

## Original Research

# Transient Lipopolysaccharide-Induced Resistance to Aerosolized *Bacillus anthracis* in New Zealand White Rabbits

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Previous studies have demonstrated that prior infection by various bacterial pathogens induces nonspecific resistance to subsequent infection by other gram-negative and gram-positive bacterial pathogens. In the present study, we evaluated whether underlying inflammation enhanced host resistance to inhalational *Bacillus anthracis* infection in New Zealand White rabbits (SPF; *Bordetella*- and *Pasteurella*-free). Accordingly, rabbits were pretreated with either the inflammagen bacterial LPS (60,000 EU/kg), a component of the outer membrane of gram-negative bacteria, or saline (vehicle). Administration of LPS resulted in brief pyrexia and a significant increase in the proinflammatory cytokine TNF $\alpha$ , thus confirming LPS-induced inflammation. At 24 h after LPS treatment, rabbits were exposed to aerosolized *B. anthracis* spores (Ames strain; approximately 300 LD<sub>50</sub>). Blood samples collected at various times after challenge were cultured. Compared with their saline-pretreated counterparts, LPS-pretreated, *B. anthracis*-challenged rabbits exhibited delays in 2 biomarkers of *B. anthracis* infection—anthrax-induced pyrexia (25 h versus 66 h after challenge, respectively) and bacteremia (26 h versus 63 h, respectively)—and survived longer (41 h versus 90 h, respectively). Similar to control animals, all LPS-pretreated, *B. anthracis*-challenged rabbits exhibited pathology consistent with inhalational anthrax. Taken together, these results suggest that prior or underlying stimulation of the innate immune system induces transient host resistance to subsequent *B. anthracis* infection in SPF New Zealand white rabbits. In particular, our results emphasize the importance of using animals that are free of underlying infections to prevent confounding data in studies for inhalational anthrax characterization and medical countermeasure evaluation.

**Abbreviation:** EU, endotoxin units.

Aerosolized spores of the gram-positive bacterium *B. anthracis* are an important bioterror agent.<sup>40,47</sup> Without aggressive prophylaxis or intervention, inhalational anthrax results in high mortality rates.<sup>4,5</sup> The 1979 anthrax outbreak in Sverdlovsk, Russia, and the 2001 anthrax attacks in the United States illustrated that inhalational anthrax can be rapidly fatal.<sup>24,40,47</sup>

Gaps in our healthcare system were revealed as a direct consequence of the 2001 anthrax attacks in the United States, precipitating renewed interest in identifying effective therapeutic strategies against symptomatic anthrax in nonvaccinated persons.<sup>4,5,40,48</sup> Well-characterized animal models are essential for the development of therapeutic strategies directed against inhalational anthrax. In particular, rabbits are sensitive to *B. anthracis* challenge and, although the disease progresses more rapidly in rabbits, anthrax-induced pathologic changes are similar to those in humans.<sup>16,27,29,62</sup> Moreover, rabbits are predictive of the outcome of inhalational anthrax in nonhuman primates.<sup>26,61</sup> The sensitivity of rabbits to this highly pathogenic disease makes them a valuable animal model to evaluate product effectiveness in

preliminary vaccine and drug trials.<sup>62</sup> Recently, we developed a comprehensive natural history study for New Zealand white rabbits exposed to aerosolized Ames strain *B. anthracis* and demonstrated the potential of these rabbits as a therapeutic model for the testing of pharmaceuticals against inhalational anthrax.<sup>68</sup>

However, differences in the length of survival of New Zealand white rabbits after lethal challenge with aerosolized *B. anthracis* spores have been observed.<sup>9,28,42,68</sup> This disparity in survival time may be the result, in part, of differences in sources, namely the use of conventionally sourced rabbits or rabbits that have not been certified to be free of *Bordetella* and *Pasteurella* spp. as compared with *Bordetella*-free, *Pasteurella*-free SPF rabbits. Unlike SPF rabbits, conventional rabbits may be colonized with many common pathogens, including gram-negative bacteria such as *Pasteurella* and *Bordetella*.<sup>39</sup> Differences in anthrax survival according to animal source (conventional compared with germ-free) has previously been reported in a rat model.<sup>59</sup> A recent study<sup>13</sup> found that stimulation of the innate immune system with aerosolized bacterial lysate in mice protected against subsequent exposure from a broad range of pathogens, including *B. anthracis*, *Yersinia pestis*, and *Francisella tularensis*, possibly due to the activation of protective pathways. Moreover, other investigators<sup>30</sup> reported an innate immune response due to nosocomial infection from gram-

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negative *Serratia marcescens* that induced a protective effect in African green monkeys challenged with aerosolized *B. anthracis* spores. Similar host resistance has been observed in other animal models, wherein prior bacterial infection or pretreatment with the inflammagen bacterial LPS induced nonspecific (innate) resistance to subsequent infections by gram-negative and gram-positive pathogens.<sup>13,15,37,44,65</sup> LPS is an integral constituent of the outer cell wall of gram-negative bacteria and a potent inflammagen in humans and mammals.<sup>22,52</sup> Taken together, these findings support the premise that prior or underlying activation of the innate immune system in rabbits may be responsible for transient host resistance to *B. anthracis* infection and thereby prolong their survival.

In the present investigation, we evaluated whether underlying inflammation enhanced host resistance to inhalational *B. anthracis* infection in *Bordetella*-free, *Pasteurella*-free SPF New Zealand white rabbits. At 24 h after pretreatment with a noninjurious dose of the inflammagen LPS, rabbits were exposed to aerosolized *B. anthracis* spores, and clinical signs, onset of bacteremia, and survival were assessed. Overall, our results demonstrated that prior or underlying stimulation of the innate immune system induced transient resistance to subsequent *B. anthracis* infection in NZW rabbits, significantly delaying the onset of inhalational anthrax and prolonging survival.

## Materials and Methods

**Animals.** Certified *Bordetella*-free, *Pasteurella*-free SPF male and female New Zealand white rabbits (*Oryctolagus cuniculus*; weight, 3.0 to 3.6 kg) were acquired from Charles River Laboratories (Pointe-Claire, Quebec, Canada). These rabbits were also free of *Pseudomonas aeruginosa*. Rabbits were housed in individual cages and acclimated to a 12:12-h light:dark cycle in a temperature- and humidity-controlled, SPF environment. Rabbits were maintained according to facility standard operating procedures, with food and water provided ad libitum.

