

NIH Public Access

Author Manuscript

Am J Med. Author manuscript; available in PMC 2013 March 22.

Published in final edited form as:

Am J Med. 2010 July ; 123(7): 631–637. doi:10.1016/j.amjmed.2010.01.015.

The Value of Infectious Diseases Consultation in *Staphylococcus aureus* Bacteremia

Hitoshi Honda, MD^1 , Melissa J Krauss, MPH^2 , Jeffrey C. Jones, MD^1 , Margaret A Olsen, PhD, MPH^1 , and David K Warren, MD, MPH^1

¹Division of Infectious Diseases, Department of Medicine, Washington University School of Medicine, Saint Louis, Missouri

²Division of Biostatistics, Department of Medicine, Washington University School of Medicine, Saint Louis, Missouri

Abstract

Background—*Staphylococcus aureus* bacteremia results in substantial mortality. Infectious diseases specialist consultation can improve adherence to evidence-based management of *S. aureus* bacteremia, but its effect on mortality is unclear.

Methods—We performed a 2-year prospective cohort study of patients with *S. aureus* bacteremia at a large, tertiary care hospital. Patients who died within 2 days of diagnosis were excluded. Independent risk factors for 28-day mortality were determined.

Results—Among 341 patients with *S. aureus* bacteremia, 189 (55%) were male; 196 (58%) were Caucasian; 185 (54%) had methicillin-resistant *S. aureus;* 108 (32%) had nosocomial bacteremia; and 231 (68%) had a central venous catheter at the time of diagnosis. The median age was 56 years (range 22-95). One hundred eleven (33%) patients had an infectious diseases consultation. Fifty-four (16%) patients died with 28 days after diagnosis. Factors associated with mortality were intensive care unit admission 48 hours after the first positive blood culture [adjusted hazard ratio (aHR), 4.65; 95% confidence interval (CI), 2.65-8.18], cirrhosis (aHR, 4.44; 95% CI, 2.40-8.20), and advanced age (aHR, 1.27 per every 10 years of age; 95% CI, 1.08-1.50). Infectious diseases consultation was associated with a 56% reduction in 28-day mortality (aHR, 0.44; 95% CI, 0.22-0.89).

Conclusion—Only one-third of patients with *S. aureus* bacteremia in this cohort had an infectious diseases specialist consultation. Infectious diseases consultation was independently associated with a reduction in 28-day mortality. Routine infectious diseases consultation should be considered for patients with *S. aureus* bacteremia, especially those with higher severity of illness or multiple co-morbidities.

Keywords

Staphylococcus aureus bacteremia; Mortality; Infectious diseases consultation

^{© 2010} Elsevier Inc. All rights reserved.

Corresponding author: Hitoshi Honda MD, Contact information: 660 South Euclid Avenue, Campus Box 8051, Saint Louis, Missouri, 63110. Telephone: (314) 454-8354 Fax: (314) 454-5392, hhonda@dom.wustl.edu.

Conflict of interest: None for all authors

We verify that all authors had access to the data and a role in writing the manuscript.

Publisher's Disclaimer: This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final citable form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

Staphylococcus aureus bacteremia causes significant morbidity and mortality. Mortality among patients with S. aureus bacteremia ranges from 20% to 50% despite the availability of effective antimicrobial therapy. 1-3 Major factors previously associated with mortality include severity of illness at the time of S. aureus bacteremia; inappropriate empiric antimicrobial therapy; the presence of co-morbid conditions such as diabetes mellitus; retained infectious foci; and bacteremia due to methicillin-resistant S. aureus (MRSA).^{2, 4-6} Following an evidence-based approach is considered essential to treat S. aureus bacteremia, and consists of appropriate choice and duration of antimicrobial therapy, removal of infected foci, and detailed evaluation for metastatic infection or endocarditis.⁷⁻⁹ Infectious diseases consultation has been associated with increasing adherence to evidence-based treatment of S. aureus bacteremia, ^{1, 10} however the impact of an infectious diseases consultation on the mortality of S. aureus bacteremia is uncertain. A recent German study suggested a survival benefit, however this study was performed in a healthcare delivery system different than the United States (U.S), and may have been confounded by temporal trends. The purpose of our study was to assess the effect of an infectious diseases consultation on mortality, independent of patient co-morbidities at a U.S. tertiary care center.

