

Cortical inhibition, pH and cell excitability in epilepsy: what are optimal targets for antiepileptic interventions?

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Abstract Epilepsy is characterised by the propensity of the brain to generate spontaneous recurrent bursts of excessive neuronal activity, seizures. GABA-mediated inhibition is critical for restraining neuronal excitation in the brain, and therefore potentiation of GABAergic neurotransmission is commonly used to prevent seizures. However, data obtained in animal models of epilepsy and from human epileptic tissue suggest that GABA-mediated signalling contributes to interictal and ictal activity. Prolonged activation of GABA_A receptors during epileptiform bursts may even initiate a shift in GABAergic neurotransmission from inhibitory to excitatory and so have a proconvulsant action. Direct targeting of the membrane mechanisms that reduce spiking in glutamatergic neurons may better control neuronal excitability in epileptic tissue. Manipulation of brain pH may be a promising approach and recent advances in gene therapy and optogenetics seem likely to provide further routes to effective therapeutic intervention.

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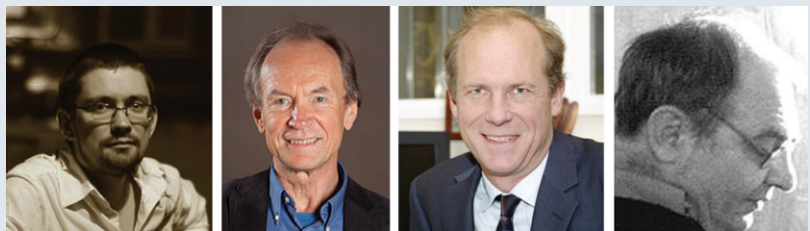
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Introduction

Epilepsy is a chronic neurological disorder characterised by the propensity of the brain to generate spontaneous recurrent seizures. Classically this aberrant activity has been attributed to a shift in the balance of excitation and inhibition towards excitation. Early observations showed

that antagonists of GABA, the main inhibitory neurotransmitter in the brain, have strong ictogenic effects (Schwartzkroin & Prince, 1977; Gutnick *et al.* 1982; Connors, 1984). It is also supported by a large (albeit not universal) body of experimental evidence that the number of interneurons is reduced in chronically epileptic hippocampal and neocortical tissue, leading to a reduction

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in the number of inhibitory synapses in the affected regions (Maglóczy & Freund, 2005). The observation of potentiated GABAergic synapses, sprouting of inhibitory axons, and increased interneuronal excitability in epileptic tissue may reflect compensatory effects (e.g. Zhang *et al.* 2009). But are such changes anti-epileptic? Boosting GABAergic neurotransmission may seem an effective way to alleviate a predisposition to seizures. However, an altered GABAergic signalling is known to participate in the generation of human epileptiform discharges (Schwartzkroin & Haglund, 1986; Köhling *et al.* 1998; Cohen *et al.* 2002; D'Antuono *et al.* 2004; Avoli *et al.* 2005), and potentiating GABA-mediated signalling is ineffective in some patients. GABA may also exert paradoxical pro-epileptic effects in neonates (Perucca *et al.* 1998).

Although impairing inhibition facilitates epileptiform activity, seizures can also be readily induced in control tissue by facilitating neuronal excitability or increasing network activity (Avoli & de Curtis, 2011). Furthermore, a profound loss of functional inhibition in the epileptic network is difficult to reconcile with the episodic nature of the disease. In humans seizures are typically separated by long seizure-free periods, often with intact cognitive and other behaviour. These observations suggest a far more complex contribution of the GABAergic system to the regulation of network dynamics. It is not surprising therefore that the role of GABAergic signalling in the generation of epileptiform activity is still vigorously debated. GABA_A-mediated neurotransmission is clearly proconvulsant in one nocturnal epilepsy syndrome (Klaassen *et al.* 2006), in human cortical dysplasia (D'Antuono *et al.* 2004) and in human temporal lobe epilepsy with hippocampal sclerosis (Cohen *et al.* 2002; Huberfeld *et al.* 2011).

