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***In vivo* knockdown of nicotinic acetylcholine receptor $\alpha 1$ diminishes aortic atherosclerosis**

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Abstract

Objective—Nicotinic acetylcholine receptor $\alpha 1$ (nAChR $\alpha 1$) was recently identified as a functional cell receptor for urokinase, a potent atherogenic molecule. Here, we test the hypothesis that nAChR $\alpha 1$ plays a role in the pathogenesis of atherosclerosis.

Methods—Apolipoprotein E-deficient mice were initially fed a Western diet for 8 wks. Plasmid DNA encoding scramble RNA (*pscr*) or siRNA (*psir2*) for nAChR $\alpha 1$ was injected into the mice ($n = 16$) using an aortic hydrodynamic gene transfer protocol. Four mice from each group were sacrificed 7 days after the DNA injection to confirm the nAChR $\alpha 1$ gene silencing. The remaining mice continued on a Western diet for an additional 16 wks.

Results—The nAChR $\alpha 1$ was up-regulated in aortic atherosclerotic lesions. A 78% knockdown of the nAChR $\alpha 1$ gene resulted in remarkably less severe aortic plaque growth and neovascularization at 16 wks (both $P < 0.05$). In addition, significantly fewer macrophages (60% less) and myofibroblasts (80% less) presented in the atherosclerotic lesion of the *psir2*-treated mice. The protective mechanisms of the nAChR $\alpha 1$ knockdown may involve up-regulating interferon- γ /Y box protein-1 activity and down-regulating transforming growth factor- β expression.

Conclusions—The nAChR $\alpha 1$ gene plays a significant role at the artery wall, and reducing its expression decreases aortic plaque development.

1. Introduction

Atherosclerotic vascular disease is the leading cause of morbidity and mortality in Western countries, accounting for more than one-third of all deaths each year [1]. Known atherosclerotic risk factors include dyslipidemia, hypertension, cigarette smoking, diabetes, infection, systemic inflammation, homocysteine, and chronic kidney disease [1,2]. Atherosclerosis is initiated by endothelial cell injury and accompanied by an accumulation of lipoproteins in the vessel wall. This leads to the development of a chronic inflammatory/fibrotic process involving: macrophages, T cells, and smooth muscle cells/myofibroblasts. A key event in the development of atherosclerotic plaque is the focal intimal migration of circulating blood monocytes to the vessel wall, and their subsequent activation [3]. Interferon- γ (IFN- γ) and transforming growth factor β (TGF- β) are two pivotal regulators of the atherosclerotic process, both with pro- and anti-atherogenic actions [4].

Recent literature has found that nicotinic acetylcholine receptor (nAChR)-mediated pathological angiogenesis plays an important role in the growth of atherosclerotic plaque [5]. The nAChR mediates pro-atherosclerotic effects of two classical ligands: nicotine and

acetylcholine [6,7]. Urokinase, an important angiogenic and atherogenic molecule, has been newly identified as an alternative ligand for the muscle-type nAChR [8]. The muscle-type nAChR consists of the specific assembly of five polypeptide subunits ($\alpha 1$, $\beta 1$, γ , δ , or ϵ). The binding domain of the receptor involves the interaction between the $\alpha 1$ subunits (nAChR $\alpha 1$) and the remaining subunits ($\beta 1$, γ , δ , or ϵ). Upon ligation, the muscle-type nAChR is activated and serves as a ligand-gated calcium/sodium ion channel, known to mediate signal transduction at the neuromuscular junction. Silencing the nAChR $\alpha 1$ subunit can fully abrogate the function of the entire muscle type nAChR [8]. Although the nAChR $\alpha 1$ was originally discovered in the neuromuscular junction, it has since been identified in a variety of non-neuromuscular cell types including: immune cells, renal interstitial fibroblasts, glomerular cells, tubular epithelial cells, respiratory epithelial cells, non-small lung cancer cells, vascular endothelial cells, smooth muscle cells, and smooth muscle specific α actin-positive myofibroblasts [8–10]. However, the expression and function of the nAChR $\alpha 1$ in the development of atherosclerotic plaque formation has yet to be investigated.

This study was designed to test the hypothesis that nAChR $\alpha 1$ plays a role in the pathogenesis of atherosclerosis. The level of nAChR $\alpha 1$ expression was manipulated using an aorta hydrodynamic gene-silencing approach in an Apolipoprotein E-deficient (*ApoE*^{-/-}) mouse model of atherosclerosis. We found that nAChR $\alpha 1$ was up-regulated by myofibroblasts/smooth muscle cells and macrophages in aortic atherosclerotic lesions. By reducing nAChR $\alpha 1$ expression with RNA interference (RNAi), we observed diminished angiogenesis and aortic plaque development. This suggests that the nAChR $\alpha 1$ gene silencing offers a protective mechanism against atherosclerosis by up-regulating IFN- γ /Y box protein-1 (YB-1) and down-regulating TGF- β activity.

