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Clinicopathologic Study of Alzheimer's Disease: Alzheimer mimics

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Abstract

A definite diagnosis of Alzheimer disease (AD) can only be made at autopsy. Even at expert research centers, diagnostic accuracy is relatively low. We conducted this study to examine the accuracy of clinical diagnosis of AD and present a list of clinical and neuropsychological findings that could render the clinical diagnosis difficult. Using the National Alzheimer's Coordinating Center database, the records of 533 patients who had been diagnosed clinically with AD and later underwent autopsy, were reviewed retrospectively. Since the pathologic results of 119 subjects did not meet the criteria for definite AD, we labeled them as Alzheimer "mimics". The neuropathological diagnoses of Alzheimer mimics consisted of dementia with Lewy body (n=35, 29%), insufficient AD (n=22, 18%), vascular disease (n=15, 13%), frontotemporal lobar degeneration (n=14, 12%) and hippocampal sclerosis (n=10, 8%). History of pacemaker insertion (10.92% vs. 4.11%, p=0.005), congestive heart failure (13.45% vs. 6.04% p=0.007), hypertension (56.30% vs. 47.83%, p=0.037) and resting tremor (14.29% vs. 10.87%, p=0.170) was more prevalent in Alzheimer mimics. Clinical Dementia Rating score and frequency of Neuropsychiatric Inventory Questionnaire items reflecting delusions, agitation, depression and motor disturbance were more severe in confirmed AD. In addition to Mini-Mental State Examination (16.97±8.29 vs. 12.74±15.26, p<0.001), Logical Memory, Animal Fluency, Boston Naming Test and Digit Span scores showed more severe impairment in confirmed AD. Continuing systematic comparisons of the current criteria for the clinical and pathological dementia diagnoses are essential to clinical practice and research, and may also lead to further improvement of the diagnostic procedure.

Keywords

Alzheimer's disease; diagnosis; pathology; dementia with Lewy bodies

INTRODUCTION

In addition to early detection of Alzheimer's disease (AD), accurate distinction among dementia subtypes is important for patient care and pharmacological treatment. Accurate clinical diagnosis of dementia, especially AD, is becoming increasingly relevant as new

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treatment possibilities for neurodegenerative disorders become available. However, the confirmative identification of dementia subtypes relies on the neuropathological examination. The clinical diagnosis remains an estimation of the underlying neuropathology until the definite diagnosis is established upon autopsy. Historically, studies have indicated that clinical diagnoses of AD are often inaccurate in comparison to neuropathologic results [1–7]. A limitation of many of these reports is that they did not use standardized clinical criteria for the diagnosis of AD. Other studies did not use standardized neuropathologic criteria for autopsy examination. Some of these studies also reported small numbers of autopsies. Diagnostic accuracy rates in all of these studies were below 90%.

In an attempt to standardize the neuropathologic definition of AD, specific criteria for the diagnosis of definite, probable and possible AD were introduced by the National Institute of Neurological and Communicative Disorders and Stroke-Alzheimer's Disease and Related Disorders Association (NINCDS-ADRDA) in 1984 [8]. Standardized pathologic criteria based on specific age-related numbers of senile plaques and, to a limited degree, neurofibrillary tangles in the neocortex on neuropathologic examination were also introduced by Khachaturian in 1985 [9]. These Khachaturian criteria have been widely accepted, even though they were originally proposed as provisional. They provided some measure of standardization in the pathologic diagnosis of AD. Despite these methodology advances, a pattern of misdiagnosis in the clinical recognition of AD persists. The neuropathologic correlation studies using even the NINCDS-ADRDA criteria reveal diagnostic accuracy rates of 68% to 88% with clinical diagnosis [10–14]. To our knowledge, the study showing the best accuracy rate of clinical diagnosis in AD was performed by Morris *et al.* in 1988 [15]. Of 26 subjects clinically diagnosed as having AD who were examined at autopsy, all 26 met the pathologic criteria for AD. The 100% accuracy rate may be due in part to the use of criteria that were similar to, but somewhat more strict than, the NINCDS-ADRDA criteria. There also is a sample size issue. Once this research group had larger numbers of autopsies, their accuracy rate fell to 93% [16].

Ongoing systematic comparisons of the currently used criteria for the clinical and pathological dementia diagnoses provide essential feedback to clinicians and may hopefully also lead to further improvement of diagnostic procedures. The aim of this study was to investigate the concordance between clinical dementia diagnosis and neuropathological findings in a recent multicenter dementia study setting. We examined the accuracy of clinical diagnosis of AD and present here a list of clinical and neuropsychological findings that may confound the clinical diagnosis of AD.

MATERIALS AND METHODS

The National Alzheimer's Coordinating Center (NACC, U01 AG016976) is responsible for developing and maintaining a database of patient information collected from the Alzheimer disease centers (ADCs) funded by the National Institute on Aging (NIA) [17]. The purpose of the NACC database is to account for the number and types of patients seen by the ADCs, and to use and analyze the data contained in the database for AD research. The NACC website (<http://www.alz.washington.edu/>) was developed to provide an efficient and secure system that allows access for data submission and retrieval. Each ADC has its own Institutional Review Board clearances for data collection.

