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Age-related increase in levels of 5-hydroxymethylcytosine in mouse hippocampus is prevented by caloric restriction

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Abstract

Aberrations in epigenetic marks have been associated with aging of the brain while caloric restriction (CR) and upregulation of endogenous antioxidants have been suggested as tools to attenuate the aging process. We have recently observed age-related increases in levels of 5 methylcytidine (5-mC) and DNA methyltransferase 3a (Dnmt3a) in the mouse hippocampus. Most of those age-related changes in these epigenetic relevant markers were prevented by CR but not by transgenic overexpression of the endogenous antioxidant superoxide dismutase 1 (SOD1). As recent work has suggested a distinct role for hydroxymethylation in epigenetic regulation of gene expression in the brain, the current study investigated age-related changes of 5 hydroxymethylcytosine (5-hmC) in the mouse hippocampus, and furthermore tested whether CR and transgenic upregulation of SOD1 affected any age-related changes in 5-hmC. Immunohistochemical analyses of 5-hmC in 12- and 24-month-old wild-type and transgenic mice overexpressing SOD1, which were kept under either a control or a calorie restricted diet, revealed an increase of 5-hmC immunoreactivity occurring with aging in the hippocampal dentate gyrus, CA3 and CA1–2 regions. Moreover, CR, but not overexpression of SOD1, prevented the agerelated increase in the CA3 region. These region-specific findings indicate that the aging process in mice is connected with epigenetic changes and suggest that the beneficial actions of CR may be mediated via epigenetic mechanisms such as methylation and hydroxymethylation of DNA.

Keywords

Aging; Epigenesis; Epigenetics; DNA hydroxymethylation; 5-hydroxymethylcytosine; Caloric restriction; Antioxidants; superoxide dismutase (SOD); Hippocampus

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INTRODUCTION

The aging process in the brain is characterized by increased DNA damage, synaptic dysfunction, distinct structural alterations, and cognitive decline [1–4], with selective brain regions, including neocortical and hippocampal networks, showing increased susceptibility to such age–related pathology [5–7]. The aging brain is furthermore associated with regionspecific alterations in gene expression, like downregulation of genes involved in synaptic plasticity and neurotrophic support and upregulation of immune-related genes [8–10]. It is likely that dysregulation of epigenetic mechanisms, such as DNA methylation and chromatin modifications, which have been known to modulate gene expression, are involved in the observed age-related alterations [11–15].

While DNA methylation is a well-described mechanism with a putative role in aging and age-related neurodegeneration [14], a new epigenetic modification has recently been identified, namely DNA hydroxymethylation [16]. Hydroxylation of methylated cytosines by the ten-eleven translocation (TET) enzymes leads to the production of 5 hydroxymethylcytosine (5-hmC) [17, 18], which seems to play a different role than 5 methylcytidine (5-mC) in the regulation of gene expression [19–21]. 5-hmC requires preexistence of 5-mC [21], has a lower affinity to methyl-binding proteins [19] and, in contrast to 5-mC, is generally associated with chromatin opening and transcriptional activation [20, 22, 23]. The role of 5-hmC in aging of the brain is not known and it seems reasonable to speculate that aging affects 5-hmC in the brain. Recently, we reported an age-related increase in 5-mC immunoreactivity (IR) in the aging mouse hippocampus, correlating with increases in DNA methyltransferase 3a (Dnmt3a) IR, and prevented by caloric restriction (CR) [24, 25]. Attenuating the aging process has been a topic of intense research over the last decades. Dietary restriction of caloric intake has been shown to delay the aging process in many species and even to extend life span [26–32]. Besides CR, upregulation of antioxidants has also been speculated to attenuate the aging process and age-related neurodegenerative disorders [33–36]. A large aging cohort of wild-type and transgenic mice overexpressing the normal human antioxidant Cu/Zn superoxide dismutase (SOD1), either fed with a control diet or exposed to CR from weaning onwards, was generated for the present study. In the present study we investigate age-related changes in hippocampal 5 hmC IR as well as the potential effects of CR and SOD1 overexpression in this context. Using a specific antibody, 5-hmC IR was analyzed in the hippocampus of 12- and 24 month-old mice and possible correlations between 5-hmC IR and previously reported changes in 5-mC IR were investigated.

