refers to those students who have a moderate level; and the line with diamond-shaped markers refers to those with the highest level.

As shown in Figure 1, students at the lower end of the domain identification spectrum were more tightly clustered in terms of intended BBS major persistence likelihood across the three frequencies of negative racial experiences. This trend is evidenced by the close proximity of all three lines at the far left end of the graph. As students become more domain identified, the frequency of their negative racial experiences exacts a higher toll on URM students' chances of persisting. The line with triangular markers shows that students indicating a low frequency of negative racial experiences have greater probability to persist as the extent to which they are identified with science increases, as depicted by the positive and steeper slope. In contrast, students reporting a high frequency of negative racial experiences appear to have a modest increase in their initial BBS major persistence likelihood as they become more domain identified. The graph also suggests that students who report a high frequency of negative racial experiences tend to benefit significantly less from an increased identification with science compared to their peers who have less frequent negative racial experiences.

## **Discussion**

The main purpose of this study was to address why URM undergraduates are departing from their studies in the biomedical and behavioral science (BBS) majors at significantly higher rates than their White and Asian American counterparts. To that end, this study considered two effects regarding URM students: that negative racial experiences might hinder their rate of undergraduate major persistence whereas domain identification enhances persistence. We drew from stereotype threat theory (Aronson et al., 1999; Steele, 1997) to understand the combined impact of those two attributes on persistence in a BBS major through the end of the first year of college.

We found a widening gap in first year BBS persistence probability between URM freshmen who reported high levels of negative interactions compared to their peers with lower levels of these interactions as students' domain identification increased. Put another way, URM students who reported low frequencies of negative racial experiences derived a stronger benefit from being more highly domain identified than did their peers who frequently experienced negative racial interactions. For us, the most troubling findings concern the URM students who began college having the highest level of domain identification and presumably, were the most motivated and cared most about succeeding in their field of study. We regarded students with high domain identification as those who greatly value

several key research-oriented achievements, including contributing to and becoming an authority in his or her field, making a theoretical contribution to science, and working to find a cure to a health problem. Indeed, we found, as suggested by others (see Carlone & Johnson, 2007), that being highly identified with these BBS-related goals significantly improved the chances of persisting in a BBS major. The positive association between students' domain identification and their persistence in a BBS major was moderated by relatively high frequencies of negative racial experiences. More importantly, students who developed peer networks in the form of pre-professional or departmental clubs and organizations were more likely to persist in their initial BBS major. Both findings underscore the importance of the development of domain identity in the early years of college. The difficulty arises when highly domain-identified students also encounter racial stigma.

According to Aronson et al. (1999), the degree to which a person is exposed to stereotypes about his or her group enhances stigma-consciousness, and those who are more conscious of their group's negative stigma are also more vulnerable to stereotype threat. We reasoned that students who reported higher frequencies of negative racial experiences (i.e., felt insulted or threatened because of race/ethnicity, had tense or somewhat hostile cross-racial interactions, been singled out because of race/ethnicity, and heard faculty express stereotypes about racial/ethnic groups) would be more stigma-conscious. The frequency of negative racial experiences alone had a negative but statistically insignificant independent effect on intended BBS major persistence, which tends to support some of the previous findings (e.g., Nora & Cabrera, 1996), but it did have a moderating effect on students' level of domain identification. Consistent with the theory of stereotype threat, highly domain-identified students who also reported having higher frequencies of negative racial experiences were considerably less likely to remain in their initial BBS majors compared to their similarly domain-identified counterparts who reported having fewer of the same negative racial experiences.

Although our findings suggest that those students who were under certain unique circumstances or pressures that are consistent with stereotype threat were more likely to drop out of their initial BBS major, we do not know if their negative first year racial experiences might also be associated with a broader disidentification with academics in general. Because our domain identification variable measured interest in making broader scholarly contributions rather than specific ones to a given BBS field, those interests may remain intact even after changing majors. That is, by finding a new academic domain where students' prospects are better, according to Steele (1997), interest in making BBS-related contributions may not alter significantly if students are able to preserve their self-esteem as a result of this academic shift. If so, then we should expect those URM students who are highly domain-identified when they began college but experienced high frequency of negative racial interactions and still remained in their initial BBS majors to experience a steeper decline in their domain identification after one year of college. Although not addressed in our study, these issues would be worthwhile for future research, as they point to the potential cost of remaining in a major under heightened stereotype vulnerability.

