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## Further exploration of M<sub>1</sub> allosteric agonists: Subtle structural changes abolish M<sub>1</sub> allosteric agonism and result in *pan*-mAChR orthosteric antagonism

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### Abstract

This letter describes the further exploration of two series of M<sub>1</sub>allosteric agonists, TBPB and VU0357017, previously reported from our lab. Within the TPBP scaffold, either electronic or steric perturbations to the central piperidine ring led to a loss of selective M<sub>1</sub> allosteric agonism and afforded *pan*-mAChR antagonism, which was demonstrated to be mediated via the orthosteric site. Additional SAR around a related M<sub>1</sub> allosteric agonist family (VU0357017) identified similar, subtle ‘molecular switches’ that modulated modes of pharmacology from allosteric agonism to *pan*-mAChR orthosteric antagonism. Therefore, all of these ligands are best classified as bi-topic ligands that possess high affinity binding at an allosteric site to engender selective M<sub>1</sub> activation, but all bind, at higher concentrations, to the orthosteric ACh site, leading to non-selective orthosteric site binding and mAChR antagonism.

### Keywords

TBPB; M1; Allosteric agonist; Muscarinic receptor

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Schizophrenia is a complex psychiatric disorder characterized by a combination of positive and negative symptoms along with significant cognitive dysfunction.<sup>1,2</sup> Current antipsychotic therapies can address the positive symptoms, but the negative and cognitive symptoms remain poorly managed, if at all, and are key predictors of functional disability.<sup>3–6</sup> A large number of anatomical, molecular, genetic, preclinical behavioral and

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human clinical studies have provided strong evidence that agents able to enhance cholinergic transmission or activate muscarinic acetylcholine receptors (mAChRs, M<sub>1</sub>-M<sub>5</sub>), notably M<sub>1</sub>, have exciting therapeutic potential for the treatment of the positive, negative and cognitive symptoms of schizophrenia as well as cognitive dysfunction in other CNS disorders.<sup>7-16</sup> However, previous compounds developed to selectively activate M<sub>1</sub> receptors have failed in clinical development due to a lack of true specificity for this receptor subtype.<sup>7-18</sup> Often, many of the compounds bind to the orthosteric ACh binding site, which can result in adverse side effects as a result of M<sub>2</sub>-M<sub>5</sub> activation.<sup>7-18</sup> Recently, multiple industrial and academic laboratories, including ours, have targeted less conserved allosteric sites on the M<sub>1</sub> receptor in an attempt to develop highly selective M<sub>1</sub> activators (both M<sub>1</sub> allosteric agonist and M<sub>1</sub> positive allosteric modulators, PAMs) and avoid activation of M<sub>2</sub>-M<sub>5</sub>.<sup>17-39</sup>

For example, we have previously reported on TBPB **1**, a potent, CNS penetrant and highly selective M<sub>1</sub> allosteric agonist that displays robust efficacy in multiple preclinical antipsychotic and cognition models, as well as significant impact on Aβ production.<sup>19</sup> Mutagenesis and modeling efforts identified a key H-bond interaction between the central piperidine nitrogen of TBPB and Thr83 of M<sub>1</sub>, likely contributing to TBPB's affinity for this M<sub>1</sub> allosteric binding site.<sup>40</sup> In multiple Letters, we have also described SAR around TBPB **1**, and found that halide substitutions were well tolerated on the benzimidazole core **2**, as well as amide **3**, sulfonamide **4** and urea **5** replacements for the benzyl amine of the distal basic piperidine nitrogen (Fig. 1); however, SAR was 'shallow'.<sup>21</sup> Moreover, these subtle structural modifications could engender D<sub>2</sub> antagonism, along with M<sub>1</sub> allosteric agonism, affording molecules with an attractive pharmacological profile for the treatment of schizophrenia.<sup>21</sup> In this Letter, we describe a more detailed pharmacological profile of **1**, along with the as yet unexplored SAR of the central piperidine ring of **1**, and the discovery of subtle 'molecular switches'<sup>41</sup> that modulate modes of pharmacology from allosteric agonism to *pan*-mAChR orthosteric antagonism.

