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## ***In vivo* measurement of ALDH2 activity in rat liver ethanol model using dynamic MRSI of hyperpolarized [1-<sup>13</sup>C]pyruvate**

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### **Abstract**

To date, measurements of the activity of aldehyde dehydrogenase-2 (ALDH2), a critical mitochondrial enzyme for eliminating certain cytotoxic aldehydes in the body and a promising target for drug development, have been largely limited to *in vitro* methods. Recent advancements in magnetic resonance spectroscopy (MRS) of hyperpolarized <sup>13</sup>C-labeled substrates now provide a method to detect and image *in vivo* metabolic pathways with signal-to-noise ratio gains greater than 10,000 fold over conventional MRS techniques. However aldehydes, due to their toxicity and short *T*<sub>1</sub> relaxation times, are generally poor targets for such <sup>13</sup>C-labeled studies. In this work, we show that dynamic magnetic resonance spectroscopic imaging of hyperpolarized [1-<sup>13</sup>C]pyruvate and its conversion to [1-<sup>13</sup>C]lactate can provide an indirect *in vivo* measurement of ALDH2 activity via the concentration of NADH, a co-factor common to both the reduction of pyruvate to lactate and the oxidation of acetaldehyde to acetate. Results from a rat liver ethanol model (n = 9) show that changes in <sup>13</sup>C-lactate labeling following the bolus injection of hyperpolarized pyruvate are highly correlated with changes in ALDH2 activity (R<sup>2</sup>=0.76).

### **Keywords**

hyperpolarized <sup>13</sup>C; ALDH2 activity; liver; ethanol; pyruvate; lactate; NADH

### **Introduction**

The mitochondrial enzyme aldehyde dehydrogenase-2 (ALDH2), which plays a critical role in the detoxification of reactive aldehydes, such as acetaldehyde and 4-hydroxy-2-nonenal (4-HNE), has been identified as a promising drug development target for multiple pathologies including alcoholism [1-6], cardiac ischemia [7-16], and cancer [17-20]. To

date, direct measurements of ALDH2 activity have largely been limited to in vitro methods, and the goal of this work was to investigate using dynamic magnetic resonance spectroscopic imaging (MRSI) of hyperpolarized [1-<sup>13</sup>C]pyruvate (Pyr) and its conversion to [1-<sup>13</sup>C]lactate (Lac) [21-24] as a method for in vivo measurement of ALDH2 activity.

Specifically, in vivo ethanol metabolism in the rat liver, which occurs via the breakdown of ethanol to acetaldehyde and acetaldehyde to acetate as catalyzed by the enzymes alcohol dehydrogenase (ADH) and acetaldehyde dehydrogenase (ALDH2) respectively, was used as a mechanism to generate acetaldehyde for ALDH2 activity investigation. Both steps of ethanol metabolism also reduce the coenzyme nicotinamide adenine dinucleotide (NAD<sup>+</sup>) to NADH, leading to the accumulation of NADH in the liver [25, 26]. Furthermore, the conversion of pyruvate to lactate takes place via the enzyme lactate dehydrogenase (LDH) and the concomitant oxidation of NADH to NAD<sup>+</sup> [25]. At sufficiently high levels of pyruvate, this reaction is limited by the lactate pool size and NADH availability [27]. Hence, ethanol metabolism provides a mechanism by which NADH availability can be altered and used to modulate the NADH-dependent pyruvate-to-lactate metabolic pathway. ALDH2 activity, as reflected by NADH accumulation, can thus be measured via the increased maximum rate of [1-<sup>13</sup>C]Lac labeling following a bolus injection of hyperpolarized [1-<sup>13</sup>C]Pyr.

Previous studies have reported MRS and MRSI measurements of hyperpolarized [1-<sup>13</sup>C]Pyr to study rat liver metabolism modulated by ethanol [28, 29]. Changes in lactate production in the absence vs. presence of ethanol, as moderated by NADH accumulation, were presumed to be correlated with ALDH2 activity. Here we quantitatively measured both pyruvate-to-lactate <sup>13</sup>C-labeling and ALDH2 activity in the same rat liver model using the ALDH2 inhibitor disulfiram to modulate ALDH2 activity.

