

Does the urgency of endoscopic retrograde cholangiopancreatography (ercp)/percutaneous biliary drainage (pbd) impact mortality and disease related complications in ascending cholangitis? (deim-i study)

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Key words: ERCP, cholangitis, PBD, biliary, mortality

Abbreviations: PCI, percutaneous coronary intervention; CVP, central venous pressure; MRCP, magnetic resonance cholangiopancreatography; MOF, multiple organ failure ; SIRS, systemic inflammatory response syndrome; LOS, length of stay

Background: The Tokyo Guidelines have greatly impacted the management of ascending cholangitis. Though ERCP is the favored modality for biliary decompression, no evidence exists for the timing of ERCP. The DEIM-I study set out to determine if the time from patient presentation to biliary decompression impacted in hospital all cause mortality in ascending cholangitis.

Method: DEIM-I cohort study was a single-blinded and consisted of 250 subjects with moderate to severe ascending cholangitis who underwent ERCP/PBD. Subjects were randomized into quartiles based upon time from presentation until ERCP/PBD. The primary outcome utilized logistic regression to estimate relative risk (RR) of all cause, in hospital mortality with time to procedure as the predictive covariate. Secondary outcomes were analyzed using multivariate logistic regression and included; multiple organ failure (MOF), sepsis, systemic inflammatory response syndrome (SIRS), surgical incidence, hospital readmission and length of stay (LOS).

Results: The risk for hospital mortality was significantly less when biliary drainage was performed within 11 h, compared to >42 h (RR 0.34, 95%CI 0.12 to 0.99, p=0.049). Hospital readmission was lower in subjects who underwent biliary decompression less than 11 h, when compared to those greater than 22 h. Subjects who underwent biliary decompression within 21 h had significant higher risk for surgery compared to those 22-42 h.

Conclusion: The relative risk of all cause in hospital mortality was lower in subjects who underwent biliary decompression in under 11 h compared to greater than 42 h.

Introduction

The American College of Cardiology Foundation has examined whether the time from patient presentation until percutaneous coronary intervention (PCI) impacts all cause mortality for patients with acute coronary syndrome.¹ Similarly, the Surviving Sepsis Campaign has demonstrated a mortality benefit for

patient's that presented with septic shock and undergo source control within the first 6 h from presentation.² It is well known in the literature that ERCP is presently the standard therapy for obtaining source control in patients with ascending cholangitis.³⁻⁶ The Tokyo Guidelines voted that ERCP be performed following conservative treatment and not emergently or within 12 h in mild cases of cholangitis.⁷ This voting was an expert panel and did not site specific trial data for this component of the discussion.

As timing of source control is a vital component of determining survival for patients with sepsis, and ERCP is the method of source control for ascending cholangitis, it was our hope to determine if the time from patient presentation until biliary compression impacts hospital all cause mortality.

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Submitted: Jun/30/2012; Revised: Oct/09/2012; Accepted: Oct/31/2012

Previously published online: www.landesbioscience.com/journals/jig

DOI: 10.4161/jig.23744

Methods

Study Design

DEIM-I was a retrospective cohort study performed at Cooper University Hospital in Camden, NJ. Data retrieval and analysis occurred at our institution only was approved by our institutions Investigational Review Board in accordance with the guidelines set forth in the Declaration of Helsinki. This study had no needed funding and the authors of this trial guarantee the legitimacy of this article's content.

