## Short-Chain Fatty Acid-Modified Hexosamine for Tissue-Engineering Osteoarthritic Cartilage

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Inflammation and tissue degeneration play key roles in numerous rheumatic diseases, including osteoarthritis (OA). Efforts to reduce and effectively repair articular cartilage damage in an osteoarthritic environment are limited in their success due to the diseased environment. Treatment strategies focused on both reducing inflammation and increasing tissue production are necessary to effectively treat OA from a tissue-engineering perspective. In this work, we investigated the anti-inflammatory and tissue production capacity of a small molecule 3,4,6-O-tributanoylated-N-acetylglucosamine (3,4,6-O-Bu<sub>3</sub>GlcNAc) previously shown to inhibit the nuclear factor  $\kappa B$  (NF $\kappa B$ ) activity, a key transcription factor regulating inflammation. To mimic an inflammatory environment, chondrocytes were stimulated with interleukin-1 $\beta$  (IL-1 $\beta$ ), a potent inflammatory cytokine. 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure decreased the expression of NF $\kappa$ B target genes relevant to OA by IL-1 $\beta$ -stimulated chondrocytes after 24 h of exposure. The capacity of 3,4,6-O-Bu<sub>3</sub>GlcNAc to stimulate extracellular matrix (ECM) accumulation by IL-1β-stimulated chondrocytes was evaluated *in vitro* utilizing a three-dimensional hydrogel culturing system. After 21 days, 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure induced quantifiable increases in both sulfated glycosaminoglycan and total collagen. Histological staining for proteoglycans and type II collagen confirmed these findings. The increased ECM accumulation was not due to the hydrolysis products of the small molecule, *n*-butyrate and *N*-acetylglucosamine (GlcNAc), as the isomeric 1,3,4-O-tributanoylated *N*-acetylglucosamine (1,3,4-O-Bu<sub>3</sub>GlcNAc) did not elicit a similar response. These findings demonstrate that a novel butanoylated GlcNAc derivative, 3,4,6-O-Bu<sub>3</sub>GlcNAc, has the potential to stimulate new tissue production and reduce inflammation in IL-1β-induced chondrocytes with utility for OA and other forms of inflammatory arthritis.

## Introduction

STEOARTHRITIS (OA) is the most common form of arthritis, affecting an estimated 27 million adults in the United States,<sup>1</sup> with an increasing incidence as the population ages. OA is associated with considerable morbidity as a consequence of joint damage, resulting in pain, loss of joint range of motion, and disability. The disease is marked by considerable articular cartilage damage. Due to the low mitotic activity of the cells and the avascularity of the tissue, cartilage does not effectively self-repair. Treatment for OA remains largely related to pain relief, with additional use of injectable viscosupplements and corticosteroids, which may provide transient periods of improvement, but do not inhibit joint damage. Surgical interventions with joint replacements, while ultimately curative of OA are associated with morbidity and considerable cost. There is thus a considerable need to develop new tissue-engineering strategies that may help to both induce tissue regeneration in a diseased joint environment, while decreasing joint inflammation and pain.

In normal cartilage homeostasis, there is a balance of extracellular matrix (ECM) production and breakdown. During cartilage disease, the balance is disrupted, which results in ECM loss and tissue degradation. It is well known that diseased chondrocytes synthesize less ECM than normal chondrocytes contributing to the net loss of ECM.<sup>2,3</sup> Matrix metalloproteinase-2, -9, and -13 (MMP2, MMP9, and MMP13), a disintegrin and metalloproteinase with thrombospondin motifs-4 and -5 (ADAMTS-4 and ADAMTS-5), inducible nitric oxide synthase (iNOS), and both cyclooxygenases and prostaglandin E synthases (PGES) are increased in the OA joint facilitating ECM degradation or inhibit the synthesis of a new ECM.<sup>4</sup> Inflammation is believed to play a key role in this matrix imbalance<sup>5</sup> with the

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nuclear factor  $\kappa$ B (NF $\kappa$ B) playing a pivotal role in transcriptionally regulating the expression of MMPs, proinflammatory cytokines, and transcription factors and their regulators.<sup>6</sup> Moreover, the inflammatory cytokines, interleukin-1 $\beta$  (IL-1 $\beta$ ) and tumor necrosis factor- $\alpha$ , which initiate the mitogenactivated protein kinase signaling cascade resulting in activation of transcription factors, including NF $\kappa$ B, are found in OA joint tissue, including the cartilage and synovial lining.<sup>5,7</sup> Therefore, targeting the NF $\kappa$ B activity is a potential effective therapeutic target for engineering cartilage in a diseased environment.