Our previous characterization of TBPB revealed that this compound activates M<sub>1</sub> receptors.<sup>19</sup> Here, we confirm that TBPB is a selective M<sub>1</sub> partial agonist and induces responses in CHO cells expressing rM<sub>1</sub> receptors, but not rM<sub>2</sub>-M<sub>5</sub>Rs (Fig. 2A). Interestingly, TBPB also inhibits ACh-induced responses in cells expressing M<sub>2</sub>-M<sub>5</sub> receptors, suggesting additional activity at an orthosteric site (Fig. 2B). Based on this finding, TBPB can be described as a bi-topic ligand that binds M<sub>1</sub> at both an allosteric site and the orthosteric site, the former of which confers functional M<sub>1</sub> agonism and the latter of which confers orthosteric antagonism. These findings are similar to previously characterized M<sub>1</sub> agonists including AC-42,<sup>32,33</sup> 77-LH-28-1,<sup>36</sup> VU0364572,<sup>28,30</sup> and VU0357017<sup>26,30</sup>, which have been characterized as bi-topic ligands.<sup>42,43</sup>

As the central piperidine nitrogen of TBPB is thought to be critical (H-bond with Thr83) for allosteric binding,<sup>40</sup> we sought to disrupt this key H-bond both electronically and conformationally by installation of a β-fluorine atom (to attenuate basicity and H-bond acceptor ability) and replacement of the piperidine with a [3.3.0] system, respectively.<sup>21</sup> Our expectation was that these structural modifications would abolish binding at the allosteric site, and that these analogs would bind solely at the orthosteric site and function as *pan*-mAChR antagonists. The synthesis was straightforward (Scheme 1), following the synthetic route previously developed.<sup>22</sup>

When screened as an agonist, neither **9** nor **10** elicited M<sub>1</sub> activation, suggesting that binding at the allosteric site had been abolished by disrupting the key H-bond interaction with Thr83.<sup>40</sup> Interestingly, both **9** and **10** proved to be weak, micromolar *pan*-mAChR antagonists when screened in the presence of an EC<sub>80</sub> of ACh against M<sub>1</sub>-M<sub>5</sub>. The [3.3.0]

analog **10** was a weak M<sub>1</sub> antagonist (pIC<sub>50</sub> = 5.20±0.04, IC<sub>50</sub> = 6.4 μM, -1.07±1.3% ACh Max) and IC<sub>50</sub>s >10 μM against M<sub>2</sub>-M<sub>5</sub>). The β-fluoro analog **9** (Fig. 3A) was slightly more potent at M<sub>1</sub> (Rat M<sub>1</sub> IC<sub>50</sub> = 4.9 μM (pIC<sub>50</sub> = 5.31±0.17), 13.6±1.5% ACh Max, M<sub>2</sub>, M<sub>3</sub>, M<sub>4</sub>, and M<sub>5</sub> IC<sub>50</sub> > 10 μM (pIC<sub>50</sub>s <5) (Human M<sub>1</sub>-M<sub>5</sub> data not shown, but similar)). Radioligand binding experiments with [<sup>3</sup>H]-NMS (Fig. 3B) and dissociation kinetic experiments (Fig. 3C) are consistent with **9** acting as an ACh orthosteric site antagonist. Thus, a single fluorine atom serves as ‘molecular switch’ to modulate the pK<sub>a</sub> of the central piperidine nitrogen atom (from ~11 to 9.4),<sup>44</sup> and likely prohibits its ability to accept a key H-bond from Thr83 in the M<sub>1</sub> allosteric site, an interaction that may confer M<sub>1</sub> functional agonist activity.<sup>40</sup>

