

# Exosomal Tumor MicroRNA Modulates Premetastatic Organ Cells<sup>1,2</sup>

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# Abstract

Tumor exosomes educate selected host tissues toward a prometastatic phenotype. We demonstrated this for exosomes of the metastatic rat adenocarcinoma BSp73ASML (ASML), which modulate draining lymph nodes and lung tissue to support settlement of poorly metastatic BSp73ASML-CD44v4-v7 knockdown (ASML-CD44v<sup>kd</sup>) cells. Now, we profiled mRNA and microRNA (miRNA) of ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomes to define the pathway(s), whereby exosomes prepare the premetastatic niche. ASML exosomes, recovered in draining lymph nodes after subcutaneous injection, preferentially are taken up by lymph node stroma cells (LnStr) and lung fibroblasts (LuFb) that were chosen as exosome targets. ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomes contain a restricted mRNA and miRNA repertoire that differs significantly between the two lines and exosomes thereof due to CD44v6 influencing gene and miRNA transcription/posttranscriptional regulation. Exosomal mRNA and miRNA are recovered in target cells, where transferred miRNA significantly affected mRNA translation. Besides others, this was exemplified for abundant ASML<sup>wt</sup>-exosomal miR-494 and miR-542-3p, which target cadherin-17 (cdh17). Concomitantly, matrix metalloproteinase transcription, accompanying cdh17 down-regulation, was upregulated in LnStr transfected with miR-494 or miR-542-3p or co-cultured with tumor exosomes. Thus, tumor exosomes target non-transformed cells in premetastatic organs and modulate premetastatic organ cells predominantly through transferred miRNA, where miRNA from a metastasizing tumor prepares premetastatic organ stroma cells for tumor cell hosting. Fitting the demands of metastasizing tumor cells, transferred exosomal miRNA mostly affected proteases, adhesion molecules, chemokine ligands, cell cycle– and angiogenesis-promoting genes, and genes engaged in oxidative stress response. The demonstration of function-competent exosomal miRNA in host target cells encourages exploiting exosomes as a therapeutic gene delivery system.

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## Introduction

Metastasis formation accounts for the majority of cancer-induced deaths, where a given tumor type preferentially seeds in selected organs [1,2]. Premetastatic niche preparation supports the seed and soil hypothesis, as tumors prepare only defined organs for metastasizing cell settlement in advance of arrival [3–5]. Our suggestion that tumor-derived exosomes rather than individual molecules play an important role [6] was confirmed by several groups [7–16]. Exosomal microRNA (miRNA) in serum is also discussed as a potential marker for tumor diagnosis [17,18].

Exosomes, small vesicles delivered by many cells and abundantly by tumor cells [19], derive from early endosomes, which fuse to multivesicular bodies (MVBs), from where individual vesicles (exosomes) are released in the extracellular space [20–23]. Accordingly, exosomes are Abbreviations: ASML<sup>wt</sup>, BSp73ASML; ASML-CD44v<sup>kd</sup>, BSp73ASML-CD44v4-v7 knockdown; cdh17, cadherin-17; CM, conditioned medium; CM<sup>−</sup>exo, exosomedepleted CM; ECs, endothelial cells; ifp, intrafootpad; KLF4, Kruppel-like factor 4; LnStr, lymph node stroma cells; LuFb, lung fibroblasts; MVBs, multivesicular bodies;  $C_T$ , threshold cycle

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rich in proteins located in internalization-prone membrane domains and molecules engaged in fission, scission, and vesicular transport [14,22,24,25]. Exosomes also harbor selected mRNA and miRNA [26]. mRNA recruitment may be guided by a zip code in the 3′ untranslated region (3′UTR) [27]; miRNA recruitment is facilitated by physical and functional coupling of RNA-induced silencing complexes to components of the sorting complex, where GW182 containing GW bodies, sorted into MVB, promotes continuous assembly/disassembly of membraneassociated miRNA-loaded RNA-induced silencing complex [28,29].

Exosome binding and uptake by target cells are also selective processes that involve various endocytic pathways and proteins from exosome donor and target cells [30,31], where exosomal tetraspanin complexes bind to selected ligands, which are also located in internalization-prone microdomains [32,33]. Exosomal proteins, mRNA, and miRNA are functionally active [22,34,35] and exosome binding/uptake can severely alter target cells, as demonstrated for T cell activation, immunosuppression, and conversion to a malignant phenotype [14,36–38].

We showed for the metastasizing rat pancreatic adenocarcinoma BSp73ASML (ASML) [39] that exosomes contribute to premetastatic niche preparation. ASML cells highly express CD44 variant isoforms v4–v7 (CD44v) [6], where CD44v6 particularly promotes the metastatic phenotype [40]. First evidence for CD44v as a metastasis-promoting molecule deriving from metastasis formation of CD44v transfected non-metastasizing BSp73AS cells [41] was confirmed in numerous studies in human and animal models [ref. in 42]. The central role of CD44v in metastasis formation was confirmed by a knockdown of CD44v4-v7 (ASML-CD44v<sup>kd</sup>) in ASML cells that poorly metastasize [43]. As the metastatic process essentially depends on the cross talk between tumor cells and the host and exosomes being suggested to be the most important intracellular communicators, we speculated that ASMLwt exosomes might account for the metastatic spread. Controlling this hypothesis was facilitated by the peculiarity of ASML cells not to grow locally after subcutaneous injection and to form metastases selectively in lymph nodes and lung [39]. Thus, if ASML exosomes contribute to premetastatic organ preparation, ASML-CD44v<sup>kd</sup> cells that also do not grow locally should regain metastatic capacity after preparing the host with ASML<sup>wt</sup> exosomes. Indeed, poorly metastasizing ASML-CD44 $v<sup>kd</sup>$  cells regain metastatic capacity, when rats are pretreated with conditioned medium (CM) of ASML<sup>wt</sup> cells. The essential contribution of exosomes was supported by the finding that exosomedepleted CM (CM<sup>-exo</sup>) exerted no metastasis-promoting effect. Furthermore, compared to ASML<sup>wt</sup> exosomes, ASML-CD44v<sup>kd</sup> exosomes exerted a weaker effect [6]. To obtain hints toward the weaker effect of ASML-CD44v<sup>kd</sup> versus ASML<sup>wt</sup> exosomes, we explored the impact of metastasis-promoting CD44v6 on the exosomal mRNA, miRNA, and protein profiles and progressed toward elucidating how tumor exosomes modulate premetastatic organs using lymph node stroma cells (LnStr) and lung fibroblasts (LuFb) as targets.

## Materials and Methods

# Cell Lines

ASMLwt cells derive from the metastasizing variant of a spontaneously arisen rat pancreatic adenocarcinoma in the BDX rat strain. Subcutaneously implanted ASML cells do not grow locally and metastasize exclusively to lymph nodes and lung [39]. ASML-CD44v<sup>kd</sup> cells do not also grow locally. They metastasize with a strong delay to draining lymph nodes and do not settle in the lung [43]. A rat aortic endothelial cell line (EC) and a fibroblast line (LuFb) derived from the lung of BDX rats spontaneously immortalized. These lines as well as human embryo renal cortical cells (HEK293) and LnStr (B12) [44] were maintained in RPMI 1640/10% fetal calf serum, supplemented for ASML-CD44v<sup>kd</sup> cells with 750 μg/ml G418.

#### Antibodies

For antibodies, see Table W1.

#### Exosome Preparation

Cells were cultured (48 hours) in serum-free medium. Cleared supernatants (2 × 10 minutes, 500g; 1 × 20 minutes, 2000g; 1 × 30 minutes, 10,000g) were centrifuged (90 minutes, 100,000g) and washed [phosphate-buffered saline (PBS), 90 minutes, 100,000g]. The supernatant after the last centrifugation was collected as CM<sup>-exo</sup>. It was concentrated and, after protein determination, adjusted to 200 μg/25 μl for intrafootpad (ifp) injection. The pellet was resuspended (10 ml of PBS), layered on 10 ml of 40% sucrose, and centrifuged (90 minutes, 100,000g). The top layer was removed; the sucrose layer was diluted with PBS and centrifuged (90 minutes, 100,000g). Where indicated, exosomes were rhodamine–N-(lissamine rhodamine B sulfonyl) phosphatidyl ethanolamine (DHPE)- or SP-Dio $_{18}(3)$ labeled (Invitrogen, Karlsruhe, Germany). Exosomes were directly labeled (30 minutes, 4°C) before sucrose gradient centrifugation and washed twice (90 minutes, 100,000g). Relative fluorescence intensity was adjusted to rhodamine-DHPE or  $SP-Dio_{18}(3)$  standards.

#### mRNA and miRNA

After RNAse treatment, exosomal and cellular mRNA/miRNA were extracted using TRI reagent according to recommendation (Sigma, Munich, Germany).

#### Microarray mRNA Analysis

Expression levels of 22,523 rat transcripts of two independent preparations of ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomes and cells and of untreated and ASML<sup>wt</sup>- or ASML-CD44v<sup>kd</sup> exosome–treated LnStr cells were analyzed in duplicates or triplicates using Ilumina and SurePrintG3Rat-GE-8x60K microarray. Analyses, normalization, and statistics (Chipster analysis and Agilent annotation) were performed at the Core Facility, German Cancer Research Center. Cellular and exosomal samples were normalized independently. Transcripts with at least double signal intensity over background, bead standard error differences > 12, and P value < .05 were included (http://www.ncbi. nlm.nih.gov/geo/query/acc.cgi?acc=GSE34739). RNA was analyzed according to function clustering (http://www.pantherdb.org).

#### Microarray miRNA Analysis

 $\rm{miRNA}$  analysis of  $\rm{ASML}^{\rm \acute{w}t}$  and  $\rm{ASML-CD44v}^{\rm kd}$  exosomes and cells (Core Facility, European Molecular Biology Laboratories, Heidelberg, Germany) used the miRCURY LNA microRNA ver11.0-hsa,mmu, rno or the Agilent microRNA microarray evaluating quadruplicates of two independent preparation (http://www.ncbi.nlm.nih.gov/geo/query/ acc.cgi?acc=GSE34739).Mean values of normalized data (Agilent Feature Extraction Software) were compared. Differentially regulated miRNA were defined as those with more than two-fold changes in signal strength. The miRNA database (http://www.microrna.org) and the target scan database (http://www.targetscan.org) were used to predict potential miRNA targets and for correlating downregulated mRNA in exosometreated LnStr with exosomal miRNA.

# Reverse Transcription and Quantitative Reverse Transcription–Polymerase Chain Reaction

Reverse transcription (RT) reactions contained RNA samples including purified total RNA, cell lysate, or heat-treated cells, 50 nM stem loop reverse transcriptase primer (Applied Biosystems, Darmstadt, Germany), 1× reverse transcriptase buffer (Applied Biosystems), 0.25 mM each of deoxyribonucleoside triphosphates (dNTPs), 3.33 U/μl Multi-Scribe reverse transcriptase (Applied Biosystems), and 0.25 U/μl RNase inhibitor (Applied Biosystems). The 7.5-μl reactions were incubated in an Applied Biosystems 9700 Thermocycler in a 96- or 384-well plate for 30 minutes at 16°C, 30 minutes at 42°C, and 5 minutes at 85°C and then held at 4°C. All reverse transcriptase reactions, including no template controls and reverse transcriptase minus controls, were run in duplicate.

