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# Imaging a full set of optical scattering properties of biological tissue by inverse spectroscopic optical coherence tomography

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### Abstract

We here develop a method to measure and image the full optical scattering properties by inverse spectroscopic optical coherence tomography (ISOCT). Tissue is modelled as a medium with continuous refractive index (RI) fluctuation and such a fluctuation is described by the RI correlation functions. Under the first-order Born approximation, the forward model is established for ISOCT. By measuring optical quantities of tissue including the scattering power (SP) of the OCT spectrum, the reflection albedo *a* defined as the ratio of scattering coefficient  $\mu_s$  and backscattering coefficient  $\mu_b$ , we are able to inversely deduce the RI correlation function and image the full set of optical scattering properties.

As an important approach to provide quantitative guidance for disease diagnosis or screening, measurement of tissue optical properties plays a key role in biophotonics research. Methods have been developed to measure optical properties in various ways. [1] Imaging techniques such as confocal reflectance microscopy [2], optical coherence tomography (OCT) [3] and quantitative phase imaging [4] are able to quantify spatially-resolved optical properties. However, the above-mentioned methods are insufficient to measure the full set of optical properties *in vivo* due to the backscattering detection scheme for noninvasive measurement, which only allows sampling over a small angular extent of the scattering field.

Here, we propose a novel methodology to measure and image the full set of optical properties using ISOCT. The forward model of ISOCT regards tissue as a medium with a continuously varying refractive index (RI). Since RI fluctuation in tissue is weak, the optical scattering properties can be derived under the first-order Born approximation. By the optical measurement of OCT, the RI spatial auto-correlation (RI correlation) function can be reversely deduced, and the entire optical scattering properties can be quantified. More importantly, the 3D imaging capability of OCT provides localized analysis which helps to directly visualize the optical properties.

The most comprehensive way to quantify a random continuous medium is to use the RI correlation function, which statistically characterizes the tissue structural distribution. We modelled the RI correlation function  $C_n(\rho)$  by the Whittle-Mate n (WM) functional family with three parameters: the deterministic factor D, the length scale of the correlation  $I_c$  and the scaling factor  $\mathcal{N}_c$ . The WM functional family covers essentially all the well-known functions. When 0 < D < 3, the correlation function has the form of a power law for small  $\rho$ . When 3 < D < 4, the correlation function forms a stretched exponential. When D = 4, the correlation function and approaches a Gaussian function when D

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goes infinity.  $I_c$  determines the upper length scale of the correlation function, beyond which the function rolls off to 0 quickly.  $\mathcal{N}_c$  is a scaling factor representing the variance of the RI fluctuation.

$$C_n(\rho) = \mathcal{N}_c \cdot 2^{(5-D)/2} \left(\frac{\rho}{l_c}\right)^{(D-3)/2} K_{(D-3)/2} \left(\frac{\rho}{l_c}\right), \quad (1)$$

in which  $K_{\nu}(\cdot)$  denotes the modified Bessel function of the second kind; and  $\rho$  is the spatial displacement.

Under the Born approximation, the differential scattering cross section per unit volume  $\sigma$  toward any direction can be analytically derived [5]

$$\sigma\left(\theta,\phi\right) = 2\mathcal{N}_{c}k^{4}l_{c}^{3}\Gamma\left(D/2\right)\frac{\left(1-\sin^{2}\left(\theta\right)\cos^{2}\left(\phi\right)\right)}{\sqrt{\pi}\left(1+\left[2kl_{c}\sin\left(\theta/2\right)\right]^{2}\right)^{D/2}},$$
 (2)

where  $(\theta, \varphi)$  denotes the scattering angle in a spherical coordinate system; *k* is the wave number;  $\Gamma$  denotes the gamma function;  $(1 - \sin^2(\theta) \cos^2(\varphi))$  is the dipole factor with linearly polarized incidence on  $\varphi = 0$  direction. We next defined the backscattering coefficient  $\mu_b = 4\pi\sigma_b$ , where  $\sigma_b$  is the backscattering cross section per unit volume when  $\theta = \pi$ ,

$$\mu_b = \mathcal{N}_c 8 \sqrt{\pi} \Gamma \left( D/2 \right) k^4 l_c^3 \left( 1 + [2kl_c]^2 \right)^{-D/2}.$$
 (3)

Meanwhile, the scattering coefficient  $\mu_s$  is by definition an integration of  $\sigma$  over all solid angles.

$$\mu_{s} = \mathscr{N}_{c} \frac{\sqrt{\pi} \Gamma \left(D/2 - 3\right)}{2k^{2} l_{c}^{3}} \left[ \left(1 + \left(2k^{2} l_{c}^{2} \left(D/2 - 2\right) - 1\right) \times 2k^{2} l_{c}^{2} \left(D/2 - 3\right)\right) - \left(1 + 2k^{2} l_{c}^{2} \left(D/2 + 1\right) + 4k^{4} l_{c}^{4} \left(4 - 3D/2 + D^{2}/4\right)\right) \left(1 + 4k^{2} l_{c}^{2}\right)^{1 - D/2} \right].$$

