Comprehensive review of JAK inhibitors in myeloproliferative neoplasms

Mohamad Bassam Sonbol, Belal Firwana, Ahmad Zarzour, Mohammad Morad, Vishal Rana and Ramon V. Tiu

Abstract: Myeloproliferative neoplasms (MPNs) are clonal hematopoietic stem-cell disorders, characterized phenotypically by the abnormal accumulation of mature-appearing myeloid cells. Polycythemia vera, essential thrombocythemia, primary myelofibrosis (also known as '*BCR-ABL1*-negative' MPNs), and chronic myeloid leukemia (CML) are the primary types of MPNs. After the discovery of the *BCR-ABL1* fusion protein in CML, several oncogenic tyrosine kinases have been identified in '*BCR-ABL1*-negative' MPNs, most importantly, *JAK2*V617F mutation. The similarity in the clinical characteristics of the *BCR-ABL1*-negative MPN patients along with the prevalence of the Janus kinase mutation in this patient population provided a strong rationale for the development of a new class of pharmacologic inhibitors that target this pathway. The first of its class, ruxolitinib, has now been approved by the food and drug administration (FDA) for the management of patients with intermediate- to high-risk myelofibrosis. Ruxolitinib provides significant and sustained improvements in spleen related and constitutional symptoms secondary to the disease. Although noncurative, ruxolitinib represents a milestone in the treatment of myelofibrosis patients. Other types of JAK2 inhibitors are being tested in various clinical trials at this point and may provide better efficacy data and safety profile than its predecessor. In this article, we comprehensively reviewed and summarized the available preclinical and clinical trials pertaining to JAK inhibitors.

Keywords: primary myelofibrosis, polycythemia vera, essential thrombocythemia, Janus kinase 2

Introduction

Myeloproliferative neoplasms (MPNs) include a diverse and heterogeneous group of clonal stem cell disorders, which are phenotypically characterized by the abnormal accumulation of matureappearing myeloid cells [Tefferi, 2010]. Chronic myeloid leukemia (CML), polycythemia vera (PV), essential thrombocythemia (ET), and primary myelofibrosis (PMF) are considered 'classic' MPNs [Dameshek, 1951], while'BCR-ABL1 negative' MPN is an operational term that is used in reference to PV, ET, and PMF [Tefferi and Vardiman, 2008].

After the discovery of the *BCR-ABL1* fusion antigen in CML [Bartram *et al.* 1983], several oncogenic tyrosine kinases have been identified, including protein kinases that result from the fusion of platelet growth factor receptor-b (*PDGFRb*) gene with its corresponding partner gene as exemplified by *TEL-PDGFRB* in patients

with chronic myelomonocytic leukemia, interstitial deletions that give rise to the *FIP1L1- PDGFRA* fusion in chronic eosinophilic leukemia [Golub *et al.* 1994; Cools *et al.* 2003], the activating *KIT-D816V* allele in 90% of systemic mastocytosis [Nagata *et al.* 1995], and 8p11 stem cell myeloproliferative disorder (MPD), respectively [Golub *et al.* 1994; Carroll *et al.* 1996; Xiao *et al.* 1998; Chen *et al.* 2004]. One of the most important discoveries was the identification of *JAK2*V617F in 2005 and its occurrence in the majority of patients with PV, ET, and PMF [Baxter *et al.* 2005; James *et al.* 2005; Kralovics *et al.* 2005; Levine *et al.* 2005].

The JAK family and JAK/STAT pathway

The Janus family of kinases (JAK) include JAK1, JAK2, JAK3 and TYK2, and are required for the physiologic signaling of cytokines and growth factors that intrinsically lack kinase activity

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Correspondence to: **Ramon V. Tiu, MD**

Department of Translational Hematology and Oncology Research, Taussig Cancer Institute, Cleveland Clinic, 9500 Euclid Avenue R40, Cleveland, OH 44195, USA **tiur@ccf.org**

Mohamad Bassam

Sonbol, MD Faculty of Medicine, Damascus University, Damascus, Syria

Belal Firwana, MD Department of Internal Medicine, University of Missouri, Columbia, MO, USA

Ahmad Zarzour, MD Mohammad Morad, MD Faculty of Medicine, Damascus University, Damascus, Syria

Vishal Rana, MD Division of Hematology, Mayo Clinic, Rochester, MN, USA

(erythropoietin [Epo], granulocyte–macrophage colony stimulating factor [GM-CSF], interleukin [IL]-3, IL-5, thrombopoietin, growth hormone and prolactin-mediated signaling) [Ihle *et al.* 1995; Pesu *et al.* 2008; Vainchenker *et al.* 2008]. The STAT (signal transducers and activators of transcription) family on the other hand is a downstream pathway that is activated upon the initiation of JAK signaling. It includes a number of latent transcription factors that, when phosphorylated on Y residues by the JAKs, drive the expression of genes involved in proliferation, apoptosis, migration, differentiation as well as the production of angiogenic and/or inflammatory proteins [Shuai and Liu, 2003; O'Shea *et al.* 2004; Fridman *et al.* 2011]. Each member of the JAK family has a primary role in mediating a signaling process with some overlap between them [Pesu *et al.* 2008]. JAK1 plays a crucial role in the signaling of many proinflammatory cytokines such as IL-1, IL-6 and tumor necrosis factor alpha (TNFα). JAK2 is important for hematopoietic growth factors signaling such as Epo, GM-CSF, thrombopoietin, IL-3, IL-5, growth hormone and prolactin-mediated signaling [Ihle *et al.* 1995]. JAK3 plays a role in mediating immune function (deficient JAK3 signaling in humans and mice was found to cause severe combined immunodeficiency [SCID]) [Nosaka *et al.* 1995], and TYK2 functions in association with JAK2 or JAK3 to transduce signaling of cytokines, such as IL-12 [Pesu *et al.* 2008; Vainchenker *et al.* 2008]. Bearing the aforementioned functions in mind, it is interesting to point out that it has been shown that patients with PMF have very high levels of circulating inflammatory cytokines [Schmitt *et al.* 2000; Panteli *et al.* 2005; Xu *et al.* 2005; Wang *et al.* 2006], a phenomenon that might be responsible for the hypercatabolic state and constitutional symptoms in such patients [Tefferi, 2000].

