β_3 -Adrenergic Receptor Stimulation Induces E-Selectin-mediated Adipose Tissue Inflammation*

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Rachel J. Roth Flach, Anouch Matevossian, Thomas E. Akie, Kimberly A. Negrin, Marina T. Paul, and Michael P. Czech¹

From the Program in Molecular Medicine, University of Massachusetts Medical School, Worcester, Massachusetts 01605

Background: Studies suggest that lipolysis induces adipose tissue inflammation, commonly associated with type 2 diabetes. **Results:** Activation of adipose-resident endothelium is required for β_3 -adrenergic receptor-mediated but not fasting-induced inflammation.

Conclusion: Both β_3 -adrenergic receptor stimulation and fasting induce adipose tissue inflammation, but by different mechanisms.

Significance: The study shows heterogeneity of immune cell dynamics in adipose tissue.

Inflammation induced by wound healing or infection activates local vascular endothelial cells to mediate leukocyte rolling, adhesion, and extravasation by up-regulation of leukocyte adhesion molecules such as E-selectin and P-selectin. Obesityassociated adipose tissue inflammation has been suggested to cause insulin resistance, but weight loss and lipolysis also promote adipose tissue immune responses. While leukocyte-endothelial interactions are required for obesity-induced inflammation of adipose tissue, it is not known whether lipolysis-induced inflammation requires activation of endothelial cells. Here, we show that β_3 -adrenergic receptor stimulation by CL 316,243 promotes adipose tissue neutrophil infiltration in wild type and P-selectin-null mice but not in E-selectin-null mice. Increased expression of adipose tissue cytokines IL-1 β , CCL2, and TNF- α in response to CL 316,243 administration is also dependent upon E-selectin but not P-selectin. In contrast, fasting increases adipose-resident macrophages but not neutrophils, and does not activate adipose-resident endothelium. Thus, two models of lipolysis-induced inflammation induce distinct immune cell populations within adipose tissue and exhibit distinct dependences on endothelial activation. Importantly, our results indicate that β_3 -adrenergic stimulation acts through up-regulation of E-selectin in adipose tissue endothelial cells to induce neutrophil infiltration.

Adipose tissue is a dynamic organ that responds to nutritional cues by synthesizing and storing excess energy in the form of triglycerides during times of abundance, or releasing energy in times of need. Lipolysis, the hydrolysis of adipocyte triglyceride to glycerol and fatty acids, occurs in response to β-adrenergic stimulation by catecholamines during fasting. Conversely, in the fed state, lipolysis is inhibited by insulin, which stimulates lipogenesis (1). Lipolysis is controlled in adipocytes by three main lipases, adipose triglyceride lipase (ATGL),² hormone-sensitive lipase (HSL), and monoacylglycerol lipase (MGL) (2–5). Stimulation of β-adrenergic receptors activates adenylyl cyclase, which increases cAMP and activates cAMP-dependent protein kinase A (PKA). PKA phosphorylates the coactivator for ATGL, comparative gene identification-58 (CGI-58) in addition to HSL and the lipid droplet protein perilipin, thus enhancing triglyceride hydrolysis (6–8). This process allows the stored lipid within the adipocyte to be used by other tissues during times of reduced nutrients for such processes as beta-oxidation and adaptive thermogenesis (1, 2).

Adipose tissue homeostasis is maintained in a complex manner through interactions with adipocytes, endothelial cells, immune cells, and others. In obesity, insulin resistance may cause an increase in basal lipolysis associated with an immune response in adipose tissue. Such adipose tissue inflammation is thought to promote systemic glucose intolerance (1). Previous studies have suggested that a similar adipose inflammatory response occurs during weight loss or fasting, states that are also associated with increased adipose tissue lipolysis, as a consequence of β -adrenergic stimulation (9, 10). However, these latter conditions are not associated with glucose intolerance and insulin resistance, raising an interesting paradox.

It is appreciated that inflammatory responses require vascular endothelial cell activation, which increases expression of leukocyte adhesion molecules that are necessary for leukocyte extravasation from the vasculature to areas of inflammation (11, 12). Endothelial cells can become activated in response to lipid stimuli, and this activation model is accepted in the context of atherosclerosis development (13); however, the role that adipose-resident endothelial cells play in recruitment of leukocytes to adipose tissue upon lipolysis is not well understood. Some studies suggest that endothelial-leukocyte interactions

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¹ To whom correspondence should be addressed: Program in Molecular Medicine, Univ. of Massachusetts Medical School, 373 Plantation St., Suite 100, Worcester, MA 01605. E-mail: Michael.Czech@umassmed.edu.

² The abbreviations used are: ATGL, adipose triglyceride lipase; NEFA, nonesterified fatty acid; HSL, hormone-sensitive lipase; MGL, monoacylglycerol lipase; ICAM, intercellular adhesion molecule-1; H&E, hematoxylin and eosin; SVF, stromal vascular fraction.

are required for adipose tissue inflammation (14-16); however, whether these interactions are mediated by adipose tissue lipolysis is not known.

