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# **Impact of Residual Stretch and Remodeling on Collagen Engagement in Healthy and Pulmonary Hypertensive Calf Pulmonary Arteries at Physiological Pressures**

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# **Abstract**

Understanding the mechanical behavior of proximal pulmonary arteries (PAs) is crucial to evaluating pulmonary vascular function and right ventricular afterload. Early and current efforts focus on these arteries' histological changes, in vivo pressure–diameter behavior and mechanical properties under in vitro mechanical testing. However, the in vivo stretch and stress states remain poorly characterized. To further understand the mechanical behavior of the proximal PAs under physiological conditions, this study computed the residual stretch and the in vivo circumferential stretch state in the main pulmonary arteries in both control and hypertensive calves by using in vitro and in vivo artery geometry data, and modeled the impact of residual stretch and arterial remodeling on the *in vivo* circumferential stretch distribution and collagen engagement in the main pulmonary artery. We found that the *in vivo* circumferential stretch distribution in both groups was nonuniform across the vessel wall with the largest stretch at the outer wall, suggesting that collagen at the outer wall would engage first. It was also found that the circumferential stretch was more uniform in the hypertensive group, partially due to arterial remodeling that occurred during their hypoxic treatment, and that their onset of collagen engagement occurred at a higher pressure. It is concluded that the residual stretch and arterial remodeling have strong impact on the in vivo stretch state and the collagen engagement and thus the mechanical behavior of the main pulmonary artery in calves.

# **Keywords**

Residual stretch; Arterial remodeling; Stretch distribution; Collagen engagement

# **INTRODUCTION**

Pulmonary hypertension (PH) is an important cause of morbidity and mortality in children and adults. PH is defined as a chronic, resting mean pulmonary artery pressure (mPAP)

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greater than 25 mmHg, yields increases in right ventricular (RV) afterload and is associated with arterial remodeling and eventual RV failure.<sup>9,38,41,56,61</sup> The proximal pulmonary arteries (PAs) in patients with PH display significant vascular remodeling and their mechanical behavior strongly influences pulmonary arterial input impedance, which is a good measure of RV afterload and pulmonary vascular function.20,21,46,47,61 Moreover, proximal pulmonary vascular stiffness has been shown to correlate very well with the mortality in patients with PH.<sup>10,18,50,52</sup> Therefore, it is important to study the mechanical behavior of the proximal PAs under physiological conditions.18,38,61

The chronically hypoxic neonatal calf is a noteworthy and well-established animal model of pediatric PH56,64 and the mechanics of proximal PAs of this animal model are more representative to that in pediatric  $PH<sup>42</sup>$  Previous studies have shown that under chronic hypoxia conditions the calf proximal PAs underwent wall thickening<sup>56,64</sup> and that the slope of pressure–diameter curve measured in the main pulmonary artery (MPA) increased significantly.35,64 Such an increase in pressure–diameter slope of calf MPA was found to correlate to the increase of the mechanical properties of MPA.<sup>35</sup> Further, *in vitro* mechanical tests have shown that both the fresh PA tissues and the elastin component of those tissues display increases in their elastic moduli as a result of chronic hypoxia.<sup>41</sup> To accurately evaluate the mechanical behavior of PAs under physiological conditions, however, it is also necessary to determine the *in vivo* stretch or strain (deformation) state. This deformation state is required for accurate prediction of the stress state from an arterial constitutive model and enables the estimation of how arterial components such as elastin, collagen and smooth muscle cells contribute to the artery pressure load-carrying capacity. Moreover, collagen, one of the important passive arterial components, is believed to only carry pressure loading at high stretches; its engagement should result in very stiff arteries, and in turn an increase in RV afterload. Thus, it is useful to determine the stretch state and the collagen engagement of proximal PAs under physiological conditions.

It is well accepted that residual stretch and stress exist in an arterial ring at its no-load state.6,14,31,34 The residual stretch, though not very large, has a strong influence on the arterial physiological stretch and stress states. The existence of residual stretch can reduce the stretch concentration at the arterial inner wall compared to when residual stretch is not considered, and thus makes the circumferential stretch distribution more uniform.6,14,31,34 The residual stretch can also increase the inner diameter (ID) at the *in vivo* state and thus decrease the shear stress on the inner wall, which yields a more compliant artery and improves the arterial performance as an elastic reservoir.<sup>48</sup> Accurate estimation of the arterial stretch and stress states at the in vivo state is also important to evaluate arterial smooth muscle cell activity.<sup>6</sup> Therefore, it is critical to incorporate the residual stretch or stress when studying the arterial mechanical function.

It is also well known that arterial remodeling can result in geometric, structural and functional changes in the artery. Pulmonary arterial remodeling as a result of chronic hypoxia leads to increases in arterial wall thickness, alterations in the opening angle (OA) or residual stretch, and changes in mechanical properties of the rat proximal PAs.33 Similarly, the mechanical properties of the mouse proximal PAs were found to be linked to their geometrical and structural changes.<sup>40</sup> The arterial remodeling was believed to restore the *in* vivo circumferential stress to a normal value and to change the arterial stiffness to an optimal level.<sup>28</sup>

To the best of our knowledge, the *in vivo* stretch state and collagen engagement status of calf proximal PAs are still unknown. Considering the importance of residual stretch and arterial remodeling on the mechanical function of the proximal PAs, the goals of this study were (1) to compute the residual stretch in MPAs of neonatal calves and compare the results

between control and hypertensive groups, (2) to model the uniformity of circumferential stretch distribution across vessel wall in MPAs under physiological conditions with residual stretch taken into consideration, and (3) to evaluate the impact of circumferential stretch distribution and arterial remodeling on collagen engagement in MPAs under physiological conditions.

