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EFFECTS OF TRAUMA, HEMORRHAGE AND RESUSCITATION IN AGED RATS

Bridget E. Hawkins, Ph.D.* , **Jeremy C. Cowart**, **Margaret A. Parsley**, **Bridget A. Capra, B.S. R.N.**, **Kristine A. Eidson, B.S.**, **Helen L. Hellmich, Ph.D.**, **Douglas S. DeWitt, Ph.D.**, and **Donald S. Prough, M.D.**

Charles R. Allen Research Laboratories, Department of Anesthesiology, University of Texas Medical Branch, Galveston, TX 77555

Abstract

Traumatic brain injury (TBI) is a leading cause of death in the elderly and the incidence of mortality and morbidity increases with age. This study tested the hypothesis that, after TBI followed by hemorrhagic hypotension (HH) and resuscitation, cerebral blood flow (CBF) would decrease more in aged compared with young rats. Young adult (4–6 months) and aged (20–24 months) male Sprague-Dawley rats were anesthetized with isoflurane, prepared for parasagittal fluid percussion injury (FPI) and randomly assigned to receive either moderate FPI (2.0 atm) only, moderate FPI + severe HH (40 mm Hg for 45 minutes) followed by return of shed blood, or sham FPI. Intracranial pressure (ICP), CBF, and mean arterial pressure (MAP) were measured and, after twenty-four hours survival, the rats were euthanized and their brains were sectioned and stained with Fluoro-Jade (FJ), a dye that stains injured neurons. After moderate FPI, severe HH and reinfusion of shed blood, MAP and CBF were significantly reduced in the aged group, compared to the young group. Both FPI and FPI + HH groups significantly increased the numbers of FJpositive neurons in hippocampal cell layers CA1, CA2 and CA3 (p < 0.05 vs Sham) in young and aged rats. Despite differences in post-resuscitation MAP and CBF, there were no differences in the numbers of FJ-positive neurons in aged compared to young rats after FPI, HH and blood

Disclosure/Conflict of Interest

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^{*}Corresponding author **Bridget E. Hawkins, Ph.D.** University of Texas Medical Branch 301 University Boulevard Galveston, Texas 77555-0436, USA Phone (409) 747-8151 Fax (409) 747-8150 behawkin@utmb.edu. Address for correspondence:

Bridget E. Hawkins, Ph.D. (new contact information) Sealy Center for Vaccine Development University of Texas Medical Branch 301 University Boulevard Galveston, Texas 77555-0436, USA behawkin@utmb.edu

Jeremy C. Cowart Department of Anesthesiology University of Texas Medical Branch 301 University Boulevard Galveston, Texas 77555-1102, USA jccowart@live.com

Margaret A. Parsley Department of Anesthesiology University of Texas Medical Branch 301 University Boulevard Galveston, Texas 77555-1102, USA maparsle@utmb.edu

Bridget A. Capra, B.S., R.N. Department of Anesthesiology University of Texas Medical Branch 301 University Boulevard Galveston, Texas 77555-1102, USA bacapra@utmb.edu

Kristine A. Eidson, B.S. Department of Anesthesiology University of Texas Medical Branch 301 University Boulevard Galveston, Texas 77555-1102, USA kristyeidson@yahoo.com

Helen L. Hellmich, Ph.D. Department of Anesthesiology University of Texas Medical Branch 301 University Boulevard Galveston, Texas 77555-1102, USA hhellmic@utmb.edu

Douglas S. DeWitt, Ph.D. Department of Anesthesiology University of Texas Medical Branch 301 University Boulevard Galveston, Texas 77555-1102, USA ddewitt@utmb.edu

Donald S. Prough, M.D. Department of Anesthesiology University of Texas Medical Branch 301 University Boulevard Galveston, Texas 77555-1102, USA dsprough@utmb.edu

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resuscitation. Although cerebral hypoperfusion in the aged rats was not associated with increased hippocampal cell injury, the trauma-induced reductions in CBF and post resuscitation blood pressure may have resulted in damage to brain regions that were not examined or neurological or behavioral impairments that were not assessed in this study. Therefore, the maintenance of normal blood pressure and cerebral perfusion would be advisable in the treatment of elderly patients after TBI.

