SOCIETY AWARDS

Genetic Engineering of Juvenile Human Chondrocytes Improves Scaffold-free Mosaic Neocartilage Grafts

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Abstract

Background Current cartilage transplantation techniques achieve suboptimal restoration and rely on patient donor cells or living grafts of chondrocytes.

Purpose We sought to enhance allogeneic grafts by testing mosaics of genetically engineered and naïve juvenile human chondrocytes (jCh).

Methods We obtained specimens from three humans and performed three experiments (two in vitro, one in vivo). We compared neocartilage with and without (1) supplemented serum-free medium (chondrocyte differentiation medium [CDM]), (2) adenoviral BMP-2 (AdBMP-2) transduction, and (3) varying ratios $(0.1-1)$ of transduced and naïve jCh. We compared (4) healing with mosaic grafts

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with naïve neocartilage or marrow stimulation in immunosuppressed rats. For each of 10 in vitro treatment groups, we had six replicates for each human, and for each of three in vivo treatment groups, we had four replicates for one human. We scored the histology with the semiquantitative Bern score.

Results AdBMP-2 and naïve neocartilage growth in CDM were histologically superior (Bern score, 5.2 versus 3.7; 8.0 versus 1.8) and size (8.0 versus 6.1; 7.9 versus 2.2 mg) to standard medium. In CDM, AdBMP-2 decreased viability (76% versus 90%), but increased BMP-2 production (619 ng/mL versus 43 pg/mL). Ten percent and 25% AdBMP-2 transduction had Bern scores of 6.8 and 6.5 and viability of 84% and 83%, respectively. Twenty-five percent mosaic grafts provided better healing histologically than marrow stimulation or naive neocartilage.

Conclusions Low-level AdBMP-2 and CDM augment neocartilage parameters in vitro and vivo.

Clinical Relevance Genetic augmentation of jCh and creation of mosaic neocartilage may improve graft viability and articular healing compared with naïve neocartilage.

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Introduction

Current research in cartilage restoration has diversified in a multitude of directions [[4,](#page-11-0) [10,](#page-11-0) [55\]](#page-12-0). State-of-the-art technology and numerous products are in various phases of clinical introduction (Table 1). Several major in vitro and in vivo challenges exist including preventing fibroblastic dedifferentiation of chondrocytes, producing true hyaline cartilage, and attaining adequate biomechanical strength. Four burgeoning areas of investigation are cell type, graft material, growth factors, and genetic engineering. The ideal cell source has been presumed to be autologous, but a recent study showed that allogeneic juvenile human articular chondrocytes (jCh) may be a potentially superior alternative for tissue engineering [[9](#page-11-0)]. Although scaffold-based technology continues to be investigated aggressively, less attention has been directed to scaffoldindependent grafts. The permissive microenvironment of micromass culture stimulates the formation of neocartilage similar in cellular distribution, extracellular matrix (ECM) composition, density, and ultrastructure to native hyaline cartilage [[16](#page-11-0), [31](#page-11-0), [59](#page-12-0)]. BMP-2 plays an integral role in chondrocyte homeostasis and differentiation [\[16,](#page-11-0) [31,](#page-11-0) [51,](#page-12-0) [54\]](#page-12-0), and reportedly increases type II collagen, proteoglycan, and

Table 1. State of the art in cartilage restoration [\[5,](#page-11-0) [10](#page-11-0), [16,](#page-11-0) [56\]](#page-12-0)

aggrecan synthesis [\[53](#page-12-0)]. One method of providing bioactive factors such as BMP-2 is with genetic engineering and modification of biologic features of chondrocytes. We presume noncadaveric jCh genetically modified to amplify BMP-2 expression would form superior scaffold-independent grafts than unmodified or naive chondrocytes and would improve healing when transplanted directly into chondral lesions.

In an in vitro study we compared the size, viability, and histologic matrix formation of jCh neocartilage (1) with and without supplemented culture medium, (2) with and without adenoviral BMP-2 (AdBMP-2) transduction, and (3) with varying ratios $(0.1, 0.25, 0.5, 0.75, 0.5)$ and 1) of transduced to naïve jCh in a mosaic graft. In an in vivo study we (4) compared healing of full-thickness articular cartilage defects using mosaic neocartilage (.25 ratio of transduced to naïve chondrocytes), naïve neocartilage, and ordinary marrow stimulation in athymic nude (immunosuppressed) rats.

