TRPM8 activation attenuates inflammatory responses in mouse models of colitis

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Edited by Solomon H. Snyder, The Johns Hopkins University School of Medicine, Baltimore, MD, and approved March 15, 2013 (received for review October 6, 2012)

Transient Receptor Potential Melastatin-8 (TRPM8), a recently identified member of the transient receptor potential (TRP) family of ion channels, is activated by mild cooling and by chemical compounds such as the supercooling agent, icilin. Since cooling, possibly involving TRPM8 stimulation, diminishes injury-induced peripheral inflammation, we hypothesized that TRPM8 activation may also attenuate systemic inflammation. We thus studied the involvement of TRPM8 in regulating colonic inflammation using two mouse models of chemically induced colitis. TRPM8 expression, localized immunohistochemically in transgenic TRPM8^{GFP} mouse colon, was up-regulated in both human- and murine-inflamed colon samples, as measured by realtime PCR. Wild-type mice (but not TRPM8-nulls) treated systemically with the TRPM8 agonist, icilin showed an attenuation of chemically induced colitis, as reflected by a decrease in macroscopic and microscopic damage scores, bowel thickness, and myeloperoxidase activity compared with untreated animals. Furthermore, icilin treatment reduced the 2,4,6-trinitrobenzenesulfonic acid-induced increase in levels of inflammatory cytokines and chemokines in the colon. In comparison with wild-type mice, Dextran Sodium Sulfate (DSS)treated TRPM8 knockout mice showed elevated colonic levels of the inflammatory neuropeptide calcitonin-gene-related peptide, although inflammatory indices were equivalent for both groups. Further, TRPM8 activation by icilin blocked capsaicin-triggered calcitonin-gene-related peptide release from colon tissue ex vivo and blocked capsaicin-triggered calcium signaling in Transient Receptor Potential Vaniloid-1 (TRPV1) and TRPM8 transfected HEK cells. Our data document an anti-inflammatory role for TRPM8 activation, in part due to an inhibiton of neuropeptide release, pointing to a novel therapeutic target for colitis and other inflammatory diseases.

CGRP | TRPV1 | IBD | Crohn's disease

N onresolving inflammation is a major pathological component of a number of diseases including inflammatory bowel diseases (IBDs) (1, 2). IBDs, which include Crohn's disease and ulcerative colitis (UC), are chronic and relapsing inflammatory disorders (3, 4) that are characterized by proinflammatory cytokine production, leukocyte infiltration, and consequent structural and functional damage to the gut (3, 5, 6). Despite significant advances in our understanding of the pathological basis of these diseases, there exists an important unmet need in the treatment of these chronic inflammatory conditions.

Controlled tissue cooling or hypothermia is widely used to suppress tissue damage resulting from trauma, ischemia, and surgery (7) and is known to result in a reduction in inflammation (8, 9) and severity of peripheral nerve injury (10). Recently, Transient Receptor Potential Melastatin–8 (TRPM8) was identified as a temperature-sensitive ion channel activated by mild cooling (11–14). TRPM8-deficient mice show no preference for warm temperatures over cold temperatures and have impaired cold avoidance behavior

(12–14). In addition to activation by environmental cold, TRPM8 is activated by chemical stimuli such as menthol and icilin (11, 15) that elicit the sensation of coolness. Apart from its role in thermosensation, acute activation or inhibition of TRPM8 can have analgesic effects either to diminish neuropathic and visceral pain (16–18) or to attenuate cold hypersensitivity in inflammatory and nerve-injury pain models (19), suggesting that neuronal TRPM8 may play a neurogenic anti-inflammatory role in certain settings.

