## Oxidized Low-Density Lipoproteins Impair Endothelial Function by Inhibiting Non-Genomic Action of Thyroid Hormone–Mediated Nitric Oxide Production in Human Endothelial Cells

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*Background:* Thyroid hormone (TH) plays an important role in the modulation of cardiac function, including contractility and systemic vascular resistance (SVR). 3,5,3'-triiodothyronine (T<sub>3</sub>), the active form of TH, induces the activation of endothelial nitric oxide synthase via PI3K/AKT non-genomic signaling. Hypothyroidism is associated with an increase in SVR and serum low-density lipoproteins (LDL) levels, and accumulation of oxidized LDL (oxLDL) may impair endothelial-dependent vascular relaxation. The aim of this study was to investigate the effects of both native LDL (nLDL) and oxLDL on T<sub>3</sub>-mediated AKT phosphorylation, nitric oxide (NO), and cyclic guanosine monophosphate (cGMP) production in human endothelial cells.

*Methods:* Human umbilical vein endothelial cells were exposed to either nLDL or oxLDL for 3 hours and then stimulated with  $T_3 (10^{-7} \text{ M})$  or pretreated with an antioxidant mixture of vitamins E and C for 12 hours before treatment with LDL. An analysis of AKT phosphorylation was performed by Western blot, and NO production was evaluated by using 4,5-diaminofluorescein diacetate. Intracellular production of cGMP was measured by enzymatic immunoassay. LDL oxidation was carried out by incubating LDL with CuSO<sub>4</sub>, and  $\alpha$ -tocopherol content of LDL was evaluated by high-performance liquid chromatography.

*Results:* OxLDL impaired T<sub>3</sub>-mediated AKT phosphorylation at serine 473 and significantly decreased the production of both NO (oxLDL+T<sub>3</sub> vs. T<sub>3</sub>, 9.79±0.5 AU vs. 80.75±2.8 AU, mean±standard deviation, p < 0.0001) and cGMP. Furthermore, pretreatment with the antioxidant mixture obviated the inhibitory effect of LDL on T<sub>3</sub> action.

*Conclusions:* The results of this study demonstrate that oxLDL may contribute to a blunting of the non-genomic action of  $T_3$  and impair the effect of  $T_3$  on NO and cGMP production in endothelial cells. These data suggest that oxLDL, apart from inducing the atherosclerotic process, may also promote a mechanism of peripheral resistance to  $T_3$ , further amplifying the impact of hypothyroidism on endothelial function by increasing SVR.

## Introduction

**T**HYROID HORMONE (TH) plays a pervasive modulatory role in virtually all body functions, and in particular, affects the cardiovascular system by regulating cardiac contractility, myocardial oxygen consumption, and systemic vascular resistance (SVR) (1). In fact, hypothyroidism impairs cardiac contractility, decreases cardiac output, reduces chronotropism, and increases SVR, resulting in an increased risk of cardiovascular disease (2,3). Furthermore, TH plays an important role in the regulation of lipid synthesis and metabolism (4) and hypothyroidism, both overt and subclinical, is associated with lipid abnormalities, notably high levels of serum total cholesterol and low-density lipoprotein (LDL) cholesterol, thereby increasing the risk of endothelial dysfunction and atherosclerosis (5–7). By binding to its specific intracellular receptors, TH stimulates the transcription of target genes, including the LDL receptor gene in the liver (8,9). The clinical correlation of these events is that hypothyroidism is accompanied by bradycardia, mild hypertension, and increased arterial stiffening (10). Recent evidence indicates that TH, apart from its genomic effects, also modulates several

