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Signaling mechanisms regulating adult neural stem cells and neurogenesis

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Abstract

Background—Adult neurogenesis occurs throughout life in discrete regions of the mammalian brain and is tightly regulated via both extrinsic environmental influences and intrinsic genetic factors. In recent years, several crucial signaling pathways have been identified in regulating self-renewal, proliferation, and differentiation of neural stem cells, as well as migration and functional integration of developing neurons in the adult brain.

Scope of review—Here we review our current understanding of signaling mechanisms, including Wnt, notch, sonic hedgehog, growth and neurotrophic factors, bone morphogenetic proteins, neurotransmitters, transcription factors, and epigenetic modulators, and crosstalk between these signaling pathways in the regulation of adult neurogenesis. We also highlight emerging principles in the vastly growing field of adult neural stem cell biology and neural plasticity.

Major conclusions—Recent methodological advances have enabled the field to identify signaling mechanisms that fine-tune and coordinate neurogenesis in the adult brain, leading to a better characterization of both cell-intrinsic and environmental cues defining the neurogenic niche. Significant questions related to niche cell identity and underlying regulatory mechanisms remain to be fully addressed and will be the focus of future studies.

General significance—A full understanding of the role and function of individual signaling pathways in regulating neural stem cells and generation and integration of newborn neurons in the adult brain may lead to targeted new therapies for neurological diseases in humans.

Introduction

Neural stem cells (NSCs) are characterized by the capacity to continuously self-renew and generate a multitude of neuronal and glial lineages [12]. Neurogenesis in the mammalian brain involves multiple, complex processes that include proliferation, fate specification,

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differentiation, maturation, migration, and functional integration of newborn cells into the existing neuronal circuitry [1]. Following the discovery that neurogenesis persists throughout life in the adult mammalian brain, including in humans [3–5], recent studies have linked variable levels of adult neurogenesis to brain function in the normal and diseased brain. These findings, coupled with the possibility of using NSCs in treatment of neurodegenerative disease and psychiatric disorders, have generated new interest in understanding the molecular mechanisms underlying adult neurogenesis.

Active neurogenesis occurs primarily in two regions of the adult mammalian brain: the subventricular zone (SVZ) of the lateral ventricles and the subgranular zone (SGZ) of the dentate gyrus (DG) [67]. Quiescent or slowly dividing ependymal and subependymal cells expressing GFAP- and Prominin-1/CD133 are thought to be the primary NSCs in the adult SVZ (type B cells) [68], although Prominin-1/CD133 is expressed by other non-CNS stem cells as well, such as myogenic and hematopoietic stem cells [9]. These GFAP- and Prominin-1/CD133-expressing cells with stem cell properties reside in the wall of the lateral ventricle and give rise to transit amplifying cells (type C cells) via asymmetric division. Transit amplifying cells, which express the receptor for epidermal growth factor [1011], give rise to polysialylated neural adhesion molecule (PSA-NCAM)-expressing neuroblasts (type A cells) that migrate into the olfactory bulb via the rostral migratory stream (RMS) and differentiate into GABA- and dopamine-producing granule and periglomerular interneurons [61213]. In the adult hippocampus, the SGZ of the DG contains GFAP-, Nestin-, and Sox2-expressing radial glia-like cells (RGLs) that act as quiescent NSCs. Recent clonal analysis of individual RGLs has revealed both self-renewal and multipotential capacities in this population that can generate additional RGLs, neurons and astrocytes [14]. Asymmetric division of RGLs can give rise to neuronal lineage restricted progenitor daughter cells (type 2 cell) that expresses Nestin and Sox2, but not GFAP [15]. Type 2 cells in turn give rise to neuroblasts expressing doublecortin (DCX) and PSA-NCAM which then differentiate into glutamatergic dentate granule cells [1617].

Neurogenesis in adults is dynamically regulated by a number of intrinsic as well as extrinsic factors [18]. Endogenous extrinsic factors in the local microenvironment, often referred to as the “neurogenic niche” or “stem cell niche”, include neural precursor cells, surrounding mature cells, cell-to-cell interactions, cilia, secreted factors, and neurotransmitters [619]. Microenvironments of the SVZ and SGZ, but not other brain regions, are thought to have specific factors that are permissive for the differentiation and integration of new neurons, as evidenced by a pivotal study showing that adult hippocampal astrocytes promote neuronal differentiation of adult-derived hippocampal progenitor cells in vitro [20].

The importance of the stem cell niche in determining the fate of adult NSCs is highlighted by several different transplantation experiments. SVZ-derived committed neural precursor cells differentiate into glia cells when grafted into ectopic non-neurogenic regions of the brain [21]. Furthermore, SVZ precursor cells generate hippocampal neurons when transplanted into the DG of the hippocampus, whereas SGZ precursors generate olfactory interneurons after transplantation into the RMS [22]. Similarly, neural precursor cells derived from the adult spinal cord differentiate into granule cell neurons after implantation into the hippocampus, but fail to generate neuronal phenotypes and differentiate into glial cells after transplantation back to their original site in the spinal cord [23]. In contrast, Merkle et al. showed that SVZ-derived NSCs maintained their region-specific potential in vivo, and that environmental factors at the host graft site were not sufficient to respecify the grafted cells after heterotopic transplantation [24].

Recently developed tools allowing inducible alteration of gene expression specifically within adult NSCs have provided new insights in the mechanisms regulating neurogenesis in

vivo. Viral-mediated gene transfer in vivo utilizes retro- or lentiviruses and allows long-lasting genetic manipulation at the site of virus infusion and transgenic mouse lines enable inducible and cell-specific knock-out, knockdown, or overexpression of a specific gene of interest. With these and other techniques, several soluble and membrane-bound extracellular factors and their intracellular signaling cascades have recently been identified as determinants of the local microenvironment of the SVZ and SGZ, including Wnt, sonic hedgehog, Notch, BMPs, neurotrophins, and neurotransmitters. Furthermore, cell-intrinsic mechanisms including transcription factors and epigenetic regulators of neurogenesis have recently been shown to be crucially involved in modulating neurogenesis in the adult brain. In this review, we summarize the role of both external and cell-intrinsic signals in regulating adult neurogenesis. Furthermore, we discuss key signaling pathways regulating different stages of adult neurogenesis, including neural stem cell proliferation and lineage differentiation, and migration and integration of the developing neuron in the adult brain.

Wnt/beta-catenin pathway

The Wnt signaling pathway is a highly conserved signaling pathway that has been implicated in nervous system development, including neural tube formation, dorsal root ganglia development, and midbrain development [25–27]. Disruption of the physiological Wnt-signaling pathway has been associated with several CNS pathologies, including schizophrenia, mood disorders, autism, and Alzheimer's Disease [28–31].

Wnt ligands constitute a family of auto- and paracrine secreted glycoproteins that are involved in several diverse developmental cellular processes [273233]. In the absence of Wnt ligand, activated glycogen-synthetase-kinase-3 beta (GSK-3beta), a key modulator of the Wnt pathway, forms a degradation complex, comprising axin, adenomatous polyposis coli, and beta-Transducing repeat-containing protein (beta-TrCP), resulting in phosphorylation and ubiquitination of beta-catenin and subsequent degradation of beta-catenin by the proteasome [34]. Ongoing degradation of beta-catenin in the absence of Wnt maintains a low intracellular beta-catenin level. Since nuclear translocation of beta-catenin and subsequent binding to T-cell factor/lymphoid enhancer-binding factor (TCF/LEF) transcription factors is required for activation of Wnt-target genes, ongoing sequestration and degradation of beta-catenin in the absence of Wnt ligand prevents transcription of Wnt target genes. However, in the presence of extracellular Wnt ligand, Wnt and its receptor Frizzled form a ternary complex with the co-receptor low-density lipoprotein receptor related protein 5/6 (LRP5/6) [35]. This complex formation leads to phosphorylation and activation of intracellular Dishevelled (Dvl), which in turn inactivates GSK-3beta by displacing GSK-3beta from the degradation complex. In the absence of ongoing beta-catenin degradation, stabilized beta-catenin enters the nucleus and associates with TCF/LEF transcription factors, resulting in transcription of Wnt-target genes [36].

