

Prognostic Impact of Expression of *Bcl-2* and *Bax* Genes in Circulating Immune Cells Derived from Patients with Head and Neck Carcinoma^{1,2}

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Abstract

Antitumor functions of the host immune system are frequently compromised in patients with malignancies. In the current study, we evaluated the relationship between expression ratio of mRNAs for the antiapoptotic protein Bcl-2 and the proapoptotic protein Bax (the Bcl-2/Bax ratio) in peripheral blood mononuclear cells and clinical outcomes in patients with head and neck carcinomas. The overall survival (OS) time of patients with Bcl-2/Bax ratios ≥ 1.2 tended to be longer than that of patients with Bcl-2/Bax ratios < 1.2 but not significantly so ($P = .084$, $n = 61$). Disease-free survival (DFS) of patients with Bcl-2/Bax ratios ≥ 1.2 was statistically significantly longer than that of patients with Bcl-2/Bax ratios < 1.2 ($P = .001$, $n = 76$). All of the patients whose Bcl-2/Bax ratio is ≥ 2.0 were alive after 36 months and survived without any evidence of disease for 24 months (Bcl-2/Bax ≥ 2.0 versus Bcl-2/Bax < 2.0 ; $P = .035$, $n = 61$ in OS, $P < .001$, $n = 76$ in DFS, respectively). In 56 patients who received immunochemoradiotherapy using UFT and OK-432 in combination with radiotherapy, a statistically significant relationship between the Bcl-2/Bax ratio and the therapeutic effect estimated using Response Evaluation Criteria in Solid Tumors was observed, as well as a relation with interferon- γ (IFN- γ) induction in response to the therapy [$P = .002$ in complete response versus partial response + stable disease; $P = .046$ in IFN- γ (+) versus IFN- γ (-)]. In addition, there were significant correlations of the Bcl-2/Bax ratio with both the absolute number of CD4⁺ T cells and the rate of CD4⁺ T cell and natural killer cell activity. These findings strongly suggest that the balance of expression of *Bcl-2* and *Bax* genes in circulating immune cells has a high prognostic value in head and neck cancer patients.

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Introduction

Numerous investigators have reported that the decreased function of the immune system might be closely involved in the growth and metastasis of head and neck carcinoma (HNC) cells. Although a satisfactory immune status might be critical in the success of cancer treatments, such as surgery, radiotherapy, and chemotherapy, as well as immunotherapy, and in obtaining a favorable clinical outcome, antitumor functions of the host immune system are frequently compromised in patients with malignancies including HNC. It has been reported that HNC cells might escape from the immune surveillance by evading immune cell recognition and by inhibiting directly host immune function. Mechanisms of immune evasion by HNC cells include modulation of tumor antigen expression and downregulating expression of surface major histocompatibility complex class I molecules. In addition, HNC cells can directly inhibit the antitumor host responses through production of immune-suppressive soluble factors, such as transforming growth factor- β , prostaglandins, and Fas ligand, and through induction of immune inhibitory cells including regulatory T cells and myeloid-derived suppressor cells in the tumor microenvironment [1–4]. *In vitro* experiments involving co-incubation of activated T lymphocytes with tumor cells have shown that both receptor-mediated and mitochondrial pathways mediate tumor-induced apoptosis of T cells [5]. Kim et al. demonstrated that expression ratio of Bax and Bcl-2 proteins (Bax/Bcl-2 ratio), which was measured by quantitative flow cytometry, was elevated in circulating CD8⁺ T cells from patients with head and neck squamous cell carcinomas (HNSCCs) and that patient-derived CD8⁺ T cells appeared to be sensitive to apoptosis as compared with those from healthy donors [6]. In addition, it has been reported that Bcl-2 family proteins such as antiapoptotic proteins Bcl-2 and Bcl-xL, as well as the apoptotic protein Bax, play significant roles in survival and proliferation of many types of lymphocytes including CD4⁺ T cells [7], CD19⁺ B cells [8], natural killer (NK) cells [9], and $\gamma\delta$ T cells [10] and also showed that Bcl-2 protein is an important factor for survival of naive T cells as well as for development of memory T cells [7,11]. In mammalian cells, mitochondria have a central role in apoptosis that is regulated by members of the Bcl-2 family [12]. Many investigators have demonstrated that Bcl-2 family proteins play a significant role for survival of cancer cells and that expression of these proteins in cancer cells may be diagnostic and prognostic biomarker(s) in patients with many types of malignancies. In patients with HNSCC, Homma et al. reported that Bcl-2 positivity is associated with better locoregional control [13], while Gallo et al. reported that Bcl-2 expression is closely associated with a high risk of recurrence and poor survival in stage I and II HNSCC patients [14]; however, Bcl-2 expression in cancer cells has not yet been established as a prognostic biomarker. Bcl-2 family proteins also play a significant role for survival and functions of immune cells [7–11], and as described above, the host immune system plays a critical role in the success of cancer therapy. Therefore, various immune parameters such as serum cytokine levels, subset analysis of circulating lymphocytes, and profiles of infiltrating immune cells in the tumor microenvironment have been assessed as biomarkers, whereas no immunologic parameter has yet entered routine clinical reporting [15–17].

In the current study, we analyzed the expressions of *Bcl-2* and *Bax* mRNAs in circulating immune cells derived from patients with HNC and assessed their prognostic values. This is the first report demonstrating that evaluation of mRNAs for proapoptotic and antiapoptotic proteins in circulating immune cells can play a role in prognosis.

Materials and Methods

Patients and Treatment Protocol

This study was carried out in accordance with the standards of our Institutional Committee for the Protection of Human Subjects. Informed written consent was obtained from all patients, and the collection of the samples was approved by the Institutional Review Board. From 1988 to 2006, 79 HNC patients (44 males and 35 females) who were treated at the Second Department of Oral and Maxillofacial Surgery, Tokushima University Hospital were enrolled in this study. The median patient age was 60.9 years (range, 22–90 years). On the basis of the tumor-node-metastasis (TNM) system for the classification of malignant diseases, there were 8 T1 cancers, 41 T2 cancers, 19 T3 cancers, 8 T4 cancers, 44 N0 cancers, 23 N1 cancers, 11 N2 cancers, and 1 N3 cancer. All cancers were M0. Seventy-five patients were histopathologically diagnosed with squamous cell carcinomas, two with adenoid cystic carcinomas and two with mucoepidermoid carcinomas. Primary sites of the tumors included the tongue ($n = 30$), lower gingiva ($n = 21$), upper gingiva ($n = 10$), hard palate ($n = 5$), floor of the mouth ($n = 4$), buccal mucosa ($n = 4$), oropharynx ($n = 2$), submandibular gland ($n = 2$), and lip ($n = 1$).