In this work, we investigated the ability of short-chain fatty acid (SCFA)-hexosamine hybrid molecules to improve outcomes in an in vitro model of inflammation and ECM loss modeling osteoarthritis (OA), in part, through these compounds recently reported the NFκB inhibitory activity.<sup>8</sup> This approach builds on an emerging paradigm in drug design, where simple carbohydrates function as novel drug candidates wherein derivation of the core sugar results in defined spatial three-dimensional (3D) structures that can engage proteins to alter the biological activity of a cell.<sup>9</sup> To date, this concept has been demonstrated with hexosamines through the ability of n-butanoylated N-acetylmannosamine (Man-NAc) analog 3,4,6-O-Bu<sub>3</sub>ManNAc to suppress NFkB and associated metastatic oncogenes in human cancer cell lines.<sup>8</sup> Furthermore, the *n*-butanoylated GlcNAc analog 3,4,6-O-Bu<sub>3</sub>GlcNAc also suppressed the NFkB activity in those studies.<sup>8</sup> An attractive feature of this class of compounds is that they minimize toxic non-natural secondary metabolites, but instead are degraded through decomposition to natural byproducts. For example, in the case of butanoylated Man-NAc, *n*-butyrate and ManNAc are generated, which can function as histone deacetylase inhibitors or be used for sialic acid biosynthesis, respectively. In general, while the biological impact of these hydrolysis products is modest compared to the "whole molecule" effects,<sup>10</sup> to the extent that they do occur, however, they are expected to contribute favorably to disease outcomes.

Here we report that the structure-activity relationships that endowed 3,4,6-O-Bu<sub>3</sub>ManNAc with potential antiinflammatory properties in cancer cells were retained in the corresponding 3,4,6 GlcNAc-based analog (3,4,6-O-Bu<sub>3</sub>) GlcNAc, Fig. 1) when tested in an in vitro model of inflammation consisting of IL-1β-stimulated chondrocytes.<sup>11</sup> Furthermore, we show that 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure to IL-1β-stimulated chondrocytes resulted in an increase in ECM accumulation and ECM-specific gene expression with limited effects on unstimulated chondrocytes demonstrating the utility of this small molecule-based tissue-engineering strategy to potentially reduce and repair the detrimental effects of inflammation on cartilage as a potential therapeutic for OA. Furthermore, this strategy allows tissue engineers to consider building cartilage in a diseased environment or using cells from a less than perfect environment.

## Materials and Methods

## Synthesis of monosaccharide hybrid molecules

The chemical structures of 3,4,6-O-Bu<sub>3</sub>GlcNAc and 1,3,4-O-Bu<sub>3</sub>GlcNAc are shown in Figure 1 B and D, respectively. Both molecules were synthesized and characterized based on the previously reported methods.<sup>12</sup> 3,4,6-O-Bu<sub>3</sub>GlcNAc was synthesized from 2-acetamido-1,3,4,6-tetra-O-butanoyl-2deoxy- $\alpha$ , $\beta$ -D-glucopyranose (1,3,4,6-O-Bu<sub>4</sub>GlcNAc)<sup>13</sup> using one-step selective deacylation reaction. Briefly, a mixture of butyric anhydride (15.6 mmol) and 4-(dimethylamino) pyridine (cat.) were added to a stirred solution of GlcNAc,(2.2 mmol) in pyridine (2.0 mL) at 21°C. After 24 h, the mixture was concentrated under vacuum and coconcentrated with



**FIG. 1.** Impact of short-chain fatty acid-hexosamine drug candidates on pathways connected to the nuclear factor  $\kappa$ B (NF $\kappa$ B). (**A**) External stimuli with inflammatory cytokines result in an intracellular phosphorylation cascade activating NF $\kappa$ B signaling. (**B**) 3,4,6-O-tributanoylated-N-acetylglucosamine (3,4,6-O-Bu<sub>3</sub>GlcNAc) has a whole molecule structure–activity relationship that decreases the NF $\kappa$ B activity. (**C**) Degradation products of 3,4,6-O-Bu<sub>3</sub>GlcNAc are *n*-butyrate and GlcNAc are two natural metabolites that are safely and efficiently metabolized. (**D**) 1,3,4-O-Bu<sub>3</sub>GlcNAc, the chemical isomer of 3,4,6-O-Bu<sub>3</sub>GlcNAc, generates the same metabolites, but has no effect on cells in these studies. Color images available online at www.liebertpub.com/tea

## toluene (25 mL). The residue was dissolved in methylene chloride (100 mL), washed with cold aqueous HCl (0.5 N, 100 mL), water (100 mL), and saturated NaHCO<sub>3</sub> (100 mL). The organic layer was filtered and concentrated. Column chromatography of the residue (hexanes/ethyl acetate) on silica gel provided 1,3,4,6-O-Bu<sub>4</sub>GlcNAc in the form of syrups that crystallized upon standing. To synthesize 3,4,6-O-Bu<sub>3</sub>GlcNAc, the 2-acetamido-1,3,4,6-tetra-O-butyl-2-deoxy- $\alpha,\beta$ -D-glucopyranose (2.0 mmol) was mixed with activated and powdered molecular sieves 4Å (4.0g) in methanol (100 mL) and stirred at 22°C. The completion of reaction was monitored by thin layer chromatography (TLC) (hexanes:ethyl acetate) to maximize conversion to the hemiacetal, while minimizing deacylation at positions other than C1. After $\sim$ 7–12 h, the reaction mixture was filtered through a pad of celite, washed twice with methanol (10 mL), and the combined filtrate was concentrated. Column chromatography of the residue (hexanes:ethyl acetate) was performed to obtain pure 3,4,6-O-Bu<sub>3</sub>GlcNAc.