Interestingly, our dissociation kinetics experiments with TBPB indicate that this compound also does not alter the off-rate of [<sup>3</sup>H]-NMS. These data are inconsistent with those of Jacobson et al., 2010, where TBPB was shown to slow the off-rate of [<sup>3</sup>H]-NMS.<sup>40</sup> The most likely explanation for the discrepancy between our results and those of Jacobson et al., 2010 is a difference in our assay protocols. Jacobson et al. allow 1 hour for equilibrium to occur between atropine and [<sup>3</sup>H]-NMS at room temperature for their dissociation kinetic studies whereas we allow 3 hours at room temperature for this equilibrium to occur. Traditionally, when a 1 hour equilibrium is utilized for M<sub>1</sub> dissociation studies, the studies are performed at 37°C.<sup>43</sup> Incubation for only 1 hour at room temperature may not allow enough time for a proper equilibrium to be established between atropine and [<sup>3</sup>H]-NMS and thus Jacobson et al. may have performed their TBPB dissociation studies under non-equilibrium conditions.

While ‘molecular switches’ that modulate modes of pharmacology and subtype selectivity are common in Family C GPCRs (eg., mGlu receptors),<sup>41</sup> we have rarely encountered them in Family A GPCRs. Within the mAChRs, we had previously only encountered ‘molecular switches’ that modulate mAChR subtype selectivity.<sup>27,41</sup> We recently reported on a chemically distinct series of M<sub>1</sub> allosteric agonists, represented by **11** and **12** (Fig. 4), where mutagenesis work indicated a novel allosteric binding site in the third extracellular loop of M<sub>1</sub>.<sup>26</sup> Serendipitously, when preparing additional analogs around **12**, a chemical vendor sent the incorrect starting material, leading to the synthesis of the alternative regioisomer of **12**, compound **13**. **13** proved to be a potent antagonist of M<sub>1</sub> (IC<sub>50</sub> = 273 nM, pIC<sub>50</sub> = 6.32±0.11), as well as M<sub>2</sub>-M<sub>5</sub>, and detailed molecular pharmacology showed that **13** was an orthosteric mAChR antagonist. Note, the modulation from M<sub>1</sub> allosteric agonist to *pan*-mAChR orthosteric antagonist was due to major structural modifications (ie., 3° to 2° amine and 2° to 3° amide).

These data, coupled with the results from TBPB and **9**, led us to scrutinize additional analogs of **12**, in an effort to discover more subtle ‘molecular switches’ that can modulate modes of pharmacology within the VU0364572 bi-topic ligand scaffold. One of our initial efforts led to the development of VU0419757 (**14**) which contains a 3-bromophenyl amide (Fig. 5) and proved to be a weak partial M<sub>1</sub> allosteric agonist due to the addition of a 3-bromophenyl amine (EC<sub>50</sub> = 2.0 μM, pEC<sub>50</sub> = 5.69±0.08, 37.4±8.7% ACh Max). Modification with an additional bromine atom to the 5-position afforded VU0430613 (**15**), an equipotent M<sub>1</sub> antagonist (IC<sub>50</sub> = 3.4 μM, pIC<sub>50</sub> = 5.47±0.03). Furthermore, when the aryl amides in **12** were replaced with heterocyclic amides, *pan*-mAChR antagonists resulted. Even when fluorine atoms were employed to attenuate the basicity of the heterocycles, M<sub>1</sub> allosteric agonism was lost. For example, a 6-trifluoromethoxy nicotinamide derivative, VU0362058 (**16**), proved to be another *pan*-mAChR antagonist (Fig. 6), favoring inhibition of M<sub>2</sub> (IC<sub>50</sub> = 1.1 μM, pIC<sub>50</sub> = 5.97) over M<sub>1</sub> (IC<sub>50</sub> = 3.2 μM, pIC<sub>50</sub> = 5.50±0.06) and M<sub>3</sub>-M<sub>5</sub> (IC<sub>50</sub>s >10 μM).

