

Aortic arch reconstruction in newborns with an autologous pericardial patch: contemporary results

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Abstract

OBJECTIVES: The incidence of recurrent aortic arch obstruction after Norwood procedure and other types of aortic arch reconstruction in newborns remains high. Biological and synthetic materials are used to enlarge the aorta. We report our experience using autologous pericardium to reconstruct the aortic arch in patients with hypoplastic left heart syndrome, aortic arch interruption and hypoplastic aortic arch.

METHODS: A retrospective analysis of 39 consecutively operated patients evaluated after an initial Norwood and other types aortic arch repair was performed. The presence of recurrent arch obstruction (mean gradient ≥ 20 mmHg) and its management were noted. The mean weight of our patients was 3.2 ± 0.7 kg.

RESULTS: The mean age at primary surgical correction was 7.4 ± 6.8 (range 1–35 days). All patients were discharged without a significant residual gradient at the aortic arch except 4 who had a peak gradient of ≥ 30 mmHg. The overall incidence of recurrent arch obstruction was 28.2% (11 patients). Four (12.1%) patients had a distal obstruction, 1 (3%) had proximal obstruction and 1 had a mid-transverse arch obstruction. All patients underwent aortic arch reintervention consisting of balloon dilatation, and only after unsuccessful dilatation, 3 underwent surgical patch aortoplasties.

CONCLUSIONS: The use of autologous pericardium in aortic arch reconstruction procedure is effective and associated with an acceptable incidence of recurrent arch obstruction. Its availability and characteristics make it an attractive alternative to other materials.

Keywords: Congenital heart disease • Aortic arch plasty • Autologous pericardium • Hypoplastic left heart syndrome • Aortic interruption • Hypoplastic aortic arch

INTRODUCTION

The reconstruction of the aortic arch has been performed by several [1–3] groups of authors without the use of any prosthetic material. Despite the techniques of surgical reconstruction, the aortic arch underwent multiple modifications, and the incidence of reintervention remains the same [2–4]. The materials used to enlarge the aorta could range from animal-derived tissue [4] to extracellular matrix-based scaffolds, which are cellularized by autologous progenitors and eventually digested [5]. Although these solutions are fascinating and have the advantage of being 'off-the-shelf', there are many drawbacks, such as the limited application range and the high costs. An autologous pericardial patch is a ready-to-use and abundant resource directly available in the surgical field that can be tailored according to the pathology and surgeons' choice. Notwithstanding, there is scarce literature on autologous patch aortoplasty and its use for reconstructive techniques. We report our experience

on aortic arch reconstruction with the autologous pericardial patch.

MATERIALS AND METHODS

Patients' characteristics

The study was approved by the ethical committee of our institution. From January 2006 to January 2010, 86 patients underwent aortic arch reconstruction; of those, 39 had repair with the autologous pericardial patch. Patients' characteristics are outlined in Table 1. The mean age was 7.41 ± 6.82 days, with an average weight of 3.22 ± 0.7 kg at the time of intervention. Fourteen (35%) patients had prenatal diagnosis of congenital heart disease (CHD). Modality of birth was natural delivery in 30 (76.9%) patients and caesarean section in 9 (23.1%). Eighteen (46.1%) patients were diagnosed with hypoplastic left heart syndrome