In the LPS dose-determination study, all rabbits were acclimated to the facility for at least 7 d before subcutaneous injection of a microchip transponder (model IPTT300, BioMedic Data Systems, Seaford, DE) into the animal's flank to monitor body temperature. Similarly, in the *B. anthracis* infection study, all rabbits were acclimated to the facility for at least 7 d before surgical implantation of a venous access port (Solomon Scientific, San Antonio, TX) to facilitate frequent phlebotomy sampling and a radiotelemetry device (model TA10TA-D70; Data Sciences International, St Paul, MN) to measure body temperature continuously. For surgery, anesthesia was induced with ketamine–xylazine solution (ketamine HCl, 23.5 mg/kg; xylazine HCl, 4.7 mg/kg; Vedco, St Joseph, MO), and general anesthesia was maintained with isoflurane by using a laryngeal mask airway. Use of the laryngeal mask airway did not result in aspiration pneumonia (as later determined through histopathology). Venous access port was a femoral catheter with an exit line tunneled subcutaneously to a dorsal location between the right scapulae and the spine. The radiotelemetry device was implanted in the subcutaneous tissue of the left side of the abdomen. Rabbits were allowed to recover for at least 10 d from either microchip transponder implantation or surgery and were deemed to be clinically healthy (per physical exam and blood culture) before use.

Research was conducted under an IACUC-approved protocol in compliance with the Animal Welfare Act, PHS Policy, and other

federal statutes and regulations relating to animals and experiments involving animals.<sup>2,3,46</sup> The facility where this research was conducted is accredited by AAALAC and adheres to principles stated in the *Guide for the Care and Use of Laboratory Animals*.<sup>45</sup>

**LPS.** LPS (*Escherichia coli* 055:B5;  $3 \times 10^6$  endotoxin units [EU]/mg; Sigma Chemical Company, St Louis, MO) diluted in sterile, non-pyrogenic saline (0.9% sodium chloride; Baxter, Deerfield, IL) or equivalent volume sterile, nonpyrogenic saline (vehicle) was administered intravenously to rabbits. LPS activity was determined by using a chromogenic, endpoint Limulus Amebocyte Lysate assay (Lonza, Walkersville, MD). Because activity varies between LPS lots, the same LPS lot was used throughout. LPS is expressed in EU, whereby 1 EU is equivalent to 100 pg of United States standard endotoxin.<sup>41</sup> Therefore, an LPS dose of 60,000 EU/kg is equivalent to 6  $\mu$ g/kg of the United States standard endotoxin. Although LPS and endotoxin are used interchangeably, LPS is actually the principal biologically active component of endotoxin.<sup>22,63</sup>

**LPS dose-determination study.** Sixteen rabbits were injected intravenously with saline or various doses of LPS once daily for 1 or 2 d. At 90 min after LPS or saline administration, blood samples were collected from each rabbit, allowed to clot in tubes (Rapid Serum tubes, BD Bioscience, San Jose, CA) for approximately 1 h at room temperature, and then centrifuged. Serum was separated for analysis of LDH activity and increased levels of the proinflammatory cytokine TNF $\alpha$ . Within an hour after LPS exposure, circulating TNF $\alpha$  levels increase transiently.<sup>21</sup> Serum samples also were used for additional blood chemistry tests. Body temperature was recorded manually (model DAS7007s Handheld Reader System, BioMedic Data Systems) every 10 min from 1 h before LPS or saline administration (to establish baseline temperature) until 2 h after LPS or saline administration. Pyrexia was defined as a body temperature that exceeded 40 °C for at least 3 sequential time points.<sup>1,54,58</sup> All rabbits were euthanized at the study endpoint of 7 d after LPS or saline administration.

**LDH assay.** LDH activity, a general biomarker for tissue injury,<sup>57</sup> was measured by the colorimetric assay (Bioassay Systems, Hayward, CA) on a microplate reader (SpectraMax 190 Absorbance Microplate Reader, Molecular Devices, Sunnyvale, CA).

**TNF $\alpha$  assay.** TNF $\alpha$  levels, a biomarker for inflammatory response, were determined through ELISA. Briefly, polyclonal goat antirabbit TNF $\alpha$  capture antibody (1  $\mu$ g/mL, BD Biosciences) was incubated overnight in wells of an enhanced protein-binding plate (BD Biosciences). Wells were washed with wash buffer (BD OptEIA Reagent Set B; BD Biosciences); blocking buffer (assay diluent; BD OptEIA Reagent Set B; BD Biosciences) then was incubated in wells at room temperature for 2 h. After washing, standards (various concentrations of recombinant rabbit TNF $\alpha$ ; BD Biosciences) and serum samples were incubated in plate wells at room temperature for 4 h. Plates then were washed, biotinylated mouse antirabbit TNF $\alpha$  secondary antibody (0.5  $\mu$ g/mL; BD Biosciences) was added to each well and incubated at room temperature for 1 h. After washing, streptavidin-labeled horseradish peroxidase (dilution, 1:1000; BD Biosciences) was added to each well and incubated at room temperature for 30 min. Plates were washed and then substrate (substrate reagents A and B; BD OptEIA Reagent Set B, BD Biosciences) was added to wells and allowed to incubate at room temperature for 20 min before reaction was halted by using stop solution (BD OptEIA Re-

agent Set B; BD Biosciences). Plates were then read at 450 nm (subtracting 570 nm) on a microplate reader (Molecular Devices).

**Blood chemistry.** Serum samples were analyzed for changes in aspartate aminotransferase (AST) and alanine aminotransferase (ALT) levels, 2 biomarkers for liver injury,<sup>57</sup> using a Vitros 5600 Clinical Laboratory System (Ortho Clinical Diagnostics, Rochester, NY).

**Infection studies.** LPS (60,000 EU/kg) or saline was administered intravenously to 18 rabbits 24 h before challenge with *B. anthracis* spores. At 90 min after LPS or saline administration, blood samples were collected from each rabbit, allowed to clot in tubes (BD Biosciences) for approximately 1 h at room temperature, and then centrifuged. Serum was separated for analysis for increased LDH activity and TNF $\alpha$  levels. Starting at 12 h after challenge and continuing at 12-h intervals thereafter, blood samples were collected for culture (that is, bacteremia analysis) until rabbits succumbed or were euthanized.

**Telemetry data analysis.** Body temperature was recorded every 15 min by using radiotelemetry (DataQuest ART3.1 system, Data System International, Overland Park, KS) for the *B. anthracis* infection studies. To establish the temperature baseline, data were collected at least 72 h before LPS or saline administration. Data collection continued until the rabbits succumbed or were euthanized. Pyrexia was defined as a body temperature exceeding 40 °C for at least 3 sequential time points.<sup>1,54,58</sup> During aerosol challenge with *B. anthracis* spores, no temperature data were recorded.