In addition to its involvement in the JAK/STAT pathway, JAK2 has been also identified in the nucleus of myeloid cell lines [Dawson *et al.* 2009]. It has been suggested that activated JAK2 phosphorylates histone H3 at tyrosine-41(H3Y41), resulting in the inhibition of the binding of the transcriptional repressor heterochromatin protein-1α (HP1 α), thus enhancing gene expression. The genetic deletion of JAK2 is lethal in embryonic mice owing to a lack of definitive erythropoiesis resulting from the absence of response of JAK2 deficient hematopoietic progenitors to erythropoietin stimulation [Parganas *et al.* 1998].

Biological and clinical relevance of JAK-STAT-relevant mutations

JAK2V617F mutation

A gain-of-function mutation that leads to a substitution of valine for phenylalanine at codon 617 of JAK2(*JAK2*V617F) has been identified in *BCR-ABL1*-negative MPN patients, with a frequency of 65–97% in PV, 23–57% in ET and 34–57% in PMF [Baxter *et al.* 2005; James *et al.* 2005; Kralovics *et al.* 2005; Levine *et al.* 2005]. This mutation occurs in the JAK2 pseudokinase domain and generates a constitutively active molecule resulting from a loss of the autoinhibitory effect of the pseudokinase domain on the kinase domain. Cells expressing *JAK2*V617F acquire cytokine-independent growth ability and/or cytokine hyper-responsiveness [James *et al.* 2005; Levine *et al.* 2005]. Most patients with MPN are heterozygous for *JAK2*V617F. However, there are a few homozygous cases which are seen more frequently in PV and PMF patients compared with ET. Homozygosity in this context is a product of mitotic recombination and duplication of the mutant allele, a mechanism known as uniparental disomy rather than loss of the remaining functional wild-type allele as is observed in certain tumor suppressor genes [Baxter *et al.* 2005; James *et al.* 2005; Kralovics *et al.* 2005; Levine *et al.* 2005]. The effect of *JAK2*V617F allele burden in MPNs has been demonstrated in several studies. It has been found that the higher *JAK2*V617F allele burden in PV patients correlates with an increased risk of MF transformation [Passamonti *et al.* 2010], more advanced myelofibrosis, greater splenomegaly, higher white blood counts, increased frequency of thrombosis including major cardiovascular events [Silver *et al.* 2011], and increased need for chemotherapy treatment [Vannucchi *et al.* 2007]. Interestingly, PMF patients with low *JAK2V617F* allele burden had a worse overall and leukemia-free survival when compared with patients with either a high allele burden or wild-type status [Tefferi *et al.* 2008].

Activation of the STAT family of transcription factors is important in *JAK2*V617F-mediated transformation as it has been suggested that the *JAK2*V617F may induce endogenous erythroid colonies (EECs) with an erythropoietinindependent differentiation EEC (which is a hallmark of human PV) via the STAT5/Bcl-xL pathway [Garcon *et al.* 2006].

The role of JAK2 activation in the pathogenesis of MPN was illustrated in murine bone marrow transplant (BMT) experiments. Data have shown that the expression of *JAK2*V617F, but not wild-type *JAK2*, in a murine BMT assay resulted in significant erythrocytosis in recipient mice 28 days after transplantation [James *et al.* 2005; Levine *et al.* 2005]. Further studies have shown that the expression of *JAK2V617F* in mice lead to the development of a disease that is similar to PV, which eventually progressed to myelofibrosis [Lacout *et al.* 2006; Wernig *et al.* 2006].

JAK2 exon 12 mutations

JAK2 exon 12 mutations are a group of mutations that are specifically found in the small proportion of *JAK2*V617F-negative PV patients with a frequency of 2–3% of PV patients [Pardanani *et al.* 2007; Scott *et al.* 2007; Tefferi, 2011; Verstovsek *et al.* 2011a]. The most frequently occurring mutations are the N542- E543del (23% of the combined group) and E543-D544del (11%) [Scott *et al.* 2007; Passamonti *et al.* 2011; Verstovsek *et al.* 2011a]. When compared with *JAK2*V617F-positive PV patients, those with *JAK2* exon 12 mutations had significantly higher hemoglobin level and lower platelet and leukocyte counts at diagnosis but similar rates of thrombosis, myelofibrosis, leukemia, and death [Tefferi, 2011].

MPL mutations

MPL is located in chromosome 1p34 and encodes for the thrombopoietin receptor. It has been reported in 5–9% of PMF patients [Pardanani *et al.* 2006; Pikman *et al.* 2006] and 1–3% of ET patients but not in patients with PV or other myeloid disorders [Pardanani *et al.* 2006]. *MPL*W515L is one of the somatic mutations in exon 10 in the transmembrane region of *MPL* and the most frequent MPN-associated *MPL* mutation (1.4% of PMF patients [Pardanani *et al.* 2006]). Its expression results in cytokineindependent proliferation of hematopoietic cells and results in further activation of JAK-STAT signaling. In murine BMT assay, the expression of *MPL*W515L induced myeloproliferation characterized by splenomegaly, leukocytosis, marked thrombocytosis, extramedullary hematopoiesis, and myelofibrosis [Pardanani *et al.* 2006; Pikman *et al.* 2006; Vannucchi *et al.* 2008].

*MPL*W515K, *MPL*W515S, and *MPL*S505N are other *MPL* mutations at exon 10 which have been described in ET and PMF patients with an incidence of 0.4–3% [Pardanani *et al.* 2006; Pikman *et al.* 2006; Guglielmelli *et al.* 2007; Beer *et al.* 2008; Tefferi, 2012]. ET patients with *MPL* mutation were found to have the following characteristics: older age, lower hemoglobin level, higher platelet count, microvascular symptoms, and a higher risk of postdiagnosis arterial thrombosis [Beer *et al.* 2008; Vannucchi *et al.* 2008]. However, MPL mutation does not appear to affect survival, fibrotic or leukemic transformation [Beer *et al.* 2008].

When compared with *MPL* wild-type PMF patients, those with *MPL*W515L/K were more frequently female, were older, had lower hemoglobin level, and were more likely to require regular transfusional support. These data indicate that *MPL* mutation in myelofibrosis may predict for patients with more severe anemic phenotype [Guglielmelli *et al.* 2007].

LNK mutations

LNK, also known as Src homology 2 B3 (SH2B3), is an adaptor protein that negatively affects the JAK–STAT signaling [Takaki *et al.* 2002; Velazquez *et al.* 2002; Tong and Lodish, 2004].