Methods

Participants and Setting

A prospective cohort study of patients with *S. aureus* bacteremia was performed between July 2005 and July 2007 at Barnes- Jewish Hospital, a 1252-bed, academic, tertiary care center in St. Louis, Missouri. Diagnosis of *S. aureus* bacteremia was defined as 1 blood culture positive for *S. aureus* with clinical evidence of infection. Patients who were less than 18 years old at the time of diagnosis of *S. aureus* bacteremia, had a history of *S. aureus* bacteremia in the prior 3 months, or a history of *S. aureus* endocarditis in the prior 12 months were excluded. A total of 347 patients with *S. aureus* bacteremia met these inclusion criteria. Six patients (2%) who died 2 days after their first positive blood culture were also excluded, leaving 341 patients for analysis.

Variables of interest and data collection

A 28-day all-cause mortality and 365-day all-cause mortality was used to assess the efficacy of infectious diseases consultation for *S. aureus* bacteremia. We tracked mortality for one year after the first positive blood culture of S. aureus by reviewing both medical records and the Social Security Death Index.¹¹ If there was no mortality data was available in medical chart, patients with any readmission beyond 28 days and 365 days after the initial diagnosis of *S. aureus* bacteremia were considered to be alive at 28 days and 365 days respectively. If there was no readmission data > 28 days or 365 days after diagnosis of *S. aureus* bacteremia available, Social Security Death Index was used to determine if patients died 28 days or between 29 and 365 days after the diagnosis of S. aureus bacteremia. Demographic characteristics, clinical data, and microbiology data were prospectively obtained from the medical record. Prolonged bacteremia was defined as the isolation of S. aureus from blood cultures on at least twice during the five days following the first positive culture.¹² Metastatic S. aureus infection was defined by microbiological or radiographic evidence of remote site of infection suggesting hematogenous spread.¹⁰ Healthcare-associated, hospital onset bacteremia was defined by a positive blood culture obtained from patients who were hospitalized > 48 hours.¹³ Healthcare-associated, community onset of bacteremia was defined as a positive blood culture 48 hours after hospitalization with the following criteria; presence of an invasive device, history of MRSA infection or colonization, surgery, hospitalization, dialysis, or residence in a long-term care facility in the 12 months preceding the culture.¹³ Community-associated bacteremia was defined by a positive blood culture

48 hours without meeting the criteria of healthcare associated community-onset bacteremia. 13

During the study period, two general and one transplant infectious diseases inpatient consultation services were available. All infectious diseases consultation services were staffed by American Board of Internal Medicine (ABIM) board-certified infectious disease physicians who were Washington University faculty. Infectious diseases consultations were at the discretion of the primary care team. Acquisition of infectious diseases consultation was defined as consultation for the purpose of management for S. aureus bacteremia during the index hospitalization. If S. aureus bacteremia developed while infectious diseases consultation was already in place for another reason, the date of first positive blood culture was defined as the consult initiation date. We also assessed the following aspects of evidence-based management for S. aureus bacteremia: appropriateness of antimicrobial therapy, evaluation by transesophageal echocardiogram, removal or treatment of infected foci (i.e., medical devices or abscesses), and planned duration of treatment. Appropriateness of antimicrobial therapy was defined as use of parenteral antimicrobial agents [i.e., betalactam antimicrobials for patients with methicillin-susceptible S. aureus (MSSA) bacteremia, vancomycin, daptomycin, or linezolid for patients with MRSA bacteremia or S. aureus bacteremia with beta-lactam allergy]. Planned duration of treatment was appropriate when parenteral antimicrobial therapy was scheduled at least 2 weeks if a trans-esophageal echocardiogram showed no evidence of endocarditis, at least 4 weeks if trans-esophageal echocardiogram was not performed, at least 4 weeks if there was evidence of endocarditis, metastatic infection, or osteomyelitis.¹

Statistical analyses

Categorical variables were compared between those with and without infectious diseases consults using Fisher's exact test, while age was compared between the two groups using the Mann-Whitney test. All tests for significance were 2-tailed, with P values <.05 considered significant.

