Model Systems for Cardiovascular Regenerative Biology

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There is an urgent clinical need to develop new therapeutic approaches to treat heart failure, but the biology of cardiovascular regeneration is complex. Model systems are required to advance our understanding of biological mechanisms of cardiac regeneration as well as to test therapeutic approaches to regenerate tissue and restore cardiac function following injury. An ideal model system should be inexpensive, easily manipulated, easily reproducible, physiologically representative of human disease, and ethically sound. In this review, we discuss computational, cell-based, tissue, and animal models that have been used to elucidate mechanisms of cardiovascular regenerative biology or to test proposed therapeutic methods to restore cardiac function following disease or injury.

The concept of regenerating human tissues has permeated folklore since ancient times. Research in regenerative biology has been documented as early as the 1680s with the observation that lizards can regenerate their tails after amputation (Singh et al. 2010). Many examples of regeneration in higher organisms are well characterized, although why some tissues regenerate and others cannot remains unclear at the molecular level (Brockes and Kumar 2008).

With cardiovascular disease the leading cause of death worldwide (World Health Organization 2011), there is widespread enthusiasm for cardiac regeneration. Although adult human hearts were once thought to be senescent organs incapable of regeneration, recent evidence supporting the existence of resident cardiac progenitor cells and the ability of fully differentiated cardiomyocytes to divide has shifted our view of human cardiac regenerative potential (Buja and Vela 2008; Bergmann et al. 2009). However, our incomplete understanding of cardiac regenerative behavior has limited our ability to develop effective therapeutic approaches to restore cardiac function to injured tissue.

Model systems are necessary both to better understand biological mechanisms of cardiac regeneration as well as to develop therapeutic approaches to regenerate and restore function to human cardiovascular tissue following injury. An ideal model system should be inexpensive, easily manipulated, easily reproducible, and ethically sound; furthermore, it should recapitulate human disease pathophysiology.

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Figure 1. Schematic of model systems for cardiovascular regeneration.

Although no universal model has been identified that meets all criteria, many model systems have been developed that capture different aspects of development, regeneration, and disease (Fig. 1). Some of these models are more useful for understanding the mechanisms of cardiac regeneration, whereas others are more useful as disease models for testing regenerative approaches.

In this review, we discuss computational, cell-based, tissue, and animal models that have been used in the study of cardiovascular regenerative biology or in the testing of therapeutic approaches to restore cardiac function following disease or injury.

COMPUTATIONAL

Computational and mathematical models offer an advantage over traditional experimental models in their ability to test a multitude of parameters efficiently. For example, computational models have predicted the effect of bone marrow stem cell transplantation on fibrosis in the cardiomyopathy associated with Chagas disease (Galvao et al. 2008) or platelet activation after implantation of a bioprosthetic heart valve (Sirois and Sun 2010). The McCulloch group has published diverse computational models to study cardiac behavior, ranging from a model of focal myofibril disarray to represent regional septal dysfunction as seen in hypertrophic cardiomyopathy (Usyk et al. 2001), to the effect of biventricular pacing on left ventricular function (Kerckhoffs et al. 2009) and the influence of myosin regulatory proteins on myosin kinetics (Sheikh et al. 2012).

Although computational modeling offers the advantage of efficiency, the models are inherently limited in their abilities to predict biological processes. By necessity, computational models must simplify biological systems into generalizable rules (Peirce 2008). Mathematical models cannot incorporate every possible confounding factor; therefore, data must be confirmed in living cells or organisms. Because many factors in regeneration are poorly understood, experimental models are irreplaceable in cardiac regeneration research.

IN VITRO MODELS

In vitro experimental models allow the researcher to study a biological system while still retaining a high level of control over the experimental parameters. Examples of in vitro models used in cardiac regenerative research include single cell, cell culture, tissue, whole heart, and microfluidic models.

Single Cell

Testing the electromechanical properties of single cardiomyocytes (CMs) has been crucial to our understanding of cardiac physiology. The mechanical properties of individual CMs can be influenced by factors such as stress, strain, substrate chemistry, stiffness, and geometry (Curtis and Russell 2011). Methods such as atomic force microscopy, use of force transducers, or optical methods have been developed to quantify the mechanical properties of individual cells (Curtis and Russell 2011).