## Methods

Each polarized sample consisted of 40 μL of a mixture of 14-M [1-<sup>13</sup>C] pyruvic acid and 15-mM Ox063 trityl radical, to which 3 μL of a 1:50 dilution of Dotarem (Guerbet, France) was added prior to polarization. The sample was polarized using a HyperSense system (Oxford Instruments Molecular Biotoools, Oxford, UK) to achieve approximately 20-25% liquid-state polarization at dissolution. The polarized sample was dissolved with a solution of 125-mM NaOH mixed with 40-mM Tris buffer, 50-mM NaCl and 0.1-g/L EDTA-Na<sub>2</sub>, leading to a 125-mM solution of hyperpolarized pyruvate with a pH of approximately 7.5. A volume of approximately 3.2 mL of the hyperpolarized pyruvate solution was injected into the tail vein at a rate of about 0.25 mL/s.

## Animal Model

ALDH2 activity was manipulated using the FDA-approved ALDH2 inhibitor disulfiram. Disulfiram reduces ALDH2 activity in rat liver to approximately 60% of the normal level with a 90 mg/kg dose, and 25% of the normal level with a 600 mg/kg dose, at 24-48 hours after oral delivery [30]. Disulfiram was suspended in 3 mL of 5% weight/volume gum arabicum and delivered through oral gavage approximately 36 hours before the imaging experiments. Healthy male Wistar rats (n=9, 424±25 g body weight) were divided into three groups (n=3 each): control group which received no treatment; disulfiram-treated group receiving a 90-mg/kg dose; and disulfiram-treated group with a 600-mg/kg dose.

The rats were anesthetized with 1-3 % isoflurane in oxygen (~1.5 L/min) and a catheter was inserted in a tail vein. Respiration, temperature, heart rate, and oxygen saturation were monitored throughout the experiment session, with temperature regulated using a warm water blanket placed underneath the animals. Each rat received two injections of the

hyperpolarized pyruvate solution, each followed by a  $^{13}\text{C}$  MRSI acquisition: one baseline measurement and another post-ethanol. Approximately 45 min before the second pyruvate injection, a 1.0-g/kg dose of a 20% ethanol solution was injected into the tail vein at the rate of 1 mL/min to achieve a targeted steady-state blood alcohol level (BAL) of approximately 100 mg/dL at the time of the second acquisition. The study followed the experimental design as shown in Fig. 1. At the end of the exam, liver tissue was harvested for ALDH2 enzyme activity assay. Immediately after euthanasia, an approximately 4 g sample of the liver was harvested, rapidly frozen in liquid nitrogen and stored in a  $-80^\circ\text{C}$  freezer for subsequent ALDH2 enzymatic activity analysis using a spectrophotometrical assay described below. All animal procedures were approved by the local Institutional Animal Care and Use Committee.

## MR protocol

All experiments were performed on a clinical 3T Signa MR scanner (GE Healthcare, Waukesha, WI) equipped with self-shielded gradients (40 mT/m, 150 mT/m/ms). A custom-built dual-tuned ( $^1\text{H}/^{13}\text{C}$ ) quadrature rat coil (inner diameter=80 mm, length=90 mm), operating at 127.9 MHz and 32.2 MHz, respectively, was used for both RF excitation and signal reception. A reference phantom containing an 8-M solution of  $^{13}\text{C}$ -urea placed on top of the animal was used for calibration of the transmit  $^{13}\text{C}$  RF power, and also for concentration quantification. Single-shot fast spin-echo  $^1\text{H}$  MR images with nominal in-plane resolution of 0.47 mm and 2-mm slice thickness were acquired in the axial, sagittal, and coronal planes throughout the scan session as anatomical references for prescribing the  $^{13}\text{C}$ -MRSI acquisitions.