The uncertainties over the pro- or anti-epileptic roles of GABAergic signalling in focal cortical epilepsies suggest that treatments which target mechanisms that control cell firing and so reduce intrinsic neuronal excitability should be examined. Such treatments may beneficially restrain sudden surges in network activity.

Dynamic change in GABAergic signalling during epileptiform activity

Although epileptiform activity is accompanied by recurrent excitatory barrages like those observed in disinhibited tissue, this excitatory drive masks a massive recruitment of inhibitory neurons. In fact, a recent study has suggested that almost all perisomatically targeting interneurons in the hippocampal CA1 area are recruited during network epileptiform discharges (Marchionni & Maccaferri, 2009). Furthermore, the principle that brain areas receiving increased GABAergic drive extend beyond epileptogenic foci (Prince, 1968)

has found experimental support in clinical research and animal studies (Goldensohn & Salazar, 1986; Schwartz & Bonhoeffer, 2001). This 'inhibitory restraint' around hyperexcitable areas may prevent or retard seizure spread (Trevelyan *et al.* 2006, 2007). Such an 'inhibitory veto' usually suffices to occlude the excitatory drive underlying generation of ictal-like events in cortical pyramidal neurons (Trevelyan *et al.* 2006).

The role of GABAergic neurotransmission in ictogenesis is ambiguous for several reasons. First, interneurons are highly interconnected by both chemical and electrical synapses, and their divergent outputs to primary neurons could synchronize large cell populations (discussed by Jiruska and co-authors in this issue). Second, depending on the resting membrane potential and trans-membrane gradient of Cl⁻, GABA can either hyperpolarize or depolarize a postsynaptic neuron (Kaila, 1994; Farrant & Kaila, 2007). Permeability of GABA_A receptor channels to HCO₃⁻ (Kaila & Voipio, 1987; Kaila *et al.* 1993) further contributes to GABA-mediated depolarization in particular after excessive GABAergic neurotransmission. In addition, prolonged activity of GABA_A receptors enhances extracellular K⁺ via cotransporter actions, thus initiating a prolonged non-synaptic depolarisation (Kaila *et al.* 1997; Viitanen *et al.* 2010).

It should be stressed, however, that GABA_A-mediated postsynaptic 'depolarization' does not necessarily mean 'excitation' as the shunting effects of GABA_A receptor activation still tend to oppose firing. In some neuronal types, such as dentate granule cells and layer 5 pyramidal cells, the GABA_A reversal potential (E_{GABA}) is positive to the resting membrane potential, even if still negative to firing threshold (Staley & Mody, 1992; Gullledge & Stuart, 2003; Sauer *et al.* 2012). Activation of GABA_A receptors in these neurons may mediate an effective inhibition due to shunting effects. However, in these cells depolarizing IPSPs sum with spatially and temporally separate excitatory inputs (Gullledge & Stuart, 2003; Chiang *et al.* 2012), so promoting or inhibiting cell firing depending on the timing and cellular localisation of the GABAergic event. Although important for neuronal signal integration properties (Pavlov *et al.* 2011b), it remains to be determined whether these effects contribute to seizure generation.

The situation may however be very different when interneuronal firing increases during epileptiform activity. Prolonged activity at GABAergic synapses can significantly load Cl⁻ extrusion mechanisms (Payne *et al.* 2003; Blaesse *et al.* 2009) in postsynaptic neurons leading to intracellular Cl⁻ accumulation and a consequent depolarizing shift of E_{GABA} . This is aggravated by GABA_A-receptor coupled K⁺ transients. All these changes can readily convert the GABAergic drive from inhibitory to excitatory. Even in control tissue GABA may become excitatory during repeated stimulation (Staley *et al.* 1995; Kaila *et al.*

1997). Whether in chronically epileptic tissue such a transition is favoured is not clear. On the one hand, the Cl^- extrusion mechanisms are impaired (Rivera *et al.* 2002; Jin *et al.* 2005; Pathak *et al.* 2007). On the other hand, decreased KCC2 expression will tend to decrease excitatory extracellular K^+ transients (Viitanen *et al.* 2010). Possibly fast activity-dependent down-regulation of KCC2 (Rivera *et al.* 2004; Glykys *et al.* 2009; Lee *et al.* 2011; Puskarjov *et al.* 2012) is a neuroprotective adaptation rather than a maladaptive reactive change.

