# **Insulin Receptor Signaling in Cones\***

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**Background:** Insulin receptor (IR)-phosphoinositide 3-kinase (PI3K) signaling pathway provides neuroprotection to cones. **Results:** Loss of PI3K in cones triggers cone degeneration that is not protected by rod derived cone survival factors. **Conclusion:** Cones have their own endogenous PI3K-mediated neuroprotective pathway. **Significance:** The IR-PI3K signaling pathway may be a target for neuroprotective therapeutic intervention.

In humans, age-related macular degeneration and diabetic retinopathy are the most common disorders affecting cones. In retinitis pigmentosa (RP), cone cell death precedes rod cell death. Systemic administration of insulin delays the death of cones in RP mouse models lacking rods. To date there are no studies on the insulin receptor signaling in cones; however, mRNA levels of IR signaling proteins are significantly higher in cone-dominant neural retina leucine zipper (Nrl) knock-out mouse retinas compared with wild type rod-dominant retinas. We previously reported that conditional deletion of the p85 $\alpha$ subunit of phosphoinositide 3-kinase (PI3K) in cones resulted in age-related cone degeneration, and the phenotype was not rescued by healthy rods, raising the question of why cones are not protected by the rod-derived cone survival factors. Interestingly, systemic administration of insulin has been shown to delay the death of cones in mouse models of RP lacking rods. These observations led to the hypothesis that cones may have their own endogenous neuroprotective pathway, or rod-derived cone survival factors may be signaled through cone PI3K. To test this hypothesis we generated  $p85\alpha^{-/-}/Nrl^{-/-}$  double knockout mice and also rhodopsin mutant mice lacking p85 $\alpha$  and examined the effect of the p85 $\alpha$  subunit of PI3K on cone survival. We found that the rate of cone degeneration is significantly faster in both of these models compared with respective mice with competent  $p85\alpha$ . These studies suggest that cones may have their own endogenous PI3K-mediated neuroprotective pathway in addition to the cone viability survival signals derived from rods.

Of all of the tissues in the body, the retina is the most susceptible to oxidant stress due to the high levels of polyunsaturated fatty acids (primarily docosahexaenoic acid, 22:6n3) in the outer segments, the high concentration of oxygen that passes through these membranes from the pigment epithelium to the mitochondria in the inner segments, and the light-induced production of free radicals in outer segments (1). In addition, the huge oxygen consumption by the mitochondria in light and dark generates abundant free radicals and reactive oxygen species. Several studies have shown that protection against reactive oxygen species-induced cell death can be mediated via phosphoinositide 3-kinase (PI3K), a downstream effector of the insulin receptor (2–5).

Insulin receptors (IR) and insulin signaling proteins are widely distributed throughout the central nervous system (CNS) (6). Previous experiments have suggested a role for insulin signaling in the regulation of food intake (7, 8) and neuronal growth and differentiation (9, 10). Disregulation of insulin signaling in the CNS has been linked to the pathogenesis of neurodegenerative disorders such as Alzheimer and Parkinson disease (11, 12). Cells of bovine and rat retina contain high affinity receptors for insulin (6). IR signaling provides a trophic signal for transformed retinal neurons in culture, and IR activation has been shown to rescue retinal neurons from apoptosis through a PI3K cascade (13). The lack of IR activation leads to neurodegeneration in brain/neuron-specific IR knock-out mice (14). We have previously reported that conditional deletion of IR in rod photoreceptor neurons resulted in a stressinduced photoreceptor degeneration (15).

Although cone photoreceptors constitute a small percent (3-5%) of retinal photoreceptors in humans and rodents (16, 17), they are essential in humans for optimal visual acuity, color vision, and visual perception under moderate to high light intensities. In humans, age-related macular degeneration and diabetic retinopathy are the most common disorders affecting cones (18-22). Cones are affected indirectly in diseases such as retinitis pigmentosa  $(RP)^2$  and directly in cone and cone-rod dystrophies (23-26). Selective loss of cones has been reported in diabetic retinopathy (21, 22), and retinal IR/PI3K/Akt signaling has been shown to be down-regulated in diabetes (27, 28). Insulin/mammalian target of rapamycin (mTOR) pathway has been shown to be essential for cone survival, and activation of this pathway by systemic administration of insulin delays the death of cones in a mouse model of RP (26, 29). These studies



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<sup>&</sup>lt;sup>2</sup> The abbreviations used are: RP, retinitis pigmentosa; mTOR, mammalian target of rapamycin; PNA, peanut agglutinin; IGF-1R, insulin-like growth factor receptor-1; PTP1B, protein-tyrosine phosphatase-IB; Grb14, growth factor receptor bound protein-14; ERG, electroretinography; POS, photoreceptor outer segment.

suggest the importance of insulin signaling in cones. We previously reported that deletion of three of the five regulatory subunits of PI3K (p85 $\alpha$ ) resulted in cone (30) but not rod (31) degeneration after 6 months, perhaps due to the differences in the day and night activities between rods and cones (32, 33). One of the differences is in ATP consumption, as its consumption is significantly reduced in rods during the day, whereas it is increased in cones (33). We have previously reported that deletion of Akt2 in rods resulted in photoreceptor degeneration (34) but not in cones as we observed in this study.

To date there are no studies available on insulin receptor signaling in cones, so we examined the expression of proteins involved in insulin receptor signaling this important class of photoreceptors. In some experiments, we used "pure cone" retinas of mice depleted of neural retina leucine zipper (Nrl) (35), a transcription factor necessary for production of rod photoreceptors. We previously showed that conditional deletion of p85 $\alpha$  in cones resulted in an age-related cone degeneration (30). The phenotype was not rescued by healthy rods, suggesting that rod-derived cone survival factors (36) may signal through cone PI3K. Interestingly, systemic administration of insulin has been shown to delay the degeneration of cones in mouse models of RP lacking rods (29). These studies led to our hypothesis that survival signals to cones from either rods or within cones mediate their neuroprotective effects through a cone PI3K-dependent manner, or cones may have their own endogenous survival factors. For the current study, we generated two additional mouse models (VPP-cone specific  $p85\alpha^{-/-}$ transgenic and Nrl<sup>-/-</sup>/p85 $\alpha^{-/-}$  mice) to demonstrate the existence of an endogenous cone survival signaling pathway independent of survival signals derived from rods. Our studies suggest that cones may have their own endogenous PI3K-mediated neuroprotective pathway in addition to the cone viability survival signals derived from rods. Even though the degeneration phenotype in cone-specific  $p85\alpha^{-/-}$  mice is similar to  $Nrl^{-/-}/p85\alpha^{-/-}$  mice, our study is novel in that it provides additional evidence that challenges the established dogma that cones rely on rods for survival. Furthermore, this is the first comprehensive study of insulin signaling in cones.