Dynamic  $^{13}\text{C}$  MRSI data were acquired from a 10-mm slice through the liver using the 2D 3-shot spiral spectroscopic imaging sequence described in [31,32]. The sequence included a spatially non-selective lactate saturation pulse at the beginning of each sampling interval to saturate signal from in-flowing lactate generated in other organs, particularly the heart. Imaging parameters were: FOV=80 mm, nominal resolution= $5\times 5\text{ mm}^2$ , spectral width=276 Hz, variable flip angle scheme ( $35.3^\circ$ ,  $45^\circ$ ,  $90^\circ$  for the 3 interleaves) to effectively excite all the longitudinal magnetization at each temporal sampling point, echo time TE=3 ms. The acquisition time for the 3-shot spiral MRSI was 375 ms, and the sampling interval was 5 s, allowing approximately 4.55 s dead time between the lactate saturation pulse and the imaging for inflow of fresh pyruvate spins into the slice and  $^{13}\text{C}$  label exchange with lactate. The time from dissolution to start of pyruvate injection was approximately 20 s, and the scan was started coincident with the injection. The MRSI data were reconstructed similarly as described in [32], and metabolic maps for pyruvate and lactate were calculated by integrating the signal within  $\pm 20$  Hz around each peak in absorption mode. The mean time-resolved signal intensities for pyruvate and lactate were calculated in an ROI in the liver.

The dynamic data were analyzed using the inflow-based single-slice quantification method described in [31]. The method is briefly described here. It exploits the inherently time-varying pyruvate concentration during a bolus injection to obtain independent estimates of apparent reaction velocity of lactate  $^{13}\text{C}$  label in each sampling interval. The injected pyruvate is assumed to be considerably greater than the endogenous pyruvate. Then, to estimate the in vivo pyruvate concentration at each time-point, the pyruvate signal is corrected for the polarization and  $T_1$  relaxation. The pyruvate percentage polarization at dissolution was estimated from the solid-state polarization value and the amount of the pyruvic acid sample based on independent calibration experiments. After dissolution, the pyruvate first experiences an in vitro  $T_1$  (approximately 60 s as measured in separate experiments) decay before injection and then an in vivo  $T_1$  (approximately 40 s in our study) decay after injection until the readout time. Finally, the corrected pyruvate signal is referenced to signal from the external 8-M  $^{13}\text{C}$  enriched urea phantom at thermal

polarization to obtain the in vivo concentration. The influence of  $T_1$  decay for lactate is minimal given the  $90^\circ$  flip angle on lactate along with the spatially non-selective saturation of lactate signal every TR. The relationship between the estimated pyruvate concentration and apparent reaction velocity of lactate  $^{13}\text{C}$  labeling was mathematically approximated using a Michaelis-Menten-like formulation for saturable kinetics with parameters corresponding to the apparent maximal reaction velocity  $V_{\max}$  and apparent Michaelis constant  $K_M$ . While accurate quantification of the enzyme kinetics might need to account for the two-substrate – two-product sequential BiBi reaction, Zierhut et al. [33] demonstrated that the nonlinear relationship between the in vivo exchange rate constants and  $[1-^{13}\text{C}]\text{pyruvate}$  dose was mathematically modeled well using a Michaelis–Menten-like formulation. Xu et al [31] also employed a Michaelis-Menten-like framework to model the saturable kinetics between apparent reaction velocity and pyruvate concentration by taking advantage of pyruvate inflow. That model is used in this study, and the apparent reaction velocity of the  $^{13}\text{C}$  labeling estimated from the model is a combination of the net chemical conversion of pyruvate to lactate and isotopic exchange between pyruvate and lactate pools and also includes contributions from other factors such as organ perfusion and substrate transport kinetics. The estimated apparent  $V_{\max}$  values are unbiased with respect to experimental parameters including substrate dose, bolus shape and duration. The apparent  $V_{\max}$  estimates of the pyruvate-to-lactate  $^{13}\text{C}$  labeling process pre- and post-ethanol infusion were compared and the relative change in  $V_{\max}$  with ethanol, i.e.  $\Delta V_{\max}$ , was correlated with ALDH2 enzyme activity. Statistical significance was assessed using Student's unpaired t-test between the control group and disulfiram-treated group.