In addition to fast synaptic neurotransmission high-affinity peri- or extrasynaptic GABA_A receptors mediate a slower, 'tonic', form of inhibitory signalling (for recent reviews, see Brickley & Mody, 2012; Pavlov & Walker, 2012). These receptors are activated by low ambient concentrations of GABA (Stell & Mody, 2002). Tonic GABA_A receptor-mediated conductances are preserved, maybe even increased, in various animal models of epilepsy (Scimemi *et al.* 2005; Zhang *et al.* 2007; Zhan & Nadler, 2009; Pavlov *et al.* 2011a) and are also present in tissue resected from patients with temporal lobe epilepsy (TLE) (Scimemi *et al.* 2006). Enhanced tonic

GABA_A conductances would tend to enhance Cl^- entry during ictal events, and enhance the load on neuronal Cl^- extrusion mechanisms.

Therefore, GABAergic neurotransmission can dynamically change sense during pathological increases in network activity, and the dual nature of GABA-mediated signalling may contribute to ictogenesis (Fig. 1). Clearly measurements of steady-state E_{GABA} levels in quiescent slices are not as informative as data on the capability of a neuron to extrude Cl^- under conditions of high Cl^- load during the transition to seizure (Khirug *et al.* 2005; Farrant & Kaila, 2007; Blaesse *et al.* 2009). Akin to the double faced Janus who presides over beginnings and transitions, GABAergic signalling may switch direction to promote aberrant firing.

Transition to seizure in temporal lobe epilepsy

Defects in Cl^- homeostasis have been linked to epileptiform activity in the adult brain. In temporal lobe tissue obtained from operations on patients with pharmaco-resistant focal epilepsies, the subiculum,