Real-time polymerase chain reaction (PCR) was performed using a standard TaqMan PCR kit protocol on an Applied Biosystems 7900HT Sequence Detection System (Applied Biosystems). The 10-μl PCR included 0.67 μl of reverse transcriptase product, 1× TaqMan Universal PCR Master Mix (Applied Biosystems), 0.2 μM TaqMan probe, 1.5 μM forward primer, and 0.7 μM reverse primer. The reactions were incubated in a 384-well plate at 95°C for 10 minutes, followed by 40 cycles of 95°C for 15 seconds and 60°C for 1 minute. All reactions were run in triplicate. Glyceraldehyde phosphate dehydrogenase (GAPDH) served as internal control for mRNA and 4.5SRNA was used as internal control for miRNA. The threshold cycle  $(C_T)$  is defined as the fractional cycle number at which the fluorescence passes the fixed threshold. TaqMan  $C_T$  values were converted into absolute copy numbers using a standard curve from synthetic lin-4 miRNA. Statistical analysis was done by the  $\Delta C_{\rm T}$  method  $\int^{\Delta} C_{\rm T}$  =  $C_{\rm T}$  test gene –  $C_{\rm T}$  endogenous control;  ${}^{\Delta\Delta}C_T$  =  ${}^{\Delta}C_T$  sample –  ${}^{\Delta}C_T$  calibrator (untreated LnStr)], where relative quantification/fold change compared to the calibrator =  $2^{-\Delta\Delta}C_T$ .

#### miRNA Transfection

LnStr and HEK293 cells, seeded in antibiotic-free medium (24 hours), were transfected with 20 nM [quantitative RT-PCR (qRT-PCR)] or 10 nM (luciferase reporter assay) miRNA mimic (Qiagen, Hilden, Germany) using Lipofectamine 2000. After 48 hours, mRNA regulation was evaluated by qRT-PCR and/or was verified by flow cytometry (protein level) or used for luciferase reporter assay.

#### 3′UTR Reporter Assay

miRNAs that could bind in the 3′UTR of MAL and cadherin-17 (cdh17) mRNAs were searched according to http://www.microrna. org. Those showing a good mirSVR score (lower than −0.1) and detected in exosomes were selected. The 3′UTR regions were cloned by PCR from genomic LnStr DNA (primers: Table W2). PCR products were cloned into the dual-luciferase pmiRGlo vector, downstream of firefly luciferase using Pme1 and Xba1 restriction sites. After ligation and bacterial transformation, positive clones (sequenced) were used for HEK293 transfection. HEK293 cells were transfected with cloned miRNA binding sites for miR-300-5p or of the 3′UTRs of MAL and cdh17 using HiPerFect for reverse transfection in 96-well plates. Briefly, miRNA mimics (10 nM; Qiagen) without or with 80 ng of the reporter plasmid was spotted in a well of 96-well flatbottom plates. Thereafter, HiPerFect reagent (1 μl, diluted in 25 μl of serum-free medium) was added to the miRNA/DNA and mixed by pipetting. After an incubation time of 10 minutes,  $4 \times 10^5$  cells in Iscoves/10% fetal calf serum were added. The cells were maintained under normal growth condition for 48 hours. The Dual-Luciferase

Reporter Assay Kit (Promega, Mannheim, Germany) was performed following the manufacturer's instruction. Cells were lysed in 20 μl of Dual-Glo reagent (15 minutes, reverse transcriptase); the lysate was added to 100 μl of the same reagent in a white 96-well plate (Promega), and the firefly luciferase was measured using FLUOstar OPTIMA luminometer (BMG LABTECH, Offenburg, Germany), followed by measurement of Renilla luciferase, which was used for normalization of transfection efficiency.

## In Vitro Translation

Exosomal RNA (10 μg) in water was mixed with 1.25 μl of 20× translation mix (Retic Lysate IVT Kit), 1  $\mu$ l of <sup>35</sup>S-methionine, and 17 μl of Retic lysate, adjusted to 25 μl with nuclease-free water. After vortexing and centrifugation, the reaction mix at the bottom of the tube was incubated for 90 minutes in a 30°C water bath and for 10 minutes with 2.5 μl of RNaseA; 10 μl of the complete reaction was mixed with an equal volume of 2× sodium dodecyl sulfate sample buffer and incubated for 5 minutes at 95°C. After centrifugation, samples were collected from the bottom and allowed to cool to room temperature. Samples were loaded on a 12% sodium dodecyl sulfate– gel. After electrophoresis, proteins were fixed (45% methanol and 10% acetic acid, 5 minutes, gentle agitation) and dried. Dried gels were exposed at −70°C for 48 hours to X-ray films using an intensifying screen and photographed.

#### Flow Cytometry

Flow cytometry for cells followed routine procedures. Where indicated, cells were fixed and permeabilized and/or stripped (two washes in PBS/HCl, pH 2.5). Exosomes (10–15 μg) were incubated with 1 μl of aldehyde-sulfate latex beads (4 μm) (Invitrogen) in PBS/ 1% BSA (90 minutes, 20°C, shaking). After centrifugation, free binding sites on the beads were blocked by incubation with 100 mM glycine in PBS (1 hour). After washing two times with PBS/1% BSA, exosome-coated beads (corresponding to 1 μl beads/well) are distributed in 96-well plates. Staining with primary and secondary dyelabeled antibodies follows the protocol for cell staining. For analyzing exosome uptake, cells were incubated with DHPE-labeled exosomes, washed, and stripped. Samples were analyzed in a FACSCalibur using the CellQuest program.

## Zymography

CM of LnStr (1  $\times$  10<sup>6</sup>), starved for 24 hours, was centrifuged (15 minutes,  $15,000g$ ). Aliquots of supernatant were incubated with Laemmli buffer (15 minutes, 37°C) and separated in a 10% acrylamide gel containing 1 mg/ml gelatin. After washing (2.5% Triton), gels were incubated in developing buffer (37°C, 48 hours) and stained with Coomassie Blue.

#### In Vivo Assays

Rats (three per group) receiving 200 μg of  $SP-Dio_{18}(3)$ –labeled exosomes in 25 μl of RPMI 1640, ifp, were sacrificed after 24 to 72 hours. Rats (three per group) receiving exosomes in RPMI 1640 or 20-fold concentrated CM<sup>-exo</sup> of ASML<sup>wt</sup> or ASML- $CD44v<sup>kd</sup>$  cells, ifp, were sacrificed after 48 hours. Popliteal lymph nodes were excised and dispersed to evaluate exosome uptake by flow cytometry. The experiment was government-approved (Baden-Wuerttemberg, Germany).

#### Statistical Analysis

All *in vitro* assays were run in triplicates and repeated at least three times.  $P$  values < .05 (two-tailed Student's  $t$  test, analysis of variance) were considered significant. The mRNA and miRNA microarray analyses were performed with two independent samples, each run in duplicate or triplicate (mRNA) or quadruplicate (miRNA) and contained 60 (mRNA) or >30 (miRNA) negative controls. As the duplicate/ triplicate (mRNA) and quadruplicate (miRNA) samples frequently revealed  $P$  values < .05 with as low a variation in the signal strength as 1.2, mean values of the duplicates/quadruplicates of the two independent performed microarray analyses are presented throughout, where it should be noted that in the absolute ranking the individual mRNA/miRNA were very close and the few samples where this has not been the case were excluded. Nonetheless, as the total signal strength between the two microarrays differed, P values < .05 were rare and are only occasionally included. Instead, we indicate more than two-fold differences (which is five times the level to reach significant P values within the individual microarray analysis).

## Results

ASML cells, not forming a local tumor, metastasize through the lymphatics to the lung [39], indicating an essential requirement of lymph node or lung environment for growth. This feature makes ASML cells ideal candidates for defining a tumor's impact on premetastatic niche preparation. In a previous work indicating that exosomes are essential [6], we here characterized ASML<sup>wt</sup> exosomes and defined their impact on LnStr and LuFb. The comparison with ASML-CD44vkd exosomes aimed for hints toward their lower efficacy.

#### In Vivo and In Vitro *Exosome Binding and Uptake*

As a prerequisite for in vivo activity, we controlled that tumor exosomes reach the premetastatic organ from the distant site of the primary tumor. Ifp-injected ASML<sup>wt</sup> exosomes were recovered in the popliteal node after 24 to 72 hours. ASML<sup>wt</sup> exosome and, far more pronounced,  $\text{ASML-CD44v}^{\text{kd}}$  exosome recovery was significantly increased, when supported by ASMLwt-CM<sup>−</sup>exo. The ASML-CD44vkd-CM−exo hardly supported exosome traffic toward the popliteal node (Figure 1, A–C).

ASML exosomes are taken up by leukocytes [45] and stroma cells. As ASML cells metastasize exclusively through the lymphatic system, we chose LnStr and LuFb as targets to explore in vitro the impact of tumor exosomes. ASML<sup>wt</sup> exosomes bind more rapidly than ASML-CD44v<sup>kd</sup> exosomes to LnStr and LuFb. Both exosomes bind less efficiently to ECs, included as control (Figure 1,  $D$  and  $E$ ). Bound exosomes are taken up by their targets, as seen in the sagittal sections of exosometreated LnStr and LuFb (Figure  $1E$ ) and confirmed by exposing LnStr and LuFb to two acid washes (pH 2.5; stripping), which remove bound without affecting integrated exosomes. ASML<sup>wt</sup> exosome uptake proceeds more rapidly than ASML-CD44v<sup>kd</sup> exosome uptake (Figure 1,  $F$  and  $G$ ).

Thus, ASML exosomes reach the premetastatic organ in vivo and are in vitro taken up by LnStr and LuFb. The CD44v<sup>kd</sup> has some, not yet, explored impact on the efficacy of exosome binding and uptake.

# ASML Exosomal mRNA and miRNA

Having demonstrated that ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomes are taken up by host stroma cells, though with distinct efficacy, we focused on the potential contribution of CD44v to protein, mRNA, and miRNA recruitment into exosomes, where mRNA and miRNA are claimed to be selectively recruited into MVB/exosomes [20–23,26].

The RatRef-12 expression BeadChip array (23,365 transcripts) revealed <1500 mRNAs in ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomes (Table W3) but >8000 mRNAs in ASML cells (Table W4), indicating a restricted mRNA uptake by exosomes. To strengthen the assumption, we compared the relative abundance of exosomal versus cellular mRNA. Although the overall distribution of function-assigned groups of mRNA was similar in ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomes and cells and also LnStr (data not shown), the relative abundance of exosomal versus cellular mRNA differed. From 116 mRNAs highly recovered in ASML<sup>wt</sup> exosomes, the relative recovery of >90 mRNAs differed more than two-fold in ASML<sup>wt</sup> cells. Similar findings accounted for the comparison of ASML-CD44vkd exosomes versus cells (Table W5 and Figure W1). An elegant study by Eldh et al. [46] demonstrated that the mRNA isolation kit that was used provides a poor yield of exosomal mRNA. Nonetheless, several mRNAs were clearly enriched in exosomes. However, according to the above-mentioned study, we cannot exclude that an even higher number of mRNA is enriched in exosomes. As some mRNAs were enriched in ASML<sup>wt</sup> as well as ASML-CD44v<sup>kd</sup> exosomes, we next asked whether CD44v has an impact on mRNA recruitment into MVB. To obtain a hint, we evaluated the mRNA in ASML<sup>wt</sup> cells versus ASML-CD44v<sup>kd</sup> cells and compared these differences in cellular mRNA with those seen in exosomes. Should CD44v contribute to mRNA recruitment into exosomes, one would expect a significantly higher number of distinctly recovered mRNA in  $ASML<sup>wt</sup>$  exosomes than in cells. This has not been the case. Taking the 50 mRNAs with the highest signal intensity, two exosomal versus three cellular mRNA differed more than two-fold depending on CD44v (Figure 2, A and B). Taking 2390 defined mRNAs in ASML<sup>wt</sup> exosomes with a signal strength of >1000, only 74 (3.1%) differed more than two-fold in ASML-CD44vkd exosomes. Furthermore, when analyzing the cellular-to-exosomal mRNA ratio for 14 mRNAs (signal strength > 400), where the exosomal ASML<sup>wt</sup> mRNA was at least two-fold higher than the ASML-CD44vkd mRNA, no correlation to a higher ASML<sup>wt</sup> than ASML-CD44v<sup>kd</sup> cellular mRNA ratio was detected. Accordingly, no inverse correlation of the cellular mRNA was detected for ASML-CD44v<sup>kd</sup> exosomes containing a higher mRNA level than ASML<sup>wt</sup> exosomes (Figure W2).