Several studies have addressed the role of Wnt signaling in adult neurogenesis. It was recently shown that Wnt3 is strongly expressed in DG hilar cells and in cultured hippocampal astrocytes, and that GSK3beta/beta-catenin-signaling is active in the adult SGZ and dentate granule cell layer [37]. The same study showed that astrocyte-derived Wnt-signaling mediates neuroblast proliferation and neuronal differentiation in adult-derived hippocampal progenitor cells via the beta-catenin pathway. Similarly, injection of lentiviruses expressing dominant-negative Wnt into the adult DG resulted in a marked reduction in neurogenesis when compared to wild-type Wnt, suggesting an important role for Wnt-signaling in adult hippocampal neurogenesis in vivo [37]. In a subsequent study it was shown that NeuroD1, a pro-neurogenic basic helix-loop-helix (bHLH) transcription factor, functions as a downstream mediator of Wnt-induced neurogenesis from adult hippocampal neural progenitors [38]. Interestingly, NeuroD1 is selectively expressed in

dividing neural progenitors and in immature granule neurons in the adult DG, but not in Sox2-expressing hippocampal neural progenitors. Furthermore, Kuwabara et al. propose an intriguing link between Wnt-signaling, NeuroD1 expression, and neuronal differentiation: In undifferentiated stem cells the NeuroD1 promoter is silenced by a repressor complex comprising Sox2 and HDAC1. However, in the presence of extracellular Wnt, beta-catenin accumulates in the nucleus forming an activator complex with TCF/LEF, resulting in NeuroD1 transcriptional activation, and subsequent neuronal differentiation [38]. By using NeuroD1 conditional knock-out mice, Gao et al. demonstrated that NeuroD1 is required for neurogenesis in the adult hippocampus in vivo by facilitating survival and maturation of adult-born neurons. Complementary in vitro studies showed that NeuroD1 is sufficient to induce neuronal differentiation and that Wnt-mediated neurogenesis requires NeuroD1 in adult hippocampal neural progenitor cells [39]. Despite this convincing evidence for the role of Wnt/beta-catenin in regulating neurogenesis by promoting neuronal differentiation, a recent study by Mao et al. showed that activation of the Wnt/beta-catenin pathway promotes proliferation rather than differentiation of adult NSCs. By injecting lentivirus expressing Disrupted In Schizophrenia 1 (DISC1) shRNA in the adult hippocampus in vivo, Mao et al. showed that DISC1 promotes neural progenitor cell proliferation in the adult hippocampus by interacting with and inhibiting GSK3beta, resulting in stabilization of beta-catenin and subsequent activation of downstream transcription factors that prevent premature cell cycle exit and neuronal differentiation [40].

In addition, the nuclear orphan receptor Tlx, previously shown to play an essential role in proliferation of adult NSCs [41], directly induces transcription of Wnt7a and promotes proliferation and self-renewal of adult NSCs via the canonical Wnt signaling pathway in neurogenic regions of the adult brain [42]. While these studies have focused mainly on the role of Wnt in neurogenesis in the adult hippocampus, Wnt signaling has also been shown to modulate neurogenesis in the adult SVZ. Overexpression of Wnt3A and Wnt5A promotes proliferation and neuronal differentiation of adult SVZ neural progenitor cells in vitro [43]. In addition, retrovirus-mediated expression of a stabilized beta-catenin was shown to promote proliferation of neural progenitor cells and in the SVZ in vivo, resulting in increased neurogenesis in the olfactory bulb [44].

Notch pathway

Notch signaling impinges on a wide array of cellular processes in the developing nervous system, including cell proliferation, differentiation, and apoptosis [45–47]. Notch receptors are single-pass transmembrane heterodimers that are activated upon forming a binding complex with their membrane-bound ligands on the neighboring cell, Delta and Jagged. Ligand binding results in gamma-secretase mediated cleavage of the transmembrane domain, and subsequent release of the notch intracellular domain (NICD) into the cytosol. NICD then translocates to the nucleus where it forms a complex with the DNA-binding protein RBPj. The NICD-RBPj complex in turn acts as a transcriptional activator and induces the expression of bHLH transcription factors, such as the hairy and enhancer of split (HES) and others [48]. While the role of Notch signaling in neurogenesis has previously been studied mainly during development, there is now growing evidence that Notch has distinct roles in the maintenance and differentiation of NSCs in the adult nervous system. Various studies have shown that components of the Notch pathway are expressed in the SVZ and SGZ of the adult mammalian brain [49–53]. Notch regulates maintenance of adult NSCs by promoting cell cycle exit and decreasing the adult neural progenitor pool [54]. Conditional knock-out of RBPj in the adult SVZ leads to differentiation of all type B-cells into transit-amplifying cells and neurons, resulting in eventual depletion of the neural stem cell pool and subsequent premature cessation of neurogenesis [53]. Similarly, in the adult hippocampus, Notch was found to be required for the expansion and self-renewal of nestin-

expressing cells in the adult SGZ in vitro and in vivo [55]. Furthermore, Ehm et al. showed that conditional inactivation of RBPj resulted in an initial increase in hippocampal neurogenesis by inducing premature neuronal differentiation of Sox2-positive progenitors. This in turn resulted in subsequent depletion of the Sox2-positive neural stem cell pool and eventual suppression of adult hippocampal neurogenesis, indicating an important role for Notch signaling in the maintenance of adult NSCs [56]. A related study showed that overexpression of NICD induced proliferation and expansion of the neural stem cell pool in adult hippocampal progenitors in vivo [52]. Notch signaling also appears to be involved in regulating niche cell identity and plasticity. EphB2 acts as a downstream mediator of Notch signaling and prevents differentiation of ependymal cells into niche astrocytes in the adult SVZ [57]. A recent study demonstrated an important interaction between EGF receptor signaling and Notch in maintenance of neural stem and progenitor cells in the adult SVZ. EGF receptor signaling in transit-amplifying (type C cells) non-cell-autonomously inhibited proliferation and self-renewal of type B cells by suppressing Notch signaling in type B cells in the adult SVZ [58]. Interestingly, EGF receptor signaling suppressed Notch signaling by promoting Notch 1 ubiquitination and degradation via induction of Numb, a protein previously shown to mediate Notch receptor degradation [59]. Thus, Notch signaling is required to maintain a reservoir of undifferentiated cells and ensure ongoing neurogenesis during adult life. Furthermore, Notch has been shown to have an important role in dendritic arborization of immature neurons in the adult brain. Conditional knock-out of Notch 1 results in significantly less complex arborization, while overexpression of activated Notch 1 leads to a significant increase in dendritic complexity in newborn, maturing granule cells of the adult DG [52]. Moreover, adult inducible Notch 1 knockout mice have granule cell neurons with smaller dendritic trees in the DG [55]. The role of Notch 1 signaling on dendrite formation seems to be restricted to immature developing neurons, since Notch 1 activation in mature postmitotic neurons was shown to have no effect on dendritic arborization [60].