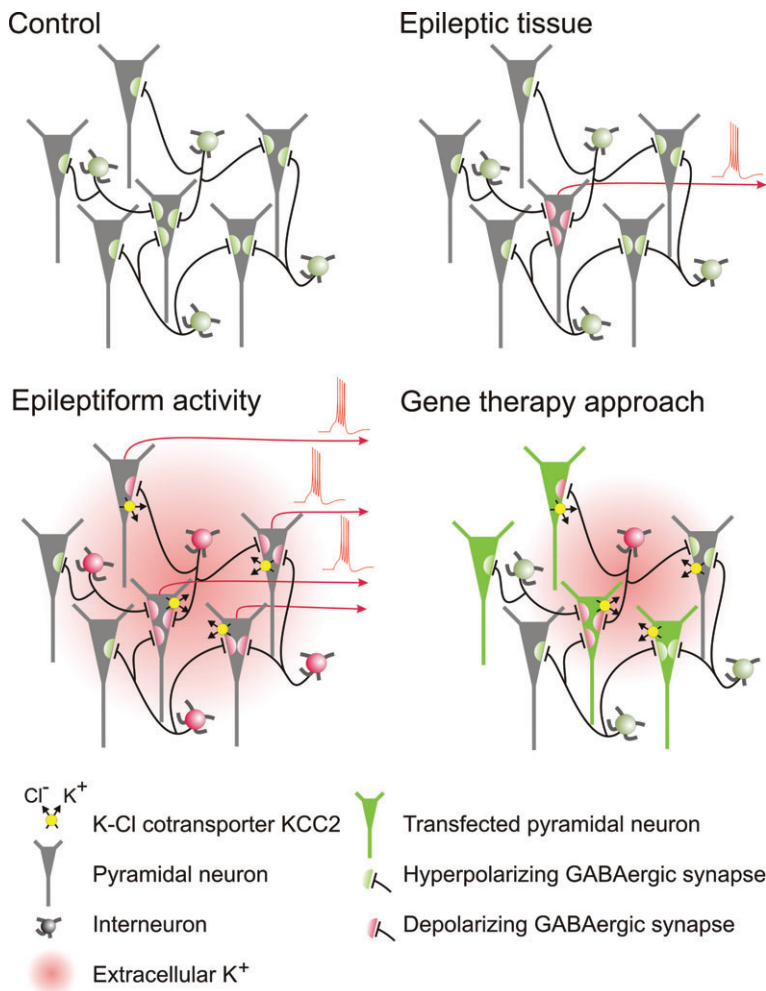


Figure 1. Epilepsy-induced changes in Cl^- homeostasis in a subset of neurons may contribute to the spontaneous generation of interictal activity often observed in tissue resected from patients with intractable epilepsy. Massive recruitment and prolonged activation of interneurons during epileptiform activity further increases a load onto neuronal Cl^- extrusion mechanism and could shift E_{GABA} to depolarized voltages. This may render GABA excitatory, exacerbating aberrant spiking of glutamatergic cells. In addition, excessive activation of KCC2 results in a transient increase of extracellular K^+ so providing additional excitation. Targeting excitability of pyramidal cells using gene transfection techniques may also alleviate undesirable effects of excessive activation of interneurons by reducing their feedback recruitment.

downstream from the sclerotic CA1 region, generates a spontaneous interictal-like activity (Cohen *et al.* 2002). Both glutamatergic and GABAergic transmission are needed for its generation. GABA-mediated synaptic events reverse at depolarized potentials in ~20% of subicular pyramidal cells. This suggests that an altered Cl⁻ homeostasis in a minority of cells contributes to interictal rhythmogenesis.

Such a depolarized Cl⁻ reversal potential occurs in reactive responses to ischaemia (Pond *et al.* 2006; Papp *et al.* 2008), axotomy (Nabekura *et al.* 2002) and nerve section that induces chronic pain (Coull *et al.* 2003; Lu *et al.* 2008). In human epileptic tissue, expression of two K⁺-Cl⁻ cotransporter molecules, NKCC1 and KCC2, may be altered. Expression of the Na⁺-K⁺-2Cl⁻ cotransporter, NKCC1, which usually imports Cl⁻, seems to be increased, while the Cl⁻-extruding K⁺-Cl⁻ cotransporter, KCC2 (Payne *et al.* 2003; Blaesse *et al.* 2009), seems to be reduced (Muñoz *et al.* 2007; Huberfeld *et al.* 2007; Shimizu-Okabe *et al.* 2011). It is worth noting here that NKCC1 is also expressed in glia, while KCC2 is neuron specific in brain tissue (Blaesse *et al.* 2009).

Recent work on juvenile rats has shown that epileptiform activity down-regulates KCC2 both *in vivo* and *in vitro* through enhanced activation of the Ca²⁺-dependent protease calpain (Puskarjov *et al.* 2012) and, interestingly, calpain expression is increased in pharmaco-resistant human cortical TLE tissue (Feng *et al.* 2011). Since a wide spectrum of molecules involved in GABAergic signalling are calpain substrates (for references, see Puskarjov *et al.* 2012), it is possible that erosion of inhibition in epileptic tissue (Cohen *et al.* 2002; Huberfeld *et al.* 2007) is at least partly mediated by enhanced constitutive calpain activity.

In patients or animal models of focal epilepsies, interictal activity is interrupted occasionally by a seizure. Most of our understanding of this transition has been obtained from exposure to convulsants *in vitro*. Seizure-like events *in vitro*, in intracranial records from patients (Huberfeld *et al.* 2011) and in EEG records from animals (Bragin *et al.* 2009) are often preceded by distinct population events. *In situ*, these events seem to be limited to focal sites of seizure initiation. *In vitro*, they generate larger fields than interictal events that spread faster and further. They are generated in the subiculum and depend on glutamatergic synapses between subicular pyramidal cells. However while these pre-ictal population events, may be generated purely by recurrent excitation, they induce a strong interneuronal firing.