Here, two model systems of lipolysis induction were utilized; systemic treatment with the β_3 -adrenergic receptor agonist CL 316,243 or fasting to determine the role of adipose-resident endothelial cell function in the adipose tissue immune response that ensued. Although fasting increased macrophage accumulation within adipose tissue, we surprisingly found that chemical induction of lipolysis caused a robust neutrophil infiltration into adipose tissue. Although fasting did not activate endothelial cells, β_3 -adrenergic receptor activation-mediated lipolysis robustly increased expression of endothelial leukocyte adhesion molecules intercellular adhesion molecule-1 (ICAM-1), E-selectin, and P-selectin in adipose-resident endothelium. Furthermore, E-selectin was required to mediate the β_3 -adrenergic receptor activation-induced adipose tissue immune response. Thus, β_3 -adrenergic receptor-activated lipolysis, but not fasting-induced lipolysis, is associated with an immune response in adipose tissue that correlates with and is mediated by endothelial cell activation.

EXPERIMENTAL PROCEDURES

Animals—Wild type C57Bl/6J animals, B6.129S4-*Sele^{tm1Dmil}*/J and B6.129S7-*Selp^{tm1Bay}*/J animals were purchased from Jackson Laboratories. E-selectin (E-sel) and P-selectin (P-sel) knock out (KO) animals were maintained by homo- and heterozygote breeding at the UMASS animal facility. Male animals were used between 8–12 weeks of age for all of the studies. Mice were injected with 0.5 or 1 mg/kg CL 316,243 (Santa Cruz Biotechnology) or PBS intraperitoneally for the indicated times. Fasting studies were performed after acclimation of the mice to paper bedding for at least 5 days. Mice were fasted for 24 h. The University of Massachusetts Medical School Institutional Animal Care and Use Committee approved all of the animal procedures.

Cell Culture—Human umbilical vein endothelial cell (HUVEC)s (Clonetics) were maintained in EGM-2 media (Lonza) at 37 °C and 5% CO₂. Cells were treated with PBS, the indicated amounts of CL 316,243, or 10 ng/ml tumor necrosis factor (TNF) α (Calbiochem) for 6 h.

RNA Isolation and Quantitative RT-PCR-Total RNA was isolated from whole epididymal adipose tissue or HUVECs following the manufacturer's protocol (TriPure, Roche). Precipitated RNA was treated with DNase (DNA-free, Invitrogen) prior to reverse transcription (iScript Reverse transcriptase, Bio-Rad). SYBR green quantitative PCR (iQ SYBR green supermix, Bio-Rad) was performed on the Bio-Rad CFX97. Mice were injected for 30 min, 2 h, 4 h, 6 h, 16 h, or 24 h as indicated. The data obtained from the CL 316,243-injected mice were normalized to that from the PBS-injected mice at each time point to control for injection-induced inflammation. Primer sequences are as follows: Itgam: 5'-ATGGACGCTGATGGC-AATACC-3', 3'-TCCCCATTCACGTCTCCCA-5'; CD68: 5'-CCATCCTTCACGATGACACCT-3', 3'- GGCAGGGTTAT-GAGTGACAGTT-5'; Itgax: 5'-CTGGATAGCCTTTCTTC-TGCTG-3', 3'-GCACACTGTGTCCGAACTCA-5'; EMR1: 5'-CCCCAGTGTCCTTACAGAGTG-3', 3'-GTGCCCAGA-

Endothelial Cell Activation in Adipose Tissue

GTGGATGTCT-5'; IL1ß: 5'-GCAACTGTTCCTGAACTCA-ACT-3', 3'-ATCTTTTGGGGTCCGTCAACT-5'; CCL2: 5'-TTAAAAACCTGGATCGGAACCAA-3', 3'-GCATTAGCT-TCAGATTTACGGGT-5'; TNFα: 5'-CAGGCGGTGCCTAT-GTCTC-3', 3'-CGATCACCCCGAAGTTCAGTAG-5'; IL-6: 5'-TAGTCCTTCCTACCCCAATTTCC-3', 3'-TTGGTCCT-TAGCCACTCCTTC-5'; ICAM-1: 5'-GTGATGCTCAGGT-ATCCATCCA-3', 3'-CACAGTTCTCAAAGCACAGCG-5'; VCAM-1: 5'-AGTTGGGGGATTCGGTTGTTCT-3', 3'-CCC-CTCATTCCTTACCACCC-5'; Sele: 5'-ATGAAGCCAGTG-CATACTGTC-3', 3'-CGGTGAATGTTTCAGATTGGAGT-5'; Selp: 5'-CATCTGGTTCAGTGCTTTGATCT-3', 3'-ACC-CGTGAGTTATTCCATGAGT-5'; 36B4: 5'-TCCAGGCTT-TGGGCATCA-3', 3'-CTTTATCAGCTGCACATCACTCA-GA-5'; ICAM-1 (human): 5'-TCTGTGTCCCCCTCAAAA-GTC-3', 3'-GGGGTCTCTATGCCCAACAA-5'; VCAM-1 (human): 5'-ATGCCTGGGAAGATGGTCG-3', 3'-GACGG-AGTCACCAATCTGAGC-5' Sele (human): 5'-GATGAGAG-GTGCAGCAAGAAG-3', 3'-CTCACACTTGAGTCCACTG-AAG-5'; RPLP0: 5'-CAGATTGGCTACCCAACTGTT-3', 3'-GGGAAGGTGTAATCCGTCTCC-5'.