Theoretically, our overall findings suggest that the theory of stereotype threat can be used, as we did here, to help understand why URM students who stand to achieve academic success, in part because they care about performing well in their field of study, do not persist in that academic domain after their first year of college. However, because our research design did not permit us to artificially manipulate levels of stereotype threat either by describing a test as a measure of intellectual ability or by having respondents indicate their racial group identity before completing a cognitively oriented task, we cannot conclusively attribute the observed negative effects directly to internalized anxiety cued by negative

stereotypes. In other words, it is not entirely clear from the findings that the psychological processes associated with stereotype threat were actually altering students' academic goals over time. Still, our findings support one of Steele's (1997) key claims regarding stereotype threat, namely that it is a situational problem and is not internal to individuals or groups and thus, "affects only a subportion of the stereotyped group, and in the area of schooling, probably affects confident students more than unconfident ones" (p. 617). Subsequently, we too share Steele's deep concern that stereotype threat inflicts the largest educational toll on those in the "vanguard" with the "skills and self-confidence to have identified with the domain" (p. 614), which for this study is an academic domain that has a crisis of underrepresentation of African American, Latina/o, and American Indian students. Because we also controlled for a variety of background characteristics in our analyses, including academic preparation and parents' educational levels, our findings suggest that susceptibility to stereotype threat, as Steele claims, is less a function of personal assessments about academic ability and more likely driven by higher levels of "identification with the domain and the resulting concern [students] have about being stereotyped in it" (p. 614).

Even if this study did not tap into natural variations of stereotype threat in populations, as opposed to individual manipulations in laboratory settings, our findings still point to the damaging effects associated with chronic and cumulative negative racial experiences in the real world. These racial experiences are in all likelihood shaped by social forces similar to those that produce the negative effects associated with stereotype threat. Whether it is stereotype threat or actual experienced racial threat, as Steele contends, the threat is neither isolated nor remote but more endemic and broadly experienced through racialized circumstances shaped by social structures that affect educational prospects. Most troubling is that negative racial circumstances have the most damaging effect on those URM students who most value making future contributions to BBS fields and who attend our nation's most selective institutions. Although some of those URM non-persisters may have switched into another BBS major or back into their initial BBS major later in their undergraduate studies, such patterns are quite rare as previously discussed in the description of our outcome measure. After following up on a portion of our sample, we found that over 80% of those URM students who switched out of their intended BBS major at the end of their first year of study were not majoring in a BBS field at the end of their fourth year of study.

One way to address concerns about our nation's capacity to fulfill our BBS-related interests and the absence of underrepresented racial minorities in the BBS fields is for colleges and universities to pay serious attention to what Aronson (2004) calls the fragility of "human intellectual performance" and how "it can rise and fall depending on the social context" (p. 16). Although minimizing racial and other vulnerabilities in the social climate is certainly complex and involved, our study points to several key areas that can make a difference in retaining the most domain-identified URM students in BBS majors. They include significantly reducing the probability that students will (a) experience racial insults, threats, or hostile interactions, (b) be singled out because of race/ethnicity, and (c) have instructors who express stereotypes about racial/ethnic groups. Having higher frequencies of those experiences, we argue, heightens stigma consciousness and in turn, depresses achievement for students who would otherwise excel in their academic pursuits.

This approach calls for addressing institutional climate issues, particularly where URMs in BBS are few in number, building supportive peer networks, and addressing faculty pedagogy to consider racial/ethnic diversity in the classroom. Many structured programs of undergraduate research provide both supportive faculty mentors and peer networks (Hurtado et al., 2009). Given the potential of negative racialized experiences to exert a harmful impact on URM students' educational prospects, the urgent challenge is to implement strategies that erase debilitating stigmas from educational settings.

