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Renin-Angiotensin Inhibition in Diastolic Heart Failure and Chronic Kidney Disease

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Abstract

BACKGROUND—The role of renin-angiotensin inhibition in older patients with diastolic heart failure and chronic kidney disease remains unclear.

METHODS—Of the 1340 patients (age 65 years), with diastolic heart failure (ejection fraction 45%) and chronic kidney disease (estimated glomerular filtration rate <60 ml/min/1.73 m²), 717 received angiotensin-converting enzyme inhibitors or angiotensin receptor blockers. Propensity scores for the use of these drugs, estimated for each of the 1340 patients, were used to assemble a cohort of 421 pairs of patients, receiving and not receiving these drugs, who were balanced on 56 baseline characteristics.

RESULTS—During more than 8 years of follow-up, all-cause mortality occurred in 63% and 69% of matched patients with chronic kidney disease receiving and not receiving angiotensin-converting enzyme inhibitors or angiotensin receptor blockers, respectively (hazard ratio {HR}, 0.82; 95% confidence interval {CI}, 0.70–0.97; p=0.021). There was no association with heart failure hospitalization (HR, 0.98; 95% CI, 0.82–1.18; p=0.816). Similar mortality reduction (HR, 0.81; 95% CI, 0.66–0.995; p=0.045) occurred in a subgroup of matched patients with an estimated glomerular filtration rate <45 ml/min/1.73 m². Among 207 pairs of propensity-matched patients

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Conflict of Interest: None

Authorship: Dr Ahmed conceived the study hypothesis and design in collaboration with coauthors, and wrote the first draft. Dr Ahmed performed statistical analyses in collaboration with Drs Aban, Love, and Patel and Ms Zhang. All authors interpreted the data, participated in critical revision of the paper for important intellectual content, and approved the final version of the article. Drs Aban, Ahmed, and Patel and Ms Zhang had full access to the data.

without chronic kidney disease, the use of these drugs was not associated with mortality (HR, 1.03; 95% CI, 0.80–1.33; $p=0.826$) or heart failure hospitalization (HR, 0.99; 95% CI, 0.76–1.30; $p=0.946$).

CONCLUSIONS—A discharge prescription for angiotensin-converting enzyme inhibitors or angiotensin receptor blockers was associated with a significant reduction in all-cause mortality in older patients with diastolic heart failure and chronic kidney disease including those with more advanced chronic kidney disease.

Keywords

Angiotensin-converting enzyme inhibitors; Angiotensin receptor blockers; Chronic kidney disease; Diastolic heart failure

Chronic kidney disease is common in patients with heart failure and is associated with poor outcomes.^{1,2} Angiotensin-converting enzyme inhibitors or angiotensin II type 1 receptor blockers may improve clinical outcomes in older adults with systolic heart failure and chronic kidney disease, although this benefit appeared more marked in those without chronic kidney disease.³ Heart failure in older adults is often associated with preserved ejection fraction, also known as diastolic heart failure, which is more common among older women often with a history of hypertension.^{4,5} Although heart failure symptoms do not vary by ejection fraction,^{4,5} diastolic heart failure patients generally have better outcomes.^{6,7} Yet, compared to those without heart failure, these patients are at an increased risk of death.⁸ However, inhibitors of renin-angiotensin system have not been shown to improve outcomes in clinical trials enrolling chronic stable outpatients with diastolic heart failure.^{9–11} Because treatment effect is often more pronounced in subgroups with poorer prognosis,¹² and the intrinsic effect of chronic kidney disease on mortality may be more pronounced in diastolic than in systolic heart failure,² we hypothesized that renin-angiotensin inhibitors would improve outcomes in diastolic heart failure patients with chronic kidney disease. Therefore, the objective of the current study was to examine the clinical effectiveness of angiotensin-converting enzyme inhibitors or angiotensin receptor blockers in hospitalized older patients with diastolic heart failure and chronic kidney disease.

MATERIALS AND METHODS

Data Source and Study Patients

The current study is based on the Alabama Heart Failure Project, the details of which have been described previously.^{3,13} Briefly, 9649 charts of fee-for-service Medicare beneficiaries hospitalized with heart failure during 1998–2001 in 106 Alabama hospitals were abstracted. A primary discharge diagnosis of heart failure was ascertained using the International Classification of Diseases, 9th Revision, Clinical Modification codes for heart failure. These hospitalizations occurred in 8555 unique heart failure patients, of whom 7058 patients age 65 years or older were discharged alive, of whom 2166 had diastolic heart failure or left ventricular ejection fraction <45%. Of the 2166 diastolic heart failure patients, data on baseline serum creatinine was available on 2137 patients, of whom 1340 had chronic kidney disease, defined as an estimated glomerular filtration rate <60 ml/min/1.73 m². Data on baseline demographics, clinical history including admission medications, hospital course and discharge medications were collected.

Angiotensin-Converting Enzyme Inhibitor or Angiotensin Receptor Blocker Use

Of the 1340 patients with diastolic heart failure and chronic kidney disease, 717 (54%) received discharge prescriptions for angiotensin-converting enzyme inhibitors ($n=558$), angiotensin receptor blockers ($n=147$) or both ($n=12$). We used guideline recommended

doses for systolic heart failure to categorize patients into those receiving below-target and target (at or above) doses of these drugs.³

Mortality and Hospitalization

The primary outcome was all-cause mortality over 8 years of follow-up through April 2, 2007. Secondary outcomes included all-cause and heart failure hospitalizations. All outcomes data were obtained from the Centers for Medicare and Medicaid Services Medicare fee-for-service claims files.^{3, 13}

Assembly of a Balanced Cohort

Because of the imbalances in baseline characteristics between patients receiving and not receiving angiotensin-converting enzyme inhibitors or angiotensin receptor blockers (Table 1 and Figure 1), we assembled a cohort of propensity-matched patients in which the two treatment groups would be well-balanced on all measured baseline covariates.^{3, 14–16} We used a nonparsimonious multivariable logistic regression model adjusting for 56 baseline characteristics (Figure 1) to estimate propensity scores for the receipt of these drugs for each of the 1340 patients.^{17, 18} Using a greedy matching protocol, we were able to match 421 pairs of patients receiving and not receiving these drugs who had similar propensity scores.^{19–21} Covariate balance before and after matching was assessed by estimating absolute standardized differences and presented as Love plots.^{22–24} An absolute standardized difference of 0% indicates no residual bias and differences <10% are considered inconsequential.

