

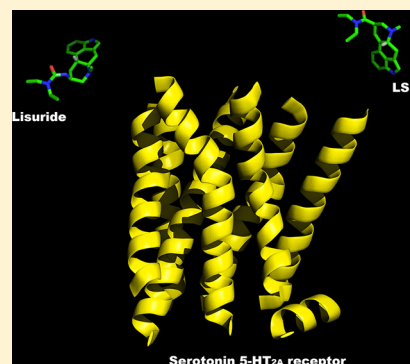
## Animal Models of Serotonergic Psychedelics

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**ABSTRACT:** The serotonin 5-HT<sub>2A</sub> receptor is the major target of psychedelic drugs such as lysergic acid diethylamide (LSD), mescaline, and psilocybin. Serotonergic psychedelics induce profound effects on cognition, emotion, and sensory processing that often seem uniquely human. This raises questions about the validity of animal models of psychedelic drug action. Nonetheless, recent findings suggest behavioral abnormalities elicited by psychedelics in rodents that predict such effects in humans. Here we review the behavioral effects induced by psychedelic drugs in rodent models, discuss the translational potential of these findings, and define areas where further research is needed to better understand the molecular mechanisms and neuronal circuits underlying their neuropsychological effects.

**KEYWORDS:** Psychedelic, hallucinogenic, schizophrenia, psychosis, serotonin 5-HT<sub>2A</sub> receptor, G protein-coupled receptor (GPCR), lysergic acid diethylamide (LSD), mouse behavior models



Elucidating the mechanisms by which psychedelics induce their unique neuropsychological effects has important implications for a better understanding of behavioral processes such as cognition, perception, emotion, and sense of self.<sup>1–5</sup> The term psychedelic was coined in 1957 by the British psychiatrist Humphry Osmond to describe the effects of psychoactive drugs such as psilocybin, mescaline, and lysergic acid diethylamide (LSD).<sup>6</sup> These drugs belong to a larger group of substances known as hallucinogens, which also includes dissociatives (e.g., ketamine and phencyclidine), and deliriant (e.g., scopolamine and atropine), as well as compounds such as salvinorin A. Psychedelics all behave as agonists or partial agonists at the serotonin 5-HT<sub>2A</sub> receptor, whereas dissociatives and deliriant have been identified as noncompetitive NMDA receptor antagonists, and competitive muscarinic receptor antagonists, respectively. Salvinorin A is a potent  $\kappa$ -opioid receptor agonist.<sup>7–12</sup>

Although all of these hallucinogenic drugs profoundly alter perception, according to the Hallucinogen Rating Scale (HRS) and the Five-Dimensional Altered States of Consciousness (SD-ASC) rating scale, there are also features that are unique to each of these groups.<sup>13–15</sup> Research using behavioral and cognitive tasks indicates that different groups of hallucinogens induce overlapping, yet distinct sets of changes in sensory processing. Recent findings regarding the molecular mechanism of action of psychedelic and other hallucinogenic drugs have been reviewed elsewhere.<sup>7,8,11,16–24</sup> In this review, we will discuss the effects of psychedelics in a range of animal behavioral assays, and their utility as preclinical models of the effects of these drugs in humans.

### MODELING PSYCHOSIS IN ANIMALS

Modeling in rodents the neuropsychological effects induced by psychedelic drugs remains controversial. The above-mentioned psychometric rating scales HRS and SD-ASC measure aspects of subjective experience such as “oceanic boundlessness”, “dread of ego dissolution”, and “spiritual experience” that are difficult to evaluate in the absence of verbalization.<sup>13,25</sup> Furthermore, rodent sensory systems differ from those of humans, with relatively poor vision and comparatively well developed olfactory and somatosensory abilities.<sup>26</sup> Given these limitations, one of the priorities in molecular pharmacology research is to determine which behaviors in rodents predict specific types of neuropsychological effects in humans. Ideally, suitable rodent models that are analogous to specific behavioral features induced by psychedelic drugs in humans may be used as tools to investigate the anatomy and molecular mechanisms of action underlying such behavioral outcomes. However, every rodent behavioral model has certain limitations.

