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Why Does the Healthy Cornea Resist *Pseudomonas aeruginosa* Infection?

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Abstract

Purpose—To provide our perspective on why the cornea is resistant to infection based on our research results with *Pseudomonas aeruginosa*.

Perspective—We focus on our current understanding of the interplay between bacteria, tear fluid and the corneal epithelium that determine health as the usual outcome, and propose a theoretical model for how contact lens wear might change those interactions to enable susceptibility to *P. aeruginosa* infection.

Methods—Use of “null-infection” in vivo models, cultured human corneal epithelial cells, contact lens-wearing animal models, and bacterial genetics help to elucidate mechanisms by which *P. aeruginosa* survive at the ocular surface, adheres, and traverses multilayered corneal epithelia. These models also help elucidate the molecular mechanisms of corneal epithelial innate defense.

Results and Discussion—Tear fluid and the corneal epithelium combine to make a formidable defense against *P. aeruginosa* infection of the cornea. Part of that defense involves the expression of antimicrobials such as β -defensins, the cathelicidin LL-37, cytokeratin-derived antimicrobial peptides, and RNase7. Immunomodulators such as SP-D and ST2 also contribute. Innate defenses of the cornea depend in part on MyD88, a key adaptor protein of TLR and IL-1R signaling, but the basal lamina represents the final barrier to bacterial penetration. Overcoming these defenses involves *P. aeruginosa* adaptation, expression of the type three secretion system, proteases, and *P. aeruginosa* biofilm formation on contact lenses.

Conclusion—After more than two decades of research focused on understanding how contact lens wear predisposes to *P. aeruginosa* infection, our working hypothesis places blame for microbial keratitis on bacterial adaptation to ocular surface defenses, combined with changes to the biochemistry of the corneal surface caused by trapping bacteria and tear fluid against the cornea under the lens.

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Keywords

Pseudomonas aeruginosa; cornea; epithelium; tear fluid; innate immunity; antimicrobial peptides; bacterial pathogenesis; type three secretion; intracellular survival; bacterial cytotoxicity; virulence

Introduction

Pseudomonas aeruginosa is a leading cause of corneal infection associated with contact lens wear¹⁻³. During *P. aeruginosa* keratitis, both the infecting bacteria and host immune response contribute to the pathology observed. Thus, irreversible damage and vision loss can occur even after successful antimicrobial therapy. For this reason, host responses to *P. aeruginosa* keratitis that occur after disease is initiated, e.g. phagocyte infiltration and adaptive immunity, have been extensively investigated with the goal of developing new therapies to control the damage that they cause^{4,5}. While host responses are important in the pathogenesis of *P. aeruginosa* corneal infections, and recovery from them, they are beyond the scope of this paper. Instead, we focus on the mechanisms behind the inherent resistance of a healthy cornea to *P. aeruginosa*, about which much less is known, and how factors that render the cornea susceptible to infection compromise that resistance. This perspective is based upon our own work, and not intended as a review of the literature to which many investigators have contributed.

Vulnerability of corneal epithelial cells to *P. aeruginosa* in vitro

Considering how resistant the healthy cornea is to *P. aeruginosa*, it is striking how vulnerable the epithelial cells that line the corneal surface become when grown in vitro. More than 50% of clinical and laboratory isolates of *P. aeruginosa* have the capacity to invade and then replicate within cultured corneal epithelial cells^{6,7}. Once inside the cell, they induce the formation of, and then traffic to, plasma membrane blebs, which can detach and carry the bacteria swimming within them to distant locations^{8,9}. This sequence of events requires ExoS, a toxin that *P. aeruginosa* can inject across host cell membranes (a type three secretion system). Cytotoxic strains of *P. aeruginosa*, that constitute about half of isolates that cause contact lens-related infection, lack ExoS and instead encode ExoU. While ExoU is also a type three-secreted toxin, it causes a much more rapid form of cell death than ExoS, and it exerts its pathogenic effects while the bacteria are outside of the target cell¹⁰⁻¹².

