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Mitochondrial dysfunction in long-term neuronal cultures mimics changes with aging

Authors' Contribution:

- A** Study Design
- B** Data Collection
- C** Statistical Analysis
- D** Data Interpretation
- E** Manuscript Preparation
- F** Literature Search
- G** Funds Collection

Weiguo Dong^{1,2,ABCDEF}, Shaowu Cheng^{2,DEF}, Fang Huang^{2,BCF}, Wenguo Fan^{2,BCDE}, Yue Chen^{1,CD}, Hong Shi^{1,BC}, Hongwen He^{2,ABCDEF}

¹ Department of Integrated Traditional Chinese and Western Medicine, Fujian University of Traditional Chinese Medicine, Fuzhou, China

² Department of Oral Anatomy and Physiology, Guanghua School of Stomatology, Sun Yat-sen University, Guangzhou, China

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Summary

Background:

Aging is a highly complex process that affects various tissues and systems in the body. Senescent changes are relatively more prevalent and severe in the postmitotic cells. Mitochondria play an important role in the aging process. Recently, cell cultures have been widely used as an *in vitro* model to study aging. The present study was designed to investigate mitochondrial dysfunction associated with aging in a long-term cell culture system.

Material/Methods:

Rat hippocampal neurons were maintained in culture in serum-free medium for 30 days *in vitro* (DIV). The morphology and development of hippocampal neurons was observed by phase contrast microscope. The levels of cellular senescence were evaluated by cytochemical staining of senescence-associated β -galactosidase (SA- β -Gal) at DIV 5, 10, 15, 20, 25 and 30. In addition, we investigated the changes in mitochondrial membrane potential ($\Delta\psi_m$) and intracellular reactive oxygen species (ROS) generation of hippocampal neurons by flow cytometry at different ages.

Results:

The proportion of the senescent cells steadily increased with age in neuron cultures. $\Delta\psi_m$ decreased gradually with age in long-term culture, while ROS generation increased.

Conclusions:

This study indicates an age-related decrease in mitochondrial function in long-term hippocampal neuronal culture and suggests that DIV 25 neurons could possibly serve as a platform for the future study of anti-aging from the perspective of mitochondrial function.

Key words:

senescence • mitochondrial membrane potential • reactive oxygen species • long-term primary neuronal culture

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Author's address:

Hongwen He, Department of Oral Anatomy and Physiology, Guanghua School of Stomatology, Sun Yat-sen University, Guangzhou 510080, China, e-mail. hehw@mail.sysu.edu.cn

BACKGROUND

Aging is a highly complex process that affects various tissues and systems in the body [1,2], and which is regulated by many divergent pathways and on many levels. Cell cultures are widely used as an *in vitro* model to study aging. The cell culture does model intriguing aspects of aging, but it may be a little preliminary to call changes over time in culture "aging" *per se*. Recently, some researchers have used long-term primary cultures of differentiated cells in aging studies [3–7].

It is widely thought that senescent changes are relatively more prevalent and severe in postmitotic cells. Senescent cells show a series of morphological and physiological alterations, including a flat and enlarged morphology [8], mitochondrial alterations [9], chromatin condensation [10], and changes in gene expression pattern [11]. Replicative senescence is defined as a state where normal somatic cells lose their replicative capacity *in vitro* after prolonged division in culture, an occurrence which results in irreversible growth arrest [9,12,13]. The brain contains large numbers of postmitotic cells particularly vulnerable to "normal" age-related changes, which affect its function. Moreover, aging is a major risk factor in most neurodegenerative diseases [14]. Therefore, establishment of a model for neuronal cell aging *in vitro* may produce valuable information to explore aging at the cellular and molecular levels.

Several lines of evidence suggest that mitochondria play an important role in the aging process [15,16] and are affected by aging [17]. One of the hallmarks of age-related mitochondrial function is associated with decreased mitochondrial membrane potential ($\Delta\psi_m$) and increased reactive oxygen species (ROS) levels in aging tissues [18–21] or cells from animals of different ages [22]. SA-beta-Gal activity is a widely used marker for replicative cellular senescence *in vivo* and *in vitro*. Recently, several studies have indicated that SA-beta-Gal activity can be used as a biomarker for senescence of neurons *in vivo* and *in vitro* [23–25].

