

Published in final edited form as:

*Semin Arthritis Rheum.* 2010 August ; 40(1): 32–52. doi:10.1016/j.semarthrit.2009.08.005.

## Magnetic Resonance Imaging And Brain Histopathology In Neuropsychiatric Systemic Lupus Erythematosus

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### Abstract

**Objective**—Magnetic resonance imaging (MRI) often demonstrates brain lesions in neuropsychiatric systemic lupus erythematosus (NPSLE). The present study compared *post-mortem* histopathology with *pre-mortem* MRI in NPSLE.

**Methods**—200 subjects with NPSLE were studied prospectively with MRI over a 10-year period during which 22 subjects died. In 14 subjects, a brain autopsy with histopathology that permitted direct comparison with *pre mortem* MRI was successfully obtained. Surface anatomy was used to determine the approximate location of individual lesions.

**Results**—*Pre mortem* MRI findings in fatal NPSLE were small focal white matter lesions (100%), cortical atrophy (64%), ventricular dilation (57%), cerebral edema (50%), diffuse white matter abnormalities (43%), focal atrophy (36%), cerebral infarction (29%), acute leukoencephalopathy (25%), intracranial hemorrhage (21%), and calcifications (7%). Microscopic findings in fatal NPSLE included global ischemic changes (57%), parenchymal edema (50%), microhemorrhages (43%), glial hyperplasia (43%), diffuse neuronal/axonal loss (36%), resolved cerebral infarction (33%), microthromboemboli (29%), blood vessel remodeling (29%), acute cerebral infarction (14%), acute macrohemorrhages (14%), and resolved intracranial hemorrhages (7%). Cortical atrophy and ventricular dilation seen by MRI predicted brain mass at autopsy ( $r = -0.72$ ,  $p = 0.01$ , and  $r = -0.77$ ,  $p = 0.01$ , respectively). Cerebral autopsy findings, including

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infarction, cerebral edema, intracranial hemorrhage, calcifications, cysts, and focal atrophy were also predicted accurately by *pre mortem* MRI.

**Conclusion**—Brain lesions in NPSLE detected by MRI accurately represent serious underlying cerebrovascular and parenchymal brain injury on pathology.

### Keywords

SLE; Neuropsychiatric; Magnetic Resonance; NPSLE; MRI; Autopsy

## Introduction

Neuropsychiatric systemic lupus erythematosus (NPSLE) is associated with both discrete and generalized brain lesions seen on neuroimaging, but the etiology and basis for these NPSLE-associated brain lesions remain uncertain (1-5). Lesions on magnetic resonance imaging (MRI) may be observed in 25-75% of NPSLE patients, and increase with disease severity, disease activity, patient age, and neurologic events (3-14). The significance of MRI-visible lesions in NPSLE generally remains speculative; however, recent evidence suggests that focal lesions in NPSLE represent neuronal injury from various etiologies (6-15). Except for a limited number of paired imaging-autopsy case reports, a major problem with past neuroimaging studies in NPSLE has been the general lack of histopathologic correlates to assist in interpretation. To address this deficiency, the present study compared prospective *pre mortem* MRI to *post mortem* histopathologic findings obtained at autopsy in each of 14 subjects.

## Materials and Methods

### Study Design

This study was approved by the institutional review board (IRB) and complied with the Declaration of Helinski. Each participant provided *a priori* written informed consent for both the clinical studies and the *post mortem* autopsy. The diagnosis of SLE was established in each subject using the American Rheumatism Association 1982 and American College of Rheumatology (ACR) 1997 revised criteria for systemic lupus erythematosus (SLE) (17,18). A rheumatologist confirmed the diagnosis of SLE after an in-depth face-to-face interview, medical history, physical examination, chart-review, and appropriate laboratory testing. Every 3 months and during NPSLE episodes, SLE disease activity was determined with the Systemic Lupus Erythematosus Disease Activity Index (SLEDAI) (19) and SLE disease severity (damage index) was measured with Systemic Lupus Erythematosus International Collaborating Clinics/American College of Rheumatology Damage Index (SLICC/ACRDI) (20). Each of these was further subcategorized into Neuro-SLEDAI consisting of the neurologic components of SLEDAI (seizures, psychosis, organic brain syndrome, visual abnormality, headache, cerebral infarct) and Neuro-SLICC consisting of the neurologic components of SLICC/ACRDI (retinal pathology, optic atrophy, cognitive disorder, psychosis, seizures, stroke, neuropathy, transverse myelitis) as described previously (21). NPSLE was characterized by the ACR nomenclature and case definitions for NPSLE (22). Clinical characteristics are shown in Tables 1 and 2. 200 subjects with NPSLE were prospectively studied with MRI over a 10-year period during which 22 subjects died.

**Magnetic Resonance Imaging protocol**—The study design was to obtain a baseline MRI at study entry, a repeat MRI in those subjects with active NPSLE episodes, and another MRI at resolution defined 3 months after the NPSLE episode. In 14 subjects a brain autopsy that permitted comparison of MRI obtained *pre mortem* with *post mortem* brain histopathology was obtained.

*Pre mortem* MRI was acquired at 1.5 Tesla with a General Electric Signa clinical scanner (GE Medical Systems, Waukesha, WI) using a transmit/receive head coil (33-37). Proton density (PD)/T<sub>2</sub>-weighted (T<sub>2</sub>) MR images (TR=3,000 ms; TE=30/100 ms; field of view=24 cm × 24 cm; slice thickness/gap = 5/1 mm), fluid attenuated inversion recovery (FLAIR) images (TR=10,002 ms, TE = 145 ms, TI = 2200 ms; slice thickness/gap = 5/0 mm), and T<sub>1</sub>-weighted (TE = 9 ms, TR = 550 ms) were obtained in the axial plane (14,23). To confirm or exclude acute cerebral infarct, diffusion weighted imaging (DWI) was obtained (24,25). In each case, neuroimaging was obtained either during the evaluation of the fatal episode for hospitalized subjects, or within a year of an unobserved death outside the hospital (Table 1).

**MRI Data Analysis:** Brain atrophy and lesions were quantified using previously described methods (7,21). Atrophy was characterized by grading each of cerebral atrophy and ventricular dilation using categorical scales where 0 = none, 1 = mild, 2 = moderate, and 3 = severe (7,21). Lesions were classified as follows: a) normal scan (defined as no focal or diffuse lesions on PD/T<sub>2</sub> and FLAIR imaging), b) abnormal (any focal or diffuse lesion on PD/T<sub>2</sub> and FLAIR imaging), c) small focal lesions (hyperintense focal lesions less than 3mm in diameter on PD/T<sub>2</sub> and FLAIR imaging not associated with local encephalomalacia), d) resolved infarcts (hyperintense lesions greater than 3 mm in diameter on PD/T<sub>2</sub> imaging associated with local encephalomalacia and typical changes on T<sub>1</sub>), e) acute infarcts (hyperintense lesions on PD/T<sub>2</sub> imaging associated with restricted diffusion by DWI, but not associated with local encephalomalacia), and f) acute lupus leukoencephalopathy (hyperintense lesions on PD/T<sub>2</sub> and FLAIR imaging in gray and white matter with poorly defined borders, often following the gyri, but frequently extensive and occasionally involving deep white matter, but that resolve with time) (21).

### Pathologic Examination

Brain autopsy was obtained in each case and gross pathological changes were described. After fixation in 10% buffered formalin for 2 weeks, the brain was then weighed. The brain was examined for gross pathological changes, and then sectioned into standard coronal planes. Each coronal section was then examined for macroscopic changes, including obvious hemorrhage, focal atrophy, cyst formation, calcifications, and meningeal abnormalities. After inspection for obvious macroanatomic pathology, standard regions of brain were sampled in cerebral lobes and lesions. These tissue blocks were embedded in paraffin wax and the sections stained with hematoxylin and eosin (HE), Luxol fast blue-periodic acid Schiff (LFB/PAS), and other stains as indicated. The neuropathologist then prepared a formal report detailing histopathologic changes in each sampled area (26-42).

### Statistical Analysis

All data were entered into Excel (Version 5, Microsoft, Seattle, WA), and were analyzed using StatView SE+Graphics, version 1.04 (Abacus Concepts, Inc, Berkeley, CA). Individual relationships between neuroimaging and histopathology were determined with Kendall rank correlations.

### Results

Summary demographic and clinical data are included in Table 1 and SLE-related autoantibody data in Table 2. The MRI findings and histopathology are summarized in Tables 3 and 4. The most common *pre mortem* MRI findings in fatal NPSLE were small focal white matter lesions (seen in 100% of subjects), moderate to severe cortical atrophy (64%), moderate to severe ventricular dilation (57%), acute cerebral edema and/or acute leukoencephalopathy (50%), chronic diffuse white matter abnormalities (43%), post-infarction or hematoma focal atrophy with or without cyst formation (36%), cerebral

infarction (29%), acute or resolved intracranial hemorrhage (21%), and obvious parenchymal calcifications (7%).

In general, gross cerebral autopsy findings, including cerebral infarction, cerebral edema, intracranial hemorrhage, intracranial calcifications, cyst formation, and focal atrophy was predicted by *pre mortem* MRI (Table 4). Microscopic findings in fatal NPSLE were consistent with acute and chronic vascular and parenchymal injury and included global ischemic changes (57%), parenchymal edema (50%), acute microhemorrhages (43%), glial hyperplasia (43%), diffuse neuronal/axonal loss (36%), old cerebral infarction (33%), microthromboemboli (29%), blood vessel remodeling (29%), acute cerebral infarction (14%), acute macrohemorrhages (14%), extensive vascular and parenchymal calcification (7%), and resolved macrohemorrhages (7%). Examples of paired MRI and histopathologic finding are shown in Figures 1- 9 and are discussed in detail below. Brain mass was correlated with MRI assessments of cortical atrophy by ( $r = -0.72, p = 0.01$ ) and ventricular dilation ( $r = -0.77, p = 0.01$ ).

### Subject 1

This 44 year old (yo) woman with a 14 year history of SLE was increasingly disabled from multiple cerebral infarctions, resulting in an expressive aphasia. Past medical history included photosensitive dermatitis, mouth ulcers, malar rash, pericarditis, glomerulonephritis, renal insufficiency, hypertension, epilepsy, multiple strokes, arthritis, and thrombocytopenia. Physical examination demonstrated extensive livedo reticularis over the extremities, a vasculitic eruption, and an apparent expressive aphasia. The patient suffered a new right frontoparietal stroke resulting in tonsillar herniation and death several days later (Figures 1 and 2).

The final diagnosis was acute stroke superimposed on chronic multifocal disease secondary to active systemic lupus, tonsillar herniation, Libman-Sacks endocarditis, and antiphospholipid antibody syndrome.

### Subject 2

This 56 yo man with a 10 year history of SLE experienced multiple hospital admissions complicated by recurrent bouts of systemic infection, leukopenia, thrombocytopenia, peripheral (digital) vasculitis, serositis, acute confusional state, and progressive neurologic deterioration, characterized by hyperreflexia, gait disturbance, dysarthria, emotional lability, depression, cognitive decline, and physical debilitation. The terminal episode was characterized by an acute confusional state, leukopenia, thrombocytopenia, depressed complements, elevated DNA, serositis, and coma followed by death (Figures 3 and 4).

The final diagnosis was cerebrocalcinosis (Fahr's disease) with severe neurologic impairment associated with active SLE and antiphospholipid antibody syndrome with terminal sepsis.

### Subject 3

This 22 yo African-American woman with a 3 year history of SLE had been successfully treated with corticosteroids and pulsed cyclophosphamide. Past medical history included acute seizures, photosensitive dermatitis, mouth ulcers, malar rash, pericarditis, glomerulonephritis, hypertension, arthritis, and leukopenia. The patient's family brought her to the clinic because of increasing confusion. Physical examination demonstrated an apprehensive, confused woman with motor retardation and vasculitic lesions in the digits. After admission, the patient rapidly deteriorated and suffered a generalized tonic-clonic seizure followed by coma and necrosis of her fingers and toes. She progressed to respiratory

failure and was intubated, experienced further seizures, and developed fatal brain edema with tonsillar herniation and death (Figure 5).