Sonic Hedgehog pathway

Sonic hedgehog (Shh) is a soluble extracellular signaling protein that was first discovered to have a role in cell differentiation in the neural tube and limb bud [61]. Shh signaling has since been found to be crucial in regulating various processes during development of the nervous system, such as ventral forebrain neuronal differentiation, midbrain dopaminergic differentiation, and cerebellar neuronal precursor proliferation [62–64]. Shh mediates its action via a receptor complex consisting of the transmembrane receptor protein Patched (Ptc), and its G protein-coupled co-receptor Smoothed (Smo), both of which are preferentially located on primary cilia [65]. In the absence of Shh ligand, Ptc represses signal transduction from the co-receptor Smo, thereby inhibiting Shh target gene transcription. However, after Shh ligand binding to Ptc, disinhibition leads to activation of a complex signaling cascade ultimately resulting in transcription of Gli-proteins and other Shh target genes [66–67]. More recently, Shh has been shown to play an important role in neurogenesis in the adult mammalian brain. The Shh receptors Ptc and Smo are expressed in the adult hippocampus and in progenitors derived from this region [68–69]. Furthermore, various components of the Shh signaling cascade are expressed in the early postnatal as well as the adult SVZ [70–71]. Overexpression of Shh in the adult hippocampus via an adeno-associated viral vector delivered to the DG resulted in a significant increase in hippocampal progenitor cell proliferation in vivo [69]. Conversely, cyclopamine, an inhibitor of Shh signaling, reduced granule cell proliferation in the adult DG when directly delivered into the adult hippocampus [69] and the lateral ventricle [72]. Conditional knock-out of signaling via the Shh downstream mediator Smo was shown to result in a significant reduction in proliferation of progenitor cells in the postnatal hippocampus and SVZ [73]. Furthermore, mice lacking Smo in neural precursor cells show defective hippocampal neurogenesis, as

indicated by a small DG, and marked reduction in neural stem cell proliferation in the adult dentate gyrus in vivo [74]. A similar phenotype was observed after conditional loss of primary cilia on granule neuron precursors in the adult hippocampus, suggesting that Shh mediated proliferation of adult hippocampal stem cells is dependent on functional primary cilia [74]. Using in vivo genetic fate mapping, Ahn et al. showed that both quiescent NSCs as well as transit-amplifying progenitor cells in the subventricular and SGZ respond to Shh signaling, and contribute to ongoing neurogenesis in the adult forebrain [75]. In addition to playing an important role in promoting self-renewal and proliferation of adult NSCs, Shh was recently found to serve as an important regulator of cellular migration in the adult mammalian brain. Several studies addressed the role of Shh on neuronal migration in the adult SVZ by means of conditional knock-out of Smo as well as adenoviral overexpression of Hip, a negative regulator of the Shh pathway. Interestingly, loss of Shh signaling in the adult SVZ resulted in non cell-autonomous failure of neuroblasts (type A cells) to migrate to the olfactory bulb via the RMS [7677].

Growth factors and neurotrophic factors

Neurotrophic factors are extracellular signaling proteins that play important roles in both the developing and adult central nervous system [78–80]. In mammals, four neurotrophic factors have been identified, namely nerve growth factor (NGF), brain-derived neurotrophic factor (BDNF), neurotrophin 3 (NT-3), and neurotrophin 4/5 (NT-4/5) [8182]. Neurotrophins bind to receptor tyrosine kinases known as Trk receptors and their co-receptor p75NTR. There are three different Trk receptors, namely TrkA, TrkB, and TrkC, which have different preferential binding affinities for the different neurotrophins. NGF preferentially binds to TrkA, BDNF and NT-4/5 to TrkB, and NT-3 to TrkC [8384]. All four neurotrophic factors bind to p75NTR on the cell surface, which serves to augment and facilitate binding of the respective neurotrophin to its specific Trk receptor. Ligand binding induces dimerization of Trk receptors and their autophosphorylation at specific tyrosine residues in the cytoplasmic domain, leading to recruitment of various downstream effectors and activation of signal transduction cascades [85, 86]. Interestingly, both p75NTR and TrkB are expressed on dividing progenitor cells in the adult subventricular and SGZ [87–91]. BDNF and its role in neurogenesis have been studied more extensively than any of the other neurotrophins. Chronic BDNF infusion directly into the adult DG resulted in increased neurogenesis of granule cells [92]. Similarly, direct intraventricular delivery of BDNF as well as overexpression of BDNF by adenoviral injection of BDNF in the lateral ventricle resulted in a significant increase in newly formed neurons originating from the adult SVZ [9394]. Conditional loss of TrkB signaling in a Nestin-CreERT2 system resulted in significantly decreased BDNF-induced neurosphere growth in vitro, as well as impaired proliferation and neurogenesis in the adult DG in vivo, suggesting that functional TrkB signaling is required for proliferation of NSCs in the hippocampus [91]. A different study showed that survival, dendritic arborization, and functional integration of newborn neurons in the adult DG is critically dependent on signaling via the TrkB receptor [95]. Moreover, enhancement of hippocampal neurogenesis following environmental enrichment did not occur in BDNF knockout mice [96]. The role of BDNF in neurogenesis in the adult SVZ is less well characterized, however, a recent study suggested that in contrast to its role in adult hippocampal neurogenesis, BDNF signaling does not stimulate neurogenesis in the adult SVZ [97]. Available data on the role of NT-3 on regulating adult neurogenesis are limited, however, conditional knock-out of NT-3 resulted in significant impairment in neuronal differentiation, but not proliferation in the adult hippocampus [98]. Furthermore, NT-3 deficient mice had profound deficits in memory and learning, suggesting that NT-3 mediated neuronal differentiation, but not proliferation, is involved in spatial learning and memory formation in the adult brain [9899]. Continuous infusion of NGF directly in the lateral

ventricle of adult rats had no effect on proliferation of progenitor cells in the DG granule cell layer but resulted in enhanced survival of neurons in the adult hippocampus [99].

Growth factors comprise a large group of extracellular proteins that promote cell growth and maintenance in various biological settings [100–103]. Several growth factors have been shown to be involved in regulating neurogenesis in the adult brain, most importantly Fibroblast growth factor-2 (FGF-2), Insulin-like growth factor-1 (IGF-1), and Vascular endothelial growth factor (VEGF). These growth factors share a common principle of signal transduction, involving binding to a ligand-specific receptor belonging to the tyrosine kinase family. Ligand binding to the receptor results in autophosphorylation and activation of the intracellular domain of the respective receptor and subsequent activation of downstream signaling pathways, including the PI-3 kinase/Akt and the Ras/Raf/MEK/Erk pathway. Several recent studies have implicated FGF-2 as a regulator of neurogenesis in the adult brain. Intraventricular infusion of FGF-2 was accompanied by an increase in number of newly born cells in the adult rat hippocampus [104]. Furthermore, mice with conditional deletion of the FGFR1 gene display significant impairment in neural progenitor cell proliferation and production of new neurons in the adult DG [105]. The role of IGF-1 in regulating adult neurogenesis has been addressed in several studies. Spontaneous neuronal differentiation of progenitor cells derived from the adult SVZ is dependent on endogenous IGF-1 signaling in vitro [106]. IGF-1 can directly stimulate proliferation of adult hippocampal progenitor cells in a MAP kinase dependent manner in vitro [107], and IGF-1 increases the rate of neurogenesis in the adult hippocampus in vivo when delivered either via continuous subcutaneous infusion or intraventricular infusion [108,109]. Furthermore, IGF-1 signaling is required for proper migration of neuroblasts from the SVZ to the olfactory bulb via the rostral migratory stream [110]. In addition to promoting adult neurogenesis, IGF-1 was also found to instructively stimulate the differentiation of adult hippocampal progenitor cells into oligodendrocytes in vitro and in vivo by inhibiting BMP signaling [111].

VEGF has emerged as a multifunctional growth factor that is involved in regulation of neurite outgrowth and maturation during development, and can influence complex processes in the adult brain, including learning and memory [112–115]. VEGF signals through two high-affinity receptor tyrosine kinases, Flk-1 and Flt-1 [116,117]. VEGF receptors are expressed on endothelial cells and neural progenitors in the adult hippocampus and SVZ [118–120]. Jin et al. showed that VEGF exerts a direct mitogenic effect on neuronal progenitor cells via an Flk-1 dependent mechanism [121]. The same study demonstrated that direct infusion of VEGF into the lateral ventricle of adult rats increases neurogenesis in the SVZ and the SGZ [121]. A related study subsequently showed that VEGF-Flk1 signaling is required for antidepressant-mediated enhancement of neurogenesis in the adult rat hippocampus [122].