Previous studies have investigated the relationships between changes in $\Delta\psi_m$ and $[Ca^{2+}]_i$ during and after a toxic glutamate challenge in cultured rat hippocampal neurons [26]. In addition, Parihar et al. [22] compared ROS production while simultaneously monitoring $\Delta\psi_m$ before and after glutamate treatment of live neurons from embryonic, middle-aged, and old rats. Age-dependent changes of neuronal survival, protein oxidation, and creatine kinase BB expression in long-term hippocampal cell culture have been examined [3]. In this study, we conducted a systematic parallel observation of the changes in $\Delta\psi_m$ and ROS levels and examined the senescence of neurons by β -galactosidase staining. Moreover, we have attempted to identify on which day in culture the ROS, delta psi or beta-gal suggest irreversible or accelerated deterioration in long-term culture based on the findings.

MATERIAL AND METHODS

Chemicals and reagents

Culture reagents were purchased from Gibco. All other reagents were purchased from Sigma-Aldrich (St. Louis, MO, USA) unless otherwise stated.

Cell culture

Primary cultures of hippocampal neurons were prepared according to the published protocols from the laboratories of Nelson [27] with modification. Briefly, hippocampi were dissected from newborn (P0, 0–24 h) Sprague-Dawley rats in ice-cold dissection solution containing sucrose/glucose/HEPES (DISGH solution: 136 mM NaCl, 5.4 mM KCl, 0.2 mM Na_2HPO_4 , 2 mM KH_2PO_4 , 16.7 mM glucose, 20.8 mM saccharose, 0.0012% phenol red, and 10mM HEPES, pH7.4). Isolated hippocampi were mechanically triturated, and then digested in solution containing 0.25% trypsin and 0.02% EDTA at 37° for 15 min. Single cell suspension was obtained by repeated passages of the dissociated tissues through flame-polished pipette in plating medium (DMEM supplemented with 10% heat inactivated FBS and 1% penicillin-streptomycin). Cells were finally plated on poly-L-lysine (0.1 mg/ml) coated plates at optimal cell density. High density cultures (1×10^6 cells, 1000 cells/mm²) and lower density cultures (3×10^5 cells, 310 cells/mm²), plated onto 6-well culture plates, were used for measuring mitochondrial function and cytochemical studies, respectively. The serum-containing plating medium was replaced by growth medium (serum-free DMEM/F12 medium supplemented with 2% B27 and 1% penicillin-streptomycin) within 24 h after plating. Half of the growth medium was changed every 3 days thereafter. Cultures were kept at 37° in a humidified 5% CO₂-containing atmosphere. More than 95% of cells were neurons on 10 day *in vitro* (DIV), verified by positive staining of mouse monoclonal anti-NSE (neuron-specific enolase) (data not shown). Neuronal cultures were maintained for up to DIV 30. All animal procedures were carried out with the approval of the local Animal Care and Use Committee.

Senescence-associated β -galactosidase (SA- β -Gal) staining

The senescent status was detected by the method of Dimri et al. [28]. In brief, the monolayers of cells were washed 2 times with phosphate-buffered saline (PBS), fixed with 3% formaldehyde for 3–5 min, washed 2 times in PBS, and then stained for 18 h at 37° in a CO₂-free atmosphere with fresh β -galactosidase staining solution [1 mg/mL 5-bromo-4-chloro-3-indolyl- β -D-galactoside (X-Gal), 40 mM citric acid/sodium phosphate, 5 mM potassium ferrocyanide, 5 mM potassium ferricyanide, 150 mM NaCl, 2 mM MgCl₂, pH 6.0]. After staining, cells were washed twice with PBS and photographed. The percentage of SA- β -Gal-positive cells was determined by counting the number of blue cells within a sample of 1000 cells.

Measurement of $\Delta\psi_m$

$\Delta\psi_m$ of hippocampal neurons was measured by uptake of lipophilic cation Rhodamine 123 (Rh123) into mitochondria. About 5×10^5 cells were collected at DIV 5, 10, 15, 20, 25 and 30 and incubated with 10 μ g/ml Rh123 at 37° for 30 min. Then the cells were washed twice with PBS and resuspended in 500 μ l PBS. The samples were analyzed for fluorescence using a flow cytometer.

