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Congenital Proprotein Convertase 1/3 Deficiency Causes Malabsorptive Diarrhea and other Endocrinopathies in a Pediatric Cohort

Martín G. Martín¹, Iris Lindberg², R. Sergio Solorzano-Vargas¹, Jiafang Wang¹, Yaron Avitzur³, Robert Bandsma³, Christiane Sokollik³, Sarah Lawrence⁴, Lindsay A. Pickett², Zijun Chen¹, Odul Egritas⁵, Buket Dalgic⁵, Valeria Albornoz², Lissy de Ridder⁶, Jessie Hulst⁶, Faysal Gok⁷, Ayşen Aydoğan⁸, Abdulrahman Al-Hussaini⁹, Deniz Engin Gok¹⁰, Michael Yourshaw¹¹, S. Vincent Wu¹², Galen Cortina¹³, Sara Stanford¹, and Senta Georgia¹⁴

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Correspondence: Martín G. Martín, Department of Pediatrics, Division of Gastroenterology and Nutrition, Mattel Children's Hospital and the David Geffen School of Medicine, Eli & Edy Broad Center of Regenerative Medicine & Stem Cell Research, University of California Los Angeles, Los Angeles, CA, 90095, USA. mmartin@mednet.ucla.edu; Telephone: 310-794-5532; fax: 310-206-0203.

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Martín G. Martín = SCD, AID, DM, CR, OF, SS

Iris Lindberg = SCD, AD, AID, DM, CR, SS

R. Sergio Solorzano-Vargas = SCD, AD, AID, TMS

Jiafang Wang = AD, TMS

Yaron Avitzur = SCD, AD, DM, CR

Robert Bandsma = SCD, AD, DM, CR

Christiane Sokollik = AD, DM

Sarah Lawrence = AD, DM, CR

Lindsay A. Pickett = AD, AID, DM, TMS

Zijun Chen = AD, TMS

Odul Egritas = AD, CR

Buket Dalgic = AD, CR

Valeria Albornoz = AD, TMS

Lissy de Ridder = AD, DM, CR

Jessie Hulst = AD, DM, CR

Faysal Gok = AD, CR

Ayşen Aydoğan = AD, CR

Abdulrahman Al-Hussaini = AD, CR

Deniz Engin Gok = AD, CR

Michael Yourshaw = AID, DM, CR, SA

S. Vincent Wu = SCD, DM, CR

Galen Cortina = SCD, AID, DM

Sara Stanford = AD, DM, TMS

Senta Georgia = AD, AID, DM

Authors' contribution:

study concept and design = SCD

acquisition of data = AD

analysis and interpretation of data = AID

drafting of the manuscript = DM

critical revision of the manuscript for important intellectual content = CR

statistical analysis = SA

obtained funding = OF

technical or material support = TMS

study supervision = SS

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¹Department of Pediatrics, Division of Gastroenterology and Nutrition, Mattel Children's Hospital and the David Geffen School of Medicine, University of California Los Angeles, Los Angeles, CA 90095, USA ²Department Anatomy and Neurobiology, University of Maryland-Baltimore 20 Penn St., HSFII Rm S251, Baltimore, MD 21201, USA ³Division of Gastroenterology, Hepatology and Nutrition, The Hospital for Sick Children, Toronto, University of Toronto, Toronto, ON ⁴Division of Endocrinology and Metabolism, Children's Hospital of Eastern Ontario, 401 Smyth Road, Ottawa, Ontario, Canada K1H 8L1 ⁵Gazi University School of Medicine, Department of Pediatric Gastroenterology, Ankara, Turkey ⁶Pediatric Gastroenterology, Erasmus MC - Sophia Children's Hospital Rotterdam, Netherlands ⁷Department of Pediatrics Nephrology, Gulhane Military Medical Academy School of Medicine, Ankara, Turkey ⁸Kocaeli University Faculty of Medicine, Department of Pediatric Gastroenterology Hepatology and Nutrition, Kocaeli, Turkey ⁹Pediatric Gastroenterology and Hepatology, Children's Hospital, King Fahad Medical City, Riyadh, Saudi Arabia ¹⁰Department of Endocrinology, Gulhane Military Medical Academy School of Medicine, Ankara, Turkey ¹¹Department of Human Genetics, David Geffen School of Medicine at the University of California at Los Angeles, Los Angeles, CA 90025, USA ¹²VA Greater Los Angeles Healthcare System, Los Angeles, CA 90073, USA ¹³Department of Pathology and Laboratory Medicine, David Geffen School of Medicine at the University of California at Los Angeles, Los Angeles, CA 90095, USA ¹⁴Department of Medicine, David Geffen School of Medicine at the University of California at Los Angeles, Los Angeles, California 90024, USA

Abstract

Background & Aims—Proprotein convertase 1/3 (PC1/3) deficiency, an autosomal recessive disorder caused by rare mutations in the *PCSK1* gene, has been associated with obesity, severe malabsorptive diarrhea, and certain endocrine abnormalities. Common variants in *PCSK1* have also been associated with obesity in heterozygotes in several population studies. PC1/3 is an endoprotease that processes many prohormones expressed in endocrine and neuronal cells. We investigated clinical and molecular features of PC1/3 deficiency.

Methods—We studied the clinical features of 13 children with PC1/3 deficiency and performed sequence analysis of *PCSK1*. We measured enzymatic activity of recombinant PC1/3 proteins.

Results—We identified a pattern of endocrinopathies that develop in an age-dependent manner. Eight of the mutations had severe biochemical consequences in vitro. Neonates had severe malabsorptive diarrhea and failure to thrive, required prolonged parenteral nutrition support, and had high mortality. Additional endocrine abnormalities developed as the disease progressed, including diabetes insipidus, growth hormone deficiency, primary hypogonadism, adrenal insufficiency, and hypothyroidism. We identified growth hormone deficiency, central diabetes insipidus, and male hypogonadism as new features of *PCSK1* insufficiency. Interestingly, despite early growth abnormalities, moderate obesity, associated with severe polyphagia, generally appears.

Conclusion—In a study of 13 children with PC1/3 deficiency caused by disruption of *PCSK1*, failure of enteroendocrine cells to produce functional hormones resulted in generalized malabsorption. These findings indicate that PC1/3 is involved in processing of one or more enteric hormones that are required for nutrient absorption.

Keywords

genetic; congenital diarrheal disorder; enteroendocrine development; NEUROGENIN

Introduction

Congenital diarrheal disorders are rare and caused by a diverse group of inherited mutations that have been identified over the last several years¹. Generally these disorders can be classified into either a secretory or malabsorptive form by whether the diarrhea improves with fasting. Malabsorption disorders, in turn, can be grouped by response to dietary challenges into either selective or generalized impairment of nutrient digestion or transport. Histologic assessment of the small intestine is particularly useful in elucidating the generalized diarrheal form, as abnormalities of inflammation, enterocyte subcellular structures, and the relative size of the crypt-villus axis are helpful in distinguishing the various disorders.

