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Chromosomal anomalies and prognostic markers for intracranial and spinal ependymomas

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Abstract

Ependymomas are neoplasms that can occur anywhere along the craniospinal axis. They are the third most common brain tumor in children, representing 10% of pediatric intracranial tumors, 4% of adult brain tumors, and 15% of all spinal cord tumors. As the heterogeneity of ependymomas has severely limited the prognostic value of the World Health Organization grading system, numerous studies have focused on genetic alterations as a potential basis for classification and prognosis. However, this endeavor has proven difficult due to variations of findings depending on tumor location, tumor grade, and patient age. While many have evaluated chromosomal abnormalities for ependymomas as a whole group, others have concentrated their efforts on specific subsets of populations. Here, we review modern findings of chromosomal analyses, their relationships with various genes, and their prognostic implications for intracranial and spinal cord ependymomas.

Keywords

Adult; Chromosome; Ependymoma; Genetic; Pediatric; Prognosis

1. Introduction

Ependymomas are rare neoplasms that can occur anywhere along the craniospinal axis. Recent findings suggest that they are derived from radial glial cells,^{1,2} which give rise to ependymal cells during normal cellular development.³ Ependymomas are the third most common brain tumor in children,¹ representing 8% to 10% of pediatric intracranial tumors and approximately 4% of adult brain tumors.^{4,5} They constitute 60% of spinal cord gliomas and 15% of all spinal cord tumors. $4-6$ Interestingly, they have also been reported in the sacrococcygeal region, mediastinum, and ovaries, $7-9$ indicating that abnormalities in cellular migration or differentiation may have a role in ependymoma development.⁷

The World Health Organization (WHO) established the following classification system for ependymomas in 2007: WHO grade 1 (subependymomas and myxopapillary ependymomas), WHO grade 2 (classic ependymomas), and WHO grade 3 (anaplastic ependymomas).⁴ WHO grade 2 ependymomas have been further subdivided into cellular, papillary, clear cell, and tanycytic variants (Supplementary Fig. 1).¹⁰ However, this WHO

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classification has been a subject of controversy regarding its prognostic capabilities and overall usefulness. While a meta-analysis of 2400 patients showed that WHO grading was an independent outcome predictor, $11,12$ other studies have suggested that ependymoma grading, especially differentiation between grades 2 and 3, is highly dependent upon the experience of the neuropathologist^{11,13–18} and a poor clinical correlate. Some authors have failed to find any association between survival and grading, $4,19,20$ while others have reported an obvious improvement in overall and progression- free survival (PFS) for lower grade ependymomas.4,15,16,21–23 One study reported that WHO grading was the most powerful prognostic factor for ependymomas in the adult population.4,24

As the incidence of ependymomas is relatively low, $4,5,25$ many researchers have chosen to pool data from both pediatric and adult populations, as well as combine grade 2 and grade 3 lesions in their reports. These retrospective studies have often analyzed data collected over several decades, during which diagnostic criteria and treatment strategies were being modified. As such, providing evidence to support universally accepted prognostic factors and implementing a standardized treatment protocol have been difficult endeavors.⁴ Given these difficulties in grading and prognosis, potential genetic markers may serve as a more reliable risk stratification for patients with ependymomas. Here, we review the most promising chromosomal gains and losses common to ependymomas within the mixed population (adults and children), as well as unique findings in specific subgroups (for instance in the pediatric population, for tumor location, for tumor grade) and their potential for prognostic significance.

2. Intracranial ependymoma overview

Intracranial ependymomas are characteristically found in pediatric populations, and they are rare in adults.¹ Overall, 90% of all pediatric ependymomas are intracranial, and are generally grade 2 or 3.⁷ Supratentorial tumors account for 50% to 60% of adult intracranial ependymomas,⁴ while only 25% to 35% of ependymomas are found in this region in pediatric patients. Supratentorial lesions generally develop in the lateral or third ventricles, but may also arise within the white matter or rarely in the cortex.^{1,26,27}

Tumors of the infratentorial region occur in the midline along the 4th ventricle or more laterally within the cerebellopontine angles. Ependymomas have also been described with invasion of the brainstem and extension beyond the foramen magnum.⁴ Infratentorial ependymomas and grade 3 tumors are reported to be more prone to seeding of the cerebrospinal fluid (CSF), which occurs in 3% to 15% of intracranial lesions.4,28–31

