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## Elevated glucose metabolism in the amygdala during an inhibitory avoidance task

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### Abstract

There is a long-standing debate as to whether the memory process of consolidation is neurochemically similar to or the same as the set of processes involved in retrieval and reconsolidation of that memory. In addition, although we have previously shown that initial memory processing in the hippocampus causes a drainage of hippocampal glucose because of increased local metabolic demand, it is unknown what metabolic changes occur elsewhere in the brain or during subsequent processing of a previously consolidated memory. Male Sprague Dawley rats (3 months old) were implanted with unilateral microdialysis cannulae and *in vivo* microdialysis of amygdala extracellular fluid (ECF) was performed during both (i) initial learning and (ii) retrieval 24h later of an aversively-motivated avoidance memory task. ECF samples were analyzed for glucose, lactate, pyruvate and glutamate. Results showed close similarity between increases in local glycolysis seen during both consolidation and retrieval, but also suggested that there may perhaps be a difference in amygdalar oxidative phosphorylation stimulated by the two processes. Hence, our data suggest that memory formation places similar metabolic demands across neural systems, and that consolidation may be metabolically different from retrieval.

### Keywords

memory systems; glucose; metabolism; hippocampus; amygdala; consolidation

## 1. Introduction

Despite extensive research on the neuroscience of memory, the similarities and differences between the mechanisms of memory acquisition, consolidation, retrieval, reconsolidation, and extinction remain relatively unclear. Comparatively few studies have attempted to make direct comparisons of the neurobiological mechanisms involved in two or more of these processes. Pharmacological studies have suggested that the impact of specific drug treatments on memory may vary between consolidation and extinction [1, 2] and that the exact location of the processes may vary, for instance between nuclei within the amygdala for conditioned taste aversion processes [3]. However, few or no metabolic and neurochemical measures across processes have been taken. The aim of this study was to

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confirm that cognitively-induced increases in glucose metabolism take place in regions other than the hippocampus. Further, it was hypothesized that consolidation might differ metabolically from that of retrieval, which would support the suggestion that consolidation and retrieval are distinct neurochemical processes.

Here we report comparison of the metabolic demand and neurochemistry of initial memory consolidation with that of subsequent retrieval. Specifically, we used *in vivo* microdialysis (mD) to measure local glucose metabolism (via measurement of extracellular glucose, lactate, and pyruvate) and neural activity (extracellular glutamate) in the basolateral amygdala on both day 1 (initial learning) and day 2 (retrieval and reconsolidation) of a passive-avoidance memory task that is well-established to be dependent on basolateral amygdala processing.

The amygdala is well-known for its role in memory, particularly for memories involving emotional arousal or stress [4-6]. At least within the hippocampus, mnemonic processing is metabolically taxing and increases local glucose metabolism, such that extracellular levels of glucose are drained [7-9], suggesting an increase in glucose usage that exceeds local supply; extracellular lactate often rises at such times of increased local activity [10, 11] consistent with an increase in glycolysis. There is a large body of literature showing that administration of exogenous glucose either systemically or directly to any of several relevant brain regions can enhance memory performance, including performance on amygdala-mediated tasks [11-20]. Additionally, increases in glucose supply that enhance memory also reverse the task-associated dip in hippocampal extracellular glucose [8, 10, 11]. However, measurements of amygdala glucose metabolism during memory processing have not previously been reported. We show here that the metabolic processes underlying consolidation and retrieval in the amygdala may be metabolically distinct, with an apparent difference in oxidative metabolism between the two conditions despite similar glycolytic markers.

## 2. Material and Methods

### 2.1. Subjects

Male Sprague-Dawley rats (Charles River, Wilmington, MA), 12 weeks old, were housed in pairs on a 12:12h light:dark schedule with food and water available ad libitum. Following surgery, rats were housed in single cages. All procedures were approved by the University at Albany Institutional Animal Care and Use Committee. All rats were allowed to acclimate for at least one week prior to any surgery or testing. Animals were handled routinely from the time of their arrival by the experimenters to minimize any effects of handling stress on experimental measurements.

