

# Significance of activity peaks in fruit flies, *Drosophila melanogaster*, under seminatural conditions

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Studies on circadian entrainment have traditionally been performed under controlled laboratory conditions. Although these studies have served the purpose of providing a broad framework for our understanding of regulation of rhythmic behaviors under cyclic conditions, they do not reveal how organisms keep time in nature. Although a few recent studies have attempted to address this, it is not yet clear which environmental factors regulate rhythmic behaviors in nature and how. Here, we report the results of our studies aimed at examining (i) whether and how changes in natural light affect activity/rest rhythm and (ii) what the functional significance of this rhythmic behavior might be. We found that wild-type strains of fruit flies, *Drosophila melanogaster*, display morning (M), afternoon (A), and evening (E) peaks of activity under seminatural conditions (SN), whereas under constant darkness in otherwise SN, they exhibited M and E peaks, and under constant light in SN, only the E peak occurred. Unlike the A peak, which requires exposure to bright light in the afternoon, light information is dispensable for the M and E peaks. Visual examination of behaviors suggests that the M peak is associated with courtship-related locomotor activity and the A peak is due to an artifact of the experimental protocol and largely circadian clock independent.

circadian rhythms | chronoethogram | courtship | period mutants | afternoon peak

The role of circadian clocks in the temporal regulation of behaviors has been studied mostly under controlled laboratory conditions (1). Because simplified laboratory protocols are far removed from the reality of nature, these studies are limited in their ability to reveal the true features of circadian behavior in nature. For instance, laboratory studies mostly use square waves of one zeitgeber (time cue) such as light or temperature, or in rare cases, a combination of the two, quite unlike multiple, simultaneous, stochastic, and gradually changing factors in nature (2–6). Few recent studies on activity/rest and adult emergence rhythms of fruit flies, *Drosophila melanogaster*, under seminatural (SN) conditions reported significant differences in the patterns of these rhythms from those observed in the laboratory (2–6). For instance, adult emergence rhythm was more robust under SN compared with the laboratory, and even the *period* null (*per<sup>0</sup>*) flies exhibited rhythmicity (3). An additional afternoon (A) peak of activity was reported under SN (4), which had never been observed in any standard laboratory protocol. Several features of the activity/rest rhythm (anticipation to twilight transitions and midday siesta) were absent under SN, and certain features of the rhythm such as crepuscular pattern and dominance of light over temperature were proposed to be artifacts of laboratory studies (4). The temporal profiles of neuronal expression of clock proteins, PERIOD and TIMELESS were also found to differ between laboratory and nature (6).

At present, the available literature is limited to descriptions of rhythms in nature (2–4). Vanin et al. (4) showed that phases of the morning (M) and evening (E) activity peaks are dependent on the mean daily temperature and that the proportion of flies displaying A peak increased with increasing mean daytime temperature. In a laboratory-based study under gradually varying

temperature cycles, the M peak was found to coincide with the morning temperature rise and the E peak with the evening temperature fall (7). Although simulated twilight conditions in the laboratory were able to mimic some features of SN (8), it is not clear how natural light governs the temporal pattern of activity/rest rhythm. Moreover, thus far, there has been no attempt to determine which aspects of light information are crucial for timing of circadian behaviors in nature.

We aimed at examining how natural light modulates the M, A, and E peaks of activity in *D. melanogaster* by modifying light information under otherwise SN in the following ways: (i) decreasing amplitude of natural light profile to test for the effect of light intensity, (ii) blocking light at different times of the day to examine the effect of exposure to different portion(s) of natural light profile, and (iii) providing constant darkness (DD), or constant light (LL) of different intensities to examine the effects of continuous presence or absence of light. Thus, only light information was altered in our study, allowing other environmental factors to vary naturally. We also aimed to study the functional significance of the three activity peaks by making round-the-clock visual observations of flies. We asked whether flies needed to be active at these times of the day to perform certain critical behaviors such as foraging, searching for mates, courting, and copulating. We scored these behaviors in flies housed solitarily or in groups, and plotted their time course in what we call a “chronoethogram.”

## Results

Studies were conducted in an experimental enclosure under SN (3). Based on the light profile (dawn, ~0600 hours; dusk, ~1800 hours), we designated specific intervals of time as morning (M, 0400–1000 hours), afternoon (A, 1000–1600 hours) and evening (E, 1600–2200 hours). Under SN, activity of wild-type *Canton S* (CS) flies ( $n = 27$ ) had three peaks corresponding to M, A, and E (henceforth, M, A, and E peaks; Fig. 1A, *Top Left*). Unlike reported previously (4), we found that flies appeared to “anticipate” dawn (Table S1).

