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## Ferritin as a reporter gene for MRI: Chronic liver over expression of h-Ferritin during dietary iron supplementation and aging

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## Abstract

The iron storage protein, ferritin, provides an important endogenous MRI contrast that can be used to determine the level of tissue iron. In recent years the impact of modulating ferritin expression on MRI contrast and relaxation rates was evaluated by several groups, using genetically modified cells, viral gene transfer and transgenic animals. This paper report the follow-up of transgenic mice that chronically over-expressed the heavy chain of ferritin (h-ferritin) in liver hepatocytes (liver-hfer mice) over a period of 2 years, with the aim of investigating the long-term effects of elevated level of h-ferritin on MR signal and on the well-being of the mice. Analysis revealed that aging liver-hfer mice, exposed to chronic elevated expression of h-ferritin, have increased R<sub>2</sub> values compared to WT. As expected for ferritin, R<sub>2</sub> difference was strongly enhanced at high magnetic field. Histological analysis of these mice did not reveal liver changes with prolonged over expression of ferritin, and no differences could be detected in other organs. Furthermore, dietary iron supplementation significantly affected MRI contrast, without affecting animal wellbeing, for both wildtype and ferritin over expressing transgenic mice. These results suggest the safety of ferritin over-expression, and support the use of h-ferritin as a reporter gene for MRI.

### Keywords

ferritin; reporter gene; iron; aging

## Introduction

Iron is an essential nutrient for the functionality and viability of cells. Due to its ability to mediate one-electron exchange reactions, iron participates in many metabolic pathways and is required for the proper function of numerous essential proteins such as the heme-containing proteins, electron transport chain and microsomal electron transport protein (1-3). However, this vital ability of iron may also be detrimental for living cells, as free radicals, which are potentially harmful to cells, may be generated through the Fenton reaction (that is, Fe-catalyzed hydroxyl radical production). Thus, maintenance of labile free iron homeostasis is highly important to the survival of animals, plants and microorganisms (1). Excess of free cellular iron activates the production of ferritin, which is a ubiquitous, highly conserved protein, that is responsible for controlled iron storage and release (2). Ferritin can store in its central cavity up to 4500 iron atoms as mineral ferrihydrite (Fe<sub>5</sub>O<sub>3</sub>(OH)<sub>9</sub>).

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The MR properties of ferritin were the focus of extensive research and showed anomality with high relaxivity at very low iron loading (4,5) and a peculiar linear rather than the expected quadratic dependence on the magnetic field (6). In recent years the possibility for use of ferritin as MR reporter gene was reported by a number of research groups (7-11). Based on the endogenous mechanisms for maintenance of labile iron homeostasis, along with the relatively high R<sub>2</sub> relaxivity of ferritin at low iron loading, we previously raised the hypothesis that overexpression of ferritin could augment R<sub>2</sub> relaxivity by redistribution of iron among more ferritin complexes as well as by increased total cellular iron level induction of expression of transferrin receptor (TfR) (4,7,8). The ability of the heavy chain of ferritin (h-ferritin), which posses the feroxidase activity, to act as MR reporter was first demonstrated in C6 glioma cells that were transfected with a tetracycline-inducible construct that carried h-ferritin. These cells were tested in vitro and showed a significant increase both in  $R_1$  and  $R_2$ . Inoculation of these cells in nude mice yielded tumors that showed significantly elevated  $R_2$  (7). The use of ferritin as MR reporter was demonstrated also by infection of mice brain using adenovirus that encoded for both the heavy and light chains of human ferritin (10). The use of h-ferritin was further demonstrated with co-expression of transferrin receptor in neuronal stem cells that showed signal loss in  $T_2$  and  $T_2^*$  weighted MR images in an iron enriched environment (9). Recent studies demonstrated the use of ferritin as MR reporter gene for labeling macrophages (12), monitoring of survival of mouse embryonic stem cells (11) for reporting of the activity of cyclic-AMP dependent protein kinase A by enzyme dependent aggregation (13), and for monitoring of gene transfer and expression in a tumor model (14,15).