However, CD44v could still contribute to the protein composition of exosomes. To answer this question, we selected cellular mRNA of proteins abundantly expressed in exosomes (http://www.exocarta. org). From 164 selected proteins with a cellular mRNA signal >  $1000$  in ASML<sup>wt</sup> cells, 25% showed a more than two-fold change in signal strength in ASML-CD44 $v<sup>kd</sup>$  cells, which is shown for the 50 mRNAs with the highest signals (Figure 2C) and as scatter for the first 100 mRNAs (Figure W3). The impact of CD44v on these mRNAs is reflected at the cellular and exosomal protein levels demonstrated by flow cytometry for CD24 and claudin-4 that expression is reduced in ASML-CD44v<sup>kd</sup> cells and exosomes, whereas caveolin-1 and CD81 expression are higher in ASML-CD44v<sup>kd</sup> than in ASML<sup>wt</sup> cells and exosomes (Figure 2D).

A rather low number (89–98) of miRNA were recovered in ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomes and cells (Table W6 and Figure W4: most abundant miRNA). With a >1000 signal strength cutoff, 21 cellular and 50 exosomal miRNAs differed more than twofold between ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> cells/exosomes (Figure W5). The distinct recovery in ASML<sup>wt</sup> versus ASML-CD44v<sup>kd</sup> cells indicates a direct or indirect contribution of CD44v6 to miRNA



Figure 1. Exosome binding and uptake by non-transformed cells in vivo and in vitro. (A–C) Dye-labeled ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomes in RPMI 1640, ASML<sup>wt</sup>, or ASML-CD44v<sup>kd</sup>-CM<sup>-exo</sup> were injected ifp. Rats were sacrificed after 24 to 72 hours; the injection site and the popliteal node were excised and dispersed, and fluorescent exosome uptake was evaluated in single-cell suspensions by flow cytometry counting 100,000 cells for each organ in triplicate. (A) Mean values ± SD (triplicates, three rats) of fluorescent cells; significant differences between ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomes: \*. (B) Mean values ± SD (triplicates, three rats) of fluorescent cells; significant differences in the presence of CM<sup>−exo</sup>: \*, and between ASML<sup>wt</sup>- and ASML-CD44v<sup>kd</sup> exosomes: s. (C) representative example. (D–G) LuFb, LnStr, and EC were incubated with dye-labeled ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomes (30 μg/ml) for the indicated times. (D) After washing, the percent fluorescent cells (mean  $\pm$  SD, triplicates) were evaluated by flow cytometry; significant differences between the percentage of cells that bind/take up ASML<sup>wt</sup> versus ASML-CD44v<sup>kd</sup> exosomes: \*. (E) Representative example of exosome uptake as evaluated by flow cytometry and confocal microscopy. Overlays of light field and red fluorescence including sagittal sections are shown (scale bar,  $5 \mu m$ ). (F and G) After 1, 2, and 6 hours, bound exosomes were removed by two acid washes (stripping), evaluating remaining fluorescence as above. (F) The percentage of stained cells (mean  $\pm$  SD of triplicates); significant differences between the percentage of cells that bound/took up versus the percentage of cells that took up ASML<sup>wt</sup> or ASML-CD44v<sup>kd</sup> exosomes: \*. (G) Representative examples are shown. Experiments in D to G were repeated at least three times revealing comparable results. ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomes reach the draining node; the efficacy can be improved by ASML<sup>wt</sup>-CM. ASML exosomes bind more readily to LuFb and LnStr than to EC. Binding and uptake of ASML-CD44v<sup>kd</sup> exosomes are less efficient and delayed compared to ASML<sup>wt</sup> exosomes. It should be mentioned that the percentage of exosome uptake will be underestimated, as the signal strength of a single or few exosomes will be below the detection limit.

transcription or posttranscriptional regulation. Should CD44v, in addition, actively contribute to miRNA recruitment into MVB/ exosomes, one would expect that the ratio of cellular to exosomal miRNA differs in dependence on CD44v expression. This has not been the case. With very few exceptions, the ratio of ASML<sup>wt</sup> to ASML-CD44v<sup>kd</sup> miRNA in cells did not differ significantly from that in exosomes and only one miRNA (miR-30e) was opposingly recruited into ASML<sup>wt</sup> versus ASML-CD44v<sup>kd</sup> exosomes (Figure 3).

Taken together, exosomes collect a limited number of mRNA and miRNA. The abundant differences in the mRNA of ASML<sup>wt</sup> versus ASML-CD44v<sup>kd</sup> cells argue for CD44v or associated molecules being

engaged in gene transcription/regulation. This includes genes whose protein products are enriched in exosomes [6,45, Figure W3, and unpublished findings]. However, differences at the cellular mRNA level between ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> cells are closely reflected by differences in exosomes. Thus, CD44v seemingly does not actively contribute to MVB formation and has, if at all, only a minor impact on mRNA recruitment into MVB.

Having characterized ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomal mRNA and miRNA, we asked whether they have any impact on exosome targets, where we focused on the general principle rather than on the differences between ASML<sup>wt</sup> versus ASML-CD44v<sup>kd</sup> exosomes.





Figure 3. miRNA ratio in ASML cells versus exosomes. (A-D) The miRNAs (signal strength > 1000, mean of quadruplicates of two microarray analyses) are depicted, where the ratio reveals a more than two-fold change in (A) ASML<sup>wt</sup> and (B) ASML-CD44v<sup>kd</sup> cells to exosomes and in (C) ASML<sup>wt</sup> and (D) ASML-CD44v<sup>kd</sup> exosomes to cells; alike regulation in ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> cells versus exosomes: \*; opposing up-regulation or down-regulation: X. The miRNA profile of exosomes differs strikingly from that of cells, a considerable number of cellular miRNA being not detected in exosomes and vice versa. Instead, there are minor differences in ASML<sup>wt</sup> versus ASML-CD44vkd cells and exosomes, indicating that CD44v might not be engaged in miRNA recruitment into MVB.

# ASML Exosome mRNA and miRNA Are Transferred into LnStr

We first reaffirmed for selected mRNA and miRNA the transfer into target cells. For mRNA, C4.4A was chosen, as C4.4A is not detected in LnStr. Instead, it was recovered after co-culture with exosomes (Figure 4A). Though exosomal mRNA integrity was confirmed by

in vitro translation (data not shown), in vivo translation of C4.4A was not detected. As revealed by double fluorescence analysis of LnStr co-cultured with dye-labeled exosomes, upregulated expression/ translation of other more abundant exosomal mRNA, like CD24 and cyclin D1, was detected but was not restricted to LnStr that had taken up  $ASML^{wt}$  exosomes (Figure 4B).

Figure 2. ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> cellular and exosomal mRNAs. (A and B) Examples of 50 defined mRNAs with the highest signal strength in ASML<sup>wt</sup> cells and exosomes and fold changes in ASML-CD44v<sup>kd</sup> cells and exosomes. (C) mRNA signals in ASML<sup>wt</sup> cells and fold change in ASML-CD44v<sup>kd</sup> cells for 50 proteins known to be highly recovered in exosomes. (A–C) Mean values were derived from duplicates/triplicates in two independent microarray analyses, where it should be noted that in both arrays the absolute ranking of individual mRNA was very high, at least for those with a signal strength of  $>$ 2000. However, whereas by calculating  $P$  values from the duplicates/triplicates of the individual array 1.2-fold differences mostly were significant, the absolute signal strength varied between the two arrays such that P values < .05 were mostly not reached. For these reasons, we indicate more than two-fold differences that are generally accepted as non-random. (D) For selected mRNA, protein recovery was evaluated in ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> cells and exosomes by flow cytometry. Representative examples and mean  $\pm$  SD (triplicates) of staining intensity in ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> cells and exosomes are shown. Significant differences between ASML<sup>wt</sup> versus ASML-CD44v<sup>kd</sup> cells and exosomes: \*. (D) The experiment was repeated three times revealing comparable results. Exosomes contain a limited number of mRNA. However, more than twofold differences in ASML<sup>wt</sup> versus ASML-CD44v<sup>kd</sup> exosomal mRNA are rare and not selectively recovered in exosomes, suggesting that CD44v is unlikely to be directly involved in mRNA recruitment into MVB. Conversely, CD44v or associated molecules affect transcription of several genes, including transcription of genes/expression of proteins, which are constitutive exosome components. Thereby, CD44v contributes to the protein and mRNA profile of exosomes.



Figure 4. Recovery of exosomal mRNA and miRNA in target cells. (A) LnStr cells were co-cultured with ASML<sup>wt</sup> exosomes. After 1 to 24 hours, mRNA was extracted, reverse transcribed, amplified with C4.4A-specific primers by RT-PCR, and separated by agarose gel. (B) LnStr were co-cultured (6 hours) with DHPE-labeled ASMLwt exosomes and were stained with anti-C4.4A (C4.4), anti-CD24, and anti– cyclin D1 after washing, fixation, and permeabilization. Flow cytometry of untreated and ASML<sup>wt</sup> exosome-treated LnStr (overlay with negative control and double fluorescence: DHPE-labeled exosomes and marker) is shown. (C) After 48 hours of co-culture, LnStr RNA was extracted, reverse transcribed, and amplified using universal reverse primer and miR-specific forward primer with stem loop primers for miR-296 and miR-300-5p.  $C_T$  and relative quantification values (mean of three replicate samples with SD < 0.25, indicating reliability according to the software program for ΔC<sub>T</sub>) in untreated versus ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosome–treated LnStr are shown. (D) HEK293 cells were transfected with the dual-luciferase pmiRGlo vector containing a miR-300-5p binding site and were co-transfected with miR-300- 5p (10 nM) or co-cultured with ASML<sup>wt</sup> or ASML-CD44 $v^{kd}$  exosomes (20  $\mu$ g). Firefly and, for normalization, Renilla luciferase activity was evaluated after 48 hours in a FLUOstar OPTIMA luminometer. Relative luciferase activity (mean  $\pm$  SD, triplicates) and P values for miR-300-5p. ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomes are shown. (C and D) Experiments were repeated three times revealing comparable results. Exosomal mRNA and miRNA are transferred. In vivo mRNA translation was hardly detectable and endogenous transcription/translation cannot be safely excluded. Transferred exosomal miRNA is active.

miRNA transfer was confirmed for miR-300-5p and miR-296, abundant in ASML<sup>wt</sup> exosomes and found to be 4.5-fold and 17.3-fold increased in ASML<sup>wt</sup>-exosome-treated compared to untreated LnStr. Notably, after co-culture with ASML-CD44v<sup>kd</sup> exosomes that express significantly less miR-300-5p, no significant increase in miR-300-5p was seen in LnStr (Figure 4C). Functional-

ity of the transferred exosomal miRNA was controlled by a reporter assay with a dual-luciferase pmiRGlo vector with a binding site for miR-300-5p downstream of the firefly luciferase gene. Luciferase activity in HEK293 cells co-transfected with miR-300-5p mimic, but also and importantly, when co-incubated with ASML<sup>wt</sup> exosomes was significantly decreased. A similar effect was not observed

after co-culture with low-level miR-300-5p expressing ASML- $CD44v<sup>kd</sup>$  exosomes (Figure 4D).