The final diagnosis was cerebral edema, diffuse ischemic encephalopathy, and peripheral necrotizing vasculitis associated with active SLE, Libman-Sacks endocarditis, and antiphospholipid antibody syndrome.

#### Subject 4

This 43 yo woman with a 14 year history of SLE was characterized by pericarditis, arthritis, multiple cerebral infarcts, depression, rash, headaches, and livedo reticularis. Neurologically, she demonstrated hyperreflexia, decreased cognition, and severe unremitting headaches. She suffered a spontaneous unobserved cardiopulmonary arrest at home and underwent an autopsy by order of the medical examiner (Figure 6).

The final diagnosis was chronic multifocal disease, respiratory arrest, and diffuse ischemic encephalopathy due to excessive narcotic analgesic use in the setting of active SLE, Libman-Sacks endocarditis, and antiphospholipid antibody syndrome.

#### Subject 5

This 19 yo woman had SLE of 3 years duration complicated by glomerulonephritis, isolated seizures, arthritis, and recurrent headaches. She developed acute seizures and encephalopathy, and was found to have progressive Libman-Sacks valvular heart disease. Following mitral valve replacement, she developed further seizures and confusion, sepsis, and experienced respiratory arrest and coma (Figures 7 A and B). The terminal event was brain edema with tonsillar herniation.

The final diagnosis was active SLE, cerebral edema with tonsillar herniation, diffuse ischemic encephalopathy, thromboembolic ischemic brain disease, and Libman-Sacks endocarditis complicated by sepsis.

#### Subject 6

This 42 yo woman had a 17 year history of SLE complicated by multiple cerebral infarctions, glomerulonephritis, and epilepsy. *Pre mortem* MRI demonstrated diffuse cortical atrophy, multiple punctate hyperintense lesions on T<sub>2</sub>/FLAIR MR images, and multiple resolved cortical infarcts consisting of focal cortical atrophy with underlying hyperintense white matter changes (Tables 3 and 4). She suffered an epileptic attack at home and developed irreversible fatal anoxic brain damage. Autopsy demonstrated atrophy of cerebral cortex with parenchymal loss, small cysts, adjacent areas of macrophages and reactive astrocytosis, as well as focal areas of hippocampal neuronal loss (Tables 3 and 4).

The final diagnosis was global ischemic encephalopathy due to epilepsy, chronic multifocal disease, SLE, and antiphospholipid antibody syndrome exacerbated by non-compliance with medications.

#### Subject 7

This 45 yo woman with a 20 year history of SLE complicated by epilepsy, autoimmune hepatitis, pancreatitis, and cognitive difficulties had been doing well. The patient experienced a generalized tonic-clonic seizure and suffered irreversible anoxic brain damage and death (Figure 8 A-C).

The final diagnosis was global ischemic encephalopathy due to seizure activity in the setting of SLE.

**Subject 8**

This 11 yo girl with a 4 year history of SLE complicated by glomerulonephritis, epilepsy, a large intracerebral hemorrhage (Figure 9 A-C), renal failure, and renal transplant rejection died abruptly from cardiac arrhythmias.

The final diagnosis was diffuse ischemic encephalopathy due to cardiac arrest, myocarditis with involvement of the conduction system, resolved massive intracerebral hemorrhage, and resolved cerebellar infarct.

**Subject 9**

This 27 yo woman with a 5 year history of SLE characterized by arthritis, pericarditis, hematological abnormalities, and lupoid hepatitis, was treated successfully with azathioprine and prednisone. She abruptly stopped her immunosuppression, and 2 weeks later developed chest pain, abdominal pain, fever, and hypotension. *Pre mortem* MRI demonstrated minimal cerebral atrophy, and a few hyperintense white matter lesions on T<sub>2</sub>/FLAIR imaging (Tables 3 and 4). She was admitted to the intensive care unit, but progressed to an acute confusional state with hypotension and died. The final diagnosis was diffuse global ischemic encephalopathy, active SLE, and pneumonia.

The diagnosis was active SLE, pneumonia, and sepsis.

**Subject 10**

This 65 yo woman had a 20 year history of SLE characterized by cognitive complaints, arthritis, headache, and recurrent serositis. *Pre mortem* MRI demonstrated minimal cerebral atrophy, septa in the lateral ventricles, and moderate hyperintense focal white matter lesions on T<sub>2</sub>/FLAIR imaging (Tables 3 and 4). She suddenly developed severe abdominal pain, and was found to have evidence of an acute myocardial infarction. Subsequently, she developed an acute confusional state followed by cardiopulmonary arrest and death. Brain autopsy found atherosclerosis of the basilar, carotid, and anterior cerebral arteries. There were a few areas of resolved infarction with reduced numbers of neurons and axons, and choroid plexus cysts in the lateral ventricles.

The final diagnosis was acute myocardial infarction with hypotension, atherosclerotic cerebrovascular disease, and resolved cerebral infarctions in the setting of SLE.

**Subject 11**

This 48 yo woman with an 18 year history of SLE characterized by psychosis, depression, headache, seizures, and glomerulonephritis, became depressed and confused, was admitted to the hospital and developed pericarditis, pneumonitis, and pancreatitis. *Pre mortem* MRI demonstrated severe cortical atrophy and ventricular dilation, multiple extensive focal white matter abnormalities, chronic diffuse white matter abnormalities, and late in the course, cerebral edema (Tables 3 and 4). She was treated with corticosteroids and cyclophosphamide, and initially improved, but then developed confusion, coma, and sepsis and died. Autopsy revealed small lesions (<0.5 cm) consistent with acute infarcts in frontal cortex, caudate nucleus, and right parietal white matter with peripheral zones of edema and necrotic core with macrophages, gliosis, and swollen axons. There were also areas of reduced neuronal density consistent with small prior infarcts. There was frontal cortical atrophy, moderate gliosis of the thalami, and diffuse loss of Purkinje cells consistent with chronically recurrent vascular brain injury.

The final diagnosis was active SLE with multiple cerebral infarcts complicated by sepsis.

### Subject 12

This 19 year old woman with 3 year history of SLE was 34 weeks pregnant and developed peripheral edema, hypertension, and proteinuria. She abruptly experienced a seizure and became unresponsive, and was resuscitated and intubated. The infant was delivered by Caesarian section; however, the patient did not improve. On MRI she was found to have multiple intracerebral hemorrhages with surrounding parenchymal edema (Tables 3 and 4) that progressed to global cerebral edema, tonsillar herniation, and death. On autopsy, the brain was edematous with diffuse ischemic changes. There was subfalcian and cerebellar tonsillar herniation, two large intraparenchymal hemorrhages, mild perivascular inflammation with perivascular siderophages, and small satellite hemorrhages (Figure 9 D).

The final diagnosis was active SLE, lupus encephalopathy, hypertensive encephalopathy, cerebral edema, tonsillar herniation, and intracranial hemorrhage.

### Subject 13

This 36 yo woman with an 8 year history of SLE complicated by serositis, hepatitis, glomerulonephritis, depression, and memory complaints experienced increasing confusion after seizure-like activity. *Pre mortem* MRI demonstrated minimal cortical atrophy and a few hyperintense focal white matter lesions (Tables 3 and 4). She subsequently experienced cardiopulmonary arrest followed by death. Brain histopathology demonstrated generalized diffuse ischemic changes, but otherwise was unremarkable.

The final diagnosis was active SLE, Libman-Sacks endocarditis, seizure disorder, pneumonia, and sepsis.

### Subject 14

This 13 yo girl with a 5 year history of SLE characterized by arthritis, serositis, glomerulonephritis, and epilepsy, suffered active SLE with glomerulonephritis culminating in an intractable seizure that developed into unremitting status epilepticus. *Pre mortem* MRI demonstrated a few hyperintense focal white matter lesions, acute leukoencephalopathy in the putamen, pons, and right cerebellar areas with late generalized cerebral edema but minimal cortical atrophy (Tables 3 and 4). She eventually succumbed to cerebral edema with tonsillar herniation. Brain autopsy demonstrated bland global ischemic changes characterized by ill-defined areas of pallor commonly accentuated in the immediate vicinity of blood vessels. In Luxol fast blue stain, the density of myelinated fibers was diminished and under high magnification, the fibers had a beaded appearance with interspersed microhemorrhages.

The final diagnosis was status epilepticus, active SLE, glomerulonephritis, and acute lupus leukoencephalopathy.

## Discussion

There are a number of prior paired MRI-autopsy case reports and a few classic SLE autopsy series (26-42). However, this is the first prospective study of NPSLE to systematically examine the histopathologic basis for the MRI findings in NPSLE by comparing *pre mortem* MRI with histopathology at autopsy (Tables 3 and 4).

The present study demonstrates that thromboembolism and hypercoagulability are dominant mechanisms for fatal NPSLE and are manifested histologically by the frequent presence of arterial macro- and microthrombi, focal lesions diagnostic of infarct, vascular remodeling, the presence of antiphospholipid antibodies, and the high incidence of Libman-Sacks

endocarditis, a known source of thromboemboli in NPSLE (43-46). Diffuse endothelial injury is confirmed by the frequent involvement of small vessels, endothelial hyperplasia, the presence of microthrombi, and the frequent obvious focal or generalized brain edema, suggesting breakdown of the blood-brain barrier. These histopathologic findings of the present study indicate that the basic underlying pathologic process of NPSLE is cerebrovascular injury associated with disease activity and thromboembolism, resulting in focal and diffuse brain ischemia, small and large brain infarcts, focal and diffuse brain edema, brain hemorrhage, and focal and diffuse parenchymal injury (Tables 3 and 4).

Despite the obvious and pervasive histopathologic cerebrovascular changes in the present autopsy series, excitotoxicity may also be suggested by the high incidence of fatal or intractable seizures, diffuse cerebral atrophy without obvious infarct, and the frequent diffuse and patchy areas of neuronal loss without necrosis (47-49). Thus, although cerebrovascular injury appears to be the dominant underlying histopathologic process of NPSLE, the present study does not definitively exclude multiple coexisting pathogenic mechanisms underlying NPSLE - including thromboembolism, hypercoagulability, diffuse endothelial injury, and excitotoxicity (1-3,10,43-49). The present study design did not specifically address the role of antineuronal, excitotoxic, or anti-N-methyl-D-aspartic acid (NMDA) receptor antibodies (anti-NR2 antibodies); however, if present, it is likely that these antibodies would amplify the neuronal injury initiated by the primary vascular insult (31, 34-36, 47-49).

MRI is currently the anatomic imaging modality of choice in NPSLE (3,7,10-13). MRI is exceptionally sensitive for cerebral infarcts, central nervous system (CNS) hemorrhage, and transverse myelitis in NPSLE and can help exclude certain confounding disorders including infectious meningitis, brain abscess, and mycotic aneurysms (10). In the present study MRI was 100% sensitive for large anatomic lesions including cerebral infarct, focal edema, cyst, and macrohemorrhage when compared with brain histopathology at autopsy (Table 4). Specificity for individual lesions could not be accurately determined in the present study, as the number of gross lesions of each type was limited, and there were no comparison groups, including controls and subjects with confounding disease to determine true sensitivity.

