

SHORT REPORT

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In vitro evaluation of β -carboline alkaloids as potential anti-*Toxoplasma* agents

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Abstract

Background: Toxoplasmosis is a worldwide infection caused by the protozoan parasite *Toxoplasma gondii*, which causes chorioretinitis and neurological defects in congenitally infected newborns or immunodeficient patients. The efficacy of the current treatment is limited, primarily by serious host toxicity. In recent years, research has focused on the development of new drugs against *T. gondii*. β -Carbolines (β Cs), such as harmane, norharmane and harmine, are a group of naturally occurring alkaloids that show microbicidal activity. In this work, harmane, norharmane and harmine were tested against *T. gondii*.

Findings: The treatment of extracellular tachyzoites with harmane, norharmane and harmine showed a 2.5 to 3.5-fold decrease in the invasion rates at doses of 40 μ M (harmane and harmine) and 2.5 μ M (norharmane) compared with the untreated parasites. Furthermore, an effect on the replication rate could also be observed with a decrease of 1 (harmane) and 2 (norharmane and harmine) division rounds at doses of 5 to 12.5 μ M. In addition, the treated parasites presented either delayed or no monolayer lysis compared with the untreated parasites.

Conclusions: The three β C alkaloids studied (norharmane, harmane and harmine) exhibit anti-*T. gondii* effects as evidenced by the partial inhibition of parasite invasion and replication. A dose–response effect was observed at a relatively low drug concentration (< 40 μ M), at which no cytotoxic effect was observed on the host cell line (Vero).

Keywords: *Toxoplasma gondii*, β -carbolines, Drug, Invasion, Cell cycle

Findings

The protozoan parasite *Toxoplasma gondii* is the etiologic agent of toxoplasmosis, a worldwide infection affecting 500 million to 1 billion people [1]. Toxoplasmosis occurs as an asymptomatic chronic (latent) infection. However, it is of medical health importance because toxoplasmosis can be dangerous or even fatal in immunocompromised individuals because of the reactivation of a latent infection. Congenital infection with *Toxoplasma* can also cause either spontaneous abortion or birth defects [2]. In the latter case, the active form of the parasite can cause encephalitis and neurologic diseases and can affect the heart, liver, inner ears, and eyes (chorioretinitis). Recently,

chronic toxoplasmosis has been linked with brain cancer, attention deficit hyperactivity disorder, obsessive-compulsive disorder and schizophrenia [3–6].

There are effective drug regimens for toxoplasmosis based on a combination of pyrimethamine and sulfadiazine, but in some cases the efficacy of the current treatment is limited, primarily by serious host toxicity and/or development of drug-resistant parasites. In patients under immunosuppressive therapies and particularly in those with AIDS, treatment with sulfonamides and inhibitors of dihydrofolate reductase (DHFR) can produce side effects despite the preventive administration of folic acid [7,8]. Moreover, the current therapy is ineffective against tissue cysts [9]. Other therapies, based on other types of drugs (clindamycin, spiramycin or atovaquone), have been used with limited success particularly in long-term patient management.

In recent years, research has focused on the development of new drugs against *T. gondii* [10–12]. Nevertheless, the need to identify and evaluate new drugs based

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on new and innovative therapeutic strategies against *T. gondii* is still evident. In this regard, β -carbolines (β Cs) represent an excellent alternative that should be thoroughly investigated. β Cs comprise a class of alkaloids that are widely found in nature. These alkaloids normally occur in plants [13,14] and mammals [15-17]. β Cs are a group of heterocyclic compounds with a 9H-pyrido[3,4-b]indole structural unit (Figure 1) [18].

β Cs were originally isolated from *Peganumharmala* (*Zygophyllaceae*, Syrian Rue), which is used as a traditional herbal drug [19,20]. Among them, harmane and tetrahydroharmane isolated from active extracts of different plants have been shown to have antimalarial activity and low cytotoxicity for human cells [21-23]. In addition, harmane and harmine have been shown a moderate effect on promastigotes of *Leishmania infantum*, mainly by accumulation of parasites arrested in the S-G2/M phases of the cell cycle, whereas harmaline has shown only anti-leishmanial activity against intracellular amastigotes by inhibiting the PKC enzyme [24]. Lala *et al.* [25] have shown that harmine is toxic for the promastigotes of *Leishmania donovani*, an effect attributed to necrosis due to non-specific membrane damage. The nifurtimox-resistant *Trypanosoma cruzi* LQ strain has shown a greater sensitivity to β Cs, most likely due to inhibition of the respiratory chain of the parasite [26]. The chaperone HSP90 is an important drug target in protozoan parasites and new drugs are actively being sought [12,27]. In this regard, harmine was one of the three compounds selected among approximately 4,000 small molecules that inhibited *P. falciparum* HSP90 by specific competition with its ATP-binding domain. Interestingly, harmine has been shown to have anti-malarial effects *in vitro* and *in vivo* and acts synergistically with chloroquine and artemisinin [28,29]. El Sayed *et al.* [30] also reported that new enantiomers of 8-hydroxymanzamine A (ent-8-hydroxymanzamine A) and manzamine F (entmanzamine), isolated from Indo-Pacific sponge, together with manzamine A, exhibit significant activities against *T. gondii* and *Plasmodium* spp. There are also other studies in which β Cs have shown parasitocidal and microbicidal effects that were further revised by Cao *et al.* [20].