Three genes, *neurogenin-3 (NEUROG3)*, *autoimmune regulator (AIRE)* and *proprotein convertase subtilisin/kexin type 1 (PCSK1)* are known to be involved in disorders characterized by abnormal enteroendocrine development or function that manifest in generalized malabsorption²⁻⁵. We previously described a cohort of children with missense mutations of *NEUROG3*, neonatal onset of diarrhea, and a severe paucity of enteroendocrine cells (enteric anendocrinosis) as assessed by an absence of staining for chromogranin and gut hormones [MIM:610370]². Mutations in *AIRE* have been found in patients with autoimmune polyglandular syndrome type 1, a disorder associated with various endocrinopathies including a severe noncongenital form of generalized malabsorptive diarrhea associated with a depletion of enteroendocrine cells [MIM:240300]⁵.

The enzyme encoded by *PCSK1*, prohormone convertase 1/3 (PC1/3), is responsible for peptide hormone processing within the enteroendocrine cell. Deleterious homozygote mutations of *PCSK1* have been described in three cases, two of which involved neonatal diarrhea [MIM:600955]^{3,4,6}. Prohormone convertase 1/3 is a calcium-dependent serine endoprotease essential for the conversion of a variety of prohormones into their bioactive forms. PC1/3 is richly expressed in endocrine cells in the gut, in the arcuate and paraventricular nuclei of the hypothalamus, and in β cells of the pancreas, where it has a well-defined role in processing proinsulin⁷.

The first reported case of severe PC1/3 deficiency was assessed in a woman who presented in her 40s with postprandial hypoglycemia, obesity, primary hypogonadism, and adrenal insufficiency^{3,4}. In a follow-up report, this patient recollected having severe diarrhea in childhood⁶. A second case exhibited hypocortisolemia and a generalized malabsorptive diarrhea that required prolonged parenteral nutrition, but this patient died at 18 months⁶. A recent case described a six-year-old who had a similar form of congenital diarrhea who became severely obese⁸. This child also had central hypocortisolemia, believed to be secondary to defective processing of proopiomelanocortin (POMC) proprotein to ACTH, and polyuria and polydipsia that could not be attributed to diabetes insipidus (DI).

In addition, two common heterozygote variants of *PCSK1*, rs6232 and rs6235, have been associated with obesity and/or diabetes in the general population despite reducing the catalytic activity of PC1/3 by less than 10%⁹. Several murine models of *Pcsk1* depletion have been reported with complex and varied phenotypes depending on the severity of the mutation, diet, and likely the genetic background of the mouse strain^{10,11}.

Since only three cases have been reported to date, the clinical course of patients with severe homozygous mutations of *PCSK1* is still unclear. In the report below, we present evidence that the severe malabsorptive diarrhea of early infancy is followed by many endocrine abnormalities that have not yet been described. We describe 13 children from 11 families with 12 novel mutations (five missense, five nonsense, one frame shift, and two splice site) of *PCSK1*. Each family had a unique homozygous mutation, and one family had a second

homozygous mutation in the same gene. We assessed 9 mutations for processing, secretion, and enzymatic activity using established *in vitro* assays. These results suggest that impairment of processing of prohormones secreted by enteroendocrine cells likely accounts for the generalized malabsorptive diarrhea, which dominates the early clinical course of this disorder.

Material and Methods

Subjects

Samples for mutation screening were identified from the UCLA Pediatric Diarrhea Research Database, which includes samples referred for clinical diagnosis or research since 2004, and was approved by our institutional review board. Inclusion criteria for the database was a history of chronic (>2 mo) severe diarrhea during the Pediatric ages (<18 yo), while subjects with various causes of short bowel syndrome, inflammatory bowel disease, Celiac disease and pancreatic insufficiency were excluded. The database contains over 172 kindreds composed of 194 children with chronic diarrhea, 163 of which were classified as congenital in origin. Approximately 25 of the subjects were identified with various forms of selective malabsorptive diarrhea, while 133 were classified with the generalized form malabsorption. Within this latter group, 45 had normal an otherwise normal histology based on pathologic (e.g. H&E) assessment, and 35 were sequenced by Sanger methods for significant variants of PCSK1.

Genomic DNA Isolation, PCR and Sequencing

Genomic DNA was extracted from blood or saliva by standard procedures, and measured by Qubit (Invitrogen). The 14 exons of PCSK1 were PCR-amplified and sequenced using oligonucleotides based on adjacent intronic sequence. Oligonucleotide pairs used to amplify genomic DNA and PCR conditions are presented in Supplement 1.

Wild-type and mutant PC1/3 expression clones

Flag-tagged human wild-type PC1/3 (kindly provided by John Creemers, University of Leuven)⁹ was modified by site-directed mutagenesis using the Stratagene QuikChange method to introduce the mutations shown in Figure 1 and Table 2. All final clones were confirmed to contain only the designated mutation by sequencing of the entire cDNA insert.

Enzyme Assay

Clones containing cDNAs encoding the various PC1/3 mutant variants were transfected into HEK293 cells as described in more detail in Supplement 1. Enzymatic activity of secreted recombinant PC1/3 proteins present in conditioned medium was measured as previously described¹³. Maximum rates were obtained from the later portion of the kinetic measurement curves and compared to WT PC1/3 wells. All experiments were independently repeated at least three times.

Results

CLINICAL PHENOTYPE

General Clinical Characteristics—Ten subjects were the offspring of known consanguineous relationships. Eighty-five percent of the subjects analyzed (11 of 13) were males (Table 1). Two of the subjects (#4, #7) died at 8 and 15 months of life, respectively, during prolonged hospitalizations secondary to presumed central venous line sepsis. In three families (#6, #8, #10), three other children died as either neonates or during the late childhood period with a similar clinical course of chronic diarrhea prior to the diagnosis of

the index case. One case (#2) was lost to clinical follow-up after late infancy. The oldest proband of this cohort is at present 17 years old (#11), and 6 of the subjects are older than 6 years of age.

Diarrhea/Nutrition and Growth Characteristics—All subjects were born at full term gestation with normal weights (χ , 3.4 ± 0.3 Kg). All children presented with evidence of dehydration, metabolic acidosis, and diarrhea during the first two months of life (χ , 2.3 ± 2.0 weeks; range 1 to 8 weeks), with slightly less than half (6/13) presenting during the first week of life. The diarrheal symptoms failed to resolve upon selective elimination of carbohydrates (glucose, lactose or sucrose), amino acids, and fats during various dietary challenges. In all cases, the diarrhea was malabsorptive type, based on assessment of stool electrolytes and the resolution of diarrhea during states of fasting. Eleven of the 13 subjects had intestinal biopsies, and all but two were reported as normal. The two cases (# 3, #5a) with abnormal biopsies had evidence of mild villous atrophy without overt inflammation.

Most cases (8 of 13) began parenteral nutrition within the first three months of life secondary to severe diarrhea and failure to thrive, and all but one case (#5b) required prolonged intravenous nutrition. While two cases required parenteral nutrition beyond 17 months of age (#3, #9), the remaining children were on exclusive enteral feeds by 1.5 years of age (χ , 15.8 ± 7.8 months of age). Although the dependency of parenteral nutrition diminishes with time, these subjects continue to experience significant malabsorptive diarrhea and loose stools throughout childhood. Many of these children were hospitalized for prolonged periods of time for extensive clinical and laboratory evaluations, including numerous endoscopy, dietary challenges, and nutritional rehabilitation; some were hospitalized chronically because of the unavailability of home parenteral nutritional support (# 4, #7).

