

## RESEARCH PAPER

# Peripheral administration of prokineticin 2 potently reduces food intake and body weight in mice via the brainstem

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## BACKGROUND AND PURPOSE

Prokineticin 2 (PK2) has recently been shown to acutely reduce food intake in rodents. We aimed to determine the CNS sites and receptors that mediate the anorectic effects of peripherally administered PK2 and its chronic effects on glucose and energy homeostasis.

## EXPERIMENTAL APPROACH

We investigated neuronal activation following i.p. administration of PK2 using c-Fos-like immunoreactivity (CFL-IR). The anorectic effect of PK2 was examined in mice with targeted deletion of either prokineticin receptor 1 (PKR1) or prokineticin receptor 2 (PKR2), and in wild-type mice following administration of the PKR1 antagonist, PC1. The effect of IP PK2 administration on glucose homeostasis was investigated. Finally, the effect of long-term administration of PK2 on glucose and energy homeostasis in diet-induced obese (DIO) mice was determined.

## KEY RESULTS

I.p. PK2 administration significantly increased CFL-IR in the dorsal motor vagal nucleus of the brainstem. The anorectic effect of PK2 was maintained in mice lacking the PKR2 but abolished in mice lacking PKR1 and in wild-type mice pre-treated with PC1. DIO mice treated chronically with PK2 had no changes in glucose levels but significantly reduced food intake and body weight compared to controls.

## CONCLUSIONS AND IMPLICATIONS

Together, our data suggest that the anorectic effects of peripherally administered PK2 are mediated via the brainstem and this effect requires PKR1 but not PKR2 signalling. Chronic administration of PK2 reduces food intake and body weight in a mouse model of human obesity, suggesting that PKR1-selective agonists have potential to be novel therapeutics for the treatment of obesity.

## Abbreviations

AHA, anterior hypothalamic area; ARC, arcuate nucleus; CFL-IR, c-fos-like immunoreactivity; DIO, diet-induced obesity; DMH, dorsomedial nucleus; DMV, dorsal motor vagal nucleus of the brainstem; PVN, paraventricular nucleus; LHA, lateral hypothalamic area; PK2, prokineticin 2; PKR1, prokineticin receptor 1; PKR2, prokineticin receptor 2; SON, supraoptic nucleus

## Introduction

The control of body weight is a complex physiological process. There is a critical need to identify novel regulatory pathways in energy homeostasis, which are suitable for pharmacological manipulation in order to treat patients with obesity.

Prokineticin 2 (PK2) is an 81-amino-acid peptide that binds to and activates two G-protein-coupled receptors, the PK receptor 1 (PKR1) and the PK receptor 2 (PKR2) (Lin *et al.*, 2002; Masuda *et al.*, 2002; Soga *et al.*, 2002). PK2 is highly expressed in several regions of the CNS, including the hypothalamus, with lower levels of expression in peripheral tissues (Wechselberger *et al.*, 1999; Li *et al.*, 2001; Cheng *et al.*, 2006). PKR1 is expressed in discrete CNS regions such as the dorsal motor nucleus (DMN) of brainstem, hypothalamic regions such as the arcuate nucleus (ARC), dorsomedial hypothalamus (DMH) and zona incerta, and focal areas of the olfactory system and hippocampus. PKR2 has a wide pattern of expression throughout the CNS, but is not expressed in the DMN. PK2 has been implicated in numerous physiological processes; for example, it potently stimulates contraction of gastrointestinal smooth muscle and is involved in neurogenesis and development of the CNS (Li *et al.*, 2001; Prosser *et al.*, 2007a). PK2 mRNA expression is most concentrated in the suprachiasmatic nucleus of the hypothalamus, the site of the master circadian clock, and PK2 is thought to have a role in regulation of circadian output (Cheng *et al.*, 2002; 2005; Li *et al.*, 2006; Prosser *et al.*, 2007b). Levels of hypothalamic PK2 expression are low when rodents feed (during the dark phase). Furthermore, a mouse model with targeted deletion of PK2 and humans with homozygous inactivating mutations in PK2 or the PK2 receptor develop obesity (Li *et al.*, 2006; Sarfati *et al.*, 2010). This evidence suggests that PK2 may be a novel regulator of food intake in humans. Consistent with this hypothesis, we recently demonstrated that i.c.v. administration of PK2 to rats potently reduces food intake, and that its anorectic effect may be mediated by the hypothalamic melanocortin system (Gardiner *et al.*, 2010). Additionally, we have shown that acute peripheral administration of PK2 to lean and diet-induced obese (DIO) mice significantly reduces food intake and body weight (Gardiner *et al.*, 2010). This suggests that the PKR1 and/or 2 may be a potential target for the development of novel anti-obesity therapies. It is therefore important to determine the mechanism of action of peripherally administered PK2 on food intake, its effects on glucose homeostasis and determine the efficacy of chronic administration of PK2 in obesity. We have investigated the region of the CNS and receptor, which mediates the anorectic effects of acute peripherally administered PK2. We have also investigated the effect of acute administration of PK2 on glucose homeostasis. Finally, we determined the effect of chronic peripheral administration of PK2 on food intake, body weight and glucose homeostasis in a mouse model of human obesity. These data have important implications for the therapeutic potential of PK2-mimetics as anti-obesity agents.

