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A β _{1-15/16} as a marker for γ -secretase inhibition in Alzheimer's disease

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Abstract

Amyloid- β (A β) producing enzymes are key targets for disease-modifying Alzheimer's disease (AD) therapies since A β trafficking is at the core of AD pathogenesis. Development of such drugs might benefit from the identification of markers indicating *in vivo* drug effects in the central nervous system. We have previously shown that A β ₁₋₁₅ is produced by concerted β - and α -secretase cleavage of amyloid- β protein precursor (A β PP). Here, we test the hypothesis that this pathway is more engaged upon γ -secretase inhibition in humans and cerebrospinal fluid (CSF) levels of A β _{1-15/16} represent a biomarker for this effect. Twenty healthy men were treated with placebo (n=5) or the γ -secretase inhibitor semagacestat (100 mg [n=5], 140 mg [n=5], or 280 mg [n=5]). CSF samples were collected hourly over 36 hours and 10 time points were analyzed by immunoassay for A β _{1-15/16}, A β _{x-38}, A β _{x-40}, A β _{x-42}, sA β PP α and sA β PP β . The CSF concentration of A β _{1-15/16} showed a dose-dependent response over 36 hours. In the 280 mg treatment group, a transient increase was seen with a maximum of 180% relative to baseline at 9 hours post administration of semagacestat. The concentrations of A β _{x-38}, A β _{x-40} and A β _{x-42} decreased the first 9 hours followed by increased concentrations after 36 hours relative to baseline. No significant changes were detected for CSF sA β PP α and sA β PP β . Our data shows that CSF levels of A β _{1-15/16} increase during treatment with semagacestat supporting its feasibility as a pharmacodynamic biomarker for drug candidates aimed at inhibiting γ -secretase-mediated A β PP-processing.

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Keywords

Alzheimer's; A β ; Amyloid; γ -secretase

Introduction

Alzheimer's disease (AD) is a slowly progressive brain disease which impairs episodic memory and ultimately the ability to carry out simple tasks such as decision-making and orientation. It is the main cause of dementia in the ageing population, accounting for 50–60% of approximately 35 million dementia cases around the world [1]. Neuropathologically, AD is characterized by accumulation of intraneuronal neurofibrillary tangles and extracellular plaques consisting mainly of N-terminally truncated amyloid- β (A β) species [2, 3].

Among the main focus of AD-modifying therapies are drugs targeting A β production in the brain by inhibiting A β generating enzymes, or increasing A β clearance from the brain using approaches such as immunotherapy. Even though AD modifying treatments have positive effects in animal models [4, 5], direct biochemical biomarker evidence of target engagement in trials on human subjects has been difficult as decreasing A β concentrations with secretase inhibition has been difficult to quantitate [6]. Thus, there is a need for indirect, more easily measured biomarkers to more fully characterize and monitor the biochemical effects of candidate disease-modifying drugs in AD clinical trials.

γ -Secretase is a membrane-bound protease complex which is, directly or indirectly, involved in generating A β consisting of 42 amino acids (A β ₁₋₄₂) and C-terminally truncated A β species ranging from A β ₁₋₄₀ down to A β ₁₋₁₇ [7, 8]. A β in CSF is mainly expressed as C-terminally truncated peptides ranging from A β ₁₋₁₃ and up to A β ₁₋₄₂; A β ₁₋₄₀ is the most abundant isoform [9, 10].

γ -Secretase is recognized as one of the potential targets for disease-modifying therapy against AD. The γ -secretase inhibitor semagacestat lowers the concentration of A β ₁₋₄₀ and A β ₁₋₄₂ in human plasma. Lowering of A β concentrations due to inhibition of amyloid- β protein precursor (A β PP) processing in the central nervous system initially could not be demonstrated by directly measuring the concentrations of A β ₁₋₄₀ and A β ₁₋₄₂ in CSF [11]. The initial failure to detect an acute pharmacodynamic (PD) effect of semagacestat on CSF A β levels was presumed to be due to a modest transient PD response that could not be readily detected owing to poor timing of single time point sample collection by lumbar puncture and marked variability in CSF A β levels repeatedly collected via an indwelling thecal sac catheter. However, using a recently developed stable-isotopic labeling kinetics (SILK) assay of A β metabolism, semagacestat was shown to decrease newly synthesized A β for at least 12 hours without affecting clearance in the central nervous system [12].