2. Methods

2.1. Antibodies and cDNA reagents

Antibodies used in this study and their sources are: rat monoclonal antibody to nAChR $\alpha 1$ subunit, Covance Co., Berkeley, CA; goat polyclonal antibody to nAChR $\alpha 1$, antibody to OPN (osteopontin), Santa Cruz Biotechnology, Inc., Santa Cruz, CA; rat monoclonal antibodies to F4/80, CD11b, Serotec Ltd., Oxford, UK; rabbit anti-human Von Willebrand Factor (vWF), EPOTM horseradish peroxidase (HRP)-conjugated monoclonal antibody to α SMA (α -smooth muscle actin), Dako Corp., Carpinteria, CA; fluorescein isothiocyanate (FITC)-conjugated monoclonal antibody to β -actin, Sigma-Aldrich Inc., St. Louis, MO; pan-specific transforming growth factor- β (TGF- β) antibody, R&D Systems, Inc., Minneapolis, MN; rat monoclonal antibody to interferon gamma (IFN- γ), rabbit monoclonal antibody to YB-1 (Y Box Protein-1), Abcam Inc., Cambridge, MA. The cDNA reagents used in the *in vitro* and *in vivo* RNAi studies are: nAChR $\alpha 1$ siRNA-expressing construct *psir2* and matched scramble RNA-expressing construct *pscr* that were previously described [8].

2.2. Animal studies

Female *ApoE*^{-/-} mice on a C57BL/6J background were purchased from the Jackson Laboratories (Bar Harbor, Maine) and fed an atherogenic Western-type diet containing 21% fat and 0.15% cholesterol (TD88137; Harlan-Teklad Laboratories, Inc., Indianapolis, IN) beginning at 8 wks of age [7]. To functionally knockdown aortic nAChR $\alpha 1$ expression, RNAi intervention began at 8 wks following the Western diet. Naked plasmid DNA expressing either hairpin nAChR $\alpha 1$ -siRNA (*psir2*) or scramble RNA (*pscr*) was administered ($n = 16$ per group) via the left renal artery using an aortic hydrodynamic gene transfer protocol modified from a previous publication [11]. Briefly, a midline incision abdominal surgery was performed microscopically under general anesthesia with isoflurane

to fully expose the abdominal aorta and left renal artery. The distal end of the left renal artery was ligated and a loose thread loop was placed at the proximal end. Aortic blood flow was temporarily blocked at points above and below the two renal arteries. The right renal artery was transiently clamped during perfusion. Following an instant injection of 200 μ g DNA (*psir2* or *pscr*) in 300 μ l normal saline, the preset left renal artery loop was immediately tied, and the upper aortic blocking point was first released. After a 5–10 s delay, the lower aortic and the right renal artery blocking points were subsequently released. The left kidney was then removed. After surgery, the mice were maintained on the Western diet. Four mice from each group were sacrificed 7 days after DNA injection to confirm nAChR α 1 gene silencing. The remaining mice ($n = 12$ per group) continued on the Western diet for an additional 16 wks before being sacrificed by exsanguination under general anesthesia. The aorta and serum samples were collected and stored for further analyses. The procedure affected renal function equally in both experimental groups, as indicated by the blood urea nitrogen levels (30.4 ± 6 versus 26.3 ± 4 , *pscr* versus *psir2*, $P > 0.05$, $n = 8$). Additional aortas from three age-matched female *ApoE*^{-/-} mice that were fed normal chow served as “normal” controls. All animal studies were approved by the IACUC of Seattle Children’s Research Institute.

2.3. Aorta tissue preparation and serum cholesterol measurement

Following exsanguination, aortas were harvested for formalin Zn²⁺-fixed paraffin-embedding or Tissue-Tek O.C.T. compound-embedding (aorta root), protein (ascending aorta and aortic arch) and RNA (descending aorta) isolation ($n=8$). Four whole aorta trees from each group were isolated, opened, and pinned for Oil Red O staining. Plasma cholesterol levels were evaluated by a colorimetric assay (Cholesterol/Cholesteroyl Ester Quantitation Kit; BioVision Laboratories, Mountain View, CA).

2.4. Evaluation of aortic atherosclerotic plaque growth

The pinned aortas of four mice from each group were stained with Oil Red O to assess overall severity of the atherosclerotic plaques. Paraffin-embedded aortic root sections (5 μ m) were stained with Masson trichrome (Sigma-Aldrich Inc.) to view the general morphological changes and matrix expansion in the atherosclerotic lesions.

2.5. Immunohistology

Paraffin-embedded aortic root sections were stained with primary antibodies to nAChR α 1, α SMA, OPN, and YB-1, and were then labeled using a standard ABC kit protocol (Vector Laboratories, Inc., Burlingame, CA) [12,13]. Immunofluorescent (IF) staining for either F4/80 or vWF was performed on aortic root frozen sections, and identified with AlexaFlour680-conjugated secondary antibodies (Molecular Probes, Eugene, Oregon). Sections lacking primary antibodies were run in parallel as negative controls. In IF double staining, the nAChR α 1 was labeled with AlexaFlour680 (red); and the F4/80 or YB-1 identified with FITC (green) fluorescence.

