

Exercise Training Prevents TNF- α Induced Loss of Force in the Diaphragm of Mice

Norman Mangner^{1*}, Axel Linke¹, Andreas Oberbach², Yvonne Kullnick², Stephan Gielen³, Marcus Sandri¹, Robert Hoellriegel¹, Yasuharu Matsumoto⁴, Gerhard Schuler¹, Volker Adams¹

1 Heart Center Leipzig, University of Leipzig, Leipzig, Germany, **2** Department of Pediatric Surgery, University Hospital of Leipzig, Leipzig, Germany, **3** University Hospital - Martin Luther University of Halle/Wittenberg, Halle, Germany, **4** Department of Cardiovascular Medicine, Tohoku University Graduate School of Medicine, Sendai, Japan

Abstract

Rationale: Inflammatory cytokines like tumor necrosis factor alpha (TNF- α) are elevated in congestive heart failure and are known to induce the production of reactive oxygen species as well as to deteriorate respiratory muscle function.

Objectives: Given the antioxidative effects of exercise training, the aim of the present study was to investigate if exercise training is capable of preventing a TNF- α induced loss of diaphragmatic force in mice and, if so, to elucidate the potential underlying mechanisms.

Methods: Prior to intraperitoneal injection of TNF- α or saline, C57Bl6 mice were assigned to four weeks of exercise training or sedentary behavior. Diaphragmatic force and power generation were determined in vitro. Expression/activity of radical scavenger enzymes, enzymes producing reactive oxygen species and marker of oxidative stress were measured in the diaphragm.

Main Results: In sedentary animals, TNF- α reduced specific force development by 42% concomitant with a 2.6-fold increase in the amount of carbonylated α -actin and creatine kinase. Furthermore, TNF- α led to an increased NAD(P)H oxidase activity in both sedentary and exercised mice whereas xanthine oxidase activity and intramitochondrial ROS production was only enhanced in sedentary animals by TNF- α . Exercise training prevented the TNF- α induced force reduction and led to an enhanced mRNA expression and activity of glutathione peroxidase. Carbonylation of proteins, in particular of α -actin and creatine kinase, was diminished by exercise training.

Conclusion: TNF- α reduces the force development in the diaphragm of mice. This effect is almost abolished by exercise training. This may be a result of reduced carbonylation of proteins due to the antioxidative properties of exercise training.

Citation: Mangner N, Linke A, Oberbach A, Kullnick Y, Gielen S, et al. (2013) Exercise Training Prevents TNF- α Induced Loss of Force in the Diaphragm of Mice. PLoS ONE 8(1): e52274. doi:10.1371/journal.pone.0052274

Editor: Frank Seebacher, University of Sydney, Australia

Received: October 6, 2012; **Accepted:** November 12, 2012; **Published:** January 2, 2013

Copyright: © 2013 Mangner et al. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Funding: The authors have no support or funding to report.

Competing Interests: The authors have declared that no competing interests exist.

* E-mail: norman.mangner@med.uni-leipzig.de

Introduction

Impaired skeletal muscle function is frequently seen in a large variety of systemic disorders including congestive heart failure (CHF) and sepsis [1,2]. While the above disorders develop in quite distinct clinical conditions, they all inflict similar skeletal muscle dysfunctions, including impaired contractility, reduced muscle protein synthesis, and enhanced muscle protein degradation and ubiquitination [1,3,4]. However, not only are the peripheral muscles affected by these mechanisms but also the respiratory muscles, in particular the diaphragm, which may also develop a secondary myopathy [5]. In the clinical context, respiratory muscle dysfunction is accompanied by increased morbidity and mortality in CHF [5,6].

One important mechanism that is common in secondary myopathies is the prevalence of elevated inflammatory cytokines. Increased cytokine levels have been detected in the serum and/or in skeletal muscle tissues both in CHF and sepsis [7,8,9,10]. Tumor necrosis factor alpha (TNF- α) is a proinflammatory

cytokine that is elevated in the circulation of individuals with severe CHF promoting pathological symptoms [11,12,13]. Exogenous TNF- α administered either in vitro [14,15] or in vivo [16,17] depresses specific force (i.e., force per cross-sectional area) of limb and respiratory muscles. This response develops within hours [16,17] and persists with prolonged exposure [18]. The decline in specific force is accompanied by an increase in muscle-derived oxidants and can be opposed by administration of antioxidants [18,19].

Reactive Oxygen Species (ROS), e.g. hydrogen peroxide, are known to stimulate ubiquitin-conjugating activity and expression of genes for specific E2 and E3 proteins in skeletal muscle [20]. Recently, we were able to show that the TNF- α induced loss of muscle force is Muscle Ring Finger 1 (MurF1) dependent in peripheral soleus muscle, which therefore suggests the Ubiquitin-Proteasome-System (UPS) plays a central role in TNF- α induced force reduction [16]. The UPS is an ATP requiring multi-enzymatic process. Proteins degraded by the UPS are first

conjugated to ubiquitin. This reaction requires the activation of ubiquitin by the ubiquitin activating enzyme (E1), transfer to an ubiquitin conjugating enzyme (E2), and subsequent linkage to the lysine residue of proteins destined for degradation (E3) [21].

It is well accepted that exercise training exerts antioxidative effects to the skeletal muscle in CHF, in particular due to an augmentation in the activity of radical scavenger enzymes [8,22,23,24,25]. Furthermore, exercise training reduces the catabolic activation caused by CHF in rats [26] and humans with moderate [27] and severe CHF [28].

The aim of the present study, therefore, was to test the hypothesis that an exercise training program is capable of preventing the TNF- α induced loss of muscle contractile force in the diaphragm of mice. In addition, potential molecular mechanisms responsible for the TNF- α induced force reduction and protective effects of exercise training were also analyzed.

Materials and Methods

Animal Groups

The local Council for Animal Research (Regierungspräsidium Leipzig/Saxonia/Germany) approved all experimental protocols (TVV 33/09). We performed a power analysis based on our results in soleus muscle prior to the study [16]. Choosing a power of 90% and 5% type I error, we calculated that a sample size of at least eight mice in each subgroup were required to detect significant differences (2 SD) in force development by ANOVA. With respect to possible animal loss during the study, a total of 40 female C57Bl6 mice (Medizinisch-Experimentelles Zentrum, University of Leipzig) were included. At the age of two months mice were randomized to exercise training (ET, $n=20$) or a sedentary lifestyle (control group, $n=20$). After a period of four weeks of ET or sedentary behavior, mice were randomly injected intraperitoneally (IP) with 100 ng/g body weight recombinant TNF- α ($n=10$) (Sigma, Taufkirchen, Germany) or with an equal volume of physiological saline solution ($n=10$). This dose of TNF- α is known to result in measurable and reliable effects of TNF- α on peripheral and diaphragmatic muscle function as described previously [16,19]. The animals were sacrificed twenty-four hours after the injection of TNF- α using Pentobarbital (150 mg/kg body weight). Diaphragm bundles from the right hemidiaphragm were used for functional assessment by determining the force and power generation using a standardized in vitro electro stimulation protocol. The contralateral hemidiaphragm was frozen in liquid nitrogen for further analysis.

Exercise Protocol

Mice assigned to the exercise group were accustomed to run on a motorized rodent treadmill with a shock-plate incentive. The slope of the treadmill was kept constant at 5°. Mice were trained at a speed of 15 m/min for 60 min/day with 2-minute rest intervals every 15 minutes for five days a week, as described previously [29].

All of the mice were confined to their individual cages throughout the study.

Contractile Measurements

For functional assessment, a diaphragm bundle from the right hemidiaphragm was incubated in an oxygenated physiological buffer. The isolated muscle bundle was fixed with a silk suture at the central tendon and the proximal junction to the ribs, and mounted in an organ bath for measurement of muscle contractile function (Aurora Scientific, Aurora, Ontario, Canada) as described previously [16]. For a detailed description, please refer to Manuscript S1.

Quantification of Enzymatic Activities

The frozen biopsy samples were homogenized in RIPA buffer containing proteinase inhibitors (Inhibitor mix M, Serva, Heidelberg, Germany) and protein content was determined (BCA assay, Pierce, Bonn, Germany). Enzymatic activities of NAD(P)H oxidase [30], aconitase [31], fumarase [32], glutathione peroxidase (GPX) [33], catalase [34], superoxide dismutase (SOD) and manganese superoxide dismutase (Mn-SOD) [35] as well as creatine kinase (CK) [36] were measured according to standard protocols and expressed as milliunits or units per milligram protein. Activity of xanthine oxidase was measured using a commercial kit according to the manufactures instruction (BioVision, Mountain View, CA, USA).