### ALDH2 enzyme assay

For the in vitro tissue assays, each 4-g liver sample was kept in 15 mL of a buffer solution (pH 7.4) containing 210 mM mannitol, 70 mM sucrose, 5 mM 3-(N-morpholino)propanesulfonic acid (MOPS), and 1 mM EDTA. The protease inhibitor tablet (Sigma-Aldrich, St. Louis, MO) was also added to the buffer solution to prevent protein degradation of the liver samples. The liver samples were first homogenized with a Teflon-Glass Potter-Elvehjem homogenizer and the resulting homogenate was then centrifuged for 15 min at 3000 g in a Beckman L8-80M ultracentrifuge. After centrifugation, the supernatant on the top was a mixture of mitochondria and cytosol. Approximately 1 mL supernatant was carefully transported to a separate tube and about 1% triton solution was added to break down the cell membranes to assay the entire mitochondrial ALDH2 activity. Protein content in the mitochondria and cytosol mixture was quantitatively determined with Coomassie protein assay reagent (Pierce, Rockford, IL) with bovine serum albumin as the standard [34].

The ALDH2 enzymatic activity was determined spectrophotometrically using a kit (Trinity Biotech, NY, USA) to monitor the reductive reaction of  $\text{NAD}^+$  to NADH at  $\lambda = 340 \text{ nm}$ . The assays were carried out at  $25^\circ \text{C}$  in a 96-well microplate. To start the reaction,  $150 \mu\text{L}$  of 50 mM sodium pyrophosphate buffer (pH=9.5),  $75 \mu\text{L}$  of 2.5 mM coenzyme  $\text{NAD}^+$ , the sample solution with  $94 \mu\text{g}$  of protein and  $3 \mu\text{L}$  of 10 uM acetaldehyde were added. The accumulation of NADH was monitored for 10 min with measurements being taken every 30 s. The ALDH2 enzymatic activity  $A$  was proportional to the slope  $S$  of the recorded NADH accumulation curve. The slope was estimated by a linear fit for the data acquired over time  $t = 0$  to 10 min. The empirical formula to calculate ALDH2 activity in units of  $\mu\text{mole NADH formed/min/mg protein}$  was:  $A=S \times 1000 / (6.22 \times 0.094)$ , where 6.22 is the millimolar extinction coefficient and 0.094 is the target protein mass (mg) in the assay. For each sample, the assay was performed twice and the mean value used here.

## Results and Discussion

Figure 2 shows representative time-series of pre- and post-ethanol  $^{13}\text{C}$  lactate maps superimposed onto corresponding  $^1\text{H}$  MR images to illustrate the temporal dynamics and spatial distribution of the metabolite. Figure 3 plots the saturable kinetics in the liver ROI pre- and post-ethanol from two rats, one control and one treated with disulfiram, estimated using the inflow-based quantification method. Both, the  $^{13}\text{C}$  maps in Fig. 2 and the reaction velocity curves in Fig. 3, clearly show increased lactate signal post-ethanol compared to pre-ethanol. The relative change of the lactate apparent  $V_{\max}$  for the disulfiram-treated rat was smaller than that for the control rat, due to the lower ethanol-generated NADH from the partially inhibited ALDH2 activity.

Table 1 summarizes the estimated apparent  $V_{\max}$  values of the pyruvate-to-lactate  $^{13}\text{C}$  labeling process pre- and post-ethanol infusion for all rats and the ALDH2 enzyme activities. The relative change of the lactate apparent  $V_{\max}$  with ethanol ( $\Delta V_{\max}$ ) was  $116\% \pm 12\%$  (mean  $\pm$  std,  $n=3$ ) for the control group,  $82\% \pm 10\%$  for the disulfiram-90 group ( $p=0.029$ , unpaired t-test with control group) and  $57\% \pm 9\%$  for the disulfiram-600 group ( $p=0.028$ , unpaired t-test with control group). Compared to the mean ALDH2 activity of the control group, the ALDH2 activity of the disulfiram-90 group was  $68.2\% \pm 10.8\%$  and of the disulfiram-600 group was  $39.3\% \pm 11.5\%$ . Thus, the higher disulfiram dose led to a larger reduction in the Pyr-to-Lac  $\Delta V_{\max}$  with ethanol, consistent with a greater inhibition of ALDH2 activity. Figure 4 plots the measured  $\Delta V_{\max}$  as a function of ALDH2 activity for all rats, showing that the  $\Delta V_{\max}$  of the pyruvate-to-lactate  $^{13}\text{C}$  labeling process correlates well with the ALDH2 activity assay results (linear fit  $R^2=0.76$ ).

