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Janus Molecule I: Dichotomous Effects of COMT in Neuropathic vs Nociceptive Pain Modalities

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Abstract

The enzyme catechol-O-methyltransferase (COMT) has been shown to play a critical role in pain perception by regulating levels of epinephrine (Epi) and norepinephrine (NE). Although the key contribution of catecholamines to the perception of pain has been recognized for a long time, there is a clear dichotomy of observations. More than a century of research has demonstrated that increasing adrenergic transmission in the spinal cord *decreases* pain sensitivity in animals. Equally abundant evidence demonstrates the opposite effect of adrenergic signaling in the peripheral nervous system, where adrenergic signaling *increases* pain sensitivity. Viewing pain processing within spinal and peripheral compartments and determining the directionality of adrenergic signaling helps clarify the seemingly contradictory findings of the pain modulatory properties of adrenergic receptor agonists and antagonists presented in other reviews. Available evidence suggests that adrenergic signaling contributes to pain phenotypes through α 1/2 and β 2/3 receptors. While stimulation of α 2 adrenergic receptors seems to uniformly produce analgesia, stimulation of α 1 or β receptors produces either analgesic or hyperalgesic effects. Establishing the directionality of adrenergic receptor modulation of pain processing, and related COMT activity in different pain models are needed to bring meaning to recent human molecular genetic findings. This will enable the translation of current findings into meaningful clinical applications such as diagnostic markers and novel therapeutic targets for complex human pain conditions.

Keywords

Adrenergic receptor signaling; COMT; intrathecal; nociception; neuropathic; pain; spinal cord

I. INTRODUCTION

COMT, a major metabolizing enzyme of catecholamines, has been strongly linked in several pain models in both rodents and humans. Recently, our group discovered a functional haplotype of murine *Comt*, the orthologous gene to *COMT* in humans and rats (termed +SINE [1], *Comt*^{B2i} [2], or the B allele [3]). Mouse strains of the *Comt*^{B2i} haplotype have increased enzymatic function [1]. *Post-hoc* analysis of inbred mouse data from the strain

survey *Heritability of Nociception* series [4–6] confirmed the *Comt*^{B2i} haplotype to be genetically related to increased sensitivity to inflammatory conditions that evoke pain behaviors [1]. In these assays, the subcutaneous application of irritants capsaicin, formalin or bee venom elicited paw licking and/or shaking, and the administration of acetic acid or magnesium sulfate injected intraperitoneally evoked abdominal writhing. Thermal assays that show statistical significance effects included the hot plate and Hargreaves paw-withdrawal assays (see [6] for experimental details).

These findings are in line with human genetic studies. In humans, high and low COMT enzymatic activity haplotypes have been named accordingly with their association with experimental pain sensitivity: The high activity haplotype is termed *LPS* for Low Pain Sensitivity and the low activity haplotype is termed *HPS* for High Pain Sensitivity, Fig. (1) [7]. Consistent with these observations, we also showed that the systemic suppression of COMT activity, which increases catecholamine transmission, contributes to persistent pain states *via* the stimulation of β_2 - and β_3 -adrenergic receptors [8].

A perplexing problem regarding the relationship between low levels of COMT activity with clinical pain conditions and augmented sensitivity to noxious stimuli is the reported antiallodynic effects mediated by the administration of COMT inhibitors in various animal models [9–11]. While increasing adrenergic tone within the spinal cord is analgesic, increasing adrenergic stimulation in anatomical regions remote to the spinal cord may either increase or decrease pain processing in a manner that is stimulus modality dependent. From current existing findings, it appears that COMT activity evokes opposite effects on neuropathic pain and nociceptive/inflammatory pain: neuropathic pain is relieved by increasing catecholamine stimulation of adrenergic receptors. Nociceptive and inflammatory pain is relieved by decreasing catecholamine stimulation of adrenergic receptors in the periphery and increasing catecholamine stimulation within the spinal cord.

For the purpose of this Review, we have adopted the description of pain etiology as proposed by Scholtz and Woolf [12]. As such, the perception of pain can result from nociceptive, inflammatory, or neuropathic origins. Using examples of neuropathic and nociceptive pain we will present findings from animal and human studies that demonstrate the regional specificity of catecholamine signaling. In this review we will not discuss the effects of modulating of catecholamine signaling at supraspinal level. We will discuss findings based on three means of increasing or decreasing catecholamine transmission across pain modalities including 1) the examination of the effects of genetic background (including strain specific, knock-out and transgenic animal studies); 2) the effects of direct administration of catecholamines to peripheral and spinal sites; and 3) the effects of pharmacological manipulation of distinct catecholamines pathways with α or β adrenergic receptor agonists or antagonists. Table 1 lists agents or drugs discussed in this review.

II. NOCICEPTIVE PAIN

Nociceptive pain has as its primary biological function to warn an organism of impending or immediate threat of tissue damage. The physiological underpinnings of nociceptive pain have been extensively studied [13]. Nociceptive afferents (sensory neurons that convey information to the central nervous system) are stimulated by diverse noxious physical stimuli such a heat, cold, acid, and pressure [12]. These noxious stimuli activate sensory afferents that transmit neuronal signals to the spinal cord which then engage a large ascending and descending central nervous system network that shapes the sensory, affective, autonomic and motor responses to the noxious stimuli [12].

A. Effects of Genetic Background on Nociceptive Pain

Here we will discuss the genotypic effect of catecholamine metabolism by natural and engineered COMT functional haplotypes in animals and humans (Fig. 1).