In vivo factors and corneal resistance to *P. aeruginosa*

P. aeruginosa is ubiquitous in nature. As such, we are often exposed to it as we go about our daily activities. The same is true for most pathogens that cause corneal infections. Thus, it is fortuitous that the healthy cornea, in contrast to cultured corneal epithelial cells, is exquisitely resistant to microbial attack. Indeed, the inoculation of extremely large inocula (a thick bacterial suspension) of either invasive or cytotoxic *P. aeruginosa* onto intact mouse or rat corneas in vivo results in rapid bacterial clearance from the ocular surface without pathology¹³. Thus, defense mechanisms exist in the healthy eye that protect against corneal infection, which are absent from laboratory culture conditions. These defenses are likely to differ from the type of host immune responses that are activated when an infection occurs, since they are constantly present under conditions of health. Studying health, and factors involved in maintaining it, requires the use of completely different models and methods from those used to study disease, the latter being used for most research to date in this field. Importantly, studying parameters that maintain health is a significant challenge due to the lack of observable changes when disease is absent. To address this problem, our laboratory

has developed multiple models to mimic the intrinsic resistance of the in vivo cornea in a research setting, and we have also begun to use these models to dissect apart the mechanisms involved in defense of the healthy cornea.

Tear fluid

One approach that we have used to determine which in vivo factors confer resistance to microbial attack is to consider what is missing in cell culture that makes cells vulnerable in vitro, but not in vivo. A very obvious factor missing in cell culture is the tear film. We have confirmed that tear fluid can protect corneal epithelial cells in culture against both invasive and cytotoxic *P. aeruginosa*¹⁴. Importantly, we have found that human tears can protect the injured and healing mouse cornea from infection by *P. aeruginosa* in vivo¹⁵.

How does tear fluid protect? It is well recognized that tear fluid and blinking can physically cleanse the ocular surface and wash away potential pathogens, and that tear fluid also contains molecules with direct antimicrobial activity against many microbes, e.g. lysozyme, lactoferrin^{16,17} (also see Fig. 1 and Table 1). However, our data have shown that the capacity of tear fluid to protect cells against *P. aeruginosa* is independent of direct antimicrobial activity¹⁴. In fact, we found that many *P. aeruginosa* strains, including clinical isolates from microbial keratitis, grow readily in undiluted human tear fluid, yet tear fluid can still protect corneal epithelial cells against them^{14,18}.

If tear fluid does not inhibit bacteria growth, how does it protect cells against *P. aeruginosa*? Our data show that at least part of the answer to that question is that tear fluid acts directly upon corneal epithelial cells to make them more resistant to *P. aeruginosa* virulence strategies. We showed this experimentally by pre-treating human corneal epithelial cells with human tear fluid, and then washing the tear fluid away before adding a bacterial inoculum. The results showed that human tear pre-treatment rendered human corneal epithelial cells more resistant to invasion by invasive *P. aeruginosa* strains and cell death caused by cytotoxic strains¹⁸. Tear fluid-induced resistance was associated with an up-regulation of stress response transcription factors, NF- κ B (Nuclear Factor-kappaB) and AP-1 (Activating Protein-1), and the up- and down-regulated expression of many epithelial genes. The latter included genes encoding cytokines, transcription factors, and junctional proteins. Importantly, that work also showed that tear fluid up-regulated the antimicrobial RNase7 (Ribonuclease 7), and the immunomodulator ST2 (a member of the Interleukin-1 Receptor [IL-1R] family), and that both factors contributed to tear fluid-induced corneal epithelial cell defense against *P. aeruginosa*¹⁸. We have also shown that tear fluid increased trans-epithelial resistance (barrier function) of corneal epithelial cells in vitro¹⁵. That phenomenon is likely to help the multilayered corneal epithelium protect itself against microbial traversal, a key event for the pathogenesis of infection. Whether or not mucosal fluids elsewhere in the body also regulate the immunity of the epithelia that they bathe is yet to be determined. However, it is also possible that this protective function of tear fluid serves to replace the now well-established roles played by commensal microbes at other sites in modulating innate defense and homeostasis.

While tear fluid does not consistently inhibit *P. aeruginosa* viability, it remains possible that tears suppress bacterial virulence strategies, which would augment its effects on epithelial cell immunity. Tear fluid contains mucins, sIgA (Secretory Immunoglobulin A), and surfactant proteins, e.g. SP-D (Surfactant Protein-D), each of which can bind microbes and potentially alter their interactions with corneal epithelial cells¹⁹⁻²¹. Other tear components may also help defend the corneal surface against infection including tear lipocalin, an endonuclease²², and other, as yet unidentified, factors.