Mechanisms underlying the transition from pre-ictal discharges to seizure are not well understood. Possibly the pre-ictal bursts that precede the transition may inform on the mechanisms involved or even trigger the seizure. However while pre-ictal events correspond to a glutamate-mediated synchrony, both GABAergic and

glutamatergic signalling are active and necessary for ictal-like events (Huberfeld *et al.* 2011). Recent work has emphasized a glial contribution to focal seizures, and glial control of external levels of both potassium and glutamate is compromised in an epileptic brain (Coulter & Eid, 2012; Steinhäuser *et al.* 2012). Clearly though interneurons are strongly excited by convulsants and discharges at high frequency during pre-ictal events.

Two consequences of a strong activation of postsynaptic GABA_A receptors due to repetitive interneuron firing may help initiate and prolong seizures. First, Cl⁻ extrusion mechanisms may not suffice to maintain homeostasis. The resulting Cl⁻ loading will induce a dynamic shift in the Cl⁻ reversal potential and so in the polarity of inhibitory events in some pyramidal cells. Secondly, even if overwhelmed, the cotransporter KCC2, continues to export not only Cl⁻ but also K⁺ ions (Viitanen *et al.* 2010). The increase in external K⁺ from this route adds to that due to strong neuronal firing, increasing neuronal excitability even further and so prolonging an ictal event. It will also induce water movement into neurons (Lux *et al.* 1986), so reducing extracellular volume with further pro-ictal effects including enhanced ephaptic interactions (Jefferys, 1995) and increased external glutamate and K⁺ concentrations (Traynelis & Dingledine, 1989).

Role of brain pH in the generation and treatment of seizures

Evidence dating back several decades has shown that the excitability of neuronal circuits is strongly modulated by changes in pH (for references, see Tolner *et al.* 2011). In general, an elevation of pH leads to enhanced excitability while an acidosis has the opposite effect (Chesler & Kaila, 1992), and it is interesting to note that there is much evidence pointing to a key role for activity-dependent acidosis as an intrinsic mechanism for self-termination of seizures (de Curtis *et al.* 1998).

The relevance of pH in controlling network excitability and seizure generation seems to be particularly high in the immature brain. Indeed, seizures (often caused by local trauma, haemorrhages, or birth asphyxia) occur more frequently during the neonatal period than at any other age (Hauser *et al.* 1993), and spontaneous network events in neonatal hippocampal slices (the so-called giant depolarizing potentials, GDPs) are extremely sensitive to changes in intracellular pH (pH_i) (Ruusuvuori *et al.* 2010). A decrease of pH_i by 0.05 units in CA3 pyramidal neurons, induced by application of weak membrane-permeant acids such as L- and D-lactate, propionate or hypercarbia (from 5% to 8% CO₂ at constant extracellular pH) led to a transient block of the GDPs. Furthermore, the recovery of GDPs closely paralleled pH_i recovery in CA3 pyramidal cells (Ruusuvuori *et al.* 2010) which act

as conditional pacemakers providing the major excitatory drive for GDPs (Sipilä *et al.* 2005). It has been proposed that the suppressing effect of weak acids on GDPs is due to altered mitochondrial energy metabolism in neonatal slices (Holmgren *et al.* 2010; Bregestovski & Bernard, 2012). However, a quantitatively similar pH_i -dependent suppression of GDP generation occurs in standard physiological solution with 10 mM glucose, whether the weak acid applied is (L-lactate) or is not (D-lactate, propionate) an effective substrate of mitochondrial ATP production, or an end product, such as CO_2 . Moreover, neuronal mitochondrial membrane potential is unaffected by weak acids, but depends critically on glucose availability (Ruusuvoori *et al.* 2010).

A major clinical problem is that neonatal seizures are frequently unresponsive to anti-epileptic drugs such as phenobarbital and benzodiazepines (Rennie & Boylan, 2007; Bonifacio *et al.* 2011) which enhance the inhibitory actions mediated by GABA_A receptors in adults (Rogawski & Löscher, 2004). In fact, such pro-GABA drugs can even potentiate neonatal seizures even in full term babies because the neuronal damage associated with epileptiform activity can induce a relatively fast positive shift in E_{GABA} (see e.g. Nardou *et al.* 2011). Hence, the search for novel antiepileptic drugs and other therapeutic strategies is particularly important for neonatal seizures. Manipulating neuronal pH_i might be a successful way to control epileptiform activity in neonates and infants (Schuchmann *et al.* 2006; Helmy *et al.* 2011).