Histology—Epididymal adipose tissue was fixed in 10% formalin, paraffin embedded, and stained with hematoxylin and eosin (H&E). Photos were taken with an Axiovert 35 Zeiss microscope (Zeiss, Germany) equipped with an Axiocam CCl camera at $50 \times$ or $100 \times$ magnification.

Non-esterified Fatty Acid (NEFA) Measurements—EDTA plasma was collected from the retro-orbital sinus after isoflurane anesthesia. NEFA were measured with a colorimetric assay (Wako) using the manual procedure according to the manufacturer's instructions.

Flow Cytometry—The epididymal adipose tissue stromal vascular fraction (SVF) was isolated by digestion in Hanks balanced salt solution, 2.5% BSA and 2 mg/ml collagenase for 45 min and strained through a 70 μ m filter followed by red blood cell lysis. Cells were blocked with mouse IgG in FACS buffer (1% BSA/PBS). Cells were stained with antibodies directed toward F4/80 (APC, ABd serotec), CD11b (Percp 5.5, BD), Siglec F (PE, BD), GR-1 (APC-Cy7, BD), Ly6c (PE-Cy7, BD), Galectin 3 (FITC, BioLegend), and CD11c (V450, BD). The data were collected on an LSRII (BD) and were analyzed with FlowJo software. Samples were gated for scatter and single cells. Gates were drawn based on fluorescence minus one (FMO) controls. A total of 100,000 events were recorded.

RESULTS

β-Adrenergic Stimulation in Vivo Induces Adipose Tissue Inflammation—To study the effects of lipolysis on adipose tissue inflammation, we utilized a $β_3$ -adrenergic receptor agonist that has been previously documented to robustly induce lipolysis and hence, adipose tissue inflammation, CL 316,243 (CL) (9, 10, 17, 18). 8–12-week old lean male C57Bl/6J mice were injected intraperitoneally once with PBS or 0.5 mg/kg CL 316,243 and plasma and whole epididymal adipose tissue were isolated after 30 min or 2, 4, 6, 16, and 24 h of treatment. As expected, CL 316,243 treatment acutely increased serum nonesterified fatty acids (NEFA) by a maximum of 4-fold at the 30-min time point (Fig. 1*A*). Adipose tissue samples from these





FIGURE 1. **CL 316,243 administration induces lipolysis and neutrophil accumulation in adipose tissue.** Mice were injected with 0.5 mg/kg CL316,243 or PBS intraperitoneally and adipose tissue was harvested 30 min to 24 h later as indicated. *A*, plasma was drawn from the retroorbital sinus and nonesterified fatty acids (NEFA) were measured (n = 3, *; p < 0.05). *B*, visceral adipose tissue was isolated, fixed in 10% formalin, embedded in paraffin, and stained with H&E. Slides are representative of 3–6 animals at 100× magnification. *C*, mice were injected with 1 mg/kg CL 316,243 or PBS. After 18 h, adipose tissue SVF was isolated and FACS analysis was performed. *Upper panels*, PBS-treated animals. *Lower panels*, CL-treated animals. *Left panels*, Siglec F-negative, CD11b- and F4/80-positive cells. *Right panels*, GR-1 positive cells. (from 1C, *lower right panel*) were stained additionally for CD11b (*left*), Ly6c and F4/80 (*right*). Panels are representative of 6–11 animals per group.

same mice were obtained for histology and the slides stained with H&E. As expected, an increase in adipose tissue inflammatory cells was observed in the CL 316,243-treated mice com-

pared with the PBS-treated mice that peaked between 16 and 24 h after treatment (Fig. 1*B*).

To identify what cell types were infiltrating into the adipose tissue upon CL 316,243 treatment, we isolated the adipose tissue stromal vascular fraction (SVF) from animals that had been injected with PBS or 1 mg/kg CL 316,243 for 18 h and characterized these cells with flow cytometry. Macrophages were identified as cells that were positive for CD11b and F4/80 antigen, and negative for the eosinophil marker Siglec F (19, 20). In the PBS-treated mice, ~12% of Siglec F-negative SVF cells were positive for both CD11b and F4/80. Interestingly, no increase in these CD11b & F4/80 double positive cells after CL 316,243 treatment was observed, as was previously reported (Fig. 1*C*) (9). However, there was a 65% increase in CD11b-positive cells after CL 316,243 treatment (39% in PBS-treated mice *versus* 64% in CL 316,243-treated mice), which was statistically significant (p < 0.005, data not shown) (Fig. 1*C*).

Multiple types of immune cells are present within adipose tissue (19, 21–26). In an acute immune response, neutrophil infiltration precedes that of monocytes and macrophages (27). Thus, we hypothesized that these CD11b-positive cells that had infiltrated into the CL 316,243-treated adipose tissue may be of the granulocyte lineage. To assess this, the cells were stained for GR-1, a granulocyte marker that is present on neutrophils. CL 316,243 treatment increased GR-1-positive cells in adipose tissue SVF nearly 10-fold over PBS injection alone (Fig. 1*C*). These GR-1-positive cells highly expressed CD11b and did not express high levels of F4/80 or Ly6c (Fig. 1*D*), indicating that they are likely neutrophils rather than myeloid-derived suppressor cells (28). Thus, CL 316,243 administration intraperitoneally is associated with acute adipose tissue inflammation and neutrophil infiltration.