The NACC database consists of a Uniform Data Set (UDS) [18, 19], which includes clinical and neuropsychological information at initial and follow-up visits, and a NeuroPathology Data Set (NPDS) [16]. NPDS contains data on pathological diagnoses which were performed based on the neuropathological criteria's established by NIA/Reagan Institute neuropathological criteria [20], the Consortium to Establish a Registry of Alzheimer's

Disease (CERAD) [21] and the ADRDA/Khachaturian [9] for AD, with consideration of the Braak and Braak Neurofibrillary stage and the score of neuritic plaques [22, 23], the criteria modified from McKeith *et al.* for Dementia with Lewy Body (DLB) [24, 25], and the recent consensus criteria from Mackenzie *et al.* for Frontotemporal Lobar Degeneration (FTLD) [26]. Histology and immunohistochemistry were also undertaken using a standard protocol. Histological stains included: hematoxylin and eosin, Luxol-fast blue Nissl, and a modified Bielschowsky silver impregnation. Immunohistochemistry was performed using anti-beta-amyloid (10D5), tau (PHF1), synuclein (LB509), and TDP-43 (ProteinTech) antibodies. Finally, the primary and contributing pathologic diagnoses were reported by the pathologists with their best judgment and the primary diagnosis was used in this study analysis (Table 1). The following information from the UDS was analyzed: demographic features including age, gender, education in years and family history of dementia; health history such as cardiovascular disease and cerebrovascular disease, and medical conditions including hypertension, diabetes and hypercholesterolemia; frequency of Neuropsychiatric Inventory Questionnaire (NPI-Q) items [27] and Unified Parkinson's Disease Rating Scale (UPDRS)-motor scores [28]. Also, performance on the Mini-Mental State Examination (MMSE) [29], Clinical Dementia Rating (CDR) [30], and neuropsychological assessment test scores including Logical Memory [31], Digit Span [31], Category Fluency [32], Trail Making Test [33], Wechsler Adult Intelligence Scale Revised (WAIS-R) Digit Symbol [34], and Boston Naming Test (BNT) [35] were compared.

The records in the NACC database for 533 participants diagnosed clinically with AD at their last ADC visit before autopsy during the period from December 19, 2005 until July 7, 2010 were reviewed retrospectively. The mean duration between the last UDS visit and autopsy was 10.42 ± 7.97 (range, 0.3~40.6) months. Among them, 440 were probable AD and 93 were possible AD. 119 subjects whose pathologic results did not meet the criteria for primary pathologic AD (defined as meeting AD criteria according to the ADRDA/Khachaturian, CERAD, and NIA/Reagan criteria) were labeled as Alzheimer mimics. Their clinical diagnoses were 89 probable AD and 30 possible AD. We compared the clinical and neuropsychological differences between these 119 Alzheimer mimics (22.33%) and 414 (77.67%) individuals with pathologically proven AD. Comparison between confirmed AD and Alzheimer mimics was performed using Student t-test and Fisher's exact test. Comparison among dementia subtypes such as confirmed AD, DLB, insufficient AD, vascular disease, FTLD and hippocampal sclerosis (HS) were performed using Kruskal-Wallis test and the Scheffe method after analysis of covariance (ANCOVA). All analyses were adjusted for age. Computerized statistical analysis was performed using SPSS (version 15.0) for Windows (SPSS, Chicago, IL, USA). For statistical significance, the p-value was set at 0.05 for all analyses.

RESULTS

1. Neuropathological diagnoses

Among the 119 subjects who did not conform to the criteria for primary pathologic AD, the neuropathological diagnoses that mimicked AD were DLB (n=35, 29%), insufficient AD (n=22, 18%), vascular disease (n=15, 13%), FTLD (n=14, 12%) and HS (n=10, 8%) in this order (Fig. 1). The diagnosis of insufficient AD is used for NIA/Reagan low likelihood, or cases which were not classified by NIA/Reagan criteria. Eight patients did not show any specific abnormal pathologic manifestations (7%). Other pathologic results (n=15, 13%) consisted of tangle predominant senile dementia (n=5), tau-negative (ubiquitin-positive) frontotemporal dementia (n=3), progressive supranuclear palsy (PSP, n=2), diffuse grain disease (n=2), amyloid angiopathy (n=1), corticobasal degeneration (CBD, n=1) and Rosenthal fiber encephalopathy (n=1).

2. Clinical and neuropsychological differences

The mean age(\pm standard deviation) of Alzheimer mimic participants was 81.58 ± 9.29 , significantly older than the mean of 78.54 ± 10.17 for subjects with confirmed AD ($t=3.038$, $p=0.001$). Therefore, age was adjusted in other analyses. Although Alzheimer mimics were older, patients with confirmed AD showed lower MMSE and more severe CDR scores. Mean MMSE scores were 12.74 ± 15.26 for patients with confirmed AD and 16.97 ± 8.29 for Alzheimer mimics ($t=6.124$, $p<0.001$). Mean CDR scores of subjects with confirmed AD were 2.31 (range, 0.5~3), and those of subjects with Alzheimer mimics were 1.91 (range, 0.5~3) ($t=4.629$, $p<0.001$). Patients with confirmed AD were more likely to have mothers who had dementia (32.37% vs. 19.33%, $\chi^2=9.669$, $p=0.001$). A history, or evidence, of cardiovascular diseases, especially pacemaker insertion (10.92% vs. 4.11%, $\chi^2=8.687$, $p=0.005$), congestive heart failure (CHF, 13.45% vs. 6.04%, $\chi^2=7.605$, $p=0.007$) and hypertension (56.30% vs. 47.83%, $\chi^2=3.563$, $p=0.037$) was more prevalent in Alzheimer mimics. Other neurological conditions such as seizure and traumatic brain injury were found more prevalently in participants with confirmed AD (21.98% vs. 14.29%, $\chi^2=3.381$, $p=0.041$). Comparisons among dementia subtypes revealed that subjects with vascular disease were the oldest (88.12 ± 8.70). Also, the CDR scores of subjects with insufficient AD (mean score 1.73, range 1~3) were less severe compared with those of subjects with confirmed AD. A history of cerebrovascular and cardiovascular diseases/evidence such as pacemaker insertion and CHF was dominant in vascular disease (Table 2).