In this study we hypothesized that TRPM8 activation, which very likely mediates some of the anti-inflammatory effects of mild cooling for trauma-induced peripheral inflammation, in addition to its neuronal sensory function, might also attenuate tissue inflammation in the setting of experimental colitis. We report here the detection of TRPM8 expression in the colon and localization of TRPM8 expression using a *TRPM8*^{GFP} transgenic mouse. TRPM8 mRNA was up-regulated in inflamed human and murine colon tissue. We also show that in two models [2,4,6-trinitrobenzenesulfonic acid (TNBS)/Dextran Sodium Sulfate (DSS)] of murine colitis, TRPM8 activation with icilin has potent anti-inflammatory and disease-attenuating effects. This anti-inflammatory effect of icilinstimulated TRPM8 activation occurs, at least in part, through the suppression of Transient Receptor Potential Vanilloid-1 (TRPV1)dependent calcitonin-gene-related peptide (CGRP) release in the colon. Thus, in addition to its antinociceptive action, our work defines an anti-inflammatory role for TRPM8, thus identifying this channel as a promising therapeutic target for treating inflammatory diseases such as colitis/IBD.

Results

TRPM8 Expression in the Colon. TRPM8 mRNA was detected by real-time PCR in both human and mouse colon tissue. A significant increase in TRPM8 expression was observed in both inflamed human colonic tissue from patients with IBD (Fig. 1*A*) as well as in samples from TNBS- or DSS-treated mice (Fig. 1*B*). Noninflamed colonic tissues from IBD patients showed an elevated but slightly lower level of TRPM8 expression than in the inflamed tissue.

To determine the anatomical location of TRPM8 in the mouse colon, we monitored TRPM8 expression using a transgenic mouse in which GFP reporter expression is driven by the TRPM8 transcriptional promoter (*TRPM8*^{GFP}). Confocal imaging of GFP-

Author contributions: R.R., E.H., C.A., and M.D.H. designed research; R.R., E.H., L.Z., T.K.L., K.C., C.L.H., and C.A. performed research; R.R. and D.D.M. contributed new reagents/analytic tools; R.R., E.H., L.Z., T.K.L., C.L.H., P.L.B., and C.A. analyzed data; and R.R., S.G., D.D.M., N.V., P.L.B., C.A., and M.D.H. wrote the paper.

The authors declare no conflict of interest.

This article is a PNAS Direct Submission.

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This article contains supporting information online at www.pnas.org/lookup/suppl/doi:10. 1073/pnas.1217431110/-/DCSupplemental.



Fig. 1. TRPM8 expression in human and mouse colon. (A) Real-time PCR detection of TRPM8 expression in colonic biopsies from control (closed circle), noninflamed Crohn's disease patient colons (closed squares), or inflamed Crohn's disease patient colons (closed triangles). Data are shown as mean \pm SEM. **P* < 0.05. *n* = 5–29. (B) TRPM8 expression in the colon of mict treated with vehicle, TNBS, or DSS. A significant increase in TRPM8 mRNA levels is seen in colonic tissue from TNBS- or DSS-treated mice compared with vehicle-treated mice. Data are shown as mean \pm SEM. **P* < 0.05. *n* = 4–6.

stained colonic sections derived from $TRPM8^{GFP}$ mice (Fig. S1 C and D) revealed abundant TRPM8 expression in the luminal epithelial cells (Fig. S1D, red arrows), and in neuronal-like structures in the myenteric plexus (Fig. S1D, white arrow). Costaining with CGRP revealed that TRPM8 expression closely associated with peptidergic neurons but did not colocalize (Fig. S1 E-G). Abundant colocalization was observed between the epithelial cell marker Zona Occludens Protein-1 (ZO-1) and TRPM8-expressing cells in the mucosa (Fig. S1 H-J).