Increased Expression of Cytokines, but Not Macrophage Marker Genes, in Adipose Tissue after CL 316,243 Treatment-To further characterize the nature of this immune response, RNA was isolated from mice that had been injected intraperitoneally with PBS or 0.5 mg/kg CL 316,243 after 0.5, 2, 4, 6, 16, or 24 h, and the expression of several inflammatory genes was measured by qRT-PCR. Gene expression was normalized to 36B4, and the gene expression in the CL 316,243-treated adipose tissue was compared with that in the PBS-treated mice for each time point. Because CL 316,243 treatment is associated with increased adipose tissue inflammation, macrophage marker genes as well as the expression of several inflammatory cytokines were measured. Consistent with the 65% increase in CD11b-positive cells by FACS (data not shown and Fig. 1C) after CL 316,243 treatment, a 3.47-fold increase in Itgam, which encodes CD11b, was noted 24 h after CL 316,243 treatment (Fig. 2A). A gradual increase in the mRNA levels of an additional leukocyte marker, CD68 was also observed, which peaked at a 2-fold increase in the CL 316,243-treated mice after 24 h (Fig. 2B).

Although it has been previously documented that CL 316,243 treatment causes adipose tissue macrophage infiltration (9, 10), no change in Itgax mRNA levels, which encodes CD11c protein, could be detected during the CL 316,243 treatment time course (Fig. 2*C*). Furthermore, an acute 50% reduction in EMR1 expression (Fig. 2*D*), which encodes the macro-





FIGURE 2. **Temporal regulation of inflammatory cell gene expression by CL 316,243.** Mice were injected with 0.5 mg/kg CL 316,243 or PBS intraperitoneally for 30 min to 24 h as indicated. Visceral adipose tissue was isolated, RNA was extracted and quantitative RT-PCR was performed for *A*, *Itgam* (CD11b), *B*, *CD68*, *C*, *Itgax* (CD11c), *D*, *EMR1* (F4/80), *E*, *Il1* β , *F*, *CCL2* (MCP-1), *G*, *TNF* α , and *H*, *IL*-6. Data represent average gene expression as compared with 36b4 ± S.E. (n = 3–7, *; p < 0.05).

phage F4/80 protein, was observed after CL 316,243 treatment compared with PBS-treated mice. These results are consistent with the notion that the CL 316,243-induced infiltrating cells are not macrophages.

Large increases were also noted in the mRNA levels of several inflammatory cytokines within adipose tissue acutely after CL 316,243 treatment. Interleukin (IL)-1 β mRNA levels were increased by 140-fold and CCL-2/MCP-1 mRNA levels were increased by 30-fold in CL 316,243-treated compared with PBS-treated adipose tissue. The expression levels of these cytokines peaked 4 h after CL 316,243 treatment, and remained increased for at least 24 h (Fig. 2, *E* and *F*).

Cytokines TNF α and IL-6 were also induced in adipose tissue by CL 316,243 treatment, by 6- and 600-fold, respectively (Fig.

2, *G* and *H*). The expression of these cytokines peaked two hours after CL 316,243 treatment and also remained elevated over 24 h. Interestingly, the up-regulation of these cytokines within the adipose tissue occurred at a time point that was prior to leukocyte infiltration (Fig. 1*B*), which suggests that these cytokines may be secreted from adipose-resident cells rather than infiltrating cells. Thus, the up-regulation of these cytokines may be important for induction of leukocyte infiltration into adipose tissue in response to β_3 -adrenergic receptor activation.

 β_3 -Adrenergic Stimulation Does Not Up-regulate Leukocyte Adhesion Molecules in Endothelial Cells in Vitro—We hypothesized that the immune cells that were infiltrating adipose tissue after CL 316,243 treatment derived from the circulation, and if this were the case, that these immune cells were being



Endothelial Cell Activation in Adipose Tissue



FIGURE 3. Endothelial cell activation by β_3 -adrenergic stimulation of adipose tissue *in vivo*, but not *in vitro* CL 316,243 treatment. Mice were injected with 0.5 mg/kg CL 316,243 or PBS intraperitoneally for 30 min to 24 h as indicated. Visceral adipose tissue was isolated, mRNA was extracted, and qRT-PCR was performed for *A*, *lcam-1*, *B*, *Vcam-1*, *C*, *Sele* (E-selectin), and *D*, *Selp* (P-selectin). Data represent average gene expression as compared with 36b4 ± S.E. (n = 3-10, *; p < 0.05). *E*, human umbilical vein endothelial cells (HUVEC) were treated for 6 h with various doses of CL316,243 or 10 ng/ml TNF α . mRNA was extracted and qRT-PCR was performed for *lCAM-1*, *VCAM-1*, and *SELE* (E-selectin). Data represent average gene expression as compared with *RPLP0* ± S.E. (n = 3-5, *; p < 0.05).