The electrophysiology of a single CM can be evaluated using the patch-clamp technique (Cerbai et al. 2000). By attaching a micropipette to the cell membrane of a single cell, one can measure the ionic current through a single ion channel (Liem et al. 1995). The patch-clamp technique can characterize the phenotype of CMs differentiated from embryonic stem cells (ESCs) (Maltsev et al. 1994; Mummery et al. 2002, 2003; Sartiani et al. 2007). Of note, however, isolated cardiomyocytes can behave somewhat differently from cells in groups and may show different responses to drugs.

Two-Dimensional (2D) Culture

Although experiments in single cells provide valuable mechanistic data, particularly on the presence and nature of ion channels present, cells in the native heart function as a syncytium, and methods that investigate the behavior of groups of cells come closer to the in vivo state. CMs grown in 2D culture systems have been used to elucidate molecular signaling pathways (von Gise et al. 2012), assess drug-induced cardiotoxicity (Guo et al. 2011), and evaluate gene therapy approaches (Lu et al. 2012). Two-dimensional cultures can also be examined electrically using microelectrode arrays (Braam et al. 2010) or voltage-sensitive dyes (Herron et al. 2012). More complicated architecture is also possible using 2D culture techniques. CMs grown in 2D culture on a temperature-responsive surface (to facilitate release of cell sheets in response to temperature change) have also been layered into three-dimensional (3D) structures to create myocardial patches capable of pulsating spontaneously (Shimizu et al. 2002). When implanted into rats as a myocardial patch after a myocardial infarct, the fractional shortening and ejection fraction of the infarcted hearts were significantly higher at 2, 4, and 8 wk after implantation compared with control (Miyagawa et al. 2005). These results may indicate a route to future therapies.

Three-Dimensional (3D) Culture

Cells can also be grown in 3D cultures, scaffolds, or matrices, which is a common tissue engineering approach (Zimmermann et al. 2006; Ye and Black 2011). Cell phenotype can be dramatically affected by the culture geometry; for example, chick CMs grown in 3D cultures have more mitochondria, display more cell–cell junctions, show more spontaneous contractions, and express a greater abundance of proteins found in mature CMs (e.g., desmin, α -actin, and cadherin) when compared with CMs grown in 2D cultures (Soares et al. 2012).

Three-dimensional systems have also been used as scaffolds for tissue engineering. Biomaterials used for the construction of early 3D cardiac scaffolds include alginate (Leor et al. 2000), collagen (Kofidis et al. 2003), and gelatin (Li et al. 2000), although these materials may not easily support high cell survival rates with increased thickness (Shimizu et al. 2002). More recent scaffolds that aim to mimic the natural extracellular matrix (ECM) have been tested, such as silk fibroin (Patra et al. 2012), polyurethanes (Siepe et al. 2006), electrospun poly-&caprolactone (Shin et al. 2004), or decellularized ECM (Singelyn et al. 2009). Scaffold-free approaches (Stevens et al. 2009) avoid the potential complications of implanting a foreign material into the body if being used for transplantation, although they are limited in their geometric design. Together these engineering approaches not only provide new opportunities for therapy but, because they also closely mimic intact (human) myocardium, they also can serve as models for normal heart physiology. Engineered healthy cardiac tissues can be used to analyze responses to cardiotoxic drugs as a pharmacological screening tool, whereas tissues created using diseased cardiomyocytes can simulate cardiac pathophysiology and the responses of diseased heart tissue to drugs or other stimuli.

Coculture

Although cultures involving a single cell type provide a simplified model for scientific study, they do not adequately represent the complex microenvironment found in a multicellu-

lar tissue. Growing cells in coculture simulates the cellular cross talk that occurs between different cell types (Kirkpatrick et al. 2011).

Mouse ESCs cocultured with cardiac fibroblasts display a greater percentage of beating embryoid bodies and increased expression of the cardiac markers GATA4, ANF, and CX43 compared with ESCs grown alone (Ou et al. 2011). In one study, scaffold-free cardiac patches made from human ESCs allowed to self-aggregate on a rotating orbital shaker were found to have necrotic centers by 8 d because of lack of vascularization (Stevens et al. 2009). However, when human ESCs were combined with human umbilical-vein endothelial cells and mouse embryonic fibroblasts, vascular networks formed that morphologically resembled capillaries, and CM proliferation was enhanced (Stevens et al. 2009).

Microfluidic Systems

Microfabrication using soft lithography techniques has become a widely applied technology to study biological environments on the micrometer scale (van der Meer et al. 2009; Chung et al. 2012). Microfluidic or "lab-on-a-chip" devices offer precise control over the cellular microenvironment, lending themselves well to the study of cell behavior or formation of scaffolds with well-defined architecture.