The y-axis intercept of the fitted line in Fig. 4 is approximately 26% and this intercept corresponds to the case in which the ALDH2 activity is completely inhibited (i.e., the second reaction of the ethanol metabolism is completely blocked). Because the first step of the ethanol metabolism (ethanol to acetaldehyde) still generates the coenzyme NADH, there still remains some increase in lactate production after ethanol infusion. However, since acetaldehyde quickly accumulates in rat liver due to the complete ALDH2 inhibition and the equilibrium point of the first reaction of the ethanol metabolism is consequently shifted to the ethanol side, there is less than half of NADH produced compared with the control scenario. Therefore,  $\Delta V_{\max}$  should be less than half of  $\Delta V_{\max}$  in the control group (i.e.,  $\Delta V_{\max} < 0.5 * 116\% = 58\%$ ).

The disulfiram-600 ALDH2 activity was somewhat higher than the 25% of normal reported in literature, and may be due to the presence of high- $K_M$  ALDH1 in the mitochondria and cytosol mixture of the liver tissue assayed. Disulfiram does not affect the ALDH1 activity [4].

An alternate pathway for ethanol metabolism is the microsomal ethanol-oxidizing system (MEOS), which depends on cytochrome P-450 and generates acetaldehyde by the oxidation of NADPH to  $\text{NADP}^+$  resulting in free radical release. Ethanol oxidation via MEOS is considerably lower than ADH and this pathway probably only accounts for about 10% of total alcohol metabolism [35], and likely has minimal effect in this study as reflected by the good correlation obtained between ALDH2 activity and pyruvate-to-lactate apparent reaction velocity. However, it may need to be considered in future quantitative studies. Ethanol-derived acetate can also enter the citric acid cycle via conversion to acetyl-CoA, for instance as a fuel for brain astroglia [36], producing additional NADH. However, in the liver, processing by the citric acid cycle of the acetyl-CoA from ethanol is blocked as the excess NADH from ethanol metabolism inhibits the enzymes isocitrate dehydrogenase and  $\alpha$ -ketoglutarate dehydrogenase. The accumulation of acetyl-CoA can then lead to formation

of ketone bodies and fatty acid synthesis (leading to the “fatty liver” condition) [25]. All of these factors, including altered redox state ( $\text{NAD}^+/\text{NADH}$ ) from ethanol metabolism, reactive oxygen species production and oxidative stress contribute to alcohol-induced hepatic fibrosis [37]. While the pyruvate-to-lactate  $^{13}\text{C}$  labeling process reflects the increased  $\text{NADH}/\text{NAD}^+$  due to ethanol metabolism, it does not completely represent the redox state. For example, ethanol metabolism via MEOS could alter the redox state ( $\text{NADP}^+/\text{NADPH}$ ) without the same impact on  $^{13}\text{C}$  labeling. Methods for assessing the redox state using hyperpolarized  $^{13}\text{C}$  have been reported in other studies [38,39].

This study demonstrates an application of hyperpolarized  $^{13}\text{C}$  MRSI for indirect detection of a metabolic process occurring over timescales greater than the short  $T_1$  relaxation time constraint of hyperpolarized  $^{13}\text{C}$  studies. The manipulation of ALDH2 activity by disulfiram occurred over 36 hours and the buildup of NADH from ethanol took place over 45 min prior to the bolus injection of Pyr. The changes in the enzyme activity were then detected via the conversion of Pyr to Lac using the coenzyme NADH linking the two processes.

## Conclusion

This work demonstrates that dynamic in vivo MRSI measurements of the relative change of  $[1-^{13}\text{C}]\text{Lac}$  labeling before and after ethanol infusion, or  $\Delta V_{\text{max}}$ , following a bolus injection of hyperpolarized  $[1-^{13}\text{C}]\text{Pyr}$  can potentially serve as a non-invasive indicator of ALDH2 activity in this ethanol-treated rat model. Future work will involve extending these results to measure ALDH2 activity in the heart following ischemia/reperfusion injury [7].