The reflection albedo  $\alpha$ , defined here as the ratio of  $\mu_b$  and  $\mu_s$ , can then be written. Tissue usually satisfies  $kl_c \gg 1$  [6] and D > 2 according to the following measurements. Under this condition, the expression of  $\mu_b$  and  $\mu_s$  can be simplified:

$$\mu_b \approx 2^{3-D} \mathcal{N}_c \sqrt{\pi} \Gamma(D/2) l_c^{3-D} k^{4-D}, \quad (kl_c \gg 1)$$

$$\mu_s \approx 2 \mathcal{N}_c \sqrt{\pi} \Gamma(D/2-1) k^2 l_c, \quad (kl_c \gg 1 \& D > 2)$$
<sup>(5)</sup>

thus

$$\alpha \approx \Gamma(D/2) / \Gamma(D/2 - 1) (2kl_c)^{2-D}.$$
 (6)

The phase function essentially has the shape of  $\sigma(\theta, \varphi)$  only with normalization such that the integral over  $4\pi$  is equal to unity. The anisotropic factor *g* is defined as the cosine average  $\langle \cos(\theta) \rangle$  of the phase function, and is also a function of *D*,  $kl_{c}$  [5] Since it has been derived previously, we will not repeat the equation here.

With the forward model, we attempt to solve the inverse problem for ISOCT. Since OCT has small NA, the squared intensity of OCT image  $\hat{P}$  is approximately proportional to the backscattering coefficient  $\mu_b$ : [7,8]

$$I^{2} = r I_{0}^{2} \frac{\mu_{b}}{4\pi} L \exp(-2zn\mu_{s}), \quad (7)$$

where  $I_0$  and L is the intensity and the temporal coherence length of the incidence, respectively; r is the reference reflectance coefficient; z is the depth and n is the mean RI of the tissue, taken as 1.38. As Fig. 1 shows, the maximum value of the  $I^2$  measures  $\mu_b$ ; and the decay rate along depth measures  $\mu_s$  based on Beer's law. Thus the reflection albedo a can be calculated. Further, the spectrum of  $\mu_b$  can be analysed by the time-Fourier analysis in spectroscopic OCT [9], and fitted with a power law equation. The exponent (often called the scattering power, SP) is equal to 4 - D according to Equ. 5. With D and a,  $I_c$  can be deduced according to Equ. 6. Then the correlation functional form can be readily described by D and  $I_c$ . Therefore, the phase function in Equ. 2 and g can be quantified.

Experimentally, we used a conventional Fourier-domain OCT (FDOCT) system with a supercontinuum source providing an illumination bandwidth from 650-800nm. The axial resolution is ~1.5 $\mu$ m and the lateral resolution is ~10 $\mu$ m with an effective NA 0.04. The scanning range is 2×2 mm on the lateral plane(*x*×*y*) and the B-scan rate is 10 fps. The spectra were first normalized by the reference spectrum and the OCT A-lines were normalized by the intensity profile of the focused beam. The OCT spectra were extracted by a short frequency Fourier transform (SFFT) [9] with a spectral resolution of 15nm, relaxing the axial resolution to ~ 15 $\mu$ m.

To characterize our measurement, we first fabricated a solid Agarose gel phantom embedded with polystyrene microspheres. The averaged signal was obtained from  $0.5 \times 0.5 mm^2$  lateral area(in  $x \times y$ ). The measurements of  $\mu_b$  and  $\mu_s$  were repeated at each wavelength during SFFT according to Equ. 7. As Fig. 2(a-b) shows, the experiment agrees with Mie theory (solid line)well and the error is within 0.05 and 0.22mm<sup>-1</sup> for  $\mu_b$  and  $\mu_s$  respectively. Due to the finite spectral resolution in SFFT, the Mie spectra were smoothed with 15nm Gaussian windows. Further we used 0.87 $\mu$ m spheres phantom, varied the concentration and compared the averaged  $\mu_b$  and  $\mu_s$  over  $\lambda$  to the Mie prediction as in Fig. 2(c-d).  $\mu_b$  fits with calculated value well over a range up to  $1 mm^{-1}$  and  $\mu_s$  deviates from around  $14 mm^{-1}$ , above which multiple scattering starts contributing the signal.

Next we characterized the accuracy of measuring *D* from the SP. A phantom with different polystyrene microsphere composition was designed as Fig. 2(e) shows. The total spectrum smooths out the individual oscillatory spectra from each size of microsphere and exhibits a power law over the incident bandwidth. The averaged spectra were obtained over  $0.05 \times 1 \, mm^2$  area in  $x \times y$ . Figure 2(f) plots the comparison of *D* on our measurements with the calculated values, which is calculated by Mie theory also based on the SP according to Equ. 5. We used four sizes of spheres (diameter: 360, 300, 200 and 80 nm) to compose the phantoms and the volume ratio of spheres for individual *D* values are: 0/6/5/0 (*D*=4.12), 6/20/60/0 (*D*=3.42), 6/20/60/150 (*D*=2.26), 6/15/60/1000 (*D*=0.98), 0/0/0/1 (*D*=0.12). The accuracy of *D* measurement is  $\pm 0.20$  with 90% confidence using a linear regression on the calibration curve. Combining the calibration of  $\mu b$  and  $\mu s$ , the accuracy of measuring *g* is within  $\pm 0.03$ .