Microfluidic systems have been constructed to study the electrophysiology of single CMs in microfabricated patch-clamp devices (Ionescu-Zanetti et al. 2005), or cell–cell signaling between pairs of CMs (Klauke et al. 2007). Microfabrication techniques can also be used to create well-defined 3D scaffolds for tissue engineering applications (Fidkowski et al. 2005; Engelmayr et al. 2008; Zhang et al. 2011). These advanced structures provide opportunities for studying normal heart physiology and creating disease models and platforms for drug discovery and safety pharmacology (Grosberg et al. 2011).

Cell Sources

Cell sources for single cell, cell culture, or microfluidic studies include cell lines, primary cells, and stem/progenitor cells. The advantages and disadvantages of these cell types are summarized below.

Cell Lines

Cell lines can be passaged indefinitely while maintaining their phenotypic characteristics, and therefore they offer a significant advantage regarding ease of use. Unfortunately, unlike transformed tumor cells, mammalian cardiac cells are not prone to divide in culture, and few cardiac cell lines have been developed. Among these are lines derived from mouse and human cardiac sarcomas. Although using immortal, transformed cell lines is more convenient than harvesting primary cells, the process of transformation changes the basic properties of cardiomyocytes that are highly relevant to regenerative medicine and cardiac biology.

The AT-1 tumor line was developed in transgenic mice with a fusion between the SV40 T antigen oncoprotein and the promoter region for atrial natriuretic factor (ANF) (Field 1988). AT-1 cells are maintained as a tumor line using a syngeneic mouse host. They are capable of survival in culture while retaining a CM phenotype; however, they cannot be serially passaged or successfully recovered after freezing (Claycomb et al. 1998).

The HL-1 mouse CM cell line was isolated from AT-1 cells by systematic modification of the culture environment (Claycomb et al. 1998). It was the first mammalian CM cell line described in the literature that could be frozen and recovered, passaged indefinitely, and maintain phenotypic characteristics such as contractility and expression of adult CM protein isoforms including α -cardiac actin, α -myosin heavy chain (MHC), and connexin43 (Claycomb et al. 1998). HL-1 cells have proven to be a versatile model system (White et al. 2004), used to investigate cell signaling (Kitta et al. 2001), electrophysiology (Sartiani et al. 2002), and the effects of hypoxia (Nguyen and Claycomb 1999).

The immortalized human ventricular AC cell line was developed using a method involving fusion of primary ventricular CMs with an SV40-transformed fibroblast cell line (Davidson et al. 2005). AC cells express adult CM markers such as α -cardiac actin and β -myosin heavy chain, show ultrastructural similarities to primary CMs with the presence of myofibrils, and have functional gap junctions. However, AC cells are unable to maintain a physiologically relevant action potential, and the cells are not contractile, likely because of the lack of myofibril organization (Davidson et al. 2005), making their relevance as a cardiac model unclear.

Primary Cells

Although primary cardiomyocyte isolation can be expensive and time-consuming, primary cells are considered to be more representative of cell behavior in vivo compared with cell lines (Eglen and Reisine 2011). Adult mammalian CMs have been considered to be postmitotic, having undergone an incomplete cycle of cell division during the neonatal period, resulting in CMs that are binucleated or multinucleated (Ausoni and Sartore 2009; Walsh et al. 2010). Primary CMs can be isolated from cardiac tissue (e.g., obtained via surgery or tissue biopsy) by use of enzymatic digestion of the ECM and isolation of cells by mechanical methods (Mitcheson et al. 1998; Xu and Colecraft 2009).

Primary CMs from multiple species (e.g., chick, human, mouse, rat) have contributed extensively to our understanding of the electromechanical properties of the heart (Ellingsen et al. 1993; Mitcheson et al. 1998). Examples of recent studies have used primary mouse CMs to investigate cell signaling after myocardial infarction (Raake et al. 2012), gene expression in response to hypoxia in rat CMs (Kim et al. 2012), or the effect of the cardiovascular hormone relaxin on the maturation of primary neonatal mouse CMs (Nistri et al. 2012). In addition to "working" CMs, whose primary function is to contract, CMs that contribute to the conduction system (sinoatrial and atrioventricular nodes and the ventricular conduction system) have been isolated and characterized (Gourdie et al. 1995; Bakker et al. 2010; Ye Sheng et al. 2011).