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## Abbreviations used

<b>ALDH2</b>	aldehyde dehydrogenase-2
<b>BAL</b>	blood alcohol level
<b>EDTA</b>	ethylene-diaminetetraacetic acid
<b>MRSI</b>	magnetic resonance spectroscopic imaging
<b>MEOS</b>	microsomal ethanol-oxidizing system
<b>NAD<sup>+</sup></b>	nicotinamide adenine dinucleotide
<b>NADH</b>	nicotinamide adenine dinucleotide, reduced form
<b>NADP<sup>+</sup></b>	nicotinamide adenine dinucleotide phosphate
<b>ROI</b>	region of interest

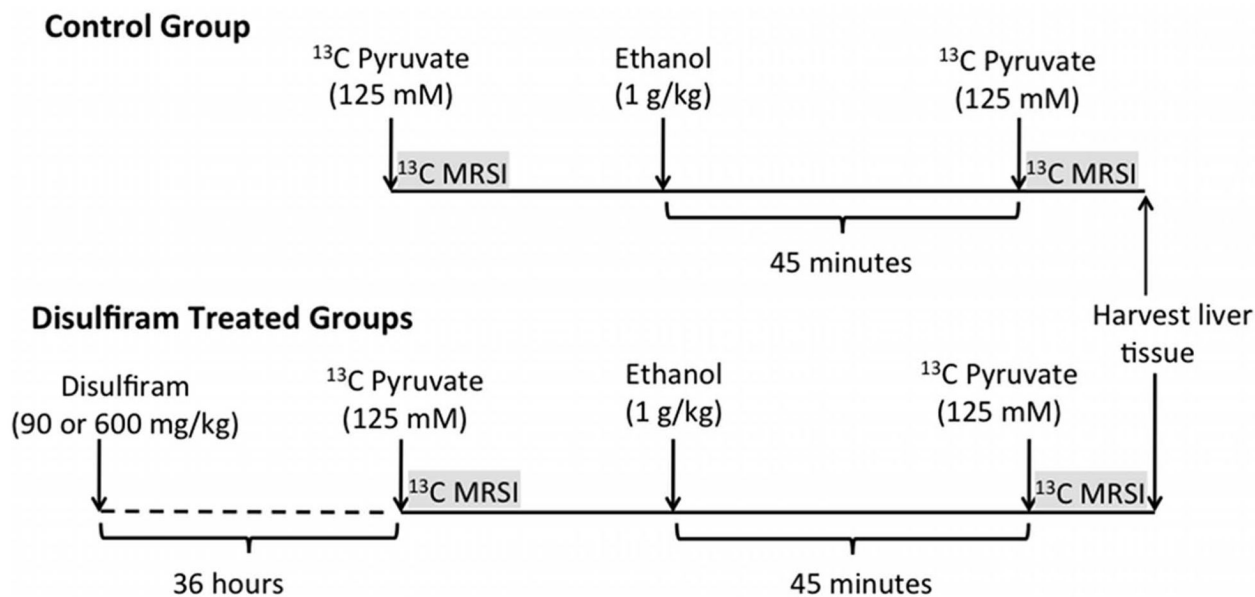