## Methods

### Animals

*Studies 1, 5 and 6.* All studies involving animals are reported in accordance with the ARRIVE guidelines for reporting

experiments involving animals (McGrath *et al.*, 2010). Animal procedures undertaken were approved by the British Home Office Animals (Scientific Procedures) Act 1986 (Project License 70/6402). Adult male C57Bl/6 mice weighing 20–25 g (Harlan, Bicester, UK) were singly housed in individually ventilated cages (width 24.5 cm, length 41.5 cm and depth 18.5 cm) at 21–23°C with a 12 h light/dark cycle. Animals had *ad libitum* access to food (RM1 diet; SDS, Witham, UK) and water, unless specified in procedure protocol. For the chronic study, adult male C57Bl/6J mice (Harlan, the Netherlands) were maintained as above but had *ad libitum* access to a 60 kcal% fat diet (D12492, Research Diets Inc., New Brunswick, NJ) supplemented with chocolate Delicato Balls (Delicato, Segeltorp, Sweden) for 13 weeks prior to and during the study.

*Study 2.* PKR2 knockout mice were generated as previously described using the C57Bl/6-Tyrc-Brd mouse strain (Prosser *et al.*, 2007b). Female animals were used since only 1/10 male animals were homozygotes. All female PKR2 homozygotes had unopened vaginal orifices, indicating sexual immaturity.

*Studies 3 and 4.* All experiments were performed under protocols approved by the Animal Care and Use Committee of the Italian Ministry of Health according to European Commission directives. Pkr1-null mutant mice were generated by Lexicon Genetics (The Woodlands, TX) as already described (Negri *et al.*, 2006). Germ-line chimeras were crossed with C57Bl/6J females to generate heterozygotes and then intercrossed, giving rise to overtly healthy mutant offspring in the expected Mendelian ratio. Progeny were genotyped with PCR. Pkr1-null mice were viable and largely indistinguishable from wild-type littermates. Adult male PKR1(+/+) and PKR1(-/-) mice, weighing 20–23 g, were housed in temperature-controlled rooms (22–25°C) with access to water and food *ad libitum*.

### Experimental design and measurements

*Study 1. Effect of peripheral PK2 administration on c-fos-like immunoreactivity in the brainstem and hypothalamus.* Male C57Bl/6 mice were administered either 540 nmol kg<sup>-1</sup> PK2 (Peptotech, London, UK) or saline i.p. in the early light phase ( $n = 6$  per group). This dose of PK2 was chosen as it has been shown to significantly reduce food intake in mice (Gardiner *et al.*, 2010). Ninety minutes later, mice were killed by i.p. injection of pentobarbitone. C-fos-like immunoreactivity was determined using immunocytochemistry for c-fos on brain sections as previously described (Batterham *et al.*, 2002). Total numbers of c-fos-positive cells were counted bilaterally in matched sections from hypothalamic nuclei and the brainstem.

*Study 2. Effect of peripheral PK2 administration on food intake in PKR2 knockout mice.* *Ad libitum* fed wild-type ( $n = 13$ ) and PKR2 knockout female mice ( $n = 6$ ) were administered either saline, 20 nmol kg<sup>-1</sup> PK2 or 60 nmol kg<sup>-1</sup> PK2 i.p. at the beginning of the dark phase. A crossover study design was used. These doses were chosen because they have previously been shown to significantly, but not maximally, reduce acute food intake (Gardiner *et al.*, 2010). Following injection, a known amount of food was returned to the cages; and food was re-weighed at 1, 2, 4, 6 and 24 h post injection.

**Study 3. Effect of peripheral PK2 administration on food intake in PKR1 knockout mice.** *Ad libitum* fed male wild-type and male PKR1(-/-) mice ( $n = 6$  per group) were administered saline, 20 nmol kg<sup>-1</sup> PK2 or 60 nmol kg<sup>-1</sup> PK2 i.p. at the beginning of the dark phase. These doses were chosen because they have previously been shown to significantly, but not maximally, reduce acute food intake (Gardiner *et al.*, 2010). Following injection, a known amount of food was returned to the cages; and food was re-weighed at 1, 2, 4, 6 and 24 h post injection.

