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## Evaluation of Synthetic Isoflavones on Cell Proliferation, Estrogen Receptor Binding Affinity, and Apoptosis in Human Breast Cancer Cells

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### Abstract

Natural isoflavones have demonstrated numerous pharmacological activities in breast cancer cells, including antiproliferative activities and binding affinities for estrogen receptors (ERs). Chemical modifications on the isoflavone ring system have been prepared and explored for the development of new therapeutics for hormone-dependent breast cancer. The antiproliferative actions of the synthesized isoflavones on MCF-7 and MDA-MB-231 breast cancer cells were examined, as well as cytotoxicity, interaction with estrogen receptors, and proapoptotic activity. The compounds were screened in the absence and in the presence of estradiol to evaluate whether or not estradiol could rescue cell proliferation on MCF-7 cells. Several compounds were able to inhibit cell proliferation in a dose-dependent manner, and compounds containing the bulky 7-phenylmethoxy substituent resulted in cell toxicity not only in MCF-7 cells but also in MDA-MB-231 cells. Selected synthetic isoflavones were able to bind to estrogen receptor with low affinity. Apoptotic pathways were also activated by these compounds in breast cancer cells. The majority of the compounds can bind to both ERs. With low affinity, and their effects on hormone-independent breast cancer cells suggest that their ability to inhibit cell growth in breast cancer cells is not exclusively mediated by ERs. Thus, the synthetic trisubstituted isoflavones act on multiple signaling pathways leading to activation of mechanisms of cell death and ultimately affecting breast cancer cell survival.

### Keywords

cell proliferation; isoflavones; breast cancer cells (MCF-7, MDA-MB-231); SERMs; apoptosis

### Introduction

A marked difference in the incidence rates of breast cancer in women from western countries compared to those in nonwestern countries has been observed [1;2]. Investigators have hypothesized that an Asian diet, which is typically high in soy content, may be one

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factor that explains the lower incidence of breast cancer in those countries compared with other countries on a diet that lacks soy as a common component [3;4].

Soy products are rich in flavonoids. Flavonoids and isoflavonoids exhibit a range of human health-promoting activities that are currently the focus of intense study [5–7]. The isoflavones are strikingly similar in chemical structure to steroidal and nonsteroidal estrogens and thus exhibit hormonal and anticancer activities. The primary isoflavone component of soybeans associated with chemoprevention is genistein [8]. Genistein's structure is similar to that of estradiol and therefore is able to bind to estrogen receptors [9]. Moreover, genistein has been found to bind preferentially to ER $\beta$  [10]. Animals receiving the highest concentration of dietary genistein developed the lowest number of mammary tumors per rat, suggesting that dietary genistein reduces susceptibility to mammary cancer in rats [11].

Selective estrogen receptor modulators (SERMs) are nonsteroidal compounds that interact with the estrogen receptor and can exert their effects in a tissue specific manner [12]. Hormone-dependent breast cancer tumors contain estrogen receptors and depend on estrogens for tumor growth. Tamoxifen has been the drug of choice to treat this type of cancer by blocking the binding of estrogens to the estrogen receptor. However, in many cases, tumors can develop resistance to the drug after long exposure. The development of drug resistance has encouraged the development and testing of new antiestrogens for the treatment of breast cancer. Because of its tissue specific antiestrogenic/estrogenic properties, genistein has been considered a natural selective estrogen receptor modulator [13–15].

Genistein has demonstrated other biological activities not directly associated with the estrogen receptor. Genistein inhibits the growth of MDA-MB-231 breast cancer cells, regulates the expression of apoptosis-related genes, and induces apoptosis through a p53-independent pathway [16]. Genistein was shown to be a potent growth inhibitor in hormone-independent MDA-MB-468 cells, suggesting that isoflavones can act via an ER-independent pathway [17]. Genistein has also been shown to inhibit mammalian DNA topoisomerase II in L-1210 cells [18].

For the past few years, our research group has been interested in the isoflavone basic ring system as a core of potential therapeutic agents for the treatment of hormone-dependent breast cancer [19–22]. Our hypothesis is to develop a new series of SERMs constructed on the isoflavone scaffold using genistein as our model compound.

Pike *et al.*, have previously described the structure of ER $\alpha$ -LBD in the presence of its natural ligand E<sub>2</sub>, and the mixed agonist/antagonist RAL. Even more relevant to our design strategy, they further reported the first structural description of ER $\beta$ -LBD in complex with RAL and the  $\beta$ -selective partial agonist genistein [23]. Comparison of the ligand-binding mode of genistein in hER $\beta$ -LBD and also E<sub>2</sub> in hER $\alpha$ -LBD within the cavity is extensively reviewed in their 1999 EMBO paper [23]. Briefly, the interactions of genistein within the hER $\beta$ -LBD, which are predominantly controlled by van der Waals contact and hydrogen bonding, allows the residues which align the cavity to yield to more tightly packing around the ligand in ER $\beta$  when compared to E<sub>2</sub>. These interactions attribute to the reported 40-fold higher affinity for ER $\beta$  binding. Crystallographic data supports structural views that show the phenolic ring of genistein being able to mimic the A-ring of E<sub>2</sub> which is clamped in the narrow cleft between H3, H6 and the  $\beta$ -hairpin. The phenolic hydroxyl (O14) interacts with the side chains of Glu305 and Arg346 along with a buried water molecule. Pike *et al.* further report that the flavone portion of genistein adopts a conformation that mimics the C- and D-rings of E<sub>2</sub> and situated so that the O2 hydroxyl hydrogen bonds with His475 at the distal end of the cavity [23].

