

## Original Article

# Procyanidins Inhibit Tumor Angiogenesis by Crosslinking Extracellular Matrix

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## ABSTRACT

**Objective:** Procyanidins (PC) are widely available natural polyphenols. The present study is designed to investigate if PC can inhibit angiogenesis in lung adenocarcinoma xenografts through crosslinking vascular extracellular matrix (ECM) and preventing proteolysis by matrix metalloproteinases (MMPs).

**Methods:** Using the *in vitro* MMP-2 proteolysis and *in vivo* subcutaneous implantation models, we investigated if PC crosslinking inhibits MMP-mediated proteolysis. Using a cultured cell detachment assay, an *in vitro* angiogenesis assay, and a cell proliferation assay, we investigated if PC inhibits MMP-2-mediated endothelial cell detachment, angiogenesis, and cell proliferation, respectively. Using tumor xenografts, we evaluated if PC can inhibit growth of lung adenocarcinoma.

**Results:** PC crosslink vascular ECM proteins, protecting them against proteolysis by MMPs *in vitro* and *in vivo*, protecting cultured human umbilical vein endothelial cells from detachment by MMP-2, and inhibiting *in vitro* angiogenesis. However, PC (0.75-100 µg/ml) did not inhibit vascular and tumor cells proliferation. PC injections (30 mg PC/kg bodyweight) *in situ* had anticancer effects on xenografts of lung adenocarcinoma, most likely by inhibiting angiogenesis during ECM proteolysis by MMPs.

**Conclusion:** The results suggest that PC may be important MMP inhibitors that can be used as therapeutic anticancer agents.

**Key words:** Procyanidins; Crosslinking; Extracellular matrix; Matrix metalloproteinases; Angiogenesis

## INTRODUCTION

Angiogenesis accelerates the development of tumors by providing oxygen and nutrients to neighboring cancer tissue. One of the earliest angiogenic events is the proteolytic degradation of extracellular matrix (ECM) of existing vessels, which results in endothelial cell migration, proliferation and formation of new blood vessels [1]. Matrix metalloproteinases (MMPs), a family of structurally related zinc endopeptidases, contribute to the degradation of ECM [1-3] and angiogenic events in tumorigenesis [4]. MMP-2 (collagenase 4), an important member of the MMP family, remains important target for cancer therapy [5] in that it contributes to the hydrolysis of gelatin and type IV collagen [6], which are the major

structural component of basement membrane. Previous clinical studies have attempted to treat various types of cancers with MMPs inhibitor monotherapy or in combination with other medicines, but almost of all these treatments were not effective [7].

Procyanidins (PC) are naturally occurring polyphenols and are widely available in various vegetables, nuts, seeds, flowers and bark [8,9]. They are widely used as natural antioxidants, free-radical scavengers and cardiovascular protectors [8,9]. Among them, grape seed PC are composed mainly of dimers, trimers, tetramers and oligomers of catechin/epicatechin [9]. Although only monomers and dimers are bioavailable and could be metabolized *in vivo* [10,11], several reports have revealed that PC from different sources with different composition of the aforementioned components can be used as chemopreventive or chemotherapeutic agents for cancers because of their antioxidant and anti-inflammatory properties [12,13]. PC targets NF- $\kappa$ B, mitogen-activated protein kinases, PI3K/Akt, caspases, cytokines, angiogenic, metastatic and cell cycle regulatory proteins and other check points in several cancer cell lines without significant toxicity to non-cancer cells [5,14]. PC from various sources can reduce

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the expression and secretion of MMP-2 and inhibit its activation and activity<sup>[4,5,15-17]</sup>. In human umbilical vein endothelial cells (HUVECs), grape seed extract could inhibit capillary tube formation on Matrigel and MMP-2 secretion<sup>[18]</sup>. However, evidence for *in vivo* antitumor activity is limited<sup>[19,20]</sup>. Further research is needed to apply these *in vitro* anticancer effects, in particular the inhibitory effect on MMPs, to *in vivo* antitumor growth.