LNK-deficient mice showed a phenotype that is similar to that seen in MPN: splenomegaly, thrombocytosis, an exaggerated response to cytokines and extramedullary hematopoiesis [Velazquez *et al.* 2002].

Loss of function mutations of *LNK* at exon2 have been reported in MPN patients and were found to be more prevalent in blast-phase MPNs compared with chronic phase MPNs. These mutations are more likely to affect exon 2 in the Pleckstrin homology (PH) domain spanning residues E208-D234 [Lasho *et al.* 2010; Oh *et al.* 2010; Pardanani *et al.* 2010].

The deregulated signaling of the JAK/STAT pathway and the resulting aberrant gene expression play an important role in the pathogenesis of MPNs. However, mutations involving genes that are important in other cellular pathways including those involved in epigenetic regulation are also found in MPNs and also likely contributing

to the pathogenesis of MPNs. This suggests that JAK inhibition alone may insufficiently address the burden of disease.

JAK inhibitors

The clinical issues confronting patients with myelofibrosis have changed little with time. Clinical manifestations related to anemia, thrombocytopenia, extramedullary hematopoiesis, constitutional symptoms, and leukemic transformation remain the primary sources of morbidity and mortality in myelofibrosis patients. The disease course can also vary greatly from survival measured in decades to just several months. In the pre-JAK2 inhibitor era, nontransplant options included immunomodulatory agents, hydroxyurea, erythropoiesis-stimulating agents, androgenic steroids, and transfusions. Most myelofibrosis patients with anemia are primarily managed using immunomodulatory agents (lenalidomide or thalidomide ± prednisone), androgenic steroids (danazol), steroids, erythropoiesis-stimulating agents, and pegylated interferon. When constitutional symptoms and symptoms related to extramedullary hematopoiesis are present, hydroxyurea, immunomodulatory agents, splenectomy, and splenic irradiation are considered with only marginal and temporary success. The possibility of cure in myelofibrosis patients remains limited to a small subset of patients who are eligible to undergo allogeneic hematopoietic stem cell transplant (Allo-HSCT). However, there are several challenges encountered with this type of treatment approach including the limited number of suitable donors, presence of multiple comorbidities usually as a function of advanced age, difficulty in deciding at which time point during the disease course is it best to perform Allo-HSCT and lastly the choice of conditioning regimen.

Various prognostic scoring schemes have been developed to help stratify patients into specific risk groups with designated estimates of their survival outcomes and also risk for acute myelogenous leukemia (AML) transformation to help provide guidance on when to initiate more intensive therapies that includes Allo-HSCT. The most commonly used risk scoring system in MF is the International Prognostic Scoring System (IPSS) which takes into account 5 different clinicopathologic parameters namely age >65 years old, presence of constitutional symptoms, hemoglobin level <10 g/dl, white blood cell count >25 \times 10⁹/l, and presence of circulating peripheral blood blasts. The IPSS, which is used at the time of diagnosis, has since undergone further refinements. The Dynamic IPSS was developed and allows for prognosis prediction at any time during the disease course. Finally, the Dynamic IPSSplus takes into account three additional adverse prognostic factors, including unfavorable cytogenetic abnormalities, platelet counts $\langle 100 \times 10^9 \rangle$ and red blood cell transfusion dependence. The higher the score, the worse the risk groupings and associated outcomes. The prevailing expert opinion and clinical data support the potential benefit of Allo-HSCT in myelofibrosis patients whose disease are classified as either intermediate-2 or high risk, transfusion dependent, and those who have unfavorable cytogenetics [McLornan *et al.* 2012]. Data supporting Allo-HSCT in low-risk and intermediate-1-risk myelofibrosis patients are less established (Figure 1).

Given the high number of myelofibrosis patients who are ineligible for Allo-HSCT and who remain symptomatic despite conventional therapies, there was a need for novel therapies that can produce greater efficacy while targeting important disease-relevant pathophysiologic pathways. The similarity in clinical characteristics of the *BCR-ABL1*-negative MPN patients along with the prevalence of the *JAK* mutation in this population provided a strong rationale for the development of a new class of pharmacologic inhibitors of the JAK-STAT pathway. The optimism was further emphasized when taking into consideration the success that imatinib and other *BCR-ABL1* (Philadelphia chromosome) directed agents have made in CML, with a hope that JAK inhibitors would have analogous effects in *BCR-ABL1*-negative patients [Kumar *et al.* 2009]. Although *JAK2* mutations, in conjunction with other genetic/epigenetic abnormalities, can contribute to the initiation and progression of MPNs, it is very important to mention that recent evidence has shown that none of the JAK-STAT activating mutations (including *JAK2*V617F) in MPNs can be considered a causal event [Tefferi, 2010], in contrast to the role of *BCR-ABL1* mutation in CML (see Tables 1 and 2).

Preclinical and clinical studies involving JAK2 inhibitors

INCB018424 (ruxolitinib)

INCB018424, also known as ruxolitinib, is a potent and selective inhibitor against both JAK1

Table 1. General description of JAK inhibitors.

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and JAK2. It is orally bioavailable and has been studied extensively in the phase I, II and III clinical trial setting. It is the first US Food and Drug Administration (FDA)-approved JAK2 inhibitor for the treatment of myelofibrosis.

In phase I/II study, 153 patients with PMF, post-PV and post-ET myelofibrosis were studied [Verstovsek *et al.* 2010]. One 28-day cycle of ruxolitinib therapy induced dramatic reduction in multiple fibrogenic, pro-inflammatory and angiogenic growth factors that were markedly elevated prior to therapy, except for leptin and erythropoietin, which increased during therapy. After 1 month of therapy, total or individual symptom scores using the Myelofibrosis Symptom Assessment Form (MF-SAF) scores were improved in more than 50% of patients. The most significant improvements in MF-SAF scores were reported by patients experiencing abdominal discomfort, night sweats, pruritus, and fever. Overall, 61 (44%) of the 140 patients with splenomegaly showed clinical improvement ≥50% within the first 3 months of therapy, according to the International Working Group for Myelofibrosis Research and Treatment (IWG). Response rates were similar among patients with PMF, post-PV and post-ET myelofibrosis (49% *versus* 45% *versus* 62%), and regardless of the presence or absence of the *JAK2*V617F mutation (51% *versus* 45%, respectively). Although JAK2 was the intended target, *JAK2*V617F allele burden was only minimally decreased (13% after 12 cycles) [Verstovsek *et al.* 2010]. JAK2 inhibition is potentially responsible for the abrogation of neoplastic cell proliferation in the spleen, which results in a reduction in splenomegaly; interestingly, tumor lysis is not typically seen. Nonhematological toxicity occurred in less than 10% of patients, while the main adverse events were treatment-emergent anemia and thrombocytopenia; three patients developed AML [Verstovsek *et al.* 2010].