Materials and Methods

This study was designed as a pilot project to show proof of concept. We obtained specimens from three humans and

ACI - autologous chondrocyte implantation; ^aGenzyme Biosurgery, Cambridge, MA, USA; ^bFidia Advanced Biopolymers, Abano Terme, Italy; °Tissue Engineering Technologies AG, Reutlingen, Germany; ^dBiotissue Technologies, Freiburg, Germany; ^eTigenix, Leuven, Belgium; ^fBiosyntech, Quebec, Canada; ^gFidia Advanced Biopolymers, Abano Terme, Italy; ^hGeistlich, Wolhusen, Switzerland; ⁱHistogenetics, Waltham, MA, USA; ^jArthro Kinetics, Esslingen, Germany; ^kZimmer, Warsaw, IN, USA; ¹Regentis Biomaterials, Haifa, Israel; ^mCartilix, Foster City, CA, USA; ⁿDePuy Mitek, Raynham, MA, USA.

performed three experiments (two in vitro, one in vivo). For each of the 10 in vitro treatment groups (four in Part 1, six in Part 2), we had six replicates for each human, and for each of the three in vivo treatment groups, we had four replicates for one human (Fig. 1).

In Part 1 of the in vitro phase, the effects on physical parameters of size and wet weight, soluble BMP-2 production, histologic appearance, and cellular viability were examined based on growth in supplemented serum-free medium compared with standard medium and with full AdBMP-2 transduction. In Part 2 of the in vitro phase, the effects of mosaic neocartilage (ratios of BMP-2 transduced chondrocytes to naïve chondrocytes in the graft of 0.1 to 0.9, 0.25 to 0.75, 0.5 to 0.5, 0.75 to .25, 0.9 to 0.1) on the same dependent variables were examined. For the in vivo phase, the histologic appearance of articular defect healing with one group of mosaic neocartilage was compared with traditional marrow stimulation and naïve neocartilage.

Informed, written parental consent was obtained in each case and all proceedings were in accordance with the Institutional Review Board (IRB) protocol #2009H0256, the Institutional Animal Care and Use Committees (IACUC) protocol #2009A0119, and the University Animal Care and Use Committee guidelines.

To isolate and expand articular chondrocytes we harvested articular cartilage from three patients whose digits or feet had been amputated for polydactyly or fibular hemimelia. All patients who underwent surgery were younger than 10 years, an important threshold for neocartilage potential as reported by Adkisson et al. [\[1](#page-11-0)]. All specimens were taken immediately from the surgical field and placed in standard media consisting of Dulbecco's Modified Eagle's Medium (DMEM), (Gibco, Grand Island, NY, USA), 10% fetal bovine serum (FBS), and 1% penicillin-streptomycin. They were transported to the laboratory in a chilled container for same-day processing to optimize cellular yield [[49\]](#page-12-0).

Using a sterile sharp scalpel blade, all of the articular cartilage from the amputated appendage of each patient was minced into thin pieces, and washed three times with Gey's balanced salt solution (GBSS). The minced cartilage was stirred in collagenase type I (2 mg/mL standard media) (Worthington Biochemical Corp, Lakewood, NJ, USA) and incubated at 37 $\rm{^{\circ}C}$ in a humidified atmosphere of 5% CO₂ for 16 hours [\[22](#page-11-0)] to digest the cartilage matrix. The cell suspension was strained with a 100-um pore cell strainer and centrifuged (600 g for 5 minutes) to obtain a cell pellet. After the pellet was washed twice with standard medium, the cells were resuspended and plated on T-75 flasks at a density of 1.3×10^4 cells/cm².

When the chondrocytes became confluent, they were detached with 0.25% trypsin-EDTA (Gibco), reseeded on new T-75 flasks, and passaged no more than three times to attain adequate cell numbers. Of the chondrocyte batches gathered from different patients, three (19-month, 17 month, and 8 year-old males) were chosen for subsequent in vitro study based on greatest chondrocyte morphologic features when grown in high-density monolayer. Chondrocytes were counted with a hemocytometer and assessed with trypan blue dye exclusion for viability.

Fig. 1 The study design is shown in this flowchart.