Calpain enzymatic activity was measured as recently described [37] using the fluorogenic peptide Suc-LLVY-AMC (Biomol, Hamburg, Germany) and a highly specific calpain inhibitor (Calpain inhibitor III, Calbiochem, Darmstadt, Germany).

RNA Isolation and Quantification of mRNA Expression

Total RNA was isolated from diaphragm muscle tissue using RNeasy (Qiagen, Hilden, Germany), and reverse transcribed into cDNA using random hexamers and Sensiscript reverse transcriptase (Qiagen, Hilden, Germany). An aliquot of the cDNA was used for quantitative RT-PCR applying the LightCycler™ (Roche Diagnostics Inc). The expression of specific genes was normalized to the expression of Hypoxanthin-Phosphoribosyl-Transferase mRNA (HPRT). For a detailed description of the used primers and conditions, please refer to table 1 in Manuscript S1.

Quantification of Protein Expression

Frozen tissue samples were homogenized in RIPA buffer containing a mixture of protease inhibitor (inhibitor mix M, Serva, Heidelberg, Germany) and protein expression was quantified by Western blot using specific antibodies to MuRF1 (generous gift of Dr. S. Labeit, University Mannheim, Germany) and MafBx (generated in rabbits against the following peptide sequence CYPRKEQYGDTLQL, Eurogentec, Seraing, Belgium). After incubation with a horseradish peroxidase-conjugated

Table 1. Baseline characteristics of the mice and diaphragm strips.

	Sedentary+NaCl	Sedentary+TNF- α	Exercise+NaCl	Exercise+TNF- α
body mass [g]	18.3±0.8	18.8±0.7	18.9±0.9	18.0±0.7
diaphragm strip length [cm]	0.66±0.1	0.63±0.05	0.62±0.05	0.64±0.07
diaphragm strip mass [mg]	5.2±1.4	5.0±1.0	5.0±0.08	4.5±0.08
diaphragm CSA [cm ²]	0.007±0.001	0.007±0.002	0.008±0.001	0.007±0.001

doi:10.1371/journal.pone.0052274.t001

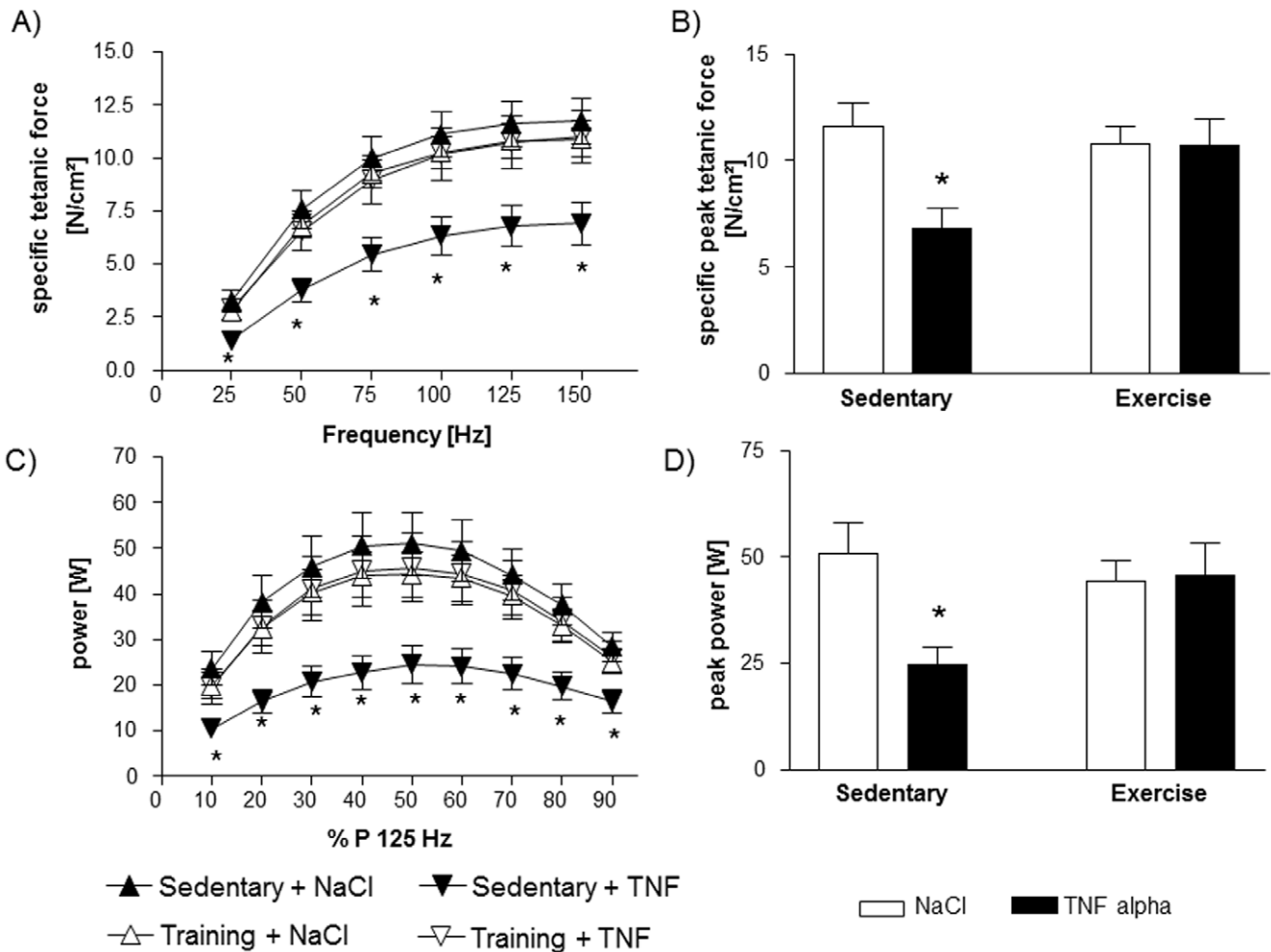


Figure 1. Force development is impaired in sedentary animals treated with TNF- α as shown by the force-frequency-relation (A). Specific peak tetanic force development (B) is reduced by ~42% due to a single intraperitoneal TNF- α administration. This loss of force can be almost prevented by extensive exercise training four weeks prior to TNF- α administration. Power of the diaphragm is also reduced in sedentary mice by TNF- α , but this can be essentially prevented by exercise training (C and D). * $p < 0.01$ vs. sedentary+NaCl and exercise+TNF- α ; n = 10 per group. doi:10.1371/journal.pone.0052274.g001

secondary antibody, specific bands were visualized by enzymatic chemiluminescence (Super Signal West Pico, Pierce, Bonn, Germany) and densitometry was quantified using a 1D scan software package (Scanalytics, Rockville, USA). Loading differences were controlled by re-probing the blot with an antibody against GAPDH (Hytect, Turku, Finland).

Detection and Identification of Specific Carbonylated Proteins by 2D-gel Electrophoresis

Oxidized proteins were labeled with Alexa 488 Fluorescent Hydroxylamine and separated on a 2D-gel electrophoresis [38]. For further details, please refer to Manuscript S1.

Proteasome Activity

The peptidase activities of the proteasome in the cytosolic fraction were determined as recently described [39]. For further details, please refer to Manuscript S1.

Statistics

All data are expressed as mean value \pm standard error of the mean. Intergroup comparisons were performed with two-way

ANOVA followed by a post test according to Tukey using GraphPad Prism v.2.01, GraphPad Software, San Diego, CA. A probability value of < 0.05 was considered statistically significant.

Results

Baseline

Animals of the four groups did not differ with regard to body mass, diaphragm strip lengths, diaphragm strip mass and diaphragm cross sectional area (table 1).

Impact of TNF- α and Exercise Training on Force and Power Development in Diaphragm

As shown in Figure 1A, 24 hours after a single intraperitoneal injection of TNF- α into sedentary C57Bl6 mice, specific force development was significantly lower over the whole examined frequency spectrum in comparison to sedentary sham treated animals. Specific peak tetanic force development at 125 Hz was 42% lower in sedentary mice after administration of TNF- α (Figure 1B). As depicted in Figure 1A and B, exercise training almost entirely abolished the TNF- α induced loss of force in the diaphragm of mice.