Study Population

Eligibility criterion included subjects admitted to Cooper University Hospital from 1/1/2003 to 12/31/10, with a diagnosis of Ascending Cholangitis and subsequently have undergone either ERCP or PBD. Admissions were graded on severity of disease as defined by the Tokyo Guidelines, with only moderate to severe cholangitis admissions included for analysis (Appendix 1).⁸

The analytical sample was described in terms of age, sex, weight, co-morbid conditions, smoking history, presence or absence of right upper quadrant pain, jaundice, mental status on admission, temperature, blood pressure, heart rate, Fraction of Inspired Oxygen (FiO₂), respiratory rate, central venous pressure (CVP), fluid in and out during hospital stay, white blood cell count, neutrophil count, hemoglobin, hematocrit, platelet count, creatinine, Prothrombin Time (PT), albumin, total bilirubin, direct bilirubin on admission, imaging performed (Ultrasound, Magnetic resonance cholangiopancreatography (MRCP), etc.) and results, presence/absence of common bile duct dilatation on size, ERCP/PBD and date/time of procedure, procedure related complications, date and time of antibiotic usage, pressors used with date and time of initiation, transfusion requirements (units), bacterial culture results.

Subjects were excluded if they had any of the following; no diagnosis of ascending cholangitis, a diagnosis of mild (grade I) ascending cholangitis, no ERCP or PBD during hospital stay and age < 18 years.

Interventions

All subjects underwent either ERCP or PBD. Interventions were randomized through judgment of either the Interventional Radiologist or Interventional Gastroenterologist under the standards of practice for each procedure.^{3-6,9}

Among the study population, 22 underwent PBD and 228 underwent ERCP. Following the procedure, the subject's were examined for complications, need for additional intervention (ERCP/PBD) along with the primary end points.

End points

The primary end point of this study was all cause hospital mortality. Additional outcomes examined included; multiple organ failure (MOF), sepsis, systemic inflammatory response syndrome (SIRS), surgical incidence, hospital readmission and hospital length of stay (LOS).

MOF was diagnosed based upon the presence of altered organ function in acutely ill patients such that homeostasis cannot be maintained without intervention and had to involve two or

more organ systems.¹⁰ SIRS was defined as any two out of the following; body temperature less than 36 degrees Celsius or greater than 38 degrees Celsius, heart rate greater than 90 beats per minute, respiratory rate greater than 20 breaths per minute or an arterial partial pressure of oxygen greater than 32 millimeters of mercury (mmHg), White blood cell count less than 4,000 cells/millimeter cubed (mm³)(4 x10⁹ cells/Liter), or greater than 9,000 cells/mm³, or greater than 10% immature neutrophils (band forms).¹⁰ Finally Sepsis was defined as a subject meeting the necessary criterion for SIRS, but also having a significant body fluid culture positive for bacteria.

Surgery was defined as major procedures performed excluding endoscopic intervention, percutaneous intervention. Length of stay was determined based upon time from presentation to time of discharge with one day as equivalent to 24 h.

Study analysis

Logistic regression was used to estimate the relative risk of all cause, in hospital mortality with time to procedure as the predictive covariate. A sample 250 provides 80% power to detect an odds ratio of 1.5, with time to procedure measured as a continuous variable and assuming as low a mortality rate as 27% (approximately 68 deaths) in the sample.

Multivariate logistic regression was used to examine the influence of additional risk factors, e.g. of age, sex, weight, co-morbid conditions, smoking history, presence or absence of right upper quadrant pain, jaundice, mental status on admission, temperature, blood pressure, heart rate, FiO₂, respiratory rate, central venous pressure (if available)(CVP), fluid in and out during hospital stay, white blood cell count, neutrophil count, hemoglobin, hematocrit, platelet count, creatinine, PT, albumin, total bilirubin, direct bilirubin on admission, imaging performed (ultrasound, magnetic resonance cholangiopancreatography (MRCP), etc.) and results, presence/absence of common bile duct dilatation on size, ERCP/PBD and date/time of procedure, procedure related complications, date and time of antibiotic usage, pressors used with date and time of initiation, transfusion requirements (units), bacterial culture results.

The same methodology was applied to examine secondary binary outcomes; multiple organ failure (MOF), septic complications, systemic infection, surgical incidence. Ordinary least squares (OLS) regression was used for continuous secondary outcomes; hospital length of stay. Post hoc power was calculated for all non significant results.