Synthesis of 1,3,4-O-Bu<sub>3</sub>GlcNAc was performed as follows. To a stirring mixture of GlcNAc (0.835 mmol) in pyridine (2.7 mL) was added triphenylmethyl chloride (3.0 g, 1.07 mmol) at 22°C. After 48 h, the reaction mixture was heated at 60°C for 1.0 h and monitored by TLC (ethyl acetate). The reaction mixture was concentrated with toluene  $(3 \times 20 \text{ mL})$ . The residue was dissolved in ethyl acetate and washed with water. The organic layers were collected, dried over anhydrous Na<sub>2</sub>SO<sub>4</sub>, filtered, and concentrated to obtain 2-acetamido-2-deoxy-6-O-triphenylmethyl-α,β-D-glucopyranose as a crude product that was taken to the next step without further purification. To the crude product (2.16 mmol) in pyridine (1.46 mL, 18 mmol) at 0°C (ice-water bath), butyric anhydride (12 mmol) was added. The reaction mixture was allowed to warm to 22°C and monitored by TLC (hexanes:ethyl acetate 3:1). After 24 h, the mixture was concentrated with toluene ( $3 \times 10 \text{ mL}$ ), and extracted using a mixture of dichloromethane (100 mL) and water (50 mL). The organic layer was collected, dried over anhydrous Na<sub>2</sub>SO<sub>4</sub>, filtered, and concentrated. Column chromatography of the residue in hexanes:ethyl acetate gave 2-acetamido-1,3,4-tri-*O*-butanoyl-2-deoxy-6-*O*-triphenylmethyl- $\alpha$ , $\beta$ -D-glucopyranose. A stirred mixture of 2-acetamido-1,3,4-tri-O-butanoyl-2-deoxy-6-O-triphenylmethyl- $\alpha$ ,  $\beta$ -D-glucopyranose (0.743 mmol) in 80% aqueous acetic acid (10 mL) was heated at 60°C and monitored by TLC (hexanes: ethyl acetate). After  $\sim 4 h$ , the reaction mixture was concentrated with toluene (3×10 mL). Column chromatography of the residue in hexanes:ethyl acetate gave 1,3,4-O-Bu<sub>3</sub>GlcNAc as a mixture of anomers. Compounds were stored at -20°C after lyophilization. Stock solutions used for experiments were made periodically by dissolving analog in 100% ethanol at a concentration of 100 mM; stock solutions were stored at 4°C for up to 3 months.

## Isolation of bovine articular chondrocytes

Articular cartilage was dissected from the patellofemoral groove and femoral condyles of 5–8-week-old bovine legs (Research 87, Marlboro, MA) as previously described.<sup>14</sup> Tissue was minced into small pieces (~1 mm<sup>3</sup>) and digested for 18 h at 37°C in a high-glucose Dulbecco's modified Eagles' medium (DMEM; Gibco, Grand Island, NY) containing 2 mg/mL type II collagenase (Worthington Biochemical

Corp., Lakewood, NJ), 5% fetal bovine serum (FBS), 100 U/ mL penicillin, and 100  $\mu$ g/mL streptomycin on an orbital shaker. The cell suspension was passed through a 70- $\mu$ m cell strainer and cell centrifuged to form a pellet. Cells were washed three times with sterile phosphate-buffered saline (PBS). Subsequent cell culturing was performed at 37°C in a water-saturated, 5% CO<sub>2</sub> incubator in the high-glucose DMEM supplemented with 10 mM HEPES, 0.4 mM L-proline, 50  $\mu$ g/mL ascorbic acid, 10% FBS, 0.1 mM nonessential amino acid, 100 U/mL penicillin, and 100  $\mu$ g/mL streptomycin.

## Monolayer cell culture

Cells were plated in six-well plates at  $1 \times 10^{6}$  cells/well and allowed to adhere for 24 h in the presence or absence of 10 ng/mL IL-1 $\beta$ . After 24 h, the medium was changed to a medium supplemented with or without 50  $\mu$ M 3,4,6-O-Bu<sub>3</sub>GlcNAc with the respective IL-1 $\beta$  concentration and incubated for an additional 4 or 24 h.