Historically, the extent of tumor resection has been regarded as the most important prognostic factor for pediatric intracranial tumors, 1,14 with a five-year overall survival (OS) of 50% to 60% and PFS of 30% to 50%.32 Children with ependymoma have decreased survival compared to adults, as 40% to 60% of the pediatric population die of their disease.^{33,34} The five-year OS for adults with intracranial lesions is 62% to 84.8%, with a five-year PFS of 43% to 65.3%.4,19,21,24

Tumor location has been observed as having potential prognostic value. Infratentorial ependymomas in adults demonstrate a trend towards a better prognosis, $4,19,21,24$ perhaps because infiltrative grade 3 lesions are more often found in supratentorial regions. 4,22,24 These anaplastic tumors are also associated with an increased risk of recurrence.^{4,35}

Other potential prognostic factors include age, which has been associated with a better prognosis by Reni et al. (when <40 years)^{4, $\overline{19}$} and Metellus et al. (when <55 years),^{4,24} yet no such findings were detected by Guyotat et al.4,21 The Karnofsky Performance Scale score may also be associated with improved survival.4,24

3. Spinal cord ependymoma overview

Ependymomas affecting the spinal cord most frequently occur in adults of 20 to 40 years of age.10 They represent the most common spinal cord tumor in adults, accounting for 37% to 47% of intramedullary tumors.¹⁰ Myxopapillary ependymomas (MEPN) represent 13% of all ependymomas, $20,36$ and 50% of all adult spinal cord tumors. This subtype is primarily located in the cauda equina, with occasional extension into the conus medullaris.⁴ While pediatric spinal cord tumors account for only 5% to 10% of all ependymomas, 37 pediatric patients with MEPN develop more aggressive tumors, with a greater metastatic potential $36,38-41$ and a higher recurrence rate than adult MEPN. 36

The remaining spinal cord ependymomas generally consist of the classic ependymoma type, which are mainly located in the cervical, or less frequently thoracic, regions. Half of all lesions extend to three or more vertebral levels, with 90% of all spinal cord ependymomas being slow growing and benign. During their expansion, these tumors have a propensity for compressing adjacent structures, rather than infiltration.⁴

Although rare, CSF dissemination occurs in 7% of patients with spinal ependymomas, 4,42 with rare instances involving the brain (Fig. 1). $4,42,43$ Metastasis to extra-neural structures has also been documented, $4,444$ and originates predominantly from clear cell ependymomas.³⁷

The prognosis for spinal cord ependymomas, compared to intracranial lesions, is fairly good for five-year (83–97%), 10-year (74–97%), and 15-year (61–75%) survival rates. PFS has been reported as 70% to 75% (five-year), 50% to 62% (10-year), and 35% to 46% (15 year).4,43,45,46 Improvement in OS and PFS has been associated with younger age, tumor size, and distant spinal disease.4,43,46–48

4. Chromosomal anomalies associated with ependymoma

Given the controversy regarding WHO grading and the difficulty in achieving local tumor control for ependymomas with surgery and chemo-radiotherapy, recent advances have demonstrated a strong focus on genetic analysis to elucidate the mechanisms of tumor initiation and progression (Table 1). $4,7,49,50$

4.1. Chromosome 22 loss (Mixed populations)

Ependymomas have a high incidence of loss of heterozygosity (LOH) on chromosome 22q, which is associated with neurofibromatosis type 2 (NF2) mutations.^{4,51,52} Ebert and colleagues identified six NF2 mutations in grade 2 spinal ependymomas, but no mutations were found in MEPN tumors within the study.^{36,51} Furthermore, deletion of NF2 does not appear to have a significant impact on pediatric intracranial lesions.^{7,53,54} While monosomy 22 has a higher incidence in adult patients, only 31% of pediatric ependymomas display this finding.¹⁰

LOH on chromosome 22q also has an inverse relationship with LOH on 11q. Along with the 11q LOH, mutations in the MEN1 gene (located at 11q 13) were occasionally found. MEN1 was initially found intact within WHO grade 2 ependymomas, but upon tumor recurrence with malignant transformation, MEN1 was discovered to be mutated. This finding implicates MEN1 as a potential gene involved in tumor recurrence and progression.⁴ In addition, recurrent tumors have also been found to have losses of chromosome 3q, 6q, 10q, 15, and 22, with no such anomalies detected during initial tumor presentation.³⁷

Genetic underexpression of several transcripts was found in 22q12.3–22q13.3, including RAC2, G22P1, MCM5, SULT4A1, FBX7, C22orf2, CBX7, and SBF1. CBX7 is thought to

regulate both the p16(INK4A)/Rb and ARF/p53 pathways involved in cellular lifespan. 7,10,55–57 SMARCB1 (hSNF5/INI1) is also located on 22q and has been implicated in the pathogenesis of various other tumors.¹⁰

While the high incidence of 22q LOH in ependymoma tumors and subsequent alteration of specific genetic expression profiles warrants further investigation, many other chromosomal abnormalities have also been detected in the adult and pediatric populations.