2.6. Morphometric analyses

Histological images were captured using a digital camera linked with the SPOT program, and analyzed using the Image-Pro Plus software (Media Cybernetics, Silver Spring, MD) [8]. For Oil Red O stained aortas, the plaque-occupied area was quantified and the result expressed as a positive percentage of the total area of each aorta tree open surface. Aortic root plaque size was assessed by measuring the plaque areas in 10 sections per mouse. The collagen matrix content of the plaque was evaluated using Masson trichrome-stained aortic root sections, with the results expressed as the percent collagen-occupied area of the plaque. Calcification levels of the aortic wall lesions and aortic valves were evaluated separately on

Von Kosa stained sections. For immunolabeling of cells or molecules, results were expressed as a positive percentage of the area of interest (aortic root lesion).

2.7. Western blot analyses

Western blotting (WB) experiments were performed by following standard protocols [14]. Specifically, 80 μ g aorta protein samples were separated by a 10–12% SDS-PAGE in non-reducing conditions. Blots were probed with the primary antibodies for nAChR α 1, vWF, pan-TGF- β , and IFN- γ , and labeled with the AlexaFluor680-conjugated secondary antibody (Molecular Probes, Inc.). For protein loading controls, blots were probed with the FITC-conjugated anti- β -actin monoclonal antibody. The stained fluorescent intensities were scanned and analyzed with a Typhoon TRIO Variable Mode Imager (Amersham Biosciences).

2.8. Northern blot analyses and real-time PCR

Total RNA was isolated from the aortas using Trizol™ reagent (Invitrogen Corporation, Carlsbad, CA) according to the manufacturer's protocol. Northern blot analyses for α SMA, TGF- β 1, OPN, and GAPDH were performed as previously described [13,14]. Real-time PCR was performed for IFN- γ mRNA assessment using a previously published protocol [15]. Real-time surveillance of fluorescence intensity emitted from the amplified product was performed with an iCycler PCR machine (Bio-Rad Laboratories). The amplification efficiency was 101%, and the expected single peak was confirmed in the melting curve. No amplification was found in negative controls. GAPDH was used as a housekeeping gene for RNA loading correction.

2.9. Statistical analyses

Data were analyzed using the Student's *t*-test (parametric data of serum cholesterol levels, real-time PCR, Northern and Western blot analyses) or Mann-Whitney *U*-test (histological data), and the null hypothesis rejected at a *P* value less than 0.05 (unless specified elsewhere). Results are presented as mean \pm 1 S.D. unless stated otherwise.

3. Results

3.1. The nAChR α 1 expression in normal and atherosclerotic aortas of ApoE^{-/-} mice

By Western blot analyses, the level of aortic nAChR α 1 expression was significantly up-regulated by nearly 4-fold in the *pscr*-treated mice (24 wks Western diet versus normal diet, *n* = 3). Knockdown of the nAChR α 1 gene was achieved as early as 7 days (76% \downarrow) following DNA injection (Supplementary Fig. 1-online), and aortic nAChR α 1 expression in *psir2*-treated mice remained lower (78% \downarrow) at 16 wks compared to the *pscr* (*n*=8, *P*<0.05) (Fig. 1a). By IHC, nAChR α 1 was non-detectable at the normal aorta wall. The nAChR α 1 was expressed by some medial smooth muscle cells in the aortic atherosclerotic lesions of the *pscr*-treated mice fed an atherogenic diet for 24 wks; additional nAChR α 1 expression was seen on the cells inside the atherosclerotic plaque (Fig. 1a). No immunodetectable nAChR α 1 was present in the aortic plaque in the *psir2*-treated mice. Inside the atherosclerotic plaque, approximately half of the nAChR α 1 expression was co-localized with α SMA+ myofibroblasts (Figure 1b). As identified by double IF staining, nAChR α 1-expressing cells included some F4/80+ macrophages, in addition to myofibroblasts.

3.2. The nAChR α 1-silencing reduces aortic plaque growth and neovascularization

Long-term nAChR α 1 gene knockdown after 16 wks dramatically reduced the severity of atherosclerosis in ApoE^{-/-} mouse aortas (Fig. 2a), despite similar (mean = 559 mg/dl) serum cholesterol levels in the *psir2*- and *pscr*-treated mice (*P*>0.05, *n*=6). The atherosclerotic

lesions of aorta trees stained red-yellow in Oil Red O, were 80% less in the nAChR α 1-silenced mice compared to the non-silenced mice ($P < 0.05$, *psir2* versus *pscr*, $n=4$). Plaques in aortic roots – where more advanced lesions are known to develop [16] – were examined morphometrically to determine the effect of nAChR α 1-silencing on plaque formation in the mice. In the *pscr*-treated mice, large plaques were visible when the aortic root cross-section was stained with Masson trichrome (Fig. 2b). The plaque size was 43% smaller in the *psir2*-treated mice (*psir2* versus *pscr*, $P < 0.05$, $n = 6$). The collagen matrix content of the plaques, seen in green/blue color on the Masson trichrome stained sections, was 47% less in the nAChR α 1-silenced group ($29 \pm 9\%$ versus $54 \pm 9\%$, *psir2* versus *pscr*, $P < 0.05$, $n = 6$). The neovascularization of aortic plaques, as indicated by vWF IF staining and Western blot analysis (Fig. 3a and b), was 80% less in the nAChR α 1-silenced group (*psir2* versus *pscr*, $P < 0.05$, $n = 6$). Calcification of aortic root lesions and valves, as measured by Von Kosa staining, was significantly lower in the nAChR α 1-silenced mice when compared to the *pscr*-treated mice ($70\% \downarrow$ in aortic wall and $40\% \downarrow$ in aortic valves, both $P < 0.05$, $n = 6$) (Supplementary Fig. 2). Our findings show that the nAChR α 1 knockdown greatly diminishes the severity of aortic atherosclerotic lesions.