We performed multivariable survival analyses predicting a 28-day all-cause mortality and 29-365 day all-cause mortality. For the 28-day mortality model, we used the extended Cox proportional hazards model because infectious diseases consultation was treated as a timedependent variable, using the counting process style of input (i.e., Andersen-Gill model).¹⁴ The value for consultation was 0 before the time of consultation and 1 after the consultation. Infectious diseases consultation was not modeled as a time-dependent variable for the 29-365 day mortality model because nearly all (108/111, 97%) consultations occurred within the first 28 days following the first positive culture. Potential risk factors were first assessed in bivariate analysis. The multivariable models were developed in forward stepwise fashion. Candidate variables with P < .10 in bivariate analysis were considered for inclusion in the models and variables were retained in the final models if P < .05. The proportional hazards assumption was assessed via -ln(-ln) survival curves, time-dependent covariates, and Shoenfeld residuals.^{15, 16} The relationship of the time-dependent variable infectious diseases consultation and mortality during 365 days of follow-up was illustrated using an extended Kaplan-Meier estimator, which can be used with time-dependent covariates.¹⁷ Extended Kaplan-Meier curves did not correspond to fixed patient cohorts, but allowed for the cohorts to be updated at each event time. Therefore, the patient without an infectious disease consultation was included in one curve, until consultation was obtained and the patient is then included in the consultation curve. The proportions illustrated should not be strictly interpreted; rather this method was intended to provide a realistic and useful graphical representation of time-varying covariate analyses. All analyses were performed using SPSS version 15.0 (SPSS Inc, Chicago, IL) and SAS version 9.1.3 (SAS Institute, Cary, NC). The Washington University Human Research Protection approved this project.

Results

Demographic characteristics and clinical data of the 341 patients with *S. aureus* bacteremia included in this study are shown in Table 1. One hundred eighty-five patients (54%) had MRSA bacteremia and 108 patients (32%) had hospital-onset of infection. One hundred-ten patients (32%) were admitted to the intensive care units (ICUs) 48 hours after the first positive blood culture.

In this cohort, 111 patients (33%) had infectious diseases consultation for management of *S. aureus* bacteremia. Factors associated with obtaining infectious diseases consultation are shown in Table 2. Eighty-seven consults (78%) were obtained within 5 days after the first positive blood culture (range 0-36 days). Patients with *S. aureus* bacteremia who received infectious diseases consultation were more likely to be Caucasian, and more likely to have congestive heart failure, orthopedic hardware, cardiac devices (i.e., implantable pacemaker/ defibrillator), prosthetic valves, human immunodeficiency virus, community-associated *S. aureus* bacteremia, metastatic infection, and prolonged bacteremia. Patients who did not receive infectious diseases consultation were more likely to be chronic hemodialysis recipients, have a central venous catheter, history of smoking, or a current diagnosis of malignancy. Patients with infectious diseases consultation were more likely to receive appropriate antimicrobial agents, undergo trans-esophageal echocardiogram, and have appropriate planned duration of antimicrobial therapy (Table 3).

The overall all-cause 1-year mortality rate for patients with *S. aureus* bacteremia was 41% [140/341; 95% confidence interval (CI), 36-46 (%)]. Median length of time from diagnosis to death was 46.5 days. All-cause 28-day mortality was 16% [54/341; 95% CI, 12-20 (%)]. The extended Kaplan-Meier survival curve for patients with *S. aureus* bacteremia stratified by infectious disease consultation is shown in Figure 1. Patients with *S. aureus* bacteremia who died within 28 days of first positive blood culture were more likely to be older and treated with vancomcycin, had chronic renal failure, cirrhosis, MRSA bacteremia, and have been admitted to the ICU 48 hours after the first positive blood culture (Table 4). In the multivariate model, factors independently associated with 28-day mortality among patients with *S. aureus* bacteremia were ICU admission 48 hours after the first positive blood culture [adjusted hazard ratio (aHR), 4.65; 95% confidence interval (CI), 2.65-8.18, *P*<. 001], cirrhosis (aHR, 4.44; 95% CI, 2.40-8.20, *P*<.001), and increasing age (aHR, 1.27; per every 10 years of age; 95% CI, 1.08-1.50, *P*=.004). Infectious diseases consultation was associated with decreased risk of 28-day mortality (aHR, 0.44; 95% CI, 0.22-0.89, *P*=.022) (Table 4).

For the 287 patients who survived 28 days after the initial positive culture, predictors of 1year mortality after 28 days (i.e., 29-365 day) of the diagnosis of *S. aureus* bacteremia were elucidated. Factors independently associated with 1-year mortality for this group were malignancy at the time of bacteremia (aHR, 3.06; 95% CI, 1.97-4.74, P<.001), cirrhosis (aHR, 4.11; 95% CI, 2.02-8.33, P<.001), peripheral vascular disease (aHR, 2.58; 95% CI, 1.29-5.18, P=.008), advanced age (aHR, 1.16 per every 10 years of age, 95% CI, 1.01-1.35, P=.041), and ICU admission 48 hours after the first positive blood culture (aHR, 1.72; 95% CI, 1.09-2.73, P=.021). There was a no statistical difference in 1 year mortality after the diagnosis of *S. aureus* bacteremia between patients who received infectious diseases consultation and those who did not receive infectious diseases consultation (crude HR, 0.88; 95% CI, 0.56-1.38, P=.579).