#### **EXPERIMENTAL PROCEDURES**

*Materials*—Rabbit polyclonal anti-pan-p85 $\alpha$ , anti-P110 $\alpha$ , anti-IRβ, anti-IGF1-R, anti-IRS-1, anti-IRS-2, anti-Gab1, anti-Grb14, anti-PDK1, anti-pAkt (S473), anti-Akt1, anti-Akt2, anti-Akt3, anti-mTOR, anti-p70S6K, anti-4E-BP1, anti-GSK- $3\beta$ , and anti-hexokinase II antibodies were purchased from Cell Signaling (Beverly, MA). Polyclonal anti-PTP1B antibody was purchased from Epitomics (Burlingame, CA). Mouse monoclonal anti-*B*-actin antibody was purchased from Affinity BioReagents (Golden, CO). Rabbit polyclonal anti-red/green cone opsin (M-opsin) was purchased from Millipore (Billerica, MA). Mouse monoclonal anti-Cre antibody suitable for immunohistochemistry was purchased from Abcam (Cambridge, MA). Polyclonal anti-cone T $\alpha$  antibody was obtained from Santa Cruz Biotechnology (Santa Cruz, CA). Biotinylated peanut agglutinin (PNA) and secondary antibodies were purchased from Vector Laboratories (Burlingame, CA). DAPI stain used for nuclear staining was purchased from Invitrogen-Molecular

Probes. Anti-rhodopsin (RD14) was a kind gift from Dr. Robert Molday (University of British Columbia, Vancouver, British Columbia, Canada). Rabbit polyclonal anti-cone arrestin 4 antibody was generously provided by Dr. Cheryl Craft (University of Southern California, Los Angeles, CA). An immortalized mouse cone cell line (661W) (37) was a generous gift of Dr. Muayyad Al-Ubaidi (University of Oklahoma Health Sciences Center, Oklahoma City, OK). All other reagents used for buffer preparations were of analytical grade and were purchased from Sigma.

Animals—The p85 $\alpha$  floxed mice (38) were kindly provided by Dr. Lewis Cantley (Harvard Medical School, Cambridge, MA). The  $Nrl^{-/-}$  mice were kindly provided by Dr. Anand Swaroop (NEI, National Institutes of Health, Bethesda, MD). The generation of human red/green pigment gene promoter mice was reported previously (39). All animals were treated in accordance with the ARVO Statement for the Use of Animals in Ophthalmic and Vision Research and the National Institutes of Health Guide for the Care and Use of Laboratory Animals. Protocols used were approved by the Institutional Animal Care and Use Committees at the University of Oklahoma Health Sciences Center and the Dean A. McGee Eye Institute.

Animals were born and raised in our vivarium and kept under dim cyclic light (40–60 Lux, 12-h light/dark cycle). For experiments that required enucleating the eye or removing the retina, mice were killed by asphyxiation with CO<sub>2</sub> followed by cervical dislocation. Mice designated wild type (WT) are controls in which both p85 $\alpha$  alleles are floxed. Akt1, Akt2, and Akt3 heterozygous mice on a mixed genetic background of 129/ C57BL/6 were obtained from Dr. Morris Birnbaum (University of Pennsylvania) and bred for six generations with Balb/C mice to generate mice with an albino background. Heterozygotes were bred to generate Akt1<sup>-/-</sup>, Akt2<sup>-/-</sup>, and Akt3<sup>-/-</sup> mice; wild type littermates were used as controls. A breeding colony of VPP (rhodopsin mutant) transgenic mice were obtained from Dr. Connie Cepko (Harvard Medical School, Cambridge, MA) and bred with cone conditional  $p85\alpha^{-/-}$  mice to generate cone conditional p85 $\alpha^{-/-}$ /VPP rhodopsin mutant mice. All mice were born and raised in 60-Lux cyclic light (12 h on/off) in our animal facility and maintained under these lighting conditions until they were used in an experiment.

Generation of Cone Photoreceptor-specific  $p85\alpha^{-/-}$  Mice— To produce mice with cone-specific deletion of  $p85\alpha$ , mice expressing Cre recombinase specifically in cones under the control of the human red/green pigment gene promoter (39) were bred with p85 $\alpha$  floxed mice in which a 2.6-kb fragment of the mouse *pi3k* gene containing exon 7 was flanked with *loxP* sites, which enabled deletion of all three  $p85\alpha$  isoforms (p50, p55, and p85) as previously described (38). The breeding strategy to generate  $Nrl^{-/-}$ /cone p85 $\alpha^{-/-}$  double knock-out mice is described in Table 1. In the initial breeding protocol,  $Nrl^{-/-}$ mice were crossed with cone  $\text{Cre}^{+/-}$ p85 $\alpha^{\tilde{f}f}$  (cone Cre-p85 $\alpha$ knock-out) mice, and the resultant F1 generation yielded two genotypes (50% each),  $Nrl^{+/-}/cone$   $Cre^{-/-}p85\alpha^{w/f}$  and  $Nrl^{+/-}$ /cone Cre<sup>+/-</sup>p85 $\alpha^{w/f}$ . In the next breeding, we crossed  $Nrl^{+/-}$ /cone Cre<sup>+/-</sup>p85 $\alpha^{w/f}$  mice with  $Nrl^{-/-}$  mice, and from the offspring we selected the  $Nrl^{-/-}$ /cone  $Cre^{+/-}p85\alpha^{w/f}$  and mated with  $Nrl^{-/-}$ /cone Cre<sup>-/-</sup>p85 $\alpha^{w/f}$ . The resultant F3 gen-

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**TABLE 1**Breeding strategy to generate  $NrI^{-/-}$ /cone-p85 $\alpha^{-/-}$  mice

