

Pharmacokinetic Evaluation of the Interaction between Hepatitis C Virus Protease Inhibitor Boceprevir and 3-Hydroxy-3-Methylglutaryl Coenzyme A Reductase Inhibitors Atorvastatin and Pravastatin

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Boceprevir is a potent orally administered inhibitor of hepatitis C virus and a strong, reversible inhibitor of CYP3A4, the primary metabolic pathway for many 3-hydroxy-3-methylglutaryl coenzyme A (HMG-CoA) reductase inhibitors. Thus, the aim of the present study was to investigate drug-drug interactions between atorvastatin or pravastatin and boceprevir. We conducted a single-center, open-label, fixed-sequence, one-way-crossover study with 20 healthy adult volunteers. Subjects received single-dose atorvastatin (40 mg) or pravastatin (40 mg) on day 1, followed by boceprevir (800 mg three times daily) for 7 to 10 days. Repeat single doses of atorvastatin or pravastatin were administered in the presence of steady-state boceprevir. Atorvastatin exposure increased in the presence of boceprevir, with atorvastatin area under the concentration-time curve from time zero to infinity after single dosing (AUC_{inf}) increasing 2.3-fold (90% confidence interval [CI], 1.85, 2.90) and maximum observed concentration in plasma (C_{max}) 2.7-fold (90% CI, 1.81, 3.90). Pravastatin exposure was slightly increased in the presence of boceprevir, with pravastatin AUC_{inf} increasing 1.63-fold (90% CI, 1.03, 2.58) and C_{max} 1.49-fold (90% CI, 1.03, 2.14). Boceprevir exposure was generally unchanged when the drug was coadministered with atorvastatin or pravastatin. All adverse events were mild and consistent with the known safety profile of boceprevir. The observed 130% increase in AUC of atorvastatin supports the use of the lowest possible effective dose of atorvastatin when coadministered with boceprevir, without exceeding a maximum daily dose of 40 mg. The observed 60% increase in pravastatin AUC with boceprevir coadministration supports the initiation of pravastatin treatment at the recommended dose when coadministered with boceprevir, with close clinical monitoring.

Worldwide, there are an estimated 130 to 170 million individuals infected with hepatitis C virus (1). Comorbidities, such as diabetes and obesity, are more common among patients with hepatitis C virus infection than in the general U.S. population, with as many as 25% of patients with hepatitis C virus infection at risk of comorbid disorders of lipid metabolism (2). Thus, patients with hepatitis C virus infection frequently receive concomitant treatments for hyperlipidemia, including the 3-hydroxy-3-methylglutaryl coenzyme A (HMG-CoA) reductase inhibitors atorvastatin and pravastatin. Understanding potential drug interactions between hepatitis C therapies and HMG-CoA reductase inhibitors is important for optimal treatment of this patient population.

Boceprevir is a potent, orally administered ketoamide inhibitor targeting the active site of the hepatitis C virus nonstructural protein 3 (NS3) protease, approved for the treatment of genotype 1 chronic hepatitis C virus infection in adult patients with compensated liver disease (3–6). Addition of boceprevir to a pegylated interferon (peginterferon)-ribavirin backbone is associated with significantly increased rates of sustained virologic response (SVR) (7, 8). It is metabolized by aldoketoreductase and CYP3A4 and is a direct competitive and time-dependent inhibitor of CYP3A4/5, with inhibition constants in the low micromolar range (6), thus having the potential for drug-drug interactions with agents that are metabolized via these common pathways (3, 5). *In vitro*, boceprevir has been shown to inhibit the hepatic uptake transporter organic anion transporting polypeptide (OATP) 1B1 (50% inhibitory concentration [IC_{50}] of 18 μ M), but the clinical significance of this *in vitro* inhibition is unknown (6). In a recent drug-drug interaction trial with digoxin, boceprevir showed only limited P-

glycoprotein (P-gp) inhibitory potential at clinically relevant concentrations (9).

Atorvastatin and pravastatin are two commonly prescribed HMG-CoA reductase inhibitors. Atorvastatin is metabolized extensively by CYP3A4, is a substrate of OATP 1B1, and may be a substrate for P-gp (10). Concomitant use of atorvastatin and strong CYP3A4 inhibitors should be avoided because of an elevated risk of myopathy and rhabdomyolysis associated with increased plasma statin levels (11). Because boceprevir is a strong, reversible CYP3A4 inhibitor, a drug interaction between boceprevir and atorvastatin is feasible. Pravastatin is excreted largely unchanged: it is not metabolized to a significant extent by the CYP450 system, nor is it a substrate for P-gp, but it is a substrate for the OATP 1B1 transporter. Since boceprevir is an OATP 1B1 inhibitor *in vitro*, drug interactions between boceprevir and pravastatin may occur at the level of OATP 1B1 (12).

