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Which Factors Increase Risk of Malalignment of the Hip-Knee-Ankle Axis in TKA?

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Abstract

Background Computer navigation has improved accuracy and reduced the percentage of alignment outliers in TKA. However, the characteristics of outliers and the risk factors for limb malalignment after TKA are still unclear.

Questions/Purposes We therefore addressed the following questions: (1) What is the incidence and characteristics of outliers for postoperative limb mechanical axis (hip-knee-ankle [HKA] angle outside the conventional

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A. B. Mullaji, G. M. Shetty, A. P. Lingaraju, S. Bhayde Department of Orthopaedic Surgery, Breach Candy Hospital, Mumbai, India $180^{\circ} \pm 3^{\circ}$ range) and component alignment in TKA? And (2) what are the preoperative clinical or radiographic risk factors for limb mechanical axis malalignment in TKA? *Methods* We retrospectively reviewed the clinical and radiographic records of 1500 computer-assisted TKAs to identify outliers for postoperative HKA axis and component alignment and determined risk factors for malalignment. Full-length hip-to-ankle and knee radiographs were used to measure preoperative HKA angle, femoral coronal bowing, joint divergence angle, tibial subluxation, and tibial bone loss and postoperative HKA angle and femoral and tibial component angle.

Results The incidence of outliers for postoperative limb mechanical axis, femoral component alignment, and tibial component alignment was 7% (112 of 1500 TKAs), 7%, and 8%, respectively, with 70% of limbs placed in excessive varus and 30% in excessive valgus. Preoperative varus deformity of more than 20° and femoral bowing of more than 5° were associated with increased risk of placing the limb mechanical axis outside the acceptable \pm 3° range after computer-assisted TKA.

Conclusions The presence of preoperative radiographic risk factors should alert the surgeon to increased chance of malalignment and every measure should be undertaken in such at-risk knees to ensure proper limb and component alignment and soft tissue balance.

Level of Evidence Level II, prognostic study. See Instructions for Authors for a complete description of levels of evidence

Introduction

Several reports have emphasized the importance of restoring accurate alignment after TKA and the greater risk

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of implant failure with malalignment [6, 12, 23]. Ritter et al. [23] in a recent radiographic analysis of more than 6000 TKAs at a minimum followup of 2 years reported failure was most likely if the tibial or femoral component was placed outside the acceptable limit with respect to the tibial and femoral axes on short knee films.

Computer navigation has facilitated more accurate component placement and limb alignment restoration after TKA [5, 7, 9]. In three recent meta-analyses of randomized controlled trials comparing navigated versus conventional TKAs [5, 7, 9], 1119 to 2268 navigated TKAs from 21 to 41 trials were analyzed. They reported patients who underwent navigated TKA had a lower risk of limb and implant malalignment at more than 3° with respect to the mechanical axis and an outlier rate of 12% to 13% for the limb mechanical axis. Despite the accuracy, individual studies have reported an outlier rate of 0% to 29% with navigated TKA for limb mechanical axis [16, 17, 24, 28, 29]. This wide variation may be due to the small number of navigated knees (ranging from 32 to 282) included in most of these studies and the fact that most of these cases were part of an early series where surgeon experience might have played a role in the alignment outcome. Furthermore, none of these studies have analyzed the causes or risk factors for malalignment. Few [17, 24, 28] have attributed malalignment to reasons such as error during bone cuts, error during registration, displacement of the infrared arrays during the procedure, and errors that occur during obtaining and measuring postoperative radiographs.

We therefore addressed the following questions: (1) What is the incidence and characteristics of outliers for postoperative limb mechanical axis (hip-knee-ankle [HKA] angle outside the acceptable range of $180^{\circ} \pm 3^{\circ}$) and component alignment in TKA? And (2) what are the pre-operative clinical or radiographic risk factors for limb mechanical axis malalignment in TKA?