A β PP can undergo a catabolic processing pathway by concerted β - and α -secretase cleavages, releasing several short A β species such as A β ₁₋₁₅ and A β ₁₋₁₆ [7, 13]. This pathway may become particularly prevalent when C99 levels accumulate subsequent to γ -secretase inhibition. Using mass spectrometry together with immunoprecipitation we have previously shown that this pathway is enhanced by semagacestat chronic treatment resulting in increased relative levels of A β ₁₋₁₅ and A β ₁₋₁₆ [13–15]. Here, we test the hypothesis that increased CSF concentrations of A β _{1-15/16} measured by a high-throughput immunoassay can be used as a biomarker for γ -secretase inhibition in humans with acute administration of semagacestat, a γ -secretase inhibitor.

Material and Methods

Study participants and sample collection

The study cohort and clinical procedures have been described before in detail [16]. Briefly, a randomized, double-blind, placebo-controlled study was performed to determine the central nervous system effect of single oral doses of the γ -secretase inhibitor semagacestat. The first two participants were single-blinded and given a single oral dose of 140 mg semagacestat, after which all participants were given study drug in a double-blinded fashion. Healthy 21- to 50-year-old male volunteers were invited to participate, screened, and enrolled. Each participant received either placebo or a single oral dose of 100, 140, or 280 mg of semagacestat 1 hour before the start of the CSF collection. A lumbar catheter was placed at the L3-4 interspace, intravenous catheters placed in both arms, and CSF sampled hourly.

The study was approved by the Washington University Human Studies Committee, and all participants gave written consent.

Immunoassay measurements

CSF was analyzed for $A\beta_{1-15/16}$ using the AlphaLISA[®] Amyloid $A\beta_{1-15/16}$ immunoassay research kit according to the manufacturer's protocol. Briefly, the AlphaLISA format is a proven technology with a wide range of applications which provides a chemiluminescent, no-wash, high-throughput immunoassay technique based on acceptor and donor beads together with specific antibodies against target analyte [17]. One antibody is specific to the β -secretase cleavage site of $A\beta$ at the N-terminus (82E1) while the second antibody is directed against the C-terminus of human s $A\beta$ PP α (2B3). The assay plates were read on an EnVision[®] multilabel plate reader equipped with the AlphaScreen[®] module (PerkinElmer Inc.). The assay has a lower detection limit of 8.1 pg/mL, the intra-assay precision and inter-assay precision had coefficients of variations < 6% and < 8%, respectively and the cross-reactivity (specificity) were 5% and 0.8% for $A\beta_{1-14}$ and $A\beta_{1-17}$, respectively. The $A\beta_{1-15/16}$ immunoassay research kit contains $A\beta_{1-16}$ as standard. However, we have detected an enzymatic activity corresponding to a carboxypeptidase(s) present in fetal bovine serum, a component of the buffers used, that degrades $A\beta_{1-16}$ to $A\beta_{1-15}$, which is then detected by the immunoassay (manuscript in preparation). Thus, the AlphaLISA[®] Amyloid $A\beta_{1-15/16}$ immunoassay research kit measures $A\beta_{1-15}$ and a significant fraction of $A\beta_{1-16}$ through its conversion into $A\beta_{1-15}$.

CSF levels of $A\beta_{x-42}$, $A\beta_{x-40}$ and $A\beta_{x-38}$ were determined using the $A\beta$ Triplex assay (Human $A\beta$ peptide Ultra-Sensitive Kits) provided and developed by Meso Scale Discovery (MSD, Gaithersburg, Maryland, USA) as described elsewhere [18]. Briefly, this assay uses C terminus specific antibodies to capture the different $A\beta$ peptides and a SULFO-TAG labeled anti- $A\beta$ antibody (4G8) for detection with electrochemiluminescence. A drug-independent curvature in the placebo groups was, for each analyte and dose, eliminated by

fitting the empirical function $\frac{at}{b+t} + c$ to placebo data (t: time, a, b, c: fitting parameters) and then subtracting the curvature that is represented by the first term in the function.

CSF concentrations of α -secretase cleaved soluble $A\beta$ PP (s β APP α) and β -secretase cleaved soluble APP (s $A\beta$ PP β) were determined using the MSD s $A\beta$ PP α /s $A\beta$ PP β multiplex assay as described by the manufacturer (MSD, Gaithersburg, Maryland, USA). This assay employs the 6E10 antibody to capture s $A\beta$ PP α and a neopeptide-specific antibody to capture s $A\beta$ PP β . Both isoforms are detected by the SULFO-TAG labelled anti-APP antibody p2-1.