The corneal epithelium

For more than three decades, researchers who study the pathogenesis of corneal infection have used either corneal scarification or stromal injection as methods to enable susceptibility in animal infection models²³⁻²⁵. The principle upon which this practice is based is that the corneal epithelium is a formidable barrier to infecting microbes, so it needs to be by-passed for infection to be initiated. However, models that bypass this layer do not enable study of the mechanisms for its resistance. To address this problem, we have experimented with more subtle manipulations of the corneal epithelium. Our goal has been to make the epithelium more susceptible to bacterial binding, both with and without susceptibility to bacterial penetration (traversal), so that we can study these events while also deciphering the defenses that protect against them^{26, 27}. To enable us to track bacteria as they penetrate, we have developed a suite of imaging technologies that allow accurate localization of live bacteria within living mouse eyeballs over time relative to the epithelial surface, individual epithelial cells, and the underlying basal lamina²⁷.

It is commonly thought that tight junctions, which reside within the superficial cell layer, are responsible for barrier function of the corneal epithelium against penetrating microbes. However, using the methods described above we have found that this is only part of the story. Using tissue paper blotting of the corneal surface, we have shown that subtle injury to the superficial epithelium resulting in loss of barrier function to fluorescein, allows *P. aeruginosa* to adhere to the cornea, but not penetrate beyond the epithelial surface²⁶. Thus, the tight junctions that exclude fluorescein are not needed for the corneal epithelium to stop adherent bacteria from penetrating. The fact that we are able to promote bacterial adhesion without bacterial penetration shows that defenses against these first two steps in corneal infection are separable, and that they are likely to involve different players.

Of course, it remains possible that some type of cell-to-cell junction(s) beyond the superficial surface are involved in stopping bacteria from penetrating the epithelium, and that the reason fluorescein, but not bacteria, go through is that they are less “tight” than the superficial tight junctions. In fact, treating the cornea with a calcium chelator, EGTA (Ethylene Glycol Tetra-acetic Acid) after tissue paper blotting, does allow bacteria to penetrate the epithelium²⁶. This result could implicate the involvement of some type of cell-to-cell junction(s), since their integrity is generally calcium-dependent. However, other cellular functions that could protect against bacterial traversal are also calcium-dependent, e.g. the roles of SP-D in innate defense²⁸. Indeed, one of our recent studies showed that *P. aeruginosa* could partially traverse the tissue paper-blotted corneal epithelium of SP-D knockout mice in vivo²⁶.

Other data support the possibility that either junctional structures or antimicrobial peptides are involved in epithelial defense against *P. aeruginosa* traversal. The corneas of mice deficient in MyD88 (Myeloid Differentiation primary response protein 88), a key adaptor protein of innate immunity, are susceptible to *P. aeruginosa* penetration without the need for tissue paper blotting or EGTA treatment²⁷. MyD88 is an essential component of TLR (Toll-Like Receptor) signaling and IL-1R signaling, which enables corneal cells to respond to microbial antigens through the activation of cytokines and chemokines, secretion of antimicrobial peptides, and the recruitment of phagocytic cells²⁹⁻³³.

MyD88 regulation of defenses against bacterial adhesion to, and bacterial penetration of, the corneal epithelium would be consistent with junctional structure involvement in defense, since TLR signaling (dependent on MyD88 for most TLRs), along with other pattern recognition receptors, help regulate the function of tight junctions in other cell types³⁴. However, MyD88 involvement in defense against bacterial adhesion and traversal may also

be due to its importance in regulating the expression of antimicrobial peptides, including human β -defensin-2 (hBD-2) and the cathelicidin LL-37, both of which are expressed by corneal epithelial cells after stimulation with TLR or IL-1R agonists^{32, 33, 35, 36}. Indeed, we have already shown that hBD-2 is important in protecting the corneal epithelium against *P. aeruginosa* colonization³⁷. Our ongoing studies are investigating the relative roles of individual TLRs, and the IL-1R, in defense against *P. aeruginosa* corneal adhesion and epithelial traversal, and the relative role of epithelial cells versus other resident corneal cell types which also express MyD88-dependent receptors, e.g. macrophages and dendritic cells^{29, 31, 38}.

Our most recent studies have revealed that corneal epithelial cells express other novel antimicrobial compounds^{39, 40}. Specifically, we have found that peptide fragments of the intermediate filament protein cytokeratin 6A, KDAMPs (Keratin-Derived Antimicrobial Peptides), isolated from lysates of human corneal epithelial cells, were rapidly bactericidal against multiple clinical isolates of *P. aeruginosa*, and against other bacterial pathogens, e.g. *Streptococcus pyogenes* and *Staphylococcus aureus*. Importantly, knockdown of cytokeratin 6A from which KDAMPs are derived, reduces the antimicrobial activity of human corneal epithelial cell lysates, and in vivo renders the mouse corneal epithelium significantly more susceptible to bacterial adhesion³⁹. Cytokeratin 6A knockdown did not enable fluorescein staining suggesting that tight junctions remained intact. Whether KDAMP expression or function is MyD88-dependent is to be determined.