In a recent study, based on a novel model of birth asphyxia, seizures were found to be triggered by a brain alkalosis (Helmy *et al.* 2011). These data suggest that in human post-asphyxia neonates, the standard practice of fast restoration of normocapnia leads to a pathophysiological alkaline overshoot of brain pH which will promote seizures. Consequently, a novel resuscitation approach, 'graded restoration of normocapnia', was put forward. This technique abolished the post-asphyxic alkaline 'overshoot' of brain pH and, consequently, seizure induction was strongly suppressed (Helmy *et al.* 2011, 2012).

Febrile seizures (FSs) are the most common type of epileptiform events in humans and the majority of FSs take place between 6 months and 5 years of age, peaking at 16–18 months (Shinnar & Glauser, 2002). Experiments based on direct measurements of cortical pH in a rat pup model of FS showed that seizures are triggered by hyperventilation and the consequent respiratory alkalosis (Schuchmann *et al.* 2006). Notably, exposure of the rat pups to 5% ambient CO_2 blocked FSs in the rat pups within 20 s. A possible role for respiratory alkalosis in FS generation in children was examined in a large, retrospective study on age-, fever- and sex-matched children with respiratory tract infections or gastroenteritis (Schuchmann *et al.* 2011). Blood acid–base data

from children hospitalised for FSs, showed a respiratory alkalosis; and that the low systemic pH caused by gastroenteritis seems to prevent FSs. Moreover, a subset of data showed that FSs did not occur in FS-susceptible individuals with fever caused by gastroenteritis. Thus, our study (Schuchmann *et al.* 2011) indicated that a respiratory alkalosis is involved in triggering FSs in children. This raises the intriguing possibility that the standard therapeutic effect of benzodiazepines on FSs (McIntyre *et al.* 2005) is, at least in part, caused by suppression of breathing by these drugs.

Breathing 5% CO_2 inhibits seizures in the adult rat, macaque and human brain (Tolner *et al.* 2011). In this study, the human epilepsy patients were under presurgical monitoring, and the effect of 5% CO_2 could be examined only after seizure generalization (needed for localizing the ictogenic area). However, a clear anticonvulsant effect was observed. Obviously, an earlier time point of CO_2 application would have been even more effective. In addition to acute seizure suppression, the action of CO_2 on brain pH is so fast that it might be used in anticipation of a seizure episode by patients with chronic epilepsy.

Targeting intrinsic properties of excitatory neurons using gene therapy to prevent seizure generation

Epilepsy-induced changes that facilitate generation of epileptiform activity include alterations in active membrane conductances and have been implicated, for example, in the conversion of regular spiking pyramidal cells into burst spiking neurons (Beck & Yaari, 2008). Such a bursting phenotype of glutamatergic neurons may then initiate synchronous network behaviour (Tryba *et al.* 2011). The glutamate-mediated pre-ictal discharges detected before initiation of an ictal event may also be promoted by an increased neuronal excitability. Changes in several ion channels have been reported in experimental epilepsy models. These include channels underlying the hyperpolarization-activated conductance (Shah *et al.* 2004), A-type K^+ channels (Castro *et al.* 2001; Bernard *et al.* 2004), and T-type Ca^{2+} channels (Su *et al.* 2002). There is also evidence for an enhancement in persistent Na^+ currents (Chen *et al.* 2011), which may result from a change in accessory subunits (Aman *et al.* 2009) or splicing (Fletcher *et al.* 2011). Most of these studies have concentrated on principal cells, but some evidence exists that a pathway upstream of $\text{Kv}1.1$ in fast-spiking interneurons is altered in experimental epilepsy (Li *et al.* 2012).

Several clinically useful anti-epileptic drugs are thought to suppress neuronal excitability via membrane ion channels. However, the scope for discovery of novel small molecule anticonvulsants may be limited. Different cell populations, in many brain structures, often express similar channels, so even drugs with perfect molecular

specificity may have side effects. Pharmacotherapy may also be limited if up-regulation of drug transporters prevents anti-epileptic drugs from reaching their targets (Schmidt & Löscher, 2005). An alternative approach is to use gene therapy, which has already had some success in treating retinal degeneration and inherited immune deficiency disorders (e.g. Gaspar *et al.* 2011; Jacobson *et al.* 2012). This can in principle be targeted to the epileptogenic zone in focal epilepsy.