The aims of the present study were to determine the effect of steady-state boceprevir on the exposure of atorvastatin and prav-

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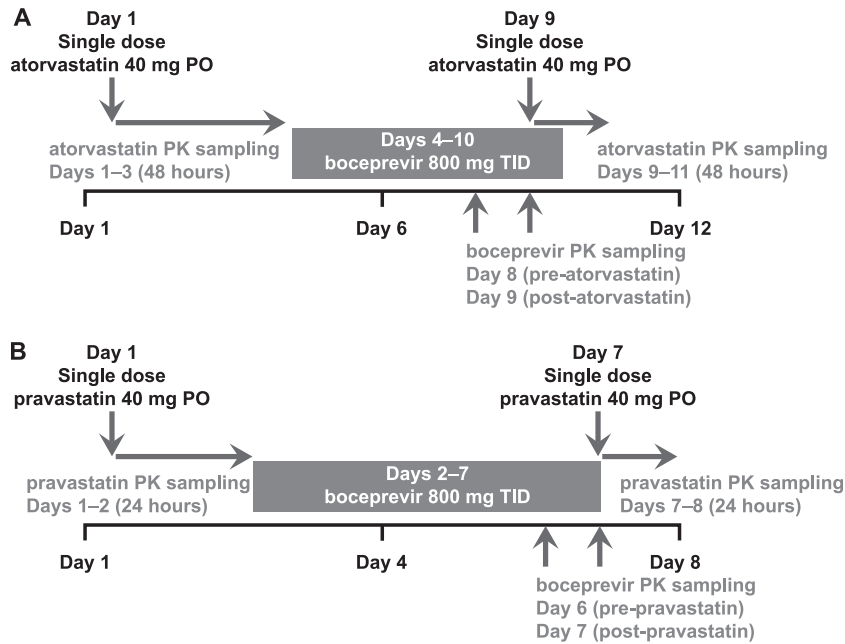


FIG 1 Design of atorvastatin (A) and pravastatin (B) drug-drug interaction studies. PO, orally; TID, three times a day.

astatin and to explore the effects of atorvastatin and pravastatin on the pharmacokinetic (PK) profile of boceprevir.

(These data were presented at the 16th Annual Meeting of HEP DART, 4 to 8 December 2011, Kauai, HI.)

MATERIALS AND METHODS

This was a single-center, open-label, fixed-sequence, one-way-crossover, drug-drug interaction trial conducted with healthy adult volunteers. The study was conducted in accordance with principles of good clinical practice and was approved by the appropriate institutional review boards and regulatory agencies. All subjects provided written informed consent prior to any study-related activities.

Subjects. Healthy male and female adult volunteers aged 18 to 55 years and with body mass indices (BMI) between 18 and 32 kg/m² were enrolled. All subjects had clinical laboratory tests and vital signs within normal limits or that were acceptable to the investigator, and all were free of any clinically significant disease. Female subjects who were premenopausal and unsterilized were required to use a medically accepted method of contraception prior to and during the study. Subjects with hepatitis B virus surface antigen, hepatitis C virus antibodies, or HIV were excluded. Subjects with a positive drug screen or a history of alcohol or drug abuse or who smoked >10 cigarettes per day were also excluded.

Study design. For assessment of drug interactions between boceprevir and atorvastatin, healthy adult volunteers received single-dose atorvastatin (40 mg) following breakfast on day 1 of the study, followed by boceprevir (800 mg three times daily with food) on days 4 to 10 (Fig. 1). On day 9 of the study, all subjects also received a single dose of atorvastatin (40 mg) in addition to their morning dose of boceprevir. Blood samples for assessment of atorvastatin PKs were collected predose and at specified time points up to 48 h postdose on days 1 and 9. Samples for determination of boceprevir PKs were collected on days 8 and 9 prior to the morning dose and for up to 8 h postdose.