**A Peak Is Light Intensity Dependent.** To determine how natural light might influence activity profiles of flies, we subjected them to SN with altered levels of light while retaining its overall waveform. We used neutral density filters, which reduce the light intensity by 50% (SN<sub>50</sub>;  $n = 30$ ), 75% (SN<sub>75</sub>;  $n = 26$ ), or 90% (SN<sub>90</sub>;  $n = 25$ ) (Fig. 1A). When natural light was cut down by 50% or more, dawn anticipation was enhanced [ $F_{(4,149)} = 16.76$ ,

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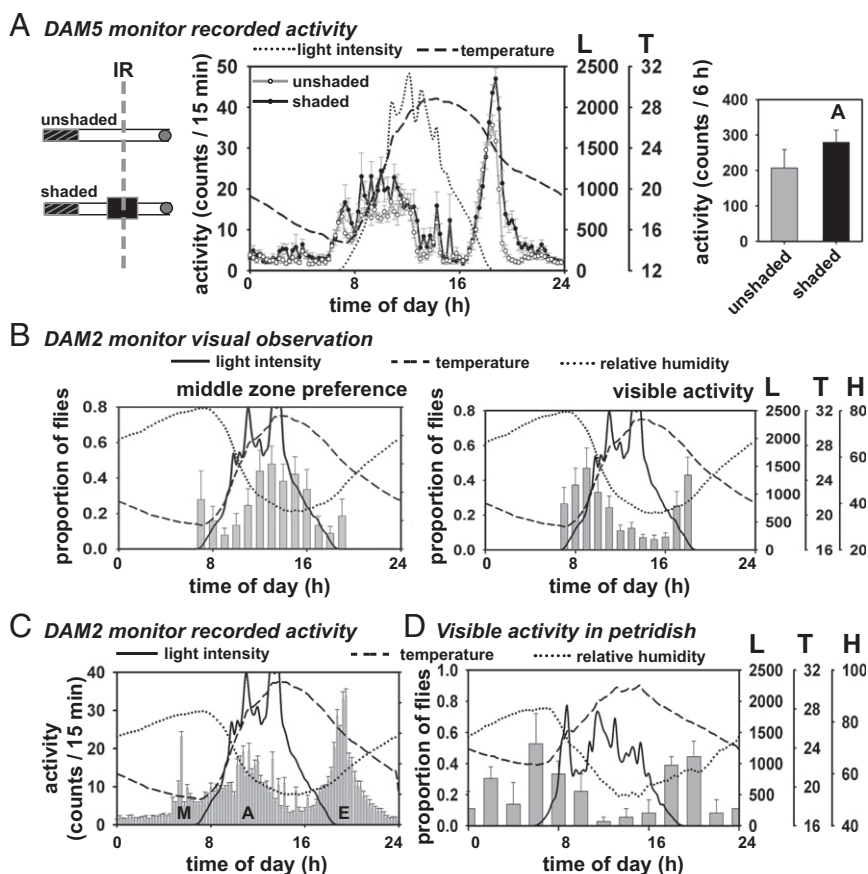
additional shade near the middle zone (see schematic; Fig. 2A, Left). Flies with shade near the IR beam showed significantly higher afternoon activity compared with the unshaded controls (Fig. 2A, Right). In a separate experiment, we recorded activity of flies from different regions of the activity tube (near food, middle, and near cotton plug) in the DAM2 monitor and found the A peak to occur under all three cases, albeit with higher amplitude when activity was recorded close to food, followed by the middle zone, followed by the zone near the cotton plug (Fig. S2A). Thus, the A peak is greatly influenced by experimental protocol and location of shade along the activity tube.

**Visual Observations of Flies Confirm That the A Peak Is Due to Shade Seeking.** To further test our hypothesis that the A peak seen under SN may be an artifact of experimental protocol, during daytime we conducted visual observations of flies placed in the DAM2 monitors (*Materials and Methods*). Flies showed higher preference for the middle zone of the tubes in the afternoon (Fig. 2B, Left). Locomotion, as determined by visual observations exhibited only M and E peaks, with a trough in the afternoon (Fig. 2B, Right). However, DAM2 recording of the same flies showed a distinct A peak (Fig. 2C), even though flies were observed to be mostly at rest in the afternoon. We propose that the A peak is predominantly due to flies occupying the zone near the IR beam, even though they do not exhibit locomotion. We also conducted another study in which flies were housed in similar tubes, but the tubes were not placed inside DAM monitors, but laid flat on a tray in the same SN enclosure. Tubes were either left unshaded, or shaded near food, in the middle or near the cotton plug (Fig. S2B, schematic). Visual observations revealed that flies in tubes shaded in the middle showed an increased preference for the middle zone in the afternoon, whereas such