Previously, Han et al<sup>[21,22]</sup> reported that PC could crosslink collagen by forming hydrogen bonds with proline-rich proteins. Recently, we found that PC could crosslink ECM in porcine heart valves, which are a part of the aorta, and this crosslinking effect is resistant to MMP-8 (collagenase 2) proteolysis<sup>[23]</sup>. Based on these findings, we speculate that the PC crosslinking may prevent the vascular ECM from proteolysis by MMPs and therefore inhibit tumor angiogenesis. Here, we show that PC-crosslinking could enable vascular ECM resistant to proteolysis by MMPs and protect cells from MMP-2-caused detachment. We also demonstrated significant anticancer effects of PC using a lung cancer xenograft model.

## MATERIALS AND METHODS

### Chemical Reagents

Grape seed procyanidins (Jianfnol<sup>®</sup>, purity > 98.9%), including dimers (1.8%) and oligomers (60%), were purchased from Tianjin Jianfeng Natural Product Co. Ltd. Irinotecan was purchased from Knowshine Pharmaceuticals (Shanghai, China). MMP-2 (Cat. No. 17104-019; 265.00 units/mg) and 3-(4,5-dimethylthiazol-2-yl)-2,5-di-phenyl tetrazolium bromide (MTT) were bought from Invitrogen. Glutaraldehyde, triton  $\chi$ -100, sodium deoxycholate, ethylenediaminetetra-acetic acid (EDTA), ribonuclease A and deoxyribonuclease were purchased from Sigma Aldrich. The *In Vitro* Angiogenesis Assay Kit was obtained from Millipore. Rat anti-CD31 and FITC-conjugated secondary antibodies were purchased from BD Pharmingen and Molecular Probes, respectively.

### ECM Preparation and Denaturation Temperature Determination

Heart valve ECM, obtained by treating porcine aortic valves according to a previously described method<sup>[23]</sup>, was used as substrate to determine PC crosslinking. The heart valve, which can be completely decellularized and easily treated in *in vivo* experiments, is actually a part of the aorta and shares similar structural components such as collagens and elastin. Briefly, ECM was treated with procyanidins (0.01, 0.05, 0.1, 1 and 5 mg/ml) at 37°C under continuous shaking for 4 h. Glutaraldehyde (6.25 mg/ml) was used as a positive control. The thermal denaturation temperature (Td) of crosslinked protein will be increased at some extent according to the crosslinking extent. The Td was determined using differential scanning calorimetry (Model DSC 7, Perkin-Elmer, Boston, MA, USA) as previously reported with slight modification<sup>[16-18]</sup>. Briefly, weighed samples (n=3) of

crosslinked heart valve samples were heated at a rate of 2 °C/min from 28 to 110°C in hermetically sealed aluminum pans. The temperature at the endothermic peak was taken as Td.

### *In vitro* Proteolysis Assay

To evaluate the resistance of PC-crosslinked ECM to hydrolysis by MMPs, the crosslinked ECM was washed with PBS, air-dried and weighed<sup>[23]</sup>. Dried specimens were immersed in a PBS solution (pH 7.4) containing 1.5 mg/ml MMP-2 and incubated at 37°C for 4 h under continuous shaking. The proteolysis was stopped by adding 50  $\mu$ l EDTA (10 mmol/L). The residual specimens were dried and weighed again. The degradation rate ( $\Delta W\%$ ) was calculated according to the formula:  $\Delta W\% = (W_0 - W_t) / W_0 \times 100$ , where  $W_0$  represents the original weight of each sample and  $W_t$  represents the weight of the corresponding sample after proteolysis.

### *In vivo* Proteolysis Assay

Various MMPs can be secreted continuously in the inflammatory process *in vivo*<sup>[1]</sup>. To determine whether PC-crosslinking could resist to proteolysis by various MMPs, we further evaluated the degradation of PC-crosslinked ECM using a Sprague Dawley (SD) rat subcutaneous implantation model<sup>[24]</sup>. SD rats (SLAC Experimental Animal Co., Shanghai, China), with a body weight of 200  $\pm$  2 g, were housed under a standard facility (filtered air, 20-25°C temperature, relative humidity at 50-60%, 12 h light:dark cycle), and had unlimited access to standard diet and water throughout the experimental period. Crosslinked ECMs were implanted subcutaneously on the back of the animal (n=4). Three weeks later, the implants were removed and fixed with 2% paraformaldehyde. For histological analysis, the specimens were embedded in paraffin, sectioned and stained with hematoxylin and eosin (HE). All animal experiments were approved by Shanghai Jiao Tong University School of Medicine.