1. Genetic Contributions of *Comt* to Peripheral Nociceptive Pain in Animals—

Evidence exists for the contribution of *COMT* genotype catecholamine levels to pain sensitivity in rat and mouse models. *Comt* knockout mice exhibit increased thermal pain sensitivity while transgenic mice expressing human COMT are more resistant to thermal pain [14]. Inbred strains of mice, which have a naturally occurring functional haplotype that increases COMT activity, *Comt*^{B2i}, show increased tolerance to noxious thermal and chemical stimuli [1]. A positive correlation between nociceptive and inflammatory pain also strongly suggests a positive correlation between high COMT activity and decreased pain sensitivity to both types of stimuli that evoke pain.

Findings derived from various rat strains also show a correlation between high COMT activity and resistance to chemically-induced pain. Inbred Lewis-Wistar rats have approximately twice the COMT activity in liver lysates compared to inbred Fisher-344 rats, suggesting that functional *COMT* polymorphisms are also present in rats [15]. Lewis rats display decreased sensitivity to inflammatory pain (e.g., formalin test) [16]. Consistent with pain behavior of inbred mouse strains of the elevated *Comt*^{B2i} functional haplotype, Lewis rats show much less formalinevoked pain behaviors than Fisher-344 rats, which have lower COMT activity.

2. Genetic Contributions of COMT to Human Experimental Pain—

A common SNP in *COMT*, rs4680 (*val158met*), codes for the substitution of valine to methionine [17]. The *met* isoform of COMT shows less thermostability and activity *in vitro* [18–21]. Because a low activity allele should presumably lead to decreased catecholamine metabolism, a substantial number of genetic studies have attempted to link *val158met* to various diseases and pain conditions. In the first experimental human study to link the *val158met* polymorphism with pain perception, hypertonic saline was infusion into the masseter muscle and pain measures were increased in individuals homozygous for the met allele polymorphism [22].

However, subsequent studies that have attempted to correlate *val158met* polymorphisms with pain susceptibility have yielded inconsistent results (reviews by [11, 23, 24]). Until recently, no mechanistic explanation has been advanced that relates lower enzymatic activity beyond the observation that reduced enzyme thermal stability is seen with the methionine substitution. Our group was the first to show that in addition to the contribution of rs4680, there are functional polymorphisms that constitute three major haplotypes in the human population, as opposed to only two major haplotypes. The *val* allele of rs4680, a guanine (G), encodes for the most and least efficient enzyme. When taking into account these three haplotypes, individuals with *LPS* and *HPS* alleles can be separated so that an individual homozygous for the high pain sensitivity allele, who genotypes G/G for the rs4680 *val*, is not placed in the same genetic category as a person homozygous for the low pain sensitivity allele, who also genotypes G/G for the rs4680 *val* allele. However, because the *HPS* frequency in Caucasian populations is relatively rare [7], this confounding effect is generally small.

In a recent review of the association of *COMT* polymorphisms with pain sensitivity, many experimental pain studies have confirmed an association between increased pain sensitivity with low COMT enzymatic based on the three functional haplotypes defined by Diatchenko [for review see 11]. Studies which used these haplotypes have been successful in relating *COMT* genotypes to aggregate measures of human pain sensitivity based on combined z-

score measures of pressure pain thresholds, thermal pain thresholds, thermal tolerance, repeated measures of heat stimuli, and ischemic pain thresholds and tolerance [7]. Absolute measures of heat pain threshold and tolerance, repeated measures of heat stimuli, and pressure pain threshold [25], acute muscle pain from exercise (COMT genotype X pain catastrophizing scores) [26], or pain from exposure to a laser beam [27] have also been associated with these three haplotypes.

3. Genetic Contributions of COMT to Human Musculoskeletal Pain Conditions

—For more than forty years, it has been known that reduced levels of COMT activity in the periphery is associated with common musculoskeletal and orofacial pain conditions [28, 29]. Temporomandibular joint disorder, or TMD, is a painful condition of the temporomandibular joint and surrounding muscles and has been associated with the local production of inflammatory cytokines [30–33]. The low activity *HPS* allele has since been linked to post-operative pain [34], an increased risk of developing TMD [7], and in a recent case report, a TMD patient with high pain sensitivity was found to have a novel, non-synonymous protein coding mutation within a critical region of COMT [35]. The clinical severity of fibromyalgia, a condition of widespread musculoskeletal pain without apparent cause [36], has been correlated with the *HPS* haplotype in a Spanish cohort [37].

Even with the confounding variable of the rare *HPS* allele, low catecholamine metabolism associated with the met allele correlates with many musculoskeletal conditions. There are many more studies that have tested the genetic association with the *val158met* polymorphism than studies that have based association on the three identified *HPS*, *APS*, and *LPS* functional haplotypes. In general, it is consistently found that the low COMT activity met allele is associated with a higher risk of developing a painful condition. *Met* homozygotes also report an increased number of pressure points, and non-affected relatives of Israeli patients with fibromyalgia had a reduced frequency of the *met* COMT allele [38]. Similarly, *met* homozygotes have been shown to be enriched in two Brazilian fibromyalgia cohorts [39, 40], a Spanish fibromyalgia cohort [41], a Turkish cohort [42], and in an American cohort, *met* homozygotes experienced more pain on days when pain catastrophizing was higher compared to women with at least one *val* allele [43].

Other nociceptive pain conditions have been associated with the met allele. Osteoarthritis pain, which can be considered a nociceptive pain evoked by mechanical stimuli [13], appears to be greater in Europeans with the low activity met allele [44]. In an Irish cohort, the development of postoperative pain following tooth extraction is greatest in individuals homozygous for the met allele [45]. Spanish women homozygous for the met allele also have greater pressure pain sensitivity, higher fatigue, and neck pain after surgery for breast cancer [46] and children homozygous for the met allele with chronic tension type headache have longer headache histories and greater pressure pain sensitivity [47].