In summary, we have explored additional SAR around two M<sub>1</sub> allosteric agonists TBPB and VU0364572 (**12**). Within the TBPB scaffold, either electronic or steric perturbations to the benzimidazolone piperidine ring led to a loss of selective M<sub>1</sub> allosteric agonism and afforded *pan*-mAChR orthosteric antagonists. Based on mutagenesis and modeling studies with TBPB, the electronic and steric perturbations disrupted a key H-bond with Thr83 in the allosteric site on the M<sub>1</sub> receptor. Similar subtle ‘molecular switches’ were found within the VU0364572 series, converting potent M<sub>1</sub> agonists into *pan*-mAChR antagonists. These findings, coupled with our recent studies showing brain-region-dependent and receptor reserve-dependent pharmacology of functionally selective M<sub>1</sub> bi-topic agonists<sup>42</sup> show the challenges associated with development of selective M<sub>1</sub> agonists. Therefore, we propose that positive allosteric modulation of M<sub>1</sub> receptors, as opposed to allosteric agonism, may be the preferred mechanism by which to develop selective M<sub>1</sub> activators as therapeutic agents.

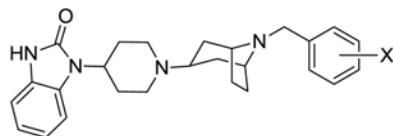
## Acknowledgments

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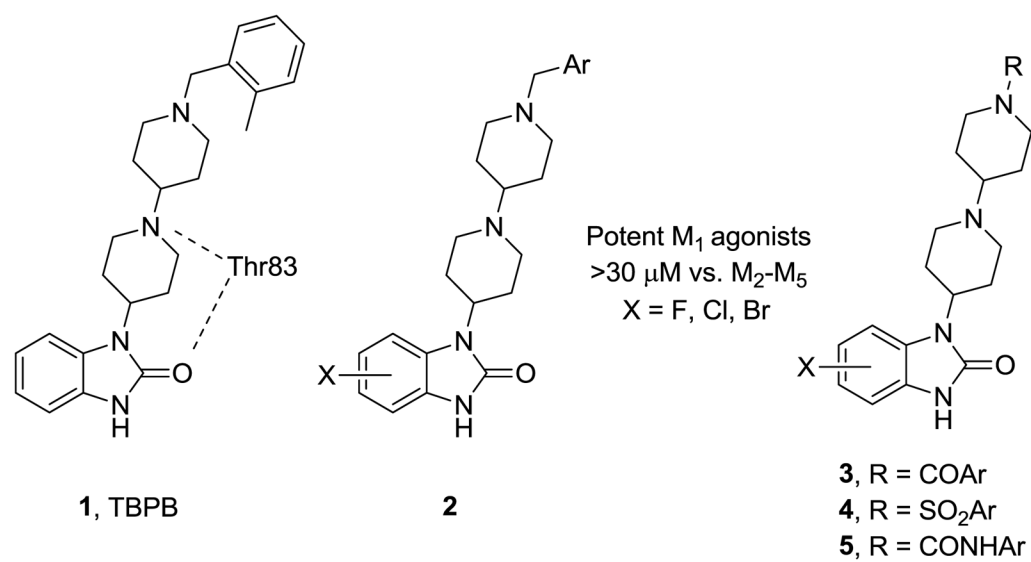
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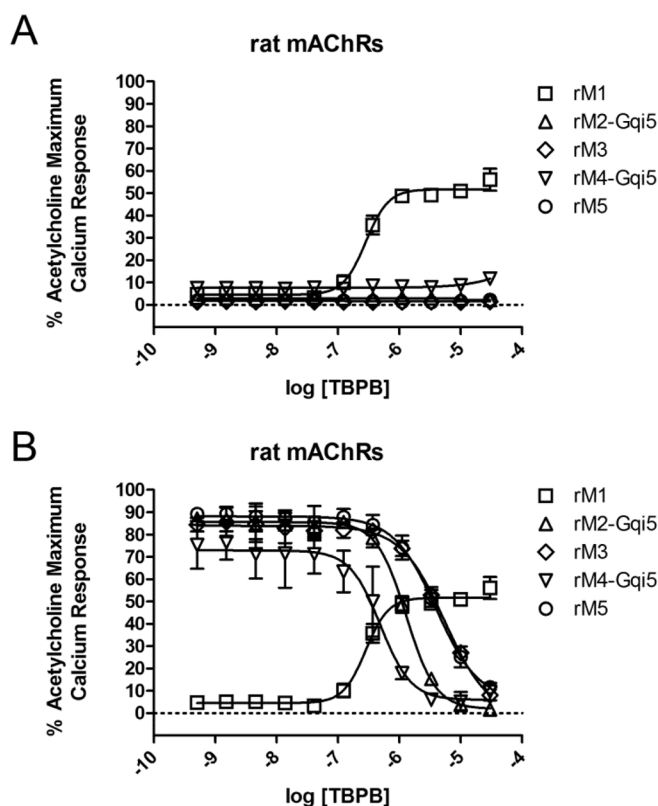
VU0415488, X = 2-Cl  
 VU0415455, X = H