### Cerebral Atrophy

Atrophy on MRI, a common finding in NPSLE, was present in the majority of our subjects. The histopathologic findings associated with MRI-visible cerebral atrophy were highly variable, and included multiple infarcts and reduced neuronal density suggesting that atrophy in NPSLE may be associated with both generalized and focal brain injury (Tables 3 and 4). However, normal histological appearance was also noted in some atrophic brains. Although FLAIR imaging is often used to detect common NPSLE abnormalities, we found that conventional T<sub>2</sub>-weighted images were the most striking for visual detection of cortical atrophy and ventricular dilation, because cerebrospinal fluid is markedly hyperintense relative to skull and brain parenchyma on T<sub>2</sub>-weighted images (Figure 6A). Although brain mass (at autopsy) was significantly correlated with both cortical atrophy and ventricular dilation determined by MRI, MRI was more sensitive than brain histopathology for the presence of cerebral atrophy in NPSLE (Table 4). This is not surprising since there is variable brain shrinkage during formalin fixation making volume determination on autopsy challenging. Moreover, MRI *in situ* provides more global information than does the fixed brain since the volume of cerebrospinal fluid and brain tissue can be independently measured. Hence, with MRI it is possible to assess cerebral atrophy by comparison of brain volume to intracranial volume, including the amount of ventricular and pericortical cerebrospinal fluid and the relationship of the intracranial volume to brain volume permitting a more accurate estimate of prior brain volume and present brain volume, and thus atrophy.



## Lesions

Acute lesions on T<sub>2</sub>-weighted, FLAIR, or diffusion-weighted images include new infarct, discrete gray matter lesions, diffuse grey matter hyperintensities, and cytotoxic edema (21,23-25). In the present study, MRI and DWI found 100% of large acute focal infarcts that were confirmed by histopathology (Table 4). Similarly, MRI was 100% sensitive to detecting resolved large infarcts, characterized by focal atrophy, cyst formation, and adjacent white matter changes, as confirmed by histopathology (Table 4). Thus, MRI is sensitive for large acute or resolved cerebral infarcts in NPSLE. In contrast, microinfarcts that were commonly noted on brain histopathology were often not obvious by MRI - probably because of inherent resolution limitations of the MRI technique. Thus, it should be recognized that more advanced high-resolution MRI approaches now available might be more sensitive to small lesions including microinfarcts.

Previous studies indicate that MRI may detect chronic focal lesions in 25-50% of patients with the number of these lesions increasing with SLE severity, patient age, and a history of NPSLE (3-7). In our study, 100% of the subjects demonstrated some form of chronic lesion. Small punctate focal lesions in white matter are most common (15-60%), followed in prevalence by cortical atrophy, ventricular dilation, periventricular white matter changes, diffuse white matter changes, and gross infarct (4-7,12). The present study of severely ill patients generally confirms these previous reports (Table 4). Small focal lesions are concentrated in subcortical white matter, especially in the frontoparietal regions, but may be seen elsewhere (11-16). The small punctate focal lesions visible on T<sub>2</sub>-weighted and FLAIR MRI in NPSLE appear similar to those reported in normal aging, although they occur much earlier in SLE subjects and in greater numbers (1-6,58-60).

Histopathology and neuroimaging from prior studies have suggested that the small focal lesions in NPSLE are a vascular phenomenon representing small infarcts, and the present study is broadly confirmatory (Table 4), although on autopsy individual small lesions on MRI may be difficult to identify exactly on histology due to imperfect registration (26-42). In this context, the present study suggests that MRI is more sensitive than brain histology for small focal white matter lesions, in part because it is easier to sample the entire brain with MRI as compared to histopathology that usually only samples selected areas (Table 4). The present study also suggests that small focal white matter lesions on T<sub>2</sub>-weighted or FLAIR imaging are usually small resolved infarcts or focal areas of reduced neuronal density, but in some cases they may be acute infarcts, focal edema, or even acute microhemorrhages (Table 4). Thus, small focal white matter lesions should not be viewed in the setting of NPSLE as a benign or incidental finding. On the other hand, these lesions should also not be viewed as a *de facto* sign of active brain disease since most are chronic and persist over many years; rather, small focal white matter lesions on T<sub>2</sub>-weighted or FLAIR imaging should be viewed as tendency towards acute and chronic cerebrovascular injury that require further evaluation as to etiology and prevention (3,4,12-16).

## Seizures

Generalized isolated seizures in particular may be accompanied by reversible focal high intensity lesions on T<sub>2</sub>-weighted or FLAIR imaging in both white and gray matter (Figure 7). In the present study, such seizures often directly preceded fatal NPSLE, indicating that acute seizures in NPSLE should be viewed ominously (Tables 1 and 2). Nonetheless, if the patient survives the acute seizure episode, these lesions generally resolve within four weeks (4,8,10,13). Thus, MRI studies may show extensive bilateral, potentially reversible, white-matter abnormalities in the cerebral hemispheres, the brain stem, or the cerebellum usually associated with active NPSLE -the so-called "acute posterior leukoencephalopathy" as shown in Figure 7(10,13,14). In our study, histopathology suggested the reversible lesions of

acute leukoencephalopathy of NPSLE were due to focal cerebral edema associated with blood vessel injury and microhemorrhages, although in many cases histopathology did not demonstrate specific lesions (Table 4). This is not surprising since histopathologic detection of blood-brain barrier breakdown in autopsy specimens requires specific stains for relevant serum proteins in brain tissues that were not used in the present study; thus, the presence of multifocal edema is unlikely to have been detected reliably.

### Cerebral calcinosis

Fahr's disease (cerebral calcinosis) is known to complicate SLE resulting in a distinct form of NPSLE characterized by progressive movement disorder, Parkinsonian features, dysarthria, disability, and dementia associated with progressive calcinosis of the brain parenchyma, nuclei, and arterial media (61-64). Fahr's disease in the setting of NPSLE should be viewed as a progressive, disabling and eventually fatal condition. The etiology of the calcifications in Fahr's disease of NPSLE has been associated with antiphospholipid antibodies, antibodies to glial fibrillary acidic protein, and chronic vascular injury although there is likely a genetic aspect that predisposes to this unusual complication (65-67). Subject 2 (Figures 3 and 4) is a classic case of Fahr's disease associated with SLE. In this case, besides the heterotrophic calcifications, the most prominent finding was histological evidence of chronically recurrent vascular injury typical of NPSLE.

### Hemorrhage

MRI was 100% sensitive for acute or resolved large hemorrhages by histopathology (Table 4). Resolved intraparenchymal hemorrhages created cysts (Figure 9A), similar to those resulting from large intraparenchymal infarcts (Figure 2A). The present study suggests post-hemorrhagic cysts can be differentiated from post-infarct cysts by the markedly hypointense hemosiderin-laden lining at the cyst/parenchyma interface on MRI (Figures 2A and 9A). Benign congenital cysts, which were also observed in this study, are usually differentiated by their anatomic position, and the lack of surrounding parenchymal injury. Microhemorrhages on histopathology corresponded to small foci of altered (reduced or increased) intensity on MRI or to normal-appearing brain (Table 4, Figure 7). However, in contrast to macrohemorrhages, microhemorrhages were often present by histopathology, but not recognized on MRI (Table 4). We suspect this may be another consequence of the limited resolution of MRI and to the variable relaxation of extravasated blood, which can cause increased signal with intact red blood cells, normal signal with partially-lysed red blood cells, and reduced signal with completely-lysed red blood cells and end-stage hemosiderin (68). As with micro-infarcts discussed above, the availability of higher-resolution imaging, perhaps including susceptibility weighted imaging, might yield improved sensitivity for some microhemorrhages (69).

Although magnetization transfer imaging (MTI), diffusion tensor imaging (DTI), or MR perfusion weighted imaging (MR PWI) were not used in the present study, the histopathologic results of the present study confirm the presence of extensive gross and subtle parenchymal and cerebrovascular injury that has been suggested by these advanced MR techniques (50-56). The present study suggests that brain lesions by MRI represent both current NPSLE activity and prior brain damage caused by previous episodes NPSLE (21,57). Recent studies have suggested several patterns of cerebrovascular disease NPSLE: 1) an antiphospholipid antibody cerebrovasculopathy characterized by bland thromboses, thrombotic microangiopathy and arterial intimal fibrous hyperplasia, 2) a diffuse cerebrovasculopathy characterized by endothelial injury associated with increased SLE disease activity, glomerulonephritis, hypertension, and perhaps neuroexcitotoxic antibodies, 3) thromboembolic NPSLE directly caused by cardiac valvular lesions, and 4) mixed cerebrovascular NPSLE with simultaneous aspects of antiphospholipid-associated

thrombosis, increased disease activity and thromboembolic valvular lesions (1-3,10,43-46). Immune deposits and classic vasculitis (inflammatory or necrotic involvement of the vessel wall) are rare in the cerebral vessels in NPSLE (3-5%), and the present study confirms the rarity of true CNS system vasculitis in NPSLE (32).

In summary, fatal NPSLE is characterized by variable *pre mortem* MRI findings of small focal white matter lesions, cortical atrophy, ventricular dilation, cerebral edema, acute leukoencephalopathy, diffuse white matter abnormalities, focal atrophy, cyst formation, cerebral infarction, intracranial hemorrhage, and occasionally, extensive parenchymal calcifications consistent with Fahr's disease. The present paired neuroimaging-autopsy study in NPSLE demonstrates that brain abnormalities apparent by MRI represent serious underlying anatomic brain injury characterized by acute and chronic cerebrovascular and parenchymal brain injury.

## Acknowledgments

Sources of Support: This work was supported by research grants from the US National Institutes of Health including R01 HL077422 to Dr. Roldan, R01 NS039123 to Dr. Brooks, and R01 NS035708 to Dr. Sibbitt.