Stem/Progenitor Cells

Stem and progenitor cells are discussed in more detail in Laugwitz (2013), but are introduced here in the context of their potential for cardiovascular regeneration. Pluripotent stem cells and some types of progenitor cells in postnatal tissues retain the ability to self-replicate as well as differentiate into a variety of other cell types, making them highly attractive targets for research in regenerative medicine and the development of therapies to restore tissue function. Various types of cardiac progenitor cells have been described as isolated from the heart (Passier et al. 2008), but only a few have been shown to form bona fide cardiomyocytes and only then after addition of global demethylating reagents like 5-azacytidine and transforming growth factor β (Goumans et al. 2008).

Multipotent stem cells and progenitor cells can be derived from embryonic, fetal (also umbilical cord [Breymann et al. 2006] and amniotic fluid [Walther et al. 2009]), and adult tissues (including hematopoietic, mesenchymal/ stromal, and heart) (Bernstein and Srivastava 2012). Pluripotent stem cells derived from embryos (embryonic stem cells, ESCs) (Vidarsson et al. 2010) or induced by reprogramming somatic cells (inducible pluripotent stem [iPS] cells) (Yoshida and Yamanaka 2011) have the potential to develop into CMs and other supporting cell types such as fibroblasts and endothelial cells, although their biology is still not completely understood.

The identification of adult cardiac progenitor cells in mammals has resulted in a paradigm shift to a view that the heart harbors stem cell populations that could contribute to cardiac regeneration (Beltrami et al. 2003; Oh et al. 2003; Messina et al. 2004). More recent studies suggest that there may be several progenitor cell types expressing different stem cell markers (Sca-1, c-kit, isl-1) capable of self-renewal and differentiation into cardiac cells, although the relationship between these different cell types remains unclear (Barile et al. 2007; Smart et al. 2011; van Vliet et al. 2012). Methods for both primary isolation as well as serial passaging of some of these human progenitor cells

have been described (Smith et al. 2007; Smits et al. 2009).

Tissue Models

The electromechanical properties of cardiac tissue are dependent on the 3D structure of the heart. Isolated tissue models have been valuable because these properties are difficult to adequately represent in cell culture studies, and in vivo studies can be logistically challenging and costly. For instance, a biaxial mechanical testing device was developed to evaluate the effect of strain rate on isolated native porcine mitral valves (Grashow et al. 2006). In addition, right ventricular free walls isolated from guinea pig hearts were attached to microelectrodes then used to study the effect of various conditions (e.g., hypoxia, acidosis, drug exposure) on arrhythmogenic behavior (Ferrier and Howlett 2005).

Bioreactors that impose mechanical or electrical stimuli on isolated tissue components may also be important in the proper development of regenerated tissues. For example, engineered human myocardium grown under conditions of cyclic stress resulted in increased CM hypertrophy and proliferation compared with tissues grown under static conditions (Tulloch et al. 2011). Testing of isolated tissues in such devices will be necessary to validate the electromechanical properties and stability of bioengineered tissues should they be intended for human use.

Whole Heart/Ex Vivo Models

Whole organ explants allow evaluation of cardiac function ex vivo. The Langendorff technique involves isolation of the whole heart from an animal followed by attachment to a fluid reservoir to simulate blood flow through the heart (Neely et al. 1973; Vidavalur et al. 2008). Rats injected with induced bone marrow mesenchymal stem cells (BMSCs) compared with vehicle show improved coronary blood flow and improved left ventricular end diastolic pressure, indicating smaller infarct size when evaluated by the Langendorff model (Li et al. 2012). In another study, a modified Langendorff apparatus was used to decellularize whole pig hearts, leaving behind the anatomically correct extracellular matrix, which could potentially be used as a scaffold for whole heart tissue engineering (Weymann et al. 2011).

IN VIVO MODELS

Although computational and in vitro models can provide valuable information regarding cardiac behavior under carefully controlled experimental conditions, there is no replacement for in vivo models to understand the complex behavior of the heart within a living organism.

Noncardiac Regenerative Models

Although the focus of this article is cardiac models for the study of cardiac regeneration, noncardiac animal models can provide clues to cardiac regenerative biology using methods that are less expensive or have fewer logistical or technical challenges.