Taken together, exosomal mRNA and miRNA are transferred into target cells. Exosomal miRNA is function-competent. Exosomal mRNA becomes translated, but we could not unequivocally detect the exosomal mRNA translation product, which might be due to the low amount of exosomal mRNA.

#### The Impact of Exosomal mRNA on LnStr and LuFb

Having demonstrated exosomal mRNA and miRNA transfer, we searched for altered mRNA recovery in LnStr after co-culture with exosomes.

The signal strength of 38 mRNAs and 20 mRNAs with moderate to high expression in LnStr increased more than two-fold after coculture with ASML<sup>wt</sup> or ASML-CD44v<sup>kd</sup> exosomes, respectively



Figure 5. Impact of ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomes on mRNA and protein expression in LnStr and LuFb. (A–D) LnStr and LuFb were co-cultured for 48 hours with ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomes. (A and B) Cells were harvested, washed, and lysed and mRNA was extracted and analyzed (Ilumina and SurePrintG3Rat-GE-8x60K microarray). (A) Number of LnStr mRNA with a more than two-fold change after co-culture with ASML<sup>wt</sup> or ASML-CD44v<sup>kd</sup> exosomes. (B) mRNA in LnStr that are more than two-fold upregulated after co-culture with exosomes and comparison of the relative mRNA amount in exosomes versus LnStr. (A and B) Mean values of duplicates, respectively, triplicates, of two independent microarray analyses. (B) Significant differences between LnStr and LnStr cocultured with ASML exosomes: \*. (C) Upregulated gene expression (selected examples) in LnStr co-cultured with exosomes was confirmed by qRT-PCR (mean of three replicate samples with SD < 0.25, indicating reliability according to the software program for  $\Delta C_T$ ) and (D) in LnStr and LuFb at the protein level by flow cytometry. The mean percentage of stained cells (triplicates) are shown; significant differences between untreated LnStr/LuFb and LnStr/LuFb co-cultured with ASML<sup>wt</sup> exosomes: black \*; significant differences between untreated LnStr/LuFb and LnStr/LuFb co-cultured with ASML-CD44vkd exosomes: gray \*. (C and D) Experiments were repeated three times revealing comparable results. Abbreviations: MMP3, matrix metalloproteinase 3; CXCL2, chemokine ligand 2; CCL20, chemokine ligand 20; MT1a, metallothionein; PTGS2, prostaglandin-endoperoxide synthase 2; alpha2M, alpha-2-macroglobulin; RGS2, regulator of G-protein signaling 2; PRG4, proteoglycan 4; VCAM1, vascular cell adhesion molecule–1/CD106; ANKRD1, ankyrin repeat domain 1; PLA2g2A, phospholipase A2 group 2A; SOD2, superoxide dismutase 2; CCL19, chemokine ligand 19; SLC40A1, solute carrier family 39; GADD45g, growth arrest and DNA-damage-inducible 45γ; SLPI, secretory leukocyte peptidase inhibitor; BTG2, B-cell translocation gene 2; ICAM1, intercellular adhesion molecule 1/CD54; MYH11, myosin heavy chain 11; AMACR, α-methylacyl-CoA racemase; MPG, matrix Gla protein; ADAMTS8, a disintegrin-like and metalloprotease with thrombospondin type 1, motif 8; RASl11b, RAS-like family 11 member B; EDN1, endothelin 1; SSB-1, SPRY domain-containing SOCS box protein SSB-1; FABP3, fatty acid binding protein 3; FST, follistatin; ADAMTS5, ADAMTS, motif 5; CXCL1, chemokine ligand 1; SCBG1A1, secretoglobin, family 1A, member 1; PPP1R3c, protein phosphatase 1, regulatory subunit 3C; CD49a, integrin α1; MDR1, ATP-binding cassette, subfamily B, member 1; KRT2-7, keratin complex 2; NBI1, neuroblastoma suppression of tumorigenicity; latent TGFβ, latent TGFβ binding protein.



Figure 6. Reduced mRNA recovery and protein expression in LnStr and LuFb after co-culture with ASML<sup>wt</sup> and ASML-CD44vkd exosomes: mRNA analysis was performed as described in Figure 5. (A) mRNA whose expression was reduced in LnStr by more than two-fold after co-culture with exosomes. (B) Confirmation of mRNA down-regulation (selected examples) by qRT-PCR (mean of three replicate samples with SD < 0.25, indicating reliability according to the software program for  $\Delta C_T$ ) and (C) at the protein level in LnStr and LuFb by flow cytometry (mean percentage of stained cells, triplicates); examples are grouped according to reduced mRNA recovery after co-culture with ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> or ASML<sup>wt</sup> or ASML-CD44v<sup>kd</sup> exosomes; significant differences between untreated LnStr/LuFb and LnStr/LuFb co-cultured with ASML<sup>wt</sup> exosomes: black \*; significant differences between untreated LnStr/LuFb and LnStr/LuFb co-cultured with ASML-CD44v<sup>kd</sup> exosomes: gray \*. (B and C) Experiments were repeated three times revealing comparable results. mRNA microarray analysis confirmed the strong impact of exosomes on mRNA recovery in target cells. Many effects were observed with ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomes, but distinct regulations, e.g., of cyclin B2, TRAF4, IL1RI1, and Id2 by ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomes were also observed. Abbreviations: CEACAM10, CEA-related cell adhesion molecule 10; MCPT1, mast cell protease; BCAS1, breast carcinoma amplified sequence; FABP2, fatty acid binding protein 2; FXYD3, FXYD domain-containing ion transporter regulator 3; TRAF4, TNF receptor–associated factor 4; cdh17, cadherin-17; MAL, myelin and lymphocyte protein; Cdc2a, cell division cycle 2 homolog A; GALs4, galactose binding soluble 4 lectin; Krt1-19, keratin complex 1, acidic, gene 19; Kifc1, kinesin family member C1; 15-HPGD, 15-hydroxyprostaglandin dehydrogenase; Csrp2, cysteine and glycine-rich protein 2; GCNT3, glucosaminyl (N -acetyl) transferase 3; AT1A, angiotensin II receptor 1; NPPb, natriuretic peptide precursor type B; EDG2, endothelial differentiation, lysophosphatidic acid G protein–coupled receptor 2; CDC20, cell division cycle 20 homolog; GJA4/GJB2, GAP junction membrane channel; MXD3, Max dimerization protein; IL1Rl1, interleukin-1 receptor-like 1; CA5b, carbonic anhydrase VB; CD104, integrin β4; KLF4, Kruppel-like factor 4; PTPRR, protein tyrosine phosphatase, receptor type; Id2, inhibitor of DNA binding 2; PPARG, peroxisome proliferator–activated receptor gamma; MuCdhl, mucin and cadherin like; SLC22a18, tumor-suppressing subtransferable candidate 5; SULT1A1, sulfotransferase family 1A; ALDH3α1, aldehyde dehydrogenase family 3, member A1.

(Figure 5A). Increased mRNA signals were unexpected, as with few exceptions the signal strength in exosomes was lower than in LnStr (Figure 5*B*), and for 36 of the 38 mRNAs upregulated in  $ASML<sup>wt</sup>$ exosome–treated LnStr cells, the exosomal mRNA signal strength was low (<1000). Nonetheless, qRT-PCR confirmed matrix metalloproteinase 3 (MMP3), metallothionein (MT1a), and a disintegrin-like and metalloprotease with thrombospondin type 1 (ADAMTS1) up-regulation in LnStr after co-culture with ASML exosomes (Figure 5C). From 18 mRNAs, where expression was controlled at the protein level, 14 were significantly upregulated in LnStr and 13 in LuFb after co-culture with ASML<sup>wt</sup> exosomes. Similar effects were observed after co-culture with ASML-CD44v<sup>kd</sup> exosomes (Figure 5D).

In view of the low levels of exosomal mRNA and the inefficient translation in host cells, it becomes unlikely that altered mRNA/ protein expression in exosome-treated targets derives from transferred exosomal mRNA translation. There are three possible explanations: exosome binding and/or uptake stimulates target cells to initiate gene transcription/silencing; transferred mRNA provides a trigger for master gene transcription; or miRNA allows for up-regulation of genes through silencing regulatory mRNA. We have not yet explored the first and second possibilities but searched for the impact of miRNA.

#### The Impact of Exosomal miRNA on LnStr and LuFb

A direct impact of exosomal miRNA on target cell mRNA was supported by the finding that 11 mRNAs with high signal strength in LnStr become downregulated by ASML<sup>wt</sup> and 18 mRNAs by ASML-CD44 $v^{\rm kd}$  exosomes (Figures 5A and 6A). Including mRNA with lower signal strength, 31 LnStr mRNAs were downregulated by ASML<sup>wt</sup> and/or ASML-CD44v<sup>kd</sup> exosomes. Similar to upregulated mRNA, mRNA down-regulation was mostly seen after co-culture with ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomes, although the degree of downregulation differed. Down-regulation of MAL and cdh17 in LnStr cocultured with ASML<sup>wt</sup> exosomes was confirmed by qRT-PCR, and at the protein level for MAL and GALs4 (ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomes), five of six genes were downregulated by ASML<sup>wt</sup> exosomes [periostin, aniline, cyclin B2, TNF receptor–associated factor 4 (TRAF4), and Cdc2a] and five of five genes were downregulated

by ASML-CD44v<sup>kd</sup> exosomes (claudin-6, neuropilin, ALDH3α1, IL1R1, and CA5b; Figure 6,  $B$  and  $C$ ).