Of the 2137 diastolic heart failure patients with data on baseline serum creatinine, 797 patients were without chronic kidney disease, defined as estimated glomerular filtration rate < 60 ml/min/1.73 m². Using this cohort of 797 patients and employing the above propensity-matching approach, we assembled a second balanced cohort of 207 pairs of diastolic heart failure patients without chronic kidney disease receiving and not receiving these drugs.

Statistical Analysis

Baseline characteristics between the two treatment groups were compared using Pearson's Chi square and Wilcoxon rank-sum tests for the pre-match data, and McNemar's test and paired sample t-test for post-match comparisons, as appropriate. Our primary outcome of interest was all-cause mortality during 8 years of follow-up.³ When a cohort of older heart failure patients is followed for a long duration, mortality is expected to be 100% regardless of treatment or intervention. Therefore, instead of comparing proportions of events, we compared times to events using Kaplan-Meier and Cox regression analyses. For hospitalization outcomes, to adjust for competing risk of death, we also examined associations with time to composite endpoints of all-cause mortality or heart failure hospitalization and all-cause mortality or all-cause hospitalization. Formal sensitivity analyses were conducted to quantify the degree of a hidden bias that would be required to explain away a significant association among matched patients. Subgroup analyses were conducted to determine the homogeneity of association. We then examined the associations of below-target and target doses of these drugs with outcomes using patients not receiving these drugs as reference.²⁵ Finally, we examined the associations of these drugs with outcomes in those with chronic kidney disease Stage 3B (estimated glomerular filtration rate < 45 ml/min/1.73 m²) not receiving renal replacement therapy. All statistical tests were two-tailed with a p-value < 0.05 considered significant. Statistical analyses were performed using SPSS-18 for Windows (SPSS, Inc., 2009, Chicago, IL).

RESULTS

Baseline Characteristics

Matched patients (n=842) had a mean age (\pm SD) of 79 (\pm 8) years, 71% were women, and 16% were African American. Pre-match imbalances in the distribution of various baseline characteristics between the two treatment groups were well balanced after matching (Table 1 and Figure 1). Post-match absolute standardized differences for all measured covariates were <10% (most <5%) suggesting substantial bias reduction. Matched diastolic heart failure patients without chronic kidney disease (n=414) had a mean age (\pm SD) of 79 (\pm 8) years, 66% were women, and 23% were African American, who were also well balanced after matching (Table 2).

All-Cause Mortality in Diastolic Heart Failure and Chronic Kidney Disease

Among matched patients with diastolic heart failure and chronic kidney disease a discharge prescription for angiotensin-converting enzyme inhibitors or angiotensin receptor blockers was associated with a 11-month longer (41 versus 30 months for those not receiving those drugs) median survival, corresponding with a 18% relative risk reduction (hazard ratio {HR}, 0.82; 95% confidence interval {CI}, 0.70–0.97; $p=0.021$; Table 3 and Figure 2). A hidden covariate that is a near-perfect predictor of mortality may potentially explain away this association if it would increase the odds of discharge prescription for these drugs by about 1%. This association was homogeneous across various subgroups of patients (Figure 3). Similar risk-adjusted associations were observed in 1340 pre-match patients with chronic kidney disease (Table 3).

Of the 309 (73% of 421) matched patients with data on doses, 92 (22%) received target and 217 (51%) received below-target doses of these drugs. HRs for total mortality associated with the use of below-target and target doses were 0.82 (95% CI, 0.67–1.00; $p=0.051$) and 0.84 (95% CI, 0.63–1.11; $p=0.224$), respectively. Respective pre-match multivariable-adjusted HRs associated with below-target and target-dose use were 0.80 (95% CI, 0.68–0.95; $p=0.011$) and 0.79 (95% CI, 0.63–0.99; $p=0.042$), respectively.

Heart Failure Hospitalization in Diastolic Heart Failure and Chronic Kidney Disease

Patients receiving angiotensin-converting enzyme inhibitors or angiotensin receptor blockers had a 6% higher absolute risk and about 7 months longer median time to heart failure hospitalization (HR, 0.98; 95% CI, 0.82–1.18; $p=0.816$; Table 4). Median time to composite endpoints of all-cause mortality or heart failure hospitalization for patients receiving and not receiving these drugs were 18 (95% CI, 15–21) and 11 (95% CI, 9–14) months, respectively (HR, 0.90; 95% CI, 0.78–1.04; $p=0.149$).

All-Cause Hospitalization in Diastolic Heart Failure and Chronic Kidney Disease

Patients receiving renin-angiotensin inhibitors had a 1% lower relative risk and 3 months longer median time to all-cause hospitalization (HR, 0.81; 95% CI, 0.70–0.94; $p=0.005$; Table 5). This association remained unchanged for the composite endpoints of all-cause mortality or all-Page 8 of 18 cause hospitalization with median time to events of 5 (95% CI, 4–6) and 3 (95% CI, 2–4) months for those receiving and not receiving therapy, respectively (HR, 0.82; 95% CI, 0.71–0.94; $p=0.005$).

All-Cause Mortality in Diastolic Heart Failure and Chronic Kidney Disease Stage 3B or Greater

Among the subset of 487 matched patients with diastolic heart failure and chronic kidney disease stage 3B, all-cause mortality occurred in 69% (171/247) of those receiving

renin-angiotensin inhibitors and 76% (182/240) of those not receiving these drugs, with respective median survival times of 32 (95% CI, 25–39) and 22 (95% CI, 15–29) months (HR when the use of these drugs was compared to their non-use, 0.81; 95% CI, 0.66–0.995; $p=0.045$). Relative to nonuse of these drugs, HRs for all-cause mortality associated with their use in below-target and target doses were 0.84 (95% CI, 0.65–1.08; $p=0.176$) and 0.70 (95% CI, 0.48–1.03; $p=0.067$), respectively.

Outcomes in Older Diastolic Heart Failure Patients without Chronic Kidney Disease

A discharge prescription for angiotensin-converting enzyme inhibitors or angiotensin receptor blockers had no association with all-cause mortality (HR, 1.03; 95% CI, 0.80–1.33; $p=0.826$; Table 3), heart failure hospitalization (HR, 0.99; 95% CI, 0.76–1.30; $p=0.946$; Table 4) or all-cause hospitalization (HR, 0.92; 95% CI, 0.75–1.13; $p=0.404$; Table 5) in diastolic heart failure patients without chronic kidney disease.