Invertebrates such as hydra or planarians retain the ability to completely regenerate following injury even after amputation of more than half of their bodies (Newmark and Sanchez Alvarado 2002; Sanchez Alvarado and Tsonis 2006). Although these invertebrate species have much simpler architectures compared with vertebrate species, their ability to undergo complete regeneration after amputation is impressive, and as such they represent useful model systems to better understand regenerative biology and stem cell behavior.

Examples of noncardiac mammalian regeneration also provide insight into potential mechanisms of cardiac regeneration. For instance, regeneration of skeletal muscle following injury can act as a model for myocyte regeneration in more easily accessible tissue (Borisov 1999). In addition, although mammalian heart regeneration is limited, studying model organs such as the skin (Palatinus et al. 2010) or liver (Badylak et al. 2012) that do continue to regenerate into adulthood in humans, can provide us with clues on the underlying principles of regeneration of relevance to the heart.

Cardiac Regenerative Models

Among vertebrates, zebrafish and urodele amphibians display an intrinsic ability for cardiac regeneration following significant myocardial injury. Although adult mammals have not shown an endogenous capability to fully regenerate heart tissue following severe injury, small and large animal mammalian models have been studied extensively with the goal of finding therapeutic interventions to effectively regenerate the heart following injury.

Zebrafish

Significant lessons can be gained from studying the regenerative potential of the two-chamber (one atrium, one ventricle) hearts of teleost fish, such as the zebrafish. Adult zebrafish are able to fully regenerate cardiac tissue after $\sim 20\%$ of the heart is transected from the apex (Poss et al. 2002; Raya et al. 2003). The site of injury initially clots off followed by replacement of red blood cells with fibrin. However, within the first month after injury, the fibrin is quickly replaced by cardiac myofibers, and by 2 mo postinjury, the cardiac tissue is virtually indistinguishable from the hearts of sham-operated controls by both gross inspection and histology (Poss et al. 2002).

Multiple hypotheses have been proposed as to the source of the regenerated CMs, including (1) a normally dormant progenitor cell population is recruited after injury to proliferate; (2) mature CMs undergo cell division; or (3) mature CMs dedifferentiate into a progenitor-like population that then undergoes proliferation (Poss 2007; Steinhauser and Lee 2011). There is evidence to suggest that all three of these mechanisms may contribute to heart regeneration in zebrafish, although more recent studies suggest that the predominant contributor to regenerated myocardium in zebrafish is dedifferentiated CMs (Lien et al. 2012; Jopling et al. 2010).

Differentiated CMs near the site of amputation showed increased DNA synthesis compared with cells further from the amputation plane, as indicated by differential incorporation of bromodeoxyuridine (BrdU), with peak BrdU incorporation at \sim 14 d postamputation (dpa) (Poss et al. 2002). Initial studies proposed that the source of these proliferating CMs originated from a blastema composed of undifferentiated progenitor cells near the site of injury, which undergo differentiation into CMs and proliferate (Lepilina et al. 2006). However, more recent studies suggest that mature CMs undergo limited dedifferentiation as shown by disassembly of their sarcomeric structure (Jopling et al. 2010) and expression of gata4, a transcription factor that regulates myocardial formation during embryonic development (Kikuchi et al. 2010). In addition to CM proliferation, myocardial injury is also thought to activate the surrounding epicardium, which supplies cells that undergo an epithelial-to-mesenchymal transition to revascularize the myocardial tissue (Lepilina et al. 2006).

Zebrafish reproduce quickly with large batches of embryos, are relatively easy to maintain, and have a cardiac system that develops in a transparent environment (Poss 2007). To better represent the residual injured cells that remain after a myocardial infarction, a cryoinjury model has been proposed as an alternative to the resection model (González-Rosa and Mercader 2012). In addition, a genetic ablation model, in which death of >60% of CMs occurs uniformly in response to expression of diphtheria toxin A chain in transgenic zebrafish, may provide a more accurate model of global heart failure compared with surgical approaches (Wang et al. 2011).

Zebrafish and mammals likely have inherent differences that allow zebrafish to regenerate myocardium, as opposed to forming scar tissue, which is the predominant response to myocardial injury in mammals (Poss 2007). Zebrafish are capable of indeterminate growth, whereby adult zebrafish can continue to grow in size through adulthood depending on the surrounding environment such as food availability and population density (Goldsmith et al. 2006). In addition, zebrafish CMs are mononucleated, smaller in size, and have a less robust contractile apparatus (Poss 2007). Further understanding of the mechanisms by which zebrafish hearts undergo myocardial regeneration will provide us with insight into potential strategies that

could be used to influence mammalian heart regeneration.