**Drug-Induced Head-Twitch Behavior.** Although it lacks face validity, head-twitch behavioral response is useful as a mouse behavioral proxy of human psychedelic action, mostly due to its predictive validity. Head-twitch behavior is induced in mice by all psychedelic 5-HT<sub>2A</sub> receptor agonists studied, and is not induced by nonpsychedelic 5-HT<sub>2A</sub> agonists such as lisuride and ergotamine.<sup>27,28</sup> Head-twitch is distinct from other behavioral responses in rodents, such as head-weaving (slow, side-to-side lateral head movement) and wet-dog shakes

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Table 1. Summary of the Effects Hallucinogens in a Range of Behavioral Paradigms

	psychedelics (5-HT <sub>2A</sub> agonists)	dissociatives (NMDA antagonists)	deliriant (muscarinic antagonists)	Salvinorin A ( $\kappa$ -opioid agonist)	amphetamine (DA releaser/DAT inhibitor) <sup>a</sup>
head-twitch	yes <sup>27</sup>	unknown	unknown	unknown	unknown
drug discrimination (LSD-like)	yes <sup>19</sup>	no (but potentiates LSD-like effects) <sup>116</sup>	unknown	no <sup>68,116</sup>	no <sup>116,117</sup>
FR-40 "pause"	yes <sup>76</sup>	yes <sup>75</sup>	unknown	unknown	no <sup>118</sup>
locomotion/exploration	Inverted U-shaped <sup>77,79</sup>	increased <sup>119,120</sup>	increased <sup>121</sup>	decreased <sup>122</sup>	yes <sup>123,124</sup>
PPI disruption	yes <sup>89,90,92</sup>	yes <sup>125</sup>	yes <sup>126</sup>	conflicting results <sup>127,128</sup>	yes <sup>129,130</sup>
conflict anxiety tests	anxiolytic-like <sup>94,131</sup>	anxiolytic-like <sup>132</sup>	anxiogenic-like <sup>133</sup>	anxiolytic-like <sup>134</sup>	conflicting results <sup>135,136</sup>
impulsivity	increased <sup>137,138</sup>	increased <sup>139,140</sup>	increased <sup>141</sup>	unknown	conflicting results <sup>140,142</sup>
peak interval timing	leftward shift <sup>106</sup>	rightward shift <sup>109</sup>	nonspecific decrease in accuracy <sup>143</sup>	unknown	leftward shift <sup>106</sup>
fear conditioning	enhanced <sup>114</sup>	impairment <sup>144</sup>	impairment <sup>145</sup>	unknown	increased at low doses <sup>146</sup>
fear extinction	enhanced <sup>114</sup>	impairment under certain conditions <sup>147</sup>	impairment <sup>148</sup>	unknown	no effect <sup>149</sup>

<sup>a</sup>DA: dopamine; DAT: dopamine transporter.

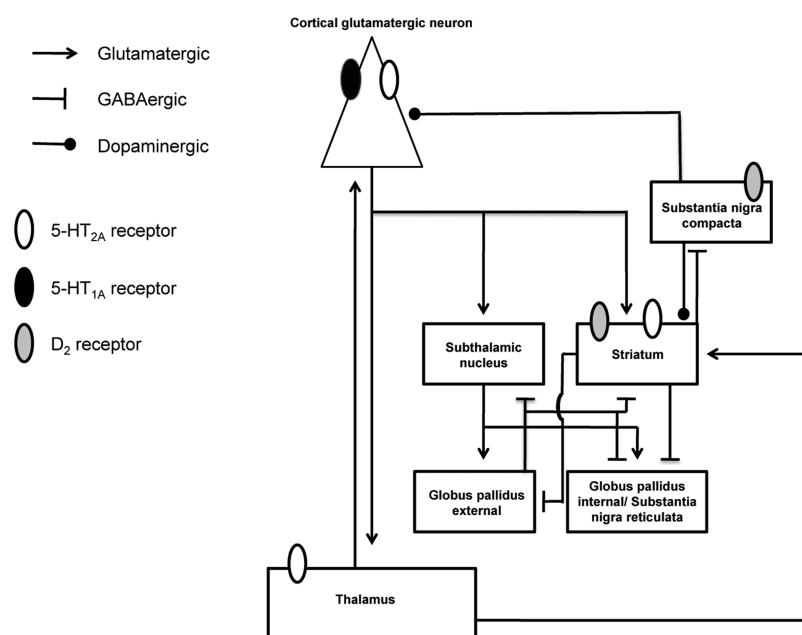


Figure 1. Neurotransmitter receptor subtypes and neuronal circuits involved in the mechanism of action of psychedelic drugs.