## Three-dimensional cell culture

One hundred milligrams of poly(ethylene glycol)-diacrylate (PEGDA; SunBio PEG Shop, Seoul, Korea) was dissolved in 1 mL sterile PBS. The photoinitiator Irgacure 2959<sup>®</sup> (BASF, Wilmington, MA) was dissolved in 70% ethanol at a concentration of 10% and  $5\,\mu$ L of the photoinitiator added to the 1 mL PEGDA solution. Cells were suspended in the PEGDA precursor solution at a density of  $2 \times 10^7$  cells/mL and  $100 \,\mu$ L of the cell suspension transferred into sterile cylindrical molds. Polymer crosslinking was initiated via UV-A exposure  $(365 \text{ nm}, 3.2 \text{ mW/cm}^2)$  for 5 min. Cell-laden hydrogels were transferred into 24-well plates and cultured in a 1 mL medium with or without  $10 \text{ ng/mL IL-}1\beta$ . After 3 days, the medium was changed to a medium containing indicated hexosamine analog concentrations with or without 10 ng/ mL IL-1β. Hydrogels were cultured for an additional 21 days with medium changes three times per week.

#### Biochemical analysis

The cell-laden hydrogels (n=3 per group) were lyophilized for 48 h. Samples were then homogenized in 125 µg/ mL papainase (Worthington Biochemical Corp.) and digested for 16 h at 60°C. The DNA content was determined fluorometrically using Hoechst 33342 dye<sup>15</sup> and calf thymus DNA as a standard. The sulfated glycosaminoglycan (sGAG) content was determined by measuring the absorbance at 525 nm with dimethyl methylene blue using chondroitin sulfate as a standard.<sup>16</sup> The total collagen content was determined via the hydroxyproline content after acid hydrolysis and the subsequent reaction with p-dimethylaminobenzaldehyde and chloramine-T.<sup>17</sup> Absorbance was read at 550 nm using hydroxyproline as a standard.

## Gene expression

Total RNA was extracted from chondrocytes using the Trizol reagent and reverse transcribed to cDNA using Super-Script<sup>TM</sup> II reverse transcriptase following the manufacturer's protocol (Invitrogen, Carlsbad, CA). Real-time PCRs were performed using StepOnePlus<sup>TM</sup> Real Time PCR System (Applied Biosystems, Carlsbad, CA). All genes were normalized to  $\beta$ -actin, and the level of expression was calculated

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using the  $2^{-\Delta\Delta Ct}$  method as previously described.<sup>18</sup> The PCR primers are listed in Supplementary Table S1 (Supplementary Data are available online at www.liebertpub.com/tea).

## Histology and immunohistochemistry

Samples were fixed in 4% paraformaldehyde overnight followed by dehydration in increasing concentrations of ethanol and embedded in paraffin. Five-micrometer-thick sections were collected onto glass slides. Slides were stained with Safranin-O and fast green used as a counter stain. For immunohistochemistry, AEC Broad Spectrum Histostain-SP Kit (Invitrogen) was used following the manufacturer's instructions. Primary antibodies for type I and type II collagen (Fitzgerald, San Diego, CA) using a 1:100 dilution factor in 1% bovine serum albumin dissolved in PBS.

## Statistical analysis

Data are expressed as mean±standard deviation. Statistical significance was determined by one-way analysis of variance followed by the Tukey HSD test using SPSS 18.0 software (SPSS, Inc., Chicago, IL) or the two-tailed *t*-test. Significance was determined at p < 0.05.

## Results

## Early regulation of $NF\kappa B$ target genes by exposure of chondrocytes to 3,4,6-O-Bu<sub>3</sub>GlcNAc

The biological impact of 3,4,6-O-Bu<sub>3</sub>GlcNAc was initially evaluated in monolayer culture over 24 h (Fig. 2). IL-1ß stimulation was used to activate the NFkB activity (Fig. 1A). Genes that are transcriptional targets of NFkB and are of relevance to OA were evaluated using real-time PCR, including IL-1*β*, MMP13, ADAMTS4, ADAMTS5, iNOS, *PTGES*, and the transcription factor,  $NF\kappa B1$ , and its inhibitor I $\kappa$ B $\alpha$ . All were upregulated after 48 h of IL-1 $\beta$  exposure with the exception of MMP9. Exposure of the IL-1β-stimulated chondrocytes to 3,4,6-O-Bu<sub>3</sub>GlcNAc decreased the expression levels of all genes evaluated after a 24-h exposure again with the exception of MMP9 (Fig. 2). Additionally, 3,4,6-O-Bu<sub>3</sub>GlcNAc in combination with IL-1β stimulation was able to alter expression levels of some of the genes after only 4 h of exposure, specifically *IL-1* $\beta$ , *I* $\kappa B\alpha$ , and *iNOS* (Supplementary Fig. S1).