Amphibians

Urodele amphibians, including newts and axolotl salamanders, have a remarkable ability to regenerate injured tissues including the spinal cord, brain, lens, jaw, tail, and fully functional limbs following amputation (Brockes and Kumar 2002; Roy and Gatien 2008). Early studies showed that newts are capable of survival after resection of a significant portion (as high as 50%) of apical myocardium (Becker et al. 1974) and show evidence of CM regeneration at 30 dpa (Oberpriller and Oberpriller 1974).

The mechanism by which urodele CMs regenerate is attributed to partial dedifferentiation of adult CMs into progenitor cells (Laube et al. 2006). Interestingly, when newt CMs are implanted into a site of limb amputation, the CMs transdifferentiated into skeletal muscle or chondrocyte phenotypes, which is thought to be due to the influence of the nearby limb blastema (Laube et al. 2006). How newt CMs undergo dedifferentiation and reenter the cell cycle remains to be elucidated, but several signaling pathways have been proposed, including those involving thrombin, fibroblast growth factors, or the Bmp and Msx pathways (Singh et al. 2010).

Urodeles offer several advantages as a model system for evaluation of cardiac regeneration. Embryonic development occurs externally, facilitating visualization, and embryos are available in large batches (Neff et al. 1996). They are larger than zebrafish and have a more complex cardiac structure with three chambers (two atria, one ventricle) (Singh et al. 2010). Unlike mammalian hearts, which have a high percentage of multinucleated CMs, 98% of CMs in an uninjured newt heart are mononucleated and diploid, which may contribute to their regenerative ability and also simplifies histological analysis (Neff et al. 1996).

Snake

The heart of the Burmese python can increase in mass by 40% after consumption of a large meal

to support postprandial metabolic demands (Riquelme et al. 2011). Modifications in gene expression of proteins involved in fatty acid transport were associated with alteration of the fatty acid composition of the snake plasma. When a fatty acid mixture of myristic acid, palmitic acid, and palmitoleic acid formulated to mimic snake plasma was administered to starved mice, there was a rapid and heart-specific hypertrophic response (Riquelme et al. 2011). Although hyperplasia of cardiomyocytes was not seen, this cardiac-specific hypertrophy in response to circulating factors warrants further investigation as a potential approach to augment cardiac regeneration.

Small Mammals

Small mammalian models offer a physiologically relevant system compared with fish and amphibians and are less expensive and easier to manipulate genetically compared with larger animals. Small animals such as mice, rats, hamsters, guinea pigs, and rabbits have all been used to model heart disease in humans (Hasenfuss 1998). Disease-specific animal models have been developed, for example, to study heart failure, arrhythmias, atherosclerosis, or aneurysms (Nishida et al. 2010; Zaragoza et al. 2011; Houser et al. 2012). The availability of genetically modified mouse models makes mice a valuable species in which to study cardiac regenerative biology (Zaruba and Field 2008). Being larger in size, surgical procedures can be technically easier in rats and also result in harvest of a greater quantity of CMs per heart compared with mice (Zaruba and Field 2008). In general, larger animals have slower heart rates and a cardiac physiology that more closely resembles that of humans (Table 1); therefore, rabbits and guinea pigs offer a reasonable balance between accurate physiology and cost (Hasenfuss 1998). Here we describe recent examples that show the use of these small animal models to establish evidence of myocardial regeneration in mammals as well as to test therapeutic approaches to restore cardiac function following injury.

In a genetic fate mapping study in adult mice, progenitor cells did not appear to con-

Model Systems for Cardiac Regeneration

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	Number of heart chambers	Average heart mass (g) ^a	Average heart rate (bpm) ^b	Percent mononucleated CMs ^c	Inherent regenerative potential
Zebrafish	2	0.003	130-180	95	Full regeneration 60 d after amputation of \sim 20% of apical myocardium ^d
Urodeles (newt or axolotl)	3	0.05	20-30	98	Full regeneration 30–60 d after amputation of ~10%–25% of apical myocardium ^e
Python	3	1	20	N.R.	Postprandial reversible 40% mass increase due to hypertrophy without hyperplasia ^f
Mouse	4	0.2	450-750	1 d old: 96 Adult: <9	~Full regeneration 21 d after amputation of ~15% of apical myocardium in neonatal mice ^g
Rat	4	0.8	250-450	1 d old: 97 10 d old: 9	Minimal or N.R.
Guinea pig	4	1	130-330	N.R.	Minimal or N.R.
Rabbit	4	8	170-280	N.R.	Minimal or N.R.
Monkey	4	30	100-270	N.R.	Minimal or N.R.
Dog	4	100	70-140	2	Minimal or N.R.
Pig	4	200	70-120	~ 5	Minimal or N.R.
Sheep	4	200	70-120	4 d old: 17 4–6 wk old: 8	Minimal or N.R.
Human	4	300	60-80	74	Minimal or N.R.