### 2.2. Surgeries

Rats were anaesthetized by isoflurane and a single microdialysis guide cannula (CMA12; CMA/Microdialysis) was stereotaxically implanted into the left basolateral amygdala using aseptic surgical technique as detailed previously [7, 10, 21]. Cannula coordinates were -3.0 mm posterior to bregma, +5.0 mm lateral, and 6.0 mm ventral from dura, with nosebar at -4.6 mm above the interaural line. Rats received acetaminophen in their drinking water following surgery and were handled extensively by the researcher for a week long recovery period prior to testing.

### 2.3 Behavioral testing

To assess consolidation and retrieval, inhibitory avoidance (IA) was used. Animals were placed in a novel, brightly-lit white chamber for 30 seconds, after which a door opened,

allowing entry to a dark chamber. Upon entry to the dark chamber on Day 1, animals immediately received a mild foot shock (0.5 mA, 1s); when shocked, animals immediately return to the lit chamber and are then returned to their home cages for 24h. On Day 2, the animals were again placed in the white chamber for 30s before the door was opened; latency to cross into the dark compartment after the door opened (to a maximum of 1500 seconds) was taken as a measure of memory for the aversive experience associated with the dark chamber. The IA used was a 37" trough style chamber with shock floor specifically created and designed with a lid to allow for mD during training and testing (Maze Masters).

#### 2.4 *In vivo* microdialysis procedures

Microdialysis was performed as previously described [7, 22]. Artificial extracellular fluid (aECF; formulated as previously described [23]) was perfused through the basolateral amygdala on both days before, during, and following testing. On the days of testing, rats were brought into the testing room; a fresh probe with a 2mm membrane length was placed through the guide cannulae into the basolateral amygdala and allowed to equilibrate for one hour while perfused at a rate of 1.5  $\mu$ l/min; this timing has been shown by us and others to allow for reformation of the blood-brain barrier, stable baseline measurements, and responsiveness to cognitive load [7, 10, 23, 24]. Samples were collected in 20-minute bins at baseline, and then in 10-minute bins during and following placement into the testing apparatus. After the final baseline sample was collected on day two animals were sacrificed and brains were removed for post mortem histology. Glucose, lactate, pyruvate, and glutamate were measured in ECF samples using a CMA 600 Metabolic Analyzer.

#### 2.5 Histology

Immediately following testing, rats were sacrificed by CO<sub>2</sub> asphyxiation. Brains were removed, frozen on dry ice, and stored at  $-80^{\circ}\text{C}$ . Histological examination examined probe placement. Brains were cut on a Leica cryostat (Nussloch, Germany) at 40  $\mu$ m sections and mounted to glass slides. Slides were then stained with cresyl violet and were coverslipped. Proper probe placement was verified on a Nikon Eclipse E100 microscope. 18 animals were used in total and 7 were excluded for probes placed outside the BLA; a total of 11 animals were used for metabolic analysis. A total of 6 samples were lost due to analytical error.

#### 2.6 Statistical Analyses

Independent samples *t*-tests were used to compare metabolic alterations between baseline and maze testing periods, to compare latency to cross between first and second days of behavioral testing, and to compare metabolic fluctuations between the first and second days.

### 3. Results

Animals entered the dark chamber rapidly on Day 1 (average of 10 sec, S.E.M. = 1.14) and displayed excellent retention of inhibitory avoidance conditioning, with no animal entering the dark chamber on Day 2 in less than 600s (average of 880 sec, S.E.M. = 57.00);  $t(10) = -15.311$ ,  $p < 0.001$ . On both Day 1 and Day 2, there was a marked dip in ECF glucose (to 70% of baseline, S.E.M. Day 1 = 0.07, S.E.M. Day 2 = 0.06; Day 1:  $t(42) = 5.813$ ,  $p < 0.001$ ; Day 2:  $t(41) = 7.463$ ,  $p < 0.001$ ) whose start coincided with the start of the task (Figure 1). Concurrent with this decrease in ECF glucose, there was a marked rise in ECF lactate during the task period on both days (to 130% of baseline, S.E.M. = 0.10; Day 1, to 120% of baseline, S.E.M. = 0.10; Day 2); Day 1:  $t(42) = -4.978$ ,  $p < 0.001$ ; Day 2:  $t(42) = -4.033$ ,  $p < 0.001$ ).