Compared with Alzheimer mimics, participants with confirmed AD had a higher prevalence of delusions (27.56% vs. 15.31%, $\chi^2=6.140$, $p=0.008$), agitation or aggression (47.16% vs. 31.63%, $\chi^2=7.492$, $p=0.004$), depression or dysphoria (38.35% vs. 24.49%, $\chi^2=6.433$, $p=0.007$) and motor disturbance (32.10% vs. 18.37%, $\chi^2=6.992$, $p=0.005$) on the NPI-Q.

The mean UPDRS score of resting tremor was 0.29 ± 1.04 in subjects with confirmed AD and 0.64 ± 1.84 in Alzheimer mimics ($t=1.992$, $p=0.004$). Results of ANCOVA revealed that the scores of resting tremor ($F=8.353$, $p<0.001$), rigidity ($F=4.109$, $p=0.001$), and bradykinesia ($F=2.433$, $p=0.034$) were different among the 6 dementia subtypes such as confirmed AD, DLB, insufficient AD, vascular disease, FTLD and HS. In particular, patients with DLB showed higher resting tremor score of 1.34 ± 2.67 compared with those with confirmed AD at the post hoc analysis (Table 2). In addition to resting tremor, rigidity and bradykinesia were more severe in patients with DLB. The mean rigidity score was 3.51 ± 5.45 for confirmed AD patients and 6.03 ± 6.34 for DLB patients, and that of bradykinesia was 1.12 ± 1.31 for confirmed AD patients and 1.60 ± 1.50 for DLB patients. Similar results were observed for the frequency of occurrence of these conditions, although not significant. Resting tremor was 10.87% in confirmed AD and 14.29% in Alzheimer mimics including DLB (28.75%). Rigidity and bradykinesia were 45.65% and 55.80% in confirmed AD, and 68.57% and 68.57% in DLB.

As with the CDR and NPI-Q results, neuropsychological test scores showed more severe impairment in patients with confirmed AD (Table 3). These participants showed more severe logical memory decline, compared with those with DLB, insufficient AD and vascular disease.

3. Follow-up of Neuropsychological findings

The mean follow-up duration of neuropsychological examinations was 19.19 ± 8.79 months for confirmed AD patients ($n=206$) and 19.46 ± 9.31 for Alzheimer mimics ($n=64$, $t=-0.211$, $p=0.833$).

During the follow-up assessments of neuropsychological examinations, patients with confirmed AD showed more severe changes in the scores of BNT (-4.52 ± 5.01 , $t=-3.086$,

p=0.001) and Digit Span Forward (-0.73 ± 1.55 , $t=-2.114$, $p=0.023$) and Backward (-0.81 ± 1.24 , $t=-2.772$, $p=0.004$) examinations. Alzheimer mimics had smaller changes in BNT (-1.78 ± 4.14) and Digit Span Forward (-0.18 ± 1.22) and Backward (-0.18 ± 1.32) (Fig. 2).

Post-hoc analysis revealed that changes in BNT and Digit Span Forward were less severe with insufficient AD and vascular disease compared with confirmed AD (Table 4). Like the MMSE results (-4.38 ± 5.04 for Alzheimer mimics and -4.80 ± 4.94 for confirmed AD patients, $t=-0.563$, $p=0.287$), changes in other neuropsychological findings were not different between groups.

DISCUSSION

In this study, we compared the clinical and neuropsychological characteristics of different dementia subtypes based on the reports of neuropathological examinations on a large number of individuals with clinically diagnosed AD. The pathological confirmation of AD in patients with a clinical diagnosis recorded in the NACC database was found for 77.67%. DLB was the disorder most commonly misdiagnosed as AD. Comorbidities such as hypertension, CHF and resting tremor were more common in Alzheimer mimics than in those with neuropathological AD. Dementia severity, behavioral symptoms and cognitive impairments were more severe in confirmed AD patients, although the average age of Alzheimer mimics was older at clinical examination. Ageing is known to be associated with an increasing number of clinical and neuropathological diagnoses [36].

Like a previous study [1], this study showed that the most common clinical errors involved misdiagnosis of dementias due to DLB and cerebrovascular disease. Pathologically insufficient AD was also diagnosed clinically as AD dementia (4.13%) in the present study database. Although the persons had an AD clinical phenotype resulting in the clinical diagnosis, the AD pathology was “insufficient” to warrant a neuropathological diagnosis of AD according to all three of the criteria used. The pathology apparently was sufficient to cause the phenotype, so maybe it is the neuropathologic criteria that are inadequate here. The diagnosis of insufficient AD in this database is used for NIA/Reagan low likelihood, or cases which are not classified by NIA/Reagan criteria. This category has been added for normal controls or subjects with mild cognitive impairment or early dementia who have low level of AD pathology such as Braak stage III or IV and moderate or frequent plaques. The high likelihood category of NIA/Reagan for AD, which requires the presence of tangles in the neocortex, is highly specific, but insufficiently sensitive to AD. Subjects with the plaque-predominant form of AD and up to 50% of cases with mild stage of AD at death have in fact moderate to frequent plaques, but no tangles in the neocortex. These subjects, although having “insufficient AD” according to the NIA/Reagan criteria, usually fulfill the less demanding the Khachaturian and CERAD criteria. An exact distinction between prodromal AD and AD dementia is important and should be emphasized in further research and treatment planning.

