

Sperm selection using magnetic activated cell sorting (MACS) in assisted reproduction: a systematic review and meta-analysis

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Abstract

Purpose To determine whether the use of Magnetic Activated Cell Sorting (MACS) as a sperm selection technique improves ART success rates in couples undergoing assisted reproduction treatment.

Methods Systematic review and meta-analysis of prospective randomized trials. Two reviewers conducted study selection and data extraction independently.

Results Five studies (prospective randomized trials) that comprised 499 patients were included. Sperm selection using MACS resulted in statistically significant differences in pregnancy rates when compared with density gradient centrifugation and swim-up techniques (RR=1.50, 95 % CI 1.14–1.98). No differences were found between the groups according to the implantation (RR=1.03, 95 % CI 0.80–1.31) and miscarriage (RR=2.00, 95 % CI 0.19–20.90) rates.

Conclusions MACS appears to be a safe and efficient method to select functional sperm with consistently good results. This technique may improve pregnancy rates when used to complement standard sperm selection methods in ART.

Keywords MACS · Sperm selection · Annexin V · Pregnancy · DNA fragmentation · Meta-analysis

Introduction

Assisted reproductive techniques (ART) are used worldwide with increasing frequency because these techniques greatly benefit couples who have problems trying to conceive. Studies of infertile couples have demonstrated that male factor plays a major role in infertility. Basic semen analyses and standard methods for sperm selection, such as density gradient centrifugation (DGC) and swim-up (SU) techniques, have been used with good results. However, to improve the diagnosis and treatment of male infertility, basic semen analyses should be complemented with tests that provide data on sperm functionality. Sperm DNA fragmentation has recently become the most widely studied complementary test. Studies have demonstrated that sperm with genetic defects are directly associated with infertility [7]. However, there is controversy regarding the role of sperm DNA fragmentation in assisted reproduction techniques because this method detects late apoptosis in sperm, and understanding all of the stages of apoptosis is far more informative.

One of the early markers of apoptosis is the loss of membrane integrity, which leads to phospholipid phosphatidylserine externalization (a molecule with a high affinity for annexin V) [45]. Therefore, annexin V (used as an apoptotic sperm marker) conjugated with magnetic microspheres, which are exposed to a magnetic field in an affinity column, can separate apoptotic from non-apoptotic sperm. This procedure is called magnetic activated cell sorting (MACS). This technique was used in 1995 by Pesce and De Felici to isolate and purify the primordial germ cells (PGCs) from mouse embryos (MiniMACS Magnetic Separation System) [26].

Capsule Sperm selection using magnetic activated cell sorting (MACS) is an efficient method to select functional sperm and improves pregnancy rates when used to complement standard sperm selection methods in ART.

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Many studies have recently evaluated the use of MACS as a method to reduce apoptotic sperm and improve sperm and embryo quality. Based on the findings from these studies, other groups studied MACS as a sperm selection method for ART. Recent studies have recommended MACS selection regardless of DNA fragmentation results because apoptotic sperm is not exclusively associated with sperm DNA fragmentation [34].

This systematic review and meta-analysis was performed to summarize the available data regarding MACS as a sperm selection technique and determine the efficacy of the method to improve ART success rates. We hypothesized that there would be higher pregnancy rates in couples who undergo sperm selection using MACS compared with couples who do not.

Materials and methods

Search strategy to identify studies

Study selection was completed by two independent reviewers (M.G. and Y.M.). Discrepancies were resolved by group discussion and a consensus with a third reviewer (V.S.).

The following electronic databases were searched until August 2012: Medline, Embase, the Cochrane Central Registry of Controlled Trials (Central), and the Centre for Reviews and Dissemination databases (DARE HAT and NHS EE). A search strategy was generated based on the following terms: fertilization rate, live birth rate, ongoing pregnancy rate, miscarriage rate AND annexin V, MACS, sperm, DNA fragmentation, sperm selection, IVF, ICSI, AND “randomized controlled trials” OR “randomized controlled trials.” Furthermore, we examined the abstracts from major scientific meetings, e.g., the European Society for Human Reproduction and Embryology and the American Society for Reproductive Medicine, and relevant fertility journals. Studies were selected in a two-step process. First, two reviewers independently reviewed the titles and the abstracts from the electronic searches. If a citation was likely to meet the selection criteria, the full text was obtained. The final inclusion and exclusion decisions were based on the examination of the entire manuscripts. The search was restricted to Spanish and English languages.

Study selection

We selected prospective randomized trials that examined couples who underwent ART with sperm that was selected using MACS compared with sperm that was selected using standard methods. The main outcome of interest was the pregnancy rate. Secondary outcomes were the implantation and miscarriage rates.