Curious, if exosomal miRNA might account for mRNA downregulation, we searched (targetscan.org) for exosomal miRNA for which the target mRNA was downregulated in exosome-treated LnStr. We selected 20 mRNAs with high signal strength that were significantly downregulated after co-culture with ASML<sup>wt</sup> or ASML- $CD44v<sup>kd</sup>$  exosomes. Arbitrarily taking these 20 mRNAs as 100% (inner circle), the relative reduction in co-cultures with ASMLwt (middle circle) and ASML-CD44v<sup>kd</sup> exosomes (outer circle) was calculated (Figure 7A). Expectedly, several exosomal miRNAs could potentially account for down-regulation of these 20 mRNAs in LnStr; only the miRNAs potentially targeting the selected LnStr mRNAs are presented. The contribution of these miRNAs to the total recovery of exosomal miRNA is shown in the arrowed small circles (Figure 7B). As MAL, cdh17, and TRAF4 mRNA were strongly downregulated and, potentially targeting miR-494, miR-542-3p and miR-290 were enriched in ASML<sup>wt</sup> exosomes, we explored the effect of miRNA transfection on LnStr. miR-26b and miR-204, more abundant in ASML-CD44v<sup>kd</sup> exosomes and known to target Kruppel-like factor 4 (KLF4), whose expression was more strongly reduced in



Figure 7. Assignment of exosomal miRNA toward downregulated mRNA in LnStr. (A) Semiquantitative presentation of 20 abundant LnStr mRNAs that were strongly downregulated in exosome-treated LnStr. These 20 mRNAs have arbitrarily been taken as 100% (inner circle). The relative reduction by co-culture with ASML<sup>wt</sup> exosomes is shown in the middle circle and that by ASML-CD44v<sup>kd</sup> exosomes in the outer circle. (B) Exosomal miRNA potentially targeting these 20 downregulated LnStr mRNAs again were arbitrarily taken as 100%, their actual contribution to the total exosomal miRNA being indicated by the arrowed small circles. miRNA are assigned only for more than 50% reduced mRNA. Text box colors in A corresponds to text colors in B to facilitated coordination of potential effector miRNA in ASML<sup>wt</sup> (upper right) and ASML-CD44v<sup>kd</sup> exosomes (lower right) to the downregulated mRNA (abbreviations correspond to Figure 6).



Figure 8. Functional activity of exosomal miRNA. (A and B) Impact of miR-494, miR-542-3p, miR-200, miR-204, and miR-26b transfection on MAL, cdh17, KLF4, and TRAF4 and, for comparison, MT1a expression in LnStr as revealed 48 hours after transfection or co-culture with exosomes by (A) qRT-PCR (mean of three replicate samples with SD < 0.25, indicating reliability according to the software program for  $\Delta C_T$ ) and (B) flow cytometry. (A) Significant differences in mRNA recovery between untreated and miRNA-transfected LnStr: \*; (B) significant differences between untreated and miRNA-transfected LnStr in the mean percentage of stained cells (triplicates, two experiments): \*; significant differences in the mean intensity of staining (triplicates, two experiments): s. (C) HEK293 cells were transfected with the dualluciferase pmiRGlo vector containing the 3′UTR of MAL or cdh17 and were co-transfected with miR-494 or miR-542-3p (10 nM) or were cocultured with ASML<sup>wt</sup> exosomes (20  $\mu$ g). Firefly and, for normalization, Renilla luciferase activity was evaluated after 48 hours in a FLUOstar OPTIMA luminometer. The relative luciferase activity and  $P$  values for miR co-transfection or ASML $^{wt}$  exosome co-culture are shown. Significant differences are indicated. (D and E) Impact of cdh17 down-regulation in LnStr by miR-494 and/or miR-542-3p or, as control, miR-290 transfection on MMP2, MMP3, MMP9, and MMP14 expression as revealed by (D) flow cytometry and (E) representative example of zymography of LnStr culture supernatant, which confirmed MMP2 and MMP3 up-regulation. (D) Significant differences between untreated and miRNA-transfected LnStr in the mean percentage of stained cells (triplicates, two experiments): \*; significant differences in the mean intensity of staining (triplicates): s. (E) The MMP ratio (mean of three experiments) compared to untreated LnStr is shown; significant differences: \*. Transferred exosomal miRNA affects selective RNA expression in LnStr. As demonstrated for cdh17, exosomal miRNA repression of target mRNA can be accompanied by release of suppression for genes regulated by the primary miRNA target.

ASML-CD44v<sup>kd</sup>-treated LnStr, served as controls as well as MT1a, which is strongly upregulated in exosome-treated LnStr. qRT-PCR revealed down-regulation of MAL and cdh17 by miR-494, of cdh17 and TRAF4 by miR-542-3p, of TRAF4 by miR-290, and of KLF4 by miR-204 and miR-26b. The latter also affected cdh17, which is not a direct miR-26b target (Figure 8A). The findings were confirmed for MAL and TRAF4 protein expression in LnStr: miR-494 transfection downregulated MAL; miR-542-3p and miR-290 transfection downregulated TRAF4 expression, although with a lower efficacy than ASMLwt exosomes; miR-26b and miR-204 transfection did not affect MAL; only miR-26b transfection weakly affected TRAF4 expression (Figure 8B). Furthermore, a 3′UTR MAL and cdh17 luciferase reporter assay confirmed that MAL and cdh17 are targeted by miR-494 and

cdh17 by miR-542-3p. Co-culture with ASML<sup>wt</sup> exosomes exerted a stronger effect than a single miRNA, indicating that additional exosomal miRNA may regulate cdh17 and MAL expression (Figure 8C). Thus, functional exosomal miRNA is transferred in LnStr and affects target gene expression.

MT1a mRNA up-regulation in LnStr upon co-culture with exosomes, but also by transfection with miR-494 and miR-542-3p, supported miRNA-mediated down-regulation of target mRNA to affect expression of genes regulated by the primary miRNA target. With the expression of several proteases being upregulated after co-culture with ASML exosomes despite low exosomal mRNA expression, we finally asked whether miRNA silencing of cdh17 might be accompanied by protease up-regulation, MMP2 and MMP9 up-regulation

being described to accompany cdh17 down-regulation [47]. Though expression of MMP9 was unaffected, MMP2 and MMP3 were strongly and MMP14 was weakly upregulated in miR-494, miR-542- 3p, and miR-494 plus miR542-3p but not in control miR-290– transfected LnStr. miR-542-3p exerted a strong effect on MMP2 and miR-494 on MMP3 expression. MMP14 expression was equally affected by both miRNAs. Up-regulation of MMP2 and MMP3 in miRNA-transfected LnStr was confirmed by zymography (Figure 8,  $D$  and  $E$ ).

Thus, tumor exosome miRNA strongly affects non-transformed target cells through silencing mRNA including mRNA up-regulation by release from repression by directly targeted mRNA.

# Overview of Exosome-Modulated Gene Expression in Target Cells

Finally, we searched for functional activities of transcripts significantly upregulated by ASMLwt exosomes in LnStr. For six genes, no or very preliminary data on functional activity were found (not settled). There has been no hint for up-regulation of oncogenes. Instead, increased protease activity, pronounced adhesion molecule and chemokine ligand expression, and up-regulation of cell cycle– and angiogenesis-promoting genes and of genes engaged in oxidative stress response all fit the demands of metastasizing tumor cells for settlement and growth (Figure W6).

Taken together, the transfer of exosomal miRNA has severe consequences on target cell gene expression, where miRNA-induced changes could facilitate metastasizing tumor cell settlement in premetastatic organs.

## **Discussion**

Tumor cells can establish a niche for metastasizing cells preceding their arrival [3–5]. Tumor exosomes, carrying growth factors, cytokines/ receptors, and matrix degrading enzymes and transferring tumor mRNA and miRNA [8,12,48], could well provide the essential trigger [6–8,10–12,15,16,49]. We showed [6] that poorly metastatic ASML-CD44v<sup>kd</sup> cells regain metastatic potential after conditioning rats with ASML<sup>wt</sup> or ASML-CD44v<sup>kd</sup> exosomes together with ASML<sup>wt</sup>-CM<sup>-exo</sup>. We here demonstrate that ASML exosomes are taken up in vivo and that exosomal miRNA strongly affects favorite targets shown for LnStr and LuFb. We particularly want to discuss two points: 1) Though exosomes are characterized by a protein profile that is rich in molecules located in internalization-prone membrane domains and molecules engaged in fission, scission, and vesicular transport [14,22,24,25], a single protein that is involved in gene transcription/posttranscriptional regulation, like CD44v, can have significant bearing on the composition of exosomal proteins, mRNA, and miRNA, even if not involved in directly guiding proteins or harboring mRNA/miRNA into MVB; 2) though we did not yet explore the impact of exosome binding– or uptake-induced signal transduction, our data support exosomal miRNA strongly affecting target cells.

## Exosome Proteins, mRNA, and miRNA

Our findings confirm that recruitment of mRNA into MVB is a selective process such that the exosomal mRNA profile does not reflect that of the donor cell [18,22]. Only 1500 mRNAs were recovered in ASML exosomes compared to >8000 in ASML cells. This difference might be an overestimate as the mRNA isolation kit that was used mean-

while was demonstrated to unproportionally enrich for small RNA [46]. Nonetheless, the relative abundance of mRNA in exosomes and cells differed and there has been a significant number of mRNA that was enriched in exosomes compared to cells, strengthening the selective recruitment of mRNA into MVB. However, with few exceptions, the ratio of exosomal ASML<sup>wt</sup> versus ASML-CD44vkd mRNA did not differ significantly from that in cells. From there, we conclude that CD44v or associated molecules or molecules whose expression is regulated by CD44v may not be engaged in mRNA recruitment into MVB/exosomes. As already demonstrated [6,45], this also accounts for exosomal proteins. Protein expression differs between ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomes. However, these changes are also seen at the cellular level. However, CD44v/asssociated molecules clearly contribute to transcription of several genes recovered in exosomes, as the mRNA profile of ASML<sup>wt</sup> versus ASML-CD44vkd cells showed strong differences.

The cellular  ${\rm ASML^{wt}}$  and  ${\rm ASML\text{-}CD44v^{kd}}$  miRNA profiles also differ, suggesting engagement of CD44v/associated molecules in miRNA transcription or posttranscriptional regulation. Thus, the tumor suppressors let-7b, let-7d, let-7e, and miR-101 were increased in ASML-CD44kd exosomes and cells. It has been suggested that tumor cells get rid of let-7 through exosomes [50]. Alternatively, our findings point toward CD44v to be engaged in downregulating let-7 and miR-101. Irrespective of the underlying mechanism, the higher level of let-7 in ASML-CD44vkd exosomes is in line with the reduced metastatic capacity of these cells [43]. Notably, too, miR-34a, which suppresses tumor growth by CD44 down-regulation [51], was very low in ASML<sup>wt</sup> exosomes and cells but abundant in ASML-CD44vkd exosomes, which argues, in turn, for CD44v or associated molecules to be engaged in miR-34a silencing. Metastasis-promoting miR-494 and miR-21 and apoptosis-regulating miR-24-1 [52–54] are also abundant only in ASMLwt exosomes. miRNA transcription and/or posttranscriptional regulation appear also to be affected by CD44v-associated c-Met [6], which supports miR-103 transcription [55] that is more than two-fold increased in ASML<sup>wt</sup> exosomes. CD44v-related changes are mostly reflected in the exosomal miRNA profile such that miRNA reduced in ASML-CD44v<sup>kd</sup> cells are also lower in ASML-CD44v<sup>kd</sup> than ASMLwt exosomes. Irrespective of a possible additional involvement of CD44v in MVB recruitment, CD44v clearly is engaged in miRNA transcription/posttranscriptional regulation.

Taken together, proteins and mRNA of genes, whose expression is regulated by CD44v (http://www.ncbi.nlm.nih.gov/geo/query/acc. cgi?acc=GSE34739) [6,43,45], are recovered at a reduced level in ASML-CD44v<sup>kd</sup> exosomes. Yet, there is no evidence for CD44v contributing to protein or mRNA recruitment into MVB. Our data also indicate an engagement of CD44v in miRNA transcription/silencing/ posttranscriptional regulation. Exosomal miRNA having a significant impact on target cells, the finding that a molecule not actively engaged in exosome assembly/transport can strongly affect the exosome composition requires detailed exploration that may provide key answers to metastasis-promoting CD44v activities.

