

# NIH Public Access Author Manuscript

Inflamm Res. Author manuscript; available in PMC 2013 July 16.

Published in final edited form as:

Inflamm Res. 2008; 57(01): S43–S44. doi:10.1007/s00011-007-0621-3.

# Molecular determinants of ligand-directed signaling for the histamine H<sub>1</sub> receptor

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## Introduction

Histamine activation of the H<sub>1</sub> G protein-coupled receptor (GPCR) predominately activates  $Ga_q$  protein and stimulation of phospholipase (PL) C to form inositol phosphates (IP) and diacylglycerol (DAG) signaling molecules [1]. This activity can present as respiratory distress, diarrhea, edema, and hypotension associated with an allergic response. In mammalian brain and adrenal gland, H<sub>1</sub> activation also can stimulate  $Ga_s$  and adenylyl cyclase (AC) to form adenosine 3',5'-cyclic monophosphate (cAMP), a signaling molecule that modulates catecholamine neurotransmitter synthesis and release [1, 2]. Development of H<sub>1</sub> drugs has focused on antagonists for their anti-allergy effects. Recent understanding of the clinical importance of H<sub>1</sub> receptors in brain, however, suggests pharmacotherapeutic potential of H<sub>1</sub>/AC/cAMP agonists in neurodegenerative and neuropsychiatric disorders [3]. Like all mammalian GPCRs except bovine rhodopsin, the 3-dimensional structure of the human histamine H<sub>1</sub> receptor is unknown, compromising rational design of especially agonist H<sub>1</sub> receptor drugs. Here, human H<sub>1</sub> receptor mutagenesis and homology modeling results begin to delineate molecular determinants involved in histamine activation of H<sub>1</sub>-mediated PLC/IP/ versus AC/cAMP signaling.

## Materials and methods

Histamine competitive displacement of the H<sub>1</sub> radioligand [<sup>3</sup>H]-mepyramine was measured in membranes prepared from CHO-K1 cells and activity of PLC/IP or AC/cAMP formation was measured in whole CHO-K1 cells transiently expressing human cDNA for wild type (WT), K5.39A, or N5.46A point-mutated H<sub>1</sub> receptors, as previously described [1, 2, 4]. Western blots confirmed receptors were expressed at comparable levels. Data were analyzed by nonlinear regression and expressed as mean percent basal condition. Measurements were in triplicate and experiments repeated using a new batch of transfected cells at least three times. The H<sub>1</sub> receptor model was built using Sybyl 7.2, based on homology to the bovine rhodopsin crystal structure (PDB code 1L9H). Model refinement using molecular dynamics (MD) simulation in a lipid bilayer environment was performed with Gromacs 3.3.1 [5]. Manual docking of histamine to the H<sub>1</sub> model was guided by mutagenesis results. The histamine–H<sub>1</sub> receptor complex was energy minimized and subjected to a 100ps MD

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simulation with C atoms of the receptor constrained (ligand could move freely) using Amber force field and Gasteiger-Huckel charges.

#### **Results and discussion**

Results for histamine binding and activation (PLC/IP vs. AC/cAMP signaling) of the human WT H<sub>1</sub> receptor in comparison to K5.39A and N5.46A point-mutated H<sub>1</sub> receptors are summarized in the Table. At K5.39A and N5.46A H<sub>1</sub> receptors, respectively, histamine affinity (K<sub>i</sub>) is ~8- and ~40-times lower, and, potency (EC<sub>50</sub>) to stimulate PLC/IP formation is ~9- and ~320-times lower, but, efficacy (E<sub>max</sub>) is not significantly (P > 0.05) affected, in comparison to WT receptors. Histamine potency and efficacy to stimulate AC/cAMP signaling is not significantly (P > 0.05) affected by the K5.39A and N5.46A point mutations. Thus, when H<sub>1</sub> K5.39 and N5.46 are mutated to nonfunctional alanine residues, histamine ability to bind the receptor and activate PLC/IP signaling is compromised, but, histamine ability to activate AC/cAMP signaling is unaffected. These results suggest that K5.39 and N5.46 are important H<sub>1</sub> receptor residues for histamine binding, and, are involved in histamine activation of H<sub>1</sub>-mediated PLC/IP signaling, but, not AC/cAMP signaling.

To help understand molecular details involved in agonist activated  $H_1$  signaling for drug design, a 3-dimensional molecular model of the histamine– $H_1$  receptor complex (Figure) was built that incorporates the mutagenesis results reported above. The model indicates the known ionic interaction between the histamine terminal amine and  $H_1$  D3.32, about 1.7 Å apart, required for binding and activation by histamine [6, 7]. Proposed hydrogen and electrostatic bonding of the histamine imidazole with  $H_1$  residues K5.39 and N5.46, respectively, is consistent with previous studies [8]. Distance of the histamine imidazole unprotonated nitrogen to the  $H_1$  K5.39 protonated nitrogen is 2.1 Å, favorable for H-bonding, and, the histamine imidazole is within 4 Å of the  $H_1$  N5.46 amide, conducive to electrostatic binding.

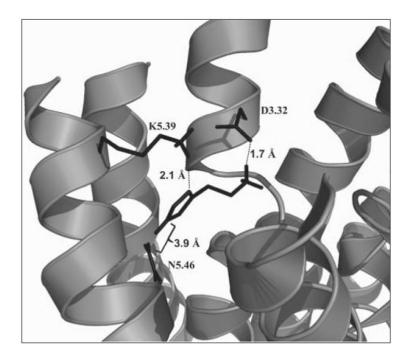
These studies are the first to report molecular interactions between histamine and the human  $H_1$  receptor that influence PLC/IP vs. AC/cAMP signaling. Information learned here should prove useful to design agonist drugs that modulate brain  $H_1/AC/cAMP$  signaling and catecholamine neurotransmission without untoward cardiovascular and respiratory effects associated with activation of  $H_1/PLC/IP$  signaling.

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#### Fig. 1.

Molecular model of histamine (black structure) docked to the human  $H_1$  receptor (relevant side chains are colored black)

#### Table 1

Histamine Affinity and Functional Activity at  $H_1$  Receptors (statistical comparisons are to WT as P value from *t*-test )

H <sub>1</sub> receptor	K <sub>i</sub> (µM)	EC <sub>50</sub> (μM)/E <sub>max</sub> (% basal) For formation of	
		IP	cAMP
Wild type	$2.99\pm0.28$	$\begin{array}{c} 0.23 \pm 0.06 \\ 1100 \pm 34 \end{array}$	$\begin{array}{c} 22.7\pm5.40\\ 140\pm7.5\end{array}$
K5.39A	$\begin{array}{c} 22.9 \pm 0.19 \\ (P=0.0001) \end{array}$	$\begin{array}{c} 2.01 \pm 0.01 \\ (P=0.001) \\ 1500 \pm 7.7 \ \% \end{array}$	$\begin{array}{c} 18.4 \pm 0.56 \\ (P=0.09) \\ 160 \pm 10 \ \% \end{array}$
N5.46A	$\begin{array}{c} 104 \pm 16.4 \\ (P=0.001) \end{array}$	$\begin{array}{l} 73.3 \pm 1.34 \\ (P=0.003) \\ 1450 \pm 12.5 \ \% \end{array}$	$\begin{array}{c} 15.0 \pm 0.13 \\ (P=0.06) \\ 160 \pm 1.6 \ \% \end{array}$

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