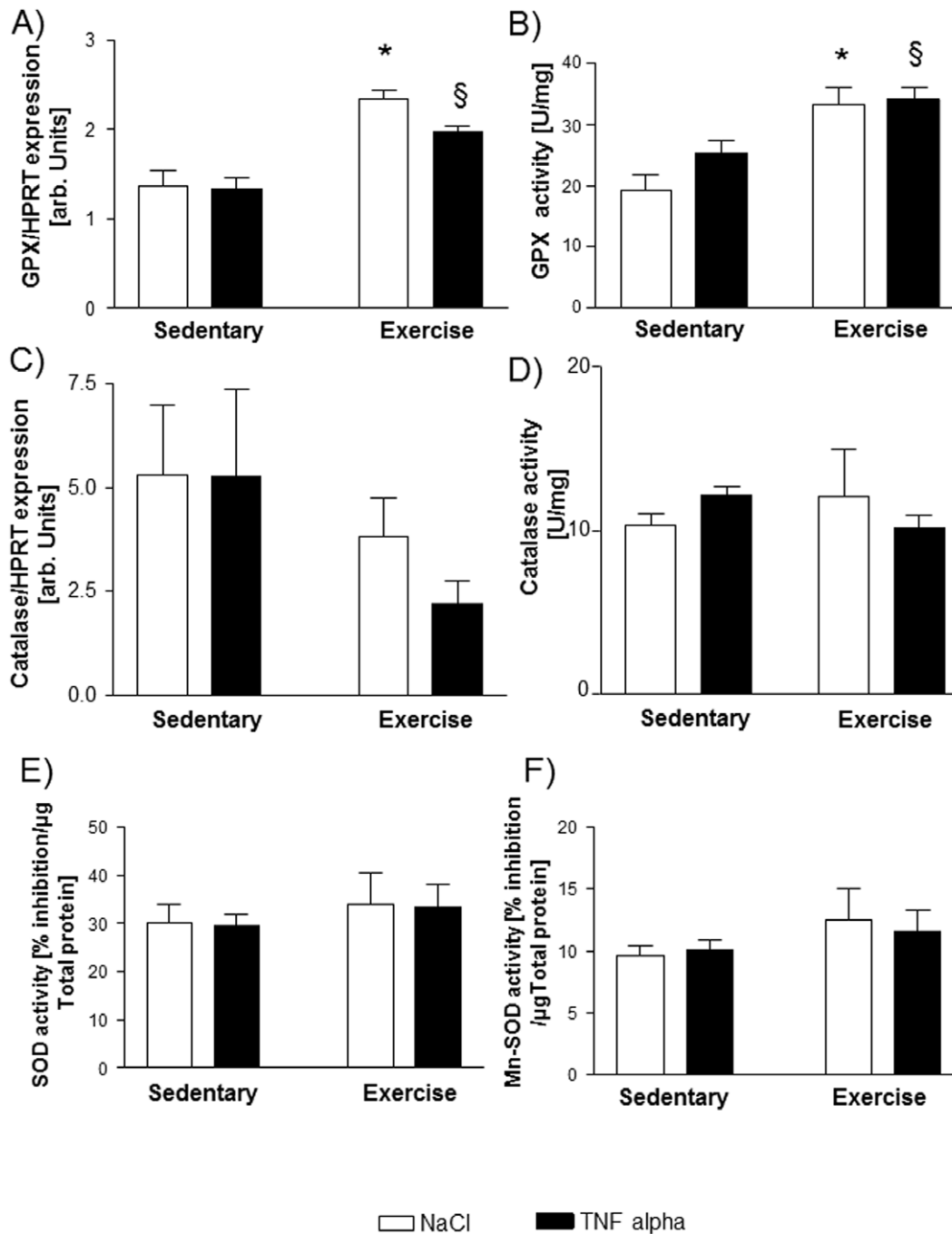


Figure 2. mRNA expression (A) and activity (B) of glutathione peroxidase (GPX) is induced by exercise training but not by TNF- α . Expression and activity of catalase is not influenced by exercise training or TNF- α administration (C; D). The activity of total superoxide dismutase (SOD) and manganese superoxide dismutase (Mn-SOD) is not affected by exercise training or TNF- α administration (E, F). * $p < 0.01$ vs. sedentary+NaCl, § $p < 0.05$ vs. sedentary+TNF- α , $n = 10$ per group. doi:10.1371/journal.pone.0052274.g002

Exercise training itself had no influence on the force development since there was no difference between exercised and sedentary sham treated mice.

Since power is calculated as the product of force (N/cm^2) and shortening velocity (length/s) and no significant differences in shortening velocity were detectable (data not shown), power followed the same pattern as the above described force development: Figure 1C and D shows the diminished power in TNF- α treated sedentary animals compared to sham treated sedentary

mice. Exercise training significantly attenuated the TNF- α induced power reduction.

Expression and Activity of Antioxidative Enzymes

As depicted in Figure 2A and B, mRNA expression and activity of GPX were significantly induced by exercise training. TNF- α itself had no influence on expression or activity of GPX. Neither expression nor activity of catalase was influenced by exercise

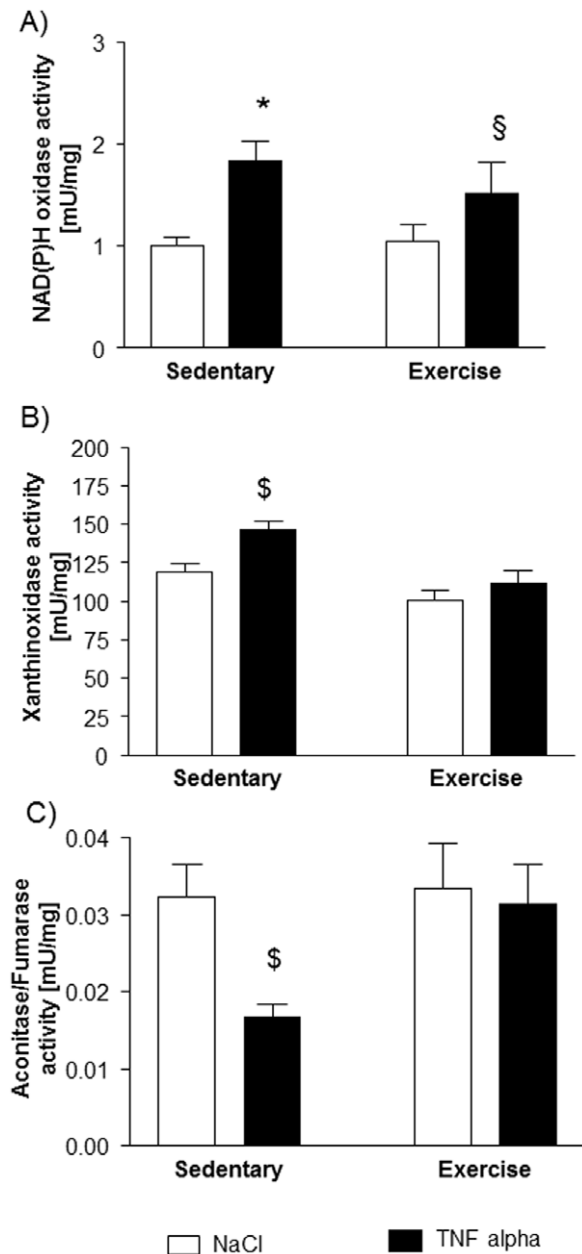


Figure 3. Possible sources of ROS: Activity of NAD(P)H oxidase (A) is induced by TNF- α in both sedentary and exercise trained animals. In contrast, activity of xanthine oxidase (B) and mitochondrial derived ROS, indirectly measured as the ratio of aconitase to fumarase activity (C), were only altered in sedentary mice treated with TNF- α whereas exercise training prevented an increase in xanthine oxidase activity or an inhibition of aconitase/fumarase activity via mitochondrial ROS by TNF- α . * $p < 0.05$ vs. sedentary+NaCl, § $p < 0.05$ vs. exercise+NaCl, § $p < 0.05$ vs. sedentary+NaCl and exercise+TNF- α , $n = 10$ per group. doi:10.1371/journal.pone.0052274.g003

training or TNF- α injection after 24 hours (Figure 2C and D). The activity of total SOD and Mn-SOD was also not altered by exercise training or TNF- α (Figure 2E and F).

ROS Producing Enzymes and Markers of Oxidative Stress

To determine the source of ROS, enzymatic activity of NAD(P)H oxidase was measured. After TNF- α administration,

there was a significantly higher activity of NAD(P)H oxidase in both sedentary and exercised animals (Figure 3A).

Another important source of ROS, in particular the superoxide anion, is xanthine oxidase. As depicted in Figure 3B, activity of xanthine oxidase is enhanced in sedentary animals treated with TNF- α compared to sham ones. No significant increase in xanthine oxidase was detectable in exercised animals after the influence of TNF- α .

As an indirect marker of intramitochondrial ROS, the ratio of aconitase to fumarase activity was reduced in sedentary animals treated with TNF- α compared to shams indicating an increased intramitochondrial ROS concentration. No significant decrease in the ratio of aconitase to fumarase activity was detectable in exercised animals after TNF- α administration.