**Spore preparation.** *B. anthracis* (Ames strain) spores were produced in flask cultures containing Leighton and Doi medium<sup>31</sup> in a Biologic Safety level 3 laboratory.<sup>51</sup> After centrifugation, the spore pellet was washed in sterile water and purified on gradients of 60% Hypaque 76 (GE Healthcare, Piscataway, NJ). Spores were stored in 1% phenol at 4 °C until use. Phenol was removed before aerosolization, and spores were resuspended in sterile water and heat-shocked at 60 °C for 45 min.

**Aerosol exposure.** Immediately before challenge, whole-body plethysmography (head out; Buxco Research Systems, Wilmington, NC) was performed on each rabbit to determine respiratory capacity.<sup>68</sup> Unanesthetized rabbits subsequently were challenged in a head-only chamber for approximately 10 min by using an aerosol of *B. anthracis* spores created by a 3-jet nebulizer (Collison model, BGI, Waltham, MA) and controlled by an automated bioaerosol exposure system.<sup>20,68</sup> The concentration of aerosolized *B. anthracis* in the chamber was determined by constant sampling with an all-glass impinger (Ace Glass, Vineland, NJ) containing sterile water. Spore concentration was determined by plating on tryptic soy agar (Remel, Lenexa, KS). Rabbits were exposed to 300 times the median lethal dose (1 LD<sub>50</sub> = 105,000 cfu) of aerosolized *B. anthracis* spores; this dose greatly exceeds the aerosol LD<sub>99</sub> for *B. anthracis* in rabbits.<sup>69</sup> Aerosols mimic the route of infection expected for future bioterrorism attacks<sup>5,36,55</sup>, and result in diffuse bronchopneumonia.<sup>4,18</sup> Aerosolized *B. anthracis* challenges occurred in a class III biologic safety cabinet situated within an approved, restricted-access Biologic Safety level 3 laboratory suite at the United States Army Medical Research Institute of Infectious Diseases (Fort Detrick, MD).

**Bacteremia.** Whole-blood samples were collected in Wampole isolator microbial tubes (Inverness Medical, Princeton, NJ) and immediately cultured on tryptic soy agar. Plates (in duplicate) were incubated for 18 to 24 h at 37 °C and then evaluated for colonies.

**Clinical observations.** After saline or LPS administration, rabbits were observed and scored at least twice daily for changes in appearance (for example, coat condition, respiration, and body posture), natural behavior (for example, mobility, alertness, food intake, and vocalization), and provoked behavior (for example, response to handling). Each category was ranked on an ascending numerical order from 0 (normal) to 2 (listless, abdominal or open mouth breathing) for the appearance category; 0 (normal) to 3 (vocalization, decreased mobility and alertness) for the natural behavior category; and 0 (normal) to 3 (unresponsive when stimulated, weak, precomatose) for the provoked behavior category. These categorical scores were summed to obtain the total clinical score. When a clinical score was 4 to 6, the frequency of observations was increased to at least 3 times daily, to ensure careful monitoring of the disease progression and animal welfare. Rabbits meeting the predetermined clinical score of 7 to 8 were deemed moribund and euthanized.

**Histopathologic evaluation.** Similar to a previous study,<sup>61</sup> all *B. anthracis*-exposed rabbits underwent complete necropsy in a designated Biologic Safety level 3 necropsy suite, and gross findings were recorded. Representative tissue sections were immersion-fixed in 10% neutral buffered formalin (LabChem, Pittsburgh, PA) for 21 d and processed for histologic analysis.<sup>50,61</sup> Lungs were inflated with 10% neutral buffered formalin before fixation. Paraffin-embedded tissue sections were cut at 5 to 6  $\mu$ m and stained with hematoxylin and eosin (Poly Scientific R and D, Bay Shore, NY).<sup>69</sup> Anthrax bacilli were stained in selected tissue by using the Gram-Twort staining method.<sup>61</sup> A board-certified veterinary pathologist (NAT) reviewed all slides and was blinded to the treatment groups. Each histopathologic finding was scored individually (0, no change; 1, minimal; 2, moderate; and 3, severe) according to the distribution and extent of tissue injury.

**Statistical analysis.** SigmaPlot (version 11.0, Systat Software, Chicago, IL) was used for all analyses; results are expressed as mean  $\pm$  SEM. Data expressed as percentages underwent arcsine square root transformations before analysis. All correlations were analyzed by using Pearson product-moment correlations. Data for single comparisons were analyzed by using the Student *t* test with Bonferroni correction applied. Multiple comparisons of homogenous data were analyzed by one-way ANOVA, and group means were compared by using the Student Newman-Keuls post hoc test. Survival curves between *B. anthracis*-challenged rabbits pretreated with saline or LPS were analyzed by the log-rank test. The criterion for significance for Bonferroni-corrected *t* tests was a *P* value of 0.004 or less, whereas the criterion for significance for all other comparisons was a *P* value of 0.05 or less.

## Results

**LPS dose determination.** Sixteen *Bordetella*-free, *Pasteurella*-free SPF New Zealand white rabbits (male, 8; female, 8) were injected intravenously with either saline or LPS daily for 1 or 2 d. LPS doses evaluated were 6000, 12,000, and 60,000 EU/kg. Blood was collected at 90 min after saline or LPS administration to assess tissue injury and inflammatory response. No significant increase in ALT, AST, or LDH activity was observed between saline-treated and LPS-treated rabbits at any of the dosing regimens investigated (ALT: day 1, *P* = 0.357; day 2, *P* = 0.219; AST: day 1, *P* = 0.129; day 2, *P* = 0.215; LDH: day 1, *P* = 0.946; day 2, *P* = 0.982). Although a treatment-dependent increase in serum TNF $\alpha$  levels after the first daily LPS administration was observed for all

LPS-treated compared with saline-treated rabbits, only an LPS dose of 60,000 EU/kg significantly ( $P = 0.004$ ) increased serum TNF $\alpha$  levels (after saline,  $0.057 \pm 0.0043$  ng/mL TNF $\alpha$ ; 6000 EU/kg LPS,  $6.65 \pm 0.34$  ng/mL TNF $\alpha$ ; 12,000 EU/kg LPS,  $10.66 \pm 1.80$  ng/mL TNF $\alpha$ ; 60,000 EU/kg LPS,  $25.87 \pm 2.96$  ng/mL TNF $\alpha$ ). Serum TNF $\alpha$  levels were not elevated in any of the LPS-treated compared with saline-treated rabbits after the second LPS administration (data not shown).