Discussion

In this cohort of patients with S. aureus bacteremia, infectious diseases consultation was independently associated with a reduction in 28-day mortality, even after adjusting for preexisting co-morbidities and severity of disease. We determined 1-year mortality for the entire cohort using Social Security Death Index which has been validated for detecting deceased individuals including the date of death.^{18, 19} Although previous studies conducted in US hospitals have described the positive effect of infectious diseases consultation on adherence to evidence-based management of S. aureus bacteremia, these studies failed to demonstrate a survival benefit.^{1, 10} A recent retrospective study by Reig, et al. conducted in Germany noted a 40% reduction of in-hospital mortality of *S. aureus* bacteremia patients who received infectious diseases consultation. ²⁰ Germany has a different healthcare delivery system compared to the United States, which may affect generalizability. Moreover, significant changes in practice might have occurred in their study period since the duration of study was longer (a 6-year period from 2002-2007). In contrast, our study demonstrated the benefit of infectious diseases consultation in mortality in a 2-year period. The German study only examined the difference in short-term mortality (i.e., in-hospital and at 90-day mortality) in combined population of retrospective and prospective subset. Our study investigated short-term and long-term mortality in an exclusively prospective cohort population.

In our study, infectious diseases consult was associated with 56% reduction in all-cause mortality among S. aureus bacteremic patients within 28 days of initial positive blood culture. This result may be due to improved evidence-based management after infectious diseases consultation. Patients in our cohort who had an infectious diseases consultation were significantly more likely to have received appropriate antimicrobial therapy, be evaluated by a trans-esophageal echocardiogram, and have an appropriate planned duration of antimicrobial therapy. We found patient-related factors including advanced age, cirrhosis, and ICU admission 48 hours after the first positive blood culture representing severity of illness were independently associated with 28-day mortality Our findings are consistent with previous studies. Elderly patients with S. aureus bacteremia are at higher risk of mortality^{21, 22} A previous study demonstrated that cirrhosis has been associated with approximately a 2-fold increased risk of death in patients with S. aureus bacteremia.²³ Severity of illness, including septic shock, high Acute Physiology and Chronic Health Evaluation II (APACHE II) score, and high Severity of Illness score are predictors of mortality of *S. aureus* bacteremia.^{2, 5, 24} Our study is consistent with these prior reports in that patients with ICU admission 48 hours of the first positive blood culture were 4.6 times more likely to die.

In this study, the 28-day mortality rate after the diagnosis of *S. aureus* bacteremia was 15.8%, (the 28-day mortality rate reached 17.3% if 6 patients who died within 2 days of a positive blood culture being obtained were included) similar to published mortality rates (8-23%) for patients with *S. aureus* bacteremia in US tertiary care hospitals.^{1, 2, 10} We found that 39 % of all deaths during the one year follow-up period occurred in the first 28 days after diagnosis of *S. aureus* bacteremia. This finding is consistent with previous studies that death after *S. aureus* bacteremia the most frequently occurred in the first 28 days between patients who had infectious diseases consultation and those who did not have infectious diseases consultation. Infectious diseases consultation did not confer additional survival benefit after 28 days, and patient comorbidities had a greater impact on mortality after the first four weeks after infection onset.

Prolonged bacteremia, metastatic infection, and the presence of prosthetic material were more likely to be associated with infectious diseases consultation in our study, suggesting that more complicated bacteremia resulted in infectious diseases consultation in our study hospital. Non-Caucasian patients with S. aureus bacteremia were less likely to receive infectious diseases consultation in our cohort; however, this was not significant after stratifying by receipt of chronic hemodialysis (data not shown). A previous study showed a low rate of adherence to infectious disease consultant recommendations among hemodialysis-dependent patients with S. aureus bacteremia.¹ Given the high frequency of central venous catheterization among cancer and hemodialysis patients, and the increased risk of complications ^{26, 27} due to *S. aureus* catheter-related bloodstream infections, our data suggests that theses two patients populations may benefit from infectious diseases consultation.

Our study had several limitations. Because our study was conducted at a single tertiary, academic medical center, our data may not be generalizable to other hospitals. Our result may be affected by referral bias since our institution is a tertiary academic medical center. Because our hospital serves an adult population, the survival benefit from infectious diseases consultation in this cohort may not apply to pediatric population with S. aureus bacteremia. Receipt of an infectious diseases consult was a non-random event among patients with S. aureus bacteremia in our study. Given limitation in clinical information at the time of diagnosis, we used ICU admission 48 hours at the time of diagnosis as a predictor of the severity of illness. Although this variable revealed highly correlated with mortality, more objective measures such as the APACHE II score and the Pitt bacteremia score may be more appropriate for assessing the severity of illness. ²⁸ While we attempted to adjust for other risk factors for mortality in our study, we cannot exclude the possibility that unmeasured factors may have accounted for differences in mortality. Larger, multicenter studies in which methods such as propensity score modeling could be used to address these limitations.