3.3. Plaque macrophages and myofibroblasts are reduced in nAChR α 1-silenced mice

We next investigated whether cellular components of aortic plaques were affected by the nAChR α 1 gene knockdown. F4/80 IF staining revealed a 50% reduction in macrophage content in the aortic root lesions in the *psir2*-treated mice 16 wks post-nAChR α 1 gene silencing ($P < 0.05$, *psir2* versus *pscr*, $n = 6$) (Fig. 3a and c). The inhibition of aortic macrophage infiltration was further confirmed by the leukocyte/macrophage marker CD11 b in Western blot analyses, showing a 90% reduction in the aortas of the nAChR α 1-silenced mice (100 ± 73 versus 6.9 ± 7.2 units, *pscr* versus *psir2*, $P < 0.05$, $n = 4$). In addition, osteopontin (OPN), a chemokine that plays an important role in regulating vascular inflammation and calcification [17], was strongly expressed in the aortic lesions (Fig. 3a and c); with the OPN expression level being significantly lower in the nAChR α 1-silenced mice (50% reduction, *psir2* versus *pscr*, $n=6$). The reduced aortic macrophage inflammation in the nAChR α 1-silenced mice was associated with a significant decrease in the presence of plaque α SMA+ myofibroblasts (80% inhibition, *psir2* versus *pscr*, $n = 6$), as measured by IHC (Figure 3a and c). These data show that nAChR α 1 gene knockdown exerts its anti-atherosclerotic effect in the aortic wall by inhibiting OPN expression and macrophage infiltration, and reducing lesion myofibroblast accumulation. *In vitro* data using a gene silencing strategy to knockdown the nAChR α 1 gene in aorta smooth muscle cells (Supplementary Fig. 3) further suggests that the muscle-type nAChR plays a direct role in regulating vascular smooth muscle cell proliferation and migration, an important process thought to contribute to the recruitment of atherosclerotic plaque myofibroblasts.

3.4. TGF- β 1 and α SMA gene expression is down-regulated by nAChR α 1-silencing

TGF- β is a well-known transcriptional activator of the α SMA gene in myofibroblasts [18]. We sought to determine whether TGF- β is implicated in the nAChR α 1-regulated recruitment of α SMA+ myofibroblasts to aortic lesions. Northern blot analyses were performed, comparing aortic TGF- β 1 and α SMA mRNA levels of nAChR α 1-silenced mice to that of non-silenced mice, 16 wks after DNA delivery. Aortic α SMA mRNA levels were 70% lower in the *psir2*-treated mice ($P < 0.05$, *psir2* versus *pscr*, $n=4$) (Fig. 4). This was associated with an 85% reduction of TGF- β 1 mRNA in the *psir2*-treated mice ($P < 0.05$, *psir2* versus *pscr*, $n=4$). By Western blot analyses, using a pan-specific TGF- β antibody, aortic TGF- β protein level was 80% lower in the *psir2*-treated mice compared to the *pscr*-treated mice ($P < 0.05$, $n=4$). This data suggests that TGF- β participates in the anti-atherosclerotic actions of the aortic nAChR α 1 gene knockdown by regulating α SMA gene transcription.

3.5. IFN- γ and YB-1 levels are up-regulated by nAChR α 1-silencing

We previously reported that nAChR α 1 activation regulates fibroblastic YB-1 gene expression *in vitro* [8]. Given that YB-1 is involved as a critical mediator of the anti-fibrotic effects of IFN- γ [19], we further investigated whether aortic expression of IFN- γ and YB-1 was affected by nAChR α 1 gene knockdown. By Western blot analyses (Fig. 5a), aortic IFN- γ protein (19 kDa) was 6-fold higher in the *psir2*-treated mice compared to the *pscr*-treated mice 16 wks post DNA delivery ($P < 0.05$, $n = 4$). Real-time PCR studies confirmed 20-fold higher IFN- γ mRNA in the *psir2*-treated mice ($P < 0.05$, *psir2* versus *pscr*, $n = 5$) (Fig. 5a). YB-1 expression of the aortic lesions, as evaluated by IHC, was more than 2-fold higher in the *psir2*-treated mice ($P < 0.05$, *psir2* versus *pscr*, $n = 6$) (Fig. 5b). In addition, a vast majority of YB-1 protein in the atherosclerotic lesions was nuclear-located, implying YB-1 activation and nuclear translocation. As illustrated by double IF in Fig. 5c, YB-1 was strongly co-expressed with nAChR α 1 in an aortic atherosclerotic lesion, suggesting a functional relationship between nAChR α 1 and YB-1.