Attenuation of TNBS–DSS Colitis and Inflammatory Cytokine/Chemokine Release by Icilin. Colitis was induced in mice by intracolonic administration of TNBS or by administration of DSS in the drinking water for 7 d. Male C57BL/6 mice treated with TNBS (Fig. 2 A, C, and E) or DSS (Fig. 2 B, D, and F) developed all of the hallmarks of colitis described for these models including weight loss (Fig. S2), bloody diarrhea, and increases in histochemical– biochemical indices of inflammation. Upon sacrifice on day 7 these animals showed significant macroscopic damage to the colon (Fig. 2 *A* and *B*), with erythema, edema, ulceration, and strictures. The colons were thickened (Fig. 2 *E* and *F*) and myeloperoxidase (MPO) activity, indicative of granulocyte infiltration, was significantly increased (Fig. 2 *C* and *D*). Histological assessment of the TNBS-treated colons showed transmural inflammation with thickening of the *muscularis*, an influx of inflammatory cells, absence of goblet cells, and gland disorganization (Fig. 2*G*, *Lower*). In contrast, mice treated with icilin (i.p. daily) (Fig. 2), but not menthol (Fig. S3), in conjunction with TNBS or DSS administration, showed significantly attenuated macroscopic damage scores, bowel thickness, and colonic MPO levels (Fig. 2 *E* and *F*). Furthermore, icilin-treated mice showed substantially diminished histological damage (Fig. 2*G*) as quantified by a histological scoring system (20) (Fig. 2*G*, *Lower*). Little to no damage was observed in mice treated with icilin alone or vehicle.

The abundance of a number of proinflammatory cytokines and chemokines in mouse colonic tissue was also profiled using the MILLIPLEX MAP Mouse Cytokine/Chemokine assay (Millipore). As expected, TNBS-treated mouse colons exhibited elevated levels of a number of proinflammatory cytokines and chemokines. Strikingly, icilin treatment significantly attenuated the levels of a wide spectrum of inflammatory markers including TNF-α, keratinocyte-derived chemokine (KC), IL-6, monocyte chemoattractant protein-1 (MCP-1) [chemokine (C-C) ligand (CCL) 2], IL-1 α , macrophage inflammatory protein (MIP)-1 α (CCL3), MIP-1β (CCL4), and IL-12 p40 (Fig. 3). The levels of some cytokines (IL-1β, CXC chemokine ligand (CXCL) 10 (CXCL10), granulocyte colony stimulating factor (GCSF), and IL-15), which showed quite variable increases in the TNBS colitis mice did not rise significantly above baseline levels in icilin-treated TNBSinflamed animals. Compared with controls, icilin treatment alone did not significantly change the levels of any of the cytokines/ chemokines tested. Icilin also significantly attenuated leukocyte adherence in colonic venules of mice treated with TNF- α (Fig. S4.4). No significant differences in leukocyte rolling or vessel diameter were observed in any of the treatment groups (Fig. S4 B and C).

The anti-inflammatory effect of icilin was not observed in TRPM8-null mice (Fig. S5). While TRPM8-deficient mice showed similar DSS (Fig. 4 A-C) or TNBS (Fig. S6) colitis disease parameters compared with wild-type mice, significantly higher levels of the inflammatory neuropeptideCGRP were detected in the colons of DSS-treated TRPM8-null mice compared with DSS-treated wild-type mice (Fig. 4D).

TRPM8 Inhibits TRPV1 Activation to Regulate CGRP Release in the Colon. Since we found that CGRP was elevated in DSS-treated TRPM8-null versus wild-type mice, we suspected that part of the anti-inflammatory action of icilin might be to diminish the release of inflammatory neuropeptides. We thus investigated the ability of TRPM8 activation to reduce TRPV1-stimulated neuropeptide release from colonic tissue ex vivo. As expected, exposure of colon tissue to the TRPV1 agonist capsaicin significantly elevated CGRP release. However, pretreatment of the colon tissue with icilin before capsaicin exposure significantly reduced colonic CGRP release (Fig. 5.4). This ability of icilin-induced TRPM8 activation to block TRPV1-mediated neuropeptide release from intact tissue was mirrored by its ability to block capsaicin-stimulated TRPV1 calcium signaling (Fig. 5*B*).