There were no significant differences in the magnitude and duration of either change across days suggesting a similar elevation in local glycolysis on each day. Further, on both Day 1

and Day 2 there was a similar, marked rise in glutamate during the task period (to 130% of baseline, S.E.M. Day 1 = 0.06, S.E.M. Day 2 = 0.05); Day 1:  $t(41) = -7.578$ ,  $p < 0.001$ ; Day 2:  $t(42) = -10.1735$ ,  $p < 0.001$ ) during the IA task, consistent with the expected increase in neural processing (Figure 3).

Interestingly, on Day 1 there was a marked rise in pyruvate during the training period, while on Day 2 there was a marked dip during the testing period (to 120% of baseline, S.E.M. Day 1 = 0.0.07;  $t(42) = -4.749$ ,  $p < 0.001$ , and 80% of baseline, S.E.M. Day 2 = 0.04;  $t(41) = 3.849$ ,  $p < 0.001$ , respectively). There was also a significant difference in both maze collection samples (4 and 5) across days ( $t(19) = 5.00$ ,  $p < 0.001$ ;  $t(20) = 2.51$ ,  $p = 0.02$ , respectively; Figure 4). This difference across days suggests that although both initial learning and retrieval are metabolically demanding, there may perhaps be a difference in amygdalar oxidative phosphorylation between the two processes.

#### 4. Discussion

The task-associated dip in ECF glucose and concurrent rise in ECF lactate seen on both days closely resemble those previously observed in the hippocampus during spatial memory processing [7, 11, 23], suggesting that the metabolic demands of mnemonic processing may be similar across brain regions, potentially with optimal memory performance being limited by available glucose supply, as we have previously seen in the hippocampus [7, 9, 25, 26]. Second, the processes underlying consolidation and retrieval in the amygdala are at least superficially similar neurochemically, with almost identical fluctuations in glucose, lactate and glutamate. Third, however, the markedly different pyruvate changes observed between the two days suggests that consolidation and retrieval differ either in the demands placed on oxidative metabolism, or in coupling of activity to blood flow and hence oxygen supply, or both; the exact reason for this difference remains to be determined.

Comparison of the first 10-minutes of training with the second 10-minutes of training revealed significant differences for all measures. This change is likely indicative of a decrease in metabolic load and/or a decline in the neural activity associated with post-learning consolidation.

The present study did not include a manipulation that would induce a reconsolidation impairment at the time of the retention test, so we are unable to confirm whether or not the retention test elicited activation of the mechanisms involved in memory reconsolidation. However, most studies of retrieval and reconsolidation involve re-exposing the animal to some aspect of the training (e.g., CS in fear conditioning) or providing a nonreinforced training trial (e.g., water maze with escape platform removed) [27-30]. Such protocols, by nature, elicit new learning through either extinction or a conditioning trial. Under such conditions, animals presumably retrieve the old consolidated memory of training and then update that memory. Because of the new learning, this approach makes it very difficult to determine the role of memory retrieval in reconsolidation. By adjusting reactivation protocols, some researchers have attempted to eliminate the role of new learning at reactivation. These studies have implied that the act of retrieving an old consolidated memory from storage is sufficient to elicit mechanisms of reconsolidation [30-34]. Based on this literature, we suggest that the first 10 minutes of the retention test, during which no animal had crossed into the dark chamber, may reflect memory retrieval and reconsolidation processes in the basolateral nucleus of the amygdala.