In 2004, Manas *et al.*, presented the X-ray structure determinations of the ER $\alpha$  LBD complexed with genistein and ER $\beta$  LBD complexed with genistein. The ligand binding mode of genistein bound to either isoform is essentially identical, and the binding site residues influence binding affinity to a great extent [24]. Their overall conclusions are that selectivity regarding ER $\alpha$  binding affinity are chiefly contingent on the design of more selective ligands by introducing functional groups on genistein or a genistein-like scaffold which will allow for a more energetically favorable penetration into the pocket of ER $\alpha$ . The oxygen-oxygen distance in estradiol is 10.9 Å, and genistein contains two phenolic groups separated by approximately 11 Å. Researchers have stated that the optimal pattern of hydroxylation that is necessary for a flavonoid to have estrogenic activity is at 4' and 7 positions and an additional hydroxyl group at position 5 [25].

A common feature in many structural SERMs is the ethoxy amine-bearing side chain, and this basic side chain of many typical SERMs (e.g. tamoxifen) plays a key role in their tissue-selective antiestrogenic activity. The basic amine side chain in SERM activity prevents the proper positioning of helix 12 for agonistic activity [26]. In our drug design strategy, this basic chain was connected to the 2-position of the isoflavones scaffold [27]. Our drug design rationale can be summarized in Figure 1. On the basis of this rationale, we synthesized a library of 2,4',7-trisubstituted isoflavones, as shown in Figure 2. We focused on compounds that contain a sulfur or oxygen as an isostere of the carbonyl group and envisioned these heteroatoms could serve as a hinge to direct the basic side chain to the proper region in the binding pocket of the estrogen receptor for the SERM profile [21].

The present manuscript focuses on the antiproliferative action of a group of synthetic isoflavones on MCF-7 and MDA-MB-231 breast cancer cells. Our results show that these agents are able to inhibit cell proliferation on a dose-dependent manner. Different possible mechanisms were studied to assess their antiproliferative. Our results indicate that some selected isoflavones can bind to the estrogen receptor, as well as induce apoptosis.

## Materials and Methods

### Chemicals, biochemicals and reagents

Isoflavone analogs were prepared by Y.W. Kim as described [21]. 3,(4,5-Dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium, inner salt was obtained from Promega (Madison, WI). 17 $\beta$ -Estradiol, 4-hydroxytamoxifen, and phenazine methosulfate were obtained from Sigma (St. Louis, MO). Genistein was obtained from Indofine Chemical Company (Belle Mead, NJ). Radiolabeled [2,4,6,7]  $^3\text{H}$  estradiol ( $^3\text{H-E}_2$ ) was purchased from NEN Life Science, (Boston, MA). Human recombinant estrogen receptors, rhER $\alpha$  and rhER $\beta$ , were obtained from Invitrogen Corp. (Grand Island, NY). Glucose-6-phosphate dehydrogenase was purchased from Sigma (St. Louis, MO). Scintillation cocktail 3a70B was obtained from Research Products International (Mount Prospect, IL). MEM culture media (B-media), trypsin-EDTA, gentamycin, glutamine, fetal bovine serum (FBS), transferin, bovine insulin, and phosphate-buffered saline (PBS) were obtained from Invitrogen Corp. DMEM-F12 culture media was obtained from Sigma, and the human albumin was obtained from OSU Hospital Pharmacy.

### Cell culture

MCF-7 and MDA-MB-231 cell lines were purchased from the American Type Culture Collection (ATCC) (Rockville, MD). Cells were maintained in phenol red-free modified MEM media (MEM, Earle's salts, 1.5 $\times$  amino acids, 2 $\times$  non-essential amino acids, L-glutamine, and 1.5 $\times$  vitamins), supplemented with 10% fetal bovine serum (FBS), 2 mM L-glutamine and 20  $\mu\text{g/ml}$  gentamycin. Fetal calf serum was heat inactivated for 30 min in a

56°C water bath before use. Cell cultures were grown in monolayers at 37°C, in a humidified atmosphere of 5% CO<sub>2</sub> in a Hereaus CO<sub>2</sub> incubator. For all experiments, cells were plated in either 24-well or 96-well plates. During drug treatment, cells were grown on defined media containing DMEM/F12 media with 1.0 mg/ml human albumin, 5.0 mg/L human transferrin and 5.0 mg/L bovine insulin.

### Cell proliferation assay

Cellular proliferation in the presence or absence of experimental compounds was determined using the CellTiter 96<sup>®</sup> aqueous non-radioactive cell proliferation assay [28]. Rapidly growing cells were harvested, counted, and plated at a concentration of  $1 \times 10^4$  cells/well for both MCF-7 and MDA-MB-231 cells in 400  $\mu$ l total volume/well in the modified MEM media with 10% FBS as described earlier in conditions of cell culture. Prior to drug treatment, the modified MEM media were removed and cells were washed with PBS. Defined media was added and cells maintained for 24 hours. Then culture wells (n=6) were treated with the compounds (synthetic isoflavones  $\pm$  estradiol) in 400  $\mu$ l defined media every two days for a total of six days. Twenty-four hours after the last treatment, 3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium, inner salt and phenazine methosulfate were prepared in PBS at a final assay concentrations of 333  $\mu$ g/ml and 25  $\mu$ M respectively. These solutions were combined and 20  $\mu$ l of this mixture were added to each well. After 3 hours of incubation at 37°C, absorbance at 490 nm (reference wavelength 700 nm) was measured using a SPECTRAMax plate reader.