We constructed adenoviral (Ad) vectors for BMP-2 and green fluorescent protein (GFP) as previously described [\[27](#page-11-0)]. Briefly, Ad293 cells (a derivative of HEK293, human embryonic kidney cells, with improved cell adherence properties, modified to allow viral replication) (Agilent Technologies, Palo Alto, CA, USA) were expanded on T-75 flasks according to instructions. To minimize the risk of cell line contamination, the Ad293 cells were purchased directly from the manufacturer and used immediately on receipt. When the cell monolayer reached approximately 70% confluency, they were infected with the intended adenoviral stock at a multiplicity of infection (MOI) of 10 to 20. After approximately 3 to 4 days when the cells began to show cytopathic effects of the virus, they were collected for purification.

Purification of AdGFP and AdBMP-2 was accomplished using the Sartobind \overline{R} filter unit from the AdEasyTM Virus Purification Kit (Agilent) according to manufacturer's instructions. Infectious unit (IFU) titer was estimated using a 1:1000 viral particle: IFU ratio for the optical density at 260 nm with a spectrophotometer (Spectronic Biomate 5, Thermo Electron Corporation, Waltham, MA, USA). It then was verified using the Adeno- X^{TM} Rapid Titer Kit (Clontech Laboratories Inc, San Francisco, CA, USA) as directed.

Chondrocytes were seeded at 4.3×10^4 cells/cm² with standard media and grown in triplicate monolayer cultures for 24 hours to achieve approximately 80% confluency. AdBMP-2 or AdGFP was added directly to the culture with 65 μ L/cm² of warmed GBSS and swirled. After 4 hours of incubation at 37° C, the excess virus and GBSS were replaced with standard medium. A dose-response curve with 1 week of monolayer growth was created using AdBMP-2 and AdGFP to separately confirm an optimal MOI of 100 [[11,](#page-11-0) [26,](#page-11-0) [27\]](#page-11-0). The transduction efficiency and gene expression of GFP was evaluated with a fluorescence microscope under blue light (488 nm). The soluble concentrations of BMP-2 were assessed using commercial competitive enzyme-linked immunosorbant assays (ELISA) (Quantikine1, R&D Systems, Minneapolis, MN, USA). The optical density of each BMP-2 sample was read by an Ultra Microplate Reader EL808 (Bio-Tek Instruments, Winooski, VT, USA) and expressed as picograms per milliliter.

Two chondrocyte treatment groups (naive versus AdBMP-2 transduction) and two growth medium groups (standard DMEM-based medium versus chondrocyte differentiation medium [CDM]) provided four groups of neocartilage cultures with six replicates each: naive-DMEM [ND]; naive-CDM [NC]; AdBMP-2-DMEM [BD]; AdBMP-2-CDM [BC]. The CDM (Lonza, Walkersville, MD, USA) was a serum-free basal medium supplemented with dexamethasone, ascorbate, insulin, transferrin, selenium, pyruvate, proline, gentamicin, amphotericin, Lglutamine, and 10 µg/mL transforming growth factor $(TGF)-\beta$.

Twenty-four hours after AdBMP-2 transduction, the chondrocyte monolayer was treated with warmed trypsin for 5 minutes at 37°C. Naive chondrocytes were prepared in a similar fashion. The resultant cell suspension was pelleted and washed twice with standard medium. One million chondrocytes were placed in each of six 15-mL polypropylene conical tubes (BD Biosciences, Franklin Lakes, NJ, USA) with 2.5 mL of standard medium and centrifuged at 1500 rpm for 5 minutes. For the CDM groups, the standard medium was carefully replaced with CDM, and all were recentrifuged. The pellets were left undisturbed at 37 \degree C in a humidifed atmosphere of 5% CO₂. At 7 days, the medium was fully replaced and the pellets were elevated from the tip. At 14 days, the pellets were harvested. In addition, AdGFP pellets were created and grown for at least 8 weeks to confirm equal distribution of cells, persistent gene expression, and adequate mechanical strength (Fig. [2](#page-4-0)).

The diameters of the pellets were measured along their longest axis, by a treatment-blinded observer using a microscope, at 3, 7, 10, and 14 days [[47\]](#page-12-0). Dry weight was obtained at the time of harvest. Absolute and viable cell counts were assessed by digesting the pellet with collagenase for 6 hours [\[22\]](#page-11-0) and counting the cells with a hemocytometer and trypan blue dye exclusion. The soluble BMP-2 concentrations were measured at 7 and 14 days (Fig. [3\)](#page-4-0) using an ELISA. For histologic evaluation with safranin-O and toluidine blue, each of the three pellets was fixed in 10% neutral buffered formalin (NBF) for 24 hours and embedded in paraffin. Four cross-sections $(5 \mu m)$ were made from each pellet. Two of us (AB, KS) viewed each section under a light microscope. Chondrogenesis was scored according to the Bern score [\[21](#page-11-0)]. Briefly, the Bern score (minimum, 0; maximum, 9) was designed specifically for cartilaginous pellet cultures or engineered tissue sections, and evaluates three categories: uniformity of staining, amount of matrix formation, and type of cell morphology. It has been validated and has low intraobserver and interobserver variabilities (-0.06 ± 1.05) and -0.06 ± 0.17 , respectively) [\[21](#page-11-0), [48](#page-12-0)].