## 3,4,6-O-Bu<sub>3</sub>GlcNAc influence on ECM deposition by IL-1 $\beta$ -stimulated chondrocytes

To elucidate the potential of 3,4,6-O-Bu<sub>3</sub>GlcNAc to affect ECM accumulation, we evaluated the response of chondrocytes to this molecule when cultured in 3D with or without IL-1 $\beta$ . Chondrocytes were encapsulated in PEGDA hydrogels to mimic a 3D tissue environment and help to maintain a chondrocytic phenotype as compared to monolayer cultures (Fig. 3A, B).<sup>19</sup> This hydrogel system has previously been shown to support chondrocyte viability and matrix production.<sup>14,20–25</sup> The exposure of chondrocytes to 3,4,6-O-Bu<sub>3</sub>GlcNAc did not elicit a statistically significant difference in cell viability, as evident by the DNA content of the cell-laden hydrogels, after 21 days of exposure (Figs. 3C and 4A).

3,4,6-O-Bu<sub>3</sub>GlcNAc stimulated sGAG accumulation. Specifically, 3,4,6-O-Bu<sub>3</sub>GlcNAc induced an increase in sGAG



**FIG. 2.** Anti-inflammatory effects of 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure on chondrocytes in monolayer culture. **(A)** Time line of monolayer gene expression study. **(B)** Expression levels of genes related to osteoarthritis and NFκB signaling in the presence of 50 μM of 3,4,6-O-Bu<sub>3</sub>GlcNAc with or without interleukin-1β (IL-1β). Data are presented as averages and SEM of 3 independent samples (\*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001 vs. the negative control with respective IL-1β concentrations).

accumulation starting at  $25 \,\mu$ M and continued through  $100 \,\mu$ M 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure in IL-1 $\beta$ -stimulated chondrocytes (Fig. 3C). This change in sGAG corresponded to an almost doubling in sGAG deposition with  $50 \,\mu$ M 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure as compared to no 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure. However, the sGAG content decreased at  $150 \,\mu$ M 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure to levels similar to no analog controls. The decrease is plausibly attributed to the



**FIG. 3.** Effect of 3,4,6-*O*-Bu<sub>3</sub>GlcNAc exposure on the biochemical content of IL-1β-stimulated chondrocytes in threedimensional (3D) hydrogels after 21 days of exposure. **(A)** Schematic of a 3D culture system and **(B)** experimental time line (also applies to Figs. 4–6). **(C)** DNA normalized to dry weight, sulfated glycosaminoglycan (sGAG) normalized to the DNA content and total collagen normalized to the DNA content of the cell-laden hydrogels after 24 days of culture (n=3; \* p<0.05, \*\* p<0.01 vs. 0 µM 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure). **(D)** Histological staining for Safranin O and immunostaining for type II collagen of the cell-laden hydrogels (scale bars: 50 µm). An increase in both stains can be observed at as low as 25 µM 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure, but is more evident at 50 µM and 100 µM 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure. Color images available online at www.liebertpub.com/tea



**FIG. 4.** Effect of 3,4,6-*O*-Bu<sub>3</sub>GlcNAc exposure on the biochemical content of unstimulated (no IL-1 $\beta$  exposure) chondrocytes in 3D hydrogel cultures. **(A)** DNA normalized to dry weight, sGAG normalized to the DNA content and total collagen normalized to the DNA content of the cell-laden hydrogels after 21 days of exposure (*n*=3, \*\**p*<0.01, \*\*\**p*<0.001). **(B)** Histological staining for Safranin O and immunostaining for type II collagen of the cell-laden hydrogels (scale bars: 50 µm). Color images available online at www.liebertpub.com/tea

onset of cell stress and toxicity, which was manifested more overtly in the form of reduced cell viability in monolayer culture.<sup>26</sup> In unstimulated chondrocytes, 3,4,6-O-Bu<sub>3</sub>GlcNAc did not have an effect on sGAG deposition until 150  $\mu$ M 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure (Fig. 4A), where a decrease was observed. Histological staining for proteoglycans using Safranin-O morphologically confirmed the changes in sGAG accumulations (Figs. 3D and 4B).

To further investigate the impact of 3,4,6-O-Bu<sub>3</sub>GlcNAc on ECM accumulation, the total collagen content of the cellladen hydrogels was quantified. 3,4,6-O-Bu<sub>3</sub>GlcNAc induced a significant increase in total collagen accumulation at 50 and 100 μM 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure in IL-1β-stimulated chondrocytes (Fig. 3C). This increase corresponded to an almost doubling in collagen accumulation compared to no 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure. Unstimulated chondrocytes maintained collagen accumulation through 50 µM 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure with a concentration-dependent decrease thereafter (Fig. 4A). As total collagen deposition captures information on the collagen content regardless of the type being produced, we sought to determine the impact 3,4,6-O-Bu<sub>3</sub>GlcNAc had on type II collagen, the most abundant type of collagen in articular cartilage, using immunohistochemistry. Similar to total collagen accumulation, 3,4,6-O-Bu<sub>3</sub>GlcNAc induced an increase in type II collagen immunostaining at 50 and 100 µM 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure (Fig. 3D) in IL-1 $\beta$  stimulated chondrocytes. A slight increase in stain intensity was also observed at 25 and 150 µM 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure as compared to no analog exposure. Unstimulated chondrocytes exhibited no differences in type II collagen immunostaining through 50 µM 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure after which, a dose-dependent decrease was observed thereafter (Fig. 4B).