All of the infants that initially received prolonged parenteral nutrition had severe failure to thrive prior to starting nutritional support, and had a weight standard deviation score (z-score) of less than -3 (χ , -3.35 ± 1.8). Interestingly, as the subjects aged beyond early infancy, their weight increased significantly, and out of proportion to height. Specifically, of the five cases that have reached mid-childhood (6 years of age; case #1, #3, #5b, #6a, #11), the weight z score was more than $+2$ (χ , 1.9 ± 0.5), and height z-score was -1 (χ , -1.0 ± 0.6). All of these children were moderately obese and had a mean body-mass-index (BMI) z-score of $+2.3\pm 0.3$. Representative growth charts of cases #1, #9 and #11 illustrate that despite poor growth in early infancy, significant increases in weight and BMI are characteristic of this disorder years after parenteral nutrition as been discontinued (Supplement 2).

Endocrine Characteristics—Only 7 of the 13 subjects were confirmed to have elevated serum proinsulin levels, as this assay was not available at all parent institutions, or because the diagnosis was established post-mortem by genetic testing. Of those cases where proinsulin levels were assessed, the values were significantly elevated for the various reference laboratories. Episodes of postprandial hypoglycemia were documented on multiple occasions in 8 of the 13 cases.

Polydipsia and polyuria were common symptoms identified in at least 11 of the 13 cases. Irritability and aggressive water-seeking behavior were common complaints, especially during occasions when access to water was impaired. Diabetes insipidus was established in eight cases, and the average age of this diagnosis was ~ 18 months old, with a range of 1 to 42 months. Seven of these children were managed with intranasal desmopressin (DDAVP), and the other with water restriction. Of all of the endocrinopathies other than malabsorptive diarrhea, DI or partial DI was identified most consistently. In one case (#11), despite

laboratory and clinical evidence of partial DI, the subject failed to respond as expected to appropriate doses of DDAVP.

At least three of the males had hypogonadism with small testis and micropenis, and at least two responded to testosterone therapy. One child (#11) was documented to have central hypogonadism with low stimulated serum levels of LH and FSH, and testosterone, and responded appropriately to testosterone administration. One of the two females (#3) has reached pubertal age and experienced delayed puberty with feminization on estradiol therapy.

Adrenal function was assessed in at least 11 cases and central adrenal insufficiency was observed in 8 children at 1 month to 5.5 years of age. Diagnosis was based on low basal cortisol and ACTH levels, or insufficient response to ACTH testing. Seven subjects receive daily hydrocortisone therapy, and one (#9) receives only stress coverage.

Similarly, central hypothyroidism was identified in 8 cases and was either not assessed or not observed in 5 cases. The hypothyroidism was hypothalamic in origin with normal or low serum TSH levels and low T4. The age range of detection was also wide, from 1 month to 17 years of age.

Growth hormone deficiency was identified in at least 4 cases as assessed by stimulation tests and/or abnormalities of serum IGFBP3 and IGF-1 levels. All of the children diagnosed with growth hormone deficiency were treated with growth hormone with good response.

SEQUENCING OF *PCSK1*

We sequenced each of *PCSK1*'s 14 exons in DNA from saliva samples from every index patient and in a subset of parents and siblings. We observed one homozygote mutation in 12 of the samples and two homozygote mutations in the remaining sample (#2). None of the variants were previously identified in dbSNP 137 or in 1092 or 6500 individuals in the 1000 Genomes and NHLBI datasets, respectively; and are very rare (MAF<0.001%) (Table 2, Figure 1, Supplement 1). The p.G593R variant was previously described as a compound heterozygote^{3, 15}.

Two severe nonsense mutations, p.M1X and p.R405X, were identified in four subjects (#6A/6B and #5A/#5B) from two families. The p.M1X mutation deletes the gene's usual initiation codon, and the next in-frame alternative initiation codon is M125, located within exon 3, while the closest out-of-frame ATG is 78 nucleotides downstream of the initiation codon. The p.R405X mutation results in an entire deletion of the protein's P, and CT domains (Table 2, Figure 2).

Two other nonsense mutations, p.Y231X and p.Q337X, were identified in two other subjects (#10, #4). A frame shift mutation (p.V450fsX1) in the index case from another family (#8) would be predicted, if stable, to result in a severely truncated protein that would be expected to lack the catalytic, P and CT domains (Table 2, Figures 1–2). Two essential splice site mutations (IVS8+1G>T and IVS8+1G>A), located at the identical obligate acceptor nucleotide in intron 8, were identified in two unrelated subjects (#3, #7), and are predicted to severely alter the gene's correct splicing pattern.

All of the missense variants were identified in the homozygote state in the index cases, and these altered amino acid residues are evolutionarily conserved from *H. sapiens* to *D. rerio* (Figure 3), suggesting their importance. Two mutations (p.G209R and p.P258T) were identified in the same subject (#2); these alter residues within the PC1/3 catalytic domain, substituting a large basic residue for a small polar residue, and a hydroxylated polar residue

for a rigid nonpolar residue, respectively (Figures 1–3). Two missense variants, p.N423K and p.G593R, in patients #11 and #1 respectively, are significant polar to charged basic residue changes within the P domain. Finally, also within the P domain, in case #9, the p.F548S variant substitutes a hydroxylated polar residue for a highly hydrophobic amino acid.

FUNCTIONAL ANALYSIS AND *IN VITRO* ASSESSMENT OF MUTANT PC1/3s

Expression of recombinant wild-type PC1/3 and various mutant PC1/3s—The PC1/3 patient mutations were placed into a human PC1/3 expression vector, expressed in HEK cells, and the conditioned supernatant assayed for PC1/3 activity; cell lysate and medium were also assessed for protein content by Western blotting. As can be seen in Figure 4, none of the truncation mutants resulted in a cellular product (panel A); however, the frameshift variant, p.V450fsX1, generated a secreted 55 kDa truncated PC1/3 product. In contrast, all of the PC1/3 proteins containing point mutations were synthesized as evidenced by their presence in cell lysates (**panel B**), though only three were secreted into the medium (p.P258T, p.N423K, p.F548S). The p.N423K and the p.F548S proteins were both secreted somewhat inefficiently compared to WT. Interestingly, neither of these two 87 kDa PC1/3 mutant proteins exhibited the lower molecular mass proteins in the medium typical of C-terminal truncation, in contrast to the p.P258T point mutant. The p.P258T PC1/3 variant appeared to be more efficiently secreted than the other two secreted point mutants, and was also able to mature to smaller forms similarly to WT.

Enzymatic activity of recombinant wild-type PC1/3 and various mutant PC1/3s

—Most of the mutations resulted in PC1/3 forms lacking any secreted enzymatic activity (Figure 5); this includes all of the truncation mutants, as well as the p.V450fsX1 frame shift variant. While the F548S protein was secreted, it was completely inactive. Two other missense mutations exhibited partial activity, P258T and N432K; the former exhibited 60% of wild-type activity, while the latter exhibited very little activity (11% of wild-type).