Of 79 patients, 59 received chemotherapy [UFT, an oral fluoropyrimidine formulation combining tegafur and uracil in a 1:4 ratio (Taiho Pharmaceutical Co, Tokyo, Japan), or S-1, an oral fluoropyrimidine formulation combining tegafur, gimeracil, and oteracil potassium in a 1:0.4:1 ratio (Taiho Pharmaceutical Co)] and immunotherapy (OK-432, Chugai Pharmaceutical Co, Ltd, Tokyo, Japan) in combination with radiation therapy (a total irradiation dose of 50 to 60 Gy) as a first-line treatment. OK-432, which is a penicillin-killed and lyophilized preparation of a low-virulence strain (Su) of *Streptococcus pyogenes* (group A), is being successfully used as an immunotherapeutic agent in many types of malignancies [18,19]. OK-432 was administered peritumorally or intradermally at a dose of 0.5 Klinische Einheit, i.e., 50 μ g/week. When any severe adverse events were not shown, the dose was increased up to 5 Klinische Einheit/week, and OK-432 administration was continued until the 6th month after visible tumor(s) disappeared or surgically removed. Patients were monitored for general symptoms related to OK-432 therapy, such as increased fever and/or fatigue. The flowchart diagram describing the treatment of the patients is shown in Figure 1A. The tumor responses to the combination therapy were evaluated as complete response (CR), partial response (PR), stable disease (SD), and progressive disease (PD) according to the Response Evaluation Criteria in Solid Tumors. Adverse events were evaluated by grading toxicity according to the National Cancer Institute Common Terminology Criteria for Adverse Events guidelines, version 3.0. Eight patients had surgery followed by chemotherapy or by chemoradiotherapy, and five patients received only surgery.

Sample Collection

Before any treatments, peripheral blood mononuclear cells (PBMCs) were prepared by the standard Ficoll-Hypaque gradient density centrifugation method [20]. Sera were also collected 5 hours before and 18 hours after OK-432 administration and immediately frozen at -80°C until assayed for interferon- γ (IFN- γ). IFN- γ levels were analyzed by ELISA in SRL Inc (Tokyo, Japan), which is the company receiving the orders of cytokine assay in Tokyo, Japan. The ELISA system has a lower limit of sensitivity of 7.8 pg/ml for detecting human IFN- γ .

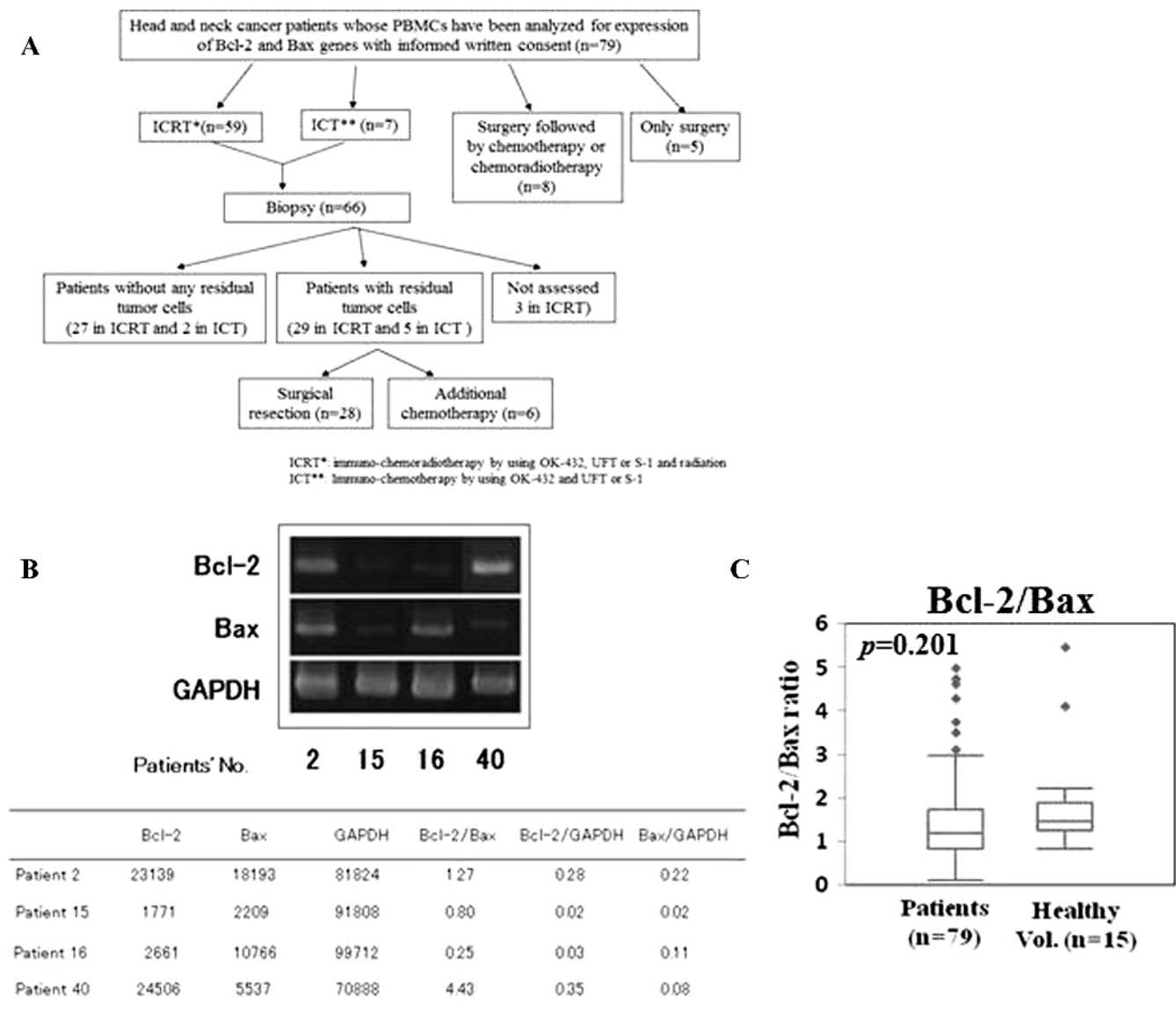


Figure 1. (A) Flowchart diagram of the treatment of the patients. (B) Expression of *Bcl-2* and *Bax* mRNAs in PBMCs derived from patients with head and neck cancer. Total RNAs were isolated from PBMCs from head and neck cancer patients and were assayed for expression of *Bcl-2*, *Bax*, and *GAPDH* mRNAs using semiquantitative RT-PCR analysis. Data are representative of at least three independent experiments. (C) Differences of *Bcl-2/Bax* ratio in head and neck cancer patients and healthy volunteers.