(repetitive shaking of the body), which are observed after administration of dissociative drugs and during morphine withdrawal, respectively.<sup>23,29</sup> To our knowledge, the first study reporting that LSD produces abnormal behavior in mice was published in 1955.<sup>30</sup> It was shown that injection of LSD affected locomotor behavior and induced tremor in mice placed on an inclined glass plate. In the search of a behavioral response that was more reliable and easier to quantify, Keller and Umbreit reported the head-twitch behavior induced by LSD as a rapid and violent head shaking.<sup>31</sup> Following these initial studies, it was shown that a large dose of the serotonin precursor 5-hydroxytryptophan (5-HTP) induces head-twitch behavior in mice.<sup>32</sup> However, to our knowledge, equivalent doses of 5-HTP have not been tested in healthy volunteers, and therefore, it remains unknown whether 5-HTP is psychedelic in humans. Subsequently, numerous psychedelic compounds were shown to induce head-twitch behavior.<sup>27,33–36</sup> Head-twitch behavior is occasionally observed at baseline, but at a much lower frequency than that observed in the presence of psychedelic treatment.

Before the first G protein-coupled receptors (including  $\beta_2$ -adrenergic, 5-HT<sub>1A</sub>, and 5-HT<sub>2A</sub>) were cloned, pharmacological assays had shown that antiserotonergic drugs, such as methysergide, methiothepin, and mianserin, antagonize the head-twitch behavior induced by 5-HTP and LSD.<sup>37–41</sup> Although these findings suggested that serotonin receptors were involved in the head-twitch response, it took more than a decade before LSD and other psychedelics were shown to bind with high affinity to the 5-HT<sub>2A</sub> receptor in rat cortex, after which the human 5-HT<sub>2A</sub> receptor was cloned and expressed heterologously in murine fibroblasts.<sup>42,43</sup> Pharmacological inactivation of the 5-HT<sub>2A</sub> receptor blocks the head-twitch response induced by systemic administration of psychedelics such as 1-(2,5-dimethoxy-4-iodophenyl)-2-aminopropane (DOI), 1-(2,5-dimethoxy-4-methylphenyl)-2-aminopropane (DOM), 1-(2,5-dimethoxy-4-bromophenyl)-2-aminopropane (DOB), psilocybin, and mescaline.<sup>2,35,36,44–46</sup> (see also Table 1). Consistent with these studies are observations that 5-HT<sub>2A</sub> receptor knockout mice do not exhibit head-twitch response to psychedelics (see also Figure 1).<sup>27,28,47</sup> The dose-dependent

blockage of the effects of psilocybin in humans by the 5-HT<sub>2A</sub> receptor antagonist ketanserin further supports the relevance of these findings.<sup>5</sup> It should also be noted that activation of 5-HT<sub>2C</sub> receptors attenuates the head-twitch behavior induced by psychedelics.<sup>48</sup> Since the psychedelic drug DOI has a high affinity for the 5-HT<sub>2A</sub> receptor, and a lower affinity for the 5-HT<sub>2C</sub> receptor,<sup>49</sup> together these findings suggest that the 5-HT<sub>2C</sub> receptor might be involved in the inverted U-shaped dose–response of DOI on head-twitch behavior.<sup>48</sup> On the other hand, recent findings showed attenuated head-twitch behavior induced by DOI in 5-HT<sub>2C</sub> receptor knockout mice,<sup>50</sup> suggesting that 5-HT<sub>2A</sub> and 5-HT<sub>2C</sub> receptors interact to influence psychosis-like behavior in a complex way that requires further investigation.