Immunoprecipitation on CSF using the monoclonal 2B3 antibody (epitope in the C-terminal part of human sA β PP α , IBL Hamburg Germany) and mass spectrometry was performed as described previously [9].

Statistical analysis

The time series for each treatment were analysed using Friedman's test (SAS, Cary, NC, USA). Due to Bonferroni correction, the treatment was considered significant if $p < 0.0083$.

Results

To test the specificity of the 2B3 antibody used in the AlphaLISA A $\beta_{1-15/16}$ immunoassay research kit, a CSF sample was analyzed by immunoprecipitation in combination with MALDI-TOF/TOF mass spectrometry. The only peak detected in the mass spectrum was A β_{1-15} (Fig. 1).

The CSF concentration of A $\beta_{1-15/16}$ showed a time-dependent increase in the 140 mg and 280 mg treatment groups ($p=0.016$ and $p=0.024$, respectively) with a maximum increase of 66% and 180% 9 hours after administration of semagacestat compared to baseline (0 hours) (Fig. 2). The CSF concentration of A $\beta_{1-15/16}$ for placebo and 100 mg doses demonstrated 11% and 35% change 9 hours after placebo or drug administration respectively. The increase was followed by a decrease returning to baseline concentrations 36 hours after treatment.

The placebo subjects displayed increased concentrations of A $\beta_{x-38/40/42}$ ending at higher levels 36 hours after administration compared to baseline with a mean increase of 85, 52 and 73% for A β_{x-38} , A β_{x-40} and A β_{x-42} , respectively ($p=0.00038$, 0.012 and 0.025 for A β_{x-38} , A β_{x-40} and A β_{x-42} , respectively) (Fig. 3). This drug-independent effect was subtracted for each analyte and dose revealing a significant time-dependent response in the 280 mg treatment group with decreases 9 hours post treatment for A $\beta_{x-38/40/42}$ (Fig. 3).

Finally, the ratio of A $\beta_{1-15/16}$:A β_{x-40} was tested with the result that both 140 mg and 280 mg dosages showed a significant time-dependent increase ($p=0.0036$ and 0.0037 for 140 mg and 280 mg, respectively) while no significant change was observed in the placebo treated subjects (Fig. 4). No significant changes were detected for sA β PP α and sA β PP β (Fig. 5).

Discussion

Treatment with the γ -secretase inhibitor semagacestat clearly increased the CSF concentration of A $\beta_{1-15/16}$ up to 9 hours post treatment followed by a decrease towards baseline concentrations after 36 hours. This is in line with previous findings that the relative CSF signals of A β_{1-15} from dogs treated with the same inhibitor increased up to 8 hours after administration followed by a decrease towards baseline levels 24 hours after treatment [15]. Recently, we showed that the relative levels of CSF A β_{1-15} significantly increased in AD patients treated with semagacestat for 14 weeks [14]. However, the method used in the two studies was based on non-absolute quantitative mass spectrometry in combination with immunoprecipitation and only the relative levels were reported. The results presented here support the use of A β_{1-15} as an acute pharmacodynamic marker in clinical trials with the aim of inhibiting γ -secretase using a high-throughput immunoassay technique enabling absolute quantification, which may be useful to identify treatment responders, facilitate dosing and ensure stable treatment effects over time.

The expected effect of semagacestat treatment on A β_{1-40} and A β_{1-42} in the central nervous system had not been demonstrated until only recently [11]. However, direct measurement of

$A\beta$ production and clearance by measurements in CSF, demonstrated that semagacestat significantly inhibits $A\beta$ production in the central nervous system [12]. Further, a trend towards decreased levels 9-12 hours post treatment can be observed for $A\beta_{1-X}$, $A\beta_{1-40}$ and $A\beta_{1-42}$ of which the area under the curve for $A\beta_{1-42}$ showed a significant change at the high dosage (280 mg). In addition to this drug treatment effect, CSF $A\beta$ levels gradually increased over the 36 hour sampling interval in all treatment cohorts, placebo-treated patients included. The steady increase in CSF $A\beta$ levels did not return to baseline and thus, is inconsistent with a diurnal process. The most plausible cause of this effect is the existence of a cephalic to caudal gradient for the longer $A\beta$ peptides which is not readily evident with lumbar puncture but apparent when larger total volumes of CSF are collected over 36 hours. Here, we replicate this finding on $A\beta_{x-38/40/42}$ with decreased concentrations 9 hours post treatment and increased levels over 36 hours.