Pyrexia, a pathophysiologic marker of systemic inflammation or infection, occurred approximately 1 h after LPS administration and continued for several hours before resolving. Whereas all rabbits that received LPS at 60,000 EU/kg developed transient pyrexia, the occurrence of pyrexia was sporadic in rabbits administered lower LPS doses. Regardless, all LPS-treated rabbits exhibited short-term, mild clinical responses after LPS administration. These clinical signs included lethargy, rough coats, and other minor changes, such as diarrhea. Within a day of the last LPS administration, rabbits were clinically normal and remained so until euthanasia at 7 d after LPS exposure.

**Effect of LPS-induced inflammation on *B. anthracis* infection.** Saline or LPS (60,000 EU/kg) was administered intravenously to 18 *Bordetella*-free, *Pasteurella*-free SPF rabbits (male, 9; female, 9) 24 h before challenge with aerosolized *B. anthracis* spores. Similar to the procedure in the LPS dose-determination study, blood was collected 90 min after saline or LPS administration to assess tissue injury and inflammatory response. Although serum TNF $\alpha$  levels increased significantly ( $P \leq 0.001$ ) in LPS-pretreated compared with saline-pretreated rabbits (that is,  $34.52 \pm 4.67$  compared with  $0.054 \pm 0.0018$  ng/mL, respectively) and thus confirmed an LPS-induced inflammatory response, LDH levels did not differ between LPS- and saline-pretreated rabbits (that is,  $69.4 \pm 7.7$  compared with  $62.3 \pm 2.1$  IU/L, respectively). Transient pyrexia was observed approximately 1 h after LPS administration and continued for several hours before resolving. Rabbits were not pyrexemic immediately before exposure to *B. anthracis* spores.

At 24 h after intravenous administration of saline or LPS, rabbits were challenged with approximately 300 LD<sub>50</sub> aerosolized *B. anthracis* (Ames strain) spores. Specifically, saline-pretreated rabbits were exposed to a presented inhaled dose of  $246.5 \pm 33.4$  LD<sub>50</sub> (range, 127.7 to 445.5 LD<sub>50</sub>), whereas LPS-pretreated rabbits were exposed to a presented inhaled dose of  $293.7 \pm 19.7$  LD<sub>50</sub> (range, 207.8 to 380.0 LD<sub>50</sub>). The presented doses did not differ significantly between the 2 groups (Table 1).

After aerosolized *B. anthracis* spore exposure, bacteremia—the ‘gold standard’ for systemic infection—either preceded or occurred at relatively the same time as did anthrax-induced pyrexia in both saline- and LPS-pretreated rabbits. However, development of both bacteremia and anthrax-induced pyrexia was significantly ( $P = 0.001$  and  $P \leq 0.001$ , respectively) delayed in LPS-pretreated compared with saline-pretreated rabbits after exposure to *B. anthracis*. Bacteremia and pyrexia occurred at  $25.9 \pm 2.0$  h (range, 15.0 to 39.0 h) and  $24.8 \pm 1.5$  h (range, 15.8 to 29.8 h) after *B. anthracis* challenge, respectively, in saline-pretreated rabbits but at  $62.5 \pm 11.8$  h (range, 37.5 to 123.0 h) and  $66.3 \pm 12.1$  h (range, 34.8 to 130.5 h), respectively, in LPS-pretreated rabbits. Survival time after *B. anthracis* exposure was significantly ( $P = 0.001$ ) prolonged for LPS-pretreated rabbits (mean,  $89.6 \pm 13.6$  h; range, 43.8 to 162.5 h) compared with saline-pretreated rabbits (mean,  $40.5 \pm 2.6$  h; range, 31.3 to 56.3 h). A slight, but nonsignificant increase (per Bonferroni-corrected

*t* test;  $P = 0.01$ ) in survival time after bacteremia was observed for LPS-pretreated rabbits ( $27.1 \pm 3.8$  h; range, 6.3 to 39.5 h) in comparison with saline-pretreated rabbits ( $14.6 \pm 1.8$  h; range, 3.3 to 20.3 h). Therefore, the onset of anthrax and the duration of survival after *B. anthracis* challenge were significantly increased in LPS-treated compared with saline-pretreated rabbits (Table 1, Figure 1). Consistent with previous findings,<sup>68</sup> we noted no correlation between the presented inhaled dose of *B. anthracis* spores and postchallenge survival time for either saline-pretreated or the LPS-pretreated rabbits. Moreover, there was no significant difference in the survival time after *B. anthracis* challenge between saline-pretreated and naïve New Zealand white rabbits.<sup>68</sup> Regardless of the pretreatment, all *B. anthracis*-exposed rabbits eventually succumbed to inhalational anthrax (Table 2).

**Clinical observations and pathology in *B. anthracis*-challenged New Zealand white rabbits.** Similar to previous reports,<sup>68,69</sup> *B. anthracis*-challenged rabbits appeared clinically normal until shortly before succumbing to inhalational anthrax. Moribund rabbits were lethargic, weak, and subject to respiratory distress. All moribund rabbits were euthanized. No clear, consistent pattern in the overall clinical observations for *B. anthracis*-challenged rabbits could be elucidated as a predictor for infection or state of pathogenesis (data not shown).

The resultant pathology for both saline-pretreated and LPS-pretreated, *B. anthracis*-challenged rabbits was consistent with inhalational anthrax in rabbits as previously described.<sup>69</sup> Bacilli were identified histologically within blood vessels of multiple organs and tissues in all animals, indicating that severe bacteremia was present at the time of death. Histologic lesions in all *B. anthracis*-exposed rabbits were generally consistent and included acute necrotizing splenitis, necrotizing lymphadenitis of the mediastinal lymph node, mediastinitis, pneumonia, adenitis of the adrenal gland, renal tubular necrosis, and congestion and edema in multiple tissues. A semiquantitative comparison between saline-pretreated and LPS-pretreated *B. anthracis*-challenged rabbits revealed no differences between the severity of histologic lesions, based on distribution and extent of injury, for lungs, mediastinum (for example, mediastinitis), acute necrotizing splenitis, lymphadenitis of the mediastinal lymph node, adenitis of the adrenal gland, and renal tubular necrosis (Table 2, Figure 2). In particular, lungs from both saline-pretreated and LPS-pretreated *B. anthracis*-challenged rabbits exhibited acute interstitial pneumonia with abundant alveolar edema (Figure 2 A). Multifocal disruption of the alveolar interstitium was apparent throughout, diffusely expanded by myriad bacilli, heterophils, necrotic cellular debris, and fibrin. Acute mediastinitis was observed, with multifocal expansion of mediastinal tissues (Figure 2 B) through the presence of hemorrhage, edema, fibrin inflammatory cells (for example, heterophils), necrotic cellular debris, and bacilli. Severe destruction of the spleen (Figure 2 C) was present in both groups of rabbits. Diffuse loss of the white pulp in the spleen, characterized by an overall lack of basophilic lymphocytes, was observed. The spleen exhibited a pronounced presence of bacilli admixed with hemorrhage, fibrin, and necrotic cellular debris. Lastly, renal tubular necrosis (Figure 3 A, B) was evident in both saline-pretreated and LPS-pretreated *B. anthracis*-challenged rabbits. Necrotic tubules were identified by hypereosinophilia, lack of basophilic circular nuclei, and collapsed tubular lumen. Hemorrhage and *B. anthracis* bacilli were apparent among the necrotic