afternoon preference for middle zone was not seen in the unshaded tubes (Fig. S2B). Overall, flies preferred the shaded region of the tubes with the exception of when shade was provided close to the cotton plug (Fig. S2B). Such preference for shade is consistent with the results when activity was recorded from different zones of the tube (Fig. S2A). We further speculated that, under SN, the A peak is an artifact of recording flies housed in narrow glass tubes. To test this, we conducted visual observations in a larger arena (petri dish) and found that flies display activity corresponding to the M and E peaks obtained in the DAM system but were mostly resting in the afternoon (Fig. 2D).

**A Peak Is Largely Clock Independent.** Thus far, our results suggest that the A peak is an artifact of the recording protocol; hence it is unlikely to be circadian clock dependent. However, previous studies (4) had shown that, like the M and E peaks, the A peak is also circadian clock modulated, because it is phase advanced in *per<sup>S</sup>* and *per<sup>O</sup>* flies compared with wild-type controls. We examined the role of clock in the regulation of A peak using two separate approaches. First, we recorded activity under LL, which is known to induce behavioral arrhythmicity (9) and disrupt the underlying molecular clock (10). We subjected flies to 10-, 100-, or 1000-lux LL in SN [henceforth, LL<sub>10</sub>+SN ( $n = 28$ ); LL<sub>100</sub>+SN ( $n = 21$ ); LL<sub>1000</sub>+SN ( $n = 29$ ), respectively]. The M peak was abolished in all three LL regimes despite the presence of non-photic cues (Fig. 3A). Similarly, the A peak was not detectable under any of the LL+SN protocols (Fig. 3A), suggesting that this peak requires natural light in the afternoon.

Second, we assayed activity of *per<sup>O</sup>* flies ( $n = 16$ ) under SN and found no difference in phase of the three peaks from their genetic controls (*w<sup>1118</sup>*; Fig. S3A). In a separate experiment carried out in February 2013, we assayed the activity of *per* mutants



**Fig. 2.** A peak is an artifact of experimental paradigm. (A, Left) Schematic of experimental setup. (A, Middle) Average activity profiles of flies recorded in flatter version of DAM (DAM5) monitor, with (filled circles) or without shade (unfilled circles) in the middle. Error bars are SEM. Other details are same as Fig. 1A. (A, Right) Activity in the afternoon interval was greater in the shaded compared with unshaded tubes [ $F_{(1,29)} = 6.02$ ,  $P < 0.02$ ]. Error bars are 95% CI. (B) Visual observation of flies during daytime in the DAM2 monitor. (B, Left) Flies preferred the middle zone of the tube in the afternoon more than other times of the day [ $F_{(11,120)} = 19.5$ ,  $P < 0.001$ , proportion of flies in the middle zone at 12 and 13 h are significantly greater than at 7–11, 17, and 18 h]. (B, Right) Visual observation of locomotion in the tubes placed in DAM2 monitor showed two peaks of locomotion [ $F_{(11,60)} = 16.17$ ,  $P < 0.001$ ]. Error bars are SEM. (C) Average activity recorded in the same DAM2 monitor showed the A peak. Other details are same as Fig. 1A. (D) Proportion of solitary flies in petri dishes exhibiting locomotion as estimated by visual observation. No detectable A peak was observed, but the M and E peaks persisted [ $F_{(11,24)} = 2.73$ ,  $P < 0.03$ ].







related activities were found to decline around dusk and remain high during the rest of the day (12, 13). Based on the chronoethograms, we report rhythmicity in courtship-related behaviors under SN. These behaviors mostly comprise chasing, wing expansion, and copulation, which peak around dawn (Fig. 4), closely resembling previous studies in the laboratory (12, 13). We propose that the M peak is due to locomotor activity associated with courtship, whereas the A peak is likely a stress response to harsh afternoon conditions. The E peak corresponded to general locomotion to which no specific behavior could be assigned; hence its significance remains to be established. Although our inferences on the functional significance of activity peaks are based on flies living in groups, we propose that activity related to key behaviors represent innate tendencies that are expressed even in solitary flies.

