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RESEARCH The reliability and reproducibility of cephalometric measurements: a comparison of conventional and digital methods

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Objective: The aim of this study was to assess the reliability and reproducibility of angular and linear measurements of conventional and digital cephalometric methods.

Methods: A total of 13 landmarks and 16 skeletal and dental parameters were defined and measured on pre-treatment cephalometric radiographs of 30 patients. The conventional and digital tracings and measurements were performed twice by the same examiner with a 6 week interval between measurements. The reliability within the method was determined using Pearson's correlation coefficient (r^2) . The reproducibility between methods was calculated by paired *t*-test. The level of statistical significance was set at $p < 0.05$.

Results: All measurements for each method were above 0.90 r^2 (strong correlation) except maxillary length, which had a correlation of 0.82 for conventional tracing. Significant differences between the two methods were observed in most angular and linear measurements except for ANB angle ($p = 0.5$), angle of convexity ($p = 0.09$), anterior cranial base $(p = 0.3)$ and the lower anterior facial height $(p = 0.6)$.

Conclusion: In general, both methods of conventional and digital cephalometric analysis are highly reliable. Although the reproducibility of the two methods showed some statistically significant differences, most differences were not clinically significant.

Dentomaxillofacial Radiology (2012) 41, 11–17. doi: 10.1259/dmfr/37010910

Keywords: cephalometry; radiography; reproducibility of results

Introduction

Cephalometric radiography is an essential tool in the diagnosis and treatment of dental malocclusions and underlying skeletal discrepancies. The use of serial cephalometric radiographs makes it possible to study and predict growth, orthodontic treatment progress and surgical outcome of dentofacial deformity treatment. $1-3$

Conventional cephalometric analysis is performed by tracing radiographic landmarks on acetate overlays and measuring linear and angular values. Despite its widespread use in orthodontics, the technique is timeconsuming and has the disadvantage of being subject to random and systematic error. The main sources of errors include technical measurements, radiographic

acquisition and identifying landmarks. Most errors occur in landmark identification and are influenced by clinician experience, landmark definition, image density and sharpness.4–6 The reduction of a three-dimensional (3D) structure to a two-dimensional (2D) image adds to the difficulty.7

With the rapid evolution of computer radiography, digital tracing has slowly replaced the manual tracing methods. Three techniques are commonly reported:⁸ the first uses digitizer pads for tracing conventional cephalometric films and software programs to compute the measurements; the second uses scanners or digital cameras to export cephalometric images to measurement programs; and the third transmits digital radiographs directly to a computer database. The use of both digital radiography and conversion of manual film to a digital format offers several advantages—it is easy to use, allows several analyses to be performed at a time, promises convenience when generating treatment predictions,⁹ takes up less storage space,¹⁰ allows

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Received 21 July 2010; revised 20 October 2010; accepted 23 October 2010

superimposition of images, 11 provides the option to manipulate the size and contrast of the image and provides the ability to archive and improve access to images to overcome the problem of film deterioration, which has been a major source of information loss in craniofacial biology.^{7,12,13} Moreover, patients benefit from reduced radiation dose and elimination of chemicals and associated environmental hazards if a direct digital cephalograph is used for image capture. However, several drawbacks are also present, such as difficulty in landmark identification related to the 2D representation of a 3D structure, superimposition of bilateral structures and the need for a digital cephalometric radiographic machine as well as a software program. Furthermore, the quality of digital images is affected by their resolution, pixel size, shades of grey (bit) and compression format.⁷

Many offices worldwide have not yet switched to the use of direct digital cephalographs; therefore, the digitization process of conventional films is the only option if the benefits of digital cephalometric analysis are to be anticipated. Various studies have been conducted to compare the accuracy of digitized, scanned and digitally obtained radiographs with conventional methods.^{7,9,13–23} Few of them have compared angular and linear measurements, mostly because the analysis of the reproducibility of lines and angles is more challenging in relation to multiple sources of error than landmarks studies.9,14,24 However, results of comparisons of digitizing methods with conventional radiographs are contradictory (Table 1), probably because of the variety in the methods of obtaining digital images and the use of different cephalometric softwares. The literature would benefit from more data with direct clinical applications and an answer to whether a digital cephalometric analysis provides a diagnostic product equivalent to the conventional one. Therefore, the aim of this study was to assess the differences of angular and linear measurements of conventional and digital (using scanned conventional radiographs) cephalometric methods in terms of reliability of repeated measurements within each method (intraexaminer error) and reproducibility of measurements between the two methods.

