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CR1 and the “Vanishing Amyloid” Hypothesis of Alzheimer’s Disease

Sam Gandy, Vahram Haroutunian, Steven T. DeKosky, Mary Sano, and Eric E. Schadt

Department of Psychiatry and Alzheimer’s Disease Research Center (SG, VH, MS), the Center for Cognitive Health and NFL Neurological Center (SG), and Institute for Genomics and Multiscale Biology and Department of Genetics and Genomic Sciences (EES), Icahn School of Medicine at Mount Sinai, New York, New York; James J. Peters Veterans Affairs Medical Center (SG, VH, MS), Bronx, New York; and Office of the Vice President and Dean (STD), University of Virginia, Charlottesville, Virginia

In politics and economics, “black swan” events are highly improbable, unforeseeable, once-in-a-lifetime developments that are so powerful as to cause unexpected but long-lasting changes in the trajectory of an election or of a country’s fiscal status. In biology, black swan events change our view of the possible, pointing us toward novel interpretations that take us in new and previously unconsidered directions.

The most recent black swan event in Alzheimer’s research occurred in mid-2012 with the discovery in Iceland of a mutation in the Alzheimer’s amyloid precursor protein (APP) that dramatically reduces the catalytic efficiency of cleavage of APP by beta-site APP-cleaving enzyme, the rate-limiting step in amyloid-beta ($A\beta$) generation [for review, see (1)]. Persons blessed with this Icelandic APP mutation at the time of their conception are apparently destined to live and develop normally, but, more importantly, they are protected from the development of Alzheimer’s disease (AD) in late life, even if they harbor two copies of the high-risk apolipoprotein E (*APOE* $\epsilon 4$) allele, a situation that usually associates with enhanced cerebral amyloidosis and a 10-fold increase in AD risk.

In this issue, Thambisetty *et al.* (2) report the next black swan event in AD research. To date, approximately two dozen pathogenic APP mutations and approximately 200 pathogenic presenilin 1 (*PS1*) mutations (not to mention *APOE* $\epsilon 4$) all enhance cerebral amyloidosis and either cause or increase the risk for AD. When any of these AD-linked genes is overexpressed in the brains of laboratory mice, all increase $A\beta$ accumulation. Now Thambisetty *et al.* (2) found what appears to be an exception to the high-risk-equals-enhanced-amyloid-accumulation rule. Using ^{11}C Pittsburgh compound B (^{11}C -PiB) amyloid imaging, Thambisetty *et al.* (2) shows that subjects with both an *APOE* $\epsilon 4$ allele and the high-risk *CR1* alleles have a reduced burden of fibrillar brain amyloid as compared with *APOE* $\epsilon 4$ carriers that lack the *CR1* polymorphism.

One possible explanation is that the *CR1*-associated amyloid plaques, however attenuated in density, may be hyperinflamed and thus hypertoxic to the neurons nearby. Perhaps these hyperinflamed plaques could also be hyperlytic to amyloid fibrils, thereby explaining the reduced ^{11}C -PiB signal. Taken in context with the recent linkage of *TREM2* to AD risk (3), one must consider the possibility that, in some forms of sporadic AD, immune-inflammatory processes may be the most important drivers of pathogenesis. Perhaps a more

Address correspondence to Sam Gandy, M.D., Farber Institute for Neuroscience, 900 Walnut Walnut Street, Suite 467, Philadelphia, Philadelphia, Pennsylvania Pennsylvania 19107-5099; samuel.gandy@mssm.edu.

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comprehensive formulation of AD would place neurotoxicity, neuroinflammation, and amyloidogenesis into a feed-forward, self-amplifying cycle (Figure 1) (4). Such a reformulation is especially timely, given the evidence of the genetic linkage to *TREM2* (3) and *CR1* (2), which dovetails with new biologic data regarding interleukin-12/23 (5) and *NLRP3* (6).