# Unique chemical functionality required for ECM accumulation changes

After confirming the anti-inflammatory and chondroprotective potential of 3,4,6-O-Bu<sub>3</sub>GlcNAc, we next sought to ensure that the observed results were not a result of the liberated GlcNAc or butyrate generated upon hydrolysis of the ester linkage in the analog (Fig. 1C). Therefore, we evaluated the ECM accumulation by chondrocytes exposed to 1,3,4-O-Bu<sub>3</sub>GlcNAc, a molecule that has identical hydrolysis byproducts as 3,4,6-O-Bu<sub>3</sub>GlcNAc. 1,3,4-O-Bu<sub>3</sub>GlcNAc exposure produced no statistical differences in the DNA content of the cell-laden hydrogels by unstimulated (Fig. 5A) or IL-1β-stimulated chondrocytes (Fig. 5B). Additionally, 1,3,4-O-Bu<sub>3</sub>GlcNAc did not alter the sGAG and total collagen deposition at the concentrations evaluated regardless of the inflammatory state (Fig. 5A, B). Therefore, the contribution of the core GlcNAc to GAG production is expected to be occurring in our system based on literature precedent,<sup>27</sup> the lack of activity of 1,3,4-O-Bu<sub>3</sub>GlcNAc clearly demonstrates that metabolic flux considerations have a negligible impact on increased ECM deposition. Instead, the beneficial effects of 3,4,6-O-Bu<sub>3</sub>GlcNAc emanate from the intact pharmacophore rather than from any latent effects of liberated hydrolysis products.

## Altered expression of ECM and inflammatory markers in response to 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure in 3D hydrogel cultures

We next evaluated the gene expression changes in chondrocytes exposed to 3,4,6-O-Bu<sub>3</sub>GlcNAc for 21 days with and without IL-1 $\beta$  stimulation. 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure increased *aggrecan* and *type II collagen* gene expression at



**FIG. 5.** Effect of 1,3,4-O-Bu<sub>3</sub>GlcNAc exposure on the biochemical content on chondrocytes in 3D hydrogel cultures. **(A)** Chondrocytes without IL-1  $\beta$  stimulation exhibited no statistical differences in DNA normalized to dry weight, sGAG normalized to the DNA content or total collagen normalized to the DNA content. **(B)** IL-1 $\beta$ -stimulated chondrocytes exhibited no statistical differences in DNA normalized to dry weight, sGAG normalized to the DNA content or total collagen normalized to dry weight, sGAG normalized to the DNA content or total collagen normalized to dry weight, sGAG normalized to the DNA content or total collagen normalized to dry weight, sGAG normalized to the DNA content.



**FIG. 6.** Effect of 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure on gene expression of IL-1 $\beta$ -stimulated chondrocytes in 3D hydrogel cultures after 21 days of exposure. **(A)** Gene expression for extracellular matrix markers, *aggrecan, type II collagen* and *type I collagen*. **(B)** Gene expression for inflammatory markers, *MMP13*, *NF* $\kappa$ B1, and *I* $\kappa$ B\alpha. Ctrl denotes control chondrocytes without IL-1 $\beta$  stimulation. Data are presented as averages and SEM of RQ values (n=2 for 25 and 150  $\mu$ M, n=3 for 0, 50, and 100  $\mu$ M.).

concentrations similar to the increased ECM accumulation in IL-1 $\beta$ -stimulated chondryoctes (Fig. 6A). Additionally, 3,4,6-*O*-Bu<sub>3</sub>GlcNAc exposure increased the expression of *type I* collagen at intermediate concentrations in IL-1 $\beta$ -stimulated chondrocytes; whereas, a concentration-dependent decrease in expression was observed in unstimulated chondrocytes (Fig. 6A and Supplementary Fig. S2A). The increases observed in IL-1 $\beta$ -stimulated chondrocytes for aggrecan, type II collagen and type I collagen, though highly variable, approached expression levels found in unstimulated chondrocytes (Fig. 6A, gray bars compared to white bar).