4. Spinally-Mediated Nociceptive Pain—The thermally mediated tail-flick reflex is frequently used as a pain assessment assay that has been extensively used to study the pharmacodynamic properties of analgesics in rodents [48]. However, the tail-flick is a spinally-mediated reflex, which can occur following the transection of the spinal cord rostral to the lumbar region [49]. Thus, agents administered to the spinal space that modifies this reflex mediate the pharmacological effects at the spinal level. Other common thermal nociceptive assays that are frequently used to assess pain behavior and the analgesic properties of compounds are the hot plate and Hargreaves' tests. Unlike the tail-flick test, the behavioral endpoints (e.g., paw withdrawal to noxious heat) are dependent on more than a spinal reflex. Indeed, much of the confounding or seemingly contradictory findings can be explained by pointing out that the tail-flick is a spinally derived nociceptive response, and pain responses derived from peripheral injuries (paw or gut) result from the integration of

complex neural networks associated with sensory afferents, spinal and supraspinal pathways [50]. This could be one explanation for the inverse effects of decreased catecholamine levels with regards to the tail-flick assays. Moreover, tail-flick data is in agreement with pain sensitivity by rodent strain (Fig. 2).

In classic inbred strains of mice, the latency to tail-flick is negatively correlated with COMT enzymatic activity such that strains with high COMT activity, which likely translate into lower levels of synaptic catecholamines, have shorter tail-flick latencies (i.e., more pain sensitive) than strains with low catecholamine metabolism [1]. The same pattern of tail-flick behavior is seen in the high COMT activity Lewis and low COMT activity Fisher rats: In comparison to Fisher rats, Lewis rats are significantly more sensitive (i.e. have shorter tail-flick latencies) and vocalize more during the procedure compared to Fisher rats [16]. A third line of behavioral evidence to point to decreased sensitivity to tail-flick in low COMT activity rodent strains is found in an engineered S-COMT-deficient mouse line. S-COMT-deficient mice show no difference by sex or genotype in an array of nociceptive assays, with the exception of female mice in the tail-flick test [51]. Tail-flick latencies are longer in female S-COMT deficient mice compared to female wild-type mice [10, 11, 51]. This finding is in agreement with our hypothesis that higher basal levels of catecholamines in a genetically modified rodent will protect from spinally mediated pain.

B. Administration of Catecholamines in Nociceptive Pain

The majority of data on nociceptive pain and pharmacologic catecholamine manipulation of nociceptive pain are from animal studies. To decrease adrenergic signaling, catecholamines depleting agents or adrenergic antagonists are administered *via* drinking water or by injection into various anatomical sites (see Table 2). COMT inhibitors or adrenergic agonists are used both clinically and as pharmacological probes to stimulate adrenergic receptors and downstream signaling pathways. Here we will discuss the nociceptive effects of injecting Epi or NE locally into the spinal space (intrathecal administration) or to peripheral compartments with limited or no access to the brain.

1. The Administration of Epi or NE to the Peripheral Compartments—Enhanced pain sensitivity (behavioral signs of either allodynia or hyperalgesia as defined by IASP [52]) is observed in various rodent pain assays in response to the administration of catecholamines such as Epi and NE. The intradermal administration of NE produces enhanced pain sensitivity to mechanical stimuli [53–55] and the intradermal administration of Epi produces enhanced pain sensitivity to mechanical and thermal stimuli in rats [56–61].

Despite the use of Epi and NE to produce enhanced pain sensitivity, Epi is a common vasoconstrictor used in conjunction with numbing agents to concentrate injected local analgesics. However, Epi is not used by itself for local anesthesia [62]. Healthy human subjects report a mild, shortlasting pain following intradermal injections of Epi into the leg [63], and in another report, the infusion of Epi by a catheter inserted into the elbow evoked a slight increase in pain due to electrical stimulation and a decrease in heat pain tolerance in healthy subjects [64]. Intradermal administrations of NE are also reported to be painful and produce thermal hyperalgesia, particularly if the skin is previously sensitized [65–67]. Furthermore, endogenous high levels of NE and Epi have been correlated with stress and pain in human subjects. High levels of NE, as determined by urinary NE excretion rate, correlate with musculoskeletal pain and work stress in male subjects [68] and Epi and NE levels are higher in female nurses reporting back pain and stressful work events [69].

2. The Spinal Application of Epi or NE—When administered intrathecally, Epi produces analgesia in rats [70, 71] and increases nociceptive thresholds to noxious heat in

spinally transected cats [72]. Intrathecal administration of NE also produces increases the latency to response to noxious heat in both the hot plate and tail-flick assays [73–75] and to noxious tail pinch [76]. The intrathecal administration of NE also produces a spinally mediated analgesia in rats and cats [75]. Furthermore, Epi has long been commonly used clinically to enhance spinal anesthesia in humans [77–79]; The epidural administration of Epi prolongs the anesthetic effects of co-administered tetracaine or lidocaine [80, 81].

Another method to increase catecholamine levels within the spinal cord is to implant tissues or cells that generate catecholamines. Transplantation of adrenal chromaffin tissue from the adrenal glands of the rat [82] or cow [83] into the subarachnoid space of rat spinal cord reduces thermal sensitivity compared to control animals. Conversely, depletion of spinal cord NE by the intrathecal injections of neurotoxins results in a decrease in hot-plate latencies [74] and produces hyperalgesia in the tail-flick assay [84].