Keywords

age; cerebral blood flow; hemorrhage; neuron cell death; traumatic brain injury; fluid percussion injury

1.0 Introduction

Traumatic brain injury (TBI) is a leading cause of morbidity and mortality of Americans both in the 15–25 age range and in the elderly population (Thurman et al., 1999). Experimental TBI also was associated with age-related increases in mortality (Hamm et al., 1991). Post-traumatic cerebral hypoperfusion appears to correlate with the severity of clinical TBI. Although in most patients, cerebral blood flow (CBF) is adequate for the reduced metabolic demands after TBI, there are patients in whom CBF is significantly reduced. Other groups have reported CBF values of less than 25 ml/min/100g in patients in the first several hours after severe TBI (Bouma et al., 1991) and a subpopulation of very severely injured patients exhibited CBF levels of 15 ± 9 ml/min/100g (Bouma et al., 1992). Martin et al. observed cerebral hypoperfusion within the first 24 hrs, followed by hyperemia during days 1–3 and then vasospasm accompanied by hypoperfusion days 4–15 after severe head injury (Martin et al., 1997). Imaging studies using PET and MRI in TBI patients revealed significant increases in the numbers of ischemic brain regions in TBI patients (Coles et al., 2004). These results suggest that cerebral hypoperfusion may contribute to focal cerebral ischemia in at least some severely injured patients, a hypothesis supported by histopathologic evidence of ischemic neuronal injury in patients dying from severe TBI (Graham and Adams, 1971; Graham et al., 1989). Posttraumatic cerebral hypoperfusion correlated with worsened outcome in severe TBI patients (Hlatky et al., 2004), suggesting that posttraumatic hypoperfusion contributes to their impaired cognitive function. In addition, posttraumatic cerebral hypoperfusion may be exacerbated by reductions in systemic arterial pressure. Even mild arterial hypotension (systolic blood pressure 10–29 mm Hg below normal) was associated with significantly increased mortality after TBI (Chesnut et al., 1993; Miller, 1985).

Although CBF has been measured following experimental TBI (DeWitt et al., 1986; Lewelt et al., 1980) and hemorrhagic hypotension (HH) (Armstead, 2002; Matsushita et al., 2001; Prough et al., 2006), there are no comparable studies in aged rats. To address this gap, we measured CBF, intracranial pressure (ICP), blood gases and plasma glucose and examined neuronal injury in young adult and aged rats following fluid percussion injury (FPI) with or without HH and reinfusion of shed blood. This study was designed to test the hypothesis that, after FPI followed by HH and resuscitation, CBF would be significantly lower in aged compared with young rats.

2.0 Results

2.1 Mean Arterial Pressure Following Fluid Percussion Injury and Hemorrhage

Mean arterial pressure at baseline did not differ among treatment groups. There were no agerelated differences in MAP between rats subjected to either sham injury or moderate FPI

only (Figure 2A) for the duration of 90 minutes post-FPI. However, after moderate FPI + severe HH and resuscitation phase, MAP was significantly lower in aged ($p < 0.05$) than in young rats (Figure 2B).

2.2 Blood Gases, Intracranial Pressure and Temperature

Blood gases (PaCO₂ shown in Table 1, pH and PaO₂, which always exceeded 100 mm Hg, not shown) were not significantly different in any group at any of the time points tested. There were no significant differences in ICP between aged and young rats after sham injury, moderate FPI only or FPI + severe hemorrhage and resuscitation. Both rectal and temporalis temperatures remained within normal ranges and there were no statistically significant differences between any of the treatment groups at any of the time points tested.

2.3 Effects of Fluid Percussion Injury and HH on Cerebral Blood Flow

Cerebral blood flow did not change significantly from baseline in either the young or aged rats that underwent sham injury (Figure 3A). There were no statistically significant differences in CBF after FPI without HH between the aged and young rats (Figure 3B). During the severe HH period following moderate FPI, both young and aged rats experienced similar decreases in CBF (Figure 3C). In contrast, during the reinfusion phase, CBF in young rats returned nearly to pre-trauma baseline levels while CBF in the aged rats remained significant below baseline ($p < 0.05$ vs baseline).