Gene expression was analyzed quantitatively by realtime reverse transcriptase-polymerase chain reaction (RT-PCR) assays in triplicate. Each of three pellets was digested with collagenase for 6 hours [[22\]](#page-11-0), and the NucleoSpin \overline{R} RNA XS kit (Clontech) was used according to the manufacturer's instructions to isolate RNA. Complementary DNA was generated by reverse transcription using the TaqMan® (Applied Biosystems, Foster City, CA, USA) Reverse Transcription Reagents and thermal cycling parameters provided by the supplier. For PCR, Fig. 2A–D Neocartilage pellets transduced with AdGFP show (A) excellent gene expression, (B) mechanical stability, and (C) compressive strength (D) at 8 weeks.

Fig. 3 The growth of neocartilage pellets with time is shown. ND = naive chondrocytes, standard medium. NC = naive chondrocytes, chondrocyte differentiation medium. BD = AdBMP-2 transduced chondrocytes, standard medium. $BC = AdBMP-2$ transduced chondrocytes, chondrocyte differentiation medium.

primers and probes for type I collagen [Hs00164004_m1] and type II collagen [Hs00264051_m1] were purchased as TaqMan Gene Expression Assays (Assay ID in brackets). Relative expression levels for each gene were normalized to a eukaryotic 18S ribosomal RNA (rRNA) endogenous control [Hs99999901_s1]. Reagents from the TaqMan Universal Master Mix were used. Gene amplification was performed using an ABI Prism \overline{R} 7000 Sequence Detection System (Applied Biosystems) at thermal cycling parameters specified by the supplier.

For the second part of the in vitro phase, six groups of six pellets from each patient with differing proportions of naive and AdBMP-2 chondrocytes were evaluated for the effect of mosaicism on viability, physical parameters, and gene expression. Similar to before, naive and AdBMP-2 chondrocytes were resuspended from monolayer. By centrifuging together a proportion from each suspension, mosaic pellets were created representing the following percentages of naive and AdBMP-2 chondrocytes: 25/75, 50/50, 75/25, 90/10. For comparison, two control groups of pellets, 0/100 and 100/0, were created. All pellets were grown for 2 weeks in CDM with medium replacement at 7 days. As in Part 1, diameter, weight, histology, cell count, BMP-2 production, and gene expression were assessed.

Six female athymic nude rats (10–12 weeks of age, Charles River Laboratories, Wilmington, MA, USA) were used to assess healing of three treatment groups: marrow stimulation alone (control), naive neocartilage graft, and 75/25 mosaic neocartilage graft.

As above, neocartilage pellets were cultivated in vitro for 2 weeks. Treatment groups were randomized to different knees and rats. Each rat had bilateral surgery. After 1 week of acclimation, the rats were induced under anesthesia with 5% isoflurane, then maintained with 1% isoflurane delivered via nose cone. The surgical site was prepared and draped in the usual sterile fashion. A medial parapatellar approach was performed and the trochlear groove exposed by subluxating the patella. A full-thickness

articular cartilage defect of 2.5 mm diameter and 1.5 mm depth was created in the trochlear groove using a motorized burr (Dremel, Mount Prospect, IL, USA). In the control group (four knees), the defect received no treatment. Because of the thin nature of articular cartilage in rats, the subchondral bone invariably was penetrated, representing a marrow-stimulating technique. In the neocartilage treatment groups (four knees each), the assigned graft was press-fitted into the defect. The knee was put through a ROM with the patella reduced to assure stability of the graft. The arthrotomy was closed with absorbable suture and the skin with nylon.

Buprenorphine 0.05 mg/kg was administered intramuscularly for pain. Prophylactic Augmentin 0.35 mg/mL (GlaxoSmithKline, Research Triangle Park, NC, USA) was given 1 day preoperatively and 2 weeks postoperatively in the animals' drinking water. The rats were allowed to roam freely in their cage. All rats tolerated the procedure well and there were no signs of infection or immunologic rejection at any time. None of the rats appeared to have lameness or loss of limb function.

