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## Amyloid-beta Oligomerization in Alzheimer Dementia vs. High Pathology Controls

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## Abstract

**Objective**—While amyloid-beta ( $A\beta$ ) peptide deposition into insoluble plaques is a pathological hallmark of Alzheimer's disease, soluble oligomeric  $A\beta$  has been hypothesized to more directly underlie impaired learning and memory in dementia of the Alzheimer type. However, the lack of a sensitive, specific, and quantitative assay for  $A\beta$  oligomers has hampered rigorous tests of this hypothesis.

**Methods**—We developed a plate-based single molecule counting fluorescence immunoassay for oligomeric A $\beta$  sensitive to low pg/ml concentrations of synthetic A $\beta$  dimers using the same A $\beta$ -specific monoclonal antibody to both capture and detect A $\beta$ . The A $\beta$  oligomer assay does not recognize monomeric A $\beta$ , amyloid precursor protein, or other non-A $\beta$  peptide oligomers.

**Results**—A $\beta$  oligomers were detected in aqueous cortical lysates from patients with dementia of the Alzheimer type and non-demented patients with A $\beta$  plaque pathology. However, A $\beta$  oligomer concentrations in demented patients' lysates were tightly correlated with A $\beta$  plaque coverage (r=0.88), but this relationship was weaker in those from non-demented patients (r=0.30) despite equivalent A $\beta$  plaque pathology. The ratio of A $\beta$  oligomer levels to plaque density fully distinguished demented from non-demented patients, with no overlap between groups in this derived variable. Other A $\beta$  and plaque measures did not distinguish demented from non-demented patients. A $\beta$  oligomers were not detected in cerebrospinal fluid with this assay.

**Interpretation**—The results raise the intriguing hypothesis that the linkage between plaques and oligomers may be a key pathophysiological event underlying dementia of the Alzheimer type. This  $A\beta$  oligomer assay may be useful for many tests of the oligomer hypothesis.

### Keywords

amyloid-beta; oligomer; Alzheimer's disease

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## INTRODUCTION

Amyloid-beta (A $\beta$ ) aggregation and deposition is one of the pathological hallmarks of Alzheimer's disease. However, the presence of fibrillar A $\beta$  plaque pathology in cognitively normal subjects <sup>1-4</sup> raises the issue of whether one or more additional events are required to cause neurodegeneration and cognitive impairment. A series of recent studies have shown that soluble oligomeric species of A $\beta$  have direct adverse effects, whereas fibrillar or monomeric A $\beta$  seem to be less harmful *in vitro* <sup>5-11</sup> and in animal models <sup>12–15</sup>. Several studies using postmortem tissue from Alzheimer's patients have demonstrated the presence of soluble oligomeric A $\beta$  species in diseased brains <sup>13, 16–19</sup>. Thus, oligomerization of A $\beta$  has been proposed to be a key event in the pathogenesis of dementia of the Alzheimer type.

Several groups have previously developed assays to detect amyloid- $\beta$  oligomers. Strategies include Western blotting <sup>13, 15, 19, 20</sup>, nano-particle based detection <sup>21</sup>, conformation specific antibodies <sup>8, 22–27</sup>, and immunoassays utilizing the same monoclonal antibody to capture and detect A $\beta$  <sup>28–33</sup>. However, all of these assays have had limitations in terms of sensitivity, specificity and quantitative reproducibility. One technical challenge for quantitative studies has been the choice of an oligomer standard which is stable and stoichometrically well-characterized; many synthetic oligomeric preparations contain an unstable mixture of monomers, dimers, trimers and higher order oligomers. Xia and colleagues have addressed this problem with the creation of a stable A $\beta_{1-40}$ Ser26Cys covalently linked disulfide homo-dimer. Under appropriate redox conditions, essentially pure dimer standards can be produced, which allows for a calculation of oligomer levels in units of "dimer equivalents".

Our objective in developing a sensitive  $A\beta$  oligomer assay was to allow assessment of biological fluids and lysates without the need for immunoprecipitation or other methods of concentrating the samples.  $A\beta$  may oligomerize at moderate to high concentrations, which could occur artifactually during such procedures. Furthermore, some biological fluids are available only in very limited quantities. Therefore we optimized a 384-well plate format immunoassay utilizing the fluorescent single-molecule counting Erenna platform <sup>34</sup>. Here, we demonstrate the design, sensitivity, specificity of this assay for analysis of  $A\beta$  oligomer concentrations. Using this assay we have uncovered a previously unrecognized quantitative relationship between  $A\beta$  oligomer concentrations and plaque deposition in post-mortem human cortical samples.

## METHODS

#### Preparation of synthetic Aβ dimer standard

Synthetic A $\beta_{1-40}$ Ser26Cys dimer (#64130-1, AnaSpec, Fremont, CA) was initially dissolved in DMSO followed by dilution in phosphate buffered saline (PBS), pH 7.4 containing 0.01% Tween-20. Dimer peptide was isolated by size exclusion chromatography using a Superdex 200 10/300 GL column (GE Healthcare, Milwaukee, Wisconsin) eluted with 50 mM ammonium acetate, pH 8.5, at a flow rate of 0.5 ml/min. Fractions (0.25 ml) were collected and the presence of peptide was determined by an indirect enzyme-linked immunosorbent assay (ELISA) and Western blot. Amyloid- $\beta$  positive fractions found to contain only dimer were pooled and lyophilized for use as the standard. Peptide concentration was determined using a combination of direct ELISA against reduced dimer with a known concentration of A $\beta_{1-40}$  monomer and a modified bicinchoninic acid (BCA) protein assay.

#### Preparation of HJ3.4 Detection Antibody

For development of the A $\beta$  oligomer ELISA, we selected the A $\beta$ -specific N-terminal mouse monoclonal IgG1 HJ3.4 <sup>35</sup>. A proprietary fluorophore was conjugated to HJ3.4 via a succinimidyl ester moiety by Singulex Inc. (Alameda, CA)