Measurement of intracellular ROS generation

Intracellular ROS production was measured by using a non-fluorescent compound 2', 7'-dichlorofluorescein diacetate (DCFH-DA), which can be converted to DCFH by esterases

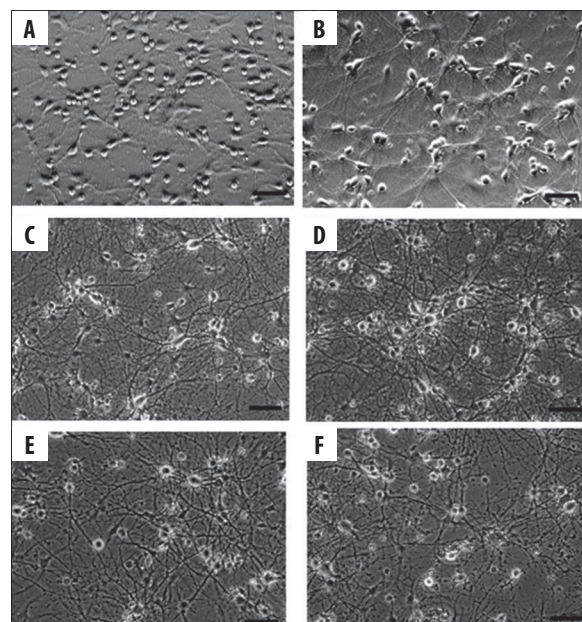


Figure 1. Phase contrast photomicrographs of live rat primary hippocampal neurons in culture plated at 310 cells/mm². A-F show neurons of ages 5, 10, 15, 20, 25 and 30 DIV, respectively. Scale bar = 100 μ m.

when taken up. DCFH reacts with ROS to generate a new highly fluorescent compound, dichlorofluorescein, which can be analyzed with flow cytometry. About 5×10^5 cells at different ages were incubated with 20 μ M DCFH-DA at 37° for 30 min, washed twice with PBS, and then measured with flow cytometry.

Statistical analysis

Each experiment was carried out in triplicates with at least 3 separated cultures. Data are presented as mean \pm standard deviation (SD) calculated from at least 3 separate experiments. The data were analyzed by one-way ANOVA followed by Student-Newman-Keuls test using SPSS 11.0 software. $P < 0.05$ was considered statistically significant.

RESULTS

Long-term hippocampal cell culture

Dissociated cells from the hippocampus of newborn rat brain were plated at a cell density of 310 cells/mm². Within the first 2 days after plating, cell density decreased to 260 cells/mm². Once stabilized, the number of surviving neurons remained constant up to 25 days and then started to decline. Photomicrographs of rat hippocampal neurons at different ages in culture are shown in Figure 1. Hippocampal neurons at DIV 5 extended prominent neurite (Figure 1A). The first 15 days was a period of maturation of young neurons in culture, during which they formed an extensive network of processes and increased the size of their cell bodies (Figure 1A–C). Mature cells exhibited an increase in the size of the cell bodies, thick dendritic processes, and an extremely dense and extensive network (Figure 1C, D). Neurons with vacuolated soma and beaded or fragmented neurites were observed after DIV 20, and then the number of neurons decreased after DIV 25 (Figure 1E, F).