**Study 4. Effect of peripheral PK2 administration on food intake in wild-type mice with or without co-administration of a PKR1 antagonist.** Effects of PK2 administration (60 nmol kg<sup>-1</sup> i.p.) were studied in mice at the beginning of the dark phase, in the presence of a previously described PKR1 antagonist, PC1 (Balboni *et al.*, 2008; Giannini *et al.*, 2009). The dose of PC1 (220 nmol kg<sup>-1</sup> s.c.) was chosen since it is significantly reduces pain and inflammation (Giannini *et al.*, 2009). *Ad libitum* fed male wild-type ( $n = 6-7$  per group) were administered i.p. saline, PK2 alone, PC1 alone, or PK2 with PC1, at the beginning of the dark phase. Following injection, a known amount of food was returned to the cages; and food was re-weighed at 1, 2 and 12 h post injection.

**Study 5. Effect of peripheral PK2 administration on glucose homeostasis.** In order to assess the effects of PK2 on glucose tolerance, *ad libitum* fed male C57Bl/6 mice received an i.p. injection of 2 g kg<sup>-1</sup> D-glucose. Animals were then immediately injected with either saline or 540 nmol kg<sup>-1</sup> PK2 ( $n = 12$  per group) in the early light phase. To determine the effects of PK2 on insulin tolerance, male C57Bl/6 mice were fasted for 24 h then given an i.p. injection of 1.5 units kg<sup>-1</sup> Humulin (Eli Lilly, Basingstoke, UK), followed by either saline or 540 nmol kg<sup>-1</sup> PK2 ( $n = 12$  per group) in the early light phase.

In both studies, tail vein blood was collected at 0, 15, 30, 60, 90, 120 and 150 min after injection. Plasma glucose was measured using the Acensia Contour blood glucose monitoring system (Bayer HealthCare, Newbury, UK).

**Study 6. Effect of chronic peripheral PK2 administration on food intake and body weight in DIO mice.** DIO mice weighing 40–55 g were implanted s.c. with Alzet mini-osmotic pumps (Model 2002, ALZET, Cupertino, CA) as previously described (Thompson *et al.*, 2006; 700/id). The pumps contained either 0.9% saline ( $n = 11$ ), PK2 (60 nmol kg<sup>-1</sup> h<sup>-1</sup> or 4.4 mg/168  $\mu$ L) ( $n = 10$ ) or PK2 (120 nmol kg<sup>-1</sup> h<sup>-1</sup> or 8.8 mg/168  $\mu$ L) ( $n = 10$ ) with sufficient peptide for continuous infusion for 14 days. These doses of PK2 were chosen as they have previously been shown to significantly reduce food intake when the hourly dose was administered as a single i.p. injection to mice (Gardiner *et al.*, 2010). A further two groups ( $n = 11$ ) were implanted with a pump containing saline and were pair-fed to the PK2-treated mice.

**Food intake and body weight.** Food intake and body weight were monitored daily for 13 days.

**Behavioural analysis.** In order to determine if chronic peripheral PK2 administration had any effect on behaviour, behavioural analysis was conducted on day 8 post surgery as previously described (Fray *et al.*, 1980).

Plasma collection for hormone analysis. Mice were fasted overnight on day 13 of the study, and fasting plasma glucose was measured on the morning of day 14 by tail vein sampling and blood glucose meter (Ascensia, Bayer). Mice were then killed by asphyxiation with CO<sub>2</sub>. Plasma was collected by cardiac puncture for analysis of insulin and leptin.

**Plasma assays.** Plasma insulin was measured using a mouse plasma insulin ELISA kit (Crystal Chem Inc., Downers Grove, IL). Plasma leptin was measured using ELISA (Crystal Chem Inc.).

### Data analysis and statistical procedures

Values are presented as mean  $\pm$  SEM, except c-fos and behavioural analysis data, which are presented as median and interquartile range. For c-fos ICC data, the Mann–Whitney *U*-test was used. Data from the PKR2 knockout study and behavioural studies were compared using Kruskal–Wallis one-way ANOVA on ranks. In the chronic study, differences in cumulative food intake and body weight through time were compared across experimental groups using generalized estimating equation curve analysis (Stata 9.1, Statacorp, College Station, TX). Plasma assays were analysed using a one-way ANOVA, followed by *post hoc* Dunnett's test. Plasma glucose levels were compared using an unpaired Student's *t*-test. *P*-values < 0.05 were considered significant.