# **METHODS**

#### **In vivo Pressure–Diameter Measurement and Data Processing**

All experimental studies were performed after approval by institutional animal care and use committees. Twenty-four newborn Holstein calves weighting between 35 and 50 kg were used with the experiment procedure similar to the previous studies by Stenmark et al.<sup>56</sup> and Zuckerman *et al.*<sup>64</sup> Eleven of the calves between 1 and 3 days of the age were put into a large hypobaric chamber at an ambient atmospheric pressure of 430 mmHg (4570 m equivalent air pressure) for 2 weeks to develop PH. The others remained at local ambient pressure (elevation 1500 m; 640 mmHg at Fort Collins, CO) for 2 weeks before testing. Both animal groups underwent hemodynamic and echocardiographic measurements in the chamber at ambient pressure, and were at that pressure for at least an hour before testing to minimize residual hypoxic vasoconstriction. It is noted that although the hypoxic calves were treated under chronic hypoxia, at which mPAP usually exceeded 100 mmHg, we performed the echo measurements at room air condition, i.e., the ambient atmospheric pressure condition. Due to the difficulty in obtaining echo measurement on some calves, both pressure and diameter data were only obtained for five and seven calves, respectively for the control and hypertensive groups. The pulmonary arterial pressures were obtained for eight control and nine hypertensive calves, and the *in vitro* MPA geometry data were obtained for all the calves.

Instantaneous pressure within the middle section of MPA at ambient atmospheric pressure was measured with standard fluid-filled catheters (Transpac IV, Abbott Critical Care Systems, Abbott Park, IL, USA). Ultrasound color Motion-Mode tissue Doppler imaging (CMM-TDI) studies were performed simultaneously using a commercially available scanner (Vivid 5, GE Medical Systems Inc., Waukesha, WI, USA) with a probe appropriate to animal size (2.5 or 3.5 MHz). The ultrasound beam was swept through the long axis of the MPA to find the maximal diameter. A short-axis view was then used to obtain CMM-TDI measurements of instantaneous ID of the MPA, simultaneous with pressure.<sup>35</sup>

The recorded data were post-processed offline using custom-written software (MATLAB, Mathworks Inc., Natick, MA, USA). The program first found the upper and lower wall boundaries in the M-mode image using an image-decimation based method.<sup>36,38</sup> The instantaneous diameter was extracted by integrating velocity data from TDI image along the upper and lower walls. Then the recorded pressure- and extracted diameter-time histories were separated and collected into individual cardiac cycles based on electrocardiographic (ECG) gating. The pressure–diameter data for each cardiac cycle can be obtained from the simultaneous recording of pressure- and diameter-time histories. More detail on the *in vivo* pressure–diameter data acquisition may be found in the previous studies by our group.<sup>10,35,36,38</sup>

The pressure- and diameter-time history data of each cardiac cycle were transferred into frequency domain via discrete Fourier transform. Once in frequency domain, the harmonic values of both pressure and diameter up to the fourth mode were averaged on all the cycles and then transferred back to the time domain via inverse discrete Fourier transform, with the number of data points in a cycle being the average number of data points of all available cycles. This process yielded an average pressure–diameter loop for each calf. Notably, there

was no significant difference in the average pressure–diameter curve if higher harmonic values of pressure and diameter data were incorporated in the averaging process. The pressure–diameter curve during the increase of pressure (assumed as systole herein) was quite linear; therefore, we only used the systolic portion of the average pressure–diameter curve for analysis, and the smallest and largest pressures in this interval are indicated as the end-diastolic and end-systolic pressures, respectively.

#### **In vitro Artery Geometry Measurement**

An MPA ring approximately 5 mm long in the longitudinal direction was obtained from each animal within 1 h of sacrifice. These rings were generally harvested at the straight (longitudinal) section of the pulmonary arterial tube away from curved sections, and then immediately soaked in Calcium and Magnesium-free NaCl-PBS buffer (0.01 mol/L, ionic strength 0.15, pH 7.4) at room temperature. Next, each ring was photographed to obtain a scaled digital image of the cross-sectional area with a Canon camera (EOS Digital Rebel XTi, Canon Inc., Tokyo, Japan) and Canon Macro Lens (Canon Macro Lens EF 100 mm 1:2.8 USM). Each ring was then cut once across the radial direction to obtain the strain- or stress-free state and photographed again on the cross-sectional area after 2 min to allow for possible viscoelastic relaxation. No significant changes were observed in the cross-sectional shape of the sectors (or the opened rings) after the rings had been cut for 2 min.

Ring and sector edge lengths were determined from tracing their images in a custom-written MATLAB image-processing code (MATLAB, Mathworks Inc., Natick, MA). In general, the ring had a clearer edge definition on the inner wall than on the outer wall; thus the inner wall's circumferential length was always traced. For the sector, both the circumferential lengths of inner and outer walls were traced. The thicknesses of the artery at six different circumferential locations of the ring or sector were measured and averaged as the thickness of the ring or sector.

#### **Histology**

Biopsies of the cross-sectional calf MPA tissue strips were fixed in 10% buffered formalin, embedded in paraffin wax, and stained with Verhoeff's Van Gieson (VVG). Bright-field photomicrographs of the stained tissues were taken with a SPOT RT-900 digital camera (Diagnostic Instruments Inc., Sterling Heights, MI) mounted on a Nikon TE-200 microscope (Nikon Instruments Inc., Melville, NY; ×4 magnification).

#### **Calculations: Residual Stretch**

Figure 1 illustrates the opened sector at strain- or stress-free state with two possible configurations, the closed ring at the no-load state and the deformed ring under physiological conditions. In the figure and in subsequent discussion, cylindrical polar coordinates  $(r, \theta, z)$  are used to denote a material point in the artery of the no-load or physiological state, and the subscripts or superscripts i and o indicate the inner and outer walls, respectively.