This study identified some clinical characteristics of Alzheimer mimics. First, a history of cerebrovascular and cardiovascular diseases such as pacemaker insertion and CHF was prevalent in Alzheimer mimics. However, the mean Hachinski ischemic score [37] was not different between patients with confirmed AD (1.16 ± 1.74) and Alzheimer mimics (1.13 ± 1.31), including mimics with vascular disease (1.25 ± 1.14). For the distinction of pure vascular diseases, comparison with neuropsychological findings is essentially needed. The occurrence of extrapyramidal signs in patients with AD was also not uncommon. In addition to resting tremor, rigidity and bradykinesia were common with DLB in this study. Among patients with AD, estimates of extrapyramidal signs range from 6% to 92% [38–41]. This

frequency increases with increasing severity of the illness [38, 39, 42, 43]. However, some signs were found to be much more common than others. Rigidity and hypokinesia were the most commonly reported signs, with frequencies up to 67% and 78%, respectively [41]; the presence of resting tremor were found to be much less common, from 0% to 16% [38, 41, 44, 45]. Therefore, the presence of certain parkinsonian signs, especially resting tremor, in patients with suspected AD should alert the clinician to the possibility of an alternative diagnosis. However, some patients with resting tremor, labeled as having DLB, may have actually had Parkinson disease-dementia during life, since resting tremor is common in patients with Parkinson disease-dementia and this condition is often indistinguishable from DLB at autopsy. Although HS also showed resting tremor with the frequency and severity similar to that of DLB, the rigidity and bradykinesia found in patients with HS was similar to those found in patients with confirmed AD, not DLB. Only focal neurologic findings are identified as an exclusionary criterion in the NINCDS-ADRDA criteria. However, McDaniel *et al.* have also reported the presence of parkinsonian features as well as focal neurologic findings as risk factors for misdiagnosis of AD [46].

There are several consecutive autopsy studies or investigations on comparable populations of dementia patients neuropathologically examined upon death. However, only a few of these studies include a reasonably large number of patients and present detailed information on dementia subtypes. Additionally, from a neuropathological point of view, it is most likely that the presence of LB was underreported, as staining with antibodies against ubiquitin or α -synuclein was not a routine procedure during most years of previous studies. LB might be difficult to detect without either of these stains [47, 48], at least when the presence of LB is sparse. Moreover, concomitant LBs may have contributed to the dementia disorder. When we consider the concomitance of LB in pathologic AD patients (96 cases), the presence of LB would be increased to above 24.58%. Many DLB patients, although not fulfilling the NIA/Reagan criteria for AD, might have a number of senile neuritic plaques sufficient to meet the Khachaturian or CERAD criteria for AD, and the 2005 McKeith criteria provide a probability that the cognitive deficit is linked to the Lewy pathology. This database was designed to check one of brainstem predominant, transitional limbic or diffuse neocortical type in the “Lewy Body Pathology” section. Pathologic characterization of Lewy body pathology is to be performed independently of Alzheimer-related pathology for this neuropathologic database. However, to answer the other question in the “Lewy Body Pathology” section, the likelihood that DLB clinical syndrome was due to DLB pathology, Alzheimer pathology as recorded in the previous “Alzheimer Type Pathology” section is used by comparison with the NIA-Reagan (Braak stage) likelihood, adapted from the 2005 guidelines. Finally, the primary diagnosis by the pathologists with their best judgment was used in this analysis. Among 35 primary DLB patients included in this study, there were 21 patients who had AD pathologies as the contributing diagnosis. Likewise, the present study did not address limitations regarding mixed pathological findings. Besides LB, the diagnoses of AD+vascular dementia (VaD) have, more importantly, remained constant over the years [49–51]. In previous studies, only the patients with Alzheimer disease and vascular pathology of such degree that both were likely to have caused or contributed to the dementia were classified as AD+VaD, while those with significant Alzheimer pathology and a minor vascular component, such as a single minor infarction, were classified as AD [49–51]. We did not consider AD+VaD. However, the subjects included in this study could be classified as patients with primary AD. Another limitation is that we could not rule out the possibility that CBD and PSP were included as FTLD diagnoses, considering the similarities of these two diseases to the frontotemporal dementia variants [52], although 2 cases of PSP and one case of CBD (n=1) were distinguished in this database. This is in accordance with the recently published consensus statement on FTLD [53], FTLD today being a commonly used umbrella term for the group.