Our study demonstrated a relationship between infectious diseases consultation and reduced short-term mortality. Patients who received an infectious diseases consultation in our study were more likely to receive evidence-based management. With rising prevalence of methicillin-resistant S. aureus and increasing use of medical devices, treatment of S. aureus bacteremia continues to be a challenge. Infectious diseases consultation may help guide comprehensive evaluation, adherence to evidence-based management, and improve clinical outcomes for these patients.

Acknowledgments

Financial support. Center for Disease Control and Prevention Epicenter (5U01CI000033302). M.J.K is funded by the National Center for Research Resources (NCRR), a component of the National Institutes of Health (NIH) and NIH Roadmap for Medical Research (UL1 RR024992)

Funding source: Center for Disease Control and Prevention Epicenter (5U01CI000033302)

References

- 1. Fowler VG Jr, Sanders LL, Sexton DJ, et al. Outcome of Staphylococcus aureus bacteremia according to compliance with recommendations of infectious diseases specialists: experience with 244 patients. Clin Infect Dis. 1998 Sep; 27(3):478-86. [PubMed: 9770144]
- 2. Mylotte JM, Tayara A. Staphylococcus aureus bacteremia: predictors of 30-day mortality in a large cohort. Clin Infect Dis. 2000 Nov; 31(5):1170-4. [PubMed: 11073748]
- 3. Beeston CJ, Gupta R, Chadwick PR, Young RJ. Methicillin-resistant Staphylococcus aureus bacteraemia and mortality in a teaching hospital. Eur J Clin Microbiol Infect Dis. 2009 Jun; 28(6): 585-90. [PubMed: 19067002]

- Ibrahim EH, Sherman G, Ward S, Fraser VJ, Kollef MH. The influence of inadequate antimicrobial treatment of bloodstream infections on patient outcomes in the ICU setting. Chest. 2000 Jul; 118(1): 146–55. [PubMed: 10893372]
- Jensen AG, Wachmann CH, Espersen F, Scheibel J, Skinhoj P, Frimodt-Moller N. Treatment and outcome of Staphylococcus aureus bacteremia: a prospective study of 278 cases. Arch Intern Med. 2002 Jan 14; 162(1):25–32. [PubMed: 11784216]
- 6. Blot SI, Vandewoude KH, Hoste EA, Colardyn FA. Outcome and attributable mortality in critically Ill patients with bacteremia involving methicillin-susceptible and methicillin-resistant Staphylococcus aureus. Arch Intern Med. 2002 Oct 28; 162(19):2229–35. [PubMed: 12390067]
- Chang FY, Peacock JE Jr, Musher DM, et al. Staphylococcus aureus bacteremia: recurrence and the impact of antibiotic treatment in a prospective multicenter study. Medicine (Baltimore). 2003 Sep; 82(5):333–9. [PubMed: 14530782]
- Mermel LA, Allon M, Bouza E, et al. Clinical practice guidelines for the diagnosis and management of intravascular catheter-related infection: 2009 Update by the Infectious Diseases Society of America. Clin Infect Dis. 2009 Jul 1; 49(1):1–45. [PubMed: 19489710]
- 9. Baddour LM, Wilson WR, Bayer AS, et al. Infective endocarditis: diagnosis, antimicrobial therapy, and management of complications: a statement for healthcare professionals from the Committee on Rheumatic Fever, Endocarditis, and Kawasaki Disease, Council on Cardiovascular Disease in the Young, and the Councils on Clinical Cardiology, Stroke, and Cardiovascular Surgery and Anesthesia, American Heart Association: endorsed by the Infectious Diseases Society of America. Circulation. 2005 Jun 14; 111(23):e394–434. [PubMed: 15956145]
- Jenkins TC, Price CS, Sabel AL, Mehler PS, Burman WJ. Impact of routine infectious diseases service consultation on the evaluation, management, and outcomes of Staphylococcus aureus bacteremia. Clin Infect Dis. 2008 Apr 1; 46(7):1000–8. [PubMed: 18444816]
- Roots Web. [Last accessed 30 Aug 2009] Social Security Death Index. Available at: http:// ssdi.genealogy.rootsweb.com/
- Fowler VG Jr, Boucher HW, Corey GR, et al. Daptomycin versus standard therapy for bacteremia and endocarditis caused by Staphylococcus aureus. N Engl J Med. 2006 Aug 17; 355(7):653–65. [PubMed: 16914701]
- Klevens RM, Morrison MA, Fridkin SK, et al. Community-associated methicillin-resistant Staphylococcus aureus and healthcare risk factors. Emerg Infect Dis. 2006 Dec; 12(12):1991–3. [PubMed: 17326962]
- Andersen PK, Gill RD. Cox regression model for counting processes: A large sample study. Annals of Statistics. 1982; (10):1100–20.
- 15. Kleinbaum, DG.; Klein, M. Survival Analysis: A self-learning text. Second. NY: Springer; 2005.
- 16. Schoenfeld D. Partial residuals for the proportional hazards model. Biometrika. 1982; 69:51-55.
- Snappin SM, Jiang Q, Iglewicz B. Illustrating the Impact of a Time-Varying Covariate With an Extended Kaplan-Meier Estimator. The American Statistician. 2005; 59(4):301–307.
- Schisterman EF, Whitcomb BW. Use of the Social Security Administration Death Master File for ascertainment of mortality status. Popul Health Metr. Mar 5.2004 2(1):2. [PubMed: 15003125]
- Quinn J, Kramer N, McDermott D. Validation of the Social Security Death Index (SSDI): An Important Readily-Available Outcomes Database for Researchers. West J Emerg Med. Jan; 2008 9(1):6–8. [PubMed: 19561695]
- 20. Rieg S, Peyerl-Hoffmann G, de With K, et al. Mortality of S. aureus bacteremia and infectious diseases specialist consultation a study of 521 patients in Germany. J Infect. 2009 Aug 1.
- Malani PN, Rana MM, Banerjee M, Bradley SF. Staphylococcus aureus bloodstream infections: the association between age and mortality and functional status. J Am Geriatr Soc. 2008 Aug; 56(8):1485–9. [PubMed: 18662207]
- McClelland RS, Fowler VG Jr, Sanders LL, et al. Staphylococcus aureus bacteremia among elderly vs younger adult patients: comparison of clinical features and mortality. Arch Intern Med. 1999 Jun 14; 159(11):1244–7. [PubMed: 10371233]
- Kim SH, Park WB, Lee KD, et al. Outcome of Staphylococcus aureus bacteremia in patients with eradicable foci versus noneradicable foci. Clin Infect Dis. 2003; 37(6):794–9. [PubMed: 12955640]