Opening angle is defined as the angle between the two lines connecting the middle point of the inner wall to its tips. Since the configuration of the opened artery in general is not a perfect circular sector shape (indeed, some arteries even turned inside out as shown in Fig. 1b), we did not measure OA directly from the image by finding the middle point of the inner wall and its two tips as in previous studies.<sup>15–17,45</sup> Rather, we assumed a perfect circular sector having the same circumferential lengths of inner and outer walls and thickness as the sector of the real arterial tissue, and calculated OA of the imagined perfect circular sector. Using the geometry of the circular sector,  $6.26$  the OA of the imagined circular sector can be expressed as

 $OA = \pi + (L_i - L_0)/2H$ , if  $L_0 < L_i$ , (1)

where  $L_i$ ,  $L_0$  and H are the lengths of inner and outer walls and the thickness of the sector, respectively.

The artery may be considered incompressible.<sup>4,5</sup> As the opened sector deforms to a closed ring at the no-load state (no inner pressure and no axial traction, Fig. 1c) or under physiological conditions (with inner pressure and longitudinal stretch, Fig. 1d), the incompressibility condition of the artery requires  $6,26$ 

$$
\lambda_z \pi (r^2 - r_i^2) = (L^2 - L_i^2) / 4(\pi - OA) \quad \text{if } L_0 > L_i;
$$

$$
\lambda_z \pi \left( r^2 - r_i^2 \right) = (L_i^2 - L^2) / 4(OA - \pi) \quad \text{if } L_0 < L_i, \quad (2)
$$

where  $r$  is the radius of an arbitrary point in the ring,  $L$  is the corresponding circumferential length inside the sector, and  $\lambda_z$  is the longitudinal stretch of the ring.

The circumferential stretch at this arbitrary point of the ring is defined as

$$
\lambda_{\theta}(r) = 2\pi r/L \quad (3)
$$

Note that Eq. (3) is a general equation to calculate the circumferential stretch. For the ring at the no-load state (Fig. 1c), the ID of the ring is calculated from the measured length of inner wall  $(l_i)$ : ID =  $2r_i = l_i/\pi$ , and the outer diameter is OD =  $2r_o = 2(r_i + h)$ , where h is the measured thickness of the ring.

The longitudinal stretches calculated from Eq. (2) using the measured geometry data of the ring and sector were very close to unity for all the arteries. Within measurement error, it is appropriate to assume the longitudinal stretch to be unity for the closed ring at the no-load state.<sup>6,26</sup> In this state the circumferential stretch can then be calculated by Eq. (3) using the geometry data of the artery at its stress-free and no-load states (Figs. 1a or 1b and 1c); this circumferential stretch is called the residual circumferential stretch of the artery at the noload state.

Applying Eq. (3) to the inner and outer walls, the residual circumferential stretches at the

inner and outer walls  $(\lambda_{\theta}^{i})_{R}$  and  $(\lambda_{\theta}^{o})_{R}$ , respectively, with subscript R denoting for residual) can be calculated directly from the measured dimensions of the sector and ring:

$$
\left(\lambda_{\theta}^{i}\right)_{R} = l_{i}/L_{i}, \left(\lambda_{\theta}^{o}\right)_{R} = (l_{i} + 2\pi h)/L_{o}. \quad (4)
$$

For the deformed ring under physiological conditions (Fig. 1d), only the ID can be obtained from the in vivo pressure–diameter measurement. Using the incompressibility condition of Eq. (2) with measured  $L_i$  and  $L_0$  at the stress-free state (Figs. 1a or 1b) and ID (2 $r_i$ ) under physiological conditions (Fig. 1d), the outer diameter  $(2r_0)$  under physiological conditions

can be calculated for a given longitudinal stretch  $(\lambda_z)$ . With all these geometry values at the stress-free and physiological states (Figs. 1a or 1b and 1d), the physiological circumferential stretch of artery can be calculated by Eq. (3). Conversely, if the residual stretches are not considered, the arterial ring at the no-load state (Fig. 1c) is taken as the stress-free or reference state and the physiological circumferential stretch without considering residual stretches could be also estimated using Eqs. (2) and (3) with  $OA = 0$  and L and  $L_i$  being the circumferences of the closed arterial ring at the no-load state given in Eq. (2).

In order to characterize the physiological circumferential stretch distribution across the vessel wall, we propose a uniformity index (UI) defined as

$$
UI = \frac{\lambda_{\theta}^{\circ} - \lambda_{\theta}^{1}}{(\lambda_{\theta}^{\circ} + \lambda_{\theta}^{1})/2},
$$
 (5)

where  $\lambda_{\theta}^{i}$  and  $\lambda_{\theta}^{o}$  are the physiological circumferential stretches at the inner and outer walls, respectively. Note that  $UI = 0$  indicates uniform stretch distribution across the vessel wall.

#### **Calculations: Collagen Model**

To investigate whether or not collagen fibers engage under physiological conditions, a simple and reasonable model of the collagen fiber distribution was adopted in this study. Histological studies have shown that collagen fibers in the artery are coiled and wavy at the unloaded state<sup>7,8</sup> and are oriented in different directions.<sup>3,11,12,29,30,53</sup> Nevertheless, these studies have also shown that collagen fibers could display some alignment or mean orientation. Based on these observations many mechanical modeling studies have assumed that the collagen fibers are arranged in helical structures in the arterial tube in the form of two families, within which individual collagen fibers are distributed around mean (i.e., family) orientations.<sup>19,31,51,65</sup> Such a model is based on the constitutive theory for fiberreinforced composites54 and well-captures the cylindrically orthotropic mechanical behavior of artery combined with the mechanical behavior of other components of the artery (e.g., elastin). In this study, we adopted this concept assuming the collagen fibers to have two families embedded in the plane perpendicular to the radial direction that are symmetric with respect to the longitudinal axis<sup>31,65</sup>; the angle between the two family fibers at the stressfree state is 2θ as shown in Fig. 2. Although incorporating the dispersion behavior of collagen fibers into a modeling study could provide more accurate prediction of collagen engagement, such model is also very complicated, and is not considered here.