The generation of TET-h-ferritin transgenic mice that over-express HA-tagged h-ferritin and enhanced green fluorescent protein (EGFP) in a tissue specific and tetracycline inducible manner opened the possibility for MR application of ferritin as a reporter gene in multiple organs and applications (8). In these mice tissue specific expression of ferritin is achieved by crossing with driver transgenic mice with expression of the tetracycline transactivator (tTA) regulated by the promoter of interest. Addition of tetracycline to the drinking water of double transgenic offspring mice suppresses expression of ferritin, and expression can be induced by tetracycline withdrawal. Endothelial selective expression was achieved using driver mice in which tTA expression is driven by the promoter of vascular endothelial (VE) cadherin (endothelial-hfer mice) (16,17). In these endothelial-hfer mice expression of ferritin resulted in elevation of  $R_2$ , allowing detection of blood vessel induced expression in the brain of mature mice, as well as fetal vascular development detected non invasively inutero.

In contrast to the expression of ferritin by endothelial cells which elevated  $R_2$  as expected, liver hepatocyte expression of h-ferritin, using mice in which tTA was induced by the liver associated protein (LAP) promoter resulted in a more complicated effect on the MRI contrast. Surprisingly, young liver-hfer mice showed reduced  $R_2$  upon acute expression of hferritin in liver hepatocytes. This effect was attributed to mild hepatic cytotoxicity leading to water vacuoles with low  $R_2$  (8). Indeed previous studies showed varied response to elevated expression of h-ferritin ranging from protection of cells from reactive oxygen species (18,19), to regulation of free iron (20) and increased susceptibility to neurodegeneration in aging mice (21). The critical role of ferritin is further underscored by the in utero mortality of h-ferritin null mice, attributed to cardiac defects (22) and increased oxidative stress in brains of h-ferritin deficient mice (23). The phenotype observed for young liver-hfer mice is reminiscent of that previously reported for mice in which h-ferritin was elevated in response to deficiency in the iron regulatory protein-2 (24). Deposition and accumulation of iron is a well-known phenomenon of aging and was implicated in multiple pathologies such as Hemochromatosis (25), Alzheimer's disease (AD), and Parkinson's disease (26). Since inertness is one of the most important characteristics that a reporter gene should possess, and in view of the fact that endothelial-hfer mice did not exhibit any pathology in utero and in adult, we pursued here the analysis of the impact of chronic elevated h-ferritin expression during aging of liver-hfer mice. The liver has a central role in iron homeostasis and ferritin storage. Given that iron overload is characterized by increased levels of ferritin, haemosiderin, and iron catalyzed lipid peroxidation we examined here the change in  $R_2$  upon long-term overexpression of h-ferritin in liver hepatocytes in aging mice as well as the impact of prolonged over expression on increasing the capacity for iron storage during high iron diet.

## **Materials and Methods**

#### Mice characterization

Animal experiments were approved by the Weizmann Institutional Animal Care and Use Committee. Transgenic LAP:tTA × Tet:EGFP-HAferritin double transgenic mice: Homozygous Tet:EGFP-HAferritin mice (8) were mated with heterozygous LAP:tTA (liver associated protein) (27), double transgenic offspring (liver-hfer) over-express h-ferritin in liver hepatocytes. Wild type mice with matched genetic background (CB6F1; WT) were used as control. Ferritin expression was chronically induced in the double transgenic mice (no tetracycline).

#### Iron supplementation

MRI was applied for follow up of 4 groups of mice: WT mice and liver-hfer mice (with inducible transgene expression in hepatocytes) with high iron diet (2% carbonyl iron) and with normal diet (10 mice per group). 24 hours prior to each MRI scan the diet of all mice was replaced to regular diet in order to reduce artifacts associated with high iron content in the intestine.

**Experimental timeline**—The mice were treated with high iron diet from the age of 2 months for a period of 22 months. MRI scans at 4.7T, were performed when the mice were 5.5, 6.5, 8, 9, 20 and 24 months old. MRI scan at 9.4T was performed when the mice were 24 months old. Representative 20 months old mice were sacrificed and organs were taken for histological analysis. The study was completed when mice were 24 months old and liver sections were taken for assessment by electron microscopy. The same time points were used for mice that were treated with normal diet.

## **MRI studies**

**Mice anesthesia**—i.p. injection of ketamine-xylazine mix (75 mg/kg Ketamine, Fort Dodge Animal Health, Fort Dodge, lowa and 3 mg/kg Xylazine, VMD, Arendonk, Belgium).

MRI was acquired at horizontal 4.7T and 9.4T Bruker spectrometers using a birdcage coil.  $R_2$  relaxation was measured using multi echo spin echo sequence with 8 echo times (TR= 2000 ms, TE= 11-88 ms, 2 averages, FOV 6X6 cm, 8 slices, in plane resolution 468  $\mu$ m, slice thickness 1 mm, matrix 128 × 128, spectral width (SW) 50,000Hz).