The fact that MyD88 regulates the anti-adhesive nature of the corneal epithelium is interesting. Mucins (soluble and membrane-bound) are thought to be important in preventing adhesion of bacteria, such as *P. aeruginosa* and *S. aureus*, to corneal epithelial cells^{19, 41}. The fact that tissue paper blotting enables bacterial adhesion is consistent with that assumption, since it is likely to remove, or at least disrupt, mucins at the corneal surface. Loss of corneal defense against *P. aeruginosa* adhesion in the MyD88 knockout mouse corneas suggests either that mucin expression is MyD88-dependent, or that the role of mucins is indirect, perhaps via their capacity to sequester MyD88-dependent antimicrobial factors as shown for other tissues⁴².

Corneal epithelial cells can internalize bacteria, and can subsequently traffic them to perinuclear vacuoles within the cell where they fail to thrive⁸. Our more recent unpublished data indicates that vacuolar acidification reduces the viability of intracellular *P. aeruginosa*. Whether this is involved in defense against microbial penetration through the healthy corneal epithelium is yet to be determined. Supporting that possibility, however, is our observation that when *P. aeruginosa* is inoculated onto a healthy rat cornea, most internalized bacteria are found in cells that are readily shed from the eye with rinsing⁶. That result supports the notion that internalization/cell shedding is a mechanism for clearing bacteria that manage to adhere to the surface.

If *P. aeruginosa* does manage to traverse the multilayered corneal epithelium and all of its defenses, the epithelial basement membrane (the basal lamina), composed mostly of extracellular matrix proteins, e.g. laminin and collagen type IV, prevents them from actually entering the corneal stroma. The basal lamina does this in two ways: one physical and the other biochemical. The basal lamina acts as a physical filter because it is a mesh containing pores smaller than the size of most bacteria⁴³. This filtering role played by the basal lamina explains why making the corneal epithelium susceptible to bacterial adhesion/traversal (using either EGTA or MyD88 knockout mice) does not necessarily result in microbial keratitis (disease/pathology)^{26, 27}. The pathology that occurs during microbial keratitis requires bacterial entry into the stroma, which then leads to the activation of inflammatory and immune responses and their subsequent damaging sequelae (e.g. see references^{4, 5, 44}).

In the laboratory, the filtering role of the basal lamina can easily be observed using in vitro or in vivo models. Even within corneas made susceptible to disease by scratch injury, penetrating bacteria distant from the scratch-injured area can be seen aligned on the anterior surface of still intact basal lamina⁴⁵. After scarification, the cornea regains its resistance to infection within 12 hours, which corresponds to the time that bacteria are no longer able to take that final step into the stroma⁴⁶. Interestingly, reacquisition of resistance to corneal infection occurs before barrier function to fluorescein staining is completely reestablished. These results provide further evidence that fluorescein staining is a poor predictor of susceptibility to infection, and that other defense mechanisms (e.g. the basal lamina) can still protect the cornea against bacterial penetration when superficial tight junctions are compromised.

Our in vitro modeling experiments confirmed that basal lamina extracellular matrix proteins can form a barrier to bacterial passage⁴⁵. However, that study also showed another role for the basal lamina in defense, which was to improve the barrier function of the epithelial cells growing on top of them. The mechanism(s) by which these proteins impact the barrier function of cells on the opposite side of the multilayer is yet to be determined, but could involve effects on junctional integrity or antimicrobial peptide/mucin expression. Whatever the case, the intact basal lamina is another factor that is lacking in standard cell culture assays that could relate to the increased susceptibility of corneal epithelial cells to bacteria when grown in vitro.

In summary, corneal epithelial-associated barriers to *P. aeruginosa* consist of defenses against adhesion and defenses against microbial penetration (traversal). The players involved likely include junctional complexes, secreted and internal antimicrobial peptides, mucins, and the basal lamina foundation that provides a physical barrier while also supporting epithelial homeostasis. During and after *P. aeruginosa* challenge, corneal epithelial defenses are enhanced and regulated by epithelial-derived cytokines and chemokines that can facilitate communication with cells of the immune system to boost corneal defenses.