Statistical analysis

The occurrence of dichotomous events was expressed as a risk ratio (RR) with a 95 % confidence interval (CI) using a fixed effects model. The statistical significance was set at a *P* value <0.01. The heterogeneity between the studies was evaluated using a chi-square test and the I^2 index. All the statistical analyses were conducted using Review Manager 5 software

Results

A total of 479 studies related to the topic were identified in the initial electronic search, 59 of which were considered eligible based on the title and the abstract. In a second step of the selection process, 45 studies were excluded based on the abstract. Studies were most commonly excluded because the outcomes of interest were not examined or the studies were not randomized. Of the 14 articles that were selected to be reviewed, five were included in the analysis (Fig. 1).

The five selected studies included 499 patients who underwent ART, 278 sperm samples that were treated using MACS (the study group), and 221 samples that were treated

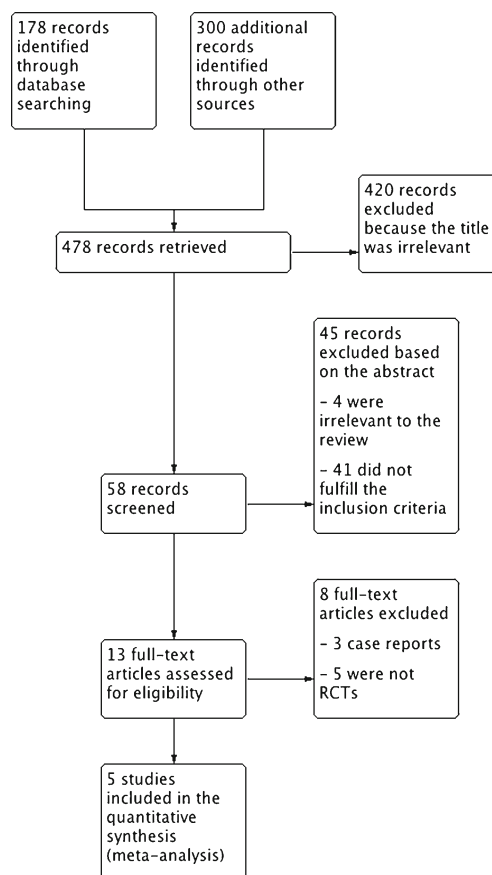


Fig. 1 Flowchart of the trial identification and selection process

Table 1 Characteristics of the clinical trials that were included in the review

Author and year	Country	Description of the study	No. of patients	Inclusion criteria	Intervention	Outcome
San Celestino et al. 2011	Spain	Prospective randomized study	55	Egg donors and frozen sperm samples from patients and donors	Study group: 27 patients with sperm preparation by DGC + MACS. Control group: 28 patients with sperm preparation only by DGC	Pregnancy rate
Khalid and Quereshi 2011a	Pakistan	Prospective randomized study	60	Sperm count ≥ 20 million/ml and male age < 40 years. Normal baseline early hormonal assays and female age < 35 years with no uterine pathology	Study group: 30 patients with sperm preparation by DGC + MACS. Control group: 30 patients with sperm preparation only by DGC	Occurrence of pregnancy (biochemical or clinical) and the miscarriage rate
Romany et al. 2010a	Spain	Prospective randomized double-blind study	56	Baseline FSH levels < 10 mIU/ml, E2 levels < 75 pg/ml, ovulatory menstrual cycles, age < 38 years, no uterine abnormalities and > 3 million sperm with progressive motility after swim up Female: FSH levels < 10 mIU/ml, E2 levels < 75 pg/ml, ovulatory menstrual cycles, age < 35 years, no uterine abnormalities or communicating hydrosalpinx, and no history of low or absent ovarian response during FSH/HMG treatment Male: The presence of oligozoospermia, asthenozoospermia, oligoasthenospermia, and/or teratozoospermia	Study group: 32 patients with sperm preparation by SU + MACS. Control group: 24 patients with sperm preparation only by SU	Pregnancy rate and the ongoing pregnancy rate
Dirican et al. 2008	Turkey	Prospective randomized study	196	Female: FSH levels < 10 mIU/ml, E2 levels < 75 pg/ml, ovulatory menstrual cycles, age < 35 years, no uterine abnormalities or communicating hydrosalpinx, and no history of low or absent ovarian response during FSH/HMG treatment Male: The presence of oligozoospermia, asthenozoospermia, oligoasthenospermia, and/or teratozoospermia	Study group: 122 patients with sperm preparation by MACS. Control group: 74 patients with sperm preparation only by DGC	Chemical and clinical pregnancy rates, and implantation rate
Romany et al. 2012a	Spain	Prospective randomized study	132	Female: 30–45 years of age, BMI < 30 Kg/m ² , undergoing their first ICSI cycle with oocyte donation. Embryo transfer was always performed 72 h after oocyte retrieval. Male: The presence of more than 1 million motile spermatozoa per ejaculate after SU	Study group: 67 patients with sperm preparation by SU + MACS Control group: 65 patients with sperm preparation only by SU	Implantation rate