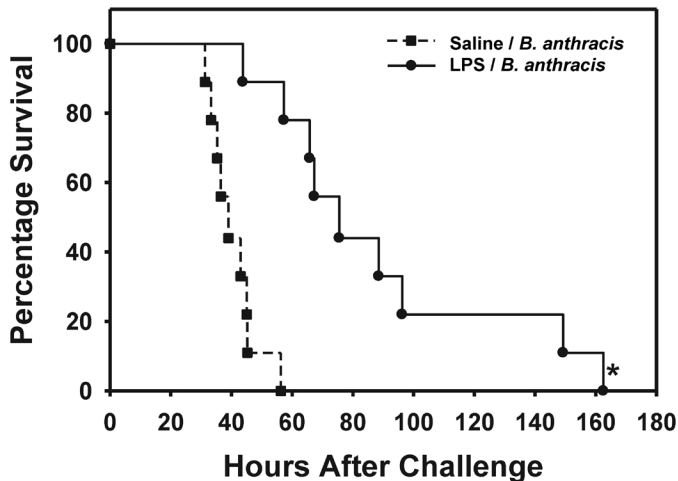
**Table 1.** Disease course for New Zealand white rabbits pretreated with saline or LPS and then challenged with aerosolized *B. anthracis* spores

		Saline	LPS
LD <sub>50</sub>	Mean	246.5 ± 33.4	293.7 ± 19.7
	Range	127.7–445.5	207.8–380
Occurrence of anthrax-induced pyrexia <sup>a</sup>	Mean	24.8 ± 1.5	66.3 ± 12.1 <sup>b</sup>
	Range	15.8–29.8	34.8–130.5
Occurrence of bacteremia <sup>a</sup>	Mean	25.9 ± 2.0	62.5 ± 11.8 <sup>b</sup>
	Range	15.0–39.0	37.5–123
Length of survival <sup>a</sup>	Mean	40.5 ± 2.6	89.6 ± 13.6 <sup>b</sup>
	Range	31.3–56.3	43.8–162.5

Rabbits were pretreated with saline or LPS (60,000 EU/kg) and then challenged 24 h later with approximately 300 LD<sub>50</sub> aerosolized *B. anthracis* spores.

<sup>a</sup>Time (h) after *B. anthracis* challenge.

<sup>b</sup>Value significantly ( $P < 0.004$ ) different from that of saline-pretreated, *B. anthracis*-challenged rabbits.



**Figure 1.** Percentage survival for New Zealand white rabbits ( $n = 9$  per group) pretreated with either saline (vehicle) or LPS (60,000 EU/kg) and then challenged 24 h later with approximately 300 LD<sub>50</sub> of aerosolized *B. anthracis* spores. \*, Value significantly ( $P \leq 0.001$ ) different from that in saline-treated, *B. anthracis*-challenged rabbits.

tubules. Photomicrographs of renal injury from aerosolized *B. anthracis*-exposed rabbits have not been published previously.<sup>69</sup>

## Discussion

The development of medical countermeasures to many biothreat agents, including aerosolized *B. anthracis* spores, relies heavily on well-characterized animal models to predict disease pathogenesis and treatment efficacy in humans (US Food and Drug Administration's Animal Efficacy Rule, 21 CFR 314.610 and 21 CFR 601.91).<sup>29,56</sup> Both an animal's initial state of health (that is, use of an unhealthy animal compared with a healthy one) and its source (for example, conventional compared with SPF) may affect the interpretation of results from characterization and medical countermeasure studies.<sup>19,23,53</sup> Similar to previous findings,<sup>13,30</sup> we demonstrate that LPS-induced activation of the innate immune system—such as would occur during infection—of healthy SPF