4.2. Other chromosomal losses (Mixed populations)

Although less common, chromosomal losses have also been detected on 2q, 4q, 5q, 6q, 7q, 9p, 10q, 15q, 16, 17p, 19p, and 21.4,10,58–60 While common in malignant gliomas, chromosome 10q LOH was uncommon in a wide variety of ependymomas.⁴ However, one study found this genetic alteration in 19% of patients, including 10q23.21, which codes for MINPP1 and is implicated in follicular thyroid carcinomas. In 16% of patients, TACC2, believed to be involved in mitotic spindle maintenance⁶¹, had a deletion at $10q26.12$, and TACC2 mRNA showed increased expression in all samples. Loss on 6q24–26 is also frequently identified, 7,59,62 with related decreased expression of SASH1 (deleted in breast cancer) and TCP1 (involved in tubulin production). ADM1 and CDK11 at 6q21 are implicated in cellular proliferation and are also underexpressed.55,56 Loss on chromosome 6q23 was correlated with a poor event-free survival.7,63 FOXD4 (9p24.31) is a member of the forkhead box family expressed in embryonic stem cells and is also found with losses in ependymoma patients.61,64

4.3. Chromosomal gains (Mixed populations)

While there remains a great deal of variability, comparative genomic hybridization has been utilized to appreciate chromosome gains in a high percentage of ependymomas, including 1q, 7q, 9q, 12, 13q, 17p, 17q, 20q, and 22q.4,61,65–67 Gains at 1q21.1–32.1 were associated with recurrence in patients of mixed age groups.⁶¹ DUSP12 (1q23.3) was overexpressed in all samples in one study, with suspected involvement with aggressive ependymomas. DUSP12 mRNA levels were also associated with cyclin D1 levels throughout the cell cycle, implicating a potential role in the regulation of cell division and tumor development.⁶¹ The ARHGEF5 gene located at 7q34 was identified with gains in 38% of ependymomas. This gene is involved in cytoskeletal organization and progression. Gains were also detected in 34% of tumors within the HOXC4 gene at 12q12.12, which is implicated in neuronal morphogenesis. Furthermore, increased expression of this gene was found in 90% of ependymomas.⁶¹ HOX (homeobox-containing) family genes have been specifically associated with spinal ependymoma tumorigenesis.^{55,60,68,69}

4.4. Ependymoma location (Mixed populations)

Chromosome anomalies have also been associated with specific tumor locations, implying a unique pathogenesis for ependymoma formation in the infratentorial, supratentorial, and spinal cord regions. Intracranial lesions were associated with gain of $1q^{10}$ and losses on 6q, 9 and 13.65,67,68,70 Infratentorial ependymomas demonstrated chromosomal gains of 9q33– $34,^{1,32}$ and losses of 17p13.3. Supratentorial tumors were identified with losses of 9p.¹⁰ Spinal cord ependymomas included gains on chromosome 7, which were described in 95% of lesions.10 Additional findings for spinal cord tumors include monosomy 22, and loss of chromosomes 6 and $12.62,65,68,71-73$ Pediatric spinal ependymomas were found to display whole chromosomal imbalances (gain of chromosome $7, 9, 11, 18, 20$, or loss of $1, 2, 10$).⁷

4.5. Pediatric ependymomas

While limited data have forced many researchers to combine their findings from mixed age groups, some have analyzed results exclusively from the pediatric population. In pediatric intracranial ependymomas, approximately 90% were found to have abnormal karyotypes. One review of 21 karyotype studies reported that while adults tend to present with gains on chromosomes 2, 5, 7, 9, 12, 18, and X, and loss on 6, 10, 13q, 14q and 22, pediatric ependymomas are associated with gains on chromosomes 1q, 7, and 9, and loss on chromosomes 1p, 3, 6, 9p, 13q, 17, and 22.⁷