Results of the two randomized, multicenter, double-blind, placebo-controlled phase III trials in the United States and Europe were recently published [Harrison *et al.* 2011, 2012; Verstovsek *et al.* 2011b, 2012]; the Controlled Myelofibrosis Study with Oral JAK Inhibitor Treatment (COMFORT)-I trial assessed the activity of ruxolitinib at 15 or 20 mg orally twice daily in 309 patients with PMF, or with post-PV or -ET MF, whereas COMFORT-II trial compared the activity of ruxolitinib in 219 patients with PMF

or post-PV or -ET MF against the best available therapy (BAT): the most common therapies used were antineoplastic agents, most frequently hydroxyurea (47%), and glucocorticoids (16%) or no therapy in intermediate-risk/high-risk myelofibrosis patients [Harrison *et al.* 2011, 2012; Verstovsek *et al.* 2011b, 2012].

The proportion of patients with at least a 35% reduction in spleen volume was detected by either MRI or computed tomography at 24 (COMFORT-I) or 48 (COMFORT-II) weeks of therapy (see Figure 2). In COMFORT-I, the reduction in spleen volume was observed in 41.9% of patients taking ruxolitinib compared with 0.7% taking placebo; the proportion of patients with a reduction of 50% or more in the total symptom score from baseline to week 24 was 45.9% in the ruxolitinib group *versus* 5.3% in the placebo group [Verstovsek *et al.* 2011b]. In COMFORT-II, the reduction in spleen volume was observed in 28% of patients on ruxolitinib compared with 0% on BAT after a 48-week follow-up period [Harrison *et al.* 2011, 2012; Verstovsek *et al.* 2012].

In the COMFORT-I study, the most common adverse events of any grade seen in >20% of patients on either arm of the study were (treatment *versus* PB) abdominal pain (10.3% *versus* 41.1%), grade 3/4 thrombocytopenia (12.9 % *versus* 1.3 %), fatigue (25.2% *versus* 33.8%), grade 3/4 anemia (45.2 % *versus* 19.2 %), diarrhea (23.2% *versus* 21.2%), and peripheral edema (18.7% *versus* 22.5%). Anemia and thrombocytopenia were manageable and rarely (one patient in each study group for each event) led to withdrawal from the study [Verstovsek *et al.* 2011b, 2012; Harrison *et al.* 2012].

In the COMFORT-II study, the most frequently reported nonhematologic adverse events of any grade in the ruxolitinib group was diarrhea (24% *versus* 11% in BAT). On the other hand, peripheral edema was the most frequently reported adverse event in the BAT group (26% in BAT group *versus* 21.9% in ruxolitinib group). Thrombocytopenia and anemia occurred more frequently in the patients receiving ruxolitinib than in those receiving BAT. However, these events rarely led to treatment discontinuation (one patient in each group discontinued the study owing to thrombocytopenia) and were generally manageable [Harrison *et al.* 2011, 2012].

Figure 1. Proposed treatment algorithm for primary myelofibrosis [Tefferi, 2011]. Risk stratification is according to DIPSS-plus [Gangat *et al.* 2011]. Very-high-risk group includes patients with monosomal karyotype, inv(3)/i(17q) abnormalities, or any two of circulating blasts >9%, leukocytes $\geq 40 \times$ 109/L or other unfavorable karyotype [Tefferi *et al.* 2011].

Abbreviations: DIPSS, Dynamic International Prognostic Scoring System; HSCT, hematopoietic stem cell transplantation.

In terms of ruxolitinib's influence on survival, analysis at the initial data cutoff point of 24 months in the COMFORT-I study showed no difference in survival benefit with 10 (6.5%) deaths in the ruxolitinib group compared with 14 (9.1%) deaths in the placebo group (hazard ratio, 0.67 ; $p = 0.33$). However, a subsequent survival analysis with 4 additional months of follow-up showed a significant survival advantage in the ruxolitinib arm with 13 deaths (8.4%) compared with 24 (15.6%) deaths in the placebo arm (hazard ratio, 0.50; *p* = 0.04) [Verstovsek et al. 2011b, 2012].

When comparing ruxolitinib with BAT in the COMFORT-II study, no overall survival difference was observed between the two groups at 12 months of follow up. However, there are two important caveats to the interpretation of this survival data. First, approximately 25% of patients assigned to the BAT arm crossed over to ruxolitinib therapy and another 12% of patients withdrew consent with no further survival follow-up data available. Second, the study was not

powered to detect differences in time-to-event endpoints [Harrison *et al.* 2012].

Ruxolitinib was further studied in patients with ET and PV. In a phase II study, the established dose was 10 and 25 mg twice daily as starting doses for expansion cohorts in PV and ET, respectively. For the PV patients, after a median follow up of 15 months, 97% of enrolled subjects achieved hematocrit control to <45% in the absence of phlebotomy, and all continued to maintain phlebotomy independence at the time of last follow-up visit. Splenomegaly was present in 74% of subjects at study entry: 59% of those achieved a ≥50% reduction in palpable spleen length, or the spleen became nonpalpable with all maintaining spleen response at the time of the last follow-up visit. Leukocytosis $>15 \times 10^{9}/l$ was present in 47% of subjects and improved $(≤15 ×$ $10⁹/l$) or normalized (\leq upper limit of normal) in 88% and 63%, respectively. Thrombocytosis $>600 \times 10^{9}$ /l was present in 38% of subjects and improved (≤600 × 10⁹/l) or normalized (≤ upper

Figure 2. Improvement in splenomegaly across trials testing JAK inhibitors in patients with myeloproliferative neoplasms.