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Breeding between		Genotypes	Expected frequency
Nrl <sup>-/-</sup>	Cone $\operatorname{Cre}^{+/-}$ p85 $\alpha^{f/f}$	$Nrl^{+/-}$ /cone Cre $^{-/-}$ p85 $\alpha^{w/f}$ $Nrl^{+/-}$ /cone Cre $^{+/-}$ p85 $\alpha^{w/f}$	50% 50%
$Nrl^{-\prime-}$ /cone Cre <sup>+/-</sup> p85 $\alpha^{w/f}$	$Nrl^{-/-}$ /cone Cre $^{-/-}$ p85 $\alpha^{w/f}$	$Nrl^{-/-}$ /cone Cre <sup>+/-</sup> p85 $\alpha^{t/f}$ $Nrl^{-/-}$ /cone Cre <sup>+/-</sup> p85 $\alpha^{w/f}$ $Nrl^{-/-}$ /cone Cre <sup>+/-</sup> p85 $\alpha^{w/w}$ $Nrl^{-/-}$ /cone Cre <sup>-/-</sup> p85 $\alpha^{t/f}$ , w/f, and w/w	12.5% (double KO mice) 25% 12.5% 50% (controls)

eration yielded six genotypes:  $Nrl^{-/-}/cone \ Cre^{-/-}p85\alpha^{f/f}$ (12.5%),  $Nrl^{-/-}$ /cone  $Cre^{-/-}p85\alpha^{w/f}$  (25%),  $Nrl^{-/-}$ /cone  $Cre^{-/-}p85\alpha^{w/w}$  (12.5%),  $Nrl^{-/-}/cone \ Cre^{+/-}p85\alpha^{f/f}$  (12.5%),  $Nrl^{-/-}$ /cone  $Cre^{+/-}p85\alpha^{w/f}$  (25%), and  $Nrl^{-/-}$ /cone  $\mathrm{Cre}^{+/-}\mathrm{p85}\alpha^{\mathrm{w/w}}$  (12.5%). Genotyping was performed by PCR analysis of genomic DNA extracted from tail snips. Each mouse was genotyped for cone opsin-Cre, p85 $\alpha$  floxed allele, and *Nrl*. For Cre genotype screening, a forward primer TTG GTT CCC AGC AAA TCC CTC TGA designed within the promoter DNA sequence and a reverse primer GCC GCA TAA CCA GTG AAACAG CAT designed within the Cre sequence were used to amplify PCR product of 411 bp. To distinguish the p85 $\alpha$  floxed allele from the WT p85 $\alpha$  allele, primer pairs of CAC CGA GCA CTG GAG CAC TG and CCA GTT ACT TTC AAA TCA GCA CAG were used to amplify a 252-bp fragment from the WT p85 $\alpha$  allele and a 301-bp fragment from the floxed p85 $\alpha$  allele (see Fig. 6, *E* and *F*). For *Nrl* genotyping, a forward primer TGA ATA CAG GGA CGA CAC CA and a reverse primer GTT CTA ATT CCA TCA GAA GCT GAC were used to detect a knockout band of  $\sim$ 450 bp. For wild type, a forward primer GTG TTC CTT GGC TGG AAA GA and a reverse primer CTG TTC ACT GTG GGC TTT CA were used to detect a wild type band of ~250 bp.

Preparation of Tissue for Paraffin Sectioning Using Prefer as a *Fixative*—Mice were euthanized by CO<sub>2</sub> asphyxiation, and the eyeballs were placed in Prefer solution (Anatech Ltd, Battle Creek, MI) for 15 min at room temperature followed by 70% ethanol overnight. The tissue was paraffin-embedded and 5-µm-thick sections were cut and mounted onto slides. Sections were deparaffinized in 2-3 changes of xylene (10 min each) and hydrated in 2 changes of 100% ethanol for 3 min each, 95 and 80% ethanol for 1 min each, and then rinsed in distilled water. The slides were then subjected to antigen retrieval (boiled in 10 mM sodium citrate buffer (pH 6.0) and in subboiling temperature for 10 min and cooled down for 30 min). The slides were washed 3 times in  $1 \times PBS$  containing 0.1%Triton X-100 and blocked with horse serum for 1 h, and primary antibody was added overnight at 4 °C. For fluorescent detection, slides were incubated with a mixture of Texas Red antimouse and FITC anti-rabbit antibodies (Vector Laboratories), each diluted 1:200 in PBS with 10% horse serum. After incubation for 1 h at room temperature, the slides were washed with PBS and cover-slipped in 50% glycerol in PBS. Antibody-labeled complexes were examined on a Nikon Eclipse E800 microscope equipped with a digital camera, and images were captured using Metamorph (Universal Imaging, West Chester, PA) image analysis software. For quantitation, all images were captured using identical microscope and camera settings so that intensities of the digital images quantitatively reflected antibody binding.

Quantitative Real-Time Reverse Transcription Polymerase Chain Reaction-Messenger RNA (mRNA) levels of IR signaling proteins and cone and rod photoreceptor specific proteins (short and middle-wavelength cone opsin, rhodopsin and cone and rod transducin  $\alpha$ -subunits) were analyzed by quantitative real-time RT-PCR using specific primer pairs (Table 2) using Primer3 software. All primer sets were designed from mRNA sequences spanning big introns to avoid amplification from possible genomic DNA contamination. The primer sequences were checked by a BLAST search to assure sequence specificity. RNA (TRIzol and Pure link RNA kit; Invitrogen) was isolated from two mice (pooled four retinas), and first-strand cDNA was synthesized using Superscript III first strand synthesis kit (Invitrogen). The RT products were diluted 1:3, and 2  $\mu$ l of each of the diluted RT products and 3 pmol of primers and Eva green super mix (Bio-Rad) were used for a final volume of 10  $\mu$ l. The PCR was carried out on a CFX96<sup>TM</sup> Real-Time System and C1000 Touch Thermal Cycler (Bio-Rad). Fluorescence changes were monitored after each cycle (SYBR Green). Melting curve analysis was performed (0.5 °C/s increase from 55 to 95 °C with continuous fluorescence readings) at the end of 40 cycles to ensure that specific PCR products were obtained. Amplicon size and reaction specificity were confirmed by electrophoresis on a 2.0% agarose gel. All reactions were performed in triplicate. The average CT (threshold cycle) of fluorescence units was used for analysis. Each mRNA level was normalized by the 18 S rRNA levels. Quantification was calculated using the CT of the target signal relative to the 18 S rRNA signal in the same RNA sample. Effects were quantified and expressed by the x-fold change method calculated as: mean CQ (quantification cycle) gene – mean CQ housekeeping gene = dCQ and -fold =  $2 \wedge$  – dCQ. The mRNA levels were averaged in the six  $Nrl^{-/-}$  mice (three samples from two mice each) and compared with those of the WT mice.

Immunostaining of Retinal Whole-mounts—Eyes were enucleated and placed in cold Hanks' balanced salt solution buffered with 25 mM HEPES (pH 7.2), after which the cornea and lens were removed, and retinas were carefully isolated. Relaxing cuts were made in the retinal margins, and the whole retina was flattened onto a black filter membrane. Whole-mounted retinas were fixed in 4% paraformaldehyde in PBS at 4 °C for 2 h and rinsed in PBS, and nonspecific labeling was blocked using 10% horse serum in PBS. Whole-mounts were incubated in a combination of biotinylated PNA (1:500) and anti-cone arrestin (1:500) or anti-cone T $\alpha$  (1:50) overnight at 4 °C. Streptavidin conjugated to Texas Red (1:250) was used to visualize PNA labeling. Cone arrestin or cone-T $\alpha$  immunoreactivity was visualized using an FITC-conjugated secondary antibody (1:200). Labeling in retinal whole mounts was imaged using either a



#### TABLE 2

Real-time PCR primers to study the gene expression of IR signaling MWL, middle wavelength; SWL, short wavelength.