Materials and methods

The study was conducted on pre-treatment cephalometric radiographs of 30 patients collected from the archives of the outpatient clinic of the orthodontics department, Al-Azhar University, Cairo, Egypt. No differentiation was made for age or gender. The study was approved by the ethical committee of the Faculty of Dental Medicine, Al-Azhar University, Cairo, Egypt. Only good-quality radiographs without any artefacts were selected. The same machine was used to obtain all the radiographs, and cases were excluded if:

- 1. The cephalogram showed gross asymmetry or that the patient was not properly positioned as shown by ear rod markers;
- 2. The landmarks on the cephalograms could not be identified because of motion, resolution or lack of contrast;
- 3. The cephalogram showed craniofacial deformity or excess soft tissues that could interfere with locating the anatomical points;
- 4. Bilateral anatomical structures did not show good superimposition about the mid-sagittal plane.

All participants were positioned in the cephalostat with the sagittal plane at a right angle to the path of the X-rays, the Frankfort plane parallel to the floor, the teeth in centric occlusion and the lips sealed lightly together. The conventional and digital tracings as well as all the measurements were performed by the third investigator who was an experienced orthodontist with many years of cephalometric experience. Manual tracing was performed on fine-grain 0.003 inch transparent acetate papers using a 0.3 mm lead pencil. The tracing process was performed in a dark room using a screen viewing box. The selected landmarks were traced with bilateral structures averaged to make a single structure or landmark. All measurements were carried out manually and entered into an Excel spreadsheet (Microsoft, Seattle, WA) for statistical evaluation.

The radiographs were then scanned with the Dolphin ruler (Dolphin Imaging, Chatsworth, CA) into JPEG digital format using a scanner (Epson Perfection V700 Photo, Long Beach, CA) at 300 dpi resolution and an 8 bit greyscale. The digital tracing was done using Dolphin Imaging Software Version 11 (Dolphin Imaging). Once captured using the software, calibration of the actual size of each image in millimetres was based on the measurement of the known distance (100 mm) between the two fixed points of the Dolphin ruler on the screen. This calibration standardized all images. Landmark identification was carried out manually on digital images using a mouse-driven cursor and then stored in the Dolphin Imaging archive. A total of 13 landmarks were defined on each cephalogram (Figure 1) and 16 selected skeletal and dental parameters were measured (Table 2 and Figure 2).

All 30 radiographs were retraced manually and digitally at a 6 week interval for investigating the reliability (intraexaminer error) and the reproducibility for the manual and digital methods. The same scanned images were analysed on both occasions to avoid introducing additional errors in scanning and orientation on the Frankfort horizontal.

Statistical analysis

Data were analysed with the Statistical Package for Social Sciences (SPSS Inc., Chicago, IL), version 16. The mean, standard deviation (SD) and standard error (SE) of