Carbonylated proteins are an established marker of oxidative stress [40]. In search for specific carbonylated proteins which may be responsible for the TNF- α induced loss of force, we applied 2D-gel analysis specifically focusing on carbonylated proteins (Figure 4A). The most striking changes were seen in the myofibrillar protein α -actin and the energy providing enzyme creatine kinase (CK): We detected a 2.6-fold increase in carbonylated α -actin in sedentary animals after TNF- α treatment whereas only a 1.4-fold increase was evident in exercised animals (Figure 4B and C). Comparing sedentary animals treated with TNF- α with exercised animals treated with TNF- α , the amount of carbonylated α -actin was significantly lower in the exercise group (Figure 4B and C).

Furthermore, there was a 2.6-fold increase of carbonylated CK in sedentary animals after TNF- α treatment, whereas only a 1.3 fold increase was evident in exercised animals. Comparing sedentary animals treated with TNF- α with exercised animals treated with TNF- α again, the amount of carbonylated CK was significantly lower in the exercise group (Figure 4B and C).

Carbonylation of α -actin (Figure 5A) as well as CK (Figure 5B) was inversely correlated with force development. Furthermore, the activity of CK was significantly reduced in the diaphragm of sedentary animals treated with TNF- α , whereas no effect on CK activity after TNF- α administration was evident in exercised animals (Figure 6A). CK activity correlated significantly with force development ($r = 0.44$, $p < 0.05$, Figure 6B).

Expression of Ubiquitin E3-ligases, Proteasome Activity and Calpain Activity

Given that the muscle specific E3-ligase MurF1 plays a central role in TNF- α mediated loss of force in soleus muscle [16], we also examined the expression of MurF1 and a further E3-ligase MafBx in the diaphragm of our mice.

As shown in Figure 7, the mRNA and protein expression of MurF1 and MafBx were not altered by exercise or TNF- α administration in our animals.

The assessment of proteasome activity revealed a significantly higher activity under the influence of TNF- α in sedentary C57Bl6 mice, which was not detectable in exercised mice with respect to trypsin-like activity (Figure 8A) and peptidylglutamyl-peptide hydrolyzing activity (Figure 8B). Chemotryptic activity was not altered by a single intraperitoneal injection of TNF- α or exercise training (Figure 8C). Despite the enhanced proteasome activity, no difference in the total amount of main structural muscle proteins (α -actin, myosin light chain, troponin T, C and I) were detectable after this single and short term administration of TNF- α (see Figure S1). Noteworthy, the amount of carbonylated α -actin and CK were correlated to the above mentioned proteasome activities: $R = 0.50$ and $R = 0.57$ for α -actin with trypsin-like and peptidylglutamyl-peptide hydrolyzing activity, respectively ($p < 0.01$) as

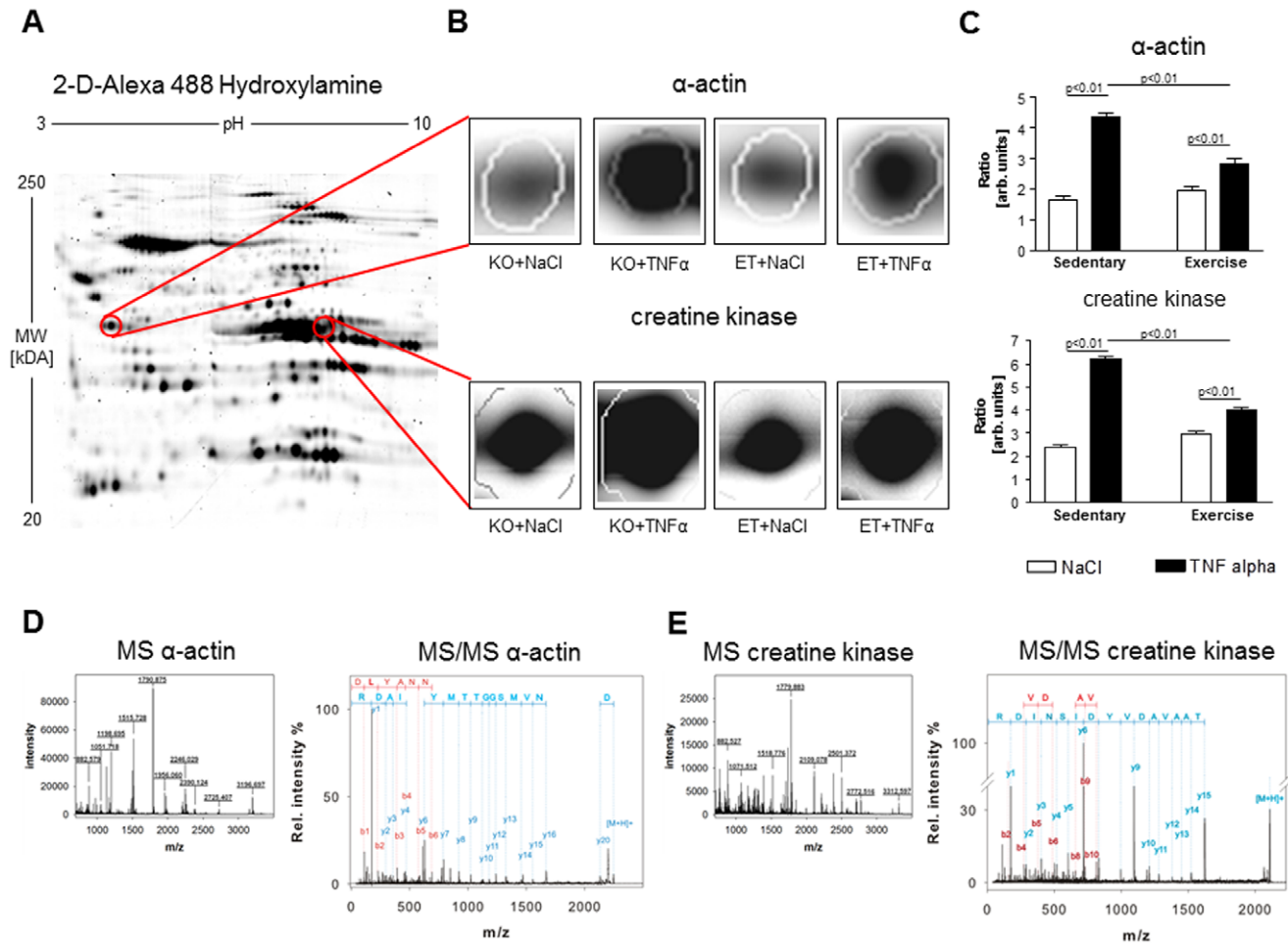


Figure 4. 2-D gel electrophoresis (A) revealed 2.6-fold increase in carbonylated α -actin and carbonylated CK, depicted as a ratio of carbonylated α -actin to total α -actin or carbonylated CK to total CK, respectively. Exercise training diminished the carbonylation of α -actin and CK (B and C). In D and E the results of the MALDI TOF analyses are depicted confirming that the spots are α -actin and CK. KO = sedentary mice, ET = exercised mice. Sedentary+NaCl n=7, Sedentary+TNF- α n=8, Exercise+NaCl n=8, Exercise+TNF- α n=7. doi:10.1371/journal.pone.0052274.g004

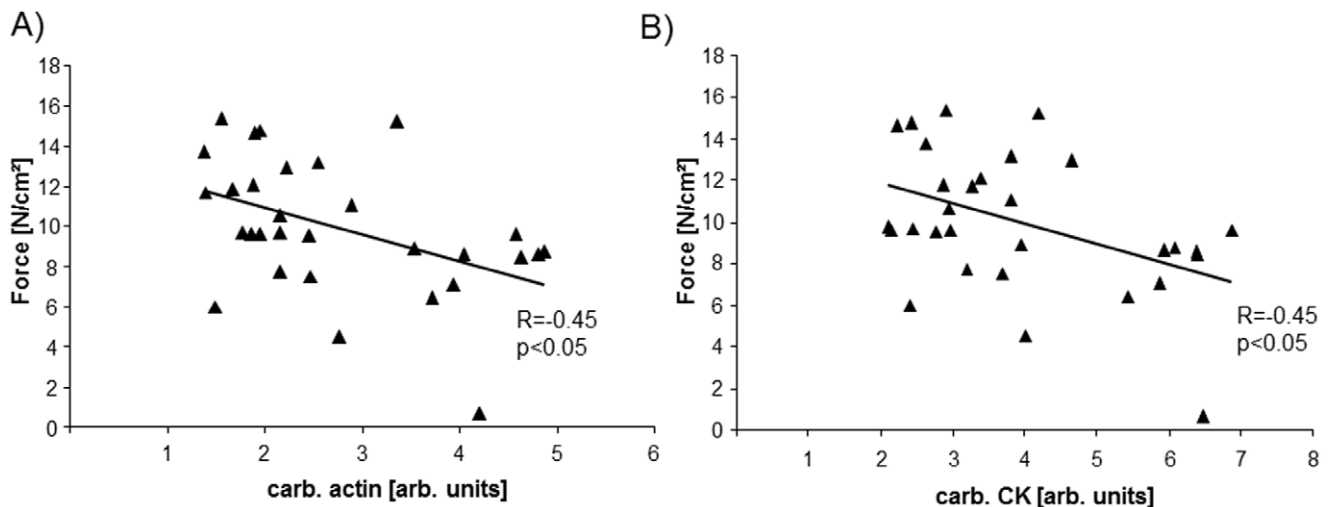


Figure 5. Carbonylation of α -actin (A) and CK (B), depicted as ratio of carbonylated protein to total protein, are inversely correlated to peak tetanic force development. Sedentary+NaCl n=7, Sedentary+TNF- α n=8, Exercise+NaCl n=8, Exercise+TNF- α n=7. doi:10.1371/journal.pone.0052274.g005