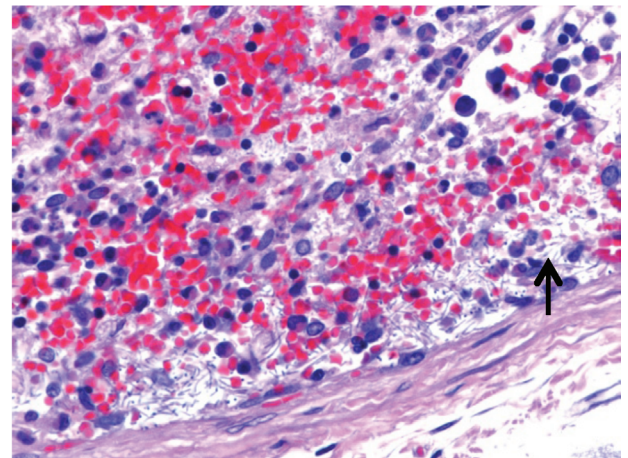
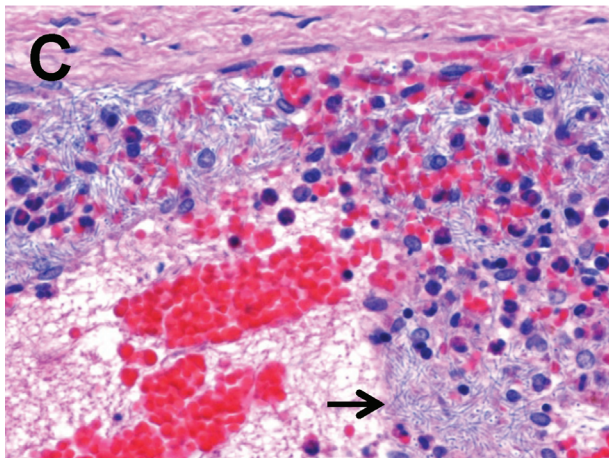
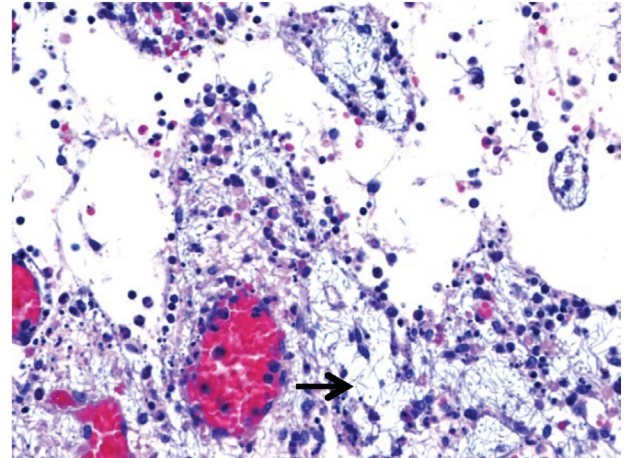
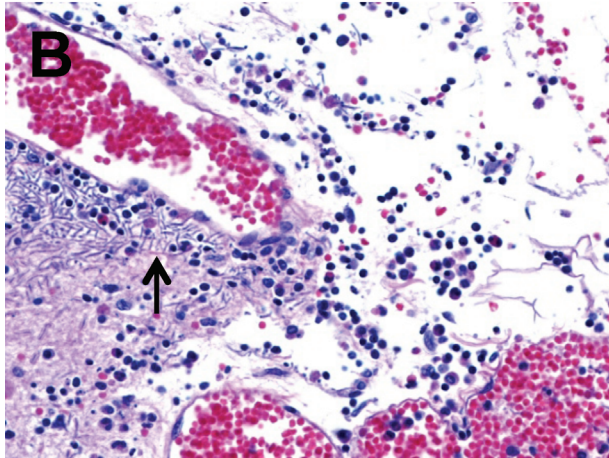
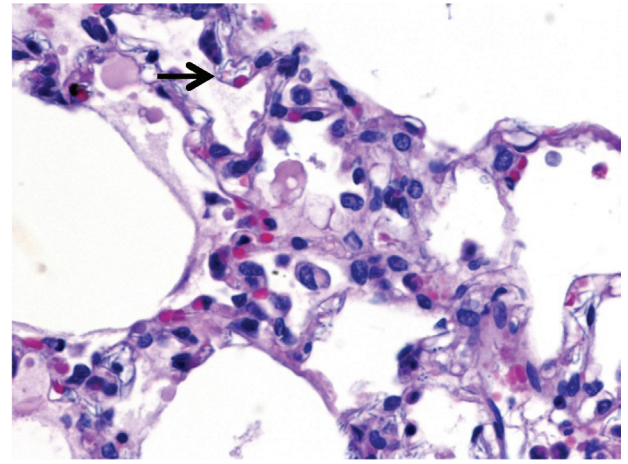
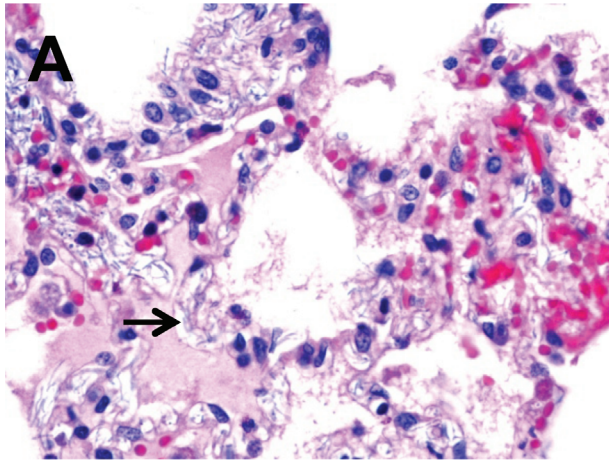
**Table 2.** Semiquantitative histopathologic analysis of New Zealand white rabbits pretreated with saline or LPS and then challenged with aerosolized *B. anthracis* spores

	Saline	LPS
Lung	2.6 ± 0.2	2.4 ± 0.2
Splenitis	3.0 ± 0.0	3.0 ± 0.0
Lymphadenitis of mediastinal lymph node	3.0 ± 0.0	3.0 ± 0.0
Adenitis of adrenal gland	1.7 ± 0.3	1.4 ± 0.3
Mediastinum	1.4 ± 0.4	1.7 ± 0.3
Renal tubular necrosis	2.0 ± 0.0	2.0 ± 0.0

Rabbits were pretreated with saline or LPS (60,000 EU/kg) and then challenged 24 h later with approximately 300 LD<sub>50</sub> aerosolized *B. anthracis* spores. Rabbits either succumbed to inhalational anthrax or were euthanized. Histopathologic finding was graded individually on a severity scale of 0 (none), 1 (minimal), 2 (moderate), and 3 (severe) according to the distribution and extent of tissue injury.

New Zealand white rabbits results in transient host resistance to *B. anthracis* infection (Table 1, Figure 1). LPS pretreatment significantly delayed the onset of inhalational anthrax and prolonged survival after *B. anthracis* exposure but did not alter the ultimate lethal outcome or pathology of the disease in New Zealand white rabbits.