C. Pharmacological Modulation of Catecholamines and Nociceptive Pain

1. Effects of Systemically Administered COMT Inhibitors and Catecholamine Depleting Agents on Nociceptive Pain—COMT inhibitors increase catecholamine signaling by decreasing the metabolism of catecholamines and the systemic administration of these inhibitors have been shown to increase sensitivity to noxious stimuli in animal models. In nociceptive and acute inflammatory pain, the systemic administration of COMT inhibitors peripheral to the spinal cord produce pharmacodynamic effects that mimic those produced by the peripheral administration of Epi and NE. The systemic administration of COMT inhibitors to rats [7, 8] and mice [11] induce mechanical and thermal hyperalgesia. These results are one more line of evidence of enhanced nociceptive pain sensitivity with *increased* peripheral catecholamine levels. The opposite effect, *decreased* nociceptive pain sensitivity, has been reported with catecholamine depleting agents.

Catecholamine signaling may be reduced by the removal or destruction of sympathetic nerve terminals that release catecholamines. Thus, chloroform-induced hyperalgesia in rodents can be prevented by surgical sympathectomy, or chemical sympathectomy with catecholamine depleting agent 6-OHDA [53]. However, in contrast to this analgesic properties of 6-OHDA [53], intrathecal injections of 6-OHDA produces hyperalgesia when assessed with nociceptive stimuli [84, 85]. The contrasting effects of 6-OHDA on nociceptive evoked pain are in agreement with our hypothesis that enhanced catecholamine transmission in the spinal cord is analgesic while enhanced transmission at the level of peripheral primary afferents is hyperalgesic (Fig. 1). Adrenergic agonists and antagonists follow this general pattern.

3. Effects of Adrenergic Agonists and Antagonists in Nociceptive Pain—Five major groups of adrenergic receptors have been identified: α_1 , α_2 , β_1 , β_2 , and β_3 , reviewed by [86]. These receptors are G protein-coupled receptors, which bind extracellular endogenous agonists NE and Epi, resulting in the activation of specific signal transduction pathways. Fig. (2) shows the effects of adrenergic receptor ligands on nociceptive and neuropathic pain. The general pattern observed is that the spinal cord activation of $\alpha_{1/2}$, or $\beta_{2/3}$ adrenergic receptors decrease pain sensitivity (Fig. 2). At sites remote from the spinal cord, the effect depends on receptor subtype.

3.1. Adrenergic Agonists in Nociceptive Pain: As we have discussed previously, increasing catecholamine levels outside of the spinal cord increase sensitivity to nociceptive stimuli: α_1 -agonists applied systemically or cutaneously also increase pain sensitivity. Cutaneous injections of the selective α_1 -agonist phenylephrine produce thermal hyperalgesia in mice [87] and augment pain behaviors when co-injected with a ligand for P2X₃ in non-injured rats [88]. In healthy human participants, the cutaneous iontophoresis of

the selective α_1 -agonist phenylephrine produces thermal hyperalgesia in normal skin [89] and pain in mildly injured skin was attenuated by the α_1 - antagonist terazosin [90]. These effects show stimulation of the α_1 receptor to be similar to the effect of systemic, intradermal or intrathecal NE.

While we have found only a few reports on the hyperalgesic effects of peripherally applied α_1 agonists, there is extensive literature on the analgesic properties of peripherally applied α_2 agonists [reviewed by 91; Fig. 2]. This analgesic effect of α_2 agonists is blocked or reversed by α_2 antagonists [73, 74, 87, 92–98]. The opposing effects of α_1 -agonists, which increase pain sensitivity outside of the spinal cord, and α_2 -agonists, which are analgesic, exemplify an adrenergic receptor subtype specificity to pain transmission.

While α_1 or α_2 agonists may increase or decrease pain outside of the spinal cord, the stimulation of both α -adrenergic receptors within the spinal cord decreases sensitivity to multiple modalities of nociceptive pain. Intrathecally administered α_2 - adrenergic agonists such as clonidine, dexmedetomidine, ST-91, tizanidine, and PT-31 [54] produce antinociceptive effects to a variety of noxious stimuli [76, 74, 97, 99–103]. The α_1 - adrenergic agonists phenylephrine [73, 75], oxymetazoline [73, 104, 105] and methoxamine [74, 98] produce analgesia when applied intrathecally, although one study did not observe an analgesic effect of methoxamine [97]. We have not been able to find references in the literature of α_2 agonists promoting nociception when applied peripherally or intrathecally. Furthermore, in our search for effects of agonists in nociceptive pain, we found two reports of a β - adrenergic agonist isoproterenol, which had no effect on nociception with intrathecal application [75, 97], yet increased mechanical and ischemic pain in intradermal and intravenous injections [56, 106] (Table 1).

3.2. Adrenergic Antagonists in Nociceptive Pain: Consistent with our hypothesis, the intrathecal administration of α_1 receptor antagonists produce increased pain sensitivity, while administration of the α_1 receptor antagonists to the peripheral sites remote to the spinal cord is analgesic in the nociceptive models (Fig. 2). Selective α_1 -antagonists are analgesic with intradermal or systemic application. Intra-arterial administration of the α_1 - antagonist terazosin attenuates the enhanced response of C- fibers evoked by interdermal injections of capsaicin in rat [107]. Intra-plantar injections of terazosin also inhibit the hyperalgesia produced by a P2X₃/P2X_{2/3} receptor agonist in rat [88] and in humans, terazosin has been shown to relieve pain in patients with ureteral stents [108]. Intraperitoneal administration of the selective α_1 -antagonist prazosin reduces the number of body writhes induced by acetic acid in rats [109]. Conversely, intrathecal administration of α_1 -antagonists prazosin and WB 4101 produces thermal hyperalgesia in rats assessed with the tail flick assay [110], although several reports showed no effect of prazosin [74, 111, 112].