MATERIALS AND METHODS

ANIMALS

Brain sections from 48 wild-type C57Bl6J and transgenic mice overexpressing SOD1 were used, which were fed with a control or a calorie restricted diet. Descriptions of the generation of transgenic mice, the preparation and composition of the diets, as well as the weight and survival curves of the total cohort of mice (240 male mice) have been given previously [24, 37, 38]. In brief, the transgenic mice were generated on a C57Bl6 background and were carrying 7 copies of the entire human SOD1 sequence, inserted into chromosome 3, resulting to an increased enzyme activity in the brain and other tissues [39]. The control diet was approximately 85% of the *ad libitum* consumption, in order to fully control the caloric intake, while the calorie restricted diet entailed a 50% reduction in calories. The animals were housed individually, with *ad libitum* access to water, on a 12/12 hours light: dark circle, kept under standard temperature, humidity, and specified pathogen free (SPF) conditions. All experiments were approved by the Animals Ethics Board of Maastricht University.

EXPERIMENTAL DESIGN

Based on the genotype and diet of the animals, 4 groups were generated: 1) Wild-type mice on control diet (WT-CD), 2) SOD1 mice on control diet (SODCD), 3) WT mice on CR (WT-CR) and 4) SOD1 mice on CR (SOD-CR). From each group, 6 mice were euthanized at 12 and 6 mice at 24 months of age, yielding a total of 8 groups, for histological analyses.

TISSUE PROCESSING

The processing of the brains has been described previously [24, 37]. Briefly, following transcardial perfusion with tyrode solution and 2 fixative solutions (4% parafolmaldehyde, 0.9% NaCl, 1% acetic acid and 8% parafolmaldehyde, 0.9% NaCl, 1% acetic acid) the brains were removed and postfixed for an additional 24 hours in 8% parafolmaldehyde, at 4° C). Consequently, the brains were hemisected along the midsaggital line, cryoprotected in sucrose solutions (10%, 20% and finally 30% sucrose in Tris-HCl buffer, 2×12 hours per solution at 4° C) and embedded in Tissue Tek[®] (Sakura Finetec Europe, Zoeterwoude, The Netherlands). Then, the left brain halves were quickly frozen and stored at −80° C, until they were cut serially in 30 µm-thick free-floating coronal sections using a cryostat (type HM 500) OMV, Microm, Walldorf, Germany), yielding 10 subseries of every 10th section, and stored until further histological processing [37]. The right brain halves were not used in the present study.

IMMUNOHISTOCHEMICAL DETECTION OF 5-hmC

A series of sections were stained using standard immunohistochemical protocols that were previously described [24, 25], using a rabbit polyclonal anti 5-hmC antiserum (dilution 1:25,000, Active Motif, Rixensart, Belgium) as a primary antibody and a biotinylated donkey anti-rabbit (dilution 1:200, Jackson Westgrove, PA, USA) as secondary antibody. Previously published work, using 5-hmC capturing oligonucleotides has shown the specificity of this commercially available antibody [40].

Immunofluorescent labeling of 5-hmc, 5-mC, and DAPI were also performed for qualitative purposes. In this case, the same antibody against 5-hmC (dilution 1:1,500) and a mouse monoclonal anti-5-mC (dilution 1:500; GenWay Biotech, San Diego, CA, USA) were used as primary antibodies. A donkey anti-rabbit Alexa 594 (dilution 1:200, Invitrogen, Eugene, Oregon, USA) and a donkey anti-mouse biotin (dilution 1:200, Jackson Westgrove, PA, USA) coupled with streptavidin Alexa 488 (dilution 1:400, Invitrogen, Eugene, Oregon, USA) were used for detection. Further, the sections were counterstained with 4′,6 diamidino-2-phenylindole dihydrochloride (DAPI) (Sigma Aldrich, Zwijndrecht, The Netherlands).