Gene	Forward primer	Reverse primer
IR	CCCCCTGATAACTGTCCAGA	CTCCATCTCCAGCTCCTCAC
IGF1-R	GACGGACTACTACCGGAAAGG	ACGAAGAACTTGCTCGTTGG
Ρ110α	GATTTTGGGCACTTTTTGGA	CAGAGCCAAGCATCATTGAA
p85α	TGACGAGAAGACGTGGAATG	CCGGTGGCAGTCTTGTTAAT
PTP1B	ACCTGTGGGGGATGAAGACAG	ATGCACACATTGACCAGGAA
Grb14	TTTCTTGGTACGGGATAGTCAGA	CAGCTGGATGAGGTCTGTGA
SRC	TACCGTATGTCCCACATCCA	CCAGTTTCTCGTGCCTCAGT
mTOR	CGGTTTGGTGAAACCAGAAG	GTGAGATGTTGCCTGCTTGA
P70S6 kinase	CTCAGTGAAAGTGCCAACCA	CGCTCACTGTCACATCCATC
4E-BP1	GGGGACTACAGCACCACTCC	ATCGCTGGTAGGGCTAGTGA
Rhodopsin	CAAGAATCCACTGGGAGATGA	GTGTGTGGGGGACAGGAGACT
Rod T $\alpha$	GAGGATGCTGAGAAGGATGC	TGAATGTTGAGCGTGGTCAT
Cone T $\alpha$	GCATCAGTGCTGAGGACAAA	CTAGGCACTCTTCGGGTGAG
MWL opsin	CTCTGCTACCTCCAAGTGTGG	AAGTATAGGGTCCCCAGCAGA
SWL opsin	TGTACATGGTCAACAATCGGA	ACACCATCTCCAGAATGCAAG
18 S RNA	TTTGTTGGTTTTCGGAACTGA	CGTTTATGGTCGGAACTACGA

Nikon Eclipse E800 (Tokyo, Japan) or an Olympus IX70 (Olympus USA, Center Valley, PA) epifluorescence microscope.

Preparation of Photoreceptor Outer Segment Membranes from Cone-dominant Nrl<sup>-/-</sup> Retina-Photoreceptor outer segments (POS) were prepared using discontinuous sucrose gradient centrifugation. Thirty  $Nrl^{-/-}$  mouse retinas were homogenized in ice-cold 47% sucrose solution containing 100 mM NaCl, 1 mM EDTA, 1 mM phenylmethylsulfonyl fluoride, and 10 mM Tris-HCl (pH 7.4) (buffer A). Retinal homogenates were transferred to centrifuge tubes and sequentially overlaid with 42, 37, and 32% sucrose dissolved in buffer A. The gradients were spun at 82,000  $\times$  g for 1 h at 4 °C. The 32%/37% interfacial sucrose band containing POS membranes was harvested and diluted with 10 mM Tris-HCl (pH 7.4) containing 100 mM NaCl and 1 mM EDTA and centrifuged at 27,000  $\times$  g for 30 min. The POS pellets were resuspended in 10 mM Tris-HCl (pH 7.4) containing 100 mM NaCl and 1 mM EDTA and stored at -20 °C. Protein concentrations were determined using the BCA reagent from Pierce following the manufacturer's instructions.

*Cell Culture*—661W cone cell line and HEK-293T cells were grown in Dulbecco's modified Eagle's media supplemented with 10% fetal bovine serum and 1% penicillin/streptomycin at 37 °C in a humidified atmosphere with 5%  $CO_2$ .

*Statistical Analysis*—One-way analysis of variance and posthoc statistical analysis using Bonferroni pairwise comparisons were used to determine statistical significance (p < 0.05).

#### RESULTS

Expression of Insulin Receptor Signaling Proteins in Mature Cone Photoreceptors—To determine whether mature cone photoreceptors express insulin signaling protein *in vivo*, we took advantage of the  $Nrl^{-/-}$  mouse model, where the photoreceptor population consists exclusively of cones by virtue of the absence of the rod differentiation transcription factor Nrl(35). Retinas from and  $Nrl^{-/-}$  and wild type mice were harvested and used for the preparation of POS membranes, which were immunoblotted with antibodies to the IR, insulin-like growth factor receptor-1 (IGF-1R), protein-tyrosine phosphatase-IB (PTP1B), p85 $\alpha$ , Akt, and growth factor receptor bound protein-14 (Grb14). Rod and cone photoreceptor-specific proteins, rhodopsin and M-opsin, were used as markers. The results indicate that mature cone POS express IR, IGF1-R,



FIGURE 1. **Expression of IR signaling proteins in POS.** POS were prepared by discontinuous sucrose (47, 42, 37, and 32%) density gradient centrifugation as described under "Experimental Procedures." Retina lysates prepared from  $NrI^{-/-}$  mice and POS from  $NrI^{-/-}$  and wild type mice were immunoblotted with anti-IR, anti-IGF1-R, anti-PTP1B, anti-Grb14, anti-985 $\alpha$ , anti-Akt, anti-M-opsin, and anti-rhodopsin antibodies (*A*–*H*). POS and non-POS fractions prepared from ground squirrel retina were immunoblotted with anti-IR, anti-M-opsin, and anti-rhodopsin antibodies (*I*–*K*). Equal amounts of protein from mice (5  $\mu$ g) and squirrel (5  $\mu$ g) were applied to the gel.

PTP1B, Grb14, p85 $\alpha$ , and Akt (Fig. 1, *A*–*H*). The rod-specific protein marker opsin was absent from  $Nrl^{-/-}$  POS and  $Nrl^{-/-}$  retinal lysates, both of which contained M-opsin (Fig. 1*H*).

To further establish the existence of insulin receptor signaling pathway proteins in cone photoreceptors, we prepared POS from cone-rich ground squirrel retinas (~90% cones) (40). Immunoblot analysis with anti-IR antibody shows its expression in POS (Fig 1, *I*–*K*). Some of the antibodies against IR signaling proteins did not recognize squirrel tissue (data not shown). Higher levels of M-opsin were present in ground squirrel POS compared with non-POS (Fig. 1*K*). The rod-specific protein marker opsin was barely detected in ground squirrel POS (Fig. 1*K*).