Results

Study population

From January, 2003 through December, 2010, 294 subjects were examined. Two hundred and fifty subjects were separated in quartiles based upon the time from door until biliary intervention with 62 subjects in quartiles one and three, 63 subjects in quartiles two and four. Baseline characteristics were matched between the quartiles and can be summarized in **table 1**.

Quartile one was defined as door to ERCP/PBD times of zero to eleven hours. Quartiles 2,3,4 had times of 12 to 21 h, 22 to 42 h and >42 h respectively.

Efficacy outcomes

Of the 250 subjects, 20 (8%) underwent primary PBD, when compared to ERCP. Of the remaining subjects who underwent ERCP, 2 underwent PBD and one exploratory laparotomy due to failure of source control.

The all cause in hospital mortality for these quartiles can be summarized in **table 2**. Among the four quartiles, the risk for hospital mortality was significantly less when biliary drainage was performed within 11 h when compared to >42 h (RR 0.34, 95%CI 0.12 to 0.99, $p=0.049$). No additional differences were found between the quartiles for mortality (**Fig. 2**).

Furthermore, the risk of hospital readmission was lower in subjects who underwent biliary decompression less than 11 h, when compared to those who underwent PBD/ERCP greater than 22 h (Q1 v. 3: RR 0.27, 95%CI 0.12 to 0.62, $p=0.002$, Q1 v. Q4: 0.38, 95%CI 0.16 to 0.91, $p=0.030$ and versus Q4: RR 0.82, 95%CI 0.67 to 1.00)(**Fig. 3**). Subjects who underwent biliary decompression within 21 h had significant higher risk for surgery when compared to subjects who underwent ERCP/PBD 22-42 hours (Q1 v. Q3: RR 4.33, 95 % CI 1.30 to 14.46, $p=0.0171$ and Q2 v. Q3: RR 4.92, 95%CI 1.50 to 16.16, $p=0.0086$, respectively)(**Fig. 3**).

Of the patient who needed surgery, most underwent cholecystectomy prior to discharge only one patient underwent exploratory laparotomy due to gastrointestinal perforation. There were no differences in the quartiles when examining the incidence of MOF, SIRS and sepsis (**Table 3**). Finally, the mean LOS was not statistically different when comparing the quartiles (**Table 4**).

Adverse events

Among the sample population 15 adverse events were recorded as summarized in table 5. Among the ten subjects that required

secondary intervention, 2 underwent primary ERCP and had to undergo subsequent PBD. This can be compared to the remaining 8 subjects who underwent PBD and required secondary ERCP. Pancreatitis occurred in 2 subjects one in quartile one and the other in quartile two. Two subjects had extensive bleeding both in quartiles three and four. Only one subject experienced hypotension after the procedure, likely due to anesthetic. There were similar incidences of secondary interventions and adverse events within each quartile.

Discussion

Several studies have demonstrated mortality and morbidity benefit of ERCP when compared to other modalities for biliary decompression.^{3-6,11,12} With a clear benefit of ERCP in ascending cholangitis, the Tokyo guidelines stated that ERCP should occur following conservative treatment for patients with moderate to severe ascending cholangitis, but may occur electively in subjects with mild disease.⁷ Additional trials have investigated whether clinicians can predict which patients must undergo emergency versus elective ERCP, with some promising results.^{13,14} The culmination of this data alluded to the selection of subjects and its impact on the timing of ERCP. For this reason, we selected for subjects with moderate to severe ascending cholangitis.

In the DEIM-I study, we examined 250 subjects who presented to our hospital with moderate to severe ascending cholangitis and underwent biliary decompression by either ERCP or PBD. Our primary end point was the impact of time on all cause in hospital mortality. In our analysis, we demonstrated a lower relative risk of mortality in subjects who underwent biliary decompression under 11 hours, when compared to those who underwent the procedure in greater than 42 h (RR=0.34, 95%CI 0.12 to 0.99, $p<0.049$). It is our belief that this result cannot be explained by differences