At 8 weeks, the rats were euthanized with $CO₂$. The articular surface of the knees was examined macroscopically and photographed. The distal femur was resected en bloc, fixed in NBF for 48 hours, harshly decalcified (Decalcifier-S, U.S. Biotex, Webbville, KY, USA) for 4 hours, sectioned in the sagittal plane, then further decalcified with 50% formic acid/20% sodium citrate for 48 hours. The specimen was paraffin-embedded, sectioned, and stained with toluidine blue. The histology was blindly reviewed by one trained pathologist (SB) and a specialist in cartilage research (ALB), and graded according to a modification of the scheme described by Cook et al. [\[14](#page-11-0)]. Prior studies have shown high intraobserver (Pearson $r = 0.92{\text -}0.99$) and interobserver (intraclass correlation, 0.94–0.99) reliabilities of elementary and complex histo-logic scoring systems for articular cartilage repair [\[38](#page-12-0), [44](#page-12-0)].

Differences in quality of neocartilage formation between neocartilage grown in supplemented and ordinary medium, naïve and transduced neocartilage, neocartilage with varying ratios of transduced jCh, and articular cartilage healing in rats treated with a naïve neocartilage graft, a mosaic neocartilage graft, or no treatment were analyzed using a repeated measures ANOVA according to a fixedeffects model. An equal variance assumption was addressed by using the grouping option in Proc Mixed (Statistical Analysis System, Cary, NC, USA) model for estimation of each group variance separately to adjust the degrees of freedom for potential heteroscedasticity. A normality assumption was checked by using Anderson-Darling, Shapiro-Wilk, and Kolmogorov-Smirnov tests, where a $p < 0.10$ level was considered as the lack of normal distribution. To quantify the relative changes in gene expression, the comparative C_T ($\Delta \Delta C_T$) method [[34\]](#page-11-0) was used, which first normalizes to a housekeeping gene, then generates the fold change between groups. All analyses were performed using the SAS 9.2 software package (Statistical Analysis System).

Results

AdBMP-2 neocartilage had larger $(p < 0.001)$ diameter than naive neocartilage at Day 3, but by Day 10, pellets grown in CDM, regardless of transduction, were larger $(p < 0.001)$ than those grown in standard medium (Fig. [4](#page-6-0)). At the time of harvest, NC and BC were heavier $(p \lt 0.001)$ than ND and BD (Table [2](#page-6-0)). Viability was greater $(p < 0.001)$ in naive than in AdBMP-2 transduced neocartilage regardless of growth medium. AdBMP-2 neocartilage produced more soluble BMP-2 than naïve neocartilage when grown in CDM ($p = 0.0045$). Based on both individual categories and summation of the Bern score, there was a histologic difference $(p < 0.047)$ between each group. Neocartilage grown in standard medium did not produce substantial cartilage-specific extracellular matrix, had predominantly fibroblast-like morphologic features, and showed limited improvement of staining intensity with AdBMP2-transduction. The mean ratio of collagen type II to I gene expression was similar between NC and BC, and higher ($p < 0.0043$) than ND and BD.

All percentages of AdBMP-2 transduction increased the diameter ($p < 0.001$ to $p = 0.0521$) of neocartilage over the naive pellet (Fig. [5](#page-7-0)). The mean weights of the 90/10, 75/25, and 50/50 mosaics were greater $(p < 0.001$ to $p = 0.0099$) than those of the 25/75 mosaic and 100/0 or 0/100 pellets (Table [3\)](#page-7-0). The viability decreased with greater than 50% AdBMP-2 transduced chondrocytes. The mean percent viability of 100/0, 90/10, and 75/25 mosaics were greater ($p = .0018$ to 0.0478) compared with 25/75 and 0/100. Naive neocartilage produced a negligible concentration of soluble BMP-2. Soluble BMP-2 concentrations were similar ($p = 0.0311$ to 0.5237). Histologically, the 90/10, 75/25, and 50/50 mosaics had higher mean Bern scores ($p = 0.0038$ to 0.0443) than those of the 100/0, 25/75, and 0/100 groups. Substantial extracellular matrix, rounded chondrocyte morphologic features, and intense cartilage staining were seen in the superior groups. The collagen type II: I ratio was greatest ($p < 0.001$ to $p = 0.0169$ in the 90/10 mosaic.