ANALYSIS OF 5-hmC IR

Mean intensity and surface area of 5-hmC IR were analyzed. As indicated in Figure 1 and described previously [25], 2 images from the CA1–2 region, 2 images from the CA3 pyramidal layer and 4 images from the granule cell layer of the DG were taken at 4 different bregma levels (−1.58, −1.82, −3.40, −3.52), according to a mouse brain atlas [41], using a 40x objective. Thus, a total of 32 images were taken for every animal, with a digital camera (f-view; Olympus, Tokyo, Japan) connected to an Olympus AX70 brightfield microscope (analySIS; Imaging System, Münster, Germany). Mean intensities and surface area measurements of each image were obtained using the ImageJ software program (version 1.42q, Wayne Rasband, National Institutes of Health, Bestheda, Maryland, USA), after delineating the regions of interest and correcting for background variation by setting minimum thresholds [42]. In addition, the surface area measurements were corrected for previously reported volume differences [24, 37]. We previously found hippocampal volume

reductions by age and caloric restriction [24, 37], and since surface are measurements might be affected by volume changes, they were corrected by multiplying the volume of each subregion of each animal with the corresponding surface area measurement. On the other hand, the intensity measurements are independent of volume or cell number differences and no adjustments were performed.

IMAGING of 5-hmC, 5-mC AND DAPI

Imaging of the triple labeling of 5-hmC, 5-mC, and DAPI was achieved by collecting 16 μ m-thick image stacks consisting of 80 confocal images (0.2 μ m apart), made with a 100x objective (Olympus UPlanSApo; numerical aperture $[NA] = 1.40$) and the SI-SD system (MBF Bioscience, Williston, VT, USA). Projections and minor corrections in intensity and contrast were made with the Imaris software program (Bitplane AG, Zurich, Switzerland). The whole system and controlling software have been described in more detail previously [24, 43].

STATISTICAL ANALYSIS

All data are presented as mean and standard error of means. The general linear model univariate analysis of variance was used for comparisons between groups, accounting for the main and interactive effects of age, genotype and diet. Statistical significance was set at α = 0.05. Pair-wise comparisons were performed with a Bonferroni post-hoc test. In the absence of a significant interaction, main effects of age were analyzed by an additional stratified analysis per diet, in order to assess whether overall effects of age were more pronounced in a particular diet group. All statistical calculations were performed using the Statistical Package for the Social Sciences, (SPSS 16, SPSS Inc., Chicago, IL, USA). Graphs were built in GraphPad Prism (Version 4, GraphPad Software, San Diego, USA). Correlation analyses between 5-hmC and 5-mC intensity measurements, that have previously been reported [25], were carried out by calculating the Pearson's correlation coefficient (r_p) .

RESULTS

QUALITATIVE ANALYSIS OF 5-hmC IR

All cells throughout the hippocampus showed nuclear 5-hmC IR (Fig. 1), appearing as a granular pattern throughout the whole nucleus of each cell. Additionally, simultaneous immunofluorescence labeling of 5-hmC, 5-mC, and DAPI confirmed previously reported colocalization of 5-mC and DAPI in heterochromatic regions of the DNA (densely DAPIstained marks; Fig. 2). Interestingly, 5-hmC did not colocalize with 5-mC or DAPI in these heterochromatic regions. However, there were some other nuclear subregions where 5-hmC did colocalize with 5-mC (Fig. 2).

Semiquantitative analyses of 5-hmC IR by inspection of the sections suggested an increase of 5-hmC IR in 24-month-old mice as compared to 12-mnth-old in the three hippocampal subregions DG, CA3 and CA1–2 (see Fig 3) particularly in CD-fed, but not CR-fed, mice. Quantitative analyses were further carried on to confirm these findings.

5-hmC INTENSITY

General linear model univariate analysis of variance revealed an increase of mean intensity of 5-hmC IR with aging from 12- to 24-month-old mice in all investigated regions ($p =$ 0.002 for DG and $p = 0.003$ for CA3 and $p = 0.001$ for CA1–2) (Fig. 4A–C). A significant age×diet interaction was observed in the CA3 region only ($p = 0.009$) (Fig. 4B). Pair wise post-hoc comparisons using the Bonferroni correction showed that the observed changes were not specific for an individual experimental group. In addition, no significant effect of the SOD1 genotype was observed. All the p -values of the tests are given in Table 1.