Other scenarios that we might not anticipate are also possible: *CR1* linkage might act through unknown pathways to cause the supersensitivity of neurons to A β -induced toxicity and/or to cause hyperaccumulation of tauopathy. Indeed, unpublished observations from the Haroutunian laboratory indicate that *CR1* mRNA levels correlate better with neurofibrillary tangle density and phosphorylated tau abundance than with neuritic plaque density. Especially given this lead linking *CR1* expression to tauopathy, the next step should be careful and comprehensive studies of brains from genetically and clinically characterized patients to determine whether the molecular pathology in brains from patients with the *CR1* linkage differs in important ways from that observed in the typical or *CR1*-negative sporadic AD.

Are there other ways to reconcile the result from Thambisetty *et al.* (2) with existing dogma? ¹¹C-PiB is unable to detect A β oligomers, and Schöll *et al.* (7) recently found that AD patients harboring the oligomerogenic Arctic APP familial AD mutation have low ¹¹C-PiB retention (Figure 2). The low ¹¹C-PiB retention in Arctic FAD was not entirely unexpected because A β -Arctic forms oligomers well but forms fibrils poorly. Perhaps the effect of the *CR1* linkage is to shift the equilibrium away from *APOE* *e4*-modulated formation of ¹¹C-PiB-retaining A β fibrils, favoring instead the formation of ¹¹C-PiB-negative A β oligomers. Abnormalities in another cell surface inflammatory/immunologic receptor, CD45, has been associated with promotion of A β oligomerization, providing a precedent for the formulation that *CR1* might act by favoring Ab oligomerization over fibrillogenesis (8).

As noted by Thambisetty *et al.* (2), we also do not yet know whether the association of the *CR1* risk polymorphism is applicable to all of the many diverse cohorts of elderly persons with AD. Thambisetty *et al.* (2) note that their study cohort was characterized by upper-middle socioeconomic status and above-average education. The study cohort was also relatively young (mean age of ~78 years). Several recent studies suggest that age may be a significant variable when assessing AD neuropathology (9) and the contribution of immune/inflammatory processes to dementia. In one study, the relationship between inflammatory markers and dementia changed in opposite directions, depending on whether the cohort was comprised of persons under the age of 86 years or above that age (i.e., the young-old versus the oldest-old [10]). The association of the inflammatory marker CRP with cognitive impairment in young-old elderly individuals is reversed in the oldest-old, and this apparent cognition protective property of high CRP in the oldest-old appears to be heritable because the protection can be demonstrated in their young first-degree relatives (11). Similarly, the frequency of the *CC* genotype of the lipid transfer gene *MTP* decreases significantly with increasing age at death up to the age of 85 years, but then this same *CC* genotype is enriched in centenarians and their offspring (12).

The recent advent of whole-genome sequencing and network analysis of genome-wide association studies (GWAS) and other data sets promises to begin to account for the multitude of downstream molecular events associated with any perturbation (Figure 3) (13–15). One beauty of genetics and whole-exome sequencing is that such data-driven, hypothesis-free approaches enable discovery of molecules and pathways that one would never even think to look for in more traditional hypothesis-based studies (e.g., no one would have ever looked for or found an AD endophenotype that associated high risk with reduced

amyloid plaque burden). Analysis of the effects of *CR1* polymorphisms on the network profiles of *APOE ε4* carriers might well be revealing in terms of providing clues toward the effects of the *CR1* polymorphism on downstream pathways and molecules.