There are few examples of false positives obtained with head-twitch behavior as rodent model of psychedelic action. Among these, cannabinoid CB<sub>1</sub> receptor antagonists and  $\alpha_2$ -adrenergic receptor antagonists induce head-twitch response in rodents.<sup>51–53</sup> It has been suggested that CB<sub>1</sub> receptor antagonists induce head-twitch behavior through a mechanism that requires serotonin release and activation of 5-HT<sub>2A</sub> receptors.<sup>51,52</sup> An additional report found that the stimulation of [<sup>35</sup>S]GTP $\gamma$ S binding (an assay to measure receptor-G protein coupling) by the psychedelic drug DOI was decreased in frontal cortex and hippocampal regions of CB<sub>1</sub> receptor knockout mice, suggesting an adaptive change that attenuates 5-HT<sub>2A</sub> receptor-dependent signaling.<sup>54</sup> Since the head-twitch behavior induced by psychedelic drugs is either attenuated or induced by CB<sub>1</sub> receptor agonists (e.g., tetrahydrocannabinol, THC) and antagonists, respectively, together these findings point toward a close functional crosstalk between 5-HT<sub>2A</sub> and CB<sub>1</sub> receptors.<sup>51,52,55</sup>

The head-twitch behavioral response induced by psychedelic 5-HT<sub>2A</sub> agonists is decreased in knockout mice for the metabotropic glutamate 2 (mGlu2) receptor.<sup>56</sup> This glutamate receptor has been shown to be expressed in close molecular proximity with the 5-HT<sub>2A</sub> receptor in tissue culture and mouse frontal cortex.<sup>57,58</sup> Although activation of the 5-HT<sub>2A</sub> receptor in cortical pyramidal neurons is necessary to induce head-twitch by psychedelics,<sup>27,45,46</sup> these data suggest that other receptors, including CB<sub>1</sub> and mGlu2, are also involved in the modulation of their behavioral effects.

As a summary, head-twitch behavior in mouse is predictive of psychedelic potential in humans with a high degree of reliability.

**Drug Discrimination.** In the two-lever drug discrimination paradigm, laboratory animals are trained to recognize the internal state (discriminative stimulus) induced by a specific dose of a particular drug (training drug).<sup>19</sup> Discriminative responses between two operant devices (usually levers) are maintained by food reward.<sup>35</sup> During training sessions, if the training drug is administered, lever presses on the drug-designated lever produce reinforcement (food reward). If vehicle is administered, responses on the alternate, vehicle-designated lever produce reinforcement. After the training period, the animal is injected with the drug for the test session, and drug-appropriate responding is presumed to be the result of similar interoceptive cues to those induced by the training drug.

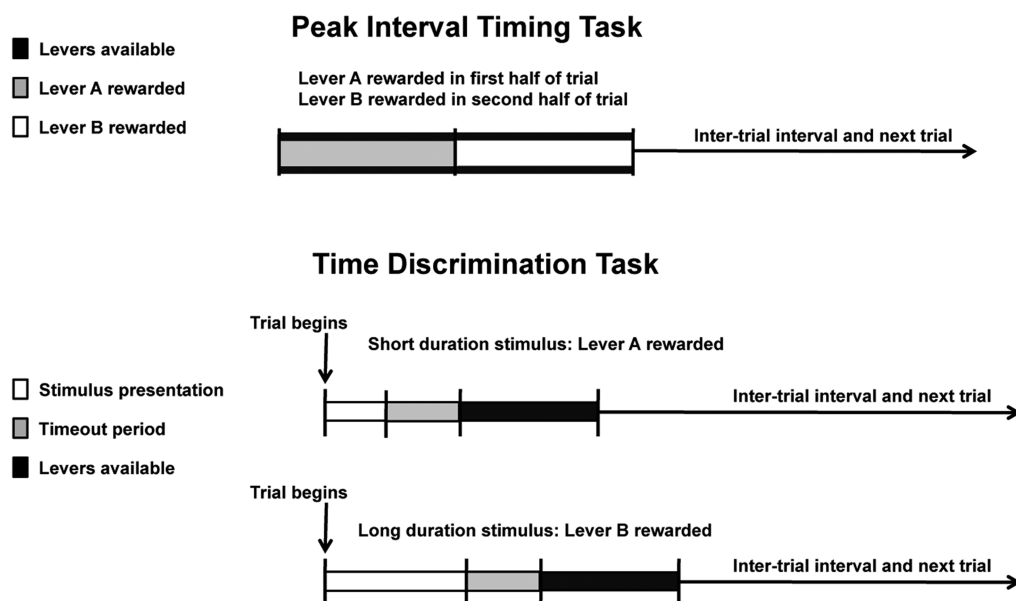
With respect to the serotonergic receptor subtype involved in the responses following psychedelic drug administration, the use of selective antagonists indicates that discriminative stimuli of the effects of psychedelics are mediated by their agonist