### Estrogen receptor binding assays

Estrogen receptor binding assays were performed using a modified version of the protocol by Gaido *et al.* [29]. A 50% w/v hydroxyapatite (HAP) slurry suspension was prepared in 50 mM Tris-HCl (pH 7.5). Assay buffer (10 mM Tris pH 7.5, 10% of glycerol, 2 mM DTT, 1 mg/ml BSA) was prepared fresh before each assay. Immediately before the assay, hrER $\alpha$  or hrER $\beta$  stocks were prepared in ER binding buffer at a final concentration of 20 nM. Ligand stock solutions were prepared in 100% ethanol and stored at -20°C. Each reaction (n=3) consisted of 2 nM hrER $\alpha$  or hrER $\beta$ , 5 nM <sup>3</sup>H-E<sub>2</sub> (100,000–120,000 dpm) in binding buffer and different concentration of ligand or 2% of ethanol vehicle. 17 $\beta$ -Estradiol was tested in each assay at concentrations ranging from 10<sup>-7</sup> to 10<sup>-11</sup> M. Genistein and synthetic isoflavones were tested at concentrations ranging from 10<sup>-5</sup> and 10<sup>-11</sup> M. Excess of cold  $\beta$ -estradiol (10<sup>-6</sup> M) was used to determine the non-specific binding (NSB). The protein-bound radioactivity was separated from free radioactivity by HAP precipitation. After overnight incubation at 4°C, the mixture was incubated with cold 50% HAP slurry for 15 min at 4°C, vortexing three times over this period. Each sample was centrifuged at 10,000  $\times$  g for 2 min at 4°C. The supernatant was discarded and the HAP pellet was washed with 1 ml of washing buffer and the suspension was centrifuged at 10,000  $\times$  g for 2 min at 4°C. The washing was repeated again twice. For ER- $\alpha$  binding assay the washing buffer was prepared with 40 mM Tris (pH 7.5), 1 mM EDTA, 100 mM KCl. ER $\beta$  washing buffer contained 40 mM Tris (pH 7.5). The bound radioactivity was then extracted from HAP by incubating the HAP pellet with 200-proof ethanol at room temperature for one hour (vortexing 4–5 times during incubation). The ethanol suspension was combined with 4 ml 3a70B scintillation cocktail and the amount of radioactivity counted in Beckman LS6500 (Beckman Coulter Inc., Fullerton, CA).

### Estrogen receptor binding assay data analysis

The specific binding of <sup>3</sup>H-E<sub>2</sub> at each concentration of the compound of interest (B) was obtained after subtracting the non specific binding of <sup>3</sup>H-E<sub>2</sub> (NSB mean value) and expressed as percentage of the specific binding in the absence of the compound of interest (B<sub>0</sub> = ethanol vehicle only). The concentration of the compound that reduced the specific

binding of  $^3\text{H-E}_2$  ( $B_0$ ) by 50% ( $\text{IC}_{50}$ ) was determined by computer fitting of the data using nonlinear regression analysis using GraphPad Prism (GraphPad Software Incorporated, San Diego, CA). Data for each competitor and the  $17\beta$ -estradiol ( $\text{E}_2$ ) standard curve were plotted as percent  $^3\text{H-E}_2$  bound versus Log of molar concentration. The relative binding affinity (RBA) for each ligand was calculated by dividing the  $\text{IC}_{50}$  of  $\text{E}_2$  by the  $\text{IC}_{50}$  of the compound and expressed as percent.

### Cell cytotoxicity assay

Cellular cytotoxicity in the presence or absence of experimental compounds was determined using the CellTiter 96<sup>®</sup> aqueous non-radioactive cell proliferation assay. Rapidly growing cells were harvested, counted, and plated at a concentration of  $1 \times 10^4$  cells/well for both MCF-7 and MDA-MB-231 cells in 100  $\mu\text{l}$  total volume/well into 96-well microtiter plates. After 24 hours, modified MEM media was removed and cells were washed one time with PBS. Culture wells ( $n=6$ ) were treated with the compounds (100  $\mu\text{l}$  volume), dissolved in defined media and incubated for 48 hours at  $37^\circ\text{C}$ . After incubation, the same protocol as described above was followed and absorbance was measured.

### Analysis of apoptosis

Apoptosis was determined by selective denaturation of DNA in apoptotic cells by formamide and detection of denatured DNA with a monoclonal antibody to single-stranded DNA using an ELISA kit (CHEMICON, Temecula, CA) [30]. Cells were plated in a 96-well flat bottom plate from  $0.5 \times 10^4$  to  $1 \times 10^4$  cells/well in B-media. Cells were allowed to adhere to wells overnight. Following incubation, compounds were made up in defined media and a 10  $\mu\text{M}$  screen was performed in each cell line with respective compounds in triplicate for 48 hours. After 48 hours, the plate was centrifuged at  $200 \times g$  for 5 min, media was removed followed by the addition of 200  $\mu\text{l}$  of fixative. The plate was incubated for 30 min at  $37^\circ\text{C}$ , at which point the fixative was removed and the plate dried for 1–2 hours at room temperature. Fifty microliters of formamide was added to each well following a brief incubation at room temperature for 10 min. The DNA in apoptotic cells was denatured by heating the plate for 10 min, then briefly cooling the plate for 5 min at  $4^\circ\text{C}$  following removal of formamide. The plate was rinsed three times with 200  $\mu\text{l}$  of PBS following one hour incubation at  $37^\circ\text{C}$  with 200  $\mu\text{l}$  of 3% blocking agent. After removal of the blocking agent, 100  $\mu\text{l}$  of antibody mixture were added to each well for 30 min at room temperature. The plate was washed three times with  $1 \times$  wash buffer using 250  $\mu\text{l}$  of wash buffer/well followed by the addition of 200  $\mu\text{l}$  of ABTS solution added to each well for 15–60 minute incubation. The reaction was stopped by the addition of 100  $\mu\text{l}$  of a stop solution and absorbance was measured at 405 nm on a SpectroMax platereader.

### Statistical analysis

Statistical and graphical analysis information was determined using GraphPad software and Microsoft Excel (Microsoft Corporation, Redmond, WA). Determination of  $\text{IC}_{50}$  values were performed using nonlinear regression analysis. Statistically significant differences were calculated with the two-tailed unpaired Student's  $t$ -test and  $P$  values reported at 99% confidence intervals.

## Results

### Effect of synthetic isoflavones on breast cancer cells proliferation

A series of synthetic isoflavones was synthesized and first tested *in vitro* to assess the ability of the compounds to inhibit cell proliferation of human breast cancer cells exposed to the compounds in the absence and presence of exogenous estradiol for a period of six days.