recruited to the adipose tissue through activation of adiposeresident endothelium. Inflammatory stimuli cause transcriptional up-regulation of endothelial genes ICAM-1, vascular-cell adhesion molecule (VCAM)-1, E-selectin, and P-selectin, and this up-regulation is necessary for leukocyte recruitment into the inflamed tissue (11, 29). Indeed, CL 316,243-treated mice displayed an increase in the mRNA expression of these genes compared with PBS-treated mice. In the CL 316,243-treated mice, there was a 3-fold increase in ICAM-1 expression, a 17-fold increase in E-selectin expression, and a 4.5-fold increase in P-selectin expression that peaked 4 h after CL 316,243 treatment (Fig. 3, A-D). This peak in the expression of these leukocyte adhesion molecule genes preceded the immune cell infiltration into adipose tissue (Fig. 1), suggesting that upregulation of these molecules may be necessary for lipolysisinduced leukocyte infiltration. However, VCAM-1 expression was not induced after CL 316,243 treatment (Fig. 3B). As VCAM-1 is important for firm adhesion of monocytes/macrophages and T cells to the vessel wall, rather than neutrophils (12), it is not surprising that this adhesion molecule was not

up-regulated, as macrophages were not the primary adipose tissue infiltrating cell type (Figs. 1 and 2).

To test whether endothelial cells could be directly activated by CL 316,243 in the absence of other cell types, primary endothelial cells derived from human umbilical veins (HUVECs) were treated with increasing doses of CL 316,243 for 6 h, at which time RNA was extracted and qRT-PCR was performed for ICAM-1, VCAM-1, and E-selectin. Importantly, no up-regulation of the adhesion molecules was noted after CL 316,243 treatment at doses that are comparable to the in vivo dose employed (0.1–1 μ g/ml), and only at the highest dose of CL 316,243 treatment (100 μ g/ml) was a very small up-regulation of ICAM-1 expression noted. In contrast, stimulation of HUVECs with TNF α , a known activator of endothelial cells, caused significant up-regulation of ICAM-1, VCAM-1, and E selectin (Fig. 3E). We also performed similar experiments in which HUVECs were treated with 1 µg/ml CL 316,243 in combination with 100 μ M palmitate or oleate for 4 h, and we found that these fatty acids were not sufficient to up-regulate leukocyte adhesion molecule expression in the presence or absence



of CL 316,243 (data not shown). These results suggest that CL 316,243 treatment itself causes little or no endothelial cell activation, but suggest that other adipose-resident cells activate the endothelial cells in a paracrine manner.

Differences between Fasting-induced and CL 316,243-induced Adipose Tissue Inflammation-The results obtained after CL 316,243 injection suggested that the adipose tissue lipolysis that ensues upon β_3 -adrenergic stimulation causes adipose tissue inflammation and endothelial cell activation. To test this hypothesis, we extended our study to a different physiological system that would also increase adipocyte lipolysis. Recent studies have suggested that extended fasting increases adipose tissue macrophage infiltration because of enhanced lipolysis (9, 30); therefore, we subjected lean 8-12 week old C57BL/6J mice to a 24-h fast, isolated plasma, and assessed NEFA levels as an indication of lipolysis. As expected, a 3-fold increase in plasma NEFA was observed in the fasted animals compared with those that had been ad lib fed (Fig. 4A). Furthermore, plasma NEFA levels in the fasted animals were comparable to those seen in the mice 30 min after injection with 0.5 mg/kg CL 316,243 (Fig. 1A).

Next mRNA was extracted from visceral adipose tissue of the fed and fasted animals and qRT-PCR was performed for the same inflammatory genes measured after CL 316,243 treatment (Figs. 2 and 3). Surprisingly, no correlation of gene expression between CL 316,243-induced inflammation and fasting-induced inflammation was observed. Though significant up-regulation of ICAM-1 and E selectin after CL 316,243 treatment was noted, no up-regulation of either of these genes in adipose tissue after fasting (Fig. 4*B*) could be detected. Furthermore, though we had observed several-fold increases in TNF α , IL1 β , CCL-2, and IL-6 after CL 316,243 treatment (Fig. 2, *E*–*H*), fasting actually induced a significant reduction in TNF α , IL1 β , and CCL-2 mRNA levels (Fig. 4*B*), consistent with a previous report (30).

Finally, we assessed what types of cells were infiltrating adipose tissue after fasting. Mice were fasted for 24 h, SVF was isolated from the epididymal adipose tissue and flow cytometry was performed. In contrast to CL 316,243 treatment, a 50% increase (15% to 22%, p = 0.002) in macrophage cells that were Siglec F negative, CD11b and F4/80 positive was observed in fasted animals. Furthermore, fasting did not induce a GR1-positive cell population (Fig. 4D). The infiltrated cells in both ad lib fed and fasted animals expressed high levels of Ly6c and Galectin 3 and did not express CD11c (Fig. 4, E and F), suggesting that this cell population is an M2-like "anti-inflammatory" cell population (23) and is similar to the type of macrophages that normally reside in lean adipose tissue, which is consistent with a previous report (30). Therefore, although fasting and CL 316,243 treatment each induce adipose tissue lipolysis, and thus, plasma NEFA levels to a similar extent (Figs. 1A and 4A), these two model systems induce different adipose tissue phenotypes. CL 316,243 treatment induces a more inflammatory, neutrophil-mediated infiltration, whereas fasting reduces inflammatory cytokine expression while increasing M2-type macrophages in adipose tissue.