4.6. Pediatric chromosomal loss

Loss of 17p is reported in as many as 50% of sporadic pediatric ependymomas, 10 with loss of 6q in about 15% of patients.74 Loss of chromosome 6q has also been identified in children upon tumor relapse.⁷ Ependymomas in the posterior fossa have been associated with loss of chromosomes 6, 17, and 22, as well as silencing of the tumor suppressor gene HIC-1 on chromosome 17p.75 Monosomy 22 has been reported in 30% of pediatric patients, with loss of 22q13 in 55% of this population.⁵⁷ Losses on chromosome 16 have also been noted.10,32

One report of an 18-year-old patient with a supratentorial grade 3 ependymoma revealed deletions at 1p and 14q found only in local recurrences and upon tumor metastasis. Interestingly, the frequency of loss at 1p36 increased in relation to distance from the site of local recurrence. These findings implicate a potential gene associated with tumor recurrence and metastasis. One candidate gene is AJAP1/SHREW1, located at 1p36.32. This gene is believed to inhibit adhesion and migration in oligodendrogliomas. Furthermore, immunohistochemistry staining of this patient's metastatic lesion demonstrated a complete loss of this gene expression compared to the initial primary ependymoma.³⁷

4.7. Pediatric chromosomal gain

Chromosomal gains at 1q were particularly more common in pediatric (15–50% compared to 8% in adults)^{7,57} and anaplastic ependymomas (gain at $1q21-32$).^{4,7,61,67,70} Kilday et al.⁷ reported that gain at 1q was the most common imbalance (with high amplification at 1q24– q31) and this gain was found in both primary and recurrent pediatric tumors. In addition, this genomic aberration has been associated with a poor prognosis in various other tumors, further validating its importance.^{7,57,76–78} Specifically, gains of 1q25 have been associated with a poor prognosis in pediatric patients, with genomic abnormalities involving the translocated promoter region (TPR) identified in 38% of ependymomas. Both TPR amplification and RAC2 loss were associated with decreased survival, while RAC2 loss was also correlated with increased recurrence in patients younger than two years of age.^{49,57,61} In conjunction with gain on 1q, losses on 6q and 22 have also been associated with recurrence.⁷ Furthermore, numerous other potential candidate oncogenes on 1q have been suggested, including HSPA6 (1q23), laminin (1q31), PRELP (1q32), GAC1 (1q32), and CHI3L1 (1q32.1).7,56,79–81

Karakoula et al.57 investigated pediatric ependymomas and found increased expression of various genes located in the "epidermal differentiation region" that are implicated in tumorigenesis and are frequently abnormal in several other tumor types. Genetic gains were identified in 61% of patients and were most commonly found in 1q21 and 1q25. Chromosome 1q21 had the highest copy numbers present in SHC1 (41%), S100A11 (31%), and JTB (28%). Additional gains at 1q21.3–23.1 and 1q31.1–31.3 have also been identified.⁵⁷

One study found that 58% of patients younger than sixteen years old had gains on chromosomes 7q and 9p24.3-qter.³² In patients less than three years old, gain in 9q33–34 (covering oncogenes Notch1 and TNC) was found to correlate with recurrence. Interestingly, 9qter amplification increased upon subsequent relapses, consistent with the fact that 9qter was more frequent in older children.³² In addition, this young population is also reported with gain on 11q13 flanking the CCND1 oncogene.^{10,32}

4.8. Ependymoma subtypes

Regarding genetic abnormalities associated with specific ependymoma subtypes, MEPN tumors displayed frequent gains simultaneously on chromosomes 9 and 18, with others detected on chromosomes 3, 4, 7, 8, 11, 13, 17q, and 20. Losses were noted on chromosomes 1, 10, and 22.¹⁰ Santi and colleagues^{36,82} found all 13 MEPN within their study to display polysomy of chromosome 7, whereas no such abnormality was present in classic ependymomas. Anaplastic ependymomas displayed losses on chromosome 9 and 1p, which implicated several potential pathways, including the cyclin D/CDK4 pathway (INK4A on 9p) and p53 pathway (ARF on 9p). ARF is involved in the stabilization of p53, but its role in anaplastic ependymomas is uncertain. While decreased p14ARF and p27 expression have been associated with increased aggressive tumor behavior, one report failed to detect deletions or hypermethylation of ARF. However, positive staining in grade 3 ependymomas for p53, tenascin, vascular endothelial growth factor (VEGF), and epidermal growth factor receptor (EGFR) have been associated with decreased PFS.10,37 Loss of chromosome 9 has also been implicated in the development of clear cell ependymomas.³⁷