# Acknowledgments

This study was made possible by the support of the National Institute of General Medical Sciences, NIH Grant Number 1 RO 1 GMO71968-01. This independent research and the views expressed here do not indicate endorsement by the sponsor.

## **APPENDIX A**

## Description of Variables and Measures

Variables	Scale Range
Dependent Variable	
Persistence in a biomedical or behavioral science major through the first year of college	0 = no,  1 = yes
Independent Variables	
Student Background Characteristics	
Gender: female	0 = no, 1 = yes
Ethnic background: Latina/o, African American, American Indian (African American/Black reference group)	0 = no, 1 = yes
Mother's education	1 = grammar or less, $8 = $ graduate degree
Father's education	1 = grammar or less, $8 = $ graduate degree
High school grade point average	1 = D, 8 = A  or  A +
Years of biology in high school	1 = none, 7 = five or more
Parental income	1 = less than \$10,000, 14 = \$250,000 or more
SAT composite	Continuous, 640–1530
Concern about financing college education	1 = none, 3 = major
Psychology major	0 = no, 1 = yes
Self-rated academic ability	1 = lowest 10% to 5 = highest 10%
College Experiences	
Academic adjustment	A scale of five variables: understanding what professors expect academically, developing effective study skills, adjusting to the academic demands of college, and managing time effectively, measured separately on a three-point scale: 1 = unsuccessful to 3 = completely successful; and current college GPA, 1 = C- or less, 6 = A. Cronbach's alpha = 0.77.
Positive cross-racial interactions	Seven-item factor: socialized with someone of a different race; dined or shared a meal; had a meaningful and honest discussion about race/ethnicity; shared personal feelings and problems; had intellectual discussions outside of class; studied or prepared for class; socialized or partied. All items were measured on a five-point scale: 1 = never; 5 = very often. Cronbach's alpha = 0.90.
Sense of belonging	Three-item factor: I see myself as part of the campus community; I feel that I am a member of this college; I feel I have a sense of belonging to this college. All variables were measured on a four-point scale: 1 = strongly disagree; 4 = strongly agree. Cronbach's alpha = 0.84.
Joined pre-professional/departmental club	0 = no, 1 = yes
Received negative feedback about academic work from professors	1 = not at all; 4 = frequently
Received advice or guidance about educational program from professor	1 = not at all; 4 = frequently
Received emotional support from professor	1 = not at all; 4 = frequently

Variables	Scale Range
Key Factors Based on Stereotype Threat Theory	
Domain identification	A scale of four variables relating to goals: (1) obtaining recognition from colleagues for contributions to my field, (2) becoming an authority in my field, (3) making a theoretical contribution to science, (4) working to find a cure to a health problem, measured separately on a fourpoint scale: 1 = not important, 4 = essential. Cronbach's alpha = 0.71
Negative racial experiences	A scale of five variables: (1) felt insulted or threatened because of race/ethnicity, (2) had tense/hostile interactions related to race, (3) had guarded/cautious interactions related to race, measured separately on a five-point scale: 1 = never, 5 = very often; (4) singled out because of race/ethnicity, gender, or sexual orientation, and (5) heard faculty express stereotypes about racial/ethnic groups in class, measured separately on a 4-point scale: 1 = strongly disagree, 4 = strongly agree. Cronbach's alpha = 0.72.
Interaction Terms	
Interaction between domain identification and high frequency of negative racial experiences	Continuous (domain identification $\times$ high negative racial experiences)
Interaction between domain identification and medium frequency of negative racial experiences	Continuous (domain identification $\times$ medium negative racial experiences)
Institutional Characteristics	
Institutional control	0 = public, 1 = private
Institutional selectivity	Range: 4 to 16 (recoded by dividing original scores by 100)
Total full-time equivalent undergraduate enrollment (log transform)	Range: 6.06 to 10.44
Total research expenditures (log transform)	Range: 0.00 to 20.55
Percentage of bachelor's degrees earned in the biomedical and behavioral sciences during 2004–2005	Range: 4.65 to 62.53