 $R_2$  values were derived by single exponential fit of the signal intensity decay with echo time (I= I<sub>0</sub> e<sup>-TE\*R2</sup>; MATLAB software, MathWorks, Inc. Hill Drive Natick, MA). Analysis included regions of interest (ROI) as well as pixel-by-pixel  $R_2$  mapping.

#### Histopathological analysis

Following MRI analysis, multiple organs (brain, liver, heart, spleen and kidney) were retrieved for histological evaluation (stained at H&E and Prussian blue stains). Liver sections were also analyzed by electron microscopy.

#### Electron microscopy

Liver sections were examined by scanning electron microscope (SEM) and transmission electron microscope (TEM). For TEM studies the liver was sectioned with a razor blade and mounted in aluminum platelets with a depth of 100  $\mu$ m, filled with 1-hexadecene (Sigma). The samples were then cryo-immobilized in an HPM 10 high pressure-freezing device (Bal-Tec, Liechtenstein). Freeze substitution was performed using a AFS2 freeze substitution device (Leica Microsystems, Vienna, Austria) in anhydrous acetone containing 2% glutaraldehyde for 3 days at  $-90^{\circ}$ C and then warmed up to  $-30^{\circ}$ C over 24 hours. The samples were washed with anhydrous acetone, infiltrated in a series of increasing concentration of Epon (Agar Scientific, UK) and polymerized at 60°C. Sections (60-80 nm in thickness) were obtained using an Ultracut UCT microtome (Leica Microsystems, Vienna, Austria). Unstained sections were examined in a Tecnai T12 electron microscope (FEI, Eindhoven, the Netherlands) operating at 120 kV. Images were recorded with an eagle  $2k \times 2k$  CCD camera (FEI).

For SEM studies livers were placed overnight in 4% PFA, embedded in paraffin and sectioned to 10  $\mu$ m sections that were placed on a carbon stab after paraffin removal using xylene. Images were taken with FEG ESEM, XL 30 form EFI, the regions that were rich in high atomic number elements were identified with a back scattered electrons detector (BSD) and were selected for element mapping. The X-ray maps were acquired with an energy dispersive X-ray detector (EDS) EDAX with ultra thin window. For Fe mapping the characteristic Kalpha line at 7.056 kV was used.

## Results

#### High iron diet significantly elevates liver R<sub>2</sub>

MRI (4.7T) was applied for dynamic follow up of  $R_2$  relaxation in 4 groups of mice, including WT mice and liver-hfer mice (n=10 per group) subjected to either high iron diet or normal diet, during a period of 22 months (from 2 to 24 months of age; Figure 1). Under such chronic expression of h-ferritin, ROI analysis did not detect a significant difference in the average  $R_2$  (at 4.7T) between liver-hfer and WT mice, neither for regular diet, nor for iron enriched diet (Figure 2A). Iron enriched diet led to a significant elevation in  $R_2$  values for both WT and liver-hfer mice with no significant difference between WT and liver-hfer mice (p<0.05 2 tails un-paired Ttest; Figure 2A). Notably, all groups showed a significant rise in  $R_2$  with age, which was steeper at early age for the iron-enriched diet and steeper at older age for the normal diet, but similar in both cases for the WT and liver-hfer groups.

Analysis of the spatial distribution of  $R_2$  values derived from  $R_2$  maps of mice fed with normal diet revealed that overexpression of h-ferritin resulted in a small increase in the fraction of voxels with high  $R_2$  values (Figure 2B). These results are consistent with heterogeneous expression of the reporter by a subset of liver hepathocytes. In the presence of high iron diet the  $R_2$  values were too high for derivation of reliable  $R_2$  maps.

# R<sub>2</sub> differences between liver-hfer and WT mice are elevated at high magnetic field (4.7T vs 9.4T)

Ferritin has a unique linear  $R_2$  dependence on the magnetic field, which can be further enhanced by ferritin aggregation. The mice were scanned at two magnetic fields 4.7T and

9.4T when they were 2 years old. As expected for ferritin, the change in  $R_2$  was strongly enhanced at high magnetic field revealing differences between the WT and liver-hfer mice fed normal diet (Figures 3A-D).  $R_2$  values at 9.4T but not at 4.7T were significantly higher in normal diet liver-hfer mice compared to WT mice (p<0.05 2 tail unpaired Ttest, Figure 3E-F).