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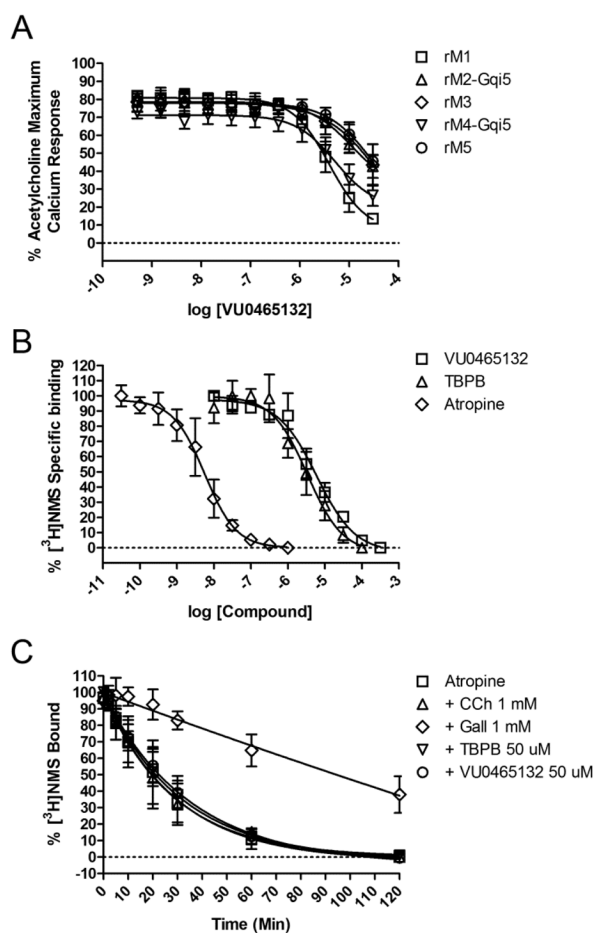
**Figure 1.** Structures of the  $M_1$  allosteric agonist TBPB (**1**), highlighting the key H-bond interaction with Thr83 for allosteric binding at  $M_1$ , and analogs **2–5** of TBPB that retain selective  $M_1$  agonism.