Additional stratified analyses per diet showed an increase of mean intensity of 5-hmC IR with aging from 12- to 24-month-old mice in the DG ($p < 0.001$) and CA1–2 ($p < 0.001$) regions in the CD animals, which was not observed in the CR animals ($p = 0.367$ for DG and $p = 0.175$ for CA1–2).

5-hmC SURFACE AREA

General linear model univariate analysis of variance showed no significant main effect of age, genotype or diet on 5-hmC surface area in any hippocampal region (Fig. 4D–F). However, there was a significant agexdiet interaction in the CA3 region ($p = 0.007$) (Fig. 4E). All the p-values of the tests are given in Table 2.

5-hmC AND 5-mC CORRELATION ANALYSIS

Previous work in the same cohort of mice showed age-related increases in 5-mC IR that could be prevented by CR [25]. In order to examine if the observed changes in 5-hmC IR are related to changes in 5-mC IR we performed correlation analyses between 5-hmC IR and 5 mC IR. Positive linear correlations were observed in all regions (DG: $r_p = 0.444$, $p = 0.002$; CA3: $r_p = 0.615$, $p < 0.001$; CA1–2: $r_p = 0.499$, $p < 0.001$) (Fig. 5A–C).

DISCUSSION

Immunohistochemistry and immunofluorescence of 5-hmC revealed a granular pattern of IR, observed in the nuclear area of all cells. Lack of colocalization of 5-hmC with 5-mC and DAPI in heterochromatin suggests that 5-hmC is preferentially associated with euchromatin. Quantitative assessment showed an increase of 5-hmC from 12- to 24-month-old mice in all analyzed subregions. The statistically significant age X diet interaction for the CA3 region suggested that CR delayed the age-related increase in 5-hmC particularly in that hippocampal subregion. Positive correlations between 5-hmC IR and 5-mC IR suggest that the observed changes in 5-hmC are linked in part with changes in 5-mC.

COLOCALIZATION ANALYSIS OF 5-hmC and 5-mC

While 5-hmC and 5-mC were both detected in the same cells, subcellular patterns of 5-hmC IR were different than 5-mC IR, with 5-mC preferentially detected in heterochromatin and 5-hmC in euchromatin (Fig. 2). These findings are consistent with previous findings in embryonic stem cells [22]. The different functional role of 5-hmC and 5-mC in the regulation of gene expression implies that regions high in 5-hmC are transcriptionally active (and in euchromatin status), while regions high in 5-mC are transcriptionally inactive and more likely situated in heterochromatin, which is observed using immunofluorescence. Nevertheless, there were few loci in the nucleus where 5-hmC colocalized with 5-mC (orange dots), likely indicating the dynamic process of hydroxylation of 5-mC to 5-hmC.

AGING INCREASES 5-hmC LEVELS IN THE MOUSE HIPPOCAMPUS

Qualitative and semi-quantitative assessment indicated an age-related increase in 5-hmC IR in all hippocampal subregions; more pronounced in the CD animals. Quantitative analyses further confirmed these findings. The observed age-related increase of 5-hmC IR could be associated with aberrant gene expression patterns as observed in the aging hippocampus previously [44–46]. Future studies assessing (genomic) site-specific changes and the corresponding impact on gene expression will further elucidate the role of hydroxymethylation in the aging hippocampus. The role of this recently described epigenetic modification [16, 17] is not yet fully elucidated. Interestingly, compared to 5-mC, the levels of 5-hmC are higher in the brain as compared to other tissues and 5-hmC is more specifically located at genomic regions containing genes [20]. Its presence in gene bodies

(from 500 bp downstream to transcription start up to 500 bp of transcription end) and not in promoter regions has furthermore been shown to correlate positively with gene expression [16, 20, 47] and may be linked to the recent observation that DNA hydroxymethylation represents an intermediate step of active DNA demethylation [48, 49]. In support of this notion, Dnmt knock-out experiments in cell cultures have shown that 5-hmC can be produced only in the presence of 5-mC [21]. Interestingly, 5-hmC has also been shown to have lower affinity for methyl-CpG binding proteins 1,2, and 4 when compared to 5-mC [19, 50]. Altogether, these data indicate that the role of 5-hmC in transcriptional regulation might differ from, or even be opposite to, that of 5-mC.