## Exosomal mRNA, miRNA, and Target Cell Fate

LnStr mRNA and protein recovery was altered by co-culture with ASML exosomes. Besides mRNA/miRNA, exosomal proteins can affect target cells as demonstrated for dendritic cell exosome–promoted T cell activation, which proceeds through exosome binding–initiated signal transduction and gene transcription [20]. Exosome binding– initiated signal transduction will be facilitated by exosomal ligands being located in internalization-prone membrane domains [33,56], which are enriched in receptor tyrosine kinases, phosphatases, proteases, and, at the inner membrane, linker and signal transduction molecules [57]. Without question, target cell stimulation by tumor exosome binding and uptake requires to be evaluated. Nonetheless, we did not observe a measurable impact of exosomal proteins taken up by target cells [58] and high protein expression in ASML<sup>wt</sup> exosomes is hardly reflected by increased recovery in target cells. Therefore, we proceeded to ask for the impact of uptaken mRNA and miRNA. Though there are discrete differences in the mRNA and, more markedly, the miRNA profile of ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomes, it should be mentioned that we were mostly concerned about the impact of exosomal mRNA and miRNA in general and controlled at the functional level only ASML<sup>wt</sup> exosomes.

Similar to our findings on exosomal proteins, our data argue against transferred exosomal mRNA to account for increased target cell mRNA: 1) With few exceptions, mRNA levels are significantly higher in LnStr than exosomes; 2) mRNA levels become unproportionally upregulated, e.g., the MMP3 mRNA level in LnStr increased 13-fold upon exosome uptake, but the mRNA level in exosomes was about 10% that in LnStr, excluding the effect to be due to transferred exosomal mRNA; 3) mRNA levels in LnStr remained increased for 48 hours. RNA recovery in LnStr unlikely deriving from transferred exosomal mRNA points toward exosome-initiated transcription, which remains to be explored, or toward miRNA contributing to mRNA upregulation by silencing repressive mRNA.

In LnStr co-cultured with ASML exosomes, several mRNA became strongly downregulated. Though it is not possible to differentiate between direct and indirect effects, as most miRNAs have multiple targets, there is evidence for a direct impact of exosomal miRNA. ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomes show distinct miRNA profiles and reduced mRNA levels in LnStr co-cultured with ASMLwt versus ASML-CD44v<sup>kd</sup> exosomes overlap only partially. In addition, miRNA targeting mRNA selectively downregulated by ASML<sup>wt</sup> exosomes were more abundant in ASML<sup>wt</sup> than ASML-CD44v<sup>kd</sup> exosomes and the ASML-CD44v<sup>kd</sup> exosome miRNA that could potentially target the 18 mRNAs downregulated in LnStr accounts for more than 60% of the total miRNA.

We focused on abundant miR-494, potentially targeting MAL and cdh17, and miR-542-3p, targeting cdh17 and TRAF4. MAL can contribute to differentiation and apical sorting [59,60] and cdh17 to tumor growth/Wnt signaling [61]; TRAF4 exerts morphogenetic functions [62]. LnStr transfection with these miRNAs was accompanied by down-regulation of the predicted target(s), which also accounted for miR-204 and miR-26b transfection that downregulated KLF4, which can be opposingly affected by miRNA in normal versus malignant cells [63,64]. We confirmed by miRNA transfection and by luciferase reporter assay in co-culture with exosomes or transfection with miRNA that the transfer of exosomal miRNA can directly affect target cell mRNA.

Finally, significant up-regulation of mRNA in exosome-treated LnStr pointed toward mRNA up-regulation through miRNA silencing regulatory mRNA. Altered protease expression being a dominating feature in ASML-exosome–treated LnStr and in vivo in draining lymph nodes after ASML<sup>wt</sup>-CM application [6], and cdh17 down-regulation being known to promote MMP2 and MMP9 up-regulation [47], the finding that cdh17 down-regulation in miR-494 and miR-542-3p transfected LnStr was accompanied by MMP2, MMP3, and MMP14 up-regulation strengthens a direct impact of transferred exosomal miRNA on target cells.

## Conclusion

Tumor exosomes being of central importance in premetastatic niche preparation [6,16], we characterized exosomes from a metastatic tumor line and evaluated their mode of action. CD44v contributing to the cross talk between tumor exosomes and host stroma, we additionally defined the impact of CD44v on the exosome composition.

As summarized in Figure W7, tumor exosomes contain a restricted mRNA and miRNA panel and there is evidence that CD44v contributes to shaping the exosomal protein, mRNA, and miRNA profiles by regulating gene and miRNA transcription/posttranscriptional regulation without a direct impact on recruitment into MVB/exosomes (Figure W7A). Exosomes reach premetastatic organs in vivo, bind, and are taken up by selected targets (Figure W7B). Exosome binding/uptake severely alters target cells. This can be due to exosome binding–initiated target modulation or target cell activation, which has not been explored in the present manuscript (Figure W7C), and to transferred exosomal miRNA, where we provide for the first time evidence that not only the direct miRNA target but also release from repression by the primary target significantly contributes to target cell reprogramming by tumor exosomes (Figure W7D). Finally, supporting the concept of a central role of tumor exosomes in metastasis, exosomal miRNA from a metastasizing tumor line, though not being oncogenic, preferentially regulates mRNA, which contributes to establishing a premetastatic niche (Figure W6).

Exosomes are discussed as a most potent gene delivery system. Our findings support this hypothesis and suggest that competing tumor exosomes could well be a promising therapeutic option by preventing establishing a premetastatic niche. Beyond this, tailored exosomes might allow to rescind tumor exosome–induced host cell modulation.

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Table W1. List of Antibodies.

Antibody	Supplier	Antibody	Supplier
$\alpha$ 6 $\beta$ 4	Clone B5.5 [1]	EpCAM	Clone D5.7 [1]
ADAM10	Santa Cruz Biotechnology (Heidelberg, Germany)	Fibulin	Santa Cruz Biotechnology
ADAM17	Santa Cruz Biotechnology	Fibronectin	BD (Heidelberg, Germany)
ADAMTS1	Santa Cruz Biotechnology	Follistatin	Santa Cruz Biotechnology
ADAMTS5	Santa Cruz Biotechnology	GADD45G	Santa Cruz Biotechnology
ADAMTS8	Santa Cruz Biotechnology	Gal.bind. 4	Santa Cruz Biotechnology
ALDH3a1	Santa Cruz Biotechnology	Hyaluronan	Rockland (Gilbertsville, PA)
Anillin	Santa Cruz Biotechnology	HGF	Santa Cruz Biotechnology
bFGF	Oncogene (Boston, MA)	<b>HGDF</b>	Santa Cruz Biotechnology
BTG2	Santa Cruz Biotechnology	<b>IGF</b>	Santa Cruz Biotechnology
C <sub>A5B</sub>	Santa Cruz Biotechnology	IL1R11	Santa Cruz Biotechnology
C4.4A	Clone C4.4 [1]	Laminin 1	Rockland
Caveolin	Santa Cruz Biotechnology	MAL	Santa Cruz Biotechnology
CD <sub>9</sub>	<b>BD</b>	MDR1	Santa Cruz Biotechnology
CD11a	<b>BD</b>	MMP <sub>2</sub>	Dianova (Hamburg, Germany)
CD11b	Clone Ox42 (EAACC)*	MMP3	Santa Cruz Biotechnology
CD11c	Clone $Ox41$ (EAACC)*	MMP9	Dianova
CD18	<b>BD</b>	MMP13	Dianova
CD24	<b>BD</b>	MMP14	Dianova
CD29	<b>BD</b>	Metallothio.	Santa Cruz Biotechnology
CD44s	Clone $Ox50$ (EAACC)*	Neuropilin	Santa Cruz Biotechnology
CD44v6	Clone A2.6 [1]	Osteopontin	Santa Cruz Biotechnology
CD49a	<b>BD</b>	Palladin	Santa Cruz Biotechnology
CD49b	<b>BD</b>	Pan cadherin	Santa Cruz Biotechnology
CD49c	<b>BD</b>	PDGF	<b>BD</b>
CD49d	<b>BD</b>	PDGFR	<b>BD</b>
	<b>BD</b>		
CD49e		Periostin	Santa Cruz Biotechnology
CD49f	Abcam (Cambridge, United Kingdom) Clone Ox44 (EAACC)*	PG-Synth. 3	Santa Cruz Biotechnology
CD53		Phospholip.A2	Santa Cruz Biotechnology
CD54	Biozol (Eching, Germany)	Properdin	Santa Cruz Biotechnology
CD56	<b>BD</b>	SDF1	Abcam
CD61	Biozol	<b>SLPI</b>	Santa Cruz Biotechnology
CD62L	<b>BD</b>	SOD <sub>2</sub>	Santa Cruz Biotechnology
CD63	<b>BD</b>	Tenascin	LabVision (Fremont, CA)
CD81	Santa Cruz Biotechnology	TF	Santa Cruz Biotechnology
CD104	<b>BD</b>	$TGF\beta$	Santa Cruz Biotechnology
CD106	Biozol	TRAF4	Santa Cruz Biotechnology
CD151	$[2]$	uPA	Calbiochem (Darmstadt, Germany)
Cdc2a	Santa Cruz Biotechnology	uPAR	Calbiochem
Claudin-4	Santa Cruz Biotechnology	<b>VEGF</b>	Biotrend (Köln, Germany)
Claudin-6	Santa Cruz Biotechnology	VEGFR1	Biotrend
Collagen I	Rockland	VEGFR2	Biotrend
Collagen II	LabVision	Vitronectin	Biotrend
Collagen IV	Rockland	vWF	Abcam
CXCR4	Santa Cruz Biotechnology	$mIgG^{\dagger}$	Dianova
Cyclin <sub>B2</sub>	Santa Cruz Biotechnology	$m\text{IgM}^{\dagger}$	Dianova
D6.1A	Clone D6.1 [1]	Rabbit IgG	Dianova
Endothelin	<b>BD</b>	Goat $\text{IgG}^{\dagger}$	Dianova
		Streptavidin <sup>1</sup>	Dianova

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\*EAACC, European Association of Animal Cell Cultures, Porton Down, United Kingdom. † Secondary antibodies and streptavidin were fluorescein isothiocyanate, phycoerythrin (PE), biotin, or HRP labeled.

Table W2. Primers.