The bacterial perspective: *P. aeruginosa* opportunity and adaptability

P. aeruginosa is often referred to as an opportunistic pathogen, in that it requires some form of compromise to host defenses to cause infection. If the opportunity is offered, *P. aeruginosa* can be a formidable and versatile pathogen, even more destructive to host tissues than “true” pathogens. In addition to its capacity to invade cells and survive intracellularly, or to rapidly kill cells, using ExoS or ExoU respectively, it has other type three secreted toxins that also contribute to pathogenesis in the cornea and other tissues (e.g. refs⁴⁷⁻⁴⁹). Other virulence factors can also contribute, including proteases, exotoxin A^{13, 45, 50, 51}, pili through their effects on corneal adhesion and twitching motility^{52, 53} and lipopolysaccharide^{54, 55}. *P. aeruginosa* also has the ability to form biofilms, which are surface microcolonies surrounded by a polysaccharide-protein matrix, and it can even accomplish this on or in host tissues⁵⁶. Biofilms provide a unique and protective microenvironment that favors survival against antimicrobial agents and host immune defenses (see review⁵⁷). Biofilms are thought to allow *P. aeruginosa*, and other microbes, the opportunity to adapt to prevailing environmental conditions through alterations in their gene expression, and sometimes even allow the acquisition of new genes, e.g. encoding antibiotic resistance.

Using a rat model, we found that *P. aeruginosa* can form biofilms on the posterior surface of contact lenses worn in vivo, and that this was associated with the development of severe microbial keratitis without the necessity for prior scarification injury⁵⁶. These results

confirmed what clinicians have long suspected; that significant “overt” injury to the cornea is not required for the pathogenesis of contact lens-related infection. When lenses from infected eyes harboring the *in vivo* grown biofilms were transferred to naïve animals, they were found to cause infections much faster than freshly inoculated lenses (median time reduced from 8 to 2 days).

It is not yet clear whether it is the biofilm itself that shortened infection onset time in the rat model, or if the role of the biofilm was simply to enable the bacteria to survive for long enough to adapt to the *in vivo* environment. Available data support the latter possibility; i.e. that *P. aeruginosa* can adapt to *in vivo* factors to become more virulent. For example, we have found that after *P. aeruginosa* has already traversed multilayered human corneal epithelium grown *in vitro*, it acquires an enhanced capacity to traverse naïve cells (~1000 fold) (unpublished data). Comparison of gene expression in the bacteria before and after they had traversed the corneal epithelium revealed numerous changes. Affected bacterial genes included 16 two-component sensor-response regulators which each control the expression of numerous genes. Hundreds of affected bacterial genes were also described as encoding hypothetical proteins indicating a currently unknown function. Much more work will be required to characterize the factors impacted, and to determine which conferred the enhanced capacity to traverse epithelial cells. The genes/gene products/pathways involved are likely to be excellent targets for preventing infection.

Why does contact lens wear predispose to infection?

Contact lens wear is a leading risk factor for *P. aeruginosa* keratitis^{1, 58}. The development of silicone hydrogel contact lenses with vastly greater oxygen transmissibility has not reduced the incidence of microbial keratitis⁵⁸, suggesting that hypoxia is not critical to pathogenesis. Based on our current knowledge, and because extended wear is a risk factor, we believe that bacterial adaptation coincident with changes to the biochemistry of tear fluid under the contact lens, are the most important contributors.

Live cell imaging of *P. aeruginosa* reveals that bacteria do not particularly like the apical surface of corneal epithelial cells. While they swim within range of apical cell surfaces as if curious, they remain a significant distance above the cell surface. Only occasionally do bacteria “home in” on the cells, and usually only if the cell is dead or dying. In contrast, they readily bind to areas of exposed glass or plastic between cells, and from that vantage point sometimes gain access to the underside of adjacent cells which are most vulnerable to their virulence strategies⁷. Why the exposed apical cell surface repels bacteria is not completely clear, but it could be related to the surface-expressed mucins and/or release of antimicrobial peptides mentioned previously.

Avoidance of the apical cell surface is not unique to the interaction between *P. aeruginosa* and corneal cells. The gut harbors enormous numbers of bacteria, yet there is a clear zone about 50 microns wide above the epithelial cell surface that contains no microbes, thought maintained by mucins (e.g. Muc2) and associated antimicrobial factors released from the cell surface^{42, 59}. If the same is true for the ocular surface (where the presence of microbes is probably even less welcome), we expect the corneal surface and tear film above it to be devoid of microbes since it is only about 7 microns thick. At the ocular surface, the very effective sweeping action (shear force) of the eyelids combined with tear flow would make it even more difficult for microbes to get a foothold. Thus, it is not surprising that the eye is so efficient at clearing even very large inocula of bacteria, even those as adaptable and inherently resistant as *P. aeruginosa*¹³.