2.4 Effects of FPI and HH on Autoregulatory Index values of Young and Aged Rats

The autoregulatory index (ARI) remained between 2 and -2 in young rats after moderate FPI only or moderate FPI + severe HH but fell outside the normal range in the aged moderate FPI + severe HH animals for some time points post-injury (Figure 4). ARI values for each group of animals were analyzed for each time point using ANOVA. Mean ARI was significantly higher in the aged than young $TBI + HH$ groups ($p < 0.05$), suggesting autoregulatory impairment in aged rats (Figure 4).

2.5 Hippocampal Neuronal Injury

In young rats, there were significantly greater numbers of FJ-positive neurons in CA1&2 (Figure 5A) after FPI + HH when compared to sham ($p < 0.01$) and FPI ($p < 0.05$) animals. In CA3 (Figure 5B), we observed significantly greater numbers of FJ-positive neurons after FPI + HH when compared to sham ($p < 0.01$) and FPI ($p < 0.05$) animals.

In aged rats, there were significantly greater numbers of FJ-positive neurons in CA1&2 (Figure 5A) after FPI + HH when compared to sham animals ($p < 0.01$). In CA3 (Figure 5B), we also observed significantly greater numbers of FJ-positive neurons after FPI + HH when compared to sham animals ($p < 0.01$). However, there were no statistically significant differences between the numbers of FJ-positive neurons between aged and young rats. There were no FJ-positive neurons in the contralateral (uninjured) hippocampus of any animal in any group.

3.0 Discussion

Our results show a prolonged posttraumatic hypoperfusion during the post-resuscitation phase after FPI + HH in aged compared to young adult rats. Although determined using a different method, the decreases in CBF following FPI and HH in rats in this study are consistent with those reported by other groups (Matsushita et al., 2001) and the reduced laser Doppler perfusion observed in our previous study of the effects of hypertonic arginine resuscitation after FPI and HH (Prough et al., 2006). These experimental results reflect the

correlation between decreased CBF post-TBI and worse outcome seen clinically (Marion et al., 1991).

Changes in cerebrovascular reactivity occur during the normal aging process. Endotheliumdependent vasodilatory responses are impaired in large extracranial arteries in aged rats (Hongo et al., 1988) as well as endothelium-dependent relaxation to acetylcholine in rat arterioles (Mayhan et al., 1990). Age-related decreases in the synthesis of vascular proteins have also been demonstrated (Gozes et al., 1981). Although cerebrovascular reactivity is impaired by experimental TBI (Bramlett et al., 1999; Cherian et al., 1996; DeWitt and Prough, 2003) or hemorrhagic stroke (Smeda, 1992) in young adult rats, the effects of cerebral traumatic or ischemic injury on cerebral vascular function in aged rats needs thorough characterization.

Elevated blood pressure in response to neurotrauma has recently been shown to have a less deleterious effect on overall outcomes in elderly patients as compared to younger ones (Ley et al., 2012). This suggests that blood pressure maintenance, especially within the elderly population, is critical to positive outcomes following traumatic brain injury. More research is needed to determine optimal ranges for patients depending on their age and other complications or injuries sustained.

3.1 Autoregulation

Autoregulation, the ability of the cerebral vasculature to maintain constant CBF during reductions in systemic blood pressure, is significantly reduced locally (Lewelt et al., 1980), regionally (DeWitt et al., 1992a), and globally (DeWitt et al., 1992b) after FPI in cats. In rats, impact acceleration (Prat et al., 1997; Engelborghs et al., 2000) and weight drop (Nawashiro et al., 1995) TBI significantly reduced the ability of the cerebral vasculature to alter cerebral vascular resistance in order to maintain constant levels of CBF when arterial blood pressure changed. Both age and hypotension may impair the ability of the cerebrovasculature to respond to reduced systemic arterial blood pressure in spontaneously hypertensive and normal control rats after drug-induced hypotension (Hoffman et al., 1981).

In the present study, ARI remained between the normal values of 2 and −2 in young rats after FPI only and FPI + HH. In contrast, ARI values were less than −2, 30 and 60 min after FPI only in aged rats. However, at other time points, the ARI values did not correlate well with CBF. For example, ARI values were within normal limits in young rats after FPI + HH while CBF was reduced $40 - 50\%$ below baseline. This apparent contradiction may have been related to the severity of HH used in this study. Since mean arterial blood pressure levels of 40 mm Hg are below the lower limit of autoregulation in normal rats (Engelborghs et al., 2000) even "normal" autoregulatory responses would be inadequate to maintain CBF. Another potential explanation for the observed differences is that the calculation we used for ARI was originally defined using CBF measured using radiolabeled microspheres (Muizelaar et al., 1984) whereas, CBF in our study was measured using laser Doppler flowmetry, a method that measures relative perfusion as a percent of baseline rather than absolute CBF.