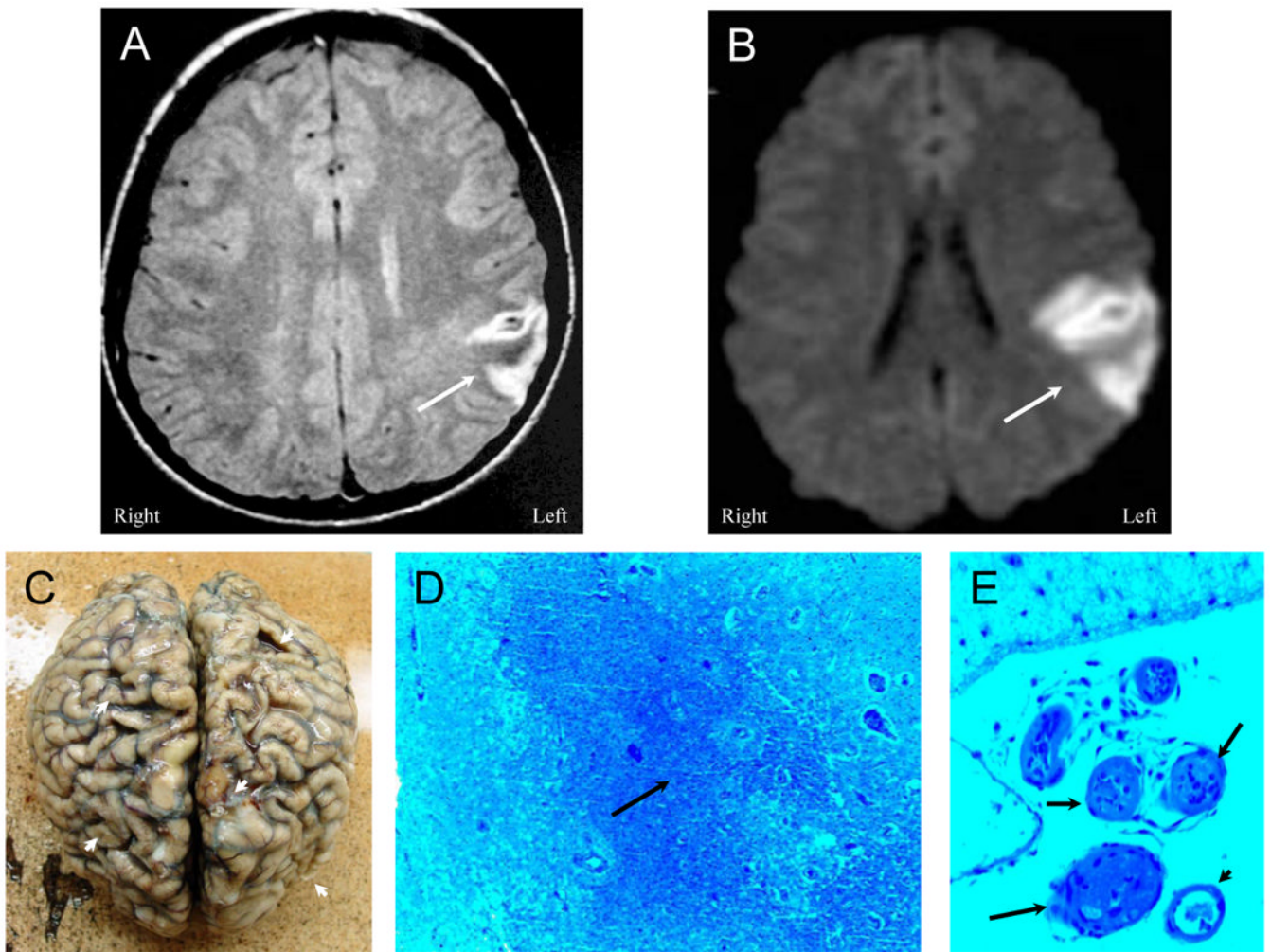
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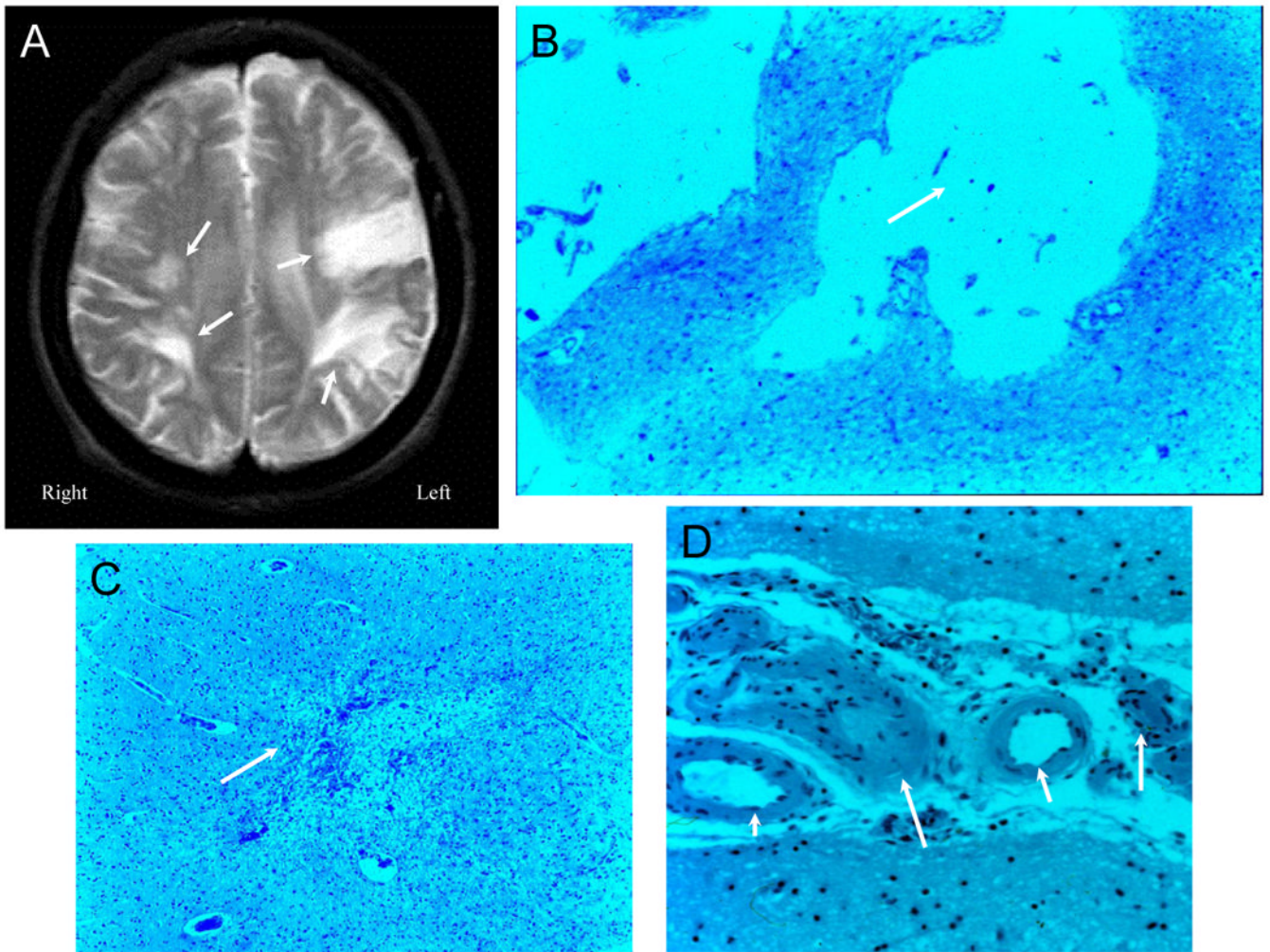
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**Figure 1. NPSLE with Thrombotic Cerebrovascular Disease**

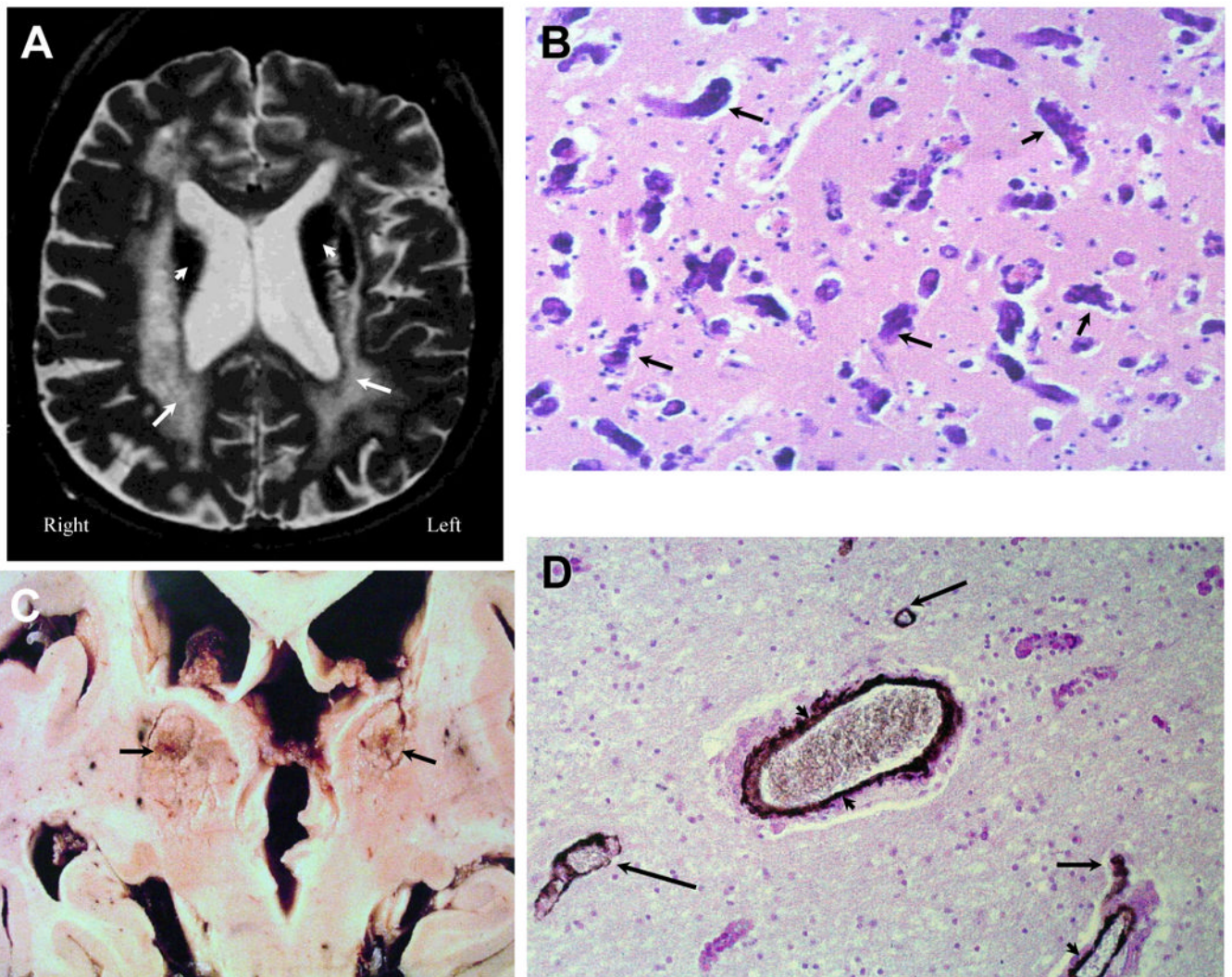
Figure 1A (Patient 1). A proton density MR image demonstrating an acute frontoparietal infarction (arrow) confirmed by a diffusion-weighted image (DWI) showing an area of restricted diffusion (Figure 1B, arrow). Figure 1C. After multiple other cerebral infarctions and death, autopsy demonstrates multiple old and new cortical infarcts with extensive cortical atrophy (arrowheads). Histology reveals extensive ischemic coagulation necrosis, microglial activation, and proliferation (Figure 1D, arrow) associated with frequent thromboembolic vasculopathy characterized by fibrin and platelet thromboembolism that obstructed blood vessels (Figure 1E, arrows) (LFB/PAS stain, Magnification X 50). A solitary non-thrombosed vessel remains in the field of view (arrowhead).



**Figure 2. NPSLE with Thrombotic Cerebrovascular Disease**

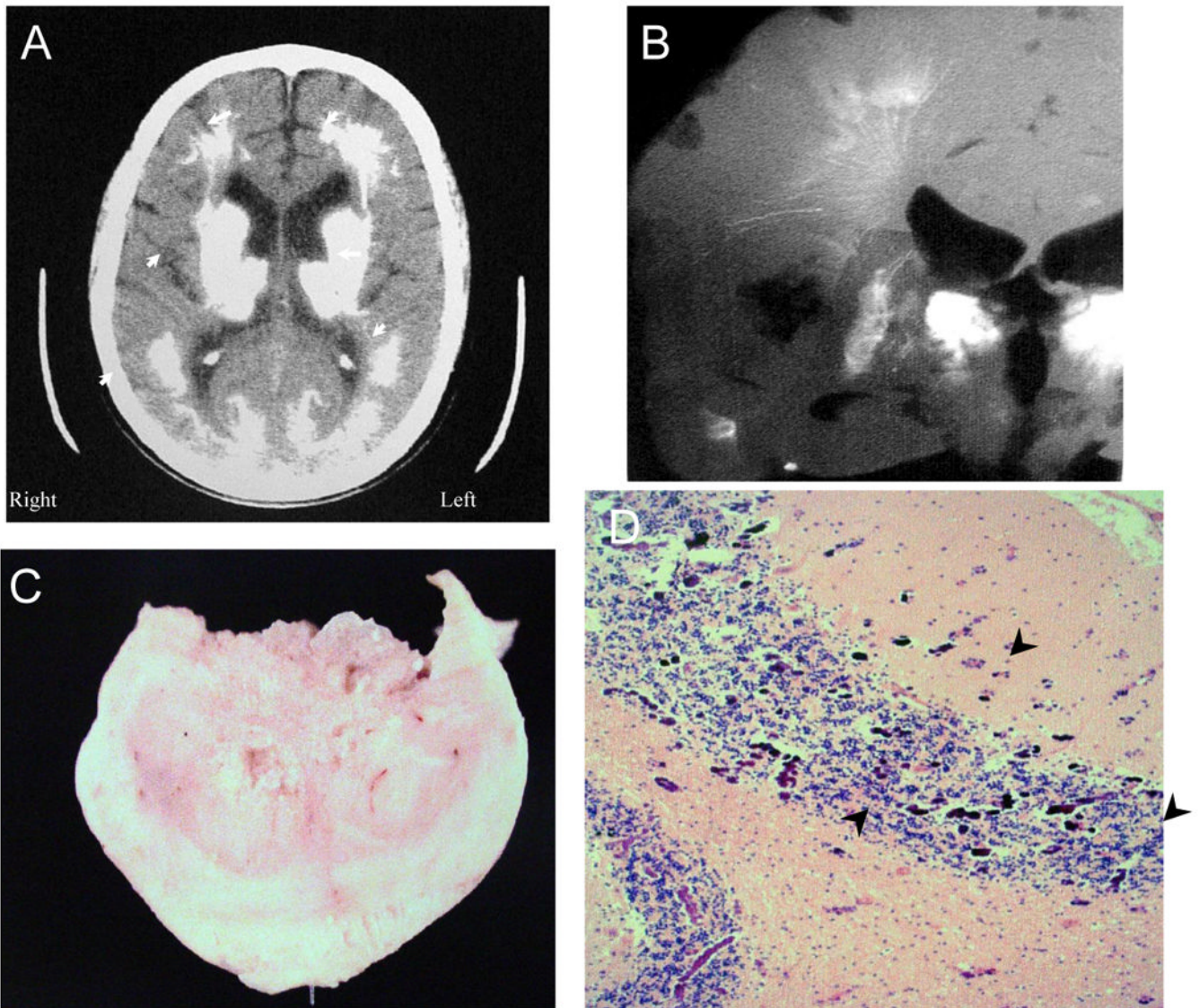
Figure 2A (Patient 1). A T<sub>2</sub>-weighted MRI demonstrating multiple old cortical and white matter infarcts (arrows), small white matter lesions, and a large left sided post infarctive cyst. Figure 2B. Histopathology confirms a large post-infarctive cyst (arrow) consisting of cerebrospinal fluid, loss of neurons and axons, glial proliferation, and debris (LFB/PAS stain, Magnification X 10). Figure 2C demonstrates a resolving ischemic infarct with neuronal loss, gliosis, and resolving infarct with necrotic debris (arrow) (LFB/PAS stain, Magnification X 75). Figure 2D shows blood vessels with complete obliteration of certain small arterioles with fibrin and platelet debris, intimal hyperplasia, and vessel remodeling (arrows), while other adjacent blood vessels remain patent (arrowheads) (LFB/PAS stain, Magnification X 150). There is sparse inflammatory infiltrate around certain of the blood vessels without invasion of the vessel wall.