- Harbarth S, Rutschmann O, Sudre P, Pittet D. Impact of methicillin resistance on the outcome of patients with bacteremia caused by Staphylococcus aureus. Arch Intern Med. 1998 Jan 26; 158(2): 182–9. [PubMed: 9448557]
- Crowley AL, Peterson GE, Benjamin DK, et al. Venous thrombosis in patients with short-and long-term central venous catheter-associated Staphylococcus aureus bacteremia. Crit Care Med. 2008; 36(2):385–90. [PubMed: 18091541]
- Fowler VG Jr, Justice A, Moore C, et al. Risk factors for hematogenous complications of intravascular catheter-associated *Staphylococcus aureus* bacteremia. Clin Infect Dis. 2005; 40:695–703. [PubMed: 15714415]
- 28. Rhee JY, Kwon KT, Ki HK, et al. Scoring systems for prediction of mortality in patients with intensive care unit-acquired sepsis: a comparison of the Pitt bacteremia score and the Acute Physiology and Chronic Health Evaluation II scoring systems. Shock. Feb; 2009 31(2):146–150. [PubMed: 18636041]

Honda et al.



Number of patient at risk

Days after diagnosis	0	28	100	200	300	365
(+) ID consultation	111	102	87	83	77	74
(-) ID consultation	230	185	165	146	134	127

Figure 1. Extended Kaplan-Meier Curve of *S. aureus* Bacteremia Based on Infectious Diseases Consultation

Note. ID, infectious diseases.

Extended Kaplan-Meier curves did not correspond to fixed patient cohorts, but allowed for the cohorts to be updated at each event time. The patient without an infectious disease consultation was included in one curve, until consultation was obtained and the patient is then included in the consultation curve. Adjusted hazard ratio for 28-day mortality was 0.44 (P=.022) and the crude hazard ratio for 29-365 day mortality was 0.88 (P=.579).