For assessment of drug interactions between boceprevir and pravastatin, healthy adult volunteers received a single dose of pravastatin (40 mg) following breakfast on day 1, followed by boceprevir (800 mg three times daily with food) on days 2 to 7 (Fig. 1). On day 7, subjects also received a second single dose of pravastatin (40 mg) in addition to their morning dose of boceprevir. Blood samples for determination of pravastatin PK

were collected predose and for up to 24 h postdose on days 1 and 7. Samples for determination of boceprevir PKs were collected on days 6 and 7 prior to the morning dose and for up to 8 h postdose.

In both studies, subjects who failed to comply with dosing, evaluations, or other study-related requirements were discontinued from treatment. Subjects experiencing a serious or life-threatening adverse event (AE) or who became pregnant during the study were also discontinued.

Assessments. The following primary PK parameters were evaluated: area under the concentration-time curve from time zero to the time of the last measurable sample (AUC_{last}), maximum observed concentration in plasma (C_{max}), time to maximum observed concentration in plasma (T_{max}), terminal phase half-life ($t_{1/2}$), area under the concentration-time curve from time zero to infinity after single dosing (AUC_{inf}), area under the concentration-time curve from time zero to 8 h (AUC_{0-8}), apparent total body clearance (CL/F), and minimum observed concentration in plasma (C_{min}) (boceprevir only). All subjects also had routine laboratory tests and were monitored for the occurrence of AEs.

Assays and procedures. Assessment of the concentrations of pravastatin, atorvastatin, and the *ortho*- and *para*-hydroxylated metabolites of atorvastatin in plasma was conducted by PharmaNet Canada (Quebec, Canada). The linear range of the assay for atorvastatin was 49.80 to 49,800 pg/ml, the linear range of the assay for the *ortho*-hydroxylate metabolite was 49.60 to 49,600 pg/ml, and the linear range of the assay for the *para*-hydroxylated metabolite was 50.40 to 5,040 pg/ml. The linear range of the assay for pravastatin was 0.25 to 98.50 ng/ml. The lower limits of quantitation for pravastatin, atorvastatin, *ortho*-hydroxylated metabolites, and *para*-hydroxylated metabolites were 0.25 ng/ml, 49.80 pg/ml, 49.60 pg/ml, and 50.40 pg/ml, respectively.

Assessment of concentrations of boceprevir in plasma was conducted by PPD (Middleton, WI) using a validated high-performance liquid chromatography-tandem mass spectrometry (HPLC-MS-MS) method. The linear range of the assay was 4.80 to 5,200 ng/ml, and the lower limit of quantitation was 4.80 ng/ml.

Statistics. PK parameters were determined for each subject individually using noncompartmental analysis (WinNonlin, version 5.2). Descriptive statistics and statistical comparisons were carried out on the individually determined PK parameters. The linear trapezoidal rule was used to