### Cells Detachment Assay

HUVECs (Invitrogen) were cultured in M199 medium (Gibco) supplemented with 2 mmol/L glutamine, 100 U/ml penicillin, 100 mg/ml streptomycin and 10% fetal bovine serum (FBS, Sijiqing, Hangzhou, China) in a humidified atmosphere (5% CO<sub>2</sub> and 95% air) at 37°C. At 24 h after seeding in 6-well plates at 10<sup>5</sup> cells/well, the cells were treated with PC for 5 min. After stringent washes that removed procyanidins, 0.5 ml solution containing 0.5 mg/ml MMP-2 was added to the cells. Cells were incubated at 37°C. The number of cells detached from the culture well was measured at 5, 10 and 20 min by a hemacytometer under light microscopy.

### *In vitro* Angiogenesis Assay

The angiogenesis *in vitro* assay was conducted in 96-well plates coated with ECMatrix<sup>™</sup> (Milipore, Cat. No. ECM625), Culture plates (96-well) were coated with ECMatrix<sup>™</sup> according to the manufacturer's instructions. HUVECs (3 $\times$ 10<sup>4</sup> cells/well) were treated with PC

solutions (0.1, 0.5, 1.0, 1.5 and 100 µg/ml) in M199 with 1% FBS. After the cultures were grown at 37°C for 16 h, the *in vitro* angiogenesis at the core of microplate wells (n=5) was photographed using an inverted light microscope (Olympus, Japan)<sup>[25]</sup>.

#### Cell Proliferation Assay

HUVECs were cultured under conditions described above. Lung adenocarcinoma A549 cells (ATCC, USA) were cultured in F-12K medium supplemented 2 mmol/L glutamine, 100 U/ml penicillin, 100 mg/ml streptomycin, and 10% FBS under the same conditions described above for the HUVECs. For the cell proliferation assay, HUVEC and A549 cells were seeded in 96-well plates at a density of 10<sup>3</sup> cells/well. After 24 h, the culture medium was replaced with fresh medium supplemented with 0, 0.75, 1.5, 3.1, 6.3, 12.5, 25, 50, and 100 µg/ml PC or 1.5 µg/ml irinotecan as a positive control. After 4 d, cell proliferation was determined using the MTT assay<sup>[23]</sup>. PC solutions were prepared in M199 or F-12K without FBS immediately before use. The irinotecan solution was prepared by dissolving irinotecan powder in distilled water and diluting to the desired concentration.

#### *In vivo* Antitumor Assay

Nude mice (SLAC) were obtained with a body weight of 20 ± 0.4 g. Mice were housed, fed, and handled under the same conditions as the SD rats. All mice were inoculated with tumor xenografts of lung adenocarcinoma A549 cells. After one week, conscious mice were randomly divided into three groups. Control mice (n=9) received 0.9% saline *in situ* injections (100 µl) twice a week for three weeks. Mice in the low dose PC group (n=9, PC10 group) and high dose PC group (n=9, PC30 group) received *in situ* injections of 10 and 30 mg PC/kg bodyweight in 0.9% saline, respectively. All PC solutions were prepared immediately before injection. Beginning 7 d after the first injection, the tumors were measured every four days with a caliper. Tumor volume (V) was calculated by  $V = \pi \times [d^2 \times D]/6$ , where d and D are the minor and major tumor axis, respectively. After 21 d, the animals were killed and the tumors were weighed and photographed.

#### Histological and Immunological Fluorescent Staining

After the animals were killed, four tumors from each group were fixed with 2% paraformaldehyde overnight at 4°C, dehydrated, and embedded in paraffin. The tumors were sectioned and stained with HE for histological analysis. Blood vessels were identified by erythrocytes within the blood vessel lumen<sup>[26]</sup>. For immunological fluorescent staining of the vascular endothelium, tumor samples were immediately frozen in OCT compound, and serial sections were cut (40 µm) using a cryostat (Leica CM3050S XP, Germany). The sections were probed with the primary antibody rat anti-CD31 and the secondary FITC-conjugated antibody<sup>[27]</sup>. The images were visualized using a fluorescence microscope (I $\chi$  51, Olympus, Japan) and quantified using Image-Pro Plus 5.1 (Media Cybernetics, Inc. Bethesda, MD, USA). To

determine the number of CD31<sup>+</sup> cells, three images were taken of each slice from all four tumors from each group. The fluorescence intensity of each pixel was normalized to the intensity of the control.