#### Aβ Oligomer Assay

Unlabeled mouse monoclonal HJ3.4 was used to coat 384-well Nunc MaxiSorp plates (#464718, Nalge Nunc, Rochester, NY) at 20 µg/mL in a carbonate buffer (35mM sodium bicarbonate, 16 mM sodium carbonate, 3mM sodium azide, pH 9.6) using 20 µl/well overnight at 4°C. Plates were washed 5x between steps with PBS containing 0.005% Tween-20 using a BioTek EXL405 plate washer (BioTek, Winooski, VT). Sample plates were blocked using 0.2 µm filtered 4% BSA (#7030, Sigma-Aldrich, St. Louis, MO) in PBS for 1 hour at room temperature. Samples or dimer standard were analyzed neat or diluted in standard diluent (0.2 µm filtered 0.25% BSA, 0.005% Tween-20, 3 mM sodium azide, 2 µg/ mL aprotinin (EMD Chemicals, Gibbstown, NJ), 1 µg/mL leupeptin (EMD Chemicals), in PBS) to 20 µL final volume and loaded. A 9-point standard curve was generated using 200, 100, 50, 25, 12.5, 6.25, 3.125, 1.56, and 0 pg/ml of  $A\beta_{1,40}$ Ser26Cys dimer and loaded in triplicate in all experiments. All samples and standard were kept on ice during processing. Plates were centrifuged at 1000xg briefly after loading samples and standards to ensure that fluid was properly seated at the bottom of each well and to remove any air bubbles. Samples and standards equilibrated with the coating antibody during overnight 4°C incubation. After another wash step to remove unbound solutes,  $A\beta$  oligomers were detected with labeled HJ3.4at 100 ng/mL in PBS containing 0.2 µm filtered 0.1 mg/mL non-fat dry milk plus 0.005% Tween-20. Binding to exposed A $\beta$  oligomers was allowed to occur for 1 hour at room temperature, protected from light. Following a final wash, bound detection antibody was eluted with 0.1 M glycine, pH 2.7, containing 0.01% Triton X-100 for 10 minutes at room temperature. The elution reaction was terminated by addition of  $4 \,\mu$ L/well Singulex neutralization buffer. The eluted antibody conjugate was then measured on the Erenna® Immunoassay System (Singulex, Alameda, CA). This system uses a spot illumination and single photon counting approach to detect individual labeled antibody fluorescence emission events; thus the results are expressed as "detected events." The standard curve was then used to calculate the concentration of amyloid-ß oligomer in units of "dimer equivalents." The standard curve was fit using the Richards equation, a 5 parameter logistic regression which accounts for asymmetry <sup>36</sup>, as implemented in Prism 5.0 (GraphPad Software, La Jolla, CA).

#### Validation of the standard curve

To determine the accuracy and reproducibility of the standard curve, six independent assays were performed on different plates on different days. Each standard curve was run in triplicate to measure % coefficient of variation as a measure of intra-assay variability. Variability between the 6 assays in the calculated dimer equivalent values following curve fitting was used to measure inter-assay variability. Precision was measured using the % relative error: curve fitting-based calculated dimer equivalents vs. loaded dimer concentration. Using previously recommended criteria for ligand-binding assays <sup>37</sup>, only standard curve values with a sum of the % coefficient of variation and the absolute value of the % relative error less than 30% were accepted as valid for the standard curve. The lower limit of quantitation (LLOQ) was defined as the lowest concentration on the standard curve which met this acceptance criterion.

#### **Specificity Controls**

Due to the excess of monomeric amyloid- $\beta$  compared to oligomer in most relevant biological fluids, it is important to determine the ability of the assay to discriminate

oligomeric from monomeric amyloid- $\beta$  species. Monomeric A $\beta_{1-38}$ , A $\beta_{1-40}$ , and A $\beta_{1-42}$  were prepared by incubating lyophilized stock peptide in 1,1,1,3,3,3-hexafluoro-2-propanol (HFIP) (#52512, Sigma-Aldrich) for 30 minutes followed by sonication and drying under vacuum to create monomer films. Monomeric amyloid- $\beta$  peptides were diluted into standard diluent and measured over a range (156 pg/mL to 10 ng/mL) of concentrations to determine their effect on signal levels. Amyloid- $\beta_{1-40}$  monomer was also titrated (3.9 pg/mL to 2 ng/mL) into standard diluent containing a fixed concentration (25 pg/mL) of amyloid- $\beta$  dimer to determine if a monomer saturation effect occurs in the presence of oligomer.

To verify the specificity of HJ3.4 for A $\beta$  over amyloid precursor protein, an immunodepletion assay was performed on brain homogenate from a 9 month old 3xTg-AD mouse <sup>38</sup> containing high levels of human amyloid precursor protein. Whole brain was removed after transcardial perfusion with PBS containing 0.3% heparin and immediately dounce homogenized in RIPA buffer (150 mM NaCl, 50 mM Tris-HCl, 1% Triton X-100, 0.10% SDS, 0.5% deoxycholic acid, 2.5 mM EDTA, pH 8.0) at a 10:1 ratio (RIPA volume/ tissue weight) using 25 strokes followed by brief sonication. The resulting homogenate was centrifuged for 20 minutes at 17,000xg at 4°C to remove insoluble protein. Total protein was determined using a standard BCA protein assay. Individual aliquots containing 100 µg of homogenate were immunodepleted using 10 µg of each antibody (HJ3.4, 82E1, 6E10). After overnight incubation, complexes were captured using 150 µg Protein-G Dynabeads® (#100.03D, Invitrogen). The resulting immunodepleted supernatants were assayed by Western blot, as described below, to determine affinity in solution for APP.

The specificity of the assay was further validated by determining its response to Nterminally truncated pyroglutamate A $\beta$  (A $\beta$ pE3)(#29907-01, Anaspec) species, amyloid-BRI (#62-0-92A, American Peptide, Sunnyvale, CA), and amyloid-DAN (#62-0-04A, American Peptide) oligomers. These other peptide oligomers were prepared by incubation of each species at 2.5  $\mu$ M in PBS containing 0.025% SDS for one hour prior to addition of glutaraldehyde (#G6257, Sigma-Aldrich, St. Louis, MO) (0.0625% final concentration) for 2 minutes to cross-link associated peptides. The reaction was quenched by the addition of 1:20 volume 1M Tris-HCl, pH 8.0. The formation of SDS-stable, fixed oligomeric species was confirmed by Western blot. These other oligomer preparations were then measured in the assay to determine if any non-specific signal occurred.

#### Selection and Preparation of Human Frontal and Parietal Cortical Tissue

Human frontal and parietal cortical tissue samples were obtained from the Charles F. and Joanne Knight Alzheimer's Disease Research Center (KADRC) at Washington University School of Medicine in Saint Louis, Missouri. Cognitive status was determined with a validated retrospective postmortem interview with an informant to establish the Clinical Dementia Rating (CDR). For the validation of this assay, we used tissue from cognitively normal subjects with minimal AD pathology (CDR 0, mean age= $91.0 \pm 7.9$  yrs) (n=10), cognitively normal with Alzheimer's pathology (CDR 0, mean age= $90.2 \pm 6.8$  yrs) (n=14 frontal, 10 parietal), and mildly demented Alzheimer's patients (CDR 1, mean age= $87.7 \pm$ 7.5 yrs) (n=9 frontal, 7 parietal). One CDR 1 frontal cortex sample was excluded from the study due to the lack of plaque pathology. Brains from prospectively assessed individuals were obtained at autopsy with a mean postmortem interval of  $11.7 \pm 5.7$  hours. The right hemispheres from each case were coronally sliced and frozen between pre-cooled Teflon coated plates, placed in a freezer rack, and lowered into liquid nitrogen vapor in a cryovessel. Following the initial freezing, tissues were stored at  $-80^{\circ}$ C. Tissue was partially thawed and subdivided into blocks of approximately 0.5-1 cm<sup>3</sup> and then refrozen for measurement of amyloid-B oligomer or fixed for histological assessment of amyloid-B plaque deposition.