DISCUSSION

Summary and Relevance of Key Findings

Findings of the current analysis demonstrate that a discharge prescription for angiotensin-converting enzyme inhibitors or angiotensin receptor blockers was associated with a significant lower risk of all-cause mortality and all-cause hospitalization in older diastolic heart failure patients with chronic kidney disease, including those with stage 3B or greater chronic kidney disease, but had no association with heart failure hospitalization. These associations were similar regardless of whether patients were receiving these drugs at or above target doses. In contrast, the use of these drugs had no association with outcomes in diastolic heart failure patients without chronic kidney disease. These findings suggest that despite concerns for worsening kidney function, inhibitors of the renin-angiotensin system are safe and beneficial in older patients with diastolic heart failure and chronic kidney disease, a large and heretofore unstudied segment of heart failure population.

Potential Explanations and Mechanisms of the Key Findings

Inhibitors of the renin-angiotensin system improve clinical outcomes in systolic heart failure by reducing ventricular preload and afterload, attenuating myocardial fibrosis, and reducing maladaptive ventricular remodeling.²⁶ However, these drugs did not improve outcomes in ambulatory chronic stable diastolic heart failure patients in clinical trials that excluded patients with chronic kidney disease.^{10, 11, 27} Although our analysis in those without chronic kidney disease was underpowered, the null associations are consistent with those in clinical trials. A lower total mortality without an associated lower heart failure hospitalization in those with chronic kidney disease receiving renin-angiotensin inhibitors in our study is intriguing. Sudden death, common in heart failure, may preclude hospitalization and drugs that reduce sudden death may improve survival without reducing hospitalization. However, renin-angiotensin inhibitors failed to reduce sudden death in systolic heart failure in clinical trials.^{28, 29} Instead, they were more effective in reducing death due to pump failure^{28, 29} Although death due to pump failure is less common in diastolic heart failure,³⁰ it is more common in advanced heart failure,³¹ as in those with chronic kidney disease.² Further, treatment effect has been shown to be more profound in subsets with advanced disease and poor outcomes.¹² Although diastolic heart failure patients with and without chronic kidney disease had similar age (mean, 79 years; Table 1), baseline mortality was higher in those with chronic kidney disease (73% vs. 59% in those without; Table 3). The observed mortality reduction associated with the use of renin-angiotensin inhibition may also in part be explained by slower progression of chronic kidney disease,^{32–35} which may be more intrinsic and less cardiorenal syndrome in diastolic heart failure than in systolic heart failure.² However, we had no data on kidney function during follow-up.

Comparison with Findings from Relevant Published Literature

Inhibition of the renin-angiotensin system has been shown to be associated with a modest improvement in outcomes in systolic heart failure patients with chronic kidney disease.^{3, 36} To the best of our knowledge, this is the first propensity-matched study of clinical effectiveness of these drugs in diastolic heart failure patients with chronic kidney disease, a large, unstudied segment of heart failure population. Although these drugs did not seem to improve outcomes in trial-eligible younger ambulatory diastolic heart failure patients,^{10, 11, 27} findings from our study suggest that they may be beneficial in real-world older hospitalized diastolic heart failure patients with chronic kidney disease.

Clinical and Public Health Importance

Over half of older heart failure patients have diastolic heart failure, most of whom also have chronic kidney disease, which is associated with poor outcomes.² Currently there is no evidence that neurohormonal antagonists improve mortality in diastolic heart failure. If our findings can be replicated in other well-designed propensity-matched inception cohort studies, cumulative data from these studies may provide Level B evidence (derived from single randomized clinical trial or multiple non-randomized studies).³⁷ This is important considering that over half of the current heart failure guideline recommendations are based on Level C evidence (expert opinion, case studies, or standards of care).³⁸ In addition, they may provide hypothesis and preliminary data for a definitive randomized clinical trial.

In the interim, our findings provide important insights into the potential role of these drugs in older patients with diastolic heart failure and chronic kidney disease. The benefit of inhibition of renin-angiotensin system in chronic kidney disease has been documented in various patient populations.^{32, 34, 35} Findings from our study suggest that this benefit may also extend to those with diastolic heart failure. The prevalence of low systolic blood pressure and elevated serum potassium was not high in our study. However, these drugs should be used with caution in those patients. Considering that the use of these drugs has been shown to be associated with declines in glomerular filtration rates,^{39, 40} future studies also need to examine the effect of these drugs on incident dialysis in heart failure patients with chronic kidney disease.

Potential Limitations

Our study has several limitations. As in any non-randomized study, findings of our study may potentially be confounded by imbalances in unmeasured covariates. Findings from our sensitivity analysis suggest that mortality reduction observed in our study was sensitive to a potential unmeasured confounder. However, sensitivity analysis cannot determine if such an unmeasured confounder exists or not. Further, to act as a confounder, an unmeasured covariate would need to be a near-perfect predictor of outcomes, be associated with the exposure, and not be strongly correlated with any of the measured baseline covariates, an unlikely probability. Although an assembly of a balanced matched cohort enhances internal validity, the loss of data during the process may limit external validity. However, our matched associations were similar to those based on pre-match multivariable-adjusted regression models. We had no data on postdischarge adherence to discharge prescriptions, which may have resulted in regression dilution and potential underestimation of the true association.⁴¹ We also had no data on cause-specific mortality.

CONCLUSIONS

A discharge prescription for angiotensin-converting enzyme inhibitors or angiotensin receptor blockers was associated with a significant reduction in all-cause mortality and all-cause hospitalization in older patients with diastolic heart failure and chronic kidney disease,

including those with more advanced chronic kidney disease, but had no association with heart failure hospitalization. Although these drugs have not been shown to improve outcomes in diastolic heart failure,^{10, 11, 27, 42} taken together with their benefit in systolic heart failure patients with chronic kidney disease,³ findings from the current study suggest that renin-angiotensin inhibition may be beneficial in heart failure patients with chronic kidney disease, regardless of ejection fraction. In addition to replicating these findings in other well designed studies, future studies also need to examine the effect of these drugs on incident dialysis in patients with heart failure.