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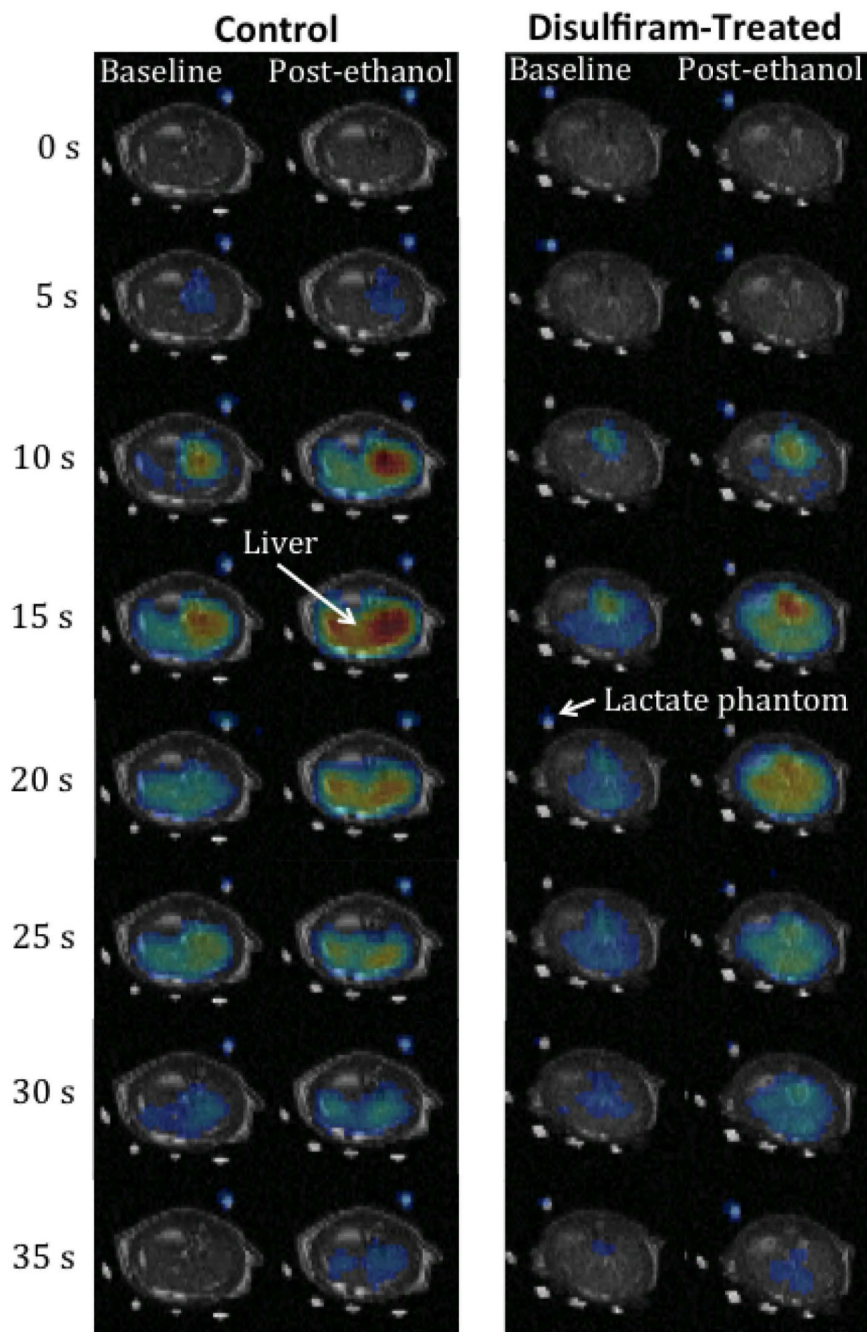
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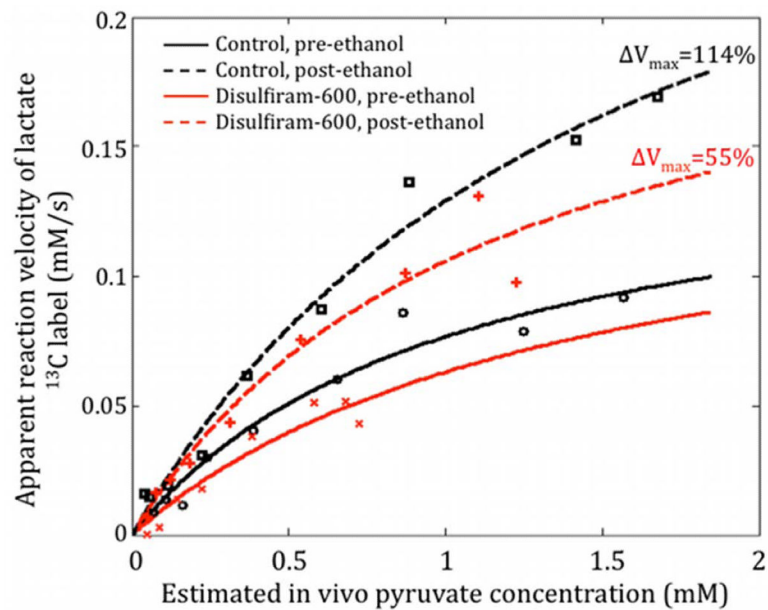


**Figure 1.**

Experimental design with timing of injections and MRSI acquisitions.  $^{13}\text{C}$  MRSI measurements of hyperpolarized  $[1-^{13}\text{C}]\text{Pyr}$  were performed twice on each animal, before and after ethanol infusion. The animals were divided into three groups (3 animals/group): controls, those receiving 90-mg/kg disulfiram dose, and those receiving 600-mg/kg disulfiram.