A recently published clinicopathological study reported high concordance between clinical diagnosis and ultimate pathological diagnoses [54]. FTLN was identified with 100% sensitivity and 97% specificity and AD with 97% sensitivity and 100% specificity. Although it deals mainly with the differentiation between the cortical dementias of AD and FTLN-related syndromes, the study could increase the accuracy of pathologic diagnosis through the clinical differentiation with attention being given to (i) the evolution and course of illness; (ii) the relative salience of cognitive, behavioral and physical symptoms and signs; (iii) the pattern of cognitive deficits; and (iv) the degree of selectivity of those deficits. However, our study could not evaluate the exact accuracy of pathologic diagnosis, because we included just patients with clinically diagnosed AD, instead of all causes of dementia. Moreover, Alzheimer mimics, the new entity used in this study, who included all causes of dementia except for AD are heterogeneous pathologically. In the present study, a different pathology was responsible for the AD phenotype. Precise clinical differentiation including the course of illness and the pattern of cognitive deficits and the larger number of individual subgroups of Alzheimer mimics also will be needed. This discordance like Alzheimer mimics might be, even partly, related to the low clinical threshold of AD diagnosis, with no corresponding precision on etiology. Especially, the possible AD category could actually include more cases with many causes different from AD pathologically. In the present study, the pathological confirmation of AD was 79.77% (351/440) in patients with clinically probable AD, but 68.82% (64/93) in possible AD.

Continuing systematic comparisons of the current criteria for the clinical and pathological dementia diagnoses are essential to clinical practice and research, and may also lead to further improvement of the diagnostic procedure. Also for early detection of preclinical AD, prodromal AD and AD dementia, which would be focuses in the current research, both clinical and pathological diagnostic criteria would continuously be reviewed and revised further. Comparing these criteria and subdividing the coexistence of pathological findings could strengthen our study results. Additionally, more serial clinical findings in patients with pathologically normal and insufficient AD will also be needed.

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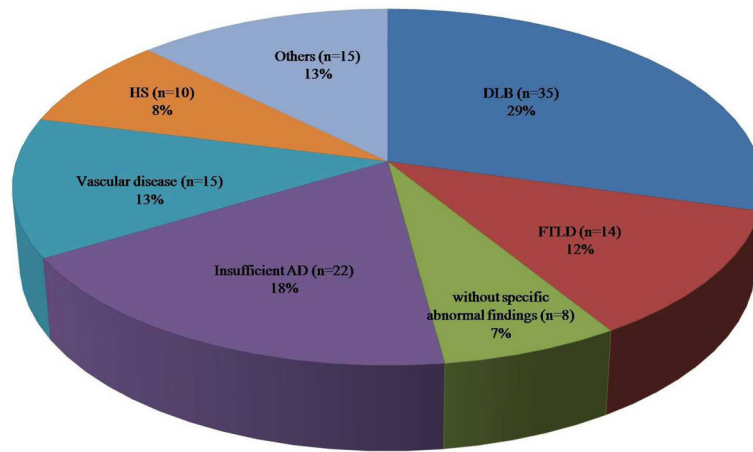


Fig. 1. Pathological diagnoses of 119 Alzheimer mimics

DLB, dementia with Lewy body; AD, Alzheimer's Disease; FTL D, frontotemporal lobar degeneration; HS, hippocampal sclerosis.

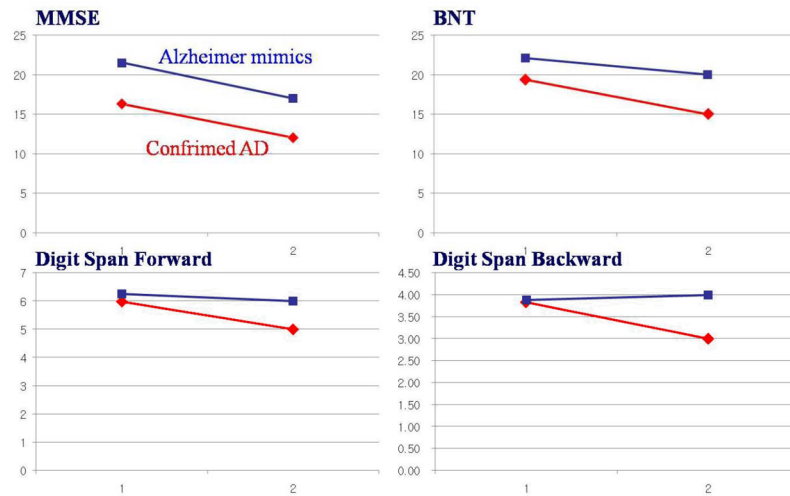


Fig. 2. Comparisons of follow-up neuropsychological findings between the first and the last examinations

Similar to those of MMSE (-4.38 ± 5.04 for Alzheimer mimics and -4.80 ± 4.94 for confirmed AD, $p=0.287$), the changes in other neuropsychological findings were not different. The only differences were of BNT (-1.78 ± 4.14 vs. -4.52 ± 5.01 , $p=0.001$) and Digit Span Forward (-0.18 ± 1.22 vs. -0.73 ± 1.55 , $p=0.023$) and Backward (-0.18 ± 1.32 vs. -0.81 ± 1.24 , $p=0.004$) examinations.

AD, Alzheimer's Disease; MMSE, mini-mental state examination; BNT, Boston naming test.