RNA Extraction and Semiquantitative Reverse Transcription–Polymerase Chain Reaction

Total RNAs were extracted from human PBMCs by a modified acid guanidinium thiocyanate–phenol–chloroform using ISOGEN RNA extracting mixture (Nippon Gene, Toyama, Japan) according to the manufacturer's recommendations. Expression of mRNAs for *Bcl-2*, *Bax*, and *glyceraldehyde-3-phosphate dehydrogenase (GAPDH)*, a housekeeping gene that was used as an internal control, was detected by semiquantitative reverse transcription–polymerase chain reaction (RT-PCR). First, 1 μ g of total RNA was reverse-transcribed using Moloney murine leukemia virus reverse transcriptase and random primers (Life Technologies Inc, Rockville, MD) in a volume of 20 μ l at 42°C for 60 minutes by following the manufacturer's instructions. Next, 2 μ l of the reverse-transcribed mixture was subjected to PCR [10 mM Tris-HCl (pH 8.3); 50 mM KCl; 1.5 mM MgCl₂; 0.01% gelatin; dATP, dGTP, dTTP, and dCTP, each at

20 mM], 0.5 U of Taq polymerase (TaKaRa Bio Inc, Otsu, Japan), and 0.25 pmol of each primer in a total volume of 20 μ l. This study used 5'-GTGGAGGAGCTCTTCAGGGA-3' as an upstream primer and 5'-AGGCACCCAGGGTGAGCAA-3' as a downstream primer for *Bcl-2*, which yielded a 304-bp fragment; 5'-GGCCACCCAGCTCTGAGCAGA-3' as an upstream primer and 5'-GCCACGTGGCGGTCCCAAAGT-3' as a downstream primer for *Bax*, which yielded a 479-bp fragment [21]; and 5'-GAAATCCAGCACCATCTTCCAGG-3' as an upstream primer and 5'-GTGGTGGACCTCATGGCCACCATG-3' as a downstream primer for *GAPDH*, which yielded a 781-bp fragment [22]. To amplify the fragments, 25, 28, or 30 PCR cycles were used, with each cycle consisting of 94°C for 60 seconds, 55°C for 90 seconds, and 72°C for 150 seconds, with an initial denaturation step of 94°C for 5 minutes and a final elongation step of 72°C for 5 minutes. PCR was carried out in a DNA Thermal Cycler (TaKaRa Bio Inc). The amplified PCR product

was electrophoresed through 1.5% agarose gels containing 100 ng/ml ethidium bromide. After electrophoresis, gels were illuminated with UV light, viewed, and photographed (Polaroid type 667 film; Polaroid Corp, Cambridge, MA). Densitometric analysis for the RT-PCR band patterns was done using NIH Image 1.59 software (National Institutes of Health, Bethesda, MD). Expression values of *Bcl-2* and *Bax* mRNAs were represented as ratios to the density of *GAPDH*. The identification of each amplified product was confirmed by automated DNA sequencing.

Assay for NK and Lymphokine-Activated Killer Cell Activities

The cytotoxic activities of human PBMCs were assayed against K-562, a markedly sensitive target for human NK cells, and Daudi, a sensitive target for human lymphokine-activated killer (LAK) cells but not destroyed by human NK cells, in a ^{51}Cr release test. For measuring pre-LAK activity, PBMCs derived from patients were cultured with 1000 IU/ml recombinant interleukin-2 (Primmune Inc, Kobe, Japan) for 72 hours before the analysis as described by Aramaki et al. [23]. The ^{51}Cr release was carried out as described previously [24]. For cell-mediated cytotoxicity assays, 4.0×10^5 effector cells were mixed in the wells of 96-well microtiter plates (Falcon; Becton Dickinson Labware, Lincoln Park, NJ) with 1.0×10^4 ^{51}Cr -labeled target cells (effector cell/target cell, 40:1) in a total volume of 200 μl of medium and incubated at 37°C for 4 hours. The percent specific ^{51}Cr release was calculated according to the formula: $[(E - S)/(M - S)] \times 100$, where E is the experimental ^{51}Cr release, S is the spontaneous ^{51}Cr release, and M is the maximum ^{51}Cr release. Spontaneous ^{51}Cr release was determined by incubation of target cells without effector cells and maximal ^{51}Cr release was determined by adding 100 μl of NP-40 (Sigma, Deisenhofen, Germany) to labeled target cells. The percent specific ^{51}Cr release was considered as the NK, LAK, or pre-LAK activity.

Flow Cytometric Analysis of Cell Surface Antigens

Cell surface staining was performed using the following mouse anti-human monoclonal antibodies. The antibodies to CD3 (clone SK7), CD4 (clone SK3), CD8 (clone SK1), CD16 (clone B73.1), and CD57 (clone HNK-1) were purchased from Pharmingen (San Diego, CA). Isotype-matched control mouse IgGs conjugated with fluorescein isothiocyanate were also purchased from Pharmingen. All monoclonal antibodies were directly labeled with either fluorescein isothiocyanate or phycoerythrin. The cells were resuspended in phosphate-buffered saline containing 0.1% sodium azide and 0.2% BSA and then were incubated for 30 minutes at 4°C with a saturating concentration of each monoclonal antibody according to the manufacturer's instructions. After the cells were washed twice, their fluorescence intensity was determined using a flow cytometer (EPICS XL-MCL; Beckman Coulter, Fullerton, CA).

Statistical Analysis

The relationships between *Bcl-2/Bax*, *Bcl-2/GAPDH*, and *Bax/GAPDH* ratios and sex, TNM classification, IFN- γ induction, prognosis, as well as therapeutic effect were performed by using Student's two-tailed t test. Correlations between *Bcl-2/Bax*, *Bcl-2/GAPDH*, and *Bax/GAPDH* ratios and immunologic parameters and age were quantified by Spearman's rank correlation coefficient and regression calculation. Kaplan-Meier curves and log-rank tests were used to assess differences in survival time between the groups. $P < .05$ were considered statistically significant.

Results

Expression of *Bcl-2* and *Bax* mRNAs in PBMCs Derived from HNC Patients and from Healthy Donors

We examined the expression of *Bcl-2* and *Bax* mRNAs by semi-quantitative RT-PCR analysis. Representative data of four patients are shown in Figure 1B. PBMCs from patient 2 highly expressed both *Bcl-2* and *Bax* mRNAs; thus, the *Bcl-2/Bax* ratio was medium (1.27). Expression of both *Bcl-2* and *Bax* mRNAs was only faint in those from patient 15, for whom the *Bcl-2/Bax* ratio was also medium (0.80). In patient 16, only slight expression of *Bcl-2* mRNA and high expression of *Bax* mRNA were observed; hence, the *Bcl-2/Bax* ratio was low (0.25). In patient 40, *Bcl-2* expression was high and *Bax* was low, so the *Bcl-2/Bax* ratio was high (4.43).

Next, we compared the *Bcl-2/Bax* ratio in the PBMCs derived from the head and neck cancer patients ($n = 79$) with that from healthy volunteers ($n = 15$). Although the *Bcl-2/Bax* ratios in the patients (1.475 ± 1.028 ; median value, 1.197) tended to be lower than those in healthy donors (1.864 ± 1.285 ; median value, 1.452), no statistically significant difference was shown ($P = .201$; Figure 1C).