Discussion

We report here that activation of TRPM8 by its potent and selective agonist, icilin, was able to attenuate inflammation in two murine models of colitis. This inhibition of the inflammatory response by icilin, attributed to TRPM8 activation, since no such effect was observed in TRPM8-null mice, was characterized not only by attenuation of all of the tissue indices of inflammation



Fig. 2. Icilin attenuates colonic inflammation in mice. Assessment of intestinal damage scores, colonic MPO levels, and bowel thickness in mice treated with vehicle, icilin, TNBS or DSS, and TNBS or DSS plus icilin or vehicle. Mice treated with icilin exhibit reduced intestinal damage scores, colonic MPO levels, and bowel thickness compared with vehicle-treated animals in both TNBS- (*A*, *C*, and *E*) and DSS- (*B*, *D*, and *F*) induced colitis. No significant differences are observed between vehicle- and icilin-treated groups. (G)

known for the TNBS/DSS colitis models, but also by marked reductions in the TNBS-triggered inflammatory tissue cytokines/ chemokine levels. We also observe an increase in TRPM8 expression in inflamed mouse and human colon tissues. Following the development of DSS colitis, TRPM8-null mice showed significantly higher levels of the neuroinflammatory peptide, CGRP, compared with wild-type mice, but this elevation was evidently not sufficient to cause an enhanced inflammation in the TRPM8deficient animals, compared with wild-type mice. However, icilin treatment was able to abolish CGRP release caused by capsaicininduced TRPV1 activation in colonic tissue ex vivo. Thus, the counterregulatory anti-inflammatory role of TRPM8 in vivo due to its activation by endogenous agonists may depend on the abundance of these mediators, which remain to be identified. Notwithstanding, the exogenous activation of TRPM8 by icilin is clearly able to diminish inflammation, acting in part by reducing inflammatory neuropeptide release and attenuating proinflammatory cytokines/ chemokine release and suppressing leukocyte recruitment to the colon. Thus, our work extends the impact of TRPM8 activation from its currently recognized antinociceptive and thermosensing role to an additional anti-inflammatory role.

One stimulus for the work we report here was our knowledge of the accepted use of hypothermia for the treatment of soft tissue injuries or to mitigate the inflammatory response following surgery (7). Cooling is established as an effective means of reducing neuronal damage in a number of clinical conditions including anoxic brain injury following cardiac arrest (21) and hypoxic ischemiainduced neonatal encephalopathy (22). In the brain, therapeutic hypothermia results in a number of neuroprotective responses (23) including a reduction in leukocyte infiltration as well as a decrease in the levels of adhesion molecules (24) and proinflammatory cytokines (25). Based on our findings, we suggest that TRPM8 might be mediating these accepted therapeutic modalities involving cooling.

Although TRPM8 was first discovered as a prostate-expressed protein (26), the main emphasis since that time on the function of this channel has been as a "cold-sensing" nonselective cation channel in neuronal cells (11, 14). While widely expressed in neuronal cells, TRPM8 is also found in other sites, including the genitourinary tract (27, 28), lung (29, 30), liver (31), blood vessels (32, 33), and sperm (34). Like the colon, inflammation in these tissues may also be blocked by icilin stimulation of TRPM8. However, the endogenous activators of TRPM8 that might mimic the actions of icilin in an inflammatory setting in these tissues remain to be determined.

Endogenous regulators of TRPM8 that have been identified include phosphatidylinositol 4,5-bisphosphate (PIP2) (35-37) (also a negative regulator of TRPV1) (38), endovanniloids-endocannabinoids (39, 40), and Phospholipase A2 (PLA2)-derived lysophospholipids (lysophosphatidylcholine, lysophosphatidylinositol, and lysophosphatidylserine), all of which can enhance the thermal sensitivity of TRPM8, leading to its activation at physiological body temperatures (41). Of note, levels of PLA2 are elevated in Crohn's disease and UC patients (42), while levels of lysophospholipids are significantly decreased (43). These changes may affect the function of TRPM8 during colitis. In this regard, we found that the inflammatory response to colitic agents in the $TRPM8^{-/-}$ mice was not greater than in wild-type controls, even though levels of the inflammatory neuropeptide CGRP were elevated in the knockout mice. This is likely due to compensatory protective mechanisms in TRPM8-deficient mice that attenuate the CGRP-mediated inflammatory response. These results also argue in favor of a counterregulatory anti-inflammatory role for

Representative pictograms of H&E-stained colon sections from mice treated with vehicle, icilin, TNBS, or TNBS plus icilin. Histogram depicts the microscopic damage scores in mice from each of the four groups. *P < 0.05, **P < 0.005, and ***P < 0.0005. n = 8 animals per group.