Authors	Year	Aim	Sample size	Methods	Digital tracing software	Results $(+/-)$
Oliver ²¹	1991	M	5	Manual tracing method vs digitized conventional image ^{a} and digitalized video image ^b	CC ISI	$^{+}$
Macri and Wenzel ²⁵	1993	L	20	Digitized conventional image ^a vs digitalized video image b	Computerized cephalometric program	$^{+}$
Nimkarn and Miles ²⁶	1995	M	40	Manual tracing method vs digitalized video image b	Quick Ceph (Quick Ceph System, Inc., San Diego, CA)	$^{+}$
Lim and $F\text{oong}^{29}$	1997	L	20	Manual tracing method vs storage phosphor image ^{c}		$^{+}$
Geelen et al 17	1998	\mathbf{L}	19	Manual tracing method vs storage phosphor image ^c (Sandwich technique)	Computerized cephalometric program	$+$
Chen et $al15$	2000	L	10	Manual tracing method vs scanned digital image ^{d}	Customized software program	$^{+}$
Turner and Weerakone ²⁸	2001	L	25	Digitized conventional image ^{a} vs scanned digital image ^{d}	Customized software program	$^{+}$
Ongkosuwito et al ⁹	2002	M	20	Manual tracing method vs scanned digital image ^{d}	$AOCeph^{TM}$ (American Orthodontics, Sheboygan, WI)	$^{+}$
Gregston et al ¹⁹	2004	M	10	Manual tracing method vs scanned digital image ^{d} and storage phosphor image (Sandwich technique)	Dolphin (Dolphin Imaging, Chatsworth, CA) and Vistadent [™] (GAC TechnoCenter, Bohemia, NY)	$^{+}$
Gossett et al ¹⁸	2005	M	31	Manual tracing method vs scanned digital imaged	Dolphin	$^{+}$
Power et al^{24}	2005	M	60	Manual tracing method vs scanned digital imaged	Dolphin	$^{+}$
Santoro et al ⁷	2006	M	50	Manual tracing method vs storage phosphor image ^c (Sandwich technique)	Dolphin	$^{+}$
Bruntz et al ¹⁴	2006	M	30	Manual tracing method vs scanned digital image ^{d}	Dolphin	$^{+}$
Savisu et $al13$	2007	M	30	Manual tracing method vs scanned digital image ^{d}	Dolphin	
Celik et $al23$	2009	M	125	Manual tracing method vs digitized conventional image ^{<i>a</i>} and direct digital image c	JOE (Rocky Mountain Orthodontics, Denver, Co) Vistadent	$^{+}$
Polat-Ozsoy et al ⁸	2009	M	30	Manual tracing method vs direct digital image c	Vistadent	$^{+}$
Naoumova and Lindman ²⁰	2009	$L + M$	30	Manual tracing method vs scanned digital image ^{d}	FACAD (Ilexis AB, Linköping, Sweden)	$+$
Uysal et $al22$	2009	M	100	Manual tracing method vs scanned digital image ^{d}	Dolphin	$^{+}$

Table 1 The published reports on different computerized methods

L, evaluate the landmarks location; M, evaluate the measurements

^a Digitizing of conventional radiograph (direct image or tracing paper) using digitizer pad

^b Export image using digital camera and projected on screen

^c Transmitting digital radiographs to computer database and projected on screen directly

^d Scanned a conventional radiograph into digital software program and projected on screen

+ Statistically significant difference in one or more variables

- No statistically significant differences

the difference between the repeated measurements for each method and between the two methods were calculated. The reliability was determined using Pearson's correlation coefficient (r^2) . These levels were used to determine the strength of the correlation: $r^2 > 0.8$ = strong; $0.5 \le r^2 \le 0.8$ = moderate; $r^2 < 0.5$ = weak. The reproducibility was calculated by paired measurement comparisons with t -test. The level of statistical significance was set at $p < 0.05$.

Results

The reliability of repeated measurements by a single investigator (intraexaminer error) for the two methods was investigated. The mean differences, SD and $r²$ for each of the 16 measurements of conventional and digital methods are shown in Table 3. The highest magnitude of the difference between the first and second tracings was 1.3 mm and 0.7° for conventional tracings and 1.7 mm and 0.6° for the digital method. Variability of the differences was reflected in the correlation coefficients. In general, the correlation coefficients of all measurements for the 2 methods were above 0.90 (strong correlation), except maxillary length, which had a correlation of 0.82 for conventional tracing. Overall, as indicated by the correlation coefficients, reliability was good and intraexaminer error was small.