Percentage of patients with myeloproliferative neoplasms who showed improvement of splenomegaly; INCB018424 [Verstovsek *et al*. 2010a] and [Verstovsek *et al*. 2010b] (≥50% reduction of palpable splenomegaly according to IWG criteria in Verstovsek *et al*. [2010a]); COMFORT-I and COMFORT-II (all ≥ 35% reduction in splenic volume based on IWG criteria); CEP-701 [Moliterno *et al*. 2009] (>5 cm reduction in spleen volume to nonpalpable spleen), [Santos *et al*. 2010] (spleen response according to IWG criteria); SB1518 [Verstovsek *et al*. 2009; Deeg *et al*. 2011] (all ≥ 50% reduction by physical exam), [Komrokji *et al*. 2011] (all ≥35% reduction in splenic volume); SAR302503 [Pardanani *et al*. 2011a] (all ≥50% reduction by palpation according to IWG criteria); CYT387 [Pardanani *et al*. 2011a] (improvement according to IWG criteria); XL019 [Shah *et al*. 2008] (≥50% reduction of palpable splenomegaly according to IWG criteria).

*INCB: INCB018424; CEP: CEP-701; SB: SB1518; SAR: SAR302503; CYT: CYT387; XL: XL019.

limit of normal) in 92% and 69%, respectively. A total of 59% of subjects achieved a complete response as indicated by phlebotomy independence, resolution of splenomegaly and normalization of leukocytosis and thrombocytosis. Grade 3 adverse events potentially related to study medication included thrombocytopenia (2 patients), neutropenia (1 patient), renal tumor (1 patient), asthenia (1 patient), viral infection (1 patient), and atrial flutter (1 patient). For the ET patients (*n* = 39; median 84 months from diagnosis); after a median follow up of 15 months, 49% of enrolled subjects normalized platelet counts to ≤ upper limit of normal after a median of 0.5 months. A total of 88% maintained normal white blood cell (WBC) count. Palpable spleens resolved in 3 of 4 subjects; 49% of subjects achieved normalization of WBC and platelet counts in the presence of nonpalpable splenomegaly. Grade 3 adverse events potentially related to study medication included leukopenia (2 patients), gastrointestinal disorder (1 patient), and peripheral neuropathy (1 patient). Both patient groups demonstrated reductions in patient-reported symptom scores for pruritus, night sweats, and bone pain. Of 26 PV patients reporting pruritus at baseline (median score of 6 on a 10-point scale), 24 reported scores of 0 after a median duration of 1 month. A total of 42% of PV and 56% of ET patients had at least a 20% decrease in *JAK2*V617F allele burden. Clinical responses were unrelated to the presence/ absence of *JAK2*V617F mutation at study entry or to the allele burden changes following treatment [Verstovsek *et al.* 2010].

The rapid and durable clinical benefits (normalization of hematological parameters, resolution of splenomegaly and alleviation of symptoms) in this phase II study, along with the tolerability of the drug led to the development of a phase III study [Verstovsek *et al.* 2010]. A global, open-label phase III trial is designed to compare the efficacy and safety of ruxolitinib to BAT in adult patients with PV who are resistant to or intolerant of hydroxyurea. Primary endpoints, assessed after 32 weeks of treatment, are based on achieving both phlebotomy independence and a ≥35% reduction in spleen volume as measured by imaging. Patients randomized to BAT may be eligible to cross over to receive ruxolitinib after week 32. Enrollment is now open globally with a target of 300 patients to be randomized 1:1 to ruxolitinib or BAT [Verstovsek, 2011a, 2011b].

CEP-701 (lestaurtinib)

CEP-701 is a small-molecule inhibitor of TRKA (tropomyosin-receptor kinase A) which was initially developed for use in prostate cancer, but because of its properties as a FLT3 and JAK2 inhibitor, it was primarily studied in AML and MPN [Levis *et al.* 2001]. CEP-701 inhibits both wild-type and mutant JAK2 in an *in vitro* kinase assay and also inhibits the proliferation of progenitor cells from myeloproliferative disease patients *in vitro* [Hexner *et al.* 2008; Santos *et al.* 2010]; it strongly inhibits the phosphorylation of *JAK2*V617F and its downstream targets STAT5 and STAT3 [Hexner *et al.* 2008]. In clinical studies, CEP-701 has been relatively well tolerated and associated with improvements in splenomegaly and other symptoms, with the most common toxicities being nausea, vomiting, anorexia and diarrhea [Smith *et al.* 2004; Marshall *et al.* 2005; Santos *et al.* 2010].

In a study that examined the proliferation of primary erythroid cells from patients with MPNs, higher doses of CEP-701 were used, and it showed that the growth of 15 out of 18 samples from subjects with MPNs was inhibited more than 50% compared with the untreated cells. By specific MPN subtype, 3 of 4 samples from 3 subjects with PMF were inhibited, 9 of 10 samples from subjects with ET were inhibited, and 3 of 4 samples from subjects with a history of PV were inhibited; it markedly inhibited STAT5 and AKT phosphorylation in all MPN samples [Hexner *et al.* 2008].

In one phase II trial, 22 *JAK2*V617F -positive, -intermediate/high-risk patients were given 80 mg of CEP-701 twice daily, by solution, and six (27%) responded by IWG criteria for clinical improvement. Of these six respondents, three had a reduction in spleen volume, two became transfusion independent, and one had an improvement in both spleen volume and cytopenias. No changes in bone marrow fibrosis or *JAK2*V617F allele burden were reported. Phosphorylated STAT3 levels decreased from baseline in responders while on therapy. Myelosuppression and gastrointestinal symptoms were the most common adverse effects (grade 3/4 anemia or thrombocytopenia: 14% and 23%, respectively) [Santos *et al.* 2010].

CEP-701 was the first JAK2 inhibitor to be studied in a phase1/2 safety and efficacy study in high risk *JAK2*V617F positive ET and PV patients [Moliterno *et al.* 2009]. The primary endpoint was reduction in *JAK2*V617F neutrophil allele burden and the secondary endpoints included reduction in phlebotomy rates; improvement in hemoglobin, WBC and platelet counts; reduction in hydroxyurea dose and spleen volume; and the pharmacokinetics and pharmacodynamics of CEP-701 were also evaluated. The study enrolled 39 *JAK2*V617F-positive subjects, 27 PV and 12 ET, 22 females and 17 males. The median neutrophil *JAK2*V617F allele burden was 40%. More than half of the patients had had their disease for 5 years or longer. Within 18 weeks, responses included a reduction in spleen volume of >5 cm or to nonpalpable in 15/18 (83%) subjects and amelioration of pruritus in 5/5 patients studied. While reduction in phlebotomy requirement occurred in a number of phlebotomydependent patients (3/5 evaluable at time of report), this effect was not evident in these patients until 6 months of therapy, and was not associated with concomitant reductions in WBC or platelet count. A reduction in the *JAK2*V617F allele burden of 15% or more was observed in 3 of the 15 patients at the 18-week assessment. Dose-related gastrointestinal symptoms were the most common adverse effects. Serious adverse effects included thrombotic events (five overall, three venous [one deep vein thrombosis, one deep vein thrombosis/pulmonary embolism, one portal vein thrombosis], and two arterial) and one nonserious deep vein thrombosis.