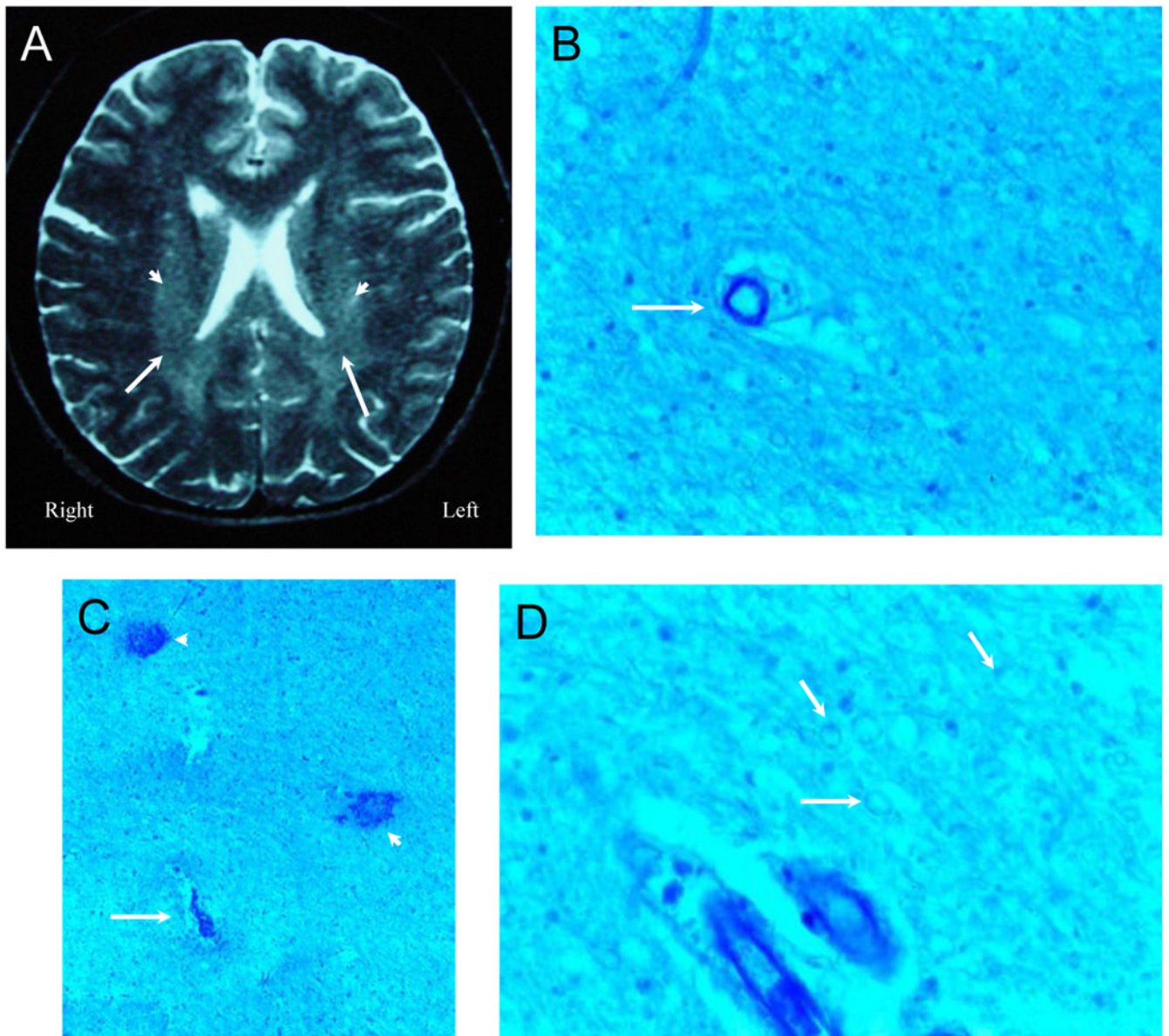
**Figure 3. NPSLE with Thrombotic Vasculopathy and Cerebral Calcinosis**

Figure 3A (Subject 2). A T<sub>2</sub>-weighted image demonstrating cerebral atrophy, ventricular dilation, diffuse periventricular white matter abnormalities (arrows), and severe hypointensities (arrowheads) in the thalamus, putamen, and caudate nucleus. Figure 3B. Histopathology demonstrated extensive heterotrophic calcifications in the form of spheroids (dark irregular concretions; arrows) in frontal gray matter with neuronal loss and minimal gliosis (H&E stain, Magnification X 150). Figure 3C demonstrates gross calcium deposits in the caudate nuclei, thalami, and putamen (arrows). Figure 3D demonstrates white matter with axonal loss, thinning and remodeling of the vascular wall, and calcifications through the adventia and medial of the blood vessels (arrowheads); sparse calcium spheroids are also observed (arrows; H&E stain with anti-actin antibody IHC, Magnification X 200). These findings are diagnostic of Fahr's Disease secondary to SLE.



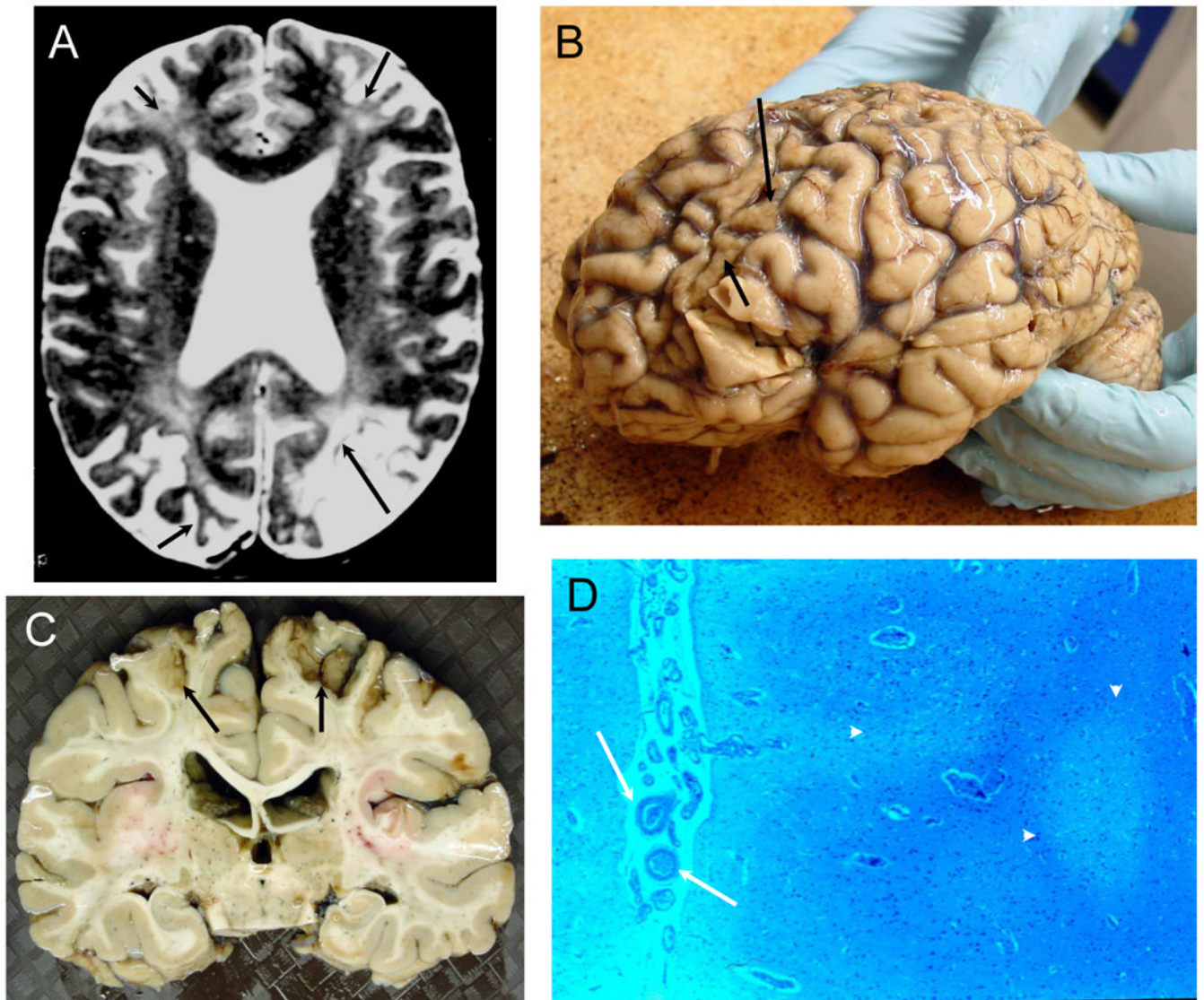
**Figure 4. NPSLE with Thrombotic and Cerebral Calcinosis**

Figure 4 shows further features of the same individual as in Figure 3 (Subject 2). Figure 4A. The computed tomographic (CT) image demonstrates extensive calcification in the thalamus, putamen, caudate nucleus, white matter, and posterior gray matter (arrowheads). Figure 4B. A radiograph of the brain slice at autopsy shows lacey linear and flowering calcifications that follow the arteriolar and venular vasculature, as well as complete calcification of the caudate nucleus (arrowhead). Figure 4C shows one of the calcific spheroids after excision. Figure 4D demonstrates extensive microcalcifications at the gray matter-white matter junctions in the cerebellum (arrowheads; H&E stain, Magnification X 100).