Table 1

Primary and contributing pathologic diagnoses of 533 patients with clinical AD

Primary	Contributing	Number(%)
AD		414
AD	only	210 (50.72%)
AD	DLB	68 (16.43%)
AD	DLB Vascular disease	10 (2.42%)
AD	DLB Vascular disease HS	3 (0.72%)
AD	DLB Vascular disease Others	2 (0.48%)
AD	DLB HS	5 (1.21%)
AD	DLB Others	8 (1.93%)
AD	Vascular disease	70 (16.91%)
AD	Vascular disease HS	4 (0.97%)
AD	Vascular disease Others	3 (0.72%)
AD	FTLD	2 (0.48%)
AD	HS	10 (2.42%)
AD	HS Others	4 (0.97%)
AD	Others	15 (3.62%)
DLB		35
DBL	only	3 (8.57%)
DLB	Insufficient AD	6 (17.14%)
DLB	Insufficient AD Vascular disease	1 (2.86%)
DLB	Insufficient AD Others	2 (5.71%)
DLB	AD	16 (45.71%)
DLB	AD Vascular disease	1 (2.86%)
DLB	AD Vascular disease HS	1 (2.86%)
DLB	AD HS	2 (5.71%)
DLB	AD Others	1 (2.86%)
DLB	Vascular disease	1 (2.86%)
DLB	HS	1 (2.86%)
Insufficient AD		22
Insufficient AD	only	13 (59.09%)
Insufficient AD	DLB	3 (13.64%)
Insufficient AD	Vascular disease	4 (18.18%)
Insufficient AD	Vascular disease HS	1 (4.55%)
Insufficient AD	Others	1 (4.55%)
Vascular disease		15
Vascular disease	only	5 (33.33%)
Vascular disease	Insufficient AD	1 (6.67%)
Vascular disease	Insufficient AD Others	1 (6.67%)

Primary	Contributing			Number(%)
Vascular disease	AD			6 (40.00%)
Vascular disease	AD	DLB		1 (6.67%)
FTLD				14
FTLD	only			5 (35.71%)
FTLD	Insufficient AD			3 (21.43%)
FTLD	AD	DLB	HS	1 (7.14%)
FTLD	Vascular disease			1 (7.14%)
FTLD	Vascular disease	Others		1 (7.14%)
FTLD	HS			2 (14.29%)
FTLD	Others			1 (7.14%)
HS				10
HS	only			3 (30.00%)
HS	Insufficient AD	DLB		1 (10.00%)
HS	Insufficient AD	Others		1 (10.00%)
HS	AD			1 (10.00%)
HS	DLB	Others		1 (10.00%)
HS	Others			3 (30.00%)

Values are presented as number and percentage.

Among 119 Alzheimer mimics, main 5 subtypes of DLB, vascular disease, insufficient AD, FTLT, and HS are showed, in addition to pathologically confirmed AD, in this table.

AD, Alzheimer's Disesae; DLB, dementia with Lewy body; HS, hippocampal sclerosis; FTLT, fontotemporal lobar degeneration.

Table 2
Clinical characteristics of pathologically confirmed AD and 5 subtypes of Alzheimer mimics

	Confirmed AD (n=414)					Alzheimer mimics (n=119)					<i>p</i> value [†]
	DLB (n=35)	Insufficient AD (n=22)	Vascular D. (n=15)	FTLD (n=14)	HS (n=10)	DLB (n=35)	Insufficient AD (n=22)	Vascular D. (n=15)	FTLD (n=14)	HS (n=10)	
Age (yrs)	78.54±10.17	81.58±9.29*	80.76±8.93	79.65±9.71	80.19±8.10	78.30±8.01	80.76±8.93	88.12±8.70 [‡]	79.65±9.71	80.19±8.10	0.008
Gender (M:F)	239:175	69:50	13:09	10:04	5:05	22:13	13:09	5:10	10:04	5:05	0.374
Education (yrs)	15.09±5.29	15.99±11.47	13.68±3.51	15.07±4.12	13.50±5.06	17.51±14.63	13.68±3.51	14.33±3.22	15.07±4.12	13.50±5.06	0.4
FHX											
Mother	32.37%(134)	19.33%(23)*	13.64%(3)	21.43%(3)	20.00%(2)	20.00%(7)	13.64%(3)	6.67%(1)	21.43%(3)	20.00%(2)	0.034
Father	15.94%(66)	11.76%(14)	9.09%(2)	0.00%(0)	10.00%(1)	20.00%(7)	9.09%(2)	6.67%(1)	0.00%(0)	10.00%(1)	0.405
Siblings	1.45%(6)	3.36%(4)	4.55%(1)	0.00%	0.00%	2.86%(1)	4.55%(1)	6.67%(1)	0.00%	0.00%	0.557
MMSE	12.74±15.26	16.97±8.29*	19.82±8.47	10.83±9.55	17.78±5.72	13.81±9.24	19.82±8.47	21.23±5.18	10.83±9.55	17.78±5.72	<0.001
CDR	2.31 (0.5~3)	1.91 (0.5~3)*	1.73 (1~3) [‡]	2.64 (1~3)	1.78 (1~3)	2.01 (0.5~3)	1.73 (1~3) [‡]	1.69 (1~3)	2.64 (1~3)	1.78 (1~3)	<0.001
HIS	1.16±1.74	1.13±1.31	0.93±1.03	1.15±0.99	0.63±0.52	1.37±1.92	0.93±1.03	1.25±1.14	1.15±0.99	0.63±0.52	0.781
Cardiovascular disease	34.06%(141)	40.34%(48)	50.00%(11)	57.14%(8)	40.00%(4)	25.71%(9)	50.00%(11)	40.00%(6)*	57.14%(8)	40.00%(4)	0.132
Heart attack/cardiac arrest	8.45%(35)	9.24%(11)	13.64%(3)	7.14%(1)	10.00%(1)	8.57%(3)	13.64%(3)	0.00%(0)*	7.14%(1)	10.00%(1)	0.864
Atrial fibrillation	12.80%(53)	14.29%(17)	4.55%(1)	28.57%(4)	10.00%(1)	11.43%(4)	4.55%(1)	26.67%(4)	28.57%(4)	10.00%(1)	0.156
Angioplasty/endarterectomy/stent	6.28%(26)	8.40%(10)	4.55%(1)	0.00%(0)	20.00%(2)	5.71%(2)	4.55%(1)	6.67%(1)	0.00%(0)	20.00%(2)	0.372
Cardiac bypass procedure	5.07%(414)	5.26%(6)	4.55%(1)	0.00%(0)	20.00%(2)	5.71%(2)	4.55%(1)	0.00%(0)	0.00%(0)	20.00%(2)	0.202
Pacemaker	4.11%(17)	10.92%(13)*	9.09%(2)	7.14%(1)	10.00%(1)	2.86%(1)	9.09%(2)	26.67%(4) [‡]	7.14%(1)	10.00%(1)	0.008
CHF	6.04%(25)	13.45%(16)*	13.64%(3)	14.29%(2)	20.00%(2)	8.57%(3)	13.64%(3)	26.67%(4) [‡]	14.29%(2)	20.00%(2)	0.015
Cerebrovascular disease	16.67%(69)	19.33%(23)	18.18%(4)	28.57%(4)	0.00%(0)	17.14%(6)	18.18%(4)	53.33%(8) [‡]	28.57%(4)	0.00%(0)	0.007
Other neurologic conditions	21.98%(91)	14.29%(17)*	22.73%(5)	14.29%(2)	10.00%(1)	17.14%(6)	22.73%(5)	6.67%(1)	14.29%(2)	10.00%(1)	0.617
Resting tremor	10.87%(45)	14.29%(17)	4.55%(1)	0.00%(0)	40.00%(4)	28.57%(10)	4.55%(1)	0.00%(0)	0.00%(0)	40.00%(4)	<0.001
UPDRS score	0.29±1.04	0.64±1.84*	0.19±0.87	0.00±0.00	1.90±2.69 [‡]	1.34±2.67 [‡]	0.19±0.87	0.00±0.00	0.00±0.00	1.90±2.69 [‡]	<0.001
Medical/metabolic conditions											
HTN	47.83%(198)	56.30%(67)*	50.00%(11)	78.57%(11)	40.00%(4)	54.29%(19)	50.00%(11)	40.00%(6)	78.57%(11)	40.00%(4)	0.323
Hypercholesterolemia	39.13%(162)	42.86%(51)	40.91%(9)	42.86%(6)	50.00%(5)	37.14%(13)	40.91%(9)	26.67%(4)	42.86%(6)	50.00%(5)	0.891
Diabetes	10.63%(44)	10.08%(12)	4.55%(1)	14.29%(2)	20.00%(2)	5.71%(2)	4.55%(1)	0.00%(0)	14.29%(2)	20.00%(2)	0.42