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functions of myocardial, vascular smooth muscle, and endothelial cells by non-genomic signaling (2,11,12). However, little is known about the interaction between 3,5,3'triiodothyronine (T<sub>3</sub>) and the endothelium. Human endothelial cells express high levels of TH receptor  $\alpha 1$ , indicating that endothelial cells are responsive to  $T_3$  (13) via the classic genomic signaling. On the other hand, recent studies suggested that T<sub>3</sub> also exerts a direct effect on the regulation of vascular tone through non-genomic activation of PI3-kinase/AKT and endothelial nitric oxide synthase (eNOS), leading to nitric oxide (NO) production in endothelial cells (14). NO directly activates soluble guanylate cyclase, leading to increased formation of cyclic guanosine monophosphate (cGMP), which, in turn, induces smooth muscle relaxation. Therefore, a decrease in NO bioavailability contributes to vascular dysfunction, ultimately increasing the risk of cardiovascular disease (15,16). Since  $T_3$  may stimulate NO production via rapid AKT activation, we investigated the effects of both native LDL (nLDL) and oxidized LDL (oxLDL) on T<sub>3</sub>-mediated nongenomic AKT phosphorylation and their effects on T<sub>3</sub>stimulated NO and cGMP production in human endothelial cells.

#### Materials and Methods

#### Cell culture and reagents

Human umbilical vein endothelial cells (HUVECs; Lonza) were maintained in a complete endothelial growth medium containing 2% fetal bovine serum (FBS), recombinant human vascular endothelial growth factor (VEGF), basic fibroblastic growth factor, human epidermal growth factor, insulin-like growth factor 1, hydrocortisone, ascorbic acid, heparin, and GA-1000 (gentamicin and amphotericin B,  $1 \mu g/mL$ ), according to the instructions of the supplier (EGM-2 bullet kit; Lonza). HUVECs were used between passages 3 and 6 and grown in 5% CO<sub>2</sub> at 37°C. Before each experiment, cells were plated on 100 mm dishes or in Labteck chamber slides (Nunc) and starved overnight in phenol red-free endothelial basal medium (EBM) with 1% dialyzed FBS (Gibco) before treatment. Vitamin E, vitamin C, Wortmannin, T<sub>3</sub>, and lyophilized LDL from human plasma were purchased from Sigma-Aldrich. A stock solution of  $20 \,\mu g/mL$  of T<sub>3</sub> was prepared by dissolving 1 mg of T<sub>3</sub> in 1 mL of 1-normality (N) NaOH, and brought to a final concentration of  $20 \,\mu g/mL$  (30  $\mu M$ ) by adding 49 mL of sterile medium. Aliquots were stored at -20°C. This T<sub>3</sub> stock solution was further diluted in medium immediately before use, and the amount of NaOH was normalized in each sample.

#### LDL oxidation and vitamin E estimation

LDL oxidation was carried out by incubating LDL (50  $\mu$ g protein/mL) at 37°C for one hour with 5  $\mu$ M CuSO<sub>4</sub> solution. Both nLDL and oxLDL were dialyzed overnight, and the degree of LDL oxidation was monitored as previously described (17). For  $\alpha$ -tocopherol estimation, tocopheryl acetate (internal standard) was added to 100  $\mu$ L of LDL. The mixture was deproteinized with an equal volume of ethanol and then extracted twice with hexane. Phase separation was achieved by centrifugation. The collected upper phase was evaporated under nitrogen, and samples were analyzed by high-performance liquid chromatography (HPLC) (18).  $\alpha$ -Tocopherol content was expressed as  $\mu g/50 \mu g$  protein/mL of LDL. Samples were dissolved in 100  $\mu$ L of methanol:diethyl ether (4:1), and 50  $\mu$ L were injected in an ODS-C18 Spherisorb column (250 mm×4 mm, 5  $\mu$ m particle size). The mobile phase was a mixture of methanol:water (99:1, v/v) at a flow rate of 1 mL/min. Absorbance was monitored at 290 nm using an LC-235 Diode Array Detector (Perkin-Elmer), as described by Ortega *et al.* (19,20).