**Figure 2.**

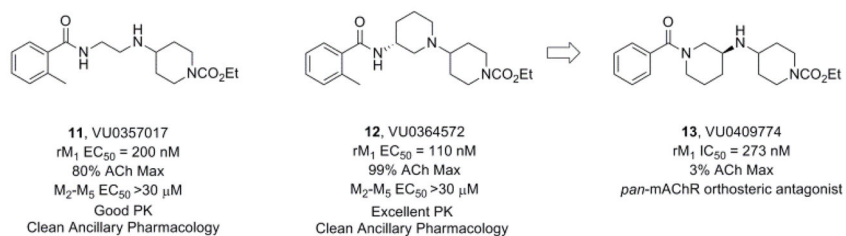
Pharmacological profile of TBPB. A) rM<sub>1</sub>-rM<sub>5</sub> concentration-response curves (CRCs) of TBPB screened in agonist mode. rM<sub>1</sub> EC<sub>50</sub> = 79.6 nM (pEC<sub>50</sub> = 7.10±0.07), 69.3±6.4% ACh Max, rM<sub>2</sub>-rM<sub>5</sub> >30 μM B) rM<sub>2</sub>-rM<sub>5</sub> CRCs of TBPB screened as antagonists. rM<sub>2</sub> IC<sub>50</sub> = 1.29 μM (pIC<sub>50</sub> = 5.89), rM<sub>3</sub> IC<sub>50</sub> = 5.48 μM (pIC<sub>50</sub> = 5.26), rM<sub>4</sub> IC<sub>50</sub> = 493 nM (pIC<sub>50</sub> = 6.31), rM<sub>5</sub> IC<sub>50</sub> = 3.97 μM (pIC<sub>50</sub> = 5.40), and all reduce an ACh EC<sub>80</sub> to baseline. Human CRCs not shown. Screened as agonists, hM<sub>1</sub> EC<sub>50</sub> = 255 nM (pEC<sub>50</sub> = 6.59), 40% ACh Max, M<sub>2</sub>-M<sub>5</sub> >30 μM. Screened as antagonists, hM<sub>2</sub> IC<sub>50</sub> = 3.5 μM (pIC<sub>50</sub> = 5.46), hM<sub>3</sub> IC<sub>50</sub> = 2.3 μM (pIC<sub>50</sub> = 5.63), hM<sub>4</sub> IC<sub>50</sub> = 734 nM (pIC<sub>50</sub> = 6.13), hM<sub>5</sub> IC<sub>50</sub> = 4.9 μM (pIC<sub>50</sub> = 5.31), and all reduce an ACh EC<sub>80</sub> to baseline.



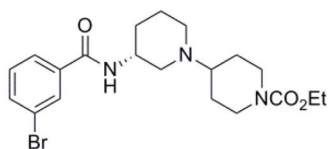


**Figure 3.**

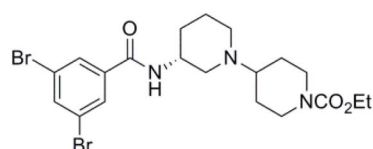
Pharmacological profile of  $\beta$ -F-TBPB **9** (VU0465132). A) Rat  $M_1$ - $M_5$  CRCs screened as antagonists. Rat  $M_1$   $IC_{50}$  = 4.9  $\mu$ M ( $pIC_{50}$  = 5.31 $\pm$ 0.17), 13.6 $\pm$ 1.5% ACh Max,  $M_2$ ,  $M_3$  and  $M_5$   $IC_{50}$  > 10  $\mu$ M ( $pIC_{50}$ s <5),  $M_4$   $IC_{50}$  = 5.2  $\mu$ M ( $pIC_{50}$  = 5.29 $\pm$ 0.09), 26.6 $\pm$ 3.4% ACh Max (Human  $M_1$ - $M_5$  data not shown, but comparable). B) [<sup>3</sup>H]-NMS competition binding studies. At higher concentrations than the control atropine ( $K_i$  = 1.4 nM,  $pK_i$  = 8.86 $\pm$ 0.24), both **9** ( $K_i$  = 1.35  $\mu$ M,  $pK_i$  = 5.87 $\pm$ 0.18) and TBPB ( $K_i$  = 0.60  $\mu$ M,  $pK_i$  = 6.22 $\pm$ 0.14) fully displace [<sup>3</sup>H]-NMS, consistent with interactions at the orthosteric ACh site. C) Dissociation kinetics with TBPB, **9**, atropine, carbachol (CCh) and Gallamine (Gall). In our assays, only the allosteric modulator Gall altered the rate of [<sup>3</sup>H]-NMS dissociation, providing further evidence that **9** acts as an orthosteric antagonist.  $K_{off}$  rates were as follows  $\pm$  SEM: Atropine (0.0379 $\pm$ 0.0125 min<sup>-1</sup>), CCh(0.0393 $\pm$ 0.0125 min<sup>-1</sup>), Gall (0.0012 $\pm$ 0.0006 min<sup>-1</sup>), TBPB (0.0335 $\pm$ 0.0095 min<sup>-1</sup>), VU0465132 (0.0308 $\pm$ 0.0103 min<sup>-1</sup>).