3.2 Post-Resuscitation Hyperperfusion

Blood pressure changes (reductions as small as 20mmHg) have been shown to correlate with increased ischemic brain damage in a middle cerebral artery occlusion model (Zhu and Auer, 1995). Age-associated increases in mortality following FPI with HH may be due, in part, to delayed reperfusion in the resuscitation period following FPI and severe hemorrhage. In our study, aged rats' lower CBF post-resuscitation was associated with less

robust restoration of MAP than in younger rats. This may be due to reduced ability of the aged rats to respond hemodynamically to the FPI, HH and resuscitation sequence.

3.3 Neuronal Injury

Fluoro-Jade is a well-studied fluorescent histological stain utilized as an indicator of neuronal health status. We acknowledge that FJ's use as an indicator of neuronal death or degeneration (with the potential to recover) remains a subject of controversy. Since FJ's mechanism of action is currently unknown and we do not know what protein or cell signaling molecule it binds to, it cannot be determined. However, in fixed tissue, it appears to stain dead cells, but in living cell culture systems the FJ positive cells may recover from injury. In our experimental studies, we used FJ to detect cell death in fixed brain sections. Fluid percussion TBI + HH was associated with FJ-stained neurons in hippocampal cell layers CA1, CA2 and CA3 (Figure 5A & B). Interestingly, the numbers of FJ-positive neurons was significantly higher after FPI + HH than FPI alone in young but not aged rats. We saw some FJ positive neurons in our sham-injured group and acknowledge that it is not uncommon to see a few FJ positive cells in a sham-injured animal as they do undergo similar surgical procedures as the TBI animals: isoflurane anesthesia, intubation and ventilation, jugular vein and tail artery cannulations, craniotomy to remove the skull piece and the placement of the ICP probe, which could cause cell death detectable by FJ.

Typically, brain injury models have demonstrated increased injury in aged animals compared to younger ones that have undergone similar injury (Davis et al., 1995). However, in our study, there were no significant differences in the numbers of FJ stained hippocampal neurons between young and aged rats in any injury group. This is similar to the fewer numbers of injured neurons in the CA1 in aged (compared to young) rats after forebrain ischemia (Sutherland et al., 1996). Our findings also support those of Wasserman et al. who reported no differences in the numbers of FJ-positive injured neurons between aged and young male Sprague-Dawley rats twenty-four hours after intracerebral hemorrhage; however they found a greater number of FJ-positive neurons in the brains of aged rats three days post-injury (Wasserman et al., 2008). With longer survival times, we may have observed a similar increase in the number of injured neurons in aged rats. There was a trend towards higher numbers of FJ stained neurons after FPI and FPI + HH in CA1 and CA2 (but not CA3) but a post-hoc power analysis of our data revealed that we would need 61 and 153 rats, respectively, to detect a difference between aged and young rats at the moderate FPI and moderate FPI + HH injury groups surviving 24-hours post-injury.

Injury to brain cells other than neurons may account for the age-related morbidity following TBI. Excitotoxic damage in aged rats resulted in delayed neurodegeneration and early astrogliosis which led to a larger glial scar compared to the young adult rats (Castillo-Ruiz et al., 2007). Moreover, decreased production of neurotrophins in the aged hippocampus following kainic acid-induced injury was found to result in a normal astrocytic response but significantly diminished microglial reaction (Shetty et al., 2004) whereas accelerated glial reactivity in aged rats produced a reduction in functional recovery following stroke (Badan et al., 2003). Differences in debris clearance rates may contribute to age-related functional impairment following TBI.

3.4 Conclusions

Age-associated increases in mortality following TBI with hemorrhage may be due, in part, to delayed reperfusion after HH in aged animals, which in part may result from poorer restoration of MAP by reinfusion of shed blood in aged rats. Further research is necessary to determine the precise mechanisms that contribute to trauma-related CBF impairment after resuscitation in aged rats. Our results showing reduced CBF and potentially impaired

autoregulation in aged but not young rats after TBI + HH suggest that maintenance of adequate cerebral perfusion pressure may be more important in aged than in young TBI patients.