Table 1: Descriptive statistics by diagnostic groups

	N	AAI (N = 4) (a, b, c)	HLHS (N = 18) (a, b, c)	HAA (N = 17) (a, b, c)	Test statistic (P-value)
Months to reintervention (months)	11	2.9, 2.9, 2.9	2.8, 4.7, 5.4	4.8, 6.1, 8.1	0.237*
Aortic arch diameter (mm)	22	6.0, 6.0, 6.0	2.3, 2.8, 3.8	3.0, 3.3, 4.2	0.121*
Freedom from reoperation (months)	28	2.9, 2.9, 2.9	5.2, 7.7, 36.8	6.9, 10.7, 25.5	0.296*
Aortic isthmus diameter (mm)	13	1.8, 1.8, 1.8	2.0, 2.5, 3.8	1.8, 2.5, 2.7	0.355*
Patient's age (days)	39	9.5, 12.0, 13.0	4.2, 7.0, 8.8	4.0, 5.0, 7.0	0.116*
Patient's weight (kg)	35	3.1, 3.3, 3.5	2.8, 2.9, 3.6	3.0, 3.2, 3.6	0.568*
Patient's BSA (mm ²)	24	0.2, 0.2, 0.2	0.2, 0.2, 0.2	0.2, 0.2, 0.2	0.668*
Prematurity: yes	39	0% (0)	33% (6)	18% (3)	0.28**
Prenatal diagnosis: yes	39	25% (1)	39% (7)	35% (6)	0.87**

BSA: body surface area; AAI: aortic arch interruption; HLHS: hypoplastic left heart syndrome; HAA: hypoplastic aortic arch.

a, b, c represent the lower quartile a, the median b and the upper quartile c for continuous variables. N is the number of non-missing values. Numbers after percents are frequencies.

Tests used: *Kruskal-Wallis test.

**Pearson test.

(HLHS), 17 (43.6%) had hypoplastic aortic arch (HAA) and 4 (10.2%) had aortic arch interruption (AAI).

Surgical technique

The surgical approach was through a median sternotomy in all patients. A large patch of antephenic pericardium was excised and underwent fixation with glutaraldehyde (0.6% for 5 min). Cardiopulmonary bypass (CPB) was established interposing a 3–5-mm polytetrafluoroethylene (PTFE) conduit to the innominate artery as aortic cannulation site, and venous drainage was accomplished with either atrial or bicaval venous cannulation. After starting the CPB, the patients were cooled to reach moderate hypothermia (25°C) [6]; the operation was performed in circulatory arrest with selective antegrade cerebral perfusion for cerebral protection. After ductal isolation and ligation, all neck vessels were clamped. Patients with HLHS underwent either the 'classic' Norwood procedure ($n = 7$) or Norwood with Sano modification ($n = 10$) with arch reconstruction. In HAA patients, the aortic arch and the isthmus were opened longitudinally and reconstructed with autologous pericardium. In AAI patients, the proximal part of the arch and the distal portion of the interrupted arch were opened longitudinally; the ventral portion was then anastomosed using a running 7–0 polypropylene suture; finally, the dorsal portion of the arch was reconstructed with autologous pericardium. In the case of recurrent arch obstruction, balloon angioplasty was considered as a first option when the peak systolic gradient in the re-stenotic area was judged >20 mmHg in the catheter lab, associated with diastolic run-off on Doppler echocardiography. If the balloon angioplasty was ineffective in reducing the gradient, the patients were referred to redo surgical correction. The surgical approach in these patients was resternotomy and routine cardiopulmonary set-up with hypothermic circulatory arrest and antegrade cerebral perfusion. In the case of limited availability of autologous pericardium, a PTFE membrane was used as an enlargement patch.

Postoperative care

All patients were transferred to the paediatric intensive care unit (PICU) after the operation. The PICU discharge to the ward was

accomplished after careful multidisciplinary judgment. They were discharged home from the hospital. Postoperative anti-coagulant therapy was not used. All patients received 3–6 months of antiplatelet therapy according to Congenital Heart Disease/Paediatric Cardiology guidelines immediately after intervention [7].

Follow-up

Follow-up studies were performed routinely by the referral paediatric cardiologist by physical examination and echocardiographic assessment; magnetic resonance imaging and/or haemodynamic assessment were used to further investigate the clinical conditions when necessary.