Conceivably, clinical trials that combine Aβ-reducing therapies with antiinflammatory drugs or biologics may represent a future wave of clinical trials. Coincidentally, intravenous immunoglobulin (IVIg), a biologic that contains naturally occurring anti-Aβ oligomer antibodies as well as novel antiinflammatory activities, is currently being evaluated in two clinical trials. If there is a positive signal from those trials, the naturally occurring anti-Aβ oligomer antibodies, the novel antiinflammatory activities, and many of the multiple components of IVIg will be the subject of intense scrutiny to identify the specific molecular identities of any anti-Alzheimer's properties. Regardless of the outcome of the IVIg trials, the immune/inflammatory pathogenesis of AD is rapidly achieving prominence equal to that currently enjoyed by that centered around structural neuropathology (Aβ oligomers, amyloid plaques, neurofibrillary tangles, etc). However, if recent discoveries are harbingers of future trends, an immunoinflammatory amyloid hypothesis of AD (Figure 1) may turn out to be a more accurate and complete formulation of the true nature of the disease.

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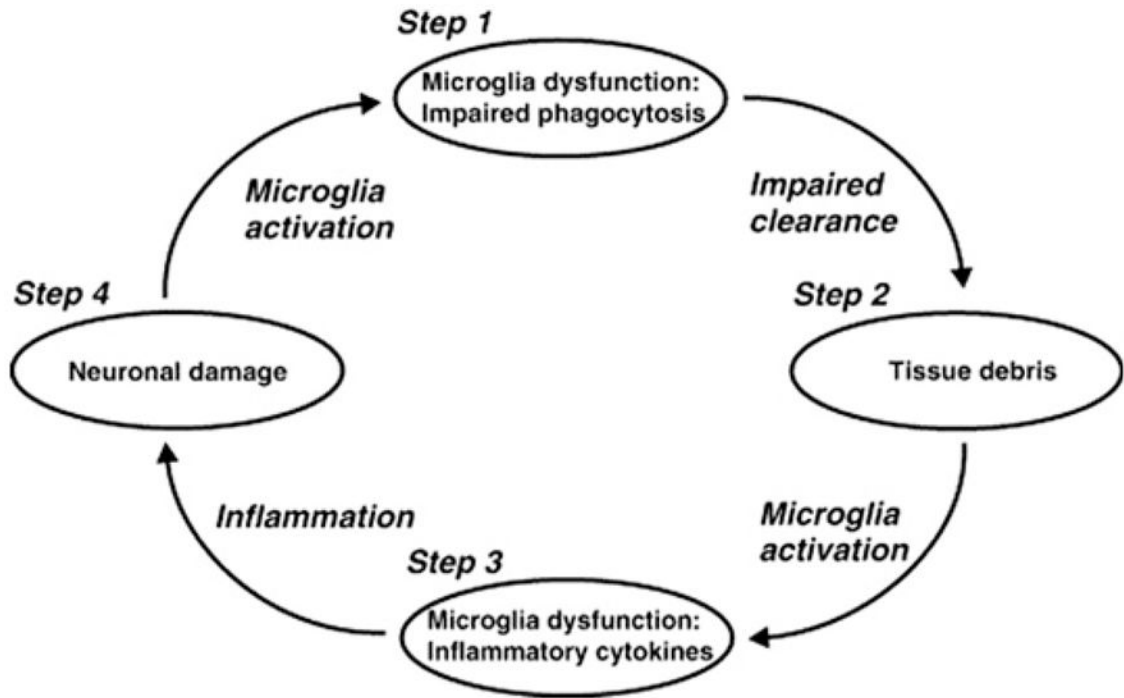


Figure 1.

A model of Alzheimer's disease as a feed-forward cycle of neuropathology and immunoinflammatory pathology. (Reproduced with permission from Neumann and Takahashi [4]).

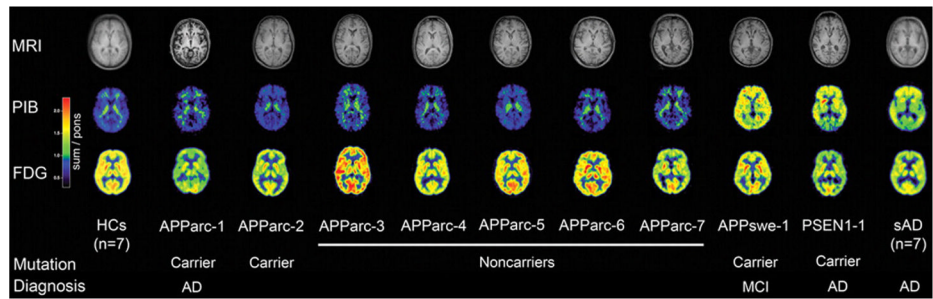


Figure 2.