Fig. 3. Icilin reduces inflammatory cytokine and chemokine levels in mice with TNBS-induced colitis. Cytokine and chemokine profiling in the colons of mice treated with vehicle, icilin, TNBS, or TNBS plus icilin. Mice treated with icilin during the course of TNBS-induced colitis show significantly reduced cytokine/ chemokine levels compared with mice with TNBS-induced colitis. *P < 0.05. n = 8 animals per group.

TRPM8 that would depend on the local production of endogenous TRPM8 regulators, rather than on its role as an active participant in the inflammatory response. In addition, the increase in TRPM8 expression seen in inflamed human or mouse colons suggests that channel up-regulation, as opposed to increased levels of a channel activator, might be responsible for the anti-inflammatory responses. Identification of the endogenous agonist(s) of TRPM8, particularly in the setting of colitis, could provide further mechanistic insights into the role of TRPM8 in regulating the inflammatory response.

Previous studies on TRPM8 function in the colon have focused on the regulation of visceral hypersensitivity (16). TRPM8 is coexpressed with TRPV1 in a subset of colonic sensory neurons where its activation with icilin leads to antinociceptive responses that occur through suppression of TRPV1 activity (16). This in vivo antinociceptive action relates directly to our in vitro data obtained using a heterologous HEK cell expression system in which TRPM8 activation inhibits TRPV1 calcium signaling (Fig. 4*B*). This inhibitory mechanism can account for our results obtained with the colonic tissue ex vivo, where icilin-dependent TRPM8 activation blocked the release of CGRP following TRPV1 activation with capsaicin (Fig. 4*A*). Thus, we suggest that the anti-inflammatory action of icilin is due in part to its ability to block inflammatory neuropeptide release. Since TRPV1 expression is increased in IBDs (44–46) and its activation leads to the release of inflammatory neuropeptides (substance-P and CGRP), triggering neurogenic inflammation, we predict that an icilin-mediated block of TRPV1 function might prove of value for human colitis therapy.

Icilin has been well characterized as a potent and selective TRPM8 agonist (14, 47). However, in therapeutically targeting



Fig. 4. TRPM8^{-/-} mice do not show enhanced DSS-induced colonic inflammation but have elevated levels of CGRP. Assessment of intestinal damage scores, colonic MPO levels, and bowel thickness in WT and TRPM8-/- mice treated with vehicle, DSS (2.5% wt/vol), or low-dose DSS (1% wt/vol:Low DSS). TRPM8^{-/-} mice do not show significantly different (A) damage scores, (B) bowel thickness, or (C) MPO levels compared with WT mice. (D) Comparison of CGRP levels in colonic tissue from WT and TRPM8-/- mice after 7 d of DSS administration. Data are shown as mean \pm SEM. n = 8 animals per group. *P < 0.05.

TRPM8, it is important to note that the activation of TRPM8 by icilin differs mechanistically from its activation by menthol or cold (48, 49). This distinction suggests that different agonists may act as allosteric modulators of TRPM8 to elicit distinct responses (50). Indeed in our study we see potent anti-inflammatory responses with icilin but not with menthol. While this result could be due to the greater potency of icilin, it is also possible that icilin modulates TRPM8 in a manner that favors anti-inflammatory signaling over other responses. Importantly, our work used icilin at doses selective for this channel (51) and lower than those that could also activate the related Transient Receptor Potential A1 (TRPA1) channel (52, 53). In contrast with TRPM8, TRPA1 activation appears to be proinflammatory and proalgesic (54). Thus, TRPA1 antagonists (not agonists, as for TRPM8) are suggested for blocking colitisinduced chemo-nociceptive signals (55, 56).

In addition to the colonic sensory neurons, we observed abundant expression of TRPM8 in the colonic epithelial cells. It will be important to better understand the contribution of the different cellular locales of TRPM8 to its anti-inflammatory actions. Of note, lung epithelial cells can express a TRPM8 variant that paradoxically increases proinflammatory cytokine production upon stimulation with cold air or menthol (29, 30). The expression of these inhibitory variant TRPM8 channels has also been demonstrated in the prostate, where they act as negative regulators of the full-length channel (57). Future studies are clearly warranted to identify the specific TRPM8 isoforms and their regulation in inflammatory settings like colitis.