Bone Morphogenetic Proteins

Bone Morphogenetic Proteins (BMPs) comprise a group of multifunctional extracellular signaling molecules of which over 20 members have been identified to date, and constitute the largest subgroup of the transforming growth factor-beta (TGF-beta) superfamily [123]. BMPs are highly expressed in the embryonic and adult nervous system and play pivotal roles in regulating a wide variety of cellular processes, including cell survival, proliferation and fate specification [124, 125]. Activities of BMPs are negatively regulated by Noggin, Chordin and Neurogesin-1, proteins that directly bind and antagonize BMPs extracellularly [126,127]. BMP signaling is transduced via two different types of serine-threonine kinase receptors, namely BMP receptor type I and type II [128,129]. Binding of the BMP ligand results in formation of a tetrameric complex of two BMP type I and two BMP type II

receptors, and activates an intracellular signaling cascade that involves phosphorylated Smad proteins [130]. Smad1/5/8 are directly phosphorylated and activated by the BMP type I receptor kinases, and then form a heteromeric complex with a Co-Smad, Smad4. The activated Smad complexes are translocated to the nucleus and, in conjunction with other nuclear cofactors, activate the transcription of various genes [130131].

In the adult neurogenic niche, BMPs promote glial differentiation and inhibit neuronal fate specification [132133]. In the adult SVZ, BMP ligands and their receptors are expressed by the neural stem and progenitor cell population, and act as potent inhibitors of neuronal differentiation of Type B and C cells. Furthermore, BMPs were found to be important for promoting survival of neuroblasts migrating along the RMS [132]. Interestingly, the BMP inhibitor Noggin is produced by ependymal cells of the SVZ and antagonizes endogenous BMP signaling and BMP-mediated premature glial differentiation at the expense of neurogenesis, thus promoting the formation of new neurons from SVZ precursors [132]. In the adult SGZ, endogenously produced Noggin had previously been shown to be important for self-renewal and proliferation of adult hippocampal NSCs in vitro and in vivo [134]. Noggin mRNA levels in the dentate gyrus are under the control of the RNA-binding protein FXR2. Loss of function experiments have shown that FXR2 deficiency results in increased expression of Noggin. Increased Noggin levels inhibit endogenous BMP-signaling, which in turn results in increased proliferation of NSCs and thereby increases neurogenesis in the adult hippocampus in vivo [135].

Furthermore, Neurogesin-1, a recently identified astrocyte-derived signaling protein, plays an important role in regulating BMP-mediated cell fate specification in the adult brain. Neurogesin-1 is highly expressed in the adult DG and SVZ, and antagonizes BMP-4 induced astroglial differentiation of adult hippocampal progenitor cells [136]. Blockade of BMP signaling by direct intraventricular Noggin infusion as well as knock-out of Smad4 in adult SGZ neural precursor cells initially increased neurogenesis but subsequently resulted in depletion of precursors and loss of neurogenesis, suggesting that BMP signaling is required for maintenance of neural stem cell properties and neurogenesis [137].

Neurotransmitters

Neurotransmitters are small diffusible molecules that serve as the basis of chemical communication between neurons [138–140]. Accumulating evidence also suggests essential roles of neurotransmitters in regulating adult neural progenitor cell proliferation, differentiation, and synaptic integration, as well as activity-dependent adult neurogenesis. Glutamate is an excitatory neurotransmitter that utilizes several different receptor subtypes, namely ionotropic NMDA, AMPA and kainic acid receptors, as well as metabotropic glutamate receptors [141–143]. Electrophysiological as well as immunohistochemical studies have shown expression of various glutamate receptors on neural progenitor cells in the adult subventricular and SGZ [144–146]. Interestingly, in the postnatal SVZ, neuroblasts but not stem cells express various glutamatergic receptors during migration to the olfactory bulb [145147] and migrating neuroblasts are ensheathed by glutamate-releasing specialized astrocyte-like cells. Single-cell knock-out of the NMDA receptor results in apoptosis of migrating neuroblasts, suggesting that astrocyte derived glutamate mediates survival and proper functional integration of neuroblasts via NMDA receptor signaling [144]. The kainate receptor GLU_{K5} is tonically activated in migrating SVZ neuroblasts, and that this activation decreases the speed of neuroblast migration [148]. One possible explanation for this seemingly contradictory finding may be a mosaic pattern of expression of different glutamate receptors in neuroblasts that may allow glutamate to exert differential effects on neuroblast production and migration. It has been hypothesized that the observed differences in glutamate receptor expression among neuroblasts may be due their state of differentiation

or their ultimate fate in the olfactory bulb [24148]. Recent studies have addressed the role of glutamatergic signaling in the regulation of proliferation and fate choice in the adult hippocampus. Interestingly, the NMDA receptor subunits NR1 and NR2B are absent from transiently amplifying progenitors, but are found on GFAP-expressing type-1 precursor cells in the adult hippocampus [146]. NMDA receptors on proliferating adult hippocampal progenitors were found to mediate excitation-induced neurogenesis by inhibiting expression of the glial bHLH transcription factors Hes1 and Id2, and by promoting expression of the proneural transcription factor NeuroD [149]. By using a retrovirus-mediated, single-cell gene knockout technique in mice, Tashiro et al. showed that the survival of new neurons is critically regulated by neuronal activity via their own NMDA glutamate receptor within a short period after birth [150]. In addition to the pivotal role of NMDA-receptor mediated glutamate signaling, emerging evidence suggests a role for kainic acid and AMPA receptors in regulating adult hippocampal neurogenesis.

In order to investigate the rate of neurogenesis under pathological conditions such as epilepsy, the kainate receptor agonist kainic acid was used to induce seizures in vivo. Kainic acid-induced seizures result in long-lasting generation of functionally integrated new neurons in the adult rat hippocampus [151]. Additionally, chronic administration of an AMPA receptor potentiator increased progenitor cell proliferation in the adult DG in vivo [152].

GABA is the main inhibitory neurotransmitter in the adult brain. GABA exerts a dual role on immature new granule cells, initially depolarizing, and subsequently hyperpolarizing, depending on the intracellular chloride content determining the transmembrane gradient. The GABA receptor most essential to neurogenesis is the GABA_A receptor, which is an ionotropic receptor channel that passes chloride upon GABA binding with the polarity depending on the chloride gradient across the membrane [153–155]. In the postnatal SVZ, GABA released from neuroblasts reduces the rate of proliferation of GFAP-expressing NSCs via tonic GABA_A receptor activation, thereby providing a feedback mechanism controlling neural progenitor cell proliferation [156]. Furthermore, GABA was shown to have a direct effect on migrating neuroblasts in the adult SVZ. GABA derived from surrounding astrocyte-like cells decreased the speed of migration of neuroblasts en route to the olfactory bulb via GABA_A receptor mediated signaling [157]. Ge et al. showed that newborn granule cells of the DG of the adult hippocampus are tonically activated by ambient GABA [158]. Furthermore, retrovirus-mediated expression of short hairpin RNA against NKCC1, a Na-K-2Cl transporter, lowered the intracellular chloride concentration, resulting in cellular hyperpolarization upon GABA application. As a result, prematurely hyperpolarized immature neurons showed a markedly reduced formation of both GABAergic and glutamatergic synapses, as well as decreased dendritic complexity [158]. In a subsequent study Song et al. showed that in the adult mouse hippocampus GABA derived from local parvalbumin-expressing interneurons promotes quiescence of adult hippocampal radial glia-like neural stem cells in response to neuronal activity and experience [159]. Interestingly, conditional knock-out of the gamma₂-subunit of the GABA_A receptor resulted in rapid exit from quiescence and enhanced symmetrical self-renewal, suggesting GABA-gamma₂ signaling as an important niche mechanism involved in regulating the activation and self-renewal mode of quiescent adult NSCs [159].