When a contact lens is placed on the eye this scenario is likely to differ because it provides a surface for bacteria to stick to (which would help them resist physical removal), and it could

also enable them to maintain a safe(r) distance from the hostile epithelial surface (which might help them resist being killed). Our experiments with rats confirm that this can indeed happen, since massive mature bacterial biofilms were found to have grown on the back surface of all inoculated worn lenses⁵⁶. Once a biofilm forms on this surface, which faces the cornea and tear fluid trapped against it, bacteria within it are likely to be exposed to sub-lethal doses of host-derived antimicrobials and other defense factors. *P. aeruginosa* has very few nutrient requirements, needing only a few key elements in low concentrations for growth, and is equipped with an unusually large number of genes devoted to adaptation and survival⁶⁰. It is already known that these include systems that can respond to host defense factors, resulting in up-regulated resistance to antimicrobial peptides, production of proteases with capacity to break down defense proteins and physical barriers, up-regulation of polysaccharides that help resist recognition and/or phagocytosis by host cells, up-regulation of secreted toxins that damage cells, etc. Thus, *P. aeruginosa* is in an excellent position to take advantage of the contact lens on the eye, likely explaining why it is the leading cause of contact lens-related infections.

There is a second set of events, however, that is also likely to contribute to the pathogenesis of *P. aeruginosa* keratitis. Soft contact lens wear allows for very little tear exchange, a factor that would be expected to take a toll on ocular defenses. For example, factors and cells shed from the ocular surface would be less readily removed, and the various tear components, which come from different locations around the ocular surface, could become separated from each other, potentially upsetting the delicate balance between ingredients such as proteases and their respective inhibitors. Molecules important for maintaining homeostasis at the ocular surface could be degraded, either through time or by bacterial proteases, lipases, phospholipases etc. Indeed, we have shown that the protective effects of tears are lost when incubated with *P. aeruginosa* for several hours¹⁴. Thus, it would not be surprising if the ability of tear fluid to modulate epithelial immunity (as discussed in previous sections of this perspective paper), is compromised in contact lens wear, at least for the critical post-lens tear film that is in contact with the cornea.

Epithelial cells could also suffer directly when wearing a contact lens. We have shown that innate defense responses of cells are blunted after cells wear a contact lens, even in vitro. Human corneal epithelial cells exposed to soft contact lenses in vitro for ~3 days, failed to up-regulate the antimicrobial peptide hBD-2 in response to challenge with *P. aeruginosa* antigens⁶¹. Further experiments revealed that contact lens-exposed cells failed to activate the transcription factor AP-1 (modulates a range of protective factors) in response to *P. aeruginosa* antigens, but could still activate NF κ B (associated with pro-inflammatory events). Those data suggest that contact lens wear could hinder antimicrobial defenses of the cornea while still allowing potentially damaging pro-inflammatory mediators to compromise epithelial barrier function. Other contact lens-mediated effects on epithelial cell biology in vivo shown by others, including reduced epithelial cell proliferation and differentiation, could also influence corneal innate defense against *P. aeruginosa* and other pathogens⁶².

In some instances, contact lens care solutions could find a way onto the ocular surface. Some of these care solutions have the potential to impact epithelial homeostasis and barrier function^{63, 64}. However, it is not yet known if lens care solution effects on the cornea are a risk factor for microbial keratitis in humans.

For an infection to occur, the basal lamina would also need to be compromised. How could this happen during lens wear? It is not yet known whether inflammation is an early step in the pathogenesis of contact lens infections. If it is, immune cells infiltrating into the cornea could potentially damage barriers that normally protect against bacterial penetration, including the basal lamina. While the cornea does not normally respond immunologically to

microbes outside the cornea, lens wear could potentially compromise the mechanisms that suppress inflammatory or immune responses (perhaps due to changes in tear biochemistry alluded to above), in which case bacteria growing on the back of the contact lens could mediate a host response. Alternatively, the basal lamina might be structurally or biochemically abnormal in those who succumb to contact lens related infections. This could be because the corneal epithelial cells that help make the basal lamina are impacted by lens wear through mechanisms discussed above, or there could be genetic reasons. The latter is feasible considering that the incidence of infection has been surprisingly stable over the years despite the introduction of many new lens and solution types. Indeed, associations between susceptibility to microbial keratitis and single nucleotide polymorphisms in cytokine genes have been reported ¹.