The collagen fiber angle in calf MPA does not exist in the literature. However, our uniaxial mechanical tests (incorporating stretch greater than 1.6) on circumferential and longitudinal MPA strips and equibiaxial tests (stretches greater than 1.25 for both directions) on planar MPA tissues show that at high stretch (i.e., in the collagen-dominant region) the artery is approximately isotropic in these two directions for some MPAs but a little stiffer in the circumferential direction for other MPAs (data from an unpublished study). Moreover, a previous modeling study on calf MPA by our group<sup>39</sup> quantified the parameters for collagen's mechanical behavior and suggested nearly transversely isotropic behavior for MPA. Thus, in this study two collagen fiber angles  $(\theta)$  of 40 $^{\circ}$  and 45 $^{\circ}$  were adopted in the calculation to examine a relevant range of the collagen engagement stretches under physiological conditions, as explained further below.

#### **Calculations: Collagen Engagement**

In uniaxial mechanical test on circumferentially or longitudinally oriented pulmonary arterial strips, <sup>39,41</sup> the typical stress-stretch curve exhibits highly nonlinear behavior with an approximately linear region at low stretch, a transition region and another approximately

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linear region at high stretch with higher modulus before fracture.<sup>39,41</sup> The higher modulus in the second linear region is due to the straightening of wavy collagen fibers which then begin to carry load, a process known as collagen engagement. Note that not all the collagen fibers become straightened at the same stretch due to their different waviness at the stress-free state<sup>2,43,44,62,65</sup> as shown in Fig. 2, and this causes a very nonlinear stress-stretch curve in the transition region in which more and more collagen fibers are engaged as the stretch in the arterial wall increases.

A circumferential transition stretch at which the collagen fibers start to carry load can be estimated from uniaxial stress–stretch curves for a circumferential arterial strip.41 Assuming equal stretches in the radial and longitudinal directions in the uniaxial test below the transition stretch, the stretches in these two directions  $(\Lambda)$  can be calculated from the incompressibility condition,  $\Lambda^2 \Lambda^T_{\theta} = 1$ , where  $\Lambda^T_{\theta}$  is the circumferential transition stretch. Thus, the stretch in the fiber direction at the state of the circumferential transition stretch is

$$
\Lambda_{\text{fiber}}^{\text{T}} = \sqrt{(\Lambda_{\theta}^{\text{T}})^2 \cos^2 \theta + \Lambda^2 \sin^2 \theta}.
$$
 (6)

At the *in vivo* state, the stretch in the fiber direction an arbitrary point of the artery  $(r)$  is

$$
\lambda_{\text{fiber}}(r) = \sqrt{\lambda_{\theta}^2(r) \cos^2 \theta + \lambda_z^2 \sin^2 \theta}.
$$
 (7)

When the stretch of fiber calculated with Eq. (7) is larger than the engaged stretch of fiber,  $\Lambda_{\text{fiber}}^T$ , collagen at those locations will engage. Given a longitudinal stretch, the critical

engagement stretch in the circumferential direction can be obtained from Eqs. (6) and (7) as

$$
\lambda_{\theta}^{\mathrm{T}} = \sqrt{(\Lambda_{\theta}^{\mathrm{T}})^{2} + \Lambda^{2} \tan^{2} \theta - \lambda_{z}^{2} \tan^{2} \theta}.
$$

In a previous study by our group,<sup>41</sup> the circumferential transition stretches  $(\Lambda_A^T)$  were estimated from the uniaxial test on the PAs as  $1.49 \pm 0.08$  and  $1.51 \pm 0.10$  for control and hypertensive groups, respectively and there was no significant difference in  $\Lambda_a^T$  between the two groups; thus a circumferential transition stretch of 1.5 was used in Eq. (6) for the collagen engagement calculation for all the arteries collected from both groups under physiological conditions.

The in vivo MPA longitudinal stretch was not measured. Therefore, several longitudinal stretches varying from 1.0 to 1.5 were taken for the calculations in this study. However, previous studies showed that the measured mean in vivo longitudinal stretches were 1.15 for proximal mouse aorta<sup>23</sup> and 1.2 for the descending region of the canine and porcine aortas.<sup>25</sup> Therefore, the *in vivo* longitudinal stretch of the calf MPA is believed to be small. The representative value of 1.1 was chosen whenever a specific *in vivo* MPA longitudinal stretch was relevant for results presentation.

#### **Statistics**

All the data are presented as mean  $\pm$  SD unless specified otherwise. The two-tailed twosample  $t$ -test assuming normality in the data with variances determined from an  $F$ -test was used to compare the geometric dimensions, MPA residual stretches, the uniformity indices (UIs), and the physiological circumferential stretches between control and hypertensive groups. Equivalence tests<sup>27</sup> were performed to compare the MPA geometric dimensions and residual stretches between control and hypertensive groups assuming the equivalence

interval equal to 10% of the average value of the control group. A mixed-effects regression method was used to model the UI and *in vivo* outer-walled circumferential stretch at end diastole and end systole as a function of pressure. The confidence level was set at95% for all tests. The regression analyses were performed with SAS software (SAS Institute, Cary, NC), while all the other statistical analyses were performed with MATLAB software (MATLAB, Mathworks Inc., Natick, MA).

# **RESULTS**

Comparisons of the mPAP, morphology, OA and residual circumferential stretches at the inner and outer walls of MPA between control and hypertensive groups are presented in Table 1. Note that we obtained geometry data for all twenty-four calves, but only obtained PAP from eight control and nine hypertensive calves. mPAP increases significantly from the control to hypertensive group. There is no significant difference in the MPA ID at the noload state between control and hypertensive groups and the IDs of the two groups are statistically equivalent. Both the arterial wall thickness and the thickness to ID ratio have significant increases from control to hypertensive group. The differences in OA and the residual circumferential stretches at the inner and outer walls between the two groups are not significant, and the residual stretches at the inner and outer walls are statistically equivalent between the two groups.