Discussion

This study describes the clinical outcome and molecular basis of PC1/3 deficiency in 13 patients followed through the ages of 3 to 17. All 13 subjects had homozygous mutations, whereas in three previously reported cases, one was a homozygote and two were compound heterozygotes^{4,6,8}. We confirm that this disorder is characterized in the early years by a significant risk of mortality and failure to thrive secondary to severe generalized malabsorptive diarrhea. However, the children studied here had considerable improvement in mortality beyond 18 months of age, despite persistent morbidity concomitant with the development of an array of major endocrinopathies.

Generalized malabsorptive diarrhea is the endocrinopathy that dominates the early clinical picture. Similar to children with enteric anendocrinosis-associated mutations of *NEUROG3*, the subjects' diarrheal symptoms failed to abate with the elimination of selective nutrients². Also like children with *NEUROG3* mutations, the majority of the cases had a normal crypt-villus-axis and an absence of a dominant inflammatory component.

The assortment of endocrinopathies associated with PC1/3 deficiency distinguishes this disorder from enteric anendocrinosis-associated mutations of *NEUROG3* who develop insulin-dependent diabetes mellitus in early childhood, but do not appear to develop other endocrine abnormalities². Nevertheless, the enteric endocrinopathy associated with each of these disorders appear to be indistinguishable. It should be noted that *NEUROG3* is a helix-loop-helix transcription factor that is required and sufficient to drive the development of

enteroendocrine and islet cells, and is therefore essential to produce all components of endocrine cells, including hormone and processing enzymes such as PC1/3.

All but one (#5b) of the children required a prolonged course of parenteral nutrition therapy; however, the untreated child's failure to thrive was the severest of all those encountered (weight, z score -6.6). Unlike most forms of congenital enteropathy, which require life-long parenteral nutrition, the PC1/3-deficient children were weaned off intravenous nutrition by 18-months of age. We speculate that the hormones processed by PC1/3 and secreted by enteroendocrine cells are important to support the particularly high caloric intake necessary for growth during early infancy, but that this requirement diminishes thereafter.

It is remarkable how closely the *Pcsk1* null mouse model mimics the clinical course seen in the human subjects described here. The *Pcsk1* null mouse has a high postnatal mortality rate, with only one-third surviving beyond seven days of life, and most succumbing by day two¹⁰. The null pups appear similar to controls until the third day, when considerable differences in weight become apparent, and those that do survive beyond the first week exhibit significant growth retardation that was attributed to defective processing of GHRH¹⁰. Interestingly, mild diarrhea is discernible in the older mice, despite normal intestinal architecture.

Multiple prohormones secreted from enteroendocrine cells are processed by PC1/3 (Supplement 3)⁷. However, we have been unable to identify a murine model where deletion of an enteric hormone, and/or its corresponding putative receptor, is associated with early postnatal mortality as seen in the *Pcsk1*- and *Neurog3*-null models^{10, 14}. These findings suggest either that there might be another novel peptide processed by PC1/3 that enhances assimilation of a broad group of nutrients; or that redundant hormones have this role, and selective depletion does not recapitulate the early mortality seen in humans and mice with null *PCSK1* and *NEUROG3* mutations^{2, 3, 10, 14}. This raises the possibility that exogenous administration of the hormone(s) might have beneficial effects in attenuating the severity of the diarrhea in this unique group of patients.

Nearly all of the *PCSK1* mutations studied here destroyed the enzymatic activity of PC1/3 when examined in an HEK cell expression system. The majority of truncation mutations likely underwent mRNA decay and intracellular degradation since PC1/3t was undetectable in the lysate. In contrast, the missense point mutations resulted in a variety of biochemical phenotypes. The missense mutants p.G593R and p.G209R, and the nonsense mutant p.V450fsX1, apparently failed to traverse the secretory pathway; while intracellular proteins were observed, they were not secreted. These highly conserved glycine residues (Figure 4b) may be essential to protein folding. The p.G593R mutation was previously identified in a compound heterozygote state in the initial index case, and impaired secretion of this variant was recently reported by others¹⁵. The p.P258T substitution, identified in kindred #2, resulted in protein able to traverse the secretory pathway efficiently; the secreted protein exhibited robust enzymatic activity against the fluorogenic substrate (Figure 5). In the PC1/3 model this residue, is located in an exterior beta turn of the catalytic domain, a position that may not be important for protein folding¹⁶. Proband #2 also is a homozygote for the p.G209R mutation which exhibits no detectable enzymatic activity; this second variant likely accounts for the subject's clinical phenotype. The p.N423K substitution also resulted in a secreted but very weakly active enzyme that was apparently unable to mature to smaller species. This residue is located in a loop in close proximity to the P domain and the catalytic triad, a location that is apparently integral to C-terminal cleavage. Lack of C-terminal cleavage is predicted to result in severe loss of activity, consistent with the observed results⁷. Further analysis of mutant processing should be tested in a model cell system that contains regulated secretory granules, in which C-terminal processing should be enhanced.

Our biochemical results are consistent with others who sequenced PC1/3 from 845 obese patients and found eight other novel missense mutations identified in eight different heterozygote carriers¹⁵. Seven of these mutated PC1/3s exhibited moderate impaired synthesis or activity, and mutations likely altered enzyme folding and stability and folding of the enzyme. In a larger cohort of obese European patients, these missense mutations were associated with a 8.7-fold higher risk of obesity¹⁵.

Indeed, PC1/3 has frequently been implicated in the polygenic and monogenic forms of obesity and has an essential role in POMC processing; POMC-derived peptides represent a key component of the leptin-signaling pathway^{3, 4, 17}. PC1/3 also processes the central orexigenic hormones NPY and agouti-related protein (AgRP) that compete with α -melanocyte-stimulating hormone for the melanocortin receptor 4 (MC4R), expressed in the hypothalamus¹⁸. Paradoxically, despite the anticipated loss of PC1/3 processing of both central (NPY, AgRP and orexin) and peripheral (ghrelin) orexigenic hormones^{18–20} in these subjects, our probands exhibited polyphagia throughout childhood. Attenuation of a PC1/3-dependent anorexigenic signal such as PYY should enhance appetite^{21, 22}. Given PC1/3's extensive role in processing many of the peptidergic components of pathways regulating energy balance and appetite, we might have anticipated more profound obesity in our probands. While it is conceivable that other proprotein convertases such as PC2 might compensate for the loss of PC1/3 activity, we hypothesize that the milder form of obesity in this cohort is due in part to the persistent malabsorption that distinguishes homozygote *PCSK1* deficiency from these other disorders.

Several severe monogenic obesity disorders have been described along this leptin-MC4R pathway, and all are typified by obesity that is noticeable within the first several months of life, and persisting throughout adulthood as class III morbid obesity²³. For instance, cohorts with severe MC4R heterozygote mutations have a mean BMI index z-score of +3.9²³. This is in stark contrast to our *PCSK1* probands that experience profound failure to thrive during early infancy, and only moderate obesity during the late childhood and adolescence period (Table 1). Indeed, the first reported *PCSK1* proband ever described, a middle-aged woman,⁴ had class I obesity (BMI 34.4, z-score +1.9), with a height (z-score -0.35), and weight (z-score +1.9) that resemble many of the index cases described here. However, she reportedly weighed 36 Kg (z-score +5.3) at 3 years of age³; this is significantly more than any of the children included in this study (Table 1).