Patients and Methods

We retrospectively reviewed the clinical and radiographic records of 1590 primary TKAs performed by the senior author (ABM) from 2005 to 2010. We included all primary TKAs performed for knee arthritis secondary to primary osteoarthritis, rheumatoid arthritis, or posttraumatic arthritis. We excluded patients whose radiographic records were incomplete for analysis (90 TKAs), leaving 1500 TKAs performed in 1196 patients (245 men, 951 women) for analysis. We used clinical records to obtain demographic details, including age, sex, BMI, and preoperative diagnosis (Table 1). A total of 226 knees (15%) had incomplete records to derive BMI and were therefore omitted for analysis of this variable. The primary diagnosis

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Table 1. Demographic data of the study population

Parameter	Value
Number of TKAs/patients	1500/1196
Age (years)*	67 ± 8 (39–94)
BMI*	$30 \pm 5 (15 - 54)$
Sex (number of patients)	
Male	245
Female	951
Diagnosis (number of knees)	
Osteoarthritis	1460
Rheumatoid arthritis	38
Posttraumatic arthritis	2
Procedure (number of patients)	
Unilateral	892
Simultaneous/staged bilateral	304

* Values are expressed as mean \pm SD, with range in parentheses.

was osteoarthritis in 1460 knees, rheumatoid arthritis in 38 knees, and posttraumatic arthritis in two knees. One hundred seventeen knees (8%) had valgus deformity and 1383 knees (92%) had varus deformity preoperatively. A vast majority of knees (90%) had a combination of osteoarthritis with preoperative varus deformity whereas a small part of the knees (0.5%) had rheumatoid arthritis with preoperative valgus deformity (Table 2). No patients were recalled specifically for this study; all data were obtained from medical records and radiographs.

All TKAs were performed by one surgeon (ABM) using the image-free Ci Navigation System (Brainlab AG, Munich, Germany). All procedures were performed with the tourniquet inflated using an anterior longitudinal incision and a medial parapatellar arthrotomy. All patients underwent TKA using a cemented, posterior cruciatesubstituting design and all patients had resurfacing of the patella. During navigation, registration was performed in the standard fashion using proximal tibial and distal femoral arrays to which three reflector spheres were affixed. The mechanical axis of the lower limb was obtained by navigation, using the center of femoral rotation, the center of the intercondylar notch, and the center of the ankle plafond (defined as the midpoint between the outermost prominence of the medial and the lateral malleolus). Cutting blocks were navigated into position to perform the appropriate bone cuts where the tibial and femoral cuts were performed at 90° relative to their mechanical axes in the coronal plane and the tibial slope and femoral flexion at approximately 3° with respect to their mechanical axes in the sagittal plane. The degree of soft tissue release was governed by the amount of soft tissue tightness assessed using a tensioning device and medial and lateral gap imbalance as quantified by navigation. Medial release for

Groups	Number of knees	Outliers for HKA axis		Outliers for femoral component alignment			Outliers for tibial component alignment			
		Total	$> 3^{\circ}$ varus	> 3° valgus	Total	$> 3^{\circ}$ varus	$> 3^{\circ}$ valgus	Total	$> 3^{\circ}$ varus	$> 3^{\circ}$ valgus
OA varus	1353	100	60 (60%)	40 (40%)	87	40 (46%)	47 (54%)	107	28 (26%)	79 (74%)
OA valgus	107	7	1 (14%)	6 (86%)	9	3 (33%)	6 (67%)	13	1 (8%)	12 (92%)
RA varus	28	4	3 (75%)	1 (25%)	4	1 (25%)	3 (75%)	4	2 (50%)	2 (50%)
RA valgus	10	1	1 (100%)	0	1	0	1 (100%)	0	0	0
Total	1498	112	65	47	101	44	57	124	31	93

Table 2. Outlier rate for postoperative HKA axis and femoral and tibial component alignment in groups based on preoperative diagnosis and type of deformity

HKA = hip-knee-ankle; OA = osteoarthritis; RA = rheumatoid arthritis.

varus knees and lateral release for valgus knees were performed to achieve rectangular balanced gaps and a fully restored mechanical axis.