 Table 1. Comparison of heart characteristics between species

(N.R.) Not reported.

^aLarson (1978); Poupa and Lindstrom (1983); de la Grandmaison et al. (2001); Tiritilli (2001); Davis et al. (2002); Ruttkay-Nedecky (2004); Andersen et al. (2005); Keenan and Vidal (2006); van Timmeren et al. (2008); Bunker and Laughlin (2010); Lafontant et al. (2011); Leo et al. (2011).

^bBarrionuevo and Burggren (1999); Michaelsson and Ho (2000); McKean et al. (2002); Zaar et al. (2007); van Timmeren et al. (2008).

Grabner and Pfitzer (1974) (pig); Kajstura et al. (1995) (dog; 74.5% binucleated, 0.8% trinucleated, 2 % tetranucleated); Li et al. (1996) (rat; 1 d old, 3% binucleated; 10 d old, 91% binucleated); Olivetti et al. (1996) (human; 25.5% binucleated, 0.4% trinucleated, 0.1% tetranucleated); Soonpaa et al. (1996) (mouse); Burrell et al. (2003) (sheep; 83% binucleated at 4 d of age; 92% binucleated at 4-6 wk of age); Wills et al. (2008) (zebrafish); Botting et al. (2012); Mahmoud and Porrello (2012).

^dPoss et al. (2002); Raya et al. (2003).

^eBecker et al. (1974); Oberpriller and Oberpriller (1974); Oberpriller et al. (1988); Flink (2002).

^fAndersen et al. (2005).

^gPorrello et al. (2011).

tribute to CM regeneration during normal aging (Hsieh et al. 2007). The capacity for regeneration appears to be associated with age, because the neonatal mouse heart retains the ability for regeneration after resection of $\sim 15\%$ of the apical ventricular tissue at 1 d of age (Porrello et al. 2011). Cardiac regeneration is likely due to dedifferentiation and subsequent proliferation of preexisting CMs rather than proliferation from a distinct stem cell population (Porrello et al. 2011). The ability of the mouse heart to regenerate, however, is short-lived, because 7-d-old mice were unable to regenerate the myocardium and instead developed a significant fibrotic response after apical resection, similar to the wound healing process in both adult mice and humans (Porrello et al. 2011). Stimulation of molecular pathways involved in regeneration, such as by injection of neuregulin-1 into adult mice to activate the NRG1/ErbB4 pathway, may promote regeneration in differentiated, mononucleated cardiomyocytes (Bersell et al. 2009).

Both mice and rats have been used in hundreds of studies to evaluate therapeutic approaches to healing the heart postinjury. Myocardial infarct models are frequently used, which typically involve occlusion of the left anterior descending artery to create an infarct (Huang et al. 2006; Borst et al. 2011). Therapeutic approaches have ranged from application of a cardiac patch (Kellar et al. 2001) to implantation of biomaterials (Landa et al. 2008) to transplantation of genetically modified cells (Qian et al. 2012). Parameters used to evaluate a therapeutic response include microvessel density (as quantified by histology [Mattfeldt and Mall 1987]), perfusion (via a fluorescent microsphere approach [Hale et al. 1986] or positron emission tomography [PET] [Vaquero et al. 2012]), morphometric analysis of tissue dimensions (Anversa et al. 1985), or cardiac function (via echocardiography [Liu and Rigel 2009] or cardiac MRI [van Laake et al. 2007a]). The majority of published studies show a statistically significant improvement in at least one of these parameters, although this may only be early and transient (van Laake et al. 2007b), and the implications for effectiveness and safety in human use remain to be determined for most of these approaches.