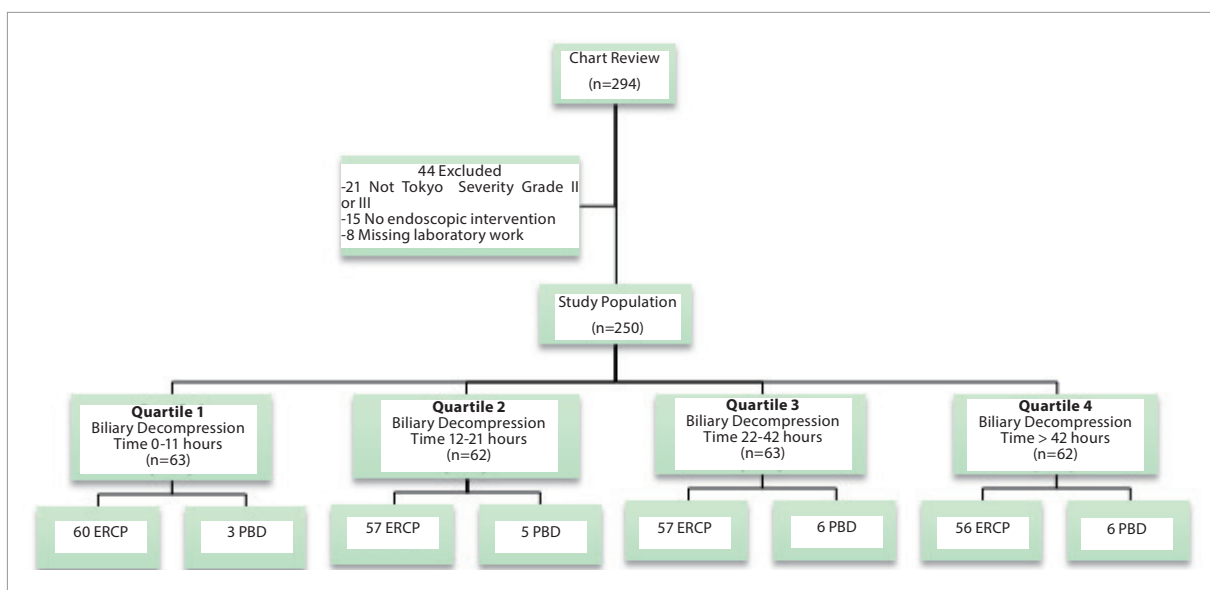


Figure 1. Study review

Table 1. Composition of Study Population for Quartiles

	Intervention 0-11 h	Intervention 12-21 h	Intervention 22-42 h	Intervention > 42 h	p value ¹
Demographics					
Male Sex	28	34	38	37	0.10
Female Sex	34	29	24	26	0.10
Mean Age	63.60	67.23	65.76	67.55	0.11
Mean Weight (kg) ^a	77.69	73.32	74.73	80.64	0.86
Tobacco Use	16	29	21	26	0.90
APACHE II Score	26	26	26	26	1.00
Mean Tokyo Guidelines Severity Grade	2.4	2.5	2.4	2.6	0.80
Symptoms					
Right Upper Quadrant Pain	50	45	54	43	0.88
Jaundice	52	38	41	42	0.67
Vital Signs					
Mean Glasgow Coma Scale ^b	5.38	7.86	7.21	7.88	0.55
Temperature (F) ^c	99.26	99.41	99.27	99.63	0.15
Heart Rate (bpm) ^d	96.67	95.86	94.26	89.21	0.22
Respiratory Rate (rpm) ^e	20.60	19.57	19.78	18.67	0.37
FiO ₂ (%) ^f	31.19	32.40	30.55	29.49	0.16
CVP ^g	7.73	8.16	7.80	8.00	0.87
Mean Fluid Intake (mL) ^h	1984.30	3085.40	2960.69	2433.17	0.82
Mean Fluid Output (mL)	1014.72	1203.71	1568.27	1003.48	0.61
Laboratory Values					
Mean WBC Count (x10 ³ /uL) ⁱ	16.52	12.54	15.70	14.29	0.85
Mean Neutrophil Count (%)	75.38	75.55	71.48	75.71	0.38
Hemoglobin (g/dL) ^j	11.33	11.50	11.80	11.64	0.12
Hematocrit (%)	33.30	34.15	34.78	34.63	0.70
Platelet (k/uL) ^k	285.14	216.64	259.02	234.45	0.10
Creatinine (mg/dL) ^l	1.08	0.95	1.34	1.21	0.55
Prothrombin Time (seconds)	15.59	15.80	18.67	18.66	0.97
Albumin (g/dL)	2.94	3.20	3.15	3.20	0.28
Total Bilirubin (mg/dL)	7.90	6.71	7.65	6.48	0.80
Direct Bilirubin (mg/dL)	5.56	4.80	5.37	4.72	0.81
Mean Common Bile Duct Size (mm) ^m	11.75	11.64	12.50	12.42	0.88