Intrinsic estrogen antagonist activity was determined *in vitro* by measuring the ability of these compounds to inhibit estrogen-induced proliferation of human MCF-7 breast cancer cells (Figure 3). The addition of exogenous estradiol to hormone-responsive MCF-7 cells resulted in a significant stimulation of cell growth, as expected. When MCF-7 cells were treated with 4-hydroxy-tamoxifen, cell growth was inhibited significantly. When studying the effect of the natural isoflavone genistein, we found that cell growth was significantly inhibited with a greater effect at a higher concentration of 10  $\mu$ M. Genistein at low concentrations has been demonstrated to act as an estrogen agonist and promote the growth of estrogen-responsive human MCF-7 breast cancer cells *in vitro*, whereas it produces estrogen antagonist effects at higher concentration [9, 38].

Compounds **1**, **2**, and **6** displayed antiproliferative activity alone but not in the presence of estradiol, whereas compounds **3** and **4** displayed no activity at all. Compound **5** reduced the stimulatory effect of estradiol and suppressed cell proliferation by approximately 90%, and the addition of 10 nM estradiol did not alter its antiproliferative activity. The potency of compound **5** suggests that this compound might be acting through estrogen receptor independent pathways. Compounds sharing the 7-phenylmethoxy substitution, **7**, **9** and **10**, resulted in a marked decrease in cell proliferation. Again, estradiol did not attenuate the antiproliferative effects. Compound **8**, on the other hand, did not show pronounced effects even though it contains the 7-phenylmethoxy substitution.

### Dose-dependent study of synthetic isoflavones in breast cancer cells proliferation

The compounds were evaluated for cell proliferation inhibition in a dose-dependent manner. The concentrations used for this study ranged from 0.001 to 20  $\mu$ M. Compounds **3**, **4**, and **8** showed no significant activity even at the highest concentration tested. Cell proliferation was inhibited in a dose-dependent manner by 4-hydroxytamoxifen and compounds **1**, **2**, **5**, **6**, **7**, **9**, and **10**. For the synthetic isoflavones containing the sulfur-linked side chain, the trend in potency was found to follow this order; **5** > **9** > **7** > **1**. For the synthetic isoflavones containing the ether-linked side chain, the trend in potency was found to follow this order; **10** > **6** > **2**. The IC<sub>50</sub> values for each compound were calculated using a non-linear regression curve (Table 2).

### Estrogen receptor binding affinities of synthetic isoflavones

Several synthetic isoflavones were able to suppress MCF-7 cell proliferation when administered as single agents, whereas co-administration of estradiol with these isoflavones attenuated their antiproliferative effects. These observations suggested that these isoflavones may be altering proliferation via antagonism of an estrogen receptor mediated pathway. The compounds were then evaluated for their ability to bind to human ER $\alpha$  and ER $\beta$  in an isotopic ER competitive binding assay measuring the displacement of <sup>3</sup>H-17 $\beta$ -estradiol from ER-complex by the tested substance. Human recombinant ER $\alpha$  and ER $\beta$  proteins were used to assess the binding selectivity toward the two isoforms of ER. The concentration at which the unlabeled ligand displaces half the specific binding of <sup>3</sup>H-E<sub>2</sub> to the ER (IC<sub>50</sub>) was determined by computer fitting of the data using nonlinear regression analysis. The relative binding affinity (RBA) of the tested substance was calculated as  $IC_{50(17\beta\text{-estradiol})} / IC_{50(\text{tested substance})} \times 100$ .

The binding data reported reflects only the compounds that exhibited binding in one or either subtype as opposed to no binding at all, which was true of the remaining subset of compounds. Dose-response curves of compounds **1–2** and **4–6** for ER $\alpha$  affinity and for ER $\beta$  affinity along with calculated RBA values ER $\alpha$  and ER $\beta$  are reported in Table 1. With the exception of **5**, which exhibited affinity only for ER $\alpha$ , all the tested compounds showed binding affinities for both ER subtypes. All the compounds with the bulky basic chain at the

2-position of the ring system have higher affinity for ER $\alpha$  than for the other subtype. On the other hand, compounds **1** and **2**, which lack the basic side chain, showed stronger binding affinity to ER $\beta$  than to ER $\alpha$ . As previously reported by Kuiper *et al.* [10], genistein, the original lead compound, presented strong binding affinity for ER $\beta$  and moderate affinity for ER $\alpha$ , with an RBA for ER $\beta$  13-fold higher than that for ER $\alpha$ .

### Effect of synthetic isoflavones on breast cancer cells cytotoxicity

Our previous results imply that the mechanism of action of these agents may involve other pathways that are not associated with estrogen receptor mediated mechanisms. We exposed both MCF-7 and MDA-MB-231 cells for 48 hours to the synthetic isoflavones to study the effect of the agents on cell cytotoxicity. Compounds containing the 7-phenylmethoxy substitution, **7**, **8**, **9**, and **10**, resulted in cell cytotoxicity in MCF-7 cells. Compound **2** also resulted in cell cytotoxicity after 48 hours (Figure 4A). At these short exposure times, estradiol and 4-hydroxytamoxifen did not exhibit stimulatory and inhibitory properties. The hormone-independent cell line MDA-MB-231 was more sensitive to the synthetic isoflavones. Compounds containing the 7-phenylmethoxy substitution, **7**, **8**, **9**, and **10**, resulted in cell cytotoxicity. In addition, compounds **2**, **3** and **5** also showed cytotoxic activities (Figure 4B).