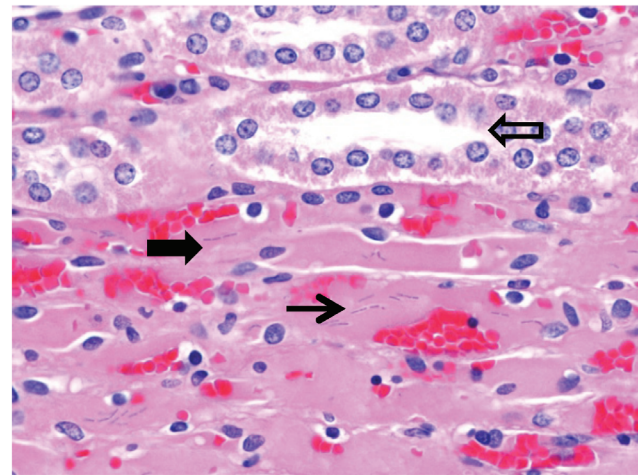
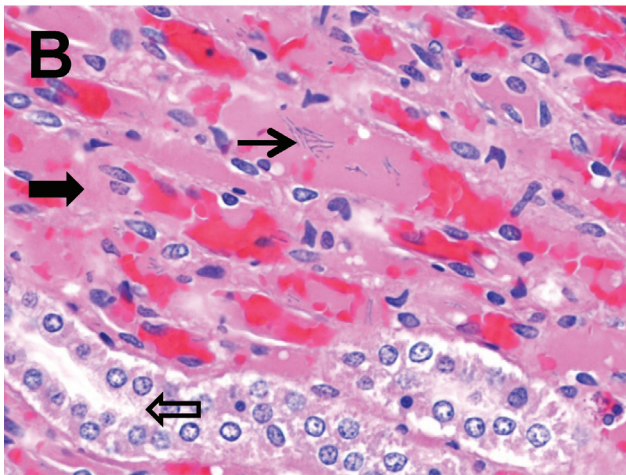
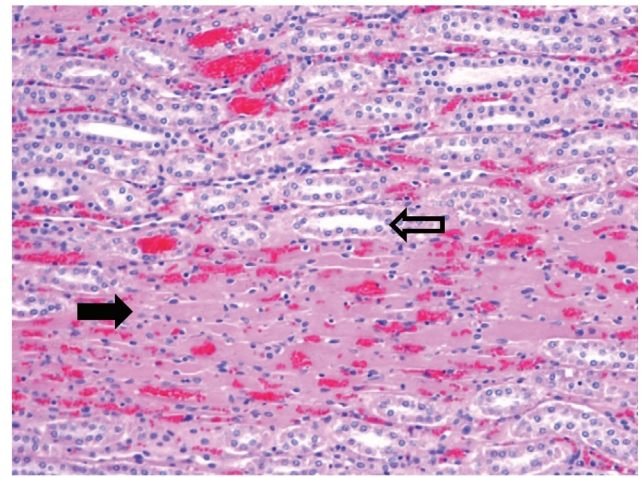
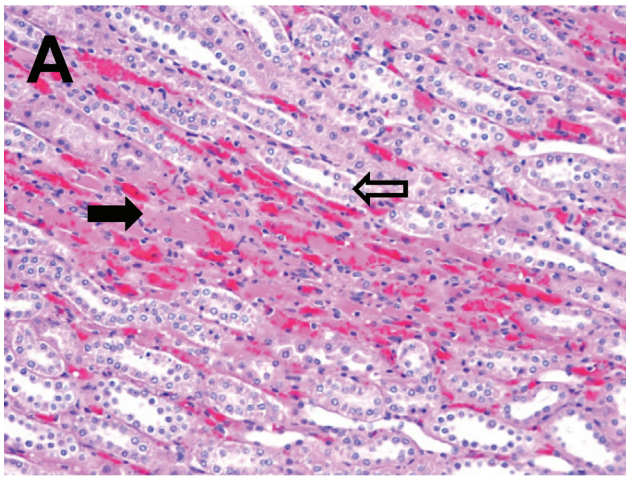
The proinflammatory properties of LPS are due to its interaction with the Toll-like receptor 4 pathways which activates innate immune cells (such as macrophages, monocytes, and neutrophils) and releases proinflammatory mediators including TNF $\alpha$ , interferon  $\gamma$ , interleukin 1, interleukin 6, and various chemokines.<sup>6,22</sup> In the present investigation, a limited dose-range study was conducted in New Zealand white rabbits to determine an LPS dose that provoked an inflammatory reaction, as indicated by pyrexia and increased TNF- $\alpha$  levels, but that would be insufficient to cause overt tissue injury. No increase in serum LDH, ALT, and AST activity, markers of tissue injury, occurred 90 min after LPS exposure at any of the LPS doses (ranging from 6000 to 60,000 EU/kg; equivalent to 0.6 to 6  $\mu\text{g}/\text{kg}$  United States standard endotoxin) evaluated, indicating that these doses were noninjurious. Furthermore, when a second LPS dose was given a day later, serum

**Saline / *B. anthracis*****LPS / *B. anthracis***

**Figure 2.** Representative photomicrographs of lung, mediastinum, and spleen from New Zealand white rabbits pretreated with saline (vehicle) or LPS (60,000 EU/kg) and then challenged 24 h later with approximately 300 LD<sub>50</sub> of aerosolized *B. anthracis* spores. (A) Lungs exhibited acute interstitial pneumonia with abundant alveolar edema. Multifocal disruption of the alveolar interstitium, hemorrhage and the presence of *B. anthracis* bacilli (arrow) are apparent. Hematoxylin and eosin stain; magnification, 60×. (B) Mediastinum has been multifocally expanded by hemorrhage, edema, inflammatory cells, necrotic cellular debris and bacilli (arrow). Hematoxylin and eosin stain; magnification, 40×. (C) Spleen exhibited severe disruption with diffuse loss of white pulp, characterized by an overall lack of basophilic lymphocytes, and the presence of myriad bacilli (arrow) admixed with hemorrhage, fibrin, and necrotic cellular debris. Hematoxylin and eosin stain; magnification, 60×.

## Saline / *B. anthracis*

## LPS / *B. anthracis*



**Figure 3.** Representative photomicrographs of kidney from New Zealand white rabbits pretreated with saline (vehicle) or LPS (60,000 EU/kg) and then challenged 24 h later with approximately 300 LD<sub>50</sub> of aerosolized *B. anthracis* spores. (A) At 20× magnification, the kidney revealed areas of acute necrosis of the renal tubules (wide solid arrow) with adjacent normal tubules (wide open arrow) apparent. (B) Acutely necrotic renal tubules (wide solid arrow) are homogeneously hypereosinophilic, lack nuclei, and have collapsed lumens (normal tubules, open arrow). Hemorrhage and the presence of bacilli (arrow) are also apparent among the necrotic tubules. Magnification, 60×. Hematoxylin and eosin stain.

LDH, ALT, and AST activities in LPS-treated rabbits did not differ from that observed in control animals. Although it is possible that increased serum LDH, ALT, or AST activity occurred after the first day's blood collection time, any increase was transient and had returned to normal levels by the next day. Only the LPS dose of 60,000 EU/kg resulted in consistent transient pyrexia, significantly increased TNF $\alpha$  levels, and no overt tissue injury. Interestingly, a second daily LPS dose (60,000 EU/kg) did not evoke increased TNF $\alpha$  levels, possibly suggesting a tolerance effect.<sup>32,33</sup> Alternatively, this diminished LPS response may be due to increased presence of acute-phase proteins that induce the binding of LPS to LPS-binding protein or high-density lipoproteins, thereby decreasing LPS activity.<sup>60,67</sup>

Optimal increased host resistance to bacterial infection has been reported in mouse and rat models when either low-dose LPS or another activator of the innate immune system was administered