Due to the nature of the microdialysis testing, the animal is probed on Day 1 and for a second time on Day 2. This may produce glial scar tissue buildup, although the literature suggests that repeat measurements can reliably be taken for up to three days after initial

probing [24, 35]. The fact that very similar changes in glucose and lactate were seen across days suggests that any impairment due to measurement was slight at most. It is potentially possible that the differences in pyruvate seen across days might be related to this repeated probing. The rise and dip in pyruvate are only seen during and immediately following testing, and if changes in oxidation were due to the probing and subsequent testing alterations in oxidative phosphorylation would be likely to be during baseline measures and would presumably persist through testing; therefore, it is unlikely that changes observed in oxidative metabolism across days are due to the microdialysis protocol. One possible confound that must be borne in mind is that any effect of re-probing (for instance, on oxidative phosphorylation) might only manifest during high metabolic demand, such as during maze testing.

A more likely explanation for the observed differences in ECF pyruvate across days, if not purely due to a difference in metabolic processing, is a differential alteration of local cerebral blood flow, presumably with greater flow and hence greater oxygen supply being seen on Day 2. The fact that processing on Day 2 might be more effective at coupling neural activity to vascular supply than on day one is a potentially interesting finding, and would if correct offer new insight into the mechanisms underpinning consolidation versus reconsolidation. Measurement of local cerebral blood flow under conditions similar to those used here could be used to address this question.

This study sampled exclusively from the left BLA using a 2mm probe. There has been mixed evidence as to the lateralization of amygdalar involvement in mnemonic processing [36-39], so that studies across both hemispheres might potentially uncover differences; however, previous studies from our lab and others [40, 41] to which the present data were designed to be compared have focused primarily on the left hemisphere, hence the unilateral design used here. The 2mm probe used here has been used successfully in BLA microdialysis studies [42-44], but it is possible that the data reported here reflect changes not only within the BLA but also in surrounding brain tissue.

## 5. Conclusion

Consistent with previous hippocampal data, avoidance training and testing caused an acute elevation of local metabolism within the basolateral amygdala, causing a decrease in ECF glucose and increased ECF lactate and glutamate. To our knowledge, these are the first microdialysis measurements of local metabolism in the amygdala during affective processing, and also the first attempt to compare neurochemical processes in the amygdala during consolidation and retrieval.