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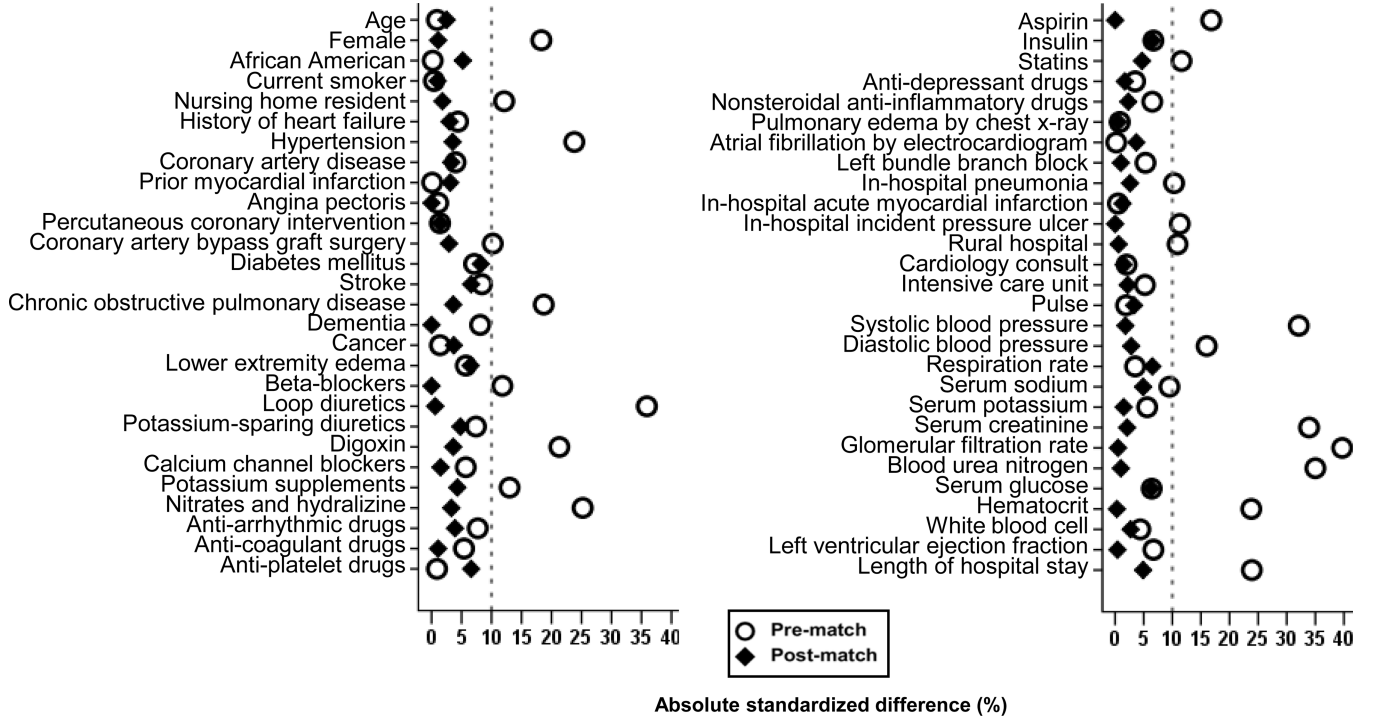
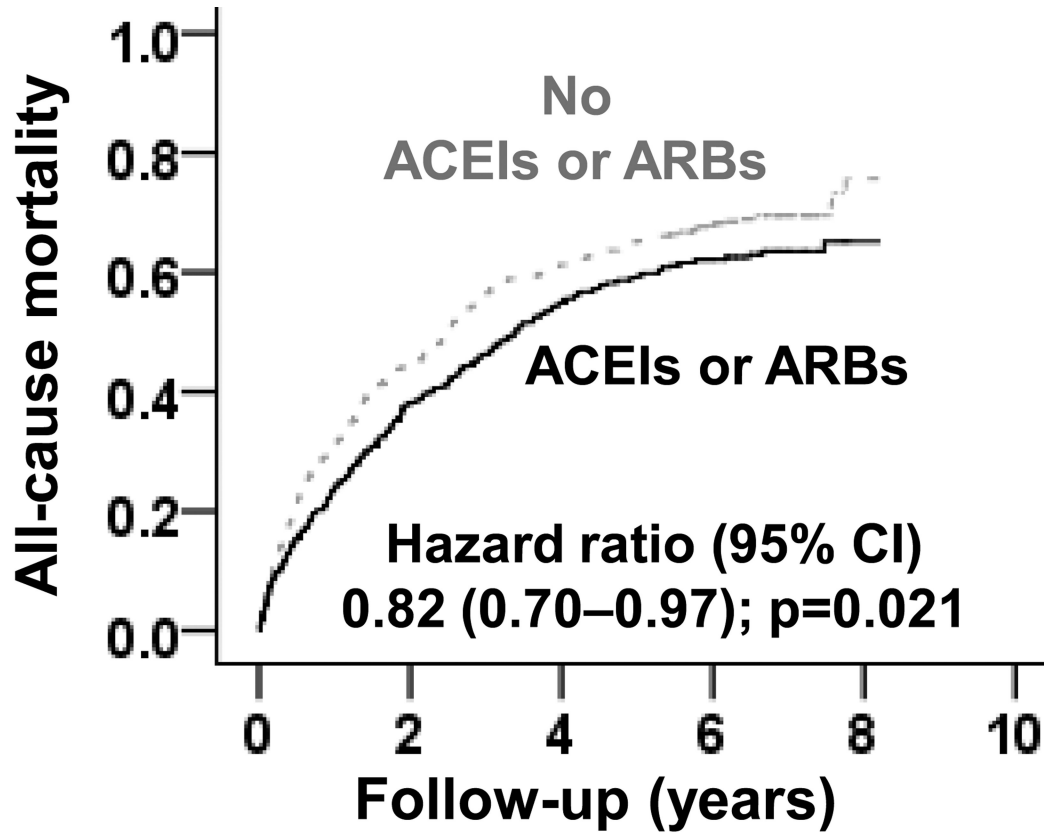


Figure 1. Love plots displaying absolute standardized differences for 56 baseline characteristics between older diastolic heart failure patients with chronic kidney disease receiving versus not receiving discharge prescriptions for angiotensin-converting enzyme inhibitors or angiotensin receptor blockers, before and after propensity score matching.