## Results

### Study 1: Peripheral PK2 administration increases c-fos-like immunoreactivity in the dorsal motor nucleus of the brainstem

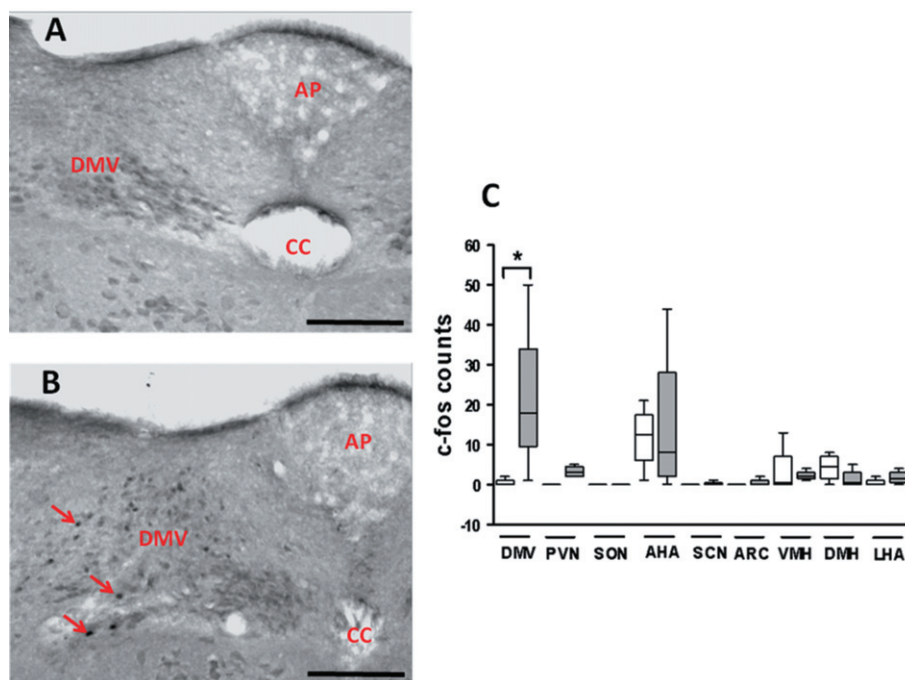
I.p. administration of 540 nmol kg<sup>-1</sup> PK2 to C57Bl/6 mice significantly increased c-fos-like immunoreactivity in the dorsal motor vagal nucleus (DMV) of the brainstem compared with saline-injected controls at 90 minutes post-injection [c-fos counts in DMV median (interquartile range): saline 0 (0–1), PK2 18 (9.5–34),  $n = 6$  per group] (Figure 1A,B). No significant differences in c-fos expression were observed in the other areas of the brainstem or hypothalamus (Figure 1C).

### Study 2: Peripherally administered PK2 retains its anorectic effects in PKR2 knockout mice

I.p. administration of 20 and 60 nmol kg<sup>-1</sup> PK2 significantly reduced 0–1 h food intake in both wild-type and PKR2 knockout mice (Figure 2). There were no significant changes in food intake for PK2-injected animals compared with saline controls at any other time point in wild-type or PKR2 knockout mice (Supplementary Table S1).

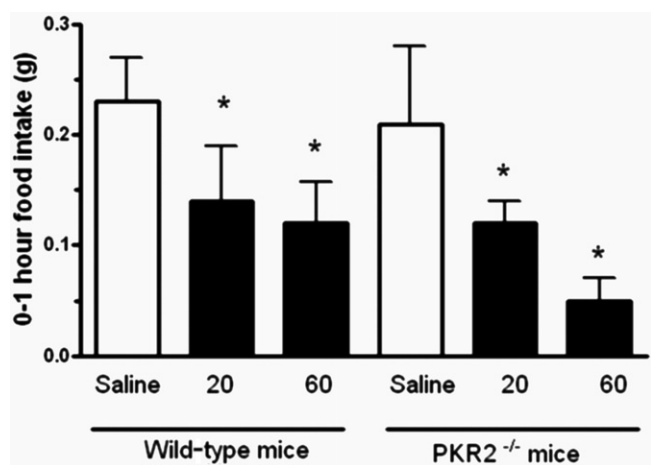
### Study 3: Peripherally administered PK2 does not alter food intake in PKR1 knockout mice

I.p. administration of 20 and 60 nmol kg<sup>-1</sup> PK2 significantly reduced 0–1 h food intake in wild-type, but not in PKR1(-/-) mice (Figure 3). There were no significant changes in food