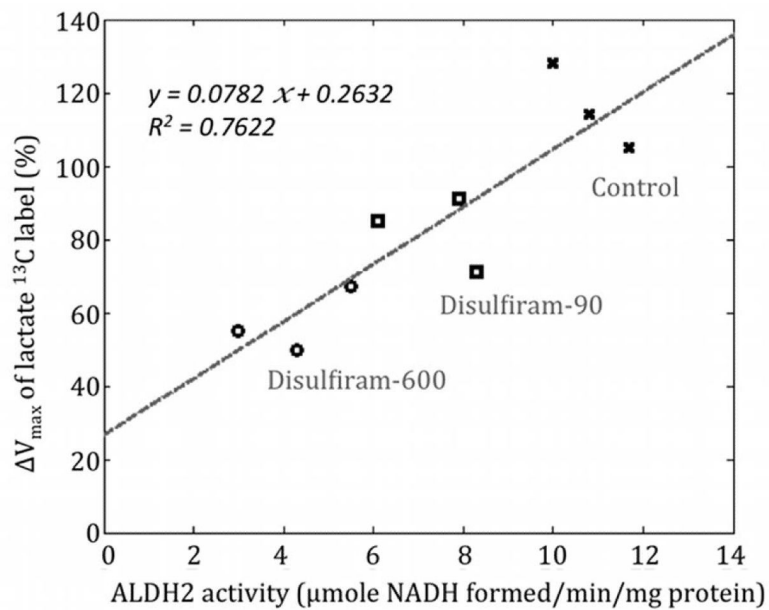


**Figure 2.** Time series of baseline and post-ethanol  $^{13}\text{C}$  lactate maps superimposed onto  $^1\text{H}$  images from a control rat and a disulfiram-treated rat (600-mg/kg dose). The ethanol infusion led to greater lactate signal post-ethanol compared to baseline. The increase in  $^{13}\text{C}$  lactate label generated was lower for a disulfiram-treated rat than the control. All images are displayed on the same scale.



**Figure 3.**

Apparent reaction velocity estimates in the liver pre- and post-ethanol from two rats: one treated with disulfiram and one untreated. The change in apparent  $V_{max}$  pre-to-post ethanol was lower when ALDH2 activity was inhibited via disulfiram.



**Figure 4.**  $\Delta V_{\max}$  of the pyruvate-to-lactate <sup>13</sup>C labeling process correlates well with the ALDH2 enzyme activity of the liver tissue. The y-axis of the plot shows the percent change in  $V_{\max}$  from pre-to-post ethanol.

The estimated apparent  $V_{\max}$  values of the pyruvate-to-lactate  $^{13}\text{C}$  labeling process pre and post-ethanol infusion for all rats. The inhibition of ALDH2 activity by disulfiram led to reduced the  $\Delta V_{\max}$ . The average apparent  $\Delta V_{\max}$  with ethanol was 116% for the control group, 82% for the disulfiram-90 group and 57% for the disulfiram-600 group and correlated with ALDH2 enzyme activity. The unit of ALDH2 enzymatic activity is  $\mu\text{mole NADH formed}/\text{min}/\text{mg protein}$ .

Table 1

Rat ID	Control group			Disulfiram-90			Disulfiram-600		
	H211	H212	H233	H239	H240	H243	H228	H229	H232
$V_{\max}$ pre-ethanol (mM/s)	0.10	0.13	0.16	0.17	0.22	0.16	0.28	0.15	0.27
$V_{\max}$ post-ethanol (mM/s)	0.23	0.26	0.33	0.31	0.37	0.31	0.42	0.22	0.46
$\Delta V_{\max}$ (post-pre)/pre	128%	105%	114%	85%	71%	91%	50%	55%	67%
ALDH2 enzyme activity	10.0	11.7	10.8	6.1	8.3	7.9	4.3	3.0	5.5