The comparison between the measurements of the conventional and digital methods is shown in Table 4. Significant differences between the two methods were observed in most of the angular and linear measurements,

Figure 1 Cephalometric landmarks used in the study, 1, Sella (S); 2, Nasion (N); 3, Anterior nasal spine (ANS); 4, Posterior nasal spine (PNS); 5, Point-A (subnasal); 6, Incisor superius (Is); 7, Incisor inferius (Ii); 8, Point-B (supramental); 9, Pogonion (Pg); 10, Gnathion (Gn); 11, Menton (Me); 12, Gonion (Go); 13, Condylion (Co)

except for the angular measurements of the ANB angle $(p = 0.5)$ and the angle of convexity $(p = 0.09)$, and the linear measurements of the anterior cranial base

Table 2 Cephalometric skeletal and dental measurements

Discussion

The accuracy of cephalometric analysis is essential so that the clinician can assess the results and provide the patient with various treatment options and outcomes. Until recently, conventional tracings were considered the best method for accurate cephalometric analysis. Nowadays, the widespread use of computerized software programs has highlighted the need to evaluate their consistency and compare them with conventional tracing methods. The present study compared the digital and conventional tracing methods in terms of the reliability (agreement between two measurements of the same object) as well as reproducibility (agreement between two measurements of two methods).²⁴ Landmark identification, which is considered the major source of error, is greatly affected by operator experience. Because the interexaminer error in general is greater than intraexaminer error, 13 in this study all the landmark identification, tracing and measuring were carried out by one examiner to minimize error.

According to Santoro et al, $⁷$ any investigation aiming</sup> to demonstrate the consistency of digital cephalometrics should focus on several significant factors, such as the use of measurements instead of landmarks as well as the sources of error. In our study, the use of measurements was preferred to landmark identification

N, nasion; PNS, posterior nasal spine; PP, palatal plane; S, Sella

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Figure 2 Cephalometric measurements used in the study: (a) Skeletal angular measurements: 1, SNA; 2, SNB; 3, ANB; 4, angle of convexity; 5, SN–mandibular plane (MP); 6, SN–palatal plane (PP); 7, PP–MP; 8, gonial angle. (b) Dental angular measurements: 1, 1–SN; 2, 1–MP. (c) Skeletal linear measurements: 1, nasion–sella; 2, condylion (Co)–anterior nasal spine (ANS); 3, ANS–posterior nasal spine; 4, Co–gnathion (Gn); 5, gonion–Gn; 6, ANS–menton

because the measurements are the end product of the cephalometric tracing process and provide data for treatment planning, and also because the differences in landmark location used in combination to generate measurements might cancel each other out or increase the magnitude of the discrepancy.^{7,9} Regarding the source of error, landmark identification on digital images was carried out manually using a mouse-driven cursor and the measurements were determined automatically by the software. If the films are scanned and transferred to digital format as in this study, the quality of the original film is one of the most important criterion in the validity of the result.^{13,25} Ongkosuwito

et al⁹ stated that digital pictures that originate from poor-quality analogue cephalometric radiographs often appear even poorer on screen and consequently influence landmark identification. However, the results of our study on reliability of conventional measurements were similar to those obtained in other studies and confirm the acceptable quality of the films used.15,17 Errors with the digital technique can also result from using digital radiographs with unknown formats and unknown grey shades.^{21,25,26} In the present study, radiographs were scanned in standard resolution (300 dpi) with an 8-bit greyscale. Image quality of a cephalogram scanned in standard resolution is

Table 3 Mean differences, standard deviation and correlation coefficient (intraexaminer error) for repeated measurements of conventional and digital tracing