Localization of Insulin Signaling Proteins in Cone Photo*receptors*—In the Nrl<sup>-/-</sup> retina, the absence of the transcription factor leads to the development of only functional cone-like cells. The Nrl<sup>-/-</sup> retina is characterized by large undulations of the outer nuclear layer, commonly known as rosettes. These arise due to defects in the outer limiting membrane and delayed maturation of a subset of photoreceptors (41). To examine the localization of insulin signaling pathway proteins in  $Nrl^{-/-}$  retina, Prefer-fixed  $Nrl^{-/-}$  retina sections were co-labeled with primary antibodies against various IR signaling pathway proteins and arrestin, a photoreceptor-specific marker. The arrestin antibody we used cross-reacts with both rod and cone arrestin (42). In this study we labeled the  $Nrl^{-/-}$ retina sections with IR, p85 $\alpha$ , pAkt, PTP1B, Grb14, and hexokinase II. We also tried total Akt antibody but failed to observe the immunoreactivity toward  $Nrl^{-/-}$  retina, although Akt was seen on Western blots (Fig. 1F). Hexokinase II is a downstream effector of Akt (43), and hence, we labeled the  $Nrl^{-/-}$  retina with hexokinase II antibody. Negative controls include the omission of primary antibodies. We found that IR,  $p85\alpha$ , pAkt,





FIGURE 2. **Immunocytochemical analysis of IR signaling proteins in**  $NrI^{-/-}$  **mouse retina.** Prefer-fixed sections of  $NrI^{-/-}$  mouse retinas were subjected to immunohistochemical analysis with anti-IR, anti-p85 $\alpha$ , anti-pAkt (Ser-473), anti-PTP1B, anti-Grb14, and anti-hexokinase II antibodies. All sections were co-labeled with IR signaling proteins (*green*) and photoreceptor specific protein marker arrestin (*red*). For controls, primary antibodies were omitted. Nuclei were counterstained with DAPI (*blue*).

PTP1B, Grb14, and hexokinase II (*green signal*) co-localized (*Merge*) with photoreceptor-specific marker arrestin (*red signal*), suggesting that IR signaling proteins are expressed in cone photoreceptors (Fig. 2). Omission of primary antibody did not show any further staining, attesting to the specificity of antibodies toward their specific target protein epitopes. It should be noted that the secondary anti-mouse antibody (*red signal*) non-

specifically labeled endogenous IgGs in the blood vessels (Fig. 2, omission of the primary antibody panel). Nuclei are stained with DAPI in the last two columns.

*Expression of IR Signaling Proteins in Cone Photoreceptor Cell Line*—To further establish the existence of an IR signaling pathway in cone photoreceptors, we analyzed immunoblots of lysates of 661W cells (a mouse retinal photoreceptor-derived





FIGURE 3. **Expression levels of IR signaling proteins in 661W cone cell line.** Cell extracts (20  $\mu$ g of protein) from HEK-293T and 661W cone cell lines from two independent cultures were immunoblotted with anti-IR, anti-IGF1-R, anti-IRS-1, anti-IRS-2, anti-Gab1, anti-PTP1B, anti-Grb14, anti-p110 $\alpha$ , anti-p85 $\alpha$ , anti-PDK1, anti-Akt2, anti-Akt3, anti-GSK-3 $\beta$ , anti-mTOR, anti-p70S6K, anti-4E-BP1, anti-actin, anti-cone-T $\alpha$ , anti-M-opsin, and anti-rhodopsin antibodies.

cone-like transformed cell line (37)) for IR signaling protein expression. Human embryonic kidney cell (HEK-293T) lysates were used as control. Equal amounts of proteins from 661W and HEK-293T cell lysates were immunoblotted with anti-IR, anti-IGF1-R, anti-IRS-1, anti-IRS-2, anti-Gab1, anti-PTP1B, anti-Grb14, anti-P110 $\alpha$ , anti-p85 $\alpha$ , anti-PDK1, anti-mTOR, anti-p70 S6 kinase, anti-4E-BP1, anti-GSK-3 $\beta$ , anti-actin, anti-cone T $\alpha$ , anti-M-opsin, and anti-rhodopsin antibodies. The results indicate that all proteins either upstream or downstream of IR signaling pathway are expressed in the 661W cone-like cell line (Fig. 3). The cell line also expresses the markers of cone photoreceptor cells, cone T $\alpha$ , and M-opsin but not the rod cell marker rhodopsin (Fig. 3). These results further confirm the existence of an IR signaling pathway in cones.

Expression Levels of Proteins Involved in the IR Signaling Pathway in Rod and Cone-dominant Retina-Real-time RT-PCR analysis was used to confirm the expression levels of proteins involved in the IR signaling pathway and a subset of cone and rod specific photoreceptor genes in rod and cone-dominant retinas. The primers used in this study are described in Table 1. cDNAs were prepared from RNA isolated from three groups of independent wild type and  $Nrl^{-/-}$  mouse retinas (each group has four retinas from two mice). The mRNA levels of these genes were normalized against 18 S rRNA levels. The results indicate that expression levels of IR, IGF1-R, Grb14, 4E-BP1, mTOR, P110 $\alpha$ , p85 $\alpha$ , PTP1B, p70S6 kinase, and Src are significantly higher in cone-like  $Nrl^{-/-}$  retina compared with rod dominant retina (Fig. 4). The expression levels of cone photoreceptor-specific markers cone  $T\alpha$ , medium wavelength opsin, and short wave length opsin were significantly higher in

cone-like  $Nrl^{-\prime-}$  retina compared with rod dominant retina, whereas rod photoreceptor-specific markers rhodopsin and rod T $\alpha$  were almost absent in cone-like  $Nrl^{-\prime-}$  retina compared with rod dominant retina (Fig. 4). These studies further confirm the existence of an IR signaling pathway in cone photoreceptor neurons.

Generation of Cone Cre-p85 $\alpha^{-/-}$ /VPP Transgenic Mice— VPP mice possess a mutant transgene for opsin and exhibit a progressive rod degeneration that resembles one form of human autosomal dominant RP (44). Rod degeneration in these mice is followed by cone degeneration (44). Furthermore, the reduced electroretinography (ERG) function in these mice is correlated with the rate of retinal degeneration (44). To determine whether the loss of p85 $\alpha$  in cones exacerbates the loss of cones before rod degeneration, we generated cone  $p85\alpha^{-/-}$ VPP transgenic mice. At 1-month age, the cone p85 $\alpha^{-/-}$ /VPP mice had significantly lower scotopic b-wave and photopic b-wave amplitudes than the VPP mice; however, scotopic a-wave amplitudes remained the same in both groups (Fig. 5). The reduction in scotopic b-wave amplitude in p85 $\alpha^{-/-}$ /VPP transgenic mice was surprising, as there was no difference in the a-wave values. We previously reported that ablation of p85 $\alpha$  in cones leads to progressive disorganization of synaptic ultrastructure in surviving cone terminals, indicating that PI3K signaling is critical to the maintenance of synaptic terminals and connections by cones (30). It may be that the synaptic changes noted in the cones have some effect on rod b-wave function. These results suggest that survival signals to cones from either rods or within cones, independent of rod survival signals, mediate their neuroprotective effects through PI3K.