#### Western blot analysis

HUVECs were grown in 100-mm dishes, and starved overnight in phenol-red free EBM containing 1% dialyzed serum. Cells were then treated with  $T_3$  (10<sup>-7</sup> M) for 10, 20, 30, and 60 minutes for time course experiments, or treated with oxLDL (50 µg protein/mL) or nLDL (50 µg protein/mL) for 3 hours followed by  $T_3$  (10<sup>-7</sup> M) stimulation for 20 minutes. When indicated, cells were pretreated for 12 hours with a mixture of vitamin E (150  $\mu$ M) and vitamin C (150  $\mu$ M); then incubated with either LDL (50  $\mu$ g/mL) or oxLDL (50  $\mu$ g/mL) for 3 hours; and stimulated with  $T_3$  (10<sup>-7</sup> M) for 20 minutes. Cells were then washed with cold phosphate-buffered saline, harvested, and cell lysates were prepared in RIPA buffer (50 mM Tris HCl pH 7.4, 150 mM NaCl, 2 mM ethylenediaminetetraacetic acid, 1% Triton, and 0.1% sodium dodecyl sulfate), containing protease inhibitors cocktail (1% v/v), phosphatase inhibitors cocktail (1% v/v) (Sigma-Aldrich), and 20 mM N-ethylmaleimide (Sigma-Aldrich), for 40 minutes at 4°C. Cell lysates were centrifuged for 10 minutes at 12,000 g at 4°C, and the supernatants were collected. Cell lysates were analyzed for protein content by using Bradford assay with bovine serum albumin as a standard. Lysates were then mixed with 4×lithium dodecyl sulfate (LDS) buffer (Invitrogen) and heated for 10 minutes at 70°C. Total cell lysates (60  $\mu$ g of proteins) were separated by 4%–12% sodium dodecyl sulfate-polyacrylamide gel electrophoresis (NuPAGE; Invitrogen), transferred to a nitrocellulose membrane, and blocked in 5% non-fat dry milk in Tween-TBS. The nitrocellulose was incubated overnight at 4°C with different primary antibodies and then treated with specific horseradish peroxidase-conjugated antirabbit or antimouse secondary antibodies. The filters were developed by enhanced chemiluminescence using Kodak X-Omat film. The primary antibodies used were as follows: rabbit anti phospho-AKT (serine 473; Abcam), rabbit anti phospho-eNOS (serine 1177; Abcam), and mouse monoclonal anti- $\beta$ -actin (Cell Signaling Technology). Densitometric measurements of the bands in Western blot analysis were evaluated using Quantity One software (Bio-Rad).

### Measurement of NO production

Intracellular NO production was assessed using the NOspecific fluorescent dye 4,5-diaminofluorescein diacetate (DAF-2 DA; Cayman Chemical). HUVECs were grown in complete medium in Labteck chamber slides (Nunc) and starved overnight in phenol red-free EBM containing 1% dialyzed FBS. Cells were treated for 20 minutes with T<sub>3</sub> (10<sup>-7</sup>) or pretreated for 3 hours with oxLDL (50  $\mu$ g/mL) or nLDL (50  $\mu$ g/mL) and then stimulated with T<sub>3</sub> (10<sup>-7</sup>). When indicated, cells were pretreated for 12 hours with the antioxidant mixture of vitamins C and E. DAF-2 DA was added to the cell culture medium (final concentration 3  $\mu$ M) for 20 minutes at 37°C. Cells were rinsed twice with phenol red-free EBM and fixed in 2% paraformaldehyde for 20 minutes at 4°C. Fixed cells were examined with an Olympus BX51 microscope, using appropriate filters with a peak excitation wavelength of 480 nm and a peak emission wavelength of 510 nm. Images were captured using IP Labs Software (Scanalytics, Inc.) and analyzed using ImageJ 1.40g (Wayne Rasband, National Institute of Health).