## Histological analysis reveals differences in liver iron deposits between WT and liver-hfer mice

Liver sections were taken from representative mice after 18 months of treatment and stained with eosin & hematoxylin (H&E) and Prussian blue. H&E stain revealed similar vacuolar liver changes with aging in all mice groups (Figure 4A-B, E-F). Deposits of iron in the form of hemosiderin were observed in higher concentration only in liver-hfer mice (Figure 4B). High iron diet increased the hemosiderin concentration with clear difference between liver-hfer and WT mice (Figure 4E-F). The differences in iron content were evident in Prussian blue stain, which stains ferric ions (Fe+3) (Figure 4C-D, G-H).

#### Over expression of ferritin in hepatocytes does not lead to pathological abnormalities

Brain, heart, kidney and spleen sections were retrieved from representative 20 months old mice and stained with eosin & hematoxylin (H&E) and Prussian blue. No pathological changes were noted in these organs with the chronic ferritin over expression (Figure 5 A-L). However, hemosiderin deposits were observed in the spleen of liver-hfer mice that were treated with normal iron diet but not in WT mice (figure 5 M-N). The difference in iron levels observed by H&E in the spleen of liver-hfer mice was confirmed also by Prussian Blue staining. High iron deposits were found in the kidney and spleen of liver-hfer mice compared to WT mice while treated with normal diet. Prussian blue staining was similar in the brain and heart of all groups (figure 6 A-H).

# Electron microscopy analysis demonstrated the presence of ferritin and hemosiderin in liver-hfer mice subjected to a high-iron diet

Liver sections were examined by electron microscopy in order to verify the existence of iron and ferritin. SEM analysis was used to map iron in liver section (Figure 7). Regions that were rich in high atomic number elements were identified by back scattered electrons detector (BSD) and were selected for elements mapping. High iron levels were depicted in both WT and liver-hfer mice that were treated with high iron diet (Figure 7J-K), no such regions were observed in the livers of either WT or liver-hfer mice that were raised with normal diet (Figure 7 A, D). The presence of ferritin in liver hepatocytes was confirmed by TEM studies (Figure 8A, B), round structures at the size of 8-10nm are consistent with ferritin. In addition large hemosiderin clusters were observed in mice that were raised on high iron diet (arrows, Figure 8C, D).

## Discussion

Reporter genes have become an indispensable tool for analysis of gene expression, protein interaction, cell lineage tracing and differentiation. Of particular interest are reporter mice, which can be used for analysis of development, disease and preclinical drug development, providing unique non invasive dynamic information on the genes or cells of interest while significantly reducing the number of animals required for a study (28). The use of reporter genes for the purpose of biological research and biomedical applications is always accompanied by the concern of side effects that may result from the introduction of a foreign gene. Thus, in the search for new reporter genes the critical properties include not only the specificity and sensitivity of the reporter gene but also the safety and inertness during prolonged expression.

In recent years the use of ferritin as MR reporter gene was examined in several systems (7-10,13,14). The advantage of MRI includes its high endogenous anatomical and functional contrast and the ability to acquire high-resolution three dimensional information also in large organs not accessible for high resolution optical imaging. We previously reported the generation of transgenic reporter TET-ferritin mice, which express h-ferritin in a tissue specific and tetracycline inducible manner (8).

Initial assessment of young TET-ferritin mice included analysis of liver and endothelial specific expression. Endothelial-hfer mice revealed no pathologies (16), on the other hand, young mice that expressed h-ferritin in liver hepatocytes showed a transient mild hepatic cytotoxicity leading to vacuolar changes and reduced  $R_2$  when h-ferritin expression was acutely induced by withdrawal of tetracycline. The study reported here aimed to evaluate the impact of chronic expression of ferritin by liver hepatocytes in normal husbandry conditions, and when challenged with high iron diet. Mice were monitored continuously over a period of two years.

In contrast to young mice that exhibited a transient reduction of  $R_2$  values in response to acute h-ferritin overexpression in the liver (8), in older mice  $R_2$  values increased compared to WT. While increased  $R_2$  was marginally detectable at a magnetic field of 4.7T, as expected for ferritin, the difference in  $R_2$  between WT and liver-hfer mice was significantly enhanced at 9.4T. The high field dependence of  $R_2$  could stem from the heterogeneous pattern of transgene expression and iron accumulation. Such non-uniform distribution can lead to quadratic field dependence rather than linear (32,33).