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FIGURE 4. **Comparison of mRNA levels of IR signaling proteins in rod- and cone-dominant retina.** Equal amounts of retinal mRNA from three independent  $Nrl^{-/-}$  and C57BL/6 mice were used for real-time RT-PCR and normalized by 18 S rRNA levels. mRNA levels were averaged for 4E-BP1, Grb14, IGF1-R, IR, mTOR, p110 $\alpha$ , p85 $\alpha$ , PTP1B, P70S6K, Src, cone-T $\alpha$ , middle wavelength (*MWL*) cone opsin, rhodopsin, rod T $\alpha$ , and short wavelength (*SWL*) cone opsin. Each mRNA level in  $Nrl^{-/-}$  and C57BL/6 mice was expressed as normalized -fold expression (normalized by 18 S rRNA). The data are the mean  $\pm$  S.D. n = 3. \*\*, p < 0.05; \*, p < 0.001.



FIGURE 5. **Function of VPP and VPP/p85** $\alpha^{-/-}$  **mouse retina.** Scotopic aand b-wave and photopic b-wave ERG amplitudes of VPP and VPP-cone-crep85 $\alpha^{-/-}$  mice at 1 month of age are shown. Data are the mean ± S.D. n = 3; \*, p < 0.05.

Generation and Characterization of  $Nrl^{-/-}/cone \ p85\alpha^{-/-}$ Double Knock-out Mice—To produce mice with cone-specific deletion of p85 $\alpha$ , mice expressing Cre recombinase specifically in cones under the control of the human red/green pigment gene promoter (39) were bred with p85 $\alpha$  floxed mice in which a 2.6-kb fragment of the mouse *pi3k* gene containing exon 7 was flanked with *loxP* sites, which enabled deletion of p85 $\alpha$  in cones (Fig. 6A). The breeding strategy to generate  $Nrl^{-/-}/cone$ p85 $\alpha^{-/-}$  double knock-out mice is described in Table 1.

To ensure that Cre expression in cones was working properly, we assessed Cre protein expression and cellular localization in the retinas of  $Nrl^{-/-}$  and  $Nrl^{-/-}/p85\alpha^{-/-}$  littermates by immunofluorescence microscopy using an anti-Cre antibody (Fig. 6, C and D). Arrestin immunostaining was used to localize cone photoreceptors in  $Nrl^{-/-}$  retina (Fig. 6B). Cre expression was localized to cone photoreceptor nuclei in  $Nrl^{-/-}$ /p85 $\alpha^{-/-}$  retinas (Fig. 6D) but was absent in  $Nrl^{-/-}$ (Fig. 6*C*). To determine the deletion of p85 $\alpha$  in  $Nrl^{-/-}$  retinas, we prepared POS from  $Nrl^{-/-}/p85\alpha^{-/-}$  and  $Nrl^{-/-}$  retinas on a discontinuous sucrose density gradient centrifugation. POS proteins were subjected to immunoblot analysis with anti-p85 $\alpha$ and anti-M-opsin antibodies, and densitometric analysis of immunoblots was performed in the linear range of detection, and absolute value of  $p85\alpha$  was normalized to M-opsin. The  $Nrl^{-/-}$  (p85 $\alpha$ /M-opsin) was set as 100% (data not shown). The results indicate a deletion of >80% of p85 $\alpha$  in  $Nrl^{-/-}/p85\alpha^{-/-}$ mice compared with  $Nrl^{-/-}$  mice (Fig. 6, *G* and *H*). Consistent with these observations, immunohistochemical analysis with p85 $\alpha$  antibody also shows a decreased expression of p85 $\alpha$  in  $Nrl^{-/-}$ /p85 $\alpha^{-/-}$  mice compared with  $Nrl^{-/-}$  mice (Fig. 6*I*).

Effect of  $p85\alpha$  Deletion on Cone Survival in  $Nrl^{-/-}$  Mouse Retinas—To test if the deletion of  $p85\alpha$  triggers cone cell death in  $Nrl^{-/-}$  mouse retinas, we performed lectin cytochemical and immunohistochemical analysis of whole retinal flat mounts using PNA and anti-cone T $\alpha$  to label cone outer and inner segments (45), respectively. Fluorescence microscopic analysis of  $Nrl^{-/-}$  and  $Nrl^{-/-}/p85\alpha^{-/-}$  retinal flat mounts indicated that distribution and density of cone photoreceptors was reduced at 1 month age in  $Nrl^{-/-}/p85\alpha^{-/-}$  retinas compared with  $Nrl^{-/-}$  retinas (Fig. 7, A-H). These experiments suggest that cones may have their own endogenous survival pathway, which is signaling though PI3K.





FIGURE 6. **Generation of**  $Nrl^{-'}$ **/cone-p85** $\alpha^{-'}$ **- double knock-out mice.** Cone photoreceptor-specific deletion of p85 $\alpha$  was achieved by cross-breeding floxed p85 $\alpha$  mice to cone-specific Cre-recombinase mice under the control of red/green opsin promoter to delete exon 7 (*A*). Cone-conditional p85 $\alpha^{-'}$  mice were bred to  $Nrl^{-'}$  mice, generating an  $Nrl^{-'}$ /cone-p85 $\alpha^{-'}$  double knock-out mouse line as described under "Experimental Procedures."  $Nrl^{-'}$  and  $Nrl^{-'}$  retinal sections were subjected to immunohistochemistry with anti-arrestin (*B*) anti-Cre (*C* and *D*), and anti-p85 $\alpha$  (*I*) antibodies. *RPE*, retinal pigment epithelium; *ONL*, outer nuclear layer; *OPL*, outer plexiform layer; *INL*, inner nuclear layer; *IPL*, inner plexiform layer; *GCL*, ganglion cell layer. Mouse tail DNA samples were genotyped for cone opsin *cre* (*E*) and floxed p85 $\alpha$  (*F*) genes. POS were prepared from  $Nrl^{-'}$  and  $Nrl^{-'-}$  mouse retinas by discontinuous sucrose gradient centrifugation. Equal amounts of POS proteins (20  $\mu$ g) were immunoblotted with anti-p85 $\alpha$  (*G*) and anti-M-opsin (*H*) antibodies.