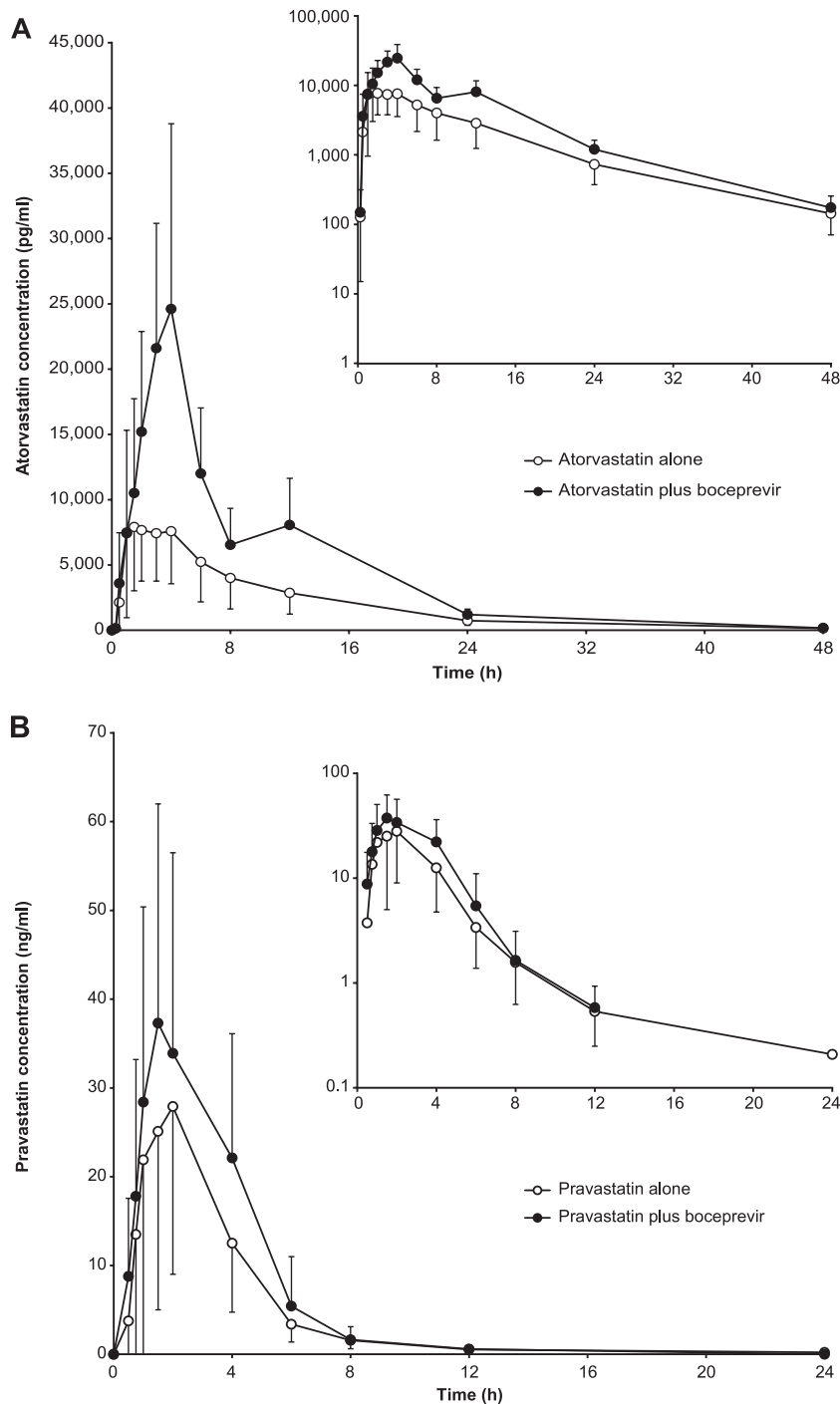


FIG 2 Mean (with standard deviation) plasma concentration-time profiles of atorvastatin (A) and pravastatin (B) when administered alone or with boceprevir.

calculate the AUC. Individual AUC_{inf} was extrapolated from the predicted concentration at the last time point with quantifiable concentrations.

For fitting to determine $t_{1/2}$, 3 to 5 consecutive time points in the terminal phase were used, including the last time point with quantifiable concentrations but excluding C_{max} . The specific time points varied from subject to subject but were in the range of 6 to 24 h postdose. Terminal half-life values were not reported if fewer than 3 consecutive time points in the terminal phase were available (excluding C_{max}) or if the regression coefficient was less than 0.9. Concentrations below the lower limit of

quantitation were considered undetectable, were assigned a value of 0, and were not used to determine $t_{1/2}$.

Target enrollment for each study was 10 subjects to ensure that at least 8 patients completed all treatments. Assuming a true geometric mean ratio (GMR) equal to 1 for AUC of atorvastatin and pravastatin when coadministered with boceprevir versus atorvastatin and pravastatin alone, a sample size of 8 conferred >99% probability that the 90% confidence interval (CI) for the GMR fell within the range of 0.50 to 2.00 for AUC.

TABLE 1 Pharmacokinetic parameters for atorvastatin^a

Form of atorvastatin	T_{\max} (h)	C_{\max} (ng/ml)	AUC_{last} (ng · h/ml)	AUC_{inf} (ng · h/ml)	$t_{1/2}$ (h)	CL/F (liters/h)
Parent form						
Atorvastatin alone (day 1, $n = 10$)	2.25 (1.00–4.00)	10.3 (43)	93.2 (50)	95.0 (49)	8.81 (15)	498 (40)
Atorvastatin + boceprevir (day 9, $n = 10$)	4.00 (3.00–4.00)	27.7 (50)	212 (38)	214 (38)	6.73 (11)	210 (34)
ortho-Hydroxy metabolite						
Atorvastatin alone (day 1, $n = 10$)	4.00 (1.50–6.00)	7.08 (27)	83.8 (46)	86.5 (46)	9.89 (12)	
Atorvastatin + boceprevir (day 9, $n = 10$)	4.00 (3.00–8.00)	2.59 (65)	35.1 (60)	40.8 ^b (53)	7.91 ^b (20)	
para-Hydroxy metabolite						
Atorvastatin alone (day 1, $n = 10$)	8.00 (4.00–12.0)	0.307 (55)	8.09 (79)			
Atorvastatin + boceprevir (day 9, $n = 10$)	12.0 (3.00–12.0)	0.702 (53)	9.49 (64)			

^a All values are means with coefficients of variations in parentheses, except in the case of T_{\max} s, which are medians with ranges in parentheses.