^a(kg)=kilograms, ^bGlasgow Coma Scale refer to Appendix X, ^c(F)=Degrees Fahrenheit, ^dbpm= beats per minute, ^erpm= respirations per minute, ^f%=percent, ^gCVP=Central Venous Pressure in millimeters of mercury(mmHg), ^hmL=milliliters, ⁱx10³/uL= thousand per microliter, ^jg/dL= grams per deciliter, ^kk/uL= thousand per microliter, ^lmg/dL=milligrams per deciliter, ^mmm=millimeter.

¹Multivariate logistic regression.

Table 2. End point occurrences within quartiles

End Point	Intervention 0-11 h	Intervention 12-21 h	Intervention 22-42 h	Intervention > 42 h	Total
Hospital All Cause Mortality	4	7	6	12	29
Multiple Organ Failure	4	6	7	4	21
Systemic Inflammatory Response Syndrome	47	41	43	39	170
Sepsis	34	38	33	29	134
Surgery	13	15	3	9	40
Readmission	6	13	22	16	57
Mean Hospital Length of Stay (days)	11.88	8.30	8.28	13.33	

in the sample population including age, sex, etc (**Table 1**). This difference can also not be explained by variation the endoscopist, as the same Interventional Gastroenterologist performed all

ERCs. Additionally, the data gatherers were blinded as to the primary endpoints of this study, which eliminated potential bias in the analysis. Furthermore, as source control impacts mortality