Endothelial Cell Activation in Adipose Tissue

E-selectin Is Required for β_3 -*Adrenergic Receptor-mediated* Inflammation-E- and P-selectin are required for leukocyte recruitment to sites of inflammation in animal models, and are necessary for neutrophil rolling along vessels within inflamed tissue. It has also been demonstrated that E- and P-selectin have redundant and unique functions (12, 31-34). E-selectin expression is low until it is transcriptionally up-regulated in response to stimuli. Conversely, P-selectin is not as transcriptionally regulated, and is stored preformed in Weibel-Palade bodies within the endothelial cell (11). We hypothesized that because neutrophil infiltration was associated with CL 316,243-mediated inflammation, and E-selectin was the leukocyte adhesion molecule that was most highly induced by CL 316,243 treatment in adipose tissue, that E-selectin would be required for CL 316,243-induced adipose tissue inflammation. However, though it was not transcriptionally up-regulated to the same extent as E-selectin, we could not exclude the possibility that P-selectin may also be important for CL 316,243-induced neutrophil recruitment to adipose tissue. Conversely, because none of the leukocyte adhesion molecules were induced by fasting, and neutrophil infiltration was not associated with fasting-induced inflammation, we hypothesized that neither E- nor P-selectin would be required for fasting-induced inflammation.

To test this hypothesis, we utilized mice lacking E-selectin (E-sel KO) or P-selectin (P-sel KO), which have been extensively described (31–33, 35). These mice were injected with 0.5 mg/kg CL 316,243 or PBS, and plasma was collected for NEFA analysis. Importantly, 30 min following injection of 0.5 mg/kg CL 316,243, NEFA levels were increased 4–5 fold in the plasma of E-sel and P-sel KO mice, similar to wild type animals (Fig. 5*A*), suggesting that β_3 -adrenergic receptor stimulation-mediated lipolysis occurs normally in these animals.

Because maximal leukocyte infiltration of adipose tissue is between 16–24 h after CL 316,243 injection, tissues were isolated from these animals 18 h post-injection. Visceral adipose tissue was excised from the injected mice and histological sections were prepared and stained with H&E. No obvious histological changes in the adipose tissue from either genotype that had been injected with PBS were detected. As expected, enhanced immune cell infiltration in wild type animals was observed. In P-sel KO mice, adipose tissue inflammation was induced to a similar extent as in the wild type mice (Fig. 5*B*). However, the E-sel KO mice were remarkably protected from the leukocyte infiltration that ensued upon CL 316,243 injection, thus suggesting that E-selectin is required for β_3 -adrenergic receptor-induced neutrophil infiltration (Fig. 5*B*).

We next determined whether E-selectin was also required for CL 316,243-induced inflammatory gene expression in visceral adipose tissue. To assess this, mRNA was extracted from visceral adipose tissue 18 h after injection with PBS or 0.5 mg/kg CL 316,243, and real time qRT-PCR was performed on several inflammatory genes. EMR1 (F4/80) mRNA levels exhibited no increase after CL 316,243 treatment in any of the genotypes, which correlates with the notion that the infiltrating cells in this model are not macrophages. However, there was a 60% increase in Itgam (CD11b) expression in wild type animals after CL treatment that was not seen in the E-sel KO animals. CL injection increased CD68 expression in wild type and P-sel KO mice







FIGURE 4. **Fasting-induced lipolysis causes macrophage infiltration and reduces cytokine expression in adipose tissue.** Mice were fed *ad libidum* or fasted as indicated. *A*, plasma was drawn from the retroorbital sinus and NEFA were measured (n = 6, #; p < 0.0005). *B*, visceral adipose tissue was isolated, RNA was extracted, and quantitative RT-PCR was performed for the indicated genes. Data represent average gene expression as compared with $36b4 \pm$ S.E. (n = 6-7, *; p < 0.005). *C*-*F*, adipose tissue SVF was isolated and FACS analysis was performed. *C*, ad lib fed animals. *D*, fasted animals. *Left panels*, Siglec F-negative, CD11b- and F4/80-positive cells (p < 0.005). *Right panels*, GR-1-positive cells. Panels are representative of 9–11 animals per group. *E* and *F*, CD11b, F4/80-positive cells. Panels are representative of 9–11 animals. *Left*, Galectin 3, Ly6c-positive cells. *Right*, CD11b, CD11c-positive cells. Panels are representative of 9–11 animals. *Left*, Galectin 3, Ly6c-positive cells. *Right*, CD11b, CD11c-positive cells. Panels are representative of 9–11 animals are representative of 9–11 animals. *Left*, Galectin 3, Ly6c-positive cells. *Right*, CD11b, CD11c-positive cells. Panels are representative of 9–11 animals per group.

by 88% and 2-fold, respectively. However, E-sel KO mice were refractory to this increase and also displayed a significant reduction in CD68 expression after CL injection compared with P-sel KO animals (Fig. 6*A*).