^b $n = 8$.

The GMR for the log-transformed AUC (atorvastatin and pravastatin plus boceprevir versus atorvastatin and pravastatin alone) and the associated 90% CI were calculated using a mixed-effect model extracting the effect due to treatment as a fixed effect and subject as a random effect.

RESULTS

Atorvastatin. Ten healthy adult volunteers were enrolled and completed the atorvastatin drug-drug interaction study. All subjects were white, of Hispanic or Latino ethnicity, with a mean age of 34.1 years (standard deviation [SD], 8.6 years) and a mean BMI of 26.9 kg/m² (SD, 3.4 kg/m²). Six subjects were female and 4 subjects were male.

Pharmacokinetics. Atorvastatin exposure was increased in the presence of boceprevir. The mean AUC_{inf} s increased from 95.0 to 214 ng · h/ml upon concomitant administration of atorvastatin and boceprevir, while mean C_{\max} s increased from 10.3 to 27.7 ng/ml (Fig. 2A and Table 1). The AUC_{inf} and C_{\max} GMRs for the comparison of atorvastatin plus boceprevir versus atorvastatin alone indicate a 2.3- and 2.7-fold increase, respectively (Table 2). The mean T_{\max} s of atorvastatin were 2.25 h when administered alone and 4.00 h in the presence of boceprevir; mean $t_{1/2}$ values were 8.81 h and 6.73 h, respectively. Mean atorvastatin clearance decreased from 498 to 210 liters/h upon boceprevir coadministration. There was a corresponding reduction in the exposure to the ortho-hydroxy metabolite of atorvastatin with boceprevir coad-

ministration, with a decrease in AUC_{last} from 83.8 ng · h/ml to 35.1 ng · h/ml and C_{\max} from 7.08 ng/ml to 2.59 ng/ml. In contrast, the AUC_{last} for the para-hydroxy metabolite was largely unchanged in the presence of boceprevir (8.09 ng · h/ml versus 9.49 ng · h/ml), while the C_{\max} was increased from 0.307 ng/ml to 0.702 ng/ml (Table 1).

Boceprevir exposure was essentially unchanged when the drug was coadministered with atorvastatin, with GMRs of 1.04 and 0.960 for boceprevir C_{\max} and AUC_{0-8} , respectively (Table 2). The CL/F, $t_{1/2}$, and C_{\min} of boceprevir were also similar when boceprevir was administered alone or in combination with atorvastatin (CL/F, 111 liters/h versus 116 liters/h [$n = 10$]; $t_{1/2}$, 1.17 h versus 1.28 h [$n = 5$]; C_{\min} , 91.3 ng/ml versus 86.6 ng/ml).

Safety. In total, 15 AEs were reported by 5 subjects; all were mild in intensity, and most occurred within 5 days of starting boceprevir treatment. Of these, 11 AEs were considered treatment related. The most frequently reported AE was mild dysgeusia, which was reported by 3 subjects (30%) receiving boceprevir (Table 3). No subjects discontinued treatment because of an AE, and there were no deaths or serious AEs during the study. There were also no clinically relevant changes in blood chemistry, hematology, blood pressure, pulse rate, oral body temperature, or electrocardiogram.

Pravastatin. Ten healthy adult subjects were enrolled, and 9 subjects completed the study. One subject was discontinued due

TABLE 2 Summary statistics for atorvastatin and boceprevir pharmacokinetic parameters

Drug	Parameter	Treatment	Geometric mean ^a	Comparison	GMR	90% CI for GMR
Atorvastatin ^b	C_{\max} (ng/ml)	Atorvastatin + boceprevir Atorvastatin alone	24.7 9.29	Atorvastatin + boceprevir vs atorvastatin alone	2.66	1.81–3.90
	AUC_{inf} (ng · h/ml)	Atorvastatin + boceprevir Atorvastatin alone	201 86.8	Atorvastatin + boceprevir vs atorvastatin alone	2.32	1.85–2.90
Boceprevir ^c	C_{\max} (ng/ml)	Boceprevir + atorvastatin Atorvastatin alone	1,969 1,900	Boceprevir + atorvastatin vs boceprevir alone	1.04	0.888–1.21
	AUC_{0-8} (ng · h/ml)	Boceprevir + atorvastatin Atorvastatin alone	6,995 7,290	Boceprevir + atorvastatin vs boceprevir alone	0.960	0.903–1.02

^a Model-based (least-squares) geometric mean: based on mixed-effect model extracting the effect due to treatment as the fixed effect and subject as the random effect. Ten subjects were included in the study.