#### Proteolysis of Excised Tumor Using MMP-2

For proteolysis of the excised tumors, five tumors from each group were digested with 1.5 mg/ml MMP-2 at 37°C under constant rotation (120 rpm). After 48 h, degraded products were filtered through pre-weighed filter paper and air dried to measure the debris weight. The extent of digestion ( $\Delta W\%$ ) was calculated by  $\Delta W\% = (W_0 - W_t) / W_0 \times 100$ , where  $W_0$  is the original weight of the tumor and  $W_t$  is the weight of the tumor after proteolysis.

#### Statistical Analysis

All data are presented as mean ± standard deviation. At a minimum, each data point represents five samples. Statistical significance between groups was calculated using two-tailed analysis of variance, performed with a computer statistical program.  $P < 0.05$  is considered statistically significant.

## RESULTS

#### Td of PC-crosslinked ECM

The Td of five groups (non-, GA- and PC-crosslinked ECMs) are shown in Table 1. The Td values of PC-crosslinked ECMs increased with the PC concentration increase. The Td of the ECM treated with two lower concentrations of PC was approximately equal to that of the non-crosslinked matrix, and only the highest concentration of PC resulted in a Td (81.3 °C) close to that of GA-crosslinked ECM (91.2 °C), indicating an effective crosslinking of heart valve ECM with higher concentrations of PC.

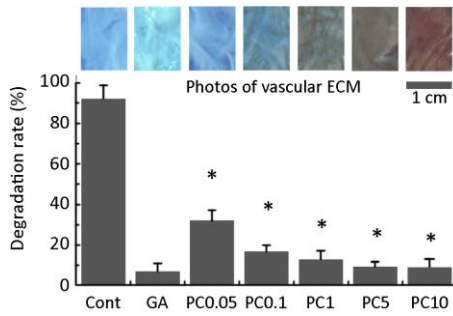
**Table 1.** The thermal denaturation temperature (Td) of PC-crosslinked ECM

| ECM    | NON <sup>a</sup> | GA <sup>b</sup> | PC0.01 <sup>c</sup> | PC0.1 <sup>d</sup> | PC5 <sup>e</sup> |
|--------|------------------|-----------------|---------------------|--------------------|------------------|
| Td(°C) | 59.1±0.3         | 89.9±0.4        | 59.1±0.2            | 59.7±0.2*          | 81.3±0.4*        |

a: NON: ECM without crosslinking; b: GA: glutaraldehyde-crosslinked ECM; c: PC0.01: 0.01 mg/ml PC-crosslinked ECM; d: PC0.1: 0.1 mg/ml PC-crosslinked ECM; e: PC5: 5 mg/ml PC-crosslinked ECM; \* $P < 0.05$  when compared with NON group

#### PC-crosslinked Vascular ECM Prevents against Hydrolysis by MMP-2 *in vitro*

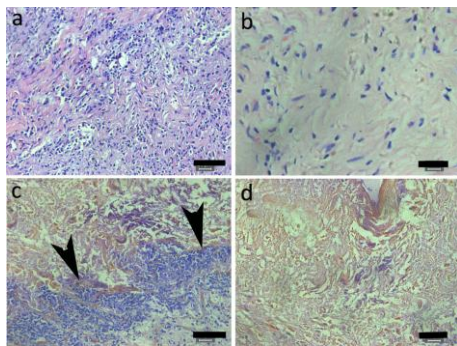
After 24 h of crosslinking, the color of non-, GA- and PC-crosslinked valvular ECMs gradually changed from white to red-brown with the PC concentrations increase (Figure 1). After *in vitro* proteolysis using MMP-2 for 4 h, the degradation rate of all crosslinked samples was significantly lower than that of non-crosslinked samples as shown in Figure 1. The untreated ECM was almost completely hydrolyzed after 4 h proteolysis. By contrast, the GA-crosslinked ECM degraded only 9.44%. PC-crosslinked ECM degraded 44.26% at 0.01 mg/ml and 12.37% at 0.1 mg/ml.