Histo-pathological examination of liver-hfer and WT mice confirmed the increased iron content in the livers of transgenic mice, which was significant but was small relative to the physiological level of liver iron that can be achieved by feeding the mice with iron-enriched diet. In aging mice the vacuolar pattern in the liver was evident and similar for both liver-hfer and WT mice, for both normal and iron-enriched diets, suggesting that prolonged chronic over expression of ferritin does not alter baseline liver function, nor its capacity to respond to iron enriched diet. Histological evaluation of other organs including the brain, heart, spleen and kidney of liver-hfer mice revealed a normal phenotype. These results further substantiate the use of chronic expression of h-ferritin as a reporter gene for MRI analysis of liver hepathocytes. However, due to the central role of iron in multiple pathologies, each new application of ferritin should be carefully evaluated.

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## Abbreviations

h-ferritin	heavy chain ferritin
wt	wild type

tTA	tetracycline transactivator
LAP	liver associated protein
EGFP	enhanced green fluorescent protein
SEM	scanning electron microscope
TEM	transmission electron microscope
BSD	back scattered electrons detector
EDS	energy dispersive X-ray detector
SW	spectral width

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**Figure 1. MRI gray scale image of mice with regular diet and High iron diet** 4.7T and 9.4T MR images of WT mice (A-D) and liver-hfer mice (E-H) with constitutive transgene expression (2 years old) that were treated with normal diet and high iron diet (TR=2 s, TE=11 ms).





Each group was scanned at a 4.7T magnet during 18 months of normal and high iron diet, (A) ROI analysis showed significant difference in  $R_2$  between the groups that were treated with high iron diet to groups with regular diet at all time points except for the last time point (\*p<0.05 unpaired 2 tail Ttest). Numbers at the top of each bar state the mice age in months (iron supplementation diet was initiated when mice were 2 months old). (B) Analysis of the distribution of  $R_2$  values derived from  $R_2$  maps showed the spatial distribution of 4.7T  $R_2$ values in the liver of 9 months old mice. Overexpression of h-ferritin resulted in elevated  $R_2$ values. Wild type mice (gray), liver-hfer mice (green).



#### Figure 3. Field dependence of R<sub>2</sub> in liver-hfer mice

Overlay of  $R_2$  color maps on a gray scale anatomical images (TE=6.4 ms) of WT mice (A, C) and liver-hfer mice (B, D) (age 24 months). Mice at the age of 24 months were imaged at two magnetic fields, 4.7T and 9.4T. (E, F) ROI analysis reveals significant difference in  $R_2$  between WT and liver-hfer mice that were treated with regular diet and scanned at 9.4T (\*p<0.05 unpaired 2 tail Ttest).



#### Figure 4. Histological evaluation of the liver

Liver sections that were taken from representative mice at the age of 20 months were stained with eosin hematoxylin (A-B, E-F) and by Prussian blue, which stains ferric ions (Fe+3) in bright blue color (C-D, G-H). (A, C) WT mice with normal diet, (B, D) liver-hfer mice with normal diet, (E, G) WT mice with high iron diet, (F, H) liver-hfer mice with high iron diet (arrows, hemosiderin deposits).



#### Figure 5. Histological evaluation of liver-hfer and WT mice

Different organs sections were taken from representative mice from each group at the age of 20 months and stained with eosin hematoxylin . (A-D) Brain, (E-H) Heart, (I-L) Kidney, (M-P) Spleen (arrows, hemosiderin deposits).



#### Figure 6. Iron levels evaluation by Prussian blue stain

Different organs sections were taken from representative mice from each group at the age of 20 months and stained by Prussian blue. (A-D) Brain, (E-H) Heart, (I-L) Kidney, (M-P) Spleen.



#### Figure 7. Iron mapping of the liver using scanning electron microscope (SEM)

Liver sections that were taken from representative mice at the age of 24 months were mapped for iron levels. (A-D) Livers of mice that were raised with normal diet (A, D back scattered images, B-C iron maps). (E-H) Livers of mice that were raised with high iron diet (E,H back scattered images, F-G iron maps). (I-L) magnification of the white square area. Scale bar for A-H equals 100µm, Scale bar for I-L equals 50µm.



## Figure 8. Transmission electron microscopy images of the liver

Liver sections that were taken from representative mice at the age of 24 months were examined by Transmission electron microscope. (A) WT mice with normal diet (B) liverhfer mice with normal diet (C) WT mice with high iron diet (D) liver-hfer mice with high iron diet. Large hemosiderin clusters are observed in mice that were raised on high iron diet (C, D arrows marking). Scale bar equals 200nm.