The success of *T. gondii* infection relies on host cell recognition and attachment, invasion, replication and egress to spread throughout the host organism. Therefore, blocking any of these processes represents a target for new anti-*Toxoplasma* drugs/therapies. Our laboratory has gained experience in the analysis of harmane, norharmane and harmine for different purposes including their use as anti-viral drugs (Cabrerizo *et al.*, unpublished results). The biological and pharmacological effects of these β Cs are attributed in part to their ability to intercalate DNA and inhibit topoisomerase I and II, effects that result in alterations in DNA replication and, therefore, defects in cell cycle progress [20]. In addition, harmine has been found to be a potent and specific inhibitor of cyclin-dependent kinases (CDKs), showing a strong inhibitory effect on the growth and proliferation of carcinoma cells [31,32]. In this work, we evaluated these three β C alkaloids, harmane, norharmane and harmine, for their potential as new drugs against *T. gondii*, based on their ability to block invasion, replication and growth processes.

Materials and methods

Chemicals

Norharmane, harmane, harmine and sulfadiazine (Sigma-Aldrich Co., Buenos Aires, Argentina) were of the highest purity available (> 98%) and used without further purification.

Stock solutions preparation and pH adjustment

β C stock solutions (approximately 2 mM) were prepared as described elsewhere [33]. Briefly, each alkaloid was dissolved in acid-sterilized water. Once the alkaloid was fully dissolved, the pH of the aqueous solutions was adjusted to 7.4 by the addition of drops of HCl or NaOH solutions from a micropipette. The aliquots used in the *in vitro* experiments did not modify the pH of the cell culture. Sulfadiazine was dissolved in dimethyl sulfoxide (DMSO, Sigma-Aldrich Co.) at 22 mM.

Parasite sources, culture and manipulation

Tachyzoites of the RH strain were cultured in standard tachyzoite conditions *in vitro*: Vero and human foreskin

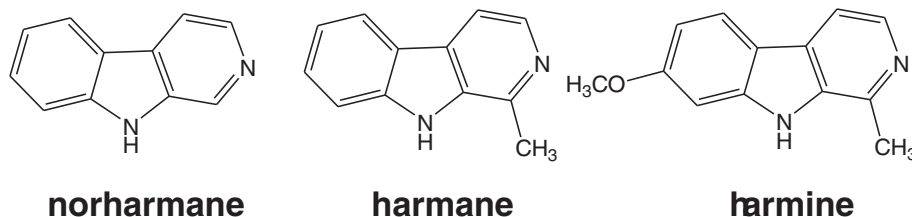


Figure 1 Structure of the different β Cs studied: harmane, norharmane and harmine.

fibroblast (HFF) cell monolayers were infected with tachyzoites and incubated with Dulbecco's modified Eagle medium (DMEM, Gibco BRL) supplemented with 10% fetal bovine serum (FBS), penicillin (100 UI/ml; Gibco BRL) and streptomycin (100 µg/ml; Gibco BRL) at 37°C and 5% CO₂.

Invasion

Tachyzoites of the RH strain (2.5×10^6) were incubated for 1 h with different doses of βCs or water (untreated) in DMEM at 37°C. Treated and untreated tachyzoites were added to a Vero cell monolayer, incubated for 10 min on ice and then incubated at 37°C for 1 h, washed three times with PBS and fixed with 4% paraformaldehyde and 0.2% Triton X-100 and analyzed by

immunofluorescence using murine anti-SAG1 antibody (SAG1: *T. gondii* surface antigen 1, 1:100 dilution)/Alexa Fluor 594-conjugated goat anti-mouse (1:4,000 dilution; Invitrogen, Argentina). In each experiment, 50 fields were analyzed and the number of tachyzoites per field was counted. Only fields with a similar number of host cells were considered for the experiments. The mean numbers of tachyzoites in each field plus the standard deviation were plotted using Prism GraphPad software.