activity at the 5-HT<sub>2A</sub> receptor.<sup>59–64</sup> More specifically, assays using selective 5-HT<sub>2A</sub> receptor antagonists and intracerebral microinjection of LSD suggest the 5-HT<sub>2A</sub> receptor in the anterior cingulate cortex as responsible for the discriminative stimulus properties of LSD in rats (Figure 1).<sup>65</sup>

Drug-appropriate responding in the test phase is generally observed when the training and the test drugs are both psychedelic 5-HT<sub>2A</sub> receptor agonists.<sup>66</sup> Substitution for LSD in drug discrimination assays does not occur with other psychoactive drugs such as phenylclidine (PCP),<sup>67</sup> salvinorin A,<sup>68</sup> cocaine, or amphetamine.<sup>69</sup> There are a few false positives such as the nonpsychedelic lisuride, which mimics LSD in traditional two-lever drug discrimination assays. However, it has also been shown that lisuride can be discriminated from LSD in three-lever drug discrimination paradigms,<sup>19,59,67</sup> suggesting that this paradigm may be able to distinguish between psychedelic and nonpsychedelic 5-HT<sub>2A</sub> receptor agonists. However, it is still unknown whether a three-lever paradigm discriminates between different psychedelics, and further work is needed to determine whether the three-lever paradigm may be used to categorize psychedelic versus nonpsychedelic 5-HT<sub>2A</sub> receptor agonists.

**Pauses on Fixed-Ratio Schedules of Reinforcement.** In the fixed-ratio schedule of reinforcement, reinforcements are given only after the animal has emitted a specified number of responses.<sup>70</sup> In a fixed-ratio 40 (FR-40) task, food restricted rats are trained to press a lever 40 times in order to obtain a reward.<sup>70</sup> Two parameters have been used to study the effects of psychedelics in this task: the number of reinforcements obtained, and number of periods of nonresponding lasting 10 s or more (i.e., “pauses”). Psychedelics increase the number of pauses, and, importantly, these periods of nonresponding are interspersed with periods of responses that are similar to those of the control group.<sup>71–73</sup> Increases in pausing are not observed in animals injected with other psychoactive drugs, such as pentobarbital and amphetamine.<sup>71,74</sup> In addition to reducing the rate of responding, noncompetitive NMDA antagonists have been shown to induce a pause-like effect in monkeys.<sup>75</sup> Similar effects on FR-40 behavior are also induced by the nonpsychedelic 5-HT<sub>2A</sub> agonist lisuride in rats.<sup>73</sup> Importantly, the atypical antipsychotic and 5-HT<sub>2A</sub>/dopamine D<sub>2</sub> receptor antagonist pipamperone does not affect the effects of lisuride on the number of pauses, but reverses the behavioral effect of psychedelics on FR-40 behavior.<sup>76</sup> Whether pauses on fixed-ratio schedules of reinforcement in rodents model a behavioral effect induced in humans by psychedelics remains unknown.

**Locomotor Response and Exploratory Behavior.** Mark Geyer and his laboratory have extensively studied the effects of psychedelics on locomotion and exploratory behavior in the open field. In rats, they found that LSD and DOI induce 5-HT<sub>2A</sub> receptor-dependent decreases in the amount of activity (horizontal locomotion), exploratory behavior (number of nose-pokes in a holeboard, and rears), and the tendency to repeatedly follow a similar path (referred to as “path stereotypy” or “spatial scaling exponent *d*”, a paradigm that describes the geometrical properties of movements).<sup>77</sup> When the effects of LSD and lisuride were compared, they found that lisuride induced a biphasic dose–response curve in rats, with suppression and enhancement of horizontal activity at low and high doses, respectively.<sup>78</sup> However, LSD decreased horizontal locomotion, number of nose-pokes, and path stereotypy at all but the lowest dose tested.<sup>78</sup> More recent findings suggest that DOI induces an inverted U-shaped dose–response curve on