Dopamine is a catecholamine neurotransmitter that is implicated in ontogenesis and embryonic germinal zone proliferation during development, and modulates movement, mood and motivation in the adult brain [160–162]. Dopamine receptors are classified as either D1-like (D1 and D5) or D2-like (D2, D3, and D4), according to structural homologies and shared second messenger cascades [163]. In the adult SVZ, D2-like receptors are predominantly expressed on transient amplifying cells (type C cells), which are the target of

dopaminergic forebrain afferents. Interestingly, dopaminergic denervation of EGFR-expressing type C cells resulted in a significant reduction in the proliferation rate of SVZ progenitor cells [1164165]. A subsequent study showed that the dopaminergic fibers innervating the SVZ originate, at least in part, in the pars compacta of the substantia nigra [166]. Stimulation of D2-like receptors on EGFR-expressing type C cells via chronic Levodopa administration resulted in increased proliferation of neural progenitor cells in the adult SVZ [11]. Furthermore, systemic administration of the D2-like agonist 7-hydroxy-N,N-di-n-propyl-2-aminotetralin (7-OH-DPAT) significantly increased precursor cell proliferation in the adult SVZ [167]. In the adult hippocampus dopaminergic afferents originating in the ventral tegmental area stimulate proliferation of neural precursors in the SGZ [11].

Transcription Factors

cAMP response element-binding protein (CREB) is a transcription factor that is a central regulator of cellular growth and development, and common final phosphorylation substrate for several kinase-mediated signaling pathways, including the cAMP/Protein kinase A pathway, calcium-calmodulin mediated NMDA receptor signaling, as well as MAP kinase signaling induced by neurotrophins via Trk receptors [168–171]. Upon phosphorylation, CREB dimerizes and binds to cAMP response elements within the promoter regions of target genes [171172]. More specifically, cAMP mediated phosphorylation of CREB increases neurogenesis by stimulating progenitor cell proliferation and regulates survival of newly born neurons in the adult hippocampus in vivo [173–176]. In addition, cell autonomous knock-out of CREB via retrovirus-mediated overexpression of dominant-negative CREB in newly born cells in the adult mouse hippocampus is accompanied by impaired differentiation and morphological maturation of newborn dentate granule cells [175]. Similarly, cell autonomous CREB signaling is critically involved in regulation of survival, migration and morphological differentiation of neuroblasts in the adult SVZ [177–179]. Interestingly, loss of CREB signaling in immature neurons resulted in significant loss of expression of Pax6, suggesting that the effects of CREB-signaling on survival of migrating immature neurons in the RMS may be mediated by modulation of Pax6 [178].

Pax6, a paired homeobox transcription factor, is crucial for patterning telencephalon during development [180–182]. In the adult SVZ, Pax6 is expressed in immature neurons migrating in the RMS to the olfactory bulb [183–185]. Retroviral overexpression of Pax6 in neurosphere cultures derived from the adult telencephalon was shown to be sufficient to direct almost all neurosphere-derived cells towards a neuronal fate [183]. Moreover, in vivo analysis revealed that Pax6 restricts neural precursor cells in the RMS towards a neuronal fate, and is sufficient to instruct differentiation of neuroblasts to postmitotic dopaminergic periglomerular neurons [184185].

Ascl1 (Mash1) is a member of the basic helix-loop-helix (bHLH) family of transcription factors involved in regulation of sequential fate commitment of NSCs during embryonic and adult neurogenesis [186]. By using in vivo lineage tracing with inducible Cre recombinase, it was demonstrated that Ascl1 expression in the adult SVZ is restricted to transit amplifying cells destined to differentiate into GABAergic interneurons in the olfactory bulb [187]. In the adult hippocampus, Ascl1 is transiently expressed by type 2 progenitor cells that subsequently develop into glutamatergic granule cell neurons [187]. Interestingly, retroviral-mediated overexpression of Ascl1 in vivo instructed adult hippocampal progenitor cells to generate cells of the oligodendrocytic lineage rather than generate excitatory granule cells, the predominant phenotype generated under physiological condition [188]. This finding is particularly significant since it demonstrates fate plasticity in the adult brain by showing that expression of a single gene can direct fate choice of adult NSCs. Olig2, another bHLH

transcription factor, specifies transit-amplifying precursor fate and was found to oppose the role of Pax6 on neurogenesis in the adult SVZ [184].

Distal-less (Dlx) 2 is a homeobox transcription factor that is expressed by transit-amplifying cells and migrating neuroblasts in the adult SVZ [10]. In a study by Brill et al., overexpression of Dlx2 resulted in a significant increase in neuronal differentiation, and increased the migration velocity of neuroblasts migrating to the olfactory bulb. More specifically, Dlx2 promoted differentiation of neuronal precursors into dopaminergic periglomerular neurons in the olfactory bulb in cooperation with Pax6 [189]. This study also demonstrated that Dlx2 is required to maintain the proliferation of SVZ precursors. Inhibition of Dlx2-expression in the adult DG did not affect hippocampal neurogenesis, suggesting region-specificity of neurogenesis regulation by Dlx2 [189]. Subsequent in vitro studies have demonstrated that Dlx2 promotes lineage progression from stem cells to transient amplifying cells by increasing the expression of EGF receptor in SVZ stem cells [190].

Tlx is an orphan nuclear receptor that is highly expressed in the developing and the adult brain [191192]. Several recent studies have addressed the role of Tlx in regulating adult neurogenesis. Tlx is specifically expressed in astrocyte-like GFAP-positive B-type cells in the SVZ, and conditional knock-out of Tlx resulted in a complete loss of ability of NSCs in the adult SVZ to undergo self-renewal [193]. Similarly, in the adult hippocampus, adult NSCs in Tlx-null mice lose their self-renewal capacity and are prone to differentiate into glial cells, suggesting that Tlx is crucial for maintaining NSCs in an undifferentiated, proliferative state. Interestingly, Tlx was found to act as a transcriptional repressor on the GFAP promoter, indicating that Tlx may promote self-renewal of NSCs at least in part by directly inhibiting astroglial differentiation on a transcriptional level [41]. A subsequent study suggested that Tlx regulates NSC proliferation in the adult hippocampus cell-autonomously, and that Tlx-mediated neurogenesis contributes to spatial learning and memory circuits [194]. Recent studies have provided further insight into the mechanism underlying the regulation of neural stem cell proliferation by Tlx. Tlx can activate the Wnt/beta-catenin pathway, which in turn mediates Tlx-induced neural stem cell proliferation and self-renewal in the adult brain [42]. In addition, Tlx was shown to recruit histone deacetylases (HDACs) to the Tlx target genes p21 and pten to repress their expression in adult NSCs, thereby maintaining NSCs in a proliferative state [195]. A feedback regulatory loop involving Tlx and miR-9, an endogenously expressed and highly conserved microRNA, has recently been proposed as an endogenous regulator of neural stem cell proliferation and differentiation [196197]. MicroRNAs are small RNAs that have been shown to affect various cellular processes during development as well as in the adult via negatively regulating downstream target mRNAs [198199]. In the proliferative state, Tlx cooperates with HDAC to inhibit transcription of miR-9 in NSCs. During differentiation, Tlx expression decreases, miR-9 becomes predominant, which further inhibits Tlx expression and promotes ongoing neuronal differentiation [196197].

The Sox family of genes encodes for transcription factors that are crucial during development, and are abundantly expressed in the brain [200–202]. Reduced levels of Sox2 are associated with impaired neural stem cell proliferation and decreased adult neurogenesis [203]. Moreover, Sox2 is required for neuronal maturation, dendrite formation, and differentiation of GABAergic neurons in the adult olfactory bulb [204]. Sox11 expression is temporally restricted and most abundant in neuronally committed precursors and immature neurons of the adult hippocampus and SVZ [205]. Furthermore, overexpression of Sox11 in neurospheres derived from the SVZ resulted in neuronal differentiation of NSCs, suggesting a stage-specific role for Sox2 in the regulation of fate commitment in adult neurogenic regions [205]. In addition, another member of the Sox family, Sox9, was found to act as the

downstream mediator of neuronal differentiation induced by the microRNA miR-124. miR-124 is expressed in the adult brain, and expression is increased in developing neuroblasts undergoing differentiation [206207]. Interestingly, lineage progression of differentiating neuroblasts in the adult SVZ requires downregulation of Sox9 by miR-124 [207].