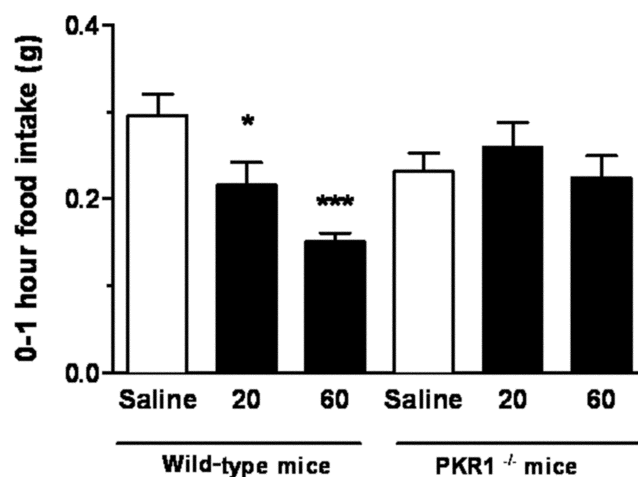
**Figure 1**

Effect of saline or PK2 on c-fos-like immunoreactivity in the brain of mice. (A, B) Representative light-field microphotographs showing the effect of i.p. saline (A) or 540 nmol kg<sup>-1</sup> PK2 (B) administration on c-fos-like immunoreactivity in the brain of mice. The arrows indicate c-fos-like immunoreactivity in the DMV nucleus of the brainstem in PK2-treated animals. AP = area postrema, CC = central canal. A and B: 200× magnification. Scale bars are equivalent to 100 μm, *n* = 6 per group. (C) Median and interquartile ranges of c-fos-like immunoreactivity in DMV, PVN, SON, AHA, suprachiasmatic nucleus (SCN), ARC, ventromedial nucleus (VMH), dorsomedial nucleus (DMH) and lateral hypothalamic area (LHA). The saline and 540 nmol kg<sup>-1</sup> PK2 groups are denoted by the left and right bars in each pair respectively.



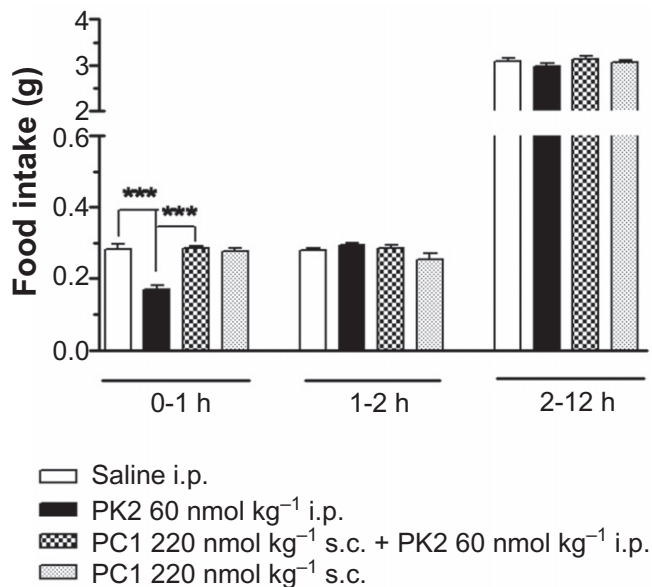
**Figure 2**

Food intake in wild-type and PKR2 knockout mice following saline or PK2 injection. 0–1 h food intake in wild-type and PKR2 knockout mice following i.p. injection of either saline, 20 nmol kg<sup>-1</sup> PK2 or 60 nmol kg<sup>-1</sup> PK2. \**P* < 0.05 versus saline, *n* = 6–13 per group.



**Figure 3**

Food intake in wild-type and PKR1 knockout mice following saline or PK2 injection. 0–1 h food intake in wild-type and PKR1 knockout mice following i.p. injection of either saline, 20 nmol kg<sup>-1</sup> PK2 or 60 nmol kg<sup>-1</sup> PK2. \**P* < 0.05 versus saline, *n* = 6 per group.



**Figure 4**

Food intake in wild-type mice following saline or PK2 injection in the presence of a PKR1 antagonist, PC1. Food intake at 0–1, 1–2 and 2–12 h in wild-type mice following administration of saline, PK2 alone, PC1 alone or PK2 with PC1. PK2 was administered i.p. at the dose, 60 nmol kg<sup>-1</sup>. PC1 was administered s.c. at the dose, 220 nmol kg<sup>-1</sup>. \*\*\**P* < 0.001; *n* = 6–7 per group.

intake for PK2-injected animals compared with saline controls at any other time point (Supplementary Table S2).