Consistent with the uniformly analgesic effects of intrathecal stimulation of either α_1 or α_2 receptors, the nonselective α -antagonists phentolamine increases sensitivity to noxious thermal stimuli when administered intrathecally (Fig. 2) [110, 112, 113]. Other nonselective α -antagonists have no effect on baseline nociceptive threshold with intrathecal [73, 76, 112, 114] or intra-dermal [53, 114] administration. Generally, α -antagonists are used to characterize the analgesic site of action of α_1 -agonists [74, 110, 114] or α_2 -agonists [73, 74, 98, 115]. However, it has been reported that the increased pain sensitivity induced by chloroform lesions is abolished by the intradermal injection of phentolamine, a nonselective α -antagonist, or by yohimbine, which is a relatively selective α_2 -antagonists [53]. The analgesic-like behaviors produced with phentolamine can be explained by its ability to block α_1 -receptors at peripheral sites remote to the spinal cord, which produce hyperalgesic effects. The analgesic properties associated with yohimbine might result from the blockade

of serotonin receptors [116–118]. Thus, overall stimulation of α_2 adrenergic receptors uniformly produce analgesia and antagonists of α_2 receptors generally increase pain sensitivity in nociceptive pain models.

Unlike α receptors antagonists, β -agonists and antagonists seem to show uniform effects in nociceptive pain assays, although there is a paucity of findings of the effects of β -agonist on nociceptive pain. In contrast, there are many reports of β -antagonists administered remotely to the spinal cord, which is analgesic. Non-selective β -adrenergic receptor antagonists significantly attenuate nociceptive pain. For example, intradermal pretreatment with propranolol, a nonselective β -adrenergic antagonist, significantly attenuates epinephrine-induced hyperalgesia [56]. Intraperitoneal administration of propranolol blocks visceral nociception [109], and propranolol or combined β_2 - and β_3 -adrenergic receptor antagonists block mechanical and thermal hyperalgesia associated with COMT enzyme inhibition [8]. Interperoneal administration of nadolol augments analgesia to thermal nociception [119] and the selective β_1 - antagonist metoprolol has been reported to attenuate visceral nociception [109]. Furthermore, systemically derived and administered Epi dependent hyperalgesia are blocked by both the non-selective β -antagonist propranolol and selective β_2 - antagonist ICI 118, 551 [60]. There are two reports of the non-selective β - antagonist propranolol administered intrathecally, (Fig. 2). Intrathecal propranolol prolonged spinal anesthesia [120] in one report and had no effect in another [114]. Intrathecal administration of the β_1 -agonist isoproterenol had no effect in three reports [73, 75, 97] and intradermal administration increased pain sensitivity in two other reports [56, 106]. Taken together, in nociceptive pain models, antagonism of β -receptors is analgesic. More research is needed to confirm the hyperalgesic effect of β -receptor agonists in nociceptive pain models.

Consistent with the effect of adrenergic drugs in nociceptive animal pain assays, α_2 -agonists and β_2 -antagonists produce analgesia in several human pain conditions. Thus, clinical pain is reduced by the nonselective β -antagonist propranolol in patients with fibromyalgia [121, 122] and TMD [121, 123], and the α_2 agonist clonidine is prescribed for a variety of pain conditions [124]. Ischemic pain from angina is also antagonized following treatment with selective β_1 -antagonists [125, 126].

III. NEUROPATHIC PAIN

Common diseases, injuries, and interventions can cause neuropathic pain as a result of damaging somatosensory pathways in the central and/or peripheral nervous system [127]. Unlike nociceptive pain, there is no discernable role for protection or repair in response to neuropathic pain; neuropathic pain results from nerve pathology and does not provide an adaptive protective warning regarding potential injury [12].

Given the multiple etiologies and case definition of neuropathic pain, a concise literature review on this topic is difficult [128]. Many painful conditions once considered neuropathic have now been redefined under the term Complex Regional Pain Syndrome. Neuropathic pain is distinguished from pain due to inflammation, musculoskeletal pain, and other types of pain that develop secondary to neuroplastic changes and the progression of neurologic disorders [13, 129–133]. Therefore our discussion of neuropathic pain will be limited to animal models that employ nerve injury as the causative insult used to produce subsequent behaviors that mimic human neuropathic pain states.

A. Genetic Background Effects on Neuropathic Pain

To date, there is very little data on the effect of COMT polymorphisms and function on the development of neuropathic pain. Lewis rats, which have greater COMT activity than Fisher-344 rats [15], express neuropathic pain behaviors for longer time periods and require

longer recovery times following injury to the sciatic nerve when compared with Fisher-344 rats [134–136]. Mouse strains of the *Comt*^{B2i} haplotype, which is associated with increased COMT enzymatic activity, tend to show greater pain behaviors to nerve injury [1]. The only published study to date examining the relationship of COMT *val158met* and neuropathic pain in humans, found no correlation between COMT genotype and neuropathic pain [137].

B. The Effects of Catecholamines on Neuropathic Pain

To our knowledge there is no recent literature on the effects of spinal intrathecal injections of Epi or NE on experimental models of neuropathic pain; however, we have found numerous reports of spinal subarachnoid cavity adrenal chromaffin tissue grafts on neuropathic pain.