#### **Arterial Residual Stretch and Morphometry**

A representative residual circumferential stretch distribution across the MPA wall is shown in Fig. 3. At the no-load state, the artery is under compression at the inner wall and under tension at the outer wall, and the stretch distribution is found to be approximately linear. Therefore, knowing the residual circumferential stretches at the inner and outer wall is enough to obtain an approximate linear residual circumferential stretch distribution. Figure 4 displays representative circumferential stretch distributions of the MPA at end-diastolic and end-systolic pressures. The distributions are shown for a single *in vivo* longitudinal stretch of 1.1 and both with and without consideration of residual circumferential stretch. Figures 4a and 4b show these representative distributions from the control (Fig. 4a) and hypertensive (Fig. 4b) groups, respectively. When the residual circumferential stretch is not incorporated (i.e., the closed ring is taken as the stress-free state and is noted as 'close ring' in the figure legends), the circumferential stretch distribution is not uniform and the stretch is largest at the inner wall at both pressures for both calves. However, when the residual circumferential stretch is incorporated (i.e., the open sector is taken as the stress-free state, and is noted as 'open ring' in the figure legends), the largest circumferential stretch is seen at the outer wall at both pressures for both calves.

Note that the physiological circumferential stretch of a control calf MPA at end diastole with residual stretch incorporated (the curve corresponding to the open ring at end diastole in Fig. 4a) is similar to the residual stretch in Fig. 3. This is not surprising because at the physiological state the longitudinal stretch (1.1) tends to decrease the diameter while the inner pressure tends to increase the diameter compared to the no-load state (longitudinal stretch of 1.0 with zero inner pressure); thus the diameter at a low end-diastolic pressure does not change substantially compared to that of the no-load state.

#### **Uniformity Index**

To examine the degree of uniformity in the physiological circumferential stretch distribution, the uniformity indices (UIs) at the end-diastolic and end-systolic pressures for control and hypertensive groups are shown in Fig. 5. These UIs are plotted for longitudinal stretches varying from 1 to 1.5, and all incorporate the effects of residual circumferential

stretch. The UI standard deviations at each longitudinal stretch and for each group are not shown in the figure, and decrease slightly as the longitudinal stretch increases. The ranges of the standard deviations at these six longitudinal stretches are 0.093–0.104 (mean: 0.098  $\pm$ 0.004) and 0.088–0.097 (mean:  $0.092 \pm 0.004$ ) for the control group at end diastole and end systole respectively, and 0.042–0.046 (mean: 0.042 ± 0.003) and 0.039–0.042 (mean: 0.039  $\pm$  0.002) for hypertensive group at end diastole and end systole respectively.

As seen from Fig. 5, if the longitudinal stretch is larger, the mean UIs become smaller at both pressures for both groups. It is also found that the circumferential stretch is always greatest at the outer wall for all the calves in their physiological pressure range. The mean UIs of the hypertensive group are about 50% smaller than those of the control group at both pressures for these six longitudinal stretches from 1 to 1.5 ( $P = 0.052 - 0.056$  and  $P = 0.092 -$ 0.099 at end diastole and end systole, respectively). Note that one control calf had abnormally high pressure (an outlier indicated by Grubbs' test on 8 control calves,  $P < 0.05$ ); if this calf is excluded, significant differences were seen between the two groups at all six longitudinal stretches ( $P < 0.033$ ).

Figure 6 shows the mixed-effects regression between UI and the MPA blood pressure at the in vivo longitudinal stretch of 1.1. The two endpoints of each segment represent the calf MPA UIs at end diastole and end systole, respectively. UI decreases as the pressure increases for both groups but with greater decreasing trend in the control group. The difference in the decreasing trend between the two groups predicted from the mixed-effects model is statistically significant ( $P = 0.0069$ ). The extrapolations of the two regression lines from the model indicate that the UI will be zero around 80 mmHg for control group and larger than 120 mmHg for hypertensive group.

#### **In vivo Circumferential Stretch and Collagen Engagement**

The mean circumferential stretches at the inner and outer walls of the artery at different longitudinal stretches at end-diastolic and end-systolic pressures for both groups are shown in Figs. 7a and 7b, respectively. The standard deviations of the circumferential stretches at each longitudinal stretch and for each group are not shown in the figure, and increase slightly as the longitudinal stretch increases. The ranges of the standard deviations at these six longitudinal stretches are  $0.098 - 0.102$  (mean:  $0.100 \pm 0.002$ ) and  $0.113 - 0.119$  (mean:  $0.116 \pm 0.002$ ) for control group at the outer wall at end diastole and end systole respectively, and 0.096–0.103 (mean: 0.100  $\pm$  0.002) and 0.101–0.106 (mean: 0.103  $\pm$ 0.002) for hypertensive group at the outer wall at end diastole and end systole respectively. Note that the inner wall stretch is constant across the *in vivo* longitudinal stretches because it is defined by our in vivo measurements; thus the standard deviations of the inner wall circumferential stretches at these six longitudinal stretches are identical and are given by 0.142 and 0.165 for the control group at end diastole and end systole respectively, and 0.122 and 0.126 for the hypertensive group at end diastole and end systole respectively. The critical circumferential stretches for collagen to engage with collagen fiber angles at 40° and 45° are also shown in the figures as dashed and dotted curves respectively. Note that the critical circumferential stretch decreases nonlinearly as the longitudinal stretch or collagen fiber angle increases, which can be expected from the equation for the critical circumferential stretch.