## Preparation and Measurement of Amyloid- $\beta$ Oligomers in Human Cortical Tissue Homogenates

Frozen cortical samples including both gray and white matter were weighed and immediately dounce homogenized in ice-cold PBS containing protease inhibitor (137 mM sodium chloride, 7.76 mM sodium phosphate dibasic, 2.17 mM monopotassium phosphate, 2.7 mM potassium chloride, 2 µg/mL aprotinin, 1 µg/mL leupeptin) at a 10:1 PBS volume: tissue weight ratio using a constant 25 manual strokes. The resulting homogenate was centrifuged in a Beckman Optima TLX ultracentrifuge with a TLA-55 rotor at 100,000xg to remove insoluble fibril material. Aliquots of the cleared homogenates were prepared and frozen at  $-80^{\circ}$ C. The concentration of each sample was determined using a standard BCA protein assay. The concentration of PBS soluble amyloid- $\beta$  oligomers in each sample was measured in triplicate at empirically determined dilutions and expressed as picograms dimer equivalents/milligrams total soluble protein. The accuracy and reproducibility of the method was determined by the ability to recover a known amount of dimer standard, spiked at three concentrations (12.5, 25, 50 pg/mL), in five brain homogenates from cognitively normal subjects without A $\beta$  pathology, measured in six independent assays.

#### **Control for Artifactual Oligomerization**

As a control for artificial oligomerization, HFIP-treated monomeric  $A\beta_{42}$  at a final concentration of 1 ng/mL was spiked into the homogenization buffer of five cognitively subjects without A $\beta$  pathology just prior to tissue homogenization. As an additional control for recovery, 12.5 pg/mL amyloid- $\beta$  dimer was included in separate matched samples prior to homogenization.

#### Histological Assessment of A<sup>β</sup> Plaque Pathology

Tissues were fixed by overnight immersion in buffered 4% paraformaldehyde, followed by equilibration in 30% sucrose. Sections were cut at 50 µm on a frozen platform cryostat and maintained in a cryoprotectant buffer (2.7 M ethylene glycol, 0.44 M sucrose, 30 mM phosphate buffer, pH 7.4) prior to immunohistochemistry. Floating tissue sections were washed  $3\times$  in Tris-buffered saline (TBS) for 5 minutes each and then incubated with 0.3%  $H_2O_2$  in TBS for 10 minutes at room temperature to block endogenous peroxidase. Following the incubation, sections were rinsed in TBS 3× for 5 minutes each, and then blocked with 5% normal goat serum (NGS) in TBS-X for 30 minutes at room temperature. Sections were then incubated with polyclonal rabbit anti-PAN-A $\beta$  (#44136, Invitrogen) in 5% NGS in TBS-X at a 1:700 dilution overnight at 4 °C. The following day, sections were washed 3× in TBS for 5 minutes each time and incubated with a biotinylated secondary goat anti-rabbit antibody in a 1:1000 dilution in TBS-X for 1 hour at room temperature (Vector Laboratories, Burlingame, CA). Following the incubation of the secondary antibody, the sections were washed 3× in TBS for 5 minutes each, incubated with ABC Elite (Vector Laboratories, Burlingame, CA) at a 1:400 dilution in TBS for 1 hour at room temperature, then washed with TBS  $3 \times$  for 5 minutes and developed with 3,3'-Diaminobenzidine (#D5905, Sigma-Aldrich). Sections were mounted and dehydrated using a standard ethanolxylene series followed by coverslipping.

#### **Quantification of Plaque Pathology**

Histological samples from each patient were scanned using an Olympus Nanozoomer HT System (Hamamatsu, Bridgewater, NJ). The percent of gray matter containing plaque pathology was determined for each sample using the Image J program (NIH). The gray matter boundary was determined using a Nissl stain (cresyl violet) on an adjacent section and redrawn three times to ensure repeatability. During quantitation, the samples were coded so the user was blinded to oligomer assay results. A manual thresholding approach was used. Data from 8 slices per brain sample, spaced every 1 mm were averaged.

#### Western Blot

Samples for Western blot analysis were combined with standard Laemmli buffer and heated to 85°C to denature for 5 minutes. Homogenates containing amyloid-β were denatured in the absence of SDS to prevent artificial oligomerization. Fractions containing  $A\beta_{1-40}$ Ser26Cys dimer were denatured in the absence of 2-mercaptoethanol to prevent reduction of the disulfide-bridge. Protein samples were size separated on NuPAGE® 12% Bis-Tris gels (Invitrogen) in 2-(N-morpholino)ethanesulfonic acid (MES) SDS running buffer at 150 Volts. SeeBlue® Plus-2 prestained standard (Invitrogen) was used to visualize and estimate the progression and size of the sample migration. Gels were then transferred to  $0.2 \,\mu m$ nitrocellulose using Towbin buffer (25 mM Tris, 192 mM glycine, pH 8.6) containing 20% methanol at 150 mA for 1 hour. For A $\beta$  western blotting, membranes were incubated at 95°C for 1 minute in PBS to allow for improved antigen binding and then cooled in room temperature PBS prior to blocking. Membranes were blocked in 2% non-fat dry milk (NFDM) PBS for 1 hour. Between all remaining steps, membranes were washed 3x for 10 minutes each with PBS-T (0.05% Tween 20). For detection of amyloid- $\beta$ , the N-terminal mouse monoclonal 82E1 (IBL-America, Minneapolis, MN) was used at 0.1 µg/mL in 2% NFDM PBS overnight at 4°C. For detection of amyloid precursor protein (APP), the mouse monoclonal 6E10 (Covance, Princeton, NJ) was used at 1 µg/mL in 2% NFDM PBS overnight at 4°C. Bound primary antibodies were detected using a sheep anti-mouse-HRP (#NA931V, GE Healthcare) at 50 ng/mL in 2% NFDM PBS and then developed with ECL Advance Reagent (GE Healthcare) followed by exposure to film emulsion.

#### Measurement of Overall Amyloid-beta Levels in Human Frontal Cortical Tissue Homogenates

PBS soluble homogenates prepared as described above were used to assess the overall levels of AB by ELISA. The insoluble cortical tissue pellet remaining after PBS homogenization was dounce homogenized in ice-cold 5M guanidine-hydrochloride, pH 8.0, containing protease inhibitor (2 µg/mL aprotinin, 1 µg/mL leupeptin) at a 10:1 guanidine: tissue weight ratio using a constant 25 manual strokes. The lysates were then incubated overnight at 4°C. The resulting guanidine soluble homogenate was centrifuged in a Beckman Optima TLX ultracentrifuge with a TLA-55 rotor at 100,000xg to remove any insoluble material. Aliquots of the cleared homogenates were prepared and frozen at  $-80^{\circ}$ C. The concentration of each sample was determined using a standard BCA protein assay. Overall AB levels were assessed using sandwich ELISAs as described previously <sup>39</sup>. These ELISAs do not distinguish between monomeric and aggregated A $\beta$ . Briefly, a mouse anti-A $\beta_{40}$  antibody (mHJ2) or mouse anti-A $\beta_{42}$  antibody (mHJ7.4) was used to capture and a biotinylated central domain antibody (mHJ5.1) was used to detect, followed by streptavidin-poly-HRP-40 (Fitzgerald Industries, Action, MA). All ELISA assays were developed using Super Slow ELISA TMB (Sigma) and absorbance read on a BioTek Synergy 2 plate reader at 650 nm. For the insoluble fraction samples, 5M guanidine was included in the standard curve at an equivalent sample ratio to account for any effect caused by guanidine to the curve dynamics. The resulting values have been expressed as pg of A $\beta$ /mg of soluble protein.