Variable	n (%)
Age, years, median (range)	56 (22-95)
Female gender	152 (45)
White race	196 (57)
Congestive heart failure	63 (18)
Coronary artery disease	80 (23)
COPD	54 (16)
Renal function	
Normal	243 (71)
CRF without dialysis	27 (8)
CRF with dialysis	71 (21)
Malignancy	85 (25)
Chronic skin disease	19 (6)
HIV	12 (4)
Peripheral vascular disease	23 (7)
Diabetes mellitus	111 (33)
Systemic corticosteroid use last 28 days	49 (14)
Cirrhosis	28 (8)
History of intravenous drug use	24 (7)
History of smoking	182 (53)
Alcohol use	95 (28)
Any transplant	26 (8)
Surgery during hospitalization	45 (13)
Prosthetic joint	29 (9)
Other orthopedic hardware	23 (7)
Vascular graft	48 (14)
Prosthetic valve	9 (3)
Cardiac device	30 (9)
ICU admission within 48 hours after the first positive blood culture	110 (32)
Central venous catheterization at the time of the first positive blood of	culture 231 (68)
MRSA bacteremia	185 (54)
Onset	
Community-associated	37 (11)
Healthcare-associated community onset	
Healthcare-associated hospital onset	108 (32)
Metastatic infection *	
Prolonged bacteremia	93 (27)
Infectious diseases consultation obtained	
All-cause mortality 28 days after diagnosis	54 (16)
All-cause mortality 1 year after diagnosis	140 (41)

 Table 1

 Demographic Characteristics of 341 Patients with S. aureus bacteremia

Honda et al.

Note. COPD, chronic obstructive pulmonary disease; CRF, chronic renal failure; HIV, human immunodeficiency virus; ICU, intensive care unit; MRSA, methicillin-resistant *S. aureus*.

* See methods for definition.

Table 2
Comparison of S. aureus Bacteremia Patients with and without Infectious Disease
Consultation

Variable Infectious diseases cons			P	
	Yes (n=111)	Yes (n=111) No (n=230)		
Age, years, median (range)	56 (23-95)	56 (22-92)	.67	
Female gender	55 (50)	97 (42)	.20	
White race	75 (68)	121 (53)	.01	
Congestive heart failure	28 (25)	35 (15)	.04	
Coronary artery disease	31 (28)	49 (21)	.22	
COPD	17 (15)	37 (16)	.86	
Renal function				
Normal	90 (81)	153 (67)	Ref	
CRF without dialysis	8 (7)	19 (8)	.53	
CRF with dialysis	13 (12)	58 (26)	<.01	
Malignancy	18 (16)	67 (29)	.01	
Chronic skin disease	7 (6)	12 (5)	.80	
HIV	8 (7)	4 (2)	.02	
Peripheral vascular disease	7 (6)	16 (7)	1.0	
Diabetes mellitus	32 (29)	79 (34)	.33	
Systemic corticosteroid use last 28 days	15 (14)	34 (15)	.87	
Liver cirrhosis	6 (5)	22 (10)	.21	
History of intravenous drug use	11 (10)	13 (6)	.18	
History of smoking	49 (44)	133 (58)	.02	
Alcohol use	33 (30)	62 (27)	.61	
Any transplant	9 (8)	17 (8)	.83	
Surgery during hospitalization	16 (14)	29 (13)	.73	
Prosthetic joint	17 (15)	12 (4)	<.01	
Other orthopedic hardware	18 (16)	5 (2)	<.01	
Vascular graft	10 (9)	38 (17)	.07	
Prosthetic valve	9 (8)	0	<.01	
Cardiac device	16 (14)	14 (6)	.01	
ICU admission within 48 hours after the first positive blood culture	35 (31)	75 (33)	.90	
Central venous catheterization at the time of the first positive blood culture	63 (57)	168 (73)	<.01	
MRSA	58 (52)	127 (55)	.64	
Onset				
Community-associated	21 (19)	16 (7)	Ref	
Healthcare-associated community onset	61 (55)	135 (59)	<.01	
Healthcare-associated hospital onset	29 (26)	79 (34)	<.01	
Metastatic infection	41 (37)	18 (8)	<.01	
Prolonged bacteremia *	43 (39)	50 (22)	<.01	

Note. COPD, chronic obstructive pulmonary disease; CRF, chronic renal failure; HIV, human immunodeficiency virus; ICU, intensive care unit; MRSA, methicillin-resistant *S. aureus*; Ref, reference.

Honda et al.

*See methods for definition.

Table 3
Univariate Analysis of Evidence-Based Management based on Infectious Disease
Consultation

Variable	Infectious disease	Р	
	Yes (n=111)	No (n=230)	
Appropriate antimicrobial choice ^a	100 (90)	182 (79)	.01
Appropriate planned duration of antimicrobial therapy $(n=292)^b$	84/104 (81)	54/188 (29)	<.001
Retained infected focus present	14 (13)	34 (15)	.50
Trans-esophageal echocardiogram, performed	38 (34)	18 (8)	<.001

Note.