As a consequence of the disease state which increases the pressure loading of the vessels, the mean circumferential stretches at the inner and outer walls of the hypertensive group arteries are greater than those of the control group at both pressures (Fig. 7;  $P = 0.026$  and P  $= 0.055$  for inner wall stretch at end diastole and end systole, respectively;  $P = 0.045 - 0.052$ and  $P = 0.09 - 0.10$  for outer wall stretch at end diastole and end systole, respectively). Note that one control calf had abnormally high pressure (an outlier as mentioned previously); if

this calf is excluded, significant significances were seen between the two groups at all six longitudinal stretches ( $P < 0.019$ ). As longitudinal stretch increases, the critical engagement stretches decrease at both collagen fiber angles (40° and 45°). The mean circumferential stretches at the outer wall also decrease, but to a smaller degree. For the control group MPAs at both end-diastolic and endsystolic pressures, the circumferential stretch is smaller than the critical engagement stretch at small longitudinal stretch and around the critical engagement stretch at larger longitudinal stretch, depending on the fiber angle. For the hypertensive group MPAs at the end-diastolic pressure, the circumferential stretch at the outer wall is around the critical engagement stretch at small longitudinal stretch, while at larger longitudinal stretch the circumferential stretch across the whole artery can be larger than the critical engagement stretch. Similarly, at end-systolic pressure, the circumferential stretch across the whole artery is around or larger than the critical engagement stretch at all longitudinal stretch values.

Figure 8 shows the *in vivo* circumferential stretch modeled as a function of the MPA blood pressure at an in vivo longitudinal stretch of 1.1. The two endpoints of each segment represent the in vivo circumferential stretches at the outer wall of a calf MPA at the end diastole and end systole, respectively. The mixed-effects model predicts that under physiological conditions collagen in MPA starts to engage around 45 mmHg for the control group and around 60 mmHg for the hypertensive group. The slopes of these models are statistically different ( $P = 0.0026$ ).

#### **Histology**

Representative histological images of control and hypertensive MPA tissues are shown in Fig. 9. The adventitial layer is deposited with a large amount of collagen fibers and has similar thickness fraction for both calves; additionally there are much more collagen fibers deposited in the adventitial layer than in the medial and intimal layers for both calves. Moreover, a previous study by our group<sup>60</sup> has shown that the thickness fraction of the adventitial layer is  $0.31 \pm 0.06$  for 6 control calves and  $0.30 \pm 0.03$  for 5 hypertensive calves. No significant change in the thickness fraction was found, although the arterial wall thickness increased in the hypertensive group as noted previously in Table 1.

# **DISCUSSION**

The residual stretch of the conduit arteries has been found to be important in accurately estimating the arterial in vivo strain state,  $6,31$  in reducing the in vivo strain gradient across the vessel wall,  $6,14,31,34$  and in making arteries more compliant thereby improving their performance as elastic reservoirs.<sup>48</sup> Arterial remodeling, including the changes of geometry, structure and properties in response to hypertension, has also been suggested to restore the arterial wall stress to a normal value and to change the arterial stiffness to an optimal level based on several studies on rat aortic and carotid arteries, human carotid and radial arteries, and veins in rat, rabbit and swine.28 However, there are still no studies on the impact of the residual stretch and arterial remodeling in large mammal PAs, which are more complex than that of rodent species and potentially more relevant to human disease.<sup>55</sup> Thus, the purpose of this study was to investigate the impact of arterial remodeling due to chronic hypoxia on the residual stretch, the circumferential stretch distribution and collagen engagement in calf MPAs under physiological pressure conditions. To the best of our knowledge, this paper provides the first such study of these parameters in the MPAs of normal and hypertensive calves. Several interesting and important results are discussed in detail as follows.

#### **Morphometry and Residual Stretch**

Similar to rodent proximal PAs in previous studies,  $33,40,60$  the arterial wall thickness of calf MPA was found to increase significantly due to chronic hypoxia, which is also consistent to the previous studies on calf MPAs.<sup>41,64</sup> The OAs of calf MPAs did not change significantly in response to chronic hypoxia and have an average of  $128^{\circ} \pm 31^{\circ}$  for the pooled control and hypertensive calves. Similarly, the residual stretches at the inner and outer wall did not change significantly. In the rat MPA, however, significant changes due to chronic hypoxia were also seen in OAs, which were larger than  $180^{\circ 16,33}$  in MPA for both control and hypertensive groups; the residual stretches in rat MPA are expected to change significantly from control to hypertensive group because of the dramatic change of OA. Such differences between rat and calf MPAs may be due to their different arterial remodeling mechanisms<sup>55</sup> or their different developmental stages as rats and calves were adult and neonatal respectively during the test.<sup>57</sup>

#### **Circumferential Stretch Distribution and Uniformity**

Under physiological conditions with residual stretches considered, the stress concentration at the inner wall seen in Fig. 4 disappeared (as expected) and the circumferential stretch increased approximately linear from inner to outer wall. Neglecting to include the residual stretch completely reverses the stretch trend such that maximum stretch occurs at the inner wall (Fig. 4), and such stretch distribution makes the artery mechanically stiffer.<sup>48</sup> Thus, the existence of residual stretch yields a more compliant artery, and proper consideration of the residual stretch when modeling the system is vital for proper attribution of the roles of elastin and collagen to the load-carrying capabilities of the vessel.