#### Primers for qRT-PCR **GAPDH** Forward primer: cttctccatggtggtgaagac Reverse primer: gaccccttcattgacctcaac Cdh<sub>17</sub> Forward primer: cctggtggtctctgtgaagg Reverse primer: gtgattttgatggggtgagg MAL Forward primer: ttctccgtcttcgtcacctt Reverse primer: gtctccccaccatgagtacc KLF4 Forward primer: gcaagtcccctctctccatt Reverse primer: ggtaaggtttctcgcctgtg MMP3 Forward primer: ggctgaagatgacagggaag Reverse primer: caatggcagaatccacactc MT1a Forward primer: accccaactgctcctgct Reverse primer: acttgtccgaggcaccttt ADAMTS1 Forward primer: gcccactgcttctactctgg Reverse primer: gtgcgattgactcctccttc TRAF4 Forward primer: gctgctggaggctgtcaa Reverse primer: atctgtgctgggttcctg 4.5SRNA Forward primer: aatgccccaaaaacagtcaa Reverse primer: acctccagttgaaccagcac C4.4A Forward primer: attcacactcagcggttcct Reverse primer: gtggtgggcttgatggtag Stem loop primers Universal reverse miRNA primer: 5' gtgcagggtccgaggt 3' Stem loop miR-300-5p: Forward primer: 5' gttggctctggtgcagggtccgaggtattcgcaccagagccaacacaaag 3' Stem loop miR-296: Forward primer: 5' gttggctctggtgcagggtccgaggtattcgcaccagagccaacggagag 3' Stem loop miR-300-5p: Forward primer: 5' gtttggttgaagagaggttatc 3' Stem loop miR-296: Forward primer: 5' ttggagggttgggtggag 3'

#### Oligos and primers for the reporter assay

300-5p binding oligo Sense: 5' aaactagcggccgctagtacaaaggataacctctcttcaat 3' Antisense: 5' ctagattgaagagaggttatcctttgtactagcggccgctagttt 3' Cdh<sub>17</sub> 3′UTR cdh17 fw Pme1: gtttaaactccctttctgtttccacctg 3′UTR cdh17 rev Xba1: tctagacaccacgtacatgctttcgt MAL 3′UTR MAL fw Pme1: gtttaaacgacagcagattgggagct 3′UTR MAL rev Xba1: tctagatgttgggtgaatttcagtg

#### Sequences of the 3′UTR with binding sites and SVR score 3′UTR MAL

gacagcagattgggagctgaaacccagagcaattaactggtcagcctgtcttccccattaacttcctggaacagactgaatggtggagaaaagaaaa caagccaaaagaaaacaaaacagacacaaaaacaaaaggaaaccatgttcgagtctcttgggtgttacgtttaccttctgttagggtttagggcttg ctgaatttaacttccagccaaaggaggaaagagttgtcttggcgggccctttctgcccttgaccaggacagtgggtgggagcttggaaccttgatc tgaagaaatgacaatttccccttgacccttggagcaggtcctaacaattgcctttcggaattttccacaagctctttgcaccactcatcccctggcata tcttagattttgtggatagtctaggtgtcacaggcactgaaattcacccaaca

gacagcagattgggagc: target site miR-494 (mirSVR score: −0.9472) 3<sup>'</sup>UTR Cdh<sub>17</sub>

tccctttctgtttccacctgcgccccctgatctcagcattacattaaatttaaaatgtgtcacacaaaagaacaaagtgaagtccttggggggggtgtt gctaagtggacagccttattctttagcacaaacaacagcttctctgtgttgtcatctttaatagaggtcctccagcttggctatggtgtagaccctggg gaggtatcaaatacaactgccgtgtttcaagaaagacctacttcatgaggcacaggaactgacgagctgtctgggtttactcactactccgtgctta catacatgctgtacatgttttatttgtatattgaagttttgttatatatttatcatgtggaggaaagacgaaagcatgtacgtggtg

attaaatttaaaatgtgtcaca: target site miR-542-3P (mirSVR score: −0.1085) atacatgctgtacatgtttta: target site miR 494 (mirSVR score: −0.1085)

# Table W3. mRNA Recovery in ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> Exosomes (Signal Strength 10,000).



#### Table W3. (continued)



\*Mean signal strength was calculated from duplicates, respectively, triplicates, of two independently performed arrays after normalization (Chipster analysis and Agilent annotation). Only exosomal mRNA with a signal strength of >10,000 is shown.<br><sup>†</sup>Signal strength with a more than two-fold change between ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomes.

Table W4. mRNA Expression in ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> Cells (Signal Strength 50,000).



# Table W4. (continued)



## Table W4. (continued)



\*Mean signal strength was calculated from duplicates, respectively, triplicates, after normalization (Chipster analysis and Agilent annotation) of two independently performed microarray analyses. Only cellular mRNA with a signal strength of >50,000 is shown.

 $^\dagger$ Signal strength with a more than two-fold change between ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> cells.

#### Table W5. Distinctly Recovered mRNA in  $\text{ASML}^{\text{wt}}$  and  $\text{ASML-CD44v}^{\text{kd}}$  Exosomes versus Cells.



## Table W5. (continued)



## Table W5. (continued)



\*mRNA was ordered according to the signal strength in ASML<sup>wt</sup> exosomes (mean signal strength was calculated from duplicates, respectively, triplicates, after normalization of two independently performed microarray analyses. Only defined mRNA with a mean signal strength of >3000 was included.<br><sup>†</sup>nd: below the detection limit in cell extract. There has been no ASML-CD44v<sup>kd</sup> mRNA opposing regulated in cells *versu* 



Figure W1. Comparison of ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> exosomal versus cellular mRNA. (A) The 100 exosomal ASML<sup>wt</sup> mRNAs with the highest signal strength and, for comparison, the corresponding cellular mRNAs and (B) the 100 exosomal ASML-CD44v<sup>kd</sup> mRNAs with the highest signal strength and, for comparison, the corresponding cellular mRNAs are shown. The mean signal strength of duplicates, respectively, triplicates, of two independent microarray analyses is shown. For more detailed information and full names, see Table W5. Independent of CD44v expression, the composition of exosomal and cellular mRNAs differs strongly.



Figure W2. Comparison of the ratio of exosomal ASML<sup>wt</sup> to ASML-CD44v<sup>kd</sup> mRNA with the ratio of cellular to exosomal mRNA: Scatter blot of exosomal mRNA that differs more than two-fold between ASML<sup>wt</sup> versus ASML-CD44v<sup>kd</sup> exosomes as well as the ratios of the ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> cellular to exosomal mRNA. For abbreviations, see Tables W4 and W5. With four exceptions (ovarian failure1B, Scfd1, Pfn2, and Clic2), signals for both ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> cellular mRNA are either enriched or reduced compared to the exosomal mRNA signal strength. This finding strongly argues against CD44v being directly engaged in mRNA recruitment into MVB.



Figure W3. Comparison of cellular ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> mRNA whose proteins are enriched in exosomes: Scatter blot of mean cellular mRNA signal strength in ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> cells. Only mRNAs whose proteins are known to be enriched in exosomes are shown, where from 164 mRNAs the 100 with high signal strength have been selected. The mean signal strength of duplicates, respectively, triplicates, of two independent microarray analyses is shown. mRNAs with a more than two-fold change in the signal strength between ASML<sup>wt</sup> versus ASML-CD44<sup>kd</sup> cells are indicated by larger symbols. For abbreviations, see Table W3. In comparison to the impact of CD44v on the total cellular mRNA, CD44v rather abundantly affects mRNA, where translation products are enriched in exosomes.

# Table W6. miRNA in  $\text{ASML}^{\text{wt}}$  and  $\text{ASML-CD44v}^{\text{kd}}$  Exosomes and Cells.

#### Table W6. (continued)





# Table W6. (continued)



by more than two-fold.



Figure W4. Comparative analysis of ASML<sup>wt</sup> and ASML-CD44v<sup>kd</sup> cellular and exosomal miRNAs. (A–D) Presentation of the most abundant miRNA in ASML<sup>wt</sup> and, for comparison, in ASML-CD44v<sup>kd</sup> cells and exosomes. The mean signal strength of quadruplicates of two independent microarray analyses is shown. ASML exosomes and cells contain a limited number of miRNA that differ significantly between cells and exosomes and in dependence on CD44v expression.



Figure W5. Comparison of miRNA in ASML<sup>wt</sup> versus ASML-CD44v<sup>kd</sup> cells and exosomes. (A) Cellular and (B) exosomal miRNAs with a signal strength > 1000 and a more than two-fold difference in signal strength in ASML<sup>wt</sup> versus ASML-CD44v<sup>kd</sup> cells or exosomes (mean signal strength of quadruplicates of two independent microarray analyses) is shown; Opposingly regulated miRNA in cells versus exosomes are indicated by X and alike regulated miRNA by asterisk. Independent of CD44v expression, most abundantly recovered cellular and exosomal miRNAs differ significantly, confirming the selectivity of miRNA recruitment.



Figure W6. Exosome transfer–promoted activities of target cells in the premetastatic niche. Exosome uptake–induced upregulated mRNAs in LnStr were grouped according to main functional activities and are presented according to the fold up-regulation. Short comments on the main activity of upregulated genes and related references are given below.

## Matrix modulation

MMP3 (matrix metallopeptidase 3): matrix degradation, well organized role in invasion and metastasis

Hua H, Li M, Luo T, Yin Y, and Jiang Y (2011). Matrix metalloproteinases in tumorigenesis: an evolving paradigm. Cell Mol Life Sci 68, 3853–3868.

PRG4 (proteoglycan 4): co-receptor for integrins, co-operates with MT1-MMP in collagen modulation.

Vuoriluoto K, Högnäs G, Meller P, Lehti K, and Ivaska J (2011). Syndecan-1 and -4 differentially regulate oncogenic K-ras dependent cell invasion into collagen through  $α2β1$  integrin and MT1-MMP. *Matrix Biol* 30, 207–217.

SLPI (secretory leukocyte peptidase inhibitor): often upregulated in cancer, induces MMP9 transcription.

Nukiwa T, Suzuki T, Fukuhara T, and Kikuchi T (2008). Secretory leukocyte peptidase inhibitor and lung cancer. Cancer Sci 99, 849–855. Hoskins E, Rodriguez-Canales J, Hewitt SM, Elmasri W, Han J, Han S, Davidson B, and Kohn EC (2011). Paracrine SLPI secretion upregulates MMP-9 transcription and secretion in ovarian cancer cells. Gynecol Oncol 122, 656–662.

ADAMTS1 (a disintegrin-like and metalloprotease with thrombospondin type 1, motif 1); ADAMTS8 (a disintegrin-like and metalloprotease with thrombospondin type 1, motif 8); ADAMTS5 (a disintegrin-like and metalloprotease with thrombospondin type 1, motif 5): procollagen maturation, extracellular matrix proteolysis related to angiogenesis and metastasis.

Apte SS (2009). A disintegrin-like and metalloprotease (reprolysin-type) with thrombospondin type 1 motif (ADAMTS) superfamily: functions and mechanisms. J Biol Chem 284, 31493–31497.

## Adhesion/motility

CXCL2 (C-X-C chemokine ligand 2), CCL20 (C-C chemokine ligand 20), CCL19 (C-C chemokine ligand 19), CXCL1 (CXC chemokine ligand 1): chemokines and their ligands largely determine organ specificity of metastases, facilitating migration and extravasation; they can be involved in tumor cell proliferation and survival.

Ben-Baruch A (2008). Organ selectivity in metastasis: regulation by chemokines and their receptors. Clin Exp Metastasis 25, 345–356. VCAM1 (vascular cell adhesion molecule 1); ICAM1 (intercellular adhesion molecule 1): metastasis promoting by engagement in migration, proliferation, angiogenesis, and thrombosis.

Mousa SA (2008). Cell adhesion molecules: potential therapeutic & diagnostic implications. Mol Biotechnol 38, 33-40.

MGP (matrix Gla protein): migration promoting, overexpressed in cancer.

Mertsch S, Schurgers LJ, Weber K, Paulus W, and Senner V (2009). Matrix gla protein (MGP): an overexpressed and migrationpromoting mesenchymal component in glioblastoma. BMC Cancer 9, 302.

CD49a (integrin alpha 1): supports tumor cell migration.