#### Size Exclusion Chromatography

Representative cortical homogenates from the cognitively normal with Alzheimer's pathology (CDR 0 + plaques, n=3) and mildly demented Alzheimer's (CDR 1, n=3) groups were prepared in PBS as described above and normalized to 20 mg/mL. Immediately following ultracentrifugation a 1 mL injection of each sample was separated on a Superdex 200 10/300 GL column eluted with 30 mL of PBS at a flow rate of 0.3 mL/min. Twenty-

three fractions of 1 mL were collected starting at the 6<sup>th</sup> mL (termed fraction 6). Total A $\beta$  in each fraction was assessed by an indirect ELISA using biotinylated HJ5.1 antibody <sup>35, 39</sup> which was raised using a mid-domain epitope, amino acids 13–28, at 0.2 µg/ml concentration. Detection was performed using streptavidin conjugated HRP, as described above. Oligomeric A $\beta$  was detected on each fraction using our plate-based fluorescence immunoassay. Globular protein standards (Biorad) included thyroglobulin (670 kDa), gamma-globulin (158 kDa), ovalbumin (44 kDa), myoglobin (17 kDa), and vitamin B12 (1.35 kDa).

#### Immunoprecipitation-Western Blotting

Additional representative cortical homogenates from the cognitively normal with Alzheimer's pathology (CDR 0, n=2) and mildly demented Alzheimer's (CDR 1, n=2) groups were prepared in PBS as described above and normalized to 20 mg/mL. Using 1 mL of each sample, an immunoprecipitation was performed with 2  $\mu$ g of HJ3.4 overnight at 4°C and subsequently captured by 50  $\mu$ g Protein-G Dynabeads® and processed for Western blot with 82E1 as described above.

#### Assessment of X-34 Positive Fibrillar Plaque Pathology

X-34 dye (generous gift from Dr. Robert Mach, Washington University) was used to stain 50- $\mu$ m frontal cortex sections adjacent to those used for immunohistochemical assessment of amyloid- $\beta$  plaque pathology as previously described <sup>40</sup>. X-34 stained sections were scanned using the FITC channel on an Olympus Nanozoomer HT System (Hamamatsu). For quantitative analyses of X-34 staining, scanned images were exported with NDP viewer software (Hamamatsu) and measured using Image J program (NIH). A manual thresholding approach was used and objects identified were inspected to confirm or reject from analysis. During quantitation, the samples were coded so the user was blinded to patient identifiers. Data from 4 sections per brain sample, spaced every 1 mm were averaged.

#### **Cerebrospinal Fluid Assessments**

Cerebrospinal fluid samples were obtained by lumbar puncture as described previously <sup>41</sup>. Briefly, 20–30 mL of CSF was collected at 8 AM after overnight fasting. Samples were gently inverted to avoid possible gradient effects, briefly centrifuged at low speed, and aliquoted into polypropylene tubes containing ethylenediaminetetraacetic acid (EDTA) prior to freezing at  $-84^{\circ}$ C. Previously frozen, never thawed aliquots of CSF were assessed for amyloid-beta oligomers in a blinded fashion. Total tau, phosphorylated-tau at residue 181 (ptau<sub>181</sub>), and A $\beta_{1-42}$  values were measured by ELISA (Innotest, Innogenetics) and have been previously reported <sup>42</sup>. CSF ELISA data was generously provided by Dr. Anne Fagan. These subjects were not the same as those used for post-mortem analysis of cortex tissue.

#### **Statistical Methods**

All data were analyzed using Statistica 6.0 (StatSoft, Tulsa, OK) or Prism 5.0 (GraphPad Software, La Jolla, CA). The Shapiro-Wilk normality test was used to determine whether A $\beta$  oligomer levels or A $\beta$  plaque loads were normally distributed. When non-normal distributions in at least one patient group were observed, Mann-Whitney U tests were used to compare the levels between groups. When levels were normally distributed, t-tests or one-way ANOVA with Bonferroni's multiple comparison tests were used. Pearson product moment correlations and linear regression analyses were performed to assess the relationships between A $\beta$  oligomer levels and A $\beta$  plaque loads in the two groups of patients (CDR 0 with pathology, CDR1). Although the distribution of A $\beta$  oligomer levels was not normally distributed, there were approximately linear correlations between A $\beta$  oligomer levels and the distribution of residuals was normally distributed. The

95% confidence intervals of the slopes of the linear regressions were calculated and the slopes of the regressions were compared between groups using an F-test.

## RESULTS

We performed several tests of the sensitivity and specificity of the HJ3.4-based, 384 well plate single photon counting immunoassay. The number of single photon detected events rose monotonically with increasing concentrations of synthetic A $\beta$  dimers (Fig. 1A). Levels as low as 1.56 pg/ml were detectible above background (Fig. 1A *inset*). Using strict criteria for quantitative reliability, the lower limit of quantitation was determined to be 6.25 pg/ml (Table 1), or 0.72 pM (calculated molecular weight of the synthetic dimers 8690.8 Da). The assay did not detect monomeric A $\beta$  at concentrations as high as 10,000 pg/ml (Fig. 1B). A $\beta$  was maintained in monomeric form using the 0.1% HFIP to disrupt hydrogen bonding (Fig. 1C *left lane*), as otherwise many species of A $\beta$  will aggregate spontaneously in physiological solutions. HFIP at this concentration did not interfere with the sensitivity of the assay (Fig. 1D). Likewise, the assay was similarly sensitive to another synthetic A $\beta$  heterogeneous oligomer preparation, produced by incubating monomeric A $\beta$  under conditions favoring aggregation, and then cross linking the aggregates with glutaraldehyde (Fig. 1D).

The HJ3.4 antibody used in this assay did not recognize amyloid precursor protein <sup>43</sup>. To verify this specificity, an immunodepletion assay was performed on brain homogenate from a 9 month old 3xTg-AD mouse <sup>38</sup> containing high levels of human amyloid precursor protein. Incubation with 6E10 <sup>44</sup>, a monoclonal antibody known to recognize both A $\beta$  and amyloid precursor protein <sup>45, 46</sup>, depleted the lysates of immunoreactivity at the expected molecular weight of amyloid precursor protein (Fig. 1E), whereas incubation with 82E1, a monoclonal antibody with known specificity for A $\beta$  over amyloid precursor protein <sup>47</sup> did not. Incubation with HJ3.4, like incubation with 82E1, did not deplete the lysates of amyloid precursor protein immunoreactivity (Fig. 1E). This indicated that HJ3.4 had very low binding to amyloid precursor protein in solution.

The assay was specific for oligomeric A $\beta$  and did not recognize oligomeric forms of other peptides, unlike assays based on conformation specific antibodies <sup>8</sup>. Oligomeric forms of A-Dan, implicated in familial Danish dementia <sup>48</sup> and A-Bri, implicated in familial British dementia <sup>49</sup>, were not detected at concentrations as high as 200 pg/ml (Fig. 1F). Likewise, oligomeric forms of N-terminally truncated and pyro-glutamate modified A $\beta$  <sup>50</sup> were not detected by the assay (Fig. 1G).