There were significant changes in the levels of $A\beta_{x-38/40/42}$ in placebo treated subjects and in the treatment groups from 0 to 36 hours with a placebo induced increase of $A\beta$ over time. Such variability has previously been described and has been attributed in part to dynamic changes in the production or clearance rate of $A\beta$ in the central nervous system [12]. However, $A\beta_{1-15/16}$ did not show the same time-dependent drift over 36 hours since the concentrations measured returned to baseline levels after the increase 9 hours post treatment.

A comparison of the results from CSF obtained after 12 weeks treatment with semagacestat [14] with those from a single dose as reported here are of interest. After 12 weeks of treatment with 100 mg semagacestat daily, a significant 20–30% increase in $A\beta_{1-15/16}$ was found in CSF obtained 6 hours after the final dosing. In this single-dose study, a 100 mg dose of semagacestat did not cause a significant increase in $A\beta_{1-15/16}$. Although the plasma half-life of semagacestat is only approximately 2.5 hours [19], the accumulation of $A\beta_{1-15/16}$ in CSF after multiple doses suggests that PD effects in the central compartment may be not predicted accurately by peripheral pharmacokinetic properties of a drug. This conclusion is supported by the observations in this study that $A\beta_{1-15/16}$ concentrations did not return to baseline until 24–36 hours after a single dose, and that $A\beta_{x-38/40/42}$ concentrations remained reduced for 12–15 hours.

By using the $A\beta_{1-15/16}:A\beta_{x-40}$ ratio, significant time-dependent responses for the 140 mg and 280 mg dosages was achieved while no significant change was observed for the placebo groups. Thus, the ratio of the two isoforms seems promising in clinical trials with a γ -secretase inhibitor as a potential disease modifying drug.

The primary goal of γ -secretase inhibitors is to decrease the longer forms of $A\beta$ species, especially $A\beta_{42}$ and $A\beta_{40}$. Although $A\beta_{1-15/16}$ does not directly measure these products, increasing $A\beta_{15/16}$ has been correlated with decreasing $A\beta_{40}$ and $A\beta_{42}$. This study further supports a relationship between decreased $A\beta_{40}$ and $A\beta_{42}$ production and increased concentrations of $A\beta_{15/16}$ in human CSF.

In conclusion, $A\beta_{1-15/16}$ seems to be a sensitive acute pharmacodynamic biomarker for γ -secretase inhibition and may have several advantages compared to measuring longer CSF $A\beta$ species. For example, $A\beta_{1-15/16}$ is less affected by the time of CSF sampling as it does not demonstrate the same rise compared to longer forms. The most sensitive measures for $A\beta_{1-15/16}$ are when the ratio of $A\beta_{1-15}$ and longer $A\beta$ species (e.g. $A\beta_{1-40}$) are used. The increase in $A\beta_{1-15/16}$ combined with the decrease in $A\beta_{1-40}$ increase the power of this biomarker to detect a difference. Moreover, $A\beta_{1-15/16}$ seems to be a direct measure of the effects of semagacestat on APP-processing in humans.

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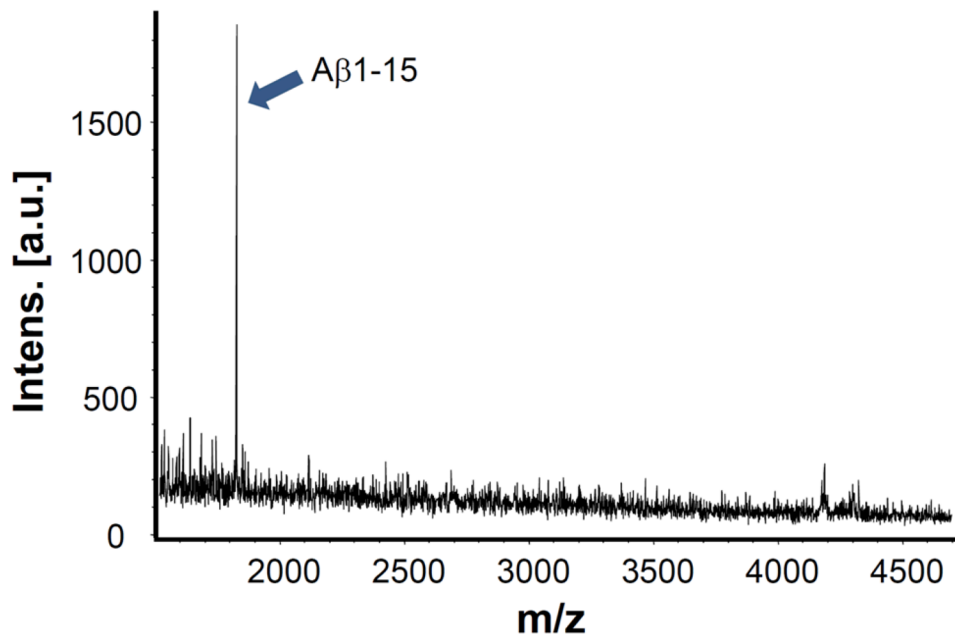