With the system calibrated, we measured six rat organs *ex vivo* to demonstrate the feasibility of ISOCT.  $\mu_s$  and  $\mu_b$  were calculated from the entire bandwidth, so that  $I_c$  is calculated at the center wavelength 710nm in Equ. 6. With *D* and  $I_c$ , *g* were obtained as shown in Fig. 3(a) for four types of organs. The key parameters of the tested organs from one subject are summarized in Table 1. To justify our measurement, the *g* values of similar organs from the literature are listed as comparison. Each measurements are taken over  $0.25 \times 0.25 \text{ mm}^2$  area in  $x \times y$  and from the top  $100\mu m$  tissue.

Figure 3(c-d) further demonstrate the capacity of imaging optical properties from an *ex vivo* rat buccal sample. The *a* and *g* values designate Hue, and the image intensity encodes Saturation and Value in the HSV space. Three prominent layers are keratinized epithelium(KE), stratified squamous epithelium(SE) and submucosa(SM), each of which is considered homogeneous and applicable to our method. The SE appears more translucent and its anisotropic factor is measured at 0.91 on average, compared the KE and SM at 0.85 and 0.81 on average, respectively. For a robust measurement,  $\mu_s$  and  $\mu_b$  were smoothed over lateral  $0.05 \times 0.25 \text{ mm}^2$  area in  $x \times y$  for each layer and *D* is averaged over the entire layer. The attenuation along the depth is compensated by multiplying the A-line signal with an exponential function according to  $\mu_s$  [10].

The key assumption of the model is the first-order Born approximation. Although discontinuity at boundaries exists in tissue, the small RI changes can still satisfy the approximation and thus the derivation from RI correlation function to the optical properties is still applicable. [6]

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Schematic of the methodology. *D* is obtained from power law fitting to  $\mu_b$  spectrum.  $l_c$  is deduced by *D* and *a* according to Equ.6.



#### Fig. 2.

(a-b)  $\mu_b$  and  $\mu_s$  spectrum with the sphere diameters and volume fraction (v.f.). (c-d) Calibration of  $\mu_b$  and  $\mu_s$  in various concentrations of 0.87 $\mu$ m spheres. (e) *D* value phantom design with four types of spheres. The total spectrum is a power law within the illumination bandwidth. (f) Calibration of *D*. All the measurements were repeated three times. Error bar = *s.e.* 



### Fig. 3.

(a) Map of g dependence on D and  $I_c$  (b-d) Conventional OCT, a and g image from a rat buccal sample. (1)keratinized epithelium, (2)stratified squamous epithelium, (3)submucosa. Bar =  $50\mu m$ 

# Table 1

Physical and optical properties  $\pm s.e.$  of different rat organs (710nm)

|                | z  | a                 | $\mu_{\rm s}  (mm^{-1})$ | $\mu_b \ (mm^{-1})$ | $l_c(uut)^a$    | g a             | g from literature [1] |
|----------------|----|-------------------|--------------------------|---------------------|-----------------|-----------------|-----------------------|
| Brain          | 9  | $2.80 \pm 0.21$   | $10.81 \pm 0.28$         | $0.65\pm0.08$       | $0.76 \pm 0.29$ | $0.87 \pm 0.05$ | 0.88 (633nm)          |
| Liver          | 10 | $2.36\pm\!\!0.11$ | $10.32 \pm 0.29$         | $0.49\pm\!0.03$     | $4.05\pm\!1.52$ | $0.91 \pm 0.02$ | 0.95 (630nm)          |
| Lung(deflated) | 6  | $3.02 \pm 0.20$   | $11.42 \pm 0.29$         | $0.11 \pm 0.02$     | $1.75 \pm 1.04$ | $0.95\pm0.04$   | 0.95 (630nm)          |
| Heart          | 6  | $2.84 \pm 0.08$   | $13.26 \pm 0.37$         | $0.27 \pm 0.06$     | $2.59 \pm 0.96$ | $0.96\pm0.02$   | 0.973-0.983 (1060nm)  |
| Intestine      | L  | $3.06\pm\!0.15$   | $7.80 \pm 0.23$          | $0.05\pm\!0.01$     | $2.78 \pm 1.42$ | $0.97 \pm 0.03$ |                       |
| Spleen         | ٢  | $2.98 \pm 0.19$   | $13.28 \pm 0.30$         | $0.26 \pm 0.09$     | $1.71 \pm 1.13$ | $0.95\pm0.03$   |                       |
|                |    |                   |                          |                     |                 |                 |                       |

 $^{a}$ Data were deduced and averaged from each measurements.