4. Discussion

Hyperlipidemia and vascular lipoprotein deposition are thought to instigate the expression of chemokines and inflammatory cytokines on various cell types that co-stimulate chronic macrophage inflammation. This eventually results in the atherogenic effects observed in the *ApoE*^{-/-} mouse model of atherosclerosis [20]. In the present study, for the first time, we report that nAChR α 1 expression is increased in the macrophages and myofibroblasts of the atherosclerotic lesions. The *de novo* nAChR α 1 expression promotes macrophage inflammation, neovascularization, and atherosclerotic lesion formation. The anti-inflammatory action of the nAChR α 1 gene knockdown is likely, in part, due to the suppression of OPN expression. The silencing of the nAChR α 1 gene was associated with a considerable reduction in the OPN gene and protein expression (seen as early as day 7 and remaining low at 16 wks post-gene silencing). This is in agreement with previous reports that vascular expression and deposition of OPN is an important force that drives atherosclerotic lesion formation, neovascularization, and calcification [17,21]. In addition, nAChR α 1 may promote plaque angiogenesis and lesion formation via regulating the activities of a variety of other cytokines/growth factors: IFN- γ , TGF- β , basic fibroblast growth factor (FGF-2) [8], and vascular endothelial growth factor (VEGF) [7].

Most cells present in the arterial wall, as a result of vascular damage and subsequent repair, are capable of producing TGF- β and expressing the corresponding TGF- β ligands and receptors [22]. TGF- β is bi-functional, in that it is capable of inducing actions that can be considered both pro- and anti-atherogenic. The effect TGF- β exerts is largely dependent upon whether TGF- β is acting locally at the artery wall (as a pro-fibrotic growth factor) or systemically (as an immunosuppressant) [23]. Systemic inhibition of TGF- β using neutralizing antibodies or gene-modified mice was found to increase atherosclerotic lesion development. In addition, the resulting lesion composition favored inflammatory components rather than collagen content [24]. Conversely, TGF- β has also been shown to contribute to atherosclerosis by acting locally on the artery wall and inducing plaque growth. It is thought that TGF- β contributes to plaque growth by up-regulating the expression of α SMA and collagen genes (directly or indirectly), via plasminogen activator inhibitor-1 and other growth factors [25]. In the present study, nAChR α 1 gene silencing significantly down-regulated aorta wall TGF- β and α SMA gene and protein expression, resulting in a net protective effect. This suggests that the nAChR α 1 gene knockdown approach offsets TGF- β atherogenic action locally at the artery wall.

The inflammatory cytokine IFN- γ is able to elicit both pro-and anti-atherogenic effects [26]. The atherogenic action of IFN- γ is not yet clearly understood; however, it is thought to

potentiate macrophage inflammation in atherosclerotic lesions. Despite this, *LDLR*^{-/-} mice transplanted with bone marrow from IFN- γ -deficient mice exhibited larger atherosclerotic lesions than mice that received bone marrow from IFN- γ -sufficient mice, thereby suggesting a protective role for IFN- γ [27]. IFN- γ can exert its anti-atherogenic effects by inhibiting collagen synthesis in smooth muscle cells/myofibroblasts [19], blocking their proliferation [28], and reducing plaque angiogenesis [29]. The transcription factor YB-1 protein has been shown to be a critical mediator of the anti-fibrotic effects of IFN- γ . YB-1 suppresses α SMA and collagen gene transcription in fibroblasts/vascular smooth muscle cells by occupying the promoters and blocking TGF- β SMAD 2,3 and 4 binding [19]. The knockdown of nAChR α 1 resulted in an increased expression of both IFN- γ and YB-1, and was associated with smaller atherosclerotic plaques containing less collagen content. This suggests that up-regulation of YB-1, as a result of nAChR α 1-silencing, may have led to mediation of strictly the anti-atherogenic properties of IFN- γ . On the other hand, IFN- γ may exert its anti-angiogenic effect by inducing splice variants of human tyrosyl-tRNA synthetase (TrpRS) via an IFN- γ -inducible promoter [29]. Mini TrpRS is known for its potent anti-angiogenic activity, which is accomplished by blocking VEGF-induced endothelial cell proliferation and migration [30].

This study specifically addresses the role of the muscle-type nicotinic acetylcholine receptor, nAChR α 1, on the progression of atherosclerotic plaque growth. The silencing of the nAChR α 1 gene hindered the development of aortic atherosclerotic lesions, and was associated with reductions in the density of macrophages, myofibroblasts and plaque vascularity. The present study suggests that the nAChR α 1 gene plays a significant role at the artery wall and that reducing its expression offers a potential therapeutic strategy for atherosclerosis, valve calcification, restenosis and vascular remodeling.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