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### Highlights

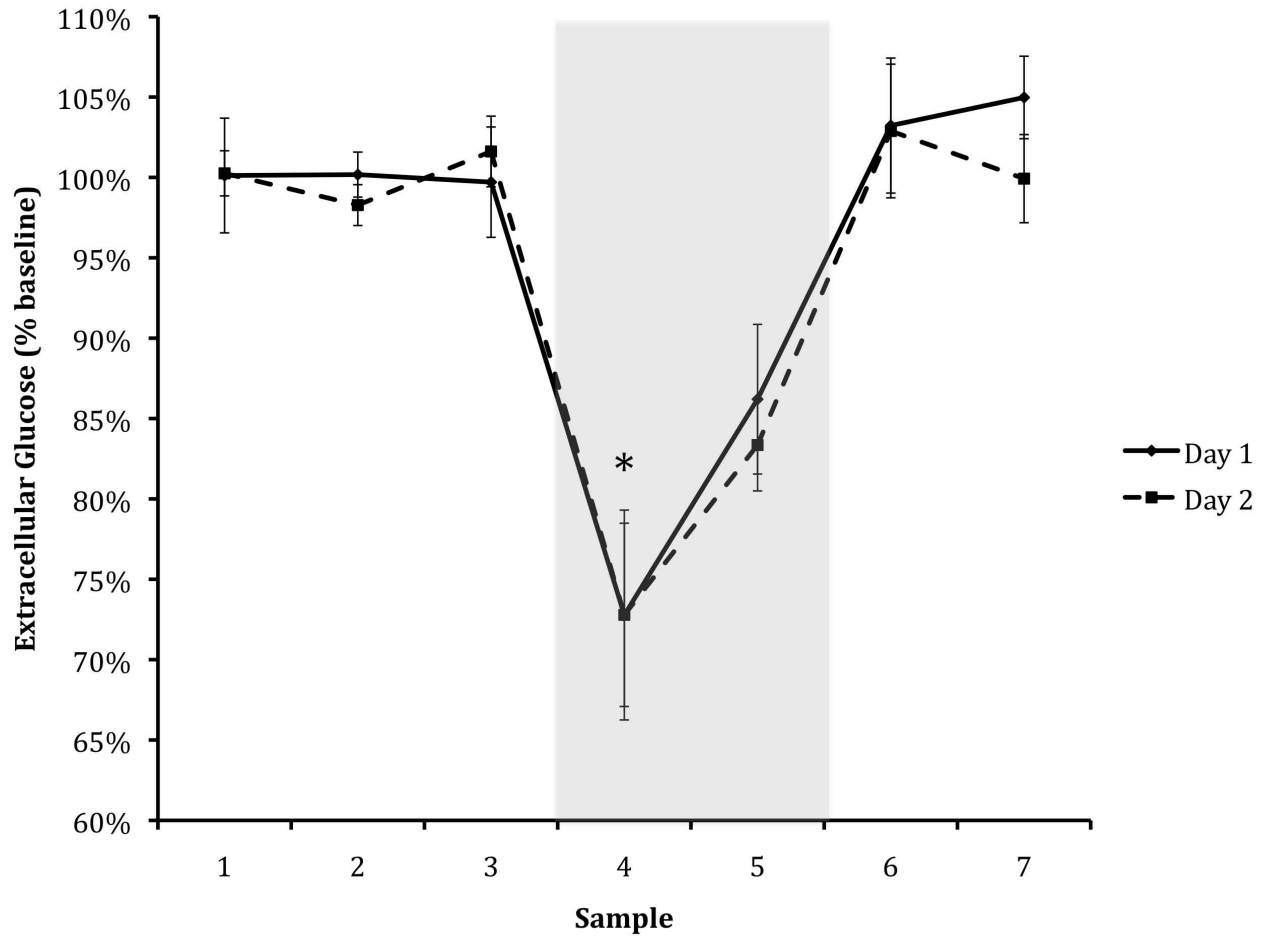
Mnemonic processing within the amygdala was assessed using in vivo microdialysis

Similarities in local glycolysis were seen during both consolidation and retrieval

Differences in oxidative phosphorylation were also seen during mnemonic processing