Four subjects in this cohort exhibited linear growth deficiencies and received therapy for growth hormone deficiency. Stunted growth was not described in the two earlier cases of PC1/3 deficiency who reached childhood ages^{3, 4, 6}. Reduced linear growth in the later ages clearly appeared to contribute to the high BMI values, as the mean height z-score was -1. These observations raise the possibility that the more common mild *PCSK1* mutations in heterozygote carriers may be particularly prone to an elevated BMI because of a concomitant diminution of linear growth⁹. It would certainly be interesting to assess these and other clinical and laboratory parameters in the obligate heterozygotes from our cohort, since the defective *PCSK1* allele is severely affected.

In mice, PC1/3 processes proGHRH, and in *Pcsk1* null mice hypothalamic GHRH and circulating and hepatic IGF1 levels are low, contributing to their growth disparity¹⁰. Species differences in the cleavage site sequence of proGHRH suggest that humans might be less prone to GH deficiency; however, an inherent species difference in the specificity of the convertases towards the human and mouse precursors has not been directly assessed. The proGHRH cleavage site is also processed efficiently by furin¹⁰. In addition to GHRH, peripheral and hypothalamic control of GH secretion also involves somatostatin and ghrelin, which are also processed by PC1/3²⁴.

Reproductive systems were also strongly affected by PC1/3 mutations. The convertase(s) that processes hypothalamic proGnRH has not been defined in humans, but PC2 has been implicated in rats²⁵. In our cohort, two males were formally diagnosed with laboratory evidence of central hypogonadism with evidence of micropenis and small soft testis that were treated successfully with testosterone, and one female is on estradiol treatment for primary hypogonadism. Leptin deficiency is also associated with hypothalamic hypogonadism via several mechanisms including kisspeptin, the natural ligand for GPR54, which modifies GnRH release²⁵. The convertase that processes the kisspeptin precursor has not been elucidated, but it is conceivable that PC1/3 deficiency may impair GnRH synthesis by this alternative route.

Hypoadrenalism was identified in each of the three previously described patients with *PCKS1* deficiency^{3, 6, 8}. Similarly, eight subjects from our cohort had evidence of central adrenal insufficiency with low basal cortisol levels and low to normal ACTH levels. In the hypothalamus, the CRH precursor is processed by PC2, and mature CRH can modulate the endoproteolytic processing of POMC by enhancing PC1/3 expression²⁶. However, POMC processing does not appear to be entirely dependent on PC1/3, as low normal ACTH levels were detected in the previously described PC1/3-deficient subjects despite low cortisol and elevated POMC levels in serum^{4, 8}.

Seven children had laboratory evidence of at least partial central diabetes insipidus, with serum hyper-osmolality, urine hypo-osmolality, and low serum arginine vasopressin (AVP) levels; they were treated with DDAVP. Since adrenal insufficiency may diminish the excretion of free water, it is conceivable that the evidence of DI might only be revealed in subjects with normal cortisol levels. While infants with DI are generally managed with extra free water and not with DDAVP to maintain normal hydration, it is possible that the parenteral nutrition may have also masked the vasopressin deficiency. Interestingly, the antidiuretic response to DDAVP administration was poor in at least one case (#11), suggesting a potential nephrogenic component. It is conceivable that an abundance of the inactive vasopressin precursor may compete with DDAVP for binding to the vasopressin (V2) receptor, and impair activation of the aquaporin-2 water channels. While direct *in vitro* data assessing the efficacy of PC1/3 and PC2 in processing of the human vasopressin precursor is also lacking, it is conceivable that differential age-dependent expression of PC1/3 and PC2 in the hypothalamus might explain the development of DI in our cohort beyond early infancy.

We also identified central hypothyroidism (low serum levels of TSH and T4) in seven of the subjects, similar to a previously described case of PC1/3 deficiency⁸. In the hypothalamus, prothyrotropin-releasing hormone (pro-TRH) is processed by both PC1/3 and PC2 to a hypothalamic tripeptide that stimulates TSH synthesis and release, in a leptin-dependent mechanism²⁷.

Interestingly, females are significantly underrepresented in all known cases of PC1/3 deficiency, suggesting potential embryonic lethality. In this study, we found a predominance of males (11 of 13 patients). Including the three previously reported subjects (1 of 3), and two other subjects not reported here (2 of 2), 14 of 18 cases with PC1/3 deficiency are males ($p=0.031$, exact binomial two-tailed)^{3, 6, 8}. We failed to identify any asymptomatic homozygote females in our various kindreds. Although a degree of prenatal mortality was detected in the mouse model, differences in male/female ratio in those few *Pcsk1* null mice that survived the early postnatal mortality were not described¹⁰.

In conclusion, this study provides a broad understanding of the full clinical phenotype associated with the autosomal recessive form of PC1/3 deficiency. While enteroendocrine

cell dysfunction (e.g. enteric dysendocrinosis) dominates the early clinical phenotype, continued malabsorption likely attenuates the severity of the obesity seen at later ages. Specific hormones with profound effects in enhancing nutrient assimilation have not been definitively elucidated, but this study strongly implies that such hormones must be generated by PC1/3 processing. In our cohort, we found clinical and laboratory evidence of GH deficiency, central DI and hypogonadism in males, three clinically important features not previously identified. Homozygote females were also significantly underrepresented in our cohort, suggesting that PC1/3 activity *in utero* may be particularly required for females. We also raise the possibility that the elevated BMIs that are associated with the more common autosomal dominant form of PC1/3 deficiency may be related in part to an impairment of linear growth (GH deficiency). Finally, our study illustrates the complexity of an evolving phenotype, and highlights the importance of establishing the correct underlying diagnosis to guide treatment and physicians' and parents' expectations.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Abbreviations

DDAVP	intranasal desmopressin
PCSK1	proprotein convertase subtilisin/kexin type 1
DI	diabetes insipidus
GHRH	growth hormone-releasing hormone
POMC	opiomelanocortin
α-MSH	α -melanocyte-stimulating hormone
NPY	neuropeptide Y
AgRP	agouti-related protein
MC4R	melanocortin receptor 4
GH	growth hormone
Peptide YY	(PYY)
GnRH	gonadotropin releasing hormone
TRH	thyrotropin-releasing hormone
CRH	corticotropin-releasing hormone
z-score	standard-deviation score
BMI	body-mass-index
WT	wild-type
MAF	minor allele frequency