**Figure 2.** Schematic representation of two paradigms of time perception in mice: peak interval timing task and time discrimination task.

locomotor activity in mice.<sup>79</sup> Interestingly, the increase in the locomotor activity induced by the lower doses of DOI was absent in 5-HT<sub>2A</sub> receptor knockout mice, whereas the reduction in the locomotor activity induced by the higher doses of DOI was reversed by pretreatment with the 5-HT<sub>2C</sub> receptor antagonist (+)-*cis*-4,5,7a,8,9,10,11,11a-octahydro-7H-10-methylindolo[1,7-bc][2,6]-naphthyridine (SER-082). The authors concluded that 5-HT<sub>2A</sub> and 5-HT<sub>2C</sub> receptors are responsible for the opposite effects of DOI on the locomotor activity in mice.<sup>79</sup> These findings based on the use of the 5-HT<sub>2A/2C</sub> agonist DOI are further supported by the inverted U-shaped dose–response of DOI on head-twitch behavior described above.<sup>48</sup>

Psychotomimetic drugs such as noncompetitive NMDA antagonists (PCP, ketamine and MK-801) and amphetamine also induce hyperlocomotion in rodents, an effect that is attenuated by 5-HT<sub>2A</sub> receptor antagonists and inverse agonists such as (R)-(+)-*a*-(2,3-dimethoxyphenyl)-1-[2-(4-fluorophenyl)ethyl]-4-pipidinmethanol (M100907) and clozapine.<sup>58,80–83</sup> Recent findings suggest that the 5-HT<sub>2A</sub> receptor is involved in the locomotor suppressive effects of clozapine.<sup>84,85</sup>

**Prepulse Inhibition of Startle.** Prepulse inhibition (PPI) of startle is a measure of sensorimotor gating that refers to the reduction in the startle response produced by a low-intensity nonstartling stimulus (the prepulse) presented shortly before the startle stimulus.<sup>86</sup> In humans, psilocybin disrupts PPI at short interstimulus intervals (ISIs), but has no effect at medium ISIs, and, notably, enhances PPI at long ISIs.<sup>87,88</sup> In rodents, some, but not all, of these studies suggest that psychedelics disrupt PPI at short, medium and long ISIs.<sup>89–91</sup> It is also worth noting that, while both lisuride and LSD disrupt PPI in rats, pretreatment with the 5-HT<sub>2A</sub> antagonist  $\alpha$ -phenyl-1-(2-phenylethyl)-4-piperidinmethanol (MDL11939) reverses the effect of LSD, but not that of lisuride. The effects of lisuride on PPI are prevented by the dopamine D<sub>2</sub>/D<sub>3</sub> receptor antagonist raclopride.<sup>92</sup> The neuronal circuits through which 5-HT<sub>2A</sub> and/or D<sub>2</sub>/D<sub>3</sub>-dependent signaling affects sensorimotor gating in rodents remain unknown.

**Anxiety-like Behavior.** The molecular mechanisms responsible for anxiety-like behavior in rodents have been the focus of many studies and models. Several studies have reported anxiolytic-like effects of the hallucinogen DOI in conflict-based anxiety tests, with an increase in punished-drinking behavior and punished-passages in the four-plate test, as well as increased open-arm activity in the elevated plus-maze test.<sup>93,94</sup> Additionally, in rat pups, systemic administration of DOI induces anxiolytic-like behavior, including decreases in ultrasonic vocalizations.<sup>95</sup> These findings contrast with the feelings of fear and anxiety that are frequently precipitated by psychedelics in humans.<sup>96</sup> On the other hand, in rats, DOI induces freezing behavior in the open field exploration test, which suggests that activation of 5-HT<sub>2A</sub> receptors by psychedelics affects different measures of anxiety-like behavior differently.<sup>97</sup>

Recent findings indicate absence of effect of a low dose of DOI alone on anxiety-like behavior in mice. Fergusson and collaborators showed that preadministration of corticotropin-releasing factor (CRF) into the frontal cortex of mice induced 5-HT<sub>2A</sub> receptor-dependent anxiety-like behavior in response to the same dose of DOI.<sup>98</sup> They also demonstrated that CRF receptor 1 (CRFR1) affects 5-HT<sub>2A</sub> receptor endocytosis and recycling, a mechanism proposed as involved in anxiety-like behavior.