^aSee methods for definition.

^bDuration of therapy was unspecified for 49 patients.

	Table 4
Predictors of Mortality	28 Days after Diagnosis of S. aureus Bacteremia for 341 Patients

Variable	Died 28days after the diagnosis (n=54)	Survived > 28days after the diagnosis (n=287)	Crude HR (95% CI)	Adjusted HR (95% CI)
Age years, median, (range)	62 (22-91)	55 (23-95)	1.26 (1.07-1.49)	1.27 (1.08-1.50)
Female gender	27 (50)	125 (44)	1.31 (0.77-2.23)	
White race	35 (65)	161 (56)	1.39 (0.80-2.44)	
Congestive heart failure	13 (24)	50 (17)	1.41 (0.75-2.63)	
Coronary artery disease	14 (26)	66 (23)	1.15 (0.62-2.11)	
COPD	12 (22)	42 (15)	1.60 (0.84-3.04)	
Renal function				
Normal	36 (67)	207 (72)	1.00	
CRF without dialysis	11 (20)	16 (6)	3.22 (1.64-6.34)	
CRF with dialysis	7 (13)	64 (22)	0.65 (0.29-1.48)	
Malignancy	13 (24)	72 (25)	0.96 (0.51-1.79)	
Chronic skin disease	2 (4)	17 (6)	0.66 (0.16-2.65)	
HIV	1 (2)	11 (4)	0.48 (0.07-3.44)	
Peripheral vascular disease	3 (6)	20 (7)	0.80 (0.25-2.56)	
Diabetes mellitus	14 (26)	97 (34)	0.71 (0.39-1.31)	
Systemic corticosteroid use last 28 days	9 (17)	40 (14)	1.23 (0.60-2.51)	
Cirrhosis	14 (26)	14 (5)	4.72 (2.56-8.68)	4.44 (2.40-8.20)
History of intravenous drug use	4 (7)	20 (7)	1.03 (0.37-2.85)	
History of smoking	32 (59)	150 (52)	1.32 (0.77-2.28)	
Alcohol use	14 (26)	81 (28)	0.90 (0.49-1.66)	
Any transplant	4 (7)	22 (8)	0.95 (0.34-2.64)	
Surgery during hospitalization	5 (9)	40 (14)	0.66 (0.26-1.65)	
Prosthetic joint	3 (6)	26 (9)	0.60 (0.19-1.93)	
Prosthetic valve	2 (4)	7 (2)	1.33 (0.32-5.45)	
Other orthopedic hardware	4 (8)	19 (7)	1.11 (0.40-3.08)	
Vascular graft	3 (6)	45 (16)	0.34 (0.11-1.10)	
Cardiac device	8 (15)	22 (8)	1.81 (0.86-3.84)	
ICU admission 48 hours after the first positive blood culture	36 (67)	74 (26)	4.94 (2.81-8.71)	4.65 (2.65-8.18)
Central venous catheterization at the time of the first positive blood culture	41 (76)	190 (66)	1.58 (0.85-2.95)	
Vancomycin use	47 (87)	214 (75)	2.13 (0.96-4.71)	
Gentamicin use	3 (6)	28 (10)	0.55 (0.17-1.76)	
MRSA	35 (65)	150 (52)	1.61 (0.92-2.82)	
Onset				
Community-associated	3 (6)	34 (12)	1.00	
Healthcare-associated community onset	29 (54)	167 (58)	1.88 (0.57-6.16)	
Healthcare-associated hospital onset	22 (41)	86 (30)	2.63 (0.79-8.79)	

Variable	Died 28days after the diagnosis (n=54)	Survived > 28days after the diagnosis (n=287)	Crude HR (95% CI)	Adjusted HR (95% CI)
Any metastatic infection	9 (17)	50 (17)	0.95 (0.47-1.95)	
Prolonged bacteremia	13 (24)	80 (28)	0.84 (0.45-1.57)	
Infectious diseases consultation (time-dependent, covariate)	9 (17)	102 (36)	0.46 (0.23-0.93)	0.44 (0.22-0.89)

Note. CI, confidence interval; COPD, chronic obstructive pulmonary disease; CRF, chronic renal failure; HIV, human immunodeficiency virus; ICU, intensive care unit; MRSA, methicillin-resistant *S. aureus*; Ref, reference.

Variables considered but not retained in the final model were chronic renal failure without dialysis, vascular graft, vancomycin use, and MRSA bacteremia.