A common theme for the above-proposed mechanisms, is the requirement for an extended exposure time. Contact lens biofilm formation and keratitis *in vivo*, suppression of antimicrobial peptide expression, changes to tear fluid biochemistry, and activation of immune responses, all require time to manifest. The need to wait for these events to unfold is likely to explain the elevated risk of *P. aeruginosa* keratitis during extended wear of contact lenses ⁵⁸, and it provides us with avenues for reducing risk.

Conclusions and Future Goals

We are learning that the ocular surface possesses multiple integrated defenses (Fig. 1 and Table 1) that almost universally protect the cornea against *P. aeruginosa* (the focus of our studies). However, it is clear that these defenses, and the intrinsic resistance of the healthy cornea, have evolved (and are conserved across species) to protect the eye against a broad-range of microbial pathogens, e.g. other bacteria, fungi, viruses and protozoa. This is clearly evidenced in numerous animal models of bacterial, fungal, viral, or protozoan corneal infections. In most of those models, infection occurs only when the corneal epithelium is deeply damaged by injury through to the anterior stroma, or if it is completely by-passed by intrastromal injection ^{4, 24, 65}. Stromal entry of microbial cells then invokes a powerful inflammatory and immune response ^{4, 5}. Even with a contact lens-wearing animal model, i.e. without prior induction of epithelial injury, initial *P. aeruginosa* infection and disease only occurs after a prolonged exposure ⁵⁶. Otherwise, the cornea “brushes off” even large numbers of contaminating microbes, even those capable of causing massive cell and tissue destruction, with barely a trace of evidence. Incredibly, it resists *P. aeruginosa* infection even when bacteria have penetrated the epithelium to the basal lamina, which only occurs when there is significant compromise to tear/epithelial defenses. We believe that “null infection” models (in which the maintenance of health, rather than disease, is the outcome, including those described above) can be a useful complement to traditional infection models (in which disease is the usual outcome). Null infection models will be particularly helpful for understanding the mechanisms that protect us against opportunistic bacteria such as *P. aeruginosa*. These models would provide a foundation for studies aimed at understanding how and why compromise allows susceptibility, and for developing novel therapies that augment our own defenses. High-resolution imaging of unprocessed corneal tissue can be a useful complement to such efforts, because it allows the relationships between individual bacteria and cells to be studied over time *in vivo*, which previously required *in vitro* experimentation with its associated limitations.

While a significant amount of work remains to be done to fully understand contact lens-related corneal infection involving *P. aeruginosa*, or other causative microbes, we now have clear paths to follow. Our aim is to eliminate this problem, and use the information gained from doing this research to develop new ways to prevent infections in general. A greater

availability of lens-wearing animal models, in particular contact lenses that fit mouse eyes, would be extremely valuable for moving forward with this effort.

Our long-term goal is the development of new therapeutic and/or preventive interventions in contact lens-related *P. aeruginosa* keratitis. Current therapeutic interventions involve anti-Pseudomonal antibiotics, e.g. aminoglycosides or fluoroquinolones, and prevention relies on reducing *P. aeruginosa* contamination of contact lenses and lens cases using contact lens care (disinfection) solutions. Extending beyond, and improving, these clinical approaches requires two major advances. Firstly, a detailed knowledge of the critical *P. aeruginosa* factors (virulence genes and proteins) required for survival and adaptation on a contact lens in the lens case and more importantly on the ocular surface, which allow this versatile pathogen the means to breach the corneal epithelial barrier. Secondly, detailed knowledge of the intrinsic host defense mechanisms of the cornea that allow resistance to *P. aeruginosa*, and how a contact lens induces sufficient compromise to allow bacterial adaptation and virulence to cause infection.

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Biography

Dr. David Evans received a BSc and PhD (Pharmacy) from the University of Manchester, UK. He completed a post-doctoral fellowship at Harvard Medical School, and is currently a Professor of Biological and Pharmaceutical Sciences, College of Pharmacy, Touro University CA, and Associate Research Scientist, School of Optometry, University of California, Berkeley. Dr. Evans research interests are; pathogenesis of corneal infections, innate immunity, and antimicrobial therapeutics. He has collaborated with Dr. Fleiszig for nearly two decades.



B. Dr. Fleiszig is a paid consultant for Allergan. Drs. Fleiszig and Evans are listed as co-inventors on several US patents (or pending applications) belonging to the University of California, Berkeley, which involve use, or up-regulation, of ocular antimicrobial factors to prevent or treat ocular infections. These patents or applications relate to the use or up-regulation of collectins, defensins, and keratin-derived antimicrobial peptides.