No statistically significant relationship was observed between *Bcl-2/Bax*, *Bcl-2/GAPDH*, and *Bax/GAPDH* ratios and sex ($P = .185$, $P = .350$, and $P = .985$, respectively) or age ($P = .866$, $P = .744$, and $P = .806$, respectively). In addition, no statistical relationship between *Bcl-2/Bax*, *Bcl-2/GAPDH*, and *Bax/GAPDH* ratios and T stage [$P = .233$, $P = .774$, and $P = .869$, respectively in early state (T1 + T2) versus advanced state (T3 + T4)] or N stage [$P = .324$, $P = .609$, and $P = .130$, respectively in N(-) versus N(+)] was seen (Table W1).

Relationship between Expression of *Bcl-2* and *Bax* mRNAs and Clinical Outcome

We assessed the prognostic significance of expression of *Bcl-2* and *Bax* mRNAs in PBMCs derived from patients with HNC.

First, we evaluated the relationship between *Bcl-2/Bax* ratio and survival time. Overall survival (OS) was examined for the association with *Bcl-2/Bax* ratio in the 61 patients who could be followed up at least 36 months after the initial diagnosis (Figure 2). Because the median value of *Bcl-2/Bax* ratio in all 79 patients tested in the current study was 1.197, we have chosen 1.2 as a cutoff point. When the cutoff level was set to 1.2, patients who showed *Bcl-2/Bax* ratio ≥ 1.2 survived longer than the patients who showed a *Bcl-2/Bax* ratio < 1.2 , but this difference between the two groups was not statistically significant ($P = .0838$; Figure 2A). When the cutoff level was set to 2.0, the survival time of the patients who showed high *Bcl-2/Bax* ratios was statistically longer than that of the patients with lower *Bcl-2/Bax* ratios ($P = .035$). All of the patients with *Bcl-2/Bax* ratio ≥ 2.0 have been alive over 36 months (Figure 2B). The relationship between *Bcl-2/Bax* ratio and disease-free survival (DFS) was also assessed in 76 patients whose long-term outcome (≥ 24 months after first treatment) was known. The DFS of the patients whose tumor(s) could not be completely cured by surgery, radiotherapy, chemotherapy, and/or immunotherapy was 0 month. When the cutoff level was set to 1.2, the DFS of patients with *Bcl-2/Bax* ratios ≥ 1.2 was significantly longer than that of patients with *Bcl-2/Bax* ratios < 1.2 ($P = .001$; Figure 2C). When the cutoff level was set to 2.0, the patients with *Bcl-2/Bax* ratios ≥ 2.0 survived much longer than the patients with *Bcl-2/Bax* ratios < 2.0 ($P = .0005$), and all patients with *Bcl-2/Bax* ratios ≥ 2.0 have been alive in disease-free condition for over 24 months (Figure 2D).

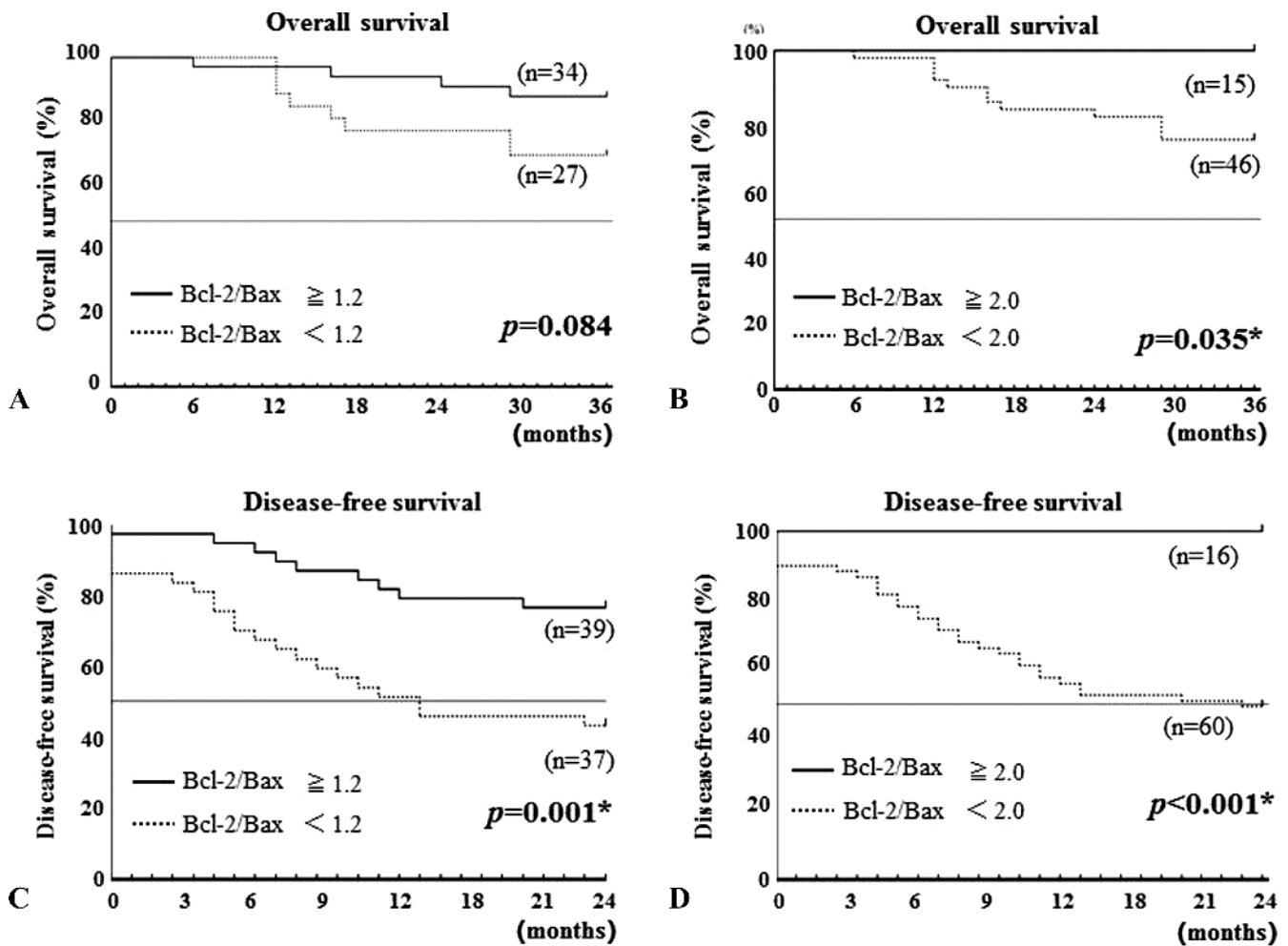


Figure 2. Prognostic value of *Bcl-2/Bax* ratio. Kaplan-Meier estimates of (A and B) OS and (C and D) DFS. Differences (A and C) of *Bcl-2/Bax* ratio ≥ 1.2 (solid line) versus *Bcl-2/Bax* ratio < 1.2 (dotted line) and (B and D) of *Bcl-2/Bax* ratio ≥ 2.0 (solid line) versus *Bcl-2/Bax* ratio < 2.0 (dotted line) were calculated by log-rank test. Asterisk denotes $P < .05$, indicating statistical significance.