**Figure 1.** The appearance (top) of PC-crosslinked ECM against blue background and the degradation resistance of crosslinked ECM to proteolysis by MMP-2 *in vitro* (Bottom). Cont: control; GA: glutaraldehyde; PC0.01 to PC5 were 0.01, 0.05, 0.1, 1 and 5 mg/mL PC crosslinked ECM, respectively. \* represents  $p < 0.01$  compared to control. Scale bar is 1 cm.

**Resistant Effect to Proteolysis by MMPs *in vivo***

*In vivo* experiments showed that, 3 weeks after implantation, most non-crosslinked ECMs had degraded. These non-crosslinked ECMs displayed common inflammatory responses, such as a large number of inflammatory cells and the penetration of native fibroblasts into the ECMs (Figure 2A). Similarly, GA-crosslinked ECMs were also invaded by inflammatory cells and native fibroblasts. By contrast, the ECM crosslinked with 0.1 mg/ml PC maintained its integrity with almost no inflammatory cells (Figure 2C,D) which stayed only close to the ECM surface (Figure 2C). This result demonstrates that PC-crosslinked ECMs are resistant to proteolysis by all kinds of inflammatory MMPs.

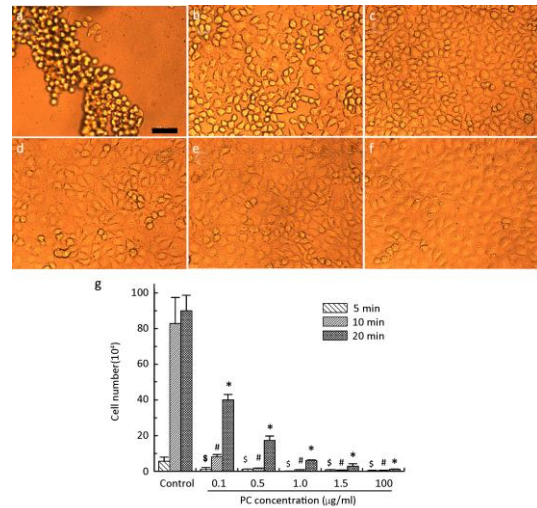


**Figure 2.** *In vivo* degradation of PC-crosslinked ECM three weeks after subcutaneous implantation in SD rats. Inflammatory cells and native fibroblasts penetrated in the non-crosslinked (A) and GA-crosslinked (B) ECMs. By contrast, they stayed close to surface (C) and not in the inner part of ECM (D) of 0.1 mg/ml PC-crosslinked ECMs. Arrows indicate inflammatory congregated at the ECM surface. Scale bars in A and C is 50  $\mu$ m, in B and D 20  $\mu$ m

**Cell Detachment Response to Proteolysis by MMP-2**

Confluent HUVECs pretreated with PC for 5 min were resistant to MMP-2 proteolysis (Figure 3). After an additional 5 min, few cells had detached from the culture surface in either the PC-treated or control wells.

However, after 10 min, most of cells in the control wells had detached from the surface (Figure 3a) while PC-treated cells remained attached and maintained the normal cobblestone-like morphology. As the PC concentration decreased, the cells became gradually isolated from each other, but still displayed no detachment (Figure 3b-f). Over time, the number of detached cells increased in all PC-treated group. Cell detachment was dose dependent with low PC concentrations resulting in more detached cells (Figure 3g). On average, after all cells in the control group had detached, cells in the highest PC concentration group remained almost completely unaffected.



**Figure 3.** Detachment of HUVEC cultures treated with 0 (A), 0.1 (B), 0.5 (C), 1 (D), 1.5 (E), and 10 (F)  $\mu$ g/ml PC before enzymatic hydrolysis with 0.5 mg/ml MMP-2 (0.5 ml). (g) The number of cells detached from the PC-pretreated HUVEC cultures for 5, 10, and 20 min after introduction of MMP-2. \$, #, and \* indicate significant difference ( $P < 0.01$ ) compared to control. Scale bar is 100  $\mu$ m.