Our findings of increased 5-hmC IR with age are compatible with previous reports of increased total levels of 5-hmC in the hippocampi of 90-day-old mice as compared to 1-dayold mice, measured by HPLC [47]. The role of 5-hmC in aging and age-related gene expression changes is not yet known. First, no correlation between DNA damage and levels of 5-hmC was observed in cerebellar cells of adult mice at 50 weeks of age, as well as in and hippocampal cells of adult mice at 12 weeks of age [16, 47]. Second, another recent investigation revealed an age-dependent increase in hydroxymethylation of genes related to neurodegeneration in the cerebellum (e.g., secretases and presenilins) of adult, 2.5-monthold mice compared to mice 21-day-old mice [23]. Furthermore, a genetic association between a single nucleotide polymorphism (SNP) of the TET1 gene, that catalyzes the conversion from 5-mC to 5-hmC, and the late-onset form of Alzheimer's disease has been reported [51].

Aberrant epigenetic patterns have been linked with age-related neurodegeneration [14, 52– 55] and the observed changes in hippocampal 5-hmC levels suggest that DNA hydroxymethylation may also contribute to age-related epigenetic dysregulation and agerelated neurodegeneration. It remains unknown whether the observed changes in 5-hmC levels are connected to epigenetic mediation of environmental stimuli [56–58], to factors involved in the aging process per se, to stochastic or other unknown factors, or to a combination of these. As the environmental conditions for the present laboratory-controlled study were kept identical (except for diet) throughout life for all animals, it is unlikely that differential exposure to environmental factors (other than the diet) has had a substantial influence on the results.

Earlier studies in the same cohort of mice showed an age-related increase of 5-mC IR, concomitant with an increase in Dnmt3a IR [24, 25]. DNA methylation has been shown to be important in learning and memory, and age-related changes in the methylation of memory genes in the hippocampus, such as Arc, have been reported [13, 59, 60]. Dnmt3a has further been shown to be essential for synaptic plasticity as well as neurogenesis [61– 63]. Given that 5-hmC is a product of 5-mC, the observed positive correlations suggest that the increases in 5-hmC are related to increases in 5-mC. As such, the age-related increase in DNA methylation, possibly reflecting an increased methylation potential, could thereby passively contribute to an increased hydroxymethylation potential. Whether an altered methylation-hydroxymethylation balance is responsible for functional age-related changes in gene expression remains to be elucidated.

CALORIC RESTRICTION PREVENTS AGE-RELATED INCREASE IN 5-hmC

The significant age X diet interaction indicated that the observed age-related increase of 5 hmC IR was prevented by CR particularly in the CA3 region. While 5-hmC IR increased from 12- to 24-month-old mice, this increase was not observed in the CA3 region of the 24 month-old CR mice. This region-specific finding might be associated with the selective vulnerability to aging and the differential response to CR of the CA3 subregion in rodents [26, 37, 44, 46, 64]. While the age X diet interaction was only significant for the CA3 region

one carbon metabolism pathway, which regulates the availability of methyl-groups [65–67], or may involve histone deacetylases (sirtuins) that influence life span [28, 68–72]. Thus, CR may induce a complex interplay involving chromatin remodeling as well as changes in the balance between methylation and hydroxymethylation.

SOD1 OVEREXPRESSION DID NOT AFFECT AGE-RELATED CHANGES IN 5-hmC

Overexpression of SOD1 did not affect 5-hmC IR, which was in line with previous reports of no effects of SOD1 in brain volumes, Dnmt3a IR, and 5-mC IR [24, 25, 37]. Possibly, reduction of oxidative damage by SOD1 might not involve changes in the levels of epigenetic markers, such as 5-hmC, 5-mC, and Dnmt3a. Alternatively, such effects might not be specifically observed in the hippocampus, or the upregulation of SOD1 and other antioxidants in this model were not sufficient to induce changes [39, 73].