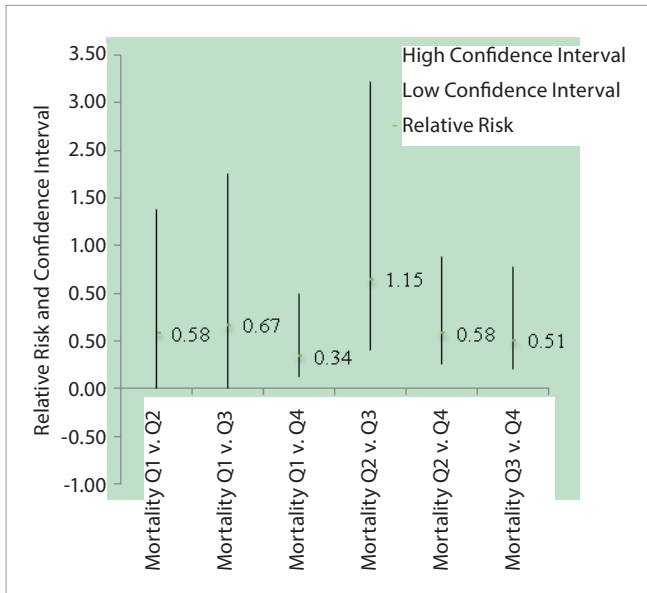


Figure 2. Relative risk of mortality between quartiles

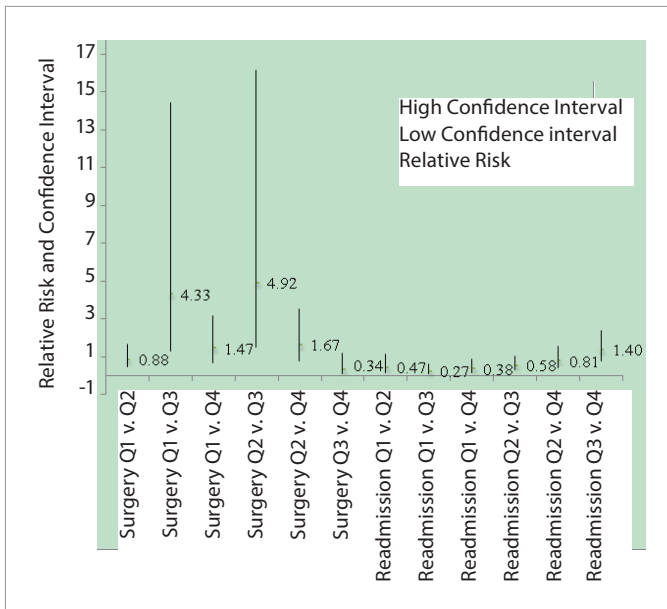


Figure 3. Relative risk of surgery and readmission between quartiles

Table 4. Comparison of Hospital Length of Stay between Quartiles

Quartile Comparison	p value (95% Confidence Interval)
0-11 h versus 12-21 h	p=0.11 (-0.85 to 8.01)
0-11 h versus 22-42 h	p=0.09 (-0.62 to 7.82)
0-11 h versus > 42 h	p=0.67 (-8.19 to 5.29)
12-21 h versus 22-42 h	p=0.99 (-2.68 to 2.72)
12-21 h versus > 42 h	p=0.09 (-10.91 to 0.85)
22-42 h versus > 42 h	p=0.08 (-10.80 to 0.70)

Table 3. The relative risk and confidence intervals for the study end points

	Relative Risk	High Confidence Interval	Low Confidence Interval
Mortality Q1 v. Q2	0.58	1.88	0.1789
Mortality Q1 v. Q3	0.67	2.25	0.1978
Mortality Q1 v. Q4	0.34	0.99	0.12
Mortality Q2 v. Q3	1.15	3.22	0.41
Mortality Q2 v. Q4	0.58	1.38	0.25
Mortality Q3 v. Q4	0.51	1.27	0.20
MOFI Q1 v. Q2	0.68	2.28	0.20
MOF Q1 v. Q3	0.57	1.85	0.18
MOF Q1 v. Q4	1.02	3.89	0.27
MOF Q2 v. Q3	0.84	2.37	0.30
MOF Q2 v. Q4	1.50	5.06	0.44
MOF Q3 v. Q4	1.78	5.77	0.55
Sepsis Q1 v. Q2	0.91	1.23	0.67
Sepsis Q1 v. Q3	1.03	1.43	0.74
Sepsis Q1 v. Q4	1.19	1.69	0.84
Sepsis Q2 v. Q3	1.13	1.54	0.83
Sepsis Q2 v. Q4	1.31	1.83	0.94
Sepsis Q3 v. Q4	1.16	1.65	0.81
SIRS2 Q1 v. Q2	1.16	1.45	0.93
SIRS Q1 v. Q3	1.09	1.36	0.88
SIRS Q1 v. Q4	1.22	1.56	0.96
SIRS Q2 v. Q3	0.94	1.2	0.73
SIRS Q2 v. Q4	1.05	1.37	0.81
SIRS Q3 v. Q4	1.12	1.45	0.87
Surgery Q1 v. Q2	0.88	1.69	0.46
Surgery Q1 v. Q3	4.33	14.46	1.30
Surgery Q1 v. Q4	1.47	3.18	0.68
Surgery Q2 v. Q3	4.92	16.16	1.5
Surgery Q2 v. Q4	1.67	3.52	0.79
Surgery Q3 v. Q4	0.34	1.19	0.1
Readmission Q1 v. Q2	0.47	1.16	0.19
Readmission Q1 v. Q3	0.27	0.62	0.12
Readmission Q1 v. Q4	0.38	0.91	0.16
Readmission Q2 v. Q3	0.58	1.05	0.32
Readmission Q2 v. Q4	0.81	1.55	0.43
Readmission Q3 v. Q4	1.40	2.4	0.81