***In vitro* Angiogenesis Inhibition**

Angiogenesis *in vitro* assay showed that HUVECs on ECMatrix™ could form abundant mesh-like tubes just like capillary vessels (Figure 4a). When the culture medium supplemented with PC, the mesh gradually became sparsity as PC concentrations increase (Figure 4a-f). At 1.5  $\mu$ g/ml, only few tubes were formed and at 100  $\mu$ g/ml the angiogenesis was almost completely inhibited (Figure 4e-f).

**Cell proliferation in presence of PC**

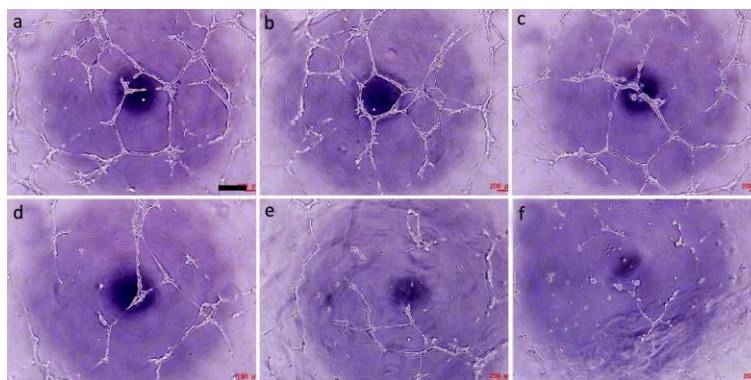
Both HUVECs and A549 cells grown with the positive control irinotecan showed inhibition of proliferation. By contrast, PC failed to inhibit the proliferation of HUVECs (Figure 5a) and A549 cells (Figure 5b) even at the highest concentration.

***In vivo* Ant-tumor Effect**

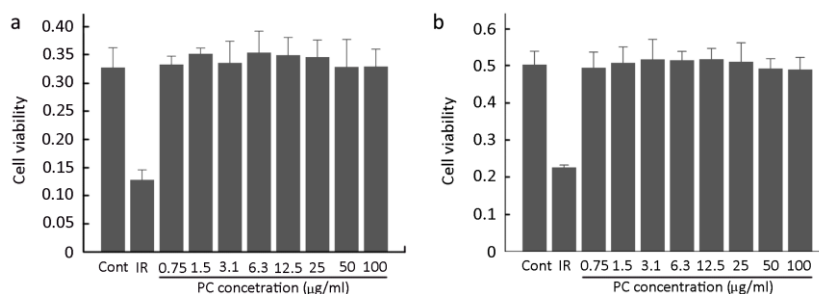
After mice with tumor xenografts of lung adenocarcinoma were treated with 10 or 30 mg PC/kg

bodyweight for 7 d, tumor volumes were almost the same as in the control group. However, after the first week, tumor volume in PC-treated mice increased more slowly compared to control mice, exhibiting a significant antitumor effect at 15 day (22.5% for PC10 and 60.8% for PC30) (Figure 6a). By the end of the experiment, control

tumors were larger and more irregularly shaped than tumors from PC-treated mice (Figure 6b). The tumor weights from PC-treated mice were 19.1% (10 mg PC/kg bodyweight,  $P>0.05$ ) and 45.5% (30 mg PC/kg bodyweight,  $P<0.05$ ) less than those of control mice (Figure 6c).



**Figure 4.** *In vitro* angiogenesis in the presence of PC at 0 (a), 0.1 (b), 0.5 (c), 1.0 (d), 1.5 (e), and 100 (f) µg/ml. Scale bar is 400 µm.