## cGMP assay

cGMP production was assessed with the aim of evaluating the effect of oxLDL and nLDL on T<sub>3</sub>-mediated, NO-dependent cGMP production. HUVECs were grown in 100 mm dishes in complete medium to 85% confluence and starved overnight in phenol red-free EBM containing 1% dialyzed FBS. Cells were treated for 20 minutes with  $T_3 (10^{-7} \text{ M})$  or pretreated for 3 hours with oxLDL (50  $\mu$ g/mL) or nLDL (50  $\mu$ g/mL) and then stimulated with T<sub>3</sub> (10<sup>-7</sup> M). When indicated, cells were previously exposed for 12 hours to the antioxidants. The medium was then removed, and the cells were immediately covered with 0.1 M HCl and incubated at room temperature for 20 minutes before harvesting. The HCl extract was collected, centrifuged for 10 minutes at 1000 g, and the direct measurement of the intracellular cGMP levels was performed using the cGMP direct EIA Kit (Cayman) according to the manufacturer's instructions. Protein content in each plate was measured by the Bradford assay to normalize cGMP values.

## Statistical analysis

All the data are reported as mean ± standard deviation and are representative of three independent experiments. Statis-

tical analysis was performed using a two-tailed Student's *t*-test using Sigma Plot software (Systat Software, Inc.). The difference between the control and treated groups was considered statistically significant at p < 0.05.

### Results

## oxLDL inhibits $T_3$ -mediated AKT phosphorylation in endothelial cells

To determine whether oxLDL can affect T<sub>3</sub>-mediated NO production in vascular endothelium, we first assessed the effect of T<sub>3</sub> on AKT and eNOS phosphorylation. To this end, HUVECs were treated with or without T<sub>3</sub> ( $10^{-7}$  M) at different time points. Western blot analysis showed a significant time-dependent increase of AKT phosphorylation at serine 473 and eNOS phosphorylation at serine 1177 with maximal activation levels at 20 and 60 minutes, respectively (Fig. 1). Since eNOS is a downstream target of AKT, these data are in keeping with the stimulatory effect of T<sub>3</sub> on this pathway.

Since LDL play a crucial role in the early stage of atherosclerosis, as well as in NO availability and metabolism, we next tested whether LDL could play a role in modulating the non-genomic activity of T<sub>3</sub>. Hence, we investigated the effects of both nLDL ( $50 \mu g/mL$ ) and oxLDL ( $50 \mu g/mL$ ) on T<sub>3</sub>-mediated AKT phosphorylation.

LDL oxidation was carried out by incubating LDL with  $CuSO_4$  solution, and  $\alpha$ -tocopherol content in LDL was performed as described in Materials and Methods (Fig. 2a, b). Cells were exposed to either oxLDL or nLDL for 3 hours followed by an exposure to  $T_3$ . In order to test the PI3K/AKT pathway



**FIG. 1.** Effects of 3,5,3'-triiodothyronine (T<sub>3</sub>) on AKT and endothelial nitric oxide synthase (eNOS) phosphorylation. Human umbilical vein endothelial cells (HUVECs) were treated with or without T<sub>3</sub> ( $10^{-7}$  M) at different times as described in Materials and Methods. Equal amounts of protein were then resolved on 4%–12% sodium dodecyl sulfate-polyacrylamide gel electrophoresis, transferred onto a nitrocellulose membrane, probed with appropriate primary and secondary antibodies, and visualized by enhanced chemiluminescence. A representative western blot from three independent experiments indicates the increase of AKT phosphorylation at serine 473 and eNOS phosphorylation at serine1177 with different fold increases that were time dependent, with maximal activation levels at 20 minutes for phospho-AKT serine 473 (a) and at 60 minutes for phospho-eNOS serine 1177 (c). Quantification of bands was performed by densitometric analysis (b, d). Data are reported as mean ± standard deviation (SD) of three independent experiments.