Arctic APP mutations are associated with reduced ^{11}C -PiB retention. Transaxial sections of individual magnetic resonance imaging (upper row), Pittsburgh compound B (PiB) (middle row), and ^{18}F -fluorodeoxyglucose (FDG) positron emission tomography (lower row) scans of all participants. Images of patients with sporadic Alzheimer's disease (sAD) and healthy controls (HCs) are mean images. The Arctic APP (APParc) mutation carriers APParc-1 and APParc-2 showed very low cortical PiB retention, comparable with the five noncarriers APParc 3–7 and HCs. APParc-1 revealed globally decreased glucose metabolism and brain atrophy, and APParc-2 regionally decreased glucose metabolism. MCI, mild cognitive impairment. (Reproduced with permission from Schöll *et al.* [7]).

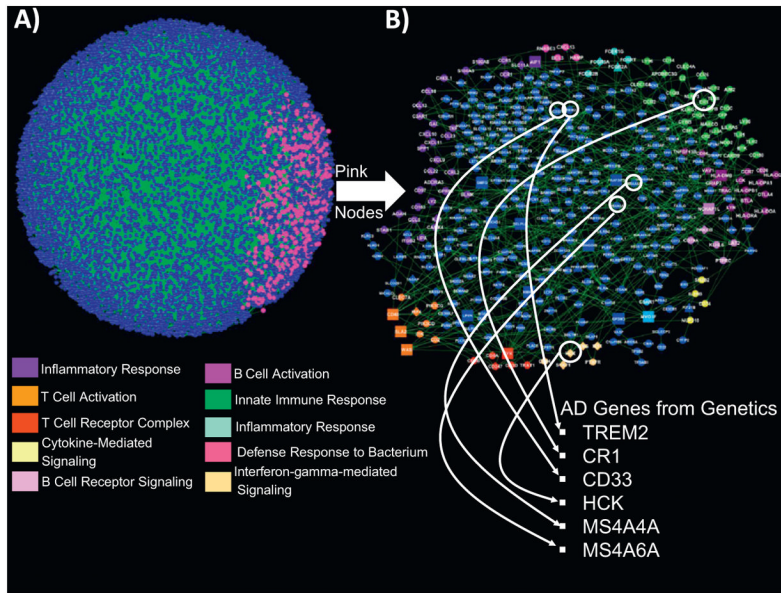


Figure 3. Inflammatome gene regulatory (Bayesian) network enriched for AD genes identified and highly replicated in genetic studies. **(A)** A probabilistic causal network constructed from human omental adipose tissue collected in a cohort of morbidly obese patients (13). The nodes in the network are gene expression traits monitored in the omental adipose tissue from this cohort. The directed links between the nodes are derived via a Bayesian network reconstruction algorithm that leverages DNA variation as a systematic perturbation source to resolve causality (14). The pink nodes highlighted in this network are the inflammatome signature genes we have previously identified as strongly causally associated with a number of diseases (13–15). **(B)** A zoomed-in view of the subnetwork highlighted in panel **(A)** by the pink nodes. This inflammatome-based network is enriched for inflammatory and immune response gene ontology categories (color-coded pathways are indicated; all enrichments are significant at a 1% false discovery rate). In addition, genes previously identified in genetic studies and extensively replicated as associated with AD are represented in this network, including the genes highlighted: *TREM2*, *CR1*, *CD33*, *MS4A4A*, *MS4A6A*, and *HCK*