Macroscopically, the locations of the defects were still clearly visible after the 8-week duration to the control (Fig. 6), naïve neocartilage (Fig. [7\)](#page-8-0), and mosaic neocartilage (Fig. [8](#page-9-0)). Histologically, all groups produced a repair tissue in the defect with excellent surface regularity and the

Fig. 4A–E (A) Macroscopic and histologic comparisons of the (B) naïve, standard medium, (C) naïve, CDM, (D) AdBMP2, standard medium, and (E) AdBMP2, CDM treatment groups for Part 1 of the

in vitro phase are shown (Stain, safranin O; original magnification, \times 20). CDM = chondrocyte differentiation medium. Scale = 1 mm.

Table 2. Summary of juvenile human chondrocyte neocartilage comparing supplemented medium and adenoviral BMP-2 transduction

Measurement	Growth condition			
	Naïve-DMEM	Naïve-CDM	AdBMP-2-DMEM	AdBMP-2-CDM
Weight	2.2 ± 1.3 mg	7.9 ± 1.6 mg	6.1 ± 0.6 mg	8.0 ± 1.4 mg
Viability	$90\% \pm 6\%$	$90\% \pm 7\%$	$70\% \pm 12\%$	$76\% \pm 8\%$
BMP-2 production (Day 14)	175 ± 191 pg/mL	43 ± 38 pg/mL	6.2 ± 6 ng/mL	619 ± 345 ng/mL
Bern score total	1.8 ± 1.5	8.0 ± 1.0	3.7 ± 1.8	5.2 ± 2.8
Collagen type II: I ratio	0.56 ± 0.07	2.4 ± 0.05	0.70 ± 0.42	2.3 ± 0.09

Mean \pm SD; DMEM = standard medium, consisting of Dulbecco's Modified Eagle's Medium, 10% fetal bovine serum, 1% penicillin-streptomycin; CDM = supplemented medium, consisting of a serum-free basal medium with dexamethasone, ascorbate, insulin, transferrin, selenium, pyruvate, proline, gentamicin, amphotericin, L-glutamine, and 10 μ g/ml TGF- β ; Naïve = untransduced chondrocytes; AdBMP- $2 =$ adenoviral BMP-2 transduced juvenile human articular chondrocytes.

immediately adjacent cartilage was generally free from degenerative change (Fig. [9](#page-9-0)). In the control group representing marrow stimulation, only a thin layer of fibrous tissue without any chondrocyte morphology lay superficial to the subchondral bone. There were areas where the medullary vasculature appeared to flow into the fibrous repair tissue. Staining of the early matrix was inferior to mature adjacent cartilage, but in the 75/25 mosaic group, a calcified cartilage layer and tidemark could be seen. The thickness of repair tissue, morphologic features of the chondrocytes in the central zone, and bonding to adjacent cartilage were superior in the 75/25 mosaic neocartilage group.

Discussion

Current research has explored numerous avenues for improving first-generation ACI including type of scaffolding material, source of cell for implantation, method of culture, delivery of beneficial factors, and alteration of genetic behavior [[15,](#page-11-0) [23,](#page-11-0) [32](#page-11-0), [33](#page-11-0)]. However, no technique has shown full hyaline restoration of cartilage lesions. The rationale for this study was to examine whether genetically augmenting jCh could improve neocartilage formation and healing of full-thickness articular defects.

The specific purposes were to compare in vitro the size, viability, and quality of matrix formation of jCh Fig. 5A–G (A) Macroscopic and (B) histologic comparisons of 100, (C) 90/10, (D) 75/25, (E) 50/50, (F) 25/75, and (G) 0/100 naïve/AdBMP-2 chondrocytes for Part 2 of the in vitro phase are shown (Stain, toluidine blue; original magnification, \times 20). % of naive chondrocytes/% of Ad-BMP-2 transduced chondrocytes. Scale $= 1$ mm.

Table 3. Summary of juvenile human chondrocyte neocartilage comparing varying ratios of adenoviral BMP-2 transduction

Mean \pm SD; * relative to control, 100/0; Naïve = untransduced chondrocytes; AdBMP-2 – adenoviral BMP-2 transduced juvenile human articular chondrocytes.

neocartilage (1) with and without supplemented culture medium, (2) with and without adenoviral BMP-2 (AdBMP-2) transduction, and (3) with varying ratios of transduced and naïve jCh in a mosaic graft. In vivo, the

purpose was to compare (4) healing of full-thickness articular cartilage defects using mosaic neocartilage, naïve neocartilage, and ordinary marrow stimulation in immunosuppressed rats.