Madsen CD and Sahai E (2010). Cancer dissemination—lessons from leukocytes. Dev Cell 19, 13-26.

# Angiogenesis

PTGS2/COX2 (prostaglandin-endoperoxide synthase 2): involved in inflammation, increased in more aggressive forms of colorectal cancer, known to promote angiogenesis.

Wang S, Liu Z, Wang L, and Zhang X (2009). NF-kappaB signaling pathway, inflammation and colorectal cancer. Cell Mol Immunol 6, 327–334.

RGS2 (regulator of G-protein signaling 2): critical regulator of proangiogenic function of MDSC.

Boelte KC, Gordy LE, Joyce S, Thompson MA, Yang L, and Lin PC (2011). Rgs2 mediates pro-angiogenic function of myeloid derived suppressor cells in the tumor microenvironment via upregulation of MCP-1. PLoS One 6, e18534.

ANKRD1 (ankyrin repeat domain 1): co-transcription factor involved in angiogenesis.

Samaras SE, Shi Y, and Davidson JM (2006). CARP: fishing for novel mechanisms of neovascularization. J Investig Dermatol Symp Proc 11, 124–131.

# Oxidative stress

MT1a (metallothionein): contributes to protective reactions with chemotherapeutic agents that are electrophiles or can generate reactive oxygen species.

Namdarghanbari M, Wobig W, Krezoski S, Tabatabai NM, and Petering DH (2011). Mammalian metallothionein in toxicology, cancer, and cancer chemotherapy. J Biol Inorg Chem 16, 1087-1101.

Haptoglobin: CD163 clearance and metabolism of "free" hemoglobin released during intravascular hemolysis. This scavenging system counteracts the potentially harmful oxidative and NO-scavenging effects associated with "free" hemoglobin.

Nielsen MJ and Moestrup SK (2009). Receptor targeting of hemoglobin mediated by the haptoglobins: roles beyond heme scavenging. Blood 114, 764–771.

SOD2 (superoxide dismutase 2): catalysis oxidative stress, upregulated in metastasis.

Hempel N, Carrico PM, and Melendez JA (2011). Manganese superoxide dismutase (Sod2) and redox-control of signaling events that drive metastasis. Anticancer Agents Med Chem 11, 191–201.

AMACR (α-methylacyl-CoA racemase): catalyzes the chiral inversion of a diverse number of 2-methyl acids (as their CoA esters) and regulates the entry of branched-chain lipids into the peroxisomal and mitochondrial β-oxidation pathways; linked with prostate, breast, colon, and other cancers.

Lloyd MD, Darley DJ, Wierzbicki AS, and Threadgill MD (2008). Alpha-methylacyl-CoA racemase—an 'obscure' metabolic enzyme takes centre stage. FEBS J 275, 1089-1102.

FST (follistatin): Localization of FST to the nucleolus attenuates rRNA synthesis, a key process for cellular energy homeostasis and cell survival. Overexpression of FST delays glucose deprivation–induced apoptosis and promotes survival.

Gao X, Wei S, Lai K, Sheng J, Su J, Zhu J, Dong H, Hu H, and Xu Z (2010). Nucleolar follistatin promotes cancer cell survival under glucosedeprived conditions through inhibiting cellular rRNA synthesis. J Biol Chem 285, 36857-36864.

MDR1 (ATP-binding cassette, subfamily B, member 1): promotes drug resistance, high expression frequently associated with metastasizing cancer-initiating cells.

Adhikari AS, Agarwal N, and Iwakuma T (2011). Metastatic potential of tumor-initiating cells in solid tumors. Front Biosci 16, 1927-1938. Proliferation

PLA2g2A (phospholipase A2, group 2A): contributes to EGFR activation.

Hernández M, Martín R, García-Cubillas MD, Maeso-Hernández P, and Nieto ML (2010). Secreted PLA2 induces proliferation in astrocytoma through the EGF receptor: another inflammation-cancer link. Neuro Oncol 12, 1014–1023.

RASL11b (RAS-like family 11 member B): RasL11b acts in concert with UBF to facilitate initiation and/or elongation by RNA polymerase II, suggested to be upregulated in cancer.

Stolle K, Schnoor M, Fuellen G, Spitzer M, Cullen P, and Lorkowski S (2010). Cloning, genomic organization, and tissue-specific expression of the RASL11B gene. Biochim Biophys Acta 1769, 514–524.

Pistoni M, Verrecchia A, Doni M, Guccione E, and Amati B (2010). Chromatin association and regulation of rDNA transcription by the Ras-family protein RasL11a. EMBO J 29, 1215-1224.

SSB1 (similar to SPRY domain-containing SOCS box protein): binds to MET and enhances the HGF-induced Erk–Elk-1–SRE pathway.

Wang D, Li Z, Messing EM, and Wu G (2005). The SPRY domain-containing SOCS box protein 1 (SSB-1) interacts with MET and enhances the hepatocyte growth factor-induced Erk-Elk-1-serum response element pathway. J Biol Chem 280, 16393-16401.

AFP (alpha-fetoprotein): tumor growth enhancing, possesses proangiogenic properties.

Mizejewski GJ (2007). Physiology of alpha-fetoprotein as a biomarker for perinatal distress: relevance to adverse pregnancy outcome. Exp Biol Med 232, 993–1004.

## Not settled

MYH11 (myosin heavy chain 11): not settled, known to fuse with CBF in leukemia.

Weckerle AB, Santra M, Ng MC, Koty PP, and Wang YH (2011). CBFB and MYH11 in inv(16)(p13q22) of acute myeloid leukemia displaying close spatial proximity in interphase nuclei of human hematopoietic stem cells. Genes Chromosomes Cancer 50, 746–755.

EDN1 (endothelin 1): not settled, peptide hormone signaling through its cognate receptor, the endothelin-A receptor, critical for patterning, relation to cancer unknown.

Clouthier DE, Garcia E, and Schilling TF (2010). Regulation of facial morphogenesis by endothelin signaling: insights from mice and fish. Am J Med Genet A 152A, 2962–2973.

α2M (alpha-2-macroglobulin): interacts and captures virtually any proteinase.

Woessner JF Jr (1991). Matrix metalloproteinases and their inhibitors in connective tissue remodeling. FASEB J 5, 2145–2154.

SLC40a1 (solute carrier family 39 iron-regulated transporter, member 1): iron export, may inhibit metastasis.

Jiang XP, Elliott RL, and Head JF (2010). Manipulation of iron transporter genes results in the suppression of human and mouse mammary adenocarcinomas. Anticancer Res 30, 759–765.

SCGB1A1 (secretoglobin, family 1A, member 1): downstream target for a homeodomain transcription factor NKX2-1, which is critical for the development of lung, thyroid, and ventral forebrain, upregulated in lung cancer.

Kurotani R, Kumaki N, Naizhen X, Ward JM, Linnoila RI, and Kimura S (2011). Secretoglobin 3A2/uteroglobin-related protein 1 is a novel marker for pulmonary carcinoma in mice and humans. Lung Cancer 71, 42-48.

## Metastasis opposing

Properdin: antiangiogenic.

GADD45g (growth arrest and DNA-damage-inducible 45γ): supposed to function as metastasis inhibitor.

PPP1R3C (protein phosphatase 1, regulatory (inhibitor) subunit 3C): correlates with glycogen accumulation under hypoxia, described as a candidate tumor suppressor.

Shen GM, Zhang FL, Liu XL, and Zhang JW (2010). Hypoxia-inducible factor 1-mediated regulation of PPP1R3C promotes glycogen accumulation in human MCF-7 cells under hypoxia. FEBS Lett 584, 4366-4372.

Bonazzi VF, Irwin D, and Hayward NK (2009). Identification of candidate tumor suppressor genes inactivated by promoter methylation in melanoma. Genes Chromosomes Cancer 48, 10–21.

Kemper C, Atkinson JP, and Hourcade DE (2010). Properdin: emerging roles of a pattern-recognition molecule. Annu Rev Immunol 28, 131–155.

Ying J, Srivastava G, Hsieh WS, Gao Z, Murray P, Liao SK, Ambinder R, and Tao Q (2005). The stress-responsive gene GADD45G is a functional tumor suppressor, with its response to environmental stresses frequently disrupted epigenetically in multiple tumors. Clin Cancer Res 11, 6442–6449.

BTG2 (B-cell translocation gene 2): antiproliferative, pan cell cycle modulator and endogenous cell death molecule, downregulated in cancer.

Lim IK (2006). TIS21 (/BTG2/PC3) as a link between ageing and cancer: cell cycle regulator and endogenous cell death molecule. J Cancer Res Clin Oncol 132, 417–426.

FABP3 (fatty acid binding protein 3): inhibits proliferation and promotes apoptosis

Zhu C, Hu DL, Liu YQ, Zhang QJ, Chen FK, Kong XQ, Cao KJ, Zhang JS, and Qian LM (2011). Fabp3 inhibits proliferation and promotes apoptosis of embryonic myocardial cells. Cell Biochem Biophys 60, 259-266.



Figure W7. A metastasis-associated gene, its impact on exosome shaping, and the impact on host cells: (A) CD44v6 influences gene transcription and posttranscription modulation. This influences the protein [1,2], mRNA, and miRNA composition of exosomes. Exosomes reach premetastatic organs from a distantly located primary tumor (demonstrated for draining lymph nodes, accounts equally for other metastatic organs and the bone marrow, as well as for transfer through the blood [2,3]). (B) Exosomes bind selected target cells (demonstrated for LnStr and LuFb, additional preferred targets for ASML exosomes are monocytes/monocyte progenitors [3]). (C) Exosome binding is supposed to initiate signal transduction in target cells [4] (not approached in the present manuscript) and severely affect the host matrix (unpublished). (D) Exosomes are taken up and uptaken mRNA and miRNA are recovered in the target cell. According to our findings, uptaken miRNA severely modulates the target cell, fitting the demands for premetastatic niche formation (only demonstrated for metastatic organ stroma cells but accounts equally well for hematopoietic cells).

Taken that tumor exosomes are recovered in patients' sera [5] and exhibit very selective binding implies that functional activity of exosomes has to be taken into account at sites distant from the tumor (e.g., premetastatic organs), where the selectivity of exosome uptake will greatly facilitate therapeutic interference. However and notably, as the exosome composition becomes significantly influenced also by proteins of the tumor cell that are not engaged in exosome assembly or transport, it is essential to characterize the individual patient's exosomes in advance, which can be approached by tumor exosomes in the patient's serum.

[1] Jung T, Castellana D, Klingbeil P, Cuesta Hernández I, Vitacolonna M, Orlicky DJ, Roffler SR, Brodt P, and Zöller M (2009). CD44v6 dependence of premetastatic niche preparation by exosomes. Neoplasia 11, 1093–1105.

[2] Zech D, Rana S, Büchler MW, and Zöller M (2012). Tumor-exosomes and leukocyte activation: an ambivalent crosstalk. Cell Commun Signal **10**, 37.

[3] Rana S, Shijing Y, Stadel D, and Zöller M (2012). Toward tailored exosomes: The exosomal tetraspanin web contributes to target cell selection. Int J Biochem Cell Biol 44, 1574-1584.

[4] Hupalowska A and Miaczynska M (2012). The new faces of endocytosis in signaling. Traffic 13, 9–18.

[5] Wittmann J and Jäck HM (2010). Serum microRNAs as powerful cancer biomarkers. Biochim Biophys Acta 1806, 200–207.