^b Single-dose atorvastatin with and without multiple-dose boceprevir.

^c Multiple-dose boceprevir with and without single-dose atorvastatin.

TABLE 3 Drug-related treatment-emergent adverse events in the atorvastatin study

Adverse event	No. (%) of subjects ^b			
	SD ATO (n = 10)	MD BOC (n = 10)	MD BOC, SD ATO (n = 10)	Total (n = 10)
Any drug-related ^a adverse event	1 (10)	5 (50)	0	5 (50)
Gastrointestinal disorders	0	5 (50)	0	5 (50)
Abdominal discomfort	0	1 (10)	0	1 (10)
Abdominal distension	0	1 (10)	0	1 (10)
Constipation	0	3 (30)	0	3 (30)
Diarrhea	0	1 (10)	0	1 (10)
Flatulence	0	1 (10)	0	1 (10)
Gastroesophageal reflux disease	0	1 (10)	0	1 (10)
Nervous system disorders	1 (10)	3 (30)	0	4 (40)
Dizziness	0	1 (10)	0	1 (10)
Dysgeusia	0	3 (30)	0	3 (30)
Headache	1 (10)	0	0	1 (10)
Respiratory, thoracic, mediastinal disorders	0	1 (10)	0	1 (10)
Cough	0	1 (10)	0	1 (10)

^a Possibly or probably drug related.

^b ATO, atorvastatin; BOC, boceprevir; MD, multiple dose; SD, single dose.

to noncompliance with the protocol. Eight subjects were white and 2 were black or African American (all Hispanic or Latino). The mean age was 39.2 years (SD, 8.8 years), and the mean BMI was 24.7 kg/m² (SD, 2.6 kg/m²). Six subjects were female and 4 subjects were male.

Pharmacokinetics. Pravastatin exposure was increased slightly in the presence of boceprevir. The mean pravastatin AUC_{inf} was increased from 99.1 to 145 ng · h/ml upon concomitant administration with boceprevir, while mean C_{max} levels increased from 37.4 to 46.9 ng/ml (Fig. 2B and Table 4). The AUC_{inf} and C_{max} GMRs for the comparison of pravastatin plus boceprevir versus pravastatin alone indicated 1.63- and 1.49-fold increases, respectively (Table 5). The pravastatin mean elimination half-life was reduced from 4.10 to 1.76 h and the mean CL/F decreased from 673 to 343 liters/h in the presence of boceprevir (Table 5).

The C_{max}, AUC, CL/F, and t_{1/2} of boceprevir were generally unchanged in the presence of pravastatin compared with boceprevir alone, with GMRs between 0.9 and 1.0 for both C_{max} and AUC₀₋₈ (Table 5). The CL/F and t_{1/2} for boceprevir alone and in the presence of pravastatin were 117 liters/h versus 124 liters/h (n = 10) and 1.23 h versus 1.12 h (n = 6), respectively.

TABLE 4 Pharmacokinetic parameters for pravastatin^a

Drug(s)	T _{max} (h)	C _{max} (ng/ml)	AUC _{last} (ng · h/ml)	AUC _{inf} (ng · h/ml)	t _{1/2} (h)	CL/F (liters/h)
Pravastatin alone (day 1, n = 10)	1.5 (0.500–2.00)	37.4 (61)	102 (46)	99.1 ^b (55)	4.10 ^b (93)	673 ^b (92)
Pravastatin + boceprevir (day 7, n = 9)	2.00 (1.00–4.00)	46.9 (38)	140 (44)	145 ^c (49)	1.76 ^c (22)	343 ^c (52)

^a All values are means with coefficients of variations in parentheses, except in the case of T_{max}s, which are medians with ranges in parentheses.

^b n = 6.

^c n = 7.