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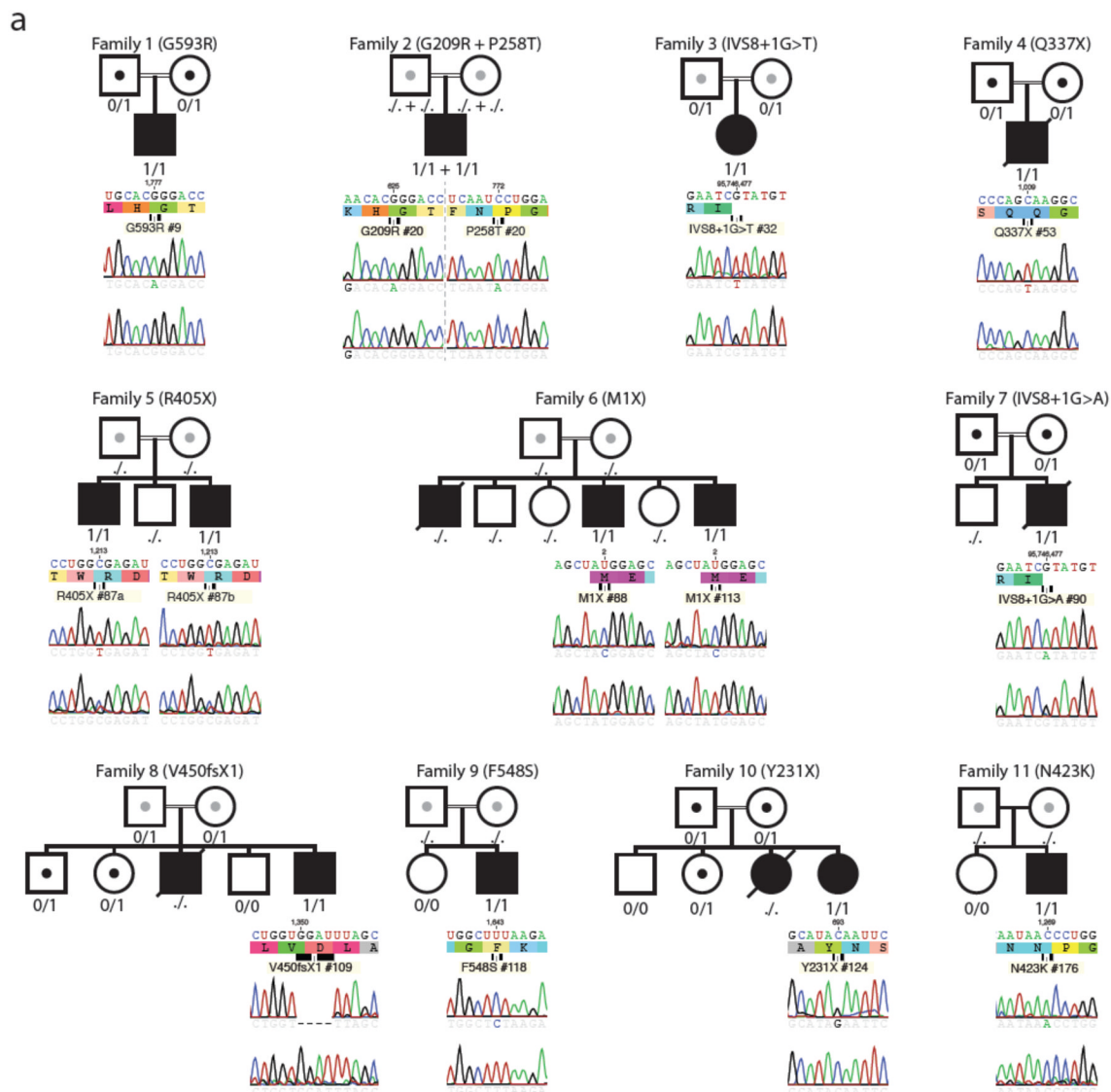


Figure 1. Pedigrees and mutations in *PCSK1*

Pedigrees of families studied, showing genotypes (./, NA, 0/0 WT, 0/1 heterozygous, 1/1 homozygous) and Sanger sequencing results for proband, and unaffected control. The proband(s) that were sequenced are indicated by the black square (male) or circle (female). Homozygote mutations within each family are indicated by MM; heterozygotes by MN; normal on both alleles by NN; and not assessed as NA. A slash through the symbol indicates that the subject is deceased, and a double line between the parents indicates a consanguineous union.

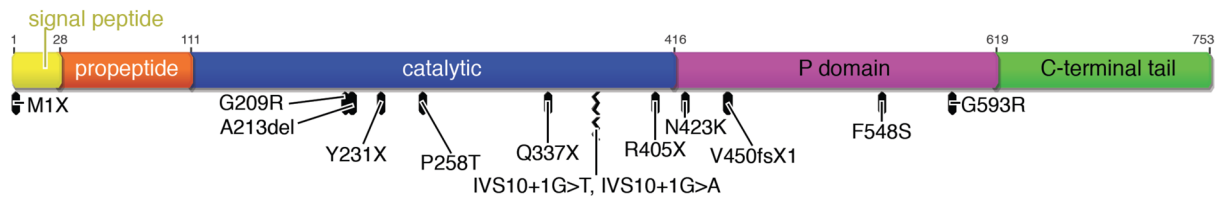


Figure 2. Domain structure and mutation locations within prepro-PC1/3

Overview of PC1/3 protein regions with locations of mutations presented in this study and previously published mutations.

LOCUS	Organism	204	214	253	264	418	428	543	554	588	598
NP_000430.3	H.sapiens	NENKHGTRCAG		SIGFNPGHVDI		DPLANNPGWKK		TSPNGFKNWDF		KLILHGTSSQP	
XP_001134900.1	Pan troglodytes	NENKHGTRCAG		SIGFNPGHVDI		DPLANNPGWKK		TSPNGFKNWDF		KLILHGTSSQP	
XP_002804496.1	Macaca mulatta	NENKHGTRCAG		SIGFNPGHVDI		DPLANNPGWKK		TSPNGFKNWDF		KLILHGTSSQP	
XP_848637.1	Canis lupus	NENKHGTRCAG		SIGFNPGHVDI		DPLANNPGWKK		TSPNGFKNWDF		KLILHGTSSQP	
NP_776837.1	Bos taurus	NENKHGTRCAG		LIGFNPGHVDI		DPLANNPGWKK		TSPNGFKNWDF		KLILHGTSSQP	
NP_038656.1	Mus musculus	NENKHGTRCAG		SIGFNPGHVDI		DPLASNPGWKK		TSPNGFKNWDF		KLILHGTSSQP	
NP_058787.1	Rattus norvegicus	NENKHGTRCAG		SIGFNPGHVDI		DPLANNPGWKK		TSPNGFKNWDF		KLILHGTSSQP	
XP_003643108.1	Gallus gallus	NENKHGTRCAG		SIGFNPEHVDI		DPLAGNPGWKK		KSPNGFKNWDF		KLILHGTDTQP	
NP_001131134.1	Danio rerio	NENKHGTRCAG		SIGYNPDHVDI		DPLANNPGWKR		TSSNGFERNWAF		KLILHGTSEKP	
			↑		↑		↑		↑		↑
			G209R		P258T		N423K		F548S		G593R

Figure 3. Location of 5 missense mutations in the PC1/3 gene family in conserved domains
Alignment of missense variants to members of PC1/3 gene family.