### Measurement of Apoptosis

Based on the report of genistein's ability to induce apoptosis, the isoflavone derivatives were tested to determine whether they played a role in apoptosis induction in both MCF-7 and MDA-MB-231 breast cancer cell lines [16]. Evaluation of synthetic isoflavones at 10  $\mu$ M over a 48 hour treatment was performed to test the apoptotic inducing ability in both MCF-7 and MDA-MB-231 breast cancer cell lines using the ssDNA ELISA kit. The ELISA kit is able to differentiate between apoptotic and necrotic cells due to the absence of immunoreactivity in necrotic cells. The apoptosis data reported is reflective of only those compounds that demonstrated apoptosis induction in one or both of the breast cancer cell lines and is representative of the entire group of compounds screened in this paper. Several compounds showed a 1 to 2-fold increase or higher in absorbance than negative control and have ability to induce apoptosis. Compounds **1**, **2**, **3**, **5**, **9**, and **10** showed the ability to induce apoptosis in MCF-7 cells and also to a lesser degree in MDA-MB-231 cells at 10  $\mu$ M (Figure 5). In each case, the estrogen-dependent MCF-7 cells were more sensitive to the effects of these agents.

### Discussion

The effect of the synthetic isoflavones cell on breast cancer cell growth were examined in both the hormone-dependent cell line MCF-7 and the hormone-independent cell line MDA-MB-231. The compounds were evaluated in the absence and in the presence of estradiol to determine if the agents could inhibit estradiol-induced cell proliferation on MCF-7 cells (Figure 3). At a concentration of 5  $\mu$ M, compounds **2** and **6** were able to inhibit cell proliferation in the absence of estradiol, but the addition of exogenous estradiol was able to restore cell proliferation. Compounds **5**, **7**, **9**, and **10** demonstrated in high antiproliferative activity. The fact that their inhibitory potencies were not affected by the addition of estradiol suggests that the antiproliferative activities of these agents may not be mediated by estrogen-receptor dependent pathways.

The synthetic isoflavones were designed based on the isoflavone core of genistein, a molecule that has shown SERM like properties [31]. Our hypothesis was that isoflavones possessing the amine bearing side chain of raloxifene, a clinically used SERM, might exhibit greater antiestrogenic activity in hormone dependent breast cancer cells than genistein.

Since SERMs display their activities through binding to the estrogen receptors, the synthetic isoflavones which inhibited cell proliferation alone but not in the presence of estradiol were evaluated for their ability to bind to human ER $\alpha$  and ER $\beta$ . The tested compounds, with the exception of **5**, exhibited low affinities to both ER subtypes. Compounds with the bulky basic chain at the 2-position of the ring system, compounds **4**, **5** and **6**, showed higher affinity for ER $\alpha$  than for ER $\beta$  (Table 1). In contrast, both compounds **1** and **2**, which lack the basic side chain, showed a stronger binding affinity to ER $\beta$  than to ER $\alpha$  (Table 1). In addition, the 4',7-dihydroxy analog **4** binds to ER $\alpha$  and ER $\beta$  with higher affinity than the 7-hydroxy-4'-methoxy analogs, **5** and **6** (Table 1). This was expected due to the importance of the 4'-hydroxyl group in the binding of genistein to the ER [23]. In addition, the oxygen linkage appears to be important to enhance the binding affinity to both ERs compared to the sulfur linkage. This result agrees with the previously reported increased affinity for ER for raloxifene analogs containing oxygen linkage [32]. Overall, our ER-binding affinity data of this subset of isoflavones suggest that the basic side chain may provide additional interaction with the ER (in particular with the ER $\alpha$ ) and the sulfur linkage may significantly reduce this interaction by altering the orientation of the basic side chain.

Nonetheless, these synthetic isoflavones demonstrated low affinity for the estrogen receptors. Furthermore, these ER binding results do not correlate with the different antiproliferative activities of the flavonoids in the hormone-responsive MCF-7 cells. The weakest antiproliferative compound, compound **4**, exhibited the highest binding affinity for the estrogen receptors, whereas the most potent antiproliferative agent, compound **5**, showed very low affinity for ER $\alpha$  (Table 1)

The research then focused on the examination of possible mechanisms involved in the antiproliferative activities of synthetic isoflavones in breast cancer cell lines. Cell cytotoxicity assays were conducted to test for compounds that may result in direct toxicity. Compounds containing the bulky 7-phenylmethoxy substituent, resulted in cell toxicity not only in MCF-7 cells but also in MDA-MB-231 cells, suggesting that inhibition of cell proliferation can occur through hormone-independent pathways. Dose-dependent studies revealed that compound **5** is the most potent agent of this group of synthetic isoflavones with an IC<sub>50</sub> of 0.04  $\mu$ M, followed by **6** > **2** > **1**. This order of potency suggests that the basic side chain and the 4'-methoxy group are important for the anti-proliferative activity of this set of compounds. The trend in potency for the series of compounds containing the bulky 7-phenylmethoxy substituent were **9** > **7** > **10**.

Genistein at physiologically relevant concentrations has been well documented to act upon multiple cell-signaling molecules, and ultimately affecting cell survival by turning on the expression of cell death regulatory genes [18]. Compounds **1**, **2**, **3**, **5**, **9** and **10** showed apoptotic inducing effect at 10  $\mu$ M concentrations in both MCF-7 and MDA-MB-231 cell lines. At higher concentrations, 25  $\mu$ M and 50  $\mu$ M genistein treatments over a 48 to 72-hour time period results in the expression of apoptosis relevant genes such as increased expression of p21<sup>WAF1</sup>, an important cell cycle arrest regulatory protein [33]. As such, our results for these novel synthetic isoflavones are consistent with previously established reports of isoflavones and their ability to induce apoptosis in MCF-7 and MDA-MB-231 breast cancer cell lines [16;34]. Compound **5** showed an apoptotic potential comparable to ssDNA and also demonstrated supportive antiproliferative and cytotoxic activities. Compounds **1**, **2**, **3**, **5**, **9** and **10** demonstrated the ability to induce apoptosis at 10  $\mu$ M in both cell lines tested, with greater apoptosis observed in MCF-7 breast cancer cells. These results from the ELISA apoptosis screening bioassay suggest that the induction of apoptosis may contribute to the antiproliferative and cytotoxic effects of certain synthetic isoflavones. Further studies to validate apoptosis, i.e., TUNEL assay, DNA ladder, immunoblotting of

relevant cell death markers, etc., must be performed before a definitive claim of apoptosis is reached.