In principle, because the HJ3.4 antibody used to coat the plate binds to both monomeric and oligomeric A $\beta$ , high concentrations of monomers could saturate the available binding sites on the plate and reduce the sensitivity of the assay. We found no evidence of such saturation effects at monomeric A $\beta$  concentrations up to 2000 pg/ml (Fig. 1H). Furthermore, when synthetic A $\beta$  oligomers were added to frontal cortex homogenates, the levels detected were greater than 90% of the expected levels. Specifically, recovery was 96–100% when 12.5 pg/ml synthetic A $\beta$  oligomers were added. 91–93% when 25 pg/ml were added, and 95–96% when 50 pg/ml were added. Each recovery assay was performed in 5 separate brain homogenates. Thus, the immunoassay was demonstrated to be both highly sensitive to and specific for oligomeric A $\beta$ .

To demonstrate the utility of the assay, we assessed frontal cortex samples obtained at autopsy from normal elderly controls without significant AD pathology, non-demented (CDR 0) elderly patients with known A $\beta$  plaque pathology, and patients with mild dementia of the Alzheimer's type (CDR 1) and A $\beta$  plaque pathology. The 3 groups of patients did not

differ in age (p=0.83, Kruskal-Wallis Test) or post-mortem interval (p=0.46). Most were female (Table 2). As expected, A $\beta$  immunohistochemistry revealed no plaque pathology in the normal elderly controls (Fig. 2A–C). There were variable degrees of plaque coverage in both the CDR 0 non-demented elderly patients with known A $\beta$  plaque pathology (Fig. 2D–F) and the patients with CDR1 mild dementia of the Alzheimer's type (Fig. 2G–I). The plaque coverage expressed as % of gray matter area was quantified in a blinded fashion on 8 slices per brain sample. The extent of A $\beta$  plaque coverage did not differ between non-demented elderly patients with plaque pathology and patients with mild dementia of the Alzheimer's type in this study (p=0.11, Fig. 2J). This is consistent with previous reports on "preclinical" AD <sup>1, 3, 51</sup>.

Adjacent frontal cortex samples from the same patients were homogenized and found to contain variable levels of A $\beta$  oligomers (Fig. 2K). Similar results in demented patients have been reported previously using an immunoprecipitation and Western blotting-based approach <sup>13</sup>. A $\beta$  oligomer levels for the normal controls were essentially at or only slightly above the lower limit of quantitation. A $\beta$  oligomer in both the CDR 0 with plaque pathology group and the CDR 1 group were significantly elevated (p=0.0003, Mann Whitney U Tests). The A $\beta$  oligomer levels in the CDR 0 plus pathology group were statistically lower than those in the CDR 1 group (p=0.0023). However, there was considerable overlap between groups (Fig. 2K).

A $\beta$  oligomerization did not appear to be an artifact of the homogenization and assay procedures. The addition of 1000 pg/ml of A $\beta_{1-42}$  added into the homogenization buffer along with brain tissue from normal control subjects before homogenization did not result in any detectible oligomer signal (Fig. 2L). The presence of brain homogenate did not obscure or block oligomer detection, as addition of A $\beta$ dimer to homogenates resulted in the expected elevation in signal.

Interestingly, the quantitative correlation between A $\beta$  oligomer levels and A $\beta$  plaque coverage was very strong in the CDR 1 group (r<sup>2</sup> =0.88), but less tight in the CDR 0 plus plaque pathology group (r<sup>2</sup> =0.33, Fig. 2M). The slopes of the regression lines were statistically significantly different (F<sub>(1,19)</sub>= 52.8, p=<0.0001). Unlike plaque area or oligomer measurements in isolation, the ratio of A $\beta$  oligomer levels to A $\beta$  plaque coverage completely distinguished the two groups, with no overlap in these populations (Fig. 2N).

We next repeated these analyses in parietal cortex samples and obtained qualitatively similar results. As in frontal cortex, the extent of parietal cortex A $\beta$  plaque coverage did not differ significantly between CDR 0 plus plaque pathology subjects and CDR 1 subjects (p=0.16, Fig. 3A). Likewise, The A $\beta$  oligomer levels in the CDR 0 plus pathology group were statistically lower than those in the CDR 1 group (p=0.014) but there was considerable overlap between groups (Fig. 3B). Most importantly, the ratio of A $\beta$  oligomer levels to A $\beta$  plaque coverage again completely distinguished the two groups, with no overlap in these populations (Fig. 3C).

Several other measures did not fully distinguish CDR 1 from CDR 0 plus plaque pathology samples. Specifically, we assessed measurements of PBS-soluble  $A\beta_{1-40}$ , PBS-soluble  $A\beta_{1-42}$ , guanidine-soluble  $A\beta_{1-42}$ , guanidine-soluble  $A\beta_{1-42}$ , X-34 labeled fibrillar plaque areas, and ratios of these parameters to  $A\beta$  plaque area (Figs. 4–5). Expected differences from normal controls and correlations between parameters were observed, but there was substantial overlap in every measure between the CDR 1 and CDR 0 plus plaque pathology groups.

Despite the high sensitivity of the assay, oligomeric A $\beta$  was not detected in cerebrospinal fluid samples from separate patients with mild dementia of the Alzheimer's type (Table 3).

Many of these samples had low  $A\beta_{1-42}$ , high tau and high phospho-tau, consistent with previously reported cerebrospinal fluid biomarkers of Alzheimer's disease pathology <sup>42</sup>.

To determine whether the size forms of oligomeric A $\beta$  also differed between CDR 1 and CDR 0 plus plaque pathology samples, we used two methods: immunoprecipitation-Western blotting and size exclusion chromatography. On immunoprecipitation-Western blotting, we observed primarily ~4 kDa and ~8 kDa bands consistent with monomers and dimers. These were present in both CDR 1 and CDR 0 plus plaque pathology samples. However, the dimer band could not be reliably quantified because its intensity was highly variable in our hands when aliquots of the same homogenates were assessed repeatedly.

On size exclusion chromatography, we detected oligomeric AB using our plate-based fluorescence immunoassay primarily in fractions 7–10 from both CDR 1 and CDR 0 plus plaque pathology samples (Figure 6A, representative of samples from 3 patients in each group). These fractions correspond to high molecular weight species, as a thyroglobulin protein standard (670 kDa) eluted off the column in fractions 8-10 (Figure 6C). The exact size of the oligometric A $\beta$  cannot be determined precisely, however, because aggregated A $\beta$ likely does not behave like a globular protein. Importantly, though, the location and shape of the peak did not differ between CDR 1 and CDR 0 plus plaque pathology samples. Furthermore, there was no oligomer signal in fractions 15-19 (Figure 6A), where synthetic monomeric and dimeric Aß eluted (Figure 6D). The same fractions were assessed for total A $\beta$  using an indirect ELISA that does not distinguish monomeric from oligomeric species. Fractions 15-19 from both CDR 1 and CDR 0 plus plaque pathology samples contained substantial amounts of A $\beta$  (Figure 6B). Our plate-based fluorescence immunoassay is capable of detecting A $\beta$  dimers if present (Figure 1), which indicates that most likely the A $\beta$ in fractions 15–19 in monomeric. Taken together, these results indicate that and the majority of AB oligomeric species in these lysates are high molecular weight, and that the size of the oligomers does not distinguish between demented and non-demented subjects with AB plaque pathology.