In the current cases, disease progression that is expressed with TNM classification was related to the duration of the survival (data not shown), similar to the results reported previously by numerous different investigators; however, disease progression and the *Bcl-2/Bax* ratio do not necessarily correlate with each other, as described above (Table W1). Namely, although the 15 patients with *Bcl-2/Bax* ratios ≥ 2 (Figure 2B) included six patients (40%) with advanced cancer, the 3-year survival was 100%. In DFS, 16 patients with *Bcl-2/Bax* ratios ≥ 2 (Figure 2D) included 7 (43.8%) with advanced cancer, while all of the 16 patients showed no evidence of disease (NED) at 24 months from completion of the first treatment (Figure 2 and data not shown). Furthermore, 76 patients who could be followed up for at least 24 months after the first treatment consisted of 39 patients (51.3%) with *Bcl-2/Bax* ratios ≥ 1.2 and 37 patients (48.7%) with *Bcl-2/Bax* ratios < 1.2 (Figure 2C). Of the 39 patients who showed *Bcl-2/Bax* ratios ≥ 1.2 , 18 early-stage (T1 + T2; 46.2%) and 21 advanced-stage (T3 + T4) patients (53.8%) were included. The 37 patients with *Bcl-2/Bax* ratios < 1.2 consisted of 17 early-stage (45.9%) and 20 advanced-stage patients (54.1%). Although no significant difference was observed in the rates of early stage and advanced stage between *Bcl-2/Bax* ratio ≥ 1.2 and *Bcl-2/Bax* ratio < 1.2 patients (data not shown), the two-year DFS rate

of *Bcl-2/Bax* ratio ≥ 1.2 group [76.9% (30 of 39 patients)] was statistically significantly higher than that of the *Bcl-2/Bax* ratio < 1.2 group [43.2% (16 of 37 patients)] ($P = .001$; Figure 2 and data not shown).

Next, we compared the *Bcl-2/Bax* ratio in PBMCs from patients who were alive and from patients who were dead at 36 months from initial diagnosis. A significant difference in the *Bcl-2/Bax* ratios of the two groups was observed ($P = .027$; Figure 3A). Furthermore, there was a statistically significant difference in the *Bcl-2/Bax* ratios of patients with NED at 24 months and in patients with active disease (AD) at 24 months from first treatments ($P = .010$; Figure 3B). The *Bcl-2* and *Bax* expression values, as represented by *Bcl-2/GAPDH* and *Bax/GAPDH* ratios, showed no significant difference within these group pairings (alive vs dead, NED vs AD), but there was a tendency for higher *Bcl-2* expression values in alive and NED groups than in the dead and AD groups ($P = .076$ and $P = .063$, respectively; Figure 3, A and B).

We next examined the therapeutic effects in association with expression of *Bcl-2* and *Bax* mRNAs in 56 patients who received immunochemoradiotherapy using OK-432 and UFT or S-1, in combination with radiation. The *Bcl-2/Bax* ratio as well as *Bcl-2* expression value in patients who showed CR was significantly high compared with those in patients who showed PR and SD ($P = .002$

and $P = .012$, respectively; Figure 3C). The *Bax* expression value showed no significant association with the clinical response ($P = .688$).

The immunotherapeutic effect was also evaluated in the association with *Bcl-2/Bax* expression. We analyzed serum IFN- γ levels in patients 5 hours before and 18 hours after OK-432 administration. Serum IFN- γ protein was not detectable in any of the patients before OK-432 treatment (data not shown). Eighteen hours after OK-432 injection, IFN- γ protein levels in the sera were detectable in 36 patients (64.3%) and were still not detectable in 20 patients (35.7%). Patients whose serum IFN- γ became detectable in response to the therapy were determined IFN- γ (+). The *Bcl-2/Bax* ratio but not the *Bcl-2* or *Bax* expression value was significantly higher in IFN- γ (+) patients than IFN- γ (-) patients ($P = .046$; Figure 3D).

Differences between Primary Sites

Next, we have examined the difference in *Bcl-2/Bax* ratio and in clinical outcome among the different primary sites such as tongue and gingiva that have enough number of cases for analysis. Squamous cell carcinoma of hard palate has been included in upper gingiva. A case of adenoid cystic carcinoma in tongue has been excluded from the analysis. There was no significant difference in *Bcl-2/Bax* ratio between tongue and upper gingiva, between tongue and lower gingiva, between upper and lower gingiva, as well as between tongue and gingiva (upper gingiva + lower gingiva; $P = .597, 0.797, 0.838$, and 0.542 , respectively; Figure 4A). Interestingly, although tongue cancer patients who showed *Bcl-2/Bax* ratio ≥ 1.2 tended to survive longer than those who showed a *Bcl-2/Bax* ratio < 1.2 ($P = .063$), no tendency of the difference was observed between *Bcl-2/Bax* ratio high