Emx2 is a homeobox transcription factor that is widely expressed in the developing brain, and important for proper morphogenesis of the CNS [208209]. In the adult brain, Emx2 is expressed in SVZ precursors as well as in the DG of the hippocampus [210211]. Emx2 was shown negatively regulate proliferation of SVZ progenitor cells by promoting symmetric division of stem cells generating more differentiated rather than undifferentiated progeny [210]. This was further substantiated by in vitro studies showing that overexpression of Emx2 resulted in decreased proliferation of SVZ-derived NSC clones by promoting asymmetric cell divisions [211].

Tbr2 is a T-box transcription factor widely expressed in neurogenic regions of the developing and the adult brain [212–214]. In the adult DG Tbr2 is expressed in intermediate neuronal progenitors [214]. Conditional knock-out of Tbr2 resulted in impaired neurogenesis in the DG in vivo due to failure of NSCs to differentiate into postmitotic neuroblasts [215].

Epigenetic regulators

Epigenetic mechanisms, including DNA methylation and histone modification, have recently emerged as an important link between external environmental influences and transcriptional control of gene expression in NSCs [216]. Epigenetic modification implies heritable changes in patterns of gene expression that are not encoded in the primary DNA sequence itself, thus resulting in new cellular phenotypes without altering the actual genomic sequence [217]. DNA methylation predominantly occurs at the cytosine residue of CpG dinucleotides to generate 5-methylcytosine on the pyrimidine ring, and the methylation status of DNA plays critical roles in the regulation of gene expression during development [218–220]. Methylation of CpG sites regulates gene expression either by blocking DNA binding of transcription factors or by binding of methyl-CpG binding proteins (MBDs). Binding of MBDs to methyl-CpGs, in turn, results in repression of gene transcription by recruitment of histone deacetylase repressor complexes and subsequent histone deacetylation [218].

Methyl-CpG-binding domain protein 1 (MBD1) is expressed throughout the adult brain with the highest concentration in the adult hippocampus [221]. MBD1 deficient mice develop normally and appear healthy throughout life, but have significantly reduced hippocampal neurogenesis and impaired spatial learning ability [221]. It was subsequently shown that MBD1 facilitates neuronal differentiation by direct binding to the promoter for the NSC mitogen FGF-2. MBD1-induced methylation of the FGF-2 promoter results in downregulation of FGF-2 expression, thus allowing adult hippocampal progenitor cells to undergo neuronal differentiation [222]. Moreover, MBD1 was recently shown to promote neuronal differentiation by decreasing the expression of the microRNA miR-184 [223]. Interestingly, miR-184 promotes proliferation of adult NSCs by downregulation of Numbl, a protein previously shown to be important for cortical brain development [223–225]. Thus, MBD1 promotes neurogenesis in the adult brain via Numbl and requires suppression of miR-184.

Methyl-CpG-binding protein 2 (MeCP2) is another MBD that is predominantly expressed in neurons in the mammalian CNS, and is involved in regulating neurogenesis in the adult [226, 227]. Newborn neurons in the DG of MeCP2-deficient mice exhibit profound deficits

in neuronal maturation and spine formation [228]. MeCP2 is important for maintaining neuronal identity and phenotypic features by promoting methylation of the GFAP promoter near the initiation site in neuronal precursors, thus suppressing the expression of GFAP in developing neurons [229]. Moreover, overexpression of MeCP2 was shown to inhibit astroglial and promote neuronal differentiation in embryonic NSCs in vitro and in vivo [230]. While MeCP2 was previously believed to be involved in regulation of neuronal maturation rather than fate choice of progenitors in the adult brain, a recent study demonstrated a role for MeCP2 in regulation of neural stem cell proliferation and differentiation via the microRNA miR-137. MeCP2 in cooperation with Sox2 represses expression of miR-137, thus promoting neuronal differentiation of adult NSCs [231].

Growth arrest and DNA-damage-inducible protein 45 beta (GADD45b), a protein previously implicated in DNA-demethylation, has recently been identified as an important regulator of activity-induced neurogenesis [232,233]. GADD45b is expressed in adult DG and expression is transiently increased in response to activity via electroconvulsion. GADD45b mediates activity-induced adult hippocampal progenitor cell proliferation and dendritic growth of newborn neurons by promoting demethylation and thus induction of target gene promoters critical for adult neurogenesis, including BDNF and FGF [233].

TET1 is a member of the TET protein family, a group of Fe(II)/2-oxoglutarate-dependent dioxygenases that hydroxylate the 5-methyl group of the cytosine ring of the DNA to produce 5-hydroxymethylcytosine [234,235]. TET1 is widely expressed throughout the brain, including the adult hippocampus [236], and it was recently shown that TET1-mediated conversion of 5-methylcytosine to 5-hydroxymethylcytosine is important for DNA demethylation in mammalian cells [237]. Interestingly, neuronal activity-induced demethylation of the promoters for BDNF and FGF was completely abolished in the adult DG after overexpression of shRNA against TET1 in vivo, suggesting an important role for TET1 in regulating activity-induced neurogenesis in the adult hippocampus [237].

The polycomb family transcriptional repressor Bmi-1 is another important regulator of developmental growth [238]. In the adult brain, Bmi-1 is required for self-renewal of SVZ NSCs by repressing the gene for the cyclin-dependent kinase inhibitor p16Ink4a [239,240]. Furthermore, in vitro overexpression of Bmi-1 significantly increases the number of adult NSCs in the SVZ in cooperation with the forebrain-specific transcription factor Foxg1 and maintains their developmental potential to generate neuronal lineages [241,242].

The histone methyltransferase mixed-lineage leukaemia 1 (Mll1) is expressed in the embryonic as well as the adult SVZ, and critically regulates expression of numerous developmental genes [243,244]. Transgenic mice deficient in Mll1 display intact neural stem cell proliferation, survival, and glial differentiation, but exhibit severely impaired neuronal differentiation in the adult SVZ. Moreover, Mll1-dependent neuronal differentiation of adult SVZ NSCs requires direct interaction and proper transcriptional activation of the Sox2 gene [243].

Members of the family of fragile X mental retardation proteins, including FMRP, FXR1, and FXR2, regulate translation of mRNAs by direct and selective binding to RNA and association with polyribosomes [245–247]. Loss of functional FMRP in NSCs in the adult DG in vivo resulted in increased astrocyte differentiation at the expense of neuronal differentiation as well as severe defects in hippocampus-dependent learning, suggesting an important regulatory role for FMRP in adult neurogenesis and learning [248,249]. Moreover, FMRP-induced neurogenesis requires intact Wnt signaling as well as presence of the downstream mediator Neurogenin1, a bHLH transcription factor [248]. In the adult olfactory bulb, FMRP is required for cell-autonomous neuronal differentiation by regulating dendritic

spine production and morphogenesis [250]. FXR2 regulates hippocampal but not SVZ neurogenesis by facilitating BMP-signaling. FXR2 represses Noggin expression by reducing the stability of Noggin mRNA, thus allowing for proper BMP-mediated NSC proliferation and differentiation [135].

Conclusion

The recent discovery of ongoing neurogenesis in the adult mammalian brain has demonstrated a novel capacity of the mature nervous system to support the integration of de novo populations of neurons. While we are just beginning to understand mechanisms and regulators involved in adult neurogenesis, several common principles have emerged over the last decade. Adult neurogenesis recapitulates many features of embryonic neurogenesis, and several intrinsic and extracellular factors, such as trophic factors and transcription factors, play similar roles in the regulation of embryonic as well as postnatal neurogenesis. Furthermore, neurogenesis in the adult brain is a highly conserved process across all mammalian species sharing the subventricular and subgranular zone as common neurogenic niches. Interestingly, there is a striking similarity in regulation of neurogenesis between the adult SVZ and SGZ, including signaling molecules regulating neural stem cell self-renewal and maintenance of the stem cell pool and the molecular composition of the neurogenic niche. However, these two neurogenic regions also differ in various aspects, such as niche organization, neuronal subtype differentiation and migration. Advances in virally-mediated single-cell genetic manipulation and transgenic animal models allow us to investigate the roles of individual signaling molecules during different stages of neurogenesis, and we are just beginning to understand the complexity of interactions and crosstalk between different signaling pathways, linking extracellular signals via intracellular second messenger pathways to transcription factor activation and epigenetic changes.