One of the authors (GMS) screened all full-length radiographs before analysis for excessive rotation of the limb or improper exposure, which may make the radiograph unsuitable for analysis. To determine excessive rotation of the limb on radiographs, the appearance of the lesser trochanter and the fibular head profile were used as landmarks. Radiographs that showed one of these two profiles in excess meant the limb was malrotated and those limbs were excluded from the study. Angles measured on full-length hip-to-ankle radiographs are reportedly reliable [25]. Hence, two of us (APL, SB), who had not operated on any of the patients from this study, performed the radiographic assessment using pre- and postoperative full-length standing hip-to-ankle and standing AP and lateral radiographs. The radiographs taken preoperatively and at latest followup were used for analysis in this study. All digital radiographic images were analyzed using ImageJ image processing and analysis software (Version 1.41; NIH, Bethesda, MD, USA). The degree of pre- and postoperative knee deformity or HKA angle was determined on the standing full-length radiographs as the angle between the mechanical axis of the femur (center of the femoral head to the center of the knee) and the mechanical axis of the tibia (center of the knee to the center of the ankle plafond). Postoperatively, coronal alignment of femoral and tibial components was measured using their respective mechanical axes on full-length radiographs. We also analyzed radiographs to determine the following parameters (Fig. 1): (1) amount of femoral shaft bowing in the coronal plane measured by the method described by Yau et al. [27], with angulation of more than 5° considered clinically important; (2) amount of lateral or medial soft tissue laxity in a varus or valgus knee as determined by the joint divergence angle (JDA), which was the angle made by the distal femur and proximal tibial joint lines plotted perpendicular to the femoral and tibial mechanical axes; (3) depth of medial or lateral tibial bone defect as determined by the method described by Aglietti et al. [1]; and (4) amount of lateral or medial subluxation of the tibia.

Limbs with a postoperative HKA angle outside the conventional $\pm 3^{\circ}$ range from a neutral alignment of 180° were considered outliers for limb alignment. Similarly, components outside the conventional $\pm 3^{\circ}$ range from a neutral alignment of 90° in the coronal plane were considered outliers for component alignment. To determine the pattern of outliers for limb mechanical axis, we analyzed them further to determine the number of limbs in excessive postoperative varus or valgus in the subgroups based on the type and severity of preoperative knee deformity. Among the outliers for limb alignment, the number of tibial and femoral components that were malaligned was also determined.

For statistical analysis, we subgrouped demographic and radiographic parameters as follows: age at surgery $(< 60 \text{ years}, 60-70 \text{ years}, > 70 \text{ years}), BMI (< 30, \ge 30),$ preoperative knee deformity ($< 10^{\circ}$ varus, 10° – 20° varus, $> 20^{\circ}$ varus, $< 10^{\circ}$ valgus, $> 10^{\circ}$ valgus), amount of femoral shaft bowing ($\leq 5^{\circ}$, > 5°), JDA ($\leq 15^{\circ}$, > 15°), depth of tibial bone loss (< 20 mm, > 20 mm), and tibial subluxation ($\leq 20\%$, > 20%). The chi-square test was used for comparison between groups during bivariate analysis. Demographic and radiographic factors found to be significant for unacceptable postoperative limb mechanical alignment on bivariate analysis (Table 3) were then included in a multivariate logistic regression analysis to analyze the effect of each significant factor adjusted for others (keeping other variables constant). An odds ratio for the increased chance of limb malalignment was calculated for all risk factors from the multivariate analyses.

Results

Among the 1500 TKAs analyzed, 112 knees (7%) in 109 patients were outliers for postoperative limb mechanical axis (Fig. 2). Sixty-five of these limbs (58%) were in