**Figure 4.** Structures and activities of  $M_1$  allosteric agonists **11** and **12**, and a mAChR orthosteric antagonist **13** (regioisomer of **12**).

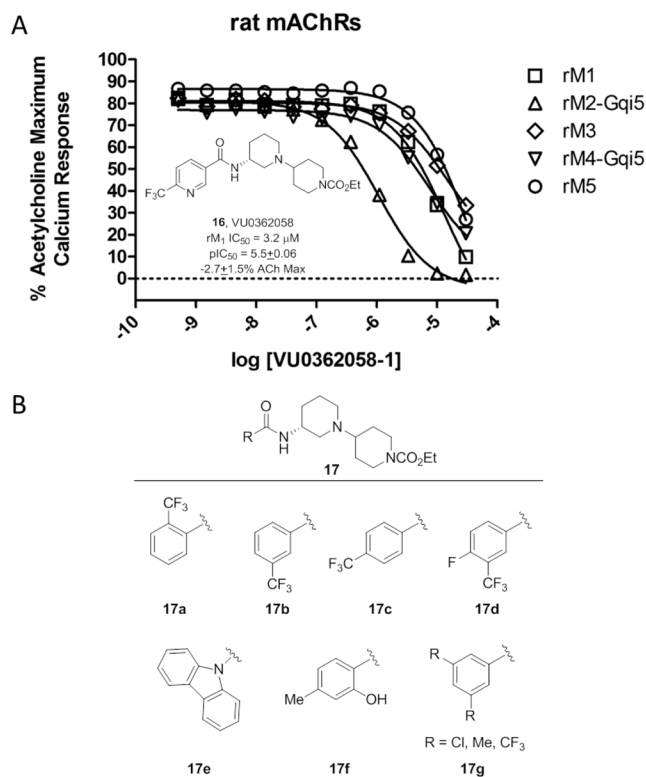


**14**, VU0419757  
 $rM_1 EC_{50} = 2.0 \mu M$   
 $pEC_{50} = 5.69 \pm 0.08$   
 $37.4 \pm 8.7\%$  ACh Max



**15**, VU0430613  
 $rM_1 IC_{50} = 3.4 \mu M$   
 $pIC_{50} = 5.47 \pm 0.08$   
 $0.4 \pm 1.0\%$  ACh Max

**Figure 5.** Structures and activities of  $M_1$  allosteric agonist **14** and a 3,5-dibromo congener **15**, an  $M_1$  antagonist.

**Figure 6.**

A) Structure of VU0362058 (**16**) and full M<sub>1</sub>-M<sub>5</sub> CRCs, highlighting the *pan*-mAChR antagonism via a subtle modification to the M<sub>1</sub> allosteric agonist **12**. B) Representative additional amide analogs of **12** (**17**) where the nature of substitutions on the aromatic ring conferred M<sub>1</sub> antagonism as opposed to M<sub>1</sub> agonism. While some SAR trends are evident, other switches in the mode of M<sub>1</sub> pharmacology are random and confound chemical optimization efforts.