Fig. 6A–D (A) Macroscopic and (B) toluidine blue (Original magnification, \times 4) staining appearances of the defect (black arrows) in the control group are shown. (C) The edge of the defect (white arrow) and peripheral zone of the repair tissue are shown (Stain, toluidine blue; original magnification, \times 20). (**D**) The central zone of the defect can be seen in this illustration (Stain, toluidine blue; original magnification, \times 20). There is thin, fibrous repair tissue (white dumbbell) directly overlying the subchondral bone in the central zone.

Limitations of this study include the following. First, we had a relatively short duration of in vivo followup. The course of cartilage restoration can require more than a year in large animals and humans [[20,](#page-11-0) [29\]](#page-11-0), but in a small animal model, reparative processes are accelerated [[2,](#page-11-0) [43](#page-12-0)]. Marrow stimulating studies in rats [\[3](#page-11-0), [43](#page-12-0)] have shown attainment of full histologic improvement as early as 4 weeks and stabilization of scores for as long as 24 weeks. In our study with neocartilage, although the repair tissue at 8 weeks lacks the same proteoglycan staining properties as normal adjacent tissue, there is evidence that attainment of full hyaline cartilage in ACI is an ongoing and lengthy process in which the quality of regeneration improves with time after grafting [\[20](#page-11-0)]. Second, we lacked a null

Fig. 8A–D (A) The macroscopic appearance of the defect (black arrow) in the group treated with the 75/25 neocartilage is shown (original magnification, \times 4). (B) The toluidine blue staining appearance of the defect (black arrow) in the group treated with the 75/25 neocartilage are shown (Original magnification, \times 4). (C) The edge of the defect (white arrow) and peripheral zone of the repair tissue are shown (Stain, toluidine blue; original magnification, \times 20). (D) The

chondrocyte morphology zone [[14](#page-11-0)].

central zone of the defect is shown (Stain, toluidine blue; original magnification, \times 20). There is a thicker layer of repair tissue (white dumbbell) and difference in early cartilaginous appearance compared with that seen in Figure [5D](#page-7-0). Early formation of a calcified cartilage zone (white bracket) and tidemark demarcating the separation from the more superficial zones can be seen.

adenoviral (AdNull) control. Although AdNull vectors have been described in some studies to control for the effect of adenoviral infection alone [\[19](#page-11-0), [60\]](#page-12-0), there is not a strong precedent for their use in cartilage research. Preliminary findings with AdGFP transduction and GFP production revealed its inadequacy as a neutral control for AdBMP-2 and expression of cartilage markers. Third, this study represents a pilot project to show proof of principle. The sample size of human donors is relatively small and the neocartilage potential of chondrocytes may vary among

individuals. However, prior work [[1](#page-11-0)] has shown an important threshold in juvenile chondrocytes that distinguishes their chondrocytes from adults. There are clear translational limitations with the rat model, but it is ideal for a costeffective experimental design and immunosuppressed environment [\[13\]](#page-11-0). Additional studies are necessary to reveal hurdles necessary to apply this concept to humans.

In the in vitro phase of this study, jCh growth in serumfree supplemented medium and AdBMP-2 transduction enhanced neocartilage formation over standard medium and naive jCh, respectively. AdBMP-2 transduction reduced cellular viability in neocartilage. Numerous studies have shown an effect of age on chondrocyte proliferation and postexpansion chondrogenic capacity [[6\]](#page-11-0), quality of cartilage formation [\[1,](#page-11-0) [3\]](#page-11-0), production of cell-associated matrix [[30\]](#page-11-0), and senescence markers [\[37](#page-12-0)]. Recently, one group reported 100-fold higher proteoglycan production and collagen type II mRNA expression in jCh [[3\]](#page-11-0), and a positive interaction on adult chondral fragments when cocultured with juvenile cartilage [\[9](#page-11-0)]. Viral transduction cytotoxicity has been cited as a concern [[39\]](#page-12-0). Although equine chondrocytes grown in monolayer are relatively hardy at one week [\[26](#page-11-0)], human jCh in neocartilage may be more susceptible as shown here.