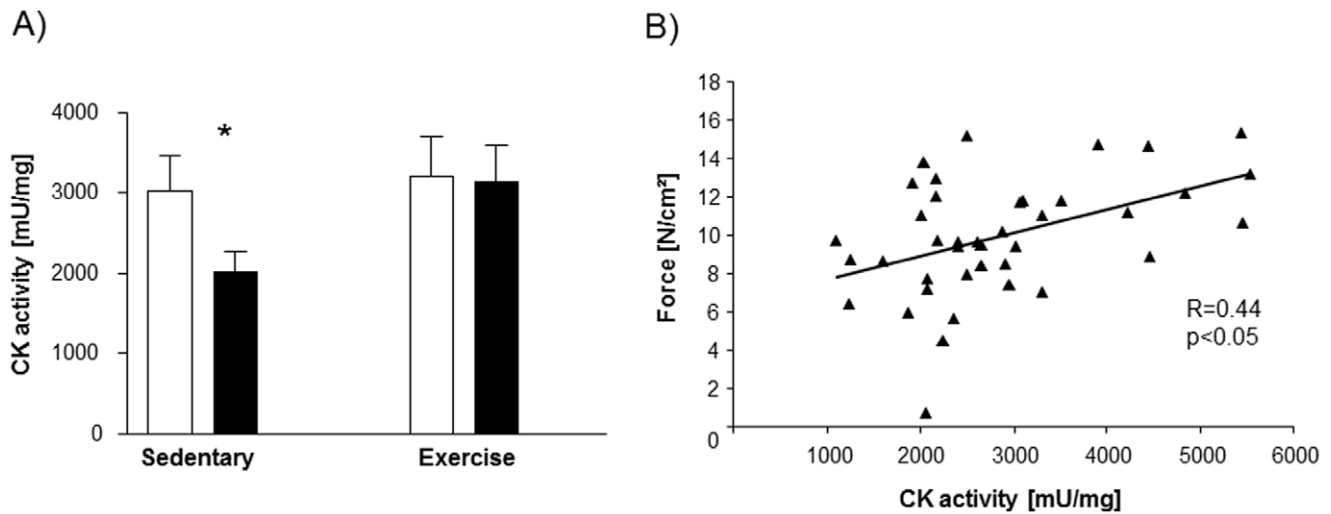


Figure 6. Total CK activity (A) in the diaphragm is reduced in sedentary animals treated with TNF- α compared to sham treated sedentary animals and TNF- α treated exercise trained animals. Activity of CK is correlated to peak tetanic force development (B). *p<0.05 vs. sedentary+NaCl and exercise+TNF- α ; n = 10 per group. doi:10.1371/journal.pone.0052274.g006

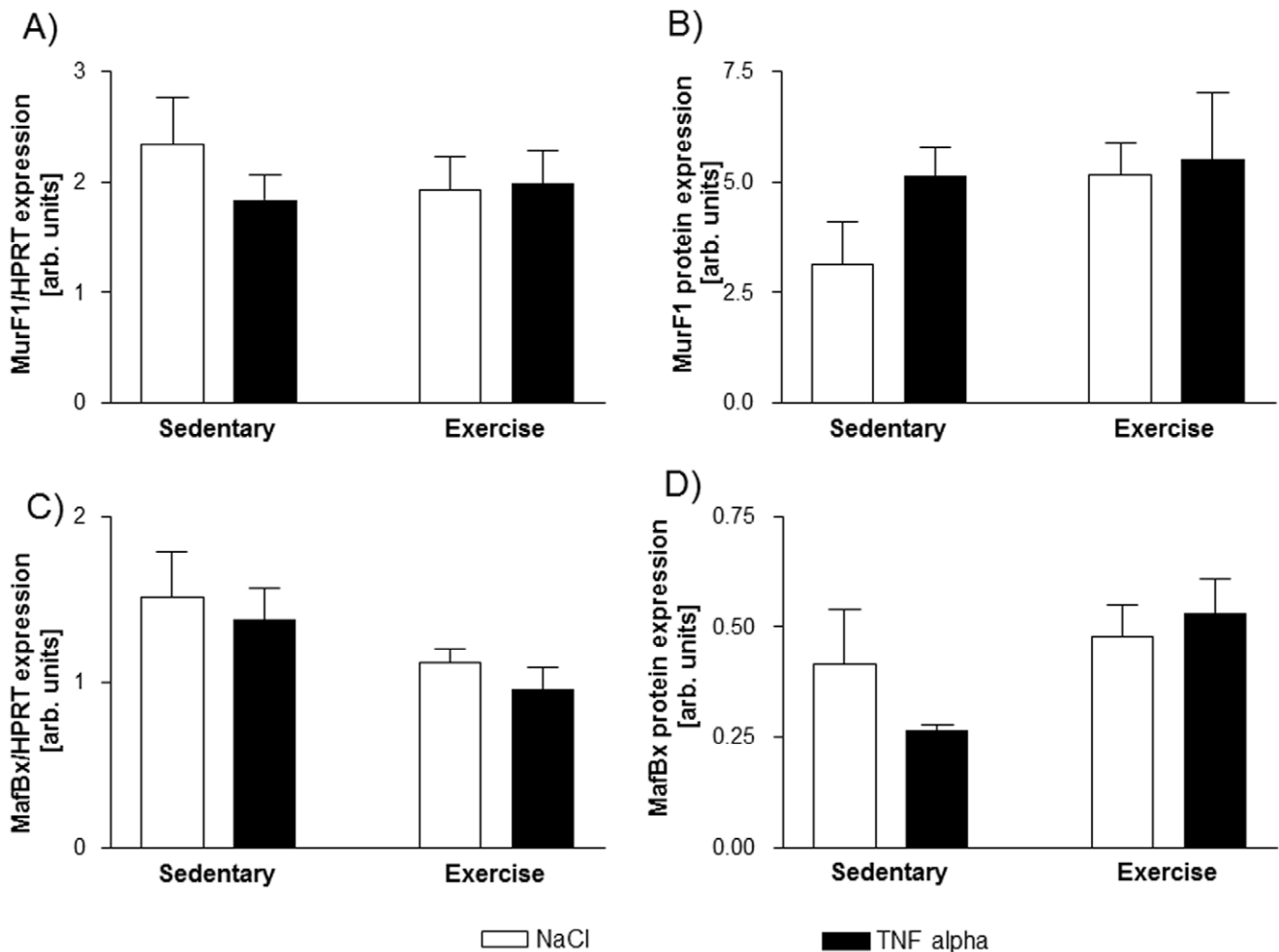


Figure 7. The mRNA and protein expression of MurF1 (A and B) and MafBx (C and D) is not affected by TNF- α or exercise training. doi:10.1371/journal.pone.0052274.g007