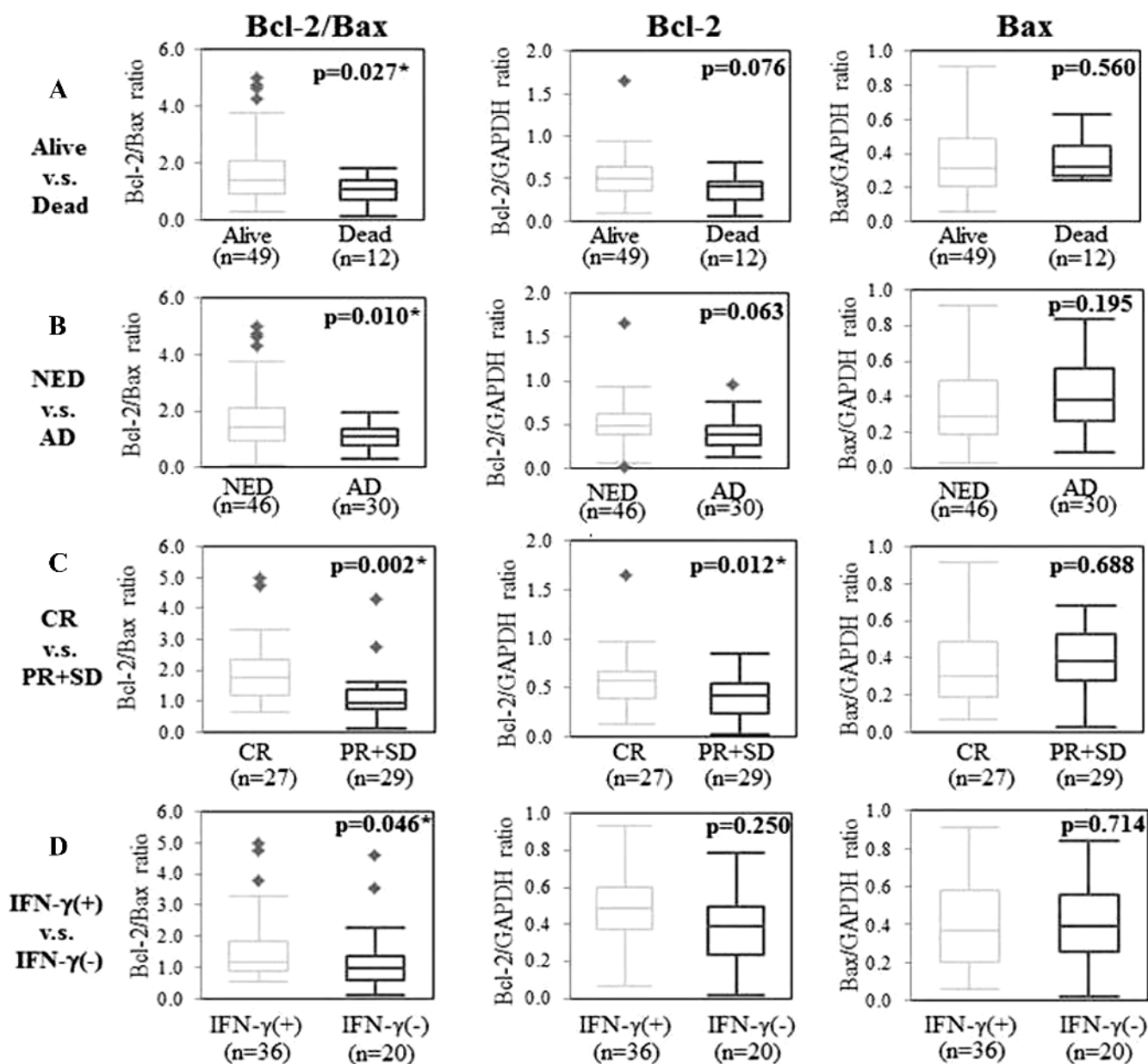


Figure 3. Differences of *Bcl-2/Bax* ratio, *Bcl-2* expression, and *Bax* expression in (A) alive and dead patients, (B) NED and AD patients, (C) CR and PR + SD patients, and (D) IFN- γ (+) and IFN- γ (-) patients were analyzed by Student's two-tailed t test. Asterisk denotes $P < .05$, indicating statistical significance.

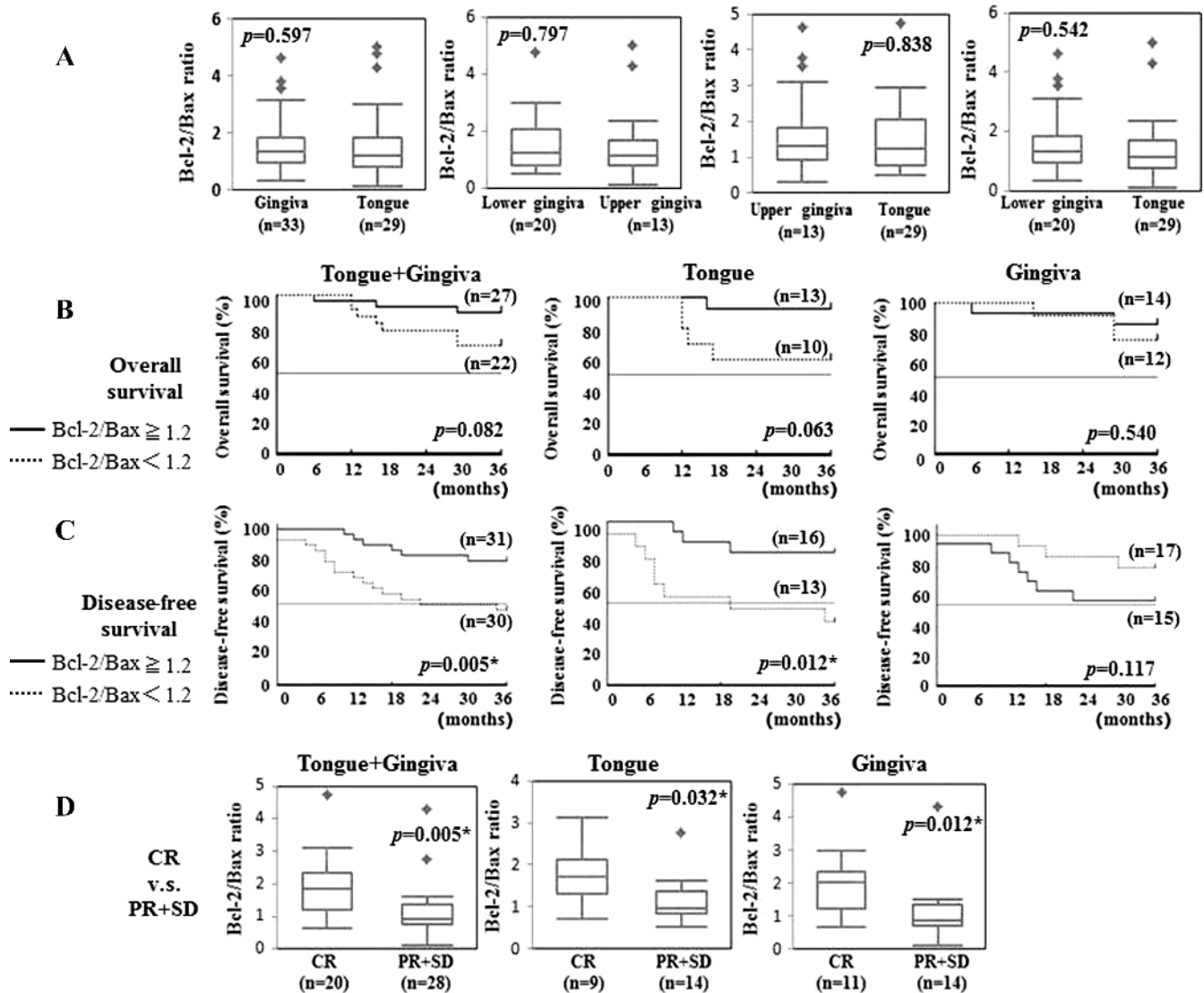


Figure 4. Differences of *Bcl-2/Bax* ratio among the different primary sites were analyzed by Student's two-tailed *t* test. Asterisk denotes $P < .05$, indicating statistical significance (A). Differences of relationship between *Bcl-2/Bax* ratio and (B) OS or (C) DFS among the different primary sites. Differences of *Bcl-2/Bax* ratio ≥ 1.2 (solid line) versus *Bcl-2/Bax* ratio < 1.2 (dotted line) were calculated by log-rank test. Asterisk denotes $P < .05$, indicating statistical significance. (D) Differences of relationship between *Bcl-2/Bax* ratio and clinical responses among the primary sites were analyzed by Student's two-tailed *t* test. Asterisk denotes $P < .05$, indicating statistical significance.

group and low group in the patients with gingival cancer ($P = .540$; Figure 4B). In DFS, a statistically significant difference was observed between high and low groups in *Bcl-2/Bax* ratio in the patients with tongue cancer ($P = .012$) but not in those with gingival cancer ($P = .117$; Figure 4C). However, in clinical response, the *Bcl-2/Bax* ratio in patients who showed CR were significantly high compared with those in patients who showed PR and SD both in tongue cancer patients and in gingival cancer patients ($P = .032$ and $P = .012$, respectively; Figure 4D).