In summary, we show that TRPM8 activation by icilin leads to potent anti-inflammatory effects that are not observed in TRPM8null mice. Our work therefore defines TRPM8 as an "antiinflammatory" target, which adds to its recognized role as a "thermosensor." The data point to an integration of sensory signaling and innate immune responses in the body's reaction to inflammation. Further, our work suggests that selective TRPM8targeted compounds may have therapeutic utility in the treatment of colitis as well as other inflammatory diseases.



lease and calcium signaling by TRPM8 activation. (A) TRPV1 activation by capsaicin triggers CGRP release from distal colon tissue. TRPM8 activation by icilin treatment does not stimulate CGRP release from the colon. Pretreatment of colonic tissue with icilin inhibits TRPV1-stimulated CGRP release. * indicates significant elevation of CGRP release compared with control. # indicates significant attenuation compared with capsaicin-stimulated CGRP release. Data are expressed as mean \pm SEM. n = 3 animals per group. *P < 0.05. (B) Calcium signaling was monitored in TRPM8- and TRPV1-transfected HEK cell monolayers. Representative trace showing fluorescence intensity (0.2 Δ F/F) elicited by capsaicin (1 μ M) and icilin (30 µM) in human embryonic kidney-tsA-201 cells transfected with TRPV1, TRPM8, and mCherry (to visualize transfected cells). (C) Percentage of transfected cells responding to capsaicin following vehicle or icilin application. (Inset) Representative image of mCherry-transfected tsA-201 cells. Cells responding to capsaicin and icilin were mCherrypositive. Capsaicin responses were considered positive when Δ F/F was >10% of the initial response before vehicle or icilin challenge.

Materials and Methods

Detailed methods, including reagents, human biopsy, mice strains, induction of colitis, study design, mRNA extraction, real-time PCR detection of TRPM8, immunocytochemical detection of TRPM8 expression in the mouse colon, measurements of MPO activity, measurement of cytokine levels, intravital microscopy, CGRP Enzyme Immunometric Assay, and statistical analyses, appear in *SI Materials and Methods*. Human intestinal biopsy samples were collected from participants consented through the Intestinal Inflammation Tissue Bank under an ethics protocol approved by the Conjoint Health Research Ethics Board at the University of Calgary. All animal experiments were approved by the University of Calgary Animal Care Committee and were performed in accordance with the international guidelines for the ethical use of animals in research and guidelines of the Canadian Council on Animal Care.

ACKNOWLEDGMENTS. These studies were supported in large part by grants from the Canadian Institutes of Health Research (CIHR) (to M.D.H., C.A., N.V.,

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and P.L.B.). Some aspects of the study were also funded by grants from Crohn's and Colitis Foundation of Canada (CCFC) and Alberta Innovates-Health Solutions (AI-HS) (to P.L.B.). R.R. received support from a Canadian Association of Gastroenterology/CIHR/Ortho-Jensen postdoctoral fellowship and from an AI-HS postdoctoral fellowship. T.K.L. is supported by an AI-HS postdoctoral fellowship. C.L.H. received support from an AI-HS/CCFC postdoctoral fellowship. TRPM8 knockout mice were kindly provided by Dr. Ardem Patapoutian (the Scripps Research Institute). Human biopsy tissue was obtained through the Intestinal Inflammation Tissue Bank at the University of Calgary with support from the Alberta Inflammatory Bowel Disease Consortium, which is funded by an Alberta Heritage Foundation for Medical Research (AHFMR) Interdisciplinary Team Grant (AHFMR is now AI-HS). The microscopy work was supported by the Live Cell Imaging Facility funded by an equipment and infrastructure grant from the Canadian Foundation Innovation and the Alberta Science and Research Authority. Colitis studies were supported by the Snyder Institute/Centre for Advanced Technologies/Health Sciences Animal Resource Centre Behavior Core Facility.

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