# **APPENDIX B**

# Descriptive Statistics for Variables in the Study

Variable Name	Mean	SD	Min.	Max
Outcome Variable				
Persistence in a biomedical or behavioral science (BBS) major	0.68	0.47	0.00	1.00
Background Characteristics				
Female	0.74	0.41	0.00	1.00
African American/Black	0.55	0.50	0.00	1.00
American Indian	0.07	0.26	0.00	1.00
Latina/o	0.37	0.48	0.00	1.00
Years of high school biology	3.73	1.08	1.00	7.00
High school GPA	6.51	1.37	1.00	8.00
SAT composite	10.75	1.50	6.40	15.30
Father's education	4.73	2.12	1.00	8.00
Mother's education	5.01	2.02	1.00	8.00
Parental income	7.22	3.26	1.00	14.00
Concern about financing college education	2.04	0.66	1.00	3.00

Variable Name	Mean	SD	Min.	Max.
Psychology major	0.24	0.43	0.00	1.00
Self-rated academic ability	4.00	0.68	2.00	5.00
College Experiences				
Academic adjustment	0.00	1.00	-2.50	2.12
Positive cross-racial interactions	0.00	1.00	-2.15	1.87
Sense of belonging on campus	0.00	1.00	-2.07	2.11
Joined pre-professional/departmental club	0.25	0.43	0.00	1.00
Received negative feedback about academic work from professor	2.05	0.73	1.00	4.00
Received advice about educational program from a professor	2.24	0.92	1.00	4.00
Received emotional support from a professor	1.91	0.93	1.00	4.00
Key Factors Based on Stereotype Threat Theory				
Domain identification	0.00	1.00	-2.01	1.68
Negative racial experiences	0.00	1.00	-1.30	4.38
Interaction Terms				
Domain identification $\times$ high frequency of negative racial experiences	0.00	0.50	-2.01	1.68
Domain identification $\times$ medium frequency of negative racial experiences	-0.03	0.55	-2.01	1.68
Institutional Characteristics				
Private	0.53	0.50	0.00	1.00
Research expenditures (log)	13.22	6.78	0.00	20.55
Percentage of bachelor's degrees awarded in BBS majors	14.09	7.54	4.65	62.53
Undergraduate FTE (log)	8.49	1.01	6.06	10.44
Institutional selectivity	11.06	1.42	7.80	14.25

Source. Data are from the Cooperative Institutional Research Program 2004 Freshman Survey, 2005 Your First College Year survey, and 2004–2005 Integrated Postsecondary Education Data System.

#### References

American Association for the Advancement of Science. [Retrieved October 2005] In pursuit of a diverse science, technology, engineering, and mathematics workforce: Recommended research priorities to enhance participation by underrepresented minorities. 2001. from http://ehrweb.aaas.org/mge/Reports/Report1/AGEP/AGEP\_report.pdf.

Anaya G, Cole DG. Latina/o student achievement: Exploring the influence of student-faculty interactions on college grades. Journal of College Student Development. 2001; 42(1):3–14.

Arbona C, Novy DM. Noncognitive dimensions as predictors of college success among Black, Mexican-American, and White students. Journal of College Student Development. 1990; 31(5): 415–422.

Aronson J. The threat of stereotype. Educational Leadership. 2004; 62(3):14-19.

Aronson J, Fried CB, Good C. Reducing the effects of stereotype threat on African American college students by shaping theories of intelligence. Journal of Experimental Social Psychology. 2002; 38(2):113–125.

Aronson J, Lustina MJ, Good C, Keough K, Steele CM, Brown J. When White men can't do math: Necessary and sufficient factors in stereotype threat. Journal of Experimental Social Psychology. 1999; 35(1):29–46.