Correlation of *Bcl-2* and *Bax* mRNA Expression with Immunologic Parameters

Finally, we analyzed the correlation between the expression of *Bcl-2* and *Bax* mRNAs and the immunologic parameters of leucocytes derived from HNC patients before receiving any treatments. Data are shown in Table 1 and Figure 4. Both the percentage of CD3⁺CD4⁺ T cells in CD3⁺ T cells and the absolute number of CD3⁺CD4⁺

T cells were statistically significantly correlated with the *Bcl-2/Bax* ratio ($P = .020$ and $P = .037$, respectively). Additionally, statistically significant correlations between NK cell activity and the *Bcl-2/Bax* ratio as well as the *Bcl-2* expression value (*Bcl-2/GAPDH*) were observed ($P = .041$ and $P = .006$, respectively).

Discussion

We have previously reported that the combination therapy using UFT and OK-432 together with radiation has a marked therapeutic effect in patients with HNC and that OK-432-induced immunity plays a significant role in the antitumor effect of this combination therapy through Toll-like receptor 4 (TLR4)/MD-2 [25–27]. It has been reported that OK-432 elicits antitumor effects by stimulating immunocompetent cells such as macrophages, T cells, and NK cells [28,29] and that OK-432 induces interleukin-12 and polarizes the T cell response to a T helper cell 1 (Th1)-dominant state [30]. Recently, we have demonstrated that OK-432 induces the maturation

Table 1. Correlation between Expression of *Bcl-2* and *Bax* mRNAs and Immunologic Parameters.

	Bcl-2/Bax		Bcl-2/GAPDH		Bax/GAPDH		N
	<i>p</i> ¹	<i>r</i> ²	<i>P</i>	<i>r</i>	<i>P</i>	<i>r</i>	
WBC (per mm ³)	.662	0.054	.265	0.137	.131	0.185	76
Lymphocyte (%)	.691	0.049	.057	0.232	.110	0.196	76
Lymphocyte (per mm ³)	.681	0.051	.250	0.142	.682	0.051	76
Monocyte (per mm ³)	.630	0.059	.357	0.113	.091	0.207	76
CD3 ⁺ (%)	.098	0.236	.240	0.169	.417	0.117	51
CD3 ⁺ (per mm ³)	.181	0.192	.142	0.211	.473	0.104	51
CD3 ⁺ CD4 ⁺ /CD3 ⁺ (%)	.020* ³	0.328	.131	0.216	.386	0.125	51
CD3 ⁺ CD4 ⁺ (per mm ³)	.037* ³	0.296	.053	0.275	.410	0.119	51
CD3 ⁺ CD8 ⁺ /CD3 ⁺ (%)	.325	0.142	.233	0.172	.843	0.029	51
CD3 ⁺ CD8 ⁺ (per mm ³)	.764	0.044	.731	0.050	.664	0.063	51
CD4 ⁺ /CD8 ⁺ ratio	.299	0.150	.383	0.126	.675	0.061	51
CD16 ⁺ (%)	.392	0.131	.978	0.004	.406	0.127	51
CD16 ⁺ (per mm ³)	.526	0.097	.807	0.037	.624	0.075	51
CD57 ⁺ (%)	.586	0.083	.692	0.061	.353	0.142	51
CD57 ⁺ (per mm ³)	.698	0.059	.595	0.081	.590	0.083	51
NK activity (%)	.041* ³	0.279	.006* ³	0.366	.725	0.049	54
LAK activity (%)	.500	0.094	.297	0.145	.351	0.130	54
Pre-LAK activity (%)	.337	0.133	.870	0.023	.323	0.137	54

¹*P* values were arrived at using regression calculation.

²*r*, Spearman's rank correlation coefficient.

³Asterisk denotes *P* < .05, indicating statistical significance.

of dendritic cells, which are dedicated antigen-presenting cells through TLR4 signaling, and that OK-432-stimulated dendritic cells can induce tumor antigen-specific cytotoxic T lymphocytes *in vitro* as well as *in vivo* [26,31,32]. Therefore, we have applied the combination therapy by using radiation, UFT or S-1, and OK-432 to the patients who entered the study. Furthermore, in our previous study, we observed a statistically significant relationship between increased IFN- γ protein levels in the sera as well as clinical responses in HNC patients administered OK-432 and expression of *TLR4* and *MD-2* genes in circulating immune cells from the patients [26]. Although it was expected that expression of both *TLR4* and *MD-2* genes in patient-derived PBMCs may be a useful biomarker to discriminate between likely responders and nonresponders to OK-432 as well as to predict the therapeutic effect of OK-432-based immunotherapy, its utility is so far limited to patients undergoing OK-432-based immunotherapy. While expression of *TLR4* and *MD-2* genes in PBMCs from the patients was not a prognostic biomarker for numerous cancer patients except for the patients undergoing OK-432 therapy, these previous data suggested at least that evaluation of the characteristics of circulating immune cells derived from cancer patients might have prognostic value.

The findings from the current study suggested that expression ratio of the genes for antiapoptotic protein Bcl-2 and proapoptotic protein Bax in circulating immune cells derived from patients with HNC