Number participants at risk

No ACEIs or ARBs	421	233	163	106	09
ACEIs or ARBs	421	261	190	111	13

Figure 2. Kaplan-Meier plot for all-cause mortality in a propensity-matched cohort of older diastolic heart failure patients with chronic kidney disease receiving and not receiving discharge prescription of angiotensin-converting enzyme inhibitors (ACEIs) or angiotensin receptor blockers (ARBs)

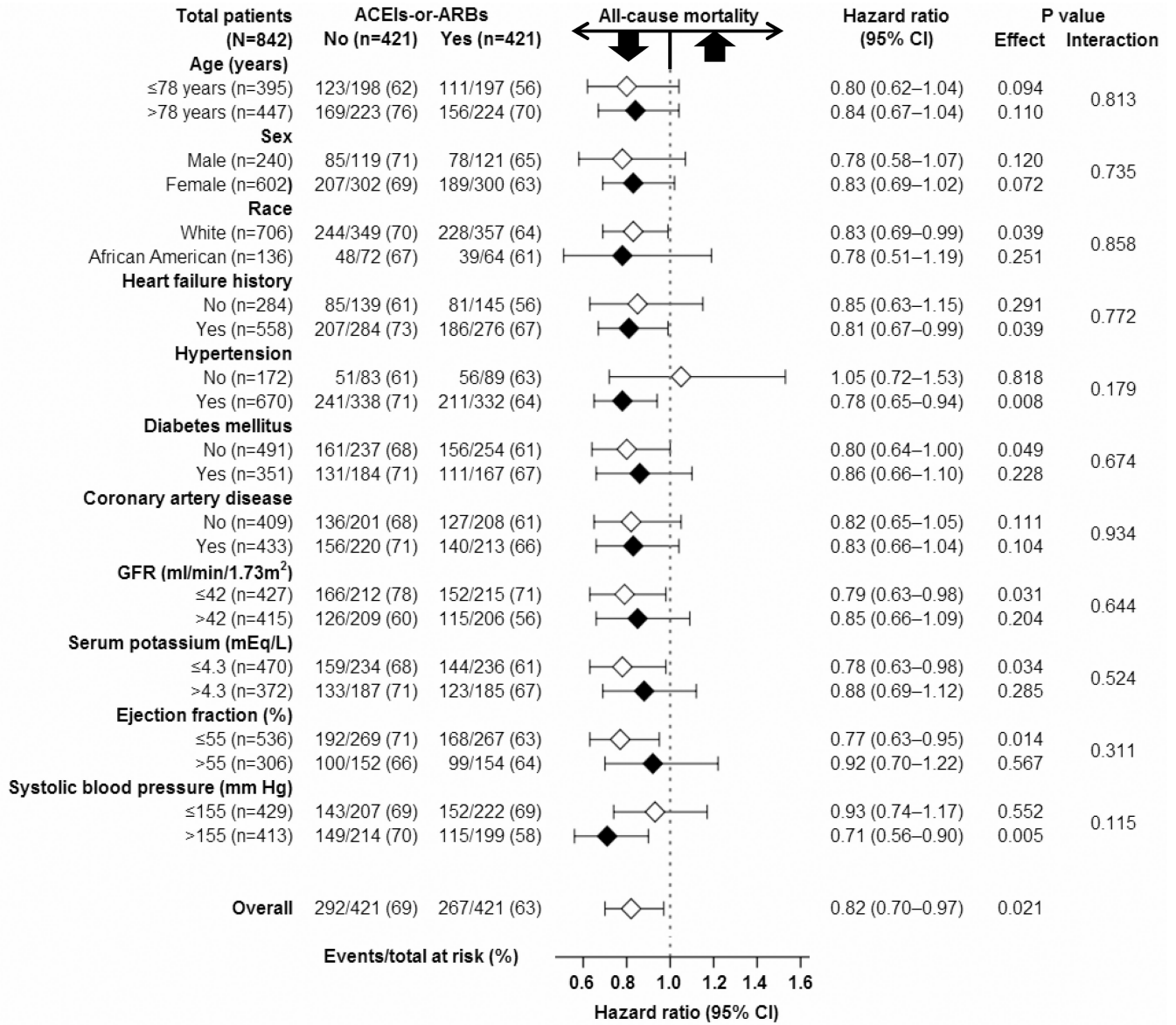


Figure 3. Association of discharge prescription of angiotensin-converting enzyme inhibitors (ACEIs) or angiotensin receptor blockers (ARBs) with all-cause mortality in subgroups of propensity-matched older diastolic heart failure patients with chronic kidney disease; (GFR = glomerular filtration rate)

Table 1
 Baseline Patient Characteristics of Older Diastolic Heart Failure Patients with Chronic Kidney Disease by Discharge Prescriptions for Angiotensin-Converting Enzyme Inhibitors or Angiotensin Receptor Blockers, Before and After Propensity Score Matching

n (%) or mean (±SD)	Before Propensity Score Matching			After Propensity Score Matching		
	No (n=623)	Yes (n=717)	P Value	No (n=421)	Yes (n=421)	P Value
Age (years)	79 (±8)	79 (±8)	0.867	79 (±8)	79 (±8)	0.715
Female	415 (67)	537 (75)	0.001	300 (71)	302 (72)	0.937
African American	103 (17)	119 (17)	0.975	64 (15)	72 (17)	0.509
Nursing home residents	53 (9)	39 (5)	0.027	29 (7)	31 (7)	0.894
Current smoker	42 (7)	49 (7)	0.947	23 (5)	24 (6)	1.000
Prior ACEI intolerance	11 (1.8)	10 (1.4)	0.586	5 (1.2)	5 (1.2)	1.000
Left ventricular ejection fraction (%)	56 (±8)	56 (±8)	0.222	56 (±8)	56 (±8)	0.955
Past medical history						
Prior heart failure	405 (65)	481 (67)	0.423	276 (66)	282 (67)	0.708
Hypertension	453 (73)	592 (83)	<0.001	332 (79)	338 (80)	0.664
Coronary artery disease	328 (53)	363 (51)	0.460	213 (51)	220 (52)	0.684
Myocardial infarction	115 (19)	132 (18)	0.982	72 (17)	77 (18)	0.716
Angina pectoris	112 (18)	126 (18)	0.847	78 (19)	78 (19)	1.000
Percutaneous coronary intervention	83 (13)	99 (14)	0.796	58 (14)	56 (13)	0.920
Coronary artery bypass graft	145 (23)	137 (19)	0.062	87 (21)	92 (22)	0.735
Left bundle branch block	37 (6)	52 (7)	0.336	27 (6)	26 (6)	1.000
Diabetes mellitus	263 (42)	328 (46)	0.194	167 (40)	184 (44)	0.257
Atrial fibrillation	183 (29)	210 (29)	0.973	126 (30)	119 (28)	0.650
Stroke	144 (23)	141 (20)	0.124	77 (18)	88 (21)	0.396
Chronic obstructive pulmonary disease	230 (37)	202 (28)	0.001	131 (31)	138 (33)	0.643
Dementia	62 (10)	55 (8)	0.140	39 (9)	39 (9)	1.000
Cancer	11 (2)	14 (2)	0.801	8 (2)	6 (1)	0.774
Clinical findings						