#### Study 4. Peripheral PK2 administration does not alter food intake in wild type mice with co-administration of a PKR1 antagonist

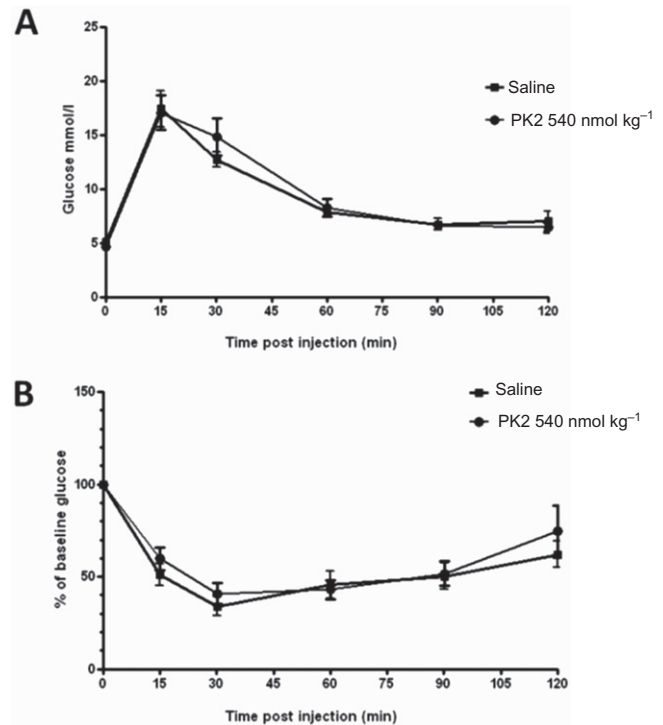
S.c. injection of the PKR1-preferring antagonist, PC1 (220 nmol kg<sup>-1</sup>), had no effect on spontaneous feeding in male mice (Figure 4). As previously observed, i.p. administration of 60 nmol kg<sup>-1</sup> PK2 significantly reduced 0–1 h food intake in male mice; however, this dose of PK2 had no effect on 0–1 h food intake in the presence of PC1 (Figure 4).

#### Study 5: Peripheral PK2 administration has no effect on glucose homeostasis

Administration of 540 nmol kg<sup>-1</sup> PK2 had no effect on plasma glucose following i.p. glucose administration (Figure 5A). Similarly, following i.p. insulin administration, there were no differences in plasma glucose between animals administered saline or 540 nmol kg<sup>-1</sup> PK2 at any time point studied (Figure 5B).

#### Study 6: Chronic peripheral administration of PK2 reduces food intake and body weight in diet-induced obese mice

**Food intake and body weight.** Administration of 60 nmol kg<sup>-1</sup> h<sup>-1</sup> PK2 significantly reduced cumulative food intake between days 1 and 3 post surgery compared with saline controls, and administration of 120 nmol kg<sup>-1</sup> h<sup>-1</sup> PK2



**Figure 5**

Effect of saline or PK2 on glucose homeostasis in mice. Plasma glucose levels in mice injected with either 2 g kg<sup>-1</sup> D-glucose (A) or 1.5 units kg<sup>-1</sup> Humulin (B) followed by saline or 540 nmol kg<sup>-1</sup> PK2 treatment. Plasma glucose was measured at 0, 15, 30, 60, 90, 120 and 150 min after injection. *n* = 12 per group.