In summary, CEP-701 is a multikinase inhibitor that showed a modest efficacy and mild but frequent gastrointestinal toxicity in myelofibrosis patients [Santos *et al.* 2010]. Moreover, it has been shown to be effective in improving the substantial symptoms in $H K2V617F$ -positive PV and ET patients. However, it did not prevent ET and PV patients from developing thrombotic events which are believed to be disease-specific interactions since thrombosis has not been a frequent complication of CEP-701 therapy in other malignancies [Moliterno *et al.* 2009].

SB1518 (pacritinib)

SB1518 is an oral JAK and FLT3 inhibitor, with a high selectivity against JAK2 and *JAK2*V617F, from S*Bio (Singapore); it has been proven to be active against leukemia cell lines that are dependent on JAK2 activation for their growth [Verstovsek *et al.* 2009]. Phase I/II trials in both the United States and Australia have shown the efficacy and safety of this agent [Verstovsek *et al.* 2009; Seymour *et al.* 2010].

In a phase I trial, SB1518 was given to 43 patients with either myelofibrosis ($n = 36$) or AML ($n = 7$) who had failed standard therapy. SB1518 was well tolerated; 7 out of 25 (28%) patients had a consistent decrease in spleen volume greater than 50% and met the criteria for clinical improvement according to the IWG. Marked inhibition of JAK2 and STAT5 was observed in blood samples collected 2 hours after the administration of the first dose of SB1518. The dosing ranged from 100 to 600 mg daily; the recommended phase II dose was 400 mg daily [Verstovsek *et al.* 2009; Quintas-Cardama *et al.* 2011]. In another phase I study originated from Australia and involving 20 patients with myelofibrosis, similar safety and efficacy results have been reported [Seymour *et al.* 2010].

SB1518 was evaluated in a phase II trial, and its results were reported recently. A total of 33 patients with myelofibrosis were involved [Deeg *et al.* 2011]. The primary objective was to evaluate spleen volume reduction by MRI in those patients with splenomegaly. A total of 17(57%) patients had a reduction in spleen volume by 25% or more. Symptom improvement was also reported in 40–65% of patients treated for 6 months [Deeg *et al.* 2011].

SB1518 was not associated with significant myelosuppression; there was no grade 3 or 4 neutropenia or thrombocytopenia [Verstovsek *et al.* 2009; Deeg *et al.* 2011]. Gastrointestinal sideeffects, including nausea, diarrhea, vomiting, and abdominal pain, were common [Verstovsek *et al.* 2009; Seymour *et al.* 2010; Deeg *et al.* 2011]. In one of the trials, 16/43 (40%) discontinued SB1518 treatment due to toxicity, as a result of disease progression and due to other reasons [Verstovsek *et al.* 2009].

In another recent report of a phase II study, 34 primary, post-ET, or post-PV myelofibrosis patients were enrolled [Komrokji *et al.* 2011]. The primary endpoint of the study was to assess the spleen response rate, defined as a 35% reduction in MRI-measured spleen volume between baseline and week 24. A total of 17 patients (50%) have discontinued, including eight (24%) due to adverse events (one each for nausea, sepsis, increased bilirubin, subdural hematoma, allergic reaction, gastrointestinal bleed, and two due to thrombocytopenia), five for disease progression, and two for lack of response. Of the adverse events leading to discontinuation, only increased bilirubin, allergic reaction and intermittent nausea were considered possibly drug related. Ten patients required dose reduction for adverse events. One patient required drug discontinuation associated with decreased neutrophils and platelets. The most common treatment-related AEs were gastrointestinal, which were generally low grade and easily managed. Gastrointestinal adverse events of grade >2 included grade 3 diarrhea in two patients (6%). Only one patient discontinued for gastrointestinal toxicity. SB1518 produced meaningful reductions in splenomegaly. A total of 30 patients (88%) showed reductions in palpable splenomegaly. Eleven patients (32%) had a 35% reduction in splenic volume as measured by MRI. All spleen responses are ongoing; consequently a median duration of response has not been reached at the time of writing. Two patients met IWG-MRT criteria for clinical improvement in hemoglobin including one patient who became transfusion independent. At the 6-month visit, a significant reduction (>2 point improvement) was observed for MF-associated symptoms, including abdominal pain, bone pain, early satiety, worst fatigue, inactivity, night sweats and pruritus.

In summary, SB1518 shows promising efficacy in alleviating myelofibrosis-associated splenomegaly and constitutional symptoms at a dose that induces minimal myelosuppression. Oncedaily dosing is well tolerated, with manageable gastrointestinal toxicity as the main side effect. Given the low frequency of myelosuppression with SB1518, this JAK2 inhibitor is of particular importance for myelofibrosis patients with impaired hematopoiesis [Komrokji *et al.* 2011].

SAR302503

SAR302503, previously known as TG101348, is a potent selective JAK inhibitor [Wernig *et al.* 2008]. The inhibitory activity of SAR 302503 was profiled in 223 different kinases, with JAK2 being among those significantly inhibited with it. In one of the studies on $H/K2V617F$ -induced PV murine models, SAR302503 treatment resulted in marked reductions of hematocrit and spleen volume, and in some instances attenuation of myelofibrosis [Wernig *et al.* 2008].