The circumferential stretch distribution was not uniform within the physiological pressure range for both groups, but the hypertensive group had a more uniform circumferential stretch distribution, presumably due to arterial remodeling and higher physiological pressures (Fig. 5). OAs for both groups were less than 180°, which satisfies the theoretical requirement for uniform circumferential stretch.24 However, uniformity did not occur for either group in their respective physiological pressure ranges. This is in agreement with some other studies; for example, the nonuniformity of the circumferential stretch was also found in pig coronary arteries and the aorta and its branches, all with OAs less than 180°.<sup>24</sup> Therefore, the uniform circumferential stretch hypothesis<sup>59</sup> may be invalid for some arteries and should be employed with caution, because the accuracy of the arterial strain state can be important when the strain or stress distribution across the vessel is used to estimate smooth muscle activity, which depends on its local strain and stress states.<sup>13</sup>

At a longitudinal stretch of 1.1, the uniformity indices (UIs) of the hypertensive group are about 50% less than the control group indices within each group's physiological pressure range (Fig. 5). All UIs are about 0.1 or greater, which indicates that the circumferential stretch at the outer wall is at least 10% larger than at the inner wall as can be seen from Eq. (5). As pressure increases, the circumferential stretch across vessel wall becomes more uniform for each group but with a greater trend in the control group (Fig. 6). The change of UI in the hypertensive group is less than that in the control group, again presumably due to arterial remodeling. Without such changes, the in vivo circumferential stretch of the MPAs in the hypertensive group, predicted from the trend in the control group, would be greatest at the inner wall in their physiological pressure range (i.e., <80 mmHg; Fig. 6a). Such stretch distribution would result in higher MPA stiffness and thus higher RV afterload. Therefore, arterial remodeling in the hypertensive calves restores the stretch distribution with largest stretch at the outer wall and tries to restore the arterial compliance.

#### **Collagen Engagement and Histology**

As seen from Fig. 7, knowing only the circumferential transition stretch  $(\Lambda_a^T)$  estimated from the uniaxial test is not enough to determine collagen engagement under physiological conditions; also required are the *in vivo* longitudinal stretch and the modeled collagen fiber angle. Nevertheless, the collagen engagement is relatively insensitive to the longitudinal stretch within a reasonable, physiologically relevant range  $(1.1-1.3)$  (Fig. 7). Therefore, we performed further calculation and analysis at only a single chosen longitudinal stretch of 1.1, with the expectation that other values should provide us with similar results and conclusions. At a longitudinal stretch of 1.1 and a collagen fiber angle of 45°, the control calves do not display significant collagen engagement even at the end-systolic pressure (Fig. 8a), while most of the hypertensive calves begin to engage collagen at the end-diastolic pressure and are fully engaged at the end-systolic pressure (Fig. 8b). This observation is consistent to a previous study by our group<sup>41</sup> that used Lame's equation to estimate the *in vivo* circumferential strain and found that the circumferential strains for the hypertensive calves at the end diastole are close to the transition strain indicating collagen engagement at end diastole. This observation is also supported by our previous study<sup>35</sup> which shows that the slopes of *in vivo* pressure–diameter curves and elastic moduli for hypertensive calves are much larger than those of control calves indicating that collagen is potentially engaged in the hypertensive calves at least at end systole but not at any physiological pressures in the control calves. Addressing the uncertainty in the fiber angle, we note that if it were small (<35°), no collagen engagement for hypertensive calves would occur even at end systole, while a large angle (>55°) leads to collagen engagement even for control calves. Neither case is supported by our previous studies.35,39,41 Therefore, the range of collagen fiber angles explored herein (40°–45°) seems reasonable.

Because of the approximately linear increase of the circumferential stretch from the inner to outer wall of artery, the collagen near the outer wall—e.g., in the adventitial layer—will engage earlier than that nearer to the inner wall and the media layer. As a result of the collagen engagement, the MPAs in hypertensive calves are expected to operate at the stiffer state which is consistent to the previous study that found the higher pressure–diameter modulus in hypertensive calves than in control calves.<sup>35</sup> This also implies that the smaller slope of UI against pressure seen in the hypertensive group (Fig. 6) could be partially due to reduced MPA distensibility because of collagen engagement. Moreover, reduced or negligible collagen engagement in control calves indicates that elastin is the mechanically dominant arterial component in the physiological pressure region. Conversely, collagen engagement in the hypertensive calves implies that both elastin and collagen play a role in carrying the pressure load and contribute to RV afterload, and it is possible that collagen is the primary load-carrying extracellular matrix (ECM) at high pressures. These findings confirm previous speculation regarding the contribution of individual ECM components (primarily elastin and collagen) to the mechanical function of calf proximal PAs under physiological conditions.<sup>41</sup>

Regressing change in circumferential stretch of the outer wall as a function of pressure, as shown in Fig. 8, predicted that collagen starts to engage at higher pressures in the hypertensive group than that in the control group; recall that a previous study<sup>41</sup> demonstrated that the critical engagement stretches under uniaxial test are the same for both groups. Remodeling is known to reduce stretch in the hypertensive group compared to the control group at a given stress in the uniaxial testing, and it was also speculated that remodeling also results in the decrease of the arterial diameter and thus the stretch at the same physiological pressure<sup>41</sup>; such speculation is confirmed in this study. Remodeling delays the collagen engagement to higher pressure levels, suggesting that it is a compensatory mechanism that yields a less stiff artery compared to what would be obtained

in the unchanged, control arteries at the physiological hypertensive pressure range: fully engaged collagen. This suggests that the arterial remodeling tries to maintain Windkessel function—or the arterial elastic reservoir—and to reduce RV afterload. However, the remodeling is limited in that severely hypertensive calves can still undergo significant collagen engagement.