**Light Modulates the M and E Peaks.** The total activity in protocols with reduced light exposure in terms of intensity or duration was lower than in all LL+SN protocols and SN (Figs. S1 B and D, and S4C), indicating that amount of light is crucial in determining activity levels of flies. Flies exposed to less or no light in the morning showed advanced M peak coinciding with temperature troughs and humidity maxima (Fig. 1 A–C). Similarly, in the absence of light the E peak was synchronized with temperature fall and humidity rise, although it otherwise occurred immediately upon light intensity drop (EC, MEC, and SN; Fig. 1 A and C). Neither the M nor E peak seemed to depend on light for their occurrence, although their phases were significantly affected by light. We found that LL abolished the M peak (Fig. 3A), which suggests that changing light is a prerequisite for the M peak. However, under DD+SN, a clear M peak was seen (Fig. 1A). Therefore, LL inhibits M peak, even when other time cues are available. This is consistent with previous findings (14) where discrete temperature cycles induced strong anticipatory morning activity in DD but only a small startle in LL. The M peak also disappeared when flies were deprived of evening light (EC; Fig. 1A), consistent with the notion that evening light affects the M peak (15). In fact, the E peak was the most persistent among the three activity peaks, which suggests that it is least dependent on light information.

In summary, the A peak appears to be an artifact of the experimental paradigm, and largely clock independent, although we find some evidence for clock dependence and light modulation of M and E peaks. Chronoethograms reflected that the M peak is due to courtship-related activities and the A peak is likely to be a stress response to harsh conditions in the afternoon. We speculate that the E peak is associated with foraging-related behavior, although this needs to be verified. Thus, light determines the A peak and modulates morning and evening activity, each of which has distinct functional significance to fly behavior.

## Materials and Methods

Detailed methods are provided in *SI Text*. Most assays were done on virgin male CS flies (unless specified) of age 3–4 d. Mutants of the circadian gene *period* (*per<sup>0</sup>*, *per<sup>5</sup>*, and *per<sup>L</sup>*) and their genetic controls (*w<sup>1118</sup>* and CS) were also used. The activity recordings and behavioral assays were done in June to July 2012 and January to February 2013 in an outdoor enclosure (3). Locomotor activity was recorded using DAM2 system unless specified. The daily profiles of light, temperature, and humidity were monitored simultaneously using DEnM (Trikinetics). For all light modification protocols, light-tight metal boxes were used. For light-filtering experiments, monitors were covered with neutral density filters (Lee Filters) such that light intensity was reduced by 90% (SN<sub>90</sub>), 75% (SN<sub>75</sub>), and 50% (SN<sub>50</sub>). For light-blocking experiments, activity monitors in SN were covered during morning (MC: 0400–1000 hours), afternoon (AC: 1000–1600 hours), evening (EC: 1600–2200 hours), and morning plus evening (MEC: 0400–1000 and 1600–2200 hours).

**Visual Observations of Behaviors Under SN. Tubes.** Identical to conventional DAM2 recording of single fly activity, except that, additionally, location of fly (near food, middle, or cotton plug) and locomotion were manually recorded every 2 h (in case of the shaded-tube assay) or every 1 h (in parallel to recording in DAM2 monitors).

**Petri dishes.** Solitary males or groups of three males and three females were housed in each petri dish with a thin layer of fly food ( $n = 6$  petri dishes for both). Instances of locomotion, rest, wing expansion, chasing, and copulation were recorded manually by visual scanning in 2-h intervals.

**Statistical Analyses.** An interval (M, A, or E) was considered to have a peak based on qualitative assessment of the activity profiles (15-min bin) averaged across flies and days of recording. Phases of M, A, and E peaks were estimated by scanning 7-d average activity records of each fly, and identifying that time point corresponding to the highest activity counts observed within that interval. In the afternoon, when there are multiple peaks, the peak closest to the maximum light and temperature was considered, and its phase and amplitude were calculated. The mean phase and amplitude for each peak was obtained for the total number of flies from each genotype and each protocol. The data from each fly was subjected to one-way analysis of variance (ANOVA) to test for the effect of protocol or genotype, for phase, amplitude of activity peaks, and activity levels. Post hoc multiple comparisons were performed using Tukey's honestly significant difference test.  $P < 0.05$  was considered as level of statistical significance for all analyses. Dawn anticipation index was estimated as the ratio of activity counts for 3-h duration before dawn (the time point when the light intensity value first rose above 0 lux) over activity counts for 6-h duration before dawn (16). To test for the time-of-day effects, two-way ANOVA on activity counts in different intervals under different protocols was followed by post hoc multiple comparisons using Tukey's test. For chronoethogram assay, proportion of flies showing each behavior at each scan was taken as the basic unit of data. One-way ANOVA was carried out on mating-related movement and on general locomotion to test for time-of-day effects.

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