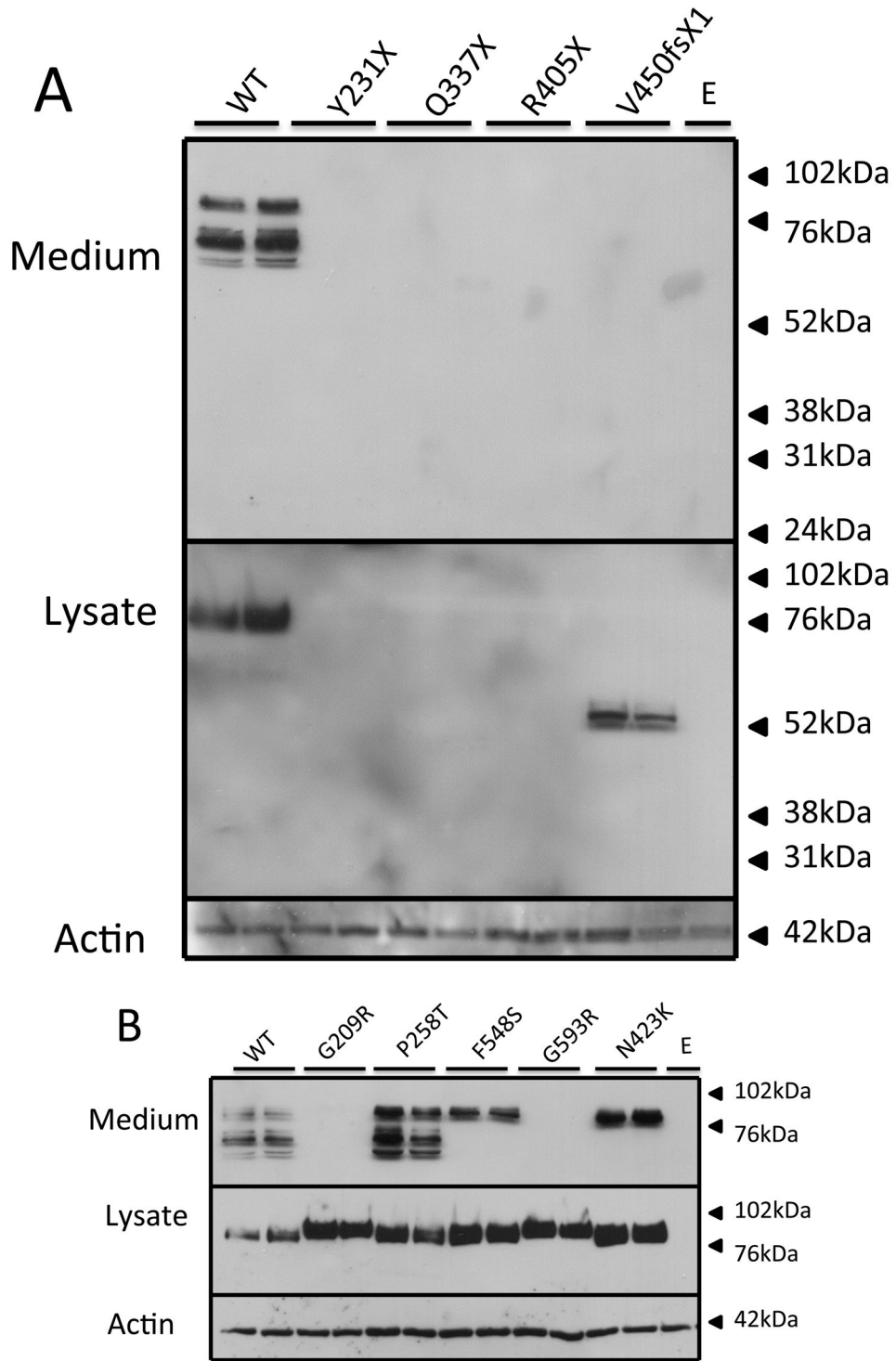


Figure 4. Western blot of PC1/3 wild-type and mutant protein expression
 HEK293 cells were transfected with empty vector (E), wild-type PC1/3 (WT), or PC1/3s containing novel mutations. Media and cells were subjected to Western blotting using amino-terminally directed PC1/3 primary antiserum. Truncation mutations are shown in **Panel A**, and missense mutations are shown in **Panel B**. β -actin was used as a loading control.

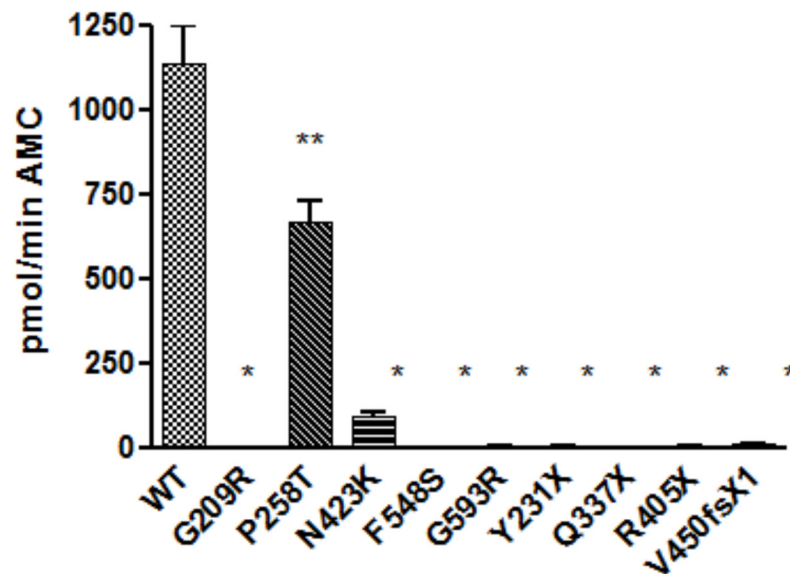


Figure 5. Enzymatic activity of wild-type PC1/3 and novel PC1/3 variants

The enzymatic activities of secreted PC1/3 proteins in conditioned medium were assayed using a fluorogenic assay. Four replicates per transfection condition were assayed in triplicate, and maximum rates were normalized to WT PC1/3. Maximum activity rates are shown as the mean \pm S.D., $n=4$ wells. Data represent one of 3 independent experiments. Bars represent mean \pm standard deviation, and unpaired Student's *t*-test was used to assess difference between mutant and WT activities with *:P-value <0.001 , **:P-value <0.05 . All experiments were independently repeated in triplicate wells at least three times, with similar results.