Thus far, experimental anti-epileptic gene therapy strategies have mainly targeted neurotransmitters and their receptors. Thus, overexpression of galanin, NPY and Y2 receptors have all been shown to attenuate seizures (Haberman *et al.* 2003; Richichi *et al.* 2004; Noè *et al.* 2008; Woldbye *et al.* 2010). However, these have mainly been studied in rodent models where the viral vector has been delivered prior to a chemoconvulsant stimulus. Hitherto, only one study has shown that gene therapy delivered after the establishment of an epileptic focus can attenuate seizures (Noè *et al.* 2008). The refinement of adeno-associated virus and lentivirus vectors raises the prospect for stable long-term overexpression of exogenous genes, with minimal neuronal toxicity, and the efficiency of the Camk2a promoter implies that it should be possible to selectively reduce intrinsic excitability in principal cells as a therapeutic strategy.

Of the many genes involved in regulating neuronal excitability, *Kcna1*, which encodes Kv1.1, is especially interesting, because overexpression in hippocampal cultures both raises the threshold for eliciting action potentials and reduces neurotransmitter release (Heeroma *et al.* 2009). This strategy has the potential advantage that, even if the synaptic excitation of transduced neurons decreased through a homeostatic 'synaptic scaling' mechanism (Turrigiano, 2008), neurotransmitter release from their terminals would still be attenuated.

An alternative approach to reducing neuronal excitability constitutively is to provide the means to suppress neuronal firing 'on demand', when a seizure is detected. The light-sensitive prokaryotic Cl⁻ pump halorhodopsin (NpHR) has been used successfully to suppress burst firing in organotypic cultures (Tønnesen *et al.* 2009), and this strategy could be used *in vivo*, although the challenges to detect the seizure onset and deliver light of the appropriate wavelength and intensity to the transduced neurons are substantial. A potential disadvantage of NpHR is that it alters the Cl⁻ reversal potential, thereby making GABA_A receptors depolarizing. Thus, although the acute effect of photoactivation is to hyperpolarize neurons, fast GABA_A receptor-mediated inhibition may be compromised (Raimondo *et al.* 2012). The proton pump Arch, in principle, avoids this disadvantage because pH shifts are rapidly buffered (Chow *et al.* 2010).

Conclusions and further directions

There is a strong need for new drug targets in resistant TLEs. The lack of mechanistic data on the exact events that initiate a seizure remains a major obstacle to the design of efficient antiepileptic therapies. Might pathways controlling Cl⁻ homeostasis be a useful target? There has been interest in the diuretic molecule bumetanide which can block the Cl⁻ importing cotransporter, NKCC1, without affecting the exporting transporter, KCC2. The possible antiepileptic actions of bumetanide may also include an increase in the extracellular volume fraction and a consequent decrease in ephaptic synchronization of neuronal spiking (Hochman, 2012). Notably, however, preclinical trials have not provided conclusive evidence for antiepileptic actions of bumetanide, in the absence of drugs which potentiate GABAergic transmission (for review, see Löscher *et al.* 2012).

In the neonatal period, when excitability of the brain is particularly sensitive to changes in pH, strategies that reduce alkaline shifts may be more efficient than those that potentiate GABAergic neurotransmission. Another promising approach that can help to reduce the propensity of the brain to generate seizures is emerging from developments in gene therapy. In this case the excitability of neurons is manipulated by transfecting them with certain genes using virus injections (Fig. 1). Will this approach become a routine in treatment of human epilepsy? Many gene therapy-based clinical trials are currently underway, and while the answer to this question is yet uncertain, improvements in safe gene delivery to target cells give rise for a cautious optimism for the future. Devising more effective treatment strategies, however, will still depend on the individual circumstances and a better understanding of the mechanisms underlying aberrant neuronal activity.

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