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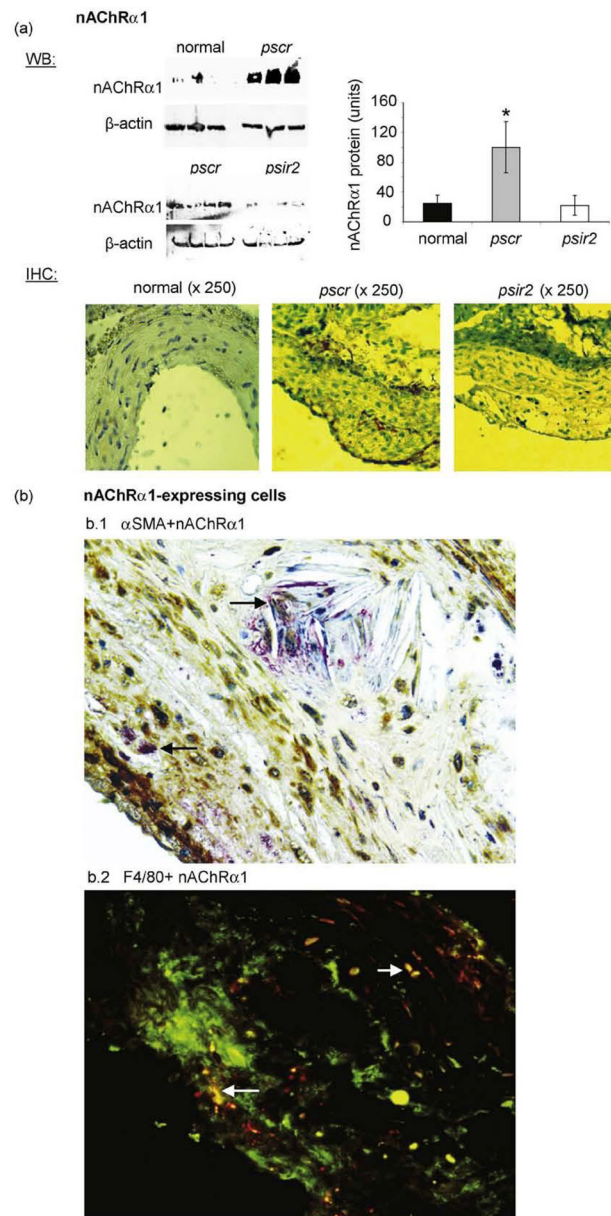
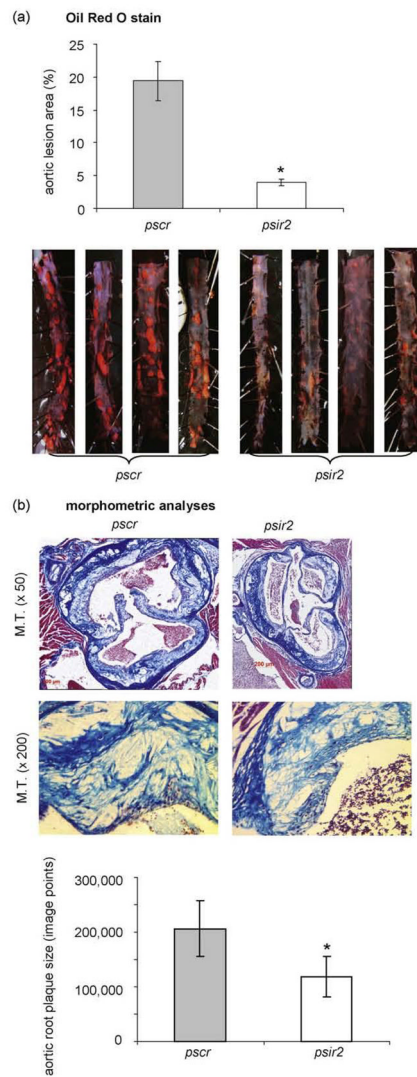


Fig. 1. Aortic nAChR α 1 expression and silencing in the *ApoE*^{-/-} mouse model of atherosclerosis. (a) Western blot (WB) analysis for nAChR α 1 shows a significant up-regulation after six months on an atherogenic diet and an 80% gene knockdown by the nAChR α 1-siRNA expressing vector *psir2*. The β -actin bands were used to correct for protein loading. The histogram represents the relative band densities analyzed with the NIH image program. * $P < 0.05$, *pscr* versus normal ($n=3$) or *psir2* ($n=8$). No nAChR α 1 expression was detected by immunohistochemical (IHC) staining on a normal aorta wall section. The atherosclerotic aortic lesions (*pscr*) have *de novo* nAChR α 1 expression. The IHC staining confirms the nAChR α 1 silencing effect on the intimal and medial layers of the aortic lesions (*psir2*). Slides were counter-stained with hematoxylin. Double IHC (b1) on an aortic root section illustrates co-localized expression of nAChR α 1 (red) and α SMA (brown) in an *ApoE*^{-/-} mouse 6 months post-Western diet. Black arrows point to a couple of the nAChR α 1 +

myofibroblasts. Double immunofluorescent (IF) staining (b2) illustrates cells that co-express (yellow) nAChR α 1 (red) and F4/80 (green) in the aortic root lesions of the *pscr*-treated mouse. White arrows point to a few nAChR α 1+ macrophages. Original magnification: \times 400.

**Fig. 2.**

The nAChR α 1 silencing inhibits aortic plaque growth, (a) Oil Red O staining in aorta trees of *ApoE*^{-/-} mice 16 wks after the vector DNA injection. The nAChR α 1 silencing (*psir2*) resulted in a 4-fold reduction in plaque-occupied (yellow-red) percent area of the aorta trees ($n = 4$). (b) Representative Masson trichrome (M.T.) stained sections of aortic roots 16 wks after the *pscr* or *psir2* DNA injection. In M.T. stain, the green/blue represents collagen matrix, and the red is cytoplasm. Aortic root plaque size was assessed by measuring the plaque areas in 10 sections of each aortic root. * $P < 0.05$, *psir2* versus *pscr*, $n = 6$. Mean \pm 1 S.D. Note: the cellular-fibrotic cap of the plaque appears similarly intact in both groups on the M.T.-stained sections. The micro-ruler shows a 200 μ m bar.