To evaluate the effect of the 3,4,6-O-Bu<sub>3</sub>GlcNAc on NFκB activity after 21 days of exposure, we investigated genes transcriptionally regulated by NFkB; specifically, MMP13 for matrix degradation, and  $NF\kappa B1$  and  $I\kappa B\alpha$  for the autoregulatory behavior of NFkB. An initial increase in MMP13 expression at the lowest dose of 3,4,6-O-Bu<sub>3</sub>GlcNAc was observed followed by a decrease through 100 µM of analog exposure regardless of the inflammatory state (Fig. 6B and Supplementary Fig. S2B). With IL-1β-stimulated chondrocytes, a further decrease in MMP13 gene expression was observed at 150 µM 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure (Fig. 6B). The initial increase in MMP13 gene expression observed may reflect ECM-mediated signaling as the cells begin to accumulate the ECM. 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure decreased both  $I\kappa B\alpha$  and  $NF\kappa B1$  gene expression in IL-1 $\beta$ -stimulated chondrocytes in a concentration-dependent manner (Fig. 6B). Neither of these genes changed in unstimulated cells except at the highest concentrations studied, where an increase was observed likely due to toxic effects at high concentrations. Critical from the therapeutic perspective, exposure of the IL-1β-stimulated chondrocytes to the analog decreased MMP13, NF $\kappa$ B1, and I $\kappa$ B $\alpha$  expression levels near to that of unstimulated (normal, healthy) chondrocytes (Fig. 6B, gray bars compared to white bar).

## Discussion

OA is characterized by changes in tissues associated with the joint, including the cartilage, underlying bone and synovium. Damage to the articular cartilage stems from ECM degradation initiated, in part, by inflammation. Proinflammatory cytokines in the osteoarthritic joint space, including IL1 $\beta$ , result in the activation of NF $\kappa$ B.<sup>28</sup> This activation in turn increases transcription of numerous inflammatory mediators, including enzymes and cytokines that result in ECM degradation and further  $NF\kappa B$  activation. Therefore, targeting NFkB signaling before symptomatic OA and major pathological changes may have significant therapeutic benefits in preventing OA progression<sup>28</sup> and restoring tissue homeostasis. The findings of this study indicate that a small molecule with the potential to decrease the NFkB activity, 3,4,6-O-Bu<sub>3</sub>GlcNAc, induces ECM synthesis by IL-1βstimulated chondrocytes, suggesting a potential role for this molecule to be included in tissue-engineering strategies for building cartilage in a pathological (OA) environment.

Investigating small molecules as disease modifying agents have become an attractive area of research and clinical investigation.<sup>29–32</sup> Libraries of small molecules can be readily synthesized, which allows for evaluation of numerous small molecules with minor structural differences cocurrently.<sup>28,33</sup> In this work, we utilize a SCFA-modified hexosamine, 3,4,6-*O*-Bu<sub>3</sub>GlcNAc, as a small molecule drug candidate for reducing osteoarthritic changes that represents an emerging paradigm wherein monosaccharides present an attractive 3D scaffold for drug discovery efforts.<sup>9</sup> Furthermore, although

sugar-based drugs have been regarded as nondruggable, hexosamines with ester-linked substituents have recently shown efficacy in an animal model of hereditary inclusion body myopathy<sup>3</sup> and have better than expected serum stability.<sup>2</sup> This and a similar molecule, 3,4,6-O-Bu<sub>3</sub>ManNAc, have been previously reported to reduce the NFkB activity in human embryonic kidney (HEK) AD293 cells, in contrast to the 1,3,4-O-Bu<sub>3</sub>ManNAc isomer that did not affect the NFkB activity.<sup>8</sup> Further protein docking modeling experiments showed that 3,4,6-O-Bu<sub>3</sub>ManNAc has binding affinity for NFkB1, one of the NFkB proteins. The binding energy was lowest and therefore the strongest with 3,4,6-O-Bu<sub>3</sub>ManNAc compared to 1,3,4-O-Bu<sub>3</sub>ManNAc and Bu<sub>4</sub>ManNAc.<sup>10</sup>

Initial stages of OA onset are difficult to identify. The initiating events in OA remain unclear, but may result from biomechanical forces that activate localized inflammatory processes originating at the level of both the chondrocytes and synovial lining cells.<sup>5</sup> Utilizing IL-1β stimulation of chondrocytes as a model for an OA phenotype, we examined the effects of 3,4,6-O-Bu<sub>3</sub>GlcNAc on early gene expression changes related to NFkB activation that are implicated in OA. 3,4,6-O-Bu<sub>3</sub>GlcNAc decreased the expression of all NFKB target genes that we studied (with the exception of MMP9 as it was not found to be changed upon IL-1 $\beta$  stimulation). The gene expression changes we observed cannot be unambiguously attributed to reduced NFkB activity because hexosamine analogs may also affect other signaling pathways. However, the altered expression of NFkB target genes we observed is consistent with the hypothesis that a significant portion of the beneficial effects of 3,4,6-O-Bu<sub>3</sub>GlcNAc is realized through decreased NFkB activity. These results, as well as the previous findings of reduced NFkB activity in cancer cells, indicate that this molecule may have chondroprotective effects in preventing inflammation-related tissue damage.