Quartile (Q), ¹Multiple Organ Failure (MOF), ²Systemic Inflammatory Response Syndrome (SIRS).

in sepsis, it is our belief that ERCP serving as source control for this infectious process is the reason for our discovered mortality benefit in sepsis.²

The Surviving Sepsis Campaign recommended that source control occur within 6 hours of presentation for subjects with sepsis, if an anatomic site can be identified. These guidelines specifically allude to endoscopic intervention in biliary infections. Jimenez, et al discussed the complicated process of infection in the critically ill patient and the alterations in a patient's pathophysiology if intervened upon.¹⁵ We believe that timely source control may alter the process of endotoxemia and subsequent end organ dysfunction that may be seen in ascending

Table 5. Adverse events caused by biliary decompression within quartiles

Adverse Event	Intervention 0-11 h	Intervention 12-21 h	Intervention 22-42 h	Intervention > 42 h	Total
Secondary Intervention Needed	2	4	3	1	10
Pancreatitis	1	1	0	0	2
Bleeding	0	0	1	1	2
Hypotension	0	1	0	0	1

cholangitis.

To prevent the reoccurrence of ascending cholangitis, cholecystectomy is commonly performed and has been shown to reduce mortality.^{16,17} With this in mind, the relative risk of surgery in the DIEM-I study was found to be higher when biliary decompression occurred under 21 h when compared to 22-42 h (**Table 3**). It is important to note that all surgeries, but one performed were cholecystectomies. Though expressed as relative risk, the authors of this study believed this outcome to be a marker of successful biliary decompression and standard of care. Additionally, this finding indicated that subjects were hemodynamically stable enough, after biliary decompression, to undergo surgery.

Other secondary outcomes investigated showed no difference in MOF, sepsis, SIRS and mean LOS, likely due to subjects randomization and similarities in disease severity between the quartiles. However, the relative risk for readmission was found to be lower in subjects who underwent biliary decompression in under 11 h when compared to those who underwent decompression greater than 22 h (**Fig. 3**). Again, this outcome is likely due to expedited source control and perhaps due to cholecystectomy preventing disease reoccurrence.

Potential limitations of early biliary decompression included the incidence of adverse events. Additional studies have examined the adverse outcomes of subjects undergoing emergent versus elective ERCP, showing some increased incidence of pancreatitis in the emergent group.¹⁸ Our study did demonstrate 15 complications of biliary decompression including summarized in **table 5**. There were no differences seen in complications between the quartiles. Further limitations of this study include the retrospective nature, yet it is our hope to obtain a prospective trial examining similar results (DEIM-II). We also would like to perform a study that examined only ERCP and not PBD.

Conclusions

The relative risk of all cause in hospital mortality was lower in subjects who underwent biliary decompression in under 11 h when compared to subjects who underwent the procedure in greater than 42 h.

The relative risk of readmission was also lower in subjects who underwent biliary decompression in under 11 h when compared to those who underwent decompression in over 22 h. Finally the risk of surgery, mostly cholecystectomy, was higher in subjects who underwent biliary decompression in under 21 h when compared to 22 to 42 h.

Acknowledgements

SM created the concept, IRB proposal for this study and wrote majority of this scientific manuscript. CM, MD, PH and PS were main researchers for this study. TJ was the faculty advisor and BM was the statistician.

The writers of this paper would like to acknowledge the members of the medical records department at Cooper University Hospital and the Physicians and staff of Cooper University Hospital at Rowan University.

Disclosures

The authors of this paper required no funding for the creation of this study. Additionally, the authors have no financial disclosures to report. This article has not been submitted to any other journal and its text original.

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