STRENGHTS, LIMITATIONS AND FUTURE PERSPECTIVES

Major strengths and limitations of the study design have been discussed in detail previously [24, 25, 37]. A major advantage of this study is the selective detection of 5-hmC through the use of specific antibodies. The used antibody has been shown to be highly specific for visualization of 5-hmC and not 5-mC [20, 22, 50, 74]. Although numerous methods fail to detect differences between the two modifications, which have been shown to serve distinct roles in the regulation of gene expression, methods involving antibody detection have proven to be specific. Various studies have shown that widely used techniques for methylation detection, like bisulfite treatment, cannot distinguish the two modifications and that such data should therefore be treated with caution [50, 74–76]. Future studies should investigate whether the observed changes in hydroxymethylation can be attributed to specific genes. Furthermore, the possible age-dependent intricate interplay between hydroxymethylation and methylation, as well as other epigenetic processes such as histone modifications remains to be elucidated.

CONCLUSION

The present study has shown that the mouse hippocampus is subject to substantial agerelated changes in levels of DNA hydroxymethylation, and that these age-related changes in levels of DNA hydroxymethylation can be prevented by CR but not by overexpression of normal SOD1. In line with previous reports using the same mouse cohort, these findings indicate that the aging process in mice is connected with profound epigenetic changes and suggest that the beneficial actions of CR may be mediated via epigenetic mechanisms such as methylation and hydroxymethylation of DNA.

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Figure 1.

Hippocampal 5-hmC immunoreactivity. Representative image of a hippocampal section stained for 5-hydroxymethylcytidine (5-hmC) (bregma level 1.58). The black boxes indicate where the high-magnification images were taken for the analysis. A total of 32 images per animal (i.e. 4 images in the dentate gyrus, 2 in the CA3 and 2 in the CA1–2 regions, at 4 different bregma levels) were taken for the analysis (see text for more details). Scale bar= 146 µm

Chouliaras et al. Page 13

Figure 2.

5-hmC and 5-mC immunofluorescence, and DAPI labeling. Representative high magnification images of a nucleus of a cell in a 12-month-old mouse showing fluorescence labeling of 5-hmC (red) (A and E), 5-methylcytidine (5-mC) (green) in B and F, and DAPI (blue) in C and G, at the corresponding location and focal plane, with merged pictures in D and H. All images represent one stack taken with the SI-SD system (see text for more details). Note the single white arrow indicates the colocalization between 5-mC (green) and DAPI (blue) in heterochromatin, and the arrowheads indicate the colocalization between 5 hmC and 5-mC. Images E-H show a three-dimensional reconstruction of a representative image stack. The crossing lines indicate the position within the X-Y view at which the Y-Z and X-Z views were generated. Scale bar = $5 \mu m$ in A-D and 30 μm in E-H.

Figure 3.

Representative images of 5-hmC immunoreactivity. High magnification representative images of the hippocampal regions DG, CA3, and CA1–2. A-C represent a 12-month-old mouse on control diet (CD), D- F represent a 24-month-old CD mouse. G-I, represent a 12 month-old mouse on caloric restriction (CR), and J-L a 24-month-old CR mouse. Note: An increase in 5-hmC immunoreactivity (IR) is observed from 12 to 24 months, more pronounced in CD mice, while no differences are observed in the CA3 region of 12- and 24 monthold CR mice. The images were taken with a 40x objective. Scale bar = $45 \mu m$.

Figure 4.

5-hmC intensity and surface area. Mean and standard error of means of mean intensity value measurements of 5-hmC IR (A-F). Pooled data from the 4 groups of 12-month-old (white bars) and 24-month-old mice (black bars) are represented separately for DG (A, D), CA3 (B, E), and CA1–2 (C, F). Volume corrections were applied for the surface area occupied by 5 hmC IR measurements. Significant effects ($p < 0.05$ in all cases) in each analysis are indicated with an asterisk in the top right corner of each graph. AU= arbitrary units.

5-hmC and 5-mC correlation analysis. Correlation analysis of 5-hmC and 5-mC IR. Significant Spearman's correlation coefficients are noted in the bottom right of each graph.

Table (1)

^P-values of general linear model univariate analysis of variance tests of gray value measurements. Values <0.05 are indicated bold.

Table (2)

^P-values of general linear model univariate analysis of variance tests of surface area measurements. Values <0.05 are indicated bold.