Aronson, J.; Salinas, MF. Stereotype threat, attributional ambiguity, and Latino underperformance. Austin: University of Texas; 1997. Unpublished manuscript

Astin, AW. What matters in college?: Four critical years revisited. San Francisco: Jossey-Bass; 1993.

Braxton, JM. Reworking the student departure puzzle. Nashville, TN: Vanderbilt University Press; 2000.

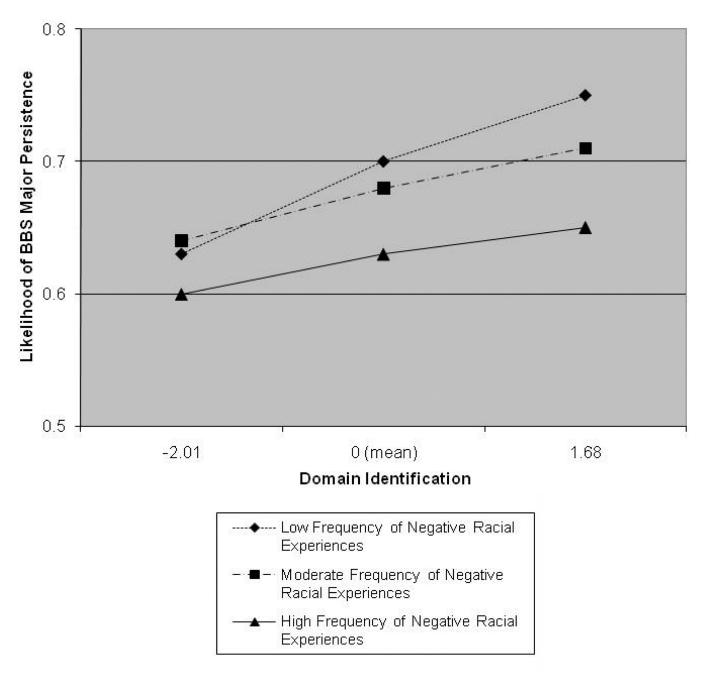
- Cabrera AF, Nora A, Terenzini PT, Pascarella E, Hagedorn LS. Campus racial climate and the adjustment of students to college. The Journal of Higher Education. 1999; 70:134–160.
- Carlone HB, Johnson A. Understanding the science experiences of successful women of color: Science identity as an analytic lens. Journal of Research in Science Teaching. 2007; 44(8):1187–1218.
- Center for Institutional Data Exchange and Analysis. 1999–2000 SMET retention report. Norman: University of Oklahoma; 2000.
- Chang MJ, Cerna O, Han J, Sáenz V. The contradictory roles of institutional status in retaining underrepresented minorities in biomedical and behavioral science majors. The Review of Higher Education. 2008; 31(4):433–464.
- Cole D, Espinoza A. Examining the academic success of Latino students in science, technology, engineering, and mathematics (STEM) majors. Journal of College Student Development. 2008; 49(4):285–300.
- Dey EL. Working with low survey response rates: The efficacy of weighting adjustments. Research in Higher Education. 1997; 38(2):215–227.
- Epstein, D. [Retrieved July 26, 2006] So that's why they're leaving [Electronic Version]. Inside Higher Education. 2006. from www.insidehighered.com/news/2006/07/26/scipipeline
- Fleming, J. Blacks in college: A comparative study of students' success in Black and White institutions. San Francisco: Jossey-Bass; 1984.
- Gándara, P.; Maxwell-Jolly, J. Priming the pump: Strategies for increasing the achievement of underrepresented minority undergraduates. New York: The College Board; 1999.
- Gonzales PM, Blanton H, Williams KJ. The effects of stereotype threat and double-minority status on the test performance of Latino women. Personality and Social Psychology Bulletin. 2002; 28(5): 659–670.
- Hausmann LRM, Schofield JW, Woods RL. Sense of belonging as a predictor of intentions to persist among African American and White first year college students. Research in Higher Education. 2007; 48(7):803–839.
- Hendricks AD, Smith K, Caplow JH, Donaldson JF. A grounded theory approach to determining the factors related to the persistence of minority students in professional programs. Innovative Higher Education. 1996; 21(2):113–126.
- Hurtado S, Cabrera NL, Lin MH, Arellano L, Espinosa LL. Diversifying science: Underrepresented student experiences in structured research programs. Research in Higher Education. 2009; 50(2): 189–214
- Hurtado S, Carter DF. Effects of college transition and perceptions of the campus racial climate on Latino college students' sense of belonging. Sociology of Education. 1997; 70(4):324–345.
- Hurtado S, Carter DF, Spuler A. Latino student transition to college: Assessing difficulties and factors in successful college adjustment. Research in Higher Education. 1996; 37(2):135–157.
- Hurtado S, Han JC, Sáenz VB, Espinosa LL, Cabrera NL, Cerna OS. Predicting transition and adjustment to college: Biomedical and behavioral science aspirants' and minority students' first year of college. Research in Higher Education. 2007; 48(7):841–887.
- Kardash CM. Evaluation of an undergraduate research experience: Perceptions of undergraduate interns and their faculty mentors. Journal of Educational Psychology. 2000; 92(1):191–201.
- Keup, JR.; Stolzenberg, EB. Your first college year survey: Exploring the academic and personal experiences of first-year students. Columbia: University of South Carolina, National Resource Center for the First Year Experience and Students in Transition; 2004.
- Kinkead J. Learning through inquiry: An overview of undergraduate research. New Directions for Teaching and Learning. 2003; 93:5–17.
- Locks AM, Hurtado S, Bowman NA, Oseguera L. Extending notions of campus climate and diversity to students' transition to college. Review of Higher Education. 2008; 31(3):257–285.
- Loo CM, Rolison G. Alienation of ethnic minority students at a predominantly White university. The Journal of Higher Education. 1986; 57:58–77.