Recent evidence elucidating the role of Wnt signaling in adult neurogenesis is a prime example of how application of new technological tools has helped us to characterize and better understand the molecular basis of niche-specific neurogenesis. It had previously been postulated that factors derived from local astrocytes participate in the regulation of proliferation and differentiation in hippocampal neurogenesis [20]. By means of in vivo viral-mediated gene transduction, siRNA-technology, and inducible transgenic mouse lines several subsequent studies not only identified Wnt as the mediator of this interaction, but also identified betacatenin-mediated activation of the NeuroD promoter via interaction with the transcription factor Sox2 as the underlying mechanism, thereby elegantly demonstrating the importance of NeuroD for adult neurogenesis [37–39]. These studies exemplify how methodological advances in recent years have enabled us to link previously observed morphological changes to the underlying molecular mechanisms characterizing the neurogenic niche.

Several other studies have demonstrated interactions and crosstalk between the Wnt-pathway and other signaling molecules important for adult neurogenesis, including Tlx, Disc1, FMRP and hypoxia inducible factor-1 (HIF-1) [4042248251], exemplifying the complexity of molecular interactions implicated in regulating neurogenesis. Signaling networks on various cellular levels define both intrinsic developmental stage-specific changes as well as the identity of the environmental components of the neurogenic niche. However, as more pieces of the puzzle fall into place, more questions arise. The exact molecular and cellular components of the neurogenic niche and their interaction with the putative NSCs are still not fully elucidated. Furthermore, the signaling pathways involved in regulation of self-renewal as well as lineage differentiation of NSCs are just beginning to be understood. In particular, characterization of the role of epigenetic regulation in adult neurogenesis is still in its nascent stage. Interplay between NSCs and other non-neural cell

types, such as cells of the immune system, is important for proper maintenance and activation of the endogenous stem cell pool in the adult brain under physiological as well as disease conditions [252]. While we have recently begun to appreciate the importance of CNS-resident microglia and other immune cells in fine-tuning proliferation and differentiation of adult NSCs [253254], future studies are needed to elucidate the exact molecular mechanisms underlying regulatory influences of immune and other non-neural cells on adult neurogenesis and its physiological significance. Lastly, further studies are needed to elucidate causal relationships between neurogenesis and behavior under physiological conditions, and characterize the effect of defective neurogenesis on disease phenotypes. Understanding the functional role of adult neurogenesis as well as its underlying cellular and molecular substrates will enable us to develop targeted new therapies for neurological diseases in humans.

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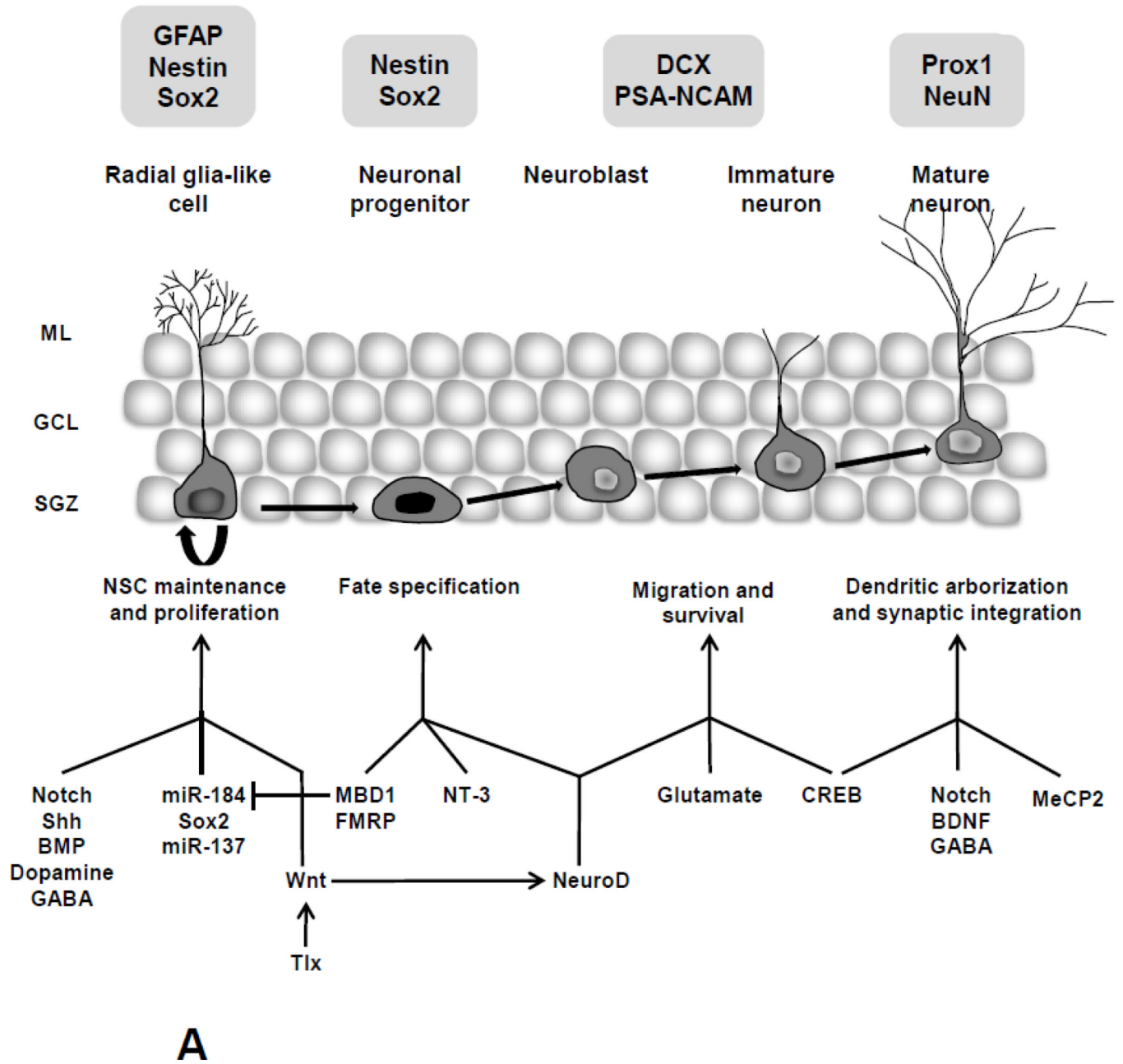
Highlights

- Adult neurogenesis is regulated via both extrinsic environmental influences and intrinsic genetic factors.
- We review individual signaling mechanisms and their cross-talk in regulating adult neurogenesis.
- We highlight emerging principles in the growing field of adult neural stem cell biology.