Inflammatory cytokine expression was induced (CCL-2, 7-fold; IL1 β , 9-fold; TNF α , 2-fold; and IL-6, 19-fold) after CL 316,243 treatment in wild type mice, with equivalent or enhanced induction of these genes in P-sel KO mice. However,





FIGURE 5. E-selectin KO mice are protected from CL 316,243-mediated adipose tissue immune cell infiltration. Wild type, E-sel KO, or P-sel KO mice were injected with 0.5 mg/kg CL 316,243 or PBS intraperitoneally for 30 min to 24 h as indicated. *A*, plasma was drawn from the retroorbital sinus and NEFA were measured (n = 3 - 7, **; p < 0.005). *B*, visceral adipose tissue was isolated, fixed in 10% formalin, embedded in paraffin, and stained with H&E. Slides are representative of 3–6 animals at 50× magnification.

E-sel KO mice were completely protected from the increased adipose tissue inflammatory cytokine response that ensued after CL 316,243 injection. Furthermore, significant reductions in CCL-2, IL1 β , and TNF α were seen in CL 316,243-injected E-sel KO mice compared with wild type mice (Fig. 6*A*).

Finally, we evaluated whether E-sel KO mice were protected from neutrophil infiltration that ensued after CL 316,243 injection. To test this hypothesis, wild type and E-sel KO mice were injected with 1 mg/kg CL 316,243, and visceral adipose tissue was isolated 18 h later to obtain the SVF for FACS analysis. Though a 5-fold, significant increase was noted in GR1-positive cells in wild type animals after CL 316,243 injection, no significant increase in GR1-positive cells was found in E-sel KO mice (Fig. 6, B–D). Furthermore, there were no differences in fastinginduced accumulation of Siglec F negative, CD11b- and F4/80-

Endothelial Cell Activation in Adipose Tissue

positive cells in E-sel or P-sel KO mice compared with wild type mice as measured by flow cytometry (data not shown). These data suggest that E-selectin, but not P-selectin, is required for the adipose tissue inflammation that ensues upon β_3 -adrenergic receptor stimulation, which is mediated by neutrophil recruitment. This is in contrast to fasting-induced adipose tissue inflammation, which is mediated by macrophages.

DISCUSSION

Much effort has been expended in recent years to understand the immune response that ensues in adipose tissue in obesity. Though many hypotheses have been brought forth to explain why this immune response occurs, recent studies suggest that lipids released by adipose tissue lipolysis may mediate this response (9, 10). To that end, increased adipose tissue leukocyte infiltration was observed in response to either fasting or β -adrenergic stimuli that cause lipid release from adipocytes (9, 10). The findings we present here confirm that immune cell infiltration into adipose tissue occurs in both chemical and fastinginduced models of lipolysis. Importantly, however, our studies revealed that these two modes of stimulation initiate quite different immune responses.

First, whereas CL 316,243-mediated inflammation is associated with neutrophil recruitment (Fig. 1), fasting-mediated inflammation is associated with macrophage accumulation (Fig. 4). These data are in contrast to a previous report that suggested that the infiltrating cells in both scenarios were macrophages (9). Second, CL 316,243-mediated inflammation is associated with acute increases in inflammatory cytokines (Figs. 2 and 6), while fasting-induced inflammation is associated with decreases in these same cytokines (Fig. 4). Third, and most strikingly, the CL 316,243-mediated immune response is associated with increased adipose-resident endothelial cell leukocyte adhesion molecule up-regulation, and requires E-selectin (Figs. 3, 5, 6). Conversely, fasting-induced inflammation did not cause adhesion molecule up-regulation, and did not require E-selectin (Fig. 4). Thus, the data presented herein suggest that though lipolysis triggers adipose tissue immune cell infiltration, there must be other factors in addition to lipolysis that determines what type of inflammation will ensue.

In immune responses, there is an ordered pattern to leukocyte rolling within the blood vessel and transmigration into inflamed tissues (12). Indeed, leukocyte rolling velocity is decreased in adipose tissue from obese mice (14). Furthermore, recent studies have suggested that adipose tissue inflammation in obesity is mediated by leukocyte recruitment from the blood (36). Leukocyte adhesion molecules E- and P- selectin mediate neutrophil rolling along blood vessels (11, 12), which slows down the leukocytes and allows them to firmly adhere, a process mediated by ICAM-1. Finally the cells can leave the vessel through integrin-mediated interactions (11, 12, 37).