That 5-HT<sub>2A</sub> receptor-dependent signaling plays a role in anxiety-like behavior is further supported by recent findings in 5-HT<sub>2A</sub> receptor knockout mice.<sup>99</sup> These mice show decreased anxiety-like behavior, and rescuing 5-HT<sub>2A</sub> receptor expression in cortical neurons normalizes anxiety-like behavior.<sup>99</sup> It has also been suggested that stimulation of 5-HT<sub>2A</sub> receptors in the dorsal periaqueductal gray matter induces panicolytic-like behavior in rats.<sup>100</sup> Together, these findings suggest that 5-HT<sub>2A</sub> receptors expressed in cortical and midbrain regions exert opposite effects on anxiety-like behavior. They also raise the possibility that psychedelics may serve as a research tool to better understand the molecular basis of mood disorders.<sup>22</sup>

**Impulsivity and Response Inhibition.** Impulsivity is broadly defined as the inability to withhold a behavioral response when such delay would produce a more favorable



outcome. It is commonly divided into “impulsive action”, which is the inability to withhold a motor response until an appropriate time, and “impulsive choice”, which is the selection of a smaller reward more quickly instead of a larger reward that requires a delayed response.<sup>101</sup> Impulsive behaviors are often seen in association with psychiatric disorders, such as schizophrenia, and bipolar disorder.<sup>101</sup> Using motor and impulsive choice paradigms, several studies have reported that psychedelics increase impulsivity in a 5-HT<sub>2A</sub> receptor-dependent manner.<sup>102–104</sup> When considering the translational relevance of these preclinical findings, it is important to note that the doses tested were much lower than those used to study head-twitch behavior (see above).

**Time Perception.** Time is a fundamental construct for determining the actions we take. Time perception has been demonstrated in a variety of species, such as bees, fish, and rodents. “Peak interval timing” is one of the behavior models used to investigate time perception in rodents (Figure 2)<sup>105</sup> In this task, test subjects have a choice of responding on either of two levers (A or B) during a trial of a fixed duration (e.g., 50 s). In a 50 s trial, pressing on lever A in the first 25 s will result in reward delivery, while, in the second 25 s, only responses on lever B will be rewarded. Once the animal has switched from the first lever (A) to the second lever (B), lever A is withdrawn. Thus, the maximum number of rewards is obtained by switching from lever A to lever B at exactly 25 s into the trial. In short, this task trains animals to indicate with their behavioral response when they perceive a particular duration of time to have passed.

Another task to investigate time perception in rodents is “time discrimination”, which is a retrospective timing task (Figure 2). In this task, a stimulus, such as light, is presented for a variable duration ( $t$ ) (e.g., 2.5–50 s). During stimulus presentation, no levers are available and no reward can be obtained. Following stimulus presentation, there is a timeout period after which the two levers are presented. If ( $t$ ) was less than 25 s, a press on lever A, but not B, is rewarded. If ( $t$ ) was greater than 25 s, lever B, but not A, is rewarded.

In a “peak interval timing” task, the psychedelic 5-HT<sub>2A</sub> agonist DOI and amphetamine both elicit an overestimate of time intervals in rats, as they tend to press the second lever earlier in time, and, therefore, the curve is shifted to the left.<sup>106</sup> The effects of both DOI and amphetamine on timing performance are reversed by the 5-HT<sub>2A</sub> receptor antagonist MDL-100907. However, the selective dopamine D<sub>1</sub> receptor antagonist SKF-83566 blocks the effect of amphetamine, but not DOI, on this task.<sup>106</sup>