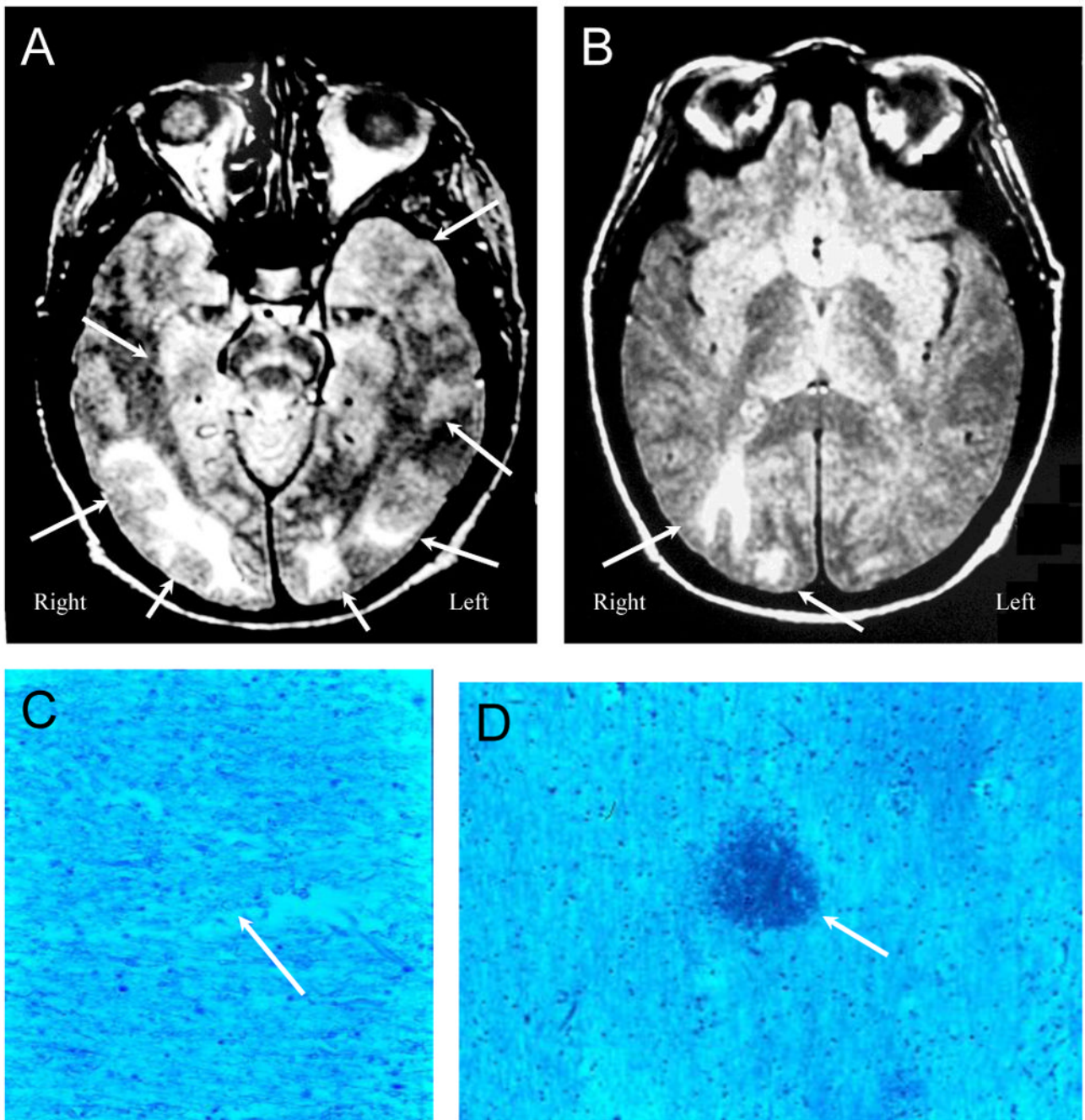
**Figure 5. NPSLE with Accelerated SLE Activity and Confusional State**

Figure 5A (Subject 3) is a T<sub>2</sub>-weighted MRI demonstrating vague periventricular white matter hyperintensities (arrowheads), foci of reduced signal in white matter, and scattered focal white matter lesions. Histological changes consisted of ill-defined areas of pallor commonly accentuated in the immediate vicinity of blood vessels and showing average reduction in numbers of oligodendrocytes with generally non-thrombosed blood vessels (Figure 5B, arrow; LFB/PAS stain, Magnification X 150). Figure 5C. In each putamen and left thalamus multiple small areas of necrosis (arrow), frequently hemorrhagic, contained ischemic neurons and showed mild gliosis and sparse macrophages at their periphery with frequent microhemorrhages (arrowheads; LFB/PAS stain, Magnification X 100). Figure 5D. The density of myelinated fibers was diminished and under high magnification, the fibers had a beaded appearance (arrows; LFB/PAS stain, Magnification X 200). The intrinsic and extrinsic cerebral blood vessels showed no abnormalities.



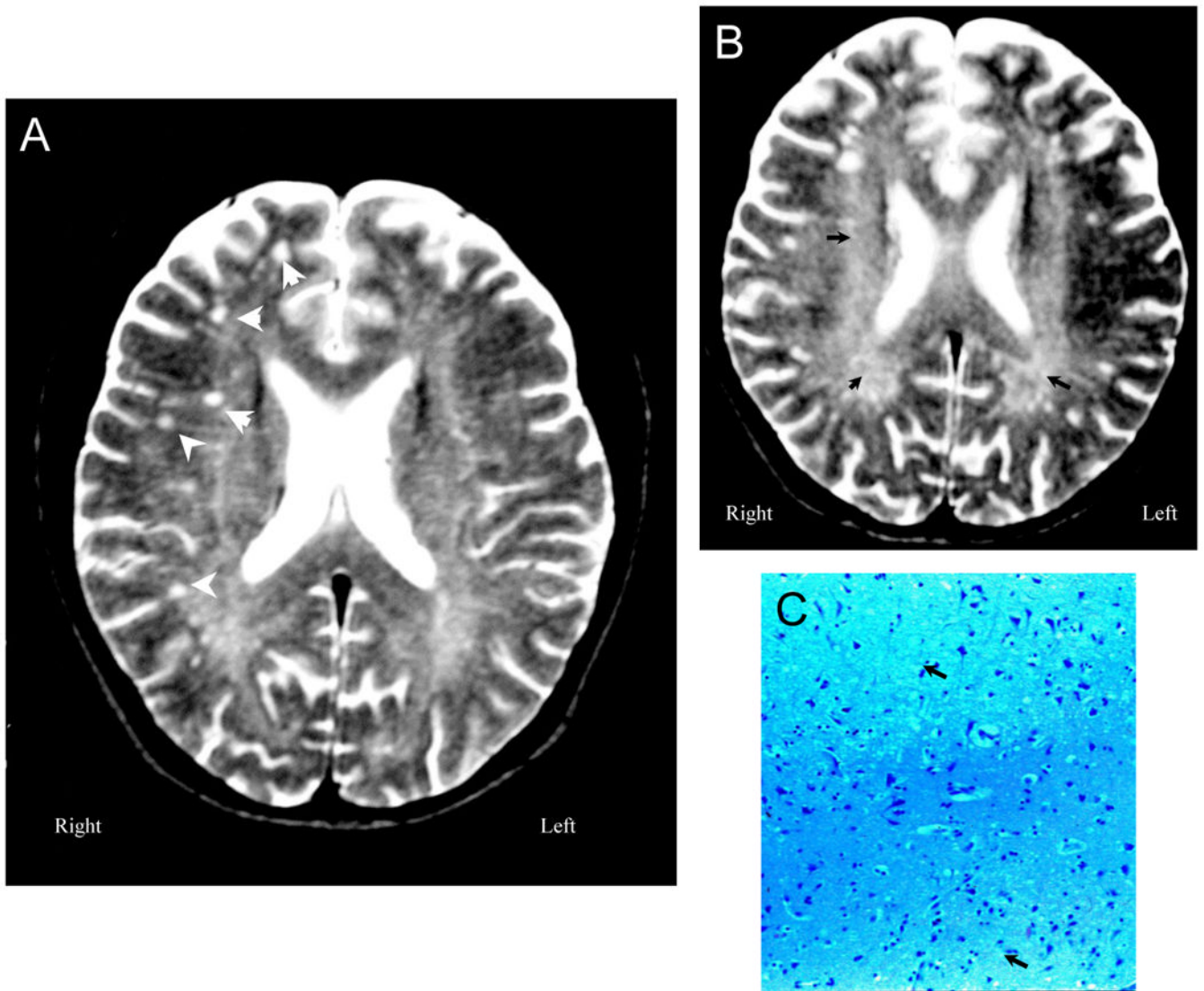
**Figure 6. NPSLE with Chronic Thrombotic Cerebrovascular Disease**

Figure 6A (Subject 4). The T<sub>2</sub>-weighted MRI demonstrates severe cortical atrophy, severe ventricular dilation, multiple small focal white matter abnormalities, diffuse hyperintensities in deep white matter, and old cortical infarcts with focal atrophy in both frontal lobes, left occipital lobe, and right occipital lobe (arrows). Figure 6B (Subject 4). The frontal lobes were flattened, and the cerebral gyri demonstrated sickle-shaped atrophic post-ischemic bands in the frontal and occipital areas (arrows) with evident generalized atrophy. Figure 6C (Subject 4). The brain slice demonstrates the focal frontoparietal post-ischemic atrophy superiorly (arrows). Figure 6D (Subject 4). The cortex is unevenly depleted of neurons with evident atrophy (arrowheads), sometimes laminar in distribution, with increases in astrocytes nuclei and adjacent reductions in white matter and axons with some glial hyperplasia and evidence of thromboembolic vasculopathy (arrows; LFB/PAS stain, Magnification X 50).



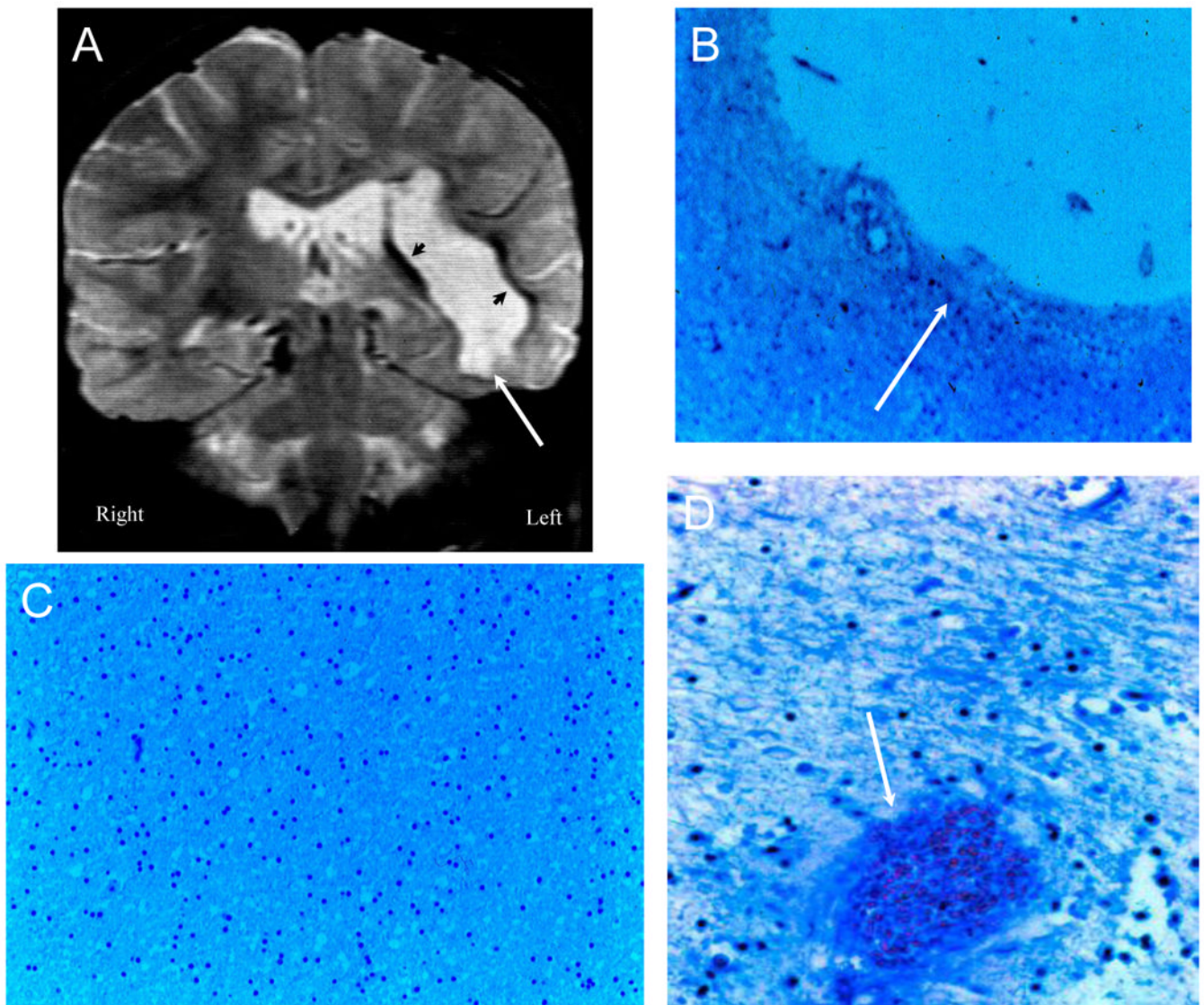
**Figure 7. NPSLE with Accelerated SLE Activity and Isolated Seizures**