	Confirmed AD (n=414)	Alzheimer mimics (n=119)	DLB (n=35)	Insufficient AD (n=22)	Vascular D. (n=15)	FTLD (n=14)	HS (n=10)	<i>p value</i> [†]
B12 deficiency	6.76%(28)	8.40%(10)	11.43%(4)	4.55%(1)	6.67%(1)	0.00%(0)	0.00%(0)	0.673
Thyroid disease	17.63%(73)	15.13%(18)	8.57%(3)	13.64%(3)	26.67%(4)	14.29%(2)	20.00%(2)	0.569
Urinary incontinence	58.94%(244)	56.30%(67)	60.00%(21)	50.00%(11)	46.67%(7)	78.57%(11)	60.00%(6)	0.657
Depression	50.48%(209)	49.58%(59)	57.14%(20)	59.09%(13)	26.67%(4)	50.00%(7)	40.00%(4)	0.074
Alcohol	8.21%(34)	10.08%(12)	14.29%(5)	9.09%(2)	6.67%(1)	14.29%(2)	0.00%(0)	0.712
Smoking	2.90%(12)	1.68%(2)	0.00%(0)	4.55%(1)	6.67%(1)	0.00%(0)	0.00%(0)	0.644
Psychiatric disorders	7.25%(30)	3.36%(4)	8.57%(3)	0.00%(0)	6.67%(1)	0.00%(0)	0.00%(0)	0.555

Values are presented as mean±standard deviation (range), number and percentage.

* Significant difference between confirmed AD and Alzheimer mimics by Student t-test.

[†] Comparisons among dementia subtypes such as confirmed AD, DLB, insufficient AD, vascular disease, FTLD, and HS by analysis of covariances

[‡] Significant difference after multiple comparisons by Scheffee method, compared to confirmed AD.

Age was adjusted for the analyses.

AD, Alzheimer's Disease; DLB, dementia with Lewy body; FTLD, frontotemporal lobar degeneration; HS, hippocampal sclerosis; FHx, family history; MMSE, mini-mental state examination; CDR, clinical dementia rating; HIS, Hachinski ischemic score; CHF, congestive heart failure; UPDRS, unified Parkinson's disease rating scale; HTN, hypertension.

Table 3
Neuropsychological findings of confirmed AD and 5 subtypes of Alzheimer mimics at the last examination.