n (%) or mean (±SD)	Before Propensity Score Matching			After Propensity Score Matching		
	No (n=623)	Yes (n=717)	P Value	No (n=421)	Yes (n=421)	P Value
Pulse (beats per minute)	85 (±21)	85 (±22)	0.734	84 (±23)	84 (±21)	0.635
Systolic blood pressure (mmHg)	149 (±33)	160 (±34)	<0.001	153 (±31)	154 (±33)	0.781
Systolic blood pressure <80 (mmHg)	3 (0.2)	0 (0)	0.063	1 (0.1)	0 (0)	0.317
Diastolic blood pressure (mmHg)	77 (±19)	80 (±21)	0.004	77 (±20)	78 (±18)	0.674
Respiration (breaths per minute)	23 (±6)	23 (±6)	0.523	23 (±5)	23 (±6)	0.341
Peripheral edema	458 (74)	545 (76)	0.294	307 (73)	319 (76)	0.382
Pulmonary edema by chest x-ray	440 (71)	509 (71)	0.884	292 (69)	293 (70)	1.000
Tests and procedures						
Serum sodium (mEq/L)	138 (±5)	139 (±5)	0.082	139 (±4)	138 (±5)	0.479
Serum potassium (mEq/L)	4.3 (±0.7)	4.3 (±0.7)	0.302	4.3 (±0.7)	4.3 (±0.7)	0.836
Serum potassium 5.5 (mEq/L)	33 (5)	32 (5)	0.479	24 (6)	25 (6)	0.883
Serum creatinine (mEq/L)	2.0 (±1.3)	1.6 (±0.9)	<0.001	1.8 (±1.2)	1.7 (±0.9)	0.758
Estimated glomerular filtration rate (ml/min/1.73m ²)	38 (±14)	43 (±12)	<0.001	40 (±13)	40 (±13)	0.941
Estimated glomerular filtration rate < 15 (ml/min/1.73m ²)	48 (8)	22 (3)	<0.001	19 (5)	22 (5)	0.631
Blood urea nitrogen (mg/dL)	35 (±20)	29 (±14)	<0.001	31 (±16)	32 (±17)	0.883
Serum glucose (mg/dL)	147 (±64)	151 (±68)	0.244	144 (±65)	148 (±63)	0.361
Hematocrit (%)	34 (±6)	36 (±6)	<0.001	35 (±6)	35 (±6)	0.966
White blood cell (10 ³ /μL)	9 (±5)	9 (±6)	0.421	9 (±4)	9 (±5)	0.650
Hospital and care characteristics						
Pneumonia	185 (30)	180 (25)	0.060	116 (28)	121 (29)	0.751
Acute myocardial infarction	22 (4)	26 (4)	0.926	14 (3)	13 (3)	1.000
Pressure ulcer	61 (10)	48 (7)	0.039	34 (8)	34 (8)	1.000
Rural hospital	128 (21)	180 (25)	0.048	98 (23)	97 (23)	1.000
Cardiology consult	398 (64)	451 (63)	0.709	268 (64)	265 (63)	0.888
Intensive care unit	30 (5)	27 (4)	0.342	19 (5)	21 (5)	0.871
Length of stay (days)	8 (±6)	7 (±5)	<0.001	7 (±6)	7 (±5)	0.464

n (%) or mean (\pm SD)	Before Propensity Score Matching		After Propensity Score Matching		P Value
	Use of Angiotensin-Converting Enzyme Inhibitors or Angiotensin Receptor Blockers		Use of Angiotensin-Converting Enzyme Inhibitors or Angiotensin Receptor Blockers		
	No (n=623)	Yes (n=717)	No (n=421)	Yes (n=421)	
Discharge medications					
Beta-blockers (heart failure)	112 (18)	163 (23)	84 (20)	84 (20)	1.000
Loop diuretics	434 (70)	606 (85)	328 (78)	329 (78)	1.000
Potassium-sparing diuretics	58 (9)	83 (12)	44 (10)	38 (9)	0.567
Digoxin	159 (26)	253 (35)	133 (32)	126 (30)	0.659
Calcium channel blockers	228 (37)	243 (34)	156 (37)	153 (36)	0.884
Potassium supplements	239 (38)	321 (45)	190 (45)	181 (43)	0.571
Nitrates and hydralazine	40 (6)	11 (2)	8 (2)	10 (2)	0.815
Anti-arrhythmic drugs	63 (10)	90 (13)	47 (11)	42 (10)	0.644
Anti-coagulants	142 (23)	180 (25)	96 (23)	94 (22)	0.937
Anti-platelet drugs	66 (11)	78 (11)	35 (8)	43 (10)	0.410
Aspirin	210 (34)	300 (42)	158 (38)	158 (38)	1.000
Insulin	104 (17)	138 (19)	61 (14)	71 (17)	0.387
Statins	85 (14)	128 (18)	58 (14)	65 (15)	0.551
Anti-depressants	131 (21)	161 (22)	93 (22)	90 (21)	0.864
Non-steroidal anti-inflammatory drugs	62 (10)	86 (12)	45 (11)	48 (11)	0.815