#### DISCUSSION

In summary, we have developed a sensitive, specific and quantitative assay for  $A\beta$  oligomers. Using this assay, we have demonstrated that  $A\beta$  oligomer levels are tightly linked to plaque deposition in frontal cortex samples from patients with clinical dementia of the Alzheimer's type, but much less tightly linked in cognitively normal elderly patients with comparable levels of  $A\beta$  plaque deposition. This relationship has not been previously recognized to our knowledge, and this finding exemplifies the utility of the  $A\beta$  oligomer assay described here. An important finding is that cognitively normal patients with  $A\beta$  plaque pathology can have substantial levels of  $A\beta$  oligomers, levels as high as some CDR 1 demented patients. This suggests that oligomer levels per se in brain lysates may not be a direct correlate of dementia, but that the events leading to a tight linkage between plaques and oligomers may play a pathophysiological role in the progression of clinical disease status.

A caveat to this interpretation is that the quantitative measure that fully distinguished demented from non-demented patients with A $\beta$  plaque pathology, the ratio of A $\beta$  oligomers to plaque area, is a derived variable from post-hoc analysis. We performed a total of 14 post-hoc analyses, and none of the others distinguished between these groups. From a statistical perspective, the p-value for comparison between groups in the ratio of A $\beta$  oligomers to plaque area was < 0.0001. Thus even after stringent correction for multiple comparisons by the Bonferroni method, this would still yield a corrected p-value of <0.0014, highly unlikely to have occurred by chance.

A recent study has demonstrated that soluble oligomers isolated from Alzheimer's cortex cause cytoskeletal abnormalities at 100-fold less concentration than synthetic dimers in primary hippocampal neuron cultures <sup>52</sup>. This finding, along with our observation of oligomers in preclinical AD subjects, raises the intriguing possibility that there could be a shift in neurotoxicity in oligomeric species during disease progression. The combination of sensitive toxicity assessments and a quantitatively rigorous A $\beta$  oligomer assay would be greatly beneficial in addressing this question and directing therapeutic development.

A $\beta$  oligomerization has been hypothesized to underlie cognitive deterioration in dementia of the Alzheimer's type. However, detection of A $\beta$  oligomers has not been reported in the living human brain. In principle, tissue homogenization and oligomer assay procedures could result in artifactual A $\beta$  oligomerization, but such artifactual oligomerization does not appear to be occurring to any appreciable extent using the methods described here. This adds confidence to the conclusion that the A $\beta$  oligomers detected arose *in situ*, although it does not settle the question of whether they formed pre- or post-mortem.

We were unable to detect oligomers in cerebrospinal fluid from patients with mild dementia of the Alzheimer's type with this assay. We have not performed direct comparisons with other methods used to assess CSF <sup>53, 54</sup> and thus our results should be interpreted with caution. A $\beta$  oligomers with N-terminal modification or A $\beta$  oligomers at very low concentrations would not be detected in our assay, but could still be clinically relevant as pharmacodynamic biomarkers. Importantly, it is not known whether oligomers detected in PBS-soluble brain lysates are freely diffusible *in vivo* in the extracellular space of the human brain. Instead, they could in principle be loosely associated with plaques or cells where they could exert locally toxic effects <sup>55</sup>.

Several limitations of this study should be noted. First, the sample size was relatively small, and consisted exclusively of elderly subjects with late onset dementia. A larger population allowing stratification by ApoE genotype as well as younger subjects and subjects with familial Alzheimer's disease should be assessed. Second, only frontal and parietal cortex were assessed. The temporal lobe, posterior cingulate/precuneus, and hippocampal regions known to be especially vulnerable to Alzheimer's pathology have not been examined. Third, the size forms of the oligomers assessed have not been resolved. This assay uses 'dimer equivalents' as the unit of measure, but does not distinguish between size forms; a trimer or higher order oligomer may bind more than one detecting antibody and therefore be counted as more than one oligomer. The size exclusion chromatography results indicate that any non-linearities in the way that the assay detects  $A\beta$  oligomers are not likely to underlie the differences between demented and non-demented patients with A<sup>β</sup> plaque pathology. Fourth, the assay does not distinguish between oligomers of A $\beta$  peptides of various lengths including the longer C99 peptide resulting from  $\beta$ -secretase but not  $\gamma$ -secretase cleaved APP. However, in human AD brain extracts, most oligomers appear to be primarily composed of  $A\beta_{1-42}$ .<sup>13</sup> Fifth, the timing of when the switch from a loose correlation between AB plaque coverage and AB oligomer levels to a tight correlation has not been determined. Very mild (CDR 0.5) dementia subjects should be assessed in the future. Sixth, samples such as blood, urine, and brain interstitial fluid have not been systematically assessed and thus the utility of this method for ante-mortem detection of A $\beta$  oligomers has not been established. If  $A\beta$  oligomers can be detected ante-mortem, the ratio of oligomer levels to PET PIB binding could be a close analog of the oligomer/plaque ratio shown here to distinguish demented and non-demented subjects. Finally, more extensive analyses of the plaque pathology may be revealing. It is not known whether neuritic dystrophy, microgliosis, post-translational modifications of AB, neuronal loss, synaptic disturbances, or tau pathologies are related to these findings.

Despite these limitations, these findings raise several interesting questions. Why are some  $A\beta$  plaques tightly associated with oligomers and some are not? Could early plaques serve as oligomer binding or sequestration sites which later become saturated and leave  $A\beta$  oligomers free to diffuse through the extracellular space of the brain? What are the effects of ApoE genotype, tau localization, and microglial signaling on the coupling between plaques and oligomers? What is the relationship between plaques and oligomers in transgenic mouse models of Alzheimer's disease? The use of a sensitive, specific and quantitatively useful assay may assist in addressing these questions and many others. The very high sensitivity may be especially important for applications such as assessments of microdialysis samples, laser capture microdissection analyses, and size fractionation experiments. The quantitative reliability may be useful for the assessment of dose-response relationships in mechanistic, electrophysiological, and behavioral experiments. Finally, the 384-well plate format could lend itself to adaptation to high throughput assays of compounds designed to inhibit  $A\beta$  oligomerization.

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#### Figure 1.

Sensitivity and specificity characteristics of the Aβ oligomer assay. A. Standard curve demonstrating a monotonic relationship between detected events and the concentration of synthetic A<sub>β1-40</sub>Ser26Cys dimer. *Inset:* concentrations of A<sub>β</sub>dimer as low as 3.125 pg/ml were detectible above background. **B.** Specificity for  $A\beta$  dimers over  $A\beta$ monomers. (Note the log scale of the x-axis) C. Western blot demonstrating that the A $\beta$  monomer preparation did not contain dimer and the A $\beta_{1-40}$ Ser26Cys dimer preparation did not contain A $\beta$ monomer. D. Sensitivity of the assay to another type of synthetic  $A\beta$  oligomers, prepared using aggregated wild-type sequence A<sup>β</sup> cross-linked with glutaradehyde. *Right:* Western blot demonstrating a mixture of monomers, dimers, trimers and tetramers in this preparation. **E.** Immunodepletion experiment demonstrating that HJ3.4, the antibody used in the  $A\beta$ oligomer assay, does not bind APP in solution. Controls: 82E1 is known to require a free amino terminus of AB to bind, and therefore does not recognize APP, whereas 6E10 is known to bind both APP and A $\beta$  (Reproduced from Tran et al. 2011<sup>43</sup>). **F.** Specificity for Aß dimers over aggregated A-Dan and A-Bri, two non-Aß peptides that readily oligomerize. (Note the log scale of the x-axis) G. Specificity for full length A $\beta$  dimers over N-terminally truncated, pyroglutamate modified A $\beta$  oligomers. **H.** Sensitivity to A $\beta$  dimers is unchanged in the presence of high concentrations of  $A\beta$  monomers.