Data analysis

Continuous data are reported with the mean and the standard deviation and 95% confidence interval (CI) where appropriate. For testing the difference between the continuous variables, we have used Student's *t*-test or Wilcoxon test when appropriate, for categorical data, Pearson's χ^2 analysis or Fisher's exact test were done. The follow-up data for survival were estimated using the Kaplan-Meier method.

RESULTS

All patients had arch reconstruction with autologous pericardium during surgical correction of the CHD. The postoperative aortic arch gradient was 7.8 ± 9.75 mmHg. All patients were discharged without a significant residual gradient at the aortic arch except 4 who had peak gradient of ≥ 30 mmHg (median 33 mmHg, range 30–36 mmHg). The mean PICU stay was 11.8 ± 10.36 . The mean hospital stay was 27.4 ± 20.97 days and was not significantly different between the diagnostic groups (pairwise Wilcoxon test HAA vs HLHS $P < 0.05$; analysis of variance $P = 0.066$, Table 2). All patients were discharged without a significant residual gradient at the aortic arch except 4 who had a peak gradient on

Table 2: Hospital stay after operation

	N	Mean	Standard deviation	Lower 95% CI	Upper 95% CI
Diagnosis at intervention					
AAI	4	20.75	15.22	10.30	39.25
HLHS	18	35.78	26.49	3.70	78.70
HAA	17	20.12	10.44	12.60	34.20
Overall	39	27.41	20.97	5.80	63.10

AAI: aortic arch interruption; HLHS: hypoplastic left heart syndrome; HAA: hypoplastic aortic arch.

anastomosis of ≥ 30 mmHg (median 33 mmHg, range 30–36 mmHg). Eleven (28.2%) patients had recurrence of the aortic arch obstruction (5.3 ± 2.59 months; range 0.8–9.2) and underwent balloon angioplasty (3 HLHS–16.7%; 7 HAA–41.1% and 1 AAI–25%). In 3 cases (1 HLHS and 2 HHA), angioplasty was not effective and patients were referred to surgical reintervention. Preangioplastic evaluation of mean systolic gradient in the restenotic aortic site was 40.6 ± 17.26 mmHg. Percutaneous angioplasty was effective in 8 subjects, with a significant decrease in the systolic pressure to 16.2 ± 10.5 (mean gradient 40.6 ± 17.4 vs 16.2 ± 10.5 mmHg; $P = 0.008$). Intraoperatively, an overgrowth of neo-intima was found to be responsible for the progressive lumen narrowing. Overall in-hospital mortality was 17.9% (7 of 39 patients).

Follow-up data

Follow-up was completed for 80% of patients with a median time of 24.4 (range 0.32–67 months). All patients were in Class II of New York Heart Association Functional Classification (NYHA) or less (23 of them had \leq Class I NYHA). The actuarial freedom from reoperation was 92.8 and 68.8% at 12 and 36 months, respectively (Figs 1 and 2). Late mortality was 9.3% (3 of 32 patients).

DISCUSSION

In the original description of the Norwood procedure [1], the reconstruction of the aortic arch was performed without the use of any prosthetic material. Historically, prosthetic materials other than pericardium have been used to repair the ascending aorta and the arch. In the paper of Pigott *et al.* [8], an allograft patch is used for effective augmentation. A similar rate of recurrent arch obstruction in patients with or without extra material patch augmentation has also been found [9]. In cases of HAA or AAI, extended aortic arch anastomosis and end-to-side anastomosis are the standard surgical options for correction if anatomical conditions are favourable [10, 11]. Nevertheless, the use of the enlargement patch in complex coarctation has been described and is associated with a low incidence of stenosis recurrence [12, 13]. In our series, all patients (18 HLHS, 17 HAA and 4 AAI) had the aortic arch reconstructed with autologous pericardium. All patients recovered uneventfully from the operation and with low postoperative pressure gradient. The latter has been found to be predictive of recoarctation if higher than 13 mmHg. Our patients had a median/mean of 5/7.8 mmHg. We had a restenosis rate of