Figure 1. Representative MALDI-TOF mass spectrum displaying A β ₁₋₁₅. The 2B3 antibody selectively immunoprecipitated A β ₁₋₁₅ without other species.

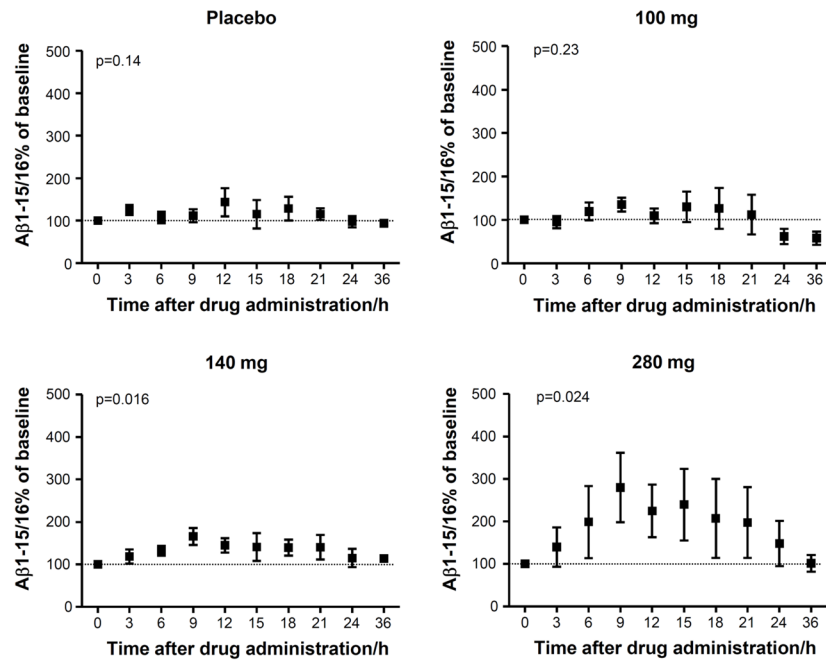


Figure 2. The CSF concentrations, relative baseline, of Aβ_{1-15/16} as a function of time for placebos and after administration of 100 mg, 140 mg and 280 mg of the γ -secretase inhibitor semagacestat. Friedman’s test was used for calculating p-values. The error bars represent standard errors of the mean. N=4 in the 100 mg group due to a missing base line (0 hours) value.