Figures 7A and B (Subject 5). Proton density images demonstrate multiple white matter lesions in the frontal, parietal, occipital, and temporal lobes consistent with acute lupus leukoencephalopathy (“posterior” leukoencephalopathy, arrows) characterized by seizures and accelerated SLE disease activity. Figures 7C and D (Subject 5) demonstrate bland global ischemic changes. The density of myelinated fibers is diminished, and under high magnification the fibers have a beaded appearance typical of various stages of ischemic degeneration (Figure 7C, arrow) with interspersed microhemorrhages (Figure 7D, arrow; LFB/PAS stain, Magnification X 100).



**Figure 8. NPSLE with Epilepsy and Sudden Death**

Figure 8A (Subject 7). T<sub>2</sub>-weighted MRI demonstrates moderate cerebral atrophy and ventricular dilation with multiple small focal white matter lesions in frontoparietal lobes (arrowheads). Figure 8B (Subject 7) shows diffuse generalized deep white matter abnormalities with increased signal (arrowheads). Figure 8C (Subject 7). Sections through white and gray matter demonstrate minimal changes with occasional vague reductions in neuron and axon numbers in a patchy distribution (arrowheads;LFB/PAS stain, Magnification X 100).



**Figure 9. NPSLE with Accelerated SLE, Hypertension, and Intra-cerebral Hemorrhage**  
 Figure 9A (Subject 8). The T<sub>2</sub>-weighted MRI demonstrates a large resolved intracerebral hemorrhage of the right hemisphere with formation of a cerebrospinal fluid filled cyst that appears as a hyperintense fluid mass next to the ventricles (arrow). A thin dark rim of hypointensities around the cyst represents dense connective tissue and hemosiderin-laden macrophages (arrowheads). Figure 9B (Subject 8). The cyst is lined with cortical tissue with marked gliosis and hemosiderin-laden macrophages (arrow; LFB/PAS stain, Magnification X 100). Figure 9C (Subject 8). The remainder of the cortex is relative unremarkable (LFB/PAS stain, Magnification X 100). Figure 9D (Subject 12). Sections of the corpus striatum demonstrate focal perivascular siderophages without vasculitis, and satellite hemorrhages (arrow) and edema in the parenchyma surround the hematoma (LFB/PAS stain, Magnification X 100).

Table 1

## Subject Characteristics

Subject	Sex	Age (years)	Ethnicity	NPSLE manifestations	Non-neurologic manifestations	SLEDAI	Neuro-SLEDAI	SLICC	Neuro-SLICC
1	F	44	Spanish-American	- - - -	- - - - - -	57	24	19	4
2	M	56	White	- - - -	- - - - - -	65	24	18	3
3	F	22	Black	- - - -	- - - - - -	24	8	11	3
4	F	43	White	- - -	- - - - - -	12	8	8	4



Subject	Sex	Age (years)	Ethnicity	NPSLE manifestations	Non-neurologic manifestations	SLEDAI	Neuro-SLEDAI	SLICC	Neuro-SLICC
5	F	19	Spanish-American	- - - -	- - - - - -	44	24	6	1
				acute confusional state	glomerulonephritis				
				seizure disorder	arthritis				
				cognitive disorder	pericarditis				
				depression	myocarditis				
					vasculitis				
					valvular heart disease				
6	F	42	Spanish-American	- - - -	- - - -	12	8	7	4
				cerebrovascular disease	arthritis				
				seizure disorder	valvular heart disease				
				cognitive disorder	finger necrosis.				
				depression					
7	F	45	Spanish-American	- - - -	- - - -	35	24	10	2
				seizure disorder	glomerulonephritis				
				cognitive disorder	arthritis				
				depression	pericarditis				
					chronic hepatitis				
					osteonecrosis.				
8	F	11	Spanish-American	- - - -	- - - -	33	24	10	3
				seizure disorder	glomerulonephritis				
				cognitive disorder	arthritis				
				depression	pericarditis				
				intracerebral hemorrhage	myocarditis				
					osteonecrosis.				
9	F	27	Spanish-American	- - - -	- - - -	16	8	5	1
				acute confusional state	glomerulonephritis				
					arthritis				
					pericarditis.				
10	F	65	Spanish-American	- - - -	- - - -	38	16	18	1
				acute confusional state	glomerulonephritis				
				memory disorder	arthritis				
				cognitive disorder	pericarditis				
				headache.	myocardial infarction.				

Subject	Sex	Age (years)	Ethnicity	NPSLE manifestations	Non-neurologic manifestations	SLEDAI	Neuro-SLEDAI	SLICC	Neuro-SLICC
11	F	48	Black	- seizure disorder - psychosis - acute confusional state - headache.	- glomerulonephritis - arthritis - pericarditis - myocardial infarction - vasculitis - pneumonitis - pleural effusion.	33	16	11	2
12	F	19	Spanish-American	- seizure disorder - headache - acute confusional state - intracerebral hemorrhage	- arthritis - photosensitivity - serositis - mouth ulcers.	41	24	5	2
13	F	36	White	- acute confusional state - depression.	- glomerulonephritis - arthritis - valvular heart disease - pericarditis - myocardial infarction - deep venous thrombosis	32	16	12	2
14	F	13	Spanish-American	- seizure disorder - depression	- osteonecrosis. - pleural effusion - arthritis - pericarditis - valvular heart disease - myocardial infarction - deep venous thrombosis.	33	16	7	1
93% women						34±15	17±7	10±5	3±2
35±17									

Table 2

Autoantibody Profiles of NPSLE Subjects

Subject	ANA Titer	DNA Titer	Smith	RNP	SSA	SSB	Anti-ribosomal P	ACA IgG	ACA IgM	ACA IgA	LLI
1	1:320	1:160	Positive	Negative	Positive	Negative	Negative	45	65	18	Positive
2	1:640	1:640	Negative	Negative	Negative	Negative	Negative	65	12	7	Positive
3	1:640	1:640	Positive	Negative	Positive	Negative	Positive	80	34	5	Positive
4	1:80	Negative	Negative	Negative	Negative	Negative	Negative	12	45	9	Positive
5	1:640	1:640	Positive	Negative Depression	Positive	Negative	Negative	32	28	12	Negative
6	1:320	Negative	Positive	Positive	Positive	Negative	Negative	14	54	18	Positive
7	1:320	1:40	Positive	Negative	Negative	Negative	Positive	8	2	9	Negative
8	1:320	1:320	Negative	Negative	Negative	Negative	Negative	36	23	4	Positive
9	1:640	1:320	Negative	Negative	Positive	Negative	Negative	13	8	7	Negative
10	1:160	Negative	Negative	Negative	Positive	Negative	Negative	0	4	5	Negative
11	1:640	1:640	Positive	Negative	Positive	Positive	Negative	75	24	32	Positive
12	1:320	1:160	Negative	Negative	Negative	Negative	Negative	32	12	4	Negative
13	1:640	1:160	Positive	Negative	Positive	Negative	Positive	32	12	4	Negative
14	1:640	1:640	Positive	Negative	Positive	Negative	Positive	45	54	14	Positive
<b>Summary</b>	<b>100%</b>	<b>79%</b>	<b>57%</b>	<b>7%</b>	<b>64%</b>	<b>7%</b>	<b>29%</b>	<b>64%</b>	<b>57%</b>	<b>36%</b>	<b>64%</b>

ANA = antinuclear antibody; DNA = anti-double stranded DNA antibody, Smith = anti-Smith antibody, RNP = anti-ribonucleoprotein antibody, SSA = anti-soluble substance A antibody, SSB = anti-soluble substance B antibody, Anti-ribosomal P = Anti-ribosomal P antibody, ACA IgG - anticardiolipin IgG antibodies (GPL units), ACA IgM - anticardiolipin IgM antibodies (MPL units), ACA IgA - anticardiolipin IgA antibodies (APL units), LLI = lupus-like inhibitor (lupus anticoagulant).

Table 3

## Neuroimaging Findings and Histopathology

Subject	Terminal NPSLE Event	MRI to Death Interval	Cause of Death	Neuroimaging	Brain Histopathology
1	Acute ischemic stroke associated with accelerated SLE	2 weeks	<ul style="list-style-type: none"> <li>acute stroke superimposed on chronic multifocal disease secondary to active SLE, tonsillar herniation,</li> <li>Libman-Sacks</li> <li>endocarditis,</li> <li>antiphospholipid antibody syndrome.</li> </ul>	<ul style="list-style-type: none"> <li>moderate cortical atrophy</li> <li>severe ventricular dilation</li> <li>severe multifocal white matter abnormalities</li> <li>chronic diffuse white matter abnormalities</li> <li>multiple old and new infarcts</li> </ul>	Brain 1145 gms <ul style="list-style-type: none"> <li>left cerebral cortex soft and edematous</li> <li>multiple new and old cerebral infarctions</li> <li>microinfarcts</li> <li>severe calcific atherosclerosis of the internal carotid arteries</li> <li>left internal carotid occluded by fresh thrombus</li> <li>post-infarctive cyst in right superior temporal lobe</li> <li>arteries with multiple platelet and fibrin microemboli</li> <li>left frontal lobe undergoing coagulation necrosis secondary to acute cerebral infarction.</li> </ul>
2	Acute confusional state, Fahr's disease, seizure disorder (associated with accelerated SLE)	1 month	<ul style="list-style-type: none"> <li>Fahr's disease</li> <li>active SLE</li> <li>seizure disorder</li> <li>diffuse ischemic encephalopathy,</li> <li>antiphospholipid antibody syndrome</li> <li>sepsis</li> </ul>	<ul style="list-style-type: none"> <li>moderate cortical atrophy</li> <li>moderate ventricular dilation</li> <li>extensive focal white matter abnormalities</li> <li>multiple calcifications</li> <li>increased T<sub>2</sub> in basal cisterns, periventricular white matter, and centrum semiovale.</li> </ul>	Brain 1540 gms <ul style="list-style-type: none"> <li>extensive calcinosis</li> <li>varying degrees of blood vessel calcification</li> <li>small round oval calcospherites surrounding the small capillaries; homogeneous rings of calcium in larger vessels, many vessels completely occluded</li> <li>vessels show evidence of chronic thrombosis and recanalization</li> <li>small acute and chronic microinfarcts</li> </ul>
3	Acute confusional state, seizure disorder (associated with accelerated SLE)	4 days	<ul style="list-style-type: none"> <li>active SLE</li> <li>diffuse ischemic encephalopathy</li> <li>cerebral edema with tonsillar herniation</li> </ul>	<ul style="list-style-type: none"> <li>moderate cortical atrophy and ventricular dilation</li> <li>minimal focal white matter abnormalities</li> </ul>	Brain 1160 gms <ul style="list-style-type: none"> <li>cerebral edema</li> <li>hemorrhagic necrosis and herniation of the right cerebellar tonsil</li> </ul>