Lopatto D. The essential features of undergraduate research. Council on Undergraduate Research Quarterly. 2003; 23:139–142.

- Mabrouk, PA.; Peters, K. Student perspectives on undergraduate research (UR) experiences in chemistry and biology; Conferences on Chemistry; 2000. from http://www.chem.vt.edu/confchem/2000/a/mabrouk/mabrouk.htm
- Massey, DS.; Charles, CZ.; Lundy, GF.; Fischer, MJ. The source of the river: The social origins of freshmen at America's selective colleges and universities. Princeton, NJ: Princeton University Press: 2003.
- Massey DS, Fischer MJ. Stereotype threat and academic performance: New findings from a racially diverse sample of college freshmen. Du Bois Review: Social Science Research on Race. 2005; 2(1):45–67.
- McKay PF, Doverspike D, Bowen-Hilton D, Martin QD. Stereotype threat: Effects on the raven advanced progressive matrices scores of African Americans. Journal of Applied Social Psychology. 2002; 32(4):767–787.
- McLachlan, GJ.; Krishnan, T. The EM algorithm and extensions. New York: Wiley; 1997.
- Muñoz, DG. Identifying areas of stress for Chicano undergraduates. In: Olivas, MA., editor. Latino College Students. New York: Teachers College Press; 1987. p. 131-156.
- Museus SD, Nichols AH, Lambert AD. Racial differences in the effects of campus racial climate on degree completion: A structural equation model. Review of Higher Education. 2008; 32(1):107–134.
- Nelson, DJ. Nelson diversity surveys. 2004. from http://cheminfo.chem.ou.edu/~djn/diversity/top50.html
- Nettles MT, Thoeny AR, Gosman EJ. Comparative and predictive analyses of Black and White students' college achievement and experiences. The Journal of Higher Education. 1986; 57:289–328
- Nora, A.; Barlow, E.; Crisp, G. Student persistence and degree attainment beyond the first year in college: The need for research. In: Seidman, A., editor. College student retention: Formula for student success. Westport, CT: Praeger Publications; 2005. p. 129-153.
- Nora A, Cabrera AF. The role of perceptions of prejudice and discrimination on the adjustment of minority students to college. The Journal of Higher Education. 1996; 67:119–148.
- Osborne JW. Academics, self-esteem, and race: A look at the underlying assumptions of the disidentification hypothesis. Personality and Social Psychology Bulletin. 1995; 21(3):449–455.
- Osborne JW. Race and academic disidentification. Journal of Educational Psychology. 1997; 89(4): 728–735.
- Osborne JW. Testing stereotype threat: Does anxiety explain race and sex differences in achievement? Contemporary Educational Psychology. 2001; 26(3):291–310. [PubMed: 11414722]
- Pedhauzer, EJ.; Schmelkin, LP. Measurement, design, and analysis: An integrated approach. Hillsdale, NJ: Lawrence Erlbaum Associates, Inc.; 1991.
- Petersen T. A comment on presenting results from logit and probit models. American Sociological Review. 1985; 50(1):130–131.
- Raudenbush, SW.; Bryk, AS. Hierarchical linear models: Applications and data analysis methods. 2nd ed.. Thousand Oaks, CA: Sage Publishing; 2002.