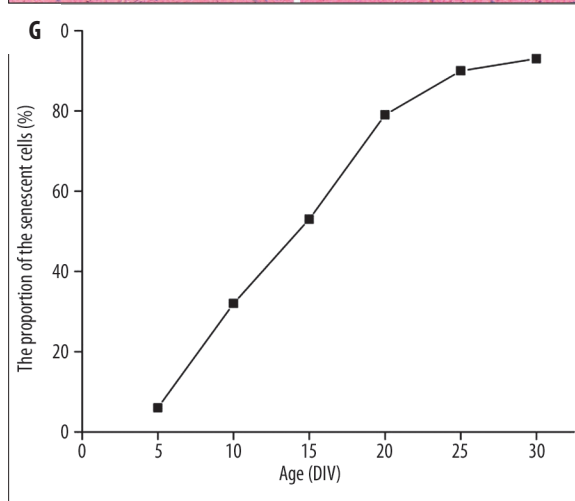
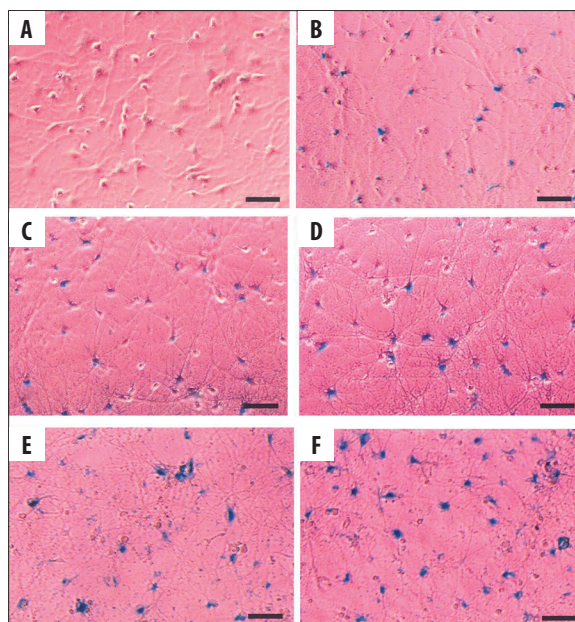


Figure 2. Detection of SA- β -Gal activity in primary culture of hippocampal neurons on day 5 (A), day 10 (B), day 15 (C), day 20 (D), day 25 (E) and day 30 (F). (G) The proportion of neurons stained positive for SA- β -Gal at different ages. These estimates and those illustrated were deemed representative of repeated cultures from different preparations of neurons. Scale bar = 100 μ m.

SA- β -Gal staining with age in long-term culture

Senescent cells display visibly increased β -galactosidase activity at pH 6.0 when measured *in situ* [28]. In order to establish a link between senescence and culture time, hippocampal neurons were cultured in serum-free medium until 30 days. The activity of SA- β -Gal was detected every 5 days. The proportion of the senescent cells steadily increased in neuron cultures (Figure 2A–F). More than 90% of cells stained SA- β -Gal positive at DIV 25 and DIV 30 (Figure 2G).

$\Delta\psi$ m with age in long-term culture

To analyze the alteration in $\Delta\psi$ m in long-term culture, we examined the $\Delta\psi$ m by using the mitochondria-specific dye