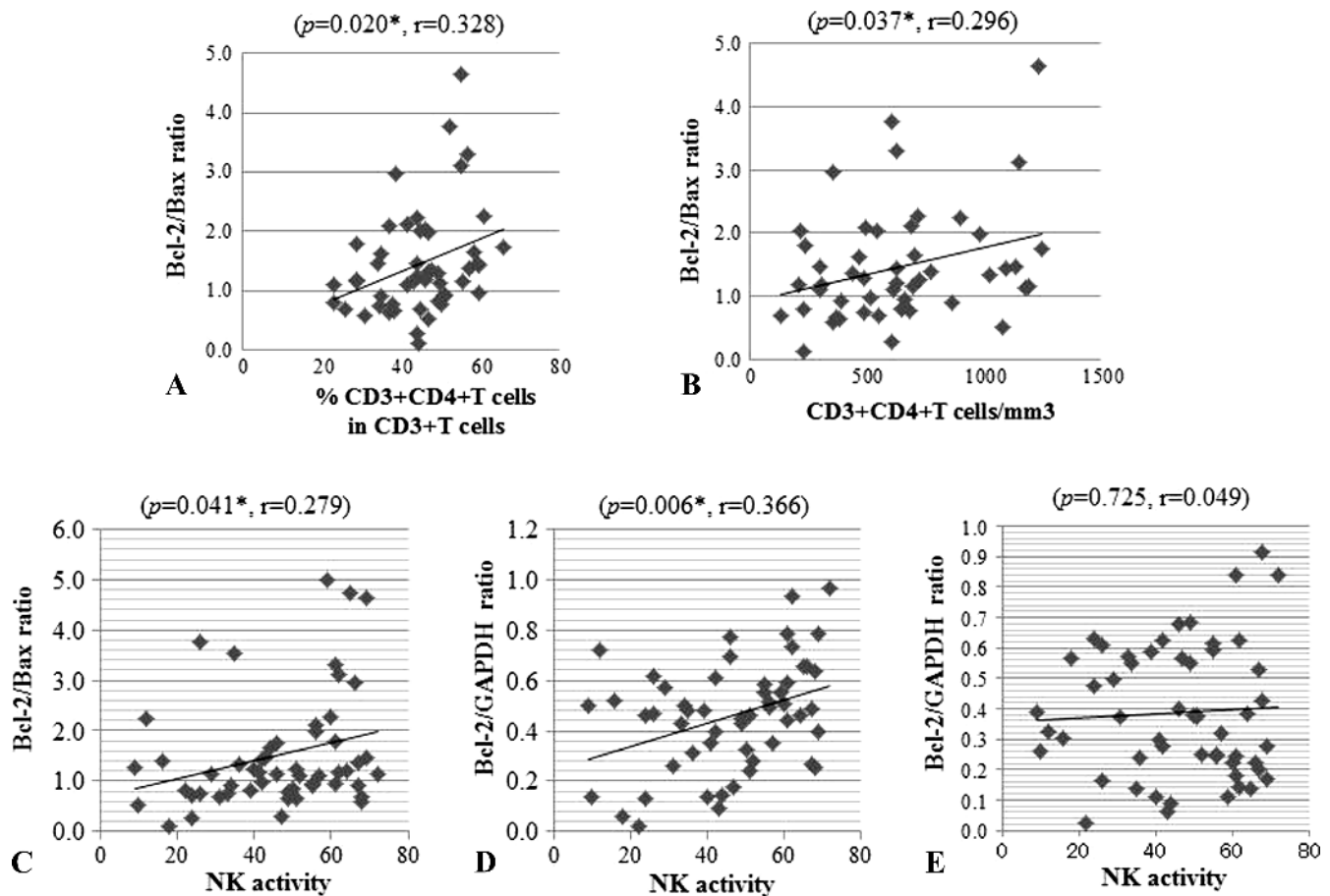


Figure 5. Correlations between (A) *Bcl-2/Bax* ratio and percentage of CD4⁺ T cells, (B) *Bcl-2/Bax* ratio and absolute number of CD4⁺ T cells, (C) *Bcl-2/Bax* ratio and NK activity, (D) *Bcl-2* expression value and NK activity, and (E) *Bax* expression value and NK activity were quantified by Spearman's rank correlation coefficient and regression calculation. Asterisk denotes *P* < .05, which was considered statistically significant.

might have a marked prognostic impact. Enhancing antitumor host response in cancer patients is critical for improvement of therapeutic effects and clinical outcomes; thus, it may be a useful prognostic strategy to assess expression of proapoptotic and antiapoptotic genes in circulating immune cells.

In addition, the comparison of Bcl-2/Bax ratio with TNM classification in prognostic value for head and neck cancer patients indicates that expression of these genes might detect the prognostic risks and advantages that could not be detected by TNM classification; thus, using both expression ratio of Bcl-2/Bax mRNAs and TNM classification should contribute more strongly to prediction of outcomes, selection of cases, and establishment of personalized therapy for individual patients. Furthermore, the results from the study evaluating the difference among the different primary sites in Bcl-2/Bax ratio and in clinical outcome suggested that Bcl-2/Bax ratio may be a better prognostic biomarker in patients with tongue cancer than in those with gingival cancer.

IFN- γ , a representative Th1 cytokine, plays an important role in anticancer immunity. It has been reported that IFN- γ production is associated with a favorable clinical outcome in patients with several types of malignancies [33] and that OK-432 augments anticancer host responses by increasing production of Th1 cytokines, especially IFN- γ [26]. Actually, the findings in the current experiments have clearly indicated that the Bcl-2/Bax ratio in the circulating immune cells was significantly higher in IFN- γ (+) patients than in IFN- γ (-) patients and also higher in the patients who showed favorable therapeutic effect and clinical outcome. It was strongly suggested that the increase of the apoptosis-associated gene expression might inhibit IFN- γ production in response to OK-432 and then decreased anticancer effect of the therapy.

The cellular and molecular mechanisms for regulating expression of Bcl-2 and Bax genes should be elucidated for these genes to be a more valuable biomarker. Kim et al. reported that expression of the proapoptotic protein Bax was elevated in peripheral blood CD8⁺ T cells from the patient with HNSCC [6], while our data showed that both the percentage and absolute number of CD4⁺ T cells but not CD8⁺ in peripheral blood were statistically significantly correlated with the Bcl-2/Bax ratio (Figure 5). In addition, the number of CD4⁺ T cells was relatively high in PBMCs, which showed high Bcl-2 expression values ($P = .053$, Table 1); thus, we considered that the Bcl-2/Bax balance was affected by the change of Bcl-2 gene expression level but not Bax expression in CD4⁺ T cells. Most of the patients in the present study received radiation and oral 5-fluorouracil in combination with OK-432-based immunotherapy. Different results between our study and the study of Kim et al. may be due to the difference of the therapies. Further, in the current cases, NK cell activity was significantly correlated both with the Bcl-2/Bax ratio and with Bcl-2 expression, whereas the number of NK cells estimated by CD16⁺ and CD57⁺ was not correlated with expression of these genes. The findings suggest that the balance of expression of Bcl-2 and Bax genes may have an effect on NK cell activity but not on cell number.

The markers may be also useful as therapeutic targets. If a cytokine that can increase the Bcl-2/Bax ratio can be elucidated, a therapy using the cytokine could be established for patients who show low levels of that cytokine. Further, anticytokine therapy using a neutralizing antibody may have a therapeutic ability for patients with an elevated level of the serum cytokine that can decrease the Bcl-2/Bax ratio. Moreover, it has been reported that certain immuno-

therapeutic agents increase antiapoptotic molecules and decrease proapoptotic molecules in immune cells [34,35], and combination therapy using the immune adjuvant may have a therapeutic value for patients with malignancies.

We expect that the ongoing prospective study will elucidate the expression mechanism for these genes in circulating immune cells from cancer patients and will establish a biomarker.

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Table W1. Relationship between Expression of *Bcl-2* and *Bax* mRNAs and Sex, Age, and T and N Stages.

	Bcl-2/Bax	Bcl-2	Bax
	<i>P</i> value		
Male <i>versus</i> female	.185	.350	.985
Age	.866	.744	.806
T1 + T2 <i>versus</i> T3 + T4	.233	.774	.869
N(-) <i>versus</i> N(+)	.324	.609	.130

The relationships of *Bcl-2/Bax*, *Bcl-2*, and *Bax* with sex and TN classification were performed using Student's two-tailed *t* test.

Correlations between *Bcl-2/Bax*, *Bcl-2*, and *Bax* and age were examined by Spearman's rank correlation coefficient and regression calculation.