Though E- and P-selectin have been shown in many contexts to have overlapping functions (32, 33, 38, 39), the experiments described here clearly show that E-selectin, but not P-selectin, is required for CL 316,243-induced adipose tissue neutrophil infiltration (Figs. 5 and 6). This is also supported by the fact that among the leukocyte adhesion molecules that were up-regulated after β_3 -adrenergic receptor stimulation in adipose tissue,





FIGURE 6. **E-selectin KO mice are protected from CL 316,243-mediated adipose tissue inflammation.** *A*, wild type, E-sel KO, or P-sel KO mice were injected with 0.5 mg/kg CL 316,243 or PBS intraperitoneally for 18 h. Visceral adipose tissue was isolated, mRNA was extracted, and qRT-PCR was performed for the indicated genes. Data represent average gene expression as compared with $36b4 \pm S.E$. (n = 3-9, *; p < 0.05, **; p < 0.005). *B–D*, wild type or E-sel KO mice were injected with 1 mg/kg CL 316,243 or PBS for 18 h. Adipose tissue SVF was isolated and FACS analysis was performed. *B*, wild type mice. *C*, E-sel KO mice. *Upper panels*, PBS-treated animals. *Lower panels*, CL-treated animals. *Left panels*, Siglec F-negative, CD11b and F4/80-positive cells. *Right panels*, GR-1-positive cells. *Right panel*, GR-1-positive cells. *Right panel*

E-selectin expression was increased in an acute manner and to the greatest extent (Fig. 3). Two groups recently demonstrated that P-selectin-mediated interactions are necessary for obesityinduced insulin resistance and glucose intolerance (15, 16). However, no studies have been performed to determine whether E-selectin plays a role in this process. It was recently shown that adrenergic impulses activate endothelial cells in the bone marrow and skeletal muscle, and that these impulses were necessary for circadian oscillations that govern basal leukocyte recruitment to peripheral tissues (40). The data presented here also suggest that β -adrenergic stimuli activate adipose-resident endothelium; thus, basal adi-



Endothelial Cell Activation in Adipose Tissue

pose tissue inflammation, particularly neutrophil infiltration, may have a circadian pattern. Little is known about neutrophil function in adipose tissue; however, recent studies suggest that these cells may have a pro-inflammatory function and contribute to tissue dysfunction in obesity (22, 26, 41). Because E-selectin null animals are protected from neutrophil infiltration in response to CL 316,243 administration, these mice may also be protected from high fat diet-induced neutrophil infiltration (Figs. 5 and 6). Therefore, these animals may be useful for studying the long-term effects of acute neutrophil infiltration on adipose tissue function and insulin sensitivity.

As long-term, low-dose CL-treatment is associated with improved glucose tolerance and insulin sensitivity (42, 43), it is difficult to envision how neutrophil infiltration, which is proinflammatory, may be associated with the beneficial phenotypes of CL-treatment. We suggest that perhaps chronic adrenergic stimulation, as with therapeutic CL-infusion, promotes a desensitized state in which no further activation can occur. Indeed, the endothelium enters a period that is refractory to activation after a prior stimulation to control excessive inflammation (44).

There are several possible reasons why CL 316,243 treatment but not fasting activates adipose-resident endothelium (Figs. 3 and 4). First, different lipid species may be released by chemically induced β_3 -adrenergic receptor stimulation and fasting that may affect the endothelium differently. Several observations suggest that fatty acids released from adipocytes contribute to this phenomenon. ATGL-deficient mice are resistant to fasting-induced macrophage infiltration (9) and HSL-deficient mice are resistant to CL 316,243-mediated CCL-2/MCP-1 upregulation (17), suggesting that lipolysis is necessary for inducing inflammation in both systems. However, mice lacking HSL have increased basal adipose tissue inflammation in the context of reduced lipolysis (17), further supporting the idea that other factors also contribute to adipose tissue inflammation.

Second, fasting is associated with hormonal changes such as reduced leptin secretion (45), which may modulate pathways that are dominant over lipolysis-driven signaling mechanisms. Finally, CL 316,243 treatment of mice, shown here to be associated with elevated adipose tissue inflammatory cytokine levels (Figs. 2 and 3), was also reported to greatly increase serum insulin levels (46, 47) in a manner that is dependent on β_3 -adrenergic receptor expression in white adipose tissue (47). At high concentrations, insulin can stimulate expression of adhesion molecules on the endothelium and promote leukocyte adhesion (48, 49). Therefore, elevated cytokine or insulin levels may act alone or synergistically to activate the endothelium. This hypothesis may explain why incubation of HUVECs with CL 316,243 alone had no effect on adhesion molecule expression (Fig. 3). Furthermore, adipose tissue inflammatory responses to CL 316,243 versus fasting may differ in part because fasting stimulates lipolysis more slowly and without the rise in insulin levels observed upon CL 316,243 treatment.

Taken together, these results suggest that the immune response in adipose tissue is complex and likely is stimulusspecific. Furthermore, different stimuli may enact distinct patterns of endothelial cell activation that enable infiltration by specific populations of immune cells. The data presented herein suggest that lipolysis in and of itself is not sufficient to induce adipose tissue immune cell infiltration, because fasting and CL-treatment induced lipolysis to a similar extent, as measured by plasma NEFA levels, yet induced very different inflammatory responses. Thus, there are additional factors that not only contribute to inflammation, but also contribute to the type of inflammation that occurs. Finally, for these reasons it is inappropriate to use CL-treatment and fasting interchangeably as a means to study acute adipose tissue inflammation. It will be important to determine the mechanistic differences in inflammatory responses under these various physiological conditions to fully understand their functional roles in adipose biology and systemic glucose tolerance.

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