Effect of  $p85\alpha$  Deletion on Retinal Function in  $Nrl^{-/-}$  Mouse Retinas—Retinal function of  $Nrl^{-/-}/p85\alpha^{-/-}$  mice was assessed at 1 month of age by ERG. As expected (35), neither  $Nrl^{-/-}$  nor  $Nrl^{-/-}/p85\alpha^{-/-}$  mice exhibited any rod function

(Fig. 8). The scotopic b-wave amplitudes were reduced in  $Nrl^{-/-}/p85\alpha^{-/-}$  mice compared with  $Nrl^{-/-}$  mice. The amplitude of the maximum light-adapted cone b-wave for the  $Nrl^{-/-}/p85\alpha^{-/-}$  mice was significantly reduced compared with  $Nrl^{-/-}$  mice

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FIGURE 7. Increased cone cell death in  $NrI^{-/-}$ /cone-p85 $\alpha^{-/-}$  mice at 1 month of age. PNA (*red*) and anti-cone-T $\alpha$  cone (*green*) immunofluorescence staining of retinal whole mounts from  $NrI^{-/-}$  (A-C) and  $NrI^{-/-}$ /cone-p85 $\alpha^{-/-}$  mice (E-G) is shown. For a control, primary antibodies were omitted (D and H).

(Fig. 8). Consistent with these observations, we also found decreased amplitudes of 30 Hz flicker ERG of M- and S-cone responses in  $Nrl^{-/-}/p85\alpha^{-/-}$  mice compared with  $Nrl^{-/-}$  mice (Fig. 8).

Effect of Deletion of Individual Akt Isoforms on Cone Survival— Retinal flat mounts of 6-month-old Akt1, Akt2, and Akt3 knock-out mice and their wild type littermates were subjected to lectin cytochemical and immunohistochemical analysis using PNA and anti-cone  $T\alpha$  to label cone outer and inner segments (45), respectively. Fluorescence microscopic analysis of WT and respective Akt isoform knock-out retinal flat mounts indicated that distribution and density of cone photoreceptors was not affected at 6 months of age (Fig. 9). On the other hand, cone  $p85\alpha^{-/-}$  mice exhibited a significant loss of cones at 6 months of age compared with WT (Fig. 9). The absence of a phenotype in individual Akt isoforms suggests the existence of a functional redundancy among Akt isoforms in cones.

Decreased Phosphorylation of 4E-BP1, a Repressor of mRNA Translation—Retinal proteins from  $Nrl^{-/-}$  and  $Nrl^{-/-}$ /  $p85\alpha^{-/-}$  mice were immunoblotted with anti-p-mTOR (Ser-2448), anti-mTOR, anti-p-4E-BP1, and anti-4E-BP1 antibodies. Densitometric analysis of immunoblots was performed in the



FIGURE 8. Function of  $Nrl^{-/-}$  and  $Nrl^{-/-}$ /cone-p85 $\alpha^{-/-}$  mouse retina. Shown is scotopic a- and b-wave and photopic b-wave ERG analysis of  $Nrl^{-/-}$  and  $Nrl^{-/-}$ /cone-p85 $\alpha^{-/-}$  mice at 1 month of age. 30-Hz flicker ERG M- and S-cone responses of  $Nrl^{-/-}$  and  $Nrl^{-/-}$ /p85 $\alpha^{-/-}$  mice are shown. Data are the mean  $\pm$  S.E. n = 3. \*, significance p < .05.

linear range of detection, and absolute values of the phosphorylation signal on mTOR and 4E-BP1 were normalized to their respective pan-mTOR, pan-4E-BP1, and actin antibodies. We observed a decreased phosphorylation of 4E-BP1 and mTOR in  $Nrl^{-/-}$ /p85 $\alpha^{-/-}$  mouse retinas compared with  $Nrl^{-/-}$  retinas, although the difference was not statistically significant (Fig. 10).

#### DISCUSSION

In humans and rodents, cone photoreceptors constitute a small percent (3-5%) of total retinal photoreceptors (16, 17). Technically, it is challenging to study cone-specific expression of a particular protein common for both rod and cone photoreceptors in the rod-dominant retina. To determine the existence of a functional IR signaling survival pathway in cones, we took advantage of pure-cone retinas of the neural retina leucine zipper (Nrl) knock-out mice (35). Mice lacking the transcription factor Nrl experience a block in the differentiation of rod precursor cells, resulting in retinas containing a single class of photoreceptors that are indistinguishable from authentic cones on the basis of a number of criteria (35, 46-48). Although the retinas of  $Nrl^{-/-}$  mice experience age-related changes after 3 months of age, studies in young animals provide a powerful approach to understanding cone cell function in a normally rod-dominant retina. These mice will serve as a valuable tool to generate double knock-out mice and have been used in several studies to define the functional aspects of a protein(s) in cones (46, 47, 49).

Immunoblot analysis of IR signaling proteins in POS from  $Nrl^{-/-}$  retinas clearly indicate the expression of these proteins. Our immunohistochemical studies on  $Nrl^{-/-}$  retinas further support our immunoblot analysis. Consistent with the expression of IR in POS in  $Nrl^{-/-}$  retinas, we also found the expression of IR in cone dominant ground squirrel POS. To further substantiate the existence of the IR signaling pathway in cone photoreceptors, we analyzed lysates of 661W cells (a cone-like transformed





FIGURE 9. Flat mounts of cone photoreceptors in wild type, cone-specific  $p85\alpha^{-/-}$ ,  $Akt1^{-/-}$ ,  $Akt2^{-/-}$ , and  $Akt3^{-/-}$  mice. Shown is PNA (*red*) and anti-cone arrestin ( $p85\alpha$ ) or anti-cone T $\alpha$  (*green*) immunofluorescence staining of retinal whole mounts from WT, knock-out mice (cone specific  $85\alpha$ , global Akt1, Akt2, and Akt3). For a control, primary antibodies were omitted.

cell line) for expression of IR and its downstream effectors by immunoblotting analysis. This cell line has previously been used to study the multiple death pathways in cone photoreceptors (50). The results indicate that 661W cells express almost all IR signaling proteins. These experiments provide evidence for the existence of an IR signaling pathway in cone photoreceptors *in vivo* and *in vitro*. One of the novel findings we observed in this study is that the expression levels of IR signaling proteins (IR, IGF1-R, mTOR, p110 $\alpha$ , p85 $\alpha$ , PTP1B, p70S6K, and Src) in cone dominant retinas were significantly higher compared with the rod dominant retina. These studies further confirm that increased levels of IR signaling proteins in cones may play an important role in cone survival.