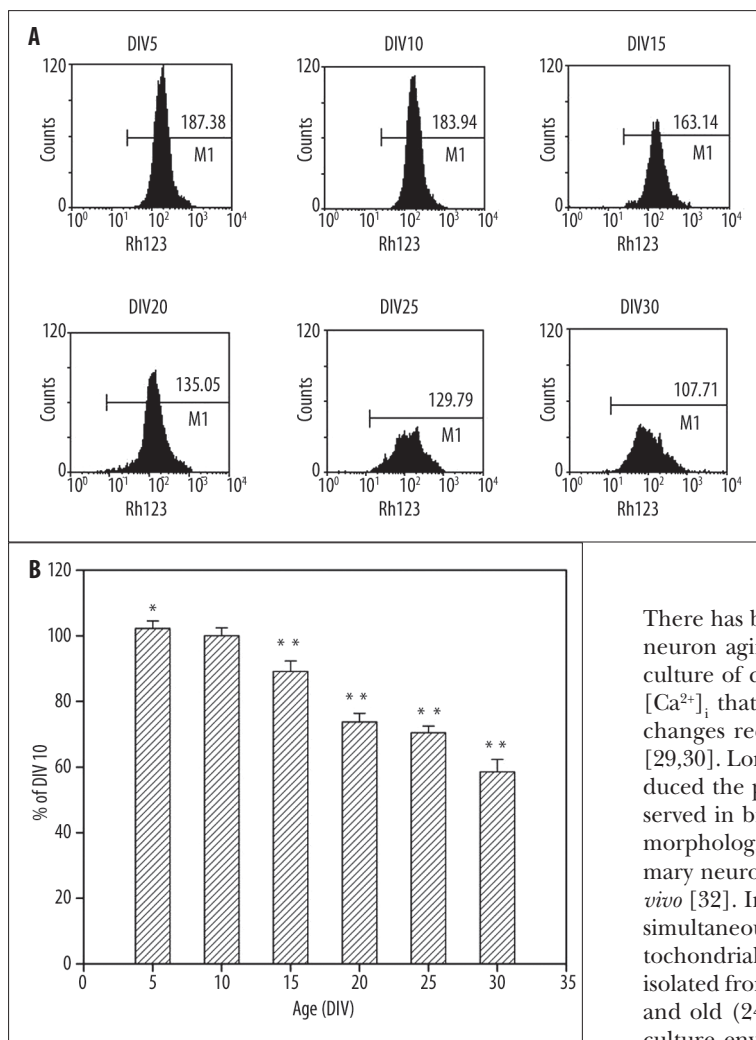


Figure 3. Detection of $\Delta\psi_m$ with Rh123. (A) Mean Rh123 fluorescence intensity detected by flow cytometry. (B) The results were expressed as the relative fluorescence intensity (%) with respect to neurons at DIV 10. * $P < 0.05$ vs. DIV 10, ** $P < 0.01$ vs. DIV 10.

Rh123 at DIV 5, 10, 15, 20, 25 and 30. As shown in Figure 3, there was an age-related decrease of $\Delta\psi_m$ in neurons. The fluorescence intensity of Rh123 of DIV 25 neurons and DIV 30 neurons decreased to 71% and 59%, respectively, of the levels of DIV 10 neurons.

Intracellular ROS generation with age in long-term culture

We examined ROS production at different time points in long-term culture. As shown in Figure 4, there was a time-associated increase of ROS generation in neurons. The fluorescence intensity of DCFH of DIV 25 neurons and DIV 30 neurons increased to 178% and 215%, respectively, of the levels of DIV 10 neurons. These results indicate that ROS generation obviously increased in aging neurons.

DISCUSSION

Our results demonstrate that primary hippocampal neurons in prolonged culture develop characteristics of senescence. Furthermore, these results indicate that long-term culture primary hippocampal neurons may serve as a mitochondria dysfunction model associated with aging, and that DIV 25 neurons could possibly represent aging neurons in culture.

There has been a certain similarity between whole animal neuron aging and neuronal aging in culture. Long-term culture of cerebellar granule neurons showed changes in $[Ca^{2+}]_i$ that were strikingly similar to the age-dependent changes recorded in cerebellar brain slice preparations [29,30]. Long-term culture of hippocampal neurons reproduced the pattern of changes in Ca^{2+} channel density observed in brain slices obtained from aging rats [31]. The morphological changes of mitochondria in long-term primary neuronal culture were consistent with the results *in vivo* [32]. In addition, Parihar et al. [22] monitored $\Delta\psi_m$ simultaneously with measuring ROS on an individual mitochondrial basis in single live hippocampal neuronal cells isolated from embryonic (E18), middle-aged (12 months), and old (24 months) rats, and maintained in a uniform culture environment. The results showed an age-related increase in ROS production and an age-related depolarization at rest in single somal and axonal/dendritic mitochondria. However, Potter et al. [33] used FEP (fluorinated ethylene-propylene)-sealed culture dishes for culturing cells that maintains their health and sterility for over a year. They reduced or eliminated problems with infection and hyperosmolality, while maintaining pH and O_2 homeostasis. Using conventional techniques, increases in the osmotic strength of media due to evaporation are a large and underappreciated contributor to the gradual decline in the health of primary neuron cultures. Osmolarity changes in the medium are an uncontrolled but causal factor.

We applied SA- β -Gal staining to identify senescent hippocampal neurons in long-term culture, and our results show that SA- β -Gal activity gradually increased. These results, in agreement with those obtained in other studies [23,24], support the use of SA-beta-Gal activity as a biomarker for senescence of neurons *in vivo* and *in vitro*.