Replication and growth analysis

The replication rate was determined by incubating the tachyzoites (2.5×10^6) with Vero cell monolayers, followed by 10 min of incubation on ice, then 1 h at 37°C and washing three times with PBS. Finally, the tachyzoites

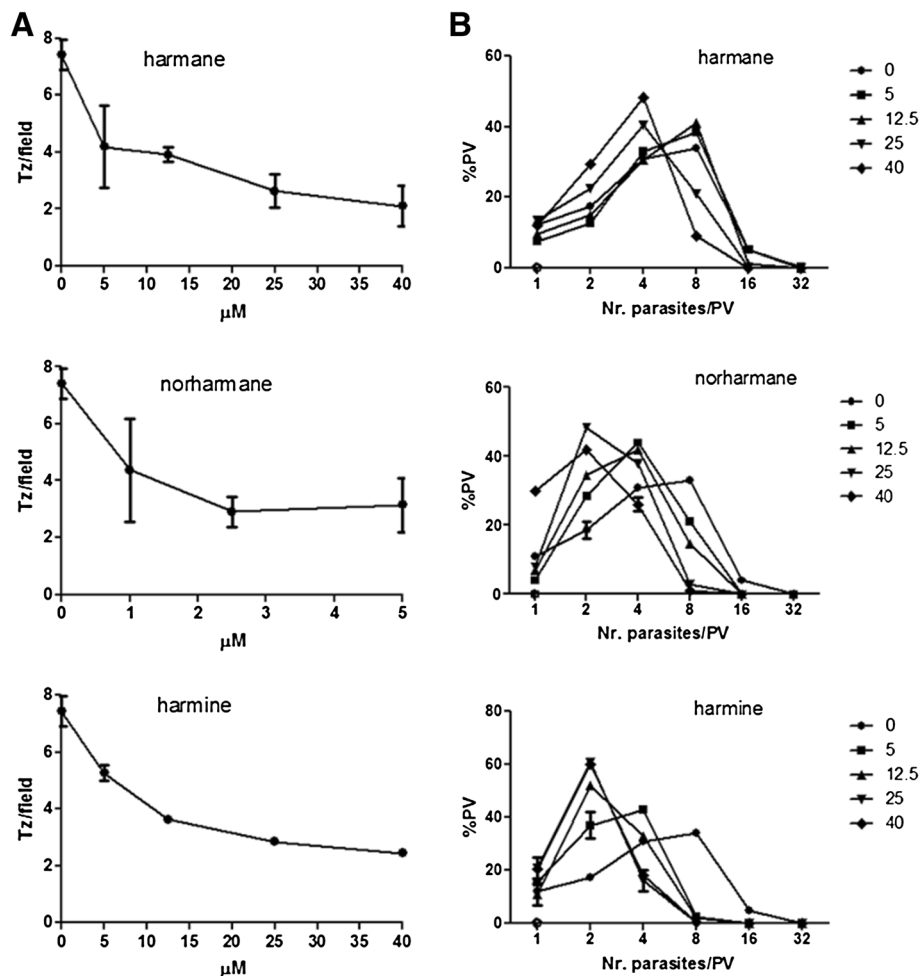


Figure 2 Effects of harmane, norharmane and harmine on parasite invasion and replication. **A.** Extracellular tachyzoites (2.5×10^6) were treated for 1 h with different doses of the βCs, washed and allowed to invade Vero cells monolayers for 1 h at 37°C, and then fixed and incubated with murine anti-SAG1 antibody. The secondary antibody used was Alexa Fluor 594 goat anti-rabbit. For each treatment, the number of parasitophorous vacuoles (PVs) per field was counted. Fifty fields selected at random were analyzed in duplicate. **B.** Infected monolayers were treated for 24 h with different doses of the βCs, fixed and immunostained with anti-SAG1 antibody. The number of tachyzoites inside the PV was counted. Fifty fields selected at random were counted in duplicate. In total, approximately 1000 PVs per dose were analyzed in **A** and **B**. These panels are representative of three independent experiments. All the experiments presented similar results.

were incubated for an additional 24 h at 37°C, 5% CO₂ with DMEM, 5% FBS and different doses of βCs or water (untreated). After the infected monolayers were fixed, they were immunolabeled with murine anti-SAG1 antibody/Alexa Fluor 594-conjugated goat anti-mouse antibody (Invitrogen, Argentina) and the number of tachyzoites per parasitophorous vacuole (PV) were counted. Fifty fields were counted in duplicate. Approximately 1000 PVs were counted at each dose. Data are presented as a percentage of PVs that contained a geometric progression (e.g. 1, 2, 4, 8 and so on) of tachyzoites per PV.