The cytotoxic effect of adenoviral transduction can be minimized by creating mosaic grafts and reducing apoptosis to levels similar to those of traditional ACI [\[59](#page-12-0)]. Varying proportions of AdBMP-2 transduced and naive jCh were trialed to grow neocartilage with the goal of maximizing cellular viability, maintaining soluble BMP-2 production, and optimizing histologic scores. Superior outcomes were observed in mosaic neocartilage of 75% naive jCh – 25% AdBMP-2 transduced jCh and 90% naive jCh – 10% AdBMP-2 transduced jCh. The concept of ''instructor'' cells in a micromass coculture has been described [[17\]](#page-11-0). In an embryonic stem cell study, only 25% of the constituent cells were required to express chondroinductive protein to induce paracrine conversion to a chondrocyte phenotype $[12]$ $[12]$. The possibility of an off-the-shelf allogeneic graft is improved not only by the immunoprivileged nature of the articular environment, but also by passive and active mechanisms of juvenile neocartilage. Sequestration of the chondrocytes in their self-produced matrix before implantation can decrease immune response and host resorption compared with isolated allogeneic chondrocytes [\[40](#page-12-0)]. Juvenile chondrocytes do not stimulate, and may even suppress, host lymphocyte proliferation [[2,](#page-11-0) [3\]](#page-11-0). De novo tissue, or neocartilage, is not only intuitively appealing as the next step in orthopaedic bioengineering beyond scaffold-dependent technology, but may prove to be clinically superior [\[7](#page-11-0)]. In vitro, neocartilage differs from native hyaline cartilage only in fibril orientation secondary to the lack of physiologic mechanical stimulation [\[16](#page-11-0), [31,](#page-11-0) [58\]](#page-12-0). There is evidence that a neocartilage allograft may be able to adapt, mature, and remodel after implantation [[35\]](#page-11-0). Although formation of extraordinary shapes and sizes of neocartilage has been proven using rabbit chondrocytes [[41,](#page-12-0) [42](#page-12-0)], it is considerably more difficult with human jCh [\[7](#page-11-0)].

For the in vivo phase of this study, 75/25 mosaic neocartilage grafts placed into full-thickness articular defects resulted in better histologic findings at 8 weeks compared with naive neocartilage grafts and to marrow stimulation alone. In the neocartilage treatment groups, chondrons with multiple chondrocytes each could be seen in the adjacent intact cartilage, suggesting division and early clonal proliferation [\[46](#page-12-0)]. A member of the TGF superfamily, BMP-2 reportedly correlates with clinical improvement [[50](#page-12-0)], plays a role in intrinsic and surgically induced cartilage repair [\[8](#page-11-0), [50](#page-12-0)], and reduces gaps between reparative and host cartilage [[52\]](#page-12-0). Because pellet growth is primarily attributable to matrix formation and not chondrocyte proliferation [\[36](#page-12-0)], chondroactive factors may be helpful in augmenting size of neocartilage formation. Direct supplementation of recombinant protein is limited by a short in vivo half-life, and in vivo transduction with viral vectors to sites of cartilage damage is notoriously difficult [\[5](#page-11-0), [45](#page-12-0), [53](#page-12-0)]. Ex vivo therapeutic gene transfer is a safe, controlled process and is useful for transducing multiple proteins including BMP-2, BMP-7, and insulin-like growth factor-1 [[5,](#page-11-0) [11,](#page-11-0) [12](#page-11-0), [18](#page-11-0), [24,](#page-11-0) [25](#page-11-0), [53\]](#page-12-0). It is more targeted and readily achievable for cartilage applications than in vivo gene transfer [\[5](#page-11-0), [53](#page-12-0)]. The adenoviral vector remains episomal and does not incorporate into the host chromosome, is approved for use in clinical trials and has been explored in other areas of medicine [[56\]](#page-12-0), infects dividing and nondividing cells, is replication-defective, has only the potential to cause the common cold in humans, and has elevated, prolonged levels of transgene expression [\[54](#page-12-0)]. Although recombinant adeno-associated virus has been used to a lesser extent in cartilage research [\[57](#page-12-0)] and is less immunogenic [\[28](#page-11-0)], it is difficult to manufacture and has lower transduction efficiency [[54\]](#page-12-0). As with any new technique, additional animal studies are necessary to detect potential side effects associated with the viral vector or with elevated production of recombinant growth factor.

Human jCh grown in serum-free supplemented medium and transduced with AdBMP-2 were superior in vitro and in vivo when combined in low proportions with naïve jCh to form mosaic neocartilage grafts. In light of our findings, future goals include longer in vivo followup and larger animal models.

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