As early stages of OA are marked by an increase in catabolic enzymes resulting in ECM loss and concomitant tissue degeneration, therapeutics that increase ECM synthesis and accumulation are of importance to maintain proper tissue mechanics. After establishing that 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure decreases the expression levels of MMP13, ADAMTS4 and ADAMTS5, degradation enzymes regulated by NFkB and increased in OA tissue, we demonstrated that prolonged 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure resulted in an increased ECM accumulation by IL-1β-stimulated chondrocytes. Specifically, sGAG and type II collagen, both of which are abundant in articular cartilage and necessary for proper mechanical loading, increased with analog exposure.<sup>34</sup> Both decreased ECM degradation and increased ECM synthesis play a role in the observed tissue accumulation as evident by the spatial distribution of proteoglycans observed histologically. Anabolic effects of the analog were supported by increases in both aggrecan and type II collagen gene expression at similar 3,4,6-O-Bu<sub>3</sub>GlcNAc concentrations as the increased ECM accumulation. Additionally, histological changes in the localization of proteoglycans were observed with different concentrations of 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure. Specifically, at 25 µM 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure, the proteoglycans were diffuse and radiated beyond the pericellular matrix of the chondrocytes, indicative of smaller degradation fragments. At 50 and 100 µM 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure, the proteoglycans were retained in the pericellular space, supporting the presence of larger matrix molecules that were unable to diffuse through the hydrogel. This difference in the GAG structure was even more evident when comparing the 0 and  $150 \,\mu$ M 3,4,6-O-Bu<sub>3</sub>GlcNAc treatment, where quantification of sGAG was equivalent, but proteoglycan staining was spatially different (the sample without analog exhibited very diffuse staining with no pericellular matrix, while  $150 \,\mu$ M 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure exhibited pericellular matrix accumulation). Combined, these results support the hypothesis that both decreased ECM degradation and increased ECM synthesis play a pivotal role in altering the disease state of the cells with analog treatment.

The increased ECM deposition observed with 3,4,6-O-Bu<sub>3</sub>GlcNAc exposure is unlikely due to the hydrolysis byproducts of the molecule, n-butyrate and GlcNAc, as the isomer 1,3,4-O-Bu<sub>3</sub>GlcNAc did not have an effect on matrix deposition. Although the intact molecule is required for the primary biological effect, the hydrolysis products are unlikely to have negative side effects especially at these low concentrations. N-Acetylglucosamine has been shown to have anti-inflammatory effects on chondrocytes by reducing nitric oxide and IL-6 levels via inhibiting cytokine-induce gene expression.<sup>35</sup> Hwang et al. reported that GlcNAc reduced reactive oxygen species formation, and MMP1 and MMP13 activity in UV-B irritated human dermal fibroblasts.<sup>36</sup> Furthermore, Shikhman et al. showed that GlcNAc has chondroprotective and chondroinductive effects in an in vivo model of OA.37 However, these previous studies were performed at concentrations significantly higher than the target concentrations observed in the current studies (millimolar vs. micromolar range). The other degradation byproduct, sodium butyrate, has been shown to decrease levels of nitric oxide and PGE<sub>2</sub> in IL-1 $\beta$ -stimulated chondrocytes in the culture medium at concentrations of 5 mM and 10 mM.<sup>38</sup> Sodium butyrate was also shown to decrease proteoglycans loss into the culture medium at those concentrations.

The target concentration for the observed effects is in the micromolar range. This concentration is significantly lower than the target concentration observed for glucosamine and GlcNAc alone. However, this concentration is generally considered a nonstarter for drug discovery research. However, intra-articular injections would circumvent this concern. Intra-articular delivery of viscosupplements and corticosteroids is already a common clinical intervention to relieve OA symptoms.<sup>11,39</sup> Additionally, controlled-release systems for intra-articular injections would allow for sustained, target concentrations over days, weeks, or even months. From a biomaterial perspective, incorporation of 3,4,6-O-Bu<sub>3</sub>GlcNAc into biomaterial scaffolds would allow for tissue-engineering discrete cartilage defects and the adjacent tissues.

In conclusion, we demonstrated that 3,4,6-O-Bu<sub>3</sub>GlcNAc, and not its hydrolysis byproducts, increases cartilage-specific ECM accumulation by IL-1 $\beta$ -stimulated chondrocytes, but not unstimulated chondrocytes. The increased matrix accumulation is likely due to the molecule's ability to decrease the effect of IL-1 $\beta$  stimulation on the NF $\kappa$ B activity. 3,4,6-O-Bu<sub>3</sub>GlcNAc may have therapeutic potential as a disease modifying drug candidate for reducing progression or prevention of OA.

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#### SCFA FOR TISSUE-ENGINEERING OSTEOARTHRITIC CARTILAGE

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No competing financial interests exist.

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