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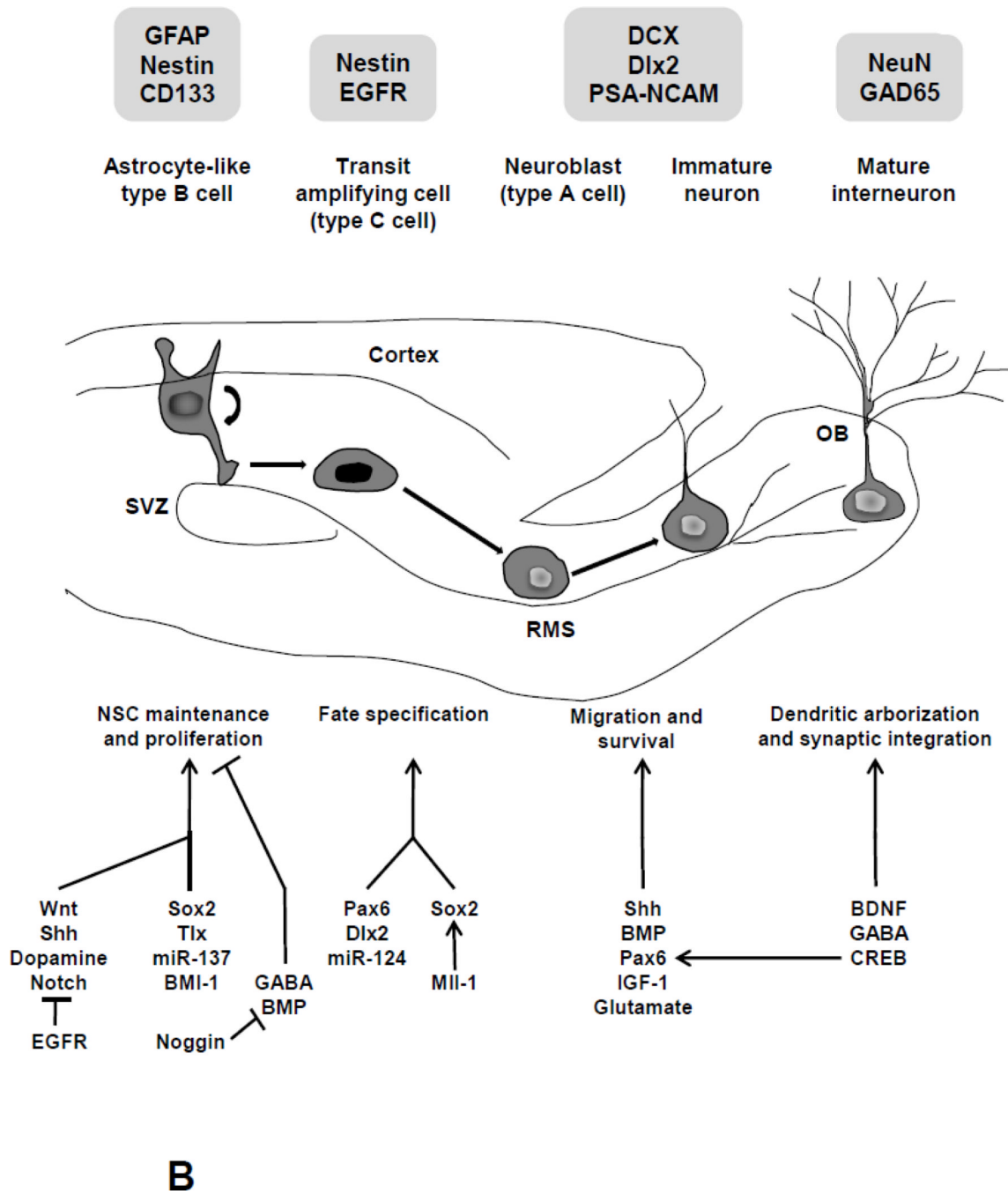


Figure 1. Regulation of Adult Neurogenesis in the Dentate Gyrus of the Hippocampus and the Subventricular Zone of the Lateral Ventricle

Shown is a schematic diagram illustrating the sequential steps underlying the process of neurogenesis in the adult hippocampus (1A) and the subventricular zone (1B). Figure 1A shows the transition from a radial-like glia cell to neural progenitor cell in the adult SGZ, as well as subsequent stages of neuronal differentiation, maturation and migration. Figure 1B illustrates self-renewal and differentiation of SVZ NSCs and subsequent maturation and migration along the RMS. The expression of cell-specific markers during the various stages of development is shown. The actions of major molecular regulators as well as crosstalk between various molecular players during various stages of adult hippocampal (1A) and

subventricular zone (1B) neurogenesis are also presented. GCL, granule cell layer; ML, molecular layer; OB, olfactory bulb; RMS, rostral migratory stream; SGZ, subgranular zone; SVZ, subventricular zone.

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Table 1

Overview of signaling in adult neural stem cells

Signal	Effect on neurogenesis	Cell type	In vitro/vivo	Reference
EXTRINSIC				
<i>Morphogens</i>				
Wnt	increases neurogenesis	SGZ	in vivo	[37]
	required for neuronal differentiation	SGZ	in vivo	[38]
	stimulates NSC proliferation/self-renewal	SGZ/SVZ	in vitro/vivo	[42, 44]
Notch	required for NSC proliferation, maintenance	SGZ/SVZ	in vitro/vivo	[52, 53, 55, 56]
	required for dendritic arborization	SGZ	in vivo	[52, 55]
Shh	required for progenitor proliferation	SGZ/SVZ	in vitro/vivo	[69, 73, 75]
	required for NSC maintenance	SVZ	in vivo	[76]
	required for neuroblast migration	SVZ	in vivo	[76, 77]
BMP	decreases neurogenesis	SVZ	in vivo	[132]
	promotes neuroblast survival	SVZ	in vitro	[132]
<i>Growth Factors</i>				
BDNF	increases neurogenesis	SGZ/SVZ	in vivo	[92, 93, 94]
	required for dendritic arborization	SGZ	in vivo	[95]
NT-3	required for neuronal differentiation	SGZ	in vivo	[98]
FGF-2	increases neurogenesis	SGZ	in vivo	[104, 105]
IGF-1	increases neurogenesis	SGZ	in vivo	[108, 109]
	required for neuroblast migration	SVZ	in vivo	[110]
VEGF	increases neurogenesis	SGZ/SVZ	in vitro/vivo	[121]
<i>Neurotransmitters</i>				
Glutamate	required for survival of migrating neuroblasts	SVZ	in vivo	[144]
	required for neuronal survival	SGZ/SVZ	in vivo	[150]
GABA	decreases NSC proliferation	SVZ	in vivo	[156]
	required for dendritic arborization	SGZ	in vivo	[158]
	required for NSC quiescence	SGZ	in vivo	[159]
Dopamine	required for progenitor proliferation	SGZ/SVZ	in vivo	[11, 164, 165]
INTRINSIC				
<i>Transcription Factors</i>				
CREB	required for neuronal survival, dendritic arborization	SGZ/SVZ	in vivo	[175, 177]
Pax6	promotes neuronal differentiation	SVZ	in vivo	[184, 185]
Ascl1	overexpression instructs oligodendrocyte fate	SGZ	in vivo	[188]
Dlx-2	increases neuronal differentiation, migration velocity	SVZ	in vitro/vivo	[189, 190]
Tlx	required for NSC proliferation/self-renewal	SGZ/SVZ	in vivo/vitro	[41, 42, 193]
Sox2	required for NSC/neural progenitor cell proliferation	SGZ/SVZ	in vivo	[203]
Tbr2	required for differentiation of neuronal precursors	SGZ	in vivo	[215]
NeuroD	necessary for survival, maturation of neuroblasts	SGZ	in vitro/vivo	[39]
<i>Epigenetic Regulators</i>				
GADD45b	mediates activity-induced NSC proliferation	SGZ	in vivo	[233]
miR-124	promotes neuronal differentiation	SVZ	in vitro/vivo	[207]
MBD1	required for neuronal differentiation	SGZ	in vitro/vivo	[221, 222, 223]
MeCP2	required for neuronal maturation, dendrite formation	SGZ	in vivo	[228]

Signal	Effect on neurogenesis	Cell type	In vitro/vivo	Reference
miR-137	required for NSC proliferation, maintainance	SGZ/SVZ	in vitro/vivo	[231]
Bmi-1	required for NSC proliferation, maintainance	SVZ	in vivo	[239, 240]
MII-1	required for neuronal differentiation	SVZ	in vivo	[243]
FMRP	required for neuronal differentiation required for activity-dependent dendrite formation	SGZ SVZ	in vitro/vivo in vivo	[248, 249] [250]

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