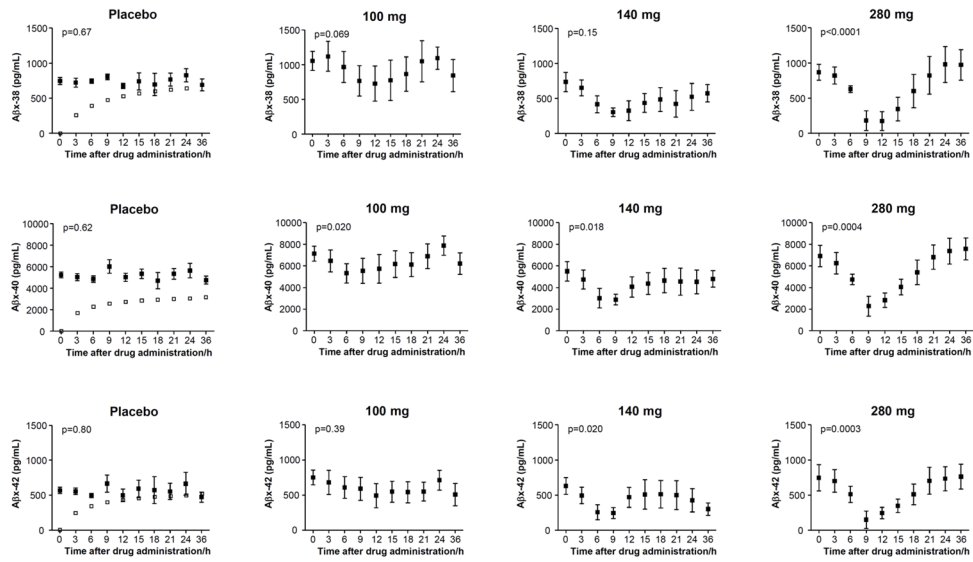


Figure 3. The CSF concentrations of Aβ_{x-38}, Aβ_{x-40} and Aβ_{x-42} (black boxes) as a function of time for placebos and after administration of 100 mg, 140 mg and 280 mg of the γ -secretase inhibitor semagacestat. A drug-independent curvature in the placebo groups was, for each analyte and dose, eliminated by fitting the empirical function $\frac{at}{b+t} + c$ to placebo data (t: time, a, b, c: fitting parameters) and then subtracting the curvature (open boxes) that is represented by the first term in the function. Friedman’s test was used for calculating p-values. The error bars represent standard errors of the mean.

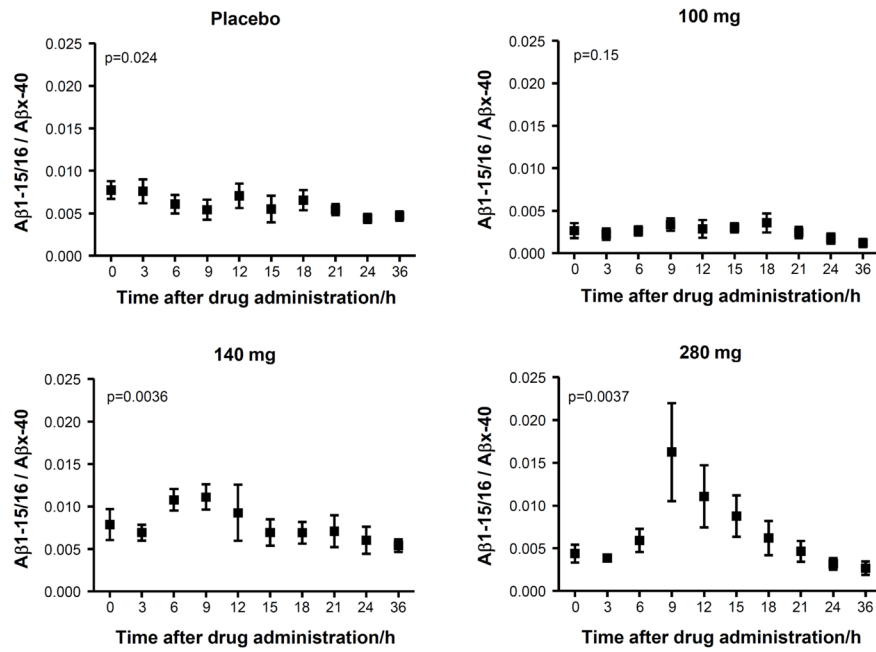


Figure 4. The CSF Aβ_{1-15/16}:Aβ_{x-40} ratio as a function of time for placebos and after administration of 100 mg, 140 mg and 280 mg of the γ -secretase inhibitor semagacestat. Friedman's test was used for calculating p-values. The error bars represent standard errors of the mean.

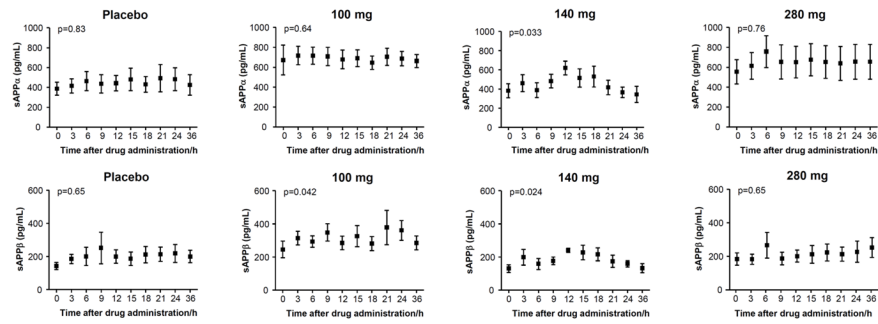


Figure 5. The CSF concentrations of sA β PP α and sA β PP β as a function of time for placebos and after administration of 100 mg, 140 mg and 280 mg of the γ -secretase inhibitor semagacestat. Friedman’s test was used for calculating p-values. The error bars represent standard errors of the mean.