$\Delta\psi_m$ has often been used as a marker for mitochondrial integrity [34]. In addition, depolarized $\Delta\psi_m$ has been regarded as a function of age [35,36]. Depolarized $\Delta\psi_m$ in aged cells appears to be one of the features of age-dependent alterations of mitochondrial function. One proposed mechanism to explain depolarized $\Delta\psi_m$ in aged cells is the alteration in the activity of the respiratory chain complexes. The

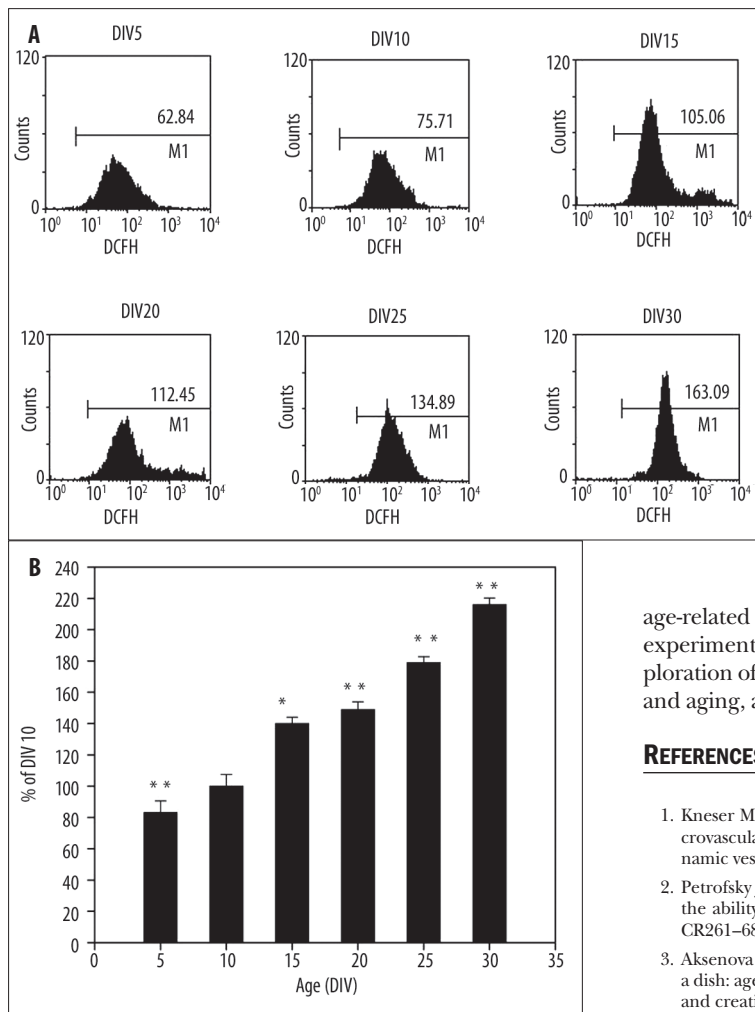


Figure 4. ROS production in long-term culture hippocampal neurons. (A) Mean DCFH fluorescence intensity. (B) The results were expressed as the relative fluorescence intensity (%) with respect to cells at DIV 10. ** $P < 0.01$ vs. DIV 10.

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age-related mitochondrial dysfunction in culture under our experimental conditions, which may contribute to the exploration of relationship between mitochondria dysfunction and aging, and may be useful for future anti-aging studies.

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results showed that $\Delta\psi_m$ depolarized in senescent neurons, which was in agreement with previous reports on exocrine cells [37], hepatocytes [38] and neurons [22-39]. Moreover, depolarized $\Delta\psi_m$ produces more ROS on cardiac myocytes [40], neurons [22], and HeLa cells [41].

Mitochondria, by virtue of their intense respiratory chain activity, are the major source of ROS [34], and also constitute a main target of cumulative oxidative stress. A large body of experimental evidence suggests that ROS production is increased in aging tissues [42,43]. Hence, mitochondria-generated ROS have been implicated as a common feature that connects aging of organisms and age-related diseases [44,45]. Our data showed that ROS levels increased with age *in vitro*, which is consistent with the observations *in vivo* [20,21]. The maintenance of low ROS levels is critical to normal cell functions. A decrease in $\Delta\psi_m$ has been shown to be associated with an increase in ROS in a variety of experimental models [22,46,47]. Our results further support the idea that depolarized $\Delta\psi_m$ produces more ROS.

CONCLUSIONS

In summary, our results demonstrate a decrease in mitochondrial function with days in culture. Furthermore, we identify that DIV 25 neurons could be an ideal time point for modeling

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