Table 2
 Baseline Patient Characteristics of Older Diastolic Heart Failure Patients without Chronic Kidney Disease by Discharge Prescriptions for Angiotensin-Converting Enzyme Inhibitors or Angiotensin Receptor Blockers, Before and After Propensity Score Matching

n (%) or mean (±SD)	Before Propensity Score Matching		P Value	After Propensity Score Matching		P Value
	No (n=330)	Yes (n=467)		No (n=207)	Yes (n=207)	
Age (years)	79 (±8)	78 (±8)	0.094	79 (±8)	79 (±8)	0.603
Female	220 (67)	295 (63)	0.309	135 (65)	138 (67)	0.836
African American	68 (21)	136 (29)	0.007	51 (25)	46 (22)	0.640
Nursing home residents	30 (9)	20 (4)	0.006	17 (8)	14 (7)	0.711
Current smoker	35 (11)	42 (9)	0.448	22 (11)	22 (11)	1.000
Prior ACEI intolerance	2 (0.6)	6 (1.3)	0.344	0 (0)	4 (1.9)	0.044
Left ventricular ejection fraction (%)	58 (±8)	56 (±8)	0.0001	57 (±8)	58 (±9)	0.486
Past medical history						
Prior heart failure	183 (56)	274 (59)	0.366	117 (57)	119 (58)	0.922
Hypertension	200 (61)	361 (77)	<0.001	150 (73)	140 (68)	0.332
Coronary artery disease	140 (42)	199 (43)	0.958	85 (41)	80 (39)	0.691
Myocardial infarction	36 (11)	85 (18)	0.005	31 (15)	31 (15)	1.000
Angina pectoris	57 (17)	82 (18)	0.916	32 (16)	35 (17)	0.795
Percutaneous coronary intervention	33 (10)	53 (11)	0.545	16 (8)	18 (9)	0.856
Coronary artery bypass graft	43 (13)	76 (16)	0.206	27 (13)	25 (12)	0.878
Left bundle branch block	13 (4)	35 (8)	0.038	11 (5)	11 (5)	1.000
Diabetes mellitus	98 (30)	195 (42)	0.001	73 (35)	73 (35)	1.000
Atrial fibrillation	110 (33)	130 (28)	0.096	59 (29)	64 (31)	0.661
Stroke	58 (18)	84 (18)	0.881	38 (18)	41 (20)	
Chronic obstructive pulmonary disease	123 (37)	175 (38)	0.954	85 (41)	77 (37)	0.505
Dementia	49 (15)	37 (8)	0.002	24 (12)	21 (10)	0.755
Cancer	12 (4)	3 (1)	0.002	4 (2)	3 (1)	1.000
Clinical findings						

n (%) or mean (±SD)	Before Propensity Score Matching			After Propensity Score Matching		
	No (n=330)	Yes (n=467)	P Value	No (n=207)	Yes (n=207)	P Value
Pulse (beats per minute)	92 (±24)	85 (±22)	<0.001	88 (±21)	90 (±22)	0.552
Systolic blood pressure (mmHg)	152 (±31)	164 (±31)	<0.001	158 (±32)	159 (±30)	0.670
Systolic blood pressure <80 (mmHg)	1 (0.3)	0 (0)	0.234	0 (0)	0 (0)	0.000
Diastolic blood pressure (mmHg)	80 (±16)	83 (±19)	0.026	81 (±16)	82 (±19)	0.760
Respiration (breaths per minute)	23 (±6)	23 (±5)	0.044	23 (±6)	23 (±6)	0.753
Peripheral edema	233 (71)	345 (74)	0.308	143 (69)	150 (73)	0.505
Pulmonary edema by chest x-ray	209 (63)	288 (62)	0.633	129 (62)	133 (64)	0.755
Tests and procedures						
Serum sodium (mEq/L)	138 (±5)	139 (±5)	0.137	138 (±5)	138 (±5)	0.872
Serum potassium (mEq/L)	4.1 (±0.5)	4.1 (±0.5)	0.269	4.1 (±0.5)	4.1 (±0.5)	0.521
Serum potassium >5.5 (mEq/L)	5 (2)	6 (1)	0.784	3 (1)	2 (1)	1.000
Serum creatinine (mEq/L)	0.9 (±0.19)	0.9 (±0.18)	<0.001	0.9 (±0.18)	0.9 (±0.18)	0.833
Estimated glomerular filtration rate (ml/min/1.73m ²)	82 (±23)	78 (±18)	0.004	80 (±20)	79 (±18)	0.744
Blood urea nitrogen (mg/dL)	17 (±8)	17 (±6)	0.455	16 (±7)	17 (±6)	0.414
Serum glucose (mg/dL)	138 (±54)	143 (±60)	0.284	139 (±54)	142 (±57)	0.489
Hematocrit (%)	37 (±6)	38 (±6)	0.441	37 (±6)	38 (±6)	0.506
White blood cell (10 ³ /μL)	9 (±4)	9 (±4)	0.095	9 (±4)	9 (±4)	0.613
Hospital and care characteristics						
Pneumonia	80 (24)	108 (23)	0.715	50 (24)	53 (26)	0.815
Acute myocardial infarction	19 (6)	16 (3)	0.114	11 (5)	9 (4)	0.824
Pressure ulcer	28 (9)	27 (6)	0.138	14 (7)	12 (6)	0.845
Rural hospital	79 (24)	113 (24)	0.933	52 (25)	50 (24)	0.908
Cardiology consult	193 (59)	303 (65)	0.067	127 (61)	126 (61)	1.000
Intensive care unit	17 (5)	16 (3)	0.228	9 (4)	8 (4)	1.000
Length of stay (days)	7 (±5)	6 (±4)	0.010	6 (±4)	7 (±4)	0.592
Discharge medications						
Beta-blockers (heart failure)	38 (12)	72 (15)	0.116	25 (12)	31 (15)	0.488