#### Figure 2.

Oligomerization of A $\beta$  is tightly linked to plaque density in dementia of the Alzheimer type but not in high pathology elderly controls. A–C. Aβ immunohistochemistry using a polyclonal rabbit anti-pan-AB on frontal cortex sections from normal elderly controls demonstrates the absence of plaque pathology. Scale bar: 1 mm applies to panels A-I. D-F. Aß plaque pathology in frontal cortex sections from non-demented elderly subjects (CDR 0). **G–I.** A  $\beta$  plaque pathology in frontal cortex sections from elderly subjects with mild dementia of the Alzheimer's type (CDR 1). J. Gray matter coverage by Aß plaque pathology was not different in the non-demented elderly subjects with plaques (CDR 0 + plaques) vs. subjects with mild dementia of the Alzheimer's type (CDR 1). K. Aβ oligomer levels in PBS-soluble frontal cortical homogenates. (\*\* p=0.0023, \*\*\* p=0.0003, Mann Whitney U tests). Oligomer levels expressed as pg dimer equivalents per mg total protein in homogenates. L. Control for artifactual oligomerization of monomeric Aß during homogenization and analysis. The addition of 1000 pg/ml of monomeric A $\beta_{1-42}$  spiked into the homogenization buffer along with brain tissue from normal control subjects did not result in any detectible oligomer signal. The presence of brain homogenate did not obscure or block oligomer detection, as spiking in A $\beta$ dimer resulted in the expected elevation in signal (\*\*\* p=0.0001, 1-way ANOVA). M. Correlations between Aβ oligomer levels (yaxis) and gray matter A $\beta$  plaque pathology coverage (x-axis). r<sup>2</sup> values represent Pearson product moment correlations. N. Ratio of Aβ oligomer levels to Aβ plaque pathology coverage was higher in subjects with mild dementia of the Alzheimer's type (CDR 1) vs non-demented elderly subjects with plaques (CDR 0 + plaques). There was no overlap between groups (\*\*\*p=0.0001, Mann Whitney U test).



#### Figure 3.

Similar relationship between A $\beta$  oligomerization and plaque pathology in parietal cortex. **A.** Parietal gray matter coverage by A $\beta$  plaque pathology was not different in the non-demented elderly subjects with plaques (CDR 0 + plaques) vs. subjects with mild dementia of the Alzheimer's type (CDR 1). **B.** A $\beta$  oligomer levels in PBS-soluble parietal cortical homogenates. (\* p=0.014, Mann Whitney U test). **C.** Ratio of A $\beta$  oligomer levels to A $\beta$  plaque pathology coverage was higher in subjects with mild dementia of the Alzheimer's type (CDR 1) vs non-demented elderly subjects with plaques (CDR 0 + plaques). As in frontal cortex, there was no overlap between groups (\*\*\*p=0.0001, Mann Whitney U test).



#### Figure 4.

Assessments based on overall A $\beta$  levels did not distinguish tissue from patients with mild dementia of the Alzheimer type (CDR 1) vs. non-demented elderly patients with plaque pathology (CDR 0 + plaque). **A.** No difference between groups in overall PBS-soluble A $\beta_{1-40}$  levels, as measured using a standard sandwich ELISA. Data expressed as pg of A $\beta$  per mg total protein. **B.** Overall PBS-soluble A $\beta_{1-42}$  levels were not different in the CDR 0 + plaque vs. CDR 1 group, though levels in both groups were higher than in the normal control group (\*p < 0.05, \*\*\* p < 0.001, Kruskall Wallis ANOVA with Dunn's post-hoc test). **C.** Ratio of overall PBS-soluble A $\beta_{1-42}$  levels to overall PBS-soluble A $\beta_{1-40}$  levels did not distinguish CDR 0 + plaque vs. CDR 1 groups. The CDR 0 + plaque group had higher ratios than the control group (\*\*p < 0.01). **D–E.** Overall Guanidine-soluble A $\beta_{1-40}$  levels in both groups were higher than in the normal control group (\*\*p < 0.01). **D–E.** Overall Guanidine-soluble A $\beta_{1-40}$  levels for overall Guanidine-soluble A $\beta_{1-42}$  levels to overall PBS-soluble A $\beta_{1-40}$  levels in both groups were higher than in the normal control group for both measures. **F.** Ratio of overall Guanidine-soluble A $\beta_{1-42}$  levels to overall PBS-soluble A $\beta_{1-40}$  levels in both groups were higher than in the normal control group for both measures. **F.** Ratio of overall Guanidine-soluble A $\beta_{1-42}$  levels to overall PBS-soluble A $\beta_{1-40}$  levels did not distinguish CDR 0 + plaque vs. CDR 1 groups. The CDR 0 + plaque sid not distinguish CDR 0 + plaque vs. CDR 1 groups to overall PBS-soluble A $\beta_{1-40}$  levels in both groups were higher than in the normal control group for both measures. **F.** Ratio of overall Guanidine-soluble A $\beta_{1-42}$  levels to overall PBS-soluble A $\beta_{1-40}$  levels did not distinguish CDR 0 + plaque vs. CDR 1 groups. The CDR 0 + plaque group had higher ratios than the

control group (\*\*\* p < 0.001). **G–H.** Correlations between overall PBS-soluble  $A\beta_{1-40}$  and  $A\beta_{1-42}$  levels vs. plaque-positive gray matter. The correlation was only significant (p = 0.0023) for PBS-soluble  $A\beta_{1-42}$  vs. plaque area in the CDR 0 + plaque group. **I–J.** Ratios of overall PBS-soluble  $A\beta_{1-40}$  and  $A\beta_{1-42}$  levels to plaque-positive gray matter area coverage did not distinguish CDR 0 + plaque vs. CDR 1 groups (n. s. not significant, Mann-Whitney U Tests). **K–L.** Significant correlations between overall Guan-soluble  $A\beta_{1-40}$  and  $A\beta_{1-42}$  levels vs. plaque area in the CDR 1 group, p = 0.02 for Guan-soluble  $A\beta_{1-42}$  vs. plaque area in the CDR 1 group, p = 0.02 for Guan-soluble  $A\beta_{1-42}$  vs. plaque area in the CDR 1 group). **M–N.** Ratios of overall Guan-soluble  $A\beta_{1-40}$  and  $A\beta_{1-42}$  levels to plaque-positive gray matter area coverage did not distinguish CDR 0 + plaque ys. CDR 1 groups (n. s. not significant, Mann-Whitney U Tests).