Safety. A total of 14 AEs were reported by 7 subjects; all were considered mild, and most occurred within 5 days of initiating boceprevir. Thirteen of these AEs were considered related to boceprevir therapy, the most common of which were dysgeusia and headache, each reported by 3 patients (30%) (Table 6). No subjects discontinued treatment because of an AE, and there were no deaths or serious AEs during the study. There were also no clinically relevant changes in blood chemistry, hematology, blood pressure, pulse rate, oral body temperature, or electrocardiogram.

DISCUSSION

Data from the present study demonstrate that exposure to atorvastatin is increased but that there is no clinically important effect on pravastatin when these drugs are coadministered with multiple doses of boceprevir (Fig. 3). A 2.3-fold increase in the AUC_{inf} and a 2.7-fold increase in the C_{max} of atorvastatin were observed following concomitant administration with boceprevir. For pravastatin, the 1.5-fold increase in C_{max} and a 1.6-fold increase in AUC_{inf} observed with boceprevir coadministration are not considered clinically important (13).

Atorvastatin has low bioavailability due to extensive metabolism in the gastric mucosa and first-pass hepatic metabolism (14). It is a substrate for P-gp and OATP 1B1 transporters and undergoes hepatic metabolism via CYP3A4 (10, 14, 15). The increased C_{max} and AUC of atorvastatin observed in the present study are consistent with increases in atorvastatin exposure seen with other inhibitors of CYP3A4 metabolism, such as erythromycin and itraconazole, suggesting that inhibition of CYP3A4 metabolism plays a role in the increased exposure of atorvastatin upon boceprevir coadministration (14). However, boceprevir-mediated inhibition of the hepatic uptake transporter OATP 1B1 may also contribute to the increase in atorvastatin exposure.

Hepatic metabolism of atorvastatin by CYP3A4 produces several active metabolites, including the *para*- and *ortho*-hydroxylated products (14). These metabolites are thought to be responsible for up to 70% of the overall HMG-CoA reductase inhibitory activity: although the half-life of atorvastatin is approximately 14 h, the half-life of HMG-CoA reductase inhibition is between 20 and 30 h (14). In the present study, the 2.3-fold increase in atorvastatin exposure in the presence of boceprevir was paralleled by a >2-fold decrease in the AUC_{last} of *ortho*-hydroxy atorvastatin, and there was essentially no change in the AUC_{last} of the *para*-hydroxy metabolite (8.09 ng · h/ml versus 9.49 ng · h/ml). In clinical terms, the extent to which the increased exposure of atorvastatin might be offset by reduced exposure to the active metabolites remains unclear. Mechanistically, the difference in kinetics between the *para*- and *ortho*-hydroxy metabolites may be explained by the observation that CYP2C8, in addition to CYP3A4,

TABLE 5 Summary statistics for pravastatin and boceprevir pharmacokinetic parameters

Drug	Parameter	Treatment	n	Geometric mean ^a	Comparison	GMR	90% CI for GMR
Pravastatin ^b	C _{max} (ng/ml)	Pravastatin + boceprevir	9	44.7	Pravastatin + boceprevir vs pravastatin alone	1.49	1.03–2.14
		Pravastatin alone	10	30.1			
	AUC _{inf} (ng · h/ml)	Pravastatin + boceprevir	7	142	Pravastatin + boceprevir vs pravastatin alone	1.63	1.03–2.58
		Pravastatin alone	6	87.3			
Boceprevir ^c	C _{max} (ng/ml)	Boceprevir + pravastatin	9	1,806	Boceprevir + pravastatin vs boceprevir alone	0.928	0.828–1.04
		Pravastatin alone	9	1,947			
	AUC _{0–8} (ng · h/ml)	Boceprevir + pravastatin	9	6,555	Boceprevir + pravastatin vs boceprevir alone	0.951	0.892–1.01
		Pravastatin alone	9	6,889			

^a Model-based (least-squares) geometric mean based on mixed-effect model extracting the effect due to treatment as the fixed effect and subject as the random effect.

^b Single-dose pravastatin with and without multiple-dose boceprevir.

^c Multiple-dose boceprevir with or without single-dose pravastatin.

can mediate the formation of *para*-hydroxy atorvastatin but not the *ortho*-hydroxy metabolite (16).