Guinea pigs were used to evaluate whether transplanted human ESC-derived CMs (hESC-CMs) would couple with native CMs to provide synchronous contraction of the grafted heart to minimize the risk of arrhythmias (Shiba et al. 2012). With a baseline heart rate between 200 and 250 beats per minute (bpm), guinea pigs were selected over smaller rodents because the rapid heart rate of mice (600 bpm) and rats (400 bpm) may make it impossible for the human CM to engraft properly. The hESC-CMs were capable of 1:1 host–graft coupling, and transplantation of hESC-CMs into injured hearts resulted in a reduced risk of arrhythmias compared with untreated injured hearts.

Large Nonhuman Mammals

Larger animals such as dogs, sheep, pigs, or nonhuman primates have been used for testing of preclinical therapeutic approaches because of their larger heart sizes and closer semblance to human cardiac physiology, although their larger sizes can make them logistically and financially more challenging (Yarbrough and Spinale 2003). A meta-analysis of stem cell therapy approaches to treat ischemic heart disease in dogs, sheep, and pigs concluded that large animal models show comparable improvement in ejection fraction to similarly designed clinical trials in humans (van der Spoel et al. 2011).

Dogs have been used to evaluate therapeutic approaches following ischemic injury via occlusion of a coronary artery (Linke et al. 2005). However, unlike humans, canine hearts have a robust collateral circulation that can make it difficult to achieve a consistent degree of ischemic injury between animals using this technique (Yarbrough and Spinale 2003). In contrast, sheep and pigs have minimal collateral circulation in their coronary artery anatomy, making them more representative models of human ischemic myocardium (Yarbrough and Spinale 2003). The comparable heart sizes of sheep and pigs to humans also make them valuable for testing replacement heart valves or catheter-based therapies such as stent placement (Suzuki et al. 2011).

Nonhuman primates are another potential model system given their genetic similarity to humans. Human ESCs committed to a cardiac lineage were injected into the hearts of immunosuppressed rhesus monkeys after myocardial infarction (Blin et al. 2010). After 2 mo, the ESCs differentiated into ventricular CMs and repopulated \sim 20% of the scar region (Blin et al. 2010). In another study, rhesus monkeys also were used to evaluate the safety and risk of teratoma formation after implantation of an epicardial patch following myocardial infarct (Bel et al. 2010). When committed to a cardiac lineage as identified by expression of stage-specific embryonic antigen-1 (SSEA-1), there was no evidence of teratoma formation at 2 mo postimplantation (Bel et al. 2010). However, when ESCs were not sorted based on SSEA-1 status, there was a risk of microteratoma formation in the scar region, possibly from SSEA-1negative cells that retained pluripotent potential (Blin et al. 2010).

Human Studies

Model systems of cardiac regeneration are used as precursors to clinical trials in humans. In addition to clinical trials, lessons from embryonic heart development can provide insight on cardiac regeneration in adult tissues (Mercola et al. 2011; Martin-Puig et al. 2012). Furthermore, research in human ESCs and inducible pluripotent cells has contributed to our understanding of the molecular mechanisms of disease and regenerative ability of human cells (Chien 2008).

Although a full discussion of clinical trials of cardiac regeneration and repair in humans is beyond the scope of this article, it is worth noting that evidence for the native regenerative capacity of human cardiac tissue has been identified recently (Laflamme et al. 2002; Quaini et al. 2002; Deb et al. 2003; Bergmann et al. 2009). As therapeutic approaches are developed to restore cardiac function, it will be necessary to identify noninvasive methods of quantifying effective regeneration of cardiac tissue (van Slochteren et al. 2012).

Partial restoration of myocardial function after disease and/or injury has been possible because of engineered devices such as stents, pacemakers, defibrillators, or ventricular assist devices. In addition, whole heart transplantation has prolonged the lives of many patients in whom surgical repair of their own heart was unfeasible, although the posttransplant course is complicated by chronic immune suppression or organ rejection (LaRosa et al. 2011). Current research is focused on the development of new strategies to augment the native regenerative ability of the human heart to result in clinically significant improvement in heart function after injury or disease (Clifford et al. 2012; Makkar et al. 2012).

CONCLUSIONS

Model systems have made significant contributions to our knowledge of cardiovascular regenerative biology. Furthermore, disease models have allowed us to perform preclinical studies to test therapeutic approaches to restore cardiac function following injury or disease. Future work should aim to further elucidate our understanding of human cardiac regenerative potential as well as to develop improved methods that can be used in the clinical setting to heal the human heart after injury.

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Model Systems for Cardiac Regeneration

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Model Systems for Cardiac Regeneration

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