Table 1

Summary of Clinical Phenotype of 13 Subjects with *PCSK1* Mutations

ID #	1	2	3	4	5a	5b	6a	6b	7	8	9	10	11	Summary
Ethnicity	Hispanic	Indian	Turkish	Turkish	African	African	Arab	Arab	Turkish	Arab	Turkish	Turkish	Canadian	Diverse
Sex	M	M	F	M	M	M	M	M	M	M	M	F	M	11 of 13 male
Outcome; Age	Alive; 7.5 yo	Alive; 6 yo	Alive; 15 yo	Dead @ 8 mo; sepsis	Alive; 3.7 yo	Alive; 9.3 yo	Alive; 12.8 yo	Alive; 2.9 yo	Dead @ 15 mo; sepsis	Alive; 5.5 yo	Alive; 3.8 yo	Alive; 3.0 yo	Alive; 17 yo	11 of 13 alive χ^2 7.7 +/-4.8
Consanguinity	Yes	Yes	Yes	Yes	No	No	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes, 12 of 13
Family history	No	No	No	No	Yes; #87b	Yes; #87a	Yes; 2; 1 died & #113	Yes; 2; 1 died & #88	No	Yes; 1 died @ 5 yo	No	Yes; died	No	Yes, 4 of 12
Birth Wt Kg	3.85	3.3	3.3	3.1	3.55	3.7	3.13	2.95	3.2	3.1	3.8	3.6	3.5	χ^2 3.4+/-0.3
Age presented	3 wk	1 wk	1 wk	1 wk	1 wk	1 wk	2 wk	1 wk	4 wk	8 wks	3 wk	2 wk	2 wk	χ^2 2.3 +/-1.9
Generalize malabsorption	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes, 13 of 13
Intest. Biopsy; Normal	Yes	Yes	No; mild villus atrophy	Yes	No; villus atrophy; eos	Not done	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes, 0 of 12 normal
Chronic IV Nut (age start; end)	Yes (1 to 16 mo)	Yes (3 to 12 mo)	Yes (10 to 34 mo)	Yes (4 to 8 mo)	Yes (1 to 20 mo)	Never treated w/ IV Nut	Yes (1.5 to 11 mo)	Yes (1 to 12 mo)	Yes (3 to 15 mo)	Yes (6 to 14 mo)	Yes (10 to 23 mo)	Yes (1 to 12 mo)	Yes (1 to 12 mo)	Yes, 12 of 13
Early growth; FTT/age; WT Z score	Yes/2mo; WT Z -1.3	Yes/2mo; WT Z -2.1	Yes/10mo; WT Z -6.56	Yes/4 mo; WT Z -5.63	Yes/1 wk; WT Z -1.7	Yes/6 mo; WT Z -6.6	Yes/2 mo; WT Z -2.66	Yes/2 wk; WT Z -2.5	Yes/3 mo; WT Z -3.24	Yes/2 mo; WT Z -4.0	Yes/4 mo; WT Z -1.9	Yes/5 mo; WT Z -2.24	Yes/1 mo; WT Z -3.15	Yes, 13 of 13 χ^2 -3.35+/-1.8
Late growth; Obese/age; WT Z score; HT Z score	Yes/7.7 yo; BMI Z+2.4; WT Z+1.81; HT Z-1.4	N/A	Yes/15yo; BMI Z +1.7; WT Z+1.0; HT Z-1.78	N/A	Yes/3.7yo; BMI Z+2.7; WT Z+1.4; HT Z-0.7	Yes/9.3 yo; BMI Z+2.33; WT Z+2.15; HT Z-0.21	Yes/12.8yo; BMI Z+2.6; WT Z+2.5; HT Z-0.6	Yes/2.9yo; BMI Z+2.55; WT Z+0.0; HT Z-2.8	N/A	No/5.5yo; BMI Z+0.2; WT Z -1.21; HT Z -1.26	Yes/3.5yo; BMI Z+3.62; WT Z +2.18; HT Z -0.68	Yes/2.4 yo; BMI Z+3.43; WT Z+2.7; HT Z-0.1	Yes/17 yo; BMI Z+2.36; WT Z+2.03; HT Z-1.12	Yes, 9 of 10 BMI +2.5+/-0.9 WT +1.5+/-1.2 HT -1.0+/-
Proinsulin	ND	ND	ND	ND	Elevated	Elevated	Elevated	Elevated	ND	Elevated	Elevated	ND	Elevated	7 of 13
Postprandial hypoglycemia	Yes	Yes	Yes	No	Yes	Yes	No	No	Yes	No	Yes	Yes	No	8 of 13
Polydipsia& Polyuria	Yes	Yes	Yes	No	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	11 of 13
Diabetes Insipidus confirmed; Age, treated	Yes, @ 18 mo; DDAVP	N/A	Yes, @3.5 yo; DDAVP	N/A	N/A	Yes, @ 13.5 mo; DDAVP	Yes, @ 1 mo; DDAVP	N/A	N/A	No	Yes, @ 13 mo; DDAVP	Yes, @ 19 mo; DDAVP	Yes, @ 3 yo; not responsive to DDAVP	7 of 13

ID #	1	2	3	4	5a	5b	6a	6b	7	8	9	10	11	Summary
Hypogonadism	Micropenis	N/A	Yes, delay puberty	N/A	No	Micropenis; hypospadias	No	No	No	No	No	N/A	Micropenis; delay puberty	4 of 13
Hypoadrenalism confirmed; Age, treated	Yes, @6.5 yo	N/A	Yes, @5.5 yo	No	Yes, @12mo	Yes, @6mo	Yes, @1mo	Yes, @ 3 mo	N/A	No	Yes, @ 14 mo; hydrocortisone with stress	Yes, @ 19 mo; hydrocortisone	No	8 of 13
GH deficiency confirmed; Age, treated	N/A	N/A	Yes, @5.5 yo	N/A	No	No	Yes, @9.5yo	Yes, @2.5 yo	N/A	No	No	No	Yes, @ 14 yo	4 of 13
Hypothyroid confirmed; Age, treated	Yes, @6.5 yo	N/A	Yes, @5.5 yo	No	No	No	Yes, @ 1 mo	Yes, @ 3 wk	Yes, @ 1 mo	Yes, @ 4 mo	No	Yes, 29 mo	Yes, @ 17 yo	8 of 13

N/A, not assessed; Yes, confirm symptom or test, No, does not have symptom, or the test was negative; yo (years-of-age); mo (months-of-age).

Table 2

Mutations of *PCSK1* by Kindred

Mutation Name	Nucleotide change	coord	dbSNP137	Exon	Nucleotide	Allele freq	Protein product	Genotype	Kindred
MISSENSE:									
p.G209R	c.625G>A	5:95751821	-	6	GGG->AGG @625	-	Conserved residue	Homozygous	#2
p.P258T	c.772C>A	5:95748132	-	7	CCT->ACT@772	-	Conserved residue	Homozygous	#2
p.N423K	c.1269C>A	5:95735818	-	10	AAC->AAA @1269	-	Conserved residue	Homozygous	#11
p.F548S	c.1643T>C	5:95733119	-	12	TTT->TCT@1643	-	Conserved residue	Homozygous	#9
p.G593R	c.1777G>A	5:95730675	-	13	GGG->AGG@1777	-	Conserved residue	Homozygous	#1
NONSENSE:									
p.M1X	c.2T>C	5:95768745	-	1	ATG->ACG@2	-	Truncated	Homozygous	#6a/6b
p.Y231X	c.693C>G	5:95751753	-	6	TAC->TAG@693	-	Truncated	Homozygous	#10
p.Q337X	c.1009C>T	5:95746564	-	8	CAA->TAA@1009	-	Truncated	Homozygous	#4
p.R405X	c.1213C>T	5:95735874	-	10	CGA->TGA@1213	-	Truncated	Homozygous	#5a/#5b
DELETION:									
p.V450fsX1	c.1349_1352delTTGGA	5:95735735-38	-	10	GTTGGAT->GTTTAG@1349	-	Deletion	Homozygous	#8
SPLICE SITE:									
IVS8+1G>T	c.1095+1T	5:95746477	-	I-8	GTA->TTA	-	Intron donor site loss	Homozygous	#3
IVS8+1G>A	c.1095+1A	5:95746477	-	I-8	GTA->ATA	-	Intron donor site loss	Homozygous	#7