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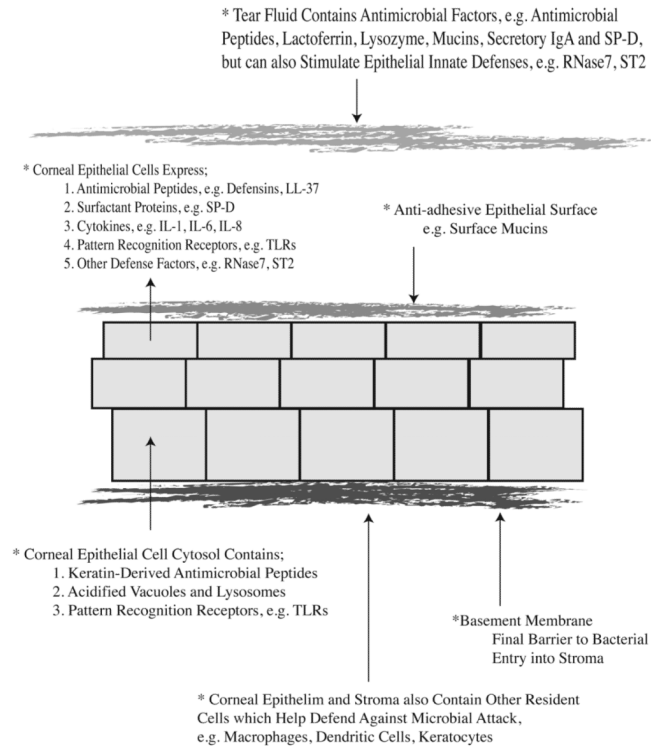


Figure 1. Schematic overview of intrinsic corneal defenses against *P. aeruginosa* and other microbial pathogens during health. Several of these defenses are dependent upon MyD88, an adaptor protein associated with TLR and IL-1R signaling. MyD88-dependent defenses include anti-adhesive factors of the epithelial surface, which can be removed by tissue paper blotting, and they also include epithelial barrier function against *P. aeruginosa* traversal after bacterial adhesion is enabled²⁷ (also see Table 1).

Table

Factors helping a healthy cornea resist *P. aeruginosa* (PA) and other microbes

Factor	Location(s)	Mode of Action(s)	Reference(s)
α -Defensins β -Defensins (Antimicrobial Peptides)	Tear Fluid Epithelium	Inhibition of microbial growth/viability ^a β -defensin protects against PA colonization in vivo, and epithelial traversal in vitro	30, 36, 37 37
Cathelicidin LL-37 (Antimicrobial Peptide)	Epithelium	Inhibition of microbial growth/viability ^b	30
Soluble Mucins Membrane-Bound Mucins	Tear Fluid Epithelium	PA binding and aggregation/ inhibition of PA adherence to corneal epithelium Inhibition of bacterial adherence ^c	19 41
Secretory IgA	Tear Fluid	PA binding/inhibition of PA adherence to corneal epithelium	21
Surfactant Protein-D	Tear Fluid and Epithelium	PA binding and aggregation/ inhibits PA epithelial invasion (in vitro), and PA epithelial traversal (in vivo)/promotes PA ocular clearance/direct antimicrobial	13, 20, 26, 28
Lactoferrin and Lysozyme	Tear Fluid	Inhibition of microbial growth/viability ^d	16, 17
MyD88-Dependent Receptors, e.g. TLRs, IL-1R On Resident Corneal Cells (Detect PA antigens, IL-1)	Epithelial cells Macrophages Dendritic cells Keratocytes (cell surface/ intracellular)	Regulation of innate defenses including the expression of antimicrobial peptides and cytokines/chemokines ^e Prevents <i>P. aeruginosa</i> traversal of corneal epithelium (ex vivo)	29 to 33, 38 27
RNase7 and ST2	Epithelium	Induced by tear fluid/inhibit PA invasion of epithelial cells ^f	18
KDAMPs (Antimicrobial Peptides From Cytokeratin 6A)	Epithelium (Cytosol)	Inhibition of microbial growth/viability ^a Inhibits PA corneal colonization	39
Basement Membrane		Blocks PA penetration to stroma (mechanism unknown, pore size?)	45

^aOther activities include immune cell chemotaxis, and promotion of wound healing

^bAlso multifunctional, e.g. promotion epithelial wound healing, and cytokine expression

^cShown for *Staphylococcus aureus*

^dLactoferrin also exerts anti-inflammatory activity

^eAlso links to phagocyte recruitment and adaptive immunity

^fRNase7 is an antimicrobial ribonuclease first discovered in skin (stratum corneum)