Histological sections of both control and hypertensive calf arteries (Fig. 9) show that the majority of collagen present in the vessels lies near the outer wall. Although arterial wall thickness increased as a result of chronic-hypoxia induced arterial remodeling, no significant changes in the radial distribution of collagen were seen. Such a constant collagen distribution across the thickness of the MPA may be linked to the stretch distribution across the vessel wall and is explained as follows. For the control calves with relatively low physiological pressure, little to no collagen engages and elastin is the dominant component for carrying load, yielding a very compliant artery. For the control calves during exercise or the hypertensive calves at their physiological (hypertensive) pressure, collagen in the adventitial layer engages first due to the largest stretch at the outer wall, which in turn is due to the residual stretch and arterial remodeling. While the residual stretch makes the artery more compliant<sup>48</sup> and arterial remodeling tries to restore the compliant arterial behavior for hypertensive calves, such a collagen distribution and its resulting engagement characteristics can effectively protect the artery from over dilation at high pressure.<sup>1</sup>

The implications of collagen engagement on the diagnosis and treatment of PH are still being explored. Given that collagen engagement is associated with increased afterload through increasing pulse pressure (and the higher harmonics of impedance), a patient who maintains functional elastin, through either adaptation (as is seen in the neonatal calf) or simply due to lower pressures, should have a better disease outcome compared to an individual who engages collagen. Indeed, one sees poorer outcomes in scleroderma/systemic sclerosis (SSc) associated PAH, even compared to IPAH patients with similar PVR; emergent data suggests SSc-PAH is associated with significant vascular stiffening and increases in the higher harmonics of impedance. Our group has developed a means to detect vascular stiffening using a minimally invasive approach<sup>35</sup> has begun to show that stiffness alone is prognostic $37$  in addition to examining whether such a measurement modality is sufficiently sensitive to detect collagen engagement.

#### **Limitations**

Several limitations are noted in our study. First, the MPA outer diameter, thickness, and longitudinal stretch were not measured in the intact animal or *in situ* due to technical difficulties. The knowledge of these MPA geometric parameters in situ will facilitate the accurate determination of the *in vivo* circumferential stretch. Secondly, a simple collagen model assuming two-family fibers was used. Since the collagen distribution in the artery is dispersed in both fiber orientation and location,  $19$  a more advanced and sophisticated collagen model considering such fiber distribution may provide more accurate estimation of collagen engagement under physiological conditions. Finally, the artery was assumed homogeneous for the estimation of the residual stretch distribution. Earlier studies have shown that one-layer homogeneous material models of artery mechanics can still provide reasonably accurate stretch estimation.26 However, the artery has three layers with different histology and several components with different properties, <sup>19,31,34,49</sup> and the opened sector might not be considered as a strain- or stress-state.<sup>22,32,58,63</sup> All these limitations remain to be considered in future studies.

#### **Conclusion**

We have computed the residual circumferential stretch in calf MPA and modeled the impacts of the residual circumferential stretch and arterial remodeling on the circumferential stretch distribution and collagen engagement of calf MPAs under physiological conditions for control and hypertensive groups. In the calf model of PH, remodeling in the MPA increases the elastin modulus at low stretches,  $41$  which we have shown in turn (1) maintains high compliance of the artery *in vivo* by preventing collagen engagement at the new higher operating pressures and (2) changes the rate at which the UI approaches zero, thereby retaining the appropriate, protective strain distribution imparted by the residual stretch. In conclusion, residual stretch and arterial remodeling have a strong impact on the mechanical behavior of the calf MPA under physiological conditions, and understanding those impacts is important to evaluate PA hemodynamics and RV afterload.

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#### **FIGURE 1.**

The cross-sectional representations of arteries (a) at the stress-free state with OA<180°, (b) at the stress-free state with OA>180°, (c) at the no-load state and (d) under physiological conditions: P, blood pressure.

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#### **FIGURE 3.**

Representative circumferential residual stretch distribution across the vessel wall. Note that the normalized radial position goes from the inner wall (0.0) to the outer wall (1.0).

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#### **FIGURE 4.**

Representative circumferential stretch distributions of calf MPA at end-diastolic and endsystolic pressures and  $\lambda_z = 1.1$  with and without residual circumferential stretch (open and close rings in the figures, respectively) considered for (a) control and (b) hypertensive calves. Note that the normalized radial position goes from the inner wall (0.0) to the outer wall (1.0). Also note that a less uniform stretch distribution is observed with residual stretch incorporated in the control calf (Fig. 4a).

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### **FIGURE 5.**

Uniformity index at end diastole and end systole for both groups at different in vivo longitudinal stretches. Standard deviations are provided in the text.

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#### **FIGURE 6.**

Mixed-effect regression analyses between UI and MPA blood pressure  $(P)$  for  $(a)$  control and (b) hypertensive groups at  $\lambda_z = 1.1$ . Note that UI = 0 indicates uniform stretch distribution across the vessel wall.



#### **FIGURE 7.**

Mean physiological circumferential stretches at the inner and outer walls of the artery at different longitudinal stretches at (a) end-diastolic and (b) end-systolic pressures for control and hypertensive groups and the critical engagement stretches  $(\lambda_{\theta}^{T})$  with collagen fiber angles at 40° and 45°. Standard deviations are provided in the text.

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#### **FIGURE 8.**

Mixed-effect regression analyses between in vivo circumferential stretch at outer wall and MPA blood pressure (*P*) for (a) control and (b) hypertensive groups at  $\lambda_z = 1.1$ . The dashed and dash-dotted lines are the critical engagement stretches  $(\lambda_{\theta}^{T})$  with collagen fiber angles at 40° and 45°, respectively.



# **FIGURE 9.**

Representative optical microscopy images for (a) control and (b) hypertensive calves. Collagen and elastin appear red and black, respectively. Adventitia and intima are at the left and right sides of the images, respectively.

#### **TABLE 1**

Comparison of morphology and residual stretch in MPA between control and hypertensive groups.



Values are mean ± SD;  $n$ , number of arteries; mPAP, mean pulmonary arterial pressure measured at the ambient pressure condition for both groups  $(n = 8 \text{ and } 9 \text{ for control and hypertensive groups, respectively);$  ID and  $h$ , inner diameter and arterial wall thickness of MPA at no-load state,

respectively; OA, opening angle;  $\binom{7\theta}{p}$  and  $\binom{7\theta}{p}$ , residual stretches as calculated by Eq. (4) at the inner and outer walls, respectively. Statistically significant quantities are shown in boldface.