n (%) or mean (±SD)	Before Propensity Score Matching			After Propensity Score Matching		
	Use of Angiotensin-Converting Enzyme Inhibitors or Angiotensin Receptor Blockers		P Value	Use of Angiotensin-Converting Enzyme Inhibitors or Angiotensin Receptor Blockers		P Value
	No (n=330)	Yes (n=467)		No (n=207)	Yes (n=207)	
Loop diuretics	233 (71)	396 (85)	<0.001	165 (80)	166 (80)	1.000
Potassium-sparing diuretics	18 (6)	59 (13)	0.001	14 (7)	16 (8)	0.845
Digoxin	85 (26)	160 (34)	0.010	55 (27)	57 (28)	0.911
Calcium channel blockers	117 (36)	118 (25)	0.002	68 (33)	67 (32)	1.000
Potassium supplements	150 (46)	246 (53)	0.045	104 (50)	97 (47)	0.547
Nitrates and hydralazine	3 (0.9)	2 (0.4)	0.397	2 (1)	2 (1)	1.000
Anti-arrhythmic drugs	38 (12)	43 (9)	0.288	22 (11)	18 (9)	0.608
Anti-coagulant drugs	73 (22)	106 (23)	0.848	46 (22)	41 (20)	0.615
Anti-platelet drugs	27 (8)	56 (12)	0.083	21 (10)	22 (11)	1.000
Aspirin	98 (30)	184 (39)	0.005	66 (32)	69 (33)	0.824
Insulin	33 (10)	80 (17)	0.004	23 (11)	25 (12)	0.878
Statins	21 (6)	71 (15)	<0.001	20 (10)	19 (9)	1.000
Anti-depressant drugs	64 (19)	83 (18)	0.561	39 (19)	35 (17)	0.689
Non-steroidal anti-inflammatory drugs	31 (9)	64 (14)	0.064	20 (10)	19 (9)	1.000

Table 3

Association of Angiotensin-Converting Enzyme Inhibitor or Angiotensin Receptor Blocker Use with All-Cause Mortality in Older Diastolic Heart Failure Patients with and without Chronic Kidney Disease, Before and After Propensity Score Matching

All-Cause Mortality	% (Total Events/Total Patients); Median Time to Event (95% CI) in Months		Hazard Ratio* (95% CI)	P Value
	Use of Angiotensin-Converting Enzyme Inhibitors or Angiotensin Receptor Blockers			
	No	Yes		
Chronic kidney disease				
Pre-match, unadjusted	73% (456/623); 27 (22–31)	63% (450/717); 47 (41–53)	0.70 (0.61–0.80)	<0.001
Pre-match, multivariable-adjusted	---	---	0.81 (0.70–0.93)	0.003
Pre-match, propensity-adjusted	---	---	0.83 (0.72–0.96)	0.010
Propensity-matched	69% (292/421); 30 (25–35)	63% (267/421); 41 (34–48)	0.82 (0.70–0.97)	0.021
No chronic kidney disease				
Pre-match, unadjusted	59% (193/330); 49 (37–62)	53% (248/467); 71 (60–82)	0.83 (0.69–1.01)	0.056
Pre-match, multivariable-adjusted	---	---	1.02 (0.82–1.27)	0.868
Pre-match, propensity-adjusted	---	---	1.05 (0.85–1.31)	0.649
Propensity-matched	58% (119/207); 52 (38–66)	58% (119/207); 61 (42–81)	1.03 (0.80–1.33)	0.826

* Hazard ratios comparing patients receiving angiotensin-converting enzyme inhibitors or angiotensin receptor blockers with patients not receiving those drugs

Table 4

Association of Angiotensin-Converting Enzyme Inhibitor or Angiotensin Receptor Blocker Use with Heart Failure Hospitalization in Older Diastolic Heart Failure Patients with and without Chronic Kidney Disease, Before and After Propensity Score Matching

Heart Failure Hospitalization	% (Total Events/Total Patients); Median Time to Event (95% CI) in Months		Hazard Ratio* (95% CI)	P Value
	Use of Angiotensin-Converting Enzyme Inhibitors or Angiotensin Receptor Blockers			
	No	Yes		
Chronic kidney disease				
Pre-match, unadjusted	50% (311/623); 28 (23–34)	60% (430/717); 31 (27–35)	1.00 (0.86–1.15)	0.960
Pre-match, multivariable-adjusted	---	---	0.93 (0.79–1.09)	0.364
Pre-match, propensity-adjusted	---	---	0.97 (0.83–1.13)	0.679
Propensity-matched	52% (218/421); 27 (20–35)	58% (243/421); 34 (29–34)	0.98 (0.82–1.18)	0.816
No chronic kidney disease				
Pre-match, unadjusted	47% (155/330); 44 (34–54)	53% (249/467); 41 (34–48)	1.10 (0.90–1.34)	0.363
Pre-match, multivariable-adjusted	---	---	1.03 (0.82–1.31)	0.793
Pre-match, propensity-adjusted	---	---	1.02 (0.81–1.30)	0.847
Propensity-matched	51% (106/207); 43 (35–52)	49% (102/207); 47 (38–57)	0.99 (0.76–1.30)	0.946

* Hazard ratios comparing patients receiving angiotensin-converting enzyme inhibitors or angiotensin receptor blockers with patients not receiving those drugs.

Table 5

Association of Angiotensin-Converting Enzyme Inhibitor or Angiotensin Receptor Blocker Use with All-Cause Hospitalization in Older Diastolic Heart Failure Patients with and without Chronic Kidney Disease, Before and After Propensity Score Matching

All-Cause Hospitalization	% (Total Events/Total Patients); Median Time to Event (95% CI) in Months		Hazard Ratio* (95% CI)	P Value
	Use of Angiotensin-Converting Enzyme Inhibitors or Angiotensin Receptor Blockers			
	No	Yes		
Chronic kidney disease				
Pre-match, unadjusted	89% (553/623); 3.1 (2.5–3.7)	88% (630/717); 5.7 (4.5–6.9)	0.77 (0.69–0.86)	<0.001
Pre-match, multivariable-adjusted	---	---	0.78 (0.69–0.88)	<0.001
Pre-match, propensity-adjusted	---	---	0.79 (0.70–0.90)	<0.001
Propensity-matched	89% (374/421); 3.4 (2.5–4.3)	88% (371/421); 6.1 (4.3–7.9)	0.81 (0.70–0.94)	0.005
No chronic kidney disease				
Pre-match, unadjusted	86% (285/330); 7.5 (5.9–9.1)	89% (414/467); 7.3 (5.7–8.9)	0.95 (0.81–1.10)	0.459
Pre-match, multivariable-adjusted	---	---	0.93 (0.78–1.11)	0.424
Pre-match, propensity-adjusted	---	---	0.94 (0.79–1.13)	0.941
Propensity-matched	89% (184/207); 7.3 (5.3–9.3)	86% (178/207); 5.8 (3.3–8.4)	0.92 (0.75–1.13)	0.404

* Hazard ratios comparing patients receiving angiotensin-converting enzyme inhibitors or angiotensin receptor blockers with patients not receiving those drugs