Transecting the sciatic and saphenous nerves in rats produces autotomy, a self mutilation behavior thought to reduce the perception of neuropathic pain [138]. Autotomy is reduced by 63% in rats spinally implanted with adrenal medulla tissue [139]. Similarly, rats treated with bovine chromaffin cell implants show reduced allodynia, hyperalgesia, and skin temperature abnormalities and the intrathecal delivery of the non-selective α -adrenergic receptor antagonist phentolamine partially attenuates these effects. Transplants of either embryonic rat or neonatal cow immortalized chromaffin cells also attenuate cold allodynia, and tactile and thermal hyperalgesia following chronic constriction in the rat [140]. More recently, bovine or porcine sources of chromaffin tissue were compared for efficacy in a rat following chronic constriction [141]. The authors found that transplants from porcine sources reduced mechanical and cold allodynia while transplants from bovine sources reduced only cold allodynia. The implantation of chromaffin cells from humans with renal cancer attenuates cold allodynia in rats with sciatic nerve injury [142]. In sum, spinal chromaffin transplants decrease neuropathic pain in a manner that is sensitive to antagonism with adrenergic antagonists.

C. The Effects of Pharmacological Modulation of Catecholamines on Neuropathic Pain

Neuropathic pain is relieved by pharmacological approaches that modulate catecholamine release, metabolism by COMT, and by treatments with α and β_2 adrenergic receptor agonists.

1. COMT Inhibition—The oral administration of the COMT inhibitor nitecapone reverses the mechanical and thermal hyperalgesia observed in streptozotocin-induced diabetic rats [9]. The effect of nitecapone on thermal and mechanical hyperalgesia is contrary to the effects of systemically administered COMT inhibitors described above on both thermal and mechanical pain sensitivity where COMT inhibition evokes a hyperalgesic response to both mechanical and thermal pain [8]. However, this seemingly contradictory “analgesic effect” also holds true for other neuropathic pain conditions evoked by nerve ligation [143] where the intraperitoneal administration of the COMT inhibitor nitecapone reverses the mechanical and cold allodynia produced by spinal nerve ligation. In addition, dorsal horn neuronal responses, to nociceptive C-fiber stimulation is attenuated by the intravenous administration of the COMT inhibitor OR486 [10]. Thus, these animal studies demonstrated that the systemic inhibition of COMT, which presumably increases the bioavailability of catecholamines, produces an analgesiclike effect in response to peripheral nerve damage induced by injury or metabolic insults.

2. Adrenergic Agonists and Antagonists in Neuropathic Pain Models—A review of the literature shows that non-selective α -adrenergic receptor stimulation appears to contribute to neuropathic pain behaviors in a manner that mimics its effects on nociceptive pain: analgesic responses when nonselective α - or α_1 - adrenergic receptors are blocked by

antagonists in the periphery remote to the spinal cord (Fig. 2). For example, in rats with L5-L6 spinal nerve ligations, the intraperitoneal administration of the non-selective α -antagonist phentolamine reduce mechanical pain sensitivity [144, 145] and thermal sensitivity [146]. Intravenous administration of phentolamine suppresses nociceptor excitation, which is blocked by the selective α_1 - antagonist prazosin [147]. In human trials, patients with sympathetically maintained pain (SMP) report reduced thermal and mechanical sensitivity following the intravenous administration of phentolamine [148]; however significant analgesia in response to intravenously administered phentolamine was not observed in a later SMP clinical trail [149] or in a painful diabetic neuropathy trail [150]. Furthermore, the subcutaneous administration of the nonselective α -antagonist RS42206 has no effect on thermal or mechanical sensitivity in sciatic nerve transected mice [151].

The effect of selective α_1 - adrenergic antagonist in neuropathic pain is similar to what is observed in nociceptive pain, but the literature is limited (Fig. 2). Intraperitoneal administration of the selective α_1 - antagonist prazosin [146, 152] and terazosin [144] decreased thermal and mechanical allodynia in neuropathic rats. However, in another report, intradermal administration of prazosin did not alleviate mechanical pain sensitivity in L5/L6 nerve ligated rats [153]. And, the selective α_1 - agonist phenylephrine enhances both nociceptive pain sensitivity and neuropathic pain in patients with post-herpetic neuralgia, although the cohort was very small (15 subjects) [154]. Decreased mechanical pain with intrathecal administration of the α_1 - agonist, oxymetazoline, in L5/L6 nerve damaged rats [115] has been reported; however, the preponderance of evidence shows α_1 - agonists to have no effect following intrathecal administration [105, 115, 155, 156].

While the literature on intrathecal or systemic/cutaneous administration of α_1 - agonists in neuropathic pain is incomplete, there is abundant literature on the analgesic affect of α_2 - adrenergic receptor stimulation on neuropathic pain (Fig. 2). In L5-L6 nerve ligated rats, intrathecal administration of the α_2 -agonist clonidine [95, 157], dexmedetomidine [92, 101, 115] fadolmidine [92], uinoxaline [115], radolmidine [101], and ST-91 [95, 115] reduced pain responses to noxious mechanical or thermal stimulation. In sciatic nerve injured rats, intrathecal clonidine [158] and tizanidine [159] reduce mechanical sensitivity and clonidine reduces thermal nociception in a pertussis toxin model of murine neuropathic pain [105]. Cutaneous or perineural administration of α_2 -agonists are also analgesic in neuropathic pain. In L5-L6 nerve ligated rats, subcutaneous injections of dexmedetomidine [92], or clonidine [160] reduces pain sensitivity in response to noxious mechanical or thermal stimulation. In sciatic nerve injured rats, subcutaneously administered dexmedetomidine [151] or perineurally administered clonidine [158, 161–163] also reduce mechanical or thermal pain sensitivity. In human experimental studies, patients with painful diabetic neuropathy [150] or causalgia [63], show reduced thermal and mechanical sensitivity with a clonidine transdermal patch.