## Conclusions

The significance of this study is that our compounds, derivatives of genistein which itself is well documented as a potential chemopreventive and therapeutic agent against breast cancer, display very similar antiproliferative and cell-death mediated profiles as genistein. We postulate that our isoflavone analogs may in fact complement genistein in regulating gene expression and inhibiting growth of pre-cancer and cancer cells. Our results demonstrated that concentrations as low as 5 $\mu$ M of the isoflavone derivatives were able to inhibit the growth of both breast cancer cell lines, MCF-7 and MDA-MB-231, whereas concentrations of 50 $\mu$ M of genistein have been reported as showing antiproliferative and cytotoxic activity in different cancer cell types. Therefore, these isoflavone derivatives may be an ideal chemopreventive or therapeutic agent for breast cancer. However, much remains to be studied about the efficacy, concentration and activity of these compounds *in vivo*.

Our research efforts are focused on the elucidation of the mechanism involved in the antiproliferative activity of selected synthetic isoflavones. Our study demonstrated that the majority of the compounds bind to both ERs with low affinity suggesting that the ability of this group of compounds to inhibit cell growth in the hormone dependent cancer cells might not be exclusively mediated by ERs. From the current study, we conclude that the tri-substituted isoflavones tested appear to be acting upon multiple signaling pathways leading to activation of mechanisms of cell death and ultimately affecting breast cancer cell survival. Our results provide sufficient support for further exploration of apoptotic mediated mechanisms at both the protein and gene expression level.

## Acknowledgments

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## List of Abbreviations

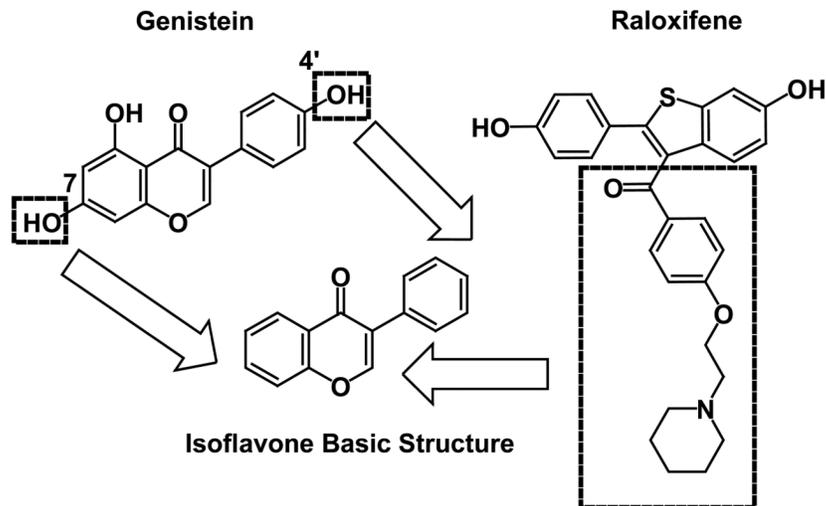
<b>E<sub>2</sub></b>	17 $\beta$ -estradiol
<b>ER</b>	estrogen receptor
<b>FBS</b>	fetal bovine serum
<b>Gen</b>	genistein
<b>HAP</b>	hydroxyapatite
<b>IC<sub>50</sub></b>	inhibitory concentration 50%
<b>MTT</b>	3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide
<b>NSB</b>	non specific binding
<b>4-OHT</b>	4-hydroxy tamoxifen
<b>PBS</b>	phosphate buffer saline
<b>RBA</b>	relative binding affinity
<b>SERMs</b>	selective estrogen receptor modulators

ssDNA      single stranded DNA

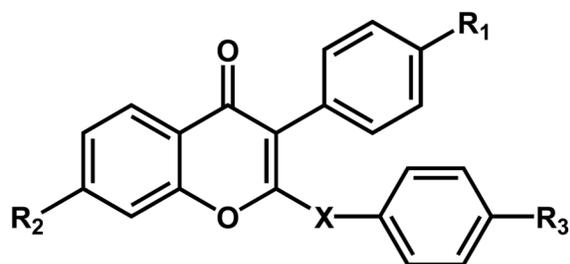
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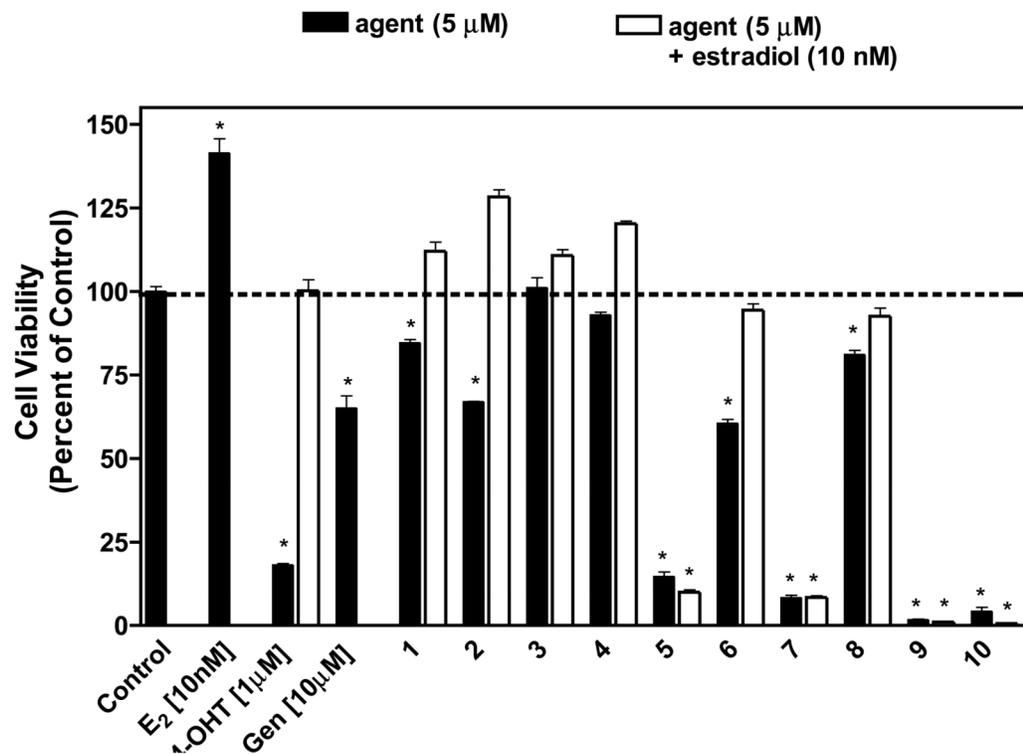