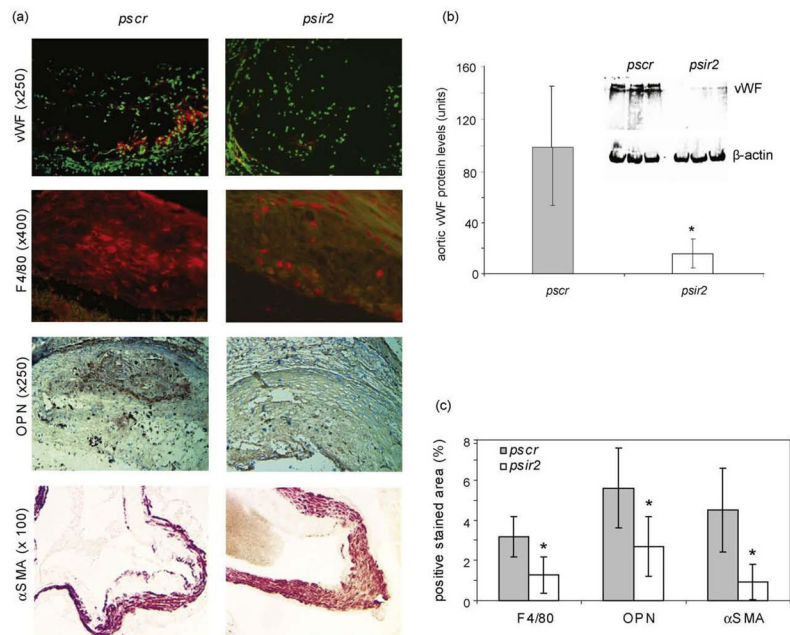


Fig. 3. Neovascularization and recruitments of macrophages and myfibroblasts are suppressed by nAChR α 1 silencing. (a) IF and IHC photomicrographs illustrate plaque vascularity (red fluorescence with nuclear counter-stain in green) and the intimal recruitment of F4/80+ macrophages (red fluorescence) and α SMA+ myfibroblasts (red) 16 wks post-*pscr* or -*psir2* DNA injection. OPN IHC shows a strong expression (red) in both the medial and intimal layers of the diseased aortic wall in the *pscr*-treated mice. (b) Western blot analysis for vascular endothelial vWF shows an 80% reduction in aorta plaque vascularity 16 wks post-*psir2* DNA injection. The vWF Western blot shows two specific bands (lower band = 260 kDa monomer; upper band = vWF polymers). (c) The histogram represents the quantitative data for F4/80, OPN and α SMA staining shown in (a). nAChR α 1 silencing (*psir2*) resulted in a significant reduction in F4/80- (50% \downarrow), α SMA- (80% \downarrow), and OPN-occupied (50% \downarrow) percent area of the aorta root sections. * $P < 0.05$, *psir2* versus *pscr*, $n=6$.

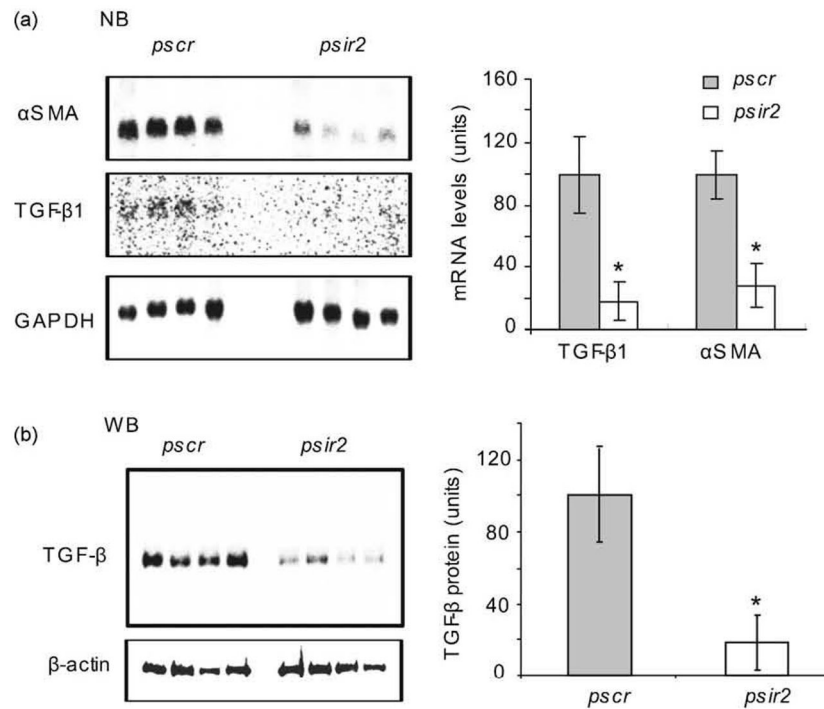


Fig. 4. Aortic TGF- β 1 and α SMA gene expressions are down-regulated by nAChR α 1 silencing. (a) Aorta Northern blot analysis illustrates a significant 3- and 5-fold reduction in α SMA and TGF- β 1 mRNA, respectively; this is due to the nAChR α 1 silencing seen in the *psir2*-treated atherosclerotic mice compared to the *pscr*-treated mice. The histogram represents semi-quantitative results (mean \pm SD) of Northern blot analysis. The GAPDH mRNA bands were used to correct for RNA loading. * P < 0.05, *psir2* versus *pscr*, n = 4. (b) Aortic pan-TGF- β Western blot analysis illustrates a significant (80%) reduction in total TGF- β protein in the *psir2*-treated mice compared to the *pscr*-treated mice. The β -actin bands were used to correct for protein loading. The histogram represents mean band densities.