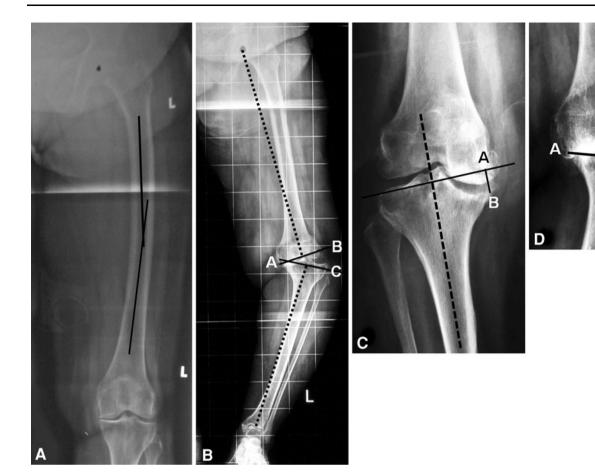


Fig. 1A–D (A) Femoral bowing in the coronal plane is measured on a full-length hip-to-ankle radiograph as the angle made by the middiaphyseal lines of the proximal ½ and distal ½ of the femoral shaft. (B) JDA (Angle BAC) is measured as the angle made by the distal femur and proximal tibial cuts (solid lines) plotted perpendicular to the femoral and tibial mechanical axes (dotted lines). (C) Depth of tibial bone loss (Distance AB) is measured on standing knee AP radiographs as the distance between the tangential line (solid

excessive varus alignment and 47 limbs were in excessive valgus alignment. Postoperative limb malalignment was 5° or less in 107 limbs (96%) and greater than 5° in five limbs (two limbs in 5.1°–6° varus, one limb in > 6° varus, one limb in 6° valgus). A majority of the outliers in limbs with preoperative varus deformity (60%) were in excessive varus, implying undercorrection of deformity. Similarly, 75% of the outliers in limbs with preoperative valgus deformity were in excessive valgus, implying undercorrection postoperatively. However, a greater (p = 0.02)number of limbs were in excessive valgus malalignment postoperatively in outlier limbs having a preoperative varus deformity of 20° or less (44%) when compared to outlier limbs having a preoperative varus deformity of more than 20° (17%), suggesting limbs with lesser degrees of preoperative varus deformity had a tendency for overcorrection into valgus postoperatively. In contrast, irrespective of the degree of preoperative valgus deformity, 75% of

line) drawn to the top of the intact lateral tibial plateau perpendicular to the proximal tibial mechanical axis (dotted line) and the lowest point of the defect. (**D**) Amount of tibial subluxation is measured as a percentage of the distance between the lateral-most point of the distal femoral condyle to the lateral-most point of the tibial condyle (Distance CB) with respect to the mediolateral length of the tibial plateau at the level of the articular surface (Distance AB), ie, amount of tibial subluxation = Distance CB × 100/Distance AB.

limbs were in excessive valgus postoperatively, implying undercorrection. In both osteoarthritic and rheumatoid knees, a majority of the outliers (57% and 70%, respectively) were in excessive varus.

The outlier rates were 7% (101 knees; 44 knees in excessive varus and 57 knees in excessive valgus) for femoral component alignment in the coronal plane and 8% (124 knees; 31 components in excessive varus and 93 components in excessive valgus) for tibial component alignment. A majority of the malaligned femoral and tibial components (56% and 75%, respectively) were placed in excessive valgus. Among the 112 knees that were outliers for postoperative limb mechanical axis, 57% (64 knees) had an associated component malalignment. Of these 64 knees, 31 knees each had either the femoral or the tibial components in malalignment. In the remaining 43% (48 knees), both the femoral and tibial components were well aligned in the