Results of a multicenter phase I/II trial have been published recently [Pardanani *et al.* 2011b]. A total of 59 patients with intermediate or high risk for PMF (44 patients), post-PV (12 patients) or post-ET (3 patients) were involved; 86% of them were *JAK2*V617F positive. The maximum tolerated dose was found to be 680 mg/dl in a dose escalation on 28 of the 59 overall patients. The dose limiting toxicity was a reversible and asymptomatic increase in the serum amylase level. The median exposures to SAR302503 for the overall $(n = 59)$ cohort was 155 days. The onset of spleen response was seen within the first two cycles. By 6 and 12 cycles of treatment, 39% and 47% of patients, respectively, had achieved a spleen response per IWG-MRT (≥50% decrease in palpable spleen volume persistent for at least 8 weeks). A significant decrease in *JAK2*V617F allele burden was observed at 6 months in 51 mutation-positive patients with a median allele burden of 20% at baseline. After 6 and 12 cycles of treatment, the median allele burdens were 17% and 19%, respectively. There was a significant and more pronounced decrease particularly in the subgroup with allele burden greater than 20% (*n* = 23). The decrease was durable at 12 months. The majority of patients with leukocytosis or thrombocytosis at baseline ($n = 28$ and $n = 10$, respectively) achieved normalization of blood counts; 57% and 56% of patients achieved a normal WBC count after 6 and 12 cycles, respectively, while 90% and 88 achieved a normal platelet count after 6 and 12 cycles. Adverse events included nausea, vomiting, diarrhea, anemia and thrombocytopenia. Despite having only a modest effect on cytokine levels, greater than half of the patients with early satiety, night sweats, fatigue, pruritus, and cough achieved rapid and durable improvement in these symptoms.

Although most patients improved or experienced resolution of baseline constitutional symptoms, there were no observed changes in

pro-inflammatory cytokines (e.g. IL-6 and TNFα) during SAR302503 therapy, and this may be attributable to the higher selectivity of SAR302503 for JAK2.

CYT387

CYT387, an aminopyrimidine derivative, is a small-molecule ATP-competitive inhibitor with high selectivity for JAK1 and JAK 2 *versus* other closely related kinases (e.g. JAK3) [Pardanani *et al.* 2009]. This selectivity profile resembles some (INCB018424, CEP-701), but not other (SAR302503, XL019), small-molecule JAK inhibitors [Pardanani *et al.* 2009].

CYT387 inhibited *in vitro JAK2*V617F mutation harboring human erythroleukemia (HEL) cells as well as Ba/F3-*JAK2*V617F cells by decreasing ERK1/2, STAT-5, and STAT-3 phosphorylation [Pardanani *et al.* 2009]. It also inhibited the proliferation of erythropoietin-independent erythroid colonies from PV patients [Bumm *et al.* 2008].

CYT387 trials on mice revealed normalization of blood counts, pro-inflammatory cytokine levels and reduction in extramedullary hematopoiesis including spleen volume. However, fewer effects on the bone marrow were noticed, as hypercellularity persisted [Tyner *et al.* 2010]. It also failed to eliminate *JAK2*V617F-expressing cells.

These preclinical data provide a rationale for the use of CYT387 in MPN, and the most recent report from a multicenter phase I/II trial on 166 intermediate/high-risk myelofibrosis patients [Pardanani *et al*. 2011a] showed that CYT387 is well tolerated orally either once daily at 150 or 300 mg or twice daily at 150 mg. The study was conducted in three phases: dose-escalation, dose-confirmation, and dose-expansion phases. Oral CYT387 was administered at the previously mentioned dose levels for 9 months. Patients who maintained at least stable disease were permitted to continue CYT387 treatment beyond nine cycles in an extension phase of the study. The maximum tolerated dose was 300 mg/day. About 20% of the patients experienced a first-dose effect (dizziness, flushing and hypotension), which was self-limited. Grade 3/4 hematologic and nonhematologic adverse events were infrequent with the exception of thrombocytopenia, which occurred in approximately 17% of patients. Grade 3/4

nonhematologic laboratory adverse events include hyperlipasemia (4%) and increase in liver enzymes (1% grade 3 and less than 1% grade 4 increase in aspartate aminotransferase; 2% grade 3 increase in ALT). The overall anemia response rate was 54% in transfusion-dependent patients with a median time to confirm anemia response of 12 weeks (range 84 to 293 days). Spleen response rate by IWG-MRT criteria was approximately 31% (median time to response of 15 days) whereas the majority of patients experienced resolution of constitutional symptoms including pruritus, night sweats, fever, cough and bone pain at 6 months [Pardanani *et al*. 2011a].

In summary, CYT387 appears to result in a significant, durable response in anemia, splenomegaly and constitutional symptoms at 150 mg QD, 300 mg QD, and 150 mg BID dose levels.

AZD1480

The pyrazolyl pyrimidine, also known as (AZD1480), is a small-molecule potent ATP competitive inhibitor of JAK2 kinase. The antiproliferative activity has been shown to be tightly correlated with the inhibition of pSTAT5 in Ba/F3 TEL-JAK2 cells [Ioannidis *et al.* 2011]. STAT3 phosphorylation has also been inhibited by AZD1480 which is a dose-dependent inhibition of STAT3 nuclear translocation and STAT3 dependent tumor growth [Hedvat *et al.* 2009; Scuto *et al.* 2011; Xin *et al.* 2011]. Moreover, targeting STAT3 by AZD1480 directly inhibits the function of endothelial cells. IL-6-driven stimulation of STAT3 tyrosyl phosphorylation, which plays a role in tumorigenesis, can be completely blocked by AZD1480 [Guschin *et al.* 1995].

AZD1480 demonstrated significant cellular selectivity for JAK2 *versus* the antiproliferative activity of Aurora A/B, JAK3, and Tyk2 and to a smaller extent against JAK1 [Ioannidis *et al.* 2011]. Further *in vivo* studies in dogs and mice revealed excellent pharmacokinetic profile with long halflife and excellent oral bioavailability, suggestive of full absorption and minimal first-pass metabolism [Ioannidis *et al.* 2011].

AZD1480 has been further studied on myeloma cells [Scuto *et al.* 2011] and found out to be a dual JAK/FGFR inhibitor for targeting these cells. Its activity on JAK2 and FGFR3 is even greater than other JAK2 and FGFR3 inhibitors. It inhibited the growth and survival of human myeloma cells *in vitro* and *in vivo*. The lack of inhibition of proliferation and viability of bone marrow stromal cells and peripheral blood mononuclear cells derived from healthy donors suggests that the drug may spare normal cells.

There is an ongoing phase I\II clinical trial on oral AZD1480 (2.5, 10, 100 mg) for patients with PMF and post-PV/-ET myelofibrosis [Verstovsek *et al.* 2011a].

XL019

XL019 is a potent, reversible and highly selective inhibitor of JAK2 compared with other JAK family kinases (JAK1, JAK3, and TYK2). This selectivity was clearly observed in primary human cell assays. EPO-stimulated pSTAT5 in primary erythroid cells showed high sensitivity to XL019.