To analyze parasite growth, human foreskin fibroblast (HFF) monolayers were incubated with 2×10⁴ tachyzoites as above mentioned. Because tachyzoite growth is destructive to cell monolayers, infected cultures were followed daily by inverted microscope visualization until complete monolayer lysis along with the presence of extracellular tachyzoites or complete (host cell/tachyzoites) destruction.

Results and discussion

To analyze the effect of harmane, norharmine and harmine alkaloids on the ability of *T. gondii* to infect host cells, 2.5×10⁶ extracellular tachyzoites (almost all comprising a G1 arrested form of the parasite) were incubated for 1 h with different doses (0 to 100 μM) of each βC. This dose range was chosen because it was previously shown that βCs and especially harmine induce apoptosis and necrosis, and inhibit proliferation of eukaryotic cells at concentrations higher than 40 μM [34]. Moreover, for some eukaryotic cell lines, such concentrations are cytotoxic [32]. Therefore, the selected βC-concentration range was chosen to avoid any secondary effect on the host cell line (Vero) that could interfere with the analysis of the invasion capability of the tachyzoites. The results plotted in Figure 2 (A) show that the three βCs studied have an inhibitory effect on parasite invasion in a dose-dependent manner. Norharmine exhibited its maximum effect at 2.5 μM whereas harmane and harmine had the highest parasitocidal effect at 40 μM (Figure 2A). The invasion rate of tachyzoites treated with βCs at the doses mentioned before showed a 3.5- (harmane), 2.5- (norharmine) and 3.1- (harmine) fold decrease compared with the untreated tachyzoites. Because this assay does not differentiate if the components affect the invasion process of the tachyzoites or the attachment process, we can only conclude that the decrease in the number of tachyzoites per field could be caused by an inhibitory effect on invasion, or attachment, or both.

To determine whether these βCs have any inhibitory effect on the parasite cycle process, we measured the ability of intracellular-treated parasites to replicate. Because tachyzoites replicate only within the host cell by a

process called endodyogeny, every round of replication results in a geometric duplication of the parasite number per PV (e.g. 1, 2, 4, 8 and so on) [35]. Monolayers of Vero cells were infected with 2.5×10⁶ of fresh tachyzoites to allow for the formation of PVs. Subsequently, the infected monolayers were washed and incubated at 37°C for 24 h in the presence of different doses of βCs (0 to 40 μM) (Figure 2B). Every PV was generated from one parasite; therefore, the number of tachyzoites inside the PV indicates the number of replication events. The panel shows the percentage of PVs that presented different numbers of tachyzoites. Harmane showed a slight inhibitory effect starting at 25 μM, resulting in a delay of one round of replication compared with the untreated parasites. Harmine and norharmine had a stronger inhibitory effect on parasite replication than harmane, because their effect was more pronounced at 25 μM, at which concentration the replication rate was delayed by two rounds (Figure 2B). Doses of norharmine lower than 5 μM did not show any effect on parasite replication (Additional file 1: Figure S1).

Toxoplasma gondii growth is the result of repeated cycles of host cell invasion, replication and egress, resulting in cell monolayer destruction *in vitro*. Because we observed a low rate of parasite entry and tachyzoite replication in the host cell, we expected a low rate of parasite growth. To analyze for this effect, HFF monolayers were infected with fresh tachyzoites, washed and incubated with the different doses of the βCs until the complete monolayer was lysed. HFF monolayers were