	Confirmed AD (n=414)	Alzheimer mimics (n=119)	<i>p</i> value*	DLB (n=35)	Insufficient AD (n=22)	Vascular D. (n=15)	FTLD (n=14)	HS (n=10)	<i>p</i> value†
MMSE	12.74±15.26	16.97±8.29	0.02	13.81±9.24	19.82±8.47	21.23±5.18	10.83±9.55	17.78±5.72	<0.001
Logical Memory IA-Immediate	2.26±2.84	5.11±4.41	<0.001	4.86±4.70‡	6.27±4.15‡	6.55±4.74‡	4.50±1.73	3.13±2.36	<0.001
Logical Memory IIA-Delayed	1.04±2.15	2.86±4.03	<0.001	3.19±4.20‡	4.73±4.63‡	3.00±2.94	0.75±0.96	1.13±1.55	<0.001
Digit Span Forward	5.13±1.89	5.96±1.36	0.002	5.43±1.89	6.42±1.24	6.38±0.96	5.80±0.84	6.13±1.25	0.016
Digit Span Backward	2.84±1.54	3.47±1.37	0.01	2.80±1.19	3.58±1.08	4.08±1.04‡	3.00±0.71	3.501±.93	0.041
Category Fluency									
Animals	6.43±4.84	8.65±4.67	0.001	8.08±4.99	9.00±5.13	9.38±4.77	7.00±3.39	7.75±3.15	0.075
Vegetables	3.77±3.33	5.51±3.27	<0.001	4.87±3.65	6.30±2.75	5.62±3.82	5.40±2.51	5.50±3.16	0.019
Trail Making Test (sec)									
Part A	97.54±44.96	96.98±42.44	0.954	124.95±80.82	80.73±42.08	91.73±51.08	61.50±23.10	100.63±41.66	0.036
Part B	244.29±80.82	237.32±80.10	0.628	300.00±0.00	198.88±81.55	200.33±90.89	216.25±97.88	237.50±109.59	0.074
WAIS-Digit Symbol	18.94±17.12	19.56±12.28	0.827	9.50±7.113	22.45±15.43	20.00±11.94	30.75±8.06	17.86±7.27	0.04
BNT	14.88±8.65	18.96±7.33	<0.001	18.22±7.70	20.27±7.03	16.15±8.20	19.33±6.19	20.63±5.45	0.067

Values are presented as mean±standard deviation.

* Comparisons between confirmed AD and Alzheimer mimics by Student t-test.

† Comparisons among dementia subtypes such as confirmed AD, DLB, insufficient AD, vascular disease, FTLD, and HS by analysis of covariances

‡ Significant difference after multiple comparisons by Scheffee method, compared to confirmed AD.

Age was adjusted for the analyses.

AD, Alzheimer's Disease; DLB, dementia with Lewy body; FTLD, frontotemporal lobar degeneration; HS, hippocampal sclerosis; MMSE, mini-mental state examination; WAIS, Wechsler Adult Intelligence Scale; BNT, Boston naming test.

Table 4
Follow-up results of neuropsychological findings among dementia subtypes including confirmed AD

	Confirmed AD (n=206)	DLB (n=11)	Insufficient AD (n=11)	Vascular D. (n=10)	FTLD (n=7)	HS (n=6)	p value*
Δ MMSE	-4.80±4.94	-4.18±5.19	-3.09±4.18	-2.90±3.28	-7.43±7.04	-6.50±6.28	0.542
Δ Logical Memory IA-Immediate	-1.68±2.67	-0.71±5.12	-0.71±1.80	-0.33±4.36	-1.00±0.00	-3.00±2.45	0.691
Δ Digit Span Forward	-0.73±1.55	0.17±2.14	0.43±0.98 [†]	0.10±0.32 [†]	-1.50±0.71	-1.20±1.26	0.044
Δ Digit Span Backward	-0.81±1.24	0.17±2.14	-0.57±0.98	-0.10±0.99 [†]	-1.50±0.71	-0.25±0.50	0.228
Δ Category Fluency							
Δ Animals	-3.07±3.50	-3.13±3.72	-4.00±4.90	-1.40±2.67	-4.00±0.00	-2.25±2.50	0.718
Δ Vegetables	-2.23±2.61	-2.75±2.49	-3.33±3.01	-1.70±2.79	-0.50±4.95	-2.50±0.58	0.729
Δ Trail Making Test (sec)							
Δ Part A	21.81±34.09	36.83±18.16	33.17±42.05	13.56±39.78	53	56.75±58.77	
Δ Part B	0.00±0.00	0.00±0.00	0.00±0.00	0.00±0.00	0	0	
Δ WAIS-Digit Symbol	0.00±0.00	0.00±0.00	0.00±0.00	0.00±0.00	0	0.00±0.00	
Δ Logical Memory IIA-Delayed	-0.63±2.44	-0.57±2.99	2.00±3.83 [†]	-1.89±3.06	0	-0.50±1.29	0.183
Δ BNT	-4.52±5.01	-2.75±3.58	-0.67±1.86 [†]	-1.60±5.27 [†]	-1.67±8.33	-4.50±5.69	0.048

Values are presented as mean±standard deviation, and differences between the last and first examinations.

* Comparisons among dementia subtypes such as confirmed AD, DLB, insufficient AD, vascular disease, FTLD, and HS by analysis of covariances.

[†] Significant difference after multiple comparisons by Scheffé method, compared to confirmed AD.

Age was adjusted for the analyses.

AD, Alzheimer's Disease; DLB, dementia with Lewy body; FTLD, frontotemporal lobar degeneration; HS, hippocampal sclerosis; MMSE, mini-mental state examination; WAIS, Wechsler Adult Intelligence Scale; BNT, Boston naming test.