XL019 was discontinued while under two phase I\II studies in PMF, PV, post-PV, and post-ET myelofibrosis [Paquette *et al.* 2008; Shah *et al.* 2008].

Although the preliminary data showed that XL019 caused reduction in spleen volume, blasts count and WBC count [Paquette *et al.* 2008], the rate of neurological toxicity were unacceptable and reached 70% among patients who discontinued XL019 therapy [Shah *et al.* 2008]; this has precluded further development of XL019 for the treatment of patients with MPNs, and both ongoing studies were terminated [Quintas-Cardama *et al.* 2011].

JAK-inhibitors under investigations

CP-690,550 (tasocitinib)

This JAK inhibitor has been studied preclinically in human PV cells [Manshouri *et al.* 2008]. CP-690,550 has greater antiproliferative and pro-apoptotic activity against cells harboring *JAK2*V617F compared with wild-type JAK2. It caused cell growth inhibition and pro-apoptotic effect in murine factor-dependent cell Patersenerythropoietin receptor (FDCP-EpoR) cells harboring human wild-type or *JAK2*V617F. This activity was paralleled with inhibition of phosphorylation of STAT3, STAT5, and v-akt murine thymoma viral oncogene homolog (AKT). Moreover, CP-690,550 expressed antiproliferative and pro-apoptotic activity on *ex vivo* expanded erythroid progenitors from *JAK2*V617F-positive

PV patients. In contrast, expanded progenitors from healthy controls were less sensitive. The antiproliferative effect on the patient progenitors was coupled by a decrease in *JAK2*V617F mutant allele frequency, particularly in a patient homozygous for *JAK2*V617F. CP-690,550 is still in preclinical stages of development.

NVP-BSK805

NVP-BSK805 is a potent inhibitor of *JAK2*V617F and JAK2 wild-type enzymes by acting as an ATP-competitive inhibitor. It shows high selectivity against JAK2. It has an antiproliferative and pro-apoptotic effect on *JAK2*V617F-bearing cells by blocking STAT5 phosphorylation. *In vivo* studies [Baffert *et al.* 2010] show that NVP-BSK805 has a long half-life and a good oral bioavailability. In a Ba/F3 *JAK2*V617F mouse model, it decreased leukemic cell spreading and splenomegaly. Furthermore, NVP-BSK805 caused a potent suppression of recombinant human erythropoietin-induced polycythemia and extramedullary erythropoiesis in mice and rats [Baffert *et al.* 2010]. NVP-BSK805 has yet to enter clinic phase of development.

INCB16562

INCB16562 is a potent inhibitor of cell lines and primary cells from PV patients carrying the *JAK2* and *JAK1* mutations [Liu *et al.* 2009]; it works by blocking JAK-STAT signaling and inducing apoptosis. INCB16562 reduced malignant cell burden, reversed splenomegaly, extended survival [Liu *et al.* 2009], normalized WBC counts and platelet counts, markedly reduced extramedullary hematopoiesis and bone marrow fibrosis [Koppikar *et al.* 2010]. INCB16562 has been shown to be effective and beneficial in the treatment of myeloma cells as it inhibits IL-6-induced phosphorylation of STAT3 and the proliferation and survival of myeloma cells dependent on IL-6 for growth [Li *et al.* 2010]. INCB16562 has not been tested clinically in patients with MPNs.

Conclusion

Clinical trials using various pharmacologic inhibitors that target the JAK-STAT pathway in MF have resulted in meaningful and significant improvements in splenomegaly, associated clinical manifestations, and disease related constitutional symptoms. The JAK2 inhibitor ruxolitinib has successfully completed phase III trials and

achieved FDA approval status on 16 November 2011. Ruxolitinib is the first FDA-approved drug in myelofibrosis. The early success of this class of agents also raised many important issues about JAK-STAT pathway and its relevance in myelofibrosis pathophysiology. It is now apparent that the importance of this pathway is shared between *HAK2* wild-type and *HAK2* mutated cases as illustrated by the efficacy of JAK2 inhibitors in both types of myelofibrosis patients. Knowing that patients with myelofibrosis regardless of *JAK2* V617F mutational status may benefit from ruxolitinib therapy is important to practicing clinicians who treat patients with myelofibrosis. JAK2 allele burden, a frequently used biomarker of disease burden was not significantly affected by treatment with JAK2 inhibitors in earlier studies. This demonstrates the pathophysiologic complexity of myelofibrosis which we know may be driven by several molecular drivers such as mutations involving *ASXL1, TET2, CBL* unlike CML which is caused by a single primary molecular defect involving an aberrant chromosomal translocation and subsequent BCR-ABL1 fusion that results in a constitutively active fusion protein.

Based on currently available data, there are several limitations to the use of JAK2 inhibitors in myelofibrosis patients. First, some patients with myelofibrosis present with platelet counts between 50 \times 10⁹/l to 100 \times 10⁹/l or even <50 \times 10⁹/l, since ruxolitinib and other JAK2 inhibitors have platelet lowering properties, the safety and clinical efficacy of ruxolitinib or other JAK2 inhibitors in these groups of patients are unclear although the subject of current investigation. Second, some patients with myelofibrosis present with transfusiondependent anemia, since ruxolitinib can lead to anemia in some patients, the utility and safety of ruxolitinib or other JAK2 inhibitors in these groups of patients are uncertain and currently being studied. Third, it does not cure the disease and requires continuing therapy to maintain response. Fourth, early JAK inhibitors, exemplified by ruxolitinib, have thus far not conclusively shown a long-term survival benefit, but review of more mature data will provide additional insight into this issue. Fifth, there are no data showing reversal of cytogenetic, molecular and other pathomorphologic disease features such as reticulin fibrosis. Lastly, in some patients, the response may be short lived and there are some reports of adverse events occurring at the time of withdrawal [Verstovsek, 2011b]. MPNs are a heterogeneous group of disorders and unlike *BCR-ABL1*-positive CML, are unlikely to be

driven by a single mutation. Further investigation to evaluate other types of JAK2 inhibitors whether alone or in combination with other therapies such as immunomodulatory agents, histone deacetylase inhibitors, DNA methyltransferase inhibitors and other targeted agents may help improve outcomes in myelofibrosis and may help resolve some of the currently observed limitations in sole JAK2 inhibitor therapy.

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Conflict of interest statement

None declared.

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