Systemic or intradermal α_2 -agonists produce analgesia in neuropathic pain models while intrathecal α_2 -antagonists have no effect [95] or increase thermal sensitivity in neuropathic animals [164]. However, it has been also reported that the α_2 -antagonist yohimbine produces analgesia in neuropathic pain patients [149]. It is not clear if the analgesic effects of yohimbine are mediated by blocking α_2 -receptors because this compound also has effects on serotonin receptors [116–118] and thus the observed analgesic effects could be mediated by receptors other than α_2 -adrenergic receptors. Additionally, this study did not control for a placebo effect, which is necessary as clinical trials of analgesics often associate with strong responses to placebo, (for reviews, see [165]). In addition, the α_2 -antagonist SKF-86466 also produces analgesia in a rodent neuropathic pain model [146] but the site of action in producing analgesia is unknown but may involve supraspinal structures [166]. In sum, our

current knowledge points to the analgesic effects of α_2 -adrenergic stimulation in neuropathic pain, just as occurs with nociceptive pain.

Findings regarding the role of β -adrenergic receptors in neuropathic pain are sparse. We did not find reports that examined the effects of intrathecal administration of β -agonists or β -antagonists on neuropathic pain. Systemic or cutaneous administrations of non-selective, or selective β_1 and β_3 -agonists have no effect on neuropathic pain. In contrast to the systemic administration of β_2 -agonists on nociceptive models, in neuropathic pain models, systemic β_2 stimulation relieves pain [167]. Intraperitoneal injections of a variety of β_2 -agonists suppress mechanical allodynia following sciatic nerve constriction [167, 168]. Both intraperitoneal and intrathecal injections of the (β_2 -antagonist ICI 118,551 attenuate analgesia conferred by β_2 -agonists following nerve injury, providing evidence of the analgesic effects of β_2 -agonists on neuropathic pain [167].

A recent case study reported that the β_2 -agonist salbutamol, produces a beneficial effect in a small cohort of neuropathic pain patients [169]. The authors noted that β_2 adrenergic agonist induced analgesia in neuropathic pain conditions seems to be contrary to the demonstrated beneficial analgesic effects of β -adrenergic antagonists in treating musculoskeletal pain conditions [169]. This statement falls in line with our theory that increased catecholamine levels are analgesic in neuropathic pain and produce a hyperalgesia to nociceptive and musculoskeletal pain.

CONCLUSIONS

In this Review, and to our knowledge, we are the first to compare and contrast the role of peripheral and spinal adrenergic signaling in modulating nociceptive and neuropathic pain. There appears to be a common adrenergic pain modulatory mechanism among vertebrate animals (i.e., cat, dog, rat, mouse, monkey, and human; Table 2). We propose that there is a fundamental difference in the effects of catecholamine transmission in spinal cord and peripheral nervous system that signals nociceptive information from skeletal muscle and skin (Fig. 1).

How then does one account for the contribution of catecholamines and COMT enzyme activity to different etiological sources of pain evoking stimuli? It appears from the available published data that neuropathic pain should be responsive to decreased catecholamine metabolism and increased adrenergic-receptor stimulation. Nociceptive, inflammatory and musculoskeletal pain in humans appears to be driven by peripheral adrenergic receptor stimulation; reducing this stimulation by adrenergic antagonists is analgesic. Although both adrenergic $\alpha_{1/2}$ and $\beta_{2/3}$ receptors seem to contribute to pain-related adrenergic signaling, COMT-dependent adrenergic signaling appears to be associated mostly with β_2 receptors. While stimulation of α_2 adrenergic receptor seems to uniformly produce analgesic effect, stimulation of α_1 or β_2 receptors may produce either analgesic or hyperalgesic effects (Fig. 2). We hypothesize that the fundamental difference between the contribution of COMT activity to neuropathic and nociceptive, musculoskeletal and inflammatory pain is driven by a β_2 - and possibly α_1 receptors mediated “switch”. Further investigation of the directional effects of adrenergic signaling on the modulation and transmission of pain evoking stimuli resulting from multiple etiologies is needed to translate basic molecular genetic and behavioral findings into meaningful clinical findings that impact the treatment of complex human pain conditions.

ABBREVIATIONS

COMT	Catechol-O-methyltransferase
Epi	Epinephrine
NE	Norepinephrine
TMD	Temporomandibular joint disorder