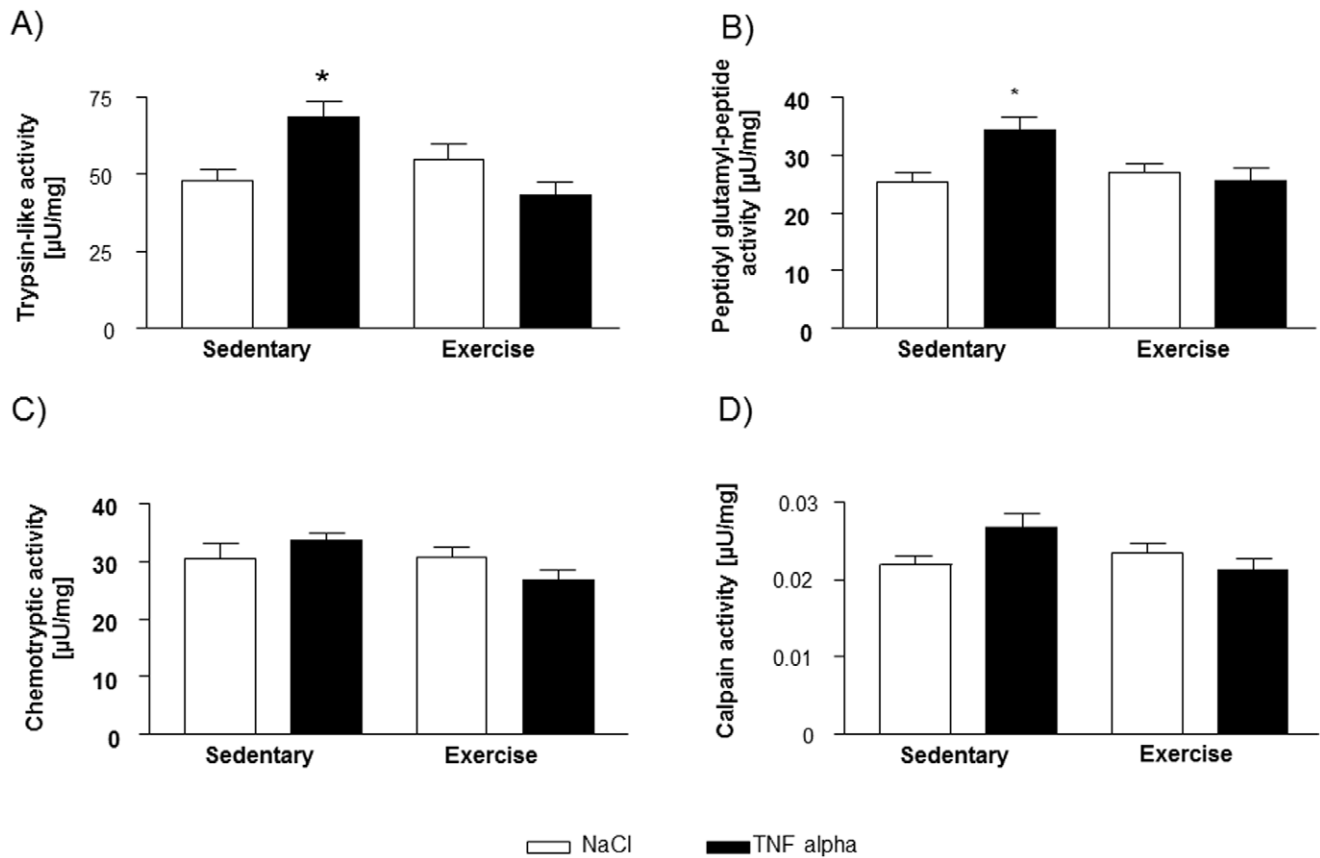


Figure 8. Trypsin-like (A) and peptidylglutamyl-hydrolyzing activity of the proteasome (B) is enhanced by TNF- α in sedentary mice whereas no increase is detectable in exercise trained animals. Chemotryptic activity is not affected by both exercise and TNF- α (C). Neither TNF- α nor exercise training changed the activity of Calpain significantly (D). * $p < 0.05$ vs. sedentary+NaCl and exercise+TNF- α , $n = 10$ per group. doi:10.1371/journal.pone.0052274.g008

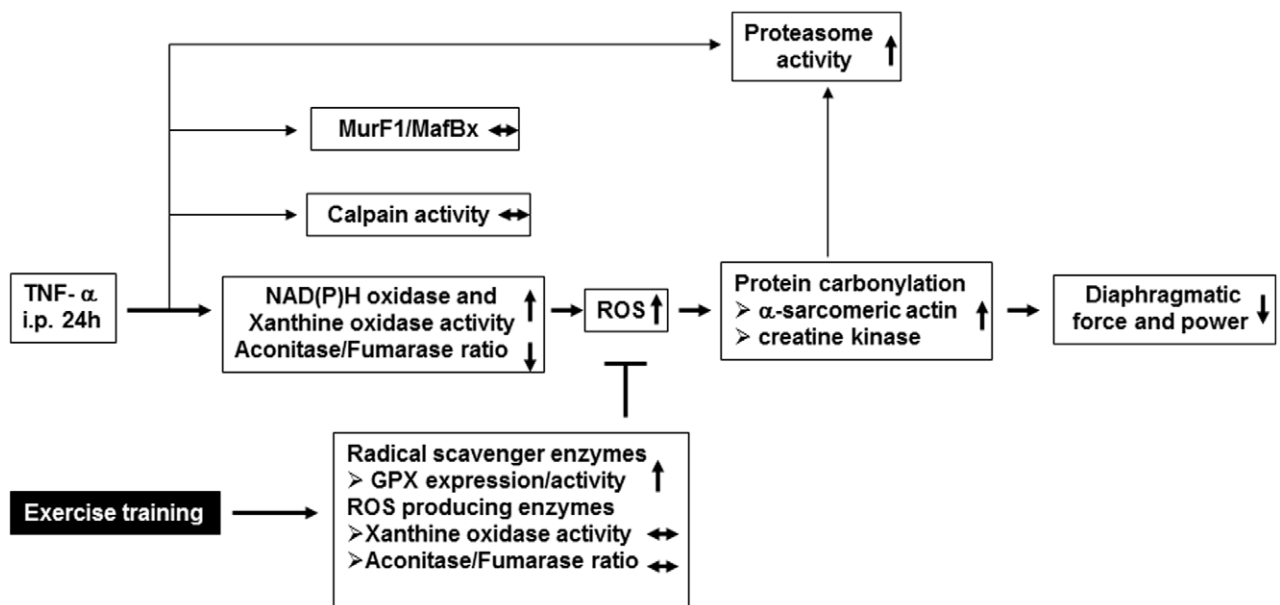


Figure 9. Working model for the TNF- α induced loss of contractile force in the diaphragm occurring after 24 hours and its prevention by exercise training. Thin lines indicate that these pathways are probably not involved in the TNF- α induced loss in diaphragmatic force as far as supported by our data. doi:10.1371/journal.pone.0052274.g009

well as $R=0.49$ and $R=0.46$ for CK with trypsin-like and peptidylglutamyl-peptide hydrolyzing activity, respectively ($p<0.05$).

Furthermore, calpain activity was not significantly different between the four groups in this experimental setting (Figure 8D).

Discussion

Three key findings emerge from this study:

- (1) A single intraperitoneal injection of TNF- α induced a $\sim 42\%$ decrease in specific force development in the diaphragm of sedentary mice after 24 hours. This loss of force was almost entirely prevented by intensive exercise training over four weeks prior to TNF- α administration.
- (2) TNF- α administration resulted in increased oxidative stress indicated by carbonylation of proteins, in particular of α -actin and creatine kinase. Exercise training was able to attenuate the TNF- α induced carbonylation of α -actin and CK. This may be due to an improvement in antioxidative capacity by the exercise program.
- (3) TNF- α treatment increased proteasome activity by $\sim 40\%$ in the sedentary group. This increase was impeded by exercise training.

It is well accepted that TNF- α administration leads to impaired force development in the diaphragm of several animal models such as mice [19], dogs [17] and hamsters [41]. It is supposed that this effect is transmitted by reactive oxygen species since it is preventable by the administration of antioxidants such as Trolox [19].

However, exercise training also exerts antioxidative effects, in particular due to an augmentation in activity of radical scavenger enzymes [8,23,24,25] mimicking the administration of an antioxidant. In this study, mRNA-expression and activity of glutathione peroxidase were enhanced by exercise training, whereas the enzymatic activity of catalase, SOD and Mn-SOD was not affected by the exercise intervention. This finding is in line with data derived from skeletal muscles of CHF patients, where the activity of GPX is enhanced by a six months exercise program but the activity of SOD is not [24]. In particular, the failure to increase superoxide anion producing enzymes in exercise trained animals (see below) may explain the unchanged activity of total SOD and Mn-SOD in those mice since they are the main detoxifying enzymes of superoxide anions.

NAD(P)H oxidase, one major source of ROS in skeletal muscle [40], showed an elevated activity in both sedentary and exercised animals after TNF- α injection. In contrast, however, intramitochondrial ROS (indirectly assessed by the ratio of aconitase/fumarate activity [42]) and the activity of xanthine oxidase (an important source of superoxide anions in skeletal muscle [40]) were only enhanced in sedentary animals treated with TNF- α , and exercise training prevented ROS production via xanthine oxidase or the mitochondria. Xanthine oxidase activity is induced by TNF- α and can be prevented by neutralizing anti-TNF- α antibodies [43]. The mechanism by which exercise training can prevent the TNF- α induced increase in xanthine oxidase activity remains unknown.