**Figure 1.**  
Rationale for the synthesis of the isoflavones.



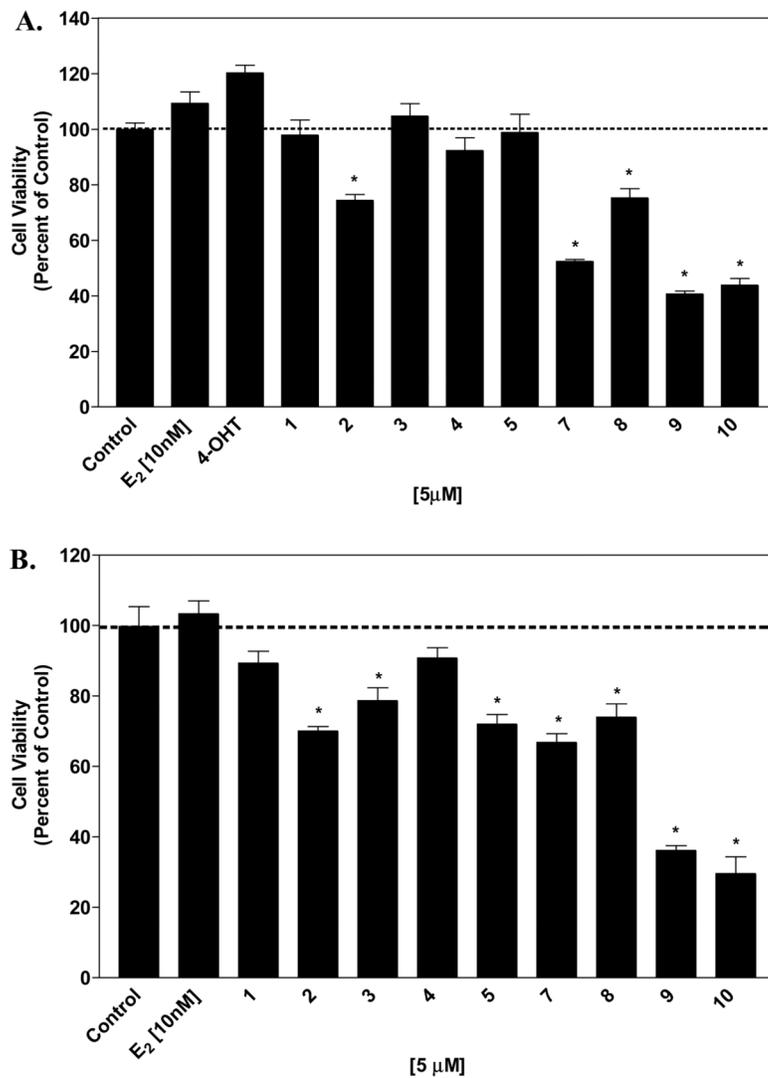
Compound	X	R <sub>1</sub>	R <sub>2</sub>	R <sub>3</sub>
1	S	OH	OH	OH
2	O	OH	OH	OH
3	S	OH	OH	OCH <sub>2</sub> CH <sub>2</sub> -N 
4	O	OH	OH	OCH <sub>2</sub> CH <sub>2</sub> -N 
5	S	OCH <sub>3</sub>	OH	OCH <sub>2</sub> CH <sub>2</sub> -N 
6	O	OCH <sub>3</sub>	OH	OCH <sub>2</sub> CH <sub>2</sub> -N 
7	S	OCH <sub>3</sub>	OCH <sub>2</sub> - 	OH
8	O	OCH <sub>3</sub>	OCH <sub>2</sub> - 	OH
9	S	OCH <sub>3</sub>	OCH <sub>2</sub> - 	OCH <sub>2</sub> CH <sub>2</sub> -N 
10	O	OCH <sub>3</sub>	OCH <sub>2</sub> - 	OCH <sub>2</sub> CH <sub>2</sub> -N 