- Rosenthal HES, Crisp RJ. Reducing stereotype threat by blurring intergroup boundaries. Personality and Social Psychology Bulletin. 2006; 32(4):501–511. [PubMed: 16513802]
- Russell ML, Atwater MM. Traveling the road to success: A discourse on persistence throughout the science pipeline with African American students at a predominantly White institution. Journal of Research in Science Teaching. 2005; 42(6):691–715.
- Sabatini DA. Teaching and research synergism: The undergraduate research experience. Journal of Professional Issues in Engineering Education and Practice. 1997; 123(3):98–102.
- Sax, LJ.; Hurtado, S.; Lindholm, J.; Astin, AW.; Korn, W.; Mahoney, K. The American freshman: National norms for fall 2004. Los Angeles: Higher Education Research Institute; 2004.
- Schmader T, Johns M. Converging evidence that stereotype threat reduces working memory capacity. Journal of Personality and Social Psychology. 2003; 85(3):440–452. [PubMed: 14498781]

Sedalcek, WE. Beyond the big test: Noncognitive assessment in higher education. San Francisco: Jossey-Bass; 2004.

- Seymour E. The problem iceberg in science, mathematics, and engineering education: Student explanations for high attrition rates. Journal of College Science Teaching. 1992; 21(4):230–238.
- Smedley BD, Myers HF, Harrell SP. Minority-status stresses and the college adjustment of ethnic minority freshmen. The Journal of Higher Education. 1993; 64:434–452.
- Smith JL, White PH. Development of the domain identification measure: A tool for investigating stereotype threat effects. Educational and Psychological Measurement. 2001; 61(6):1040–1057.
- Steele CM. Race and the schooling of Black Americans. The Atlantic Monthly. 1992; 269(4):68-78.
- Steele CM. A threat in the air: How stereotypes shape intellectual identity and performance. American Psychologist. 1997; 52(6):613–629. [PubMed: 9174398]
- Steele CM, Aronson J. Stereotype threat and the intellectual test performance of African Americans. Journal of Personality and Social Psychology. 1995; 69(5):797–811. [PubMed: 7473032]
- Suen HK. Alienation and attrition of Black college students on a predominantly White campus. Journal of College Student Personnel. 1983; 24(2):117–121.
- Sullivan Commission. [Retrieved March 2006] Missing persons: Minorities in the health professions. 2004. from http://www.sullivancommission.org
- Tinto, V. Leaving college: Rethinking the causes and cures of student attrition. Chicago: University of Chicago Press; 1993.
- Torres JB, Solberg VS. Role of self-efficacy, stress, social integration, and family support in Latino college student persistence and health. Journal of Vocational Behavior. 2001; 59(1):53–63.
- Tracey TJ, Sedlacek WE. Noncognitive variables in predicting academic success by race. Measurement and Evaluation in Guidance. 1984; 16(4):171–178.
- Upcraft, ML.; Gardner, JN. The freshman year experience. Helping students survive and succeed in college. San Francisco: Jossey-Bass; 1989.