Classic ependymomas were found to contain high expression levels of dynein genes, which are involved in the development of cytoskeleton and mitotic spindles.68,83 As grade 2 tumors are found with more gross chromosomal abnormalities than grade 3 lesions, it has been postulated that dynein dysregulation may be the cause of these anomalies.⁶⁸

5. Prognosis

To create a more consistent and reliable risk stratification, Korshunov et al.¹¹ proposed a system based upon genetic analysis for intracranial ependymomas consisting of three prognostic subgroups:

- **i.** Group 1 (34% of their study, five-year OS of 100%) tumors with gains of chromosome 9, 15q, or 18, or loss of chromosome 6, without 1q gain or CDKN2A deletion
- **ii.** Group 2 (42% of their study, five-year OS of 78%) tumors balanced for chromosome 1q, 6, 9, 15q, and 18, without a homozygous deletion of CDKN2A
- **iii.** Group 3 (25% of their study, five-year OS of 32%) tumors with 1q gain or homozygous deletion of CDKN2A.¹¹

However, they concluded that a gain in chromosome 1q is the most reliable genetic prognostic marker overall.^{11,61,67,70,81} Current therapy standards demonstrate an excellent prognosis for ependymomas possessing chromosomal changes indicative of group 1. Conversely, chromosomal alterations of group 3 are associated with anaplastic ependymomas and a poor prognosis.11,61,65–67,69,70 Tumors of this group manifest aggressive clinical behavior and demonstrate a propensity for metastasis.11,37,61,84 In accordance with Korshunov's group 3, intracranial ependymomas with gains at 1q21.1–32.1 are also associated with increased recurrence.¹⁰

Yet contrary findings for these prognostic markers have also been reported. Loss of 6q23 (group 1) has been associated with a decreased PFS , $11,63$ while anaplastic ependymomas

with loss of 6q25.3 demonstrate an improved OS. In pediatric patients, gain of 9q (group 1) have also been correlated with frequent recurrence.^{11,12}

Kilday et al.⁷ reported that adult ependymomas have more chromosomal abnormalities (7.5) per tumor) than their pediatric counterpart (3.8 per tumor), which is further supported by the evidence that a balanced genomic profile was observed in 36% to 58% of pediatric patients compared to less than 10% of adult patients. Adult and spinal imbalances tended to incorporate whole chromosomal rearrangements, rather than the partial and complex imbalances observed in pediatric and aggressive adult ependymomas. These observations seem to support Korshunov's classification system, as a higher number of genomic aberrations was associated with a better prognosis. Consistent with this concept, Dyer et al. found that almost all recurrent tumors possessed a genomic signature demonstrating infrequent and often partial imbalances.7,70

Although the application of current chromosomal findings for the purposes of risk stratification still necessitates further validation, the use of genetic biomarkers as prognostic indicators may allow for more individualized therapeutic strategies. Patients requiring more aggressive treatment may be identified to prevent progression and recurrence, whereas lowrisk groups may benefit from reduced toxicity of unnecessarily intense adjuvant therapy.

6. Conclusion

Recent findings suggest that the histologic diagnosis of ependymomas may be insufficient to assign an appropriate risk stratification strategy. Furthermore, conventional therapies may fail to effectively control tumor growth and progression due to the inherent heterogeneity of ependymoma abnormalities, as demonstrated by analysis of genetic and molecular anomalies. A more detailed understanding of these various mechanisms may facilitate the identification of more specific prognostic markers, as well as the development of novel agents for individually tailored therapy.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Appendix A. Supplementary material

Supplementary data associated with this article can be found, in the online version, at doi: 10.1016/j.jocn.2011.11.004.

Fig. 1.

Sagittal T1-weighted MRI with contrast demonstrating (A) an expansive, contrast-enhancing intra-axial lesion in the cerebellum with extension into the foramen magnum, and (A, B, C) multiple well-circumscribed enhancing intradural and extramedullary lesions predominantly along the thoracic and lumbar regions. From ⁸⁵ Macedo LT, Rogerio F, Pereira EB, et al. Cerebrospinal tumor dissemination in a patient with myxopapillary ependymoma. J Clin Oncol 29:2011 e795–798. Reprinted with permission. © 2011 American Society of Clinical Oncology. All rights reserved.

Table 1

7q, 9p24.3-qter

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