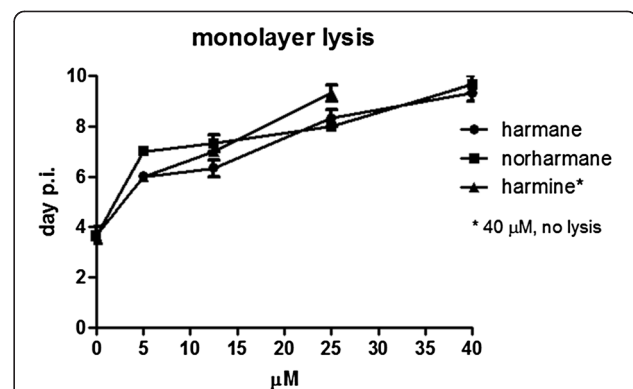


Figure 3 Analysis of the toxic effect of harmane, norharmine and harmine on *T. gondii* growth. Human foreskin fibroblast (HFF) monolayers were infected with fresh tachyzoites (2.5×10⁴) for 1 h and incubated with different doses of βCs and followed by microscope observation until monolayer lysis (cell lysis in combination with extracellular tachyzoites). Data are presented as the day post-infection (p.i.) on which complete monolayer lysis was observed by microscope visualization. The panel is representative of three independent experiments performed in duplicate. All the experiments presented similar results. Sulfadiazine (5 mM) was used as a control of *T. gondii* growth inhibitory drugs and showed no monolayer lysis at day 10 p.i.

completely lysed at day 3–4 after infection with the untreated parasites. For β C-treated monolayers, a delay in the time of complete lysis could be observed (Figure 3). As shown in Figure 3, harmine was shown to affect parasite growth at 40 μ M. Infected monolayers treated with 5 mM of sulfadiazine did not show cell lysis during the 10 days of incubation (data not shown).

Our results demonstrate that the three β Cs studied in this work have anti-*T. gondii* effects on both host cell invasion and replication processes and, consequently, on parasite growth. Particularly, harmine was shown to be the most active drug because it showed the strongest inhibitory effect on parasite replication and growth. In a recent study [25], it has been observed that harmine shows anti-leishmanial activity in part due to cell death attributed to non-specific membrane damage. In our hands, the highest dose (40 μ M) of β Cs affected neither the cell integrity nor the viability of the parasite. The entry of the tachyzoite into the host cell is an ATP-consuming process that includes the glideosome/myosin motor [36]. In this sense, some β Cs have shown an inhibitory effect of the respiratory chain [26,37]. It is possible that parasite fitness is decreased because of a failure of mitochondrial functions. Our analysis did not allow us to distinguish which process (es) these drugs were affecting (attachment and/or invasion). Therefore, the β Cs could be interfering with several metabolism pathways other than those related to attachment/invasion of the host cell, resulting in an impairment of these processes. Further analysis should be performed to elucidate which process/es is/are involved.

As mentioned above, β Cs are considered to affect cell cycle. The tachyzoite is the highly replicative stage of *T. gondii*, a process that only occurs inside the host cell [38]. It is well known that these drugs can bind to DNA [39] and induce DNA damage [40] as well as inhibit topoisomerases I and II. These facts can contribute to the replication-associated DNA stress, affecting the cell replication rate [41,42]. Harmine also affects *Plasmodium* infection through its interaction with parasite HSP90, a recognized drug target against malaria [12,29]. The effect of this (or these) β C(s) on parasite replication could also involve the inhibition of *Toxoplasma* HSP90 functions. In fact, *T. gondii* HSP90 has been suggested as a key molecule in parasite replication [43]. Future studies should be performed to assess the interaction between these alkaloids and *T. gondii* topoisomerases and/or HSP90 protein and evaluate if these drugs can affect parasite cell cycle progression.

In conclusion, we have demonstrated that the three β C alkaloids studied (norharmine, harmine and harmine) exhibit anti-*T. gondii* effects. Interestingly, the effect on parasite invasion and replication occurred at low doses (below 40 μ M), at which these alkaloids did not show any

toxic effects on Vero and HFF cells used in our experiments [32,34]. However, β Cs have been shown to inhibit some enzymes associated with mental disorders and could produce behavioral modifications, including hallucinogens in treated people [20]. This issue should be considered to determine *in vivo* doses [44]. Moreover, on the basis of the current knowledge [44], it would be possible to design novel harmine derivatives to avoid collateral effects without changing or even increasing the parasitocidal effect. Future studies should be performed to further elucidate the mechanism for their anti-*T. gondii* activity.

Additional file

Additional file 1: Figure S1. Effect of norharmine on parasite invasion and replication. The analysis was similar to that mentioned in the Figure 3 legend, except that the drug doses were 0, 1, 2.5 and 5 μ M.

Competing interests

The authors declare that no conflicts of interest exist.

Authors' contributions

MLA, conceived the study, participated in its design, performed the laboratory work and drafted the manuscript. FMC and SOA conceived the study, participated in its design and drafted the manuscript. FAORS collaborated with the cell viability and invasion assays. AG collaborated with the replication and growth assays. MVC participated in the experimental design and analysis of the data. All authors have read and approved the final manuscript.

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