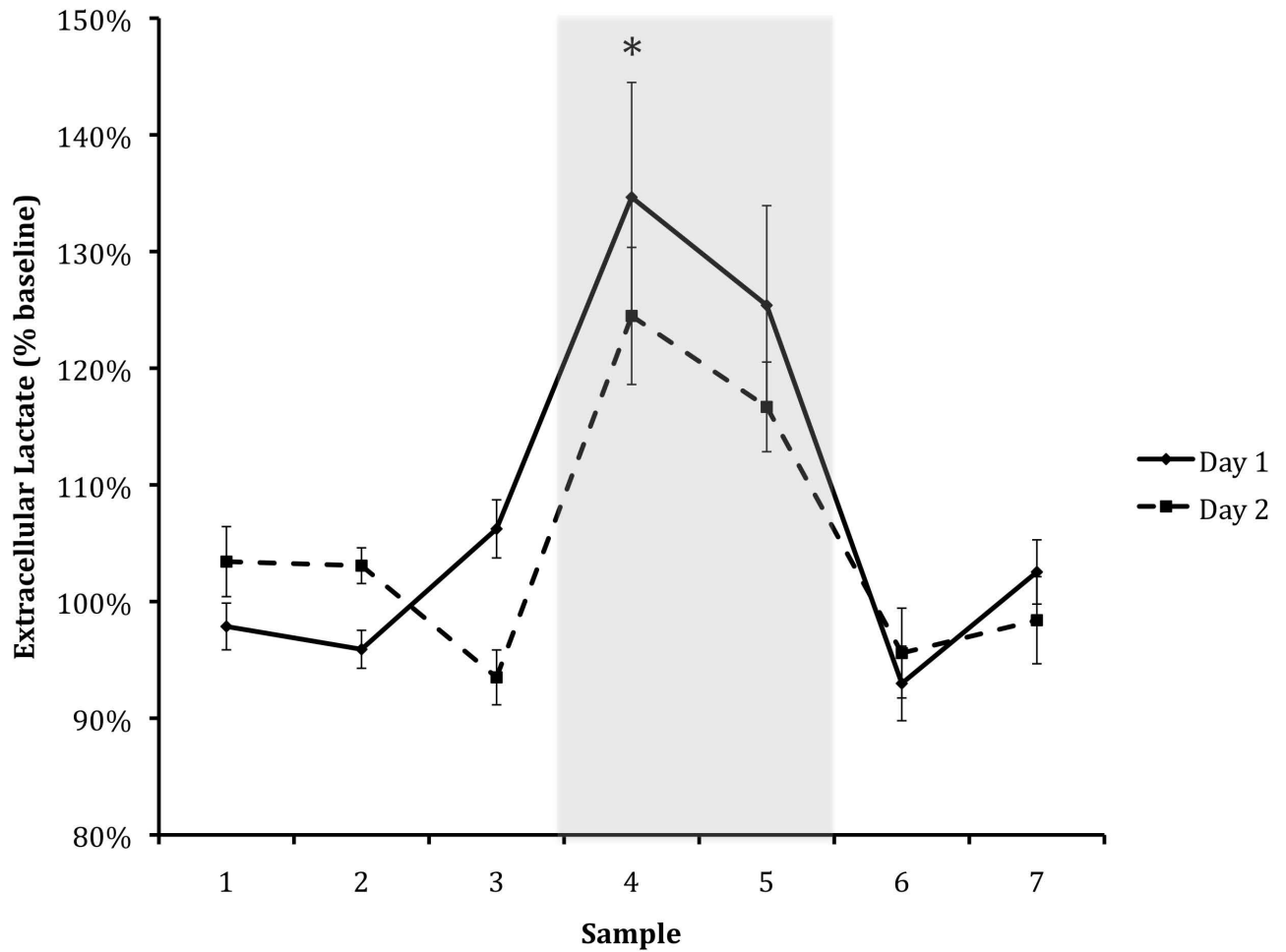
These are the first microdialysis measurements of local metabolism in the amygdala