Risk factor	Number of kn	p value		
	Total	Nonoutliers	Outliers	
Age				0.83
< 60 years	293 (19%)	274 (20%)	19 (17%)	
60-70 years	721 (49%)	667 (48%)	54 (48%)	
> 70 years	486 (32%)	447 (32%)	39 (35%)	
Sex				0.43
Male	223 (15%)	203 (14.6%)	20 (18%)	
Female	1277 (85%)	1185 (85.4%)	92 (82%)	
BMI				0.05
< 30	750 (59%)	725 (59%)	25 (46%)	
≥ 30	524 (41%)	495 (41%)	29 (54%)	
Severity of preop	perative knee de	eformity		< 0.001
Varus $< 10^{\circ}$	519 (37.5%)	485 (37.9%)	34 (33%)	
Varus 10°-20°	712 (51.5%)	668 (52.3%)	44 (42.7%)	
Varus > 20°	150 (11%)	125 (8.5%)	25 (16.5%)	
Valgus $< 10^{\circ}$	76 (64%)	70 (63.6%)	6 (66.7%)	
Valgus > 10°	43 (36%)	40 (36.4%)	3 (33.3%)	
Femoral bowing				< 0.001
$\leq 5^{\circ}$	1375 (91.7%)	1283 (92.4%)	92 (82.1%)	
> 5°	125 (8.3%)	105 (7.6%)	20 (17.9%)	
Joint divergence	angle			0.002
$\leq 15^{\circ}$	816 (61.2%)	768 (62.4%)	48 (46.6%)	
> 15°	518 (38.8%)	463 (37.6%)	55 (53.4%)	
Tibial bone loss				< 0.001
$\leq 20 \text{ mm}$	1455 (97%)	1354 (97.6%)	101 (90.2%)	
> 20 mm	45 (3%)	34 (2.4%)	11 (9.8%)	
Tibial subluxation	n			0.01
$\leq 20\%$	1364 (90.9%)	1269 (91.4%)	95 (84.8%)	
> 20%	136 (9.1%)	119 (8.6%)	17 (15.2%)	

Table 3. Risk factors for postoperative limb mechanical axis alignment (bivariate analysis)

coronal plane. Despite both components being well aligned, 75% of these knees had a postoperative mechanical limb alignment in excessive varus and 25% in excessive valgus. In osteoarthritic and rheumatoid knees, a majority of the malaligned femoral components (55% and 80%, respectively) were in excessive valgus. For malaligned tibial components, 75% in osteoarthritis knees and 50% in rheumatoid knees were in excessive valgus (Table 2).

Multivariate analysis showed preoperative varus deformity of more than 20° and femoral bowing of more than 5° were associated with increased risk for postoperative mechanical axis malalignment (Fig. 3, Table 4).

Discussion

Although numerous studies have stressed the importance of a well-aligned limb mechanical axis after TKA [6, 13, 23],

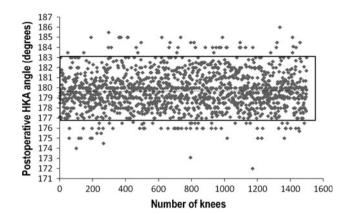


Fig. 2 A scatterplot shows the postoperative HKA angle of all knees, with a rectangle around all knees within the acceptable \pm 3° range from a neutral alignment of 180°. The horizontal line denotes the mean postoperative HKA angle.

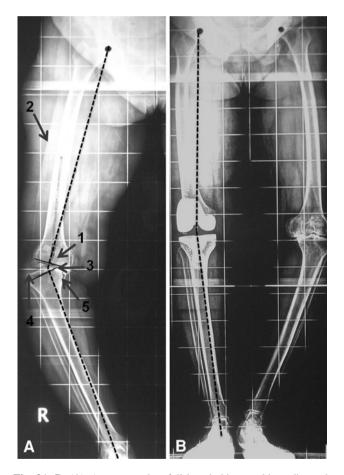


Fig. 3A–B (A) A preoperative full-length hip-to-ankle radiograph shows a typical at-risk knee with the two risk factors for limb malalignment, (1) preoperative varus deformity of 34° and (2) severe femoral bowing in the coronal plane, along with other radiographic features such as (3) large JDA, (4) lateral tibial subluxation, and (5) medial tibial bone loss. (B) A postoperative full-length hip-toankle radiograph of the same patient shows the limb in excessive varus of 7°.