**Figure 5.** Proliferation of HUVECs (a) and A549 cells (b) after 4 d in culture with PC. IR is 1.5 µg/ml irinotecan.



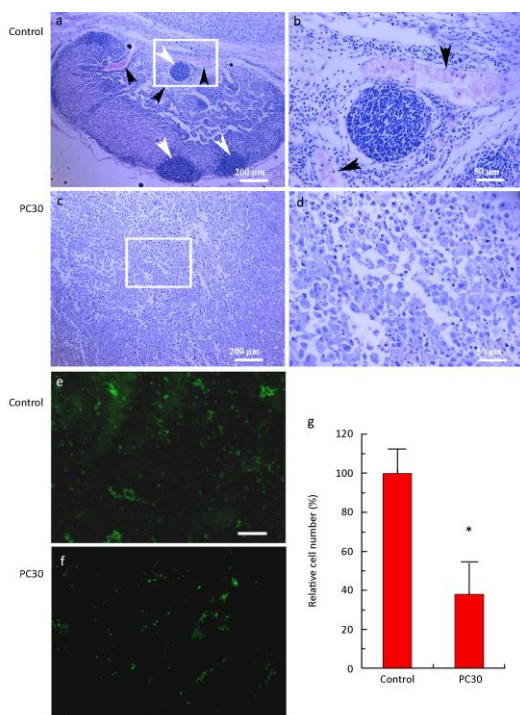
**Figure 6.** Antitumor effect of PC on tumor volume (a), tumor morphology (b), and tumor weight (c). PC10 and PC30 are 10 and 30 mg PC/kg bodyweight, respectively. # indicates  $P<0.05$  compared to control.

**Tumor Histological Characteristics and Angiogenesis**

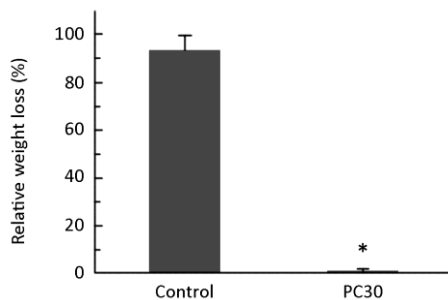
HE staining of control tumors revealed considerable amount of invasive tissue composed of many new invasive sites (Figure 7a). These sites were supplied by abundant vessels with red blood cells within the lumen (Figure 7a-b). By contrast, tumors from PC-treated mice (30 mg PC/kg bodyweight) had few invasive growth

sites and almost no discernable vessels, resulting in a large necrotic area (Figure 7c-d). In tumors from these PC-treated mice, angiogenesis was inhibited (Figure 7e-f). Immunofluorescent staining showed that the fluorescence intensity in PC (30 mg/kg) group was only 38.2% ± 8.9% to that in control group, suggesting that the CD 31+ cells is much less in the PC (30 mg/kg) group than in control

group (Figure 7e,f-g). Because endothelial cells are CD31+ cells, this result demonstrated that the endothelial cells of capillary vessels in the tumor tissue were lower in PC group than in control, indicating that PC inhibits angiogenesis.



**Figure 7.** HE staining of lung adenocarcinoma tissue in control (a) and PC30 (c) treatments. PC30 is 30 mg PC/kg bodyweight. Areas in the white rectangles are magnified 4× for control (b) and PC30 (d) treatments. For (a) and (c), the scale bar is 200  $\mu$ m. For (b) and (d), the scale bar is 50  $\mu$ m. White arrow head indicates invasive growth sites. Black arrow head indicates blood vessel. The images (e) and (f) (40×, Bar = 200  $\mu$ m) were the sections probed with anti-CD31+ cells (green). (g) The fluorescence intensity of CD31+ cells normalized to control (n=6). \*indicates  $P<0.05$  compared to control.



**Figure 8.** Relative weight loss of tumors after MMP-2 proteolysis for 48 h. PC30 is 30 mg PC/kg bodyweight. \*indicates  $P<0.05$  compared to control

### ***In vivo* resistance to proteolysis by MMP-2**

Following a 48-hour treatment with MMP-2, tumors

in the control group were almost completely degraded. By contrast, tumors from mice treated with PC (30 mg PC/kg bodyweight) were significantly resistant to proteolysis and exhibited almost no degradation (Figure 8). This result suggests that PC crosslinking in the tumor tissue prevented hydrolysis by MMP-2.