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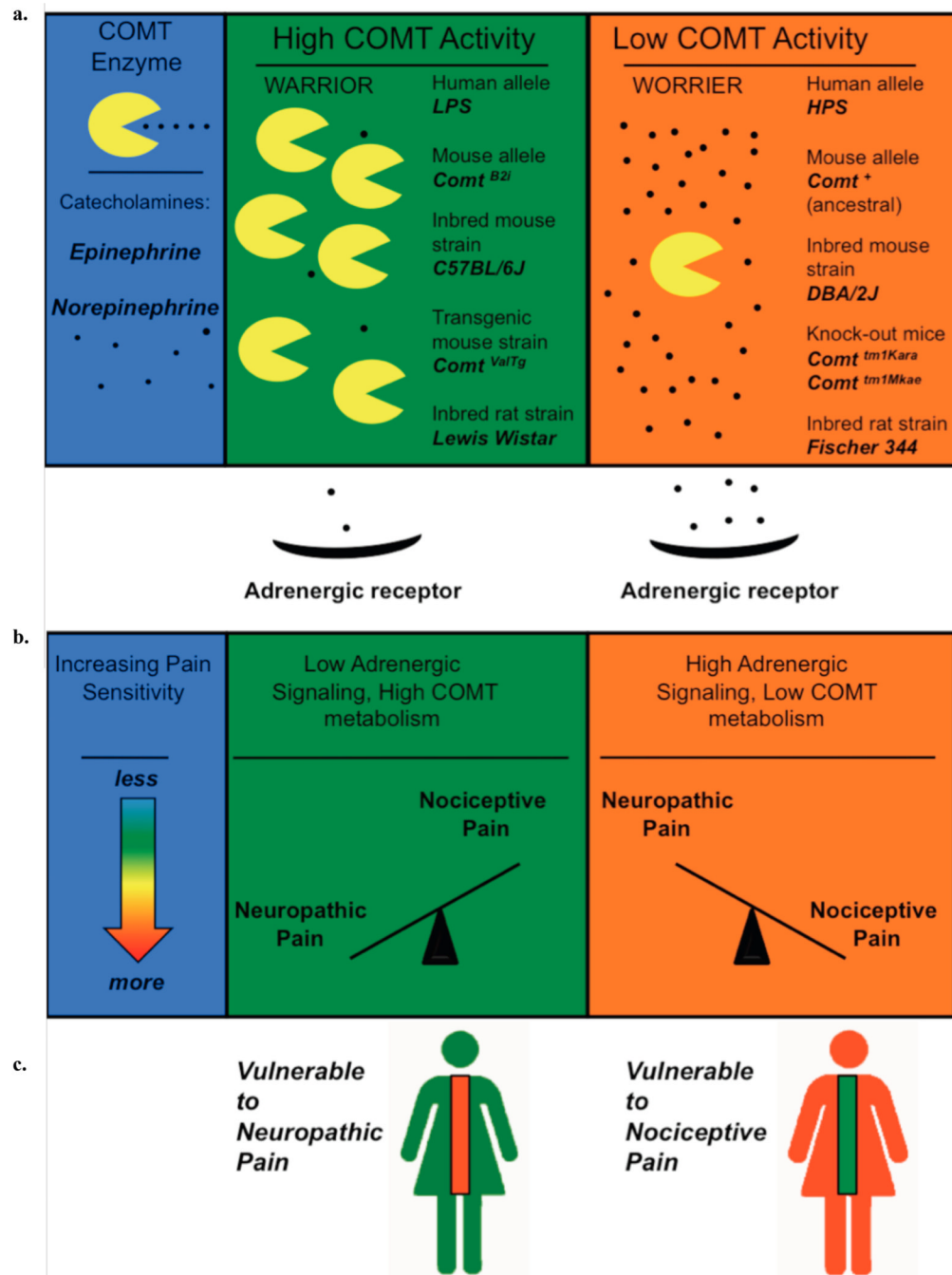


Fig. 1. Model of relationship between COMT activity alleles and pain sensitivity in different pain modalities

a: COMT enzyme is depicted as “pacman” and Epi and NE as small black dots. High COMT activity in human or mouse alleles or in rat strains is assumed to result in less adrenergic signaling. **b:** Axis between neuropathic pain and nociceptive types of pain is tilted by catecholamine signaling. **c:** Two models of catecholamine metabolism, with the spinal cord colored to denote increasing or decreasing pain sensitivity. High COMT activity is hypothesized to be a risk factor for neuropathic pain and low COMT activity is hypothesized to be a risk factor for nociceptive pain.

salbutamol; **Salm** = salmeterol; **Terb** = terbutaline; **Tizan** = tizanidine; **Uinox** = uinoxaline; **WB-41**= WB-4101.

Table 1

List of Pharmacologic Agents to Modulate Catecholamine Signaling

Adrenergic Signaling Down ↓		Adrenergic Signaling UP ↑	
Compound Type	Examples	Compound Type	Examples
COMT Activator	(None yet)	COMT Inhibitors	Nitecapone OR 486
Catecholamine Signaling <i>Decreasing</i> Agents or Drugs	Guanethidine Reserpine 6-OHDA *Clonidine	Catecholamine Signaling <i>Increasing</i> Agents or Drugs	Epinephrine Norepinephrine
Adrenergic <i>Antagonists</i>		Adrenergic <i>Agonists</i> (effects similar to epinephrine)	
α_1	Prazosin Terazosin	α_1	Phenylephrine Methoxamine
α_2	Atipamezole Yohimbine	α_2	Clonidine ST-91
α_{2A}	BRL44408	β	Bambuterol
Non-selective α -adrenergic antagonist	Phentolamine Phenoxybenzamine	$\beta_{1 \text{ and } 2}$	Isoprenaline
β_1	metoprolol	β_2	Clenbuterol Fenoterol Formoterol Metaproterenol Procaterol Salbutamol Terbutaline
β_2	ICI 118,551 Butoxamine	β_3	SR 592308
Non-selective β -blocker	Pindolol Propranolol		

* Legend: Clonidine decreases peripheral NE release [170].

Table 2

A Summary of Adrenergic Signaling Contribution to Pain Perception

Molecule	Spinal Nociception	Peripheral Nociception
Epi/NE	↓	↑
Epi/NE releasing or blocking drug	↓	↑
Epi/NE releasing cell or tissue transplant	↓	*
Adrenergic Agonist	↓	↓↑**
Adrenergic Antagonist	↑	↓↑**
Enzymatic COMT activity	↑	↓

* Legend: We have not been able to find in the literature a description of an Epi/NE releasing cell or tissue (chromaffin) transplanted other than the subarachnoid space, the eye, or within regions of the brain.

** The (α_2 -adrenergic signaling is generally analgesic and α_1 and β -adrenergic signaling is hyperalgesic or analgesic, depending on pain modality.