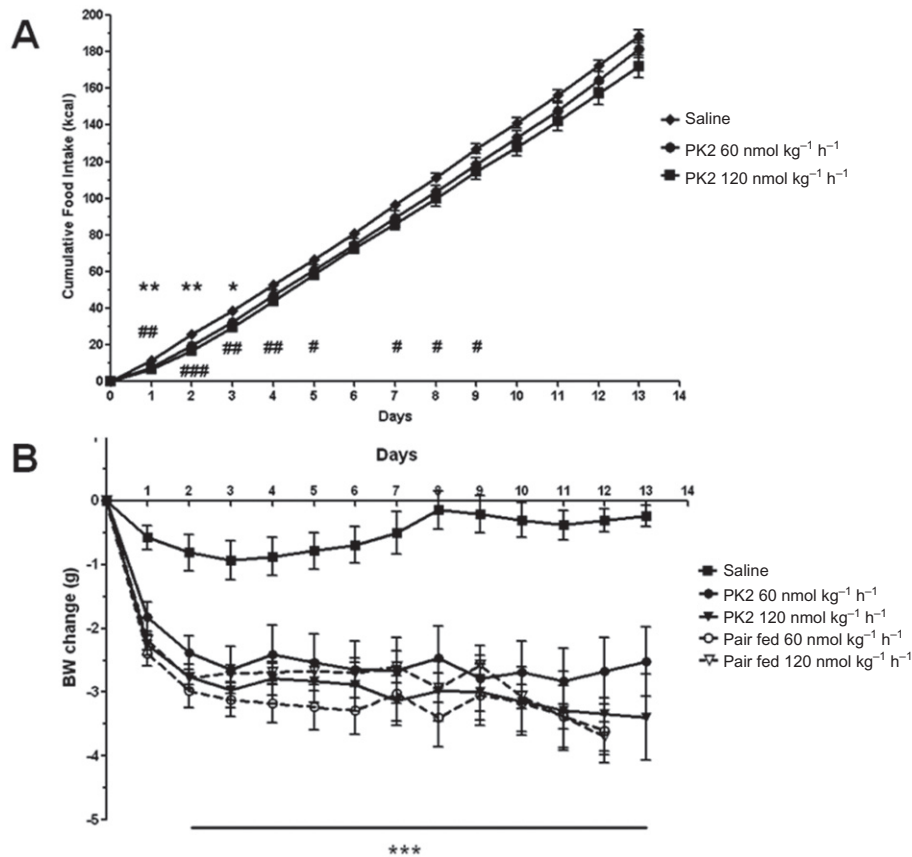
significantly reduced cumulative food intake between days 1 and 9 compared with saline controls (Figure 6A). PK2 administered at 60 nmol kg<sup>-1</sup> h<sup>-1</sup> and 120 nmol kg<sup>-1</sup> h<sup>-1</sup> significantly reduced body weight gain between day 1 and day 13 post surgery compared with saline controls. Mice pair-fed to each dose of PK2 lost a similar amount of weight to those administered PK2 (Figure 6B).

**Behavioural analysis.** Administration of 120 nmol kg<sup>-1</sup> h<sup>-1</sup> PK2 significantly reduced sleeping behaviour compared with saline controls [sleeping episodes median (interquartile range): saline 15 (15–20.5), PK2 13 (9–15), *P* < 0.05, *n* = 10–11 per group]. No other differences in behaviour were observed between groups (data not shown).

**Plasma analysis.** At the termination of the study, there was no significant difference in fasting plasma glucose, insulin or leptin in PK2-treated mice when compared with saline (Table 1). There was a significant reduction in plasma glucose and insulin in the two pair-fed groups compared with saline controls.

## Discussion

We previously demonstrated that PK2 potently inhibits food intake in rodents, which suggests that it may be a novel



**Figure 6**

Effect of chronic administration of saline or PK2 on food intake and body weight in diet-induced obese mice. Cumulative food intake (A) and body weight change (B) in diet-induced obese mice implanted with a mini-osmotic pump containing either saline, PK2 (60 nmol kg<sup>-1</sup> h<sup>-1</sup>) or PK2 (120 nmol kg<sup>-1</sup> h<sup>-1</sup>). Figure 4A: \**P* < 0.05, \*\**P* < 0.01 60 nmol kg<sup>-1</sup> h<sup>-1</sup> PK2 versus saline; #*P* < 0.05, ##*P* < 0.01, ###*P* < 0.001 120 nmol kg<sup>-1</sup> h<sup>-1</sup> PK2 versus saline, *n* = 10–11 per group. Figure 4B: \*\*\**P* < 0.001 all groups versus saline.

**Table 1**

The effect of a 13 day infusion of saline or PK2 on fasting plasma glucose, insulin and leptin in mice

	Saline	PK2 60 nmol kg <sup>-1</sup> h <sup>-1</sup>	Pair fed to PK2 60 nmol kg <sup>-1</sup> h <sup>-1</sup>	PK2 120 nmol kg <sup>-1</sup> h <sup>-1</sup>	Pair fed to PK2 120 nmol kg <sup>-1</sup> h <sup>-1</sup>
Glucose (mmol L <sup>-1</sup> )	8.34 ± 0.44	7.74 ± 0.26	7.77 ± 0.33	7.03 ± 0.52	7.57 ± 0.26
Insulin (ng mL <sup>-1</sup> )	2.46 ± 0.31	1.87 ± 0.18	1.60 ± 0.20*	1.77 ± 0.26	1.41 ± 0.16**
Leptin (ng mL <sup>-1</sup> )	26.68 ± 0.82	24.69 ± 0.81	25.36 ± 0.83	24.93 ± 0.87	26.12 ± 0.62

Three groups of *ad libitum* fed mice (*n* = 10–11 per group) received a 13 day infusion of saline or 60 or 120 nmol kg<sup>-1</sup> h<sup>-1</sup> PK2. Two further groups of mice also received saline but were pair fed to the PK2-treated groups. Fasting plasma glucose, insulin and leptin were measured on day 14. \**P* < 0.05, \*\**P* < 0.01 versus saline.