## **DISCUSSION**

Previous studies demonstrated an *in vitro* anticancer effect of PC through several pathways by inhibiting the activity of angiogenic factors, such as MMP-2 and MMP-9. Because PC are non-toxic and exist in everyday foods, these *in vitro* anticancer effects have garnered much attention. However, few of these anticancer effects have been confirmed in animal models or clinical trials<sup>[19,20]</sup>. Previous studies revealed that PC can easily bind to vascular endothelial tissues<sup>[9]</sup>. Therefore, intravenous injections may result in a large loss of PC, while they circulate through the blood. Because of poor digestion and absorption, oral administration of PC provides only a limited amount of monomeric and dimeric PC in the bloodstream<sup>[10,11]</sup>. These disadvantages might markedly decrease the PC concentration in the target tissue, and most of the *in vitro* anticancer effect may disappear *in vivo*. To overcome these disadvantages, we used *in situ* injection to deliver PC, and found that at a dose of 30 mg PC/kg bodyweight, the vascular ECM is crosslinked by PC, providing resistance to proteolysis by MMP and inhibiting angiogenesis-mediated tumor growth.

During inflammatory period *in vivo*, the MMPs are secreted from inflammatory cells to degrade ECM proteins<sup>[1]</sup>. The Td determination result evidently demonstrated the PC crosslinking effect on vascular ECM (Table 1). In present research, we showed that PC crosslinking of ECM (Table 1) limits both *in vitro* and *in vivo* proteolysis by MMPs (Figure 1, 2), suggesting that PC crosslinking inhibits the initial step of tumor angiogenesis<sup>[28]</sup>. This protection against proteolysis by MMPs was confirmed in the direct hydrolysis of tumors by MMP-2 (Figure 8). Additionally, ECM proteolysis by MMPs may free cells from existing blood vessels to move to neovascularization sites<sup>[29-31]</sup>. In this study, PC inhibited HUVECs detachment from the culture surface (Figure 3), suggesting that PC pretreatment could inhibit angiogenesis by preventing the movement of endothelial cells to the neovascular sites. Based on the detachment-resistant effect of PC-crosslinking, this effect must be also due to PC crosslinking on the living cellular ECM. Furthermore, PC may effectively inhibit endothelial cells forming new vessels in tumor tissue (Figure 4).

Recently, Levental, et al<sup>[32]</sup> reported that matrix covalent crosslinking remodels the ECM by stiffening and enhancing integrin signaling, which causes tumor progression. However, PC crosslinking is due to hydrogen bonds, not covalent bonds, resulting in crosslinking with hydroxyproline in ECM proteins and maintaining a soft and pliable tissue<sup>[9,21-23]</sup>. Proline is an efficient hydrogen bond acceptor, so PC has an extremely

high affinity for proline-rich proteins<sup>[9,22,33-36]</sup>. ECM proteins collagen and elastin are proline-rich, which promote PC to form hydrogen bonds<sup>[22,23]</sup>. Therefore, PC crosslinking may obstruct MMPs from accessing their substrate ECM proteins, offering protection for ECM from proteolysis. The present data demonstrated that PC crosslinking directly reduced the proteolysis by MMPs on the ECM, which subsequently inhibited angiogenesis in tumor xenografts.

We also observed that lung cancer xenograft growth was significantly inhibited by PC injection *in situ* (Figure 6). Considering that PC did not inhibit HUVEC and A549 proliferation *in vitro* (Figure 5), this *in vivo* inhibition does not result from PC cytotoxicity. Instead, it is more likely that the anti-angiogenesis effect resulted from inhibiting proteolysis by MMPs. Accordingly, HE and immunofluorescent staining revealed that PC crosslinking reduced the tumor angiogenesis (Figure 7).

Recently, Punathil<sup>[37]</sup> and Akhtar<sup>[38]</sup> reported that non-small cell lung cancer cells, including A549 cells, were inhibited *in vitro* by grape seed PC at concentrations from 20 to 60 µg/mL. These concentrations are lower than those used here. This difference is likely due to a difference in the PC combination and relative ratio of monomers, dimers and oligomers. Here, a PC combination of 1.8% dimers and 60% oligomers, exerted an anticancer effect on A549 lung cancer cells by inhibiting MMP-mediated angiogenesis through crosslinking existing vascular ECM.

In conclusion, results of this study revealed that PC effectively inhibited tumor angiogenesis, at least in part by inhibiting proteolysis by MMPs, detachment of endothelial cells and the formation of capillary vessels. Therefore, PC can exert an anticancer effect on xenografts of lung adenocarcinoma. These results suggested that PC may be used as MMPs inhibitors in anticancer therapies.

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