We are the first to compare neurochemical processes during mnemonic processing



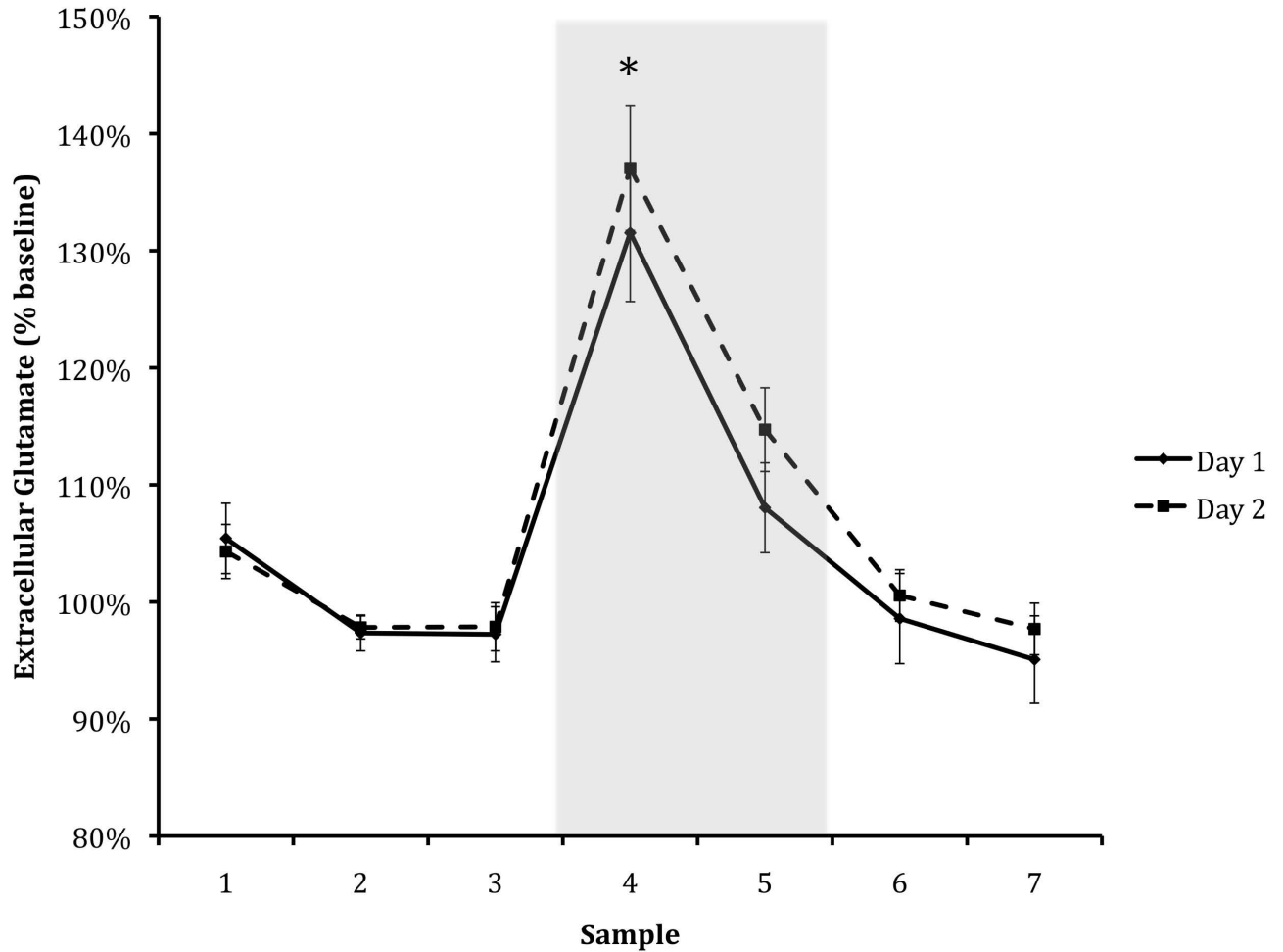
**Figure: 1. Glucose Day One & Day Two**

Amygdala ECF glucose levels in 12-week-old animals, shown as percent of baseline level. The black line denotes Day 1 (training) and the dashed line denotes Day 2 (testing); glucose levels did not differ significantly across days for any sample. Asterisks indicate significant difference from baseline for both days ( $p < .05$ ). The shaded rectangle indicates the maze-testing period. Data are presented as mean  $\pm$  S.E.M.