Table 4. Risk factors for postoperative limb mechanical axis alignment (multivariate analysis)

Risk factor	p value	Odds ratio	95% CI for odds ratio	
Preoperative knee	leformity			
Varus $< 10^{\circ}$	Reference	Reference	Reference	
Varus 10°–20°	0.06	0.20	0.04-1.06	
Varus > 20°	0.03	0.16	0.03-0.85	
Valgus $< 10^{\circ}$	0.15	0.27	0.04-1.60	
Valgus > 10°	0.15	0.27	0.02 - 1.82	
Femoral bowing				
$< 5^{\circ}$	Reference	Reference	Reference	
$> 5^{\circ}$	0.05	0.55	0.30-1.0	
Joint divergence an	gle			
< 15°	Reference	Reference	Reference	
> 15°	0.18	0.67	0.38-1.19	
Tibial bone loss				
< 20 mm	Reference	Reference	Reference	
> 20 mm	0.57	0.44	0.19-1.02	
Tibial subluxation				
< 20%	Reference	Reference	Reference	
> 20%	0.86	0.94	0.50-1.77	

it is unclear what clinical and radiographic factors can increase the risk of limb malalignment after TKA. Based on our large series of 1500 computer-assisted TKAs, we sought to answer the following questions: (1) What are the incidence and characteristics of outliers for postoperative limb mechanical axis (HKA angle outside the conventionally acceptable range of $180^\circ \pm 3^\circ$) and component alignment in TKA? And (2) what are the preoperative clinical or radiographic risk factors for limb mechanical axis malalignment in TKA?

Our study has some limitations. First, this is a radiographic analysis in which improper radiographic technique may lead to errors of measurement. We tried to minimize this source of error by standardizing the technique of taking full-length hip-to-ankle and knee radiographs at our institution. Second, we found 43% of limbs, despite having well-positioned femoral and tibial components, had malalignment of the limb mechanical axis. This may indicate a mediolateral soft tissue imbalance in knee extension, which may cause the mechanical axis to deviate under weightbearing conditions. We have not included analysis of postoperative mediolateral soft tissue balance of TKA, which is relevant to this study. Third, we focused on the coronal plane alignment of limbs and components after TKA and did not analyze these in the sagittal and axial planes. Although the coronal plane has been the focus of attention in most studies on limb and component alignment, both the sagittal and axial planes may be equally important for long-term implant survival and function after TKA. Fourth, intraoperative factors such as error during registration of anatomic landmarks or accidental displacement of the pins or arrays during navigation may affect the accuracy of the procedure and contribute to outliers. The analysis of such factors as risks for malalignment was not part of our study. Finally, based on previously published studies that have also generally used this range, we have defined outliers as those outside the \pm 3° range from 180° for limb mechanical axis and outside the \pm 3° range from 90° for component alignment. However, we are fully cognizant of the fact that this is an arbitrary range and there is as yet inconclusive evidence to support its use [22].

Our study of 1500 TKAs showed an outlier rate of 7% for postoperative limb mechanical axis, 7% for femoral component alignment in the coronal plane, and 8% for tibial component alignment in the coronal plane, indicating navigation achieves accurate placement of femoral and tibial components and restoration of limb mechanical axis in the coronal plane. Our literature review of studies analyzing limb and component alignment using hip-to-ankle radiographs of least 100 navigated TKAs performed by individual surgeons/institutions revealed wide variations in the outlier rates (Table 5). Outlier rates were 5% to 21% for postoperative limb mechanical axis, 4% to 11% for femoral component alignment, and 3% to 11% for tibial component alignment. A higher outlier rate in some of these studies when compared to our results could be due to the fact that some of these studies involved multiple surgeons where individual experience with navigation could have played a role [8, 10] (in contrast to our single-surgeon study), had relatively smaller number of knees (maximum of 100-500 TKAs) [2, 8, 10, 11, 14, 17, 26], and were performed early during the evolution of navigation software and tools (1999–2003) [2, 8, 10, 11] (Table 5).