#### Figure 5.

Assessments based on X-34 staining of fibrillar plaque pathology did not distinguish between tissue from patients with mild dementia of the Alzheimer type (CDR 1) vs. nondemented elderly patients with plaque pathology (CDR 0 + plaque). **A–I:** Exemplar images of X-34 staining in frontal cortex sections. Scale bar = 1 mm. **J.** Gray matter coverage by X-34 in CDR 0 + plaques group vs. CDR 1 group (n.s., Mann Whitney U test). **K.** Correlations between overall A $\beta$  plaque coverage vs. X-34 positive fibrillar plaque coverage. (Spearman r = 0.65, p = 0.06 for the CDR 1 group). **L.** Correlations between A $\beta$ oligomer levels (dimer equivalents) and gray matter X-34 positive fibrillar plaque pathology coverage. **M.** Ratio of A $\beta$  oligomer levels (dimer equivalents) to X-34 positive fibrillar plaque pathology coverage was higher in the CDR 0 + plaque group (p = 0.02, Mann Whitney U test). However, there was substantial overlap between groups.



#### Figure 6.

Size exclusion chromatography indicated that  $A\beta$  oligomers were primarily high molecular weight both in non-demented patients with  $A\beta$  plaque pathology (CDR 0 + Plaques) and patients with mild dementia of the Alzheimer type (CDR 1). **A.** Plate-based fluorescence immunoassay for  $A\beta$  oligomers, reported as detected events, for serial fractions eluted with PBS off of a Superdex 200 10/300 GL column: larger molecules elute in earlier fractions, and smaller molecules elute in later fractions.  $A\beta$  oligomers eluted in fractions 7–10 for both samples. Dashed line indicates background levels of detected events. **B.** Total  $A\beta$  assessed by indirect ELISA in the same fractions. Total  $A\beta$  eluted in 2 peaks, a high molecular weight peak in fractions 7–10 corresponding to oligomeric  $A\beta$  shown in panels A, and a lower molecular weight peak in fractions 15–19 likely corresponding to monomeric  $A\beta$ . **C.** Globular protein size standards, run on the same column under the same conditions. **D.** Synthetic  $A\beta$  dimers run on the same column under the same conditions eluted in fractions 14–19, and synthetic  $A\beta$  monomers eluted in fractions 15–19, as assessed by total  $A\beta$ indirect ELISA.

TABLE 1

Amyloid-B Oligomer Assay Characteristics

Amyloid-& Dimer Stan	idards (pg	/mL)						
	200	100	50	25	12.5	6.25	3.125	1.56
Intra-assay								
%CV mean	2.14	2.86	1.73	3.80	5.63	7.58	5.93	23.67
% CV upper bound	2.51	10.7	2.27	5.78	6.51	9.25	9.18	30.0
%RE mean	-0.06	0.40	-1.97	4.98	-5.30	3.45	-19.67	21.95
%RE upper bound	0.07	1.05	3.31	7.22	11.45	15.72	29.97	36.89
Replicates (N)	9	9	9	9	9	9	9	9
Quantitation criteria?*	Yes	Yes	Yes	Yes	Yes	Yes	'sometimes'	'rarely'
Inter-assay								
Mean (pg/mL)	200.12	09.60	50.98	23.76	13.16	6.03	3.74	1.22
SD	0.07	0.32	0.43	0.40	0.39	0.51	0.22	0.23
%CV	0.04	0.32	0.85	1.70	2.94	8.42	5.99	19.1
Samples (N)	9	9	9	9	9	9	9	9
%CV: % coefficient of va	rriation.							
%RE: % relative error.								
* Quantitation criteria: Sur	m of %CV	and abso	olute %R]	E <30%				
SD: Standard deviation								

#### TABLE 2

Characteristics of Human Brain Frontal Cortex Samples

Subject ID	Status	Age (yrs.)	PMI (hrs.)	Gender
Patient - 1	CDR 0	85	20.5	female
Patient - 2	CDR 0	86.3	6.3	female
Patient - 3	CDR 0	90	9.5	female
Patient - 4	CDR 0	78.5	15.75	male
Patient -5	CDR 0	91.5	16	male
Patient - 6	CDR 0	95.6	9.1	female
Patient - 7	CDR 0	107.8	5	female
Patient - 8	CDR 0	87.2	12	male
Patient - 9	CDR 0	96	12	male
Patient - 10	CDR 0	92.1	6	female
Patient - 11	CDR 0 +path	94.5	10.75	female
Patient - 12	CDR 0 +path	91.6	16	female
Patient - 13	CDR 0 +path	88.3	9	male
Patient - 14	CDR 0 +path	92.1	17	female
Patient - 15	CDR 0 +path	98	18.5	female
Patient - 16	CDR 0 +path	91.1	12.3	female
Patient - 17	CDR 0 +path	93.7	10	female
Patient - 18	CDR 0 +path	80.7	5.5	female
Patient - 19	CDR 0 +path	91.6	16	female
Patient - 20	CDR 0 +path	104	13	female
Patient - 21	CDR 0 +path	90	24	female
Patient - 22	CDR 0 +path	85.8	7	female
Patient - 23	CDR 0 +path	78	15.5	male
Patient - 24	CDR 0 +path	83.6	7.25	female
Patient - 25	CDR 1	82.7	13	male
Patient - 26	CDR 1	96	5.25	female
Patient - 27	CDR 1	80.2	6.3	female
Patient - 28	CDR 1	86	13	female
Patient - 29	CDR 1	92	23	female
Patient - 30	CDR 1	96	7.6	female
Patient - 31	CDR 1	88	3.15	female
Patient - 32	CDR 1	74.6	13	female
Patient - 33	CDR 1	94	11.6	female

PMI:Post-Mortem Interval; CDR: Clinical Dementia Rating

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Characteristics of Human Cerebrospinal Fluid Samples

Esp	oarza	et	al.

Subject ID	CDR Status	Age at L.P. (yrs.)	Tau (pg/ml)	Phospho-tau (pg/ml)	Overall Aβ <sub>142</sub> (pg/ml)	Oligomeric A <b>β</b> (dimer equivalents pg/ml)
34	0	68.2	246	164	1080	<6.25
35	0	66.6	216	52	1024	<6.25
36	0	72.5	198	49	976	<6.25
37	0	69.0	373	73	844	<6.25
38	0	74.0	280	81	1033	<6.25
39	0	74.2	531	95	1150	<6.25
40	0	67.9	280	86	924	<6.25
41	0	80.5	428	96	1052	<6.25
42	0	70.6	378	85	1083	<6.25
43	0	69.5	397	79	1233	<6.25
44	0.5	79.3	228	50	265	<6.25
45	0.5	68.4	117	21	359	<6.25
46	0.5	72.4	650	165	312	<6.25
47	0.5	80.8	1155	162	167	<6.25
48	0.5	72.5	370	77	328	<6.25
49	1	74.5	928	107	226	<6.25
50	1	70.6	493	57	210	<6.25
51	1	81.5	597	102	296	<6.25
52	1	72.4	585	94	354	<6.25
53	1	84.4	383	70	360	<6.25
CDR: Clinical	Dementia Ratin	g, L.P.: Lumbar punct	ture.			

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Tau, phospho-tau and overall A $\beta_{1-42}$  were measured by standard ELISA.