Approximately 75% of the clinical activity seen with pravastatin is mediated through the parent drug, which is excreted largely unchanged; the major metabolite has substantially less activity than the parent compound (12, 14). We observed an apparent decrease in pravastatin *t*_{1/2} and CL/F in the presence of boceprevir. This was driven primarily by 1 to 2 subjects with high *t*_{1/2} and CL/F values when receiving pravastatin alone, represented by a large variability in these parameters within this treatment group (Table 4). Since only 6 subjects receiving pravastatin alone had reportable *t*_{1/2} and CL/F values, 1 or 2 subjects with high *t*_{1/2} and CL/F data could influence the overall mean values, resulting in the apparent decrease in these parameters when the drugs were coadministered.

The 1.6-fold increase in exposure of pravastatin seen with boceprevir coadministration cannot be explained by CYP3A4 inhibition, since pravastatin is not metabolized to a significant extent by the CYP450 enzyme system. More likely, the increase in pravastatin exposure may be due to reduced hepatic pravastatin uptake resulting from boceprevir-mediated inhibition of the OATP 1B1 transporter. Reduced hepatic pravastatin uptake may subsequently affect its excretion into the bile, elimination, and/or further intestinal absorption (14). OATP 1B1 inhibition may also

explain the increased exposure of pravastatin when coadministered with cyclosporine (7.9-fold increase in AUC and 22.8-fold increase in C_{max}), a known OATP 1B1 inhibitor (14, 15). This hypothesis is also consistent with the decrease in the mean apparent clearance and *t*_{1/2} of pravastatin with boceprevir coadministration.

A limitation of the current study is that it was conducted with healthy subjects. Although findings from healthy subjects are generally considered predictive of findings in the patient population for which the drug is intended (17), we cannot be certain that the observed drug interactions between boceprevir and atorvastatin or pravastatin are transferable to patients with hepatitis C virus infection, who may have additional comorbidities or impaired liver function. In clinical practice, boceprevir is administered together with peginterferon and ribavirin. No interactions between peginterferon or ribavirin and statins have been identified.

In conclusion, data from the present study indicate that coadministration of single-dose atorvastatin or single-dose pravastatin with multiple-dose boceprevir is safe and well tolerated in healthy volunteers. The observed 130% increase in the AUC of atorvastatin supports the use of the lowest possible effective dose of atorvastatin when coadministered with boceprevir, without exceeding a maximum daily dose of 40 mg. The observed 60% increase in the

TABLE 6 Drug-related treatment-emergent adverse events in the pravastatin study

Adverse event	No. (%) of subjects ^b			Total (n = 10)
	SD PRA (n = 10)	MD BOC (n = 10)	MD BOC, SD PRA (n = 10)	
Any drug-related ^a adverse event	0	7 (40)	1 (10)	7 (70)
Gastrointestinal disorders	0	4 (40)	0	4 (40)
Abdominal discomfort	0	1 (10)	0	1 (10)
Diarrhea	0	2 (20)	0	2 (20)
Frequent bowel movements	0	1 (10)	0	1 (10)
Gastroesophageal reflux disease	0	1 (10)	0	1 (10)
Nausea	0	1 (10)	0	1 (10)
Nervous system disorders	0	4 (40)	1 (10)	4 (40)
Dysgeusia	0	3 (30)	0	3 (30)
Headache	0	2 (20)	1 (10)	3 (30)

^a Possibly or probably drug related.

^b BOC, boceprevir; MD, multiple dose; PRA, pravastatin; SD, single dose.

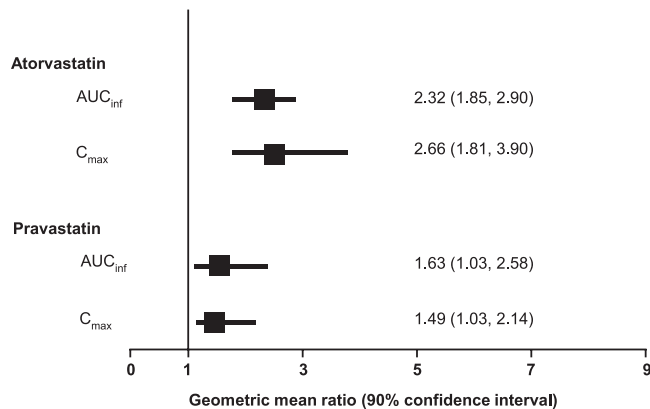


FIG 3 Effect of boceprevir on atorvastatin and pravastatin pharmacokinetics.

pravastatin AUC with boceprevir coadministration supports the initiation of pravastatin treatment at the recommended dose when coadministered with boceprevir, with close clinical monitoring.

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