With regard to aconitase, ROS-mediated inactivation of the enzyme can be overcome, possibly by an exercise induced dephosphorylation of the enzyme [31]. These data indicate that exercise training affects both the production of ROS by TNF- α susceptible enzyme like xanthine oxidase and detoxification of ROS via increased glutathione peroxidase activity.

As mentioned above, ROS are supposed to play a central role in transmitting the force-impairment effect of TNF- α in the diaphragm [19], but it remains unclear which exactly defined proteins are affected by oxidation leading to force impairment. Protein carbonylation is a primary marker of oxidative stress, a state when ROS production increases to levels beyond the buffering capacity of muscle antioxidant systems [40]. Protein carbonylation is both irreversible and results in irreparable damage. It is a result of a particular type of redox reaction characterized by the addition of carbonyl groups and is the consequence of a cascade of several oxidative reactions [40]. Carbonylation of several myofilaments, mitochondrial and cytosolic proteins seem to contribute to cardiac and skeletal muscle dysfunction in both animal models of CHF, COPD, sepsis or cancer, and humans with eponymous diseases [44,45].

For this reason, we searched for carbonylated proteins using 2D-gel electrophoresis. Due to the fast onset of diaphragm dysfunction, we assumed myofibrillar proteins and proteins involved in energy production as possible targets of carbonylation.

We detected a 2.6-fold increase in carbonylated α -actin and carbonylated CK in sedentary, TNF- α treated mice. This is in line with the current literature where α -actin and CK are described as the major proteins affected by carbonylation in many scenarios [40]. Exercise training attenuated this ROS mediated protein modification, indicating that carbonylation and consequently irreversible damage of the thin filament and energy transfer enzyme may be responsible for the TNF- α induced loss of muscle force in the diaphragm. This hypothesis is supported by an inverse correlation between carbonylated α -actin and CK with specific force development. Furthermore, we were able to detect a reduced total CK activity in sedentary animals treated with TNF- α . This TNF- α induced loss of activity was prevented by exercise training, with the activity of CK correlated to specific force development. Since the work of Bessmann and colleagues, it is generally accepted that an intact function of the CK shuttle is essential for muscle function [46].

The carbonylation of α -actin also has deleterious effects and destroys the organization of the thin filament. A study of Dalle-Donne and colleagues revealed that exposing actin to hypochlorous acid causes a rapid increase in carbonylation, a result of oxidation of methionines, tryptophans and lysines [47]. They also suggested that carbonylation of some methionine residues in actin results in strong inhibition of actin polymerization and a complete disruption of the actin-filament organization which may contribute to an impaired force development [47].

In contrast to the peripheral soleus muscle [16], neither MurF1 nor MafBx mRNA and protein expression were induced by TNF- α in the diaphragm of sedentary mice. Since there was a clear induction of MurF1 in peripheral soleus muscle, we assume that the ubiquitin dependent proteolytic function of the proteasome, contrary to the soleus muscle, does not contribute to the acute TNF- α induced loss of force in the diaphragm.

Interestingly, proteasome activity, in particular trypsin-like and peptidylglutamyl-peptide hydrolyzing activity, was enhanced in sedentary animals by TNF- α which could be prevented by exercise training. Carbonylation of α -actin and CK was significantly correlated to the before mentioned proteasome activities. One possible explanation for this finding may be an ubiquitin-independent proteolytic function of the proteasome which is described for oxidized proteins [48,49], linking carbonylation and proteasome system together. This linkage is supported by a study describing an accumulation of carbonylated proteins due to a diminished proteasome activity in astrocytes of chronic experimental autoimmune encephalitis mice [50].

Furthermore, a study by Supinski and colleagues provides strong evidence that the proteasome system itself is not directly involved in the acute force loss in the diaphragm and seems to be a bystander during this early phase of damage [51]. Testing three different proteasome inhibitors, none of these substances was able to restore the diaphragmatic loss of force due to administration of *E. coli lipopolysaccharide* despite a clear inhibition of proteasome based proteolysis [51]. Since the ubiquitin-proteasome system does not affect an intact protein lattice but only ones released from its original site, it is more likely that other proteases like caspase and calpain may play a role in the inflammatory diaphragmatic dysfunction. Indeed, Supinski and colleagues demonstrated that inhibition of both calpain and caspase was able to attenuate the diaphragmatic force loss induced by cecal ligation puncture, a model of sepsis [37]. In contrast, calpain showed no significant changes in activity under the single influence of TNF- α in sedentary and exercise trained animals in our study.

Since it was our aim to investigate the impact of one single inflammatory cytokine (TNF- α) on diaphragmatic function and to elucidate potential biochemical pathways, we used the artificial model of intraperitoneal injection of TNF- α . Therefore, the results of this study cannot be translated into certain diseases like CHF or sepsis. Further studies in animal models of CHF or sepsis are necessary to investigate the proposed mechanisms under the circumstances of a specific disease. In addition, we only investigated one specific exposure time of TNF- α (after 24 hours). For this reason, other mechanisms, e.g. enhanced proteolysis, may be relevant after long term exposure.

References

- Adams V, Doring C, Schuler G (2008) Impact of physical exercise on alterations in the skeletal muscle in patients with chronic heart failure. *Front Biosci* 13: 302–311.
- Eikermann M, Koch G, Gerwig M, Ochterbeck C, Beiderlinden M, et al. (2006) Muscle force and fatigue in patients with sepsis and multiorgan failure. *Intensive Care Med* 32: 251–259.
- Filippatos GS, Anker SD, Kremastinos DT (2005) Pathophysiology of peripheral muscle wasting in cardiac cachexia. *Curr Opin Clin Nutr Metab Care* 8: 249–254.
- Lang CH, Frost RA, Vary TC (2007) Regulation of muscle protein synthesis during sepsis and inflammation. *Am J Physiol Endocrinol Metab* 293: E453–459.
- Mancini DM, Henson D, LaManca J, Levine S (1992) Respiratory muscle function and dyspnea in patients with chronic congestive heart failure. *Circulation* 86: 909–918.
- Meyer FJ, Borst MM, Zugck C, Kirschke A, Schellberg D, et al. (2001) Respiratory muscle dysfunction in congestive heart failure: clinical correlation and prognostic significance. *Circulation* 103: 2153–2158.
- Aukrust P, Gullestad L, Ueland T, Damas JK, Yndestad A (2005) Inflammatory and anti-inflammatory cytokines in chronic heart failure: potential therapeutic implications. *Ann Med* 37: 74–85.
- Gielen S, Adams V, Mobius-Winkler S, Linke A, Erbs S, et al. (2003) Anti-inflammatory effects of exercise training in the skeletal muscle of patients with chronic heart failure. *J Am Coll Cardiol* 42: 861–868.
- Saini A, Al-Shanti N, Stewart CE (2006) Waste management - cytokines, growth factors and cachexia. *Cytokine Growth Factor Rev* 17: 475–486.
- Yndestad A, Damas JK, Oie E, Ueland T, Gullestad L, et al. (2007) Role of inflammation in the progression of heart failure. *Curr Cardiol Rep* 9: 236–241.
- Guggilam A, Cardinale JP, Mariappan N, Sriramula S, Haque M, et al. (2011) Central TNF inhibition results in attenuated neurohumoral excitation in heart failure: a role for superoxide and nitric oxide. *Basic Res Cardiol* 106: 273–286.
- Kleinbongard P, Heusch G, Schulz R (2010) TNF α in atherosclerosis, myocardial ischemia/reperfusion and heart failure. *Pharmacol Ther* 127: 295–314.
- Torre-Amione G, Kapadia S, Benedict C, Oral H, Young JB, et al. (1996) Proinflammatory cytokine levels in patients with depressed left ventricular ejection fraction: a report from the Studies of Left Ventricular Dysfunction (SOLVD). *J Am Coll Cardiol* 27: 1201–1206.

Conclusion

In conclusion, the results of this study suggest that the administration of TNF- α led to a significant loss of diaphragmatic force and power. This was probably due to a ROS mediated increase in carbonylation of α -actin and CK, two important components of force generation. Exercise training, however, resulted in an elevation of the radical scavenger enzyme GPX as well as a prevention of TNF- α induced increase in xanthine oxidase activity and mitochondrial ROS production, thereby lowering the ROS mediated carbonylation of α -actin and CK to collectively preserve diaphragmatic force (Figure 9).

Supporting Information

Figure S1
(TIF)

Manuscript S1
(DOC)

Acknowledgments

We would like to thank C. Weiß for excellent technical assistance and T.E.S. Bowen for thorough editing of grammar and syntax.