**Figure 2.**  
Chemical structures of the target 2,4',7-trisubstituted isoflavones.



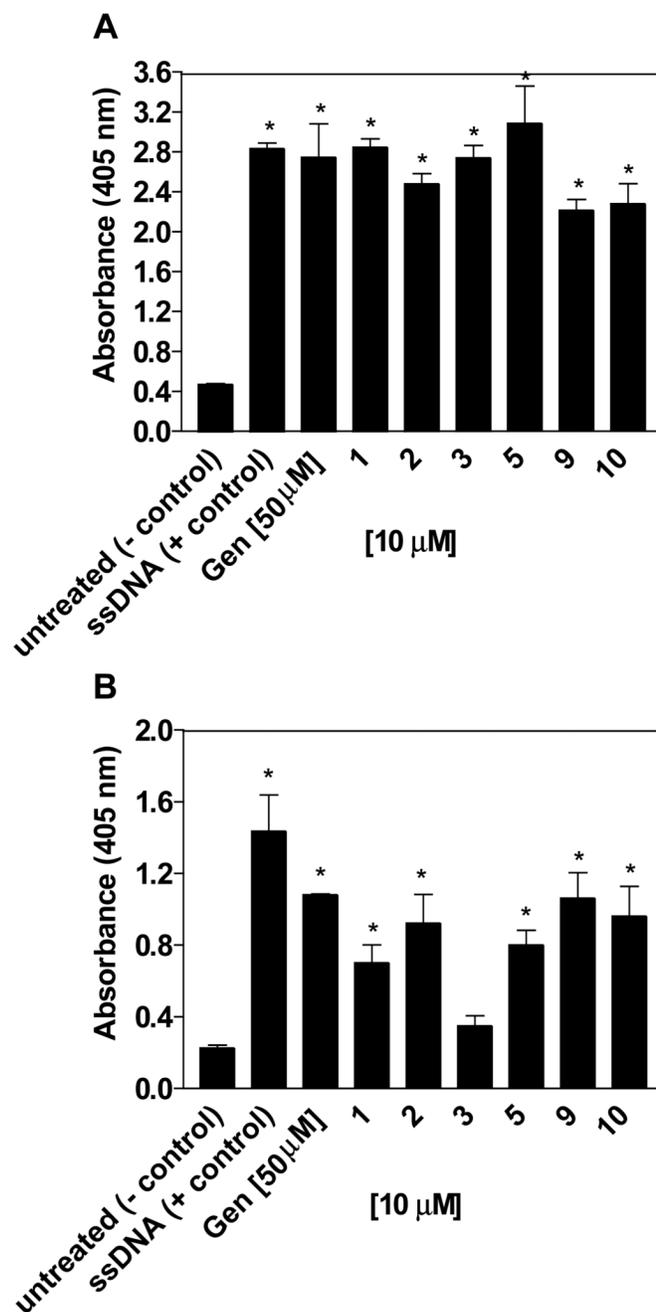
**Figure 3. Effect of synthetic isoflavones on cell proliferation in the presence and absence of estradiol**

MCF-7 cells were treated with 5 μM of each of the agents alone and/or in the presence of 10 nM estradiol, and cell viability was measured as described in the experimental section. Estradiol (E<sub>2</sub>), 4-hydroxytamoxifen (4OHT), and genistein (Gen) were used as controls. The results were normalized against a control treatment with vehicle (DMSO). \*,  $P < 0.0001$  vs. control by unpaired  $t$  test,  $n = 6$ .



**Figure 4. Effect of synthetic isoflavones on cell cytotoxicity**

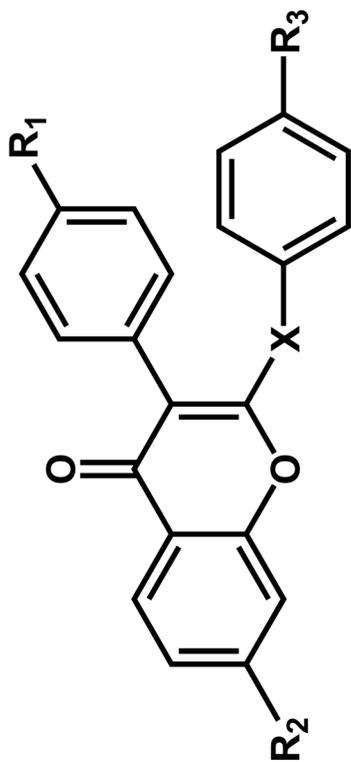
MCF-7 cells (**A**) and MDA-MB-231 cells (**B**) were treated with each of the agents at the indicated concentrations and cell viability was measured as described in the experimental section. The results were normalized against a control treatment with vehicle (DMSO). \*,  $P < 0.0001$  vs. control by unpaired  $t$  test,  $n = 6$ .



**Figure 5. Apoptosis induced by 2, 4'-7 trisubstituted isoflavones**  
MCF-7 cells (A) and MDA-MB-231 cells (B) were treated with 10  $\mu$ M of each agent for 48 hours and analyzed by ELISA for detection of ssDNA as described in the experimental section. Genistein at 50  $\mu$ M and ssDNA were used as controls. Results that showed significant difference in absorbance compared to the negative control were characterized as inducing apoptosis. \*,  $P < 0.01$  vs. control by unpaired  $t$  test,  $n = 3$ .

**Table 1**  
**Relative binding affinities (RBA) of the synthetic isoflavones and genistein (GEN) for ER $\alpha$  and ER $\beta$**

For each binding assay, RBA of a specific ligand was calculated by dividing the IC<sub>50</sub> of E<sub>2</sub> by the IC<sub>50</sub> of the tested compound and expressed as percent.



Compound	X	R1	R2	R3	RBA (ER $\alpha$ )	RBA (ER $\beta$ )
1	S	OH	OH	OH	0.01	0.19
2	O	OH	OH	OH	0.34	0.66
4	O	OH	OH	2-(1-piperidin-1-yl)ethoxy	14.7	1.66
5	S	OMe	OH	2-(1-piperidin-1-yl)ethoxy	0.02	no binding
6	O	OMe	OH	2-(1-piperidin-1-yl)ethoxy	3.1	0.87
GEN					1.26	16.8
E <sub>2</sub>					100	100

**Table 2**

IC<sub>50</sub> values for cell proliferation inhibition for the synthetic isoflavones.

Compound	IC <sub>50</sub> ± S.D. (μM)
<b>1</b>	11.1 ± 5.0
<b>2</b>	8.2 ± 2.0
<b>5</b>	0.04 ± 0.01
<b>6</b>	6.3 ± 1.0
<b>7</b>	2.1 ± 0.4
<b>9</b>	1.8 ± 0.6
<b>10</b>	2.9 ± 0.2
<b>4-OHT</b>	4.2 ± 2.0