Even though age-related cone degeneration occurred in cone-p85 $\alpha^{-/-}$  mice, rod viability was not affected in these mice (30). These results suggest that cone cell death due to the absence of p85 $\alpha$  could not be rescued by surrounding healthy rods and their putative trophic survival signals. Rod-derived cone viability factor (RdCVF) has been shown to protect cones in the absence of rods (36). On the other hand, insulin can delay

the death of cones in mouse models of RP lacking rods (29). These studies led to the hypothesis that survival signals to cones from either rods or within cones mediate their neuroprotective effects through a cone-PI3K-dependent manner. In either case, our studies suggest the importance of p85 $\alpha$  on cone cell survival. It is well known that mutations of rod-specific genes that lead to rod malfunction and death also compromise cone function and survival, eventually resulting in complete blindness (19, 44, 51–53). Even though the underlying genetic mutations of RP are known, the particular cone survival pathways affected, ultimately leading to cone photoreceptor death, are not well known. In the current study ablation of cone p85 $\alpha$  under a rhodopsin mutant background (VPP) exacerbates a decrease in cone function compared with rhodopsin mutant mice with a competent  $p85\alpha$ . Interestingly, the rhodopsin mutant mice have rod function, presumably making rod-derived and other putative trophic survival factors for cone survival, but fail to prevent the loss of cone function in the absence of  $p85\alpha$ . These observations suggest that rod-derived cone survival factors may be signaled through cone PI3K.





FIGURE 10. **Phosphorylation status of mTOR and 4E-BP1 in** *Nrl<sup>-/-</sup>* **and** *Nrl<sup>-/-</sup>* **p85** $\alpha^{-/-}$  **mouse retina.** Equal amounts of retinal proteins (20 µg) from *Nrl<sup>-/-</sup>* and *Nrl<sup>-/-</sup>*/p85 $\alpha^{-/-}$  mice were subjected to immunoblot analysis with anti-p-mTOR (Ser-2448), mTOR anti-p-4E-BP1, anti-4E-BP1, and anti-actin antibodies. Densitometric analysis of immunoblots was performed in the linear range of detection, and absolute values of phosphorylation signals on mTOR and 4E-BP1 were normalized to their respective pan-mTOR, pan-4E-BP1, and actin antibodies. The phosphorylation status in *Nrl<sup>-/-</sup>* mouse retina was set at 100%.

Systematic administration of insulin has been shown to delay the death of cones in mouse models of RP lacking rods (29). These observations suggest that cones may have their own endogenous neuroprotective pathway(s) in addition to rod-derived cone viability factor (36) and other rod-derived trophic factors. To test this hypothesis, we generated a  $Nrl^{-/-}/$  $p85\alpha^{-/-}$  double knock-out mouse line and examined the effect of p85 $\alpha$  on cone function and cone cell survival. At one month of age, the  $Nrl^{-/-}/p85\alpha^{-/-}$  mice show a significant decrease in cone function compared with  $Nrl^{-/-}$  mice, and this functional loss is due to significant cone cell death. If cones do not have an endogenous neuroprotective pathway, one would expect to observe no difference in the cone function and cone cell death between  $Nrl^{-/-}$  and  $Nrl^{-/-}/p85\alpha^{-/-}$  mice. The rapid cone degeneration in the absence of cone p85 $\alpha$  under  $Nrl^{-/-}$  background suggests that cones may have their own endogenous survival signals in addition to cone survival factors communicated by rods.

Our study suggests several differences between rods and cones. The expression levels of IR signaling proteins are significantly higher in cones compared with rods. Our current and

#### Insulin Signaling in Cones

earlier functional studies on PI3K suggest that this pathway is essential for cone survival (30), and we observed a functional redundancy in rod-specific  $p85\alpha^{-/-}$  mice (31). The PKB/Akt family consists of three members, PKB $\alpha$ /Akt1, PKB $\beta$ /Akt2, and PKB $\gamma$ /Akt3, which are products of three separate genes located on distinct chromosomes (54-59). The isoforms share a high degree of structural and sequence conservation through evolution (54–59). Akt1 and Akt2 are ubiquitously expressed (60), whereas Akt3 is found primarily in brain with little expression in heart, kidney, and placenta (54). We found that all three Akt isoforms are expressed in both rods (61) and cones. In this study, deletion of individual Akt isoforms, Akt1, Akt2, and Akt3, did not show any retinal phenotype, suggesting a functional redundancy exists among Akt isoforms. Surprisingly, in rods, Akt2 deletion has both a functional and a structural phenotype, enforcing a non-redundant role of Akt2 in rod photoreceptor function (34).

mTOR is a serine/threonine kinase that plays a critical role in coordinating cell growth, cell proliferation, cell motility, cell survival, protein synthesis, and transcription (62) with growth factor inputs as well as cellular nutrient and energy status (63-66). The activation of mTOR is positively regulated by Akt (67). mTOR is phosphorylated at serine 2448 via the PI3K/Akt signaling pathway (68). Two major substrates for mTOR include the serine/threonine kinase p70S6K and the 4E-binding protein 4E-BP1, both of which have been implicated in the control of protein translation (67). The phosphorylation of 4E-BP1 by mTOR results in the release of the cap-binding protein eIF-4E, which is held inactive when bound to hypophosphorylated 4E-BP1, allowing eIF-4E to form an initiation factor complex (69). In our study we found a decreased phosphorylation of 4E-BP1 in  $Nrl^{-/-}/p85\alpha^{-/-}$  mouse retinas compared with  $Nrl^{-/-}$  mouse retinas. 4E-BP1 is a repressor of mRNA translation, and it has been previously shown to be phosphorylated and inactivated by PI3K/Akt signaling pathway (70). Postmitotic neurons also require protein synthesis for survival (71). Consistent with this idea is that stimulation of the insulin/ mTOR pathway has been shown to delay cone cell death in a mouse model of RP (29). Studies in Caenorhabditis elegans identified the mammalian equivalents of insulin and PI3K as modulators of longevity, probability through regulation of metabolism and protein synthesis (72, 73). Insulin receptor activation has also been shown to promote rat retinal neuronal cell survival in a p70S6K-dependent manner (74). These studies suggest that the absence of p85 $\alpha$  in cones may lead to cone degeneration, and this could be due to decreased mRNA translation and protein synthesis. Further studies are required to identify the ways to activate the mRNA translation and protein synthesis in retinal degenerative diseases affecting the cones.

Our studies suggest that activation of the IR (or other receptor)/mTOR/PI3K/Akt pathways may have clinical relevance. Age-related macular degeneration, diabetic retinopathy, and RP are retinal diseases that result in loss of cone function and ultimately lead to cone death, resulting in blindness. Our findings may have significance in other chronic neurological diseases such as Parkinson, Huntington, and Alzheimer disease as



deficient brain insulin signaling pathway in Alzheimer disease and diabetes has recently been reported (75, 76).

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