**FIG. 2.** Inhibition of T<sub>3</sub>-mediated AKT phosphorylation by oxidized low-density lipoproteins (oxLDL). High-performance liquid chromatography of  $\alpha$ -tocopherol content of LDL. Chromatogram of  $\alpha$ -tocopherol content of native LDL (nLDL; non oxidized) corresponding to 48.46  $\mu$ M (**a**); chromatogram of  $\alpha$ -tocopherol content of LDL after one hour oxidation with 5  $\mu$ M CuSO<sub>4</sub> corresponding to 24.44  $\mu$ M (**b**). Inhibition of AKT phosphorylation by LDL. HUVECs were treated with oxLDL or nLDL for 3 hours followed by T<sub>3</sub> (10<sup>-7</sup> M) treatment for 20 minutes. When indicated, cells were pretreated for 12 hours with vitamin E (150  $\mu$ M) and vitamin C (150  $\mu$ M). For the PI3K/AKT inhibition pathway, cells were pretreated with Wortmannin (10<sup>-7</sup> M) for 30 minutes. A representative Western blot from three independent experiments shows the inhibition of T<sub>3</sub>-mediated AKT phosphorylation by (**c**) Wortmannin and by (**e**) oxLDL (50  $\mu$ g/mL) and nLDL (50  $\mu$ g/mL) compared with the T<sub>3</sub> treatment. Quantification of bands was performed by densitometric analysis (**d**, **f**). Data are reported as mean ±SD of three independent experiments.

inhibition, cells were either untreated or pretreated with Wortmannin ( $10^{-7}$  M) for 30 minutes, and then stimulated with T<sub>3</sub> for 20 minutes. Western blot analysis showed the inhibition of AKT phosphorylation in the cells treated with both forms of LDL, mimicking the inhibitory effect of Wortmannin (Fig. 2c, e).

We, thus, hypothesized that during the cell treatments with LDL, the native form of LDL underwent oxidation, leading to the same result obtained as with oxLDL treatment. To support this hypothesis, the cells were pretreated with an antioxidant combination of vitamin E and vitamin C. The data clearly show that this treatment prevented the inhibitory effect of both nLDL and oxLDL on AKT phosphorylation (Fig. 3a), indicating that the oxidation of LDL was causing the inhibition of  $T_3$ -mediated AKT phosphorylation.

### oxLDL impair T<sub>3</sub>-induced NO production

In light of the results obtained on AKT phosphorylation, we next evaluated the effects of LDL on  $T_3$ -mediated NO

production by using the NO-reactive dye DAF-2 DA, a specific and sensitive probe for a direct measurement of NO in single cells (21,22). A preliminary time course experiment showed that the fluorescent dye peaked after 20 minutes of T<sub>3</sub> treatment (data not shown), while eNOS protein phosphorylation occurred after 60 minutes. This apparent discrepancy in response time most likely reflects a difference in sensitivity between Western blot and NO-specific fluorescent dye staining. Overnight-starved cells were incubated with oxLDL or nLDL before being exposed to T<sub>3</sub> for 20 minutes. As expected, T3-stimulated NO production was significantly inhibited not only by pretreatment of endothe lial cells with oxLDL (oxLDL +  $T_3$  vs.  $T_3$ , 9.79 ± 0.5 AU vs.  $80.75 \pm 2.8$  AU, *p* < 0.0001), but also with nLDL pretreatment  $(nLDL+T_3, 52.94\pm2.04 \text{ AU vs. } 80.75\pm2.8 \text{ AU}, p<0.0001),$ although pretreatment with nLDL, as compared with oxLDL, had a less pronounced effect on NO production (nLDL+T<sub>3</sub> vs. oxLDL+T<sub>3</sub>, 52.94±2.04 AU vs. 9.79±0.5 AU, p < 0.0001). NO production was restored by pretreatment