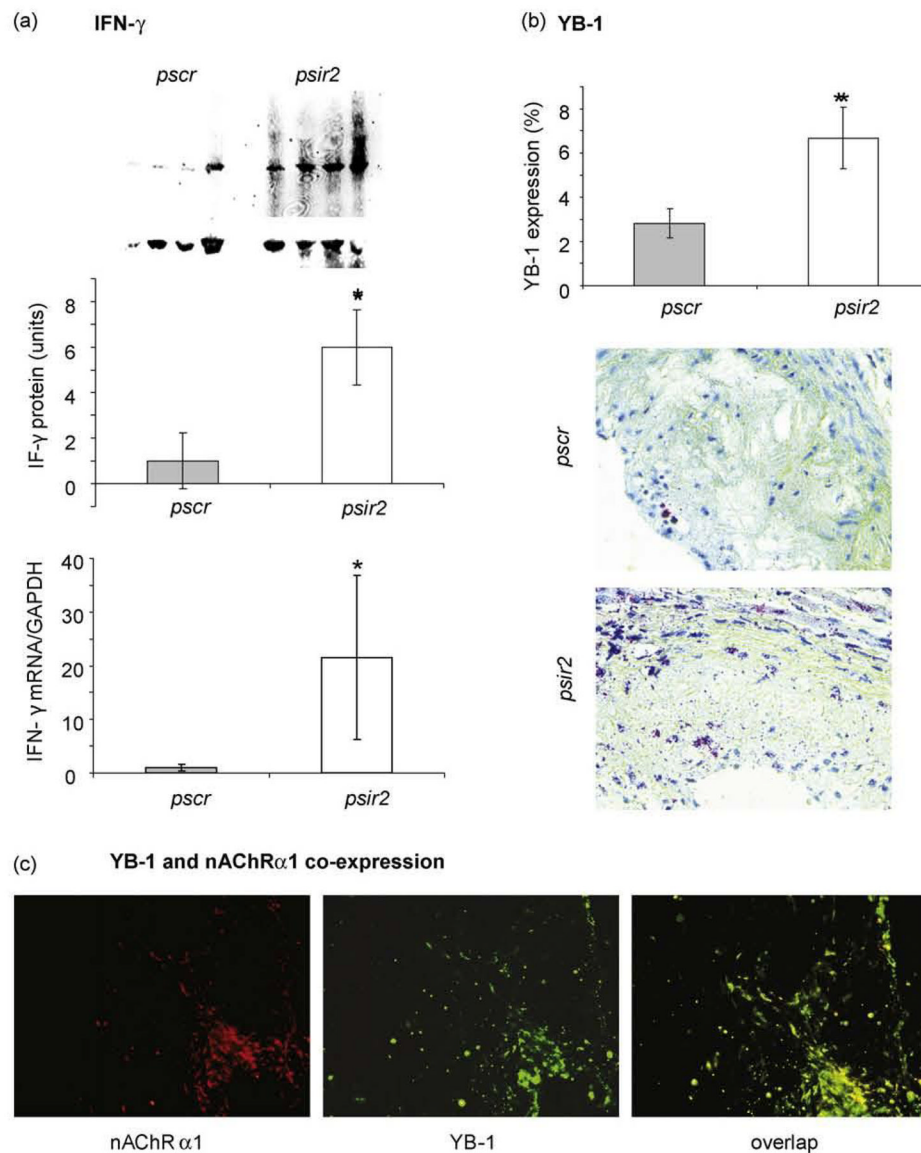


Fig. 5. Aortic IFN- γ and YB-1 are up-regulated by nAChR α 1 silencing. (a) Western blot analysis shows significantly higher levels of IFN- γ in the *psir2*-treated mice compared to the *pscr*-treated mice 16 wks post-vector DNA injection. The β -actin bands were used to correct for protein loading. The histogram represents the relative band densities (mean \pm SD, $n = 4$). * $P < 0.05$, *psir2* versus *pscr*. Real-time PCR results confirm significantly higher IFN- γ mRNA in the aortas of the nAChR α 1-silenced mice compared to the *pscr* group ($n = 5$). (b) By IHC stain, aorta lesion YB-1 expression (red) was significantly elevated by nAChR α 1 silencing ($n = 6$). Using the Image-Pro Plus program, YB-1 protein was quantified and results expressed as a positive percent area of interest. Original magnification: $\times 400$. Counter-stain with hematoxyline. (c) Double IF staining illustrates nAChR α 1-bearing cells that co-express (yellow overlap image) nAChR α 1 (red) and YB-1 (green) in an atherosclerotic aortic lesion of the *pscr*-treated *ApoE*^{-/-} mouse fed with a high-fat diet for 6 months. Original magnification: $\times 250$.