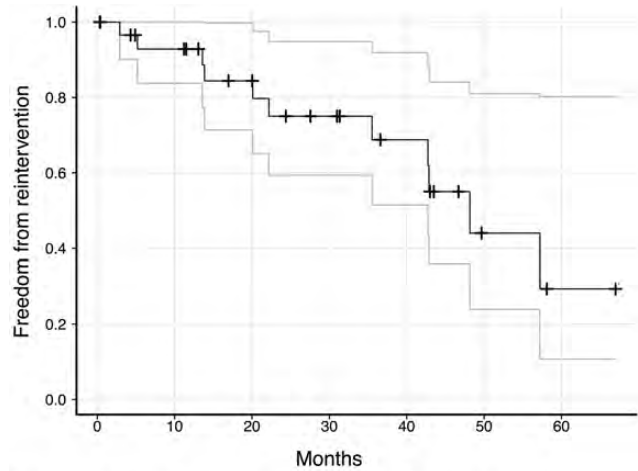


Figure 1: Actuarial freedom from a reintervention curve with 95% CI.

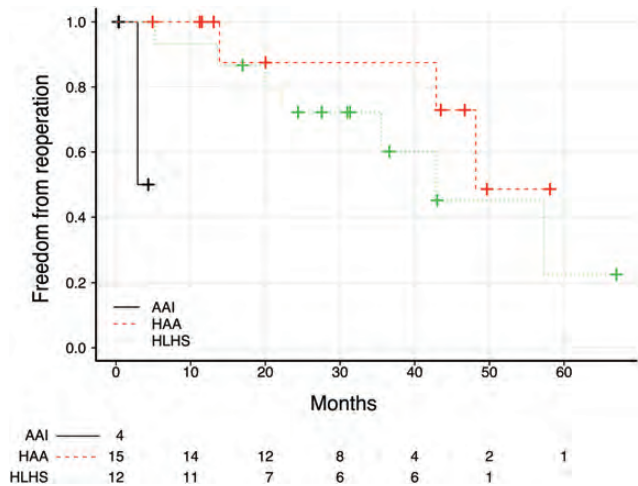


Figure 2: Kaplan–Meier survival curves for freedom from reoperation by the diagnostic group. There were significant differences between diagnostic groups in freedom from reoperation (log-rank test, $P < 0.001$).

28%, being more frequent in HAA (41.1%), compared with AAI and HLHS. This is not surprising, since along with the type of surgical correction, HAA is a risk factor of recurrent aortic arch stenosis per se [14]. Eight patients underwent successful aortic balloon angioplasty, but 3 (7%) required surgical reintervention. The surgical procedure was effective in relieving stenosis as many authors have recognized and, in some cases, is mandatory when restenosis occurs in HAA [15, 16]. Even in the case of a redo operation, residual autologous pericardium has been used, due to its advantages over bioprosthetic material and allografts, i.e. availability, ease of tailoring and highly haemostatic nature; furthermore, it has a low tendency to calcification, due to low immunogenicity. In this study, we have observed only one proximal restenosis, probably due to the particular shape of the aortic arch ('Gothic' arch). Furthermore, with the use of patch enlargement with autologous pericardium, we have never observed bronchi or trachea compression described as possible complication of end-to end anastomosis [17, 18].

An alternative patch material, such as CorMatrix submucous extracellular matrix (CorMatrix Cardiovascular, Atlanta, GA, USA), in aortic arch reconstruction has been reported by Quarti *et al.*

[5] as a vascular patch in pulmonary artery reconstruction. This material has the advantage of being a scaffold for autologous cells that eventually will engraft and replace the patch, with the potential of growing with the patient. In conclusion, our experience outlines that autologous patch enlargement and reconstructive techniques are effective and suitable for a tailor-made approach in different pathologies that share the common feature of aortic arch abnormalities. Moreover, this approach will provide good freedom from stenosis recurrence and is also effective in complex redo cases.

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