Another important finding of our study is that limbs with lesser preoperative varus deformity had a tendency for overcorrection into valgus postoperatively. Hence, the surgeon should avoid overrelease of soft tissue medially and achieve adequate bone resection from the proximal tibia and distal femur to avoid overcorrection in such knees. Of the 112 limbs that were outliers for limb mechanical axis, 64 limbs had an associated component malalignment and the remaining 48 limbs had both the femoral and tibial components well aligned. Hence, a majority of malaligned limbs were probably a consequence of component malalignment. Although computer navigation allows for accurate placement of cutting blocks and verification of bone cuts intraoperatively, deviations can occur between the bone resection and the final implant position. This could be due to improper cementation and impaction of the components intraoperatively. Catani et al. [4] reported alignment deviations of more than 1° can occur in 20% of

Table 5. Comparison of outlier rates for postoperative HKA axis and component alignment between our study and studies in the literature
published from 2007 to 2012 and having a minimum of 100 computer-assisted TKAs

Study	Year	Study design	Navigation system	Number of TKAs	Outliers for postoperative HKA axis (%)	Outliers for femoral component alignment (%)	Outliers for tibial component alignment (%)	Minimum followup (months)
Anderson et al. [2]	2005	Retrospective, matched-pair case-control study, single surgeon	OrthoPilot [®] (Stryker Orthopaedics, Mahwah, NJ, USA)	116	5	NA	NA	NA
Haaker et al. [8]	2005	Retrospective, matched-pair case-control, 4 surgeons	OrthoPilot [®] (Stryker)	100	21	NA	NA	NA
Jenny et al. [10]	2005	Retrospective, matched-pair case-control study, 2 surgeons	OrthoPilot [®] (Stryker)	235	8	11	11	3
Mullaji et al. [17]	2007	RCT, single surgeon	Ci (Brainlab AG, Munich, Germany)	282	9	9	9	12
Martin et al. [14]	2007	RCT, 3 surgeons	VectorVision [®] (Brainlab)	100	6	5	3	3
Tingart et al. [26]	2008	Prospective	VectorVision [®] (Brainlab) and Ci TM System (DePuy Orthopaedics Inc, Warsaw, IN, USA)	500	5	4	5	NA
Kim et al. [11]	2009	Prospective, single surgeon in sequential bilateral TKAs	VectorVision [®] (Brainlab)	160	13	11	9	36
Current study	2012	Retrospective, single surgeon	Ci (Brainlab)	1500	7	7	8	12

HKA = hip-knee-ankle; RCT = randomized controlled trial; NA = not available.

limbs for femoral component position in the coronal plane. Malaligned knees where both components were placed accurately were probably the result of mediolateral soft tissue imbalance. Although computer navigation is reportedly accurate and reliable for measuring soft tissue balance intraoperatively [15], the technique of soft tissue balance is complex and based on surgeon technique and subjective assessment. Although the senior author has ensured mediolateral soft tissue balance of within 2 mm at the end of each TKA, it is possible this balance may undergo change over time postoperatively. Bellemans et al. [3] reported all knees underwent increased mediolateral laxity by an average of 1 mm on the medial and lateral sides owing to stress relaxation immediately after the procedure. Furthermore, mediolateral soft tissue balance assessed intraoperatively in full extension is performed under nonweightbearing conditions, which may be different when the patient stands (as during postoperative full-length radiography) or walks.

Our study showed knees with a preoperative varus deformity of more than 20° and femoral bowing of more

than 5° were at greater risk for postoperative mechanical axis malalignment. Usually knees with severe varus deformities (> 20°) have substantial associated femoral bowing, lateral soft tissue laxity (greater JDA and tibial subluxation), and tibial bone loss [19, 20] (Fig. 3). These factors may lead to distortion of bony landmarks, which may lead to errors in registration during navigation and consequently malposition of components and inaccurate assessment of limb alignment with navigation. Furthermore, substantial associated lateral soft tissue laxity may make soft tissue balance challenging. We have dealt with such substantial mediolateral imbalance by a graduated, stepwise substantial soft tissue release and judicious use of a sliding epicondylar osteotomy to achieve optimum soft tissue balance [18, 21].

We found computer navigation results in accurate limb and component alignment in the coronal plane in most TKAs. However, minor component malalignment and mediolateral soft tissue imbalance may still contribute to malalignment of limbs after TKA. The presence of a severe preoperative varus deformity (> 20°) and femoral bowing of more than 5° in the coronal plane on preoperative radiographs should alert the surgeon to increased risk of malalignment in such knees. Hence, every measure should be undertaken in such at-risk knees to ensure optimum limb and component alignment and soft tissue balance.

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