Table 2 Methodological data from the clinical trials that were included in the review

Criterion	Author, year				
	San Celestino 2011	Khalid 2011a	Romany 2010a	Dirican 2008	Romany 2012a
Explicit eligibility criteria	Yes	Yes	Yes	Yes	Yes
Sequence generation	Unclear	Unclear	Unclear	Unclear	Unclear
Allocation concealed	Unclear	Unclear	Unclear	Unclear	Unclear
Patient blinding	Unclear	Unclear	Unclear	No	Unclear
Outcome assessor blinding	Unclear	Unclear	Unclear	No	Unclear

with either DGC or SU techniques (the control group). The characteristics of the selected studies are displayed in Table 1. Table 2 shows the methodological data from the clinical trials that were included in the review.

In all five studies, female factor was not considered. Two studies used semen samples diagnosed with male factor [9, 33], two studies used normal sperm samples [15, 35], and one study analyzed frozen sperm from patients and donors [42]. In two studies, the sperm selection technique for the control group was SU [33, 35], whereas DGC was used in the other three studies [9, 15, 42]. Two studies included couples who underwent intrauterine insemination (IUI) [15, 35], whereas the other three studies performed ICSI [9, 33, 42].

Outcomes of interest

Sperm selection using MACS in ART demonstrated statistically significant differences in the pregnancy rates when the study group was compared with the control group. No differences were found between the groups according to the implantation and miscarriage rates (Table 3).

Pregnancy rate

The results from four trials (367 events) that reported pregnancy rate outcomes indicated a significantly higher pregnancy rate in patients who underwent sperm selection using MACS compared with those who received treatment without MACS (RR=1.50, 95 % CI 1.14–1.98). The I^2 value was 4 %, which indicates low heterogeneity between the studies (Fig. 2).

Implantation rate

The results from two trials (834 events) that reported implantation rate outcomes indicated no statistically significant differences between the groups (RR=1.03, 95 % CI 0.80–1.31). The I^2 value was 43 %, which indicates low heterogeneity between the studies (Fig. 3).

Miscarriage rate

Only one trial that was included (60 events) reported miscarriage rates. The outcomes did not indicate any statistically significant differences between the groups (RR=2.00, 95 % CI 0.19–20.90). Heterogeneity was not applicable to this outcome (Fig. 4).

Discussion

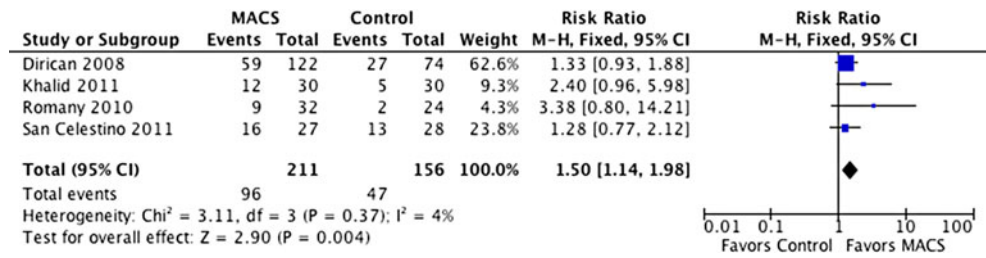
This systematic review and meta-analysis included the most recent prospective randomized trials that compared pregnancy implantation and miscarriage rates between MACS and conventional sperm selection techniques (SU and DGC). The results of this meta-analysis suggest that there was an improvement in the pregnancy rates when sperm was selected using MACS.