	Conventional tracing		Digital tracing		
Measurements	Difference $(mean \pm SD)$	Correlation coefficient*	Difference $(mean \pm SD)$	Correlation coefficient*	
Angular $(°)$					
SNA	$-0.03 + 0.7$	0.98	0.6 ± 1.6	0.93	
SNB	$-0.4 + 1.2$	0.94	$0.1 + 0.9$	0.97	
ANDB	$0.4 + 1.4$	0.92	$0.5 + 1.3$	0.91	
Angle of convexity	$-0.04 + 0.7$	0.99	$-0.0007 + 1.1$	0.99	
$SN-MP$	$-0.2 + 0.8$	0.99	$0.07 + 0.5$	0.99	
SN-PP	$0.7 + 0.9$	0.98	-0.6 ± 1.3	0.96	
PP-MP	$-0.3 + 0.8$	0.99	0.01 ± 0.4	0.99	
Gonial angle	$-0.1 + 0.7$	0.99	$0.007 + 0.4$	0.99	
$1/-SN$	$-0.2 + 0.9$	0.99	$-0.1 + 0.9$	0.99	
$/1-MP$	$0.4 + 1.3$	0.99	-0.2 ± 0.8	0.99	
Linear (mm)					
Anterior cranial base (N-S)	0.3 ± 0.9	0.97	$-0.1 + 0.7$	0.98	
Mandibular length (Go-Gn)	-1.3 ± 1.6	0.94	$1.7 + 1.9$	0.94	
Maxillary length (ANS-PNS)	$0.6 + 2.5$	0.82	$-1 + 2.1$	0.91	
$Co-ANS$	$1.3 + 1.5$	0.96	$-0.8 + 1.3$	0.96	
$Co-Gn$	$0.6 + 1.2$	0.98	-0.7 ± 1.0	0.99	
LAFH (ANS-Me)	0.1 ± 0.7	0.99	-0.4 ± 1.3	0.98	

ANS, anterior nasal spine; Co, condylion; Gn, gnathion; Go, gonion; LAFH, lower anterior facial height; Me, menton; MP, mandibular plane; N, nasion; PNS, posterior nasal spine; PP, palatal plane; S, sella; SD, standard deviation

* Pearson's correlation coefficient (r^2) : $r^2 > 0.8$ = strong; $0.5 \le r^2 \le 0.80$ = moderate; $r^2 < 0.5$ = weak

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Measurements	Conventional tracing	Digital tracing	Difference			P-value
	$(mean \pm SD)$	$(mean \pm SD)$	Mean	SD	SE	
Angular $(°)$						
SNA	$78.3 + 3.3$	79.3 ± 3.6	-1.0	1.4	0.3	$0.0001***$
SNB	76.2 ± 3.6	$77.4 + 3.6$	-1.2	1.2	0.2	$0.0001***$
ANB	$2.1 + 3.4$	$1.9 + 3.2$	0.2	1.4	0.2	0.5
Angle of convexity	$4.1 + 6.0$	4.5 ± 6.3	-0.4	1.3	0.2	0.09
SN-MP	$41.8 + 6.5$	42.4 \pm 6.3	-0.6	1.0	0.2	$0.002**$
SN-PP	8.3 ± 3.9	7.4 \pm 3.8	0.9	0.9	0.2	$0.0001***$
$PP-MP$	$34.6 + 6.6$	$35.7 + 6.5$	-1.1	1.3	0.2	$0.0001***$
Gonial angle	$131.6 + 6.3$	$132.5 + 7.0$	-0.9	1.5	0.3	$0.003**$
$1/-SN$	$103.9 + 7.4$	$104.5 + 7.0$	-0.6	1.1	0.2	$0.006**$
$/1-MP$	$84.7 + 7.8$	$84.1 + 7.9$	0.6	1.1	0.2	$0.005**$
Linear (mm)						
Anterior cranial base (N-S)	70.3 ± 4.3	70.1 \pm 4.5	0.2	1.4	0.2	0.3
Mandibular length (Go-Gn)	77.7 \pm 4.5	$80.0 + 4.8$	-2.3	1.7	0.3	$0.0001***$
Maxillary length (ANS-PNS)	$50.9 + 3.6$	$49.8 + 4.0$	1.1	2.2	0.4	$0.01*$
$Co-ANS$	87.9 ± 4.8	$85.0 + 4.7$	2.9	2.5	0.5	$0.0001***$
Co-Gn	118.8 ± 6.8	116.5 ± 7.3	2.3	1.9	0.4	$0.0001***$
LAFH (ANS-Me)	$74.1 + 7.5$	74.0 \pm 7.1	0.1	1.5	0.3	0.6