24 h prior to lethal bacterial infection, with lesser protection observed at shorter and longer (up to 72 h) intervals.<sup>7,8,13,25,38,65</sup> Accordingly, in the present study, an LPS dose of 60,000 EU/kg was administered 24 h prior to lethal *B. anthracis* spore exposure (approximately 300 LD<sub>50</sub>). Significant delays in both anthrax-induced pyrexia and bacteremia occurred in LPS-pretreated compared with saline-pretreated rabbits, indicating that prior activation of the innate immune system delays the onset of anthrax infection (Table 1, Figure 1). Survival after bacteremia was slightly prolonged in LPS-pretreated rabbits compared with saline-pretreated rabbits. However, the overall increased survival time for LPS-pretreated rabbits after *B. anthracis* exposure more likely was due to the delayed onset of inhalational anthrax rather than to the prolonging of symptomatic anthrax, given that as the survival time after bacteremia for both LPS- and saline-pretreated rabbits did not differ significantly from the survival time after

bacteremia that was observed for naive *B. anthracis*-exposed rabbits.<sup>68</sup> Consistent with previous results,<sup>68</sup> both saline- and LPS-pretreated rabbits appeared clinically normal until shortly before they died from inhalational anthrax. The resultant pathology was consistent for rabbits that died due to inhalational anthrax, with no observable histopathologic differences between the 2 pretreated groups (Table 2, Figures 2 and 3).<sup>62,68</sup> Because pathologic evaluation occurred at the late stage of the disease, early pathologic changes in the current study are unknown. However, early unique pathology may have existed in LPS-pretreated animals and may not have been apparent when the animal died or was euthanized. Overall, these results suggest that prior activation of the innate immune system causes transient host resistance to lethal *B. anthracis* infection in rabbits. Although pretreatment with LPS did not prevent *B. anthracis*-exposed rabbits from ultimately dying from the disease, it significantly delayed the onset of inhalational anthrax and thereby prolonged survival after exposure to aerosolized *B. anthracis* spores.

The mechanism through which LPS enhances host resistance to subsequent bacterial infection has not been defined fully but likely involves macrophage activation and the induction of inflammatory mediators.<sup>7,17,32,44,65</sup> After inhalation, *B. anthracis* spores are ingested by alveolar macrophages and possibly other phagocytic cells. The spores germinate within the phagolysosomes, and a minority of the germinating spores escape the host phagocyte to establish an extracellular infection that leads to toxemia, septicemia, and death.<sup>12,47</sup> Although macrophages serve as a vehicle for spore germination, macrophages have been shown in vitro to have sporicidal activity; in a mouse model, both macrophages and neutrophils (although to a lesser extent perhaps) had an early protective role in *B. anthracis*-infected hosts.<sup>10,11,34,43</sup> Moreover, a recent study<sup>12</sup> found that increased levels of interferon-inducible CXC chemokines (namely, CXCL9, CXCL10, and CXCL11, which are produced by monocytes and macrophages after stimulation by proinflammatory cytokines, such as interferon  $\gamma$ ) significantly reduced spore germination within the lung, thereby suggesting that these chemokines have an antimicrobial role against *B. anthracis* spores and bacilli. Therefore, a putative mechanism is that pretreatment with LPS not only activates macrophages and (perhaps) neutrophils to attack *B. anthracis* spores and bacilli directly but also (direct or indirectly) causes the production of various cytokines (such as interferons), antimicrobial chemokines, and polypeptides that reduce spore germination and thereby transiently increase host resistance to subsequent *B. anthracis* infection by delaying the onset of inhalational anthrax.<sup>7,12,35,43,49,66</sup> Additional studies are required to determine the exact mechanism through which LPS-pretreatment in rabbits beneficially prolongs survival after *B. anthracis* challenge. Studies also are needed to elucidate how changes in the interval between challenge and LPS treatment (before and after challenge) affect this transient protection.

Animal health plays an important role in the interpretation of results from animal models of disease.<sup>19,23,53,59</sup> Our finding that prior or underlying activation of the innate immune system prolongs survival in the rabbit model of inhalational anthrax emphasizes the importance of knowing an animal's health status before study initiation. In this regard, the use of unhealthy rabbits (for example, infected) may be responsible for confounding data in studies characterizing inhalational anthrax and the efficacy of potential therapeutic strategies. Moreover, although the disease outcome is the same, subtle differences in the pathogenesis of inhalational

anthrax may occur in animals with a prior or underlying infection that would not occur in a healthy animal. As previously noted, conventionally sourced New Zealand white rabbits, which may be colonized with many common gram-negative bacteria such as *Pasteurella* and *Bordetella*, or rabbits that are not certified as *Bordetella*- and *Pasteurella*-free appear to have a longer survival time after *B. anthracis* exposure than do *Bordetella*-free, *Pasteurella*-free SPF-sourced rabbits.<sup>26,42,68</sup> The mean duration of survival after *B. anthracis* challenge for LPS-pretreated rabbits was similar to that of *B. anthracis*-challenged conventionally sourced rabbits and *B. anthracis*-challenged rabbits that were not certified as *Bordetella*- and *Pasteurella*-free, raising the possibility that differences in survival time between these animal sources may be, in part, due to activation of the innate immune system by exogenous pathogens such as *Pasteurella* and *Bordetella*.<sup>9,26,41,68</sup> Additional studies are needed to determine whether *Bordetella* and *Pasteurella* infection cause transient host resistance to inhalational anthrax.

Although bacterial infection is the primary source of systemic LPS exposure, modest exposure may occur when LPS is released from the predominantly gram-negative indigenous flora of the rabbit gastrointestinal lumen and translocates into the circulation; increased translocation may occur due to changes in diet, gastrointestinal distress, and disease.<sup>14,52,64</sup> Therefore, increased endogenous LPS levels may lead to transient activation of the innate immune system and affect resistance to *B. anthracis* infection. This effect of endogenous LPS may account for some of the variability in survival observed within individual inhalational anthrax studies for rabbits and nonhuman primates.<sup>9,28,42,51,68</sup>

In summary, the present study demonstrates that prior or underlying stimulation of the innate immune system significantly delays the onset of inhalational anthrax and thereby prolongs survival after *B. anthracis* exposure. Specifically, prior administration of a noninjurious dose of LPS to New Zealand white rabbits transiently increased host resistance to lethal challenge with aerosolized Ames strain *B. anthracis* spores. Activation of the innate immune system, perhaps by LPS or by a similar Toll-like receptor 4 agonist, potentially may be useful for delaying the onset of anthrax when immediate treatment for inhalational anthrax is unavailable. Overall, these results emphasize the importance of understanding animal health status (for example, free of underlying infection) to prevent confounding data from studies characterizing inhalational anthrax and evaluating potential medical countermeasures.

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