An opposite pattern of errors was observed in the time discrimination task (which is a retrospective timing task), as DOI decreased the percentage of responses on lever B at longer durations.<sup>107</sup> This highlights how similar tasks may produce varying and seemingly contradictory conclusions. Using brightness discrimination as a control, it was also found that amphetamine, but not DOI, impaired brightness discrimination. Thus, the effects of DOI on time perception may not be attributed to a general deficit in discrimination tasks. Clozapine induces similar alterations in peak-interval timing to those observed after injection of DOI or amphetamine.<sup>108</sup> Another interesting finding is that MK-801 (although not ketamine) elicits an opposite effect on peak-interval timing as compared to psychedelic 5-HT<sub>2A</sub> agonists.<sup>109,110</sup>

The effect of psilocybin on time perception has been studied in humans, and similar results to the peak interval task were

found.<sup>111</sup> Volunteers were presented with a test tone of variable duration, followed by a short time-out period, after which a second tone followed. Subjects were instructed to press a key to switch off the stimulus when they believed that second tone had been on for the same duration as the previously presented stimulus. Although interesting, this paradigm is based on both retrospective judgements of the duration of the stimulus and the timing of the responses, which may confound the different types of judgments made in the “retrospective timing” and “peak interval timing” tasks described in rodents. Further investigation is needed regarding the effects of psychoactive 5-HT<sub>2A</sub> receptor ligands on time perception in rodents and humans.

**Memory.** In some of the few studies in which the effects of psychedelic 5-HT<sub>2A</sub> receptor agonists on memory have been investigated, it was reported that LSD and DOI, but not lisuride, enhance trace conditioning of the nictitating membrane response in rabbits (a simple associative learning of a motor response), and this effect was reversed by 5-HT<sub>2A/2C</sub> receptor antagonists.<sup>112,113</sup> Fear memory in a trace conditioning paradigm was also affected by activation of the 5-HT<sub>2A</sub> receptor in rats,<sup>114</sup> as post-training administration of the 5-HT<sub>2A</sub> receptor agonist (4-bromo-3,6-dimethoxybenzocyclobuten-1-yl)methylamine hydrobromide (TCB-2)<sup>115</sup> enhanced subsequent freezing in a trace fear conditioning test.

## CONCLUSION

One of the main limitations in molecular psychiatry is the development of convincing animal models of psychiatric disorders. While modeling all the behavioral responses induced by psychedelic drugs is highly unlikely, rodent models recapitulate some individual aspects of the behavioral effects induced by psychedelic drugs in humans. The use of pharmacological and genetic tools in rodent models provides compelling evidence that the serotonin 5-HT<sub>2A</sub> receptor is the primary target responsible for psychedelic effects. Nevertheless, GPCRs such as serotonin 5-HT<sub>2C</sub>, dopamine D<sub>2</sub>, dopamine D<sub>1</sub>, glutamate mGlu2, cannabinoid CB<sub>1</sub>, adenosine A<sub>1</sub>, and  $\mu$ -opioid, to name a few, have been involved in the modulation (enhancement or attenuation) of 5-HT<sub>2A</sub> receptor-dependent cellular signaling pathways and behaviors. Further work is necessary to better understand the molecular mechanisms and neuronal circuits through which these receptors modulate the behavioral effects of psychedelics.

Rodent behavioral assays, such as head-twitch response, drug discrimination assay, and pauses on fixed-ratio schedules of reinforcement, represent valuable tools to predict psychedelic potential in humans. Other behaviors, such as disruption of PPI of startle, changes in locomotor response and exploratory behavior, and alterations in time perception, are affected by various groups of psychoactive drugs, such as psychedelics, dissociatives, and deliriants, and these may be used to obtain a more fine-grained understanding of the similarities and differences between these drugs. We look forward to models that will be used for unraveling the neurochemical events that converge on shared patterns of behavioral alterations, or distinguish those that differ.

Since studies in healthy volunteers are limited in their ability to probe neurochemical mechanisms, the use of translational animal models will enable to better understand the molecular basis through which psychedelics affect cognition, perception, and mood in humans. Elucidating the neuronal and signaling mechanisms underlying psychedelic effects should also help

advance our understanding and treatment of endogenous psychoses such as schizophrenia.

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### Author Contributions

J.B.H and J.G.-M. searched the literature, conceived the topic of the review, and wrote the manuscript.

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### Notes

The authors declare no competing financial interest.

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