regulator of food intake (Gardiner *et al.*, 2010). In the current study, we observed that peripheral administration of PK2 significantly reduced food intake in mice. PK2 binds to and activates two closely related G-protein-coupled receptors, the PKR1 and PKR2 (Lin *et al.*, 2002; Masuda *et al.*, 2002; Soga *et al.*, 2002). PK2 has similar efficacy at the PKR1 and the PKR2 (Soga *et al.*, 2002). It was therefore important to investigate which receptor subtype mediates the anorectic effects

of PK2. We observed that peripherally administered PK2 (20 or 60 nmol kg<sup>-1</sup>) inhibited food intake in mice lacking a functional PKR2 gene but had no effect on food intake in mice lacking a functional PKR1 gene. Furthermore, we have demonstrated that the anorectic effects of PK2 are abolished by co-administration of a PKR1 antagonist. Our data therefore suggest that peripherally administered PK2 inhibits food intake through a PKR1- rather than PKR2-dependent mecha-

nism. We cannot exclude that higher doses of PK2 than the doses studied (20 and 60 nmol kg<sup>-1</sup>) would inhibit food intake in a PKR2-dependent manner; however, our data suggest that PKR1 is the receptor that mediates the anorectic effects of peripherally administered PK2.

We previously demonstrated that i.c.v. administration of PK2 increased c-fos immunoreactivity within the hypothalamic arcuate nucleus (ARC) supraoptic nucleus (SON), ARC, paraventricular nucleus (PVN) and anterior hypothalamic area (AHA) (Gardiner *et al.*, 2010); and direct injection of PK2 into these same nuclei significantly reduced food intake. By contrast, peripheral administration of PK2 does not increase c-fos immunoreactivity in any of these hypothalamic regions. Therefore, both central and peripheral PK2 administration inhibit food intake; however, our data suggest that hypothalamic activation is associated with central but not peripheral PK2 administration.

PKR1 is known to be expressed in the DMV nucleus of the brainstem (Cheng *et al.*, 2006). Furthermore, we observed elevated c-fos immunoreactivity (a marker of neuronal activation) within the DMV following peripheral PK2 administration. This suggests that peripherally administered PK2 may directly act through the DMV to inhibit food intake. However, we cannot exclude that the anorectic effects of peripheral PK2 are mediated through a peripheral, intermediary signal.

A recent report has suggested that administration of PK2 impaired glucose clearance in a glucose tolerance test (Zhou *et al.*, 2009). It was therefore important to investigate the effect of acute and chronic PK2 administration on glucose homeostasis, particularly if PK2 is to be used as a therapeutic target for the treatment of obesity. Our data suggest that acute or chronic PK2 administration does not have an adverse effect on glucose homeostasis. The differences in the effects of PK2 on glucose homeostasis in our studies and the previous report may have been due to the different doses of PK2 administered, or differences in animal housing conditions.

In order to determine the therapeutic potential of PK2 as an anti-obesity agent, we determined the effects of chronic administration of PK2 in DIO mice, which provides a mouse model of human obesity. Continuous administration of PK2 to DIO mice significantly reduced food intake and body weight compared with saline controls. There was no attenuation of the effect of PK2 on body weight, suggesting that tachyphylaxis did not occur. Animals pair-fed to both PK2 treatment groups lost a similar amount of weight to animals administered PK2, suggesting that the reduction in body weight was primarily mediated by a decrease in food intake and not an increase in energy expenditure.

Negri *et al.* (2004) previously studied the effects of the reptilian homologue of PK2, Bv8, on food intake in rats. They observed that Bv8 inhibited food intake for up to 12 h following administration. It would be interesting to determine if differential pharmacokinetics between PK2 and Bv8 explain their contrasting durations of anorectic action.

In summary, we have demonstrated that peripherally administered PK2 acts via the brainstem to reduce food intake in mice. This effect is not dependent upon signalling through the PKR2. Importantly, PK2 did not adversely affect glucose homeostasis. Chronic continuous infusion of PK2 significantly reduced body weight and food intake in a mouse

model of human obesity. Our data suggest that PKR1-selective agonists have potential to be novel therapeutics for the treatment of obesity.

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## Conflicts of interest

None.

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## Supporting information

Additional Supporting Information may be found in the online version of this article:

**Table S1** Effect of i.p. administration of saline or PK2 to wild-type or PKR2 knockout mice.

**Table S2** Effect of i.p. administration of saline or PK2 to wild-type or PKR1 knockout mice.