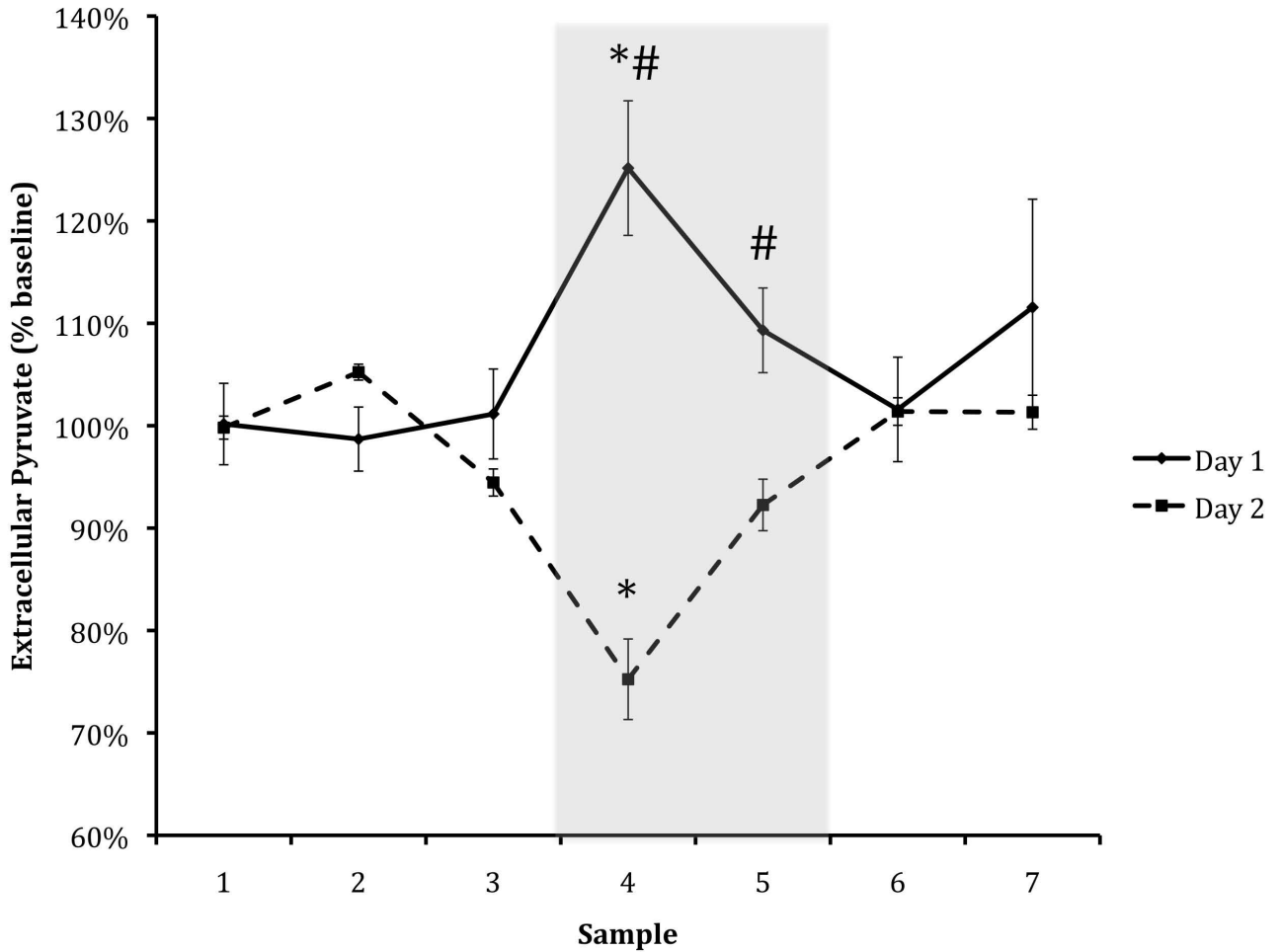
**Figure 2. Lactate Day One & Day Two**

Amygdala ECF lactate levels in 12-week-old animals, shown as percent of baseline level. The black line denotes Day 1 (training) and the dashed line denotes Day 2 (testing). Asterisks indicate significant difference from baseline for both days ( $p < .05$ ). The shaded rectangle represents the maze-testing period. Data are means  $\pm$  S.E.M.



**Figure: 3. Glutamate Day One & Day Two**

Amygdala ECF glutamate levels in 12-week-old animals, shown as percent of baseline level. The black line denotes Day 1 (training) and the dashed line denotes Day 2 (testing); glutamate levels did not differ significantly across days for any sample. Asterisks indicate significant difference from baseline for both days ( $p < .05$ ). The shaded rectangle represents the maze-testing period. Data are means  $\pm$  S.E.M.



**Figure 4. Pyruvate Day One & Day Two**

Amygdala ECF pyruvate levels in 12-week-old animals, shown as percent of baseline level. The black line denotes Day 1 (training) and the dashed line denotes Day 2 (testing); pyruvate levels differed significantly across days during maze testing. Asterisks indicate significant difference from baseline for both days ( $p < .05$ ); hash tags indicate significant differences in sample across days ( $p < .05$ ). The shaded rectangle represents the maze-testing period. Data are means  $\pm$  S.E.M.