Interaction effect of domain identification and negative racial experiences on students' likelihood of persisting in a biomedical or behavioral science (BBS) major at the end of their first year.

TABLE 1

\$watermark-text

\$watermark-text

\$watermark-text

Hierarchical Generalized Linear Modeling (HGLM) Results for First Year URM Persistence in a Biomedical or Behavioral Science (BBS) Major

		Model 1	1		Model 2	
	Log Odds	SE	Delta-P	Log Odds	SE	Delta-P
Background Characteristics						
Female (male reference group)	-0.18	0.16		-0.19	0.17	
American Indian/Alaska Native	-0.47	0.23	-10.95%	-0.46	0.23	-10.71%
Latina/o	0.01	0.17		0.02	0.18	
(Black reference group)						
Years studied high school biological science	0.01	90.0		0.01	90.0	
High school GPA	-0.03	0.05		-0.03	0.05	
SAT composite	0.01	0.01		0.01	0.01	
Father's education	0.05	0.04		90.0	0.04	
Mother's education	-0.03	0.03		-0.03	0.03	
Parental income	-0.01	0.02		-0.01	0.02	
Psychology major	0.18	0.13		0.18	0.13	3.78%*
Academic ability self-rating	0.07	0.10		0.07	0.10	
College Experiences						
Academic adjustment	0.11	0.03	2.34% ***	0.11	0.03	2.34% ***
Positive cross-racial interactions	0.04	0.06		0.05	90.0	
Sense of belonging	90.0	0.11		0.07	0.11	
Joined pre-professional/ departmental club	0.57	0.17	10.98% ***	0.57	0.17	10.98% ***
Received negative feedback about academic work from professors	-0.18	0.08	-4.04%	-0.18	0.08	-4.04%
Received advice about educational program from professor	90.0	0.07		-0.07	0.07	-1.54% *
Received emotional support from professor	-0.13	0.08		-0.13	0.08	
Main Effects						
Domain identification	0.13	90.0	2.76%*	0.36	0.14	7.28% *
Negative racial experiences	-0.05	0.07		-0.04	0.07	
Interaction Terms						
Domain identification $\times$ high frequency of negative racial experiences				-0.18	0.07	-4.04% *

1	
监	
_	
HILL	
r.	
$\mathbf{r}$	
$\mathbf{I}$	
Ξ	
Ξ	
Ξ	
Ξ	
Ξ	
Ξ	
Ξ	1
rext	40114
Ξ	40114
Ξ	1
Ξ	1
Ξ	1
Ξ	1
Ξ	1
Ξ	1
Ξ	1
Ξ	40114
Ξ	4014
Ξ	4014

\$watermark-text

		Model 1	_		Model 2	2
	Log Odds	SE	SE Delta-P	Log Odds	SE	SE Delta-P
Domain identification $\times$ medium frequency of negative racial experiences				-0.26	0.16	
Institutional Characteristics						
Institutional control: private	0.14	0.20		0.15	0.20	
Research expenditures	-0.01	0.01		-0.01	0.01	
% BB S	0.01	0.01		0.01	0.01	
Undergraduate FTE	-0.01	0.10		0.02	0.11	
Level of institutional selectivity (4-16)	-0.16	0.07	-3.58%*	-0.17	0.07	-3.81%
Model Statistics						
Chi-square	162.67			162.64		
Intercept reliability	0.20			0.21		
Explained variance at level 2	15.70%			18.38%		
Baseline probability of persistence	0.68			88.00%		

Source. Weighted data of 1,745 student-level cases and 123 institution-level cases from the Cooperative Institutional Research Program 2004 Freshman Survey, 2005 Your First College Year survey, and 2004–2005 Integrated Postsecondary Education Data System.

Note:

 $^{***}_{p < 0.001}$ , p < 0.01,

p < 0.05