Author Contributions

Conceived and designed the experiments: NM AL AO YK YM MS RH SG VA. Performed the experiments: NM AO YK VA. Analyzed the data: NM AL AO YK YM MS RH VA. Contributed reagents/materials/analysis tools: AO GS VA. Wrote the paper: NM AL AO VA. Critical proof reading and intellectual counsel with regard to the manuscript: GS SG.

- Alloati G, Penna C, Mariano F, Camussi G (2000) Role of NO and PAF in the impairment of skeletal muscle contractility induced by TNF-alpha. *Am J Physiol Regul Integr Comp Physiol* 279: R2156–2163.
- Reid MB, Lannergren J, Westerblad H (2002) Respiratory and limb muscle weakness induced by tumor necrosis factor-alpha: involvement of muscle myofilaments. *Am J Respir Crit Care Med* 166: 479–484.
- Adams V, Mangner N, Gasch A, Krohne C, Gielen S, et al. (2008) Induction of MuRF1 is essential for TNF-alpha-induced loss of muscle function in mice. *J Mol Biol* 384: 48–59.
- Wilcox PG, Wakai Y, Walley KR, Cooper DJ, Road J (1994) Tumor necrosis factor alpha decreases in vivo diaphragm contractility in dogs. *Am J Respir Crit Care Med* 150: 1368–1373.
- Li X, Moody MR, Engel D, Walker S, Clubb FJ, Jr., et al. (2000) Cardiac-specific overexpression of tumor necrosis factor-alpha causes oxidative stress and contractile dysfunction in mouse diaphragm. *Circulation* 102: 1690–1696.
- Hardin BJ, Campbell KS, Smith JD, Arbogast S, Smith J, et al. (2008) TNF-alpha acts via TNFR1 and muscle-derived oxidants to depress myofibrillar force in murine skeletal muscle. *J Appl Physiol* 104: 694–699.
- Li YP, Chen Y, Li AS, Reid MB (2003) Hydrogen peroxide stimulates ubiquitin-conjugating activity and expression of genes for specific E2 and E3 proteins in skeletal muscle myotubes. *Am J Physiol Cell Physiol* 285: C806–812.
- Powell SR, Herrmann J, Lerman A, Patterson C, Wang X (2012) The ubiquitin-proteasome system and cardiovascular disease. *Prog Mol Biol Transl Sci* 109: 295–346.
- Agarwal D, Welsh MA, Keller JN, Francis J (2011) Chronic exercise modulates RAS components and improves balance between pro- and anti-inflammatory cytokines in the brain of SHR. *Basic Res Cardiol* 106: 1069–1085.
- Gielen S, Schuler G, Adams V (2010) Cardiovascular effects of exercise training: molecular mechanisms. *Circulation* 122: 1221–1238.
- Linke A, Adams V, Schulze PC, Erbs S, Gielen S, et al. (2005) Antioxidative effects of exercise training in patients with chronic heart failure: increase in radical scavenger enzyme activity in skeletal muscle. *Circulation* 111: 1763–1770.
- Smart NA, Steele M (2011) The effect of physical training on systemic proinflammatory cytokine expression in heart failure patients: a systematic review. *Congest Heart Fail* 17: 110–114.
- Adams V, Linke A, Gielen S, Erbs S, Hambrecht R, et al. (2008) Modulation of MuRF-1 and MAFbx expression in the myocardium by physical exercise training. *Eur J Cardiovasc Prev Rehabil* 15: 293–299.

27. Gielen S, Sandri M, Kozarek I, Kratzsch J, Teupser D, et al. (2012) Exercise Training Attenuates MuRF-1 Expression in the Skeletal Muscle of Patients With Chronic Heart Failure Independent of Age: The Randomized Leipzig Exercise Intervention in Chronic Heart Failure and Aging Catabolism Study. *Circulation* 125: 2716–2727.
28. Hollriegel R, Beck EB, Linke A, Adams V, Mobius-Winkler S, et al. (2012) Anabolic effects of exercise training in patients with advanced chronic heart failure (NYHA IIIb): Impact on ubiquitin-protein ligases expression and skeletal muscle size. *Int J Cardiol*.
29. Matsumoto Y, Adams V, Jacob S, Mangner N, Schuler G, et al. (2010) Regular exercise training prevents aortic valve disease in low-density lipoprotein-receptor-deficient mice. *Circulation* 121: 759–767.
30. Adams V, Linke A, Krankel N, Erbs S, Gielen S, et al. (2005) Impact of regular physical activity on the NAD(P)H oxidase and angiotensin receptor system in patients with coronary artery disease. *Circulation* 111: 555–562.
31. Zhang SJ, Sandstrom ME, Lanner JT, Thorell A, Westerblad H, et al. (2007) Activation of aconitase in mouse fast-twitch skeletal muscle during contraction-mediated oxidative stress. *Am J Physiol Cell Physiol* 293: C1154–1159.
32. Hatch MD (1978) A simple spectrophotometric assay for fumarate hydratase in crude tissue extracts. *Anal Biochem* 85: 271–275.
33. Flohe L, Gunzler WA (1984) Assays of glutathione peroxidase. *Methods Enzymol* 105: 114–121.
34. Bergmeyer HU (1955) [Measurement of catalase activity]. *Biochem Z* 327: 255–258.
35. Beauchamp C, Fridovich I (1971) Superoxide dismutase: improved assays and an assay applicable to acrylamide gels. *Anal Biochem* 44: 276–287.
36. Kottke M, Adams V, Wallimann T, Nalam VK, Brdiczka D (1991) Location and regulation of octameric mitochondrial creatine kinase in the contact sites. *Biochim Biophys Acta* 1061: 215–225.
37. Supinski GS, Wang W, Callahan LA (2009) Caspase and calpain activation both contribute to sepsis-induced diaphragmatic weakness. *J Appl Physiol* 107: 1389–1396.
38. Yan LJ, Forster MJ (2012) Chemical probes for analysis of carbonylated proteins: a review. *J Chromatogr B Analyt Technol Biomed Life Sci* 879: 1308–1315.
39. Adams V, Linke A, Wisloff U, Doring C, Erbs S, et al. (2007) Myocardial expression of MuRF-1 and MAFbx after induction of chronic heart failure: Effect on myocardial contractility. *Cardiovasc Res* 73: 120–129.
40. Barreiro E, Hussain SN (2009) Protein carbonylation in skeletal muscles: impact on function. *Antioxid Redox Signal* 12: 417–429.
41. Wilcox P, Milliken C, Bressler B (1996) High-dose tumor necrosis factor alpha produces an impairment of hamster diaphragm contractility. Attenuation with a prostaglandin inhibitor. *Am J Respir Crit Care Med* 153: 1611–1615.
42. Gardner PR (2002) Aconitase: sensitive target and measure of superoxide. *Methods Enzymol* 349: 9–23.
43. Gao X, Zhang H, Belmadani S, Wu J, Xu X, et al. (2008) Role of TNF-alpha-induced reactive oxygen species in endothelial dysfunction during reperfusion injury. *Am J Physiol Heart Circ Physiol* 295: H2242–2249.
44. Barreiro E, Gea J, Matar G, Hussain SN (2005) Expression and carbonylation of creatine kinase in the quadriceps femoris muscles of patients with chronic obstructive pulmonary disease. *Am J Respir Cell Mol Biol* 33: 636–642.
45. Canton M, Menazza S, Sheeran FL, Polverino de Laureto P, Di Lisa F, et al. (2011) Oxidation of myofibrillar proteins in human heart failure. *J Am Coll Cardiol* 57: 300–309.
46. Bessman SP, Geiger PJ (1981) Transport of energy in muscle: the phosphorylcreatine shuttle. *Science* 211: 448–452.
47. Dalle-Donne I, Rossi R, Giustarini D, Gagliano N, Lusini L, et al. (2001) Actin carbonylation: from a simple marker of protein oxidation to relevant signs of severe functional impairment. *Free Radic Biol Med* 31: 1075–1083.
48. Shringarpure R, Grune T, Mehlhase J, Davies KJ (2003) Ubiquitin conjugation is not required for the degradation of oxidized proteins by proteasome. *J Biol Chem* 278: 311–318.
49. Orłowski M, Wilk S (2003) Ubiquitin-independent proteolytic functions of the proteasome. *Arch Biochem Biophys* 415: 1–5.
50. Zheng J, Bizzozero OA (2010) Reduced proteasomal activity contributes to the accumulation of carbonylated proteins in chronic experimental autoimmune encephalomyelitis. *J Neurochem* 115: 1556–1567.
51. Supinski GS, Vanags J, Callahan LA (2009) Effect of proteasome inhibitors on endotoxin-induced diaphragm dysfunction. *Am J Physiol Lung Cell Mol Physiol* 296: L994–L1001.