Subject	Terminal NPSLE Event	MRI to Death Interval	Cause of Death	Neuroimaging	Brain Histopathology		
4	Chronic multifocal disease with dementia	1 month	-	peripheral vasculitis	-	multifocal areas of loss of neurons with gliosis and microglial proliferation	
			-	Libman-Sacks endocarditis	-	late brain edema	myelinated fibers reduced in numbers
			-	antiphospholipid syndrome	-	tonsillar herniation	hemorrhages in basal ganglia
			-	sepsis	-		few arterioles occluded with fibrin
			-		-		cerebellum with moderate loss of Purkinje cells
5	Acute confusional state and seizure disorder, (associated with accelerated SLE)	2 weeks	-	respiratory arrest	-	severe cortical atrophy	
			-	overdose with oxycodone	-	severe ventricular dilation	dropout of neurons of variable distribution
			-	diffuse ischemic encephalopathy	-	multiple cortical infarcts	multiple infarcts of various ages
			-	active SLE	-	multiple small focal lesions	vessels with chronic remodeling changes suggesting recurrent thrombosis and recanalization.
			-	Libman-Sacks endocarditis	-	chronic frontoparietal diffuse white matter abnormalities.	
			-	antiphospholipid syndrome	-		
			-	active SLE	-	moderate cortical atrophy and ventricular dilation	Brain 1080 gms
			-	diffuse ischemic encephalopathy	-	small focal lesions	gyri diffusely flattened with loss of normal sulci
			-	cerebral edema with tonsillar herniation	-	few deep white matter lesions	diffuse cerebral edema
			-	Libman	-	late cerebral edema	transtentorial and uncal herniation
-	Sacks endocarditis,	-		diffuse softening of temporal lobes			
-	bacterial endocarditis	-		multiple small petechial hemorrhages			
-	sepsis.	-		extensive ischemic change with laminar necrosis			
					neuronal loss		
					ischemic red neurons with foamy histiocytes		
					scattered diffuse fibrin and platelet thrombi		
					leptomeninges with mononuclear inflammatory cells		

Subject	Terminal NPSLE Event	MRI to Death Interval	Cause of Death	Neuroimaging	Brain Histopathology
6	Seizure disorder (epilepsy)	1 year	seizure disorder diffuse ischemic encephalopathy antiphospholipid syndrome	- - moderate cortical atrophy and ventricular dilation - focal white matter abnormalities - multiple resolved - cortical infarcts - cortical cysts.	Brain 1080 gms - three areas of atrophy of cerebral cortex with parenchymal loss - small cysts, macrophages, and reactive astrocytosis, focal area of neuronal loss in hippocampus, and multiple resolved cerebral infarctions. multiple microinfarctions.
7	Seizure disorder (associated with accelerated SLE)	2 months	seizure disorder diffuse ischemic encephalopathy	- - minimal cortical atrophy - minimal ventricular dilation, - moderate focal white matter abnormalities	Brain 1400 gm - brain largely unremarkable with a few areas of vague focal reductions in neuron and axon numbers in a patchy distribution and foci of multifocal eosinophilic degeneration
8	Seizure disorder (epilepsy), headache, and acute confusional state.	6 months	heart block with cardiopulmonary arrest myocarditis diffuse ischemic encephalopathy	- - moderate cortical atrophy - severe ventricular dilation - minimal focal white matter abnormalities - focal cerebellar atrophy - resolved intracerebral hemorrhage with cyst formation.	Brain 900 gms - right posterior hemisphere indented over a 5 cm area - posterior horn of right lateral ventricle cystically dilated - cyst lined with cortical tissue with gliosis and hemosiderin - laden macrophages - single focus of cortical atrophy in cerebellum with complete drop-out of Purkinje cells and disruption of the granular cell layer
9	Acute confusional state	2 weeks	systemic lupus erythematosus pneumonia sepsis.	- - minimal cortical atrophy - minimal ventricular dilation - few focal white matter abnormalities	Brain 1250 gms - diffuse ischemic changes - no obvious focal lesions
10	Acute confusional state	5 months	atherosclerosis acute myocardial infarction ischemic bowel	- - minimal cortical atrophy - minimal ventricular dilation - septa in lateral ventricles	Brain 1250 gms - atherosclerosis of the basilar, carotid, and anterior cerebral arteries

Subject	Terminal NPSLE Event	MRI to Death Interval	Cause of Death	Neuroimaging	Brain Histopathology
11	Acute confusional state, and lupus headache.	3 weeks	<ul style="list-style-type: none"> <li>- sepsis</li> <li>- systemic lupus erythematosus</li> <li>- multiple cerebral infarctions</li> <li>- sepsis.</li> </ul>	<ul style="list-style-type: none"> <li>- moderate focal white matter abnormalities</li> <li>- severe cortical atrophy</li> <li>- ventricular dilation</li> <li>- acute focal white matter lesions</li> <li>- chronic diffuse white matter abnormalities</li> <li>- cerebral edema.</li> </ul>	<ul style="list-style-type: none"> <li>- choroid plexus cysts in lateral ventricle</li> <li>- few small areas of resolved infarction.</li> </ul> <p>Brain 950 gms</p> <ul style="list-style-type: none"> <li>- frontal cortical atrophy</li> <li>- small lesions (&lt;0.5 cm) consistent with acute infarcts in frontal lobe cortex, caudate nucleus, and right parietal white matter with peripheral zones of edema and necrotic core with macrophages, gliosis, swollen axons</li> <li>- moderate gliosis of the thalami</li> <li>- diffuse loss of Purkinje cells.</li> </ul>
12	Headache, seizure disorder, and acute confusional state.	1 week	<ul style="list-style-type: none"> <li>- intracranial hemorrhage</li> <li>- cerebral edema with tonsillar herniation</li> <li>- diffuse ischemic encephalopathy</li> <li>- active systemic lupus erythematosus</li> <li>- hypertensive encephalopathy</li> <li>- tonsillar herniation.</li> </ul>	<ul style="list-style-type: none"> <li>- no cortical atrophy</li> <li>- no ventricular dilation</li> <li>- minimal focal white matter abnormalities</li> <li>- acute intracerebral hemorrhage</li> <li>- cerebral edema.</li> </ul>	<ul style="list-style-type: none"> <li>- brain grossly edematous</li> <li>- right to left subfalcian herniation</li> <li>- cerebellar tonsillar herniation</li> <li>- subarachnoid hemorrhage</li> <li>- large intraparenchymal hemorrhages in the right corpus striatum and in the left thalamus</li> <li>- mild mononuclear perivascular inflammation</li> <li>- perivascular siderophages</li> <li>- perihematoma satellite hemorrhages.</li> </ul> <p>Brain 1230 gms</p>
13	Acute confusional state, seizure disorder, and headache.	6 months	<ul style="list-style-type: none"> <li>- pneumonia</li> <li>- sepsis</li> <li>- diffuse ischemic encephalopathy</li> <li>- active systemic lupus erythematosus.</li> </ul>	<ul style="list-style-type: none"> <li>- minimal cortical atrophy</li> <li>- no ventricular dilation</li> <li>- focal white matter changes</li> </ul>	<ul style="list-style-type: none"> <li>- histopathology unremarkable except for generalized bland ischemic changes.</li> </ul> <p>Brain 1380 gms</p>
14	Status epilepticus Brain death	1 week	<ul style="list-style-type: none"> <li>- systemic lupus erythematosus</li> <li>- status epilepticus</li> </ul>	<ul style="list-style-type: none"> <li>- moderate cortical atrophy</li> <li>- minimal dilation</li> </ul>	<ul style="list-style-type: none"> <li>- cerebra edema</li> </ul> <p>Brain 1100 gms</p>

Subject	Terminal NPSLE Event	MRI to Death Interval	Cause of Death	Neuroimaging	Brain Histopathology
	-	-	cerebral edema	-	multifocal areas of loss of neurons with gliosis and microglial proliferation
	-	-	diffuse ischemic encephalopathy	minimal focal white matter changes acute	myelinated fibers reduced in number hemorrhages in basal ganglia
	-	-		leukoencephalopathy in putamen, pons, cerebellum generalized cerebral edema	bland ischemic cellular injury



Table 4

## Sensitivity of MRI and Histopathology

NPSLE Entity	Subjects affected	MRI Finding	Histopathologic Correlate	MRI Sensitivity (%/n)	Histo-pathology Sensitivity (%/n)
Cerebral atrophy	1-6, 8, 11, & 14 (9 cases)	- generalized thinning of cortex - dilation of ventricles best seen on T <sub>2</sub> images	- reduced brain weight (<1200 gm) - cortical thinning and ventricular dilation more difficult to observe in fixed brain due to shrinkage in formalin	100 (9/9)	78 (7/9)
Large acute/subacute cerebral infarction	1 (1 lesion)	- hyperintense lesion on T <sub>2</sub> and FLAIR - restricted diffusion on DWI	- large focal coagulation, necrosis, - destruction of neurons - infiltration of inflammatory cells, - red blood cells, cellular debris	100 (1/1)	100 (1/1)
Small to microscopic acute/subacute infarctions	1, 3, 5, & 11 (25 lesions)	- small focal hyperintense lesions on T <sub>2</sub> and FLAIR - restricted diffusion on DWI (occasional)	- small foci of coagulation necrosis - infiltration of inflammatory cells - cellular debris	52 (13/25)	100 (25/25)
Resolved large cerebral infarction	1, 2, 4, 6, & 8 (16 lesions)	- focal atrophy of affected gray and white matter - cyst formation - fluid and parenchymal lesion hyperintense on T <sub>2</sub> imaging - fluid hypointense and lesion hyperintense on FLAIR	- neuronal loss - focal white and gray matter atrophy - gliosis - cyst formation.	100 (16/16)	100 (16/16)
Small punctate white matter lesions	1-14 (14 cases)	- small focal white matter lesions on T <sub>2</sub> and FLAIR	- small focal areas of neuronal thinning	100 (14/14)	64 (9/14)

NPSLE Entity	Subjects affected	MRI Finding	Histopathologic Correlate	MRI Sensitivity (%/n)	Histo-pathology Sensitivity (%/n)
Cyst	1, 6, & 8 (6 lesions)	- fluid filled lesions excluded by FLAIR - cyst fluid hyperintense on T2 imaging - fluid hypointense on FLAIR	- cyst filled with CSF - some amorphous debris	100 (6/6)	100 (6/6)
Acute or subacute large hemorrhage	12 (1 lesion)	- focal intraparenchymal blood - hyper or hypointense on T <sub>2</sub> or FLAIR depending on acuteness	- focal intraparenchymal blood	100% (1/1)	100 (1/1)
Small punctuate hemorrhage	3, 5, 12, & 14 (19 lesions)	- punctate hyper or hypointensities on T <sub>2</sub> or FLAIR depending on acuteness	- microhemorrhages	47 (8/19)	100 (19/19)
Acute lupus leukoencephalopathy	3 & 14(9 lesions)	- reversible lacy areas of hypertensity in cortical gray matter and subcortical white matter, particularly in occipital, temporal, and parietal lobes on T <sub>2</sub> and FLAIR	- normal or microhemorrhages	100 (9/9)	33 (3/9)
Cerebrocalcinosis (Fahr's Disease)	2 (1 case)	- hypointensities in basal ganglia, periventricular white matter, centrum semiovale, confirmed with CT.	- calcium spherules in all affected tissues	100 (1/1)	100 (1/1)
Generalized bland acute ischemic injury	3, 5, 6, & 12-14 (6 cases)	- diffuse cerebral edema	- generalized bland acute ischemic injury	66 (4/6)	100 (6/6)