4.0 Materials and Methods

4.1 Animals

This study was conducted in a facility approved by the American Association for the Accreditation of Laboratory Animal Care (AAALAC) and all experiments were performed in accordance with the National Institutes of Health Guide for the Care and Use of Laboratory Animals and approved by the Institutional Animal Care and Use Committee of the University of Texas Medical Branch. Young adult (4–6 months, 350–500 g) and aged (22–24 months, 800–1000 g) male Sprague-Dawley rats were obtained from Charles Rivers Laboratories, Inc. (West Chester, Ohio), housed with food and water *ad libitum*, and maintained at a constant temperature (21°C to 23°C) and humidity (45%–50%) with lights on from 0700 to 1900 hours. All animals were housed separately following surgery.

4.2 Surgical Procedures

Animals were anesthetized (4% isoflurane in an anesthetic chamber), intubated and mechanically ventilated $(1.5\%$ isoflurane in O₂:air (20.80) for the duration of the surgical procedures and physiological experiments. Right common jugular veins were cannulated with silastic tubing for intravenous fluid administration and hemorrhage. Tail arteries were cannulated with polyethylene tubing (PE 50) for fluid administration, arterial blood gas and mean arterial pressure (MAP) monitoring. To prepare rats for FPI (Dixon et al., 1987), a craniotomy was performed lateral right to the sagittal suture, midway between the bregma and lambda sutures (see Figure 1). Intracranial pressure was monitored using a modified 22- Gauge spinal needle (placed 1.5 mm caudal from bregma, 1.2 mm lateral from sagittal suture and 3 mm insertion where a waveform confirmed the location of the ventricular space) and CBF was measured using a laser Doppler probe placed contralateral to the injury site (due to the size of the probe in comparison to the size of the animal's skull and to allow for measurements to be collected during the time of injury) and shielded by a black rubber tube glued to an area of thinned skull. An adapter (machined needle hub) was placed in the craniotomy site and held in place by hygienic dental acrylic. Baseline MAP values of at least 80 mm Hg and PaCO₂ (35–41 mm Hg) were recorded before injury and maintained constant throughout the procedure using ventilatory rate and tidal volume adjustments. Animals were randomly assigned to one of the following groups: 1) moderate FPI + severe HH ($n = 7$ young, 6 aged); 2) moderate FPI only ($n = 6$ young, 4 aged); or 3) sham FPI only ($n = 6$ young, 5 aged).

Hemorrhage was initiated within 5 minutes of moderate FPI and maintained for a total of 45 minutes by withdrawing blood through the jugular catheter into a syringe to achieve MAP values of 40 mm Hg. To reduce clotting, heparin (100 units/kg) diluted in saline was administered to the rats in both the sham and the severe HH groups via the jugular vein catheter. Shed blood was reinfused at a rate of two mL per minute after 45 minutes. The animals were monitored for 90 minutes post-FPI, in the group receiving HH; this amounted to 45 minutes during hemorrhage followed by 45 minutes during the reinfusion of shed blood. Temporalis muscle and rectal temperatures, MAP, ICP, laser Doppler perfusion, and shed blood volumes were recorded every five minutes. All animals received 120 mg/kg acetaminophen (suppository) before emerging from anesthesia. Wound sites were sutured and cleaned with hydrogen peroxide. Twenty-four hours later, rats were reanesthestized with 4% isoflurane, decapitated and the brains were rapidly removed, snap frozen, and stored at −80°C until sectioned.

4.3 Autoregulatory Index Calculation

We calculated the autoregulatory index (ARI) by dividing the percent change in cerebral perfusion pressure (CPP) by the percent change in cerebrovascular resistance (CVR) (Muizelaar et al., 1984). CPP was calculated as MAP - ICP for each measurement interval (pre-injury baseline to 90 minutes post-injury). CVR was calculated by dividing CBF by CPP for each measurement interval (pre-injury baseline to 90 minutes post-injury). Based on our previous report and that of other groups, ARI values between negative 2 and 2 represent intact autoregulation (DeWitt et al., 1992b; Muizelaar et al., 1984).