**FIG. 3.** oxLDL impair  $T_3$ -induced nitric oxide (NO) production. Antioxidant mixture restores  $T_3$ -mediated AKT phosphorylation (a). HUVECs were treated for 20 minutes with  $T_3 (10^{-7} \text{ M})$  or pretreated for 3 hours with oxLDL (50 µg/mL) or nLDL (50 µg/mL) and then stimulated with  $T_3 (10^{-7} \text{ M})$ . When indicated, cells were pretreated for 12 hours with both vitamin C and vitamin E. A representative Western blot from three independent experiments shows the effects of LDL and antioxidants on  $T_3$ -mediated AKT dephosphorylation. Fixed cell imaging of intracellular NO production in endothelial cells (b, c). The intracellular NO production was assessed using 4,5-diaminofluorescein diacetate (DAF-2 DA). After treatments, DAF-2 DA was loaded to the cell culture medium (final concentration [3 µM]) for 20 minutes, fixed in 2% paraformaldehyde, and images were acquired for NO fluorescence. Baseline recordings were obtained from the control cells. Both nLDL and oxLDL significantly inhibited the fluorescence intensity of  $T_3$ -stimulated cells. Pretreatment with antioxidants restored the effect of  $T_3$ . Data are reported as mean ± SD of three independent experiments.

with the antioxidants vitamin C and vitamin E (Fig. 3b, c). Taken together, these results strongly suggest that the oxidation of LDL is necessary for inhibiting  $T_3$ -mediated NO production in endothelial cells.

# oxLDL decrease $T_3$ -mediated NO-dependent cGMP production

NO activity is mediated by its target enzyme, cyclic guanylate cyclase, which converts GMP into cGMP. Immunoenzymatic analysis of cGMP was carried out to evaluate the bioavailability of NO by measuring the NOdependent cGMP production to confirm the data obtained with DAF-2 DA fluorescence. The cells were treated using the same experimental conditions adopted for the DAF-2 DA assay. T<sub>3</sub>-stimulated cells, as compared with nonstimulated cells, had elevated cGMP levels ( $0.16 \pm 0.03$  vs.  $0.02 \pm 0.01 \text{ pmol/mL}$  protein, respectively, p < 0.0001); the increase in cGMP was attenuated by nLDL and drastically inhibited by the addition of oxLDL (Fig. 4). The presence of the antioxidant mixture of vitamins C and E prevented this phenomenon by restoring cGMP levels. These results strongly suggest that LDL oxidation is crucial in the inhibition of T<sub>3</sub>-mediated production of NO-dependent cGMP.

## Discussion

The integrity of endothelial vascular function and the production of NO are essential for the regulation of vascular blood flow, and a dysfunction in this system may lead to hypertension and atherosclerosis (23,24). LDL oxidation is a key step in the atherogenesis process, and oxLDL may impair endothelium-dependent vessel relaxation (25,26). OxLDL adversely influence the endothelium by inducing the expression of adhesion molecules, stimulating apoptosis after long-term exposure, and impairing vasodilation (27,28). Experimental evidence suggests that oxLDL may alter various signaling pathways, such as PKC, MAPK, SAPK, tyrosine kinases, and the sphingomyelin/ceramide pathway, and transcription factors, namely AP1, NF-kB, and STATs, all of which are potentially involved in the atherosclerotic process (29-31). oxLDL can also affect the PI3K/AKT pathway by interfering with insulin and VEGF signal transduction in human fibroblasts (32) and endothelial cells, respectively (33). By a mechanism not yet fully understood, oxLDL may also induce dephosphorylation of AKT at serine 473 and may impair the angiogenic properties of endothelial precursor cells by downregulating E-selectin and integrin alpha(v)beta (5), resulting in a decrease in cell-cell interactions (33,34). While TH has a clear role in endothelial function, relatively little is known about the