Our results are in agreement with those from other studies that reported an improvement in pregnancy rates using MACS [1, 6, 9]. Several authors did not include a control group in their studies; however, they reported good pregnancy rates (single and multiple ongoing pregnancies with normal cardiac activity) and healthy infants who were born

Table 3 Summary of outcomes

Outcome	No. of participants (trials)	MACS	Control	Risk ratio (95 % CI)	<i>P</i> value
Pregnancy rate	367 (4)	96/211 (45.49 %)	47/156 (30.12 %)	1.50 (1.14–1.98)	0.004
Implantation rate	834 (2)	122/510 (22.18 %)	80/324 (24.69 %)	1.03 (0.80–1.31)	0.82
Miscarriage rate	60 (1)	2/30 (6.66 %)	1/30 (3.33 %)	2.00 (0.19–20.90)	0.56

Fig. 2 Pregnancy rates with and without sperm selection using MACS



with normal neonatal assessments [1, 27, 29, 31, 44, 46, 48]. This technique selects the best sperm; however, no evidence of a decline in miscarriage rates was found in our results. These findings are in contrast to those reported by Robinson et al. [32], which indicated a direct relationship between miscarriage rates and DNA damage.

MACS is an efficient method that can avoid apoptotic sperm during selection. MACS efficiently reduces sperm DNA fragmentation levels [13, 19, 29, 30, 40, 47, 48] and effectively separates apoptotic from non-apoptotic spermatozoa [6, 8, 11, 14, 17–20, 28, 29, 34, 37–39, 44]. This selection leads to an improvement in sperm quality and functionality [14, 19, 23] because MACS positively affects sperm motility [5, 8, 29, 34, 38, 41] and morphology as determined by the sperm deformity index [2–4, 38, 39, 41]. Several authors reported an improvement in fertilization rates [12, 36] and embryo quality [1, 9, 40] because the best sperms were selected using MACS compared with standard selection methods. Other authors found no differences in fertilization rates [1, 6, 9, 40].

Another benefit of MACS, which may improve ART results, is the efficient removal of the caspases that are present in human spermatozoa, which represent the main pathway of apoptosis [22]. Their removal enhances human sperm motility and cryosurvival rates following cryopreservation [10, 11, 20, 24, 25, 38, 40, 41]. An ideal sperm preparation method should select the best sperm from the ejaculate. Most studies demonstrated that double density gradient centrifugation (DGC) combined with MACS was

the more advantageous sperm selection method [1–5, 7–9, 11–14, 16–18, 21, 25, 27, 29, 34, 36–40, 43, 46, 48].

To date, one of the most promising results of MACS was observed in the outcomes of couples with previous assisted reproduction failure. Studies that included IUI in couples with unexplained infertility [17, 18] and ICSI in patients with high sperm DNA fragmentation [27, 44, 48] concluded that the use of MACS would improve the results for couples with repeated assisted reproduction failure.

Even though there were no significant discrepancies between the results in these studies, and none of them considered the female factor; these studies did demonstrate considerable variability. This variability and the relatively small sample size in our study may be a limitation. Further research that includes live birth rates and a greater sample of patients is needed to determine the usefulness of the MACS technique as a clinically beneficial sperm selection method in assisted reproduction. In addition to well-designed prospective studies, we suggest that researchers should use a uniform study design under controlled conditions. The implementation of these recommendations should lead to better evidence regarding the role of MACS in ART.

This analysis is the first study of its kind to report pregnancy rates as a parameter of the efficacy of MACS in selecting non-apoptotic sperm.

In conclusion, the implantation and miscarriage rates did not vary between MACS or standard sperm selection methods; however, we did observe an improvement in pregnancy rates.

Fig. 3 Implantation rates with and without sperm selection using MACS

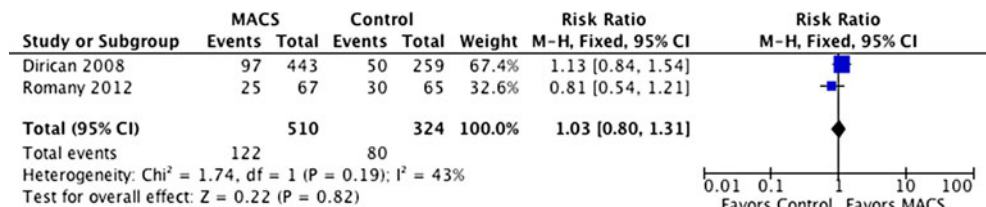
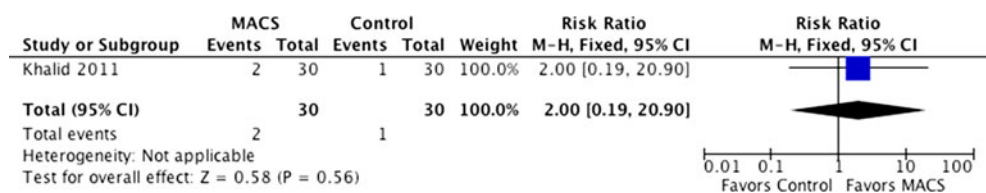


Fig. 4 Miscarriage rates with and without sperm selection using MACS



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