4.4 Fluoro-Jade (FJ) Staining and Neuronal Counting

Brains were embedded in OCT compound and 10 μm frozen coronal sections (every 15th) containing both the ipsilateral and contralateral hippocampi were cut from each brain (3.6 to 4.5 mm posterior to bregma; 10 sections per brain) using a cryostat (Leica Microsystems, Inc., Bannockburn, IL). Sections were collected and mounted on precleaned microscope slides. Slides were then immersed in 75% ethanol (fixation), stained briefly (15 seconds) with 1% cresyl violet and with 0.001% FJ (Histo-Chem, Inc., Jefferson, AR) (Schmued et al., 1997) for 4 minutes (Hawkins et al., 2012; Hellmich et al., 2005; Hellmich et al., 2006). Fluoro-Jade-positive neurons were counted by investigators blinded to the treatment groups using a FITC filter on a PixCell IIe (Arcturus Engineering, Mountain View, CA) imaging system monitor. Numbers of FJ-positive neurons were recorded for CA1/2 and CA3 hippocampal regions in each of the ten sections per rat.

4.5 Statistical Analysis

MAP, ICP and CBF—Mean arterial pressure, ICP and laser Doppler CBF were analyzed using analysis of variance (ANOVA) with repeated measures of time using StatView 5.0. To adjust for multiple comparisons, differences in these groups were analyzed using Fisher's protected least significant difference (PLSD) test with $p < 0.05$ considered significant. Student's t-test was used to evaluate age-related differences at individual time points during the resuscitation phase in the trauma + severe HH group, using Microsoft Excel. A 95% confidence interval was used, with $p < 0.05$ considered a significant difference between compared groups.

Autoregulatory Index—Student's t-test using GraphPad Prism software version 5.03 was used to compare mean autoregulatory indicies between aged and young rats after FPI and FPI + HH (GraphPad Software, Inc., La Jolla, CA). Differences in these groups were analyzed using Fisher's protected least significant difference (PLSD) test with $p < 0.05$ considered significant.

Neuronal Cell Death—Numbers of Fluoro-Jade-positive neurons were analyzed by ANOVA using StatView 5.0 (SAS Institute, Cary, NC). Differences in these groups were analyzed using Fisher's protected least significant difference (PLSD) test with $p < 0.05$ considered significant.

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Abbreviations

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Highlights

- **•** Effects of trauma and hemorrhage were studied.
- **•** Decreases in cerebral blood flow for aged animals were observed.
- **•** No extra increase in neuronal cell death with aged animals.
- **•** Autoregulation impairment found in aged animals post trauma and hemorrhage.
- **•** BP maintenance is critical for treatment of elderly patients post trauma.

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Figure 2. Mean Arterial Pressure in Young and Aged Rats Subjected to Moderate FPI and Severe Hemorrhage

Mean arterial pressure (MAP) in young and aged rats after moderate FPI for 90 minutes post-FPI (A) and moderate FPI + severe HH for 45 minute post-FPI followed by a 45 minute resuscitation period (B). Data are expressed as mean \pm SEM and significance testing $(* = p< 0.05$, compared to young) was performed using a t-test for the individual time points during the resuscitation phase.

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Laser Doppler cerebral blood flow (measured as % change from baseline) in young and aged rats after either sham injury (A), moderate FPI (B), or moderate FPI + severe HH (C). Data are expressed as mean \pm SEM and significance testing (* = p< 0.05, compared to young) was performed using a t-test for the individual time points during the resuscitation phase.

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Figure 4. Autoregulation in Young and Aged Rats

Calculated autoregulatory index values in young and aged rats after undergoing either sham injury, moderate FPI, or moderate FPI + severe HH. Calculations were based on each individual animal's measurements that were pooled to yield one mean value per experimental animal group was performed. Data are expressed as mean ± SEM and significance testing ($* = p < 0.05$, compared to young) was performed using a one-tailed ttest.

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Fluoro-Jade-positive neurons in the hippocampal CA1/2 (**A**) and CA3 (**B**) regions following sham (n = 6 young; n = 5 aged), moderate FPI (n = 6 young; n = 5 aged) or moderate FPI + severe HH ($n = 5$ young; $n = 5$ aged) in aged and young rats that were survived for 24 hours post-injury. Data are expressed as mean \pm SEM and significance testing (* = p < 0.01, # = p < 0.05) was performed using ANOVA.

Table 1

Physiological measurements