**FIG. 4.** Effect of LDL oxidation on T<sub>3</sub>-mediated intracellular cyclic guanosine monophosphate (cGMP) production. Immunoenzymatic analysis of cGMP. HUVECs were treated for 20 minutes with T<sub>3</sub> (10<sup>-7</sup> M) or pretreated for 3 hours with oxLDL (50  $\mu$ g/mL) or nLDL (50  $\mu$ g/mL) and then stimulated with T<sub>3</sub> (10<sup>-7</sup> M). When indicated, cells were pretreated for 12 hours with the antioxidants. cGMP levels increased in T<sub>3</sub>-stimulated cells versus non-stimulated (*p*<0.0001); the increase in cGMP was attenuated by nLDL and drastically inhibited by oxLDL. The presence of the antioxidant mixture prevented this phenomenon by restoring cGMP levels. Data are reported as mean of three independent experiments ±SD.

mechanism that regulates the interaction of  $T_3$  with endothelial cells, and to the best of our knowledge, no information is available on the effects of oxLDL on  $T_3$  action. This is of potential clinical relevance, as both endothelial dysfunction and LDL oxidation are common events in cardiovascular disease, and thyroid dysfunction is a frequent condition that confers an increased risk for cardiovascular complications.

In the present study, we provide evidence that oxLDL interfere with peripheral non-genomic  $T_3$  action by decreasing its ability to activate PI3K/AKT signaling, ultimately inhibiting NO production. We also observed this phenomenon when endothelial cells were treated with nLDL, but the effect was prevented by pretreatment with antioxidants, restoring the non-genomic activity of  $T_3$ , the generation of NO, and cGMP production. We interpreted this result in light of the intracellular oxidative modification of nLDL that took place during the incubation of LDL which was necessary in our experimental conditions.

This is consistent with previous *in vitro* studies which showed that several cells, including macrophages, endothelial, and smooth muscle cells, may play a role in generating oxLDL from nLDL (35,36). For instance, Morel *et al.* showed that at least 2 hours of incubation of LDL with endothelial cells in serum-free medium, a condition similar to our experiments, was required to initiate the process that resulted in LDL modification from a native to an oxidized state (37). Furthermore, the authors showed that the presence of the antioxidant butylated hydroxytoluene prevented the modification of LDL (37). Another study proved that the incubation of LDL with smooth muscle cells resulted in LDL oxidation, which was prevented by superoxide dismutase, suggesting the key role of  $O_2^-$  production by smooth muscle cells in LDL modification (38). Furthermore, our previous study demonstrated that platelets converted nLDL to oxLDL via a free radical-mediated mechanism involving GP91phox, as showed by enhanced conjugated dienes, lysophosphatidylcholine formation, electrophoretic mobility, Apo B-100 degradation, and increased LDL uptake by human macrophages (17). Taken together, these studies suggest that oxidation of nLDL might partially account for the nLDL effects on T<sub>3</sub> action that were observed. These data are further supported by the protective effect of vitamin E and vitamin C that can prevent the oxidation of nLDL to oxLDL (39,40) and, consistent with our results, another study indicates that vitamin E partially restored insulin activated-signaling events, including AKT phosphorylation, impaired by pretreatment with oxLDL (32). However, the mechanisms whereby the antioxidants mixture may possibly revert the observed adverse effect of oxLDL on T3-mediated AKT phosphorylation is not clear, and further investigations are necessary to elucidate this issue. This study may have clinical relevance, as in hypothyroid patients the damaging effects of oxLDL on T<sub>3</sub>mediated vasodilatation would be further amplified by the low circulating levels of T<sub>3</sub> and by the intrinsic effects of hypothyroidism on serum lipid concentration (41). Thus, the combination of high levels of LDL and reduced T<sub>3</sub>-mediated vasodilation could further increase SVR and ultimately increase the risk for endothelial dysfunction, hypertension, and atherosclerosis. Therefore, our findings suggest a novel reciprocal relationship between T<sub>3</sub> and LDL in the regulation of endothelial function.

In conclusion, we demonstrate that LDL oxidation may contribute to a blunting of the non-genomic  $T_3$  action on vascular endothelium, suggesting that oxLDL, apart from inducing the atherosclerotic process, may also promote a mechanism of peripheral pathway-specific resistance to  $T_3$ .

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#### **Disclosure Statement**

No competing financial interests exist.

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