Table 4 Mean differences, SD, SE and paired t-test for comparison between conventional and digital tracing

ANS, anterior nasal spine; Co, condylion; Gn, gnathion; Go, gonion; LAFH, lower anterior facial height; Me, menton; MP, mandibular plane; N, nasion; PNS, posterior nasal spine; PP, palatal plane; S, sella; SD, standard deviation; SE, standard error

* $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$

comparable to conventional cephalograms, while a high-resolution (600 dpi) version does not show better results and a greyscale less than 7-bit may lead to unreliable decisions on reproducibility of measurements.⁹ However, this study, which provides a compilation of all sources of errors, shows high reliability within each technique.

Intraexaminer error (reliability) of angular and linear measurements was assessed using r^2 . Overall, error analysis (Table 3) showed a high correlation between repeated measurements of the conventional and the digital tracings ($r^2 > 0.8$ = strong), indicating that the investigator had no difficulty in correctly repeating measurements and the landmarks were easily identifiable in each method. The findings correspond well with previous studies that exhibited high reliability of the measurements.7,15,17,20 The only level of correlation below 0.90 was found for maxillary length (anterior nasal spine (ANS)–posterior nasal spine (PNS)), which was still strong; the conventional measurement ($r^2 = 0.82$) revealed less reliability than the digital measurement ($r^2 = 0.91$). This could be attributed to identification of the landmark ANS, which is often affected by the superimposition of other anatomical structures and has shown poor consistency.²⁷ However, ANS was also used in other measurements, such as condylion (Co)-ANS, and the measurements showed good reliability. A similar observation on a different measurement using the same landmark was reported by Santoro et al.⁷

In the present study, the magnitude of the differences was small within both methods and the differences of the angular measurements had little clinical significance. These small differences could be explained because onscreen digitization does not allow identification of the landmarks located on a curve and those constructed by bisecting different reference planes compared with manual tracing. It could also be owing to the flashing cursor (used for digitizing) changing its greyscale value to the opposite of the background image as it is moved over the screen and failing to contrast significantly with the background, making the landmarks such as the sella point indistinct.28 It is also possible that the cursor design obscures some landmark identification.6,24

The comparison between the digital and the conventional methods displayed statistically significant differences for 12 cephalometric measurements (Table 4). A good agreement was reported between the present finding and other results.^{7,8,15} Chen et al¹⁵ in their study on digitized and conventional cephalometric measurements showed statistically significant differences between all skeletal and dental measurements. However, these differences could be explained by landmark identification. Previous studies on conventional and computerized methods have found difficulties in locating the landmarks porion (Po), ANS, Co, gonion (Go), gnathion (Gn) and menton (Me).^{1,7-9,19,27} Others1,29 expressed the tracing difficulties of the incisor position and variation in incisor angular measurements between tracing methods. Sekiguchi and Savara³⁰ indicated that nasion (N) may be difficult to identify when the nasofrontal suture is not accurately visualized. Santoro et al⁷ and Chen et al¹⁵ stated that Go identification is difficult owing to a poorly defined anatomical outline, a double image and localization away from the mid-sagittal plane. In this study, the intraexaminer reliability was high in both tracing methods, suggesting that the landmark identification was relatively uncomplicated. The non-correspondence between conventional and digital values could be attributed to the investigator identifying some anatomical structures differently when projected on screen,

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provides many advantages. Further evaluation studies

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with larger samples will benefit the user's knowledge about this technology.

In conclusion, both the digital (scanning a conventional film into digital format) and conventional cephalometric methods are reliable in daily orthodontic routines. The statistically significant differences between the digitized and conventional tracing techniques do not appear to be clinically significant.

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